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Evaluation of a Bromine-76 Labeled Progestin 16 α ,17 α -dioxolane for Breast Tumor Imaging and Radiotherapy: *in vivo* Biodistribution and Metabolic Stability Studies

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Abstract

Introduction—Progesterone receptors (PRs) are present in many breast tumors, and their levels are increased by certain endocrine therapies. They can be used as targets for diagnostic imaging and radiotherapy.

Method—16 α ,17 α -[(R)-1'- α -(5-[⁷⁶Br]bromofurylmethylidene)dioxyl]-21-hydroxy-19-norpregn-4-ene-3,20-dione ([⁷⁶Br]**3**), a PR ligand with relative binding affinity (RBA) = 65 and log *Po/w* = 5.09 \pm 0.84, was synthesized via a two-step reaction and its tissue biodistribution and metabolic stability were evaluated in estrogen-primed immature female Sprague-Dawley rats.

Results—[⁷⁶Br]**3** was synthesized in 5% overall yield with specific activity being 200~1250 Ci/mmol. [⁷⁶Br]**3** demonstrated high PR-mediated uptake in the target tissue uterus (8.72 \pm 1.84 %ID/g at 1 h) that was reduced by a blocking dose of unlabeled progestin R5020, but the non-specific uptake in blood and muscle (2.11 \pm 0.14 and 0.89 \pm 0.16 %ID/g at 1 h, respectively) was relatively high. [⁷⁶Br]**3** was stable in whole rat blood *in vitro*, but it was not stable *in vivo* due to the fast metabolism that occurred in the liver, resulting in the formation of a more polar radioactive metabolite and free [⁷⁶Br]bromide. The level of free [⁷⁶Br]bromide in blood remained high during the experiment (2.11 \pm 0.14 %ID/g at 1 h and 1.52 \pm 0.24 %ID/g at 24 h). The tissue distribution of [⁷⁶Br]**3** at 1 and 3 hours was compared with that of the ¹⁸F analogs, [¹⁸F]FFNP **1** and ketal **2**.

Conclusion—[⁷⁶Br]**3** may have potential for imaging PR positive breast tumors at early time points, but it is not suitable for imaging at later times or for radiotherapy.

Keywords

progesterone receptor; Br-76 radiolabeling; PET breast tumor imaging; radiotherapy

1. Introduction

Steroid receptors are found in a number of endocrine-responsive cancers, estrogen receptors (ERs) and progesterone receptors (PRs) in many breast tumors and androgen receptors (ARs)

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in most prostate cancers. These receptors serve as targets for endocrine therapies of these cancers, but they also can be used as targets for diagnostic imaging and radiotherapy. Diagnostic imaging can be achieved by the administration of a suitably radiolabeled ligand that accumulates in the receptor-positive tumor, where it can be detected and quantified by imaging. Such images can sometimes be used to predict whether hormone therapy will be effective [1–4]. In a related manner, a hormone receptor ligand labeled with a radionuclide (e.g., an Auger electron emitting isotope) that accumulates in a tumor through a receptor-mediated uptake process can deliver a cytotoxic dose of high linear energy transfer (LET) radiation selectively to the tumor cells, ablating the tumor while limiting widespread radiation toxicity. Therefore, the development of such hormone receptor ligands for both diagnostic imaging and radiotherapy is a promising area of research.

Diagnostic imaging of breast and prostate tumors by positron emission tomography (PET) is well established and has been achieved using steroids labeled with fluorine-18, such as 16 α -[¹⁸F]fluoroestradiol (FES) [3,4] for breast tumor imaging and 16 β -[¹⁸F]fluoro-5 α -dihydrotestosterone (FDHT) [5,6] for prostate cancer imaging. Although a number of steroids labeled with bromine and iodine radioisotopes have been prepared [7–12] and studied, especially in terms of their potential for selective radiotherapy, their use in imaging studies, particularly in humans, has been more limited [12]. Nevertheless, previous studies have established the feasibility of using various Auger electron-emitting isotopes for selective cellular therapy [13–23].

Bromine-76 decays with a significant amount of positron emission (57% positron and 43% electron capture), a characteristic that allows for diagnostic PET imaging to be used to complement the use of this isotope in radiotherapy. It can conveniently be produced via the ⁷⁶Se(p,n)⁷⁶Br reaction on the majority of medical cyclotrons [24]. ⁷⁶Br has a half life of 16.2 hours, which is long enough to permit target tissue-selective distribution while being sufficiently short so that the bulk of the dose can be delivered to the tissue prior to metabolism and elimination of the radiopharmaceutical. Because the natural abundance of bromine is low, organic compounds can be labeled with very high specific activity (SA), which is a general requirement for the study of receptor-binding related biological processes.

In principle, a ligand based on binding to either ER or PR might be used in applications of breast tumor imaging and therapy in an untreated patient. However, a PR-based radioligand has some potential advantages over an ER-based one: (1) there is a better correlation between PR status and hormonal responsiveness than there is with ER status [25–29]; (2) a PR-based ligand could be used after the initiation of anti-estrogen hormonal therapy, whereas an ER-based one would not be useful when tumor ER is saturated by the hormonal agent [30]. Moreover, (3) PR-based ligands may benefit from the increased PR levels induced by the transient agonistic effect of tamoxifen during the initial course of tamoxifen treatment of breast tumor [31–33].

