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# Comparison of the enantiomers of (±)-doxanthrine, a high efficacy full dopamine $D_1$ receptor agonist, and a reversal of enantioselectivity at $D_1$ versus alpha<sub>2C</sub> adrenergic receptors

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# Abstract

Parkinson's disease is a neurodegenerative condition involving the death of dopaminergic neurons in the substantia nigra. Dopamine D<sub>1</sub> receptor agonists are potential alternative treatments to current therapies that employ L-DOPA, a dopamine precursor. We evaluated the pharmacological profiles of the enantiomers of a novel dopamine D<sub>1</sub> receptor full agonist, doxanthrine (DOX) at D<sub>1</sub> and  $\alpha_{2C}$  adrenergic receptors. (+)-DOX displayed greater potency and intrinsic activity than (-)-DOX in porcine striatal tissue and in a heterologous D<sub>1</sub> receptor expression system. Studies in MCF7 cells, which express an endogenous human dopamine D<sub>1</sub>-like receptor, revealed that (-)-DOX was a weak partial agonist/antagonist that reduced the functional activity of (+)-DOX and dopamine. (-)-DOX had 10-fold greater potency than (+)-DOX at  $\alpha_{2C}$  adrenergic receptors, with an EC50 value of 4 nM. These findings demonstrate a reversed stereoselectivity for the enantiomers of DOX at D<sub>1</sub> and  $\alpha_{2C}$  receptors and have implications for the therapeutic utility of doxanthrine.

## Keywords

Dopamine D<sub>1</sub> receptors; adrenergic receptors; Parkinson's disease; enantiomeric drugs; intrinsic activity; locomotor activity

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**Contributors** Julie Przybyla performed the pharmacological characterization of the enantiomers of doxanthrine using the heterologous  $D_1$  and  $\alpha_{2C}$  expression systems and MCF7 cell line. She also wrote the first draft of the manuscript and participated in the revision process. Juan P. Cueva performed the chemical synthesis of the enantiomers and racemic mixture of doxanthrine. Benjamin R. Chemel performed the studies evaluating the DOX enantiomers using the native porcine striatal tissue and  $\alpha_{2C}$  receptor cell system and contributed to the revision process. K. Joseph Hsu performed the initial characterization of the endogenously expressed human dopamine  $D_1$  receptor in the MCF7 cell line with the guidance of Dr. David J. Riese II. John McCorvy performed the behavioral characterization of the enantiomers of doxanthrine with the guidance of Dr. Julia A. Chester. Dr. David E. Nichols provided the chemical expertise for the design of doxanthrine and contributed to the preparation of the manuscript. Dr. Val J. Watts, the corresponding author, designed and supervised all aspects of the experimental studies and finalized the preparation of the manuscript.

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## 1. Introduction

Parkinson's disease (PD) is a neurodegenerative condition that involves the selective degeneration of dopaminergic neurons in the substantia nigra, resulting in a dopamine deficiency in the basal ganglia, a brain area that is essential for initiation and control of voluntary movement. The degeneration of the nigrostriatal pathway leads to the classic symptoms of PD, including tremors, rigidity, and slowness of movement (Dawson and Dawson, 2003). The most widely-used treatment for PD is levodopa (L-DOPA), a dopamine precursor that crosses the blood brain barrier and is enzymatically converted into dopamine (Hurley and Jenner, 2006). Although L-DOPA is currently the "gold standard" for PD treatment, it produces both acute and long-term adverse effects and loses its efficacy in late stage PD.

Additional PD therapies include dopamine agonists that directly stimulate dopamine receptors in the striatum. The dopamine receptors are classified into two families. The dopamine  $D_1$ receptor family, comprised of the  $D_1$  and  $D_5$  receptors, stimulates adenylate cyclases through coupling with the stimulatory G proteins  $G\alpha_s$  and  $G\alpha_{olf}$  (Huang et al., 2001). The dopamine  $D_2$ -like receptor family ( $D_2$ ,  $D_3$ , and  $D_4$  receptors) couples with inhibitory G proteins  $G\alpha_{i/o}$ , leading to inhibition of adenylate cyclase or modulation of other effectors (Neve et al., 2004). Currently available direct agonists for PD target the  $D_2$ -like receptors and include bromocriptine, ropinirole, and pramipexole (Hurley and Jenner, 2006; Schapira et al., 2006). Dopamine  $D_2$  agonists appear primarily effective in early stage PD and as adjuncts to L-DOPA. Similar to L-DOPA,  $D_2$ -like receptor agonists have been shown to produce dyskinesias (Jenner, 2003; Olanow et al., 2004).

