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η _z/ κ[: A transverse relaxation optimized spectroscopy NMR experiment](http://dx.doi.org/10.1063/1.2889923) **[measuring longitudinal relaxation interference](http://dx.doi.org/10.1063/1.2889923)**

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NMR spin relaxation experiments provide a powerful tool for the measurement of global and local biomolecular rotational dynamics at subnanosecond time scales. Technical limitations restrict most spin relaxation studies to biomolecules weighing less than 10 kDa, considerably smaller than the average protein molecular weight of 30 kDa. In particular, experiments measuring η , the longitudinal ${}^{1}H_{N} - {}^{15}N$ dipole-dipole (DD)/ ${}^{15}N$ chemical shift anisotropy (CSA) cross-correlated relaxation rate, are among those least suitable for use with larger biosystems. This is unfortunate because these experiments yield valuable insight into the variability of the ¹⁵N CSA tensor over the polypeptide backbone, and this knowledge is critical to the correct interpretation of most ¹⁵N-NMR backbone relaxation experiments, including R_2 and R_1 . In order to remedy this situation, we present a new ${}^{1}H_{N}$ – ${}^{15}N$ transverse relaxation optimized spectroscopy experiment measuring η_{z} suitable for applications with larger proteins (up to at least 30 kDa). The presented experiment also yields κ , the site-specific rate of longitudinal ${}^{1}H_{N} - {}^{1}H'$ DD cross relaxation. We describe the η_{z}/κ experiment's performance in protonated human ubiquitin at 30.0 °C and in protonated calcium-saturated calmodulin/peptide complex at 20.0 °C, and demonstrate preliminary experimental results for a deuterated *E. coli* DnaK ATPase domain construct at 34 °C. © *2008 American Institute of Physics*. [DOI: [10.1063/1.2889923](http://dx.doi.org/10.1063/1.2889923)]

I. INTRODUCTION

Numerous reports suggest that many proteins and nucleic acids are best described as dynamic ensembles of structures and that an understanding of these dynamics is important to understand the basis of molecular function. $1-7$ $1-7$ NMR spin relaxation has contributed significantly to our understanding of biomolecular dynamics. $8-15$ At the picosecond-nanosecond time scale, numerous nuclear magnetic relaxation processes exist, each conveying different information regarding underlying dynamic processes. Classical examples of these rates include ¹⁵N R_1 and R_2 relaxations, which describe the rate of return to equilibrium following inversion of $15N$ *z*-magnetization and preparation of singlequantum coherence, respectively. However, many more nonequilibrium spin states can be prepared, each of which has a different relaxation rate back to equilibrium. Each of these rates depends on different spectral densities, and therefore all report on (slightly) different dynamical properties.¹⁶

One rate of modern interest^{17–[21](#page-13-6)} is η_z , the rate constant for longitudinal ${}^{1}H_{N} - {}^{15}N$ dipole-dipole $(DD)/{}^{15}N$ chemical shift anisotropy (CSA) cross-correlated relaxation. The information contained in this rate helps separate the effects of CSA, chemical exchange broadening, and anisotropic tumbling on the classical relaxation rates.¹⁷ However, η_z is difficult to measure accurately because an interfering effect of 1 H $-{}^{1}$ H dipolar cross relaxation renders the rate equations strongly multiexponential. $17-19$ $17-19$ At least five previous attempts have been made to resolve these issues.^{17[–21](#page-13-6)} The first three approaches, although groundbreaking, suffer from various technical difficulties that prevent them from providing reliable rate determinations for small proteins. The most recent experiment²¹ yields reliable rates for small proteins, but cannot be used for larger protein systems due to lack of transverse relaxation optimized spectroscopy (TROSY) detection and insufficient sensitivity due to periods of fastrelaxing ¹⁵N transverse magnetization.

In this paper, we present a ${}^{1}H_{N} - {}^{15}N$ TROSY (Ref. [22](#page-13-8)) experiment measuring η . This experiment is suitable for proteins with correlation times up to 20 ns, corresponding to the correlation time of at least 30 kDa proteins in aqueous solution. This experiment also measures quantitative sitespecific rate constants for the ${}^{1}_{1}\text{H}_{\text{N}}$ spin flip rate κ , a process driven by longitudinal ${}^{1}H_{N} - {}^{1}H'$ DD cross relaxation. κ is also being recognized as an important dynamical parameter in recent work within the field. 23,24 23,24 23,24

II. THEORY

For an isolated amide ${}^{1}H_{N} - {}^{15}N$ two-spin system, the longitudinal 15 N relaxation is commonly expressed 17 as

$$
\frac{d}{dt} \begin{bmatrix} N_z \\ 2N_z H_z \end{bmatrix} = - \begin{bmatrix} R_1^N & \eta_z \\ \eta_z & R_1^{NH} \end{bmatrix} \begin{bmatrix} N_z \\ 2N_z H_z \end{bmatrix},
$$
\n(1)

where $R_{1,\text{up}}^N$ represents the autorelaxation rate of N_z magnetization, R_1^{NH} represents the autorelaxation rate of $2N_zH_z$ longitudinal order, and η _z represents the rate of longitudinal ${}^{1}H_{N}$ – ${}^{15}N$ DD/ ${}^{15}N$ -CSA cross-correlated relaxation.

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With a change of basis, 20 the system may alternatively be expressed in terms of "proton-up" and "proton-down" states of longitudinal two-spin order:

$$
\frac{d}{dt} \begin{bmatrix} \sqrt{2}N_z H_\alpha \\ \sqrt{2}N_z H_\beta \end{bmatrix} = - \begin{bmatrix} \lambda_\alpha & \zeta \\ \zeta & \lambda_\beta \end{bmatrix} \begin{bmatrix} \sqrt{2}N_z H_\alpha \\ \sqrt{2}N_z H_\beta \end{bmatrix},
$$
\n(2)

where λ_{α} represents the autorelaxation rate of the proton-up state $\sqrt{2}N_zH_\alpha$, λ_β represents the autorelaxation rate of the proton-down state $\sqrt{2}N_zH_\beta$, and ζ represents the 1H_N spin flip rate in isolation.

