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Effects of ciliary neurotrophic factor and leukemia inhibiting factor on oxytocin and vasopressin magnocellular neuron survival in rat and mouse hypothalamic organotypic cultures

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Abstract

Organotypic cultures of mouse and rat magnocellular neurons (MCNs) in the hypothalamoneurohypophysial system (HNS) have served as important experimental models for the molecular and physiological study of this neuronal phenotype. However, it has been difficult to maintain significant numbers of the MCNs, particularly vasopressin MCNs, in these cultures for long periods. In this paper, we describe the use of the neurotrophic factors, leukemia inhibiting factor (LIF) and ciliary neurotrophic factor (CNTF) to rescue rat vasopressin (Avp)- and oxytocin (Oxt) – MCNs from axotomy-induced, programmed cell death *in vitro*. Quantitative data are presented for the efficacy of the LIF family of neurotrophic factors on the survival of MCNs in three nuclei, the paraventricular (PVN), supraoptic (SON), and accessory (ACC) nuclei in the mouse and rat hypothalamus.

Keywords

hypothalamus; neurotrophic; organotypic; CNTF; LIF; magnocellular neurons; oxytocin; vasopressin

INTRODUCTION

Organotypic cultures of specific regions of the rat brain have served as important models for the study of central nervous system functions and metabolism (Gahwiler, 1981; Gahwiler et al., 1997; Gahwiler and Hefti, 1985). These cultures have the virtues of being derived from postnatal animals, and therefore in most cases fully differentiated neurons, for long-term culture. Neurons in organotypic culture also maintain more appropriate cell-to-cell (e.g., glialneuronal, and interneuronal) associations than in other *in vitro* models. However, an important caveat about organotypic cultures to keep in mind is that during preparation of the slices for culture the long afferent fibers which normally innervate the neurons *in vivo* are often cut in the slice-explants. This often leads to the formation of abnormal synaptic connections during the long culture periods. Nevertheless, despite the latter drawback, organotypic cultures provide the best experimental models to study the physiological and molecular properties of a

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wide variety of specific neuronal phenotypes. Among these phenotypes are neurons found in the hippocampus (Bergold and Casaccia-Bonnefil, 1997; Bruce et al., 1995; Gahwiler and Hefti, 1985), cortex (Baratta et al., 1996; Dammerman et al., 2000; Snyder-Keller, 2004), cerebellum (Birgbauer et al., 2004; Davids et al., 2002; Dupont et al., 2006), spinal cord (Bonnici and Kapfhammer, 2008; Eustache and Gueritaud, 1995; Li et al., 2008), brain stem (Rusnak and Gainer, 2005), hypothalamus (House et al., 1998; Israel et al., 2008; Shimizu et al., 2008; Wray et al., 1988), Mesencephalon-(Franke et al., 2003; Holmes et al., 1995; Larsen et al., 2008; Lyng et al., 2007; Plenz and Kitai, 1998), retina (Kaempf et al., 2008) and cochlear nucleus (Kesser et al., 2007; Khan et al., 2007; Qi et al., 2008). One important technical advance that has made the organotypic culture method accessible to many laboratories has been the development of the stationary explant (Stoppini et al., 1991)as an alternative to the roller-tube approach which was originally developed by Gahwiler and co-workers (Gahwiler, 1981; Gahwiler et al., 1997).

