# **Consultations in Molecular Diagnostics**

Hereditary Apolipoprotein Al-Associated Amyloidosis in Surgical Pathology Specimens

# Identification of Three Novel Mutations in the APOA1 Gene

Magdalena Eriksson,\* Stefan Schönland,<sup>†</sup> Saniye Yumlu,\* Ute Hegenbart,<sup>†</sup> Hanna von Hutten,\* Zarina Gioeva,\* Peter Lohse,<sup>‡</sup> Janine Büttner,<sup>§</sup> Hartmut Schmidt,<sup>¶</sup> and Christoph Röcken\*

From the Department of Pathology,\* and the Medical Clinic of Gastroenterology, Hepatology, and Endocrinology,<sup>§</sup> Charité University Hospital, Berlin; Medical Department V,<sup>†</sup> Amyloidosis Clinic, Hematology, University of Heidelberg, Heidelberg; the Department of Clinical Chemistry - Grossbadern,<sup>‡</sup> University of Munich, Munich; and Transplant Hepatology,<sup>¶</sup> University of Münster, Münster, Germany

Apolipoprotein AI-derived (AApoAI) amyloidosis may present either as a non-hereditary form with wildtype protein deposits in atherosclerotic plaques or as a hereditary form due to germline mutations in the APOA1 gene. Currently, more than 50 apoAI variants are known, and 13 are associated with amyloidosis. We describe six patients with AApoAI amyloidosis due to APOA1 germline mutations that affect the larynx, small intestine, large intestine, heart, liver, kidney, uterus, ovary, or pelvic lymph nodes. In each patient, the amyloid showed a characteristic apple green birefringence when viewed under polarized light after Congo red staining and was immunoreactive with antibodies against apoAI. Sequence analyses revealed one known (p.Leu75Pro) and three novel APOA1 mutations that included gene variations leading to two different frameshifts (p.Asn74fs and p.Ala154fs) and one amino acid exchange (p.Leu170Pro). These three novel mutations extend our knowledge about both the location of the mutations and the organ distribution in hereditary AApoAI amyloidosis. Thirteen of the now sixteen amyloidogenic mutations are localized in two hot-spot regions that span residues 50 to 93 and 170 to 178. The organ distribution and clinical presentation of AApoAI amyloidosis seems to depend on the position of the mutation. Patients with alterations in codons 1 to 75 mostly develop hepatic

and renal amyloidosis, while carriers of mutations in residues 173 to 178 mainly suffer from cardiac, laryngeal, and cutaneous amyloidosis. *(J Mol Diagn* 2009, 11:257–262; DOI: 10.2353/jmoldx.2009.080161)

The amyloidoses are a large group of heterogeneous diseases characterized by insoluble protein and peptide aggregates oriented in a  $\beta$ -pleated sheet structure, forming amyloid fibrils of 10 to 12 nm diameter. More than 26 different proteins have been identified to form amyloid. Depending on the histoanatomical distribution and amount, amyloid may cause progressive and life-threatening organ dysfunction.<sup>1</sup> Amyloid may be acquired or hereditary in origin, and it can deposit locally or present as a systemic disease. Due to the diversity of the precursor proteins with no sequence homology between them, it has been impossible to find any common primary structural or functional motif that predicts the amyloidogenicity of a peptide or protein. In this respect, hereditary amyloidoses are particularly interesting. They are caused by germline mutations, which increase the propensity of the affected protein to form aggregates under particular circumstances. Variants of transthyretin, apolipoprotein AI (apoAI), apolipoprotein AII, fibrinogen A $\alpha$ -chain, gelsolin, and lysozyme are some of the proteins known to cause hereditary amyloidosis. The most frequent form of hereditary amyloidosis is the transthyretin-derived ATTR amyloidosis, which clinically presents with polyneuropathy and/or cardiomyopathy.<sup>2</sup>

Apolipoprotein Al-derived (AApoAl) amyloidosis can be present as a non-hereditary form with wild-type protein deposits in atherosclerotic plaques,<sup>3</sup> or as a hereditary form with the variant protein depositing more sys-

M.E. and S.S. contributed equally to the manuscript.

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Address reprint requests to Prof. Dr. med. Christoph Röcken, Department of Pathology, Charité University Hospital, Charitéplatz 1, D-10117 Berlin, Germany. E-mail: christoph.roecken@charite.de.

