

Maternal dietary supplementation with saturated, but not monounsaturated or polyunsaturated fatty acids, leads to tissue-specific inhibition of offspring Na^+, K^+ -ATPase

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In rats, a maternal diet rich in lard is associated with reduced Na^+, K^+ -ATPase activity in adult offspring kidney. We have addressed the role of different fatty acids by evaluating Na^+, K^+ -ATPase activity in offspring of dams fed diets rich in saturated (SFA), monounsaturated (MUFA) or polyunsaturated (PUFA) fatty acids. Female Sprague–Dawley rats were fed, during pregnancy and suckling, a control diet (4% w/w corn oil) or a fatty acid supplemented diet (24% w/w). Offspring were reared on chow (4% PUFA) and studied at 6 months. mRNA expression (real-time PCR) of Na^+, K^+ -ATPase α subunit and protein expression of Na^+, K^+ -ATPase subunits (Western blot) were assessed in kidney and brain. Na^+, K^+ -ATPase activity was reduced in kidney ($P < 0.05$ versus all groups) and brain ($P < 0.05$ versus control and MUFA offspring) of the SFA group. Neither Na^+, K^+ -ATPase $\alpha 1$ subunit mRNA expression, nor protein expression of total α , $\alpha 1$, $\alpha 2$, $\alpha 3$ or $\beta 1$ subunits were significantly altered in kidney in any dietary group. In brains of SFA offspring $\alpha 1$ mRNA expression ($P < 0.05$) was reduced compared with MUFA and PUFA offspring, but not controls. Also in brain, SFA offspring demonstrated reduced ($P < 0.05$) $\alpha 1$ subunit protein and increased phosphorylation ($P < 0.05$) of the Na^+, K^+ -ATPase modulating protein phospholemman at serine residue 63 (S63 PLM). Na^+, K^+ -ATPase activity was similar to controls in heart and liver. *In utero* and neonatal exposure to a maternal diet rich in saturated fatty acids is associated with altered activity and expression of Na^+, K^+ -ATPase in adulthood, but mechanisms appear tissue specific.

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Studies in experimental animal models have demonstrated that maternal fat-rich diets are associated with development in the offspring of a phenotype that strongly resembles the human metabolic syndrome (Khan *et al.* 2003, 2005; Armitage *et al.* 2004; Taylor *et al.* 2005). Increasingly, it is recognized that fat-rich diets *per se* are not deleterious to offspring health but that the fatty acid composition of the diet may be a determining factor, with some evidence suggesting that excessive saturated fatty acid or insufficient essential polyunsaturated fatty acid intake may be responsible for persistent influences on the offspring (Weisinger *et al.* 2001; Siemelink *et al.* 2002; Armitage *et al.* 2003).

It has been proposed that altered gene and protein expression, via methylation of promoter regions, post-transcriptional and post-translational modification or

other epigenetic mechanisms may underlie permanently altered gene expression and phenotypic characteristics observed in many of the experimental models of developmental programming (Armitage *et al.* 2004; Gallou-Kabani & Junien, 2005). Furthermore, the lipid environment of cell membranes may also facilitate altered biochemical function. It has long been recognized that the type of fatty acids incorporated into the bi-phospholipid membranes of mammalian cells governs the structural and biochemical properties of that membrane (Fleischer & Rouser, 1965). Early life exposure to a maternal diet rich in saturated fatty acids (SFA) (Ghebremeskel *et al.* 1999; Ghosh *et al.* 2001), or deficient in essential omega-3 polyunsaturated fatty acids (n-3 PUFA) (Armitage *et al.* 2003; Li *et al.* 2006) results in a permanent alteration of constitutive membrane fatty acids. Alterations in

membrane fatty acid composition can alter the activity of membrane-associated proteins (Niu *et al.* 2004), including Na⁺,K⁺-ATPase (Bourre *et al.* 1989).

We have previously reported that a maternal diet rich in lard, fed to rats during pregnancy and suckling, is associated with a permanent reduction in the activity of Na⁺,K⁺-ATPase in whole kidney homogenates of adult offspring (Armitage *et al.* 2005). Since animal lard is rich in saturated and monounsaturated fatty acids and has a low polyunsaturated fatty acid content, including the essential n-3 PUFAs, that study provided no insight into the relative roles of the different fatty acids. However, we hypothesize an oversupply of saturated fatty acids to be the programming vector in the lard-fed model.

Na⁺,K⁺-ATPase is a ubiquitous plasma membrane enzyme that transports 3 Na⁺ out and 2 K⁺ into cells using the energy of the hydrolysis of ATP. Na⁺,K⁺-ATPase activity maintains Na⁺ and K⁺ gradients across cell membranes, essential for both cellular and body ion homeostasis. Na⁺,K⁺-ATPase comprises a catalytic α subunit containing the cation, ATP and phosphate binding sites, and a glycosylated β subunit required for the correct folding and functional maturation of the α subunit. To date, four α and three β isoforms, have been identified and these may form different, tissue-specific Na⁺,K⁺-ATPase isozymes with distinct transport and pharmacological properties (Blanco & Mercer, 1998; Crambert *et al.* 2000). In some tissues (brain, heart, skeletal and smooth muscle) the accessory protein phospholemman (PLM) is expressed.

In the present study, we investigated whether supplementation of the maternal diet with different fatty acid classes (saturated, monounsaturated or polyunsaturated) leads to altered function and expression of Na⁺,K⁺-ATPase. Further, we extended our previous study in whole kidney homogenates to include estimation of Na⁺,K⁺-ATPase activity in renal cortex, brain, heart and liver tissues with significant dependence on activity of this enzyme. We also examined Na⁺,K⁺-ATPase mRNA transcription by real-time PCR, and protein expression by Western blot, and determined the protein expression of two forms of phospholemman.

