

Brain Mapping as a Tool to Study Neurodegeneration

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Summary: Alzheimer's disease (AD) is the most common neurodegenerative disorder for those 65 years or older; it currently affects 4.5 million in the United States and is predicted to rise to 13.2 million by the year 2050. Neuroimaging and brain mapping techniques offer extraordinary power to understand AD, providing spatially detailed information on the extent and trajectory of the disease as it spreads in the living brain. Computational anatomy techniques, applied to large databases of brain MRI scans, reveal the dynamic sequence of cortical and hippocampal changes with disease progression and how these relate to cognitive decline and future clinical outcomes. People who are mildly cognitively impaired, in particular, are at a fivefold increased risk of imminent conversion to

dementia, and they show specific structural brain changes that are predictive of imminent disease onset. We review the principles and key findings of several new methods for assessing brain degeneration, including voxel-based morphometry, tensor-based morphometry, cortical thickness mapping, hippocampal atrophy mapping, and automated methods for mapping ventricular anatomy. Applications to AD and other dementias are discussed, with a brief review of related findings in other neurological and neuropsychiatric illnesses, including epilepsy, HIV/AIDS, schizophrenia, and disorders of brain development. **Key Words:** Brain mapping, MRI, dementia, mild cognitive impairment, Alzheimer's disease, schizophrenia, depression, human brain development.

INTRODUCTION

The possibility of creating maps that localize cognitive functions and disease-related changes to discrete brain regions has long fascinated the scientific world. Perhaps the most celebrated brain mapping achievement was Brodmann's cytoarchitectonic map, which in the early 20th century distinguished 52 cortical subregions based on their differences in thickness, lamination, neuronal type, and staining characteristics.¹ Since the advent of noninvasive neuroimaging, brain maps have evolved to consist of sophisticated multimodal and multidimensional digital atlases that cover the human life span and represent a variety of diseases and their progression.²

Neurodegenerative diseases are a large group of neurologic disorders that share a similar pathophysiology. The vast majority are associated with the intracellular or extracellular deposits of abnormal proteins and those affected present with significant neurologic and cognitive dysfunction.³ The present review will focus mainly on the most prevalent neurodegenerative disorders, Alz-

heimer's disease (AD) and related dementias. We will also briefly summarize recent brain mapping advances in some other progressive neurologic and psychiatric disorders, such as schizophrenia, epilepsy, HIV/AIDS, and abnormal brain development.

Alzheimer's disease is the most common neurodegenerative disorder in those 65 years or older. It results from the pathological accumulation of two highly amyloidogenic proteins, A-beta and tau.³ It currently affects 4.5 million people in the United States, and this is projected to rise to 13.2 million by the year 2050.⁴

Clinically, AD is preceded by a transitional cognitive state called mild cognitive impairment (MCI), in which persons experience memory or other cognitive changes but continue to lead an independent lifestyle.⁵ As AD pathology builds up, cognitive decline relentlessly progresses. Autonomy in daily living becomes increasingly difficult, and most patients eventually become fully dependent on others for even the most basic activities of daily living, such as toileting or eating. The profound social, economic, and emotional burden of AD has brought AD research to the forefront as one of the most pressing health problems of the 21st century. Currently available treatment options for AD patients are limited to symptomatic therapeutic agents, which have not con-

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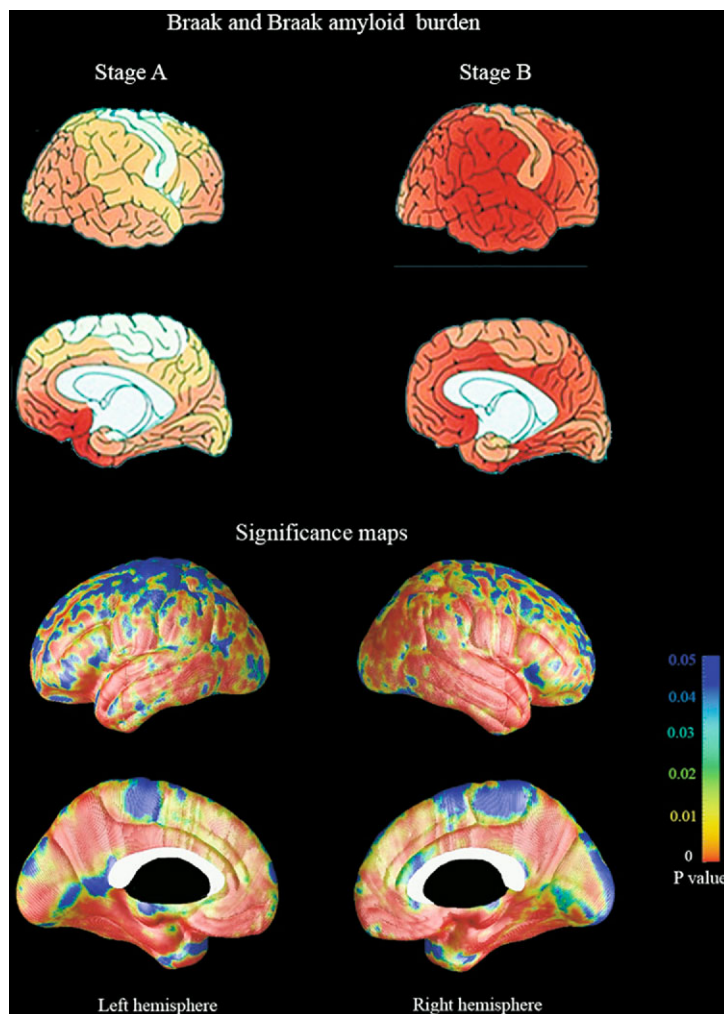


FIG. 1. A cross-sectional three-dimensional (3D) MRI study used the cortical pattern-matching technique to compare the gray matter density differences between mild Alzheimer's disease (AD) (mean Mini-Mental State Examination score MMSE = 23.8) and amnesic mild cognitive impairment (MCI) (mean MMSE = 28.2).⁷¹ The top half shows illustrations of Braak and Braak stages A and B for amyloid plaque burden. The bottom half shows the statistical comparison maps between the groups. Despite the small mean differences on a global cognitive measure (the MMSE), profound and widespread cortical atrophy is evident in mild AD versus amnesic MCI.

vincingly been shown to slow disease progression. With several disease-modifying agents at various stages of clinical testing, researchers are working in parallel to develop the most sensitive combinations of clinical and biologic markers for early or even preclinical diagnosis, and to track disease progression and neurotherapeutic effectiveness.

