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## Amifostine Induces Anti-Oxidant Enzymatic Activities in Normal Tissues and a Transplantable Tumor That Can Affect Radiation Response

David J. Grdina, Ph.D.<sup>\*</sup>, Jeffrey S. Murley, Ph.D.<sup>\*</sup>, Yasushi Kataoka, Ph.D.<sup>\*</sup>, Kenneth L. Baker, B.S.<sup>\*</sup>, Rangesh Kunnavakkam, M.P.H.<sup>†</sup>, Mitchell C. Coleman, B.A.<sup>‡</sup>, and Douglas R. Spitz, Ph.D.<sup>‡</sup>

<sup>\*</sup> *Department of Radiation and Cellular Oncology, The University of Chicago, Chicago, IL*

<sup>†</sup> *Department of Health Studies, The University of Chicago, Chicago, IL*

<sup>‡</sup> *Free Radical and Radiation Biology Program, Department of Radiation Oncology, Holden Comprehensive Cancer Center, University of Iowa, Iowa City, IA*

### Abstract

**Purpose**—The purpose of this study is to determine whether amifostine can induce elevated manganese superoxide dismutase (SOD2) in mouse tissues and a transplantable SA-NH tumor resulting in a delayed tumor cell radioprotective effect.

**Methods and Materials**—SA-NH tumor-bearing C3H mice were treated with a single 400 mg/kg or three daily 50 mg/kg doses of amifostine administered i.p. At selected time intervals following the last injection, heart, liver, lung, pancreas, small intestine, spleen and SA-NH tumor were removed and analyzed for SOD2, catalase, and glutathione peroxidase (GPx) enzymatic activity. The effect of elevated SOD2 enzymatic activity on the radiation response of SA-NH cells was determined.

**Results**—SOD2 activity was significantly elevated in selected tissues and a tumor 24 h following amifostine treatment. Catalase and GPx activities remained unchanged except for significant elevations in the spleen. GPx was also elevated in the pancreas. SA-NH tumor cells exhibited a 2-fold elevation in SOD2 activity and a 27% elevation in radiation resistance. Amifostine administered in 3 daily fractions of 50 mg/kg each also resulted in significant elevations of these anti-oxidant enzymes.

**Conclusions**—Amifostine can induce a delayed radioprotective effect that correlates with elevated levels of SOD2 activity in SA-NH tumor. If limited to normal tissues, this delayed radioprotective effect offers an additional potential for overall radiation protection. However, amifostine-induced elevation of SOD2 activity in tumors could have an unanticipated deleterious effect on tumor responses to fractionated radiation therapy given that the radioprotector is administered daily just prior to each 2 Gy fractionated dose.

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Corresponding Author: David J. Grdina; The University of Chicago, Department of Radiation and Cellular Oncology; 5841 S. Maryland Ave., MC1105; Chicago, IL 60637; Phone: (773) 702-5250; Fax: (773) 702-5740; E-mail: dgrdina@uchicago.edu.

Conflict of Interest Notification

The authors declare no conflicts of interest.

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## Keywords

Amifostine; Manganese superoxide dismutase; Catalase; Glutathione peroxidase; Tumor

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## INTRODUCTION

Amifostine (Ethyol) is currently the only radioprotector drug approved by the United States Food and Drug Administration (FDA) for use in the protection against radiation therapy-induced moderate-to-severe xerostomia in patients undergoing postoperative radiation therapy for the treatment of head-and-neck cancer (1). Amifostine is a prodrug that requires dephosphorylation by alkaline phosphatase to its active thiol form, e.g., 2-[(aminopropyl) amino]ethanethiol designated WR1065 (2). The underlying mechanisms of action are free radical scavenging, hydrogen atom donation, and the induction of intracellular hypoxia by auto-oxidation (3). A novel fourth mechanism recently described is the induction of manganese superoxide dismutase (SOD2) (4,5). SOD2 is localized in the mitochondria where it dismutates superoxide into hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) which is then converted to water and oxygen by catalase and/or glutathione peroxidase (GPx). SOD2 protects against radiation-induced reactive oxygen species (ROS) damage that can lead to cell death (6–8). SOD2 is recognized as an effective normal tissue radioprotector (9–11).

WR1065, the free thiol form of amifostine, can reduce the cysteine disulfide bonds in the p50 and p65 subunits of nuclear transcription factor  $\kappa$ B (NF $\kappa$ B) (12,13) which results in its activation and migration into the nucleus where it binds to an intronic NF $\kappa$ B element in the *SOD2* gene that results in its elevated expression (14). Active SOD2 protein levels can rise 10- to 20-fold 24 h later (15–18) giving rise to a 20 to 40% increase in cellular radiation resistance (15–18). This increased resistance can be maintained with chronic daily or once every second day dosing for periods up to 14 days (19). This amifostine-induced “delayed radioprotective effect” can be completely inhibited using NF $\kappa$ B inhibitors (16,17) or *SOD2*-siRNA (18,19).

In the present study we investigate whether amifostine can induce an elevation of SOD2 activity in normal and malignant tissues and if this can affect the radiation response of a SA-NH tumor.

## METHODS AND MATERIALS

### Animal and Tumor Models

A murine sarcoma designated SA-NH was grown in the legs of C3H mice. The clonogenic response can be assayed both in culture and *in vivo* (15,16,20,21).

### Cells and Culture Conditions

SA-NH mouse sarcoma cells were cultured in McCoy's 5A medium (Invitrogen Life Technologies, Carlsbad, CA) supplemented with 10% fetal bovine serum (FBS, Atlanta Biologicals, Lawrenceville, GA), penicillin (100 units/ml) and streptomycin (100  $\mu$ g/ml) (Invitrogen Life Technologies). Cells immediately derived from solid tumors having an average plating efficiency of 7% were maintained in a humidified 5% CO<sub>2</sub> incubator at 37 °C (15,16).

