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Monitoring Autophagy in Lysosomal Storage Disorders

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Abstract

Lysosomes are the final destination of the autophagic pathway. It is in the acidic milieu of the lysosomes that autophagic cargo is metabolized and recycled. One would expect that diseases with primary lysosomal defects would be among the first systems in which autophagy would be studied. In reality, this is not the case. Lysosomal storage diseases, a group of more than 60 diverse inherited disorders, have only recently become a focus of autophagic research. Studies of these clinically severe conditions promise not only to clarify pathogenic mechanisms, but also to expand our knowledge of autophagy itself. In this chapter, we will describe the lysosomal storage diseases in which autophagy has been explored, and present the approaches used to evaluate this essential cellular pathway.

1. Introduction

Lysosomal storage disorders (LSDs) are an extremely diverse group of more than 60 genetic diseases. Individual LSDs are rare disorders, but, as a group, their incidence is estimated to be 1 in 5000–8000 live births (Hodges and Cheng, 2006; Wenger *et al.*, 2003). The majority of LSDs are caused by the deficiency of a single lysosomal hydrolase, leading to the accumulation of the corresponding substrate. LSDs can also result from mutations in proteins involved in the intracellular trafficking of lysosomal enzymes. Two such diseases, mucopolisidoses II and III, are caused by a deficiency of the enzyme that catalyzes the addition of mannose-6-phosphate (required for lysosomal targeting) to newly synthesized lysosomal hydrolases. Another group of LSDs results from defective transport of the products of lysosomal catabolism across the lysosomal membrane. Examples include cystinosis and sialic acid storage disease. Finally, there are several atypical LSDs, which involve mutations in integral membrane proteins of poorly defined function. These disorders include Niemann–Pick Type C and juvenile neuronal ceroid lipofuscinosis.

A great deal of progress has been made in the field of LSDs in elucidating genetic defects, developing therapeutic approaches, improving patient care, generating animal models etc. However, the biological pathways from lysosomal storage to cellular dysfunction and death remain largely unknown. In the not so distant past, lysosomes were viewed as simple garbage disposal organelles. Recently, an attractive new view of lysosomes has been proposed by Steven Walkley (Walkley, 2007). According to this view, lysosomes are credited with a prominent role as essential mediators of cellular metabolism. The well-being of lysosomes has broad-reaching effects on many cellular systems, including the multiple vesicular pathways that terminate at these organelles.

One of the pathways destined for the lysosome, macroautophagy (hereafter referred to as autophagy), is a catabolic pathway responsible for the turnover of long-lived cytosolic proteins and organelles, such as mitochondria. Autophagic cargo is sequestered by double-membrane vesicles (autophagosomes) and is ultimately degraded after autophagosome-lysosome fusion. Functional lysosomes are critical for the maturation of autophagosomes and for the degradation of their content. Thus, autophagy seemed an attractive target for studies in LSDs, in which

lysosomal abnormalities are the primary defects. These studies became possible due to the great progress in, and fascination with, the field of autophagy.

The case for examining autophagy is bolstered by similarities between LSDs, most of which involve severe neurodegeneration, and a number of age-related neurodegenerative diseases, such as Alzheimer's disease, Parkinson's disease, and Huntington's disease. Although the etiology of LSDs is different, namely the accumulation of undegraded compounds in lysosomes, the mechanisms of neurodegeneration may be similar, including the major role of autophagy. Furthermore, inactivation of crucial autophagy genes in mice has been shown to lead to severe neurodegeneration and the accumulation of undegraded polyubiquitinated proteins (Hara *et al.*, 2006; Komatsu *et al.*, 2006). Accumulation of undegraded material may be particularly harmful for post-mitotic cells such as neurons or muscle cells as these cells cannot dilute the accumulated material by cell division.

The precise mechanisms leading to changes in or malfunction of the autophagic pathway in LSDs remain elusive. Furthermore, the link between abnormal autophagy and cell death, in particular neuronal cell death, still needs to be established. It is important to emphasize that the study of autophagy in LSDs is just emerging. The role of autophagy has been investigated in only a handful of LSDs, but the approach is certain to be extended to a broader range of LSDs in the near future.

The LSDs in which autophagy has been studied to date include Multiple Sulfatase Deficiency (MSD), Mucopolysaccharidosis Type IIIA (MPS IIIA), G_{M1}-Gangliosidosis, Pompe Disease (PD), Niemann-Pick Disease Type C (NPC), Neuronal Ceroid Lipofuscinosis (NCL), Mucopolysaccharidosis Type IV, and Danon Disease. A variety of available methods have been adapted to monitor autophagy in LSDs, which now compose an arsenal of general techniques. We will first describe these general techniques, providing references for their application to LSDs. We will then focus on the diseases themselves and highlight some of the less commonly used methods (referred to as specific techniques) employed to study them.

2. General Techniques to Monitor Autophagy in LSDs

2.1. Lysosomes and associated vesicular pathways

2.1.1. Vesicular markers—Several membrane proteins are particularly useful in the study of vesicle morphology and distribution. Microtubule-associated protein 1 light chain 3 (LC3) exists in the cytoplasm as a soluble form (LC3-I). A phosphatidylethanolamine (PE)-conjugated form of LC3 (LC3-II) is associated with the phagophore and the inner autophagosomal membrane and is a highly specific marker for these structures (Kabeya *et al.*, 2000). Upon fusion with the lysosome, LC3-II on the inner autophagosomal membrane is degraded (Xie and Klionsky, 2007). LC3-I and II can be distinguished based on their migration in an SDS-PAGE gel (see the chapter by Kimura *et al.*, in this volume). The LC3-II:LC3-I ratio, as determined by western blotting, is a commonly used measure of autophagosome levels (Cao *et al.*, 2006; Koike *et al.*, 2005). Recently it has been noted that a more accurate standardization may be achieved by comparing LC3-II levels to other internal controls (Klionsky *et al.*, 2008; Liao *et al.*, 2007; Settembre *et al.*, 2008a). Staining cells or tissues with anti-LC3 antibodies indicates the steady state level of autophagosomes. Additional methods include transfection of diseased cells with GFP-LC3 (Cao *et al.*, 2006; Gonzalez-Polo *et al.*, 2005), as well as generation of GFP-LC3 transgenic mice on an LSD background (Koike *et al.*, 2005) (also see the chapter by N. Mizushima in volume 452).

Other vesicular markers have also proven useful in studying LSD pathology. Cathepsins are lysosomal proteases that can serve as markers for the lysosomal lumen (Tanaka *et al.*, 2000), and LAMP-1 and LAMP-2 are transmembrane proteins localized specifically to lysosomal

membranes. Double labeling with LAMP-1 and LC3 antibodies has been used in fibroblasts (Raben *et al.*, 2003; Settembre *et al.*, 2008a) and brain (Koike *et al.*, 2005) to quantify autolysosomes as a surrogate measure of the efficiency of autophagosome/lysosome fusion. Late endosomes stain positive for both LAMP-1 and the cation-independent mannose-6-phosphate receptor (CI-MPR), whereas early endosomes are marked by both rab5 and early endosome antigen 1 (EEA1) (Fukuda *et al.*, 2006b). Structural information obtained with these markers complements functional studies of endocytosis (see subsequently).

As an alternative to immunological methods, autophagosomes have been visualized with the autofluorescent drug monodansylcadaverine (MDC). Cells are incubated with MDC and examined via fluorescence microscopy (Jennings *et al.*, 2006) (also see the chapter by Vázquez and Colombo in volume 452). In addition, MDC-labeled cells can be lysed, and a solution of ethidium bromide added to the lysate to normalize for cell number by measuring DNA fluorescence (Pacheco *et al.*, 2007). Concerns have been raised, however, that MDC is not completely specific for autophagosomes; this technique is thus best employed in combination with other methods of autophagosome detection (Klionsky *et al.*, 2008).

LysoTracker is a fluorescent dye that preferentially accumulates in vesicles with an acidic pH. LysoTracker staining can be used to detect abnormalities in vesicular pH (Eskelinen *et al.*, 2004) and to examine the efficiency of autophagosome/lysosome fusion in live cells (Gonzalez-Polo *et al.*, 2005). It is important to note that as a weakly basic amine, LysoTracker may cause lysosome alkalinization. Thus, in studies of live cells, images should be taken shortly after staining to reduce this effect. LysoTracker-stained cells can also be fixed in paraformaldehyde followed by mounting in Vectashield mounting medium without significant loss of fluorescent signal (Cao *et al.*, 2006).

