




Published in final edited form as:

Circ Res. 2008 July 18; 103(2): 177–185. doi:10.1161/CIRCRESAHA.108.176354.

Localized $\alpha 4$ Integrin Phosphorylation Directs Shear Stress-Induced Endothelial Cell Alignment

Lawrence E. Goldfinger^{1,*}, , Eleni Tzima^{2,*}, Rebecca Stockton¹, William B. Kiosses³, Kayoko Kinbara¹, Eugene Tkachenko¹, Edgar Gutierrez⁴, Alex Groisman⁴, Phu Nguyen⁵, Shu Chien⁵, and Mark H. Ginsberg¹

¹Divisions of Rheumatology and Hematology-Oncology, Department of Medicine, University of California, San Diego, La Jolla, California 92093

²Department of Cell and Molecular Physiology, Carolina Cardiovascular Biology Center, University of North Carolina, Chapel Hill, NC 27599

³Department of Immunology, The Scripps Research Institute, La Jolla, CA 92037

⁴Department of Physics, University of California, San Diego, La Jolla, California 92093

⁵Department of Bioengineering and The Whitaker Institute of Biomedical Engineering, University of California at San Diego, La Jolla, CA 92093

Abstract

Vascular endothelial cells respond to laminar shear stress by aligning in the direction of flow, a process which may contribute to athero-protection. Here we report that localized $\alpha 4$ integrin phosphorylation is a mechanism for establishing the directionality of shear stress-induced alignment in microvascular endothelial cells. Within 5 minutes of exposure to a physiological level of shear stress, endothelial $\alpha 4$ integrins became phosphorylated on Ser⁹⁸⁸. In wounded monolayers, phosphorylation was enhanced at the downstream edges of cells relative to the source of flow. The shear-induced $\alpha 4$ integrin phosphorylation was blocked by inhibitors of cAMP-dependent protein kinase A (PKA), an enzyme involved in the alignment of endothelial cells under prolonged shear. Moreover, shear-induced localized activation of the small GTPase Rac1, which specifies the directionality of endothelial alignment, was similarly blocked by PKA inhibitors. Furthermore, endothelial cells bearing a non-phosphorylatable $\alpha 4$ (S⁹⁸⁸A) mutation failed to align in response to shear stress, thus establishing $\alpha 4$ as a relevant PKA substrate. We thereby show that shear-induced PKA-dependent $\alpha 4$ integrin phosphorylation at the downstream edge of endothelial cells promotes localized Rac1 activation, which in turn directs cytoskeletal alignment in response to shear stress.

Keywords

integrin; PKA; endothelial; Rac GTPase; alignment

 to whom correspondence should be addressed: Lawrence E. Goldfinger Department of Medicine 9500 Gilman Drive, MC 0726 San Diego, CA 92093-0726 (858) 822-6506 PHONE (858) 822-6458 FAX E-mail: lgoldfinger@ucsd.edu .

*These authors contributed equally to this work

DISCLOSURES: The authors declare that they have no competing financial interests.

INTRODUCTION

Exposure of endothelial cells to laminar shear stress elicits directional cellular behaviors. The cells assume a polarized, elongated shape parallel to the direction of flow¹. When a wound perpendicular to the direction of flow is introduced into an endothelial cell monolayer, the cells at the upstream margin of the wound migrate approximately 1.5 times faster into the wound than those on the downstream margin^{2, 3}. The aligned morphology associated with laminar flow correlates with responses associated with protection from atherosclerosis⁴. Thus, the capacity of endothelial cells to respond to laminar flow, to align along the flow and to migrate plays a role in vascular physiology.

In vitro studies have analyzed biochemical signaling events associated with flow-induced endothelial cell alignment. In response to the onset of flow a mechanosensory complex comprised of VE-Cadherin, VEGFR2, and PECAM-1 leads to activation of PI3-kinase, resulting in activation of integrin adhesion receptors. The activated integrins then form new attachments to the sub-endothelial extracellular matrix⁵. These adhesive events result in precise temporal modulation of the activity of Rho GTPases that lead to disassembly and reassembly of actin fibers. In particular, localized activation of Rac1 GTPase at the downstream cell edges is required for the alignment of the actin fibers parallel to the direction of flow⁶. The mechanisms that control this localized Rac1 activation are obscure.

The new integrin-mediated adhesions formed in response to shear stress contribute to Rac1 GTPase activation⁷. In migrating cells, $\alpha 4$ integrins induce highly localized Rac1 activation⁸⁻¹¹. $\alpha 4$ integrins bind to paxillin at the trailing edge of migrating cells leading to suppression of adhesion-mediated Rac1 activation. Phosphorylation of the cytoplasmic tail of the $\alpha 4$ integrin subunit by protein kinase A (PKA) at Ser⁹⁸⁸ is localized to the leading edge of migrating cells where it blocks paxillin binding thus permitting efficient and highly localized Rac1 activation^{7, 12, 13}. Because $\alpha 4$ integrins are expressed in endothelial cells¹⁴ we suspected that $\alpha 4$ integrin phosphorylation and its effects on localization of Rac1 activity may contribute to the endothelial cell responses to shear stress¹⁵⁻¹⁷. Here we show that PKA-mediated $\alpha 4$ integrin phosphorylation is induced by shear stress at the downstream edge of endothelial cells. This spatially restricted $\alpha 4$ phosphorylation is required for localized activation of Rac1 and for endothelial cell alignment in response to shear. Thus, localized $\alpha 4$ integrin phosphorylation informs the endothelial cell about the direction of blood flow, thereby acting as a “weather vane” of shear stress-induced endothelial cell alignment.

MATERIALS & METHODS

Complementary DNAs and other reagents

Glutathione-S-transferase fusion of the CS-1 fragment of human fibronectin was generated as described¹⁸. Collagen and $\alpha 5$ and $\alpha 2$ integrin antibodies (BD Biosciences, San Jose, CA), HP2/1 human $\alpha 4$ integrin antibodies (Immunotech, Westbrook, ME), and rat α -mouse CD31 antibodies (Invitrogen, Carlsbad, CA) were purchased. PS $\alpha 4$ monoclonal antibodies to Ser⁹⁸⁸-phospho- $\alpha 4$ integrin were as described¹⁹.

Generation of $\alpha 4$ integrin-null and S⁹⁸⁸A knock-in mice

C57/Bl6 mice harboring an $\alpha 4$ locus flanked by loxP sites were as described²⁰. Generation of $\alpha 4$ (S⁹⁸⁸A) mice is described in the online supplement.

Primary endothelial cell isolation and cell culture

Jurkat T leukemia cells and human microvascular endothelial cells were maintained as described^{13, 21}. Primary pulmonary microvascular endothelial cells were isolated from $\alpha 4(S^{988}A)$ and $\alpha 4$ (fl/fl) mice as described²¹ and in the online supplement.

Shear stress assays

Cells were plated on glass slides and subjected to laminar shear in a parallel plate flow chamber as described previously²², or they were plated on coverslips which were fitted into microfluidic devices, as described elsewhere (Tkachenko et al., manuscript in preparation). Flow rates were adjusted to maintain laminar shear stress of 12 dynes/cm². Actin staining and analysis are as described⁶.

Immunocytochemistry

Sterile glass coverslips or slides were coated with ECM proteins (CS-1, fibronectin or collagen) at 5 μ g/ml overnight at 4°C, then blocked for an one hour with 1 mg/ml BSA. Cells were suspended with trypsin/EDTA and plated onto coated cover slips and treated as described previously¹².

Fluorescence Resonance Energy Transfer

FRET assays and calculations to account for bleedthrough and background were performed as described previously^{23 24}. The corrected 8-bit FRET images typically had a fluorescence intensity range of 0–100 and were displayed using pseudocolor, where blue was closest to 0 and red closest to 100.

