The Role of Immunotherapy in Prostate Cancer: An Overview of Current Approaches in **Development**

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Ongoing clinical trials provide promise for the introduction of immunotherapy into the armamentarium against prostate cancer, but the precise role for immunotherapy remains to be determined. Combinations of immunotherapies may be needed to improve the response rates and the duration of response. Investigators have begun to examine the effect of immunotherapy in combination with other standard treatment, including as an adjuvant to chemotherapy or radiotherapy and as a neoadjuvant agent before prostatectomy. Although many studies examine efficacy in men with metastatic hormonerefractory prostate cancer, there is some evidence for improved responses at earlier stages of disease: the ability of the tumor to evade the immune system may be lessened with lower tumor burden, or the immune system may already be weakened in men with later stages of disease. [Rev Urol. 2009;11(1):16-27]

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rostate cancer is the most common tumor in the United States. In 2007 an estimated 218,890 cases of prostate cancer were diagnosed, with 27,050 deaths being attributed to the disease. Local therapy (surgery, external beam radiotherapy, brachytherapy) is effective in controlling local disease; however, a significant number of men develop disease recurrence after local therapy. Hormonal therapy, although effective in impacting prostate cancer, has numerous adverse effects. The median time to androgen independence is 14 to 30 months. Docetaxel-based chemotherapy has shown a survival benefit in randomized controlled trials of 2.4 months. Further therapies are needed to improve

survival in men with hormoneresistant prostate cancer (HRPC), and a variety of potential avenues are under exploration to fill this void.

Immunotherapy has become standard treatment in a wide variety of tumors. Such therapy includes cytokine administration (eg, interleukin [IL] 2 in metastatic renal cell carcinoma), monoclonal antibody therapy (eg, trastuzumab in breast cancer), and local immune stimulation (eg. Bacillus Calmette-Guérin [BCG] for carcinoma in situ of the bladder). In prostate cancer, effective immune strategies have been investigated for 25 years. Recent progress has been made in a variety of agents. This review outlines some of the recent advances in immunotherapy strategies for prostate malignancy.

Tumor Immunology

The immune system is divided into 2 components, innate and adaptive. The innate immune system includes neumacrophages/monocytes, trophils, mast cells, and natural killer cells. These cells are not specific to the invader and function by secreting cytokines, presenting antigens, and mediating cell lysis. Adaptive immunity includes lymphocytes, namely B cells and T cells, each of which responds to a specific antigen. Their activity is modulated by exposure to that specific antigen. This portion of the immune system can be amplified and develops memory. Activated B cells mature into plasma cells, which are responsible for antibody production. T cells exist in subsets based on cellsurface marker expression. CD8 cells are referred to as cytotoxic T cells, whereas CD4 cells are termed helper T cells. CD4 cells direct the immune response through the secretion of cytokines, the maturation of B-cell/ antibody responses, the stimulation of CD8 T-cell cytotoxic responses, and antigen-presenting cell (APC) activity.

In general, antitumor response is controlled by T cells, an overview of which is provided in Figure 1. Activation of T cells requires 2 signals, 1 signal through the T-cell receptor (TCR) and a second signal. The TCR interacts with major histocompatibility complex (MHC) class 1 and class 2 molecules (also termed human leukocyte antigen [HLA] 1 and 2) expressed on the cell surface. MHC 1 is expressed on all nucleated cells, presents peptide antigens from the cell itself, and interacts with the TCR of CD8 T cells. MHC 2 is expressed exclusively on APCs, presents peptide antigens taken up from the cellular

effector in antitumor immunity, CD4 T cells play a vital role in amplifying the response. Additionally, a variety of cytokines and other molecules inhibit this cascade. Although such regulators prevent overactivation and autoimmune responses, they also aid in evasion of the antitumor response.

Immunomodulatory Therapy

A variety of studies have examined methods to stimulate the immune system to augment the immune reaction to prostate cancer. The earliest clinical trials in the use of immunotherapy in prostate cancer involved injection of BCG, with a limited though statistically

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environment, and interacts with the TCR on CD4 T cells. APCs include monocytes, macrophages, B cells, and dendritic cells. The second signal for T-cell activation often occurs through interaction of coreceptors between the two cells, the major one for the purposes of this review being an interaction between B7-1 on the APC and CD28 on the T cell.

CD8 T cells induce apoptosis of the cell presenting appropriate antigen on MHC 1. APCs presenting appropriate antigen to CD4 T cells through MHC 2 lead to cytokine secretion, which further stimulates CD8 T-cell activation and proliferation, thus amplifying the immune response. Activated B cells are further stimulated by cytokines released by CD4 T cells. These cells produce antibodies that can mediate tumoricidal effects through complement-mediated cell lysis or natural killer cell-mediated antibody-dependent cellular cytotoxicity. Cytokines released by CD4 cells also alter dendritic cell activity, leading to increased antigen presentation. Thus, although CD8 T cells are the major significant improvement in overall survival.1-3 More recent strategies use immunomodulatory agents (granulocyte-macrophage colony-stimulating factor [GM-CSF], Flt3 ligand, IL-2) to stimulate antitumor response. The advantage of this approach is the relative ease of production and administration of cytokines as compared with the immunotherapies described later. A disadvantage to such therapy is a global stimulation of immune responses rather than a tumor-specific response.