Hypothalamic organotypic cultures have been used for many types of neurobiological studies. These range from electrophysiological analyses of bursting neurons (Gahwiler and Dreifuss, 1979; Israel et al., 2008), metabolic studies of hypophysiotrophic CRH neurons (Arima et al., 2001; Bali et al., 2008; Bertini et al., 1993), and deletion analyses of oxytocin and vasopressin gene promoters (Fields et al., 2003). Certain neuronal systems in the hypothalamus such as LHRH neurons in the OVLT-MPOA region (Wray et al., 1988)and the suprachiasmatic nuclei (SCN) (Belenky et al., 1996)survive exceptionally well in organotypic cultures. As a result, the SCN in organotypic culture has been an outstanding and reliable model for the study of the generation of circadian rhythms in this nucleus (Maywood et al., 2007; Maywood et al., 2006; O'Neill et al., 2008; Rusnak et al., 2007; Tominaga et al., 1994). For other neuronal phenotypes, however, such as the magnocellular neurons (MCNs) in the hypothalamoneurohypophysial system (HNS) it has been found that while the topography of the MCNs is maintained in organotypic culture, the survival of these neurons particularly the Avp-MCNs, the PVN and SON is very poor and highly variable (House et al., 1998; Wray et al., 1991). In some studies, this has been an advantage. For studies of Avp gene expression in parvocellular CRH neurons in the PVN, the relative absence of Avp-MCNs in this nucleus allowed for an analysis of the regulation of Avp-gene expression in the CRH neurons by cAMP (Arima et al., 2001). Similarly, the relative paucity of the Avp-MCNs in the organotypic cultures facilitated the study of the electrophysiology of identified Oxt-MCNs (Israel et al., 2008; Jourdain et al., 1998).

The vulnerability of the MCNs to axotomy-induced programmed cell death that occurs in organotypic cultures is analogous to the extensive retrograde degeneration of these neurons that occur *in vivo* after axonal damage (Alonso et al., 1996; Dohanics et al., 1992; Hare, 1937; Shahar et al., 2004). This led to the idea that this vulnerability of the MCNs is related to the loss of retrograde trophic factors from the posterior pituitary after axonal injury. Vitskits and colleagues were the first to systematically examine this issue, and they reported that members of the LIF family of neurotrophic factors (e.g., CNTF and LIF) could rescue Avp-MCNs in PVNs in organotypic culture from programmed cell death (presumed to be due to apoptosis) (Vutskits et al., 1998). Subsequent studies showed that both Oxt-and Avp-MCNs in the SON in organotypic culture could also be rescued from cell death by CNTF (Rusnak et al., 2002; Rusnak et al., 2003). Since the application of Bc1-XL and caspase inhibition was also found to increase the survival of the Oxt-and Avp-MCNs in the SON in organotypic culture (House et al., 2006) this lent further support for the proposal that the mechanism of axotomyinduced cell death was apoptosis (Vutskits et al., 1998). CNTF and the CNTF receptor have found to be present in the HNS system *in vivo* (Lo et al., 2008; Watt et al., 2006; Watt, et al, 2008) consistent with the view that this neurotrophic factor normally plays a role to sustain the MCNs *in vivo*.

To date, studies of the impact of the LIF family of neurotrophic factors on MCN survival have been restricted to either the rat PVN or SON in organotypic culture. In this paper, we describe the effects of both CNTF and LIF on the rescue of the MCNs in all three of the principal nuclei that constitute the rat HNS, the PVN, SON and the ACC, and different responses of the neurons in these nuclei to the neurotrophic factors were found. In addition, we compare the responses of the MCNs in rat versus mouse organotypic cultures, and report here significant differences between these rodent species.

MATERIALS AND METHODS

Slice-explant culture procedures

Sprague-Dawley pups, 6–7 days old (Charles River Laboratories, Wilmington, MA) and 7–10 day old Swiss-Webster mouse pups (Charles River, Wilmington, MA) were decapitated, and their brains were quickly removed. All procedures were carried out in accordance with the NIH guidelines on the Care and Use of Animal study protocol approved by the NINDS Animal Care and Use Committee at NIH. Organotypic hypothalamic cultures were made as previously described (House et al., 1998). Briefly, hypothalamic tissue blocks were sectioned (at 300 μm for mice, and 350 μm for rats) on a McIlwain tissue slicer. In rats four (in mice five) coronal slices containing the specific areas to be investigated, were separated in 4°C Gey's Balanced Salt Solution (Gibco, Grand Island, NY, USA) enriched with glucose (5 mg/ml). Selected sections were trimmed dorsally above the top of the third ventricle and laterally from SON and placed on Millicell-CM filter inserts (pore size 0.4 μm, diameter 30 mm, Millipore Products Division, Bedford, MA). Each filter insert was placed in a Petri dish (35 mm), containing 1.2 ml of culture medium wetting the exposed surfaces of the explants, but not submerging them. Incubation of the cultures was stationary in 5% CO2 enriched air at 35°C for rat hypothalamic sections, whereas mouse slices were cultured at 32°C. These temperatures were found to be optimal for the particular type of culture in our experimental model. Cultures were routinely maintained for 14 days in serum containing medium (SCM in the presence or absence of either rat CNTF (10ng/ml; Sigma-Aldrich, St Louis, MO, USA) or mouse LIF (10ng/ml; Sigma-Aldrich, St Louis, MO, USA). Medium was replaced 3 times a week.