### Drug Treatment Conditions

Amifostine was supplied by the Drug Synthesis and Chemistry Branch, Division of Cancer Treatment, National Cancer Institute. Amifostine was dissolved in phosphate-buffered saline (PBS, Invitrogen Life Technologies) and administered *i.p.* as a single dose at a concentration of 400 mg/kg or 50 mg/kg daily for three days to C3H/HeNHsd female mice. Viable SA-NH

cells,  $1 \times 10^7$ , were injected into the right hind leg of each mouse and tumors were grown to 8 mm in diameter (20,21). Tumor-bearing animals were then treated with 400 mg/kg or 50 mg/kg amifostine and sacrificed 8 h, 16 h, 24 h, 32 h and 48 h later and the small intestine, pancreas, lungs, liver, heart, spleen and tumor removed. The tissues were flash frozen in liquid nitrogen and stored at  $-80^\circ\text{C}$ .

### Flow Cytometry

Cell suspensions were made from spleens and SA-NH tumors and mixed together. Suspensions were stained with DAPI (1  $\mu\text{g}/\text{ml}$  4', 6-diamidino-2-phenylindole dihydrochloride hydrate; Sigma, St. Louis, MO) and were analyzed for their DNA contents using a LSRII flow cytometer (Becton Dickinson, San Jose, CA). Aneuploid SA-NH cells contain an increased amount of DNA as compared to normal diploid cells (see Fig. 1). An estimate of the normal cell contamination in each tumor suspension for the cloning efficiency assay was made by determining the area under the  $G_1$  normal peak and dividing it by the area under the total DNA histogram (22).

### Preparation of SA-NH Single Cell Suspensions from Tumor

Tumor-bearing mice were sacrificed, tumors aseptically harvested and minced with scissors in sterile PBS following a method described in detail elsewhere (20,21). Each cell suspension was divided into three aliquots: one used as an unirradiated control, one exposed to 2 Gy, and one for flow cytometry analysis (22). The tumor cells were plated to give rise to approximately 100 surviving colonies.

### Irradiation Conditions

SA-NH tumor cells were irradiated at room temperature using a Philips X-ray generator operating at 250 kVp and 15 mA at a dose rate of 1.65 Gy/min.

### In Vivo SOD2, Catalase and GPx Enzyme Activity Assays

All tissue samples were coded prior to being sent to The Radiation and Free Radical Research core lab in the Holden Comprehensive Cancer Center at The University of Iowa where the activity analyses were performed for SOD2, catalase and GPx using methods described in detail elsewhere (23–25). SOD2 activity was determined using a competitive inhibition spectrophotometric assay where increasing quantities of whole tissue homogenates (1–500  $\mu\text{g}$  of protein homogenized in 50 mM potassium phosphate buffer pH 7.8 containing 1.34 mM diethylenetriaminepenta-acetic acid) are assayed for their ability to suppress superoxide-mediated NBT reduction (at 560 nm) in the presence of 5 mM cyanide (23). The % inhibition of NBT reduction was plotted vs. protein concentration for each sample assay reaction series and one unit of SOD2 activity was defined as that amount of protein that results in 50% of maximum inhibition for each tissue of interest (23). For purified SOD2, one unit of activity equals 30–50 ng of SOD2 protein (23) and the SOD2 activity of tissue homogenates was normalized to per mg of protein. Catalase activity (calculated as  $\kappa$  units and normalized to protein content) was determined spectrophotometrically from aliquots of the same whole tissue homogenates (20–200  $\mu\text{g}$ ) used for SOD analysis by measuring the disappearance of 10 mM  $\text{H}_2\text{O}_2$  at 240 nm in 3 ml reaction volumes of potassium phosphate buffer pH 7.0 (24). Se-dependent GPx activity (normalized per mg protein) was determined spectrophotometrically from whole homogenates using 250  $\mu\text{M}$   $\text{H}_2\text{O}_2$  as the substrate by determining the amount of NADPH consumed in 3 min in a reaction mixture containing glutathione, glutathione reductase, and azide to inhibit catalase activity. One unit of GPx activity was defined as the amount of enzyme required to produce 1  $\mu\text{mol}$  of NADPH oxidized per min (25).

## Statistics

All analyses were performed using Stata statistical software (26). Significance of relevant regression parameters were tested using a two-sided significance level of 0.05 (27). A simple linear regression was performed on the data generated from comparing the effects of amifostine on SOD2, catalase, and GPx enzymatic activities as a function of time following treatment. Significance of effect of time was also tested using a one-way ANOVA.

## RESULTS

### Effects of Amifostine on Enzyme Activities in Mouse Tissues

A single amifostine dose of 400 mg/kg was chosen for study because it is not toxic and has been routinely used in radiation protection studies in mice (28). Enzymatic activities were measured at baseline, e.g. 0 h, as well as 24 h later. The 24 h time point was chosen because in previous studies SOD2 activity was maximally elevated at this time (15–19) and in clinical radiotherapy trials amifostine is routinely administered on a daily basis just prior to the delivery of each succeeding fractionated dose of radiation. Presented in Figures 2 and 3 are comparative bar graphs describing the changes in SOD2, catalase and GPx activities in the six normal tissues. Amifostine dosing did not significantly affect these enzymes in heart, liver, and lung tissues (see Figure 2). SOD2 activity was significantly elevated in pancreas, small intestine and spleen. GPx activity was elevated in pancreas and spleen. Catalase activity was only elevated in spleen (see Figure 3).

At a dose of 400 mg/kg, however, cumulative toxicity prevents daily dosing of mice (28). A dose of 50 mg/kg is well tolerated in mice. Scatter plots describing the change in SOD2, catalase and GPx activities as a function of time following the last of 3 daily 50 mg/kg doses of amifostine are presented for heart, liver and lung in Figure 4, and pancreas, small intestine and spleen in Figure 5. A simple linear regression was performed to describe the effect of organ enzyme activity over time. No significant change in slope representing SOD2 activity was observed in heart, liver, lung, small intestine and spleen (see Figures 4 and 5). Catalase and GPx activities were significantly elevated in heart and liver, but not lung (see Figure 4). Pancreas exhibited a significant elevation in SOD2, catalase and GPx activities. A significant increase in catalase and GPx activities was observed in spleen, and catalase only in the small intestine (see Figure 5).