Granulocyte-Macrophage Colony-Stimulating Factor

Granulocyte-macrophage colonystimulating factor has been used in a number of clinical trials, both alone and with concomitant administration of conventional treatment, with varied results. GM-CSF has a number of functions, including stimulation of antigen uptake and processing by dendritic cells, thus recruiting more T cells in the antitumor response. Small and colleagues⁴ initially examined the efficacy of GM-CSF administration in a staged trial on 35 men with HRPC.

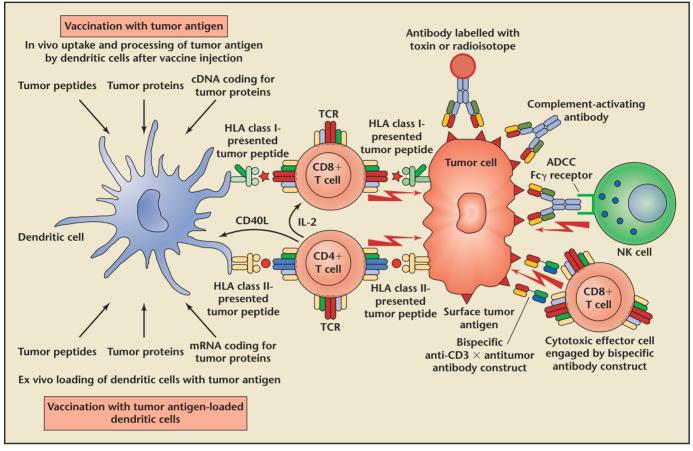


Figure 1. Schematic representation of the antitumor response and its modification by immunotherapy. CD4 and CD8 T cells are the cornerstone of this response, which is affected by tumor cell and dendritic cell antigen presentation. T cells in turn modulate some of the other host responses. Please refer to the text for further details. Reproduced with permission from Kiessling A et al, "Advances in specific immunotherapy for prostate cancer," Eur Urol. 2008;53:694-708.

The first cohort of 22 men was treated in 28-day cycles consisting of 250 μg/m² of GM-CSF daily for 14 days, followed by 14 days off. Ten of the 22 patients in this cohort demonstrated prostate-specific antigen (PSA) level declines at the end of each 14-day treatment, followed by a return to baseline in an oscillating manner. Median time to disease progression in this group was 3.5 months. Cohort 2 consisted of 13 men who were treated with the same initial 14-day treatment period, followed by maintenance therapy with thrice-weekly injections of GM-CSF until disease progression. PSA decreased in all but 1 patient; however, only 1 patient had a sustained decrease in PSA greater than 50%, and this patient dropped from a PSA level of 77 ng/mL to 0.1 ng/mL with objective radiographic improvement.

Subsequent studies have shown improved response rates to GM-CSF in earlier-stage disease. Dreicer and coworkers⁵ administered 250 µg of GM-CSF thrice weekly for a total of 24 weeks to 16 men with prostate cancer in a phase II trial. Treatment was halted for biochemical or objective disease progression. Four of 6 hormone-naive patients completed the trial with stable disease, compared with only 3 of 9 with androgen-independent disease. Another phase II trial examined the effect of GM-CSF in a group of 30 patients with biochemical

recurrence after localized therapy.6 Patients received 250 µg/m² of GM-CSF daily for 14 days, followed by 14 days off. Three of 29 evaluable patients had a greater than 50% decline in PSA levels during treatment, whereas 16 of 29 had a 2-fold or greater increase in PSA doubling time. Eight of 29 patients remained on study at the time of publication, with at least stable disease for 20 to 32 months. In a follow-up study, 7 of 29 remained on treatment a median of 5.1 years from initiation of therapy.⁷ Patients with a long-term response had lower tumor stage, Gleason score, and pretreatment PSA level.

Granulocyte-macrophage colonystimulating factor has been used with other therapies to evaluate overall benefit. Ryan and colleagues8 published a study on 30 men with HRPC, in which all the patients were given ketoconazole, hydrocortisone, and 250 µg/m² of GM-CSF daily on days 15 to 28 of a 28-day cycle. Treatment was continued until disease progression was confirmed. Interestingly, those without radiographic disease on study initiation had longer times to

stable or slight decreases in PSA levels. PSA velocity was significantly decreased in the study group during treatment (0.007/d before treatment vs 0.002/d during treatment: P < .0001).

Interleukin 2

IL-2 is an essential cytokine for T-cell recruitment and activation. Its role in therapy for renal cell carcinoma is

A recent trial has examined a novel therapy (zoledronate) targeting stimulation of the $\gamma\delta$ T-cell subset to treat metastatic HRPC in combination with II-2.

progression (15.4 months vs 6.9 months).