2.1.2. Electron microscopy (EM)—Autophagosomes are typically identified with EM by the presence of a double membrane, and are often classified as AVi (immature vesicles, containing undegraded cellular material) and AVd (mature vesicles, containing partially degraded identifiable cellular material) (Eskelinen *et al.*, 2002, 2004; Koike *et al.*, 2005; Tanaka *et al.*, 2000). This classification has recently drawn criticism, however, as autophagosome maturation is now seen as a gradual process characterized by numerous intermediate states (Klionsky *et al.*, 2008) (also see the chapter by Ylä-Anttila and Eskelinen in volume 452). Morphometric analysis offers a quantitative interpretation of EM images. With this technique, several EM image frames are scored for the number of various vesicular structures present (double membrane, multivesicular, multilamellar, and multidense bodies were categories used in one study of neuronal ceroid lipofuscinosis (Cao *et al.*, 2006)). The combination of EM and immunogold labeling can facilitate identification of vesicles that are difficult to distinguish in conventional EM. In a mouse model of Pompe disease, for example, this technique was used to characterize non-contractile inclusions in muscle as LAMP-1-positive (Fukuda *et al.*, 2006b).

2.1.3. Subcellular fractionation—Many of the techniques described previously can also be applied to subcellular fractions isolated from tissues, allowing for more specific and detailed analysis of autophagosomes and other vesicle types (for example, see the chapter by Kaushik and Cuervo in volume 452). In studying LSDs, fractionation has been performed on brain (Liao *et al.*, 2007) and liver (Cao *et al.*, 2006) samples from mice, as well as on cultured fibroblasts (Eskelinen *et al.*, 2004).

1. Mouse brains from wild-type and Npc1^{-/-} (a model of Niemann-Pick type C disease) mice are dissected in ice-cold artificial cerebrospinal fluid (124 mM NaCl, 3 mM KCl, 1.25 mM KH₂PO₄, 3.4 mM CaCl₂, 2.5 mM MgSO₄, 26 mM NaHCO₃, 10 mM D-glucose (Kramar *et al.*, 2004)), followed by homogenization in buffer containing 3

mmol/L imidazole, 250 mmol/L sucrose, 1 mmol/L EDTA, pH 7.4, and protease inhibitors (Sigma, St. Louis, MO).

2. Homogenates are centrifuged for 10 min at 1500×g.
3. The sucrose concentration of the supernatant fraction (postnuclear lysates) is adjusted to 40.6% by the slow addition of 62% sucrose in homogenization buffer-EDTA. The supernatant is then overloaded with 35% and 25% sucrose in the same buffer, and the samples are centrifuged in an SW 55 rotor (Beckman Instruments, Palo Alto, CA) at 14,000×g for 90 min at 4 °C.
4. Following centrifugation, 3 fractions are collected: a late-endosome/lysosome enriched fraction (25% sucrose), an early endosomes-enriched fraction (25%–35% sucrose) and a fraction enriched in plasma membranes (35%–40.6% sucrose). The distribution of particular proteins in these fractions is then determined by western blotting (Liao *et al.*, 2007). The details of the fractionation protocol can be found in de Araujo *et al.*, (2006).

Liver: Cellular fractionation and isolation of autophagic vacuoles have been performed in livers from a mouse model of Juvenile Neuronal Ceroid Lipofuscinosis (Cao *et al.*, 2006). The isolation protocol is a modification (Yu *et al.*, 2005) of the original method described by Marzella *et al.*, (1982). Briefly, the procedure involves the following steps:

1. Mice are starved for 12 h and injected intraperitoneally with 5 mg/100 g of body weight of vinblastine in normal saline (0.9% NaCl) 3 h before sacrificing.
2. Livers are harvested (livers from 4 mice are pooled), homogenized (in 0.25 M sucrose (1:2 wt/vol)), and separated by differential centrifugation to produce a low-speed pellet containing the nuclear fraction and unbroken cells, and a high-speed pellet that is enriched in AVs, lysosomes, and mitochondria.
3. A discontinuous metrizamide gradient is then used to separate the lysosomal fraction, two AV fractions (light AV fraction and heavy AV fraction), and the mitochondrial fraction. Fractions are collected and examined by Western blotting and EM (Cao *et al.*, 2006).

Fibroblasts: Subcellular fractionation has been performed in mouse embryonic fibroblasts obtained from LAMP-1 and LAMP-2 double-deficient mice (Eskelinen *et al.*, 2004). In this case, the lysosome-enriched Percoll gradient fraction is isolated and analyzed with lysosomal markers.

2.1.4. Pharmacological modulation—Pharmacological agents have been used to determine the functional capacity of autophagy in LSDs. Bafilomycin, for example, blocks autophagosome/lysosome fusion by causing lysosomal alkalization. If bafilomycin-treated cells accumulate more LC3-II than untreated cells, this indicates that autophagosome turnover through fusion with lysosomes is occurring to some extent (Settembre *et al.*, 2008a). Similarly, LC3-II accumulation in response to treatment with lysosomal protease inhibitors such as E64 and pepstatin relative to the untreated control indicates that any block in autophagy is not complete (Pacheco *et al.*, 2007) (see the chapter by Kimura *et al.*, in volume 452).

2.1.5. Pathway analysis—Pathway analysis has been used to determine whether an observed increase in the number of autophagosomes is due to an induction of autophagy. The Akt/mTOR pathway, downstream of class I PI3K, and the ERK pathway are known to regulate autophagic activity (Corcelle *et al.*, 2006; Lum *et al.*, 2005; Tassa *et al.*, 2003). Class I PI3K-independent regulation of autophagy has also been observed; in this case, the class III PI3K-

interacting protein Beclin 1 appears to play a major role (Tassa *et al.*, 2003). Western blot quantification of the levels of these proteins has been used in LSDs where abnormal autophagic activity is observed (Cao *et al.*, 2006; Pacheco *et al.*, 2007; Takamura *et al.*, 2008).

2.1.6. Vesicular pH and endocytic trafficking—Several techniques are available for measuring late endosomal/lysosomal pH, which is another key parameter of vesicular functionality.

- i. The assay we utilize in our lab (to measure the lysosomal pH in myoblasts derived from Pompe mice) is based on measuring the ratio of pH-sensitive ORG488 (Oregon Green) or FL (fluorescein) to pH-insensitive TMR (tetramethylrhodamine) fluorescence emissions (Fukuda *et al.*, 2006b).

Procedure:

1. Myoblasts are grown in Dulbecco's modified Eagle's medium (DMEM) supplemented with 20% fetal calf serum, 10% horse serum, 1% chick embryo extract, 100 IU/ml penicillin, and 100 μ g of streptomycin (Invitrogen, Carlsbad, CA).
 2. Cells are split 24 h before the experiments on collagen-coated (0.4%) or poly-D-Lysine chamber slides [Lab-Tek[®] Chamber Slide[™] System, Nunc, Naperville, IL, Cat. No. 154941 (8 well glass slide)] at low density (2.0×10^3 cells/cm²).
 3. Myoblasts are incubated with either a mixture of ORG488 (dextran, Oregon Green[®] 488; Cat. No. D7170) and TMR-conjugated dextrans (which allows pH detection in a range from 4.0 to 5.5; Cat. No. D1868) (1mg/ml each) or FL/TMR-double conjugated dextran (for pH 4.8–6.0) (2 mg/ml) (Cat. No. D1950) (all from Molecular Probes/Invitrogen) for 24 h.
 4. Cells are washed and incubated in dextran-free complete medium (chase) for 2 and 36 h.
 5. Confocal images of cells in serum-free DMEM (Biosource, Rockville, MD) are recorded using the appropriate emission ranges.
 6. The FL/ORG488 over TMR ratio of individual dextran-containing vesicles is used to determine lysosomal pH; TMR acts as an internal control for dye uptake (Maxfield 1989). The calculated ratio is then converted to a pH value by using a calibration curve, which is generated by treating the dextran labeled cells with 1 mM monensin (Cat. No. M5273) and 1 mM nigericin (Cat. No. N7143) (both from Sigma) for 5 min in buffers of pH 4.8 to 6.0 in increments of 0.1–0.2 pH units. Monensin and nigericin are ionophores that neutralize the acidic interior of endosomes/lysosomes without affecting the membrane potential. Acetate buffer (25 mM) is used for pH 4.8 to 5.7, and MES [2-(N-morpholino)ethanesulfonic acid] buffer (25 mM) is used for pH 5.7 to 6.0. Both buffer solutions contain 5 mM NaCl, 115 mM KCl, and 1.2 mM MgSO₄.
- ii. Acridine orange (AO) (solution in water) (Molecular Probes/Invitrogen, Cat. No. A3568), a fluorescent weak base that accumulates in acidic compartments, can be used to visualize lysosomes and to evaluate gross abnormalities in lysosomal pH. Upon entering acidic compartments such as lysosomes, AO becomes protonated and sequestered; AO shows red fluorescence in an acidic environment and green fluorescence in a neutral environment.

We use AO to demonstrate the presence of large alkalinized lysosomes in cultured myotubes from Pompe mice: the cells are loaded with AO (2.5 $\mu\text{g}/\text{ml}$) in DMEM medium for 10 min at 37 °C and analyzed by confocal microscopy (our unpublished data).

