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Autoradiographic and Small-Animal PET Comparisons Between 18F-FMISO, 18F-FDG, 18F-FLT and the Hypoxic Selective 64Cu-ATSM in a Rodent Model of Cancer

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Abstract

Introduction—Cu-ATSM, a hypoxia imaging agent, has been shown to be predictive of response to traditional cancer therapies in patients with a wide range of tumors. It is known that the environment of the tumor results in a myriad of physiological consequences, including hypoxia, alterations in metabolism and proliferation. In an effort to better characterize the relationships between Cu-ATSM and other prominent radiopharmaceuticals, this current study was undertaken to compare the regional distribution of ⁶⁴Cu-ATSM with ¹⁸F-FMISO, ¹⁸F-FDG and ¹⁸F-FLT in 9L tumors.

Methods—Taking advantage of the different half-life of ¹⁸F ($t_{1/2}$ **= 110 min) in comparison to ⁶⁴Cu** $(t_{1/2} = 12.7 h)$, we undertook a dual tracer autoradiography study in 9L tumors. Four groups were examined: (a) ¹⁸F-FMISO, 2 h p.i. and ⁶⁴Cu-ATSM 10 min p.i. (b) ¹⁸F-FMISO, 2 h p.i. and ⁶⁴Cu-ATSM 24 h p.i. (c) ¹⁸F-FDG, 1 h p.i. and ⁶⁴Cu-ATSM 10 min p.i., and (d) ¹⁸F-FLT, 1 h p.i. and ⁶⁴Cu-ATSM 10 min p.i.. Small animal PET imaging was performed in 9L tumor-bearing rats with imaging on concurrent days comparing ⁶⁴Cu-ATSM with ¹⁸F-FMISO and ¹⁸F-FLT.

Results—It was shown that the regional distribution of ¹⁸F-FMISO and ⁶⁴Cu-ATSM showed an excellent correlation when the ⁶⁴Cu-ATSM had been allowed to distribute for either 10 min (R^2 = 0.84) or 24 h ($\mathbb{R}^2 = 0.86$). The regional comparisons between ⁶⁴Cu-ATSM (10 min) and ¹⁸F-FDG (1 h) resulted in a very poor correlation ($R^2 = 0.08$) between the regional uptake of the two agents. The comparison between ¹⁸F-FLT and ⁶⁴Cu-ATSM showed a strong relationship (R^2 = 0.83) between the two tracers. The small-animal PET images for the distribution comparisons between ⁶⁴Cu-ATSM and 18F-FMISO and 18F-FLT were in agreement with the data generated from the autoradiography studies.

Conclusions—The data show that it is important to remember that a number of different metabolic situations can exist when considering the relationship between regions of high glucose uptake, proliferation and hypoxia.

Keywords

hypoxia; proliferation; metabolism

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1. Introduction

The non-invasive imaging of hypoxia is of significant importance, given that the onset of hypoxia in malignant tissues is associated with and influenced by a myriad of complicated physiological processes [1–5]. Copper(II)-diacetyl-bis(*N*⁴ -methylthiosemicarbazone), or Cu-ATSM, is a hypoxia imaging agent that shows rapid delineation of tumor hypoxia (< 1 hour) in high tumor to background tissue ratios (tumor to blood ratios \gg 2.0) [6,7]. In clinical studies Cu-ATSM has been shown to be predictive of response to traditional cancer therapies in patients with rectal, lung, and uterine cervix cancer [8–11]. In these same studies concurrent imaging with $[18F]$ fluoro-2-deoxy-_{D-glucose} ($18F$ -FDG) showed no predictive value.

It is obvious that the macroenvironment of the tumor results in a wide range of physiological consequences, including hypoxia, alterations in metabolism and proliferation. An understanding of the relationships among these complicated interactions is of importance to both the basic scientist and the clinician. The relationship between hypoxia, proliferation and metabolism has partly been explored in clinical studies. A comparison between 18Ffluoromisonidazole (18 F-FMISO) and 18 F-FDG uptake in humans demonstrated that some hypoxic tumors can have modest glucose metabolism, whereas some highly metabolic tumors are not hypoxic, showing discordance in tracer uptake that was tumor type specific $[12]$. ¹⁸F-FDG uptake has been shown to correlate with tumor proliferative rates in lymphomas [13] and NSCLC [14]. However, Buck *et al* showed that 18F-fluorothymidine (18F-FLT) correlated significantly better with the proliferative activity of lung tumors than did 18 F-FDG [15].