Thalidomide is another agent that has undergone trials in HPRC, in part owing to its purported antiangiogenic activity in vitro. Dreicer and associates9 looked at a combination of GM-CSF and thalidomide in 22 patients with HRPC. All patients had a decreased PSA level at 2 weeks, and 5 had a greater than 50% drop. Seven patients completed the 6 months on protocol.

Flt3 Ligand

Flt3 ligand is a stimulant of a variety of hematopoietic cell types, including dendritic cells. Preclinical and human studies have demonstrated the ability of Flt3 ligand to increase circulating levels of dendritic cells. Higano and others¹⁰ performed a clinical trial of Flt3 ligand in 31 patients with bone scan-negative HRPC. The treatment involved 6 28-day cycles, with administration of the agent daily for the first 14 days of each cycle. The first cycle was divided into a placebo and Flt3 ligand arms to examine safety, and only injection-site reactions were noted. All 21 patients who completed the study had elevations in circulating dendritic cells, and 11 patients had disease stabilization marked by well studied. A recent trial 11 has examined a novel therapy (zoledronate) targeting stimulation of the γδ T-cell subset to treat metastatic HRPC in combination with IL-2. The $\gamma\delta$ T cells are unique in that they recognize antigens not seen by $\alpha\beta$ T cells. The γδ T cells are not restricted to MHC presentation for recognition. In this phase I trial, Dieli and colleagues treated 18 patients with late-stage metastatic HRPC with either zoledronate or zoledronate and low-dose IL-2 for 12 months or until progression. Only 3 of 9 patients who received zoledronate alone survived

Vaccine-Based Therapy

As opposed to broad stimulation across the immunologic panacea. vaccine-based therapies seek to stimulate a specific immune reaction against 1 or multiple tumor antigens. The methods used to do this vary widely. At their core, these therapies seek to drive a specific antitumor response with little collateral damage to normal tissues. As such, vaccine therapies often utilize prostate-specific (PSA, prostatic acid phosphatase [PAP], prostate-specific membrane antigen [PSMA], prostate stem cell antigen [PSCA]) or tumor-specific antigens to direct the response. The delivery methods vary widely; however, few trials exist comparing delivery methods directly.

Peptide/Carbohydrate Vaccines

Although there have been preclinical investigations related to direct antigen injection for immunization, relatively few clinical trials exist for this modality in prostate cancer. Perambakam and colleagues12 used a PSA peptide known to bind HLA-A2 and to elicit T-cell responses in vitro. PSA makes an attractive target because its expression is primarily limited to the prostate and is increased in most

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during the entire 12-month trial, and only 2 remained free from progression. In comparison, 7 of 9 survivors and 6 progression-free patients received zoledronate plus IL-2 (P < .05for survival). Additionally, clinical responses correlated well with immunologic response as seen by circulating γδ T-cell levels, which increased and/or stabilized in the responders. compared with the precipitous drop often seen in the nonresponders.

prostate cancers. In this study 28 patients were assessed. Group A consisted of 14 patients with high-risk disease (T3-4 or PSA level > 10 ng/mL or Gleason score ≥ 7) having completed local therapy. Group B consisted of 14 patients with metastatic, hormone-naive prostate cancer. Patients were randomized to receive either PSA peptide and GM-CSF or PSA-pulsed autologous dendritic cells. Delayed-type hypersensitivity to the PSA peptide could be detected in 50% of the patients during the 52-week study period (9 of 14 received PSA peptide plus GM-CSF, 5 of 14 received pulsed dendritic cells), suggesting feasibility of the mechanism for immunotherapy.

Noguchi and associates13 tested an individualized method of peptide vaccination based on preexisting cytotoxic T-cell and immunoglobulin (Ig)G reactivity and combined this with low-dose estramustine. Each patient was tested for reactivity among 16 immunogenic peptides known to bind to HLA-A24. Peptides were derived from a number of targets, including PSA, PAP, PSMA, multidrug resistance protein, and a variety of other epithelial tumor antigens. Each patient was immunized with 4 peptides on the basis of his reactivity panel. Sixteen patients with metastatic HRPC were enrolled, of whom 13 were available for assessment. All 13 had a decrease in serum PSA level, including 6 (46%) with decreases of 50% or more, for a median duration of 7.5 months.

Although most therapies have been focused on peptide antigens derived from proteins, early investigations have also used carbohydrate antigens as potential targets. To elicit an immune response, the carbohydrate antigens in these trials are conjugated to a carrier protein (keyhole limpet hemocyanin [KLH]) and administered with an immunologic adjuvant (QS-21). An early trial examined globo H, a hexasaccharide found on the secretory border of epithelial cells of the breast, pancreas, small bowel, and prostate. Nonmalignant tissues have limited exposure to immunologic surveillance owing to their position in the lumen; however, in prostate cancer their expression is increased, and exposure is more pronounced. Slovin and colleagues¹⁴ injected 20 men with advanced prostate cancer, of whom 18 were evaluable, with differing doses of globo H conjugated to KLH along with QS-21. Four groups were defined according to dose (3, 10, 30, or 100 µg) and injected on weeks 1, 2, 3, 7, and 19. Nine patients were given a boost at 50 weeks in light of declining antibody titers. Adverse events were minimal, most commonly grade 2 local site reactions. All doses seemed to be effective according to IgM and IgG antibody titers. Nine pa-

mor reaction, tumor vaccines use autogenic or allogenic tumor cells to generate an immune response. Such vaccines stimulate multiple antigens, potentially minimizing the ability of the tumor cells to evade detection. Before their use in prostate cancer, tumor cell vaccines were investigated in renal cell carcinoma, lung cancer, and melanoma. Typically adjuvants are used with the tumor vaccine to

