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# A Serum Based Analysis of Ovarian Epithelial Tumorigenesis

Brian Nolen<sup>1</sup>, Adele Marrangoni<sup>1</sup>, Lyudmila Velikokhatnaya<sup>1</sup>, Denise Prosser<sup>1</sup>, Matthew Winans<sup>1</sup>, Elesier Gorelik<sup>1,2</sup>, and Anna Lokshin<sup>1,2,3,4</sup>

1 University of Pittsburgh Cancer Institute, Hillman Cancer Center, 5117 Centre Avenue 1.18, Pittsburgh, PA, 15213 nolanb@upmc.edu, marram@upmc.edu, velikokhatnayal@umpc.edu, prosserd@upmc.edu, winamt@upmc.edu

2 Department of Pathology, School of Medicine, University of Pittsburgh, S-417 BST, 200 Lothrop Street, Pittsburgh, PA 15261 gorelik+@pitt.edu

3 Department of Medicine, School of Medicine, University of Pittsburgh, 1218 Scaife Hall, 3550 Terrace Street, Pittsburgh, PA 15213 lokshina@upmc.edu

4Department of Ob/Gyn, School of Medicine, University of Pittsburgh, 300 Halket Street Pittsburgh, PA 15213

#### **Abstract**

**Objectives**—Ovarian epithelial carcinoma can be subdivided into separate histological subtypes including clear cell, endometrioid, mucinous, and serous. These carcinoma subtypes may represent distinctive pathways of tumorigenesis and disease development. This distinction could potentially be reflected in the levels of tumor produced factors that enter into the circulation and serve as biomarkers of malignant growth. Here, we analyze levels of circulating biomarkers from a diverse set of patients diagnosed with ovarian carcinoma to identify biomarker trends and relationships associated with distinct carcinoma histotypes and divergent tumorigenic pathways.

**Methods**—We utilize multiplexed bead-based immunoassays to measure serum levels of a diverse array of fifty-eight biomarkers from the sera of patients diagnosed with various histological subtypes of ovarian carcinoma and benign lesions. The biomarkers studied include cancer antigens, oncogenes, cytokines, chemokines, receptors, growth and angiogenic factors, proteases, hormones, and apoptosis and adhesion related molecules. Levels of each biomarker are compared statistically across carcinoma subtypes as well as with benign cases.

**Results**—A total of 21 serum biomarkers differ significantly between patients diagnosed with ovarian carcinomas and benign cases. Nine of these biomarkers are specific for carcinomas identified as clear cell, endometrioid, or mucinous in histology, while two biomarkers are specific for the serous histology. In a direct comparison of the histology groups, ten biomarkers are found to be subtype specific. Identified biomarkers include traditional and emerging tumor markers, cytokines and receptors, hormones, and adhesion- and metastasis-related proteins.

**Conclusions**—We demonstrate here that the divergent histology-based tumorigenic pathways proposed for ovarian epithelial carcinomas are associated with distinct profiles of circulating

Request for reprints: Anna E. Lokshin, University of Pittsburgh Cancer Institute, Hillman Cancer Center, Suite 1.19d, 5117 Centre Avenue, Pittsburgh, PA 15213, Phone: 412-623-7706, Fax: 412-623-1415, email: lokshina@pitt.edu.

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biomarkers. Continued investigation into the relationships between these factors should reveal new insights into the complex mechanisms underlying ovarian epithelial tumorigenesis.

# Keywords

ovarian carcinoma; tumor histology; serum biomarkers; ovarian tumorigenesis

# Introduction

For women in the United States, ovarian cancer ranks eighth among cancers, excluding skin cancer, in terms of incidence, but moves up to fifth in a ranking of age-adjusted mortality [1]. Ovarian carcinomas, tumors of the surface epithelium, are by far the most common form of ovarian cancer [2]. The notion that ovarian carcinomas arise from the surface epithelium or postovulatory inclusion cysts following chronic exposure to hormones is met with widespread agreement [3], however a growing number of clinicians and researchers are beginning to appreciate a far greater heterogeneity concerning the development of ovarian epithelial carcinoma (OEC). Ovarian carcinomas can be classified into the histological subtypes of serous, clear cell, endometrioid, and mucinous which correspond to the different types of epithelia present in the female reproductive tract [4,5]. Serous tumors, which carry the poorest prognosis, are the most common form of ovarian carcinoma and make up roughly half of all diagnoses [6]. Serous tumors are histologically similar to cancers of the fallopian tube, and range from cystic papillary tumors to solid masses [6]. Endometrioid tumors, accounting for 15-20% of ovarian carcinomas, are characterized by endometrial-like glandular structures [7]. Mucinous tumors often contain cysts and glands lined by mucin-rich cells and constitute 10% of ovarian carcinomas [8]. Clear cell tumors represent 4-12% of ovarian carcinomas and are comprised of clear and hobnailed cells with an immature glomerular pattern [9].