Alternative pharmacological treatments under development for treating PD have included selective dopamine  $D_1$  receptor agonists (for review see Zhang et al, 2008). Dihydrexidine (DHX) was the first selective, full dopamine  $D_1$  receptor agonist, and displays moderate 10-fold selectivity for dopamine  $D_1$  versus dopamine  $D_2$  receptors (Brewster et al., 1990; Mottola et al., 1992). Taylor et al. (1991) first demonstrated that DHX was remarkably effective at reducing MPTP-induced Parkinson-like symptoms in monkeys. Additionally, in a small human patient trial ABT431, another selective  $D_1$  agonist, was demonstrated to be as efficacious as L-DOPA at alleviating the symptoms of PD (Rascol et al., 2001). These studies confirmed, contrary to conventional wisdom, the importance of the dopamine  $D_1$  receptor as a potential target for PD.

We recently described the synthesis and preliminary characterization of doxanthrine (DOX), a bioisostere of DHX that has improved selectivity for dopamine  $D_1$  receptors (Cueva et al., 2006). Racemic DOX displayed approximately 100-fold greater selectivity for  $D_1$  over  $D_2$  receptors (Cueva et al., 2006). We found that (+)-DOX displayed 200-fold selectivity for  $D_1$  over  $D_2$ , whereas (-)-DOX possessed only 20-fold selectivity for  $D_1$  versus  $D_2$  receptors. These studies revealed that (+)-DOX is a potent full agonist at the recombinant human  $D_1$  dopamine receptor. Here we have extended our studies to examine the functional activity of both the (+) and (-) enantiomers of DOX using porcine  $D_1$ -like receptors as well as a novel endogenous human  $D_1$ -like dopamine receptor model. To validate our biochemical studies, we used an in vivo mouse model to investigate the biological activity of both the (+) and (-) enantiomers of DOX to produce changes in locomotor activity.

In addition, the initial study by the NIMH-sponsored Psychoactive Drug Screening Program revealed that racemic DOX possesses significant binding affinity for the  $\alpha_{2C}$  adrenergic receptor (Cueva et al., 2006). In view of the fact that  $\alpha_2$  adrenergic receptors are responsible for control of blood pressure, blood flow, and neurotransmitter release (Brede et al., 2004; Docherty, 1998), it seemed likely that racemic DOX might have additional undesirable

pharmacological targets. Thus, we also examined the functional properties of  $(\pm)$ -, (+)-, and (-)-DOX at the  $\alpha_{2C}$  adrenergic receptor using a recombinant heterologous system.

In this work we demonstrate that (+)-DOX is a potent dopamine D<sub>1</sub> receptor agonist in several systems. By contrast, (-)-DOX is a weak partial agonist at D<sub>1</sub> receptors, but exhibits potent *agonist* activity at  $\alpha_{2C}$  receptors. Thus, enantioselectivity for activity at the  $\alpha_{2C}$  receptor is reversed compared to the D<sub>1</sub>-like (and D<sub>2</sub>-like) receptors (Cueva et al., 2006). This finding is remarkable in view of the fact that the D<sub>1</sub>, D<sub>2</sub>, and  $\alpha_2$  receptors are all Family A G protein-coupled receptors, presumably with a common rhodopsin-like structure, and has theoretical relevance to understanding the binding motifs of agonist ligands in these receptors. Of more practical significance, however, is the demonstration that (+)-DOX has clear superiority over racemic DOX as a potential therapeutic agent, where the off-target  $\alpha_{2C}$  adrenergic receptor activation of (-)-DOX in the racemate would produce unwanted side effects. This interesting example is illustrative of a case where the less active enantiomer in a racemate is not simply inert, or "less active," but possesses an active pharmacology that diverges from that of its antipode.

## 2. Materials and Methods

#### 2.1. Chemicals and Reagents

[<sup>3</sup>H] Cyclic AMP (30 Ci/mmol) was purchased from PerkinElmer (Boston, MA, USA). Dopamine, clonidine, SCH-23390, SKF38393, and isobutylmethylxanthine were purchased from Sigma-Aldrich Chemical Company (St. Louis, MO, USA). Forskolin was purchased from Tocris Bioscience (San Diego, CA, USA). Enantiomers of DOX were synthesized as described previously (Cueva et al. 2006). pcDNA3.1/V5/his TOPO human D<sub>1</sub> dopamine receptor was a gift from Dr. Bryan Roth and pcDNA3.1- $\alpha_{2C}$  was provided by Missouri S&T cDNA Resource Center (www.cdna.org).