An early trial involved the use of autologous tumor cells taken at the time of radical prostatectomy.

tients had radiographic evidence of metastatic disease at entry to the trial, and all with bone metastases progressed. One patient with nodal disease only remained without evidence of progression at 110 weeks, and the lymph node had decreased in size by 50%. Two patients with biochemical recurrence demonstrated a prolonged decreased PSA velocity.

Other carbohydrate antigens vaccines have been used in phase I trials, with mixed results. Using Tn antigen, it was demonstrated that KLH conjugate generated more robust antibody responses than conjugation to palmitic acid. This correlated with improved overall PSA responses in the groups receiving the KLH conjugate.15 Further studies in men with biochemical relapse using TF antigen¹⁶ and a bivalent MUC2 and globo H vaccine17 demonstrated good antibody responses and temporary decreases in PSA velocity in a majority of patients. A study attempting to combine multiple carbohydrate antigens into a single polyvalent vaccine was less successful in terms of both antibody and PSA responses.18 Further studies of these agents in prostate cancer treatment are ongoing.

Tumor Cell Vaccines

Rather than administering single or multiple antigens to target an antitustimulate the immune response to break tolerance to tumor antigens.

An early trial involved the use of autologous tumor cells taken at the time of radical prostatectomy.¹⁹ The cells were then expanded ex vivo. transfected with GM-CSF complementary DNA, lethally irradiated, and administered intradermally. Cells were evaluated for GM-CSF secretion and DNA integration before injection. Eleven patients with advanced prostate cancer had cells harvested. Eight of these patients had successful primary cultures and were eligible for analysis. The majority of patients had temporary irritation at the injection site, with occasional low-grade fevers and malaise. Two of the 8 patients had delayed-type hypersensitivity before therapy, whereas 7 had delayedtype hypersensitivity during and after therapy, indicating induction of a Tcell response to tumor antigens. Three patients developed new antibodies to tumor cell antigens, indicating a Bcell response as well. The investigators concluded that this approach was feasible and safe, though 3 of 11 subjects were unable to participate owing to difficulties with cell expansion.

Subsequent trials using tumor cell vaccines transfected with GM-CSF have been performed using allogenic prostate cancer cell lines, namely

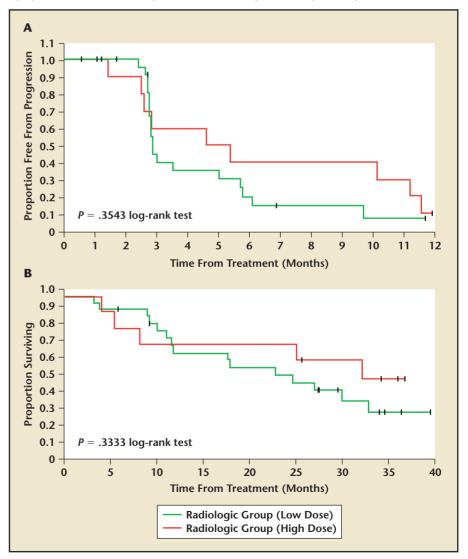
LnCaP and PC3 cells. This has been developed as the GVAX® vaccine for prostate cancer (Cell Genesys, South San Francisco, CA). For this vaccine, each cell line is transfected with GM-CSF, irradiated, and examined for GM-CSF production and DNA integration as with the autologous study described above. Simons and others²⁰ described the first phase I/II trial with the GVAX vaccine in 21 men with biochemical recurrence within 4 years of radical prostatectomy. Patients received weekly injections of the vaccine (6 \times 10⁷ cells from each cell line) for 8 weeks with minimal side effects. The injection sites were found on histopathology to have invasion of inflammatory cells and APCs. Sixteen of 21 patients had decreasing PSA velocities at 5 months (P < .001), and 1 patient had a greater than 50% PSA reduction for 7 months. In a second phase II trial of GVAX, 21 55 men with HRPC (34 with asymptomatic metastasis, 21 with no detectable metastasis) were treated with a 500 \times 10⁶-cell priming dose and either a 100×10^6 cell (low-dose) or 300 \times 10⁶-cell (high-dose) boost every 2 weeks for 6 months. PSA levels decreased more than 25% in 6 of 55 patients (11%) and more than 50% in 1 patient, whose response lasted nearly 9 months and included resolution of a lesion on bone scan. PSA velocity was decreased in 74% of those with metastases and 52% of those with only biochemical recurrence. In those with metastases, the high-dose group (n =10) compared with the low-dose group (n = 24) had improved PSA velocity response (80% response vs 67% response), time to progression (3.7 months vs 2.3 months), and overall survival (34.9 months vs 24.0 months; P = .33) (Figure 2). Although this survival advantage was not statistically significant, the expected median survival of the metastasis group was 19.5 months. Subsequently, the GVAX

program was halted when a phase III study demonstrated no survival benefit in the GVAX arm when compared with decetaxol in patients with metastatic hormone refractory disease.