AO can also be used to demonstrate a higher than normal acidic environment of lysosomes, as shown in fibroblasts derived from patients with Mucopolipidosis type IV (Soyombo *et al.*, 2006). In this case, the cells are incubated with AO (1 μM for 10 min) in the standard bath solution, containing 140 mM NaCl, 5 mM KCl, 1 mM CaCl₂, 1 mM MgCl₂, 10 mM Hepes, pH 7.4. Increased AO accumulation in the lysosomes resulting in a brighter AO fluorescence indicates that the lysosomes in the diseased cells are over-acidified (Soyombo *et al.*, 2006).

- iii. To evaluate the pH of enlarged lysosomes in myotubes derived from Pompe mice we have also used two LysoSensors: DND-189 (pK_a = 5.2) (Cat. No. L-7535), which fluoresces in an acidic environment (pH \leq 5.2), and DND-153 (pK_a = 7.5) (Cat. No. L-7534), which fluoresces in both an acidic and in a neutral environment (pH \leq 7.5) (both LysoSensors are from Molecular Probes). The cells are incubated with DND-153 or DND-189 (in DMEM medium) at 1 μM for 60 minutes, washed several times with medium and analyzed by confocal microscopy.
- iv. DAMP (N-(3-((2,4-dinitrophenyl)amino) propyl)-N-(3-aminopropyl) methylamine), a nonfluorescent, weakly basic amine that traffics to acidic organelles, can be visualized by staining with anti-dinitrophenol antibodies. This approach, developed by Anderson and Orci (1988) has been used to study vesicular pH in LAMP-2-deficient mice (Tanaka *et al.*, 2000) and in LAMP-1/LAMP-2-deficient fibroblasts (Eskelinen *et al.*, 2004).

To monitor endocytic trafficking to lysosomes, labeled dextran, a fluid-phase endocytic marker, can be used in combination with LysoTracker Red. This approach has been used, for example, in studying autophagy in a mouse model of Juvenile Neuronal Ceroid Lipofuscinosis (JNCL) (Cao *et al.*, 2006; Fossale *et al.*, 2004).

Procedure (Fossale *et al.*, 2004):

1. Neuron-derived JNCL cells are seeded at a density of 3–5 \times 10⁴ cells/well in 4-well chamber slides and grown overnight at 33 °C.
2. Growth medium (DMEM, Gibco BRL) supplemented with 10% fetal bovine serum and 24 mM KCl is exchanged for fresh, pre-warmed medium containing 500 nM LysoTracker Red DND-99 (Cat. No. L-7528) or 1 mg/ml dextran-FITC (Cat. No. D-7178) (both from Molecular Probes/Invitrogen).
3. Cells are incubated at 33 °C for 45 min with LysoTracker or for 15 min with labeled dextran.
4. Cells are then placed on ice, washed for 10 min in ice-cold dye-free medium, and fixed with 4% formaldehyde in PBS for 20 min on ice.
5. Slides are prepared with Vectashield mounting medium (Cat. No. H-1000; Vector Laboratories; Burlingame, CA), and cells are analyzed by confocal microscopy.

2.2. Consequences of Impaired Autophagy in LSDs

2.2.1. Protein turnover—Turnover of long-lived proteins, known substrates of autophagy, has been quantified in a radio-labeled amino acid release assay (Pacheco *et al.*, 2007; Tanaka *et al.*, 2000) (also see the chapter by Bauvy *et al.*, in this volume). In a variation on this procedure, cells are treated with ammonium chloride (20 mM) and leupeptin (0.1 mM) to inhibit

all lysosomal proteolysis, allowing evaluation of the contribution of lysosomal pathways. Similarly, treating cells with the macroautophagy inhibitor 3-methyladenine (3-MA, 10 mM) reveals the contribution of macroautophagic proteolysis. Subtracting the macroautophagic proteolysis from the lysosomal proteolysis yields the contribution of nonmacroautophagic lysosomal pathways (chaperone-mediated autophagy and microautophagy). In these experiments, proteolysis measurements are initiated 1 h after the inhibitors are added and are continued for only 3 additional hours, to avoid possible side effects from lengthy inhibitor treatment (Eskelinen *et al.*, 2004).

2.2.2. Ubiquitinated proteins—Autophagy plays a major role in the degradation of ubiquitinated proteins (Hara *et al.*, 2006; Komatsu *et al.*, 2005, 2006). Western blotting of tissue lysates and subcellular fractions with anti-ubiquitin antibodies reveals defects in autophagic removal of ubiquitinated substrates in several LSDs (Liao *et al.*, 2007; Settembre *et al.*, 2008a). Accumulation of p62/SQSTM1, a protein that binds both ubiquitinated substrates and LC3 (Pankiv *et al.*, 2007), is an indicator of defective autophagy (Settembre *et al.*, 2008a).

2.2.3. Cell viability—*In vitro* models of LSDs are particularly well suited for cell viability assays. Multiple methods are available to assess cell viability. For example, viability can be measured using the vital dye, propidium iodide (PI; Sigma, Cat. No. P4170), which is added to cultured cells at a concentration of 1 µg/ml. The cells are then incubated for 10–15 min at room temperature (protected from light), washed and examined by fluorescence microscopy or flow cytometry (PI is excluded from viable cells) (Gonzalez-Polo *et al.*, 2005). Cell viability in a cerebellar cell model of juvenile neuronal ceroid lipofuscinosis was measured using the Cell-Titer-96 Aqueous Non-Radioactive Cell Proliferation Assay (Promega, Cat. No. G5421), according to the manufacturer's specifications (Cao *et al.*, 2006; Fossale *et al.*, 2004).

The viability of wild-type and LSD cells can be measured after induction of autophagy by starvation (Gonzalez-Polo *et al.*, 2005) or by oxidative stress following the addition of varying concentrations of hydrogen peroxide as a stressor (Fossale *et al.*, 2004). The effects of autophagic inhibitors (3-MA) and stimulators (rapamycin) on cell survival can be examined (Cao *et al.*, 2006). These compounds may also be administered in combination with a stress-inducing agent (for example, paraquat for oxidative stress (Takamura *et al.*, 2008)) to further elucidate the role of autophagy in LSD pathology.

2.3. Mitochondrial Abnormalities

The mitochondrial-lysosomal axis theory of aging postulates that oxidized material accumulates in lysosomes as cells age, which results in decreased degradative capacity of lysosomes (Terman and Brunk 2006). The autophagic/lysosomal pathway is the major route of destruction for damaged mitochondria (potent generators of reactive oxygen species); therefore, mitochondria accumulate and subject cells to increasing oxidative stress when autophagy is dysfunctional. Investigating the condition of mitochondria is thus highly relevant in LSDs where autophagy may be impaired (Kiselyov *et al.*, 2007).

2.3.1. Mitochondrial markers—Mitochondria can be visualized with antibodies against grp75, a chaperone protein that localizes to the inner mitochondrial membrane (Fossale *et al.*, 2004), as well as with the fluorescent dye 123 rhodamine (Jennings, Jr. *et al.*, 2006). Immunostaining with grp75 antibody is performed on fixed cells, whereas fluorescence experiments are done on live cells, and in both cases the standard procedures can be followed. MitoTracker Red is also used in studies of LSDs (Takamura *et al.*, 2008). This compound offers the advantage of being retained in mitochondria even after membrane potential is lost during fixation, although initial labeling does require intact membrane potential (Poot *et al.*,

1996). Several probes, such as MitoTracker Red CMXRos or MitoTracker JC-1 (Molecular Probes) can be used for mitochondrial labeling of cells according to standard techniques (Takamura *et al.*, 2008).

EM and transfection with the mitochondrial marker mt-DsRed may also be employed to visualize mitochondria (Fossale *et al.*, 2004; Gonzalez-Polo *et al.*, 2005; Settembre *et al.*, 2008a). Mitochondrial fragmentation is observed in LSD models (Jennings, Jr. *et al.*, 2006; Takamura *et al.*, 2008). Cytochrome *c* oxidase subunit IV (*cox4*) is an abundant protein in mitochondria, and Western blotting for *cox4* can be used to detect mitochondrial aberrations (Settembre *et al.*, 2008a).