Variant (mature protein)	Clinical manifestations/found amyloid sites	Reference
p.Gly26Arg	Renal failure, gastrointestinal amyloid, peripheral neuropathy	7, 8
p.Trp50Arg	Renal failure	9
p.Leu60Arg	Renal failure	10
p.Leu64Pro	Renal failure	11
p.Leu60_Phe71delinsValThr	Liver failure	12
p.Glu70_Trp72del	Renal failure	13
p.Asn74fs	Gastrointestinal amyloid, renal failure, amyloid detected in uterus, ovaries, pelvic lymph nodes	Current report
p.Leu75Pro	Renal failure, hepatic amyloid, gastrointestinal amyloid	14, 15 Current report
p.Leu90Pro	Cardiomyopathy, cutaneous amyloid	16
p.Lys107del	Aortic intimal amyloid	17
p.Ala154fs	Renal amyloid	Current report
p.Leu170Pro	Amyloid in larynx	Current report
p.Arg173Pro	Cardiomyopathy, cutaneous and laryngeal amyloid	18
p.Leu174Ser	Cardiomyopathy	19
p.Ala175Pro	Laryngeal amyloid	20
p.Leu178His	Cardiomyopathy, cutaneous and laryngeal amyloid	21

Table	1.	ApoA1	Mutations	Associated	with	AApoAI	Amvloidosis
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temically. The clinical manifestations of hereditary AApoAI amyloidosis frequently involve liver, kidney, larynx, skin, and myocardium. In rarer cases, amyloid is also found in the testes and adrenal glands.<sup>4</sup> ApoAl is a plasma protein of 28 kDa synthesized by the liver and the small intestine. It is the main protein of high-density lipoprotein particles and important for the formation and metabolism of high-density lipoprotein cholesterol esters.<sup>5</sup> Mature apoAI consist of 243 amino acids encoded by exons 3 and 4 of the APOA1 gene.<sup>6</sup> More than 50 apoAI variants have been described,<sup>4</sup> and about half of them are associated with a decreased plasma level of high-density lipoprotein-apoAI. These apoAI variants either affect lecithin:cholesterol acyltransferase activity or promote the formation of amyloid.<sup>5</sup> To date, 13 mutations are known to be associated with hereditary AApoAI amyloidosis (Table 1).<sup>7–21</sup> The majority of the germline mutations are nucleotide substitutions, but two variants are caused by deletions<sup>13,17</sup> and another one is due to a deletion/insertion mutation.<sup>12</sup>

In this report, we describe six German patients with hereditary AApoAI amyloidosis, presenting with one known and three novel mutations in the *APOA1* coding sequence.

# Case Reports

Six German patients (four women and two men) with hereditary AApoAI amyloidosis were studied. Patients were retrieved from the Amyloid Registries of the University Hospitals in Berlin and Heidelberg between June 2001 and August 2008. Following the identification of cases with AApoAI amyloidosis, all patients gave written informed consent for genomic analyses. The study was performed in accordance with the guidelines set out by the German government and the local Ethics Committee of the University of Berlin.

#### Patient No. 1

A normotensive woman was admitted with nephrotic syndrome at the age of 58 years, and a kidney biopsy was taken. No further clinical information was available from this patient.

# Patient No. 2

A hysteroadnexectomy was performed in a 48-year-old woman because of a serous borderline tumor of the right ovary. She was on hemodialysis twice a week since June 2000 due to terminal renal failure. She also suffered from secondary hyperparathyroidism, anemia, and hypertension. Tissue samples were obtained from the hysteroadnexectomy specimens.

# Patient No. 3

A rectal biopsy of this 67-year-old woman was submitted for the immunohistochemical classification of amyloid. Patients No. 2 and No. 3 are related. No further clinical information was available.

# Patient No. 4

A 54-year-old woman had a short history of discomfort in the upper abdomen after an episode of diarrhea and nausea nine months earlier. Biopsies retained from a duodenoscopy and colonoscopy revealed amyloid. She also had a history of type I diabetes for 20 years and of renal failure without nephrotic syndrome. No symptoms of dyspnea, polyneuropathy, or other organ involvement were present. Analysis of a kidney biopsy excluded diabetic nephropathy and revealed minimal renal amyloidosis. Vasculopathy was determined as the main cause of renal failure. In the course of the clinical work-up for liver transplantation, a cardiac biopsy was obtained, and cardiac amyloidosis was found. The daughter, sister, mother, and grandmother of the patient all suffer from type I diabetes, while the father died of leukemia.