RESULTS

Shear stress induces phosphorylation of $\alpha 4$ integrins at the downstream edge of endothelial cells

To assess a potential role for $\alpha 4$ integrin phosphorylation in endothelial cell alignment in response to shear stress, we first verified the expression of $\alpha 4$ integrins in immortalized human microvascular endothelial cells (HMECs) by fluorescence-activated cell scanning analysis (FACSscan). HMECs expressed moderate levels of $\alpha 4$ integrin (~20% as compared to Jurkat T cells, Supp. Fig. 1). To investigate the role for $\alpha 4$ integrin phosphorylation in endothelial cell responses to shear stress, we plated HMECs onto coverslips coated with the $\alpha 4$ -binding CS-1 fragment of fibronectin and subjected the monolayers to a laminar shear stress at 12 dynes/cm² for time intervals ranging from five to thirty minutes. After the shear exposure, cells were immediately fixed and stained with PS $\alpha 4$ antibody, a monoclonal antibody specific for $\alpha 4$ integrin phosphorylated at Ser⁹⁸⁸¹². A dramatic increase in phosphorylation of $\alpha 4$ in endothelial cells was observed after all times of exposure to shear, starting from the shortest tested time of 5 min (Fig. 1). We observed that $\alpha 4$ phosphorylation in response to shear was localized to cell boundaries, in particular at cell edges orthogonal to the direction of flow (Fig. 1A.) Labeling with secondary antibody conjugates alone showed undetectable staining (our unpublished results.) Antibodies to $\alpha 4$ integrin uniformly labeled the whole cell periphery (Fig. 1C), indicating that the increased concentration of phospho- $\alpha 4$ at the cell edges was due to increased $\alpha 4$ phosphorylation rather than a higher local concentration of $\alpha 4$. Furthermore, we detected a 1.4-fold increase in total cellular $\alpha 4$ phosphorylation following 5 min shear stress by western blotting of $\alpha 4$ immunoprecipitates (Fig. 1B), confirming that shear stress up-regulates $\alpha 4$ phosphorylation.

The foregoing experiments showed that shear induced $\alpha 4$ phosphorylation at the cell edges perpendicular to the direction of flow, but failed to establish whether it was occurring

preferentially on the proximal or distal side. To determine precisely the relationship of shear-induced $\alpha 4$ phosphorylation to direction of flow, we generated scratch wounds orthogonal to the flow direction in confluent monolayers of HMECs and immediately subjected the wounded monolayers to shear stress, and stained for phospho- $\alpha 4$. Cells at the wound margins on both sides of the scratch wound were scored for phospho- $\alpha 4$ staining. In the absence of shear, $\alpha 4$ phosphorylation was observed in ~30% of cells at the wound margin. Application of shear induced increased $\alpha 4$ phosphorylation at the downstream cell edges at the wound margin proximal to the flow source but not on the upstream side of cells distal to the flow source. The $\alpha 4$ phosphorylation was observed in 65% (± 2.9 , $p < 0.22$) of cells at the proximal wound margin beginning five minutes after application of shear and persisting for at least thirty minutes (Fig. 1D). In contrast, $\alpha 4$ phosphorylation at the upstream edges of cells at the distal margin of the wound showed a trend towards inhibited phosphorylation (13% positive ± 3.1 , $p = 0.08$, Fig. 1D). Similarly, phospho- $\alpha 4$ was rarely observed at cell edges lateral with respect to flow direction (16% positive, unpublished results), indicating that flow increases $\alpha 4$ phosphorylation at the downstream edges in endothelial cells.

Protein kinase A activity is required for shear-induced $\alpha 4$ phosphorylation

PKA phosphorylates $\alpha 4$ integrins at Ser⁹⁸⁸ and inhibition of PKA activity blocks $\alpha 4$ phosphorylation in fibroblasts and T cells^{12, 19}. To assess the contribution of PKA to shear-induced $\alpha 4$ phosphorylation in endothelial cells, we pre-treated cells plated on CS-1 with the PKA inhibitor, H-89, for fifteen minutes, scratch-wounded and applied shear flow in medium containing the inhibitor. Cultures were fixed and stained for phospho- $\alpha 4$. A five minute exposure to shear induced $\alpha 4$ integrin phosphorylation at the downstream cell edges and addition of H-89 to the flow medium abrogated the $\alpha 4$ phosphorylation response (Fig. 2). At the upstream and lateral cell edges facing the interior of a wound, where $\alpha 4$ phosphorylation was low, treatment with H-89 had no apparent effect on the levels of phospho- $\alpha 4$ staining. As additional confirmation of this effect of PKA inhibition, we repeated these experiments using a second pharmacological PKA inhibitor, KT-5720 at 1 μM ; it also blocked shear-induced phosphorylation of $\alpha 4$ (result not shown). Thus, shear-induced $\alpha 4$ phosphorylation requires PKA activity.

Localized Rac1 activation following shear stress requires PKA activity

PKA-dependent phosphorylation of $\alpha 4$ integrin helps to localize activation of Rac1 to the leading edge of migrating cells^{7, 12}. Furthermore, Rac1 becomes activated at the downstream edge in a sub-confluent endothelial monolayer within five minutes of exposure to laminar shear stress⁶. This transient, localized Rac1 activation is required for subsequent stress fiber alignment. Using a FRET-based assay, we found that shear stress induced a polarized increase of activated, GTP-bound Rac1 at the downstream edge of HMECs as previously reported⁶. This polarized Rac activation occurred concurrently with shear-mediated $\alpha 4$ integrin phosphorylation (Fig. 3, 1C). Treatment of the cells with the PKA inhibitor (H-89) that blocked shear-induced $\alpha 4$ phosphorylation inhibited the localized Rac1 activation, indicating that PKA activity is required for the shear induction of polarized Rac1 activation at the downstream edge of endothelial cells (Fig. 3).

Shear-induced cell alignment of the actin cytoskeleton requires PKA activity

Endothelial cells respond to prolonged exposure to shear stress by remodeling their actin cytoskeleton along a dominant longitudinal cell axis, a phenomenon referred to as endothelial cell alignment²⁵. This response requires dynamic spatio-temporal regulation of Rac1 activation, as expression of either constitutively active or dominant negative Rac1 blocks the alignment⁶. Because PKA activity was required for polarized Rac1 activation, we assessed whether PKA activity is necessary for alignment. HMECs were subjected to shear

and actin filaments were labeled with rhodamine-phalloidin. Cells subjected to prolonged (20 hour) laminar shear stress at 12 dynes/cm² developed an elongated, bipolar shape with actin stress fibers aligned in the direction of flow. However, the alignment and elongation did not occur if H-89 was added to the flow medium (Fig. 4A). To quantify this morphological observation, we assessed stress fiber alignment by measuring the angles of actin filament bundles relative to the direction of flow.

The average angles from the flow direction of actin filaments in control and H-89-treated cells under static conditions were 42 ± 1.6 ($17.15^\circ = \text{S.D.}$) and 41 ± 1.1 ($11.58^\circ = \text{S.D.}$), respectively, both very close to the value of 45° expected for randomly oriented fibers. Thus, actin fibers in static cells were not aligned. Actin fibers in control cells subjected to shear aligned to an average angle of 14.3 ± 0.69 ($9.23^\circ = \text{S.D.}$) from the flow direction, indicating a major bias in the alignment of actin filaments towards the direction of flow. Furthermore, the reduction in Standard Deviation ($17.15 \rightarrow 9.23$) indicates a marked reduction in the variability of the orientation of the actin fibers, providing an independent measure of the alignment response. In contrast, actin filaments in sheared, H-89-treated cells aligned to a much lesser extent with an average radial displacement of 38 ± 1 ($10.61^\circ = \text{S.D.}$) (Fig. 4B and Table 1). Similar to H-89, addition of KT-5720 also dramatically reduced the alignment (Table 1). Thus, PKA activity is required for actin stress fiber re-orientation and morphological alignment of endothelial cells in response to shear stress.

