Mesenchymal Stem Cells as Vectors for Lung Disease

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Stem cells divide asymmetrically, leading to self-renewal and the production of a daughter cell committed to differentiation. This property has engendered excitement as to the use of these cells for treatments. The majority of the work with stem cells has used the relatively accessible and well-characterized adult bone marrow stem cell compartment. Initially the focus of this research was on the potential for these stem cells to repair damaged organs by differentiating into epithelial cells to replace the injured areas. More recently it has become clear that engraftment of these stem cells as epithelial tissue is a rare event with perhaps limited clinical significance. Despite this, stem cells appear to have the ability to home to and be specifically recruited to areas of inflammation and injured tissues often characterized by excessive extracellular matrix deposition. As a consequence they are intimately involved in regions of physiological and pathological repair. Coupled with this, autologous hematopoietic stem cells, or the relatively immunoprivileged mesenchymal stem cells, can be expanded and engineered ex vivo and reintroduced without immunomodulation. The prospect of using such cells clinically as a cellular therapy holds much promise for many conditions and organ pathologies. Here we address the evidence for the incorporation of bone marrow stem cells into areas of stroma formation as a prelude to possible future treatment options for common lung diseases.

Keywords: stem cell; vector; gene therapy; bone marrow; chemokine

Recent research has suggested that bone marrow derived cells can incorporate into various tissues and in some cases take on characteristics of the tissue to which they have homed. The use of these cells to regenerate organs has been suggested and studies continue both in vitro and in vivo. Alternatively, allogenic bone marrow cells or genetically manipulated autologous cells can "replace" mutant genes in genetic deficiencies, and animal and small clinical studies have shown potential with published data in osteogenesis imperfecta (1, 2) and lysosomal storage diseases (3). Conceivably, if bone marrow cell engraftment was high enough, this approach could be used for the treatment of inherited lung diseases such as cystic fibrosis and α_1 -antitrypsin deficiency. A third use for these cells, however, is now being investigated. That is to use their capacity to home to and engraft in areas of damage to deliver a disease-modifying agent. It is the formation of tissue stroma by bone marrow cells that is the focus of this review, and the possibility that we could use these cells to modify the pathogenesis of common lung diseases and their clinical outcomes.

Lung cancer and idiopathic pulmonary fibrosis (IPF) are two such conditions for which new treatments are desperately needed. Lung cancer is the cancer associated with the greatest mortality in the world today, with limited therapeutic options and a survival rate of approximately 15% (4, 5). IPF is characterized by a pro-

Proc Am Thorac Soc Vol 5. pp 711–716, 2008 DOI: 10.1513/pats.200801-009AW Internet address: www.atsjournals.org gressive debilitating disorder with a 30% 5-year survival from diagnosis (6). In recent years it has been determined that bone marrow–derived stem cells are actively recruited to both of these lesions, suggesting a role as a treatment modality either by modulating their role in disease or by using them as a vector for treatment delivery.

STEM CELLS

Stem cells are cells that have unlimited self-renewal, meaning that they divide asymmetrically, both renewing themselves and producing a more differentiated daughter cell. Stem cells are traditionally divided into embryonic and adult stem cells. Embryonic stem cells are derived from the inner cell mass of the blastocyst of a developing embryo and are able to produce progeny of all cell lineages (ectoderm, mesoderm, endoderm). In contrast to the pluripotency of embryonic stem cells, the progeny of adult stem cells are classically thought to be lineage restricted. Adult stem cells are found in discrete niches within adult tissues and divide infrequently in the steady state, but have the potential to repair damaged tissues by replacing specific, specialized cells. The best-characterized adult stem cells are bone marrow-derived stem cells (BMSCs). BMSCs consist of hematopoietic stem cells (HSCs), which produce progenitors for all types of mature blood cells, and mesenchymal stem cells (MSCs), which differentiate into mature cells of the stromal tissue including fat, bone, and cartilage (7) (Table 1).