Media and Incubations

The serum containing medium (SCM) was composed of Eagle's Basal Medium with Earle's salts (50 %), heat inactivated horse serum (25%), Hanks balanced salt solution (25%), glucose (0.5%), 1mM glutamine, and penicillin/streptomycin 25 units/ml. The osmotic pressure of the medium was 314 mOsm/l. All ingredients the media were obtained from Gibco, BRL (Grand Island, N.Y. USA). Osmolarity of all media was measured by using a vapor pressure osmometer (Wescor, Buffalo, N.Y.). The explants were cultured for 14 days in SCM. In these experiments, slices were cultured either with CNTF or LIF as well as without any of these neurotrophic factors.

Immunohistochemistry

After culturing, the explants on the filters were fixed in 4 % formaldehyde in PBS for 1hour; rinsed 3×10 min in PBS, and then placed into cryoprotectant medium (Watson et al., 1986) where they were stored at 4[°]C until used for immunohistochemistry. For immunostaining, filters containing the fixed slices were excised from the inserts using a scalpel and then placed in Netwell carriers (Costar, Mass). Filters were then thoroughly rinsed in PBS, and blocked in 10 % normal goat serum (NGS)/0.6 % triton X-100, for 1.5 hours at room temperature to prevent non-specific binding.

For peroxidase-DAB immunohistochemistry, the filters were incubated in primary antiserum overnight at 4 ° C. The polyclonal antibody against Avp-neurophysin, THR (prepared by Dr.

Alan Robinson, UCLA School of Medicine, and supplied by the Pituitary Hormones and Antisera Center, Torrance, California) was used at dilution of 1: 20,000, overnight at 4°C, and a mouse monoclonal antibody against Oxt-neurophysin, PS 38 (Ben-Barak et al., 1985), was used at a dilution of 1: 25. On day 2, the filters were rinsed in PBS 3 times and then incubated in biotinylated secondary antibody (Vector Laboratories, Burlingame, CA) at 1:500 dilution for 1.5 h, rinsed in PBS 3 times then followed by avidin-biotinylated horseradish peroxidase (1:600) for 1h, (Vectastain Elite ABC Kit, Vector Labs). Following this incubation, the filters were rinsed three times in PBS and the reaction product was visualized using the chromogen 3,3′ diaminobenzidine tetrahydrochloride (DAB, 5mg/10 ml, Sigma). The DAB containing solution, consisted of 85 ml of PBS, 40 mg NH4 Cl, 136 mg imidazole, and 400 mg glucose. This solution was combined with 10 ml DAB and filtered immediately before adding 500 μl of glucose oxidase (100 units/ml, Calbiochem.), with or without nickel sulfate (70–80 mg/100 ml). Gentle rocking was implemented in the final stage of staining. Tissue was eased off the filters using a # 1 fine sable brush and placed on double subbed slides and allowed to dry overnight before counterstaining. Tissue too fragile to remove from their filters were counterstained in the netwells. Tissue on slides were cleared with xylene and mounted with Permount (Fisher, Pittsburgh, PA). Fragile tissue on the filters were dehydrated up to 100 % ethanol and cleared using Americlear Histology Clearing Solvent (Baxter Healthcare, Mcgraw Park, Il), and mounted in Permount, and photographed using an Olympus IX70 microscope (Olympus Instrument Co, Valley Central, PA).