In an effort to better characterize the relationships between Cu-ATSM and other validated radiopharmaceuticals, this study was undertaken to compare the regional distribution of 64 Cu-ATSM with ^{18}F -FDG (metabolism) and ^{18}F -FLT (proliferation). A comparison was also performed with ¹⁸F-FMISO, given that the retention mechanisms for these two hypoxia tracers are different. By exploitation of the different half lives of ¹⁸F (t_{1/2} = 110 min) and ⁶⁴Cu (t_{1/2} = 12.7 h), we undertook a dual tracer autoradiography study in a simple model of cancer, the 9L gliosarcoma model, in order to better understand the regional distribution of each tracer in comparison to each other.

2. Material and Methods

2.1. Materials

Unless otherwise stated, all chemicals were purchased from Aldrich Chemical Company, Inc. (Milwaukee, WI). All solutions were prepared using distilled, deionized water (Milli-Q®; >18 MΩ resistivity). High specific activity 64 Cu was produced on a CS-15 biomedical cyclotron at Washington University School of Medicine via published methods. 64Cu-ATSM was synthesized by methods previously described [16], and 18 F-FMISO was synthesized according to procedures by McCarthy, Dence and Welch $[17]$. ¹⁸F-FLT was produced by a modified version of Machulla et al [18]. All radiopharmaceuticals were used in >98 % radiochemical purity, as determined by radio-TLC and radio-HPLC.

2.2. Animal Models

All animal experiments were conducted in compliance with the Guidelines for the Care and Use of Research Animals established by Washington University's Animal Studies Committee. The 9L cells were a generous gift from the Brain Tumor Research Center, University of California (San Francisco). All studies were performed on 150–165 g female Fisher 344 rats (Charles River Laboratories, Wilmington MA). The Fischer rats were implanted subcutaneously with 1×10^7 9L gliosarcoma cells in the right flank and were used at day 14 of tumor growth. On the day of study the tumors were approximately $1.5 - 2$ g, and on

2.3. Dual Tracer Ex vivo Autoradiography

All electronic autoradiography was performed on an InstantImager Electronic Autoradiography System from Packard Instrument Co. (Meriden, CT). Four groups of 9Lbearing animals ($n = 5$ each group) were examined, in order to compare the regional distributions of the fluorinated tracers 18 F-FMISO, 18 F-FLT and 18 F-FDG. The four groups were (a) 18 F-FMISO, 2 h post injection and 64 Cu-ATSM 10 min post injection (b) 18 F-FMISO, 2 h post injection and ${}^{64}Cu-ATSM$ 24 h post injection (c) ${}^{18}F-FDG$, 1 h post injection and 64Cu-ATSM 10 min post injection, and (d) 18F-FLT, 1 h post injection and 64Cu-ATSM 10 min post injection. All rats received an i.v. injection of $1.0 - 1.2$ mCi of the required ¹⁸F tracer, followed by ⁶⁴Cu-ATSM. The administration of $50 - 60 \mu$ Ci of ⁶⁴Cu-ATSM occurred after 110 min for (a) and 50 min after for (c) and (d). For (b), each rat ($n = 5$) received an i.v. injection of 240 µCi of 64 Cu-ATSM, followed 22 h later by ${}^{18}F$ -FMISO. After euthanasia, the tumors were excised and frozen whole in Miles, Inc., Tissue-Tek Embedding Medium (Elkhart, IN). Slices (1 mm thick) were mounted and placed in the InstantImager® in order to visualize the distribution of radioactivity. The slices were not washed at any time and were not treated with any preservative. Autoradiography of the slices initially visualized the 18 F localization (1) or 2 h distribution) and was repeated 24 h later, in order to visualize the $^{64}Cu-ATSM$ (10 min or 24 h distribution). Standard radioisotopic mixtures were also made and imaged in order to ensure that >95% of the initial image was generated by the ^{18}F and that only ^{64}Cu activity remained in the 24-h images.