### Effect of Amifostine on Enzyme Activity and Radiation Response in SA-NH

The enzymatic activities of SOD2 and catalase significantly increased in SA-NH with time (see Figure 6). SA-NH tumor-bearing mice, 26 per experimental group, were either exposed to a single 400 mg/kg dose of amifostine or were untreated. Twenty-four h later SOD2 activity increased over 2-fold (see Figure 7a). The surviving fraction of SA-NH cells with elevated SOD2 activity was  $91.7\% \pm 5.1\%$  as compared to  $72.3\% \pm 3.6\%$  in matched irradiated control cells (see Figure 7b).

## DISCUSSION

Amifostine's free thiol form, WR1065, is a potent inducer of SOD2 activity in cells (16). Amifostine is rapidly cleared from the bloodstream of mice as evidenced by a 10-fold drop in concentration within 30 min of injection (29). Maximal induction of SOD2 activity in human and mouse tumor cells, however, occurs about 24 h following exposure even to concentrations of WR1065 as low as 40  $\mu\text{M}$ , a concentration readily achievable in the bloodstream of patients administered amifostine during radiation therapy (30). Since amifostine is routinely administered to cancer patients about 30 min prior to their radiation treatment on a daily basis during a typical fractionated radiation therapy protocol, the potential exists for a buildup of

SOD2 activity in both normal and tumor tissues on succeeding days of treatment. While this would be beneficial with regards to augmenting the direct protective effects of amifostine on dose limiting normal tissues, it could also detrimentally affect overall tumor response in a 2 Gy per fraction treatment regimen.

We chose to evaluate the effects of amifostine exposure on subsequent changes in SOD2 activity and radiation response in SA-NH tumors grown in C3H mice because of its well characterized response under *in vitro* conditions (15,16,19). SOD2 is localized within the mitochondria where it catalyzes the dismutation of superoxide anion to O<sub>2</sub> and H<sub>2</sub>O<sub>2</sub>. Catalase and GPx are also important anti-oxidants whose enzymatic activities are required to convert H<sub>2</sub>O<sub>2</sub> into H<sub>2</sub>O and O<sub>2</sub>. Failure to accomplish this can result in a toxic buildup of H<sub>2</sub>O<sub>2</sub> that can lead to cell sensitization and death. Therefore, the potential exists for both radiation protection and sensitization following an elevation of SOD2 activity induced by amifostine treatment. For this reason catalase and GPx activities were also monitored along with SOD2 as a function of amifostine exposure. No significant inductive or repressive effects were observed on any of these three enzymatic activities in heart, liver or lung (see Figure 2). In contrast, SOD2 activities were significantly elevated in pancreas, small intestine and spleen (see Figure 3). While the change in catalase and GPx activities in tissue from the small intestine did not reach significance, there was a measured increase in catalase and/or GPx activities in pancreas and spleen. The maintenance or elevation of either of these two enzymes in these tissues could prevent the toxic buildup of H<sub>2</sub>O<sub>2</sub>.

A dose of 400 mg/kg in the mouse is highly cytoprotective but is too toxic to be administered on a daily basis (28). To assess the effect of daily dosing on these enzyme activities, animals were administered 50 mg/kg of amifostine at 24 h intervals for 3 days. The resulting data are presented and analyzed using two different approaches. Presented in Figures 4 and 5 are scatter plots describing the enzymatic activity of each of the three anti-oxidant enzymes as a function of time following the administration of the last dose of amifostine. Regression lines were fitted to the data and their respective slopes determined. Using this approach all of the calculated slopes for each of the three enzymes and tissues analyzed exhibited positive values (see Figures 4 and 5). The increase in the slope describing the change in SOD2 activity as a function of time approached significance for lung tissue ( $P = 0.06$ ), and was highly significant for the pancreas ( $P = 0.002$ ). Catalase and GPx activities were significantly elevated as a function of time following multi-dose amifostine treatment in heart, liver, pancreas and spleen (see Figures 4 and 5).

The data were also subjected using a one-way ANOVA test for the significance of changes in enzymatic activity as a function of time following multi-dose amifostine treatment (see Table 1). A result of this analysis indicates that a significant elevation of SOD2 activity occurred following amifostine treatment in heart, lung, pancreas and small intestine, but not in SA-NH tumor. However, if the SA-NH data are plotted and subjected to regression analysis in the manner described above for the normal tissues (see Figures 4 and 5), SOD2, catalase and GPx activities all appear to be significantly elevated as a function of time (see Figure 6). Catalase and GPx activities were both significantly elevated in SA-NH following amifostine treatment as determined by a one-way ANOVA test of the data ( $P < 0.01$ ), while heart, liver, pancreas and small intestine each exhibited a significant elevation in catalase and/or GPx (see Table 1). The maintenance and or elevation of catalase and GPx activities in tissues that exhibit an elevation in SOD2 could prevent any tissue sensitization due to toxic buildup of H<sub>2</sub>O<sub>2</sub>.