Methods

All procedures involving the use of animals comply with the regulations set out under the UK Animals (Scientific Procedures) Act 1986 and by the local animal ethics committee.

Animal husbandry, diet and breeding

Female Sprague–Dawley rats (Charles River Laboratories, UK) were habituated to local conditions (20°C and 60% humidity; light–dark cycle, 12 h). Rats ($n = 10$ per group)

Table 1. The fatty acid content of the experimental diets (analysis by Special Diet Services, Essex UK)

	MUFA	SFA	PUFA
Total lipids (%)	20	20	20
Total SFA	8	50	13
Total MUFA	65	41	29
Total PUFA	26	9	57
n6/n3 ratio	3	43	63
Fatty acid composition (g (100 g) ⁻¹)			
Free fatty acids	—	0.3	0.1
Capric acid (C10:0)	—	—	—
Lauric acid (C12:0)	—	0.2	—
Myristic acid (C14:0)	0.1	0.8	—
C15:0	—	0.1	0.1
Palmitic acid (C16:0)	4.8	43.6	10.0
C17:0	0.1	0.1	0.1
Stearic acid (C18:0)	1.8	4.7	2.0
C19:0	—	—	0.1
Arachidic acid (C20:0)	0.6	0.4	0.4
Behenic acid (C22:0)	0.4	0.1	0.2
C24:0	0.1	0.3	0.2
Palmitoleic (C16:1)	0.2	0.1	0.1
Oleic acid (C18:1, n-9)	59.6	39.6	27.9
Oleic acid (C18:1, n-7)	3.3	0.7	0.6
Eicosanoic acid (C20:1, n-9)	1.3	0.2	0.4
Erucic acid (C22:1, n-9)	0.3	—	—
Linoleic acid (C18:2, n-6)	19.0	8.3	56.2
α -Linolenic acid (C18:3, n-6)	0.1	0.2	0.2
C20:2 (n-6)	0.1	—	0.1
Dihomo- γ -linolenic (C20:3, n-6)	—	—	—
Arachidonic acid (C20:4, n-6)	—	—	—
Total (n-6)	19.2	8.5	56.5
Alpha-linolenic acid (C18:3, n3)	6.7	0.2	0.9
Dihomo- γ -linolenic acid (C20:3, n3)	—	—	—
Docosapentaenoic (C22:5, n3)	—	—	—
Docosahexaenoic acid (C22:6, n3)	0.2	—	—
Total (n3)	6.9	0.2	0.9
Unknown C15–20	1.5	0.2	0.1

Abbreviations: saturated fatty acids (SFA), polyunsaturated fatty acids (PUFA), monounsaturated fatty acids (MUFA). The fat-rich diets consisted of standard chow (SDS, breeding diet no. 3, RM3) supplemented with the extra oils, 20% w/w. Vitamins, minerals and proteins were added to compensate for the dilution effect of the various dietary fats on a w/w basis. All diets contained the recommended minerals and vitamins (AIN93G).

were allocated to one of four experimental diets (Special Diet Services, UK): control chow containing 4% fat (corn oil, 21% protein, 49% carbohydrate), saturated fatty acid rich (SFA; 20% palm oil and 4% corn oil, 20% protein, 35% carbohydrate), monounsaturated rich (MUFA; 20% rapeseed oil and 4% corn oil, 20% protein, 35% carbohydrate) and polyunsaturated fatty acid rich (PUFA; 24% corn oil, 20% protein, 35% carbohydrate).

The fatty acid content of the diets is shown in Table 1. Diets were fed *ad libitum* for 10 days prior to mating, during pregnancy and to the end of weaning. Food intake and body weight were monitored throughout pregnancy, and within 48 h of birth, litters were culled to four male and four female offspring to standardize milk availability during suckling. From weaning onwards, all offspring were fed a control diet containing 4% corn oil (RM3, Special Diet Services, UK) *ad libitum*. One male and one female from each litter were studied.

Tissue harvesting

At 6 months of age, offspring were killed by cervical dislocation and organs dissected on ice. The cerebral frontal cortex, renal cortex, left lobe of the liver and the cardiac left ventricle were rinsed in cold physiological saline solution and either kept in cooled (4°C) buffer for immediate assay of Na⁺,K⁺-ATPase activity or snap frozen in liquid nitrogen and stored at -80°C for subsequent mRNA and protein analysis.

Na⁺,K⁺-ATPase activity assay

Tissues ($n = 10$ male and female animals per diet group) were homogenized in an ice-cold buffer (250 mM sucrose, 5 mM EDTA and 20 mM imidazole in distilled water) and an aliquot frozen (-20°C) for determination of protein content at a later date (Lowry Protein Assay, Biorad DC protein assay, Biorad, Hercules, CA, USA). Protein concentration assays were carried out on groups of banked frozen samples according to manufacturer's instructions.

The Na⁺,K⁺-ATPase assay is based on Na⁺,K⁺-ATPase hydrolysis of ATP to ADP with the liberation of a phosphate molecule; thus, the amount of liberated phosphate is a marker of pump activity (Else *et al.* 1996). The detailed protocol is described elsewhere (Armitage *et al.* 2005). Briefly, tissue homogenates were incubated in the presence of excess (30 mmol) ATP. Ouabain (1 mM) was used as a selective inhibitor of Na⁺,K⁺-ATPase activity to estimate non-specific phosphate generation. Phosphate liberation was detected with a colourimetric reagent (absorbance at 750nmSunrise TS, Tecan Ltd, Reading, UK) and calculated by comparison to a standard curve containing PO₄. Total Na⁺,K⁺-ATPase activity was determined as the difference in inorganic phosphate liberated in the presence and absence of ouabain (expressed as $\mu\text{mol PO}_4 \text{ (mg protein)}^{-1} \text{ h}^{-1}$).