A series of bromine- and iodine-substituted 16 α ,17 α -dioxolane progestins have been synthesized [34] based on the very promising PR ligand, fluoro furanyl norprogesterone (FFNP) **1** [35] and its analog **2** [36]. Among this series, 16 α ,17 α -[(R)-1'- α -(5-bromofurylmethylidene)dioxyl]-21-hydroxy-19-norpregn-4-ene-3,20-dione (**3**) appeared to be the most promising one with good relative binding affinity to PR (RBA = 65, relative to R5020) and moderate lipophilicity (log P_{o/w} = 5.09 \pm 0.84) [34]. In this report, we describe the ⁷⁶Br radiolabeling of **3**, the *in vivo* biodistribution and metabolic stability studies of **3** in estrogen-primed immature female Sprague-Dawley rats as a potential agent for breast tumor imaging and radiotherapy.

2. Materials and methods

2.1 General

^{76}Br was produced at the Washington University cyclotron facility by the $^{76}\text{Se}(p,n)^{76}\text{Br}$ nuclear reaction on a ^{76}Se -enriched Cu_2Se target. ^{76}Br was recovered via a modified dry distillation method [24]. The radionuclide was in the form of $[\text{}^{76}\text{Br}]\text{NH}_4\text{Br}$ in 0.6 M NH_4OH . The solution was filtered through a C-18 Sep-Pak light cartridge (Waters Corp.) and blown down to dryness under very mild N_2 flow at 130°C . High performance liquid chromatography (HPLC, Dionex, Sunnyvale, CA, USA) was performed with an ultraviolet detector operating at 231 nm and a radioactive detector. Agilent Zorbax SB-C18 250×4.6 mm $5 \mu\text{m}$ analytical column and Agilent Zorbax SC-C18 250×9.4 mm $5 \mu\text{m}$ semi-preparative column were used for analysis and preparative purification respectively. Acetonitrile and water were used as the HPLC mobile phase. RadioTLC was performed using a Bioscan System 2000 imaging scanner (Bioscan, Washington, DC, USA). All chemicals and solvents were obtained from common commercial sources. Compound **4** [37] and **6** [34,38] were synthesized according to previously published literature. All animal experiments were conducted in compliance with the Guidelines for the Care and Use of Research Animals published by the Animal Studies Committee of Washington University in St. Louis, School of Medicine.

2.2 Radiochemistry

~ 10 mCi $[\text{}^{76}\text{Br}]\text{NH}_4\text{Br}$ was dried in a 5 mL Wheaton V vial at 130°C under very gentle N_2 flow. At ambient temperature, 20 μL acetic acid and 0.5 mg **4** in 50 μL methanol were added, and the solution was vortexed before addition of 100 μL 2 : 1 hydrogen peroxide/acetic acid (pre-mixed for at least 4 hours). Then the reaction mixture was vortexed to homogeneity. Upon the completion of the reaction in 30 minutes ($> 80\%$ incorporation according to radio-TLC analysis: silica plate (EMD Cat. 15341-5), 1 : 1 ethyl acetate/hexanes, $R_f = 0.8$), the reaction was quenched by the addition of 2 mL water. The reaction mixture was extracted with 0.7 mL \times 2 dichloromethane, which was loaded onto a column (I.D. 0.5 cm, from bottom to top: 2 cm MgSO_4 , 4 cm silica, 2 cm Na_2SO_4 , and 1 cm sand, filled with dichloromethane). $[\text{}^{76}\text{Br}]\text{5}$ was eluted with dichloromethane, and the eluent was collected in 1 mL portions. The two portions containing the majority of ^{76}Br radioactivity (3.5 mCi, 35% isolated yield) were transferred to a 10 mL Pyrex screw-capped tube containing 1.2 mg **6**, and the solution was concentrated to 1.0 mL under a flow of N_2 at ambient temperature. Then 18.0 μL 1 : 1 triethyl orthoformate (TEOF)/ CH_2Cl_2 was added followed by the addition of 2.0 μL 70% HClO_4 . After the solution was vortexed, the color of the reaction changed to pale pink, deepening slightly in color at 30 minutes, at which point more than 80% of $[\text{}^{76}\text{Br}]\text{5}$ was converted to $[\text{}^{76}\text{Br}]\text{3}$ (2 : 1 ethyl acetate/hexanes, $R_f = 0.4$). The reaction mixture was first quenched by the addition of small amount of NaHCO_3 (right after the tube was opened to the air) and then it was passed through a light alumina Sep-Pak (Waters Corp.), followed by rinsing with 2 mL dry dichloromethane. 2 mCi of radioactivity was collected in dichloromethane, which was subsequently removed under a flow of N_2 at ambient temperature. The dried radioactivity was reconstituted in 100 μL dimethyl formide, 700 μL acetonitrile and 1200 μL water and injected for HPLC purification. The reverse phase HPLC purification (Agilent Zorbax SC-C18 250×9.4 mm $5 \mu\text{m}$) was carried out using 47.5% acetonitrile 52.5% water at a flow rate of 3 mL/min and UV at 231 nm. Radioactivity was monitored by a radioactivity detector (Bioscan, B-FC-3200), and 600 μCi $[\text{}^{76}\text{Br}]\text{3}$ was collected at 25.6 minutes. The HPLC collection of $[\text{}^{76}\text{Br}]\text{3}$ was diluted in 30 mL water, and the solution was passed through a C18 classic Sep-Pak (preconditioned with 6 mL methanol and 12 mL water) to trap the activity. After the Sep-Pak was rinsed with 10 mL water, $[\text{}^{76}\text{Br}]\text{3}$ was eluted with 1 mL ethanol. The ethanol solution of $[\text{}^{76}\text{Br}]\text{3}$ was concentrated in order to make a final solution of 1.2 mL of 15% ethanol and 85% saline. Specific activity was determined to be more than 400 Ci/mmol (EOS) using reverse phase HPLC (Agilent Zorbax

SB-C18 250 × 4.6 mm 5 μm) applying 60% acetonitrile and 40% water as solvents at a flow rate of 1.5 mL/min and UV at 231 nm.