$\alpha 4$ integrin is required for shear-induced alignment

The experiments reported above showed that PKA activation was required for localized $\alpha 4$ integrin phosphorylation, for localized GTP loading of Rac1, and for cytoskeletal alignment in response to shear stress. These results suggested that phosphorylation of $\alpha 4$ integrins may provide cues for endothelial cell re-orientation and stress fiber alignment. Integrin ligation by the sub-endothelial matrix is necessary for shear-induced Rac1 activation⁶, and thus presumably for alignment as well. Therefore we hypothesized that blocking $\alpha 4$ integrin binding to ligands in the extracellular matrix would inhibit stress fiber alignment induced by shear. To test this hypothesis, we subjected confluent HMEC monolayers cultured on slides coated with fibronectin, which is a ligand for $\alpha 4$ and $\alpha 5$ integrins²⁶, to shear stress for 20 hr in medium containing either control IgG or function-blocking antibodies to $\alpha 4$, $\alpha 5$ or $\alpha 2$ integrin subunits. In all cases the cells remained attached to the substratum in monolayers. After exposure to shear, cellular alignment was observed in the presence of control IgG or antibodies to $\alpha 2$ or $\alpha 5$ integrin subunits, with the mean angles relative to the flow direction of stress fibers of 20.8 ± 0.42 ($2.95^\circ = \text{S.D.}$), 23 ± 1.6 ($11.46^\circ = \text{S.D.}$), and 26 ± 1.6 ($13.84^\circ = \text{S.D.}$), respectively (Fig. 5). However, blocking antibodies to $\alpha 4$ integrins inhibited endothelial elongation and stress fiber re-orientation in the direction of flow, with the mean angle \pm S.D. of 48 ± 2.4 ($16.68^\circ = \text{S.D.}$) (Fig. 5). In separate control experiments, these antibodies blocked the ability of endothelial cells to adhere to the relevant substrates CS-1 (anti- $\alpha 4$), the cell-binding domain of fibronectin (anti- $\alpha 5$) or collagen (anti- $\alpha 2$) (Supp. Fig. 2). These data indicate that $\alpha 4$ integrin interaction with the sub-endothelial matrix is required for shear-induced cytoskeletal alignment in microvascular endothelial cells.

To verify separately that $\alpha 4$ integrins are required for shear-induced alignment, we generated endothelial cells deficient in expression of $\alpha 4$ integrin and compared the alignment responses of these cells with those of $\alpha 4$ -expressing endothelial cells. To do this, we isolated pulmonary endothelial cells (MLECs) from the lungs of wild type mice and mice with a conditional $\alpha 4$ -null allele in which exon 28 (which includes the $\alpha 4$ polyadenylation signal) is flanked by loxP recombination sites²⁰. CD31-positive cell cultures derived from wild type and mutant mice were infected with adenovirus encoding Cre recombinase, leading to loss of surface $\alpha 4$ in the mutant cells as determined by FACS (Supp. Fig. 3); however, these cells adhered and spread on fibronectin-coated surfaces, (Fig.

5B) presumably via other fibronectin-binding integrins. Wild type and $\alpha 4$ -null MLECs were plated onto fibronectin-coated slides and subjected to laminar shear stress for 20 hr. Wild type MLECs either infected with Cre or with empty adenovirus aligned in response to shear stress (Fig. 5B). In contrast, the $\alpha 4$ -null ($\alpha 4$ fl/fl CRE) endothelial cells maintained a polygonal morphology and did not align in the direction of flow. These cells also displayed few discernable stress fibers, suggesting a disruption in the ability of actin to re-organize in $\alpha 4$ -null cells in response to shear. Thus, $\alpha 4$ integrin contributes to shear stress-induced morphological alignment in primary pulmonary endothelial cells.

Phosphorylation of $\alpha 4$ integrins is necessary for alignment

As shown above, PKA activity is required for $\alpha 4$ phosphorylation in response to shear in wounded monolayers and for cell alignment in prolonged shear. Therefore, we considered that $\alpha 4$ phosphorylation may be an early event in establishing the directionality of shear stress-induced cytoskeletal alignment. To test this possibility, we isolated endothelial cells from the lungs of mice expressing $\alpha 4$ integrin that harbors a Ser⁹⁸⁸→Ala mutation ($S^{988}A$), which disrupts the PKA phosphorylation site in $\alpha 4$.

The anti-phospho- $\alpha 4$ PS $\alpha 4$ antibody did not react in western blots of lysates from endothelial cells derived from these mice, nor did these cells display any edge PS $\alpha 4$ staining in sheared, wounded cultures (our unpublished results and Supp. Fig. 4). Whereas wild type endothelial cells exposed to laminar shear for 20 hours aligned, $\alpha 4(S^{988}A)$ endothelial cells did not (Fig. 6A). As shown in Figure 6B, the average angle from the flow direction of actin filaments in wild type and mutant cells under static conditions was $37.6 \pm 0.85^\circ$ ($10.7^\circ = S.D.$) and $44 \pm 1.^\circ$ ($12.2^\circ = S.D.$), respectively (Fig. 6B). Filaments in wild type cells subjected to shear stress were orientated at an average angle of $16.9 \pm 0.25^\circ$ ($3.2^\circ = S.D.$) from the flow direction, that was close to the value obtained earlier (14.3 ± 0.69 ($9.23^\circ = S.D.$), indicating that most actin filaments aligned parallel to the direction of flow. In contrast, filaments in $\alpha 4(S^{988}A)$ endothelial cells subjected to shear stress maintained an average angle of $47 \pm 0.92^\circ$ ($14.3^\circ = S.D.$), (Fig. 6B) showing that they did not align following shear. Thus, $\alpha 4$ integrin phosphorylation is required for stress fiber alignment induced by shear stress.

As a further test of the role of $\alpha 4$ integrin phosphorylation in the endothelial cell responses to shear stress, we assessed the effect of the $\alpha 4(S^{988}A)$ mutation on shear-induced Rac1 activation in endothelial cells. HMECs were co-transfected with a Rac FRET reporter plasmid and plasmids encoding wild type $\alpha 4$ or $\alpha 4(S^{988}A)$. These cells were plated on $\alpha 4$ ligands, scratch wounded and immediately subjected to 12 dynes/cm² shear stress for five minutes, fixed, and analyzed for Rac1 activation. In cells expressing recombinant wild type $\alpha 4$ integrins, Rac1 activation was observed at the downstream edge of $78 \pm 8.2\%$ of cells at the wound margins, consistent with earlier observations (Figs. 3 and 7A). In contrast, Rac1 activation was observed at the downstream edge in only $5 \pm 5\%$ of the cells expressing recombinant $\alpha 4(S^{988}A)$ (Fig. 7B). Thus, ectopic expression of $\alpha 4(S^{988}A)$ in endothelial cells exerts a dominant inhibitory effect on the localization of shear-induced Rac1 activation. These results demonstrate that $\alpha 4$ integrin phosphorylation is required for shear-induced polarized Rac1 activation and consequently for endothelial cell alignment.

DISCUSSION

Endothelial cell alignment in the direction of blood flow has been known for many years; recent work indicated that localized activation of Rac1 GTPase at the downstream side of the endothelial cell is a critical event in flow-induced alignment⁶. Here we report that localized $\alpha 4$ integrin phosphorylation leads to this localized Rac1 activation and subsequent stress fiber alignment and elongation of endothelial cells parallel to the direction of flow in response to shear stress. $\alpha 4$ integrins were phosphorylated within five minutes of exposure

to shear stress and phosphorylation occurred predominantly at the downstream edges of the cells. Inhibition of PKA blocked $\alpha 4$ phosphorylation and prevented both localized Rac1 activation and alignment of stress fibers in the direction of flow. Furthermore, $\alpha 4$ integrins are required for endothelial cell alignment because deletion of $\alpha 4$ or addition of antibodies against $\alpha 4$ inhibited stress fiber alignment. Most importantly, PKA phosphorylation of $\alpha 4$ is involved in alignment because endothelial cells bearing $\alpha 4(S^{988}A)$, a mutation which disrupts the PKA phosphorylation site, fail to align in the direction of flow. Together these results show that shear-induced, PKA-dependent $\alpha 4$ phosphorylation is localized to the downstream edge of endothelial cells. The localized $\alpha 4$ phosphorylation leads to localized activation of Rac1 at the downstream edge, enabling re-orientation of endothelial cells in the direction of flow. Previous studies showed how a mechanosensory complex led to integrin activation that resulted in activation of Rac1^{5, 6}. The present studies elucidate the pathway whereby $\alpha 4$ integrin phosphorylation informs the endothelial cell about the direction of flow by localizing this Rac1 activation to the downstream edge, thereby acting as a “weather vane” of shear-induced endothelial cell re-orientation.