The reparative potential and unlimited survival properties of stem cells has led to research in harnessing this potential to improve tissue repair. The primitive nature and pluripotent potential of embryonic stem cells would appear to make them a good candidate for future therapies with the ability to produce any differentiated cell necessary. The limited potency of adult stem cells would seem to restrict them to repair of cells of a specific lineage, for example the restoration of the immune system after bone marrow transplantation. However, the use of embryonic cells has met with moral, ethical, and political objections. Furthermore, embryonic stem cells have a greater tumorigenic potential than adult stem cells (8).

Adult stem cells, meanwhile, can be manipulated *ex vivo* and the cells used can be autologous, thus reducing the risk of immune rejection. Ethical objections are also not valid with the use of these cells. In addition, several studies over the last decade suggest that adult stem cells may have a greater potential than first realized, with BMSCs in particular able to produce differentiated cells not restricted to their lineage. Adult bone marrow cells have produced a variety of nonhematopoietic cells both *in vitro* and *in vivo* (9–13). This ability of adult cells to produce progeny crossing lineage barriers, adopting the phenotypes of other tissues, is termed "plasticity."

PLASTICITY OF ADULT STEM CELLS AND CONTRIBUTION TO TISSUE STROMA

Many adult organs have limited regenerative capacity, and attempts were initially made to harness the potential of the bone marrow stem cell plasticity to mediate epithelial repair in injured organs. Experiments suggested that after transplantation, a single

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TABLE 1. DEFINITIONS OF CELL TYPES

Stem cell	Cells with unlimited self renewal, dividing asymmetrically to produce an identical daughter cell and a more differentiated progenitor.
Bone marrow stem cell	Comprises hematopoietic and mesenchymal stem cells.
Hematopoietic stem cell	Stem cell able to form all cells of the blood lineage.
Mesenchymal stem cell	Stromal stem cell able to produce supporting cells including bone, fat, and cartilage.
Fibroblast	Main mature cell type involved in the production of the extracellular matrix and collagen of tissues.
Myofibroblast	Fibroblasts can be activated (e.g., by transforming growth factor β) to form these cells, which produce extracellular matrix but also have the ability to contract. Stain for α -smooth muscle actin.
Fibrocytes	Circulating peripheral cells of bone marrow origin. Often described as blood-derived fibroblasts. Express a characteristic pattern of markers including the leukocyte common antigen CD45, the hematopoietic marker CD34, and collagen 1.

bone marrow stem cell had the potential to engraft as epithelial cells in many organs, including 20% of type 2 pneumocytes in the lung (9). Further studies demonstrated a reduction in injury after bone marrow stem cell administration (14, 15). However, the last few years have seen a re-evaluation, and there is an appreciation that the significant contribution of bone marrow cells to epithelial repair is maybe a function of methodological flaws and artifacts (16–18).

Despite the reassessment of the contribution of bone marrowderived cells to the epithelial compartment in damage models, there remains strong evidence as to its contribution to areas of both physiological and pathological extracellular matrix deposition including wound healing, tissue stroma, and organ fibrosis. The fibroblasts that proliferate within fibrotic lesions were classically thought to be of resident tissue origin. Models describing the pathophysiology of fibrosis have developed to include other contributions to the fibroblast and myofibroblast communities within these fibrotic lesions. These include the possibility of epithelial to mesenchymal transition (EMT) and the significant contribution of fibroblasts and myofibroblasts from the bone marrow (19). Several bone marrow cell types have been suggested to contribute. Circulating fibrocytes (Table 1) have been described and shown to be important in both physiological and pathological repair (20-23). Chimeric mice with transplanted labeled bone marrow have demonstrated that bone marrow contributes to over 30% of the fibroblasts in a skin wound healing model (24, 25). In a bleomycin mouse model of lung fibrosis, 80% of type 1 collagen-expressing fibroblasts at the sites of lung fibrosis were shown to be of bone marrow origin (25, 26), and similar results have been found with paracetamol-induced lung injury (24). Finally, injection of exogenous, GFP-labeled, mesenchymal stem cells have also been shown to be recruited to irradiation-induced lung fibrosis, contributing as fibroblasts (27).