From the master equation of relaxation²⁵ with a Hamiltonian containing ${}^{15}N-{}^{1}H$ dipolar and ${}^{15}N$ CSA terms (assuming axial symmetry), one derives

$$
\lambda_{\alpha} = \frac{d_{\text{NH}}^2}{8} \left(\frac{6J(\omega_N) + J(\omega_H - \omega_N)}{-3J(\omega_H) + 6J(\omega_H + \omega_N)} \right) + \frac{c_N^2}{3} J(\omega_N)
$$

$$
+ \frac{c_N^2}{6} J(\omega_H) + c_N d_{\text{NH}} J_X^{\text{NHN}}(\omega_N), \tag{3}
$$

$$
\lambda_{\beta} = \frac{d_{\text{NH}}^2}{8} \left(\frac{6J(\omega_{\text{N}}) + J(\omega_{\text{H}} - \omega_{\text{N}})}{-3J(\omega_{\text{H}}) + 6J(\omega_{\text{H}} + \omega_{\text{N}})} \right) + \frac{c_{\text{N}}^2}{3} J(\omega_{\text{N}})
$$

$$
+ \frac{c_{\text{N}}^2}{6} J(\omega_{\text{H}}) - c_{\text{N}} d_{\text{NH}} J_{X}^{\text{NH}} N(\omega_{\text{N}}), \tag{4}
$$

$$
\zeta = \frac{d_{\text{NH}}^2}{8} (J(\omega_{\text{H}} - \omega_{\text{N}}) - 3J(\omega_{\text{H}}) + 6J(\omega_{\text{H}} + \omega_{\text{N}}))
$$

$$
-\frac{c_{\text{H}}^2}{6} J(\omega_{\text{H}}), \tag{5}
$$

where $c_X = B_0 \gamma_X \Delta_X$, $d_{XY} = (\mu_0 / 4 \pi) \gamma_X \gamma_Y (h/2 \pi) r_{XY}^{-3}$, B_0 is the spectrometer static magnetic field, γ_X is the gyromagnetic moment of nucleus *X*, Δ_X is the magnitude of the axial CSA of nucleus *X*, μ_0 is the permeability of free space, r_{XY} is the distance between nuclei *X* and *Y*, ω_X is the Larmor frequency for nucleus *X*, $J(\omega_X)$ is the autocorrelation spectral density function for rotational motion of a particular vector at Larmor frequency *X*, and $J_X^{XY/X}(\omega)$ is the cross-correlation spectral density function for relative motion between the internuclear vector between nuclei *X* and *Y* and the CSA principal axis of nucleus *X* at Larmor frequency ω .

In this notation, the spectral density for a rigid isotropic rotor with autocorrelation time τ_C is given by

$$
J(\omega_X) = \frac{2}{5} \frac{\tau_C}{1 + (\omega_X \tau_C)^2}.
$$
 (6)

We may rewrite Eq. (2) (2) (2) as

$$
\frac{d}{dt} \begin{vmatrix} \sqrt{2}N_z H_\alpha \\ \sqrt{2}N_z H_\beta \end{vmatrix} = - \begin{bmatrix} \lambda + \eta_z & \zeta \\ \zeta & \lambda - \eta_z \end{bmatrix} \begin{vmatrix} \sqrt{2}N_z H_\alpha \\ \sqrt{2}N_z H_\beta \end{vmatrix},
$$
(7)

$$
\lambda = \frac{d_{\text{NH}}^2}{8} \left(\frac{6J(\omega_{\text{N}}) + J(\omega_{\text{H}} - \omega_{\text{N}})}{8 - 3J(\omega_{\text{H}}) + 6J(\omega_{\text{H}} + \omega_{\text{N}})} \right) + \frac{c_{\text{N}}^2}{3} J(\omega_{\text{N}})
$$

+
$$
\frac{c_{\text{N}}^2}{6} J(\omega_{\text{H}})
$$
(8)

and

$$
\eta_z = c_N d_{NH} J_X^{NH/N}(\omega_N). \tag{9}
$$

Truly isolated ${}^{1}H_{N} - {}^{15}N$ spin systems, which would give rise to the above equations of relaxation, are very uncommon. Even at the high deuteration levels normally used in NMR spectroscopy of larger proteins, most ${}^{1}H_{N} - {}^{15}N$ systems are still in significant dipolar contact with at least one other proton. This is particularly prevalent in alpha helices, where ${}^{1}H_{N} - {}^{1}H_{N}$ distances for neighboring residues are about 2.8 Å. We refer to these neighbor protons as H' protons. The presence of these neighbor protons in close proximity to the amide proton allows the possibility of fast zero-quantum spin flips driven by large low-frequency spectral density terms. This causes $\sqrt{2}N_zH_\alpha$ states to exchange much more rapidly with $\sqrt{2}N_zH_\beta$ states than predicted by the mechanism described in Eq. (5) (5) (5) . As we will see below, the zero-quantum spin flip rates actually *dominate* the $\sqrt{2}N_zH_\alpha/\sqrt{2}N_zH_\beta$ interchange process for larger proteins.

At first sight, it seems feasible to predict the $\sqrt{2}N_zH_\alpha/\sqrt{2}N_zH_\beta$ interchange process from the protein's three-dimensional (3D) structure. This is indeed theoretically possible if one has access to the angular and distance dynamics of all of the interproton vectors, or if one may assume a rigid molecule. However, if either knowledge were available, it would not be necessary to conduct the experiment we want to describe here. In addition, the analysis is complicated by the fact that not all spin states are equally flip prone: For instance, a $\sqrt{2}N_zH_\alpha$ state with a H'_{β} neighbor can execute fast transitions to a $\sqrt{2}N_zH_\beta-H'_\alpha$ state through a zeroquantum spin-flip process, while a $\sqrt{2}N_zH_\alpha$ state with a H'_{α} neighbor can only flip to $\sqrt{2}N_zH_{\beta}-H'_{\alpha}$ or $\sqrt{2}N_zH_{\beta}-H'_{\beta}$ states by slow single- and double-quantum relaxation processes, respectively. The combinatorics of this process become quite imposing when considering proton-rich areas; in addition, the differences between the rates of the zero-, single-, and double-quantum (as well as higher order) processes are dependent on the composite interproton vector dynamics. In the Appendix, we describe an approach to enumerate these different states, depending on the local structure. However, since exact prediction of the states and the relaxation dynamics is not possible, we will merely parametrize the different environments as a mixture of flipprone and flip-immune systems, here labeled as (F) and (NF), respectively. We note that the above complications are intrinsic to the physics of the spin sytem and also affect other experiments in which η _z is measured directly. In particular, the complications caused by the proton flips enter into measured differences between the rates R_1^N R_1^N R_1^N and R_1^{NH} [see Eq. (1)]. Please also note that the distinction between (F) and (NF) protons enters the formalism because of the (artificial) sepa-

with

ration of ¹⁵N *Z* magnetization in $\sqrt{2}N_zH_\alpha$ and $\sqrt{2}N_zH_\beta$ the distinction does not enter in Nuclear Overhauser Effect Spectroscopy (NOESY) spectra.

In our formulation, the longitudinal relaxation of ${}^{1}H_{N}$ – ${}^{15}N$ spin systems in mixed contact with other protons can be conveniently expressed as

$$
\frac{d}{dt} \begin{bmatrix} \sqrt{2}N_{z}H_{\alpha}(NF) \\ \sqrt{2}N_{z}H_{\beta}(F) \\ \sqrt{2}N_{z}H_{\beta}(NF) \\ \sqrt{2}N_{z}H_{\beta}(NF) \end{bmatrix}
$$
\n
$$
= - \begin{bmatrix} \lambda + \eta_{z} & 0 & 0 & 0 \\ 0 & \lambda + \eta_{z} + \kappa & -\kappa & 0 \\ 0 & -\kappa & \lambda - \eta_{z} + \kappa & 0 \\ 0 & 0 & 0 & \lambda - \eta_{z} \end{bmatrix}
$$
\n
$$
\times \begin{bmatrix} \sqrt{2}N_{z}H_{\alpha}(NF) \\ \sqrt{2}N_{z}H_{\alpha}(F) \\ \sqrt{2}N_{z}H_{\beta}(F) \\ \sqrt{2}N_{z}H_{\beta}(F) \\ \sqrt{2}N_{z}H_{\beta}(NF) \\ \sqrt{2}N_{z}H_{\beta}(NF) \end{bmatrix},
$$
\n(10)

defining the proton-proton flip rate κ .