Expression of Na⁺,K⁺-ATPase mRNA (semi-quantitative real-time PCR)

Total RNA was extracted by the method of Chomczynski & Sacchi (1987) using Trizol (Qiagen, Hilden, Germany) stored at -80°C from the time of snap-freezing until use.

RNA quality and quantity were assessed by spectrophotometry (260 nm Nanodrop 1000, ThermoFisher Scientific, UK). Real-time quantitative PCR was performed using a 7000 Sequence Detection System (Applied Biosystems, UK) using Standard Fluorescent label (FAM) primers and probes designed with Primer Express 2.0 software (Applied Biosystems, UK). Reactions were amplified as followed: 1 cycle at 50°C for 2 min, and 95°C for 10 min, followed by 40 cycles at 95°C for 15 s, 60°C for 1 min. Each reaction included a Standard Fluorescent label (VIC) probe for 18 s RNA served as an internal standard. Identities of PCR products were confirmed by their sizes in 2.5% agarose gel stained with ethidium bromide (0.5 $\mu\text{g ml}^{-1}$), and quantified with the standard curve method, adjusted for the 18 s RNA expression.

Quantification of Na⁺,K⁺-ATPase protein (immunoblotting)

Fragments of cerebral and renal cortex (60–100 mg, $n = 3$ per diet group) were homogenized (1 : 10) in SDS-PAGE sample buffer (Bio-Rad, UK) using a 1 ml glass tissue grinder, diluted 1 : 1 with 2 \times sample buffer (with 5% BME) + 5 : 1 DTT and denatured by heating to 60°C for 10 min, and proteins were separated by SDS-PAGE (~20 μg protein per lane) on 8% polyacrylamide gels (Bio-Rad Mini Protean III, Bio-Rad, UK). Electrophoresis was carried out according to the method of Laemmli (1970). After electrophoresis, samples were transferred to polyvinylidene difluoride (PVDF) membranes using a semi-dry blotter (Bio-Rad). To reduce non-specific binding, PVDF membranes were blocked with 10% skimmed milk in phosphate-buffered saline (overnight, 4°C). Membranes were incubated for 3 h at room temperature in primary antibodies raised against various Na⁺,K⁺-ATPase subunits: combined $\alpha 1/\alpha 2$ (1 : 1000, monoclonal $\alpha 5$ antibody, University of Iowa Hybridoma Bank), $\alpha 1$ (1 : 1000, monoclonal $\alpha 6\text{F}$, University of Iowa Hybridoma Bank), $\alpha 2$ (1 : 1000, monoclonal McB2, University of Iowa Hybridoma Bank), $\alpha 3$ (1 : 1000, monoclonal XVIF9-G10, Affinity Bioreagents), $\beta 1$ (1 : 1000, polyclonal, Upstate Biotechnology), antibodies developed to distinguish total phospholemman (total PLM), phospholemman phosphorylated at serine 68 (the PKA site, S68PLM) and phospholemman phosphorylated at serine 63 (which, along with S68, is phosphorylated by PKC, S63PLM) have been previously described (Silverman *et al.* 2005).

Binding was detected with HRP-linked secondary antibodies raised in appropriate species (1 : 10 000 Upstate Biotechnology, USA) and then visualized by enhanced chemiluminescence (ECL) and ECL Plus systems (Amersham Biosciences, UK). Images were digitized using a flatbed scanner (HP Scanjet 11C) and the digitized image then quantitatively analysed (NIH Image

software, NIH, Baltimore, MD, USA). Measurements were taken using a minimum of two exposures from blots, to ensure that signals were within the linear range of the film. After obtaining images, blotting integrity was confirmed by staining PVDF membranes with 0.25% Coomassie Brilliant Blue in 10% acetic acid and 50% methanol.

Statistical analyses

Na^+, K^+ -ATPase activity was analysed by 2-way ANOVA with maternal diet and gender as independent variables. Where there was no significant main effect of gender, it was removed from the analysis to conserve power. The activity was analysed separately for each tissue and data are presented as mean \pm S.E.M. *N* values vary in some experiments where the biochemical activity assay showed significant variability between replicates and was thus considered unreliable. Only males were analysed in the real-time PCR experiment and therefore data were

analysed by 1-way ANOVA with maternal diet as the independent variable. Immunoblotting was carried out on tissue from fewer animals (males only), therefore a non-parametric Mann–Whitney test was used to compare between maternal diets. For ease of presentation, these data are still presented as mean \pm S.E.M.

Results

Activity

There was a significant effect of maternal diet on the biochemical activity of the Na^+, K^+ -ATPase in several, but not all, tissues studied. There was no significant main effect or interaction of offspring gender on Na^+, K^+ -ATPase activity.