This bone marrow recruitment to areas of pathological fibrosis and wound healing may provide novel ways for treating these disorders. In addition, their involvement in areas of pathological repairs suggests the possible use of bone marrow–derived cells as vectors for directed treatments or gene therapy.

CONTRIBUTION TO TUMOR STROMA

Contrary to acting solely as a supporting structure, tumor stroma is integral to the behavior of the tumor (28), including cancer spread and growth. It is composed of fibroblasts and myofibroblasts, which produce extracellular matrix and the "desmoplastic reaction," including endothelial cells involved in angiogenesis, and inflammatory cells (29–31). Myofibroblasts in the tumor stroma secrete growth factors and proteolytic enzymes that influence tumor invasion and progression (32). In some situations the presence of a tumor capsule has been shown to be protective, leading for example to improved prognosis in human hepatocellular carcinoma (33). Conversely, increased stroma and myofibroblast numbers have been associated with a worse prognosis (34–37), with the proliferative activity of stromal fibroblasts correlated to breast cancer metastasis (38). Further, in an *in vitro* study, myofibroblasts and fibroblasts, activated by irradiation, led to an increased invasiveness of pancreatic cancer cells in co-culture experiments (39).

As with repair and fibrosis, bone marrow-derived stem cells contribute to a desmoplastic response in the form of myofibroblasts and fibroblasts. Experiments tracking the fate of labeled bone marrow-derived cells after bone marrow transplant have shown BM-derived myofibroblasts and endothelial cells in a murine xenograft pancreatic tumor model (40), and an endogenous murine pancreatic cancer model in which up to 25% of the myofibroblasts were bone marrow derived (41). These results have been repeated in a range of xenograft tumor models, with the amount of tumor stroma and BM-derived cell contribution related to both the tumor cell type and the site of implantation (42). Furthermore, these bone marrow-derived cells appear to be functional with the demonstration of collagen production (43).

Tumor neovasculogenesis is one of the hallmarks of cancer, and a contribution of bone marrow–derived stem cells to the angiogenesis of tumors has also been demonstrated (44). Bone marrow cells (Sca¹⁺) labeled and injected intravenously were shown to incorporate as endothelial-like cells into the periphery of a glioma (45). The importance of this contribution was illustrated by a decrease in tumor size and an increase in apoptosis when these bone marrow cells were transduced with the suicide gene (HSV-*tk*) (46). In contrast, other studies have only shown a minimal contribution of bone marrow cells to the newly formed tumor endothelium (47).

Evidence in humans of bone marrow contribution to tumors comes from sex-mismatched bone marrow transplants. Colorectal adenomas diagnosed 2 months after bone marrow transplantation consist of 1 to 4% bone marrow–derived cells displaying features of neoplastic colonic adenoma cells. A similar pattern, with up to 20% of the neoplastic cells of bone marrow origin, was found in a patient who developed lung cancer 4 years after transplant (48). A contribution to the tumor vasculature has also been demonstrated (49).

In addition to the incorporation of bone marrow-derived cells after whole bone marrow transplantation, mesenchymal stem cells alone have also been shown to have an ability to specifically target tumor tissue. In vitro migration studies have demonstrated a enhanced migration of MSCs toward tumor cells, in addition to just the conditioned medium from tumor cells (50–52), suggesting the role of soluble chemokines. Possible candidates include platelet-derived growth factor (PDGF), epidermal growth factor (EGF), and stromal cell-derived factor 1α (SDF1 α), which have all demonstrated enhanced MSC migration in vitro (50). A variety of tumor models have also shown the ability of MSCs to incorporate into and proliferate within tumor stroma in vivo. Kaposi's sarcoma (53), colorectal cancer (51), glioma (50), breast metastases (54), and melanoma metastases (52, 54, 55) have all been used and showed consistent MSC incorporation when MSCs were delivered systemically. The incorporation of MSCs has been shown both in established tumors and in some cases when delivered coincidentally to the tumor cells (53). However, some



Figure 1. Bone marrow stem cells can be engineered to express antineoplastic drugs and then be delivered intravenously. These cells have been shown to home to tumors and incorporate into the tumor stroma. Manipulating this ability may provide new vectors for drugs in cancer therapy.

authors have suggested that established tumors are necessary for the development of the neovascularization and the stromalderived cytokines and growth factors that are essential to attract the circulating MSCs (56).

