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## Phenethyl isothiocyanate induces cell cycle arrest and reduction of $\alpha$ - and $\beta$ - tubulin isotypes in human prostate cancer cells

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### Abstract

This study was to investigate the effect of phenethyl isothiocyanate (PEITC), a constituent of many edible cruciferous vegetables, on the expression of  $\alpha$ - and  $\beta$ - tubulins, which are the main components of microtubules in prostate cancer cells. Flow cytometry, light microscopy and western blot were used to study the cell cycle distribution, morphology changes and the expression of  $\alpha$ - and  $\beta$ - tubulins in prostate cancer cells treated with PEITC. The results showed that PEITC induced G2- M cell phase arrest and inhibited the expression of  $\alpha$ - and  $\beta$ - tubulin proteins in a number of human prostatic carcinoma cell lines. Further, it is showed that this inhibitory effect could be reversed by anti-oxidant N-acetyl cysteine and proteasome inhibitor MG132. Finally, it is concluded that PEITC inhibited the expression of  $\alpha$ - and  $\beta$ - tubulins in prostate cancer cells, which is at least related to the oxygen reaction species and protein degradation.

### Keywords

Phenethyl isothiocyanate; cell cycle; tubulin; prostate cancer

### 1. Introduction

Prostate cancer (PCa) is the most commonly diagnosed and the second leading cause of cancer death in males of the United States. Although advances in early detection and treatment have been contributed to decrease in mortality, it was still estimated that there would be around 27,000 of PCa deaths in the year 2007. (Jemal et al., 2007) Also there are a significant number of men requiring systemic therapy and ongoing surveillance for advanced PCa. (Walczak et al., 2007) Therefore, exploration of novel approaches and agents for prevention and treatment of PCa continues.

Microtubules are composed of a backbone of  $\alpha$ - and  $\beta$ -tubulin heterodimers and microtubule-associated proteins. (Howard et al., 2003) They are major cellular components that play crucial roles in a number of functions, including the maintenance of shape, adhesion, signaling, replication and cell division. It has been suggested that the microtubules can be affected by numerous endogenous regulators and exogenous factors, and are considered as a susceptible

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target by numerous therapeutic drugs. (Wilson et al., 1995) Several cancer chemotherapeutic drugs show their anticancer effects through the disturbance of microtubule dynamics, leading to dysregulation of mitotic spindles and the causative mitotic arrest in cancer cells. For example, paclitaxel and docetaxel bind to the microtubule lattice, stabilize microtubule bundles and impair cell mitosis in numerous types of cancer cells. (Manfredi et al., 1982; Rowinsky et al., 1997) In contrast, Vinca alkaloids bind to and inhibit microtubule polymerization, resulting in a blockade in mitosis and cell death. (Hadfield et al., 2003)

Isothiocyanates (ITCs) are found in cruciferous vegetables such as broccoli, watercress, brussels sprouts, cabbage, Japanese radish and cauliflower. Phenethyl-ITC (PEITC) is one of the most extensively studied ITCs, and recent epidemiological and experimental studies show that PEITC and other ITCs may possess promising cancer chemopreventive activities. (Higdon et al., 2007; Khor et al., 2006) In regard to PCa, PEITC has been found to reduce tumor cell growth by affecting signaling pathways, arresting cell cycle and causing apoptotic cell death *in vivo* (Xiao, et al, 2005, 2006) or *in vitro*. (Xiao et al., 2004; Butler et al., 2000) However, the exact mechanisms of its chemopreventive effects are not fully understood.

In this study, we aimed to investigate the effects of PEITC on tubulin expressions and cell proliferation in PCa cell lines by western blot and flow cytometry analysis. In addition, we assessed morphological changes with PEITC treatment using light microscopy, and then investigated the possible mechanisms of PEITC on tubulin expression. Our study suggests that anti-cancer effects of PEITC may potentially link to its repression of protein expression of  $\alpha$ - and  $\beta$ - tubulin isoforms.

## 2. Materials and methods

### 2.1. Reagents

PEITC, PITC, and antioxidant N-acetyl-L-cysteine (NAC) were purchased from LKT laboratories (St. Paul, MN). Proteasome inhibitor carbobenzosyl-L-leucyl-L-leucyl-L-leucinal (MG132) was purchased from EMD Biosciences (San Diego, CA). PEITC, PITC, and MG132 were dissolved in dimethyl sulfoxide (DMSO), which was also used as a control vehicle. NAC was dissolved in normal saline.

### 2.2. Cell culture and treatments

The human PCa cell lines (DU145, PC-3, LNCaP, and C4-2B) were routinely maintained in RPMI 1640 medium with 5% fetal bovine serum (FBS) and 1% penicillin/streptomycin under a humidified atmosphere of 5% CO<sub>2</sub> at 37°C. Note, C4-2B is an androgen independent sub-line of androgen sensitive LNCaP cell line. Cells ( $2.5-3 \times 10^4$ /well) were grown in 24-well plates for 2-3 days and then treated with PITC (20 or 30  $\mu$ M) or PEITC (5, 10, or 20  $\mu$ M) for 2, 8, or 24 h. For antioxidant effect experiment, cells were treated with PEITC (20  $\mu$ M) in the presence or absence of NAC (5 mM). For proteasome inhibitor effect experiment, cells were treated with PEITC (20  $\mu$ M) in the presence or absence of MG132 (10 or 20  $\mu$ M).

### 2.3. Analysis of cell cycle distribution

The cell cycle distribution was analyzed as previously described with a slight modification (Butler et al., 2000). Briefly, cells were washed with PBS and fixed in 95% ethanol for 1 h on ice. After washing with chilled PBS, pelleted cells were resuspended at  $1 \times 10^6$ /ml in PBS containing 5  $\mu$ g/ml RNase A and incubated for 15 min at 37°C. Samples were then incubated in PBS containing 5  $\mu$ g/ml propidium iodide for 15 min at room temperature and analyzed by FACS assay (Becton Dickinson, Bedford, MA). The data were calculated as mean value  $\pm$  standard deviation for each groups, and analyzed by the Student's *t* test.  $P < 0.05$  was considered to be statistically significant.

## 2.4. Western blot analysis

Whole cell extracts at designated times were prepared by directly adding  $1 \times$  NuPAGE® LDS sample buffer (Invitrogen, Carlsbad, CA) to cells. Appropriate amount of each samples was separated on NuPAGE® 4–12% Bis-Tris Gel (Invitrogen, Carlsbad, CA) and electrophoretically transferred to nitrocellulose membrane (Bio-Rad Laboratories, Hercules, CA). The membranes were immediately stained by Ponceau S (0.1% Ponceau S, 5% acetic acid) to show transfer efficiency of proteins. After blocked with 5% non-fat milk in TBST (20 mM Tris-HCL, 137 mM NaCl and 0.1% Tween-20, pH 8.0) for 1 h, membranes were incubated with monoclonal anti  $\alpha$ - (1:2,000),  $\beta$ - (1:1,000) or  $\gamma$ - (1:10,000) tubulin antibody (Sigma-Aldrich, St Louis, MO) for 1 h at room temperature. Membranes were washed with TBST by three times, and subsequently incubated with anti-mouse IgG secondary antibody conjugated horseradish peroxidase (1:5,000, Pierce, Rockford, IL) for 1 h at room temperature. The chemiluminescence signals were detected using SuperSignal® West Dura Extended Duration reagents (Pierce, Rockford, IL) and digital images were captured by FluoChem™ 8800 system (Alpha Innotech, San Leandro, CA). The same membrane was reblotted with an anti-actin or anti-Erk1/2 to normalize the quantity of the protein on the blot. The data were evaluated by densitometric analysis using Image J 1.37f software (NIH).

