# **ORIGINAL ARTICLE**

# Plasma angiotensin II concentrations in the early neonatal period

### M Miyawaki, T Okutani, R Higuchi, N Yoshikawa



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See end of article for authors' affiliations

Correspondence to: Dr Miyawaki, Division of Perinatal Medicine NICU, Wakayama Medical University, 811-1 Kimiidera, Wakayama City, Wakayama 641-8509, Japan; miyawaki@ wakayama-med.ac.jp

Accepted 13 March 2006 Published Online First 4 April 2006 **Background:** There have been only a few reports on the renin-angiotensin system in low birthweight infants; in particular, plasma angiotensin II concentrations have not been studied.

Aim: To investigate plasma angiotensin II concentrations in early neonatal infants including low birthweight infants.

**Methods:** Forty six patients were studied, of whom 14 weighed not less than 2500 g (normal birth weight), 16 weighed less than 2500 g but not less than 1500 g (moderately low birth weight), and 16 weighed less than 1500 g (very low birth weight). Blood samples were collected twice, on day 0 and day 7. Angiotensin II concentration was assayed using an enzyme immunoassay kit with a microplate.

**Results:** Geometric means of angiotensin II concentrations on day 7 were 19 pg/ml in the normal birthweight group, 28 pg/ml in the moderately low birthweight group, and 76 pg/ml in the very low birthweight group. The concentrations on day 7 in the very low birthweight group were significantly higher than those in the normal birthweight and moderately low birthweight groups (p = 0.005, p = 0.031). There were significant correlations between angiotensin II concentration on day 7 and gestational age ( $r_s = -0.4$ , p = 0.007) and birth weight ( $r_s = -0.36$ , p = 0.016).

**Conclusions:** Specific physiological conditions associated with a very low birth weight are thought to be responsible for the increased concentration of angiotensin II on day 7. It is necessary to measure angiotensin II concentration for a longer period after birth and study the factors that could influence it.

It has been reported that the renin-angiotensin system is more highly activated in the neonatal or infant period than in later childhood.¹ Such reports were based on data from normal birthweight (NBW) infants. However, there have been only a few reports on the renin-angiotensin system in low birthweight infants, particularly the concentration of angiotensin II (AII). In this study, therefore, we examined plasma AII concentrations in earl neonatal infants including low birthweight infants.

#### **SUBJECTS AND METHODS**

The study subjects were 46 infants who were admitted soon after birth to Wakavama Medical University neonatal intensive care unit between March 2003 and March 2004. These subjects included both patients who were born in our hospital and also infants admitted within 24 hours of birth. Exclusion criteria were: (a) congenital heart disease and renal anomaly diagnosed by echocardiography on admission; (b) lethal malformations; (c) suspected malformation syndrome; (d) chromosomal abnormalities. The study protocol was approved by the review board of Wakayama Medical University. Written informed consent was obtained from the patients' parents. Of the 46 patients, 14 weighed not less than 2500 g (NBW), 16 weighed less than 2500 g but not less than 1500 g (moderately low birth weight (MLBW)), and 16 weighed less than 1500 g (very low birth weight (VLBW)). Blood samples were collected twice, once on day 0 and once on day 7 (median 7, range 4–11; n = 46). On admission, blood samples are generally taken after echocardiographic examination, and we collected an extra sample at that time. Then, when blood was sampled for screening for congenital metabolic disorders on day 7, we collected an extra sample for this study. On day 7, all the patients had been supine since midnight. All blood samples were taken at 0800-1000. The samples were collected in tubes containing EDTA and kept on ice at 4°C. The collected plasma samples were stored

in a freezer at -30°C. Before assay, we purified the plasma samples with Amprep Mini-Columns PH Phenyl (Amersham Biosciences, Amersham, Bucks, UK) after thawing them. We then assayed the AII concentrations using an Angiotensin II Enzyme Immunoassay Kit (SPI-BIO, Massy, France) with a microplate.² For statistical analysis, AII data were logarithmically transformed because of the skew distribution of the raw data. The t test was applied for comparison between two groups, analysis of variance for comparison among three groups, and Fisher's protected least significant difference for multiple comparisons. Spearman's rank correlation coefficient was used for the correlation coefficient test. Statistical analysis was performed using StatView J-5.0 software (SAS Institute, Cary, North Carolina, USA). Differences at p<0.05 were considered significant.