For double immunofluorescence the rabbit polyclonal antibody against Avp-neurophysin, THR, was used at dilution of 1: 2000, overnight at 4°C, and was detected by Alexa 488 conjugated goat anti-rabbit (Molecular Probe Inc., Oregon, USA) second antibody at 1: 500 dilution. The mouse monoclonal antibody against Oxt-neurophysin, PS 38 (Ben-Barak et al., 1985; Whitnall et al., 1985)was used at a dilution of 1: 25 and followed by Alexa 594 conjugated goat anti-mouse second antibody (Molecular Probe Inc., Oregon, USA) staining at 1: 1000 dilution. The fluorescent slides were viewed under epi- fluorescence using a Nikon Labophot fluorescence microscope (Nikon Instrument Co, Melville, NY).

Counts of the PS 41- and THR-immunoreactive neurons in the cultures were made using the Nikon microscope as described elsewhere (House et al., 1998; Rusnak et al., 2002; Rusnak et al., 2003), and each measurement (e.g, the n values in Tables 1 and 2) represents all the identified cells found in the hypothalamic nuclei (i.e, from the 4 rat slices and 5 mouse slices on a given filter) which were derived from a single animal. The data were statistically evaluated by one-way analysis of variance (ANOVA). Fischer's Protected LSD test was performed to determine differences between all investigated groups. Data are expressed as means ± S.E.M.s and statistical significance was when $p < 0.01$.

RESULTS

Figure 1 illustrates the principal nuclei of the HNS system present in the rat hypothalamic organotypic cultures after 14 days *in vitro*. A similar distribution of MCNs is seen in organotypic cultures of mouse hypothalamus (not illustrated). A detailed description of the MCNs in both rat and mouse hypothalamic cultures after long-term culture have been described previously (House et al., 2006). The peroxidase-DAB-labeled MCNs shown in Fig 1 were visualized by immunohistochemistry using either a mouse monoclonal antibody, PS38, directed at Oxt-neurophysin (top) or a rabbit polyclonal antibody, THR (bottom), directed at Avp-neurophysin, highly specific markers of the Oxt- and Avp-MCNs, respectively. MCNs are found in the SON, PVN, and a dispersed population of MCNs called the ACC nucleus. The Avp immunopositive SCN neurons, which contain only small Avp-expressing neurons, are also found in these organotypic cultures (Rusnak et al., 2007;Wray et al., 1993). We find that most of the Oxt and Avp MCNs are typically located in one slice (as shown in Fig 1), but

smaller numbers of these cells from each nucleus can be found in the three other slices from a single animal. In this study, the immunopositive cells from all 4 slices are counted using Oxt and Avp fluorescent immunohistochemical assays (see Methods), and are presented separately as numbers of cells/nucleus/animal in Tables 1 and 2.

Effects of CNTF and LIF on the survival of rat MCNs in organotypic cultures

Figure 2 shows the effects of 10ng/ml CNTF or 10ng/ml LIF on the total numbers of Oxt (A) and Avp (B) MCNs surviving in organotypic culture in the absence or presence of the neurotrophic factors, CNTF or LIF. In control (untreated) cultures there were an average of 500 Oxt MCNs and 434 Avp MNCs that were present in the hypothalamic cultures obtained from a single rat pup. Culturing the slice-explants in CNTF or LIF for 14 days in vitro produced a 3.3-fold increase to about 1531 Oxt neurons and a 1.6-fold increase to about 697 Avp neurons in CNTF, and a 3.2-fold increase to about 1506 Oxt neurons, and a 1.66-fold increase to 714 Avp neurons in LIF containing media. In the rat hypothalamus, the CNTF and LIF appear to be equivalent in their abilities to rescue the Oxt and Avp MCNs from cell death during organotypic culture.