 κ may be expressed to good approximation by

$$
\kappa \cong \frac{d_{\text{HH}}^2}{8} J(0),\tag{11}
$$

with components dominated by the $J(0)$ spectral density term. The neighbor-proton-catalyzed κ proton flip rate is consequently up to two orders of magnitude larger than the uncatalyzed λ proton flip rate in isolated NH spin systems.

The translation of this theory into experiment extends the formulation of symmetric reconversion for two states 26 to the situation of the η_z/κ experiment, which is that of two preparable and observable states $(\sqrt{2}N_zH_\alpha$ and $\sqrt{2}N_zH_\beta)$, each composed of a mixture of (F) and (NF) substates.

Equation ([10](#page-2-0)) is solved analytically using MATLAB and yields

$$
\sqrt{2}N_zH_\alpha(NF)(t) = \sqrt{2}N_zH_\alpha(NF)(0)e^{-(\lambda + \eta_z)t},\qquad(12)
$$

$$
\sqrt{2}N_zH_{\alpha}(F)(t) = \left(\sqrt{2}N_zH_{\alpha}(F)(0)\cosh(\psi t) + \frac{(\sqrt{2}N_zH_{\beta}(F)(0)\kappa - \sqrt{2}N_zH_{\alpha}(F)(0)\eta_z)}{\psi}\right)
$$

$$
\times \sinh(\psi t)\Big) e^{-(\lambda+\kappa)t}, \qquad (13)
$$

$$
\sqrt{2}N_zH_{\beta}(F)(t) = \left(\sqrt{2}N_zH_{\beta}(F)(0)\cosh(\psi t) + \frac{(\sqrt{2}N_zH_{\beta}(F)(0)\kappa + \sqrt{2}N_zH_{\beta}(F)(0)\eta_z)}{\psi}\right)
$$

$$
\times \sinh(\psi t)\Bigg)e^{-(\lambda+\kappa)t}, \qquad (14)
$$

$$
\sqrt{2}N_zH_\beta(NF)(t) = \sqrt{2}N_zH_\beta(NF)(0)e^{-(\lambda - \eta_z)t},\tag{15}
$$

where

$$
\psi = \sqrt{\kappa^2 + \eta_z^2}.\tag{16}
$$

The four variations (denoted I, II, III, and IV) of the η_z/κ experiment measure the evolution of linear combinations of these substates.

$$
I(t) = \sqrt{\sqrt{2}N_zH_\alpha(NF)(t) + \sqrt{2}N_zH_\alpha(F)(t)}
$$

$$
(\sqrt{2}N_zH_\alpha \text{ preparation}/\sqrt{2}N_zH_\alpha \text{ detection}), \qquad (17)
$$

$$
\Pi(t) = \sqrt{\sqrt{2}N_zH_\beta(NF)(t) + \sqrt{2}N_zH_\beta(F)(t)}
$$

$$
(\sqrt{2}N_zH_\alpha \text{ preparation}/\sqrt{2}N_zH_\beta \text{ detection}), \qquad (18)
$$

$$
III(t) = \sqrt{\sqrt{2}N_zH_\alpha(NF)(t) + \sqrt{2}N_zH_\alpha(F)(t)}
$$

$$
(\sqrt{2}N_zH_\beta \text{ preparation}/\sqrt{2}N_zH_\alpha \text{ detection}), \qquad (19)
$$

$$
IV(t) = \sqrt{\sqrt{2}N_zH_\beta(NF)(t) + \sqrt{2}N_zH_\beta(F)(t)}
$$

$$
(\sqrt{2}N_zH_\beta \text{ preparation}/\sqrt{2}N_zH_\beta \text{ detection}).
$$
 (20)

III. EXPERIMENTAL SECTION

A. Sample conditions

Experiments were carried out using three samples. The first sample consisted of 2.0 mM 15 N-labeled protonated human ubiquitin in 90/10% H₂O/D₂O at *p*H 4.8 and 30.0 °C. The second sample consisted of 1.2 mM 15 N, 13 C-labeled protonated smMLCKp-complexed calcium-saturated chicken calmodulin (referred to hereafter as CaM/smMLCKp) in 90/[10](#page-13-14)% H₂O/D₂O at *p*H 6.5 and 20.0 °C (Ref. 10 and [35](#page-13-15)). The third sample consisted of 0.6 mM 15 N, 13 C, 85%-² H-labeled *E. coli* DnaK 2-388 ATPase domain construct in $90/10\%$ H₂O/D₂O and 5 mM ADP·P_{*i*} at *pH* 7.2 and 34.0 °C.

B. NMR spectroscopy

800 MHz η_z/κ experiments were run on a Varian INOVA 800 spectrometer equipped with a triple-resonance cold probe, while 500 MHz η_z/κ experiments were run on a Bruker Avance 500 spectrometer equipped with a tripleresonance room-temperature probe. Each η_z/κ experiment consisted of acquiring sets of four two-dimensional ${}^{1}H_{N}$ - ${}^{15}N$ TROSY-type spectra at several different time points.

The η_z/κ experimental pulse sequence has four variations corresponding to the four symmetric reconversion subexperiments. These subexperiments correspond to I, II, III, and IV from Eqs. (17) (17) (17) – (20) (20) (20) . Details of the η_z/κ pulse sequence are given in Fig. [1.](#page-3-0) The sequence is essentially an S³E-filtered clean TROSY sequence with relaxation decays included.²⁷ At point *A*, $2N_zH_z$ magnetization exists. The S^3E filter between points *A* and *B* sacrifices half the magnetization, allowing either $\sqrt{2}N_zH_\alpha$ or $\sqrt{2}N_zH_\beta$ to pass through the relaxation period τ . Relaxation takes place between *B* and *C* with the initial pure state of $\sqrt{2}N_zH_\alpha$ or $\sqrt{2}N_zH_\beta$ diffusing

G4 G4

G5 $G5G$

into a mixture of $\sqrt{2}N_zH_\alpha$ and $\sqrt{2}N_zH_\beta$ magnetizations. The filter between *C* and *D* does nothing if $\sqrt{2}N_zH_\alpha$ is the component to be observed, or issues a 180° pulse on protons to convert $\sqrt{2}N_zH_\beta$ magnetization to $\sqrt{2}N_zH_\alpha$ magnetization if $\sqrt{2}N_zH_\beta$ is the component to be observed. The TROSY readout immediately following E then converts the $\sqrt{2}N_zH_\alpha$ component of magnetization into the narrow component of the TROSY multiplet structure.