Renal cortex (Fig. 1A). Offspring of control ($124 \pm 11 \mu\text{mol PO}_4 (\text{mg protein})^{-1} \text{h}^{-1}$, $n = 20$), MUFA

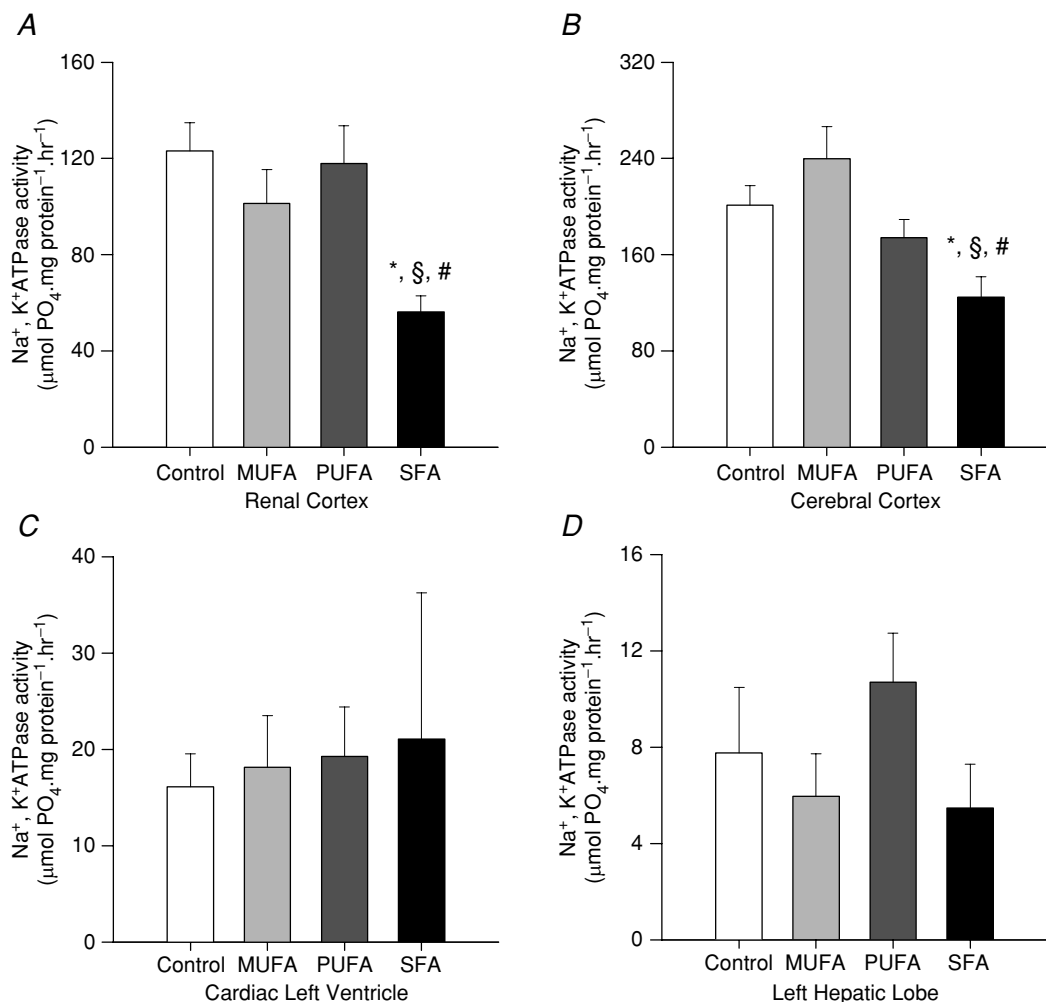


Figure 1. Na^+, K^+ -ATPase activity assay

Maternal saturated fatty acid-rich diets programme reduced Na^+, K^+ -ATPase activity in kidney cortex (A) and brain frontal cortex (B) but not cardiac left ventricular (C) or hepatic tissues (D). Data represent mean \pm S.E.M. ($n = 15\text{--}20$)

* $P < 0.05$ versus control, § $P < 0.05$ versus MUFA, # $P < 0.05$ versus PUFA.

(101 ± 13 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 16) and PUFA (118 ± 15 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 15) -fed dams showed similar renal cortex Na⁺,K⁺-ATPase activity; however, activity in the cortex from offspring of SFA-fed dams was lower than all other diet groups (56 ± 7 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 15, P < 0.02).

Cerebral cortex (Fig. 1B). Na⁺,K⁺-ATPase activity was similar in offspring of control and MUFA dams (201 ± 16 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 20 versus 240 ± 27 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 16) and offspring from PUFA (174 ± 15 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 18). However, offspring of SFA dams (125 ± 17 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 15, P < 0.006) had significantly lower values compared with control animals. In addition, there was a significant difference in Na⁺,K⁺-ATPase activity between offspring of SFA- and MUFA-fed dams (P < 0.0001) but the difference in Na⁺,K⁺-ATPase activity between offspring of SFA- and PUFA-fed dams failed to reach significance (P < 0.07).

Cardiac left ventricle (Fig. 1C). There was no statistically significant effect of maternal diet on Na⁺,K⁺-ATPase activity in this tissue with offspring of control (16 ± 3 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 19), MUFA (17 ± 5 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 13), PUFA (19.3 ± 5.1 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 14) and SFA (21.1 ± 15.5 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 15) -fed dams having similarly low activity.

Hepatic left lobe (Fig. 1D). There was no significant effect of maternal diet on Na⁺,K⁺-ATPase activity in the liver. Offspring of control (8 ± 3 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 19), MUFA (6 ± 2 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 15), PUFA (11 ± 2 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 15) and SFA (6 ± 2 μmol PO₄ (mg protein)⁻¹ h⁻¹, n = 15) -fed dams all demonstrated low Na⁺,K⁺-ATPase activity.

mRNA and protein expression

As significant effects of maternal diet on offspring Na⁺,K⁺-ATPase were observed only in renal and cerebral cortex, mRNA and protein levels were determined in these tissues alone.