2.3 In vitro stability study

An *in vitro* stability study was carried out in isolated heparinized whole rat blood (Sprague-Dawley rats, mature). The whole blood (5 mL) was incubated with ~3 μCi [⁷⁶Br]**3** in 20 μL ethanol for 5 min, 30 min, 1 h and 2 h at 37°C. An aliquot of blood was treated with 3 volumes of ethanol at each time point, and the lysed sample was centrifuged to separate the supernatant from the pellet. The radioactivity in the supernatant and the pellet was counted separately on a Beckman Gamma 8000 well counter. The radioactive species in the supernatant was analyzed by Silica TLC using 2 : 1 ethyl acetate/hexanes as the developing solvent ($R_f = 0.4$ for [⁷⁶Br]**3**) and co-elution with non-radioactive **3**.

2.4 In vivo metabolic stability study

The metabolism of [⁷⁶Br]**3** was evaluated in estrogen-primed immature female Sprague-Dawley rats (24 h and 3 h estradiol treatment before injection, n = 1) by injection of 30 μCi of [⁷⁶Br]**3** in 15% ethanol/saline via the tail vein. The rats were sacrificed at 1 min, 1 h, 3 h, and 24 h post-injection and blood, muscle, liver, and uterus were collected. Tissue samples were homogenized in 1 mL buffer at room temperature. The supernatant and pellet were separated by centrifugation and kept in ice to prevent degradation of the samples. The radioactive species in the supernatant was analyzed by silica gel TLC using Bioscan system 2000 imaging scanner. The samples were co-spotted with non-radioactive **3** and TLC was developed in ethyl acetate ($R_f = 0, 0.6$ for [⁷⁶Br]bromide and [⁷⁶Br]**3** respectively). The radioactivity in the supernatant and the pellet was counted separately as mentioned above.

2.5 In vivo tissue biodistribution studies

PR levels in the uteri of immature female Sprague-Dawley rats (25 days old, ~50 g) were induced by daily subcutaneous injections for 1 or 2 days of 5 μg of estradiol in 0.1 mL of 20% ethanol/80% sunflower seed oil. The experiments were begun 24 h (or 3 h) after the last injection. The HPLC purified [⁷⁶Br]**3** was injected in 100~150 μL 15% ethanol/saline via the tail vein of 2% Isoflurane anesthetized rats. At the specified time points post-injection, the rats were sacrificed by cervical dislocation, and blood, tissues and organs were removed, weighed, and counted in a Beckman Gamma 8000 counter. To determine whether the uptake was mediated by a high-affinity, limited-capacity system, one set of animals was co-injected with [⁷⁶Br]**3** together with 18 μg of R5020 in order to fully occupy the progesterone receptors.

3. Results

3.1 Radiochemistry

[⁷⁶Br]**3** was synthesized by two steps: aromatic electrophilic substitution of the tributyltin precursor **4** to afford [⁷⁶Br]**5** using 2 : 1 hydrogen peroxide/acetic acid as oxidizing agent and acetalization of progestin 16 α ,17 α ,21-triol **6** with [⁷⁶Br]**5** in the presence of 70% HClO₄ and TEOF to afford an endo isomer **3** and an exo isomer **7** in 1 : 1 ratio (Fig. 2). The yields for both the incorporation of [⁷⁶Br]bromide and the acetalization of **6** were up to 80%, but the overall yield of [⁷⁶Br]**3** was only 5% (not decay corrected). [⁷⁶Br]**3** was purified by reversed phase C18 HPLC and confirmed by co-elution with non-radioactive **3**. The specific activity was determined by HPLC to be from 200 to 1250 mCi/μmol at the end of synthesis.

3.2 In vitro stability study

[⁷⁶Br]**3** was stable in HPLC solvent overnight, showing no sign of radiolysis due to the high energy radiation of the ⁷⁶Br isotope. The *in vitro* stability study was carried out in isolated

whole rat blood. Around 75% of the radioactivity was separated into the supernatant from the pellet over the period of 2 hours, indicating little binding of [^{76}Br]3 to cells or cellular proteins in the blood. According to the radioTLC analysis of the supernatant, [^{76}Br]3, confirmed by co-elution with co-spotted non-radioactive 3 on TLC, was the only radioactive species observed during the experiment (2 hours), indicating good *in vitro* stability of [^{76}Br]3 in rat blood.