G2 G2

 $G3G3$

1. Ubiquitin NMR spectroscopy

All η_z/κ spectra acquired on the ubiquitin sample at 500 MHz contained $2k \times 80$ complex points, with spectral widths of 7508 and 1774 Hz, for 1 H and ${}^{15}N$ dimensions, respectively. The $\mathrm{^{1}H}$ carrier was set to 4.699 ppm and the 15 N carrier was set to 117.09 ppm. The interscan delay was set to 1.5 s. η_z/κ experiments on ubiquitin at 500 MHz were run with 16 scans per spectrum at ten time points $(\tau=20, 40,$ 80, 120, 160, 200, 250, 300, 350, and 400 ms).

For purposes of comparison with the η_z/κ experiment, η _z rates for the 0% glycerol ubiquitin sample were also measured at 500 MHz using the recently published protocol of Pelupessy *et al.* We refer to experiments using this pulse sequence as Pelupessy-Ferrage-Bodenhausen (PFB) experiments. PFB spectra contained $2k \times 100$ complex points, with spectral widths of 7508 and 1774 Hz for 1 H and ${}^{15}N$ dimensions, respectively. The 1 H carrier was set to 4.699 ppm and the $15N$ carrier was set to 117.09 ppm. The interscan delay was set to 1.5 s. PFB experiments were run with 128 scans per spectrum at three time points (150, 200, and 250 ms).

2. Calmodulin NMR spectroscopy

All η_z/κ spectra acquired on the calmodulin sample at 800 MHz contained $2k \times 100$ complex points, with spectral widths of 12 001 and 2500 Hz for 1 H and ${}^{15}N$ dimensions, respectively. The $\mathrm{^{1}H}$ carrier was set to 4.916 ppm and the 15 N carrier was set to 118.9 ppm. The interscan delay was set to 0.8 s. η_z/κ experiments on calmodulin at 800 MHz were conducted with 36 scans at 12 time points $(\tau=2, 10, 20, 30, \tau)$ 40, 50, 75, 100, 125, 150, 175, and 200 ms).

All η_z/κ spectra acquired on the calmodulin sample at 500 MHz contained $2k \times 100$ complex points, with spectral widths of 7508 and 1774 Hz, for 1 H and ${}^{15}N$ dimensions, respectively. The $\mathrm{^{1}H}$ carrier was set to 4.699 ppm and the 15 N carrier was set to 117.09 ppm. The interscan delay was

set to 0.8 s. η_z/κ experiments at 500 MHz were run with 40 scans per spectrum at 11 time points (4, 20, 40, 60, 80, 100, 120, 160, 200, 250, and 300 ms).

3. DnaK NMR spectroscopy

All η_z/κ spectra acquired on the DnaK sample at 800 MHz contained $4k \times 128$ complex points, with spectral widths of 12 001 and 2500 Hz for 1 H and ${}^{15}N$ dimensions, respectively. The $\mathrm{^{1}H}$ carrier was set to 4.916 ppm and the 15 N carrier was set to 118.9 ppm. The interscan delay was set to 0.8 s. η_z/κ experiments on DnaK at 800 MHz were conducted with 16 scans.

C. Data fitting

After acquisition, processing of I-, II-, III-, and IV-type relaxation series, and extraction of peak heights in NMRPIPE,^{[28](#page-13-17)} peak heights from each spectra are combined into the functions $X(t)$ and $Y(t)$.

$$
X(t) = \sqrt{\frac{\Pi(t)\Pi(t)}{I(t)\Pi(t)}},
$$
\n(21)

$$
Y(t) = \frac{\text{IV}(t)}{\text{I}(t)}.\tag{22}
$$

The theoretically derived functions $X_T(t)$ and $Y_T(t)$ are then fitted to $X(t)$ and $Y(t)$ by nonlinear least squares with 200 Monte Carlo trials for each residue.

$$
X_T(t) = \sqrt{\frac{\Pi_T(t)\Pi_T(t)}{\Pi_T(t)\Pi_Y(t)}},\tag{23}
$$

$$
Y(t) = \frac{\text{IV}_T(t)}{\text{I}_T(t)},\tag{24}
$$

where $X_T(t)$ and $Y_T(t)$ are constructed from Eqs. ([12](#page-2-3))–([20](#page-2-2)). Five parameters are involved in the fit. These are the two rate parameters, κ and η_z , and three initial substate population parameters.

The three initial substate population parameters are as follows: P_{NF} is the ratio of the amount of initial magnetization that is prepared in (NF) states $[\sqrt{2}N_zH_\alpha(NF)]$ to the amount that is prepared in (F) states $[\sqrt{2}N_zH_\alpha(F)]$. It is assumed that P_{NF} is equal for α and β states of HN. P_{strav} is the ratio of the amount of initial magnetization that is prepared in the undesired initial state $(\sqrt{2}N_zH_\beta)$ being prepared when

 $\sqrt{2}N_zH_\alpha$ is intended, and vice versa) to the amount that is prepared in the desired initial state. P_{stray} is caused by pulse imperfections and cross-relaxation processes during the preparative phase of the pulse sequence. It is assumed that P_{stray} is equal for (F) and (NF) states. C is the efficiency of preparing $\sqrt{2}N_zH_\beta$ magnetization as opposed to preparing $\sqrt{2}N_zH_\alpha$ magnetization; it is very close to unity as described in the supplementary material. These three parameters set the initial substate populations as follows.

For $\sqrt{2}N_zH_\alpha$ starting conditions (I- and II-type experiments),

$$
\sqrt{2}N_zH_\alpha(NF)(0) = P_{NF},\tag{25}
$$

$$
\sqrt{2}N_zH_\alpha(F)(0) = 1, \tag{26}
$$

$$
\sqrt{2}N_zH_\beta(F)(0) = P_{\text{stray}},\tag{27}
$$

$$
\sqrt{2}N_zH_\alpha(NF)(0) = P_{NF}P_{stray}.\tag{28}
$$

For $\sqrt{2}N_zH_\beta$ starting conditions (III- and IV-type experiments),

$$
\sqrt{2}N_zH_\alpha(NF)(0) = CP_{NF},\tag{29}
$$

$$
\sqrt{2}N_zH_\alpha(F)(0) = C,\t\t(30)
$$

$$
\sqrt{2}N_zH_\beta(F)(0) = CP_{\text{stray}},\tag{31}
$$

$$
\sqrt{2}N_zH_\alpha(NF)(0) = CP_{NF}P_{stray}.\tag{32}
$$

Inclusion of the first two time points $(4 \text{ and } 20 \text{ ms})$ in calmodulin fits at 500 MHz leads to values of κ that diverge sharply from values of κ resulting from fits excluding the first two time points. This phenomenon is not experienced in calmodulin fits at 800 MHz. We attribute this divergence to transient relaxation phenomena existing at short relaxation times. In order to correct for this divergence, we do not include the first two data points in the fitting procedure for 500 or 800 MHz calmodulin data. 500 MHz calmodulin rates therefore result from fitting to data at nine time points 40, 60, 80, 100, 120, 160, 200, 250, and 300 ms) while 800 MHz calmodulin rates result from fitting to data at ten time points (20, 30, 40, 50, 75, 100, 125, 150, 175, and 200 ms).