## 2.5. Morphology analysis

Cells were seeded in 24-well plates at a density of  $2 \times 10^4$ /well and grown under the conditions described above for 48 h. Cells were then treated with PEITC (20  $\mu$ M) or PITC (30  $\mu$ M) in the presence or absence of 5 mM NAC for 2 h. Photomicrographs were obtained using 100 $\times$  magnification by a microscopy (Olympus IX70, Tokyo, Japan) equipped with a digital camera (DP-12, Tokyo, Japan).

## 3. Results

### 3.1. PEITC induced cell cycle arrest

We analyzed cell cycle distribution by flow cytometry in DU145 and PC-3 PCa cells treated by PEITC or PITC. As shown in Table 1, both of the cell lines showed a significant increase in the G<sub>2</sub>-M phase by PEITC (10 and 20  $\mu$ M in PC-3 and 20  $\mu$ M in DU145) treatment compared with no treatment. PEITC treatment also caused a significant reduction in the G<sub>0</sub>-G<sub>1</sub>-phase in both of cell lines compared with no treatment. Interestingly, PEITC treatment caused an increase of S phase cells in DU145 but a decrease of them in PC-3. On the other hand, PITC, having a close structure to PEITC except for the lack of a  $-\text{CH}_2$  spacer that links the aromatic ring to the  $-\text{N}=\text{C}=\text{S}$  moiety, did not affect cell cycle in both cell lines.

### 3.2. PEITC reduced $\alpha$ - and $\beta$ - tubulin expressions in prostate cancer cell lines

Since it has been demonstrated that tubulins are associated with cell cycle, we then carried out western blot to determine the expression levels of tubulin isoforms in prostate cancer cells with PEITC treatment. As shown in Figure 1, PEITC inhibited the expression of  $\alpha$ - and  $\beta$ - tubulins, while PITC had no effect on their expression in PC-3 cells. The inhibition was observed at all investigated time (2, 8, and 24 hr), which indicate the suppression effect of PEITC can last for at least 24 hours. However,  $\gamma$ -tubulin was not affected by PEITC treatment at any time (data not shown here).

The effect of PEITC on tubulin expression was further examined in other PCa cell lines including DU145, C4-2B, and LNCaP (Figure 2). The results showed that PEITC strongly inhibited both of tubulin expressions in DU145 and LNCaP cells, 20  $\mu$ M of PEITC can inhibit their expression in C4-2B cells. However, PITC had no effect on tubulin expression in all cell

lines treated. Similar to cell arrest experiment (Table 1), these results also indicate that the structural difference between PEITC and PITC could have different biological function.

To determine if the effect of PEITC on tubulins was cancer cell specific, we used a normal prostate epithelial cell line RWPE1, which was established from a histologically normal adult human prostate by immortalized with the human papillomavirus 18. Interestingly, PEITC treatment neither inhibited  $\alpha$ -tubulin expression nor  $\beta$ -tubulin expression in RWPE1 cells as showed in Fig. 2G.

### 3.3. Antioxidant abrogated reduction of $\alpha$ - and $\beta$ - tubulin expression by PEITC

Several studies suggested that cellular effects of PEITC and other ITCs may be mediated, at least in part, by their ability to produce reactive oxygen species (ROS). (Vanaja et al., 2002; Singh et al., 2005; Trachootham et al., 2006) To examine whether PEITC-induced reduction in tubulin expression was mediated by ROS, we carried out western blot to analyze the effect of PEITC on the tubulin expression with DU145, PC-3, and LNCaP cells in the presence or absence of an antioxidant NAC. As shown in Figure 3, the PEITC-induced reduction of both  $\alpha$ - and  $\beta$ - tubulins was dramatically attenuated by treatment with NAC.

In addition, PEITC (Figure 4, panel B, G, L) induced cell morphological change, including cell rounding and subsequently floating, while PITC (panel C, H, M) and NAC (panel D, I, N) had no effect on PC-3, DU145, and LNCaP cells. NAC treatment could block morphological change induced by PEITC (panel E, J, O).

### 3.4. Proteasome inhibitor abrogated reduction of $\alpha$ - and $\beta$ - tubulin expression by PEITC

To investigate whether PEITC-induced tubulin reduction was mediated by proteasome pathway, western blot was used to analyze the effect of PEITC on tubulin expression in the presence or absence of a proteasome inhibitor MG132. As shown in Figure 5, suppressive effect of PEITC on tubulins was abrogated by presence of MG132. This result indicates that PEITC-induced tubulin degradation may be directly or indirectly mediated by proteasome pathway.

## 4. Discussion

Microtubules are the major cytoskeletal components whose functions include intracellular transport, cell signaling, and cell division that are crucial for the survival of eukaryotes. (Desai et al., 1997) The dynamic property of  $\alpha$ - and  $\beta$ - tubulins that make up heterodimer subunits of microtubules are especially important for processes of mitosis and cell division, and it has been received much attention as a favorite target of treating or preventing malignancies. Many of agents that can target tubulins have been discovered in natural products such as *Taxus* and *Catharanthus*. (Nagle et al., 2006) Recent studies showed that exposure to ITCs, including allyl ITC (AITC) and sulforaphane resulted in cell cycle arrest associated with altered tubulin polymerization, suggesting that the effects of ITCs may be related to tubulin functions. Other ITCs such as PEITC could also induce G<sub>2</sub>-M phase cell cycle arrest in several cancer cell lines including prostate cancer cells. (Chiao et al., 2000; Visan et al., 2004) Those tubulin-binding drugs as mentioned above can act as inhibitors in G<sub>2</sub>/M phase transition, providing evidence that the dysregulation of tubulin dynamics may disrupt G<sub>2</sub>/M transition and, subsequently, induce the cell-cycle arrest in tumor cells. (Wang et al., 1999) It also has been reported that PEITC-induced G<sub>2</sub>/M arrest was associated with proteasome-mediated degradation of Cdk1 and Cdc25C. (Xiao et al., 2004) However, very little is known regarding mechanisms of effects of PEITC on microtubules in the cells. In the present study, we found that the treatment of PEITC results in reduction of both  $\alpha$ - and  $\beta$ - tubulin expression. In consistent with other studies, (Xiao et al., 2005; Lui et al., 2003) PITC, a structural analogue of PEITC by missing

a -CH<sub>2</sub> spacer, had no effect on tubulin expressions and cell proliferation/cell cycle alteration in investigated PCa cell lines. In addition to G2-M arrest, we found that PEITC treatment caused an increase of S phase cells in DU145. Whether different cell lines may have different responses is not clear at present time. However, as compared the tubulin protein levels inhibited by PEITC in PC-3 cells (Fig.1) with that in DU145 cells (Fig.2), We speculate that PEITC might have stronger inhibitory effects on PC-3 than DU145. We suspect this might be related to the weaker effects on cell cycle by PEITC in DU145 than in PC-3.

It has been suggested that PEITC treatment can induce ROS generation and result in apoptosis. (Trachootham et al., 2006) In this study, we found that the cell rounding and the reduction of  $\alpha$ - and  $\beta$ - tubulin expression by PEITC treatment were abrogated by the presence of an ROS inhibitor, NAC. At the same time, we found that a decrease in protein levels of  $\alpha$ - and  $\beta$ - tubulins induced by PEITC was significantly blocked by a proteasome inhibitor MG132, however, MG132 alone had no effect on tubulin expression. Recent studies showed that increased ROS is involved in cell cycle arrest and cell death caused by tubulin-targeted agents. (Alexandre et al., 2006; Ramanathan et al., 2005) And the ubiquitin-proteasome pathway is the major non-lysosomal system for degradation of intracellular proteins. Inhibition of proteasome causes cell cycle arrest and apoptosis. (Almond et al., 2002; Coux et al., 1996) Based on our studies, we hypothesized ROS generation and ubiquitin-proteasome might relate to the inhibition of PEITC on tubulins expression.