CONVENTIONAL NEUROIMAGING TECHNIQUES AS DISEASE BIOMARKERS IN AD

The earliest brain changes in AD occur in the entorhinal cortex and the hippocampus, where neurofibrillary tangles (NFTs) initially accumulate. These early events are followed by a spread of NFTs to the inferior and lateral temporal, then parietal, occipital, and finally frontal cortices. The amyloid neuritic plaques originate in the

lateral temporal neocortex and then spread to the inferior temporal, parietal, occipital, and frontal association cortices^{6,7} (FIG. 1, top).

As the earliest sites to accumulate NFT pathology, the hippocampus and entorhinal cortex have become the most studied brain regions in AD. They have been traditionally examined in structural brain images with a region-of-interest (ROI) technique. ROI techniques typically compute an overall volume for each brain structure, based on manual or automated delineations in serial sections of a subject's MRI.

To ensure adequate reliability in defining the structure boundaries, a formalized anatomical protocol is typically used, with detailed rules to guide image analysts in segmenting the structure with high reliability and consistency across raters. Automated, computer vision algorithms have also been developed to delineate these

structures automatically on MRI, but none of these are as yet widely used.^{8–10} Reliable automated segmentations are difficult to obtain in the medial temporal lobe, because anatomical boundaries are complex and image contrast is often low and is even affected by the disease process. The a priori knowledge that these structures are involved in MCI and AD makes ROI-based analysis a powerful approach, but not one that permits detailed investigation of the underlying complex structure of the hippocampus. Nevertheless it was through this technique that the hippocampus and entorhinal cortex were established as the most prominent imaging biomarkers in AD.

Hippocampal atrophy occurs in normal aging at an estimated rate of ~1.6–1.7% annually.^{11,12} In MCI and AD, the yearly atrophy rates are severalfold higher (2.8% for stable MCI, 3.7% for MCI who convert to AD, and 3.5–4% for AD subjects).^{11,12} Additionally, smaller average hippocampal volume in MCI carries an increased risk (odds ratio of 1.75) for future conversion to AD over a follow-up period of 1.2–4.8 years.¹³ Similarly, in genetically predisposed AD patients with autosomal dominant mutations, progressive hippocampal atrophy is detected as much as 5.5 years before clinical diagnosis of AD can be established.¹⁴

As useful a simple measure as regional volume can be, it nonetheless does not adequately capture the complex profile of disease progression, which involves selective changes in certain hippocampal subfields. From the entorhinal cortex, NFTs spread first to the CA1 (cornu ammonis 1) and subiculum, then to the CA2/3 and finally to the CA4 hippocampal subfield.¹⁵ Newer techniques (discussed under Brain mapping as a tool to study neurodegeneration, the next section) can now better localize discrete subregional changes that can predict disease progression in MCI. Subregion-specific changes between AD and MCI can also be related to known cytoarchitectural subdivisions.^{16,17}

The entorhinal cortex has likewise been extensively studied with ROI techniques, and its predictive value for future cognitive decline in MCI is well established.^{18–21} The annual rate of 1.4% entorhinal cortical atrophy in normal aging is far surpassed by the pathological 7% average annual loss observed in AD.²² The ROI technique is well suited for the simple sheet-like structure of the entorhinal cortex; however, significant technical challenges stem from its substantial anatomical variability, ambiguous boundaries, and the lack of a widely embraced tracing protocol—this last making between-study comparisons challenging. A major limitation of the ROI approach for the entorhinal cortex lies in its focus on one important but small area of the brain in a neurodegenerative disease that affects the cortex in its entirety.

Voxel-based morphometry (VBM) is a newer image analysis technique that can simultaneously identify multiple areas of cortical and subcortical degeneration. It has

provided significant insights into the gray matter changes in AD and, more recently, also in MCI. Initially applied to studies of schizophrenia,²³ VBM was subsequently implemented in the widely used Statistical Parametric Mapping software package (Wellcome Department of Imaging Neuroscience, University College London, London, UK).^{24–26}

The standard VBM method classifies each subject's three-dimensional (3D) brain MRI scan into individual maps that are representative of gray and white matter and CSF tissue classes. The gray matter images from all subjects are then aligned to a common template before the results are averaged. The intensity of these spatially normalized gray matter maps is spatially smoothed with a filter,^{24,27,28} and group differences or associations with cognitive scores are assessed by fitting a statistical model (typically multiple regression) at each image location. Statistical differences are then shown as a spatial map.

The most common statistical analysis in VBM fits the general linear model (GLM) to the data (gray matter density) from all subjects at each image location, or voxel. This identifies voxels where tissue density relates to covariates of interest (e.g., diagnosis or cognitive scores) after discounting confounding effects (e.g., age, sex, or educational level). As in more traditional volumetric studies, a measure of total gray matter or overall cerebral volume may be used as a covariate of interest, to detrend brain size or global atrophy effects from the data. Including the overall amount of gray matter as a covariate in the model enables detection of gray matter that is regionally specific, beyond any global differences.

Some caveats are required in interpreting the findings of VBM, because it can infer local anatomical differences 1) from systematic image registration errors in one group relative to the other and 2) from systematic shifts in unaffected regions that result from differences in truly affected structures.^{29,30} In response to such criticisms, the VBM authors improved the method to better reflect volumetric differences between subjects, and to avoid incorrect localization of group differences that can occur due to imperfect registration of the images.²⁵

With the original VBM approach, comparisons of gray matter density alone across subjects do not fully reflect volume differences between subjects, because they do not contain information on the expansions and contractions needed to match the subject to the common template. The modulated, or optimized, VBM method²⁷ addresses this issue by multiplying (modulating) the voxel intensity values of the spatially normalized gray matter maps by the corresponding Jacobian determinant (expansion factor) of the deformation fields, so that the total amount of gray matter at each voxel, which is the product of the gray matter density and the volume of the deformed voxel, remains unchanged during warping. The method then reveals systematic volume differences for

any brain region, assuming the warping process matches anatomy correctly across subjects. A conceptually similar approach (RAVENS) has been proposed by Davatzikos et al.³¹ and has been used successfully in studies of degenerative disease.

VBM still has some limitations, stemming from the inherently low spatial resolution caused by spatial smoothing of the gray matter maps in order to control for interindividual cortical variability. Governed by the full width at half-maximum of the smoothing kernel (most commonly 12 mm; see Salmond et al.³² for different choices), the spatial resolution of VBM is limited. By the matched filter theorem, larger smoothing filters make it easier to detect diffuse or widespread effects, at the expense of blurring observations from different anatomic regions. Smoothing 1) partly accounts for registration errors and reduces interindividual variance, increasing detection sensitivity, and 2) makes the data a better approximation to a Gaussian random field. This normality of the residuals is a requirement if parametric statistics are used in later processing.