Within the broad spectrum of disease states represented by OEC, there is accumulating clinical, translational, and genetic evidence for the existence of two distinct classes of carcinogenesis [2]. These classes have been termed type I, tumors comprising low-grade serous, mucinous, endometrioid, malignant Brenner, and clear cell carcinoma, and type II, tumors including high-grade serous carcinoma, malignant mixed mesodermal tumors (carcinosarcomas), and undifferentiated carcinoma [2,10]. Type I tumors typically present as early stage neoplasms that pursue an indolent course which may last more than 20 years [11–13]. Recent findings have traced the development of type I tumors through a stepwise series of well-described precursor lesions [10]. Benign cystadenomas and adenofibromas are believed to give rise to so-called borderline tumors which in turn develop into the type I tumors described above. In contrast to type I tumors, type II tumors are not associated with any recognizable precursors and apparently develop *de novo* from the surface epithelium or inclusion cysts of the ovary [14]. Type II carcinomas present as late stage, high grade neoplasms that are clinically aggressive, evolve rapidly and metastasize early, and are associated with a poor prognosis [2, 13]. Type II tumors are relatively chemosensitive in comparison to type I tumors [2].

Mutation screening and gene expression profiling have identified a number of molecular alterations and differences in gene expression that distinguish type I ovarian tumors from type II. These distinctions suggest a difference in prognosis and treatment response between the two groups [15,16]. Most prominent among observed genetic alterations are mutations in the *BRAF* and *KRAS* oncogenes, which occur in 28–35% of type I tumors but are largely nonexistent in type II tumors [17]. Mutations in the tumor suppressor gene *PTEN* and the *CTNNB1* gene, which encodes β-catenin, are also more prevalent in type I tumors, particularly endometrioid carcinomas [18–20]. Mutations in *TP53* are common in type II carcinomas but relatively rare in type I tumors [21–25]. Gene expression profiling and immunohistochemical analyses have identified numerous factors that are overexpressed in type II tumors when

compared to type I including AKT2, human leukocyte antigen-G (HLA-G), apolipoprotein E, p53, MIB1, and bcl-2 [26–29].

Here we present an analysis of a diverse array of biomarkers found in the serum of women diagnosed with ovarian cancer. Biomarker levels are compared among patients grouped according to carcinoma subtype as well as with those presenting with benign disease to identify markers that may contribute to or result from a particular carcinogenic pathway. In this manner, we seek to contribute to the evolving body of evidence related to ovarian epithelial tumorigenesis.

# **Materials and Methods**

#### **Human Serum Samples**

Serum samples from 157 patients diagnosed with ovarian cancer as well as 130 women with benign ovarian lesions were provided by the Gynecological Oncology Group (GOG) (Cleveland, OH) without individual identification of patients. Procedures for serum collection, processing, and storage have been previously described [30]. Written informed consent was obtained for each subject. The diagnostic breakdown of the study population is presented in Table 1 and represents a diverse spectrum of disease subtypes. Benign cases include a broad spectrum of non-malignant lesions representing a variety of histological origins. Patients diagnosed with endometriosis were not included in this study. Patients diagnosed with clear cell, endometrioid, and mucinous carcinomas are grouped together under the heading of "CEM Carcinoma."

# **Multiplexed Bead-Based Immunoassay**

The xMAP<sup>TM</sup> bead-based technology (Luminex Corp., Austin, TX) permits simultaneous analysis of numerous analytes in a single sample. Fifty-eight bead-based xMAP<sup>TM</sup> immunoassays for a variety of known or potential biomarkers for ovarian and other epithelial cancers were utilized in the present study (Table 2). Assays were performed according to the manufacturers' protocol or as described previously [30]. Samples were analyzed using the Bio-Plex suspension array system (Bio-Rad Laboratories, Hercules, CA). For each analyte, 100 beads were analyzed and the median fluorescence intensity was determined. Analysis of experimental data was performed using five-parameter logistic curve fitting to standard analyte values.