Other allogenic tumor cell vaccines have been evaluated in phase I trials. Michael and colleagues²² used 3 cell lines (LnCaP, P4E6, and OnvCap23) to vaccinate 26 men with HRPC and no detectable metastases. Each patient received 8 \times 10⁶ irradiated cells from each cell line combined in 1 vaccine, with the first 3 doses occurring at

2-week intervals and then monthly for a total of 12 months. BCG was used as an adjuvant for the first 2 doses. The vaccine was well tolerated, with grade 1 to 2 local site reactions, arthralgias, rash, and gastrointestinal symptoms. Eleven patients (42%) had statistically significant decreases in PSA level. Median time to disease progression was 58 weeks, compared with 28 weeks in historical controls. More recently, Brill and coworkers²³ performed a dose-escalating phase I trial using LnCaP cells transfected with

Figure 2. (A) Progression-free survival and (B) overall survival in hormone-refractory prostate cancer patients receiving high-dose versus low-dose GVAX prostate cancer vaccine, Reproduced with permission from Small EJ et al.2.



IL-2 and interferon γ . A total of 6 men with metastatic HRPC were treated in 2 dose groups. Of the 3 high-dose patients, 2 had a greater than 50% decrease in PSA. The time to PSA progression in these 2 patients was 322 and 693 days. The promising results in these initial investigations support the utility of tumor cell vaccines in prostate cancer treatment.

Viral Vaccines

Gene therapy has merged with immunotherapy to induce immunoreactivity and antitumoral response in patients with prostate cancer. The approaches used in this merger have included both DNA and viral vaccines, and often immunomodulatory agents have been added to amplify the response.

The most extensive studies in this area have been PSA-based vaccines. The fact that PSA has localized expression to the prostate and increased levels in most prostatic adenocarcinomas makes it a prime target, though its expression in normal tissues leads to tolerance. Such tolerance needs to be overcome to develop an effective immune reaction. Initial studies with a recombinant vaccinia virus modified to express PSA (rV-PSA; PROST-VAC®; Therion Biologics, Cambridge, MA) in vitro and in animal models demonstrated the ability to induce cytotoxic and delayed-type hypersensitivity reactions to PSA peptides. Safety was confirmed in a small trial of 6 patients with biochemical recurrence after primary therapy.²⁴

Early phase I trials included using rV-PSA in men with biochemical recurrence after local therapy and in men with nodal or bone metastasis.²⁵ Thirty-three men were divided into 4 groups. All groups received 3 vaccinations at 4-week intervals. Group 1 (n = 6) received rV-PSA at 2.65 \times 10⁶ plaque-forming unit (pfu) with each vaccination, group 2 (n = 6) received

 2.65×10^7 pfu, group 3 (n = 11) received 2.65×10^8 pfu, and group 4 (n = 10) was treated with 2.65×10^8 pfu + 250 μ g/m² GM-CSF in each vaccination. The rV-PSA was well tolerated. Disease stabilization, defined as a PSA level 80% below to 50% above baseline, occurred for greater than 6 months in 14 of 33 patients, with 6 patients (2 from group 3 and 4 from group 4) remaining progression free at 11 to 21 months after treatment. Enzyme-linked immunosorbent spot tests were performed on 7 patients. and 5 developed PSA-specific T-cell populations. The greatest increase in these T cells was seen after the first vaccination, with little subsequent lowed by 3 rF-PSA vaccinations. Of the 64 patients, 29 (45%) were free of biochemical progression (defined as a PSA level more than 50% above baseline) 2 years after treatment. Median time to PSA progression among the 3 arms was 13.6 months, with a trend toward prolonged time to PSA progression in Group 3. This suggests that the regimen used in group 3, using a prime/boost approach, was an improvement over rV-PSA alone.

The next advancement of the vaccine model was the addition of virally expressed T-cell costimulatory molecules. B7-1, intercellular adhesion molecule 1, and lymphocyte function-associated antigen 3 are all

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response. This suggests that repeated doses of rV-PSA were ineffective, possibly owing to the immune response against the vaccinia virus itself.