Several VBM studies have documented gray matter atrophy in the temporal, posterior cingulate, and precuneal cortex in AD relative to normal controls.^{33–36} As expected, these differences are less profound between MCI and AD and between MCI and normal aging. Thus, in agreement with clinical observations that place MCI between normal cognitive aging and AD based on atrophy severity, MCI likewise appears to be intermediate between normal aging and AD.^{37–39} Progressive brain atrophy has been documented in MCI subjects who have declined (and even in those who have remained stable), providing evidence for a neurodegenerative etiology and advancing disease pathology in the latter as well.⁴⁰ Whole brain size and ventricular size are powerful predictors of future cognitive decline throughout the spectrum of normal aging to onset of AD.¹³

The predictive role of VBM was persuasively demonstrated in a study of 28 asymptomatic carriers of dominantly inherited genetic forms of early-onset AD. Subjects who converted to dementia had an annual brain volume loss of 5%, compared with only 0.1% in those who remained cognitively intact.⁴¹ Ventricular enlargement appears to have a higher predictive value in the earlier transition stages as opposed to the later stage—that is, from normal cognition to MCI or AD and less so from MCI to AD.^{13,42} VBM has also been used to reveal the spatial profile of aging and gender effects in normal subjects,^{28,43,44} frontotemporal and Lewy body dementia,^{45–48} Parkinson's disease, and even herpes simplex encephalitis.⁴⁹

For analysis of cortical gray matter atrophy, VBM may not be optimal. Gyral and sulcal features are highly convoluted, and individual gyri or sulci are not readily distinguished based on image intensity alone. As a result,

most automated image warping algorithms, relying on image intensities to match anatomical features, fail to match cortical gyri across subjects in morphometric comparisons. This leads to a lack of power in detecting and localizing subtle cortical differences. In response, surface-based modeling methods have used specific cortical features as constraints to guide the matching of anatomy across subjects. Some of these methods also compute the cortical gray matter thickness directly in three dimensions based on an explicit model of the cortical surface geometry or on successive coding of voxels within the gray matter sheet.^{50,51}

BRAIN MAPPING AS A TOOL TO STUDY NEURODEGENERATION

Several powerful brain mapping techniques have emerged since the mid-1990s. Many rely on computational anatomy, a mathematical brain modeling approach in which brain surfaces and subvolumes are viewed as complex geometrical patterns and are modeled as 3D continuous mesh models (or deformable shapes) that can be averaged and combined across subjects, and on which statistics can be defined. (Gee and Thompson⁵² have provided a recent review of the field.) The anatomical images thus represent deformable templates that are elastically or fluidly transformed into a similar shape, most commonly onto the study group average, an atlas average, or another subject's brain shape.

Some of these techniques explicitly model brain anatomy; for instance, they may use surface landmarks as constraints (e.g., sulci). These techniques readily allow for an accurate alignment of surface specific geometrical patterns (e.g., gyri) and help to precisely colocalize identical cortical and subcortical regions without sacrificing the underlying details contained in the measure of interest (e.g., cortical thickness, gray matter density, or functional activation) (FIGS. 1 and 2). The resulting anatomical coregistration increases the power to characterize cortical and subcortical disease patterns and detect subtle disease-associated changes.

One newer technique to localize changes within the brain is known as tensor-based morphometry (TBM). TBM relies on a fully automated fluid warping to spatially register cortical and subcortical structures in cross-sectional and longitudinal imaging datasets (see Chiang et al.⁵³ for mathematical details). When TBM is used to map brain changes over time, the follow-up (repeat) image is first globally aligned to the baseline scan, and then a 3D elastic or fluid image deformation is used to maximize the mutual information (or a related information-theoretic measure of correspondence) between the two consecutive scans. This fully 3D deformation reconfigures the baseline anatomy into the shape of the follow-up scan. The expansion or contraction at each image