Renal cortex (Fig. 2A). The expression of Na⁺,K⁺-ATPase mRNA did not vary significantly with maternal dietary fatty acid intake; offspring of Control (1.00 ± 0.05, n = 10), MUFA (0.96 ± 0.06), PUFA (1.03 ± 0.05, n = 10) and SFA (1.04 ± 0.03, n = 10). This was consistent with a lack of difference in protein expression for combined α1/α2, α1, α2, α3 and β1 subunits (Fig. 2B–F).

Cerebral cortex (Fig. 3A). Na⁺,K⁺-ATPase mRNA expression in cerebral cortex differed significantly with maternal fatty acid intake. Offspring of SFA (0.97 ± 0.03; n = 9) -fed dams demonstrated significantly lower Na⁺,K⁺-ATPase α1 subunit mRNA subunit expression compared with offspring of MUFA (1.2 ± 0.1, P < 0.02 versus SFA) and PUFA (1.17 ± 0.01, P < 0.03 versus SFS) -fed rats, but this was not different from controls (0.99 ± 0.04, n = 10, P = 0.54 versus SFA, Fig. 3A). Protein expression of the α1 subunit was significantly reduced in offspring of SFA-fed dams (0.34 ± 0.06, n = 9) compared with offspring of control (1.0 ± 0.2, n = 10, P < 0.03), MUFA (0.91 ± 0.2, n = 10, P < 0.009) and PUFA (0.81 ± 0.1, n = 10, P < 0.003) -fed dams (Fig. 3B). There was no effect of maternal diet on the protein expression of α2 or α3 subunits (Fig. 3C and D) or total phospholemman (PLM) expression (data not shown). Phosphorylation of PLM was, however, increased significantly at S63 in offspring of SFA-fed dams (1.46 ± 0.2, n = 5) compared with offspring of control (1.0 ± 0.1, n = 5, P < 0.04) and PUFA (1.03 ± 0.1, n = 5, P < 0.05) -fed dams, but not offspring of MUFA (1.13 ± 0.1, n = 5, P = 0.12) -fed dams (Fig. 3E). There was no effect of maternal diet on PLM phosphorylation at the protein kinase A consensus site (S68) PLM in offspring brains (Fig. 3F).

Discussion

This study has shown that exposure during gestation and suckling to a diet rich in saturated fatty acids, leads to reduction in Na⁺,K⁺-ATPase activity in rat brain and kidney compared with the other high fat diets or with controls, but not in the liver or heart. Furthermore, the mechanism leading to reduced Na⁺,K⁺-ATPase activity in brain and kidney is likely to be different since in the cerebral frontal cortex, SFA offspring showed reduced α1 mRNA expression compared with MUFA and PUFA, and reduced α1 subunit protein. In contrast, mRNA for the α1 subunit of the Na⁺,K⁺-ATPase and protein levels of total α, α1, α2, α3 or β1 subunits were not significantly altered in renal cortex from any diet group. Moreover, maternal fat intake was not associated with any alteration in Na⁺,K⁺-ATPase activity in liver or left cardiac ventricle tissues. These observations indicate that the mechanism underlying reduced Na⁺,K⁺-ATPase activity is tissue specific and may, in fact, suggest that the primary programmed change lies not in Na⁺,K⁺-ATPase subtypes but rather at a higher order gene that controls the transcription of these subunits. The role of tissue phospholipid content in modulating enzyme activity is also a likely factor that contributes to the phenotype.

The *in vivo* regulation of Na⁺,K⁺-ATPase activity is influenced acutely in response to changing intracellular