In an attempt to circumvent this issue, a heterologous prime/boost approach was devised. Fowlpox virus will infect but will not replicate in mammalian cells and can transduce gene expression in infected cells for a longer period than vaccinia virus. Additionally, the lack of replication produces less immune response to the virus, allowing for repeated vaccinations with the same agent. Thus, recombinant fowlpox virus expressing PSA was generated (rF-PSA) and used in an Eastern Cooperative Oncology Group phase II trial in men with biochemically recurrent prostate cancer.26 Sixty-four patients with no evidence of metastatic disease were randomized to 1 of 3 arms: group 1 (n = 23) received 4 rF-PSA injections, group 2 (n = 20) received 3 rF-PSA vaccinations followed by an rV-PSA vaccination, and group 3 (n = 21) received 1 rV-PSA vaccination fol-

coreceptors involved in the interaction between APCs and T cells. A viral vaccine expressing these 3 costimulatory molecules (TRICOM) was generated and used in combination with recombinant virus expressing carcinoembryonic antigen to treat carcinoembryonic antigen-expressing tumors with good results. Arlen and colleagues²⁷ performed a phase I study using TRICOM with rV-PSA and rF-PSA in 15 patients with metastatic HRPC. The study examined 5 different regimens with 3 patients in each arm: all received rF-PSA/TRICOM, 4 arms (arms 2 through 5) received prime rV-PSA/TRICOM followed by 3 boosts with rF-PSA/TRICOM, 2 arms (arms 4 and 5) received a rF-GM-CSF vaccine in addition, and 1 arm (arm 3) received recombinant GM-CSF protein as an adjuvant. Overall, 9 of 15 patients had decreased PSA velocity after vaccination. Median time to clinical progression was 20.5 weeks. Large, prospective, randomized trials using this regimen with GM-CSF are ongoing.

Others have examined DNA vaccines with PSA to induce an immune response. DNA vaccines have the advantage of ease of production and administration, as well as lack of viral antigens that may generate an immune response. The disadvantage is that the rate of cell transfection is low; thus the ability to produce an immune response is weakened. In a phase I dose-escalation trial on 9 patients with HRPC, varying doses (100, 300, and 900 µg) of a DNA plasmid engineered to express PSA were administered to men 5 times at 4week intervals along with GM-CSF and IL-2 around the time of vaccine administration.28 The treatment was well tolerated, and T-cell and IgG antibody production were robust. Three patients had decreased PSA levels after treatment.

Preliminary studies for a number of other immunotherapies based on viral and DNA vaccines have been performed, including PSMA as a target in both DNA and viral vaccines, 29 IL-2 delivery as a transgene in viral vaccines,30 and others. Ongoing research will assist in determining the best targets, vectors, immunization strategies, and adjuvants to mature this area of potential prostate cancer therapy.

Dendritic Cell Therapy

Dendritic cells are APCs present in nearly all tissues. Dendritic cells present antigens through their MHC class 1 and 2 receptors and thus can induce immune responses by activating both CD8 and CD4 T cells to develop a potent antitumor response. Autologous dendritic cells can be grown in vitro and transfected with antigen, cytokines, or other agents before reintroduction to the patient to direct an immune response.

Numerous experimental immunologic regimens have adopted dendritic cells as the basis of their protocol. Sipuleucel-T (APC8015; Dendreon, Seattle, WA) is one of the most extensively studied dendritic cell modalities. It consists of autologous dendritic cells, which are harvested by leukophoresis. The cells are loaded by coculture with PA2024, a recombinant fusion protein of PAP and GM-CSF. PAP is an enzyme localized to the prostate and expressed in 95% of all prostate cancers. Thus, similar to PSA, it represents an excellent target to direct the antitumor response, GM-CSF, as noted above, stimulates dendritic cell maturation and activity. Once loaded, the dendritic cells are washed and infused to the patient.

The initial phase I trial of sipuleucel-T used both infusion of autologous dendritic cells loaded with PA2024 as well as subcutaneous (SC) injection of PA2024.31 This study demonstrated that cytotoxic T-cell responses could be induced through the dendritic cells; however, SC injections of antigen were needed to produce a humoral immune response. Thirteen patients with HRPC were enrolled, and the treatment regimen included sipuleucel-T at weeks 0 and 4, followed by SC injection of PA2024 at weeks 8,

PSA level from baseline, occurred in 3 of 12 patients.

Other studies were performed to evaluate the safety and efficacy of sipuleucel-T.32 A phase I trial evaluated 12 men with metastatic HRPC. with sipuleucel-T administered in a dose-escalation format. A phase II trial comprised 19 men with HRPC and no evidence of metastasis. All patients in both phases developed T-cell responses to PA2024; however, only 10 (38%) developed T-cell responses to PAP. Additionally, 16 patients (52%) developed antibodies to PAP. Overall, 3 patients had a greater than 50% decline in PSA levels, and another 3 had a 25% to 49% reduction in PSA levels. Median time to progression correlated with development of either a T- or B-cell response to PAP (34 weeks vs 13 weeks: P < .027).

