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## Hyperpolarized <sup>1</sup>H NMR Employing Low γ Nucleus for Spin Polarization Storage

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### Abstract

Here, we demonstrate the utility of low gamma nuclei for spin storage of hyperpolarization followed by proton detection, which theoretically can provide up to ~(gamma[1H]/gamma[X])<sup>2</sup> gain in sensitivity in hyperpolarized biomedical MR. This is exemplified by hyperpolarized 1-<sup>13</sup>C sites of 2,2,3,3-tetrafluoropropyl 1-<sup>13</sup>C-propionate-d<sub>3</sub> (TFPP), <sup>13</sup>C T<sub>1</sub>=67 s in D<sub>2</sub>O, and 1-<sup>13</sup>C-succinated<sub>2</sub>, <sup>13</sup>C T<sub>1</sub>=105 s in D<sub>2</sub>O, pH 11, using PASADENA. In a representative example, the spin polarization was stored on <sup>13</sup>C for 24 s and 70 s respectively while the samples were transferred from a low magnetic field polarizer operating at 1.76 mT to a 4.7 T animal MR scanner. Following sample delivery, the refocused INEPT pulse sequence was used to transfer spin polarization from <sup>13</sup>C to protons with efficiency of 50% for TFPP and 41% for 1-<sup>13</sup>C-succinate-d<sub>2</sub> increasing the overall NMR sensitivity by factor of 7.9 and 6.5 respectively. The low gamma nuclei exemplified here by <sup>13</sup>C with T<sub>1</sub> of tens of seconds acts as an efficient spin polarization storage, while J-coupled protons are better for NMR detection.

The PASADENA (parahydrogen and synthesis allow dramatically enhanced nuclear alignment)<sup>1,2</sup> and DNP (Dynamic Nuclear Polarization)<sup>3</sup> methods efficiently hyperpolarize biologically relevant nuclei such as <sup>1</sup>H, <sup>31</sup>P, <sup>13</sup>C, <sup>15</sup>N achieving the signal enhancement by factor of ~100,000 on currently utilized MRI scanners. Recently, many groups have demonstrated the utility of hyperpolarized MR in biological systems using hyperpolarized <sup>13</sup>C biomarkers with relatively long spin lattice relaxation time T<sub>1</sub> on the order of tens of seconds.<sup>4–7</sup> Moreover, hyperpolarized <sup>15</sup>N for biomedical MR has been proposed due to even longer spin lattice relaxations times.<sup>8</sup> An additional increase of up to tens of minutes in the life time of hyperpolarized agent *in vivo* could be achieved by using the singlet states of low gamma ( $\gamma$ ) nuclei.<sup>9</sup> However, as NMR receptivity scales as  $\gamma^3$  for spin ½ nuclei, direct NMR detection of low  $\gamma$  nuclei results in lower signal-to-noise ratio compared to proton detection. While protons are better nuclei for detection, short spin lattice relaxation times prevent direct <sup>1</sup>H hyperpolarized MR in biomedical applications.

Here, we demonstrate the utility of <sup>13</sup>C for spin storage of hyperpolarization followed by <sup>1</sup>H detection using INEPT, <sup>10</sup> which theoretically can provide up to  $\sim (\gamma_{1H}/\gamma_X)^2$  gain in sensitivity in hyperpolarized biomedical MR. Specifically, we hyperpolarized the <sup>13</sup>C site of two well studied molecules, 1-<sup>13</sup>C-succinate-d<sub>2</sub><sup>5,11</sup> and 2,2,3,3-tetrafluoropropyl 1-<sup>13</sup>C-propionate-d<sub>3</sub> (TFPP), by PASADENA (Fig. 1). Both molecules are accessible from unsaturated precursors containing a double bond by molecular cis addition of parahydrogen. Hyperpolarized succinate<sup>5,11</sup> can be potentially exploited as a metabolic biomarker of cancer,

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while hyperpolarized TFPP has been shown to be a specific binder to lipids with an unique chemical shift signature in the lipid bound state  $^{12}$  potentially useful for plaque imaging.  $^{13}$ 