The tangential drag forces imposed by laminar shear stress induce phosphorylation of $\alpha 4$ integrin at Ser⁹⁸⁸ in endothelial cells. Using a phospho-specific anti- $\alpha 4$ antibody, we observed phosphorylation as early as five minutes after the application of 12 dynes/cm² shear stress, which is within the ranges of shear stresses in medium-sized arteries²⁷. Previous studies have suggested that other key signaling events occur within similar time frames, including *c*-Src activation (1 min, peak at 10 min)²⁸, VEGFR2 phosphorylation (1 min, peak at 5 min)²⁹⁻³⁰, and activation of Ras³¹ and Rac1 (5 min)⁶. Furthermore, $\alpha 4$ is phosphorylated at Ser⁹⁸⁸, a known PKA phosphorylation site¹⁹ and blocking PKA abolishes phosphorylation. The dependence of the $\alpha 4$ phosphorylation on the application of shear and on PKA activity suggests that shear stress may activate PKA; however, we cannot exclude the possibility that there is tonic PKA activity and that shear stress acts to suppress phosphatase activity. Nevertheless, we favor the former possibility because PKA is known to be activated in endothelial cells by shear stress, which also induces phosphorylation of several PKA substrates such as VASP³² and endothelial nitric oxide synthase³³. Shear stress exerts force on endothelial cell attachments to the substrate, attachments mediated by integrins. Mechanical strain on integrins can result in enhancement of intracellular cAMP concentration leading to PKA activation³⁴. The role of integrin attachments in initiating $\alpha 4$ phosphorylation warrants future study. In sum, we conclude that fluid shear stress results in PKA-dependent $\alpha 4$ integrin phosphorylation in microvascular endothelial cells.

Localized phosphorylation of $\alpha 4$ integrins induced by shear stress is an important cue for directionality of alignment. After five minutes in shear, phosphorylation was observed only at the downstream cell edge. Furthermore, stress fiber alignment required both the presence of the $\alpha 4$ integrin and its phosphorylation by PKA. $\alpha 4$ integrins strongly promote cell migration. The $\alpha 4$ cytoplasmic tail is sufficient for a pro-migratory response⁸, and we have shown that phosphorylation at Ser⁹⁸⁸ at the leading edge of the cell is the key determinant of this function; Ser⁹⁸⁸ is also the only identified site of $\alpha 4$ phosphorylation *in vivo*^{12, 13}. Shear stress accelerates endothelial wound closure³⁵. When a wound is orthogonal to the flow, cells on the wound margin proximal to the source of flow (in which $\alpha 4$ is phosphorylated) migrate into the wound space faster than cells on the distal margin (in which $\alpha 4$ phosphorylation does not occur)^{2, 3}. Those latter cells have to move against the flow. Indeed, reendothelialization occurs fastest parallel to the flow direction following endothelial wounds *in vivo*, indicating a flow-induced enhancement of cell migration^{36, 37}. Shear stress can promote migration of endothelial cells from the upstream edge of wounds; our studies now suggest that localized $\alpha 4$ phosphorylation can contribute to this enhanced directional migration.

The restriction of $\alpha 4$ phosphorylation to the downstream side of endothelial cells under shear serves to localize other signaling responses required for proper cytoskeletal alignment. We have now found that blocking $\alpha 4$ phosphorylation disrupts localized Rac1 activation to the downstream edge that is essential for endothelial cytoskeletal alignment⁶. One clue to the mechanism for this effect on Rac1 comes from our previous studies in migrating cells. In particular, phosphorylation of the $\alpha 4$ cytoplasmic tail at Ser⁹⁸⁸ by PKA enables that integrin to activate Rac1 because it prevents the binding of a protein complex that blocks Rac1 activation^{7, 12}. There are other signaling events that are induced or enhanced by shear and play a role in cell migration. For example, PI3-kinase activity is increased by shear³⁸. PI3-K is also typically localized to the leading edge of migrating cells³⁹ and can promote Rac1 activation, but it is not required for the alignment response⁴⁰. Both cell migration and morphological alignment under shear are driven by cytoskeletal rearrangements^{25, 41} in response to Rho GTPases. $\alpha 4$ phosphorylation by shear stress coordinates localized Rho GTPase signaling to favor cytoskeletal alignment along the flow and migration in the direction of flow.

$\alpha 4$ integrins and PKA play important roles in endothelial functions such as neovascularization. Endothelial cells express $\alpha 4$ integrins *in vitro* and *in vivo*, and fibronectin, a ligand for $\alpha 4$ integrins, is highly expressed in the vasculature^{15, 42, 43}. $\alpha 4$ integrins mediate adhesion, spreading, proliferation and migration of endothelial cells *in vitro*^{42, 44}. *In vivo*, $\alpha 4$ expression is required for homing of hematopoietic and endothelial progenitor cells, and for efficient angiogenesis in developing embryos and in tumors. $\alpha 4$ antagonists also block angiogenesis in a chick chorioallantoic membrane model confirming this function of $\alpha 4$ integrins, although the requirement for $\alpha 4$ in angiogenesis may result from combined contributions in vascular endothelial and smooth muscle cells, as well as from paracrine effects in macrophages⁴⁴⁻⁴⁶. Similarly, PKA regulates adhesion, migration and survival of vascular endothelial cells^{47, 48} and angiogenesis^{49, 50}. New blood vessel formation is stimulated by shear stress and requires flow conditions which promote cytoskeletal parallel alignment, indicating the importance of endothelial alignment in angiogenesis^{27, 51}. Therefore shear-induced PKA-dependent $\alpha 4$ phosphorylation may be an important regulatory step in endothelial functions during vascular development and remodeling.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

SOURCES OF FUNDING

This work was supported by American Heart Association SDG 0435295 (LEG) and 0635228N (ET), National Science Foundation NIRT 0608863 (AG), and NIH grants HL088632 (ET), GM 68524 (EG), HL085159 (SC), and AR27214, HL078784 and HL31950 (MHG). ET is an Ellison Medical Foundation New Scholar in Aging.