The ability of amifostine to induce *SOD2* gene expression (4,5,13) and elevate SOD2 enzymatic activity 24 h later in both normal and tumor cells (13,15–19) presents a potential concern regarding tumor protection. A single 400 mg/kg dose of amifostine significantly elevated SOD2 activity 24 h later in SA-NH tumors (see Figure 7a) consistent with earlier

published data obtained using SA-NH cells grown in culture (15,16). This increase in SOD2 activity in SA-NH was accompanied by a 27% increase in radiation resistance, also consistent with earlier reports (15,16) (see Figure 7b). If such an increase in tumor cell survival would occur following each succeeding 2 Gy fractionated dose of radiation, overall tumor response could be adversely affected. It is possible that the amifostine-mediated inductive effect of SOD2 activity might diminish over time. However, this was not observed in multiple dosing studies that were carried out under *in vitro* conditions that were limited to 2 weeks of duration (19). It is also possible that prolonged elevation of SOD2 activity from daily dosing might not be accompanied by a similar effective level of catalase and/or GPx activity. If the activities of these enzymes do not keep pace with an elevated SOD2 activity in the tumor throughout the course of treatment, H<sub>2</sub>O<sub>2</sub> buildup and subsequent toxicity could then lead to tumor sensitization.

The issue of amifostine-induced tumor protection continues to plague the general acceptance of this agent for use in cancer therapy (31). This stems in part from the lack of clinical studies designed to be robust enough to evaluate the influence of amifostine on therapeutic index (32). It has been pointed out that to identify a reduction in patient survival from 45 to 40% with a significance of 0.05 and an 80% power, a total of 1,200 patients per study arm would be required (33). Another approach is to perform a meta-analysis on completed randomized studies (34,35). A meta-analysis on the effect of amifostine on response rates in locally advanced non-small-cell lung cancer patients was performed using data from seven randomized trials involving about 600 patients (35). It was concluded that amifostine had no effect on tumor response. However, in the seven studies that were evaluated, amifostine was administered using 5 different dosing regimens, two different routes of administration, and three of the studies did not exhibit a conclusive evidence of normal tissue protection. Dosing and timing are two very important parameters that are recognized as major variables in determining cytoprotection by amifostine (28). Since the rationale for amifostine's use in the clinic is its ability to differentially protect normal from tumor tissues, it would seem prudent to require that all studies entered into a meta-analysis should demonstrate a significant level of normal tissue protection to insure that a sufficient amount of amifostine was present at the time of irradiation to exert a protective effect. The potential for amifostine mediated tumor protection would best be assessed under these conditions (35).

Before amifostine's potential can be fully recognized and its role in radiation therapy be accepted as "The First Selective-Target and Broad-Spectrum Radioprotector" (1) studies must be completed regarding its potential effects on long-term tumor control. This is especially important if it is ever to be used in patients having a good prognosis and a relatively long life expectancy. However, the more that is understood regarding amifostine's cytoprotective properties, the better these trials can be designed. We have identified a novel cytoprotective mechanism induced by amifostine, the induction and elevation of the potent anti-oxidant SOD2. The demonstration that SOD2 activity is significantly elevated 24 h following amifostine administration suggests that daily or every other day dosing with this drug may exert an additional protective effect that was here-to-fore unrecognized. However, if this effect is extended to tumors, the potential for adversely affecting their response to radiation therapy could be minimized by increasing the interval of amifostine administration to once every 72 h during a fractionated radiation therapy regimen.