#### 2.2. Production of Cell Lines

HEK- $\alpha_{2C}$  cells were constructed by stable transfection of HEK 293 cells with pcDNA-3.1(+)- $\alpha_{2C}$ . G418 resistant clones were selected and assayed for  $\alpha_{2C}$  function by measuring clonidinemediated inhibition of forskolin-stimulated cyclic AMP accumulation. HEK-CreLuc cells were constructed by stable transfection of HEK 293 cells with pGL3, which contains the luciferase (Luc) gene under the transcriptional control of five copies of the cyclic AMP response element (CRE). HEK-D<sub>1</sub> cells were constructed by stable transfection of HEK-CreLuc cells with pcDNA3 V5 HisTopo-hD<sub>1</sub>. Clones were assayed for D<sub>1</sub> receptor binding using [<sup>3</sup>H] SCH23390 and for function by measuring dopamine-stimulated luciferase activity.

#### 2.3. Cell Culture

HEK- $\alpha_{2C}$  cells were maintained in DMEM with 5% Fetalclone I, 5% bovine calf serum, 0.05 µg/ml penicillin, 50 µg/ml streptomycin, 25 µg/ml amphotericin B, and 300 µg/ml G418. MCF7 cells were maintained in MEM with 10% Fetalclone III, 1.0 mM sodium pyruvate, 0.01 mg/ml insulin, 0.05 µg/ml penicillin, 50 µg/ml streptomycin, and 25 µg/ml amphotericin B (Pitfield et al., 2006). HEK-D<sub>1</sub> cells were maintained in DMEM with 5% Fetalclone I, 5% bovine calf serum, 0.05 µg/ml penicillin, 50 µg/ml streptomycin, 25 µg/ml amphotericin B, 300 µg/ml G418, and 2 µg/ml penicillin, 50 µg/ml streptomycin, 25 µg/ml amphotericin B, 300 µg/ml G418, and 2 µg/ml puromycin. Cells were grown at 37 °C in a humidified incubator with 5% CO<sub>2</sub>.

#### 2.4. Cyclic AMP accumulation assay

Assays were performed on confluent monolayers of cells in 48-well plates. All drugs were diluted in Earle's balanced salt solution (EBSS) assay buffer (EBSS containing 2% bovine calf

serum, 0.025% ascorbic acid, and 15 mM HEPES, pH 7.4) and added on ice. Cyclic AMP accumulation assays were performed by incubating the cells with ligands for 15 minutes at 37 C. Assays were performed on HEK- $\alpha_{2C}$  cells in the presence 30  $\mu$ M forskolin (to stimulate cyclic AMP accumulation) and 1  $\mu$ M SCH23390 to preclude activation of low levels of endogenous D<sub>1</sub>-like dopamine receptors. All assays were performed in the presence of 500  $\mu$ M isobutyl-methylxanthine (IBMX) and terminated with ice-cold 3% trichloroacetic acid.

#### 2.5. Cyclic AMP binding assay

Cylic AMP accumulation was quantified using a previously described protocol (Watts and Neve, 1996). Briefly, trichloroacetic acid extracts (10-20  $\mu$ L) were added in duplicate to cyclic AMP binding buffer (100 mM Tris-HCl, pH 7.4, 100 mM NaCl, 5 mM EDTA) in assay tubes containing 1 nM [<sup>3</sup>H] cyclic AMP (final concentration) and bovine adrenal gland cyclic AMP binding protein (100-150  $\mu$ g in 500  $\mu$ l binding buffer). The binding assay was incubated on ice at 4 °C for 2-4 h and terminated by harvesting with ice cold wash buffer (10 mM Tris, 0.9% NaCl) using a 96-well Packard Filtermate cell harvester and Multiscreen Harvest Plates from Millipore (Billerica, MA, USA). Packard Microscint O (40  $\mu$ L) was added to each well after drying. Radioactivity was counted using a Packard Topcount scintillation counter. Standard curves ranging from 0.01 to 300 pmol of cyclic AMP were used to determine the concentration of cyclic AMP in each sample. Data analysis was performed using GraphPad Prism software. Dose response curves for cyclic AMP accumulation were analyzed using nonlinear regression and data were fit to a sigmoidal dose-response curve (slope = 1) to provide estimates for EC50 and intrinsic activity values.

#### 2.6. Porcine Striatal Adenylate Cyclase Assay

Fresh porcine brain tissue was provided by the Purdue Butcher Block. Striatal tissue was isolated by dissection and suspended in nine volumes of homogenization buffer (20 mM Hepes, 0.32 M sucrose, pH 7.4), followed by homogenization using 10-15 strokes with a Wheaton-Teflon glass homogenizer. The resulting mixture was centrifuged at  $1,000 \times g$  for 10 min at 4 °C. The pellet was washed in 10 mL of homogenization buffer and centrifuged again at  $1,000 \times g$  for 10 min at 4 °C. The resulting supernatants were combined and centrifuged at  $30,000 \times g$  for 10 min at 4 °C. The pellet was resuspended in 20-100 mL of 50 mM Tris buffer (pH 7.4) by briefly using a Kinematica homogenizer and was centrifuged at  $30,000 \times g$  for 30 min at 4 °C. This pellet was resuspended again in 50 mM Tris buffer, dispensed into 1 mL aliquots, and centrifuged for 10 min at  $13,000 \times g$  and 4 °C. A BCA protein assay was used to determine the final protein concentration of the pellets. The supernatant was aspirated and the pellets were frozen at -80°C until use.