3.3 In vivo metabolic stability study

An *in vivo* metabolic stability study was carried out in estrogen-primed immature female Sprague-Dawley rats, the same animal model used in the tissue biodistribution (Table 1). Around 90%, 90%, 80%, and 75% of radioactivity was found in the supernatants from uterus, muscle, blood, and liver extraction samples during the experiment (24 h), indicating little binding of [^{76}Br]3 to cells or cellular proteins in the animal. There was slightly less recovery of radioactivity from blood and liver. At 1 minute after administration of [^{76}Br]3, metabolism was observed in the liver: 58.5% radioactivity in the supernatant remained as [^{76}Br]3 ($R_f = 0.6$), 27% as [^{76}Br]bromide ($R_f = 0$) and 14.5% as a more polar metabolite (8, $R_f = 0.3$, structure unknown); no metabolism was observed in the blood, muscle and uterus supernatants at 1 minute. At 1 h post-injection, 31.5% of the radioactivity in the liver supernatant was observed to be [^{76}Br]3; the other radioactivity was the more polar metabolite 8 and [^{76}Br]bromide; 66.5% of the radioactivity in the blood supernatant was [^{76}Br]bromide, with only 9% as [^{76}Br]3 and 24.5% as the more polar metabolite 8; 60% and 80% radioactivity in the muscle and uterus supernatants remained as [^{76}Br]3, respectively, with the rest being [^{76}Br]bromide. At 3 h post-injection, 19.5% of activity was still [^{76}Br]3 in the liver supernatant, but the majority of radioactivity in the blood supernatant was free [^{76}Br]bromide; the amount of [^{76}Br]3 in the muscle and uterus supernatants remained high (68% and 67.5%, respectively). At 24 hours post-injection, the amount of radioactivity in liver and muscle was under the detection limit for radio-TLC analysis; free [^{76}Br]bromide was the only radioactivity observed in the blood supernatant; there was still 40% as [^{76}Br]3 in the uterus supernatant with the rest as [^{76}Br]bromide.

3.4 Tissue biodistribution studies

0.5~40 μCi HPLC-purified [^{76}Br]3 at a specific activity of 200~1250 $\text{mCi}/\mu\text{mol}$ was injected into estrogen-primed immature female Sprague-Dawley rats. Table 2 shows the %ID/g uptake of radioactivity data using 7 μCi [^{76}Br]3 at a specific activity of more than 400 $\text{mCi}/\mu\text{mol}$. Initially, at 15 min post-injection, the highest uptake was observed in the uterus (8.22 ± 0.6 %ID/g), which is the most PR-rich target organ; the uptake in liver and muscle was 4.22 ± 0.87 and 1.38 ± 0.23 %ID/g, respectively. At 1h post-injection, uptake in the uterus remained high (8.72 ± 1.84 %ID/g), while up to 50% of the radioactivity in liver and muscle was washed out; the activity in blood was similar to that at 15 min. At 3 h post-injection, uptake in the uterus was reduced to 5.52 ± 1.84 %ID/g, and the uptake in liver and muscle was reduced further. However, the activity in blood remained constant. At 24 h post-injection, all tissue activities were reduced to background, with the highest activity in blood.

To determine whether the uptake was mediated by a high-affinity, limited-capacity system, a blocking study was carried out by co-injection of 2~3 μCi [^{76}Br]3 at a specific activity of 1250 $\text{mCi}/\mu\text{mol}$ together with 18 μg R5020 ($\text{RBA} = 100$) to fully occupy the progesterone receptors; the results are shown in Table 3. The uptake in uterus and ovaries of the blocked animals was reduced 54% and 42%, respectively, lowering to the level seen in non-target tissues, indicating that the uptake of [^{76}Br]3 in the uterus is mediated by binding to PR. No obvious differences in activity levels were observed in blood, liver, spleen and muscle between the blocked and non-blocked animals, and the uptake values reported in Table 3 are similar to those in Table 2 at 1 and 3 h post-injection.

To establish that the uptake was not limited by undetected PR-binding non-radioactive impurities, 0.8, 2 and 40 μCi [^{76}Br]**3** at a specific activity of 200 $\text{mCi}/\mu\text{mol}$ was injected into a set of animals, and the tissue biodistribution was determined at 1 h post-injection. The results are shown in Table 4. The uptake in the organs or tissues tested showed no statistical difference from the 'low' to the 'high' dose administration at 1 h post-injection. Also, these biodistribution data are similar to those reported in Table 2 and 3. These results indicate that the effective specific activity of the HPLC-purified [^{76}Br]**3** is not low and that PR-binding impurities are not a limiting factor in the biodistribution of [^{76}Br]**3**.

4. Discussion

Unlike the extensive imaging studies that have been performed using ER radio-ligands [39], the study of PR ligands as imaging agents or for radiotherapy has been limited. Nevertheless, the most promising PR ligand for PET imaging of breast cancer reported so far is fluoro furanyl norprogesterone (FFNP, **1**), the ^{18}F -labeled form of which is undergoing clinical imaging investigations at Washington University, School of Medicine. FFNP has a high relative binding affinity to PR, low nonspecific binding, and a high binding selectivity index [35,40]. In tissue biodistribution studies, [^{18}F]FFNP demonstrated high PR-selective uptake in the principal PR target organs, uterus and ovaries, and relatively low uptake in non-PR target tissues, such as fat and bone [35]. In addition, FFNP is expected to be more stable towards the metabolism of the C-20 ketone by steroid dehydrogenases, because it is protected by the bulk of the 16α , 17α -furanyl group, a group onto which a bromine can be introduced easily. The favorable pharmacokinetic and pharmacodynamic features of FFNP meet the requirements for a successful ligand for imaging or therapy [40]. Therefore, $16\alpha,17\alpha$ -[(R)-1'- α -(5-bromofurlylmethylidene)dioxyl]-21-13 hydroxy-19-norpregn-4-ene-3,20-dione (**3**) was developed, because when labeled with bromine-76, it has potential as a PR ligand for imaging and radiotherapy based on the favorable characteristics of FFNP (**1**) and its predecessor ketal **2**.