Parahydrogen addition and transfer of spin order to <sup>13</sup>C has been described previously.<sup>5,14</sup> A home built PASADENA polarizer was employed to hydrogenate 2,2,3,3-tetrafluoropropyl  $1^{-13}$ C-acrylate-d<sub>3</sub> (TFPA) to yield hyperpolarized TFPP and  $1^{-13}$ C-fumarate-d<sub>2</sub> (CIL, Andover, MA) to yield hyperpolarized  $1^{-13}$ C-succinate-d<sub>2</sub> in deuterated solvent. The spin order transfer was performed using untuned saddle coil at 1.76 mT utilizing the heteronuclear spin order transfer pulse sequence described by Goldman and Johannesson<sup>15</sup> and was tailored to the hetero- and homonuclear J coupling of propionate<sup>14,16</sup> for TFPP and succinate at pH 11 (Fig. 2).<sup>5</sup>

In vitro  $1^{-13}$ C succinate spin lattice relaxation time T<sub>1</sub> is  $105\pm1$  s in D<sub>2</sub>O at pH 11 and *in* vivo T<sub>1</sub> is in excess of 43 s at 4.7 T, which is significantly longer than the previously published values at pH 3.5 In vitro  $1^{-13}$ C TFPP T<sub>1</sub>=67±1 s in deuterated medium and *in* vivo T<sub>1</sub> is in excess of 16 s at 4.7 T.<sup>13</sup> Such long spin lattice relaxation times provide an efficient storage of spin polarization in long lived low  $\gamma$  nuclear spin states, which is exemplified here by  $^{13}$ C TFPP and succinate. The principal motivation for development of long lived nuclear spin states is their utility to monitor biochemical pools *in* vivo such as stable isotope enrichment of metabolic events or receptor binding. NMR signal detection utilizing polarization transfer from long lived low  $\gamma$  nuclear spin states to J-coupled protons provides a potential to further increase MR signal in such studies (Fig. 2) utilizing the strategy of two sequential polarization transfers. 17

In one experiment, 2.4 mL of 6.2 mM 1-<sup>13</sup>C-succinate-d<sub>2</sub> was hyperpolarized at the <sup>13</sup>C site to 10.7%. Hyperpolarization was then kept on <sup>13</sup>C for 70 s. During this time, the polarized sample was transferred from a low magnetic field polarizer operating at 1.76 mT to 4.7 T animal MR scanner. The <sup>13</sup>C polarization decayed from 10.7% to 5.5% corresponding to final <sup>13</sup>C signal enhancement by a factor of 13,500. Then the refocused INEPT pulse sequence<sup>10</sup> with  $\tau^{INEPT} = 34$  ms and  $\tau^{refocus} = 32$  ms (Fig. 2) was used to transfer polarization from <sup>13</sup>C to protons within 1-<sup>13</sup>C-succinate-d<sub>2</sub> (Figs. 3A and 3B). We found that the two protons were successfully hyperpolarized corresponding to 41% polarization transfer efficiency and 1,350 fold <sup>1</sup>H NMR signal enhancement per two methylene protons. In a separate experiment, 2.4 mL of 2.9 mM TFPP was polarized to 14% and the hyperpolarization was stored on the 1-<sup>13</sup>C site for 24 s, during which the polarization decayed to 9.5% corresponding to the final signal enhancement of 23,300 fold at this site (Fig. 3E). The delays of the refocused INEPT were  $\tau^{INEPT} = 20$  ms and  $\tau^{refocus} = 16$  ms. The combined intensity of the three NMR lines corresponding to four hydrogen atoms (Fig. 3F) was enhanced by a factor of 2,930, corresponding to the 50% polarization transfer efficiency by the refocused INEPT sequence.

To quantify the degree of hyperpolarization, we used the reference of a single scan spectrum of thermally polarized 100% natural abundance ethanol (Fig. 3A) and 3M sodium  $1^{-13}$ C-acetate (Fig. 3B) at 4.7 T using the formula:

$$\% \mathbf{P}_{\mathbf{X}} = \frac{\chi_{\text{ref}}}{\chi_{\text{expt}}} \cdot \frac{S_{\text{expt}}}{S_{\text{ref}}} \cdot \frac{\mathbf{P}_{\mathbf{X}}^{o}}{\sin\theta} \cdot 100\%$$

where  $P_x^o$  is the nuclear polarization at equilibrium at 298 K and 4.7 T, according to the Boltzmann distribution,  $\theta$  is the angle of the detection pulse,  $\chi_{ref}$  and  $\chi_{expt}$  are the molar concentrations of sites in the reference and the experimental molecule, respectively, and  $S_{ref}$  and  $S_{expt}$  are the signal from the reference and experimental molecular sites, respectively. Under the experimental conditions,  $P_{13C}^o$  is 246,600<sup>-1</sup> and  $P_{1H}^o$  is 62,000<sup>-1</sup>. The achieved %

J Am Chem Soc. Author manuscript; available in PMC 2010 March 11.