# Patient No. 5

A 52-year-old man was suffering from swallowing complaints for 6 years. A biopsy from the vocal cord revealed amyloid deposits in the larynx. The patient showed no symptoms of systemic amyloidosis. All laboratory values



**Figure 1.** Biopsies from the six patients with AApoAI amyloidosis.Histological examination of the biopsy and resection specimens revealed homogeneous eosinophilic deposits in H&E-stained sections (left panel). Same areas produced a typical apple green birefringence in polarized light after Congo red (CR) staining (**center**). Staining with an anti-apoAI antibody (right panel) showed a strong and even immunoreactivity of these amyloid deposits in every patient specimen. Sections from the patients 1–4 and 6 were stained with the alkaline phosphatase system (red color), whereas the section from patient No. 5 was stained with a DAB substrate kit (brown color). Scale bar=100  $\mu$ m.

were normal. Ultrasound of the abdomen as well as electrocardiogram and echocardiography were also normal. There was no family history of amyloidosis.

#### Patient No. 6

A 41-year-old man presented with elevated liver enzymes. The main symptom was itching. A liver biopsy revealed amyloidosis. The patient's grandmother had died of an undiagnosed liver disease at the age of 65 years.

#### Materials and Methods

#### Histology and Immunohistochemistry

The biopsies were fixed in formalin and embedded in paraffin. Serial sections were stained with H&E. Amyloid was analyzed by viewing Congo red-stained sections under polarized light. Immunohistochemistry was performed with commercially available monoclonal antibodies directed against AA amyloid (1:600) and polyclonal antibodies against amyloid P component (1:5000), fibrinogen (1:2000), lysozyme (1:3000), transthyretin (1:4000),  $\lambda$ -light chain (1: 160,000), and  $\kappa$ -light chain (1:160,000) (all DAKO, Hamburg, Germany), as well as with non-commercially available polyclonal antibodies directed against apolipoprotein AI (1: 1000),<sup>22</sup>  $\lambda$ -light chain-derived amyloid proteins (AL1, 1:3000),<sup>23</sup> and anti- $\lambda$ -light chain peptide antibodies (AL3,<sup>24</sup> 1:250 and AL7, 1:500, peptide used for antibody production as described by others<sup>25</sup>). Immunostaining was done with the BenchMark XT immunostainer using the ultraView Universal Alkaline Phosphatase Red Detection Kit (both Ventana Medical Systems, Inc., Tucson, Arizona) or the NOVA-Detect DAB-Substrate Kit (Dianova, Hamburg, Germany). Before the incubation with primary antibodies, sections were pretreated with Cell Conditioning 1 according to the manufacturer's instructions (CC1; Ventana) or with sodium citrate (four times, 5 minutes, 600W, microwave oven). The specificity of the immunostaining was verified using specimens containing known classes of amyloid (AA amyloid, transthyretin,  $\lambda$ -light chain), or by using positive controls recommended by the manufacturers (remaining antibodies). Omission of the primary antibodies served as a negative control.

#### DNA Sequence Analysis

Genomic DNA was isolated from peripheral blood leukocytes using the QIAamp DNA blood mini kit (Qiagen,

