

Ecdysone signaling regulates the formation of long-term courtship memory in adult *Drosophila melanogaster*

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Improved survival is likely linked to the ability to generate stable memories of significant experiences. Considerable evidence in humans and mammalian model animals shows that steroid hormones, which are released in response to emotionally arousing experiences, have an important role in the consolidation of memories of such events. In insects, ecdysone is the major steroid hormone, and it is well characterized with respect to its essential role in coordinating developmental transitions such as larval molting and metamorphosis. However, the functions of ecdysone in adult physiology remain largely elusive. Here, we show that 20-hydroxyecdysone (20E), the active metabolite of ecdysone that is induced by environmental stimuli in adult *Drosophila*, has an important role in the formation of long-term memory (LTM). In male flies, the levels of 20E were found to be significantly increased after courtship conditioning, and exogenous administration of 20E either enhanced or suppressed courtship LTM, depending on the timing of its administration. We also found that mutants in which ecdysone signaling is reduced were defective in LTM, and that an elevation of 20E levels was associated with activation of the cAMP response element binding protein (CREB), an essential regulator of LTM formation. Our results demonstrate that the molting steroid hormone ecdysone in adult *Drosophila* is critical to the evolutionarily conserved strategy that is used for the formation of stable memories. We propose that ecdysone is able to consolidate memories possibly by recapturing molecular and cellular processes that are used for normal neural development.

courtship conditioning | CREB | ecdysone receptor | steroid hormone | 20-hydroxyecdysone

Memories are not created equal; some are long-lasting, whereas others are short-lived. Various clinical and experimental analyses in humans and mammalian model animals have provided convincing evidence that steroid hormones that are released in response to a stressful experience (e.g., cortisol) have an important role in the consolidation of memory (1). Gonadal steroid hormones are also known to influence memory function in vertebrates (2, 3). Although previous studies have revealed the involvement of certain neural circuits and neurotransmitter systems in steroid-mediated regulation of memory in vertebrates (4–6), the underlying molecular mechanisms are still poorly understood. Also, it remains unclear how prevalent a memory consolidation process involving steroids is among evolutionarily divergent animal species.

As one of the most versatile model organisms for behavioral genetics, the fruit fly *Drosophila melanogaster* has been extensively used to identify genes and signaling cascades that are critical for the processes of learning and memory (7). It has become evident from these studies that the fundamental molecular and cellular mechanisms that underlie learning and memory are astonishingly well conserved between the fruit fly and higher vertebrates. Noticeably, however, little is known whether steroid hormone signaling is involved in the process of memory consolidation in this species, as in the case of vertebrate animals. The aim of the present study was to address this issue

by investigating whether the steroid hormones that are induced by environmental stimuli have a role in regulating memory in adult *Drosophila*.

The major steroid hormone in insects is ecdysone, and its functions during development have been extensively studied in *Drosophila*, as well as in other insects (8). Ecdysone has essential roles in coordinating major developmental transitions, such as larval molting and metamorphosis, through its active metabolite 20-hydroxyecdysone (20E) (9); 20E signaling also regulates the rate of tissue growth during development by impeding insulin signaling (10). Although ecdysone is known to be present throughout life in both male and female *Drosophila* (11), its functions in adult physiology are largely unknown. In fully mature adult females, ecdysone signaling controls oogenesis (12, 13). Interestingly, 20E levels are significantly affected by environmental conditions, and changes in 20E levels influence the regulation of oogenesis. For example, high temperature and nutritional shortage result in an increase in the 20E titer (14, 15), and induce apoptosis in oocytes, preventing oogenesis under these unfavorable conditions (15). It has also been reported that mutations that reduce the strength of ecdysone signaling in adults extend life span of *Drosophila* males and females by 40 to 50% (16), indicating the importance of the ecdysone hormonal pathway for adult physiology.

Based on these observations, we hypothesized that the steroid molting hormone 20E, which is induced by environmental stimuli in adult flies, has an important role in consolidating memories into a stable, long-lasting form. To investigate this hypothesis, we have used an ethologically relevant, associative learning paradigm in *Drosophila* known as courtship conditioning. In this paradigm, male flies that have courted unreceptive, nonvirgin females subsequently suppress their courtship behavior, even toward receptive virgin females (17, 18). The period of courtship memory retention (as evidenced by a reduction in courtship activities in males that have been aversively “trained” with nonvirgin females) varies in length depending on the training conditions (17, 19, 20). One-hour training creates memories that are detectable for a few hours (17), whereas 7-h training results in long-term memory (LTM), lasting at least 5 days (20). Here, we show that ecdysone is induced in male flies after an experience with unreceptive, nonvirgin females, and that ecdysone signaling has a critical role in the formation of LTM. Our findings demonstrate that the steroid molting hormones in