IV. RESULTS

A. Comparison with existing experiments

In Fig. [2,](#page-4-0) we compare the results of the proposed η_z/κ experiment with the η experiment proposed by Pelupessy *et* $aL₁²¹$ $aL₁²¹$ $aL₁²¹$ which we will refer to as the PFB experiment. The ubiquitin sample is used in the comparison. The PFB experiment takes a similar approach to the η_z experiment proposed by Kroenke *et al.*^{[17](#page-13-5)} measuring η_z via interconversion between N*^z* and 2N*z*H*^z* magnetizations and relying on Heteronuclear Single Quantum Correlation (HSQC) detection.

Given the differences in spin physics and experimental methodology between the η_z/κ and PFB experiments, the correlation in Fig. [2](#page-4-0) is quite satisfying indeed.

FIG. 2. Comparison of η_z rates determined from the η_z/κ experiment de-scribed here and the PFB experiment described by Pelupessy et al. (Ref. [21](#page-13-6)). Sample consists of 2.0 mM 15 N-labeled protonated human ubiquitin in 90/ 10% H2O/D2O at *p*H 4.8 and 30.0 °C. Instrument: Bruker AMX 500, no cryo probe.

The elegant PFB approach is unsuitable for measurement of η_z in larger systems. First, the PFB experiment cannot easily be rewritten as a TROSY experiment, since it involves the separation of N_z and $2N_zH_z$ components of magnetization, a task which is not straightforward under the quadruplet selection scheme of TROSY. Second, the experiment contains a $N_z \leftrightarrow 2N_zH_z$ interconversion block which requires a 5.55 ms period during which $\mathrm{^{15}N}$ magnetization is transferred into fast-relaxing transverse states, affecting sensitivity for larger systems.

B. Increasing the rotational correlation time: Prospects for use with larger proteins

Figure [3](#page-5-0) shows several spectra from an η_z/κ experiment conducted on CaM/smMLCKp at 20 °C and 800 MHz. All six spectra display the same region, which contains five $15N$ – $1H$ TROSY peaks corresponding to residues Q49, N60, $I85$, A103, and E139. Spectra (a), (c), and (e) are from I-type autorelaxation experiments with relaxation times $\tau = 20, 75,$ and 150 ms, respectively. Spectra (b), (d), and (f) are from II-type cross-relaxation experiments with relaxation times τ =20, 75, and 150 ms, respectively. Strong signal intensities in I-type experiments at $\tau = 20$ ms are visibly reduced by τ =150 ms, while signal intensities below the contour limit in II-type experiments at τ =20 ms have greatly strengthened by τ =150 ms. III-type experiments display similar behavior to II-type experiments, while IV-type experiments display similar behavior to I-type experiments.

In order to demonstrate that the experimental protocol is applicable to proteins significantly larger than calmodulin, Fig. [4](#page-6-0) shows several spectra from an η_z/κ experiment conducted on a 44 kDa deuterated sample of *E. coli* DnaK ATPase domain 2-388 construct at 34 °C and

FIG. 3. Evolution of I-type $[(a), (c),$ and $(e)]$ and II-type $[(b), (d),$ and $(f)]$ peaks in a subregion of η_z/κ TROSY spectra of CaM/smMLCKp at 20.0 °C. Three different relaxation times τ are shown: τ =20 ms [(a) and (b)], τ =75 ms [(c) and (d)], and τ =150 ms [(e) and (f)]. From left to right, the five residues shown are A103, Q49, I85, N60, and E139. Each spectrum was acquired in 1.5 h. All spectral plots were generated in SPARKY (Ref. [29](#page-13-18)).

800 MHz. All four spectra display the same region. Spectra (a) and (c) are from I-type autorelaxation experiments with relaxation times $\tau = 30$ and 270 ms, while spectra (b) and (d) are from II-type cross-relaxation experiments with relaxation times $\tau = 30$ and 270 ms. Cross-peak intensities increase greatly from 30 to 270 ms, indicating that the experimental plan remains valid for larger proteins. The rate of increase is comparatively slow despite the larger protein size thanks to the retarding effects of deuteration on proton flip rates.

The time evolution of all four η_z/κ variations is detailed for CaM/smMLCKp residue N60 in Fig. [5.](#page-6-1) Peak volumes are extracted according to the methods described in Sec. III C. Cross experiment volumes do not reach equilibrium with autoexperiment volumes as a consequence of the existence of (NF) magnetization described in Sec. II and the Appendix.

Peak volume data of the type illustrated in Fig. [5](#page-6-1) are combined according to Eqs. (20) (20) (20) and (21) (21) (21) and fit according to the methods described in Sec. III C. Figure [6](#page-6-2) illustrates the results of these fits for residue N60. An important observation of note is that $X(t)$ reaches an equilibrium value ≤ 1 for long relaxation times τ . This is a consequence of the existence of (NF) magnetization, as outlined in Sec. II and the Appendix.

Only the (F) portion of the magnetization prepared as

 $\sqrt{2}N_zH_\alpha$ is available for rapid transfer to $\sqrt{2}N_zH_\beta$ in the II experiment, and vice versa in the III experiment. This leads to the II and III experiments never reaching the same intensity as the IV and I autoexperiments, even after equilibrium between (F) populations has been reached. This is because the I- and IV-type autoexperiments have access to both (F) and (NF) magnetization states. II- and III-type cross experiments, on the other hand, only report on the (F) population of the initial magnetization state. Further illustration of this phenomenon can be found in the Appendix.

500 and 800 MHz η_z/κ experiments on CaM/ smMLCKp yielded 81 residues which could be unambiguously assigned and successfully fitted in both 500 and 800 MHz datasets. CaM/smMLCKp η_z and κ rates for these residues are displayed in Fig. [7.](#page-7-0) Figures $7(a)$ $7(a)$ and $7(b)$ $7(b)$ $7(b)$ display η _z rates from 500 and 800 MHz spectra, respectively, while Figs. $7(c)$ $7(c)$ and $7(d)$ display κ rates from 500 and 800 MHz spectra, respectively.

All derived rates of η_z , κ and population estimates P_{NF} , *P*stray, and *C* data and errors for ubiquitin, and for smMLCKp-complexed calcium-saturated chicken calmodulin, are available as EPAPS documents.³⁰

V. DISCUSSION

A. Internal consistency

 η_z and κ rates are dependent on the spectral density functions and the static spectrometer field B_0 according to Eqs. (8) (8) (8) and (10) (10) (10) . For this discussion, we will cast the spectral density functions in terms of a Lipari–Szabo model 31

$$
J^{ab}(\omega) = \frac{2}{5} \left[\frac{S^{ab} \tau_c}{1 + (\omega \tau_c)^2} + \frac{(P_2 \cos \theta_{ab} - S^{ab}) \tau}{1 + (\omega \tau)^2} \right],
$$
(33)

where the angle between the principal axes of the relaxation active Hamiltonians H_a and H_b is denoted θ_{ab} with $P_2(\cos \theta_{ab}) = (3 \cos^2 \theta_{ab} - 1)/2$. When H_a and H_b are the same, the quantity S^{ab} is the familiar order parameter S^2 . Otherwise, it is a cross-correlation order parameter (0 $\langle S^{ab} \rangle \langle P_2 \cos \theta^{ab} \rangle$.