 $P_{1H}$  was 2.2% for 1-<sup>13</sup>C-succinate-d<sub>2</sub> and 4.8% for TFPP. The efficiency of the polarization transfer from <sup>13</sup>C to <sup>1</sup>H reported here, 41% for 1-<sup>13</sup>C-succinate-d<sub>2</sub> and 50% for TFPP, is a ratio between the <sup>1</sup>H polarization detected after the transfer and <sup>13</sup>C polarization as measured by a 12° excitation pulse before the INEPT transfer. While the efficiency of the polarization transfer was 50% or below, hyperpolarized protons are inherently 15.8 fold more sensitive compared to hyperpolarized <sup>13</sup>C. As a result, proton detection of hyperpolarized 1-<sup>13</sup>C-succinate-d<sub>2</sub> and TFPP increased the overall sensitivity by a factor of 6.5 and 7.9, respectively.

The method demonstrated herein can potentially be applied to these and other hyperpolarized <sup>13</sup>C metabolic contrast agents *in vivo* including hyperpolarized pyruvate, <sup>18</sup> lactate, bicarbonate,<sup>6</sup> alanine, glutamine,<sup>7</sup> choline.<sup>8</sup> More importantly, using this approach, hyperpolarized <sup>15</sup>N MR would become an attractive biomedical tool due to the much longer spin lattice relaxation time owing to low  $\gamma$ , but now with the added advantage of more sensitive detection using proton NMR ( $\gamma 2_{15N} \approx \gamma^2_{1H}/100$ ). Furthermore, proton imaging, localized spectroscopy and chemical shift imaging (CSI) will allow improved spatial resolution by  $\gamma_{1H}/\gamma_X$  in each dimension at a given gradient strength.

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JAm Chem Soc. Author manuscript; available in PMC 2010 March 11.

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J Am Chem Soc. Author manuscript; available in PMC 2010 March 11.

Chekmenev et al.



#### Figure 1.

Cis molecular addition of parahydrogen to  $1^{-13}$ C-fumarate-d<sub>2</sub> to produce  $1^{-13}$ C-succinate-d<sub>2</sub> and cis molecular addition of parahydrogen to TFPA to produce TFPP. The catalytic reaction was carried out at 60°C in D<sub>2</sub>O with reactant concentrations of 3–6 mM. TFPP aqueous solution used 10% v/v acetone-d<sub>6</sub> necessary to dissolve hyperpolarized product.

Chekmenev et al.



#### Figure 2.

The experimental diagram of molecular cis addition of parahydrogen followed by hyperpolarization of X nucleus exemplified by <sup>13</sup>C, polarization storage on X nucleus (potentially allowing monitoring of biochemical events on the time scale of minutes) followed by polarization transfer back to more sensitive protons for NMR detection.

Chekmenev et al.



#### Figure 3.

A)  ${}^{13}$ C reference spectrum of 2.8 mL 17M ethanol with 188 mM  ${}^{13}$ C concentration per site, B)  ${}^{1}$ H NMR spectrum of 2.8 mL 3M sodium  ${}^{13}$ C-acetate in D<sub>2</sub>O, C)  ${}^{13}$ C NMR spectrum of hyperpolarized 6.2 mM  ${}^{1-13}$ C-succinate-d<sub>2,3</sub>,  ${}^{13}$ C polarization of 5.5% after being stored for 70 s, T<sub>1</sub>=105 s, the spectrum is acquired using a 12° excitation pulse, D)  ${}^{1}$ H NMR spectrum of hyperpolarized 6.2 mM  ${}^{1-13}$ C-succinate-d<sub>2,3</sub> where net  ${}^{1}$ H signal enhancement is 1,350 fold with 41% spin polarization transfer efficiency, E)  ${}^{13}$ C NMR spectrum of hyperpolarized 2.9 mM TFPP.  ${}^{13}$ C polarization is 9.5% after being stored for 24 s, T<sub>1</sub>=67 s. The spectrum is acquired using a 12° excitation pulse, F)  ${}^{1}$ H NMR spectrum of hyperpolarized 2.9 mM TFPP where net  ${}^{1}$ H signal enhancement is 2,930 fold with 51% efficiency.

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