The striatal adenylate cyclase assay protocol was adapted from previously published methods (Chester et al., 2006). Assays were carried out in 96-well assay tubes containing (final concentration) reaction buffer (5 mM MgCl<sub>2</sub>, 2 mM EDTA, 1 mM IBMX, 0.01% ascorbic acid, 10  $\mu$ M pargyline, and 15 mM HEPES, pH 7.4), 20  $\mu$ L reaction mix (1.25 mM adenosine 5'-triphosphate (ATP), 21.5 mM N-[imino(phosphonoamino)methyl]-N-methylglycine disodium salt (phosphocreatine), and 3 U creatine phosphokinase), 1  $\mu$ M Gpp(NH)p, 30  $\mu$ g striatal protein, and the indicated drugs, all in a total volume of 100  $\mu$ L. Duplicate samples for each treatment were incubated in a 30 °C water bath for 15 min. Adenylate cyclase activity was terminated by the addition of 200  $\mu$ L of 3% trichloroacetic acid. The reaction tubes were covered with parafilm and stored at 4°C until the concentration of cyclic AMP was quantified as described above.

#### 2.7. Mouse Locomotor Activity

Drug naïve male Swiss-Webster mice (Harlan, Indianapolis, IN) were housed in groups of 3-5 with free access to food and water under a 12/12 h light/dark cycle (lights on at 0700). All mice

weighed between 25 and 35 grams and were approximately 8-9 weeks of age at the start of the experiment. Experimental procedures were conducted between 0800 and 1200.

Locomotor activity was monitored using an open field activity frame (SmartFrame Low Density, Lafayette Instrument Co, Lafayette, IN) that contained eight infrared photo beams along the long axis and four along the short axis of each frame [internal frame dimensions:  $24.13 \times 45.72$  centimeters (cm)]. The frames surrounded a Plexiglas chamber that resided on top of black polyurethane enamel coated metal trays. Hamilton-Kinder MotorMonitor (Model HMM100) software was used to monitor activity.

Mice were randomly assigned to one of five treatment groups: vehicle/vehicle (n=8); vehicle/ (-)-DOX (n=8); vehicle/(+)-DOX (n=8); SCH23390/(+)-DOX (n=8); SCH23390/vehicle (n=6). For activity testing, individual mice were weighed and placed in the locomotor activity chambers for 30 minutes to acclimate them to the testing environment. Mice were then removed from the chamber and injected with either 0.03 mg/kg SCH23390 or vehicle. After a 20 min pretreatment time, mice were subsequently injected with either 5.0 mg/kg (+)-DOX, 5.0 mg/ kg (-)-DOX, or vehicle, and placed into the locomotor activity chambers for 60 min. All drugs were dissolved in physiological saline with 0.02% ascorbic acid to prevent drug oxidation and were injected intraperitoneally in a volume of 10 mL/kg body weight. Activity data were collected in 5-min epochs and data presented represent total distance traveled (cm) during the first 30 min of the testing session. Data were analyzed using a one-way ANOVA followed by post-hoc Student Newman-Keuls test using SPSS 15.0.1.1 and GraphPad Prism software.

# 3. Results

#### 3.1. (+)-DOX is a potent agonist at the dopamine D<sub>1</sub> receptor

We initially compared stimulation of cyclic AMP accumulation by the enantiomers of DOX using a heterologous expression system of HEK cells that stably express the human dopamine  $D_1$  receptor. Consistent with our previous studies (Cueva et al., 2006), both enantiomers stimulated cyclic AMP accumulation in this system. The (+) enantiomer of DOX displayed full intrinsic activity (111 ± 3 %) relative to dopamine with an EC50 of ca. 50 nM (Figure 1). The (-) enantiomer of DOX displayed markedly reduced potency with a moderate reduction in intrinsic activity when compared to either (+)-DOX or dopamine (Figure 1).