As usual we define

$$
\frac{1}{\tau} = \frac{1}{\tau_c} + \frac{1}{\tau_{loc}},\tag{34}
$$

where τ_c is the global rotational correlation time and where τ_{loc} is the correlation time of the local orientational fluctuations of (both) relaxation vector(s).

In Fig. [8](#page-8-0)(a) we compare ${}^{1}H-{}^{1}H$ spin-flip rates κ for calmodulin at B_0 =800 MHz and B_0 =500 MHz, both at 20.0 °C. Theoretically, the relationships between the experimental points should be, in terms of the spectral density function in Eq. (33) (33) (33) ,

$$
\frac{\kappa(800 \text{ MHz})}{\kappa(500 \text{ MHz})} \propto \frac{J^{\text{HH'}/\text{HH'}}(0)}{J^{\text{HH'}/\text{HH'}}(0)} = \frac{[S^2 \tau_c + (1 - S^2) \tau]}{[S^2 \tau_c + (1 - S^2) \tau]} = 1,
$$
\n(35)

whether local motion is present or not. We see that the points

FIG. 4. Evolution of I-type $[(a)$ and $(c)]$ and $[1]$ -type $[(b)$ and $(d)]$ peaks in a subregion of η_z/κ TROSY spectra of an *E. coli* DnaK ATPase domain 2-388 construct at 34.0 °C. Two different relaxation times τ are shown: τ =30 ms [(a) and (b)] and τ =270 ms [(c) and (d)]. Each spectrum was acquired in 1.3 h. All spectral plots were generated in SPARKY (Ref. [29](#page-13-18)).

in Fig. $8(a)$ $8(a)$ do indeed cluster around a line with slope 1. The correlation is very good, given the fact that these experiments were recorded at 500 MHz on a Bruker instrument and at 800 MHz on a Varian instrument. Deviations from the line with slope 1 are also theoretically possible when the

FIG. 5. Evolution of I-, II-, III-, and IV-type peak heights for N60 in η_z/κ TROSY spectra of CaM/smMLCKp at 20.0 °C using the 800 MHz spectrometer. All peak volumes are extracted with the NLINLS package within the NMRPIPE suite (Ref. [29](#page-13-18)).

approximation used in Eq (11) (11) (11) for κ is not valid; for instance, when higher-frequency components are present in the flip rates.

In Fig. [8](#page-8-0)(b) we compare the η_z rates for calmodulin at B_0 =800 MHz and B_0 =500 MHz, both at 20.0 °C. Without local motion, the relationships between the experimental points are given by

FIG. 6. Curve fits of Eqs. (20) (20) (20) and (21) (21) (21) to the data of Fig. [4,](#page-6-0) where $X(t)$ $=\sqrt{\text{II}(t)\text{III}(t)/\text{I}(t)\text{IV}(t)}$ and $Y(t) = \text{IV}(t)/\text{I}(t)$.

FIG. 7. η_z [(a) and (c)] and κ [(b) and (d)] rates for CaM/smMLCKp derived from curve fits, as illustrated in Fig. [5.](#page-6-1) Rates are given for two different sample conditions: $T=20.0 \degree C$ and $B_0=500$ MHz [(a) and (b)] and $T=20.0 \degree C$ and $B_0=800$ MHz [(c) and (d)]. Error bars are obtained from 200 Monte Carlo fits to the data. The rates are also listed in the EPAPS material (Ref. [30](#page-13-22)).

$$
c_{N}(800 \text{ MHz})d_{NH}J_{N}^{NHN}(80 \text{ MHz})
$$

\n
$$
c_{N}(500 \text{ MHz})d_{NH}J_{N}^{NHN}(50 \text{ MHz})
$$

\n
$$
= \frac{800}{500}J_{N}^{NHN}(80 \text{ MHz}) \approx 0.68.
$$
 (36)

The plot shows a weak correlation between the η_z rates at different frequencies. Since the correlation of Fig. $8(a)$ $8(a)$ is strong, weak correlation cannot be ascribed entirely to experimental error. Indeed, since the cross-correlation spectral functions are very sensitive to local motions [see Eq. (33) (33) (33)] we should not expect much correlation to begin with. Significantly, the rates at 500 MHz are systematically larger than expected on the basis of Eq. (36) (36) (36) as compared to the rates at 800 MHz. This indicates that the local motions may have dominant components at the low-nanosecond time scale.

Summarizing this section, we conclude from the good correlations in the κ plot that our experiment is sufficiently robust to measure these rates for proteins with larger correlation times. We emphasize (likely superfluously) that the η_z rates themselves are not interpretable in terms of local motions without detailed knowledge of the ¹⁵N CSA parameters [see Eq. (9) (9) (9)]. The lack of correlations in the η_z rates between different fields and temperatures should be expected on the basis of the large effect of local motions on theoretical η rates. This is proof that these rates are very good sensors of such motions and that comparisons of these rates between different fields should yield very valuable information on the time scale of these motions. Note that the CSA variations drop out from the ratios such as in Eq. (36) (36) (36) .

The κ rates report on both the structural and the dynamical proton environment of the amide protons. The discussion of their interpretation is beyond the scope of the current paper, and will be presented elsewhere.

B. Comparison with other approaches

Several groups have recognized the complications of measuring η _z experiments and have presented different solutions or approaches. Kroenke *et al.*^{[17](#page-13-5)} were the first to realize the problems caused by the differences in N_z and $2N_zH_z$ relaxation rates, which render Eq. (1) (1) (1) difficult to solve. Their solution to the problem—periodically interchanging N_z and

FIG. 8. Correlation plot of CaM/smMLCKp κ (a) and η_z (b) rates at *T* =20.0 °C and B_0 =500 MHz (x-axis) against rates for $T=20.0$ °C and B_0 =800 MHz (y-axis). Solid lines indicate predicted slope of correlation.

2N*z*H*^z* states and thereby averaging the different rates—is in theory a correct solution to the problem. However, for larger molecules the averaging elements, which are 5.55 ms periods of *J*-coupled transverse coherence, are a major drain on the sensitivity of the experiment. Additionally, the differences between N*^z* and 2N*z*H*^z* relaxation rates become very large for large molecules. This means that more averaging elements are needed to maintain the averaging requirements of the experiment, leading to unacceptable losses in sensitivity. The recently presented symmetric reconversion form of the Kroenke experiment by Pelupessy $et al.²¹$ $et al.²¹$ $et al.²¹$ retains the same drawback since it contains an interchange block. Finally, these experiments cannot easily be cast in TROSY form because they must separate N*^z* and 2N*z*H*^z* components of magnetization, a difficult task under the requirements of TROSY mixing and acquisition.