2.3.2. Membrane potential—To assess the functional condition of mitochondria, the mitochondria-specific, voltage-dependent dye DiOC₆ can be employed. This positively charged fluorescent probe accumulates only in mitochondria with a strongly negative membrane potential. The approach has been used, for example, to demonstrate the presence of dysfunctional mitochondria in Multiple Sulfatase Deficiency (MDS); the experiments have been done *in vitro*, in mouse embryonic fibroblasts (MEFs) derived from wild type and MDS mice (Settembre *et al.*, 2008a). The procedure includes treatment of PBS-washed cells with DiOC₆ dye (Sigma; 40nM) and 1μg/ml propidium iodine for 15 min at 37 °C followed by flow cytometry, which identifies the percentage of cells in which mitochondrial membrane potential has been lost (Gonzalez-Polo *et al.*, 2005; Settembre *et al.*, 2008a). MitoTracker JC-1, another probe that accumulates in mitochondria, is also used to measure mitochondrial membrane potential. The procedure involves incubation of cultured cells with the MitoTracker probe followed by imaging using confocal microscopy: for example, primary cultured astrocytes from β-galactosidase knockout mice (a model of G_{M1}-gangliosidosis) grown on coverslips in Hanks' balanced solution were loaded with 3μM MitoTracker JC-1 (Molecular Probes) for 20 min at 37 °C. In mitochondria with weak membrane potential, JC-1 monomers give off green fluorescence. In mitochondria with high membrane potential, however, the probe accumulates and forms aggregates that give off red fluorescence (Takamura *et al.*, 2008).

2.3.3. ATP synthase subunit *c* accumulation—Autophagy is the major cellular pathway responsible for recycling aging mitochondria. Thus, it is expected that mitochondrial proteins will accumulate in autophagy-deficient cells. Accumulation of the mitochondrial ATP synthase subunit *c* has been detected by Western blotting and/or immunostaining in patients' samples and in animal models in several LSDs (Cao *et al.*, 2006; Elleder *et al.*, 1997; Koike *et al.*, 2005). Both immunoblot and immunostaining are performed according to standard procedures.

3. LSDs Analyzed for Autophagic Involvement

3.1. Lysosomal Hydrolase Deficiencies

3.1.1. Multiple sulfatase deficiency (MSD) and mucopolysaccharidosis Type IIIA (MPSIIIA, Sanfilippo A)—Multiple sulfatase deficiency (MSD) is caused by defects in sulfatase modifying factor 1 (SUMF1), the only enzyme responsible for an essential post-translational modification of sulfatases (Cosma *et al.*, 2003; Dierks *et al.*, 2003). The deficiency results in a profound reduction in the activity of all sulfatases, leading to massive lysosomal storage of sulfated glycosaminoglycans and sulfolipids (Hopwood and Ballabio, 2001). Deficiencies of individual sulfatases cause six separate lysosomal storage diseases (LSDs), including MPS IIIA [sulfamidase (Heparan N-sulfatase) deficiency]. The phenotype of MSD patients combines all features observed in individual sulfatase deficiencies, including progressive neurodegeneration, developmental delay, visceromegaly, and skeletal involvement.

Model systems: *Sumf1* knockout (KO) mice were developed as an animal model of MSD (Settembre *et al.*, 2007). Two natural murine models are available for MPSIIIA (Bhattacharyya *et al.*, 2001; Bhaumik *et al.*, 1999). Mouse embryonic fibroblasts (MEF) have been derived from both MSD and MPSIIIA mice and embryonic liver macrophages (ELM) from the MSD model. Both cell types demonstrate lysosomal storage pathology (Settembre *et al.*, 2008a,b).

General techniques: Several general techniques have been applied to detect an increase in the number of autophagosomes *in vivo*, specifically in the brains of MSD mice (Settembre *et al.*, 2008a,b). Immunoblotting and immunofluorescence reveal elevated LC3-II levels and an increased number of LC3-positive vesicles in brain. EM shows abundant early/immature autophagic vacuoles in cerebellum and cerebral cortex sections, suggesting a defect in autophagosome maturation. The development of adequate tissue culture models, MEFs and ELMs derived from MSD mice, facilitates analysis of the autophagic defect. Reduced co-localization of LAMP-1 and LC3, observed by confocal microscopy in starved and non-starved MEFs, is an indication that a block in autophagosomal-lysosomal fusion, rather than induction of autophagy, may be responsible for the increased number of autophagosomes. The *in vitro* system also makes possible assessment of the degree of the autophagic block: treatment of MEFs with bafilomycin A₁, a known inhibitor of autophagosomal-lysosomal fusion or lysosomal hydrolase activity, increases LC3-II levels. This finding indicates that the defect in fusion is partial rather than complete (Settembre *et al.*, 2008a,b).

Specific techniques: The functional consequences of the autophagic block in MSD and MPSIIIA are analyzed by several approaches (Settembre *et al.*, 2008a,b).

- a. The ability of MEFs and ELMs to degrade exogenous substrates of autophagy was tested. Mutant huntingtin (involved in Huntington disease) and alpha-synuclein (involved in familial Parkinson's disease) are two such substrates. Mutant Gln74Q74 huntingtin (which encodes the first exon of huntingtin with 74 glutamine repeats) or A53T alpha-synuclein were fused with GFP and transiently expressed in MEFs and ELMs. The increased accumulation of GFP-fused mutant proteins in MSD cells was examined by western blot analysis with anti-GFP antibody, and an increase in the number of GFP-Q74 aggregates was monitored by immunofluorescence.
- b. The accumulation of endogenous substrates, such as ubiquitinated proteins, p62/SQSTM1, and mitochondria was monitored. Immunohistochemical staining, immunofluorescence, and western analyses were used to demonstrate the progressive age-dependent accumulation of ubiquitin-positive inclusions in the cerebral cortex and other regions of the MSD brain. Double-staining with NeuN, a neuronal marker, was used to show that these inclusions are located in MDS neurons. Immunofluorescence with anti-ubiquitin and anti-p62/SQSTM1 antibodies showed significant colocalization of p62/SQSTM1 with polyubiquitinated proteins in the diseased brain.
- c. Mitochondrial number and function were analyzed. EM of brain sections and MEFs as well as immunoblotting with anti-cox4 demonstrated an increased number of mitochondria. A significant reduction in mitochondrial membrane potential in MSD, measured by using a mitochondria specific voltage-dependent dye (DiOC₆) was observed in both the normal and starved condition.

Thus, lysosomal dysfunction in MSD and MPSIIIA is associated with impairment in autophagosomal-lysosomal fusion and a consequent block in autophagy. The reduced capacity of lysosomes to degrade the autophagic cargo results in accumulation of damaged mitochondria and polyubiquitinated protein aggregates, the putative mediators of neuronal cell death in these two disorders and possibly in other LSDs (Settembre *et al.*, 2008a).

3.1.2. G_{M1}-gangliosidosis—G_{M1}-gangliosidosis (Norman-Landing Disease) is caused by a deficiency of the lysosomal enzyme acid beta-galactosidase-1 (β -gal), which hydrolyzes the terminal beta-galactosidic residue from G_{M1} ganglioside and other glycoconjugates. The deficiency results in the generalized accumulation of G_{M1} ganglioside and other enzyme substrates, including glycolipid G_{A1}, oligosaccharides, and intermediates of keratan sulfate degradation. The clinical manifestations of G_{M1}-gangliosidosis include visceromegaly, skeletal dysplasias, and severe progressive central nervous system damage. A deficiency in the same beta-galactosidase is also the primary defect in mucopolysaccharidosis type IVB (MPSIVB, Morquio disease), in which keratan sulfate is the predominant storage material. No neurological involvement is seen in MPSIVB.

The data on autophagy in G_{M1}-Gangliosidosis have been presented in one publication so far (Takamura *et al.*, 2008).

Model systems: A knockout mouse model with the neurological phenotype of human G_{M1}-gangliosidosis is available (Itoh *et al.*, 2001; Matsuda *et al.*, 1997). Primary culture of astrocytes from the murine model has also been utilized.

General techniques: Several general methods were used to demonstrate the increase in autophagy in G_{M1}-gangliosidosis (Takamura *et al.*, 2008). Immunoblotting and immunofluorescence revealed an increase in the LC3-II level in brains of β -gal^{-/-} mice, particularly in the sites of neuronal death, the cerebellum and brain stem. Immunofluorescence also revealed the colocalization of LC3 and G_{M1} ganglioside. Induction of autophagy was associated with increased expression of Beclin 1 in both brain lysates and cultured astrocytes from beta-gal^{-/-} mice.

Specific techniques: A number of specific methods were used to address the question of mitochondrial involvement.