Knowledge that the functional activity of  $D_1$  receptor agonists can be distorted in the presence of spare receptors in heterologous systems (Watts et al., 1995) prompted additional experiments in cells expressing an endogenous human D1-like dopamine receptor. For these experiments we took advantage of cell growth studies implicating the presence of a D<sub>1</sub>-like receptor in the MCF7 human breast cancer tumor cell line (Johnson et al., 1995). To initiate these studies, we completed a characterization of the human dopamine  $D_1$ -like receptor using the well-studied full D<sub>1</sub> receptor agonist DHX and the partial D<sub>1</sub> receptor agonist, SKF38393. These experiments revealed that dopamine, DHX, and SKF38393 stimulated cyclic AMP accumulation in a dose-dependent manner in MCF7 cells, with EC50 values of  $1120 \pm 100$ nM,  $81 \pm 1$  nM, and  $1060 \pm 290$  nM, respectively (n = 3). DHX was a "full" agonist relative to dopamine, whereas the selective partial agonist, SKF38393 displayed the anticipated reduced intrinsic activity (ca. 30% relative to dopamine) (Figure 2A). The intrinsic activities of DHX and SKF38393 in MCF7 cells studies are consistent with previous studies using human striatal tissue (Gilmore et al., 1995). To characterize this cell model further, we carried out antagonist studies using the dopamine D<sub>1</sub> antagonist, SCH23390 (Figure 2B). Incubation with SCH23390 resulted in a complete blockade of agonist-stimulated cyclic AMP accumulation, indicating the presence of a functional human dopamine D<sub>1</sub>-like receptor in MCF7 cells.

Having established MCF7 cells as a model for assessing D<sub>1</sub> agonist activity, the functional properties of the enantiomers of DOX were then evaluated. Studies with racemic  $(\pm)$ -DOX revealed that it was more potent than dopamine; however, the intrinsic activity appeared to be slightly reduced compared to dopamine (Figure 3A). In results that were consistent with those from the heterologous expression system, (+)-DOX displayed intrinsic activity that appeared to be greater than that of dopamine, suggesting that (+)-DOX may have greater efficacy than dopamine itself. In contrast, (-)-DOX had only 30% intrinsic activity when compared to dopamine. This finding suggests that (-)-DOX is a partial agonist and would have antagonist activity at dopamine  $D_1$  receptors (Figure 3A). Thus, we evaluated the ability of (-)-DOX to antagonize dopamine- and (+)-DOX-stimulated cyclic AMP accumulation in MCF7 cells by measuring dose-response curves in the absence or presence of 10 µM (-)-DOX. As anticipated, the addition of 10  $\mu$ M (-)-DOX reduced the intrinsic activity and potency of both dopamine and (+)-DOX (Fig. 3B,C). The (-)-DOX-induced reduction in the intrinsic activity of (+)-DOX indicates that (-)-DOX contributes significant antagonist activity within racemic DOX, consistent with the results shown in Figure 3A. Curiously, as shown in figures 3B,C, increasing concentrations of either dopamine or (+)-DOX failed to overcome the attenuated cAMP response produced by (-)-DOX. These results suggest that (-)-DOX may be acting either as a noncompetitive antagonist, or perhaps as a negative allosteric modulator of the  $D_1$  receptor.

In the absence of human striatal tissues to study a native  $D_1$ -like dopamine receptor, (+)-DOX was evaluated and compared to dopamine and SKF383983 at  $D_1$ -like dopamine receptors in porcine striatal tissue. This series of functional studies revealed that (+)-DOX had high intrinsic activity (115 ± 15%; n = 3) and an EC50 of 68 ± 14 nM; n = 3 (Figure 4). Consistent with results obtained using the heterologous expression system and MCF7 cells, (+)-DOX also was more potent than dopamine, which had an EC50 value of 370 ± 77 nM (n = 3) in porcine striatal tissue.

#### 3.2. (-)-DOX is a potent agonist at the $\alpha_{2C}$ adrenergic receptor

The NIMH-sponsored Psychoactive Drug Screening Program assessed racemic DOX and reported that it possessed significant affinity for  $\alpha_2$  adrenergic receptors (Cueva et al., 2006). The estimated Ki values for  $\alpha_{2A}$ ,  $\alpha_{2B}$ , and  $\alpha_{2C}$  receptors were 180, 10, and 2 nM, respectively. In light of these observations, we evaluated the functional activity of the enantiomers of DOX at the  $\alpha_{2C}$  adrenergic receptor. A heterologous expression system in which HEK293 cells stably expressed the  $\alpha_{2C}$  receptor was constructed to examine the ability of (+)- and (-)-DOX to inhibit forskolin-stimulated cyclic AMP accumulation. The prototypical  $\alpha_2$  agonist clonidine was used for comparison. Surprisingly, (-)-DOX had an EC50 value of  $4.4 \pm 2.3$  nM (n = 3) in these cells, was nearly four-fold more potent than clonidine (EC50 =  $17 \pm 3.2$  nM, n = 3), and was 30-fold more potent than (+)-DOX (EC50 =  $151 \pm 25$  nM, n = 3) (Figure 5). Perhaps more striking is the marked intrinsic activity difference between the two enantiomers of DOX at the  $\alpha_{2C}$  receptor. (-)-DOX exhibited intrinsic activity similar to that of clonidine, whereas (+)-DOX had very low intrinsic activity  $(34 \pm 7\%)$  inhibition) that was only ca. 50% of that displayed by (-)-DOX. Moreover, the addition of a selective  $\alpha_2$  antagonist, rauwolscine (10  $\mu$ M) antagonized the (-)-DOX- and clonidine-mediated inhibition of forskolin stimulation of cyclic AMP, demonstrating that this effect was specific for the activation of the  $\alpha_{2C}$  receptor (data not shown). These results clearly show that the data from the NIMH-sponsored affinity studies of  $\alpha_{2C}$  adrenergic receptors with racemic DOX primarily reflect the binding of (-)-DOX. Additionally, we reveal for the first time that the stereoselectivity of the enantiomers of the rigid  $D_1$  agonist DOX is reversed between dopamine  $D_1$  and  $\alpha_{2C}$  adrenergic receptors.