Felli *et al.*^{[19](#page-13-7)} attempted broadband decoupling of protonproton dipolar interaction through an off-resonance ¹H spin lock during $2N_zH_z$ relaxation at the NOESY/ROESY (Rotating Frame Nuclear Overhauser Effect Spectroscopy Magic) angle. However, this elegant approach can only work accurately if there is no internal motion, rendering the experiment unsuitable for dynamics measurements.

Wang *et al.*^{[18](#page-13-24)} opted to measure proton flip rates indirectly by measuring selective ${}^{1}H R_1$ values from the decay of amide proton diagonals in 3D NOESY experiments. Unfortunately, the NOE approach is not suitable for large molecules either because of spectral congestion of the NOESY diagonal. The current experiment is similar in spirit to this attempt, in the sense that we opt to measure the proton flip rates, albeit with an approach more suitable for use with larger proteins.

The η_z experiment proposed by Bouguet-Bonnet *et al.*^{[20](#page-13-11)} begins with preparation of pure $\sqrt{2}N_zH_\alpha$ and $\sqrt{2}N_zH_\beta$ states, an idea that helped inspire our experiment. Our experiment differs in that we directly observe the behavior of $\sqrt{2}N_zH_\alpha$ and $\sqrt{2}N_zH_\beta$ magnetizations and treat the system in terms of $\sqrt{2}N_zH_\alpha$ and $\sqrt{2}N_zH_\beta$ throughout, rather than using a description in terms of N_z and $2N_zH_z$. This streamlines the description of the system, allows the use of TROSY methods, and removes the difficulty encountered in fitting data from large molecule systems with strongly asymmetric R_1^N and R_1^{NH} rates.

We have compared η_z rates obtained from our experiment with η_z rates from the PFB experiment²¹ at τ_c =3.9 ns. The correlation shown in Fig. [2](#page-4-0) is quite satisfying for this low global correlation time. We consider this to be an important result because it provides a direct test of the validity of the novel theory developed in Sec. II. The rates obtained for larger molecules are therefore trustworthy, even if we cannot make a direct comparison between our methods and earlier methods.

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APPENDIX: ENUMERATION OF FLIP-PRONE AND FLIP-IMMUNE AMIDE PROTONS

Consider an amide proton with *N* neighbor protons which are capable of undergoing zero-quantum spin flips (referred to as the rate κ) with the amide proton. At the large molecule limit, these flip rates are up to two orders of magnitude faster than the overall proton R_1 relaxation rates. Once perturbed, a group of $N+1$ protons will relax to equilibrium in two stages. In the first stage, magnetization will equalize throughout the proton group by κ -type processes. In the second stage, the magnetization spread across the proton group will return to "true" equilibrium by conventional proton R_1 relaxation. In the large molecule limit, this is completely equivalent to NOE-type cross relaxation, which consists of a fast "buildup" followed by a slow decay. In the following discussion, we will focus on the first stage, that of proton

group equilibration caused by κ relaxation. In the η_z/κ relaxation experiment, the use of symmetric reconversion accounts for the second-stage equilibration caused by proton R_1 relaxation, rendering it irrelevant to the experiment under discussion.

The essential feature of κ , or flip-flop, relaxation in a proton group is that a group of *N*+1 protons prepared with *j* α spins and *N*+1−*j* β spins will conserve *j* α spins and *N* $+1-j$ β spins at the end of the κ relaxation period. We illustrate the principle, and its effects on our experiments, with model population distributions for a NH system with three neighbor protons $(N=3)$ at several points during the η_z/κ experiment. As shown in Figs. [9–](#page-9-0)[11,](#page-11-0) population distributions are described in terms of an energy-level diagram, with the population of each substate in the distribution given by a number below that state's energy level. Substates are

labeled according to the scheme $Nx_1Hx_2x_3x_4x_5$, where *x* may be either α or β . x_1 represents the state of the amide nitrogen spin, x_2 represents the state of the amide proton spin, and x_3 , x_4 , and x_5 represent the states of the $N=3$ neighbor protons

Each substate is a component of the larger N_zH_α or N_zH_β magnetization states observed during the η_z/κ experiment. Substate affiliation with N_zH_α or N_zH_β magnetization is indicated by black borders on the energy-level diagrams. The contribution of the various substate pairs to the overall intensity of N_zH_α or N_zH_β magnetization is calculated by taking the difference between the N β H $x_2x_3x_4x_5$ and N α H $x_2x_3x_4x_5$ components of a given pair, and then summing over all pairs.

The energy-level diagram is set up such that the initial population difference between a lower-energy (α) and a higher-energy (β) proton state is 20, while the population difference between a lower-energy (β) and a higher-energy (α) nitrogen state is 2. The exact magnitude of this population difference is not relevant to the first-stage equilibrium ratio XM_i/AM_i —the only relevant parameter is the number of neighbor protons *Ni* .

Figure [9](#page-9-0) shows the equilibrium state population distribution corresponding to N*^z* magnetization for an amide system with $N=3$ neighbor protons; both N_zH_α and N_zH_β magnetizations have a polarization of +16 units. Figure [10](#page-10-0) shows the population distribution of the system after selecting for negative N_zH_α magnetization with an S^3E element and subsequent gradient filter. Following the selection of N_zH_α magnetization and removal of N_zH_β magnetization, populations of states with equal energy (e.g., $N\alpha H\alpha\beta\alpha\alpha$ and N α H $\alpha \alpha \beta \alpha$) undergo rapid equalization due to fast κ spin flip-flop processes. Figure [11](#page-11-0) illustrates the effect of this rapid κ averaging. During the relaxation period following the S^3E and gradient, the N_zH_{α} magnetization rapidly relaxes from an initial state of −16 to −10 units, i.e., the fast flip-

flop relaxation does not take it back to the equilibrium $+16$ state. In practice, one carries out a 180° phase cycling of the first ¹⁵N pulse in concert with receiver phase cycling, leading to −16 N_zH_α/0 N_zH_β magnetization and +16 N_zH_α/0 N_zH_β magnetization on alternate scans. In the case of $+16$ N_zH_{α}/0 N_zH_β magnetization, first-stage equilibration processes drive N_zH_α magnetization from an initial state of +16 to +10 units. Taking the receiver inversion into account, the result of the two scans combined describes a relaxation process from −32 to −20 units. The phase cycle does not relax it back to 0, as is the case in phase-cycled R_1 experiments.

The magnetization leached from N_zH_a by κ -driven averaging processes ends up in substates affiliated with N_zH_β magnetization. The κ -driven averaging of magnetization among states with equal energy levels causes N_zH_β magnetization to rapidly build from an initial state of 0 to −6 units (or −12 units for the two scans combined as above).

The decay of initially prepared N*z*H*^a* magnetization during first-stage equilibration is observed in the "I" symmetric reconversion component of the η_z/κ experiment. The concurrent buildup of N_zH_β magnetization is the cross relaxation observed in the "II" experiment of the symmetric reconversion experiment. The reverse situation of N_zH_β decay and N_zH_α buildup applies for the "IV" and "III" experiments, respectively. In these cases, the S^3E selects for pure N_zH_β magnetization.