HOMING MEDIATORS

It is likely that the mechanism responsible for the homing of adult hematopoietic stem cells to injured tissue involves chemokine ligands and receptors in a similar fashion to the recruitment of leukocytes to areas of inflammation. The importance of the chemokine CXCL12 (SDF-1 α) and its receptor CXCR4 has been well established for hematopoietic stem cells (57, 58). The chemokines responsible for homing and migration of mesenchymal stem cells are, however, less well characterized. Multiple authors have attempted to describe a definitive account of the functional chemokine receptors that are present on human MSCs and the chemokines and growth factors that have the greatest influence on MSC migration (59–61). There has been a large variability between the reports, which may be explained by the heterogeneity of the cell population. Despite this, the general consensus is that MSCs express a number of chemokine receptors likely to be involved in their homing capabilities (62), possibly with combination of growth factors and chemokines necessary for the maximal effect (63). Other studies have shown adhesion molecules enable extravasation in a fashion similar to that of leukocytes (64). It is important to note that the ability of MSCs to home and migrate appears to decrease during *in vitro* expansion in relation to their loss of surface expression of chemokine receptors (61, 65).

The contribution of the CXCL12 (SDF-1 α)/CXCR4 axis to the recruitment of bone marrow–derived stem cells in lung fibrosis has been demonstrated in a number of studies. Increased CXCL12 (SDF-1 α) levels and numbers of cells expressing CXCR4 have been shown in lung tissue samples of patients with idiopathic pulmonary fibrosis. *In vitro*, the migration of MSCs toward lung lysates exposed to bleomycin was blocked by a CXCR4 antagonist that was also able to reduce the amount of fibrosis *in vivo* (66). A similar murine bleomycin model of lung fibrosis was used to show that the number of bone marrow– derived fibrocytes in the injured lung and the resulting fibrosis could be reduced by the inhibition of CXCL12 (23). This study



Figure 2. Murine mesenchymal stem cells (MSCs) generating tumors after intravenous injection. (*A*) Hematoxylin and eosin and (*B*) green fluorescent protein (GFP) imunostaining of mouse lungs 14 days after intravenous injection of murine MSCs expressing GFP showing the generation of osteosarcoma-like lesions. The murine MSCs were found to have karyotype abnormalities after only four *in vitro* passages.

also, however, suggested the importance of other chemokine/ receptor combinations, while in other studies secondary lymphoid chemokine (SLC)/CCR7 (26) and CCR2 (67) have been implicated in bone marrow cell homing to mouse models of lung fibrosis.

The cytokine CXCL12 (SDF-1 α) may also be an important mediator of bone marrow cell recruitment to tumors, although the precise mechanism is unclear. The stroma surrounding breast cancer is a rich source of this chemokine (32). One *in vitro* study examined the differences in gene expression profiles between MSCs exposed to conditioned medium from tumor cells and bone marrow cells. It appeared that the CXCL12 (SDF-1 α)/CXCR4 axis was important, but that the MSCs produced the chemokine, which then acted in an autocrine manner (51).