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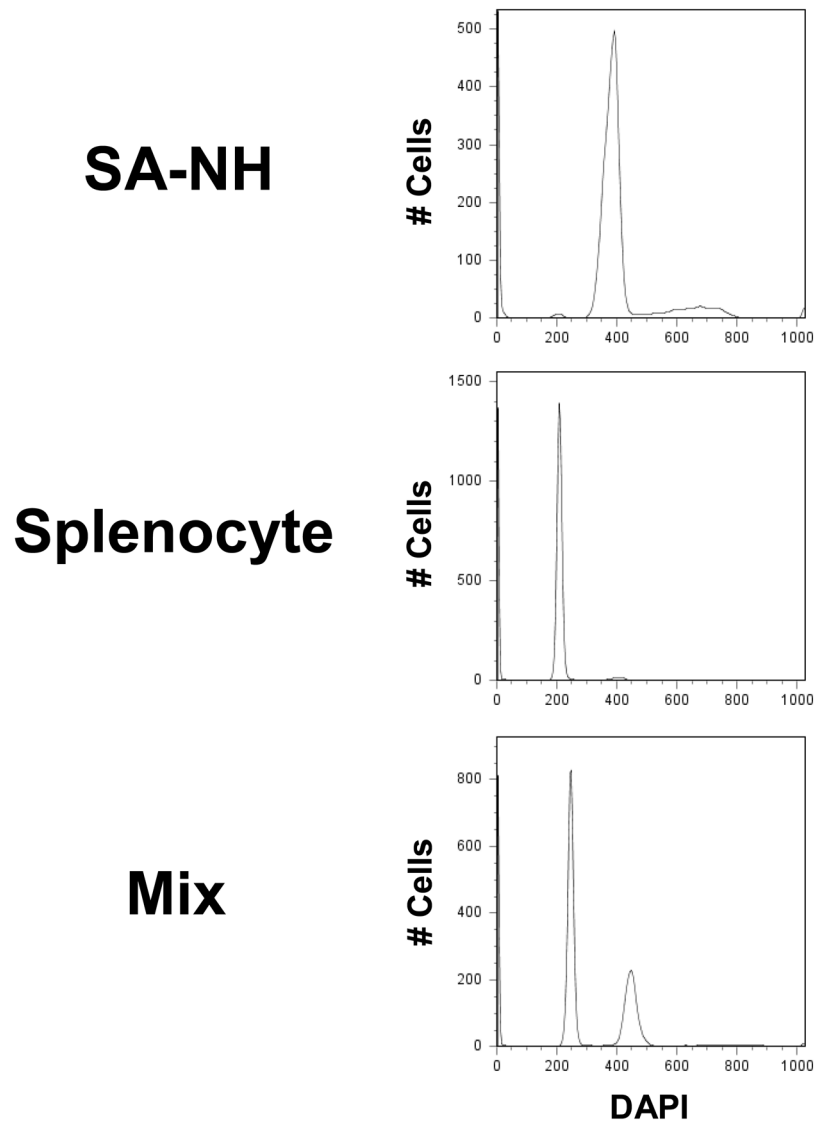
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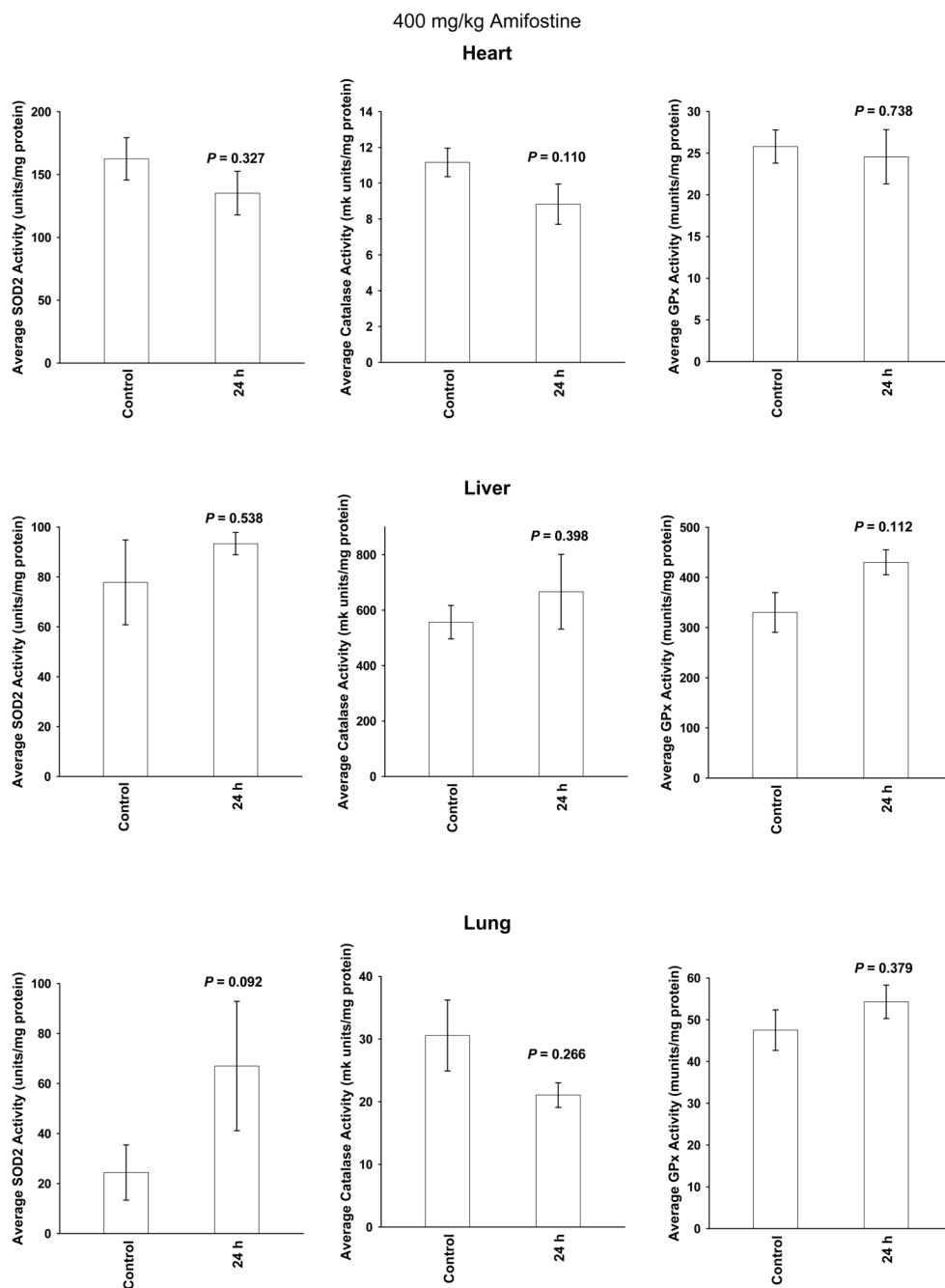
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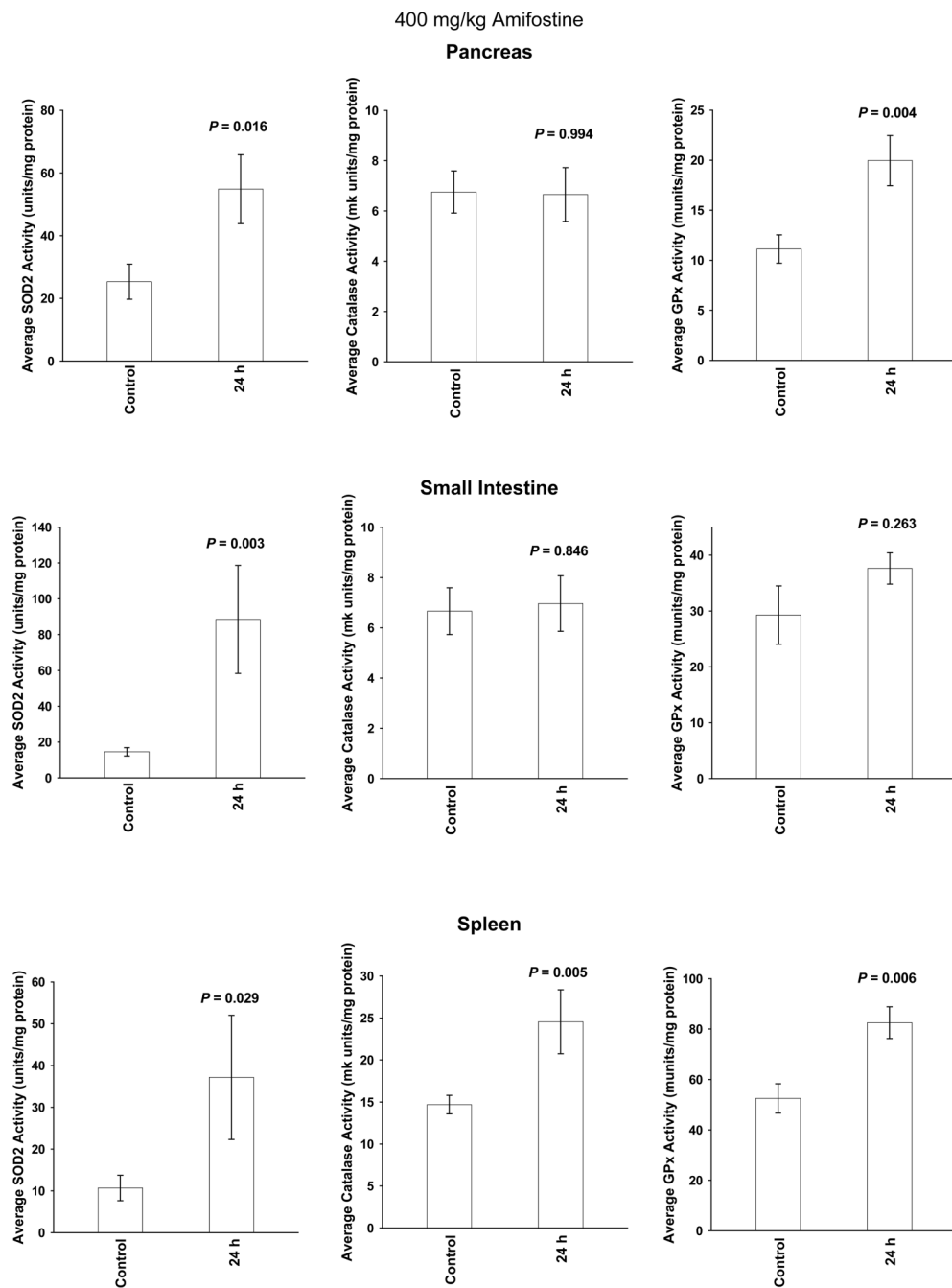
# Comparative DNA Histograms