The synthesis of the tributyltin precursor for direct labeling of [^{76}Br]**3** via electrophilic radiobromination failed to afford the desired product. Therefore, the two-step synthesis of [^{76}Br]**3** was adopted from the previously reported method [36]. The radiobromination of **5** proceeded very well to afford more than 80% incorporation using 1 : 1 hydrogen peroxide/acetic acid (premixed 4 hours); however, the isolated yield was low because of the instability of the furfural group towards acid and low recovery from the silica gel column. The acetalization was a challenging step [36]. The reaction was optimized to afford up to 80% conversion of [^{76}Br]**5** using 9 μL TEOF, 2 μL 70% HClO_4 in 1 mL dichloromethane. The major problem with this acetalization reaction was the rapid formation of a more polar radioactive unknown, the formation of which was also observed in the previously reported method [36]. It was found necessary to separate the desired product from the reagents before it became converted to the unknown byproduct completely. After Alumina Sep-Pak filtration, the desired products were very stable as in a dichloromethane solution. The low overall yield of [^{76}Br]**3** was partially due to the formation of the two isomers, endo **3** and exo **7**, in addition to workup conditions that were not fully optimized. The specific activity was determined by HPLC, and while impurities coeluting with [^{76}Br]**3** might have lowered the effective specific activity of this compound, tissue distribution studies indicated that the effective specific activity of [^{76}Br]**3** was not a limiting factor.

Metabolic stability is an issue facing the development of PR-based steroid ligands [41–43]. The C-20 ketone in progestins is at risk for reduction to a C-20 hydroxy group, giving a compound with very low affinity for PR that is inactive *in vivo* and would thus be unsuitable as a progestin radiotracer imaging agent. The *in vitro* stability test of [^{76}Br]**3** in whole rat blood showed that it was stable, presumably because the C-20 ketone was protected by the 16α ,

17 α -dioxolane group in **3**. However, *in vivo* metabolic stability studies of [⁷⁶Br]**3** in estrogen-primed immature female Sprague-Dawley rats demonstrated that it underwent rapid metabolism in the liver, giving two metabolites, free [⁷⁶Br]bromide and a more polar unidentified metabolite **8** that were evident as early as 1 minute. The structure of the more polar unknown **8** was not determined, but is likely to be the C-20 hydroxy analog of **3**, based on its greater hydrophilicity and reports of this conversion in compounds with similar structure [42]. Free [⁷⁶Br]bromide appeared to be the final metabolite *in vivo*.

Despite the rapid metabolism of [⁷⁶Br]**3** in the liver, as early as 1 minute post injection, there appeared to be no appearance of metabolites of [⁷⁶Br]**3** in the blood *in vivo* (also, as noted above, no metabolism was observed in whole rat blood at 2 hours *in vitro*). Nevertheless, by 1-hour post-injection, when [⁷⁶Br]**3** had undergone extensive metabolism in liver, there were only low levels of unconverted [⁷⁶Br]**3** in the blood and high level of metabolites. At later times, metabolites also began to appear in muscle and uterus, although there was substantial retention of unconverted [⁷⁶Br]**3** remained in the uterus, where it is presumably protected from metabolism by its binding to PR. The target tissue protection of receptor binding radiopharmaceuticals has been noted before with ER ligands [43–45]. The rapid metabolism we have observed is not surprising, because liver is known to be the major site of steroid metabolism [46] and the C-21 hydroxy group in [⁷⁶Br]**3** might facilitate the reduction of the C-20 ketone.

Tissue distribution studies of [⁷⁶Br]**3** demonstrated high uptake in the target tissues, uterus and ovaries, that was shown to be PR specific by selective displacement by a blocking dose of the potent progestin R5020. Uptake in non-PR target tissues, however, was not low, particularly at early times. This high, initial non-specific uptake is likely due to the relatively high lipophilicity of **3** [40] compared with that of FFNP **1** (Table 5). At later times, the metabolites of [⁷⁶Br]**3**, especially free [⁷⁶Br]bromide, are likely contributors to the non-target tissue activity because within 1 hour post-injection, these species constitute the majority of the circulating activity. It is of note that [⁷⁶Br]bromide is known to distribute rapidly [47] and non-specifically [48] and to be retained in blood for long periods of time [47].