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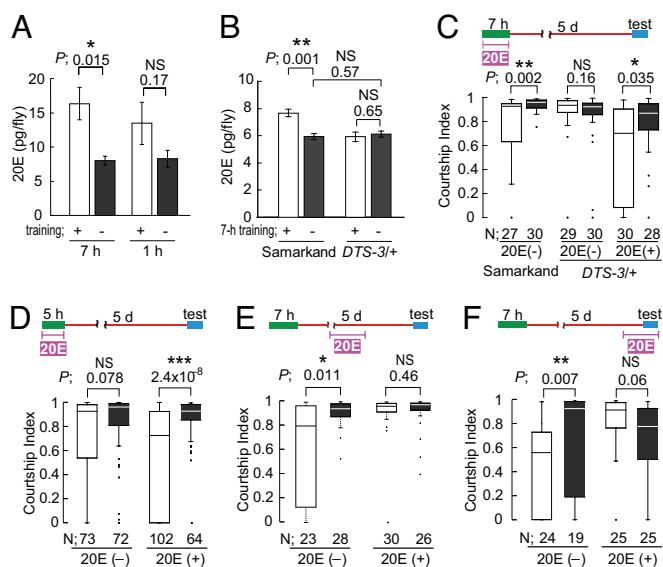


Fig. 1. Training for courtship memory leads to an increase in the level of endogenous 20E, and the application of exogenous 20E promotes LTM. (A) The 20E levels in wild-type flies with or without 1- or 7-h training; $n = 8$. (B) The 20E levels in Samarkand and *DTS-3/+* flies with or without 7-h training; $n = 5$. (A and B) Each bar represents mean \pm SEM. Student's *t* test was applied. (C) Courtship indices 5 days after 7-h training in Samarkand and *DTS-3/+* flies, represented by box plot. (D–F) Courtship indices 5 days after 5- or 7-h training with or without 20E treatment; 5-h training generates LTM with 20E treatment during the training period (D). LTM formed after 7-h training is disrupted by 1-day treatment of 20E between training and test (E), or immediately before the memory test (F). Schematic representation (above each graph), statistical significance (*P*), sample number (*N*), and fly genotypes are shown. □, trained; ■, naive. Mann–Whitney *U* test was applied. *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; NS, not significant.

insects are vital to the evolutionarily conserved strategy for the formation of stable memories.

Results

Extended Training for Courtship LTM Leads to an Increase in 20E Levels. We first investigated whether the levels of the steroid hormone 20E are increased after male flies are trained with nonvirgin females; 20E levels were compared immediately after training between naive wild-type male flies and males that had been paired with a nonreceptive, mated female under the conditions used for training in courtship conditioning assays. As shown in Fig. 1A, a 7-h training bout led to a considerable elevation of 20E levels ($P = 0.015$). This increase in 20E levels is similar to those previously reported for flies subjected to thermal stress (38 °C) (21). Although 1 h of training tended to lead to an increase in 20E levels as well, the effect did not reach statistical significance ($P = 0.17$) (Fig. 1A). To investigate the functional consequences of the observed increase in 20E levels with respect to memory formation, we used *Dominant temperature-sensitive 3* (*DTS-3*), a mutation that specifically affects the ecdysone synthetic pathway (22, 23). Heterozygosity for *DTS-3* (*DTS-3/+*) results in developmental lethality at the restrictive temperature (29 °C) due to the low 20E titer (for more detailed explanation of *DTS-3*, see *SI Materials and Methods*) (24). At 25 °C, *DTS-3/+* males are viable, and the 20E levels in these adults were comparable with those in the parental wild-type strain Samarkand, as reported previously (Fig. 1B, $P = 0.57$) (24). However, at 25 °C, *DTS-3/+* males showed a clear mutant phenotype; unlike the relevant wild-type control Samarkand flies, *DTS-3/+* males failed to exhibit an increase in 20E levels after 7-h of training (Fig. 1B, $P = 0.65$). Therefore, 25 °C is a

nonpermissive temperature for *DTS-3/+* males with respect to up-regulation of 20E after 7-h of training. In parallel with the failure in 20E induction after 7-h of training, *DTS-3/+* males failed to show courtship LTM (Fig. 1C Center, $P = 0.16$). In contrast, Samarkand males subjected to the same conditions exhibited LTM (Fig. 1C Left). The impaired LTM in *DTS-3/+* males is likely due to an insufficient increase in 20E levels during training, because the defect was rescued by feeding *DTS-3/+* males 20E during the training period (Fig. 1C Right).