Table 2. AApoAI Patients, Mutations, and Tissue Sites

Hilden, Germany). In one case, total genomic DNA was extracted from formalin-fixed paraffin-embedded tissue with the QIAamp DNA mini kit (Qiagen) as described by the manufacturer. Amplification of APOA1 exons 1-4 was performed by PCR with the following specific primer pairs (Biotez, Berlin, Germany): exon 1-2 (489 bp) forward 5'-AAGTTCCACATTGCCAGGAC-3' and reverse 5'-AGA-GGCAGCAGGTTTCTCAC-3'; exon 3 (376 bp) forward 5'-AGAGGCAGCAGGTTTCTCAC-3' and reverse 5'-AAT-ATCTGATGAGCTGGGCC-3'; exon 4a (493 bp) forward 5'-AAGAGAAGCTGAGCCCACT-3' and reverse 5'-CCC-TACAGCGACGAGCTG-3'; and exon 4b (400 bp) forward 5'-CTGGAAATGCTAGGCCAC-3' and reverse 5'-CAGCT-TCTTTCTTTTGGGAGAA-3'. A 30-µl reaction mixture contained 200 ng DNA, 1  $\mu$ mol/L of the exon-specific primers, 1x PCR buffer, 1.5 U Taq polymerase, 0.2 µmol/L dNTPs, and Q-solution in concentrations recommended by the manufacturer (Qiagen). The following thermocycling conditions were used: initial denaturation at 94°C for 3 minutes, 40 cycles of 94°C for 1 minute, 60°C (61°C for the exon 4a primer pair) for 1.5 minutes, 72°C for 1 minute, and a final elongation step at 72°C for 7 minutes. A negative control with water instead of DNA was included in each PCR run, and blood isolated from an individual with wild-type APOA1 served as a positive control. The quality and size of the generated PCR products were analyzed by agarose gel electrophoresis. Fragments were purified with the ExoSAP-IT kit for PCR product clean-up (USB Corp., Cleveland, OH). The PCR products were sequenced in both directions with the ABI PRISM BigDye Terminator v3.1 Ready Reaction Cycle Sequencing kit (Applied Biosystems, Foster City, CA) using the same set of primers as described above. Sequences were analyzed on an ABI PRISM 3130 Genetic Analyzer.

#### Results

#### Histology and Immunohistochemistry

In each patient, the amyloid deposits showed a characteristic apple green birefringence when viewed under polarized light after Congo red staining (Figure 1). Amyloid was present as glomerular (kidney), vascular, or interstitial deposits. In patient No. 1, focal glomerular amyloid deposits were found in a kidney biopsy. Patient No. 2 had massive vascular and interstitial deposits in the uterus, ovaries, soft tissue, and pelvic lymph nodes. Patients No. 3 and No. 4 were found to have massive

Patient no.	Sex	Age (y)	Mutation (cDNA)	Mutation (protein)	Analyzed tissue sites	Histology
1	Female	58	c.460_461dupGC	p.Ala154fsX47	Kidney	Glomerular amyloid deposits; no renal vascular deposits
2	Female	48	c.293_294insA	p.Asn74Lysfs	Uterus, ovaries, pelvic lymph nodes	Massive vascular and interstitial amyloid deposits
3	Female	67	c.293_294insA	p.Asn74Lysfs	Large intestine	Interstitial amyloid deposits
4	Female	54	c.296T>C	p.Leu75Pro	Small intestine, Heart	Interstitial amyloid deposits
5	Male	52	c.581T>C	p.Leu170Pro	Larynx	Subepithelial and interstitial amyloidosis
6	Male	41	c.296T>C	p.Leu75Pro	Liver	Massive amyloid deposits in portal tracts



Figure 2. Distribution of ApoAI mutations with regard to the proteins secondary structure. The hot spot regions spanning residues 50 to 93 and 170 to 178 are marked in yellow and the twisted blue areas represent the *a*-helices. The picture of the secondary structure of ApoAI was obtained from the database Jpred at the European Bioinformatics Institute and modified.

vascular and interstitial amyloid deposits in the biopsies of the large and small intestine, respectively. Patient No. 4 also had interstitial amyloid deposits in an endomyocardial biopsy, while patient No. 5 had subepithelial deposits in a laryngeal biopsy. In patient No. 6, amyloid was found in a liver biopsy and was restricted to the portal tracts (Figure 1). Table 2 summarizes the biopsy sites where amyloid was found in our patients.

The amyloid deposits in every patient showed an intense and even staining with antibodies directed against amyloid P component and apoAI (Figure 1). No significant immunostaining was found with antibodies directed against AA amyloid, fibrinogen, lysozyme,  $\beta$ 2-microglobulin,  $\lambda$ - and  $\kappa$ -light chain, or transthyretin.

#### DNA Sequence Analysis

Sequence analysis revealed a mutation in the coding sequence of the APOA1 gene in all six patients. Patient No. 1 had a GC duplication (c.460\_461dupGC), leading to a frameshift (p.Ala154fsX48) resulting in a truncated protein of 200 amino acids instead of 243 amino acids. Two of the patients (2 and 3) carried an adenine insertion at nucleotide position 294 (c.293\_294insA), which also leads to a frameshift (p.Asn74fsX106). Theoretically, this mutation would result in a mutant protein of 178 amino acids, where the first 73 residues are identical to the wild-type apoAI, and the remaining 105 amino acids are completely different. Patient No. 5 was heterozygous for a c.581T>C transition, resulting in a p.Leu170Pro substitution. These three mutations have heretofore not been described. One known mutation (c.296T>C or p.Leu75Pro) was found in patients 4 and 6.