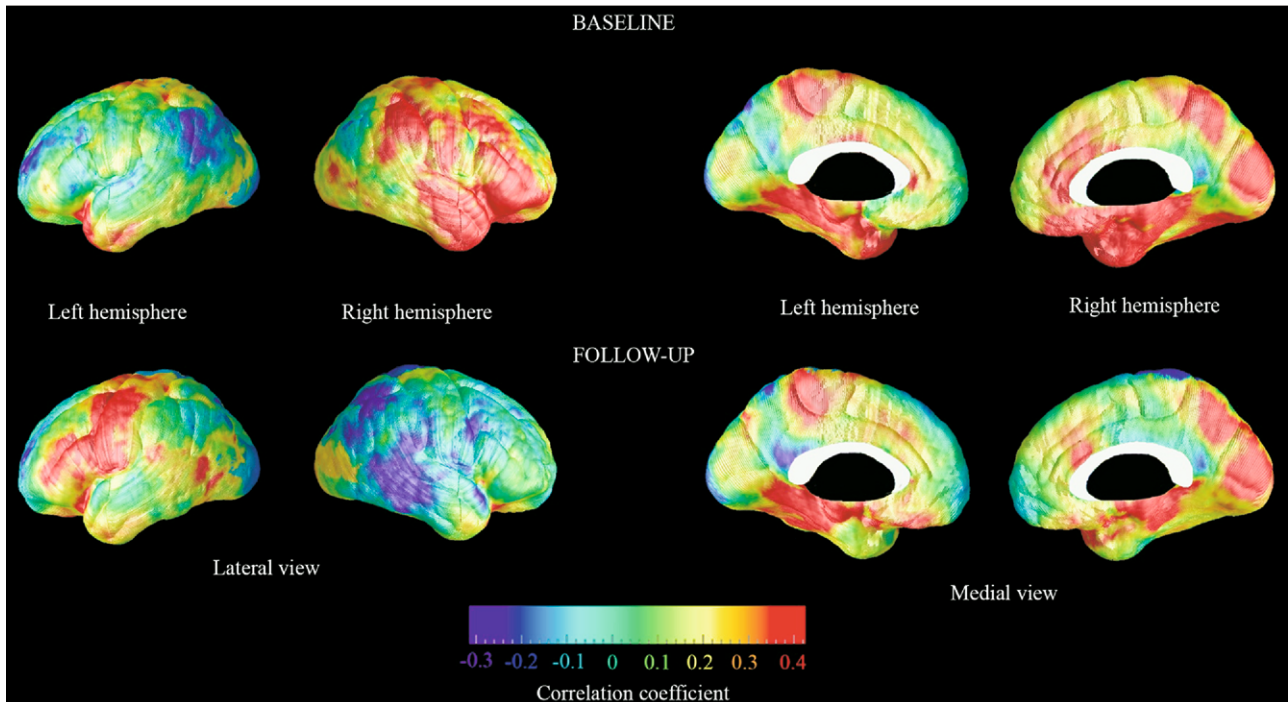


FIG 2. This longitudinal 3D [^{18}F]fluorodeoxyglucose PET study investigated changes in brain metabolism in 6 cognitively normal elderly and 16 MCI subjects over a 21-month period. At follow-up, two normal subjects were diagnosed with MCI, and two additional subjects (one MCI, and one normal, initially) had converted to AD. The remaining 15 subjects remained stable. Shown is the correlation between relative hypo- or hypermetabolism and cognitive outcome (showing groups who had deteriorated or remained MCI *versus* normal controls at baseline and follow-up). Metabolic differences at baseline are seen bilaterally in the entorhinal, inferior temporal, precuneal, right posterior dorsolateral frontal, and anterior cingulate cortices. Relative hypometabolism was seen in the left parietal and anterior frontal cortices. At follow-up, the hypermetabolic areas were greatly reduced or completely abolished. A new area of relative hypermetabolism was evident in the left posterior frontal cortices. These findings suggest the interval loss of compensatory hyperactivation in subjects predestined to cognitive decline (unpublished data).

voxel is computed from the deformation field (using the Jacobian of the deformation field to produce a *voxel compression map* or *tensor map*). In this map, contraction implies atrophy; expansion implies local growth or dilation.⁵⁴ A color map then displays these changes on the follow-up scan (FIG. 3).

Brain changes can be mapped in patients scanned longitudinally, such as individuals with semantic dementia,⁵⁵ or normal subjects scanned over short intervals to

assess longitudinal stability of a scanning protocol.⁵⁵ TBM has high throughput and sensitivity, making it attractive for gauging brain changes in large population studies and clinical trials. TBM may also be used for cross-sectional studies; in that case, many individual images are fluidly transformed to match a common brain template, and the applied expansions and contractions are analyzed to identify systematic volume and shape differences in one subject group *versus* another. Used

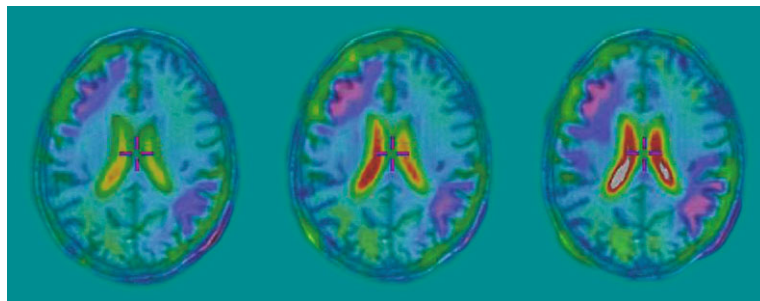


FIG. 3. These maps show progressive brain changes in a patient with posterior cortical atrophy, based on tensor-based morphometry. Blue and purple colors denote areas of progressive volume loss in the frontal and parietal cortices, based on a comparison of brain MRI scans taken 1, 1.5, and 2 years after initial diagnosis. Red and white colors illustrate the progressive ventricular enlargement. The color-coded maps (Jacobian maps), show the local expansion or compression factor required to fluidly align baseline to each follow-up scan, after they are initially aligned with a rigid-body transformation. These maps may also be averaged voxel-by-voxel across subjects or compared across populations to assess factors that influence degenerative rates in each region of the brain.

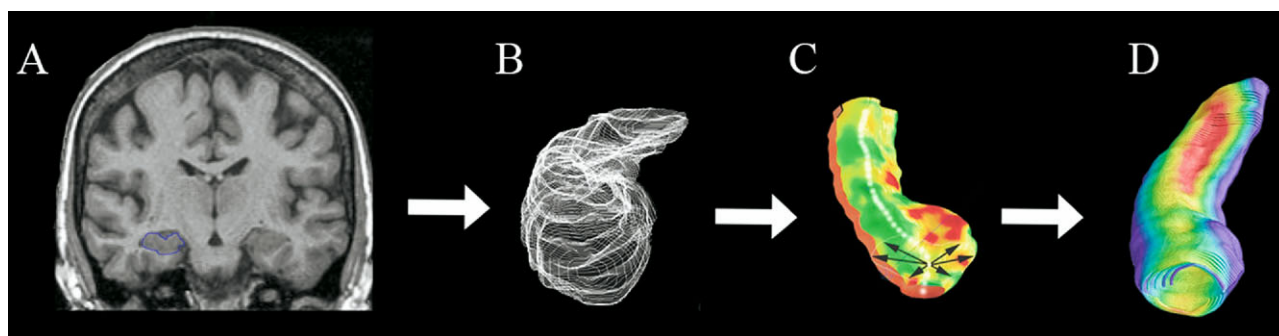


FIG. 4. The radial distance method relies on manual tracing of the hippocampus (A) followed by the computation of a 3D parametric mesh model of the structure (B), estimation of the distance between the central core of the structure to each surface point (e.g., radial distance) (C), recording of the radial distance estimates at each surface point and production of individual and group average (D) color-coded maps of the radial distance that are statistically compared between groups and/or conditions.

cross-sectionally, TBM has provided powerful visualizations of brain deficits, and their clinical correlates, in populations with HIV/AIDS,⁵³ fragile X syndrome,⁵⁶ and Williams syndrome.⁵⁷

New statistical methods are also emerging to make TBM more sensitive to subtle neurodegenerative changes. If only the compressions and expansions are analyzed, then most of the information on atrophy, which may be directionally dependent (i.e., nonisotropic), is discarded. The so-called Lie group methods can detect neurodegeneration with greater power (e.g., in studies of HIV/AIDS⁵⁸), because they draw on the full multidimensional information available in the deformation tensors and model the tensor statistics as a statistical process on a Riemannian manifold (an approach called *generalized TBM*). Thus, TBM can detect and visualize focal areas of structural gray and white matter and subcortical nuclear changes.^{53,55,58}

BRAIN MAPPING IN NEURODEGENERATIVE DEMENTIAS

Alzheimer's disease

The 3D modeling techniques have enabled the localization of disease-associated changes at the subfield level of the hippocampus. Some of these techniques have relied on radial measurements that assess the thickness of a structure (FIG. 4),⁵⁹ others on large-deformation high-dimensional techniques⁶⁰ or on fluid-based registration of structural data within or across subjects.^{42,61}