Assays for CA 19-9, CA 125, CA 15-3, CA 72-4, CEA, ErbB2, Kallikrein 10, EGFR, Cyfra 21-1, SMRP, tTG, HE4, osteopontin, transthyretin, and IGFBP-1 were developed in the UPCI Luminex® Core Facility [31]. The inter-assay variability of each assay was 5% to 11% and the intra-assay variability was 2% to 9%. Assays for eotaxin, Mip-1 $\beta$ , IP-10, IL-2R, IL-1R $\alpha$ , IL-6R, DR5, TNF-R1, and TNF-R2 were obtained from Invitrogen (Camarillo, CA). Assays for MMP-2, MMP-3, and MMP-9 were obtained from R&D Systems (Minneapolis, MN). All other listed assays were obtained from Millipore (St. Charles, MO).

#### Statistical Analysis

The Mann-Whitney nonparametric t test was used to evaluate the significance of differences in serum biomarker levels expressed as observed concentrations between patients diagnosed with benign ovarian lesions and various ovarian carcinoma subtypes. The level of significance was p<0.05.

#### Results

# Analysis of Serum Biomarker Levels Across Ovarian Epithelial Carcinoma Subtypes

Sera from patients presenting with clear cell, endometrioid, and mucinous carcinomas, hereafter termed (CEM), were considered jointly as this group was presumed to represent type I ovarian carcinomas. Patients diagnosed with serous carcinoma presented with tumors that were almost uniformly high grade. Thus, this group was presumed to represent type II carcinomas and was considered separately. Serum biomarker levels from each of these groups were compared to each other as well as to those from patients diagnosed with benign ovarian lesions. These results are presented in Table 3.

When the benign group was compared to the CEM carcinoma group, a number of significant serum biomarker level differences were observed. Among the cancer antigens and oncogenes assayed, CA 125, CA 72-4, Cyfra 21-1, and HE4 were all elevated in the CEM carcinoma group while levels of EGFR were reduced in the same group. The CEM carcinomas demonstrated higher levels of the cytokines IL-10, IL-2R, IL-6, IL-7, IL-8, and MPO as well as the cytokine receptor TNF-R2 in comparison to benign cases. IP-10 was decreased among CEM carcinomas. Levels of MMP-2 were decreased among the CEM carcinomas while levels of MMP-9 were increased. The CEM carcinomas also exhibited increased levels of tTG and tPAI-1 and decreased levels of LH and sVCAM-1 when compared to the benign group.

Serum samples from the serous carcinoma group were compared with the benign group and several significant differences were identified. CA 125, Cyfra 21-1, HE4, and SMRP were elevated in serous carcinomas while levels of EGFR were reduced. Among cytokines and their receptors, IL-10, IL-2R, IL-7, IL-8, IP-10, and TNF-R2 were all found to be increased in serum samples from serous carcinoma patients in comparison to the benign group. Serum levels of LH and tTG were also increased in the serous carcinoma group.

The CEM carcinoma group was compared to the serous carcinoma group to identify serum biomarker level differences. Levels of CA 125 and SMRP were higher in the serous carcinoma group while CA 72-4 was higher in the CEM group. The CEM carcinomas demonstrated increased levels of CD40L and MPO and decreased levels of IP-10 when compared to the serous carcinomas. In the serous carcinomas, serum levels of MMP-9, FSH, and tPAI-1 were elevated while levels of IGFBP-1 were reduced in comparison to the CEM carcinoma group.

# **Discussion**

Tumorigenesis is a complicated and multi-faceted process that involves unchecked proliferation, immune evasion, angiogensis, stroma formation, tumor cell invasion and migration, and implantation and growth within distant tissues. To accomplish each of these feats requires a balanced and precise genetic background and tumor microenvironment, the components of which remain largely unresolved by cancer researchers. Here we attempt to identify circulating factors associated with ovarian epithelial tumorigenesis through the comparison of a broad array of serum biomarkers in patients with distinct ovarian carcinoma histotypes.