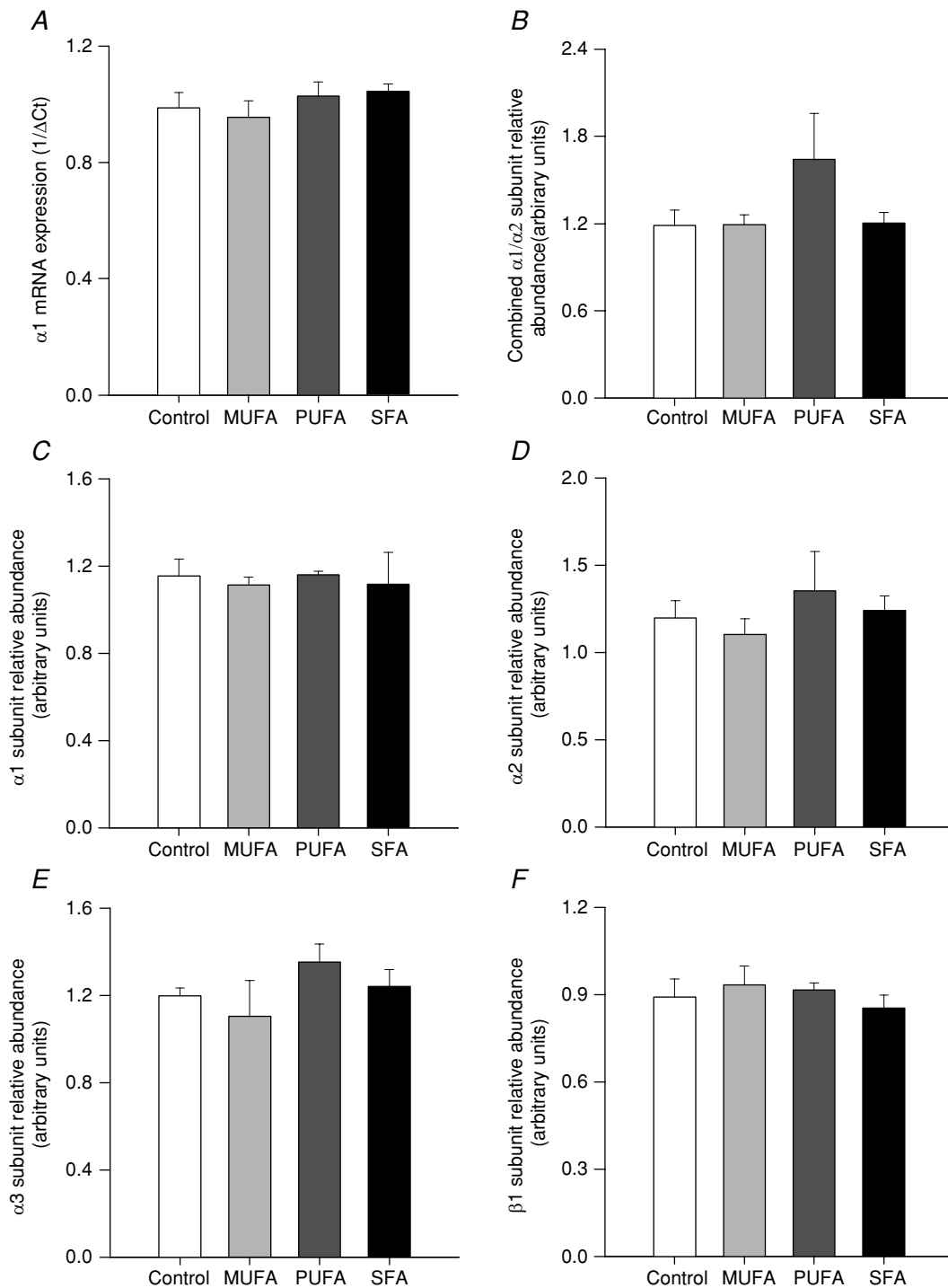


Figure 2. Reduced Na⁺,K⁺-ATPase activity in the kidney is not associated with altered subunit mRNA expression or protein abundance

A, mRNA expression of Na⁺,K⁺-ATPase $\alpha 1$ subunit by semi-quantitative real-time PCR in offspring kidney cortex is not statistically significantly associated with maternal fatty acid intake. Data represent mean \pm s.e.m. ($n = 10$ per group). Quantification of immunoblotting for Na⁺,K⁺-ATPase subunit proteins does not reveal a statistically significant association with maternal high-fat diets for mixed $\alpha 1/\alpha 2$ (B), $\alpha 1$ (C), $\alpha 2$ (D), $\alpha 3$ (E) or $\beta 1$ subunits (F). Data represent mean \pm s.e.m. ($n = 3-5$ per group).