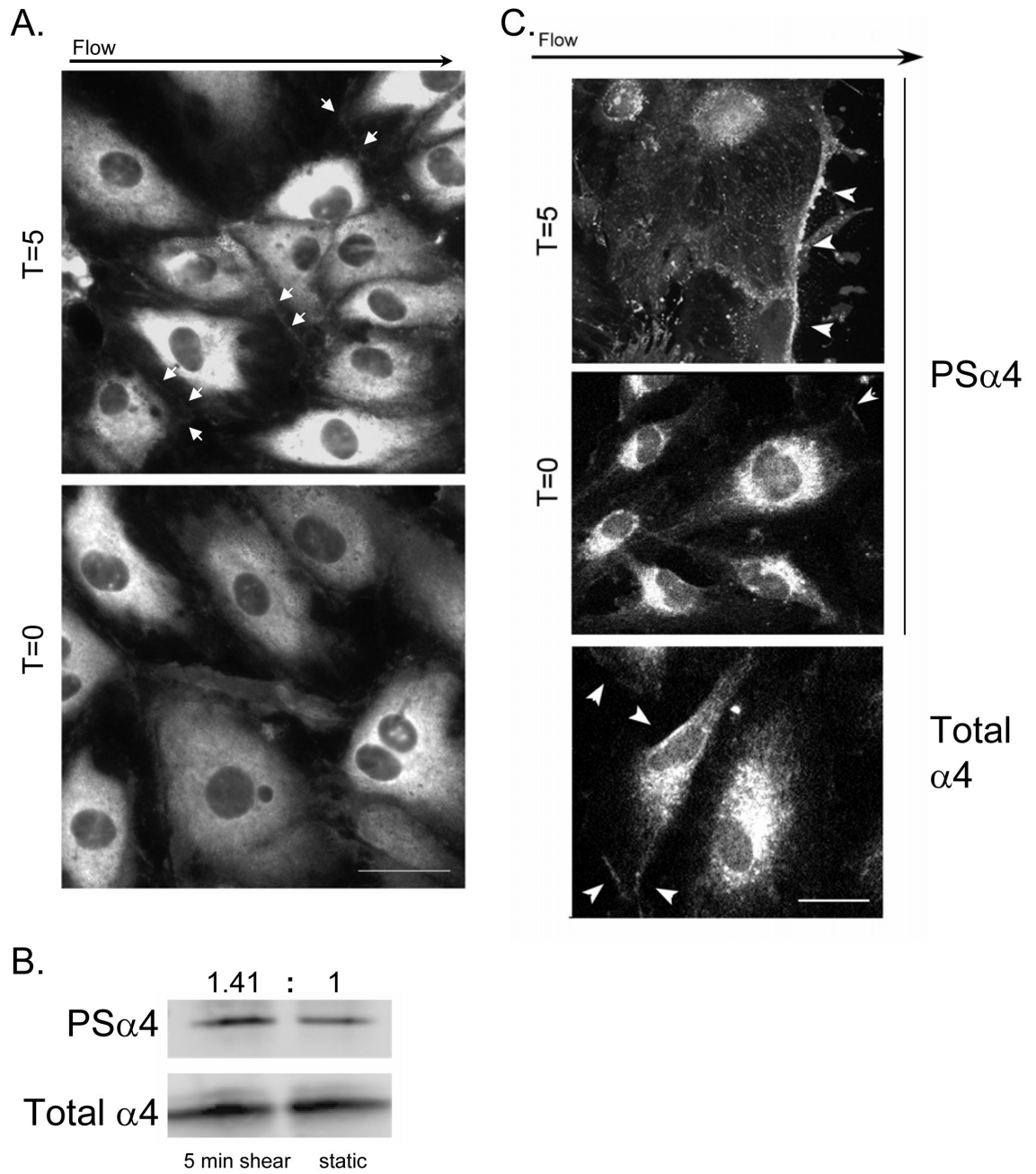
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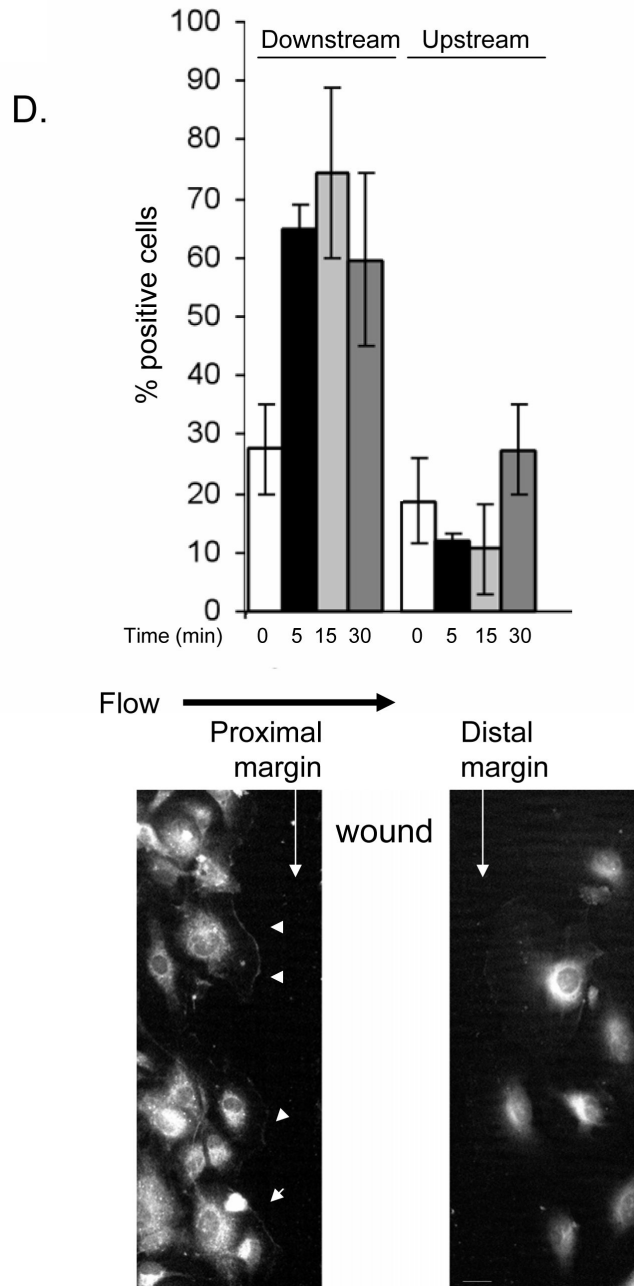


Figure 1. $\alpha 4$ integrin is phosphorylated at downstream cell edges in response to shear stress
 A and C. HMECs were seeded onto CS-1-coated glass slides, left confluent (A) or scratch wounded (C) and fixed either without any exposure to flow (T=0) or immediately after 5 minute exposure to flow of culture media at 12 dynes/cm² (T=5). Fixed samples were labeled with PS $\alpha 4$ antibodies (A, upper panels in C) or total $\alpha 4$ integrin (lower panel in C). The black arrow indicates the direction of laminar flow. White arrowheads point to regions of concentrated $\alpha 4$ integrin phosphorylation or total $\alpha 4$ integrin. Bar, 10 μ m. B. Western blots of $\alpha 4$ immunoprecipitates from HMECs subjected to shear for 0 or 5 minutes, blotted with antibodies to total $\alpha 4$ or PS $\alpha 4$. Densitometric ratios of band intensities (PS $\alpha 4$ /total, shear:static) are indicated. D. HMECs plated on CS-1-coated slides were scratch wounded

(top-to-bottom) and subjected to flow (left-to-right) for 5, 15 or 30 minutes, then stained with PS α 4 antibodies. Cells at the wound margin were scored by blinded observers for phospho- α 4 staining at the cell periphery. The black arrow indicates the direction of laminar flow. White arrows indicate the wound margins generated by a scratch, and small white arrowheads point of regions of concentrated α 4 integrin phosphorylation.