Exogenous Administration of 20E Has Context-Dependent Effects on LTM. It is known that in mammals, new memory traces can be reinforced by the administration of appropriate steroid hormones immediately after training (1, 25). We tested whether 20E treatment had a similar memory-enhancing effect in *Drosophila*. To detect possible memory enhancement in courtship conditioning, we used a 5-h training protocol. As we previously reported (20), training for 5 h using our experimental protocol is not sufficient for male flies to develop robust courtship LTM ($P = 0.078$, Fig. 1D Left). However, when males were fed 20E during the 5-h training period, LTM was detected on day 5 ($P = 2.4 \times 10^{-8}$, Fig. 1D Right), suggesting that 20E reinforces the memories that are formed during the “insufficient” 5-h training period. However, as has also been observed in the case of mammalian steroid hormones (26), 20E does not always have a positive effect on LTM. We found that memories induced by 7-h training were disturbed or erased when 20E feeding was not associated with the training period (Fig. 1E and F). These results indicate that steroid hormone signaling in *Drosophila* indeed affects LTM, and that it does so in a context-dependent manner.

Heterozygous Mutants for the Ecdysone Receptor (EcR) Gene Are Defective in Courtship LTM. Ecdysone signaling is primarily mediated by EcRs, which are ligand-activated transcription factors and members of an evolutionarily conserved nuclear hormone receptor family (27, 28). Flies homozygous for the loss-of-function *EcR* mutations do not survive development. Thus, we tested heterozygotes (*EcR/+*) to determine whether a 50% reduction in *EcR* expression affects the regulation of courtship memory. The *EcR* mutant alleles used in this study are the following: *EcR^{F288Y}* and *EcR^{C300Y}*, each of which has a point mutation in the DNA binding domain; *EcR^{A483T}* and *EcR^{V559fs}*, which carry a point mutation and a small deletion in the ligand binding domain, respectively (Fig. S1A) (29); and *EcR^{NP2237}* and *EcR^{NP5219}*, each of which has a P-element insertion in an *EcR* gene intron and exhibits reduced EcR protein levels in the adult heads (Fig. S1B and C).

When *EcR/+* males were trained for 1 h with a mated female and then tested for 30-min courtship memory, all trained *EcR* heterozygous mutants, as well as appropriate control flies, displayed significantly reduced levels of courtship activity toward a virgin test female, compared with the naive flies ($P < 0.05$, Fig. 2A). This result demonstrated that *EcR/+* males can detect the sensory stimuli that are important for the acquisition of courtship memory, store the memory for at least 30 min, and retrieve it when exposed to a test female target. However, when *EcR/+* males were tested for 5-day LTM after 7-h training, both trained and naive males displayed equivalent levels of courtship activity toward a test female ($P > 0.05$, Fig. 2B). This result indicated that the *EcR/+* males, in which the EcR expression level is reduced to $\approx 50\%$ of that in control flies, are defective in LTM. Under the same conditions, trained control flies (*cn bw/+* or *iso5/+*) exhibited LTM; the courtship activity of these males was significantly lower than that of naive males ($P = 2.9 \times 10^{-5}$ for *cn bw/+* and $P = 1.6 \times 10^{-8}$ for *iso5/+*, Fig. 2B).

Courtship LTM Requires Functional EcRs in Adult Neurons. Impaired LTM in *EcR/+* males could potentially be due to a decrease in