- a. Measurement of cytochrome *c* oxidase activity in brains from β -gal^{-/-} mice revealed decreasing mitochondrial functionality, paralleling disease progression. Mitochondrial isolation kit and mitochondrial activity kit (both from BioChain Institute, Inc., Hayward, CA USA) are used to isolate mitochondria from the mouse brain and cultured astrocytes and to determine the activity of cytochrome *c* oxidase (Takamura *et al.*, 2008). Confocal microscopy and mitochondrial membrane potential measurement with MitoTracker JC-1 staining showed abnormally small fragmented or circulated mitochondria with a reduced membrane potential in beta-gal^{-/-} primary astrocytes.
- b. The functional relevance of the observed mitochondrial dysfunction to cell death was addressed by subjecting primary astrocytes to oxidative stress (the cells were cultured with 250 μ M paraquat (Cat. No. 160-08871; Wako Pure Chemical Industries, Ltd, Tokyo, Japan) for 24 h. Beta-gal^{-/-} astrocytes die at an increased rate compared to wild-type cells as shown by lactate dehydrogenase (LDH) cytotoxicity assay. LDH is a soluble cytosolic enzyme that is released into the culture medium if the integrity of the cellular membrane is lost. LDH activity (LDH Cytotoxicity Assay Kit; Cayman Chemical, Ann Arbor, MI, Cat. No. 10008882) in the medium can be used for evaluation of cytotoxicity caused by chemical compounds. Addition of ATP and 3-MA, inhibitors of autophagy, to paraquat treated β -gal^{-/-} astrocytes results in decreased cell death. The addition of rapamycin, an inducer of autophagy, has no effect on cell survival.

Thus, in G_{M1}-gangliosidosis there is evidence of mitochondrial abnormalities and activation of autophagy, both being age-dependent, and paralleling the degree of neurodegeneration.

3.1.3. Pompe disease (PD)—Pompe disease (Glycogen Storage Disease type II) is caused by a deficiency of acid alpha-glucosidase (GAA), the enzyme responsible for degradation of glycogen to glucose in the lysosome. Lysosomal retention of glycogen occurs in all tissues. Unlike many other LSDs, PD is not known to be a neurodegenerative disease, and the major pathology is observed in cardiac and skeletal muscle. In the most severe cases, any possible neurological involvement may not be detected due to early mortality, which occurs within 1 or 2 years of life. Studies in animals and autopsy results clearly indicate that lysosomal glycogen does accumulate in the CNS. Thus, latent neurological manifestations may eventually come to light as enzyme replacement therapy prolongs the lives of infantile patients.

Since our group has studied the role of autophagy in PD, more detailed descriptions of methods we have used are included.

Model systems: $GAA^{-/-}$ mice and myoblasts derived from these mice have been studied (Fukuda *et al.*, 2006b; Raben *et al.*, 1998). In addition, myoblasts and myotubes, as well as muscle biopsies, from patients with Pompe disease were analyzed (Raben *et al.*, 2007).

General techniques: Conventional transmission electron microscopy remains the most reliable technique to visualize autophagic vacuolization in skeletal muscle in Pompe disease as well as in other disorders affecting muscle. One of the intrinsic pitfalls of EM in Pompe disease is that lysosomal glycogen is often lost during processing leaving large empty spaces in the EM images. The following fixation method can be used to preserve lysosomal glycogen for EM (as recommended by Dr. Andrew Engel). We have used this protocol for EM of $GAA^{-/-}$ mice, but it can also be used to analyze human muscle biopsy.

- i. The mouse is euthanized, placed on a platform, and dissected to expose muscle. In mice white gastrocnemius, externum digitorum longus (EDL), tibialis anterior (TA) and psoas muscles are a good source of fast-twitch glycolytic type II fibers, whereas soleus muscle is a good source of slow-twitch oxidative type I fibers.
- ii. Immediately after dissection, the clamped muscles are injected with ice-cold 5% glutaraldehyde (Cat. No. 16220; Electron Microscopy Sciences, Hatfield, PA) buffered with 0.1M sodium phosphate, using a 27-gauge hypodermic needle. (A commonly used fixation in 3% EM grade glutaraldehyde buffered with 0.1M sodium cacodylate buffer results in a significant loss of lysosomal glycogen.) Clamps suitable for mouse muscle can be obtained from Fine Science Tools, Inc. (Cat. No. 00396-01; North Vancouver, British Columbia, Canada). Ice-cold buffered glutaraldehyde can also be injected into the selected muscle *in situ* so that the muscle is first fixed for at least several minutes in its natural setting.
- iii. The clamped muscles are then removed, pinned at rest length (or slightly extended) on a Sylgard-coated plate (preparation of Sylgard-coated plates are described at the end of this protocol), and kept immersed in the same fixative for 2 h. The clamps can be removed once the muscle is pinned.
- iv. The muscles are divided into small blocks, rinsed and kept in ice-cold 0.1M sodium phosphate buffer overnight.
- v. Small blocks of muscle are then cut, osmicated and dehydrated before Epon embedding according to standard procedures.

To preserve microtubules, room temperature fixative should be used, but some glycogen may be lost. EM reveals the presence of large autophagic areas in predominantly Type II-rich muscle derived from $GAA^{-/-}$ mice (Fukuda *et al.*, 2006b).

Preparation of Sylgard dissection plates: (Sylgard 182 Silicone Elastomer kit; Robert McKeown Company, Branchburg, NJ, Cat. No. 1821.1):

- a. Mix 1 vol of curing agent in 10 vol of silicone elastomer in a plastic disposable container; stir slowly to avoid bubbles.
- b. Pour the solution into small tissue culture dishes (Cat. No. 353002; Becton Dickinson Labware, Franklin Lakes, NJ); approximately 5 ml of the solution is needed for one dish.
- c. The plates are then allowed to sit un-covered for 48 h for the Sylgard to polymerize.
- d. Note, that if needed (for example, for culturing of live single muscle fibers) the procedure can be done under sterile conditions in a tissue culture hood.

Specific techniques: Autophagy in skeletal muscle can be detected by immunostaining of single fixed muscle fibers. The fixation for immunostaining is quite different from that for EM; the protocol was originally described by Ploug *et al.* (1998) and Ralston *et al.* (1999).

1. 2% paraformaldehyde in 0.1 M sodium phosphate buffer:
 - a. 4% paraformaldehyde: mix 10ml of 16% paraformaldehyde (Cat. No. 15710; Electron Microscopy Sciences, Fort Washington, PA) and 30 ml of H₂O.
 - b. 0.2 M phosphate buffer, pH 7.2: mix 13.6 ml 1 M Na₂HPO₄ and 6.32 ml 1 M NaH₂PO₄, add H₂O up to 100 ml.
 - c. Mix equal volumes of 4% paraformaldehyde and 0.2 M phosphate buffer, pH 7.2.
2. Sylgard Silicone Elastomer kit (see above).
3. Methanol (stored at -20 °C).
4. PBS (1X).
1. Muscle samples are removed immediately after sacrifice from wild-type and GAA^{-/-} mice, pinned to a Sylgard-coated dish, and submerged in 2% paraformaldehyde in 0.1 M phosphate buffer for 1 h for fixation at room temperature.
2. Samples are gently blotted using a paper towel, rinsed in PBS, and cleaned of any extraneous material under a dissecting microscope.
3. After cleaning each sample, muscles are blotted again, transferred into tubes containing cold methanol, and placed at -20 °C for 6 min. We recommend using a 24-well plate when multiple muscles from several mice are analyzed.
4. Samples are again rinsed with PBS; make sure that the muscle is fully submerged in PBS.
5. Samples may be used immediately or stored. For storage, samples are placed in 50% glycerol at 4 °C for 1 day and then moved to -20 °C. For immediate use, samples are placed in PBS at 4 °C.

The methanol step is important for immunostaining with some antibodies (for example, anti-alpha-tubulin for staining of the microtubules). However, LAMP and LC3 immunostaining works well on single muscle fibers fixed in paraformaldehyde alone.