To generate a comparison between the focal uptake of ${}^{64}Cu$ -ATSM and the ${}^{18}F$ -agents, a 'template' was generated from the 18F image by use of the equipment software to yield the net % max uptake in each defined region. Briefly, the template generated by the software consists of an x–y grid that contains regions of interest (ROI's) that have been determined by threshold levels defined automatically. The system uses three user-specified parameters to locate and create regions of interest based on separation, sensitivity and background. As a control in this study, regions of interest were also defined manually. The manual operation was performed where every individual tumor slice was first analyzed for the absolute number of counts. The ROIs based on separation were defined as percentages of the overall number of counts within the tumor ROI that showed the highest concentration of activity with fixed levels of sensitivity and background for individual slices. For both the manual and automatic analysis of the autoradiographs, identical templates and data were obtained.

The template generated for each ^{18}F image was overlaid on the complementary $^{64}Cu-ATSM$ image (i.e., the same tumor slice after ${}^{18}F$ decay) in order to generate the ${}^{64}Cu$ distribution data. As a control, a template was also generated on the $64Cu$ image and then overlaid on the complementary ${}^{18}F$ image to generate the ${}^{18}F$ distribution data. The data presented (net % max) are defined as [a/b \times 100 %], where a = number of counts/mm² in a defined ROI within a tumor slice and $b =$ number of counts/mm² in the ROI with the highest number of counts from the same tumor slice. These analyses were performed on 10 tumor slices for each study group. Each tumor slice had at least 10 ROIs defined within its boundaries.

2.4. Small-Animal PET Comparisons

All small-animal PET imaging was undertaken on the microPET-Focus 220 [19] (Concorde MicroSystems Inc., Knoxville, TN) and were coregistered with CT images from a MicroCAT II System (ImTek Inc., Knoxville, TN). Isoflurane (1–2%) was used as an inhaled anesthetic to induce and maintain anesthesia during imaging. Drugs were administered via the tail vein. Two separate studies were performed in 9L bearing rats (n = 4 per group). (A) On Day 1, 150

 μ Ci of ⁶⁴Cu-ATSM were injected into the animals and imaged 10 min post-injection. The animals were allowed to waken and on Day 2 (28 hours after 64Cu-ATSM) were injected with 1.5 mCi 18F-FMISO and imaged at 2 h post-injection; (B) On Day 1, 150 µCi of 64Cu-ATSM were injected into the animals and imaged 10 min post-injection. The animals were allowed to waken and on Day 2 (28 hours after 64 Cu-ATSM) were injected with 1.5 mCi 18 F-FLT and imaged at 1 h post-injection. All PET scans consisted of a single static 5-min collection. The image registration between CT and PET images was accomplished by using a landmark registration technique, AMIRA image display software (AMIRA, TGS Inc, San Diego, CA). The registration method proceeds by rigid transformation of the microCT images from landmarks provided by fiducial markers directly attached to the animal bed.

3. Results

3.1. Dual Tracer Ex vivo Autoradiography

Shown in Figure 1A and 1B are representative sample slices from the autoradiographic studies comparing distribution of ¹⁸F-FMISO (2 h) and ⁶⁴Cu-ATSM (10 min or 24 h). Figures 2A and 2B demonstrate the correlation of the regional uptake of ${}^{64}Cu$ at both time points with the 2h distribution of 18F-FMISO. It is evident, both through visual analysis and quantitative comparison, that the regional distributions of 18 F-FMISO and 64 Cu-ATSM show an excellent correlation when the ⁶⁴Cu-ATSM has been allowed to distribute for either 10 min ($R^2 = 0.84$) or 24 h ($\mathbb{R}^2 = 0.86$). It is also evident from Figure 1B that Cu-ATSM at 24-h results in a more intense uptake within small discreet regions of the tumor volume, more so than is seen with the corresponding 18F-FMISO image.