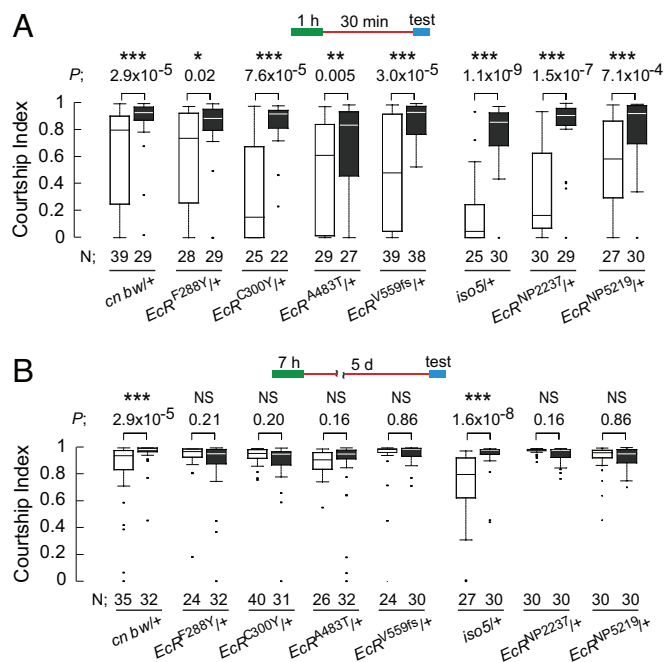


Fig. 2. Heterozygous *EcR* mutants are defective in 5-day memory, but not in 30-min memory. Courtship indices in *EcR* mutant and control flies (A) 30 min after 1-h training, or (B) 5 days after 7-h training, represented by box plot. Schematic representation (above each graph), P, N, and fly genotypes are shown. □, trained; ■, naive. Mann–Whitney *U* test was applied. *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; NS, not significant.

the strength of the ecdysone signal during development, and a consequent malfunction of the adult nervous system. Alternatively, the defect in LTM could be caused by inefficient ecdysone signaling in the physiological process that is involved in the memory formation, storage, or retrieval of courtship memory. As shown in Fig. 1 *D–F*, 20E administration to adult males had a significant influence on courtship LTM. Also, the LTM defects in *EcR*/+ males (see Fig. 4*A*), as well as those in *DTS-3*/+ males (Fig. 1*C*), were rescued by feeding the animals 20E during the training period. These observations suggested that the defective LTM in *EcR* mutants is not a result of anomalous development of the nervous system, but of insufficient *EcR*-mediated signaling during the physiological process that is assessed by courtship conditioning assays. Consistent with a possible function for *EcR*s in the adult nervous system, *EcR*s were found to be widely expressed in the adult *Drosophila* brain (Fig. 3 *A* and *B*). The synaptic neuropil regions marked with monoclonal antibody nc82 (Fig. 3*C*) (30) were devoid of *EcR* proteins, in agreement with the expected function of *EcR*s as nuclear transcription factors (see also Fig. S2).

To directly demonstrate the functional significance of *EcR*s in the physiological process required for LTM in adults, we used a temperature-sensitive *EcR* allele, *EcR*^{A483T}, for which 18 and 25 °C are permissive and restrictive temperatures, respectively (13, 29). As shown in Fig. 2*B*, *EcR*^{A483T}/+ males were defective in courtship LTM when they were raised and tested for courtship memory at 25 °C. As expected for a temperature-sensitive allele, *EcR*^{A483T}/+ males reared and tested at 18 °C displayed LTM (Fig. 4*B* Left). To investigate the temporal requirements of functional *EcR*s for courtship LTM, we performed a set of temperature-shift experiments. LTM was impaired when *EcR*^{A483T}/+ males were kept at 18 °C until eclosion and then shifted to 25 °C (Fig. 4*B* Center), whereas LTM was normal when males were kept at 25 °C until eclosion and then shifted to 18 °C (Fig. 4*B* Right). These results showed that the ability of male flies

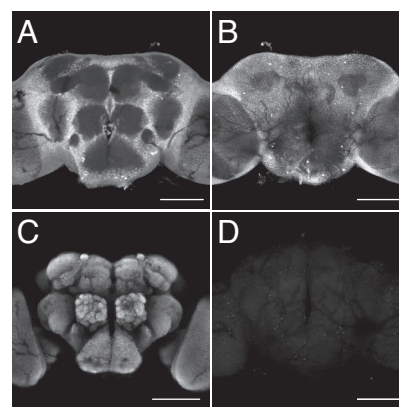


Fig. 3. Immunohistochemical detection of *EcR* in the adult brain. *EcR* localization in the adult brain was detected using DDA2.7 anti-*EcR* antibody. Anterior (A) and posterior (B) views of whole adult brain are shown. (C) Visualization of the synaptic neuropil regions with monoclonal antibody nc82. (D) The brain stained without primary antibody as a negative control. (Scale bar, 100 μ m.)

to form courtship LTM is not affected by a 50% reduction in *EcR* expression during development, but that this ability does require intact *EcR* activity in the adult. To further define the temporal requirements for *EcR*s in the establishment of LTM, we transferred *EcR*^{A483T}/+ males kept at 25 to 18 °C at different time points, and tested courtship LTM. As shown in Fig. 4*C*, LTM was detected when *EcR*^{A483T}/+ males were shifted to 18 °C during the training period, whereas a temperature shift to 18 °C after training did not improve the mutant LTM phenotype. These results suggest that *EcR*-mediated signaling is critical for LTM during the training period, which is when courtship LTM is likely formed.