Like those reported above, our interpretation of the effect of NAC on oxidative stress by PEITC was based on the suggestion of some early studies. (Chen et al., 1998) Indeed, those thiol containing antioxidants such as glutathione or 2-mercaptoethanol might have similar effect to NAC. Alternative explanation was proposed by other studies led by Xu. (Xu et al., 2001) They suggested that thiocarbonylation of glutathione or the cysteinyl thiol group containing proteins by PEITC may be a major mechanism for activation of certain critical cellular events by PEITC.

A pharmacokinetic study showed that an oral dose of 40 mg PEITC resulted in a plasma concentration of 1–2  $\mu$ M, (Liebes et al., 2001) and it has been shown that i.p. injection of 5  $\mu$ M PEITC (3 times per week) retarded the growth of prostate cancer xenografts when given 1 day before tumor implantation. Although this dosage of PEITC had little effect on well-established tumor, combination of PEITC with curcumin was more effective, (Khor et al., 2006) suggesting that combination of PEITC with other agents may enhance its anticancer activity. The present study showed that PEITC can inhibit the tubulin expressions in several prostate cancer cell lines, which may contribute to its anticancer action. Moreover, PEITC has been well confirmed to have little side effect on the normal cells. (Trachootham et al., 2006) Collectively, it is suggested that high concentration of PEITC or low concentration of PEITC combined with other chemicals might be feasible. However, more vigorous experiments including *in vivo* studies will have to be included in the near future studies to further investigate the regulatory mechanisms involved in the PEITC inhibition on tubulin expressions and G2-M arrest.

## Abbreviations

PEITC, Phenethyl isothiocyanate; ITC, isothiocyanates; NAC, N-acetyl-L-cysteine.

## Acknowledgements

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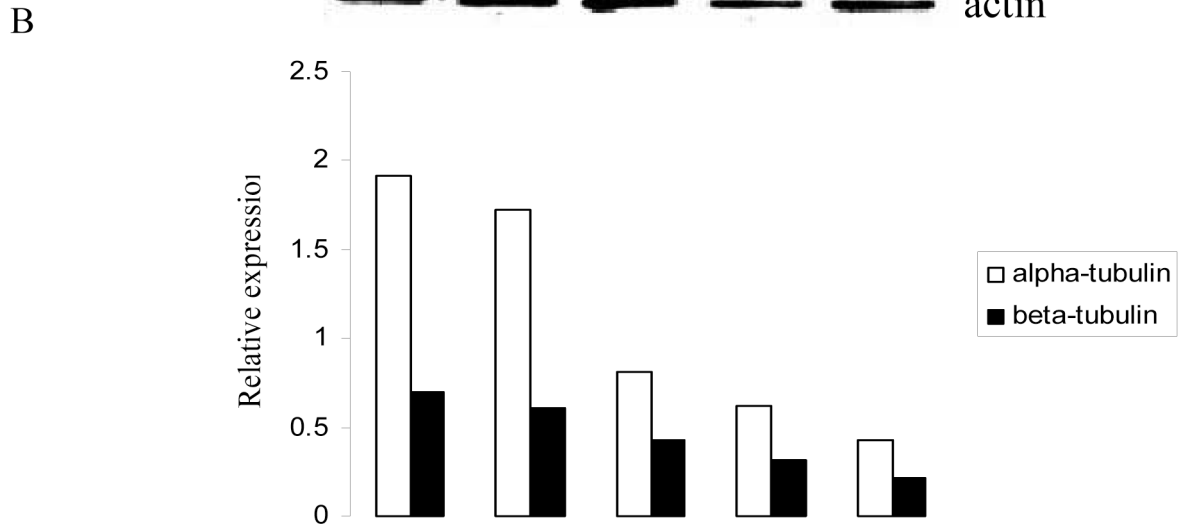
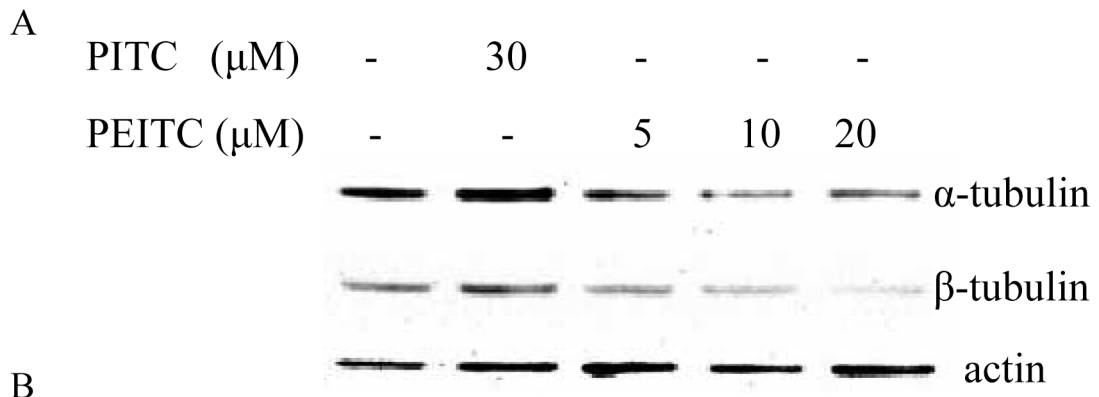


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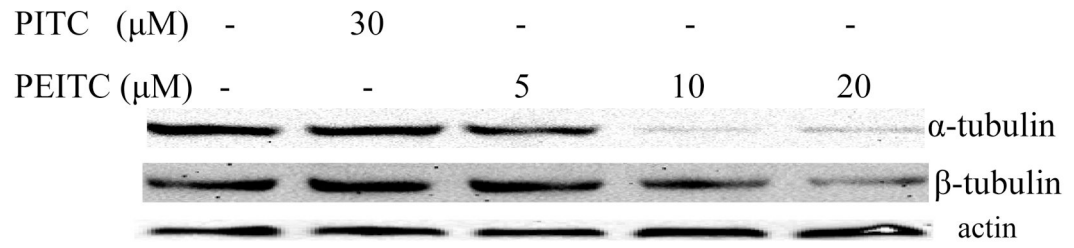
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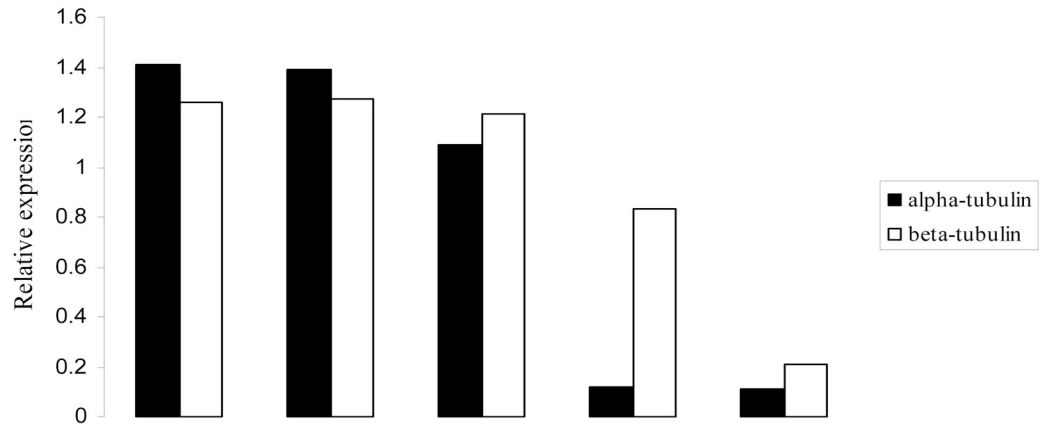