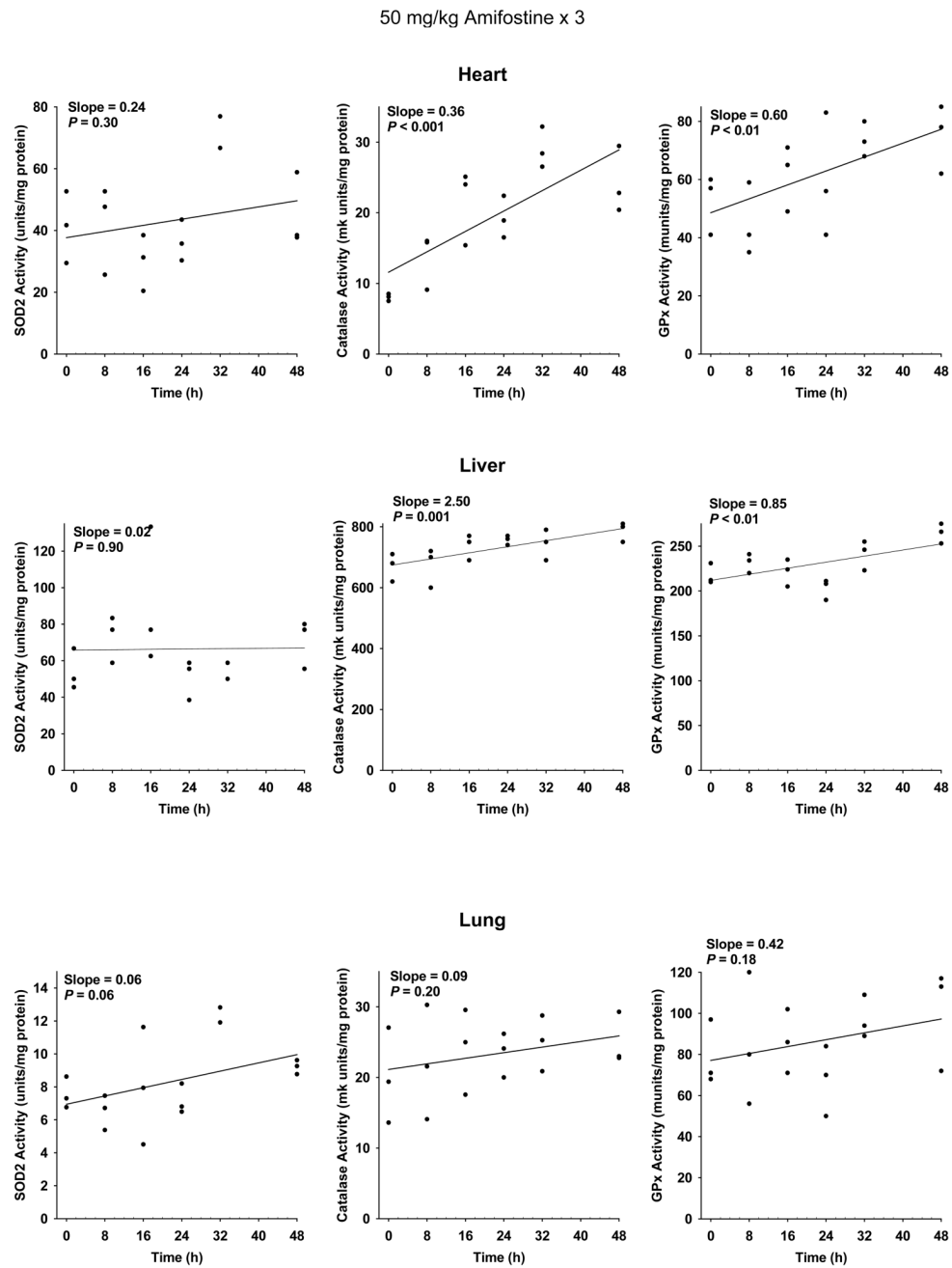
**Fig. 1.** Comparative DNA histograms of cells isolated from spleens and SA-NH tumors in C3H mice as determined by flow cytometry.