1. 4% saponin stock solution (100×); keep at -20°C in aliquots; once defrosted the solution is stable for approximately 1 week at 4°C .
 2. Sylgard-coated plates.
 3. 10% Triton X-100 in PBS stock solution.
 4. Vector M.O.M. Immunodetection Kit (Vector Laboratories, Burlingame, CA). This kit is specifically designed for immunodetection using mouse monoclonal or polyclonal primary antibodies on mouse tissues (including muscle). We routinely use the reagents contained in the kit (blocking buffer and diluent for primary and secondary antibodies) for all immunostaining of single muscle fibers.
 5. Hoechst 33342 (Cat. No. H21492; Invitrogen, Carlsbad, CA). The solid dye may be dissolved in PBS to make concentrated stock solutions of 0.1 mg/ml. Stock solutions may be stored frozen, protected from light.
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1. Fixed muscle stored at -20°C in a 50% solution of glycerol in PBS must be gradually transitioned to lesser concentrations of glycerol (first 25% glycerol then 12% glycerol for at least 10 min each). When transitioning and for all other steps, muscle bundles should be held at the ends with tweezers.
 2. Muscle bundles are placed in a puddle of 0.04% saponin in PBS on a Sylgard-coated plate under a dissecting microscope. Fibers are then gently pulled apart from muscle bundles with the finest available tweezers (we use tweezers from Dumont, Switzerland, Cat. No. RS-4905). Make sure the fibers stay wet at all times.
 3. Once isolated, fibers are transferred to a well of a 24-well plate (approximately 20 fibers per well) containing blocking solution (prepared according to the manufacturer's instructions). We add 0.2% Triton X-100 to the blocking solution to make the myofiber membranes more permeable. The effect of Triton X-100 is irreversible, so there is no need to have it in any subsequent solutions. The fibers tend to stick to the tweezers, so be wary of that when placing them in the well.
 4. Fibers are incubated in the blocking solution for at least an hour.
 5. Under the microscope, the blocking solution is removed from the wells using a 200- μL pipette.
 6. 500 μL of diluent solution (M.O.M. kit) is added immediately.
 7. Fibers are incubated at 4°C on a shaker overnight with primary antibody in diluent (dilution is antibody-specific). More than one antibody may be used.
 8. Fibers are washed twice for 10–15 min in PBS on a shaker.
 9. PBS is removed and 500 μL of diluent are added to each well. Samples are allowed to incubate in secondary antibody and diluent at room temperature for 2 h. The fibers should be protected from light to avoid a loss of fluorescence due to photobleaching.
 10. Fibers are washed twice with PBS for 10–15 min. Hoechst staining for nuclei can be added to the first wash to a final concentration of 0.5 $\mu\text{g}/\text{ml}$ (a 200× dilution of the stock).
 11. Fibers are mounted on a slide in Vectashield mounting medium (Vector Laboratories, Burlingame, CA; catalog No. H-1000). Using the microscope to view the well, fibers are transferred to a drop of Vectashield on a slide. The slide is placed under the microscope and fibers are dragged out of the drop and lined up next to each other. A coverslip is gently and evenly placed over the fibers and the Vectashield, so that the Vectashield spreads evenly under the cover slip. Excess Vectashield is removed

(remove as much of the mounting medium as possible) and the cover slip is sealed in place with nail polish.

12. Fibers are analyzed by confocal microscopy.

Immunostaining of muscle fibers isolated from GAA^{-/-} mice with LAMP-1 (rat anti-mouse LAMP-1; BD Pharmingen, San Diego, CA; Cat. No. 553792) and LC3 (rabbit anti-LC3; Sigma, Cat. No. L7543) antibodies reveals lysosomal enlargement in all fibers and massive autophagic vacuolization in glycolytic fast muscle. The integrity of late endosomal/lysosomal and autophagosomal vesicles in the affected fibers is lost as the disease progresses in older animals. The autophagic buildup appears to disrupt muscle architecture, indicating that the failure of autophagy contributes to the pathology of Pompe disease along with enlargement of glycogen-filled lysosomes (Fukuda *et al.*, 2006a,b; Raben *et al.*, 2007). Functional consequences of the autophagic failure in skeletal muscle can be evaluated by immunostaining of the fibers with antibodies specific for ubiquitin-protein conjugates [mouse monoclonal FK1 (Cat. No. PW8805) and FK2 (Cat. No. PW8810) antibodies; BIOMOL International, L.P., Philadelphia, PA)] as well as for p62/SQSTM1 (mouse monoclonal, Santa Cruz Biotechnology, Inc., Santa Cruz, Cat. No. sc-28359).

3.2. Defects in Transmembrane Proteins

3.2.1. Niemann-Pick type C (NPC)—NPC is a fatal early-onset progressive neurodegenerative disorder that mainly affects children. The vast majority of cases are caused by mutations in the *NPC1* gene (Carstea *et al.*, 1997), which encodes a membrane-spanning protein that functions in late endosomes to promote lipid sorting and vesicular trafficking. The remaining cases are due to mutations in the *NPC2* gene (Naureckiene *et al.*, 2000), which encodes a cholesterol-binding late endosomal luminal protein. NPC is an example of a disease in which both the accumulation of undegraded compounds (cholesterol and other lipids) and the deficiency of metabolic products normally derived from the stored material, such as oxysterols, play a key role in the pathogenesis (Frolov *et al.*, 2003; Walkley, 2007). The major pathology occurs in liver, spleen, and the CNS.

Model systems: Two spontaneous mouse models of NPC are available: C57BLKS/J *spm* (Miyawaki *et al.*, 1982) and BALB/c *npc1^{nih}* (Pentchev *et al.*, 1980). Both contain mutations in the *NPC1* gene and show progressive loss of cerebellar Purkinje cells (PC) and early decline in glia in the corpus callosum (Loftus *et al.*, 1997). Autophagy was studied in a different NPC mouse model, termed aggregation chimeras, which was generated by fusing the embryos of NPC KO mice and transgenic mice with ubiquitous GFP expression. In these chimeric NPC mutant mice, wild-type cells were GFP positive, whereas mutant NPC cells were not. The contribution from wild-type cells ranged from 11–61%. The ongoing death of mutant NPC cells surrounded by wild-type cells established the cell-autonomous nature of neuronal loss, pointing to the involvement of intracellular pathways, such as autophagy (Ko *et al.*, 2005). Human fibroblasts from patients with the disease have also been used (Pacheco *et al.*, 2007). The importance of choosing an adequate model system was emphasized by studies in NPC-deficient mutant CT60 Chinese hamster ovary cells. Although these cells were capable of responding to autophagic stimuli, they did not faithfully replicate the disease pathology in terms of autophagic abnormalities (Ko *et al.*, 2005).

General techniques: An increase in autophagy in chimeric mice and primary human fibroblasts was shown by ultrastructural detection of autophagic vacuoles, immunoblotting and immunofluorescence analysis of LC3, measurement of protein degradation, and analysis of the mTOR signaling pathway (Bi and Liao 2007; Ko *et al.*, 2005; Pacheco *et al.*, 2007). Numerous inclusion bodies and membranous vacuoles with double-membranes or multilamellar electron-dense material were observed in the affected brain by EM (Bi and Liao 2007). The fact

that LC3-II levels in human fibroblasts are increased by treatment with lysosomal protease inhibitors E64D and pepstatin A indicates that autophagosomal-lysosomal fusion is occurring (Pacheco and Lieberman, 2007; Pacheco *et al.*, 2007). The progression of neuronal degeneration was associated with a dramatic increase in LC3-II levels in brains of chimeric mice (Ko *et al.*, 2005), enhanced protein turnover in NPC fibroblasts, and upregulation of Beclin1 (but no change in activity of Akt, mTOR, or p70 S6K) in mouse tissues and human fibroblasts (Pacheco and Lieberman, 2007; Pacheco *et al.*, 2007). SiRNA down-regulation of Beclin 1 reversed the increased protein turnover in NPC-deficient cells (Pacheco and Lieberman, 2007; Pacheco *et al.*, 2007). LC3-labeled autophagosomes accumulated within filipin-labeled cholesterol clusters inside Purkinje cells (Bi and Liao, 2007).

Specific techniques: Particular aspects of this pathogenetically complex disease are addressed by a number of tailored approaches. These approaches include:

- a. Identification of the substrate responsible for autophagic induction by pharmacological means. This is done by exposing the NPC1-deficient cells to *N*-butyl-deoxygalactonojirimycin (NB-DGJ, Toronto Research Chemicals, Cat. No. B690500), a compound used in substrate deprivation therapy for glycosphingolipid disorders, and by exposing control fibroblasts to the U18666A (Sigma, Cat. No. U3633), a compound known to inhibit cholesterol transport and to induce an accumulation of unesterified cholesterol (reviewed in (Koh and Cheung, 2006)). A decrease in glycosphingolipid level in the NPC1-deficient fibroblasts by treatment with NB-DGJ (Vruchte *et al.*, 2004) did not affect the levels of LC3 or Beclin 1. In contrast, U18666A, increased both LC3 and Beclin 1 in control fibroblasts, indicating that elevated autophagy in NPC cells is a result of altered lipid trafficking and not glycosphingolipid accumulation (Pacheco and Lieberman, 2007; Pacheco *et al.*, 2007).
- b. Investigation of the role of Beclin 1 in the induction of autophagy by analyzing a panel of primary fibroblasts derived from patients with several sphingolipid disorders. An increase in Beclin 1 is found in the diseases with abnormal trafficking of sphingolipids (NPC1, NPC2, and Sandhoff disease, a deficiency of both lysosomal hexosaminidase A and B), but not in Gaucher cells, which have proper trafficking (Pacheco and Lieberman, 2007; Pacheco *et al.*, 2007).
- c. Analysis of cathepsin D and B levels in NPC1 KO mice. Western blot analysis, immunohistochemistry, and enzymatic assays revealed increased levels of cathepsin D and B throughout the brains of NPC1 KO mice with the highest increase in the regions that exhibit early and profound neurodegeneration. Immunoblotting of fractionated brain homogenates revealed high levels of ubiquitinated proteins, cathepsin D and rab7 (a protein involved in vesicle maturation) in the late endosomal/lysosomal fraction (Bi and Liao, 2007; Gutierrez *et al.*, 2004; Jager *et al.*, 2004; Liao *et al.*, 2007).