Rather than building 3D average surface meshes from manually derived traces of the hippocampus, the high-dimensional modeling approach uses an elastic registration method to deform a hippocampal surface template onto the scans of new subjects, adapting to anatomical shape differences. In this way it is a variant of the TBM approach, which uses fluid registration to measure volume change, and the hippocampal radial atrophy technique, which uses the surface models to measure local changes on the hippocampus. Aiming to detect substruc-

tural changes within the hippocampus, our research group reported a technique for unfolding of the hippocampal gray matter sheet with subsequent alignment of the hippocampal subfields.⁶² Another research group delineated the hippocampal subfields on T2-weighted MRI data obtained at 4 T on three hippocampal slices and studied the effects of aging on the derived partial subfield volumes.⁶³ Ultimately, the best approach to delineate hippocampal subfields *in vivo* may require higher-field MRI—at field strengths as high as 7 T—in which the layers of the entorhinal cortex can be visualized.⁶⁴

Neuropathological studies describe hippocampal NFT pathology as a stage-like process affecting the subiculum and CA1 subfields first, followed by the CA2/3 and finally the CA4 subfields.¹⁵ In 2004, Thompson et al.⁵⁹ applied a hippocampal *radial atrophy mapping* technique to AD and normal elderly subjects, which revealed profound differences between the two groups. Using the same technique, Frisoni et al.⁶⁵ demonstrated that the CA1 area and parts of the subiculum show 15–20% atrophy in AD relative to normal controls. Apostolova et al.¹⁷ showed that MCI individuals with more severe CA1 and subiculum involvement are more likely to convert to AD (FIG. 5). Atrophy in the subiculum and CA1 area in this study also showed strong correlation with impaired delayed recall on the California Verbal Learning Test.¹⁷ In a follow-up study, Apostolova et al.¹⁶ compared the hippocampal data of MCI and AD subjects. In agreement with neuropathological data, the hippocampal formation in AD was found to be more involved, with greater atrophy of the CA1 and additional atrophy of the CA2 and CA3 subfields.¹⁶

Becker et al.⁶⁶ also used the hippocampal radial atrophy technique in a cross-sectional study of single-domain amnesic MCI, multiple-domain amnesic and nonamnesic MCI, AD, and normal elderly subjects. The AD and single-domain amnesic MCI groups showed significant subicular atrophy relative to normal controls. The AD group had involvement of the CA1

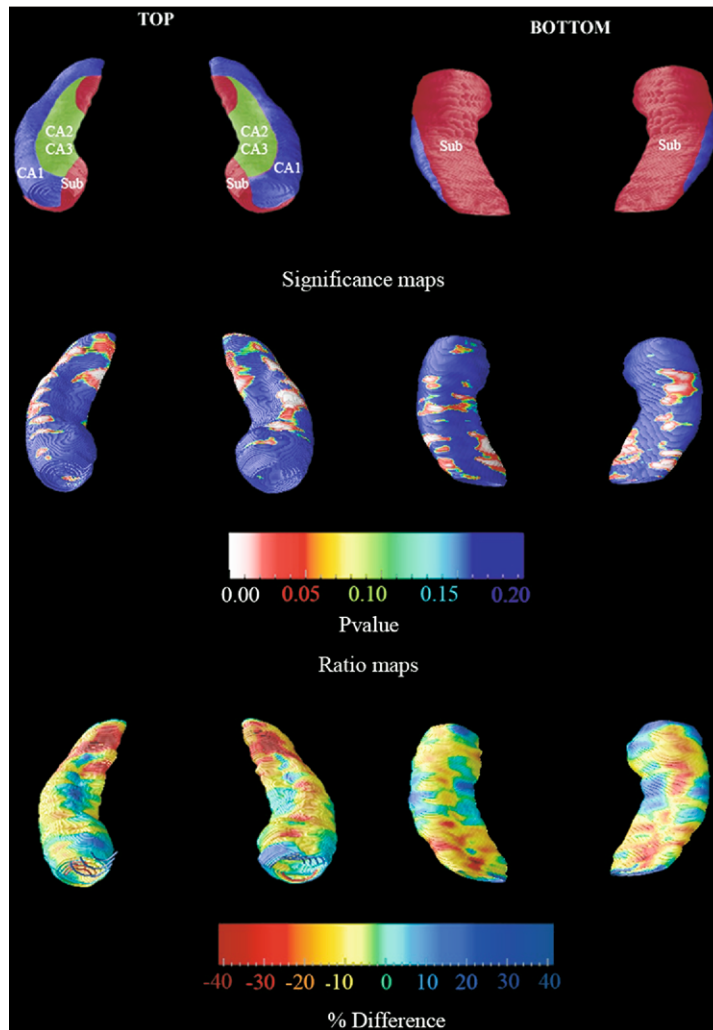


FIG. 5. This longitudinal 3D MRI study¹⁷ compared the baseline hippocampal radial atrophy of MCI subjects who converted to AD and MCI subjects who remained stable or improved cognitively during the 3 years of clinical follow-up. The top row shows a schematic representation of the hippocampal subfields based on two established sources.^{105,106} The middle row shows the statistical comparison maps and the bottom row shows the absolute difference maps (in %) in the mean radial distance estimates between these two groups. More atrophy at baseline is seen in the CA1 and subicular areas in MCI subjects who subsequently convert to clinically probable AD.

subfield as well. In contrast, the multiple-domain MCI group did not differ from the normal control group in either volumes or 3D hippocampal maps.⁶⁶ Similar findings have been reported by researchers using the related large-deformation high-dimensional modeling approach. With this technique, two studies compared mild AD subjects with a Clinical Dementia Rating Scale of 0.5 to age-matched controls. They demonstrated predominant lateral edge hippocampal atrophy corresponding to the CA1 subfield.^{60,67}

Apolipoprotein E4 (ApoE4) is the most prominent genetic risk factor for sporadic AD. A longitudinal study of cognitively normal elderly who were genotyped revealed that ApoE4 carriers had higher hippocampal atrophy rates relative to noncarriers.⁶⁸ In a cortical thickness study, Bookheimer et al.⁶⁹ reported that cognitively normal ApoE4 carriers have significantly thinner entorhinal

cortex and focal hippocampal atrophy limited to the subiculum, relative to cognitively normal noncarriers.

The cortical pattern-matching technique⁷⁰ is an advanced computational anatomy imaging methodology that uses sulcal constraints while elastically deforming each subject's cortical morphology into the group average representation. Cortical surface models, derived from structural MRI data, may be used to display a wide variety of imaging data, such as cortical thickness, gray matter density, functional activation data, or metabolic data from PET scans.