We also manipulated *EcR* levels in adults by generating flies that carry both *UAS-EcR* RNAi and the RU486-inducible neuronal driver, *elav-GS-Gal4* (GeneSwitch) (31, 32). RU486 treatment (500 μ M, 3 days) of adult flies reduced *EcR* expression in the fly heads by \approx 50% (Fig. S3). We found that male flies were defective in courtship LTM when the expression of the *EcR*-RNAi was induced by RU486 before and during the training period (Fig. 4*D*). This LTM defect was the result of RU486-induced *EcR*-RNAi expression, because flies carrying only *elav-GS-Gal4* did not show a LTM defect, even when RU486 was applied (Fig. 4*D* Right). However, RU486-induced down-regulation of *EcR* after the training period did not have a severe effect on either courtship or LTM (Fig. 4*D*). The results with the *EcR* RNAi are consistent with those obtained using the temperature-sensitive *EcR* allele (Fig. 4 *B* and *C*). A similar LTM defect was observed when *EcR* RNAi was preferentially expressed in the adult mushroom bodies (MBs) using an MB-GS-Gal4 (Fig. 4*E*) (33). Together, these experiments demonstrate that *EcR*-mediated signaling is critical to the physiological process that generates courtship LTM. They also suggest that the courtship LTM requires normal levels of ecdysone signaling in adult neurons (particularly in the neurons within the MBs) during the training period.

The Elevation of 20E Reinforces CREB Activity. Studies in both vertebrates and invertebrates have revealed an essential role for the transcriptional regulator CREB in the formation of LTM (34). CREB influences memory consolidation in response to intracellular signals, such as elevations of cAMP and Ca^{2+} , by activating the transcription of a set of down-stream genes (35, 36). We previously demonstrated that courtship LTM is impaired when a repressing isoform of *Drosophila* CREB

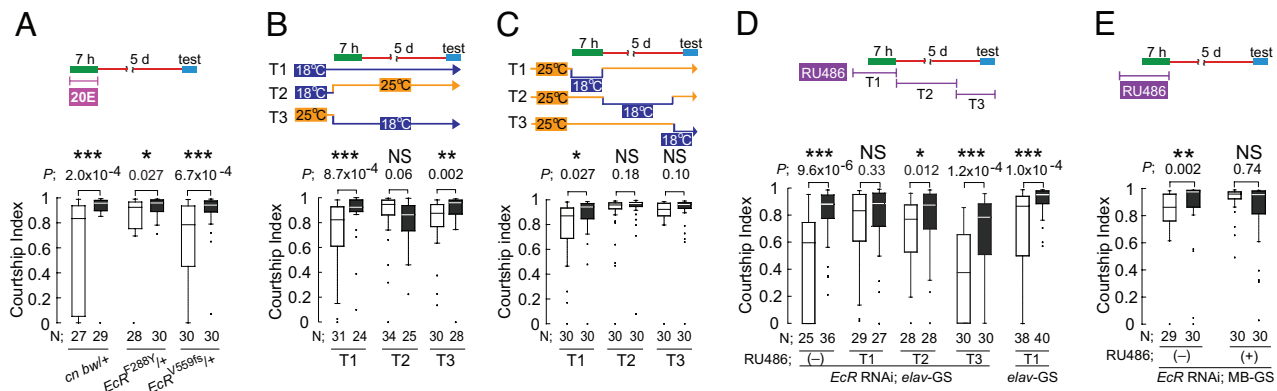


Fig. 4. Courtship LTM is affected by manipulation of ecdysone signaling in adults. Courtship indices in flies with altered EcR activity were measured 5 days after training. (A) LTM was observed in *EcR^{F288Y/+}* (DNA-binding domain mutation) and *EcR^{V559fs/+}* (ligand-binding domain mutation) flies that were treated with 20E during the training period. (B and C) Temperature-sensitive *EcR* mutant (*EcR^{A483T/+}*) shows a temperature- and treatment timing-dependent defect in LTM. (D and E) LTM is impaired by conditional expression of *EcR* RNAi using RU486-dependent Gal4 drivers that are specific to neurons (*elav-GS-Gal4*, D) or the MBs (MB-GS-Gal4, E). Schematic representation (above each graph), P, N, and fly genotypes are shown. □, trained; ■, naive. Mann-Whitney *U* test was applied. **, $P < 0.01$; ***, $P < 0.001$; NS, not significant.