Thus, unlike other LSDs, NPC is characterized not by a block but rather an induction of autophagy, which is associated with increased levels of Beclin 1 expression.

3.2.2. Neuronal ceroid lipofuscinosis (Batten disease)—Batten disease belongs to a group of neurodegenerative disorders called the neuronal ceroid lipofuscinoses (NCLs), the most common causes of neurodegeneration among children. There are at least seven known genes that, when mutated, cause human NCL, including Cathepsin D (CD) (Mole, 2004; Shacka and Roth 2007; Siintola *et al.*, 2006; Steinfeld *et al.*, 2006). A major pathological hallmark is the accumulation of lipofuscin and ceroid, a lipofuscin-like lipopigment, in the lysosomes of neurons and other cell types. Most of the NCLs result in the lysosomal

accumulation of subunit *c* of the mitochondrial ATP synthase, which requires cathepsin D for turnover in the lysosome (Ezaki *et al.*, 2000). Mutations in the *CLN3* gene encoding battenin cause juvenile onset NCL (JNCL, Batten disease), which is the most common among NCLs. Battenin is a late endosomal/lysosomal multipass transmembrane protein implicated in membrane trafficking and mitochondrial function. The majority of JNCL patients share a founder mutation: a deletion of exons 7–8 in *CLN3*. Clinical manifestations include visual failure, seizures, and progressive physical and mental decline associated with massive loss of cortical neurons.

Model systems: Autophagy was studied in cathepsin D knockout and cathepsin B and L double-knockout mice (Koike *et al.*, 2005), which were generated from pre-existing heterozygous lines. The neuronal pathology in mouse brains near the terminal stage (less than one month) is highly reminiscent of NCL pathology: progressive accumulation of undigested lipopigment and proteins including subunit *c* of mitochondrial ATP synthase in the affected neurons (Koike *et al.*, 2000, 2005). Transgenic GFP-LC3 mice on cathepsin D knockout background were also developed (Koike *et al.*, 2005). A knock-in mouse model (*Cln3*^{Δex7/8} mice) has also been generated, which replicates the common JNCL mutation in the murine *Cln3* gene (Cotman *et al.*, 2002).

An immortalized cerebellar cell culture model (Cb*Cln3*^{Δex7/8} cells) has been derived from the *Cln3*^{Δex7/8} mice (Fossale *et al.*, 2004). These cells express low levels of mutant battenin and can differentiate into MAP-2 and NeuN-positive, neuron-like cells. At sub-confluent growth, the cells exhibit abnormalities in cathepsin D transport and processing, altered lysosomal size and distribution, abnormally elongated mitochondria, reduced endocytosis, reduction in cellular ATP levels, and decreased survival following oxidative stress. Only when aged at confluency do Cb*Cln3*^{Δex7/8} cells accumulate ATP synthase subunit *c*.

General techniques: For analysis of cathepsin-deficient mice (Koike *et al.*, 2005): Immunoblot revealed a gradual age-dependent increase in LC3-II in brain, and immunohistochemistry showed intense granular staining of LC3 in cortical neurons, as well as strong autofluorescence and immunoreactivity for subunit *c* in neurons and microglia. Double staining with LAMP-1 and LC3 showed some co-localization, but a considerable number of LC3-positive structures were free from LAMP-1, suggesting a defect in autophagosomal maturation. A combination of EM and morphometry was used to evaluate the volume density of autophagosome-like structures, including various types of AVs, dense bodies, granular osmiophilic deposit (GROD)-like inclusions, and fingerprint profiles.

For analysis of knock-in *Cln3*^{Δex7/8} mice (Cao *et al.*, 2006): Increased autophagy in brains of homozygous *Cln3*^{Δex7/8} mice, particularly in regions where ATP synthase subunit *c* accumulates, was shown by immunohistochemistry with anti-LC3 antibody. Western analysis revealed elevated LC3-II/LC3-I ratios in brain from these mice. Reduced levels of phospho-mTOR and phospho-p70 S6 kinase were detected in brains of homozygous *Cln3*^{Δex7/8} mice.

For analysis of Cb*Cln3*^{Δex7/8} cells (Cao *et al.*, 2006): As in brain, elevated LC3-II/LC3-I ratios and reduced levels of phospho-mTOR and phospho-p70 S6 kinase were detected in the mutant cells. Cb*Cln3*^{Δex7/8} cells accumulate subunit *c* only when grown at confluency (as stated above) or when treated with rapamycin (Cao *et al.*, 2006). 3-MA treatment (5–10 mM) resulted in significant cell loss in both wild type and Cb*Cln3*^{Δex7/8} cells; the effect was more pronounced in the mutant cells. 3-MA treatment produced similar results in JNCL patient lymphoblasts.

Specific techniques: Several specific methods were used to demonstrate the disruption of autophagy in knock-in *Cln3*^{Δex7/8} mice and Cb*Cln3*^{Δex7/8} cells (Cao *et al.*, 2006).

- a. Fractions corresponding to autophagosomes, autophagolysosomes, and lysosomes are isolated from liver of *Cln3^{Δex7/8}* and wild-type mice (see previously). These fractions are then analyzed by western blotting and transmission EM. These methods reveal that the autophagosomal and lysosomal fractions from *Cln3^{Δex7/8}* liver contain a significant amount of undigested material including multilamellar membranes and fingerprint-like storage material, neither of which is seen in control livers. In addition, the recovery of subunit *c* is significantly enhanced in the light AV fraction and in the lysosomal fraction of *Cln3^{Δex7/8}* liver. Increases in LC3-II, LAMP1, and cathepsin D are also detected in the light AV fraction from *Cln3^{Δex7/8}* liver.
- b. A combined endocytic uptake and LysoTracker (labels lysosomes and autolysosomes) staining assay was performed in wild-type and *Cln3^{Δex7/8}* cells. Two endocytic dyes were used: the lysine-fixable dextran BODIPY FL (Cat. No. D7168) or dextran Alexa Fluor 488 (Cat. No. D22910) (both from Molecular Probes/Invitrogen). The procedure involves incubation of the cells (seeded at a density of $3\text{--}5 \times 10^4$ /well in 4-well chamber slides in DMEM medium supplemented with 10% fetal bovine serum and 24 mM KCl) with both LysoTracker and the dextran dye (1 mg/ml) at 33 °C for 20–50 min. The labeled cells are then placed on ice, washed for 10 min in ice-cold dye-free medium, fixed in 4% formaldehyde in PBS for 20 min on ice, and analyzed by confocal microscopy (Cao *et al.*, 2006; Fossale *et al.*, 2004).

Stimulation of autophagy with rapamycin (100 nM, 4 h) in these cells up-regulated both endocytic uptake and LysoTracker stain and promoted their co-localization in both wild-type and *Cln3^{Δex7/8}* cells, emphasizing the communication between the autophagic and endocytic pathways. Co-localization, however, was much lower in *Cln3^{Δex7/8}* cells, suggesting impaired trafficking between the endocytic and autophagosomal-lysosomal pathways (Cao *et al.*, 2006).

These experiments led to the proposal of a hypothetical model of the disruption of autophagy in NCL. According to this model, battenin resides on the membranes of late endosomes, lysosomes, and autophagosomes, where it plays a role in autophagosomal maturation and vesicular fusion. Thus, defective battenin would result in nutrient deficiency, up-regulation of autophagy, and accumulation of undegraded substrates, including subunit *c* of ATP synthase. The upregulation of autophagy, however, is unlikely to rescue the cells, since autophagosomal maturation is profoundly impaired (Cao *et al.*, 2006).

3.2.3. Mucopolipidosis (ML): Mucopolipidosis type IV (MLIV) belongs to a group of lysosomal storage diseases characterized by accumulation of membranous lipid inclusions in lysosomes (Bach 2001). The disease is caused by mutations in the gene encoding mucopolipin 1 (TRP-ML1), a member of the TRP family of ion channels. The pathological hallmark is neuromotor retardation. TRP-ML1 is ubiquitously expressed, and the degenerative processes are not limited to the brain but are also documented in cornea, retina, skeletal muscles, pituitary gland, and other tissues. The exact role of TRP-ML1 is still unclear. The protein is thought to be involved in vesicle fusion in the endocytic pathway, and recently TRP-ML1 was shown to control lysosomal pH (Soyombo *et al.*, 2006).

Model systems: Cultured skin fibroblast from MLIV patients have been used to investigate the mitochondrial-autophagosomal axis in mucopolipidoses. Heterozygous (phenotypically normal) fibroblasts from patients' parents served as controls along with MLII and MLIII fibroblasts. In addition to their ready availability, fibroblasts are an attractive model because corneal opacification is a common clinical manifestation of ML, and corneal keratinocytes are similar to fibroblasts in many respects (Jennings, Jr. *et al.*, 2006). *MCOLN1* knockout mice have been recently created, which replicate human MLIV. These mice may be used to study autophagy in the future (Venugopal *et al.*, 2007).