In the first published study using this technique, Thompson and colleagues compared 12 AD (Mini-Mental State Examination score, MMSE, at baseline = 18, MMSE at 1.5 year follow-up = 14) and 14 age-matched cognitively intact subjects, scanned twice 1.5 years apart.⁷⁰ The baseline gray matter density comparison

maps demonstrated significant ($> 15\%$) atrophy in the lateral temporal, parietal and parieto-occipital cortices of AD patients. At follow-up, in agreement with the well-established disease progression sequence, these changes were shown to engulf the frontal lobes. On the mesial surface, profound atrophy was noted for the left hemisphere at baseline but the right was relatively preserved, with more focal precuneal and mesial temporal atrophy at baseline that spread to the cingulate cortex at follow-up. A time-lapse video sequence of the dynamics of AD spreading through the neocortex is available at http://www.loni.ucla.edu/~thompson/AD_4D/dynamic.html.

Computational anatomy techniques may offer greatly improved sensitivity for detection of disease-induced group differences. A recent study compared amnesic MCI and mild AD subjects (FIG. 1).⁷¹ Despite the small cognitive differences between the two groups (mean MMSE difference of 4.4), the authors reported highly significant greater cortical atrophy in mild AD *versus* MCI. Most affected were the entorhinal, inferior and lateral temporal, and the medial parietal/posterior cingulate cortices, followed by the lateral parietal, occipital, and finally the frontal association cortices. This pattern concurs exceptionally well with the neuropathologic evidence for cortical disease progression (FIG. 1).^{6,7}

Using an alternative cortical thickness mapping approach, Lerch et al.⁷² compared 19 subjects with mild to moderate AD (mean MMSE = 21.2, range 10–29) with 17 healthy volunteers. The AD patients had globally thinner cortical mantles (3.1 ± 0.28 mm *versus* 3.74 ± 0.32 mm in the controls). Statistically, the most profound differences were seen in the inferior and lateral temporal, precuneus, posterior cingulate, and temporo-occipital association cortices.⁷² The reported regional effects were similar to those reported by Apostolova et al.⁷¹ in the study comparing mild AD (mean MMSE = 23.8) to MCI patients (mean MMSE = 28.2).

A larger follow-up study included 34 healthy controls, 62 MCI subjects, and 42 AD patients.⁷³ This study revealed that, as predicted, MCI patients have intermediate cortical thickness values relative to normal controls and AD subjects (normal controls *versus* MCI mean cortical thickness difference = 0.18 mm; MCI *versus* AD mean cortical thickness difference = 0.26 mm).⁷³ In comparisons of MCI *versus* normal controls, the strongest effect sizes were seen for the entorhinal and lateral occipito-temporal gyri. In the AD *versus* normal controls comparison, significant differences were seen throughout the lateral surface of the brain with relative sparing of the primary sensorimotor and occipital regions. Differences for the mesial hemispheric surface were not reported.⁷³

A very recent cortical pattern-matching study⁷⁴ examined the difference in severity and localization of cortical atrophy in subjects with sporadic early-onset AD (< 65 years of age) *versus* late-onset AD (> 65 years of age).

The early-onset subjects showed widespread atrophic changes relative to cognitively intact age-matched controls, but late-onset subjects showed a less severe and more focal pattern of entorhinal, parahippocampal, inferior temporal, posterior cingulate/precuneal, and lateral temporal changes. These findings imply that age of onset has a powerful influence on the severity of disease-induced changes required to produce cognitive symptoms. Younger AD subjects displayed higher tolerance to pathological burden, suggesting that they may have higher cognitive reserve.

Cortical neurodegeneration correlates with cognitive decline. To date, our research group has reported correlations for the MMSE, a global measure of cognitive function,^{5,76} for a verbal fluency test and a picture naming test (animal fluency and Boston Naming test),⁷⁷ and for delayed recall of verbal information (California Verbal Learning Test).⁷⁸ Strong associations between MMSE and cortical atrophy were seen in the entorhinal, parahippocampal, precuneus, superior parietal, and subgenual cingulate/orbitofrontal cortices.^{70,75} Impaired picture naming and semantic fluency correlated with atrophy in perisylvian cortical areas thought to house lexical phonologic and semantic representations and process the receptive and articulatory aspects of language.⁷⁷ Delayed recall performance was associated with bilateral precuneal, entorhinal, parahippocampal, inferior temporal, and left temporo-occipital cortical atrophy. These areas have been implicated in retrieval of verbal information and storing of lexical phonologic representations.⁷⁸

Some ROI-based and VBM studies have suggested that ventricular volumes and rates of expansion are sensitive markers for AD and even more so for MCI progression.¹³ Our research group recently developed a computational anatomy technique for fluid registration of parametric mesh models of the lateral ventricles to individual untraced ventricular volumes. To reduce error, ventricles are first traced by hand on a small subset of scans. The results of fluidly mapping these surfaces onto new unlabeled scans are averaged together, greatly reducing segmentation error within each scan. This technique, followed by the radial atrophy mapping approach used to study hippocampal atrophy, rapidly and fully automatically assesses ventricular expansion in neurodegenerative disorders (FIG. 6).⁶¹ Studies are currently under way to define ventricular changes in subjects with MCI and AD. A similar approach was used by Carmichael et al.,⁴² who reported that among normal subjects larger ventricles at baseline were predictive of future progression to dementia.

These automated surface mapping methods offer the high-throughput required for population-based studies or clinical trials; for example, 339 subjects were automatically mapped in a recent cohort from the Cardiovascular Health Study.⁴² These methods provide maps of statistics