The MCNs in the three nuclei differ in their responses to the neurotrophic factors. This is shown in Table 1 where the cell numbers in each nucleus are evaluated for their responses to CNTF and LIF. Under control conditions 80% of the Oxt MCNs are equally divided between the PVN and SON, and the cell numbers increase about 2-fold in both of these nuclei after either CNTF or LIF treatment. In contrast, the ACC nuclei averages only 86 Oxt MCNs/animal under control conditions, but increase about 6-fold to 492 after CNTF and 526 after LIF treatments, and reaches a total survival equivalent to the PVN and SON. The situation for the rat Avp MCNs differs somewhat from the Oxt MCNs in that there is no significant effect of the neurotrophic factors for the Avp MCNs in the PVN, but a 3.7-fold increase in Avp MCNs in the SON as a result of either treatment. The Avp MCNs in the ACC are very sparse, but do increase significantly after CNTF and also apparently after LIF treatment (but not statistically significant in the LIF).

Effects of CNTF and LIF on the survival of mouse MCNs in organotypic culture

Figure 3 shows the effects of 10ng/ml CNTF or 10ng/ml LIF on the total numbers of Oxt (A) and Avp (B) MCNs present in organotypic cultures of mouse hypothalamus after 14 days *in vitro* in the absence or presence of the neurotrophic factors. Unlike the rat MCNs (Fig 2), there was either no statistically significant change in survival of the mouse MCNs or a small significant increase of Avp MCNs, about 1.7-fold, in the presence of LIF only (Fig 3B). Virtually, all of this significant increase in LIF occurred in the mouse PVN (Table 2B), which is in contrast to the situation with the rat PVN which was the one nucleus that was unresponsive to the neurotrophic factor (Table 1B). Taken together, these data emphasize the selectivity in the responses of the MCNs to the neurotrophic factors, both with regard to their specific nuclei and the rodent species.

DISCUSSION

In this paper, we examine the effects of two LIF-family neurotrophic factors, CNTF and LIF, on their abilities to rescue MCNs in the HNS from axotomy-induced, programmed cell death. We also compare the responses of the MCNs in several different nuclei in the HNS, the PVN, SON, and ACC in two rodent species, mice and rats. We have made this effort to do this systematic, quantitative analysis, since the MCNs are very intensively studied *in vivo* as models and prototypes of neuroendocrine cells in the CNS, and these organotypic cultures are the only *in vitro* experimental models for the fully differentiated phenotypes that can be studied.

Optimizing the survival of the Oxt- and Avp-MCNs in these cultures should greatly facilitate future cell-biological and physiologic studies of these important neuronal systems.

In this study, we have, for the first time, considered the responses of the MCNs in the ACC nucleus, in addition to the MCNs in the PVN and SON to the neurotrophic factors. Although most work on the HNS system has been focused on the PVN and SON nuclei because of their obvious and compact cell groupings, it has been known for many years that the rat hypothalamus has other MCNs in less conspicuous but consistent cellular groups (Armstrong et al., 1980; Fisher et al., 1979; Herman et al., 1987; Ju et al., 1986; Kelly and Swanson, 1980; Peterson, 1966; Sherlock et al., 1975). Many investigators have referred to these various cell clusters as the "accessory nucleus" (ACC) and we have used this nomenclature here. The ACC is much more prominent in the rat versus the mouse hypothalamus, and very little if any literature can be found for the mouse ACC. Several papers in the literature have counted the numbers of Oxt- and Avp MCNs in the rat PVN and SON, but only one paper included the ACC in the analysis (Rhodes et al., 1981). Unlike the SON where there are twice as many Avp-MCNs than Oxt MCNs, and the PVN where there were equivalent numbers of each phenotype, in contrast the ACC the Oxt-MCNs were two-fold greater in number than the Avp-MCNs (Rhodes et al., 1981). Interestingly, in the rat hypothalamic organotypic cultures the Oxt-MCNs were similarly the predominant phenotype in the ACC (see Table 1).