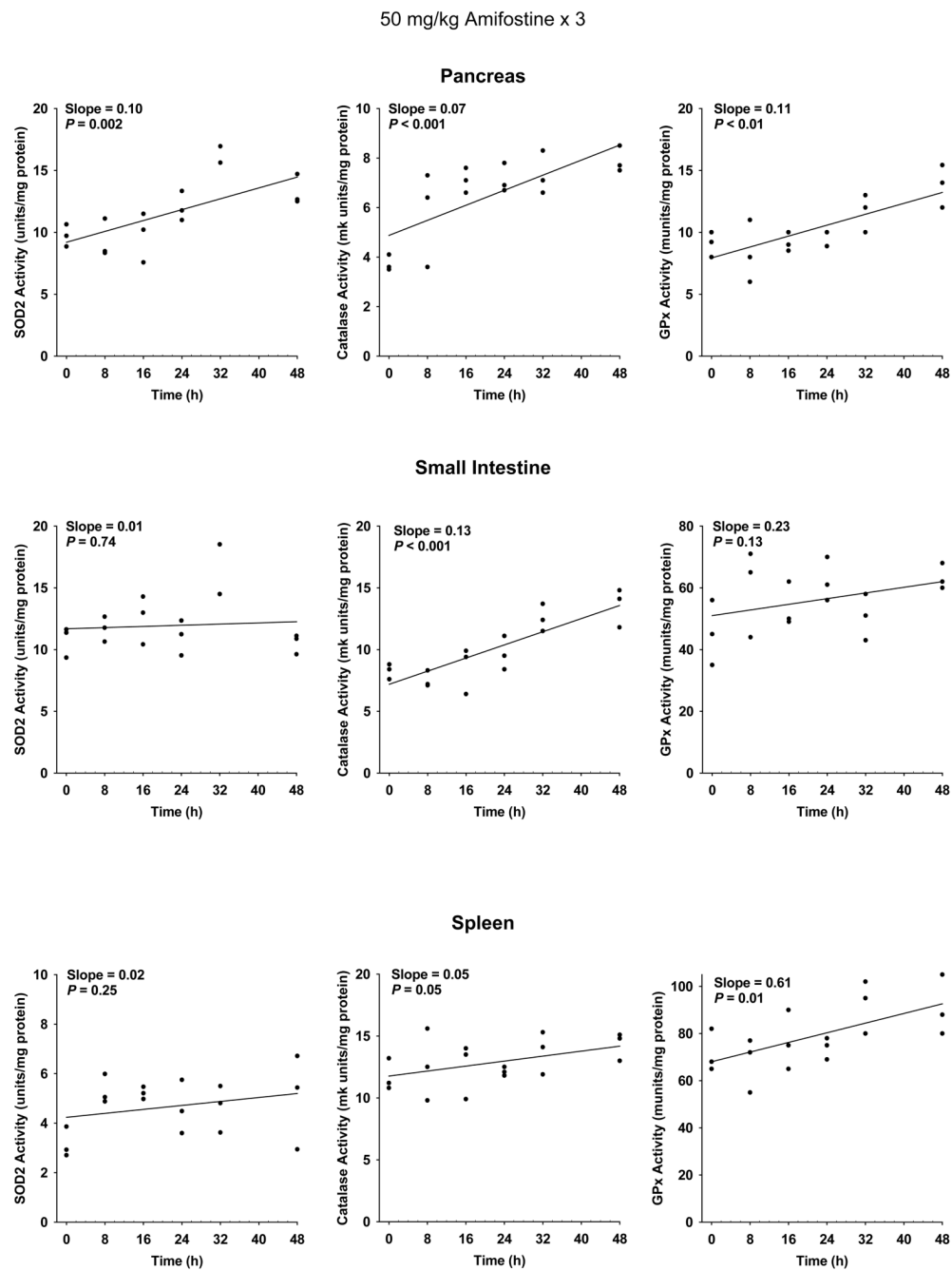
**Fig. 2.** The effects of a single 400 mg/kg dose of amifostine on manganese superoxide dismutase (SOD2), catalase and glutathione peroxidase (GPx) enzymatic activity levels measured 24 h later in heart, liver and lung tissues (n = 6 per experimental point). Levels of significance (P values) were determined using a Student's two-tailed t test. Error bars represent the Standard Error of the Mean ( $\pm$  S.E.M.).



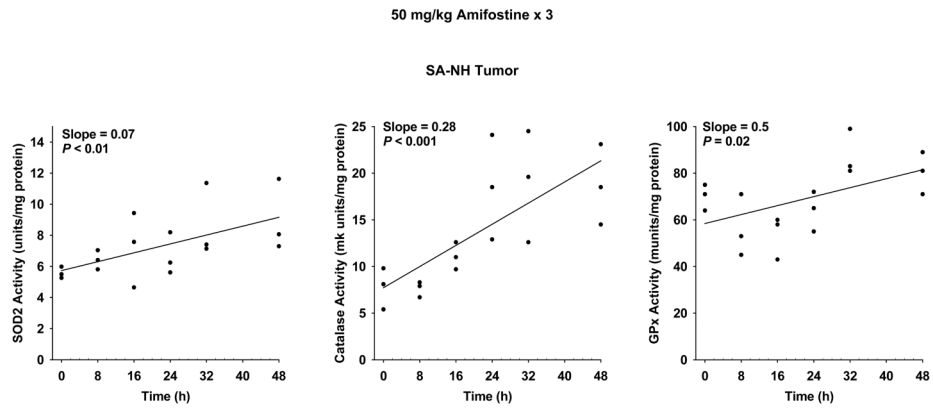
**Fig. 3.** The effects of a single 400 mg/kg dose of amifostine on SOD2, catalase and GPx enzymatic activity levels measured 24 h later in pancreas, small intestine and spleen tissues ( $n = 6$  per experimental point). Levels of significance were determined using a two-tailed Student's *t* test. Error bars = S.E.M. SOD2 activity was significantly elevated in all three tissues, while GPx activity was significantly elevated in pancreas and spleen, and catalase activity elevated only in spleen tissue.