The results of our analysis of serum biomarkers across OEC subtypes are outlined in Figure 1. We identified nine biomarkers that were elevated in the serum of patients diagnosed with ovarian carcinoma regardless of the disease subtype. These included the commonly used ovarian cancer biomarkers CA 125 and Cyfra 21-1 as well as the inflammatory cytokines IL-7, IL-8, and IL-10 and the receptors IL-2R and TNF-R2. These same cytokines, known to promote growth and inhibit apoptosis [32], have been previously found to be produced *in vitro* by ovarian cell lines and primary cells [33–35] and have also been observed to be elevated in the

sera of ovarian cancer patients in comparison to healthy and benign controls [36]. Also increased in our ovarian cancer group were HE4 and tissue transglutaminase (tTG). HE4 is an 11kDa precursor to the epididymal secretory protein E4 and is an emerging biomarker for the detection of ovarian and endometrial cancer [37–39]. HE4 is overexpressed in ovarian carcinomas and demonstrates minimal gene expression and production in all tested normal tissues [40,41]. tTG is highly expressed in ovarian tumors and has a proposed role in tumor invasion and migration by facilitating cell adhesion to fibronectin[42]. tTG overexpression was most recently reported to be an adverse prognostic factor in ovarian carcinoma [43]. Our analysis found that serum levels of soluble EGFR were lower in ovarian cancer patients in comparison to benign cases. Although cell surface EGFR is overexpressed in 35% to 70% of EOCs [44], it would appear from our investigation, and that of another group [45] that levels of the soluble form of EGFR present in serum are inversely correlated with ovarian cancer risk.

Our primary aim in this investigation was to identify biomarkers with distinct serum levels among presumed type I and type II OECs. In comparison to benign pelvic disease, OECs of the clear cell, endometrioid, and mucinous (CEM) subtypes demonstrated significant differences in nine serum biomarkers while serous carcinomas differed among only two. Among conventional tumor markers, our observations are in agreement with a previous study that found CA 72-4 to be highly specific for mucinous ovarian carcinoma while CA 125 was specific for the serous subtype [46]. Two additional emerging ovarian cancer biomarkers, IGFBP-1 and SMRP, were also found to be subtype specific, an observation not previously reported. Both of these markers have been implicated in ovarian cancer but remain uncharacterized [37,47,48]. Significant among the cytokines tested were IP-10 for serous carcinomas and IL-6 and sCD40L for CEM carcinomas. These differences in serum cytokine levels were not as robust as those observed for all OECs considered together, suggesting a relative uniformity in tumor behavior. Interestingly, the CEM carcinomas demonstrated higher levels of myeloperoxidase (MPO). MPO is the chief protein product of neutrophils and is believed to play a role in the production of ROS and the oxidative activation of environmental carcinogens [49,50]. The results for the invasion, migration, and metastasis related molecules were somewhat mixed. The CEM carcinomas demonstrated relatively high serum levels of tPAI-1 and MMP-9 and relatively low levels of MMP-2 and sVCAM. Serous carcinomas did not differ significantly from the other groups for any of these markers. This is intriguing in light of the clinical observation that serous carcinomas are the most aggressive subtype of OEC and metastasize far more readily. Further investigation related to these observations would be justified. The serous carcinomas demonstrated higher serum levels of the gonadotropins LH and FSH. These hormones are important regulators of ovarian cell function and have been long implicated in the development of ovarian cancer, however the results from previous investigation concerning serum levels of the gonadotropins have been inconsistent [51]. The finding that LH and FSH play a greater role in the development of a particular histological subtype of ovarian carcinoma would be of great clinical significance.

Circulating biomarkers found in the serum of ovarian cancer patients may represent factors involved in either the cause of or the systemic response to the malignancy. These factors may originate from a number of sources including the tumor itself, the surrounding stroma, or systemic tissues involved in the host response. It is crucial that ongoing work in the field of serum biomarkers is aimed at pinpointing the origins and functional roles of identified biomarkers. We sought to approach these questions by placing our findings within the broader context of genetic regulation of ovarian epithelial tumorigenesis. To that end, we utilized the Ingenuity Pathway Analysis (IPA) software package (Ingenuity Systems Inc., Redwood City, CA) to identify published relationships between the biomarkers we found to be informative and a consensus list of genetic markers currently under investigation in the field. A list of genes identified to be commonly mutated or overexpressed in CEM carcinomas includes: *BRAF* [10,17], *KRAS* [10,17], *CTNNBI* [19,20], *PTEN* [19], *MAP3K* [52], and *PI3K* [52]. This list