#### 3.3. (+)-DOX and (-)-DOX produce opposite effects on locomotor activity

When administered alone, (+) and (-)-DOX produced opposite effects on locomotor activity (Figure 6). One-way ANOVA of total distance traveled during the first 30 min revealed a

significant difference between treatment groups ( $F_{4,33} = 7.0$ , p < 0.001). Student Newman-Keuls post-hoc analysis indicated that (-)-DOX decreased distance traveled compared to the vehicle group (p < 0.05), whereas (+)-DOX increased distance traveled compared to the vehicle group (p < 0.05). Pretreatment with the D<sub>1</sub>- selective antagonist, SCH23390 (0.03 mg/kg, i.p., 20 min pretreatment) blocked the locomotor-stimulatory effects of (+)-DOX. SCH23390 administered alone did not alter locomotor activity when compared to the vehicle group (Figure 6).

# 4. Discussion

DOX is a recently synthesized analogue of DHX, a full dopamine  $D_1$  agonist with antiparkinsonian activity in MPTP-treated non human primates (Cueva et al., 2006; Taylor et al., 1991). In the present studies, we have examined the pharmacological properties of the enantiomers of DOX at dopamine  $D_1$  and  $\alpha_{2C}$  adrenergic receptors. Initial experiments compared the functional activity of (+)-DOX and (-)-DOX, as well as the endogenous agonist dopamine, at the  $D_1$  dopamine receptor using a heterologous  $D_1$  expression system (HEK- $D_1$  cells), a novel cell model system that endogenously expresses a  $D_1$ -like receptor (MCF7 cells), and porcine striatal tissue. The (+) enantiomer of DOX displayed full agonist properties and was more potent than dopamine and (-)-DOX in all three systems. The ability of (+)-DOX to increase locomotor activity also is consistent with a  $D_1$ -like activation profile (Desai et al., 2005). It should be noted, however, that the effects of (+)-DOX on locomotor activity in the present study are quite modest when compared to the robust increase observed in response to amphetamine (Villarreal et al., 1973).

In contrast, functional studies using the  $\alpha_{2C}$  adrenergic receptor revealed that (-)-DOX was more potent than (+)-DOX. Furthermore, (-)-DOX also was four-fold more potent than clonidine at activating  $\alpha_{2C}$  adrenergic receptors. Consistent with these results, (-)-DOX produced a reliable decrease in locomotor activity in mice within the first 30 minutes of administration (Figure 6). This result is consistent with studies using other  $\alpha_2$  agonists such as clonidine, which produce distinct suppression of locomotor activity in rodents (Capasso and Loizzo, 2001).

This reversal of stereoselectivity has implications for the use of DOX as a potential therapeutic agent. For example, administration of (+)-DOX, as opposed to the racemic mixture, would allow for full stimulation of the dopamine  $D_1$ -like dopamine receptor in the absence of potentially significant adverse side effects associated with activation of the  $\alpha_{2C}$  receptor. In addition to possessing disparate pharmacology, the two enantiomers may have different pharmacokinetic and pharmacodynamic properties due to stereoselective interaction with other molecular targets (Waldeck, 2003).

Fundamentally, the development of a single enantiomeric form of a drug is to minimize the xenobiotic load on the organism by reducing the levels of foreign molecules not normally present (Ariens, 1990). The development of therapeutic agents that are enantiomerically pure also will minimize the potential for off target effects by the "inactive" enantiomer. For example, one isomer of the drug may possess a desirable physiological and pharmacological response, whereas the other potentially could produce adverse effects by activation of other biological targets or enzymes. This situation is not what is typically observed but is, however, the result observed in our studies with the enantiomers of DOX.