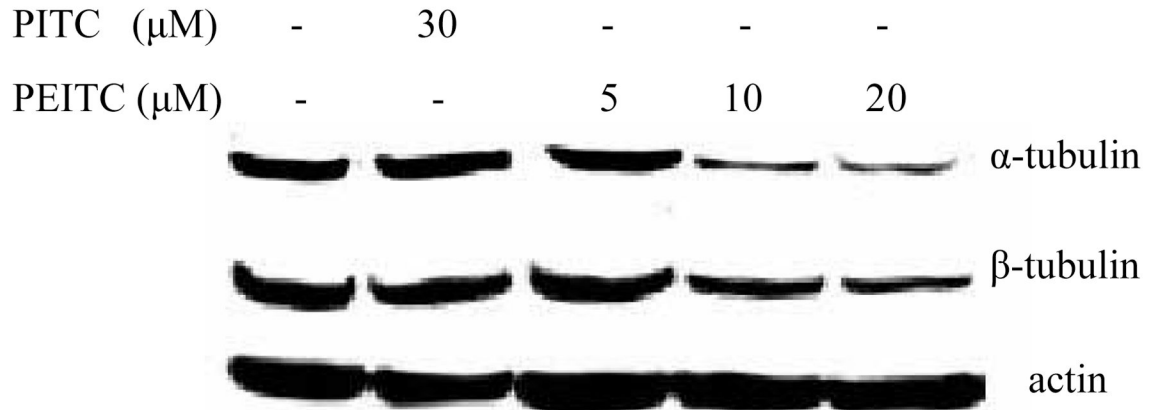
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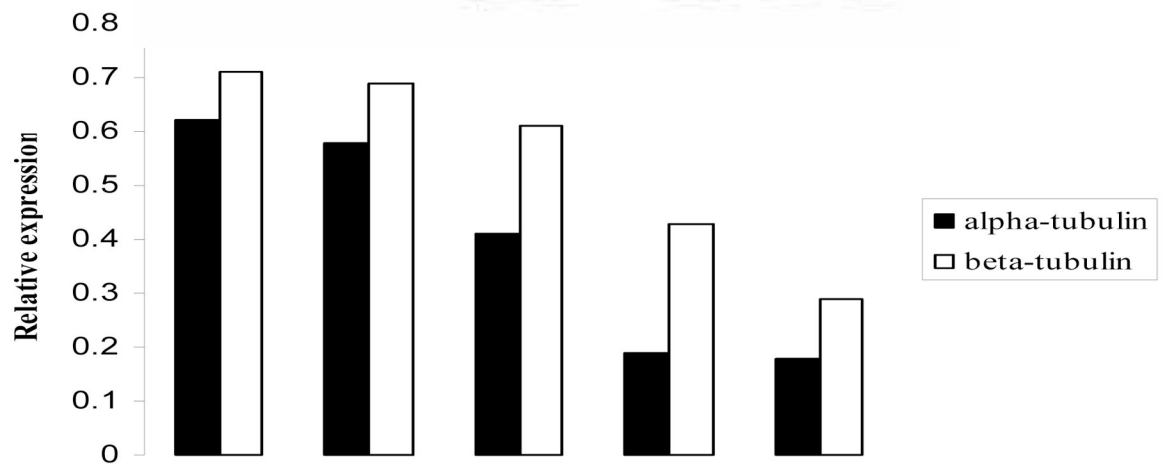
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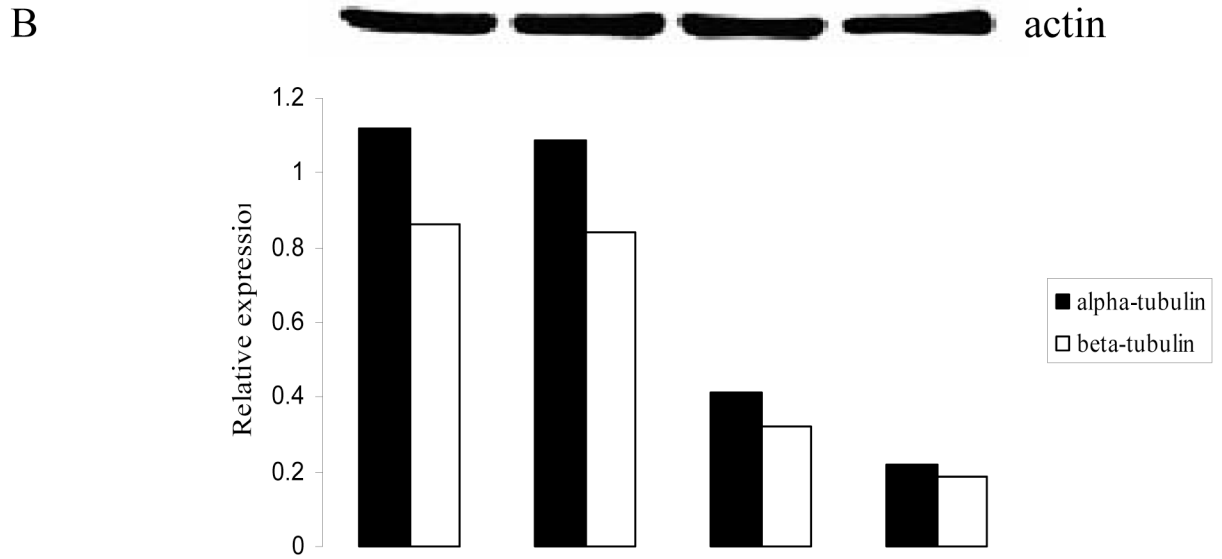
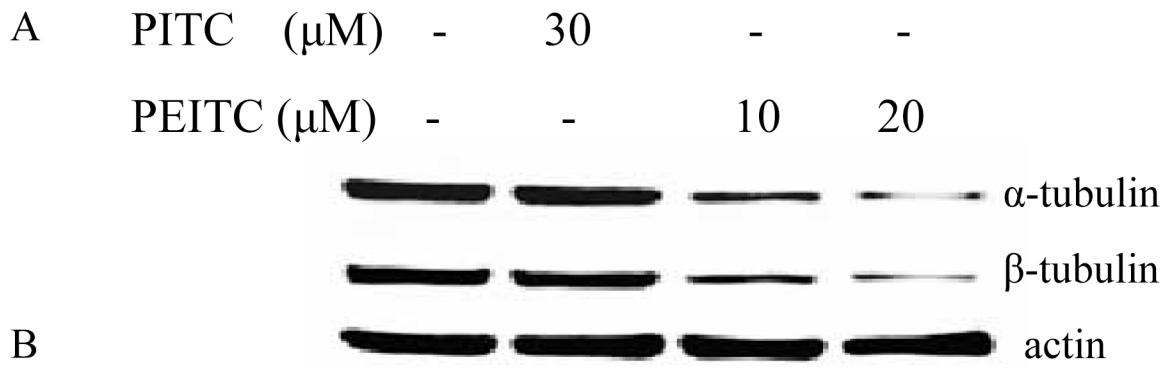
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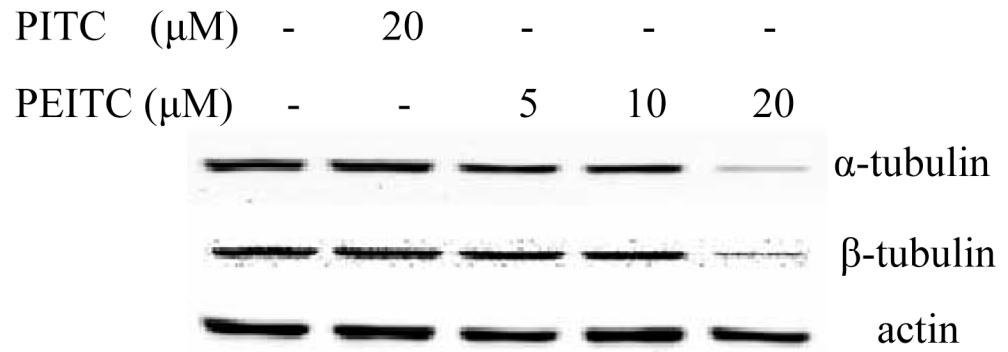
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**Figure 1.**