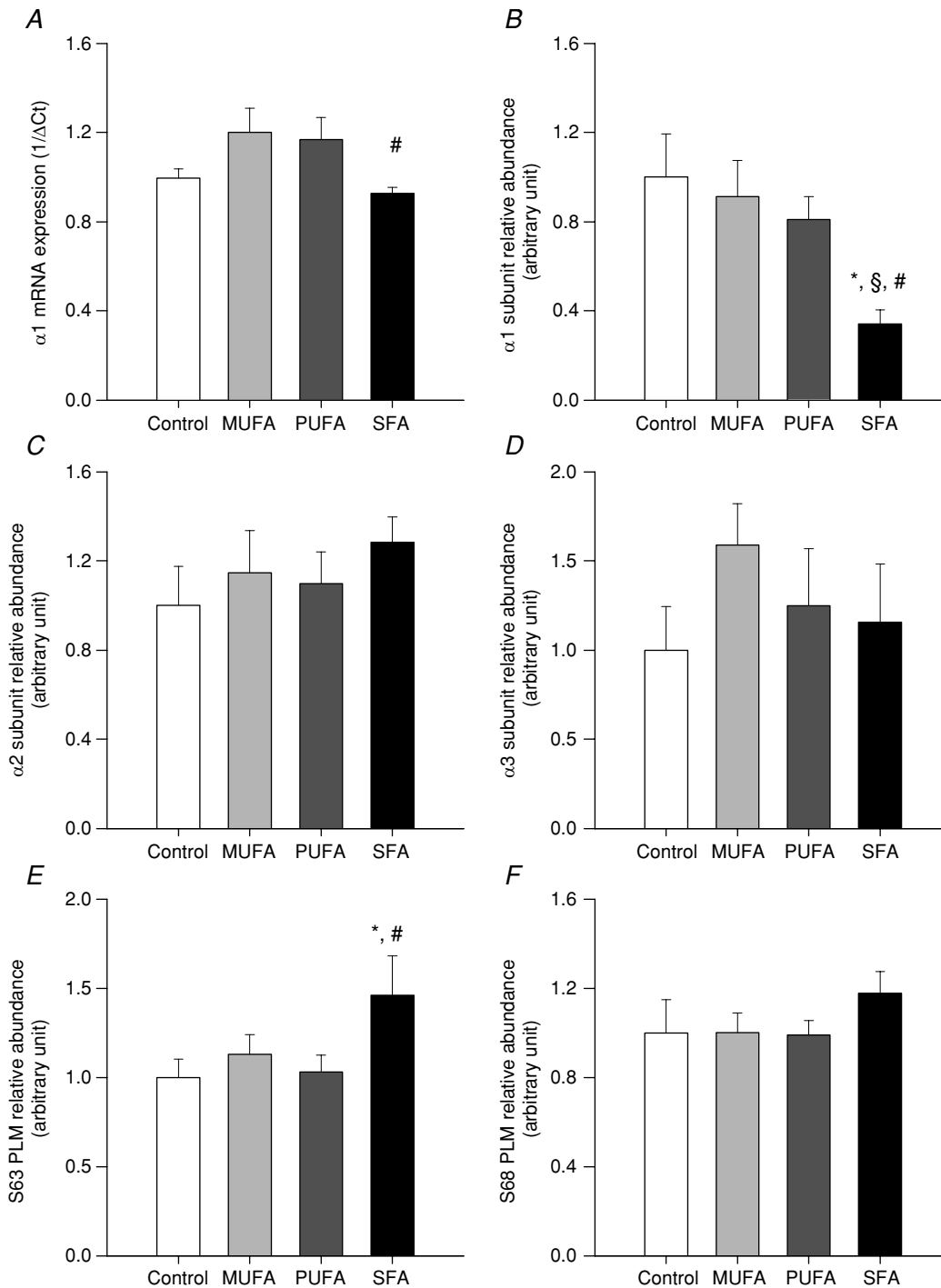


Figure 3. Reduced Na⁺,K⁺-ATPase activity in the brain is associated with reduced subunit mRNA expression and protein abundance

A, mRNA expression of the Na⁺,K⁺-ATPase α1 subunit by semi-quantitative PCR in offspring brain is significantly lower in offspring of SFA-fed dams when compared with offspring of MUFA- and PUFA-fed dams. Data represent mean ± s.e.m. (*n* = 9–10 per group). Quantification of immunoblotting for Na⁺,K⁺-ATPase subunits revealed that offspring of SFA-fed dams had significantly lower α1 subunit abundance (B) when compared with all other groups but there was no effect of maternal diet on α2 (C) or α3 (D) subunit abundance. Immunoblotting for the accessory protein phospholemman revealed a statistically significant increase in phosphorylation at serine residue 63 (E) in offspring of SFA-fed rats compared with offspring of control and PUFA-fed rats but not offspring of MUFA-fed dams. F, there was no significant association between maternal diet and phosphorylation at serine residue 68. Data represent mean ± s.e.m. for *n* = 3–5 per group. **P* < 0.05 versus control, §*P* < 0.05 versus MUFA, #*P* < 0.05 versus PUFA.

Na⁺ concentrations or activation by peptide hormones that regulate anion transport or cell surface expression. In the present study, the assay of Na⁺,K⁺-ATPase activity is conducted on *ex vivo* cellular fractions in a buffer with pre-determined and fixed [Na⁺], [K⁺], osmolarity and [ATP], so our finding of reduced pump activity is unlikely to be due to alterations in intracellular [K⁺], [Na⁺] or [ATP].

Changes in the phosphorylation of the cytoplasmic tail of PLM (principally at S63 and S68) also acutely regulate Na⁺,K⁺-ATPase activity. Chronically, activity is modulated by mineralocorticoid or thyroid hormone-mediated changes in the transcription of α - and/or β -subunit genes. Phospholemman, is a member of the FXFD family of accessory proteins – tissue-specific regulators of Na⁺,K⁺-ATPase activity. PLM (FXFD1) is abundantly expressed in the brain but sparsely expressed in kidney where FXFD2 (the γ subunit) predominates. In its unphosphorylated form, PLM reduces both the Na⁺ affinity and V_{\max} of the Na⁺,K⁺-ATPase (Crambert *et al.* 2002; Han *et al.* 2006; Bell *et al.* 2008). Epigenetic or programmed alteration in the expression or phosphorylation of phospholemman could therefore mediate changes in Na⁺,K⁺-ATPase in the frontal cortex of SFA offspring. However, total PLM expression was unchanged in frontal cortex while phosphorylation at S63 increased. This may represent a compensatory attempt to maintain Na⁺,K⁺-ATPase activity in the face of a substantial (66%) decrease in the expression of the $\alpha 1$ subunit, the subunit preferentially regulated by phospholemman (Silverman *et al.* 2005).

Alternatively, programmed alteration of phospholipid membrane biomechanical properties offers an explanation for the mechanism by which Na⁺,K⁺-ATPase activity could be reduced in renal cortex in the presence of unaltered mRNA expression and protein abundance. Fatty acids form the basis of bi-phospholipid membranes of mammalian cells, and the composition of fatty acids that are incorporated into any membrane govern the structural and biochemical properties of that membrane. As a rule, incorporation of polyunsaturated fatty acids into phospholipid bi-layers, results in a membrane that displays greater disorder and thus facilitates the conformational changes that proteins undergo when activated (Fleischer & Rouser, 1965; Niu *et al.* 2004), including Na⁺,K⁺-ATPase. Consistent with this, Bourre *et al.* (1989) demonstrated that weanling rats fed a diet low in n-3 PUFA display reduced Na⁺,K⁺-ATPase activity in nerve terminals. Additionally Gerbi *et al.* (1999) have shown decreased Na⁺,K⁺-ATPase activity and altered subunit Na⁺ affinity in brain extracts from rats fed omega-3-deplete diets that the authors attribute to changes in the lipid environment. Our finding of reduced Na⁺,K⁺-ATPase activity but unchanged gene and protein expression in kidney may be explained by a reduction in membrane

fluidity and enzyme activity as a result of perturbed phospholipid composition in renal tissues. To date we are not aware of data that provide renal phospholipid profiles in offspring of fat-fed rats; however, we have shown previously that exposure to a lard-rich diet (Ghebremeskel *et al.* 1999; Ghosh *et al.* 2001), or diet deficient in essential omega-3 polyunsaturated fatty acids (n-3 PUFA) (Armitage *et al.* 2003; Li *et al.* 2006) results in a permanent reduction of Docosahexaenoic acid in membrane phospholipids from brain, liver, aorta and heart. Data from the present study appear to support the hypothesis that diets rich in omega-3 PUFA increase brain Na⁺,K⁺-ATPase activity. Figure 1B shows that offspring of MUFA (which also contains omega-3 PUFA) -fed rats have a slight increase in Na⁺,K⁺-ATPase activity compared with controls.