Common examples of enantiomeric drugs include (*S*)-citalopram (Escitalopram or Cipralex<sup>TM</sup>), a member of the SSRI antidepressant family (Izake, 2007). Escitalopram is a selective serotonin reuptake inhibitor in which the *S* enantiomer is 150 times more potent than the *R* enantiomer as a serotonin transporter inhibitor (Hyttel et al., 1992). Another example of

a single enantiomer drug is Lunesta<sup>TM</sup> (Eszopiclone, or (*S*)-zopiclone), a nonbenzodiazepine hypnotic agent used to treat insomnia. Although the mechanism of action of Eszopiclone is not well understood, the *S* enantiomer has higher affinity and is more active at GABA receptors (Blaschke, 1993). Thus, in a study where the behavioral effects of the enantiomers of zopiclone were evaluated in rats, both (*S*)- and racemic zopiclone reduced locomotor activity, whereas (*R*)-zopiclone did not, showing that the sedative effects are mediated solely by the *S* enantiomer (Carlson et al., 2001). In neither of these examples, however, was there any evidence that the enantiomer with lower potency for the desirable therapeutic response produced any adverse effects.

By contrast, in this study we have shown that (-)-DOX, which has lower potency and intrinsic activity as an agonist at the  $D_1$  dopamine receptor, actually is a potent agonist with high intrinsic activity at  $\alpha_{2C}$ -adrenergic receptors, with potential adverse actions such as sedation and effects on blood pressure resulting from  $\alpha_2$  receptor activation. Further, the indication that (-)-DOX may be a noncompetitive antagonist or negative allosteric modulator of the  $D_1$  receptor suggests that the combination of enantiomers, in the form of the racemate, would be detrimental to therapeutic efficacy. In essence, one could consider the enantiomers of DOX to be completely different pharmacological entities.

PD patients experience significant relief in response to initiation of L-DOPA drug therapy. The onset of dyskinesias, however, an impairment of voluntary movement, is a side effect that commonly develops upon long-term treatment with L-DOPA. Moreover, the effectiveness of L-DOPA eventually declines as the disease progresses (Olanow et al., 2004). Clinically available alternatives to L-DOPA are based on the hypothesis that the therapeutic effects of L-DOPA are mediated through dopamine D<sub>2</sub>-like receptors. Despite that belief, however, D<sub>2</sub> dopamine agonist monotherapy is not as efficacious as L-DOPA at alleviating PD-like symptoms. The lack of D<sub>2</sub> agonist efficacy as a monotherapy when compared with L-DOPA indirectly supports the role of D<sub>1</sub>-like receptors in PD therapy. More direct evidence, however, is the demonstration that the selective D<sub>1</sub> agonists DHX, ABT 431, and CY208-243 reduced PD-like symptoms in a non-human primate model (Taylor et al., 1991; Temlett et al. 1988), as well as PD symptoms in humans (Rascol et al., 2001; Tsui et al., 1989), with efficacy comparable to L-DOPA, thereby demonstrating the importance of D<sub>1</sub> receptors as targets for the therapy of PD.

Dopamine agonists may have additional therapeutic roles beyond the relief of PD symptoms, including neuroprotective effects that lead to neuronal survival (Lewis et al., 2006). The partial  $D_1$  dopamine agonist SKF38393 reduces aspects of MPTP-neurotoxicity (Muralikrishnan and Ebadi, 2001) and protects against malonate-induced lesions (Fancellu et al., 2003). Additionally, dopamine treatment resulted in a reduction of apoptosis in cells expressing both  $D_1$  and  $D_2$ -like receptors (Colombo et al., 2003). This effect was blocked by the  $D_1$ -selective antagonist, SCH23390, but not by the  $D_2$ -selective antagonists haloperidol or domperidone, thereby suggesting that activation of  $D_1$ -like receptors is anti-apoptotic.

Dopaminergic neuronal degeneration and the subsequent dopamine deficit can result in a characteristic impairment of cognition and working memory in individuals with PD (Castner and Goldman-Rakic, 2004). Stimulation of the  $D_1$  receptor enhances working memory in humans, dopamine-deficient monkeys, and aged monkeys (Arnsten et al., 1994; Cai and Arnsten, 1997; Castner and Goldman-Rakic, 2004; Davidson et al., 1990; Schneider et al., 1994). Monkeys exposed to low doses of MPTP, a neurotoxin that targets and results in the death of dopaminergic neurons, develop severe cognitive dysfunction. Administration of DHX resulted in a dose-dependent improvement of working memory and this effect was blocked by the  $D_1$  receptor antagonist SCH-23390 (Schneider et al., 1994). Dopaminergic deficits also can occur during the natural aging process, resulting in impairment of short and long term

memory. Castner and Goldman-Rakic (2004) demonstrated that aged rhesus monkeys (20-30 + years of age) displayed a significant improvement in working memory task performance following administration of the  $D_1$  receptor agonist ABT-431. In addition, this enhancement in cognitive function persisted for more than one year after ABT-431 administration, suggesting that stimulation of  $D_1$  receptors may induce long-term alterations in the neurocircuitry of working memory. Most recently, a clinical trial of DHX in schizophrenia has shown that a single dose can significantly enhance blood flow to the prefrontal cortex, a brain area implicated in working memory (Mu et al., 2007). Although the clinical application of  $D_1$  agonists (e.g. DHX) has been hampered by low bioavailabilty, our recent *in vivo* studies using the 6-OH lesioned rotating rat model suggest that DOX is orally bioavailable (McCorvy et al., unpublished observations).