Despite the high initial uptake of [⁷⁶Br]**3** by non-target tissues, the radioactivity in uterus was retained very well from 1 minute to 1 hour, thereafter washing out more slowly than was observed in non-target tissues. This selective retention of uterine activity following [⁷⁶Br]**3** injection is further evidence that a large proportion of its interaction in the uterus is due to the presence of PR. Furthermore, at 1 hour post-injection, the ratio of activity in the uterus compared to muscle following [⁷⁶Br]**3** injection was comparable to that of FFNP (Table 5), and a good ratio was maintained out to 3 hours, declining, not surprisingly by 18–24 hours. Uterus to blood ratios were lower, however, presumably because of the increasing fraction of free [⁷⁶Br]bromide that was being retained in the blood. The selective uptake and retention of [⁷⁶Br]**3** in target tissues is impressive, considering that its PR binding affinity is relatively low, being 65 (compared to 100 for R5020 and 190 for FFNP; Table 5) and the declining levels of circulating [⁷⁶Br]**3** that results from its rapid metabolism in liver. The bromofuranyl group in [⁷⁶Br]**3** appears to be a metabolic liability that is responsible for the rapid production of free [⁷⁶Br]bromide. Thus, metabolism may render imaging agents that contain this functionality ineffective and cause therapeutic agents to become harmful to non-target tissues from a dosimetry point of view.

It is instructive to compare [⁷⁶Br]**3** with FFNP **1** and the C-21 hydroxy ketal analog **2** (the predecessor of FFNP) in terms of their *in vivo* biodistribution (Table 5 and Figure 1). Among them, **3** has the lowest relative binding affinity but the highest lipophilicity (log P_{o/w}). Interestingly, the uterus uptake of [⁷⁶Br]**3** was comparable to that of **1** and even better than that of **2** at 1 hour post-injection, but the blood and muscle uptake at 1 hour post-injection was

much higher than those of **1** and **2** because of the lipophilicity of [⁷⁶Br]**3**. The known routes of metabolism and excretion of steroids are liver and kidney. The liver uptake was the lowest for **3**, but the kidney uptake was very high. The similarities between the uptake of [⁷⁶Br]**3** and FFNP **1** at 1 hour post-injection diminish with time (compare 1 h and 3 h), because of the extensive metabolism of [⁷⁶Br]**3**. Thus, while the uterine activity of compounds **1** and **2** remain the same, and their uterus to blood and muscle ratios increase with time, these values decrease with [⁷⁶Br]**3**. Thus, it is likely that compound **1** has greater metabolic stability than [⁷⁶Br]**3**, perhaps the result of the C-21 fluorine further stabilizing the C-20 ketone [49].

In summary, [⁷⁶Br]**3** has high PR-mediated uptake in the target tissues, however, the high uptake in blood and muscle may cause problems for imaging and radiotherapy. The metabolic stability of **1** and **2** was not studied, so no direct comparison can be made between them and [⁷⁶Br]**3**. However, the stability of [⁷⁶Br]**3** is comparable to that of 16 α -[¹⁸F]fluoroestradiol (FES) [50], suggesting that [⁷⁶Br]**3** has some potential for PET imaging of PR in breast tumors.

5. Conclusion

16 α ,17 α -[(R)-1'- α -(5-[⁷⁶Br]bromofurylmethylidene)dioxy]-21-hydroxy-19-norpregn-4-ene-3,20-dione ([⁷⁶Br]**3**) was successfully synthesized, and its tissue biodistribution and metabolic stability were evaluated in estrogen-primed immature female Sprague-Dawley rats. [⁷⁶Br]**3** demonstrated high PR-mediated uptake in the target tissues that was blocked by excess unlabeled progestin, but the activity in blood and muscle was also relatively high because of the high lipophilicity of [⁷⁶Br]**3** and the subsequent formation of metabolites. [⁷⁶Br]**3** was metabolized quickly in the liver, but not in blood, to form a more polar radioactive metabolite and free [⁷⁶Br]bromide. Despite the favorable initial biodistribution of [⁷⁶Br]**3**, these subsequent metabolism events render this compound unsuitable as an imaging agent at later time points and for radiotherapy applications that would require specific and prolonged target tissue retention.