Our present study also highlights the fact that control of the Na⁺,K⁺-ATPase is very complex. There appears to be compensatory mechanisms at play because there is no clear pattern of reduced activity, mRNA and protein for any dietary group. These apparent discrepancies suggest that the programmed deficit may not lie solely with Na⁺,K⁺-ATPase subunits but that post-expression or post-translational modifications occur to the ATPase subunits. Such a process may well be modulated by the activity of microRNAs (miRs). MicroRNAs are short (~20 nucleotide), non-coding RNAs that have recently been recognized to modify mRNA translation by RNA cleavage or by interfering with mRNA binding. A recent study suggests that the expression of the $\alpha 1$ unit of the Na⁺,K⁺-ATPase is subject to repression by miR-143 (Michael *et al.* 2003) and cites a range of colon cancer models that are characterized by accumulation of miR-143. There are no reports of deranged miR expression in models of developmental programming to date.

The recent demonstration in two different models of developmental programming of alteration in Na⁺,K⁺-ATPase expression may suggest this is a common or 'gate keeper' gene, susceptible to epigenetic influences or plasma membrane alteration acquired during development. Interestingly, reports of increased or decreased Na⁺,K⁺-ATPase expression come from differing models, highlighting the specificity of the processes that underlie programming of the Na⁺,K⁺-ATPase. Wyrwoll *et al.* (2007) have shown enhanced renal Na⁺,K⁺-ATPase $\alpha 1$ in 6-month-old offspring of rat dams treated with dexamethasone, whereas Battista *et al.* (2005) report reduced Na⁺,K⁺-ATPase $\beta 1$ protein in the hearts of a rat model of intrauterine growth restriction.

The mechanisms underlying the detrimental influence of the saturated fat-rich diet in the dams on offspring Na⁺,K⁺-ATPase require further exploration, including measurement of membrane fluidity and fatty acid content in the renal cortical cell membrane. In view of the increasing evidence for altered methylation status and

histone acetylation in dietary-induced modulation of gene expression in animal models of developmental programming (Gallou-Kabani & Junien, 2005), it would be of interest to investigate methylation status of the promoter regions of the various Na⁺,K⁺-ATPase isoforms as a potential mechanism for altered function in the cerebral cortex. In rat, the 5' end of the gene coding for the β 2 subunit contains a site that is prone to chromatin remodelling (Alvarez de la Rosa *et al.* 2002) and at least one cytosinc-guanosinc island although this region is methylation free. Moreover, incubation of brain microsomes, from adult rats, with low (< 1.6 μ M) or high (> 100 μ M) S-adenosylmethionine, a ubiquitous methylating enzyme, results in a reduction in Na⁺,K⁺-ATPase activity (Hattori & Kanfer, 1984), confirming that at least one or more of the subunits are prone to methylation.

The 'programmed' alteration in activity of this enzyme in brain and kidney, both strongly dependent on Na⁺,K⁺-ATPase for normal physiological function, could contribute to altered renal function, and potentially to alteration in cognitive function. There is evidence that supplementing the maternal diet with long-chain n-3 PUFA from 18 weeks of gestation to 3 months post-partum is associated with a higher mental processing composite score in children at 4 years of age (Helland *et al.* 2003). A recent report has documented abnormal behavioural responses in rats subjected to a lard-rich diet immediately post-weaning (Boukouvalas *et al.* 2008) and mice fed omega-3 PUFA-deficient diets from post-natal day 2–21 only, showed impaired learning (Fedorova *et al.* 2007). Further insights as to the role of maternal fat intake on offspring cognitive function and the role of the Na⁺,K⁺-ATPase are warranted.

We have previously reported an elevation of blood pressure in the offspring of lard-fed dams (Khan *et al.* 2003), in which renal dysfunction could play a contributory role.

The role of the Na⁺,K⁺-ATPase in the kidney is to establish the sodium and osmotic gradients by which all other processes of sodium exchange and osmotic pressure act. Therefore, a reduction in the activity of the renal Na⁺,K⁺-ATPase would be predicted to result in shifted pressure natriuresis curves, altered renin concentration and a requirement for increased sodium reabsorption in the proximal tubule – perhaps mediated by aldosterone. Long-term changes in sodium gradients may lead to low renin hypertension (Haddy & Pamnani, 1984) and ouabain, or ouabain-like factors that inhibit the ATPase have long been associated with hypertension (de Wardener, 1997; Haddy & Pamnani, 1998). Renal function is yet to be rigorously assessed in developmental programming models of maternal fat feeding in rats, and future behavioural studies in the offspring of dams fed the SFA diet and of renal function including renal

clearance, fractional sodium excretion and the blood pressure response to a salt load would provide further insight.

In conclusion, this study provides further evidence to support prolonged effects of maternal dietary factors on the developing offspring. In particular, the study supports the hypothesis that maternal dietary saturated fats may have persistent and deleterious influences on the enzyme Na⁺,K⁺-ATPase which, in turn, could lead to increased risk of adulthood disease.

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