**Fig. 4.**

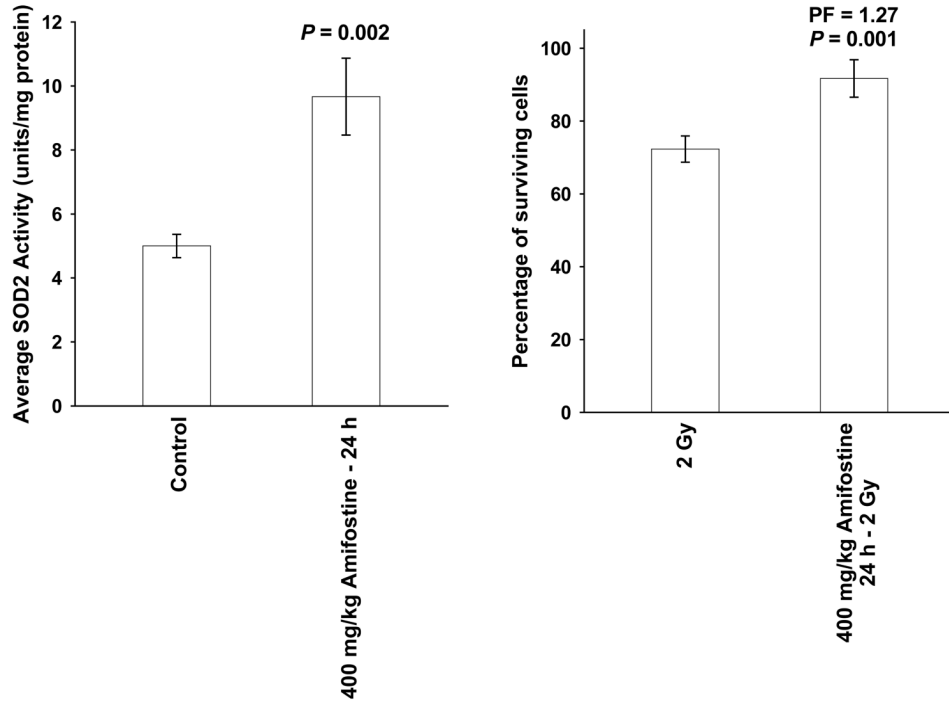
The effects of 50 mg/kg doses of amifostine administered each day for three consecutive days on enzymatic activities as a function of time in heart, liver, and lung ( $n = 3$  per experimental time point). All analyses were performed using Stata statistical software. Significance of relevant regression parameters were tested using a two-sided significance level of 0.05. Both catalase and GPx activities were significantly elevated in heart and liver. Using this analysis, no changes in SOD2 activity reached statistical significance.



**Fig. 5.** The effects of 50 mg/kg doses of amifostine administered each day for three consecutive days on the subsequent changes in enzymatic activities as a function of time in pancreas, small intestine and spleen ( $n = 3$  per experimental time point). All analyses were performed using Stata statistical software. Significance of relevant regression parameters were tested using a two-sided significance level of 0.05. Elevation of SOD2 activity reached statistical significance only in pancreas. Elevation of catalase activity reached significance in all three tissues, while elevations in GPx activity reached significance only in pancreas and spleen tissues.

**Fig. 6.**

The effects of 50 mg/kg doses of amifostine administered each day for three consecutive days on the subsequent changes in enzymatic activities as a function of time in 8 mm diameter SA-NH tumors growing in C3H mice ( $n = 3$  for each experimental time point). All analyses were performed using Stata statistical software. Significance of relevant regression parameters were tested using a two-sided significance level of 0.05. Elevation of SOD2, catalase and GPx enzymatic activities all reached statistically significant levels in SA-NH tumors.



**Fig. 7.**

The effects of a single 400 mg/kg dose of amifostine to tumor-bearing C3H mice on SOD2 enzymatic activity and radiation response in SA-NH tumor cells measured 24 h later. Because amifostine is a potent radioprotector, baseline SOD2 activity and radiation response of SA-NH was measured immediately after irradiation of animals that were not exposed to the drug ( $n = 26$  animals per experimental point) (7a). SA-NH tumor cell suspensions from 8 mm tumors grown in control and amifostine treated C3H mice were split into three aliquots, respectively, with one used for flow cytometry analysis to determine % normal cell contamination, one for the determination of colony forming efficiency *in vitro*, and one for an exposure to a dose of 2 Gy to determine a surviving fraction (7b). Significance was determined using a Student's two-tailed  $t$  test. Error bars = S.E.M.

**Table 1**  
Effects of 50 mg/kg Amifostine  $\times$  3 on Anti-Oxidant Activities in Selected Normal and SA-NH Tissues in C3H Mice

Organ	SOD2		Catalase		Glutathione Peroxidase	
	F Statistic	P Value	F Statistic	P Value	F Statistic	P Value
Heart	4.00	0.02	12.30	< 0.001	2.40	0.09
Liver	1.90	0.20	3.30	0.04	8.22	< 0.01
Lung	3.50	0.03	0.35	0.86	1.01	0.45
Pancreas	9.30	< 0.01	7.65	< 0.01	5.62	< 0.01
Small Intestine	4.60	0.01	11.00	< 0.001	1.90	0.16
Spleen	1.70	0.20	0.91	0.50	2.77	0.06
Tumor	1.70	0.22	5.90	< 0.01	5.92	< 0.01

All analyses were performed using Stata statistical software. Significance of the effect of changes in enzymatic activity in target tissues as a function of time following exposure of SA-NH tumor-bearing animals to multiple doses of amifostine was tested using a one-way ANOVA.