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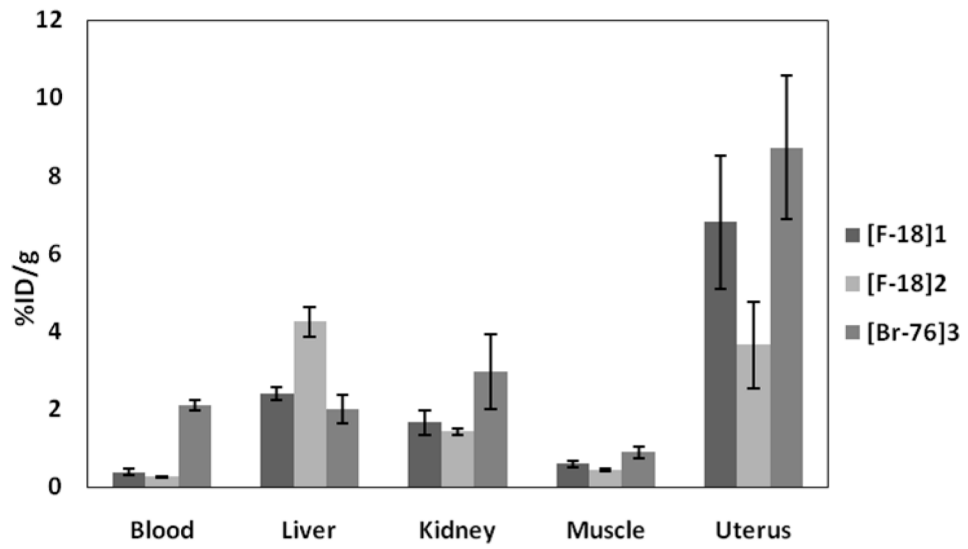
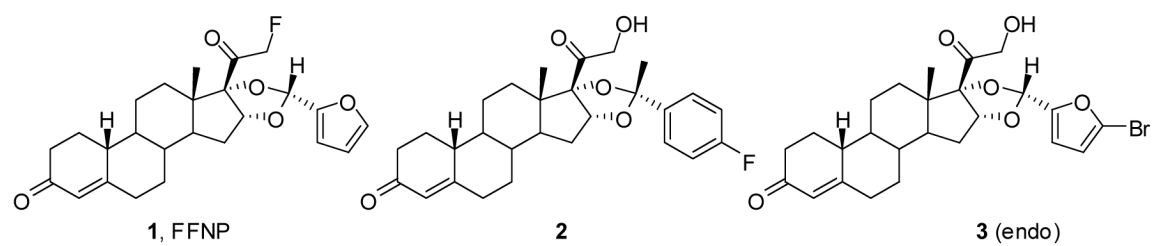
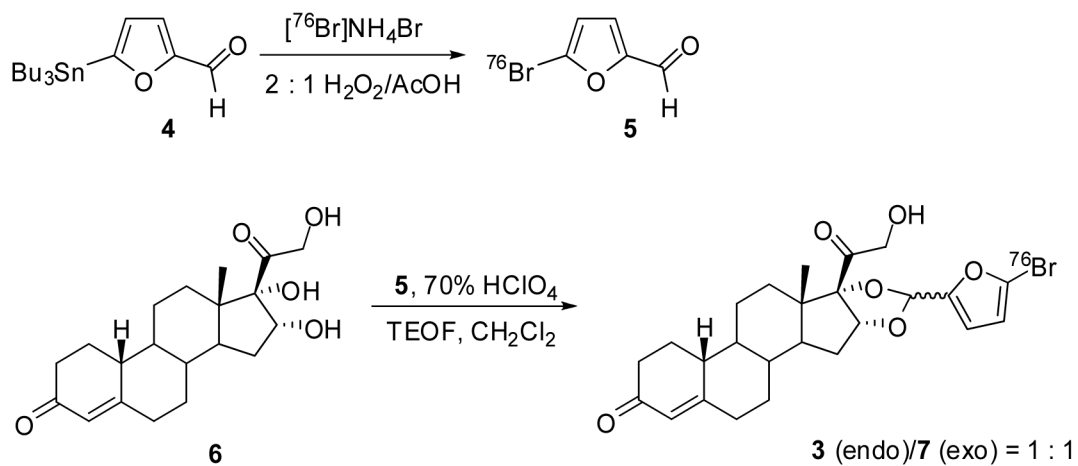


Figure 1. Comparison of the tissue biodistribution of [^{18}F]1, [^{18}F]2, and [^{76}Br]3 at 1 h post-injection



Scheme 1.
Progestin 16 α ,17 α -dioxolanes



TEOF: triethyl orthoformate

Scheme 2.

Scheme for the radiolabeling of [^{76}Br]3

Table 1
 Fraction of ^{76}Br species in various tissues of estrogen-primed immature female rats

Time	Fraction of [^{76}Br] species (%) ^{a, b}															
	Uterus				Blood				Muscle				Liver			
	1 m	1 h	3 h	24 h	1 m	1 h	3 h	24 h	1 min	1 h	3 h	24 h	1 m	1 h	3 h	24 h
$^{76}\text{Br}[3]$	100	80	67.5	40	100	9	9	0	100	60	-	-	58.5	31.5	19.5	-
$^{76}\text{Br}[8]$	0	0	14.5	0	0	24.5	0	0	0	0	-	-	14.5	33.5	16	-
$^{76}\text{Br}^-$	0	20	17	60	0	66.5	91	100	0	40	-	-	27	35	63	-
Extraction (%)	94	93.5	90	88	83.5	79.5	80	79	90.5	82.5	86	89	83	73.5	74	76

^a Determined by radio-TLC: silica plate/ethyl acetate, R_f = 0.6, 0.3, 0 for **3**, **8** (the more polar metabolite), and bromide, respectively

^b -: Under detection limit.

Table 2Tissue biodistribution of [⁷⁶Br]3 in estrogen-primed immature female rats

	Percent injected dose/g ± SD ^a n = 4			
	15 min (n = 3)	1 h	3 h	24 h
Blood	2.51 ± 0.58	2.11 ± 0.14	2.24 ± 0.38	1.52 ± 0.24
Liver	4.22 ± 0.87	2.01 ± 0.37	1.49 ± 0.26	0.60 ± 0.09
Spleen	1.34 ± 0.02	1.43 ± 0.82	1.07 ± 0.12	0.74 ± 0.15
Kidney	4.73 ± 0.84	2.96 ± 0.96	1.72 ± 0.21	1.01 ± 0.18
Muscle	1.38 ± 0.23	0.89 ± 0.16	0.71 ± 0.11	0.45 ± 0.11
Uterus	8.22 ± 0.63	8.72 ± 1.84	5.52 ± 1.84	1.18 ± 0.22
Uterus/blood	3.40 ± 0.83	4.11 ± 0.73	2.42 ± 0.36	0.77 ± 0.04
Uterus/muscle	6.08 ± 1.03	9.82 ± 1.57	7.67 ± 1.30	2.66 ± 0.32