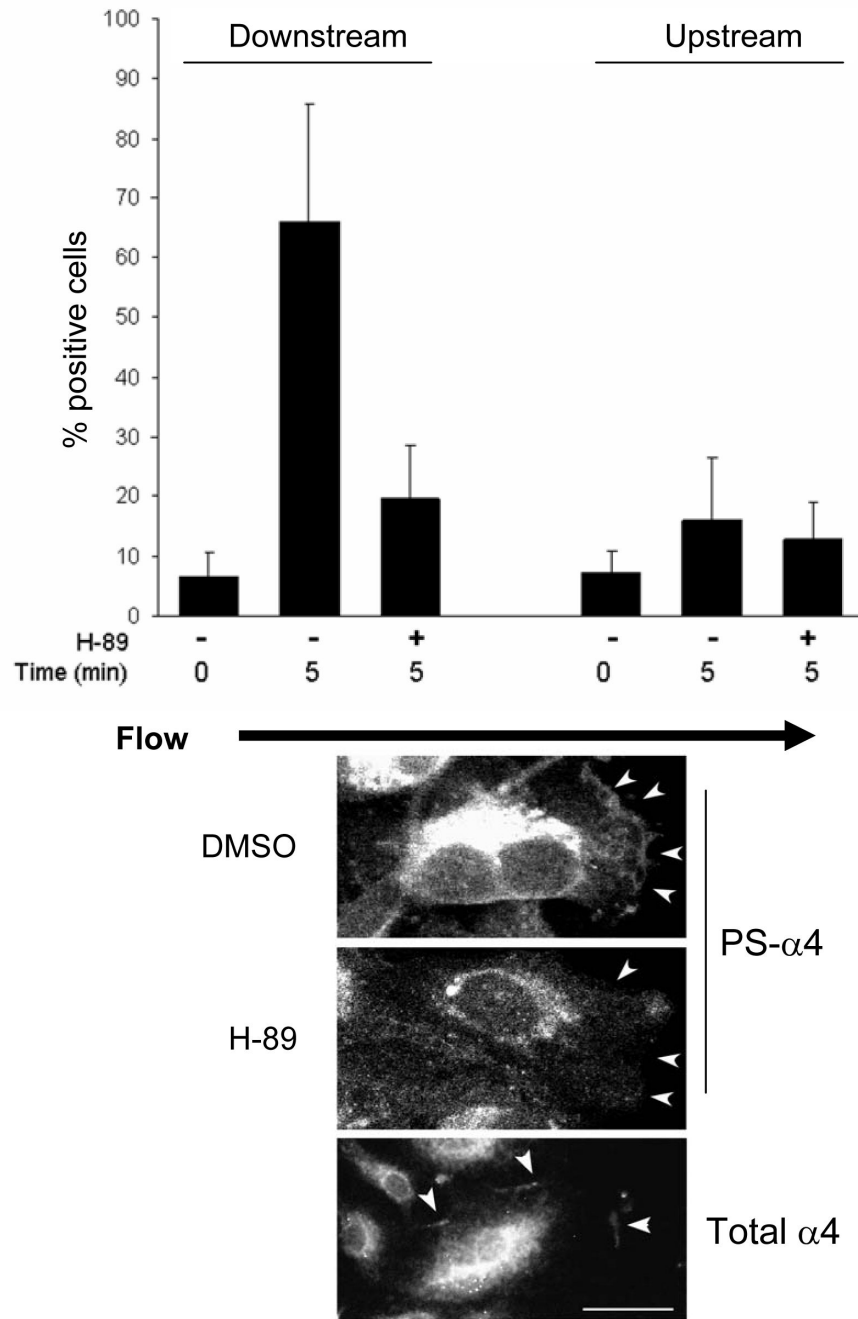


Figure 2. Protein kinase A activity is required for shear-induced $\alpha 4$ phosphorylation
 Monolayers of HMECs seeded on CS-1 were scratch wounded and subjected to flow in medium with or without 100 μM H-89 for 5 minutes. Cells were fixed and stained with PS $\alpha 4$ antibodies (upper panels) or antibodies to $\alpha 4$ (lower panel). The black arrow indicates the direction of laminar flow. White arrowheads point to areas at the cell periphery where $\alpha 4$ is phosphorylated. Bar, 10 μm .

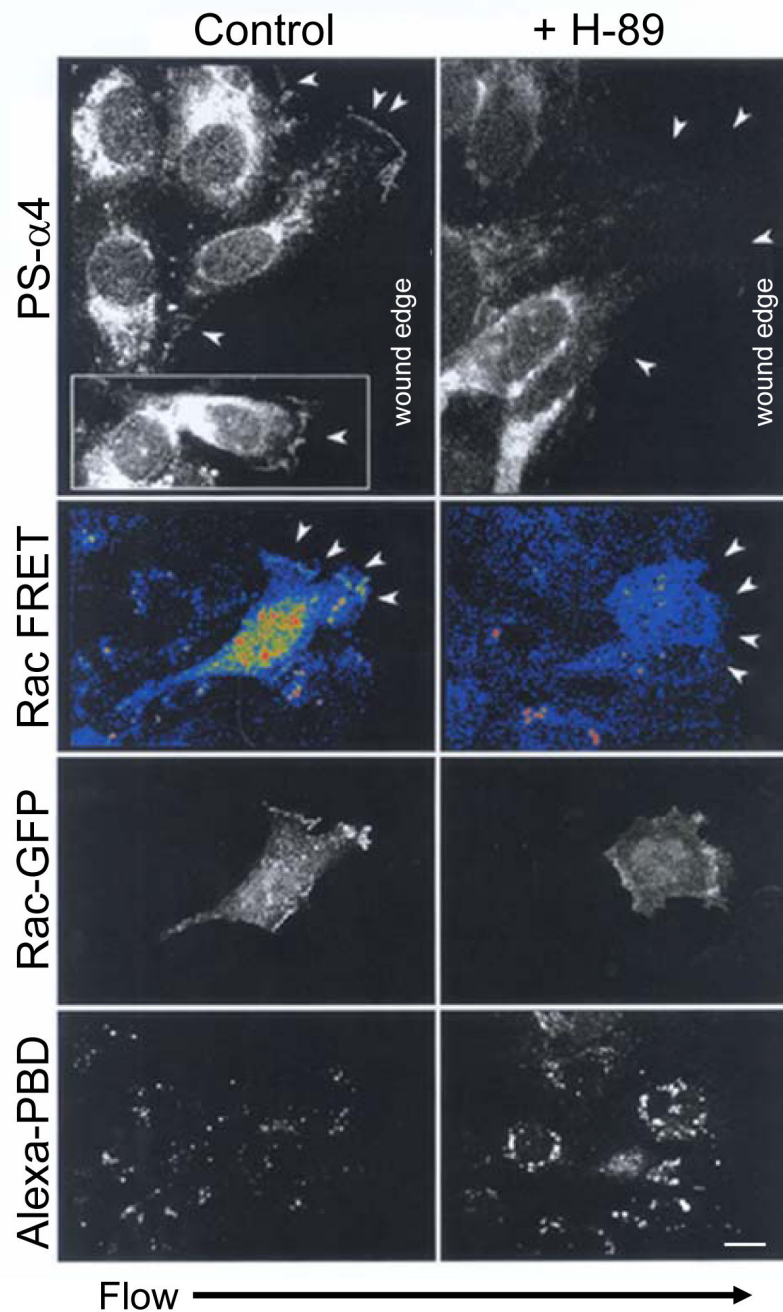


Figure 3. Rac1 activation following shear stress requires PKA activity

HMECs were transfected with Rac1(wt)-GFP and seeded on CS-1-coated slides, shear-loaded with Alexa-PBD and scratch wounded. The cells were subjected to flow for 5 minutes in the presence or absence of H-89. Rac1 activation was assessed by FRET. White arrowheads point to the cell periphery. The black arrow indicates the direction of laminar flow for all samples. Bar, 10 μ m.

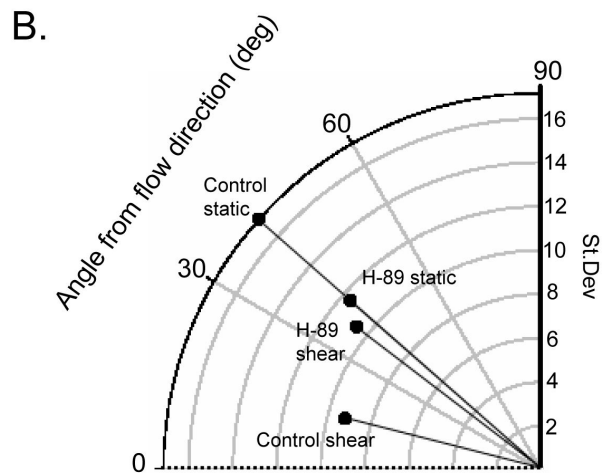
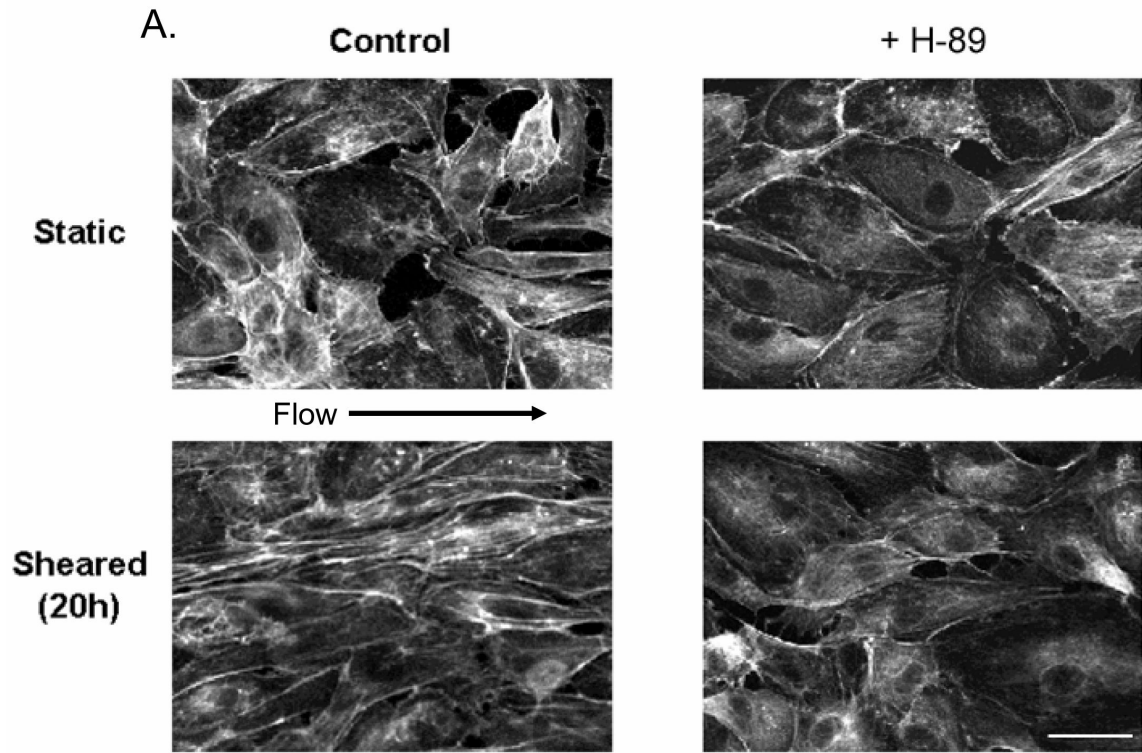