A subsequent phase II trial was performed on 21 patients with HRPC, with 17 having detectable metastases.33 The treatment consisted of sipuleucel-T at weeks 0 and 2, followed by SC injections of PA2024 at weeks 4, 8, and 12. Nineteen patients

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12, and 16. A dose-escalation analysis was performed because patients were treated with different doses of PA2024. The treatment was well tolerated, with adverse events consisting of grade 1 injection-site reactions and grade 1 to 2 fevers and myalgias. In all evaluated patients the dendritic cells induced a T-cell response as determined by in vitro proliferation assays. The SC injections did not affect the T-cell response. The dendritic cells and SC injections both contributed to humoral immunity; however, the maiority of this reaction was directed at GM-CSF. PSA responses, determined by a greater than 50% decrease in

were evaluable, and 3 had a greater than 25% drop in PSA levels after treatment. One of these patients had a dramatic response, with a PSA drop from 221 ng/mL at baseline to undetectable, and this persisted for 52 months. This patient also had resolution of metastatic adenopathy on computed tomographic imaging.

On the basis of the results of these trials, a phase III randomized, doubleblind, placebo-controlled trial was performed to evaluate the efficacy of sipuleucel-T, with time to clinical disease progression as a primary endpoint.34 All 127 patients enrolled had metastatic HRPC, 82 and 45 patients were randomized to sipuleucel-T and placebo, respectively. Entry criteria included greater than 25% of cancer cells staining positive for PAP. Dendritic cell infusions were performed on weeks 0, 2, and 4. Placebo patients were infused with autologous dendritic cells that had not been loaded with PA2024. At progression, the placebo patients were offered the opportunity to cross over. With regard to the primary endpoint, patients in the sipuleucel-T group had longer time to disease progression, though this did not reach statistical significance (11.7 vs 10.0 weeks; P = .052). The investigators found a significant improvement of 4.5 months in overall survival in the treatment group (25.9 months vs 21.4 months; P = .01) (Figure 3). A 36-month survival analysis found 34% 3-year survival in the sipuleucel-T group, compared with 11% in the placebo group (P <.005). An additional randomized phase III study is currently underway examining the efficacy of sipuleucel-T in men with metastatic HRPC.

A variety of other approaches using dendritic cells have been studied, including evaluation of dendritic cells pulsed with antigenic PSMA peptides. A phase II trial examined the efficacy of the vaccine in 33 men with HRPC. and a second trial enrolled 37 men with biochemical recurrence after primary therapy.^{35,36} The results of the trials demonstrated 6 partial responses and 2 complete responses. In a follow-up study of the responders from these 2 studies, median response duration was 144 days in the HRPC group and 187 days in the biochemically recurrent group.³⁷

Other trials using dendritic cells have evaluated targets such as PSA, ³⁸ PAP, ³⁹ PSCA, ⁴⁰ and telomerase. ⁴¹ To expand the antitumor reaction and prevent tumor evasion from the immune system, investigators have used dendritic cells engineered to express a

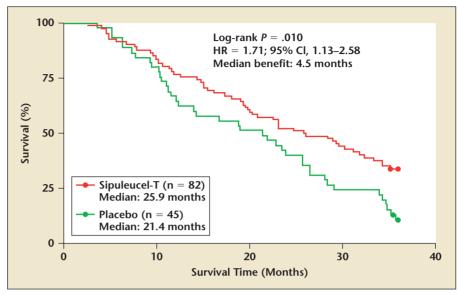


Figure 3. Overall survival improvement in phase III trial of sipuleucel-T. 95% CI, 95% confidence interval; HR, hazard ratio. Reproduced with permission from Small EJ et al. 24

wider range of antigens. Strategies in this endeavor have included pulsing dendritic cells with multiple peptides, ^{42,43} tumor cell lysates, ⁴⁴ and cell line messenger RNA. ⁴⁵

Antibody-Based Therapy

Antibody therapies are also undergoing extensive investigation. Antibodies can be used to induce cellular cytotoxicity—in which the antibody directs lysis of tumor cells by macrophages and neutrophils—or they can be conjugated to deliver toxins or radioactive substances that result in cell death. Many different antibody-based modalities have undergone trials.

Prostate-Specific Membrane Antigen Monoclonal antibodies to PSMA have been used for several years diagnostically in the form of the ProstaScint® (Cytogen Corporation, Princeton, NJ) scan. The ProstaScint scan utilizes a monoclonal antibody to PSMA, 7E11 (capromab), which targets an intracellular segment of PSMA. The ProstaScint scan is limited by its poor imaging of bone metastasis. This failure has been linked to the fact that its

target is intracellular, thus only seen in necrotic tumors with lysed cells. A second monoclonal antibody developed to the extracellular domain of PSMA (J591) has been used in phase I radioimmunotherapy trials. J591, when complexed to PSMA, is internalized; thus toxins or radioactive substances coupled to the antibody can be delivered to the targeted cells. Initial studies in patients with metastatic prostate cancer demonstrated the ability of J591 coupled to radiometals to target metastatic lesions.46 Subsequently, phase I clinical trials have been published to examine safe and effective dosing regimens.