Figure 1C shows the regional comparisons between 64 Cu-ATSM (10 min) and 18 F-FDG (1 h). Visually, it appears that there are regions within the tumor with uptake similar for both tracers but also regions in which there is a complete discrepancy of uptake, where uptake of Cu-ATSM is not mirrored by uptake of ${}^{18}F$ -FDG. The quantitative analysis of these images (Figure 2C) confirms this, as demonstrated by a poor correlation ($R^2 = 0.08$) between the regional uptake of the two agents. The uptake of ^{18}F -FLT and ^{64}Cu -ATSM appear visually identical (Figure 1D), which is confirmed by quantitative analysis ($R^2 = 0.83$) (Figure 2D).

3.2. Small-Animal PET Comparisons

The small-animal PET images for the distribution comparisons between 64Cu-ATSM and 18F-FMISO and 18F-FLT are given in Figure 3A and 3B, respectively. As with the autoradiography studies, similarities in regional uptake are noted between the two tracers even after 10 min of Cu-ATSM distribution. The images comparing 64 Cu-ATSM and 18 F-FLT are also in agreement with the data generated from the autoradiography studies. The intense uptake of tracers is on the tumor edge (the tumor had a histologically confirmed necrotic center).

4. Discussion

4.1. Regional Uptake of 64Cu-ATSM and 18F-FMISO Show a Strong Correlation

One of the most popular agents for the PET imaging of hypoxia has been 18 F-FMISO [12,20, 21]. Although Cu-ATSM has been validated for use *in vitro* and *in vivo* in multiple tumor models [6] and it is a very effective PET agent for clinically delineating many hypoxic human malignancies [8–11], there has been a concern that its ability to delineate hypoxia may be tumor-dependent. In 2005, it was shown *in vitro* that the hypoxia-selectivity of 64Cu-ATSM was found to be cell line dependent. It was demonstrated that there was variation in the ⁶⁴Cu cellular accumulation, with uptake in normoxic cells being anywhere from two to nine times lower than that in hypoxic cells, depending upon the cell line [22]. This study was followed by an intricate *in vivo* comparison of 64Cu-ATSM and 18F-FMISO in tumor-bearing rats with

direct $pO₂$ tumor measurements, autoradiography and fluorescent microscopy [23]. In rats bearing the R3327-AT rat prostate tumor, there was a poor correlation between the intratumoral distribution of ^{18}F -FMISO and ^{64}Cu -ATSM except at later times (16–20 hr post injection). However, in the same study ${}^{18}F$ -FMISO and ${}^{64}Cu$ -ATSM images were also acquired in nude rats bearing xenografts derived from the human squamous cell carcinoma cell line, FaDu. For the FaDu tumor model, the early and late 64 Cu-ATSM PET images were similar and were in general concordance with the ¹⁸F-FMISO scans. Following these discrepancies, a recent publication showed that the ability of Cu-ATSM to delineate hypoxia was suspect primarily in **prostate** tumors in a manner that that was directly related to the expression of fatty acid synthase [24]. It was, therefore, important to continue to validate the use of 64 Cu-ATSM against 18F-FMISO in this 9L gliosarcoma model. A previous study compared the autoradiographic distributions of 64Cu-ATSM with a well-established hypoxia marker drug (EF5) in 9L tumors; there was a close correlation between 64 Cu- ATSM uptake and hypoxia in 9L tumors [25].

In the current study a comparison was made between the distribution of 18 F-FMISO (2 h) and early and late distribution time points for ${}^{64}Cu-ATSM$ (10 min and 24 h). Our data show that the distribution of 64Cu-ATSM at both 10 min and 24 h correlates highly with the 2-h distribution of ^{18}F -FMISO. The similarity of the image quality of the radionuclides has been demonstrated (Figure 1A and 1B) and it is, therefore, interesting that the ⁶⁴Cu-ATSM images show a more focal (localized) distribution of activity. Observed differences in distribution may be attributed to differences in retention mechanisms for the agents and the poor target:background ratios associated with the nitromidazoles. The distribution of $^{64}Cu-ATSM$ at 24 h does have a greater correlation with 18 F-FMISO than the 10 min distribution; however, these differences are not significant and confirm that examination of 64Cu-ATSM at earlier time points is suitable for the delineation of hypoxia within tumors.