Figure 4. Shear-induced stress fiber alignment requires PKA activity

A. HMECs were plated on CS-1 and subjected to flow for 20 hours in the continuous presence or absence of 100 μ M H-89, then fixed and labeled with rhodamine-phalloidin. Bar, 10 μ m. B. Average angles of stress fibers (mapped onto a 0-90° range) from a line parallel to the direction of flow and the S.D. of the angles are shown as the angular and radial positions of the corresponding bullets.

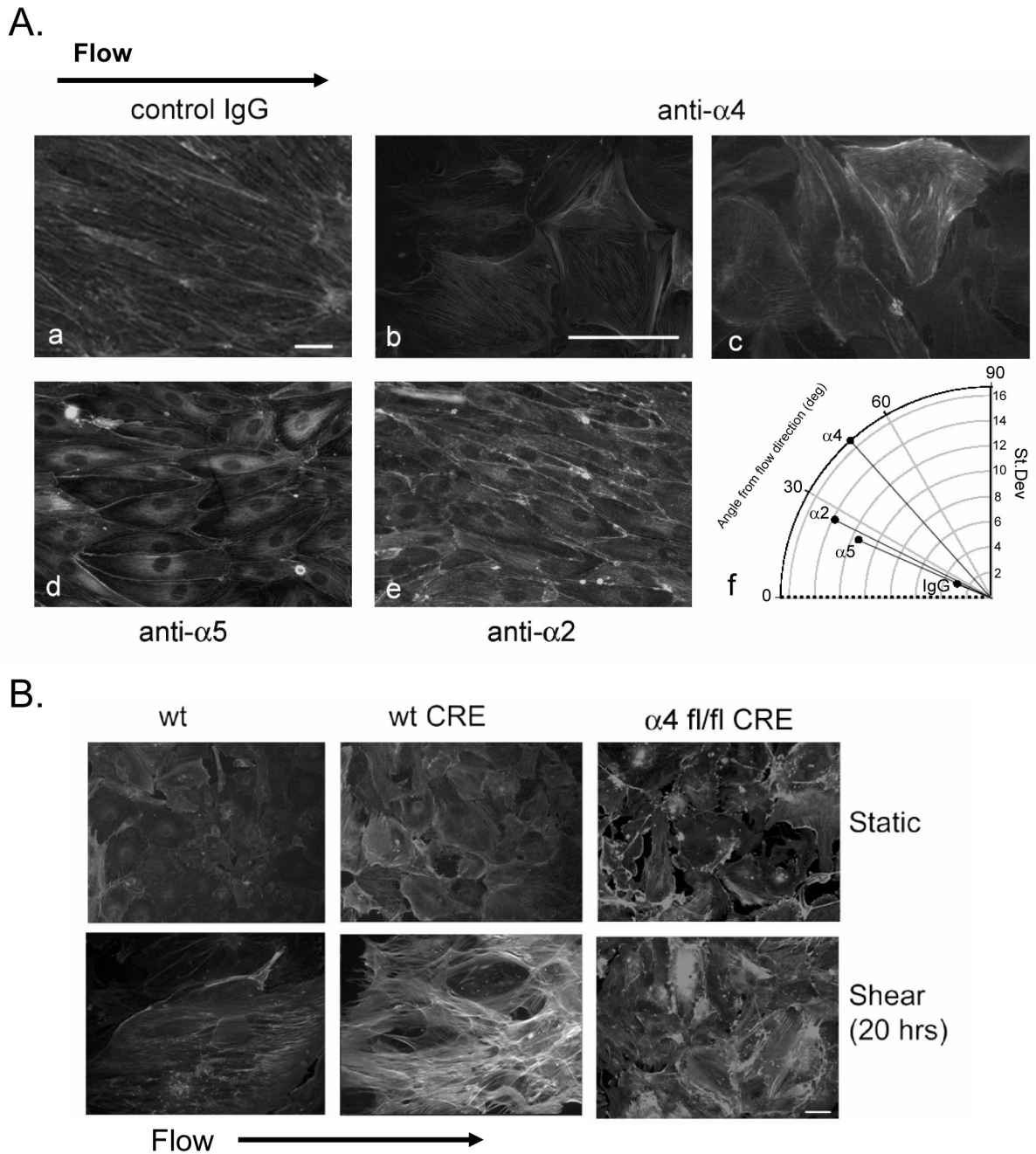


Figure 5. $\alpha 4$ integrin is required for shear-induced alignment

A. HMECs were seeded on fibronectin and subjected for 20 hours to shear flow with growth medium containing control IgG or blocking antibodies to human $\alpha 2$, $\alpha 4$ or $\alpha 5$ integrins. Cells were fixed and labeled with rhodamine-phalloidin. Bars, 10 μm . Average angles of stress fibers (mapped onto a 0-90° range) from a line parallel to the direction of flow and the S.D. of the angles are shown as the angular and radial positions of the corresponding bullets.

B. Pulmonary lung endothelial cells isolated from wild type mice treated with vector (wt) or wild type and $\alpha 4$ fl/fl mice treated with Cre recombinase (wt CRE and $\alpha 4$ fl/fl CRE, respectively) were plated on fibronectin and subjected to flow for 20 hours, then labeled with rhodamine-phalloidin. Bar, 10 μm .