^aSD: standard deviation.^b24 h and 3 h estradiol treatment before injection of [⁷⁶Br]3; 7 μCi/100 μL 15% ethanol/saline; Specific activity: > 400 mCi/μmol

Table 3Tissue biodistribution of [⁷⁶Br]3 in estrogen-primed immature female rats: blocking study

	Percent injected dose/g ± SD ^a n = 4			
	1 h	1 h (block)	3 h	18 h
Blood	2.10 ± 0.48	1.89 ± 0.18	1.76 ± 0.08	1.19 ± 0.19
Liver	2.39 ± 0.19	2.18 ± 0.21	1.18 ± 0.15	0.53 ± 0.07
Spleen	0.98 ± 0.08	0.95 ± 0.11	0.88 ± 0.05	0.59 ± 0.08
Kidney	2.32 ± 0.36	3.37 ± 0.48	1.31 ± 0.04	0.70 ± 0.12
Muscle	0.86 ± 0.10	0.81 ± 0.13	0.60 ± 0.09	0.41 ± 0.11
Uterus	5.26 ± 0.35	2.43 ± 0.34	2.69 ± 0.20	0.71 ± 0.14
Ovaries	3.54 ± 0.56	2.06 ± 0.44	1.91 ± 0.38	0.64 ± 0.12
Uterus/blood	2.65 ± 0.88	1.28 ± 0.12	1.54 ± 0.17	0.60 ± 0.04
Uterus/muscle	6.21 ± 1.12	3.01 ± 0.24	4.58 ± 0.65	1.74 ± 0.14

^aSD: standard deviation.^b3 h estradiol treatment before injection of [⁷⁶Br]3; 2~3 μCi/100μL 15% ethanol/saline specific activity: 1250 mCi/μmol

Table 4Tissue biodistribution of [⁷⁶Br]3 in estrogen-primed immature female rats: dose study

	Percent injected dose/g ± SD ^a _{n = 4}		
	1 h (0.8 μCi)	1 h (2 μCi)	1 h (40 μCi)
Blood	2.16 ± 0.55	1.83 ± 0.16	1.86 ± 0.40
Liver	2.26 ± 0.28	2.07 ± 0.36	1.99 ± 0.45
Spleen	1.10 ± 0.15	0.93 ± 0.05	1.07 ± 0.32
Kidney	2.60 ± 0.99	1.84 ± 0.21	2.38 ± 0.98
Muscle	0.70 ± 0.06	0.78 ± 0.16	0.87 ± 0.42
Uterus	6.00 ± 1.44	5.42 ± 1.14	5.26 ± 1.04
Ovaries	3.35 ± 0.42	2.83 ± 0.28	3.36 ± 0.66
Uterus/blood	2.79 ± 0.21	2.97 ± 0.64	2.96 ± 1.06
Uterus/muscle	8.65 ± 2.15	7.23 ± 2.19	7.16 ± 3.67

^aSD: standard deviation.^b48h and 24 h estradiol treatments before injection of [⁷⁶Br]3; 100μL 15% ethanol/saline; specific activity: 200 mCi/μmol

Table 5
Comparison of the tissue biodistribution of ^{18}F and ^{76}Br labeled progestins in estrogen-primed immature female rats

	Percent injected %ID/g \pm SD ^a					
	1 (1 h)	2 (1 h)	3 (1 h)	1 (3 h)	2 (3 h)	3 (3 h)
Blood	0.38 \pm 0.08	0.26 \pm 0.02	2.11 \pm 0.14	0.19 \pm 0.07	0.10 \pm 0.02	2.24 \pm 0.38
Liver	2.40 \pm 0.18	4.25 \pm 0.39	2.01 \pm 0.37	1.65 \pm 0.25	1.36 \pm 0.22	1.49 \pm 0.26
Kidney	1.66 \pm 0.32	1.42 \pm 0.08	2.96 \pm 0.96	0.73 \pm 0.26	0.45 \pm 0.10	1.72 \pm 0.21
Muscle	0.59 \pm 0.08	0.44 \pm 0.04	0.89 \pm 0.16	0.26 \pm 0.08	0.16 \pm 0.09	0.71 \pm 0.11
Uterus	6.80 \pm 1.70	3.65 \pm 1.11	8.72 \pm 1.84	7.83 \pm 1.41	3.86 \pm 0.99	5.52 \pm 1.84
Uterus/blood	18.2 \pm 4.9	14.0 \pm 4.2	4.11 \pm 0.73	48.0 \pm 24.4	38.0 \pm 8.3	2.42 \pm 0.36
Uterus/muscle	11.6 \pm 3.3	8.20 \pm 2.5	9.82 \pm 1.57	32.2 \pm 10.9	27.9 \pm 9.5	7.67 \pm 1.30
RBA (%) ^b	190	240	65			
Log P_o/w ^c	3.87	4.92	5.09 \pm 0.84 ^d			
SA ^e	> 1200*	409	> 400			

^aSD: standard deviation; Data for **1** and **2** are from ref. 35.

^bRBA: relative binding affinity, relative to R5020 (100%)

^cLog P_o/w : log of octanol/water partition coefficient (ref. 35)

^dCalculated using ACD LogP software (ref. 34)

^eSA: specific activity, determined by HPLC

* effective SA (ref. 35).