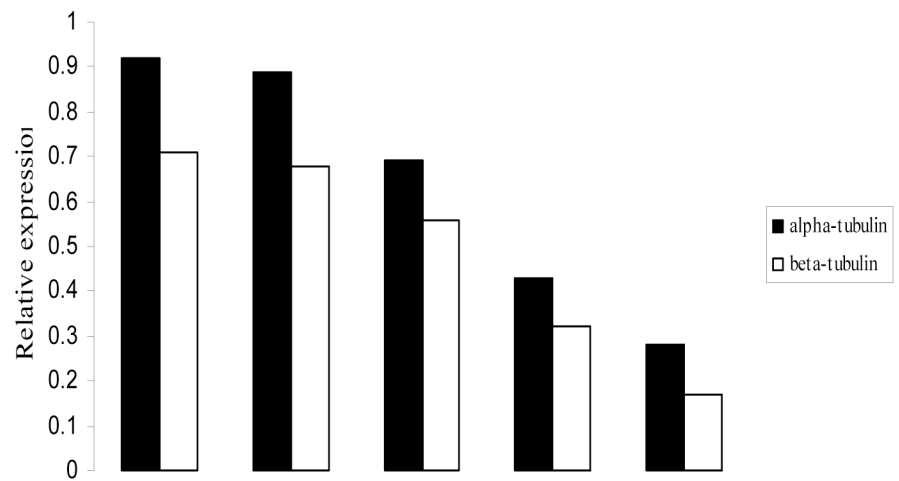
Effects of PITC and PEITC on tubulin expression in PC-3 cells. Cells were treated by PITC (30  $\mu\text{M}$ ), or PEITC (0, 5, 10, or 20  $\mu\text{M}$ ) for 2 h (A), 8 h (C), or 24 h (E). Actin was used as an internal control for protein loading and transfer efficiency, (B), (D), (F) Densitometric measurements of tubulin expression levels were normalized to internal controls and are expressed in relative units

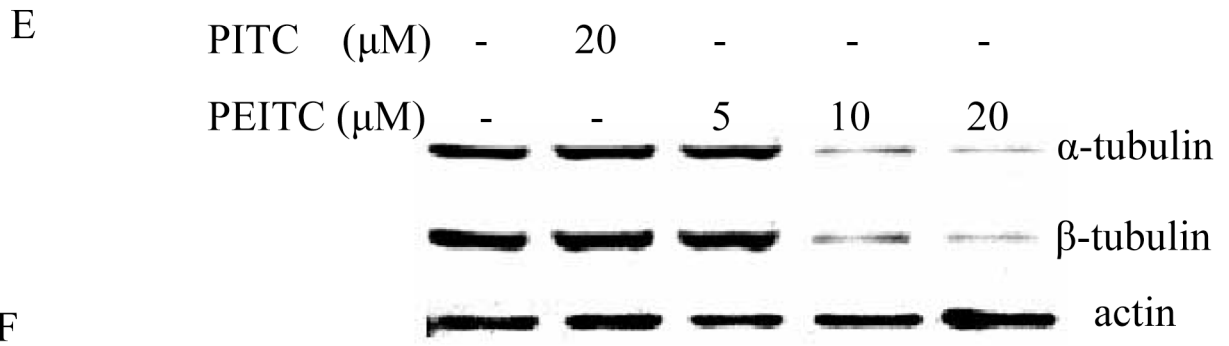


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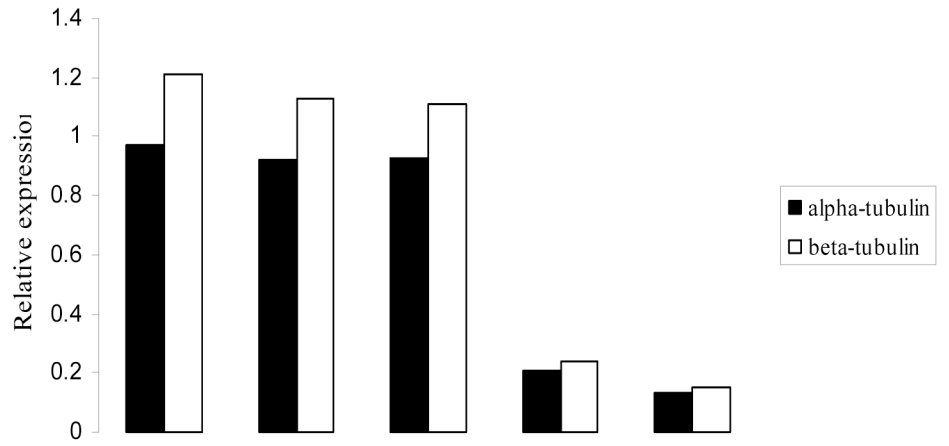