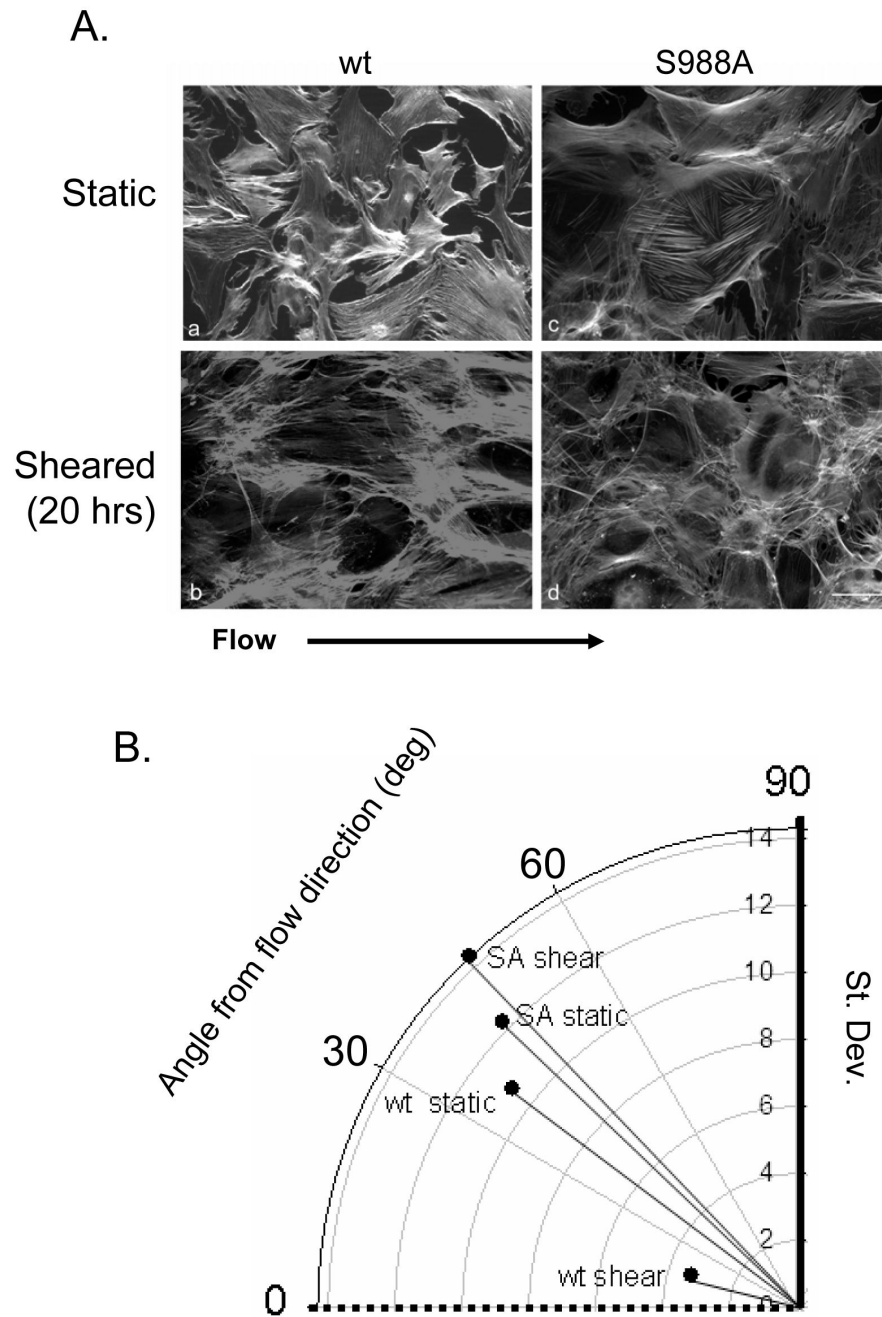
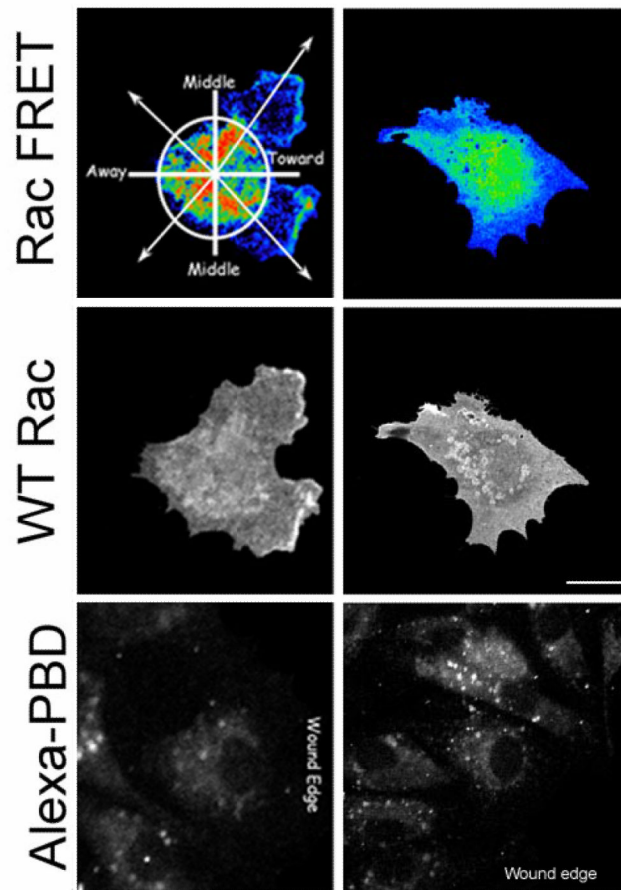


Figure 6. Phosphorylation of $\alpha 4$ integrin is necessary for alignment

A. Pulmonary lung endothelial cells isolated from wild type and $\alpha 4(S^{988}A)$ mice were plated on fibronectin and subjected to flow for 20 hours, then labeled with rhodamine-phalloidin. Bar, 10 μm . B. Average angles of stress fibers (mapped onto a 0-90° range) from a line parallel to the direction of flow and the standard deviations of the angles are shown as the angular and radial positions of the corresponding bullets.

A.



B.

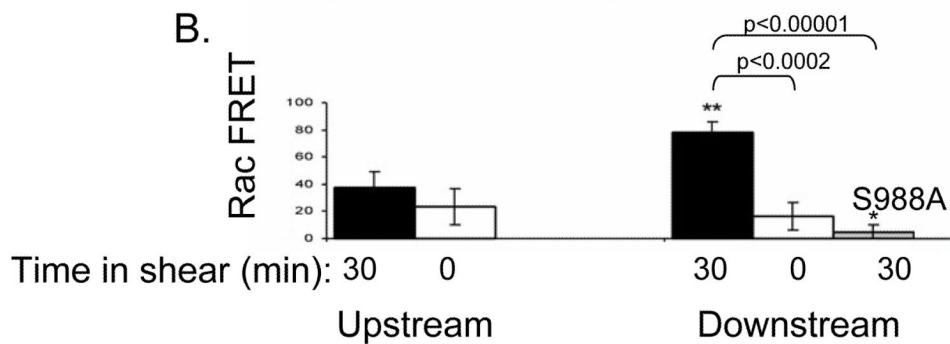


Figure 7. Non-phosphorylatable $\alpha 4$ integrin inhibits shear-induced Rac1 activation
HMECs co-transfected with Rac1(wt)-GFP and $\alpha 4$ (wt) or $\alpha 4$ (S⁹⁸⁸A) were shear-loaded with recombinant PAK-1-binding domain of p21 coupled to Alexa dye (Alexa-PBD), plated on CS-1-coated slides, scratch wounded, and subjected to 12 dynes/cm² shear stress for five minutes. Fixed cells were assayed for Rac FRET. A. Representative images of cells at the wound edge after exposure to shear stress. Bar, 25 μ m. B. Quantification of polarized Rac1 activation by shear. Images of cells at the wound edges were divided into quadrants and the FRET signal at the cell periphery was assessed by visual inspection for at least 15 cells per sample. Shown are the percentages of cells in which FRET was observed in the quadrant

facing the wound (“Toward” in A.) in cells over-expressing $\alpha 4$ (wt) or $\alpha 4$ (S⁹⁸⁸A) as indicated, +/- SEM. **, $p < 0.0002$; *, $p < 0.00001$.

Table 1
Average stress fiber angles relative to the direction of flow

Cells were subjected to shear stress under the conditions indicated. Stress fibers were labeled with rhodamine-phalloidin and angles from lines parallel to the flow direction were measured.

Treatment	Flow (12 dynes/cm ²)	Average angle from orthogonal (°)	St. Dev. (°)
Vector control	Yes	14.31 ± 0.69	9.23
	No	41.48 ± 1.64	17.15
H-89, 30 μM	Yes	37.63 ± 1.01	10.61
	No	41.37 ± 1.10	11.58
KT-5720, 1 μM	Yes	46.8 ± 2.62	22.59
	No	41.6 ± 3.96	28.03