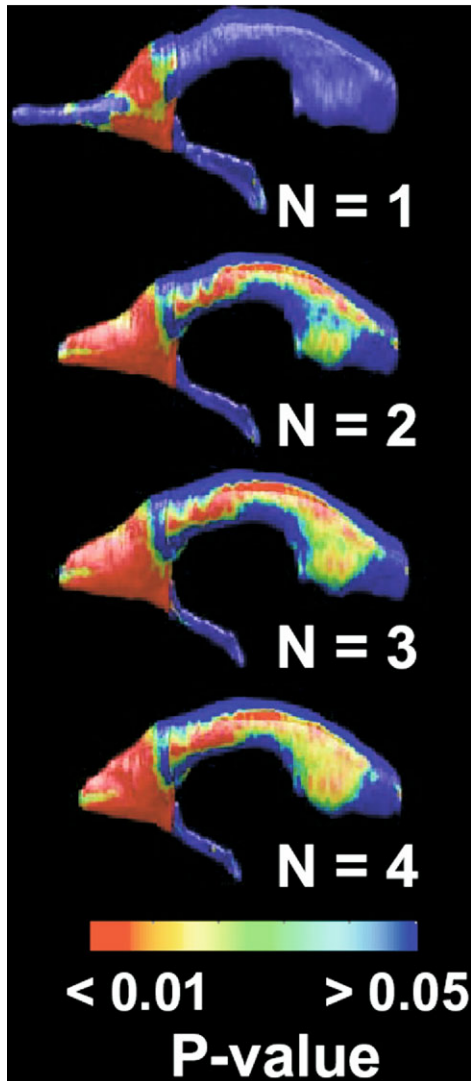


FIG. 6. This cross-sectional 3D ventricular study validated the recent fluid registration method that adapts single-subject derived parametric mesh models of the lateral ventricles to individual untraced ventricular volumes.⁶¹ This figure shows the incremental gain in statistical power and decremental reduction of segmentation error when up to four individual parametric mesh primers are used to label the ventricles in each new scan followed by shape averaging of the resulting models. This approach is then followed by the radial atrophy mapping technique to show the areas of statistically significant expansion in the ventricular shape (in yellow to red) in an AD *versus* a normal control group.

that are often better able to detect subtle or localized atrophy than traditional numeric summaries. Even so, clinical trials often require neuroimaging outcomes to be expressed in terms of a simple set of numeric summaries (rather than a 3D map, for example). Current efforts are therefore also focused on deriving single numeric summaries from the brain maps that optimally predict conversion from MCI to AD, or therapeutic response in large patient cohorts assessed with longitudinal MRI.⁷⁹

Other dementias

Dementia with Lewy bodies (DLB) is the second most common dementing disorder affecting the elderly. Patients with DLB frequently show several of the following cardinal features: progressive cognitive decline, early-onset hallucinations and delusions, Parkinsonism, and a fluctuating course. The pathologic hallmarks for DLB are synuclein-rich intracellular deposits known as Lewy bodies. Frequently, Lewy body and AD-type pathology coincide; when they do, patients may present with a clinical picture closely resembling AD, which makes it difficult to differentiate the two disorders on clinical grounds alone.

A VBM study by Whitwell et al.⁴⁸ recently reported a distinct cortical atrophy pattern in DLB that may help differentiate between DLB and AD, the two most common dementias: namely, hippocampal and inferior temporal preservation along with midbrain atrophy in DLB. Using the cortical pattern-matching technique, Ballmaier et al.⁸⁰ demonstrated that preservation of the temporal and orbitofrontal cortices in demented subjects is suggestive of DLB, as opposed to AD.

Frontotemporal dementia (FTD) is a spectrum of disorders that typically affects younger patients than other dementias do. The behavioral variant (also known as frontal variant FTD, or fvFTD) is characterized by progressive atrophy of the frontal lobes⁸¹ and affects middle-aged adults, whereas the two temporal variants (primary progressive aphasia and semantic dementia) are characterized by progressive language impairments, a predominant left temporal atrophy pattern⁸² and a tendency to affect middle- to older-aged adults. Two preliminary studies using surface-based computational anatomy techniques demonstrated a frontal and right-sided predilection of fvFTD *versus* posterior and left-sided predilection of semantic dementia⁸³ and the classic frontal FTD *versus* the classic posterior AD-associated cortical atrophy pattern.⁸⁴

STRUCTURAL BRAIN MAPPING IN OTHER NEUROLOGICAL DISORDERS

Epilepsy is a chronic neurologic disorder that affects humans throughout their life span. The main characteristics are episodic spontaneous synchronous neuronal discharges that clinically manifest as seizures. It is another neurological disease with enormous social and emotional impact. The commonest variant is mesial temporal lobe epilepsy (MTLE), caused by aberrant neuronal circuitry most often localized to the hippocampus and/or the amygdala. When therapy-resistant and intractable, MTLE is frequently surgically amenable through a procedure known as anterior temporal lobectomy. However, extreme caution, precise diagnosis, and localization of the seizure focus are imperative before any patient is

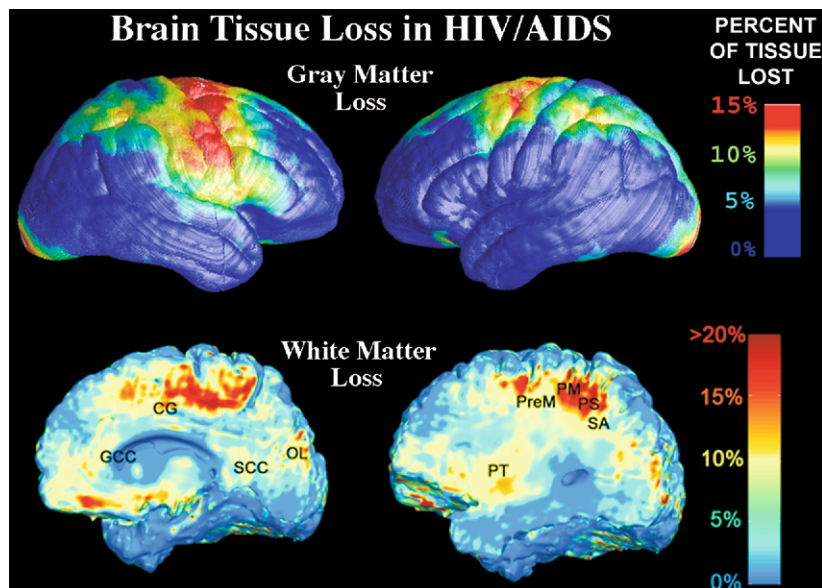


FIG. 7. These two cross-sectional MRI studies used the cortical pattern-matching technique⁸⁶ (top) and the tensor-based mapping (TBM) technique⁵³ (bottom) to compare the cortical thickness and subcortical white matter volumes between 26 patients with HIV/AIDS and 14 normal control subjects. Despite aggressive antiretroviral therapy, the cortical maps revealed 15% atrophy of the primary sensorimotor and the premotor cortices, while TBM showed more than 20% loss of the adjacent subcortical white matter in the HIV/AIDS subjects relative to the control group. Both the cortical and white matter changes linked to information processing speed and CD4⁺ T-cell counts.

subjected to an invasive neurosurgical procedure. Brain mapping has therefore been increasingly relied upon in clinical decision making.