Each trial used different radiometals (111 I, 177 Lu, 111 I, and 90 Y) to induce antibody-dependent cellular cytotoxicity. Overall, the only significant morbidity was dose-limiting myelotoxicity, controlled with titration. In the trial using 177 Lu-J591, 35 patients with progressive HRPC were treated. Four had a greater than 50% decrease in PSA lasting 3 to 8 months, and another 16 of 35 had disease stabilization for a median of 60 days. The 90 Y trial enrolled 29 patients with

HRPC; 2 had PSA decreases greater than 50%, and another 6 experienced disease stabilization. Fourteen men with metastatic HRPC were treated with 111 I-J591 plus unlabeled J591; 1 had a 90% decrease in PSA levels. and a second patient had disease stabilization. J591 radioconjugates are presently in phase II trials.

HER-2/neu

Antibody therapy directed against HER-2/neu (trastuzumab) in patients with advanced breast cancer has shown clinical benefit. HER-2/neu is expressed in some advanced prostate cancers and has undergone trials in HER-2/neupositive prostate cancer patients, with limited benefit. 48,49 MDXH210 is a chimeric antibody that recognizes HER-2/neu and the IgG Fc receptor. The strategy is to bring Fc-expressing cells (monocytes, neutrophils) to the HER-2/neu-expressing cancer cells. In a phase I trial on 6 patients with HRPC, 5 patients demonstrated disease stabilization for at least 2 months after therapy.50 Another group used

MDXH210 in combination with GM-CSF in 20 men with HRPC.51 Seven patients had a greater than 50% drop in PSA levels, and 15 of 18 evaluable patients had a decrease in PSA velocity after treatment.

CTLA-4

Whereas the goal of most antibodybased therapies is induction of cell death, CTLA-4 antibody therapy is a dose of 3 mg/kg, 2 of 14 patients had a greater than 50% decline in PSA lasting 60 and 135 days, and an additional 8 patients had decreases in PSA below 50%. One grade 3 reaction occurred, an autoimmune dermatitis requiring steroid treatment. Preliminary results of trials combining CTLA-4 with other treatments (GM-CSF, GVAX) have been reported, with promising results. Further studies are

Whereas the goal of most antibody-based therapies is induction of cell death, CTLA-4 antibody therapy is aimed at improving the immune response.

aimed at improving the immune response. CTLA-4 is a receptor expressed in T cells that competes with CD28 in binding to B7-1 on the APC. This blocks the second costimulatory signal required for T-cell activation, and antibodies to CTLA-4 strive to prevent this interference. A potential adverse effect of this therapy is autoimmune responses. Small and others⁵² investigated anti-CTLA-4 antibodies (ipilimumab) in 14 patients with HRPC. At

ongoing to determine the role of anti-CTLA-4 in prostate cancer immunotherapy, possibly as an adjunct to other vaccine-based modalities.

Conclusions

Immunotherapy for prostate cancer has made great strides. Ongoing clinical trials provide promise for the introduction of immunotherapy into the armamentarium against prostate cancer, but the precise role

Main Points

- In prostate cancer, effective immune strategies have been investigated for 25 years, and recent progress has been made in a variety of agents.
- Immunotherapy regimens under investigation include immunomodulatory cytokines/effectors, peptide and cellular immunization, viral vaccines, dendritic cell vaccines, and antibody therapies.
- A variety of studies have examined methods to stimulate the immune system to augment the immune reaction to prostate cancer; recent strategies use immunomodulatory agents (granulocyte-macrophage colony-stimulating factor, Flt3 ligand, and IL-2) to stimulate antitumor response.
- Vaccine-based therapies often utilize prostate-specific (prostate-specific antigen, prostatic acid phosphatase, prostate-specific membrane antigen, prostate stem cell antigen) or tumor-specific antigens to direct the response.
- Gene therapy has merged with immunotherapy to induce immunoreactivity and antitumoral response in patients with prostate cancer. The approaches used in this merger have included both DNA and viral vaccines, and often immunomodulatory agents have been added to amplify the response.
- Numerous experimental immunologic regimens have adopted dendritic cells as the basis of their protocol. Sipuleucel-T is one of the most extensively studied dendritic cell modalities.
- Antibodies can be used to induce cellular cytotoxicity-in which the antibody directs lysis of tumor cells by macrophages and neutrophils—or they can be conjugated to deliver toxins or radioactive substances that result in cell death. Antibodies may also be used to stimulate the immune response through blockade of its normal negative feedback mechanisms (anti-CTLA-4), which in the future may improve responses to other immunotherapy regimens.

for immunotherapy remains to be determined. Combination of immunotherapies may be needed to improve the response rates and the duration of response. Investigators have begun to examine the effect of immunotherapy in combination with other standard treatment, including as an adjuvant to chemotherapy or radiotherapy and as a neoadjuvant agent before prostatectomy. Although many studies examine efficacy in men with metastatic HRPC, there is mounting evidence for improved responses at earlier stages of disease: the ability of the tumor to evade the immune system may be lessened with lower tumor burden, or the immune system may already be weakened in men with later stages of disease. With mounting evidence of the impact of immune therapy upon prostate cancer. including modest survival benefits, the field remains an active area of investigation for therapy.

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