#### **RESULTS**

The mean (SD) gestational age and birth weight in the NBW (14 cases), MLBW (16 cases), and VLBW (16 cases) groups were 38.9 (1.6) weeks and 2948 (287) g, 33.8 (1.5) weeks and 2014 (249) g, and 27.9 (2.9) weeks and 1001 (307) g respectively. Table 1 shows the AII concentrations on day 0 and day 7 in each group. Geometric means on day 0 were 74 pg/ml in the NBW group, 43 pg/ml in the MLBW group, and 34 pg/ml in the VLBW group, and the corresponding values on day 7 were 19, 28, and 76 pg/ml respectively.

Figure 1 shows comparisons among the groups on day 0. AII concentrations were significantly higher on day 0 than on day 7 in the NBW group (p=0.033). On the other hand, those on day 7 tended to be increased compared with those on day 0 in the VLBW group, but there was no significant difference in the concentrations between day 0 and day 7

**Abbreviations:** ACE, angiotensin converting enzyme; All, angiotensin II; NBW, normal birth weight; MLBW, moderately low birth weight; VLBW, very low birth weight

	NBW	NBW			MLBW			VLBW		
	n	Geometric mean	Range	n	Geometric mean	Range	n	Geometric mean	Range	
Day 0	14	74	3-443	16	43	5-438	16	34	5-201	
Day 7	14	19	1-127	16	28	5-254	16	76	7-1041	

(p = 0.06). Figure 2 shows a comparison of the AII concentrations among the three groups on day 0 and day 7. No significant intergroup differences were evident on day 0. However, the AII concentrations on day 7 in the VLBW group were significantly higher than those in the NBW and MLBW groups (p = 0.005, p = 0.031).

In addition, we examined possible factors that might affect the AII concentrations. These were gestational age, birth weight, Apgar score (one and five minutes), mean blood pressure, serum potassium concentration, serum sodium concentration, and percentage of body weight loss (table 2). There were significant correlations between the AII concentration on day 7 and gestational age ( $r_s = -0.4$ , p = 0.007) and the AII concentration on day 7 and birth weight ( $r_s = -0.36$ , p = 0.016).

#### **DISCUSSION**

AII concentrations on day 0 showed no significant differences among the three different birth weight groups. AII concentrations on day 7 were lower in the NBW group than those on day 0, and higher in the VLBW group than in the MLBW or NBW group. Specific physiological factors associated with VLBW were therefore thought to be responsible for the increase in the AII concentrations.

A few limited reports have focused on AII concentrations in childhood, and have indicated that AII concentrations are high in early childhood and then decrease gradually with age.  $^{^3}$ 

There have been several reports on angiotensin converting enzyme (ACE) activity in the neonatal period. One study showed that ACE activity in 2–4 day old infants with respiratory distress syndrome was higher than that in healthy immature or mature infants, or mature infants with other acute illnesses.<sup>5</sup> Another study has shown that ACE activity in immature infants with respiratory distress syndrome was equivalent to that in healthy immature infants on day 0, and

a negative association was observed between birth weight and ACE activity. The same study also showed that ACE activity in immature infants was higher than in mature infants, whereas ACE activity in immature infants was equivalent to that in their mothers or in normal adult controls.

Another study that investigated plasma aldosterone concentrations in children aged from 2 hours to 15 years showed a maximum concentration at 2 hours of age, and then a gradual decrease during the first year of life. After 1 year of age, the plasma aldosterone concentration stabilised, but remained higher than in adults. Other studies of the reninangiotensin system in mature infants or children have shown that plasma aldosterone concentrations are not associated with potassium or sodium concentrations in serum. Our study also showed that AII concentrations were not associated with serum potassium or sodium concentrations.

AII has been reported to be related to organ fibrosis.<sup>10</sup> A previous study that used immunohistochemical staining using polyclonal antibody to human AII type 1 receptor in human fetal lung fibroblasts (HFL-1) showed that the receptor was stained.<sup>11</sup> In the present study, the AII concentrations on day 7 were significantly higher in the VLBW group than in the other two heavier birthweight groups. Taken together, these results indicate that an increased AII concentration may affect AII type 1 receptor in the lungs of VLBW infants and promote lung fibrosis. Furthermore, this may be implicated in the progression of chronic lung disease in neonates.