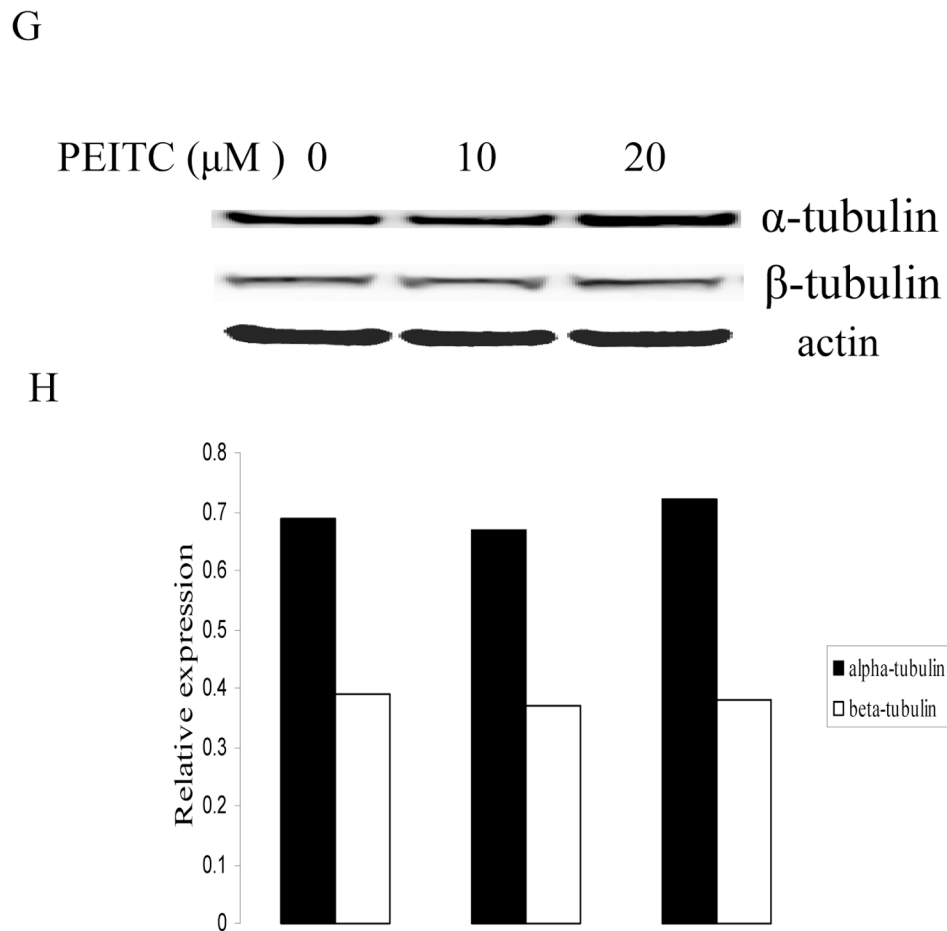
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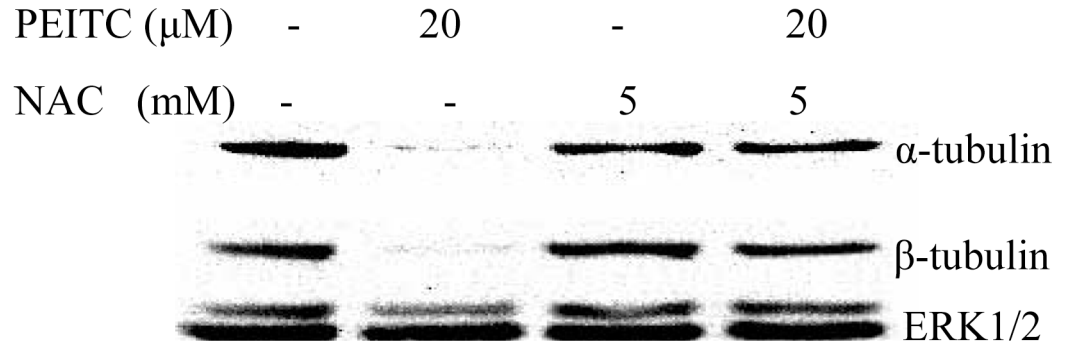




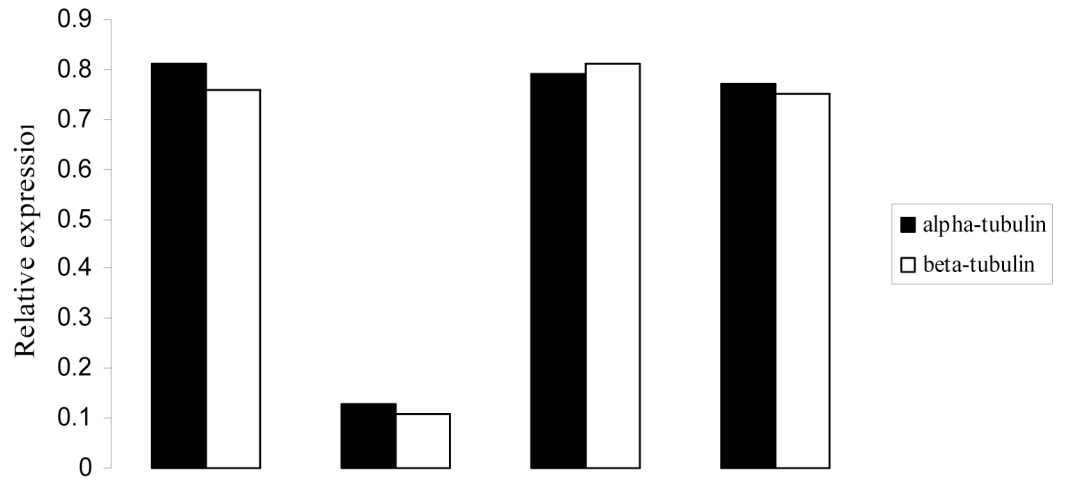
**Figure 2.** Effects of PITC and PEITC on tubulin expression in DU145 (A), C4-2B (C), LNCaP (E) and RWPE1 (G) cells. Cells were treated by PITC (0, 20 or 30  $\mu\text{M}$ ), or PEITC (0, 5, 10, or 20  $\mu\text{M}$ ) for 24 h. Actin was used as an internal control for protein loading and transfer efficiency, (B), (D), (F) (H) Densitometric measurements of tubulin expression levels were normalized to internal controls and are expressed in relative units