4.2. Regional Uptake of 64Cu-ATSM and 18F-FDG Do Not Correlate in 9L Tumors

 18 F-FDG is utilized widely in many aspects of PET diagnostic medicine, including cancer diagnosis and diseases of the brain and heart. The mechanism of 18 F-FDG trapping follows the well-documented glucose biochemical pathway. The direct measurement of glucose metabolism with 18F-FDG also yields valuable information about tumor localization and quantitation. A previous dual-tracer study with 64 Cu-ATSM and 18 F-FDG in VX2 tumors (implanted into Japanese white rabbits) showed that the major accumulation of $^{64}Cu-ATSM$ was observed around the outer rim of the tumor masses, which consisted mainly of active hypoxic cells, and $^{18}F\text{-FDG}$ was distributed more widely with highest levels in the inner regions where pre-necrotic cells were mainly observed [26]. An additional study compared the intratumoral distribution of 64 Cu-ATSM and 18 F-FDG in four mice-tumor models (LLC1, Meth-A, B16 and colon26) with the immunohistochemical staining of proliferating cells (Ki67), blood vessels (CD34 or von Willebrand factor), and apoptotic cells (terminal deoxynucleotidyltransferase-mediated dUTP nick end labeling method) [27]. It was revealed that there are regions within the tumor that contain cells of different phenotypes that can be distinguished by the use of 64 Cu-ATSM and 18 F-FDG [27].

This current study demonstrates that 9L tumors contain regions of high metabolism that are not very hypoxic and vice versa. It is reasonable and possible for regions of high 18 F-FDG uptake to also show both high and low 64Cu-ATSM uptake. Tumor cells in close proximity to the vasculature would presumably have high ${}^{18}F$ -FDG uptake, whereas cells remote from the vascular bed could be hypoxic. It is, therefore, possible that both conditions could exist within the same tumor. These data are in agreement with the previously reported animal [27] and clinical data [8–10,12].

4.3. Regional Uptake of 64Cu-ATSM and 18F-FLT Show a Strong Correlation

 18 F-FLT has been proposed as a PET tracer for cell proliferation [28,29]. It is retained in proliferating cells after phosphorylation by thymidine kinase (TK1). 18 F-FLT is taken up by cells and phosphorylated by TK1, which leads to intracellular trapping within the cell. The retention of FLT within the cell provides a measure of cellular TK activity, an enzyme that is closely tied to cellular proliferation. It is apparent that the relationships between proliferation, hypoxia and metabolism are complicated. Studies that compare proliferation with hypoxia markers have led to a wide range of results. In an effort to characterize the distribution of hypoxia and proliferation in human squamous cell carcinoma of the cervix via an immunohistochemical approach, it was shown in 1997 that there was adirect relationship between hypoxia measured by pimonidazole binding and proliferation markers [30]. In a clinical imaging study in 2006, the relationship between 18 F-FMISO and tumor markers of hypoxia, proliferation, and angiogenesis showed a weakly positive correlation between both ¹⁸F -FMISO ($R^2 = 0.64$) and ¹⁸F-FDG uptake ($R^2 = 0.75$) and the proliferative marker Ki67 in peripheral tumor, with no correlation seen in the central tumor [31].

The results in this current study would suggest, at least in the 9L tumor model, that regions of hypoxia as delineated by 64Cu-ATSM also demonstrate increased levels of proliferation as shown by the kinetics of 18F-FLT. This is in contrast to the observation by Tanaka *et al* that abundant positive nuclear staining of Ki67 in tumor cells was observed in the regions of high $18F-FDG$ uptake, and was hardly observed in regions of $64Cu-ATSM$ accumulation [27], and, similar to microvessel density, the number of Ki67 positive cells increased with 18 F-FDG uptake but decreased with 64 Cu-ATSM localization. The reasons for this discrepancy on the macro-level can be related to the fact that hypoxia might develop in different tumors through mechanisms unrelated to oxygen supply. Freyer et al., have demonstrated in spheroids that the oxygen consumption rate may increase as much as 5-fold in cells undergoing active proliferation [32,33]. It has also been shown that angiogenesis occurs in tumors of a very small size (100 cells) [34], and it is reasonable to assume that high oxygen consumption rates in tumors could stimulate angiogenesis by the lowering of $pO₂$. Moreover, in well-developed tumors, regions with high proliferative rates may create a locoregional hypoxia that is not directly related to the degree of vascularity, perfusion, or oxygen supply.