# Discussion

Hereditary amyloidosis was first described by Ostertag in 1932 and again in the early 1950's.<sup>26,27</sup> Even if it is considered to be a rare disease, it has to be separated from other forms of systemic amyloidosis, such as the more common immunoglobulin-derived AL amyloidosis, as these diseases require a different patient management. Lachmann et al reported that about 10% of the patients diagnosed with AL amyloidosis were misdiagnosed and had to be reclassified as hereditary amyloidosis, eg, transthyretin-derived ATTR amyloidosis.<sup>20</sup> In the patient

series of the Amyloid Registry of the Charité University Hospital and of the University Hospital in Heidelberg, approximately 5% and 3% of the patients were found to suffer from hereditary amyloidosis, respectively (unpublished observation). Recent reports describe relatively large patient cohorts and families with hereditary amyloidosis<sup>22,28–30</sup> emphasizing the importance of genetic analyses in the diagnostic work-up of amyloidosis.

We here present six patients with mutations in the coding sequence of the *APOA1* gene leading to AApoAI amyloidosis. Three of the mutations have not been described hitherto and extend the number of *APOA1* mutations associated with AApoAI amyloidosis to sixteen (Table 1).<sup>7–21</sup> Half of these mutations affect residues 50 to 93.<sup>3,4</sup> One of the novel frameshift mutations, p.Asn74fs is also located within this region. The bp exchange affecting residue 170, in contrast, is present in a region where four other amyloidogenic mutations have been reported. Three of the sixteen mutations, including one of the novel mutations described here, are affecting residues outside these two hot spot regions (Figure 2).

The N-terminal peptide fragments 1 to 100 of apoAl have been found in the amyloid deposits of other AApoAl patients,<sup>12,19,31–32</sup> which illustrates the propensity of this region for fibrillogenesis. Amyloid deposits consisting mainly of N-terminal fragments of the precursor protein are also common in other types of amyloid.<sup>23,33</sup> The antibody used in this study is directed against an epitope within the first 40 amino acid residues of apoAl.<sup>22</sup> Strong immunostaining of the amyloid deposits with our antiapoAl antibody therefore indicates that the N-terminal region of apoAl is deposited in all our six patients.

The histoanatomical distribution and clinical manifestation of hereditary AApoAl amyloidosis seems to depend on the location of the *APOA1* mutation. Patients with gene mutations affecting residues 1 to 75 mainly suffer from hepatic and renal amyloidosis, while mutations in codons 173 to 178 mainly cause AApoAl amyloidosis of the heart, larynx, and skin (Table 1).<sup>7–21</sup> Correspondingly, the patient carrying p.Leu170Pro suffered from laryngeal amyloidosis. The frameshift mutation with the first affected amino acid at position 74 resulted in massive amounts of amyloid being deposited in the uterus and pelvic soft tissue in one patient and in the gastrointestinal tract in another. No other organ or biopsy site was available for analysis and the extent of amyloid infiltration in these patients cannot be determined. Nevertheless, it is likely that this highly altered apoAl variant can affect several organs and tissue sites.

Interestingly, four of the six patients described here were diagnosed within the last 1.5 years. This was achieved by a combination of extensive and thorough immunohistochemical staining, using a large panel of antibodies directed against eight amyloid precursor proteins followed by molecular biological studies on genomic DNA. Genetic analysis is crucial to detect hereditary amyloidosis in time, since some types can be treated by liver or kidney transplantation. It is also of central prognostic value for family members potentially carrying the same mutation. Correlating the different *APOA1* mutations with clinical features may, in addition, also help to improve the early detection of mutation carriers.

In conclusion, the three novel mutations described here extend our knowledge about the underlying mutations and the affected organs in patients with hereditary AApoAI amyloidosis. Thirteen of the sixteen mutations described in the *APOA1* gene are located in one of the two hot spot regions spanning residues 50 to 93 and 170 to 178.

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