was entered into the software package along with the list of biomarkers we identified when comparing CEM carcinomas with benign cases. The IPA software identified relationships between molecules in the two groups as shown in Figure 2A. A similar analysis was performed for biomarkers we identified in our comparison of serous carcinomas with benign samples utilizing a list of genes including: *AKT2* [26,53], *APOE2* [27], *BCL2* [29], *HLA-G* [28], *MK167* [29], *TP53* [21–25], and *WT1* [9]. The results of this analysis are shown in Figure 2B. Several of the genes examined are established players within molecular pathways widely considered to play a role in ovarian cancer. Among these are the RAS/RAF/MAP pathway and the PI-3 kinase/PTEN pathway, both of which have been implicated in type 1 ovarian carcinomas [2,52], and the p53 pathway active in type II carcinomas[13]. The IPA analysis demonstrates that several of the serum biomarkers identified in this study have been reported to interact with members of these pathways and further study aimed at characterizing these relationships would be well warranted.

This investigation clearly illustrates the unique and informative role of serum profiling in advancing our understanding of ovarian tumorigenesis. Our findings suggest that several traditional and emerging tumor markers, factors involved in the host cytokine and hormonal response, and adhesion- and metastasis-related proteins may be differentially utilized among OEC histological subtypes. An improved characterization of the mechanisms and molecular interactions that characterize the emerging pathways of ovarian epithelial tumorigenesis will allow for the development of improved tools and methods to better identify and capture every clinical opportunity.

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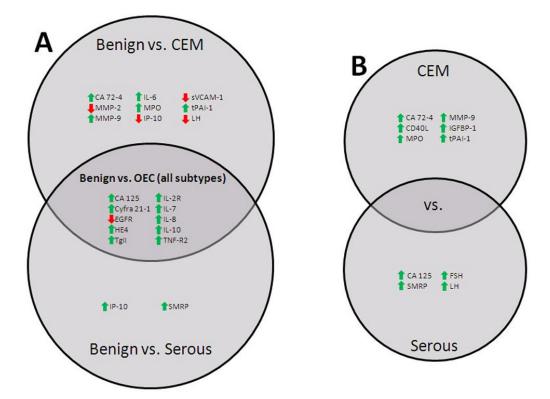
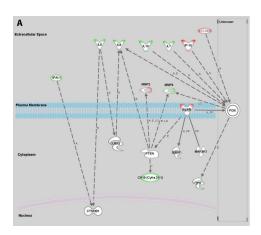


Figure 1. Serum Biomarkers Significant Across Ovarian Epithelial Carcinoma Subtypes Findings presented in Table 3 are summarized. Listed biomarkers were found to differ significantly between comparison groups. Arrow preceding each biomarker name indicates increased or decreased serum concentrations in the cancer group. A. Comparison between benign cases and ovarian cancer subtypes. B. Comparison between clear cell, endometrial, and mucinous (CEM) carcinomas and serous carcinomas.



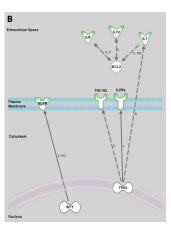


Figure 2. Ingenuity Pathway Analysis of Identified Serum Biomarkers and Reported Molecular Alterations

The Ingenuity Pathway Analysis software package (Ingenuity Systems Inc., Redwood City, CA) was used to identify relationships between identified serum biomarkers and genetic markers associated with ovarian carcinoma subtypes. A. Interactions identified between CEM carcinoma associated serum biomarkers and the following genes: BRAF, KRAS, CTNNBI, PTEN, MAP3K, and PI3K. B. Interactions identified between serous carcinoma associated serum biomarkers and the following genes: AKT2, APOE2, BCL2, HLA-G, MK167, TP53, and WT1. Biomarker outlines: green - increased in the serum of cancer patients. Interaction labels: A – activation, E – expression, PD – protein-DNA interaction, T – transcription, PP – protein-protein interaction, LO – localization, RB – regulation of binding, solid line – direct relationship, dashed line – indirect relationship.