In conclusion, the present study has demonstrated that (+)-DOX is a potent full  $D_1$  dopamine receptor agonist that has high selectivity for  $D_1$ -like dopamine receptors. In contrast, (-)-DOX is a weak partial  $D_1$  agonist with potential  $D_1$  antagonist properties, also having significant affinity and potency at  $\alpha_{2C}$  adrenergic receptors. Based on these results, we propose that the (+) enantiomer of DOX is an improved tool for the continued study of  $D_1$  dopamine receptor function *in vivo*. Additionally, such a selective compound offers potential for examining the role of  $D_1$ -like receptors in the therapy of Parkinson's disease, neuroprotection, and cognitive impairment.

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# Figure 1. Dose-response curves for dopamine $\mathbf{D}_1$ receptor-mediated stimulation of cyclic AMP accumulation

HEK-D<sub>1</sub> cells were incubated with increasing concentrations of dopamine, (+)-DOX, or (-)-DOX for 15 min at 37 °C. The data presented have been normalized to the maximal cyclic AMP accumulation observed in the presence of dopamine. Data shown are the mean  $\pm$  SEM of six independent experiments assayed in duplicate.



Figure 2. Characterization of a human  $D_1$ -like dopamine receptor in MCF7 cells A. MCF7 cells were incubated with increasing concentrations of dopamine, DHX, or SKF38393 for 15 min at 37 °C. The data presented have been normalized to the maximal cyclic AMP accumulation observed in the presence of dopamine and are the mean  $\pm$  SEM of three or four independent experiments assayed in duplicate. **B.** Cyclic AMP accumulation under basal conditions or following incubation with 3  $\mu$ M forsklin (FSK), 5  $\mu$ M dopamine (DA), 5  $\mu$ M DHX, or 5  $\mu$ M SKF38393 (SKF) in the absence (control) or presence of the D<sub>1</sub> dopamine receptor antagonist, SCH23390 (5  $\mu$ M). The data presented are the mean  $\pm$  SEM of three independent experiments assayed in duplicate.





**A.** MCF7 cells were incubated with increasing concentrations of dopamine, (±)-DOX, (+)-DOX, or (-)-DOX for 15 min at 37 °C. The data presented have been normalized to the maximal cyclic AMP accumulation observed in the presence of dopamine. **B., C.** Dose-response curves for dopamine- or (+)-DOX-stimulated cyclic AMP accumulation were completed in the absence (solid symbols) or the presence of 10  $\mu$ M (-)-DOX (open symbols) as described above. The data presented in each figure are the mean ± SEM of three independent experiments assayed in duplicate.



**Figure 4. Dose-dependent stimulation of cyclic AMP in porcine striatal homogenate** Striatal tissue was incubated in the presence of increasing concentrations of dopamine, (+)-DOX, or SKF38393 for 15 min at 30 °C. The data presented have been normalized to the maximal cyclic AMP accumulation observed in the presence of dopamine and are the mean ± SEM of three independent experiments assayed in duplicate.



# Figure 5. Dose-response curves for $\alpha_{2C}$ receptor-mediated inhibition of forskolin-stimulated cyclic AMP accumulation

HEK- $\alpha_{2C}$  cells were incubated with 30 µM forskolin in the presence of increasing concentrations of clonidine, (+)-DOX, or (-)-DOX for 15 min at 37 °C. The data presented have been normalized to the maximal cyclic AMP accumulation observed in the presence of forskolin alone and are the mean ± SEM of three independent experiments assayed in duplicate. The EC50 values for (-)-DOX and clonidine in these experiments were 4.4 ± 2.3 nM and 17 ± 3.2 nM, respectively.



#### Figure 6. Effects of enantiomers of DOX on locomotor activity

Swiss-Webster mice were administered either vehicle/vehicle, vehicle/5.0 mg/kg (-)-DOX, vehicle/5.0 mg/kg (+)-DOX, 0.03 mg/kg SCH23390/5.0 mg/kg (+)-DOX, or 0.03 mg/kg SCH23390/vehicle. Data depicted are total distance traveled (cm) during the first 30 min of the test session. Student-Newman-Keuls post-hoc analysis: \* p < 0.05 compared to vehicle/ vehicle group.