(dCREB2-B) is expressed immediately before males are trained with a nonvirgin female for 7 h (20), providing evidence for the essential nature of the contribution of CREB to courtship LTM. To investigate the relationship between ecdysone signaling and CREB activity in courtship conditioning, we used a CRE-luciferase (*luc*) reporter, which makes it possible to monitor CREB activity by measuring the bioluminescence resulting from CREB-dependent luciferase expression (37). In the absence of 20E treatment, 7-h training resulted in a significant increase in luciferase activity ($P = 0.008$), but 5-h training did not ($P = 0.47$, Fig. 5). As shown in Fig. 1, a 7-h training, but not 5-h training, resulted in the formation of LTM. Thus, training-dependent CREB activation correlates with the formation of 5-day LTM. We also found that treating flies with 20E has a dramatic enhancing effect on CREB-dependent transcription, in both trained and naive males (Fig. 5). Importantly, when 20E was administered exogenously, not only 7-h training, but also 5-h training, led to a training-dependent increase in CREB activity (Fig. 5). Because 5-h training is sufficient to produce LTM in the presence of 20E (Fig. 1D), this experiment again indicates a correlation between a training-dependent increase in CREB activity and LTM. These results support the idea that courtship

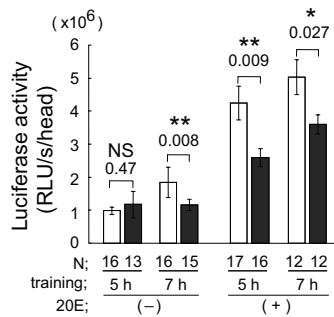


Fig. 5. CREB-dependent gene expression is enhanced by training for courtship memory and 20E treatment. CREB-dependent luciferase activity in CRE-luc males is enhanced by 7-h training, but not by 5-h training. With 20E treatment, the luciferase activities were increased, and significant differences in the luciferase activity were observed between trained flies (both for 5 and 7 h), and the corresponding naive flies. *P* and *N* are shown. Bars represent mean \pm SEM. □, trained; ■, naive. Student's *t* test was applied. *, $P < 0.05$; **, $P < 0.01$; NS, not significant.

memory is converted to LTM through training-dependent activation of ecdysone signaling and CREB.

Discussion

The objective of this study was to investigate whether the steroid molting hormone 20E regulates LTM formation in adult *Drosophila*. Here, we show that (i) training for courtship-memory leads to an elevation of 20E levels in adult *Drosophila*; (ii) administering exogenous 20E has either a positive or negative effect on courtship LTM, depending on the context; (iii) disrupting either ecdysone synthesis or function of the nuclear EcR results in defective LTM; (iv) functional ecdysone signaling in adult neurons during the training period is required for LTM; and (v) 20E induces CREB-mediated transcriptional activation. Together, these results indicate that the steroid molting hormone 20E has a novel, nondevelopmental role in the formation of long-lasting memory in adult insects.

The temporal profile of 20E titers during embryonic, larval, and pupal stages is essentially controlled by the genetically determined developmental program (9). As previously shown, environmental stimuli, such as high temperature and nutritional shortage, induce up-regulation of 20E levels in adult flies (14, 15). In this study, we have demonstrated that 20E levels are increased in male flies after they are paired with a mated female for 7 h, conditions under which a robust courtship LTM is generated. Ecdysone signaling activated by these environmental stimuli or social interactions may trigger specific molecular and cellular responses in adults, and lead to long-lasting changes in physiology and behavior.

In *Drosophila*, steroid hormone synthesis is known to occur primarily in 2 organs, the larval prothoracic gland and the adult female ovary (38–42). Ecdysteroids are present in adult males as well as females (11). It remains to be determined where ecdysteroids are produced other than in the female ovary, and how their synthesis is regulated in *Drosophila* adults. The last 4 sequential hydroxylations of their synthesis, which convert steroid precursors into 20E, are catalyzed by 4 cytochrome P450 enzymes encoded by “phantom”, “disembodied”, “shadow”, and “shade”, known collectively as the Halloween genes (43). The temporal changes in ecdysteroid levels during development are mainly attributed to transcriptional regulation of these genes (43). To understand the regulatory mechanisms for production of ecdysteroids in adult flies, it is important to examine where these enzymes are expressed, and how their expression and activity are regulated. Recent studies show

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