ADULT STEM CELLS AS THE PERFECT VECTOR? THE ADVANTAGES OF MESENCHYMAL STEM CELLS

The ability of these bone marrow–derived cells to specifically home to a wide range of pathological conditions such as organ fibrosis and tumors and then to incorporate into these areas suggest that they may be perfect vectors to deliver anti-fibrotic or oncological therapies. As a subgroup of the adult bone marrow stem cells, MSCs have several properties in addition to their homing capabilities that incline them toward a role as a vector. MSCs can be relatively easily transduced and expanded in culture for many passages, while retaining their growth and multi-lineage potential. They also seem to be relatively immunoprivileged due to their expression of major histocompatibility complex (MHC)1, but lack of MHC2, and the costimulatory molecules CD80, CD86, CD40 (68). This property may allow the delivery of allogeneic MSCs without prior immunomodulation.

Studies have demonstrated the potential of this approach. Human MSCs, engineered to express interferon β (IFN- β), have been used to provide targeted delivery of this potent antiproliferative and proapoptotic agent to gliomas (50) and metastatic breast (54) and melanoma models (54, 55). MSC-delivered IFN-β results in an increased survival in all these models. MSCs have also been transduced to express interleukin-12 (IL-12), with the rationale of improving the anti-cancer immune surveillance by activating cytotoxic lymphocytes, natural killer cells, and producing IFN-y. In this model the IL-12-expressing MSCs were used before tumor inoculation and prevented the development of subcutaneous melanomas, hepatomas, and lung cancers (69). A similar approach was also used to reduce the metastastic load caused by the intravenous delivery of melanoma and colon cancer cell lines. In this case MSCs were transduced to express the immunostimulatory chemokine CX3CL1 (fractalkine) (52).

DIRECT EFFECTS OF STEM CELLS

The use of exogenous MSCs as vectors for targeted delivery of therapies and genes in tumors and areas of fibrosis is promising (Figure 1); however, it is important to consider the roles of these cells in disease beyond their function as an inert vehicle.

This is particularly true in cancer where, as described above, the tissue stroma is thought to have a direct influence on tumor progression. The addition of mesenchymal stem cells to human breast carcinoma cells in a mouse subcutaneous xenograft model led to an increased rate of metastasis. This was shown to be secondary to the secretion of CCL5 from the MSCs, promoting an increase in the motility, invasion, and metastasis of the breast cancer cells (70). A similar result demonstrating increased tumor progression was also shown with colonic tumor cells (71). MSCs have also been shown to have immunosuppressive effects, which may favor tumor growth *in vivo*, as demonstrated in a murine melanoma model (56). In contrast, MSCs have also been shown to have intrinsic antineoplastic properties, with an improvement in a Kaposis's sarcoma model secondary to the inhibition of Akt activity (53).

Furthermore, as well as affecting the behavior of cancer cells, there is some concern that these stem cells may themselves have malignant potential. Stem cells have the ability for self-renewal and unlimited proliferation, making them attractive candidates for malignant change. *In vitro* passaging of bone marrow stem cells has demonstrated the potential for the development of karyotype abnormalities (72), and systemically delivered murine MSCs have produced sarcomas (73) and osteosarcomas (74) (Figure 2). Malignant change of bone marrow-derived stem cells has also been implicated in a murine gastric carcinoma model. *Helicobacter felis* was used to create a chronic gastric injury, within which a carcinoma developed from bone marrow-derived cells (75).

The contribution of bone marrow-derived stem cells to the pathogenesis of organ fibrosis is equally as confused. A reduction in the recruitment of these bone marrow cells to areas of fibrosis by the removal of the chemotactic gradient demonstrated a reduction in the amount of fibrosis (23). Conversely, suppression of the bone marrow with busulphan led to a worsening in mice subjected to such insults (15), while systemic MSCs appear able to alleviate bleomycin lung fibrosis (14). Further studies examining precise cell types and chemotactic factors are imperative to dissect these issues.

CONCLUSIONS

The last few years have seen a re-evaluation of the potential of adult bone marrow stem cells as a future clinical treatment. Although the prospect of using them for direct epithelial repair now appears distant, their involvement in areas of injury and pathogenesis may still allow their use in disease. With the realization that caution is needed, the possibility of the use of bone marrow–derived cells as a cellular therapy in conditions such as lung cancer and idiopathic pulmonary fibrosis is exciting.

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