5. Conclusions

This present study highlights that a number of different situations can exist when considering the complex relationships between regions of high metabolism, proliferation and hypoxia. The 9L tumor exhibits many of the physiological attributes that could be apparent in the clinical situation: tumors with regions of varied metabolism, proliferation and hypoxia which may, or may not, be related to each other but are not discernible due to the resolution restrictions of the imaging modality. Specifically, the 9L tumors contain regions of high metabolism (high FDG uptake) that are not very hypoxic (low Cu-ATSM retention) and *vice versa*. Also seen are regions that demonstrate increased uptake of both tracers and *vice versa*. In regard to proliferation, regional hypoxia within the 9L tumor strongly correlates to increased levels of proliferation as shown by the kinetics of 18 F-FLT. It is apparent that Cu-ATSM is a clinically relevant PET agent that has enormous value in the imaging of oncological hypoxia [6–11] and it has clearly been shown with Cu-ATSM that the 9L tumor has regions of hypoxia within its margins. These regions, at the resolution of the autoradiography instrumentation, are also highly proliferative but have varied levels of glucose metabolism.

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Fig. 1.

Ex vivo electronic autoradiographs of the regional *in vivo* uptake of (A, B) 18F-FMISO, (C) 18 F-FDG, (D) 18 F-FLT with ⁶⁴Cu(ATSM) in 9L gliosarcomas. The images shown are representative of the typical dual-tracer autoradiographs obtained from all of the slices of the 9L tumors from rats. Shown in each panel are three representative slices chosen at random from a total of 120 slices from 5 tumors. Shown are slices with following 18 F tracer collection (right) and the 64Cu-ATSM distribution (left) in the *same* tumor slices. At the time of imaging, the ^{18}F images are generated 99% by ^{18}F . Following 24 h decay the images are generated from 95+% 64Cu.

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Fig. 2.

A direct measurement of the regional uptake of the 18F-agents and 64Cu-ATSM in 9L tumors. The correlation is based on the direct measurement of the net % maximum uptake (cpm) of the ¹⁸F agent and ⁶⁴Cu-ATSM by use of software supplied with the Packard InstantImager. A significant correlation is seen between the regional uptake following 18F-FMISO (2 h distribution) and 64Cu-ATSM at (A) 10 min distribution and (B) 24 h distribution. No correlation is seen between the regional uptake following (C) 18 F-FDG (1 h) and ⁶⁴Cu-ATSM (10 min), but a significant correlation is observed between the distribution of (D) 18 F-FLT (1) h) and 64Cu-ATSM (10 min).

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Fig. 3.

Representative PET images from ¹⁸F-FMISO or ¹⁸F-FLT and ⁶⁴Cu-ATSM imaging in the same animals. On Day 1, 150 μ Ci ⁶⁴Cu-ATSM was injected into the animals and imaged on the microPET-FOCUS 10 min post-injection; then on Day 1, the same animals were injected with 1.5 mCi of the respective ¹⁸F-FLT compound and reimaged at the required time point. (A) Sagittal PET images comparing the distribution of 10 min 64Cu-ATSM distribution with 2 h ¹⁸F-FMISO in the same tumor slice. Black circles denote similar regions of uptake, with a clearer delineation of regional uptake in the ⁶⁴Cu-ATSM image. Below are representative transaxial PET/CT slices through the same point in the tumor. Histology confirmed a necrotic center to the tumor. (B) Transaxial PET images that compare the distribution of 10 min 64 Cu-ATSM distribution with 1 h 18 F-FLT in the same tumor slice. Below are representative transaxial PET/CT slices through the same point in the tumor. Histology confirmed a necrotic center to the tumor.