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Table 1

Clinical Characteristics of Study Population

Diagnosis	N	Age Range
Benign	133	24–87
CEM Carcinoma	100	27–87
Clear Cell Carcinoma	24	
Endometrioid Carcinoma	46	
Mucinous Carcinoma	30	
Stage I & II	83	
Stage III & IV	17	
Grade 1	17	
Grade 2	11	
Grade 3	16	
Unknown Grade	56	
Serous Carcinoma	57	48–87
Stage I & II	27	
Stage III & IV	30	
Grade 1	2	
Grade 2	21	
Grade 3	29	
Unknown Grade	5	

### Table 2

# Complete List of Biomarkers

Cancer Antigens/Oncogenes α-fetoprotein, CA 19-9, CA 125, CA 15-3, CA 72-4, CEA, ErbB2

Eotaxin, fractalkine, GM-CSF, IFN $\gamma$ , IL-10, IL-12p70, IL-13, IL-1 $\beta$ , IL-1R $\alpha$ , IL-2, IL-2R, IL-4, IL-5, IL-6, IL-6R, IL-7, IL-8, IP-10, MIF, MIP-1 $\beta$ , sCD40L, TNF $\alpha$ , TNF-R1, TNF-R2 Cytokines/Chemokines/Receptors

**Growth/Angiogenic Factors**  $EFGR,\,IGFBP\text{-}1,\,TGF\alpha$ 

**Proteases** Kallikrein 10, MMP-2, MMP-3, MMP-9 Hormones ACTH, FSH, GH, LH, prolactin, TSH

Adiponectin Adipokines

Apoptosis-related molecules Cyfra 21-1, DR5, sFas, sFasL sICAM-1, sVCAM-1, tTG, tPAI-1 Adhesion molecules

Other HE4, osteopontin, SMRP, transthyretin, MPO

Table 3
Serum Biomarker Levels Across Ovarian Epithelial Carcinoma Subtypes NIH-PA Author Manuscript NIH-PA Author Manuscript

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	Biomar	Biomarker Levels (mean pg/ml ± 95% CI)	CI)	Ma	Mann-Whitney Significance	
		0	Ì		0	
	Benign	CEM Carcinoma	Serous Carcinoma	Benign vs. CEM	Benign vs. Serous	CEM vs. Serous
$CA 125^{I}$	$14.15\pm4.61$	49.65±15.04	123.9±51.17	* * *	**	* * *
$CA 72-4^{I}$	$2.04\pm.285$	13.5±7.9	4.39±2.06	**		*
CD40L	19457±4732	$23522\pm4994$	$16414\pm5929$			*
Cyfra 21-1	891±222	2323±718	2633±886	* * *	* *	
EGFR	8548±344	7233±397	7552±636	***	**	
FSH <sup>2</sup>	37487±5344	24744±5182	36471±7751			* *
HE4	5476±4357	74816±42866	43857±18512	* * *	* *	
IGFBP-1	$10178\pm1891$	$15509\pm3660$	9734±3536			*
IL-10	15.67±2.63	$32.48\pm10.78$	$20.79\pm4.31$	* * *	* *	
IL-2R	355.7±57.2	541.6±105.2	$651.6\pm169.8$	* * *	* *	
IL-6	19.67±3.4	31.55±5.87	$27.07\pm9.01$	***		
IL-7	$8.5\pm.864$	11.6±1.85	$10.2\pm1.69$	* * *	*	
IL-8	15±3.91	24.8±15.17	16.9±5.24	* *	*	
IP-10	49.86±5.35	42.4±5.71	72.53±15.54	*	***	* *
$LH^2$	19118±2435	15767±2982	22441±4496	* *		* *
MMP-2	150963±8262	131903±9126	137652±14133	* *		
MMP-9	212302±34252	361810±62411	$250084\pm64652$	***		* *
MPO	91818±21710	$123134\pm30713$	$80550\pm30403$	*		*
SMRP <sup>3</sup>	$44227\pm19250$	$43804\pm15896$	117660±49778		***	* *
sVCAM-1	876645±68143	772258±66047	796917±70051	* *		
${ m Tg}\Pi^4$	9.44±1.38	14.34±1.61	$14.95\pm3.09$	* *	* *	
TNF-R2	1515±137	1798±186	1836±228	*	*	
tPAI-1	35876±3432	47987±4514	36723±4949	* * *		* *

<sup>1</sup>U/ml, <sup>2</sup>IU/ml, <sup>3</sup>pM,

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 $^{4}\,\mathrm{mU/ml}$  CEM: clear cell, endometrioid, mucinous carcinoma

\*
-p<0.05,
\*\*
-p<0.01,
\*\*\*
-p<0.001

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