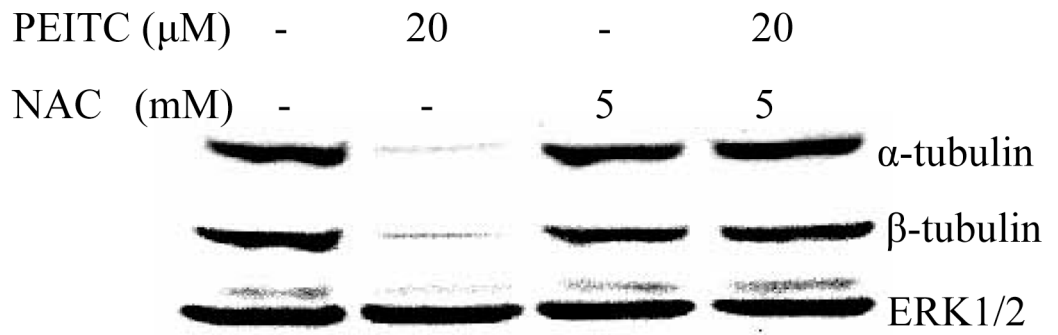
A



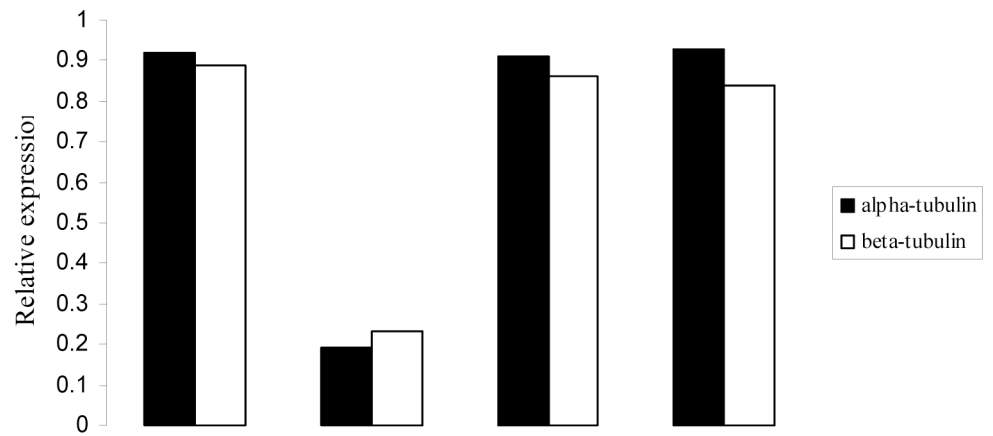
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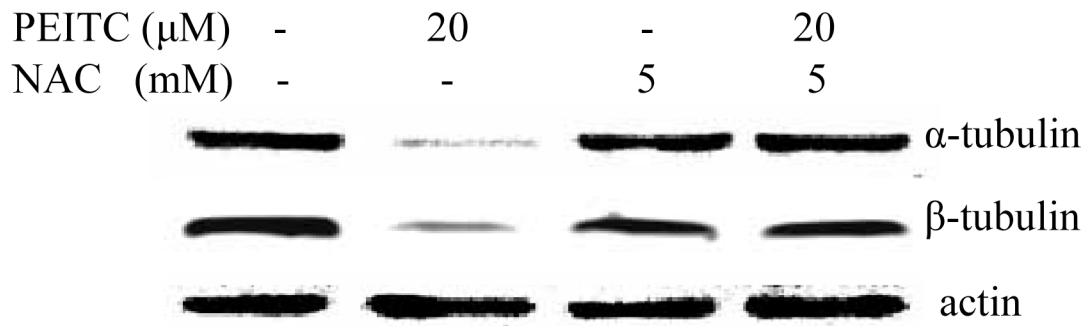
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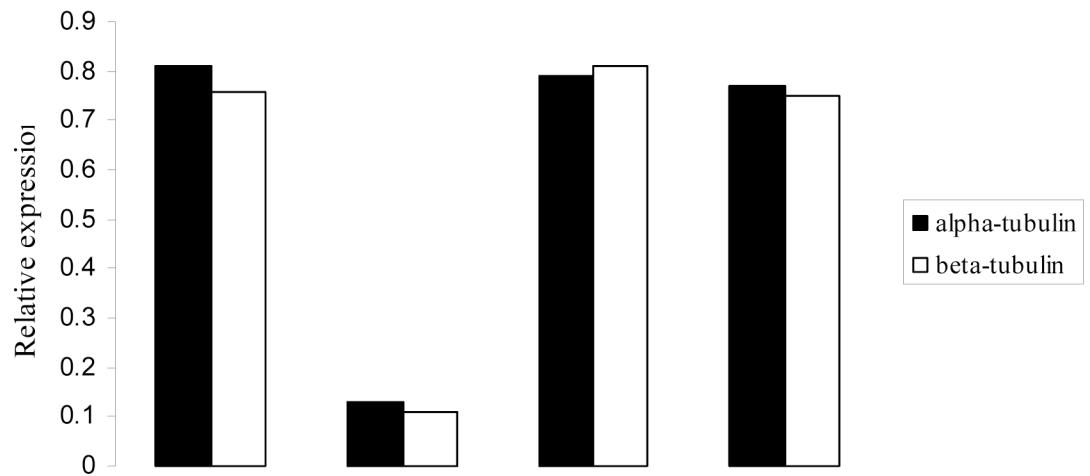
D



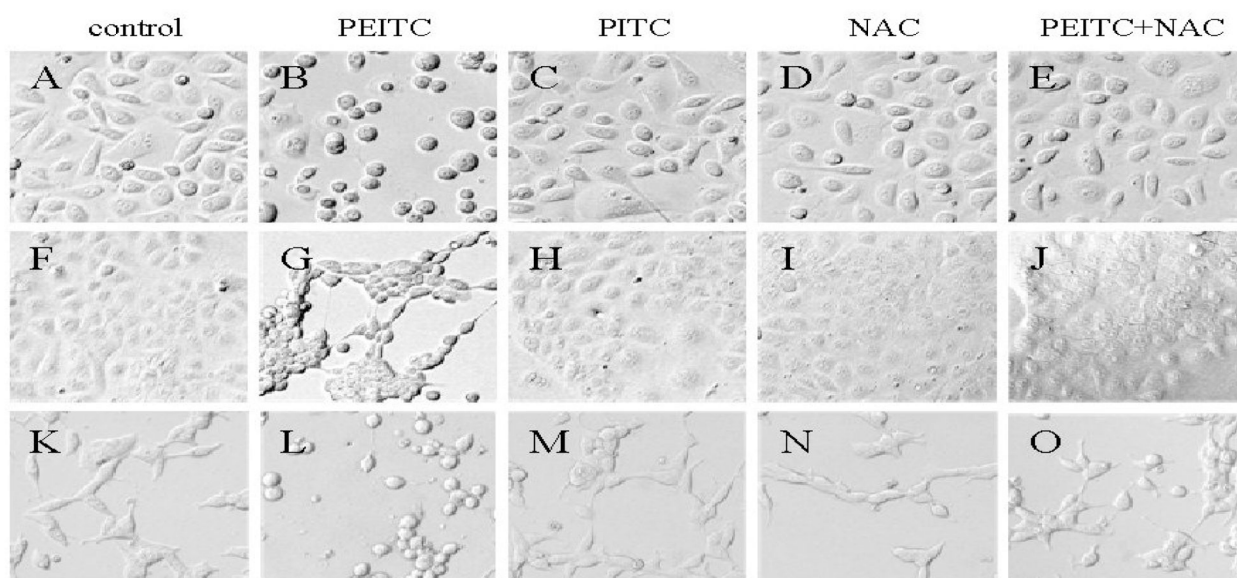
E



F

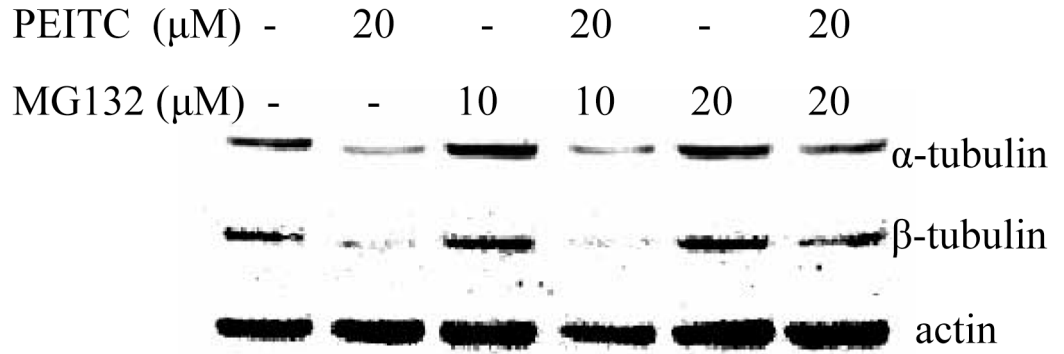
**Figure 3.**

Effects of NAC on PEITC-induced tubulin reduction in DU145 (A), PC-3 (C), and LNCaP (D) cells. Cells were treated by PEITC (0 or 20  $\mu\text{M}$ ), NAC (0 or 5 mM) or PEITC plus NAC for 24 h. ERK1/2 was used as an internal control for protein loading and transfer efficiency, (B), (D), (F) Densitometric measurements of tubulin expression levels were normalized to internal controls and are expressed in relative units

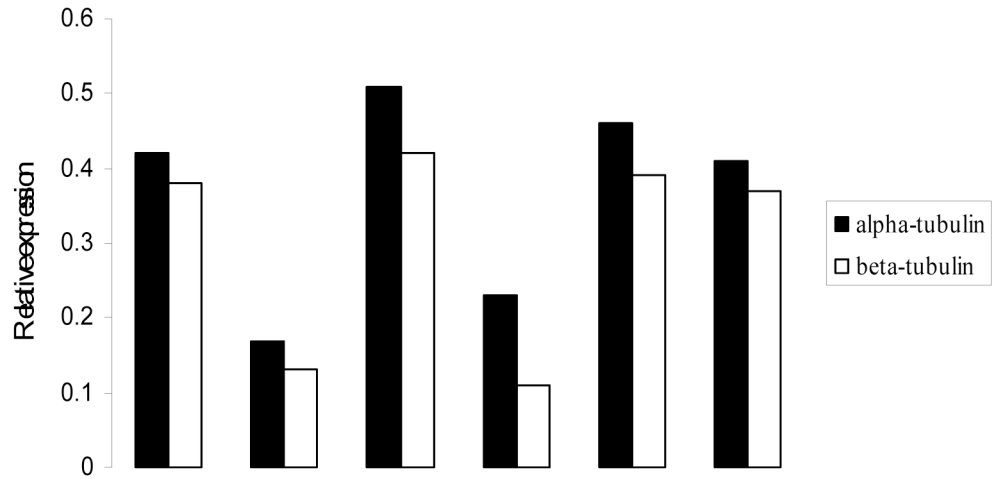


**Figure 4.** Morphological changes induced by PEITC (20  $\mu$ M), PITC (30  $\mu$ M) and NAC (5 mM) in PC-3 (A– E), DU145 (F–J), and LNCaP (K– O) cells after 2 h treatment.