Comparison of the rat MCN cell numbers found *in vivo* (Rhodes et al., 1981)versus those found after 14 days in organotypic culture (Table 1) shows that there are a total of 500 Oxt- and 434 Avp MCNs surviving in the control cultured slice explants, or 6.4% and 4.6% of the total Oxtand Avp-MCNs, respectively, found *in vivo*. After treatment with the neurotrophic factors the cultured rat MCN numbers rose to about 1600 for Oxt and 700 for Avp (Fig 2) representing a value of about 21% and 7% respectively, of these phenotypes found *in vivo*. Even though the neurotrophic factors produced a substantial improvement in survival *in vitro*, the total numbers are considerably lower than the *in vivo* MCN numbers. What is most striking about the data in Table 1 are the different degrees of responsiveness to the neurotrophic factors among the different nuclei and between the peptide neuronal phenotypes. For the Oxt-MCNs, the CNTF and LIF produced a two-fold increase in cell number in both the SON and PVN, whereas in the ACC the increased survival was nearly six-fold greater (Table 1A). For the Avp-MCNs (Table 1B), there was nearly four-fold increase in the SON, but in contrast there was no significant increase in the PVN. The total number of Avp-MCNs in the ACC is very small, but the increase after neurotrophic factor treatment is nearly eight-fold for CNTF, and four-fold for LIF. The failure to see an increase in survival of the Avp-MCN phenotype in the PVN, as opposed to the robust effect in the SON (Table 1B) is intriguing. Whether this is due to a real difference between the MCNs in these nuclei, or whether the parvocellular Avp-neurons known to be present in the in the PVN in organotypic culture (Arima et al., 2001; Bertini et al., 1993) predominate, remains to be determined.

Similar data were gathered for the mouse hypothalamo organotypic cultures (Table 2). The total numbers of control MCNs are comparable between the mouse and rat cultures. While this suggests a better survival rate for the mouse under control conditions, there was surprisingly no effect at all for most of the nuclei. Only the Avp-MCNs in the PVN showed about a twofold increase in survival (Table 2B), but this was statistically significant only after the LIF treatment. These differences between the mouse and rat organotypic cultures were unexpected and will require further study.

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Figure 1.

Representative low power views of rat hypothalamic organotypic culures after 14 days in vitro. The Oxt and Avp expressing neurons are identified by immunohistochemistry using antibodies against Oxt- (top panel) or Avp- (bottom panel) associated neurophysins (see Methods). All three hypothalamic nuclei containing the magnocellular neurons (MCNs) are present in these slice-explants, and are identified here as ACC (accessory nucleus), paraventricular nucleus (PVN) and the supraoptic nucleus (SON). Another nucleus in the explant that is shown is the suprachiasmatic nucleus (SCN) which expresses Avp but not Oxt, and in neurons that do not belong to the MCN phenotype. The scale line shown represents 1 mm in both panels.

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Figure 2.

Effect of culturing rat hypothalamic slices in the absence (control) and presence of either 10ng/ ml CNTF or 10ng/ml LIF in the culture medium for 14 days, on the total number of immunohistochemically identified Oxt and Avp neurons in the organotypic cultures (see Table 1 for the numbers of neurons in the individual nuclei under these conditions). Data are expressed as means ± SEM, with n=20 for controls and 18 each for CNTF- and LIF-treated cultures. Statistical differences, shown over columns by asterisks represent p values < 0.01 (compared to control), were calculated by ANOVA, followed by Fischer's protected LSD test.

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Figure 3.

Effect of culturing mouse hypothalamic slices in the absence (control) and presence of either 10ng/ml CNTF or 10ng/ml LIF in the culture medium for 14 days, on the total number of immunohistochemically identified Oxt and Avp neurons in the organotypic cultures (see Table 2 for the numbers of neurons in the individual nuclei under these conditions). Data are expressed as means \pm SEM, with n=20 for controls, 15 for CNTF- and 16 for LIF-treated cultures. Statistical differences, shown over columns by asterisks represent p values < 0.01 (compared to control), were calculated by ANOVA, followed by Fischer's protected LSD test.

Table 1 Effects of CNTF and LIF on survival of rat neurons

Data expressed as as means \pm SEMs per nucleus per rat (N equals number of animals).

Abbreviations: ACC, accessory nuclei; PVN, paraventricular nuclei; SON, supraoptic nuclei

*** Statistically significant difference from control, p<0.05

Data expressed as as means ± SEMs per nucleus per mouse (N equals number of animals).

Abbreviations: ACC, accessory nuclei; PVN, paraventricular nuclei; SON, supraoptic nuclei

*** Statistically significant difference from control, p<0.05