In the case of an amide system with three neighbor protons $(N_i=3)$ prepared with pure N_zH_{α} magnetization, our model predicts that the ratio $N_zH_\beta/N_zH_\alpha=3/5$ will be observed at first-stage equilibrium. This ratio, referred to as $(N_zH_\beta/N_zH_\alpha)_{\text{fse}}$, is a free parameter in our data fitting protocol.

To expand the description to a larger number of spins,

consider the proton group G_i belonging to the *i*th amide proton in the protein sequence. G_i contains N_i+1 protons, where *Ni* varies with the local environment of the amide proton. The population of all instances of a particular proton group G_i in the sample may be divided into subgroups G_{i0} containing no α spins, G_{i1} containing one α spin, and so on, ending with $G_{i(N_i+1)}$ containing N_i+1 α spins. Since the number of α and β spins in G_{ij} is conserved under κ relaxation, the N_i +2 subgroups G_{ij} are segregated from each other under κ relaxation. Each subgroup equilibrates separately.

One of the N_i+1 protons in a proton group G_i is the amide proton spin, and it is the state of this spin that is observed in the experiment. Different subgroups G_{ii} have different proportions of their population with the amide proton spin in the α state. For instance, G_{i0} contains no α spins and therefore has no states where the amide proton spin is in the α state, while G_{i1} contains one α spin and therefore has one state where the amide proton spin is in the α state. $G_{i(N_i+1)}$ has all N_i+1 spins in the α state, and consequently all of its states have the amide proton spin in the α state. Since statistical mechanics dictates that there can be only one state where all N_i+1 spins are in the α state, $G_{i(N_i+1)}$ also has one state where the amide proton spin is in the α state.

The number of states encompassed by a subgroup G_{ij} is given by the number of ways to arrange $j \alpha$ spins among N_i+1 total spins, and is given by the binomial coefficient $\binom{N_i+1}{j}$. The number of states in G_{ij} that have their amide proton spin in the α state is given by the number of ways to arrange *j*−1 remaining α spins among N_i remaining spins $\binom{N_i}{j-1}$ for $0 < j \le N_i+1$ and is 0 for *j*=0. The number of states in G_{ij} that have their amide proton spin in the β state is given by the number of ways to arrange N_i − *j* remaining β spins among *N_i* remaining spins $\binom{N_i}{N_i-j}$ for all $0 \le j \le N_i+1$ and is 0 for $j = N_i + 1$.

The fraction a_{ij} of states in G_{ij} whose amide proton spin is in the α state is consequently

$$
a_{ij} = \begin{cases} 0 & (j = 0) \\ \frac{N_i}{j-1} \\ \frac{N_i + 1}{j} \\ 0 \le j \le N_i + 1 \end{cases} = \frac{j}{N_i + 1}
$$

(0 \le j \le N_i + 1), (A1)

while the fraction b_{ij} of states in G_{ij} whose amide proton spin is in the β state is given by

$$
b_{ij} = \begin{cases} \begin{pmatrix} N_i \\ N_i - j \end{pmatrix} & (0 \le j < N_i + 1) \\ \begin{pmatrix} N_i + 1 \\ j \end{pmatrix} & (0 \le j < N_i + 1) \\ 0 & (j = N_i + 1). \end{cases} = \frac{N_i + 1 - j}{N_i + 1} \\ (0 \le j \le N_i + 1) \end{cases} \tag{A2}
$$

The κ relaxation experiment is conducted by preparing either the amide proton α states or the amide proton β states of the proton groups G_i , allowing the G_i to equilibrate for a

time *t*, and measuring the ratio of "cross-magnetization" intensity (magnetization in the opposite state from that prepared) to "automagnetization" intensity (magnetization in the same state as that prepared).

Consider the case where α magnetization is prepared. The total equilibrium automagnetization AM*ⁱ* will be equal to the sum over j (all subgroups) of the number of states in G_{ii} that have their amide proton spin in the α state (the initial states prepared) multiplied by the fraction a_{ij} of states in G_{ij} whose amide proton spin is in the α state (the equilibrium distribution of α states among the states of G_{ij}):

$$
AM_{i} = \sum_{j=1}^{N_{i}+1} \frac{j}{N_{i}+1} {N_{i} \choose j-1},
$$
\n(A3)

where $j=0$ is not included in the sum. Conversely, the total equilibrium cross magnetization XM*ⁱ* will be proportional to the sum over *j* (all subgroups) of the number of states in G_{ij} that have their amide proton spin in the α state (the initial states prepared) multiplied by the fraction b_{ij} of states in G_{ij} whose amide proton spin is in the β state (the equilibrium distribution of α states among the states of G_{ij}):

$$
XM_{i} = \sum_{j=1}^{N_{i}+1} \frac{N_{i}+1-j}{N_{i}+1} {N_{i} \choose j-1}.
$$
 (A4)

The first-stage equilibrium ratio of cross to auto magnetization in the κ relaxation experiment for a given proton group *Gi* is then equal to

$$
\frac{XM_i}{AM_i} = \frac{\sum_{j=1}^{N_i+1} \frac{N_i+1-j}{N_i+1} {N_i \choose j-1}}{\sum_{j=1}^{N_i+1} \frac{j}{N_i+1} {N_i \choose j-1}} = \frac{N_i}{N_i+2},
$$
\n(A5)

where the ratio is the same whether amide proton α or β states are initially prepared.

Since the $A(t)$ measurement in the η_z/κ relaxation experiment involves the square root of two ratios of cross to auto magnetization, both of which have identical equilibrium values, the preceding equation gives the first-stage equilibrium value of $A(t)$ as a function of N_i .

The $N_zH_\beta/N_zH_\alpha=3/5$ ratio at first-stage equilibrium corresponds to that predicted earlier from Fig. [11](#page-11-0) for a system with $N_i=3$. When N_i becomes large, the N_zH_β/N_zH_α ratio becomes unity.

In this analysis, we have assumed that κ -driven averaging among neighbor protons occurs much faster than all other longitudinal relaxation processes, an assumption that does not hold for neighbor protons which are distant and/or disordered with respect to the amide proton. If this assumption is invalid, first-stage and second-stage equilibration processes will be mixed together and equilibration behavior will become more complicated. We have neglected the fact that the neighbor protons themselves have other neighbor protons which will cause magnetization to diffuse throughout the sample as a second-order effect, and we have neglected the possibility that some amide systems may share immediate neighbor protons. These neglected phenomena will complicate the diffusion of magnetization through the sample by κ -driven averaging. The analytical expressions derived above are therefore useful for explanation, but not for prediction. We thus must treat the ratio $(N_zH_\beta/N_zH_\alpha)_{\text{fse}}$ as a free parameter in our data fitting, $0.333 \langle (N_z H_\beta / N_z H_\alpha)_{\text{fse}} \langle 1,$ even if the protein structure is known at high resolution.

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