- a. Analysis of mitochondrial appearance in MLIV skin fibroblasts. Fibroblasts from a MLIV patient and a heterozygous control were loaded with MitoTracker Red (Cat. No. M-22425) (1 μ m) or 123-rhodamine (Cat. No. R-22420) (1 μ m) (both from Molecular Probes/Invitrogen) according to standard procedures. Confocal microscopy revealed mitochondrial fragmentation in MLIV fibroblasts. The significance of this finding is underlined by the fact that the same results were obtained in MLII, MLIII, and NCL2 fibroblasts (Jennings *et al.*, 2006).
- b. Pharmacological inhibition of autophagosomal or lysosomal function in control fibroblasts by treatment with bafilomycin (an inhibitor of the lysosomal H⁺ pump), 3-MA, nigericin (an H⁺ ionophore), or ammonium chloride (a lysosome alkalizing agent). These compounds induce mitochondrial fragmentation in control cells. By extension, this suggests that in ML and perhaps other LSDs, a block in the lysosomal/autophagosomal pathway leads to accumulation of fragmented mitochondria (Jennings *et al.*, 2006).
- c. Measurement of mitochondrial Ca²⁺ buffering capacity. MLIV and control fibroblasts are treated with bradykinin (Bk), a Ca²⁺-mobilizing agonist, to increase the level of cytoplasmic Ca²⁺. A fraction of the cytoplasmic Ca²⁺ is taken up by functional mitochondria. By exposing cells to FCCP (the mitochondrial uncoupler, which collapses mitochondrial membrane potential and causes mitochondria to release Ca²⁺), it is possible to quantify the uptake. Cytoplasmic Ca²⁺ is then measured by incubation of the cells with Fura-2AM, a dye that undergoes a shift in excitation maximum upon binding calcium (Jennings, Jr. *et al.*, 2006; Soyombo *et al.*, 2006). Unlike in wild-type cells, no Ca²⁺ release was seen in MLIV or III cells, indicating impaired mitochondrial buffering capacity. Consistent with these data, Rhod2, a fluorescent marker for mitochondrial Ca²⁺, accumulated in control but not MLIV fibroblasts upon bradykinin treatment. FCCP-mediated Ca²⁺ release was eliminated by pretreatment of unaffected cells with 3-MA or bafilomycin, suggesting that accumulation of mitochondria with reduced Ca²⁺ buffering capacity in ML cells is due to defects in the lysosomal/autophagosomal system (Jennings *et al.*, 2006).
- d. Analysis of the susceptibility of MLIV fibroblasts to Ca²⁺-induced apoptosis. Mitochondrial buffering is thought to play a protective role against Ca²⁺-mediated cytochrome *c* release and subsequent apoptosis. Treatment of the MLIV and control fibroblasts with bradykinin (1 μ M for 1-3 hours) induced apoptosis in a greater fraction of mutant than control cells (Jennings *et al.*, 2006).

Thus, impaired lysosomal function in MLIV affects autophagic degradation of mitochondria, which in turn results in accumulation of abnormal mitochondria with reduced Ca²⁺ buffering capacity, leaving cells more susceptible to apoptosis.

3.2.4. Danon disease—Danon disease is an X-linked disorder caused by mutations in the gene encoding lysosome-associated membrane protein 2, LAMP-2 (Nishino *et al.*, 2000). The major pathological features of the disease are vacuolar myopathy and cardiomyopathy. Originally the disease was described as a glycogen storage disease similar to Pompe syndrome, but with normal acid alpha-glucosidase activity (Danon *et al.*, 1981). However, it later became clear that not all patients accumulate lysosomal glycogen (Nishino, 2003; Nishino *et al.*, 2000). Severe cardiomyopathy is a feature in all affected patients, while skeletal muscle involvement and mental retardation are seen in most (Yang and Vatta, 2007).

Model systems: LAMP-2 knockout mice replicate some of the major pathological findings in patients with Danon disease, including the accumulation of autophagic vacuoles in cardiac and

skeletal muscle. In these mice, however, neutrophilic leukocytes, hepatocytes, and acinar gland cells are also affected, which is not the case in patients (Tanaka *et al.*, 2000).

Hepatocytes (Tanaka *et al.*, 2000; Eskelinen *et al.*, 2002) and fibroblasts (Eskelinen *et al.*, 2004) derived from LAMP-2 knockout mice have also been analyzed. In addition, HeLa cells transfected with LAMP-2 siRNA have been studied (Gonzalez-Polo *et al.*, 2005).

General techniques: EM reveals accumulation of autophagic vacuoles in many tissues from LAMP-2^{-/-} mice, including liver, kidney, pancreas, cardiac muscle and skeletal muscle. Cultured LAMP2^{-/-} hepatocytes show increased density of early autophagic vacuoles relative to control cells (Tanaka *et al.*, 2000). DAMP labeling of cultured hepatocytes indicated that LAMP-2-deficiency did not affect autophagosomal pH (Tanaka *et al.*, 2000). Western blotting revealed lower levels of mature cathepsin D in LAMP-2^{-/-} hepatocytes, and metabolic labeling of these cells showed increased secretion of cathepsin D as compared to control cells (Eskelinen *et al.*, 2002). Metabolic labeling also demonstrated lower baseline and starvation-induced proteolysis in LAMP-2^{-/-} hepatocytes as compared to controls (Tanaka *et al.*, 2000). Knocking down LAMP-2 in HeLa cells with siRNA decreased starvation-induced co-localization of GFP-LC3 and LysoTracker Red, suggesting a role for LAMP-2 in autophagosomal-lysosomal fusion. DiOC₆ staining in these cells revealed a loss of mitochondrial membrane potential after starvation (Gonzalez-Polo *et al.*, 2005).

- a. A combination of several traditional methods is used to study the maturation of autophagosomes in LAMP-2^{-/-} hepatocytes. Cells are cultured in starvation medium (without serum and amino acids) for 5 h to induce autophagy, followed by a 1- or 3-h chase in complete medium with 3-MA (which prevents *de novo* autophagosome formation). Cells are harvested before starvation, after starvation, and after chase and analyzed by EM. In wild-type cells, starvation-induced autophagosomes are mostly resolved after a 3-hour chase. In contrast, in LAMP-2^{-/-} cells, autophagosomes persist after a 3-h chase, suggesting a defect in autophagosome maturation and resolution (Eskelinen *et al.*, 2002).
- b. Western blotting shows a lower density of cation-dependent mannose-6-phosphate receptor (MPR46, a receptor involved in delivery of endogenous lysosomal enzymes) in LAMP-2^{-/-} hepatocytes (Eskelinen *et al.*, 2002). Radiolabeling and immunoprecipitation of MPR46 in these cells shows that the receptor has a decreased half-life, which could be restored by inhibition of lysosomal proteases. Immunogold EM of LAMP-2^{-/-} hepatocytes revealed increased amounts of MPR46 within autophagosomes and loss of MPR46 from multivesicular endosomes, which are involved in receptor recycling. Thus, aberrant targeting of MPR46 to the autophagosomal/lysosomal pathway may lead to down-regulation of the receptor in LAMP-2^{-/-} cells (Eskelinen *et al.*, 2002).
- c. HeLa cells are transfected with LAMP-2 siRNA, mt-dsRed (a mitochondrial marker), and SytVII-GFP (a lysosomal marker). Confocal microscopy of cells reveals decreased co-localization of mitochondrial and lysosomal markers in LAMP-2-deficient cells, indicating decreased mitochondrial turnover (Gonzalez-Polo *et al.*, 2005).

Thus, the role of LAMP-2, previously thought to be limited to protecting the cytoplasm from the contents of the lysosome, is now seen to include lysosomal biogenesis and the late steps of the autophagic pathway (Eskelinen *et al.*, 2004).

4. Conclusion

Lysosomal storage disorders are not new nosologic entities; they were described decades, and in some cases even a century ago. The discovery of the lysosome and the connection between a particular enzyme deficiency and a corresponding storage material came much later in the mid to late part of the last century. These discoveries paved the way for the identification of the genes involved and the mutations found in patients. Exploration of the primary defects of these diseases and the development of enzyme replacement therapy for some of these disorders followed. The new chapter in LSDs is marked by extending research beyond the lysosome and focusing on the secondary events following lysosomal dysfunction. Autophagy is clearly one of the interrelated pathways affected. One consequence of autophagic abnormalities is the impaired degradation of mitochondria. The similar range of pathological manifestations in many LSDs, in particular those with neurological involvement, suggested that a generalized mechanism of degeneration may exist. Autophagy, indeed, appears to be a common factor in these diseases, although the mechanisms by which it contributes to pathology and pathogenesis are variable. The study of autophagy may yet lead to the elucidation of the mechanisms of cellular death and the development of new tailored therapies for these devastating disorders.

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