The 3D hippocampal maps of seizure-free *versus* non-seizure-free subjects who underwent temporal lobectomy for MTLE revealed that more severe hippocampal atrophy ipsilateral to the preoperative seizure origin and contralateral anterior and lateral hippocampal involvement carried a poorer prognosis with respect to a seizure-free post-surgical outcome.⁸⁵ A surface-based cortical thickness study analyzed the preoperative MRI scans of seizure-free MTLE patients who underwent anteromesial temporal lobectomy in comparison to age-matched controls. The patient group showed cortical thinning in the frontal poles and frontal opercular, orbitofrontal, lateral temporal, and occipital areas. Patients with a longer duration of illness showed greater atrophy of the superior frontal and parahippocampal gyri ipsilaterally.⁸⁵

The human immunodeficiency virus (HIV) is readily detected in brain tissue of seropositive patients. Sometimes the infection is latent and patients are asymptomatic; at other times patients may suffer from any or all of dementia, encephalopathy, demyelination, Parkinsonism or other movement disorders, sleep abnormalities, and opportunistic CNS infections. Using the cortical pattern-matching technique, Thompson et al.⁸⁶ investigated the changes in cortical thickness in 26 nondemented HIV and 14 control patients (FIG. 7, top). Despite aggressive retroviral therapy, the cortical maps revealed 15% atrophy of the primary sensorimotor and the premotor cor-

tices in HIV subjects relative to the control group. Focal atrophy of the frontopolar and perisylvian regions correlated with the CD4⁺ T-lymphocyte counts, while prefrontal and parietal cortical thinning correlated with psychomotor slowing and motor deficits.

TBM analyses of the same data (FIG. 7, bottom) extended these findings by reporting white matter degenerative changes in regions underlying the primary and association sensorimotor cortices. These changes were likewise linked to information processing speed and CD4⁺ T-cell counts, a measure of immune system integrity.⁵³ A third publication assessed callosal and ventricular changes in a slightly larger HIV-infected group ($n = 30$) against 21 control subjects and reported anterior callosal thinning and frontal ventricular horn enlargement in the seropositive group. Once again, the structural changes (e.g., ventricular expansion) were linked to the CD4⁺ count and cognitive change.⁸⁷

BRAIN MAPPING IN PSYCHIATRIC DISORDERS

Schizophrenia is a chronic psychiatric disorder manifesting with episodic psychotic disturbances and progressive pervasive social, cognitive, and functional deterioration. Neuroimaging data have shown the toll of the disease on brain structure to be profound, although there is disagreement regarding its cellular or molecular basis. Schizophrenic patients show hippocampal atrophy⁸⁸ mapping to the anterior and mid-portions of the CA1 and

CA2 subfields.⁸⁹ This predominantly anterior hippocampal atrophy pattern has been independently replicated.^{90,91} The disease effect may be lateralized in twins, with the left hippocampus being more affected in dizygotic and less affected in monozygotic schizophrenic twins relative to their unaffected siblings.⁹² Cortical thickness studies have revealed atrophy of the frontal, parietal, temporal, and occipital cortices.^{93,94} Current brain mapping efforts in schizophrenia focus on determining whether these cortical changes are modulated by antipsychotic treatment,⁹⁵ and to what extent they occur in the prodromal phase of the illness,⁹⁶ when medications may resist or delay onset of psychosis.

The presence of late-life depression (illness onset after the age of 60) has been linked to bilateral temporal and parietal atrophy.⁹⁷ One TBM study of adults with bipolar disorder demonstrated focal deficits in the orbitofrontal and temporal regions, as well as the amygdala.⁹⁸

In child psychiatry, studies of attention-deficit hyperactivity disorder have shown an anteroposterior dichotomy, with less dorsal prefrontal and anterior temporal and more posterior temporal and inferior parietal cortical gray matter.⁹⁹ Children who subsequently evolve to develop bipolar disorder were reported to have increased left temporal and decreased anterior cingulate cortical thickness.¹⁰⁰

BRAIN MAPPING OF ABNORMAL DEVELOPMENT IN EARLY LIFE

Abnormal brain development and stalled or disturbed brain growth can occur *in utero* and in early childhood from genetic predisposition, infection, or toxic influences. Fetal alcohol syndrome, diagnosed in infants who suffered heavy prenatal alcohol exposure, presents with poor brain and somatic growth, brain and facial malformations and mental retardation. Sowell et al.¹⁰¹ demonstrated that the children with fetal alcohol syndrome had 15% gray matter excess in the perisylvian cortices, suggestive of aberrant regional cortical development.¹⁰¹

Williams syndrome is a rare genetic disorder caused by a heterozygous deletion of chromosome 7q11.23. Phenotypically, affected children commonly display dysmorphic facial features, congenital heart and renal malformations, and mild mental retardation with a characteristic sparing of visuospatial functions relative to language and memory faculties. The structural brain derangements in Williams syndrome include increased gyrification in temporoparietal regions. Despite the significantly smaller brain volume, and lower gray and white matter volumes overall, these children had thicker gray matter in the perisylvian regions. This is thought to result from aberrations in cell migration proteins, such as elastin, during early pyrogenesis.¹⁰²

CONCLUSION

Overall, brain mapping techniques are providing substantial new insights into the trajectory of neurodegenerative disease, the factors that resist or promote disease onset, and the linkage between cognitive decline and regionally specific changes in brain structure and function. Subjects with MCI, in particular, are at fivefold increased risk for conversion to AD and are therefore the focus of many clinical trials to delay or modulate disease progression. Because of this focus, brain mapping has been used to identify quantitative features of hippocampal and cortical anatomy that are altered in MCI, including discrete changes that predict conversion or link with subtle changes in specific cognitive domains.

At the same time, rapid developments in the imaging techniques themselves are driving research into the molecular hallmarks of AD. In this review, we have focused on MRI scanning, and methods to analyze structural images of the brain, but new PET radiotracers now show great promise as *in vivo* markers of NFT and amyloid pathology.¹⁰³ The computational anatomy techniques described here are likely to be of great value in establishing the trajectory of these biomarkers as the disease spreads throughout the cortex.¹⁰⁴

Fusion of different brain mapping modalities with postmortem data is also required to fully relate pathology to structural deterioration, and may help in defining the success of cholinergic or neuroprotective therapies. Ongoing developments in high-field MRI (at field strengths of 7 T and higher) and in diffusion tensor imaging now reveal the integrity and connectivity of the white matter in unprecedented detail. These imaging approaches bring new sources of power for detecting degenerative illness, and are likely to be invaluable in understanding the impact of neurotherapeutic agents to delay or revert disease progression.

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