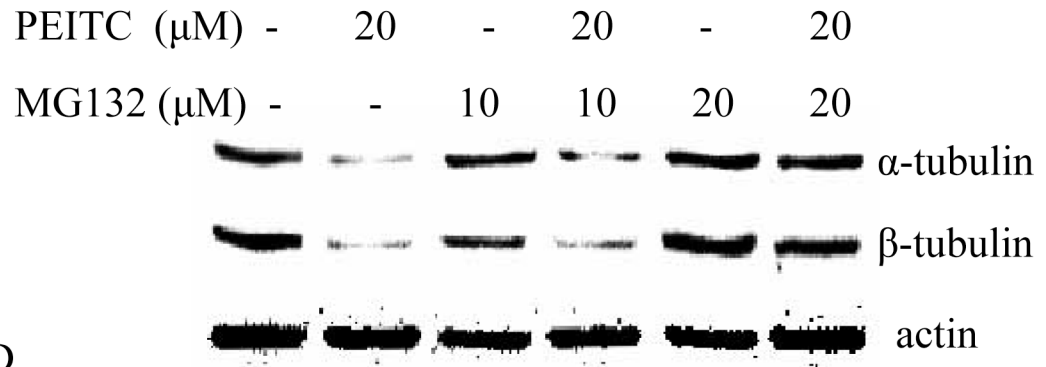
A



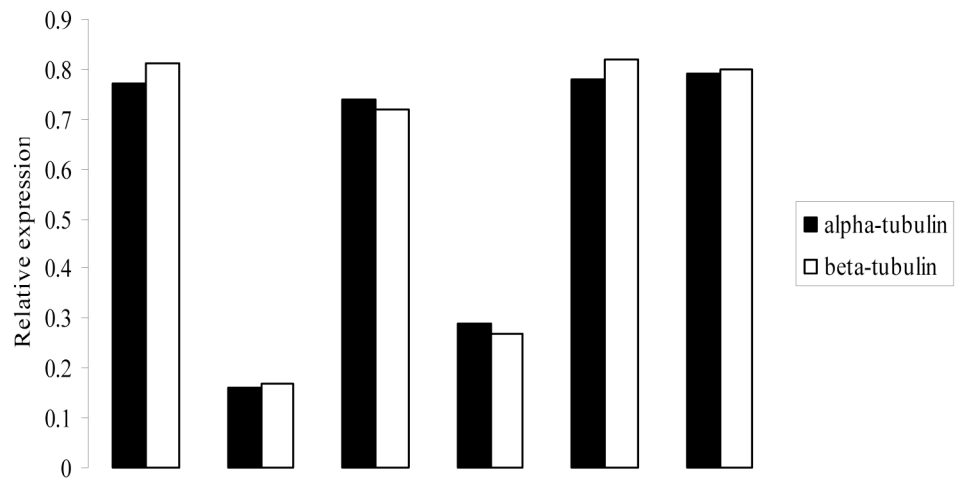
B



C



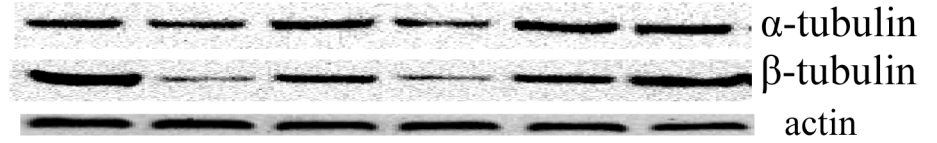
D



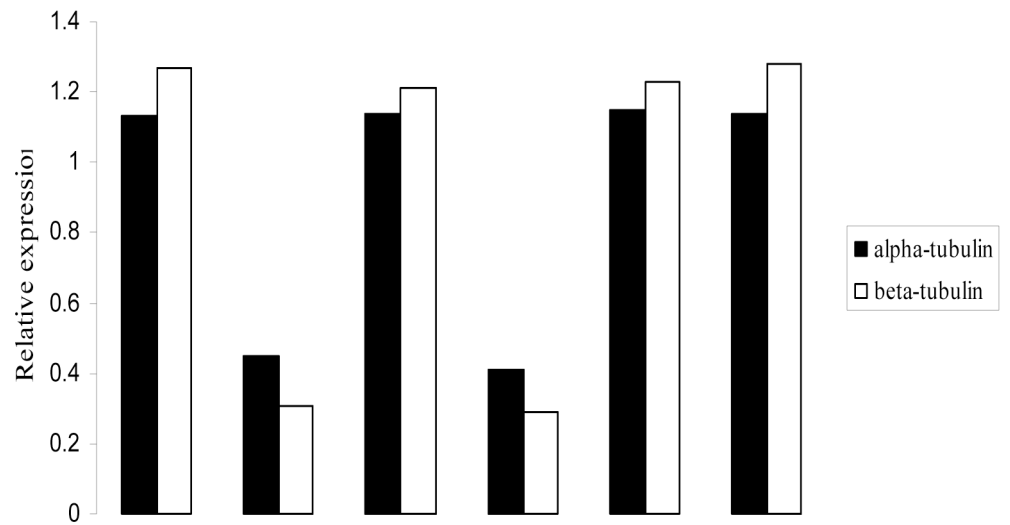


E

PEITC ( $\mu\text{M}$ )	-	20	-	20	-	20
MG132 ( $\mu\text{M}$ )	-	-	10	10	20	20



F



**Figure 5.** Effects of MG-132 on PEITC-induced reduction of tubulin in DU145 (A) and PC-3 (C) cells for 6 h or in PC-3 cells for 24 h (E). Actin was used as an internal control for protein loading and transfer efficiency, (B), (D), (F) Densitometric measurements of tubulin expression levels were normalized to internal controls and are expressed in relative units

**Table 1**  
Effects of PITC and PEITC on DU145 and PC-3 cell cycle

Cell lines	Treatment	% Cells		
		G0-G1	S	G2-M
DU145	Control	56.5 ± 1.2	30.5 ± 0.5	13.0 ± 1.6
	20 μM PITC	57.1 ± 2.1	30.0 ± 0.8	13.3 ± 1.6
	10 μM PEITC	52.6 ± 1.5	33.2 ± 1.7	14.1 ± 0.5
	20 μM PEITC	49.1 ± 1.4*	35.3 ± 1.4*	21.0 ± 0.3*
PC-3	Control	53.6±1.7	25.7±1.2	20.7±1.4
	20 μM PITC	55.0±1.9	24.6±1.3	20.4±1.2
	10 μM PEITC	47.4±2.1	20.6±1.1*	31.9±1.6*
	20 μM PEITC	45.6±1.7*	22.2±1.4	31.7±1.3*

Cells were treated with PITC or PEITC for 24 h and then analyzed cell cycle distribution by flow cytometry. Data show means ± SD for DU145 ( $n=3$ ) and means for PC-3 ( $n=2$ ).

\*  $P < 0.05$ , significantly different compared with control.