On the other hand, it has been reported that the increase in plasma AII may play a role in organogenesis and neonatal growth in rats.<sup>12</sup> <sup>13</sup> Furthermore, the increased AII concentration in the VLBW group on day 7 may reflect a defence mechanism in infants. VLBW infants tend to be in a salt-losing state. Furthermore, VLBW infants with respiratory disturbances often have limited water intake and are administered

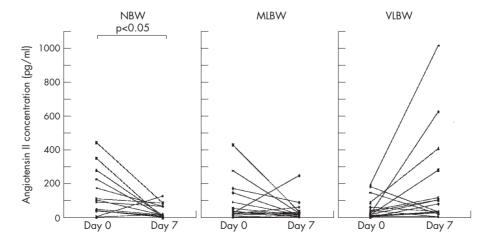


Figure 1 Plasma angiotensin II concentrations in the study groups. NBW, normal birth weight; MLBW, moderately low birth weight; VLBW, very low birth weight.

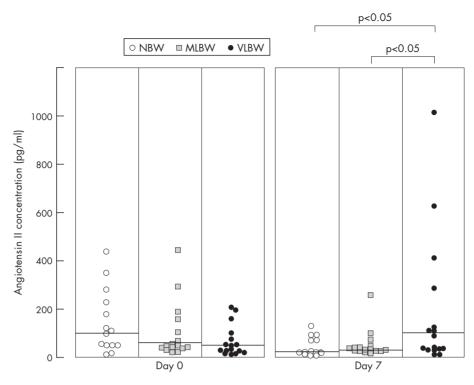


Figure 2 Comparison of the angiotensin II concentrations among the three groups on day 0 and day 7. NBW, normal birth weight; MLBW, moderately low birth weight; VLBW, very low birth weight.

	Day 0		Day 7	
	n	r <sub>s</sub>	n	r <sub>s</sub>
Gestational age (weeks)	46	0.24	46	-0.4**
Birth weight (g)	46	0.24	46	-0.36*
Apgar score (1 min)	46	-0.12	_	_
Apgar score (5 min)	46	-0.05	-	-
Mean blood pressure (mm Hg)	45	0.14	33	0.08
K+ (mEq/l)	46	0.19	36	-0.06
Na <sup>+</sup> (mEq/l)	46	-0.04	36	-0.07
Body weight loss (%)	_	_	46	0.06

#### What is already known on this topic

- The renin-angiotensin system is more activated in the neonatal or infantile period than in later childhood
- Angiotensin II concentrations have not been studied in low birthweight infants

#### What this study adds

- Angiotensin II concentrations on day 7 in VLBW infants were significantly higher than those in NBW and MLBW infants
- There were significant correlations between angiotensin II concentration on day 7 and gestational age, and angiotensin II concentration on day 7 and birth weight

diuretics at the same time. Therefore, to maintain circulating blood volume and blood pressure concentrations, the AII concentration may rise. However, no obvious factors affecting the increase in the AII concentration could be identified in our study. It will therefore be necessary to measure the AII concentration for a longer period after birth and study the factors that mainly influence it.

#### Authors' affiliations

M Miyawaki, T Okutani, R Higuchi, N Yoshikawa, Division of Perinatal Medicine NICU, Wakayama Medical University, Wakayama City, Wakayama, Japan

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# IMAGES IN NEONATAL MEDICINE.....

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## Spinal abscess with spinal cord compression following late onset neonatal sepsis

5 week old male infant presented with a three day history of low grade temperature and irritability. Clinically, right torticollis, pain on neck movement, and flaccid paralysis of the right arm were observed. The tone of the left arm was reduced, but neurological examination of the legs was normal. Magnetic resonance imaging revealed a pre-vertebral collection extending into the 4th cervical vertebral body and disc. Diagnosis of a spinal abscess with spinal cord compression was made, and the patient underwent urgent neurosurgical intervention. Staphylococcus aureus was grown from 4 ml pus drained in theatre. The patient was started on a five week course of flucloxacillin and fusidic acid. Immediately after surgery, arm and neck movements were much improved, and neurological examination at the time of hospital discharge was entirely normal.

This baby had been born at 34 weeks gestation. The early postnatal period was uncomplicated, but during the second week he developed an umbilical flare, fever, and intermittent apnoeas. A blood culture revealed *S aureus*. A five day course of intravenous meropenem appeared to have fully resolved the infection.

Pulsed field gel electrophoresis confirmed the strains of *S aureus* from pus and blood culture to be identical. This suggests that the spinal abscess represents a complication of late onset neonatal sepsis. Whereas osteomyelitis is a well recognised complication, 'spinal abscess with spinal cord compression has not been described to our knowledge. Baseline immunology tests remained normal, and at 15 months of age the child's development has been normal with no further significant infections or hospital admissions.

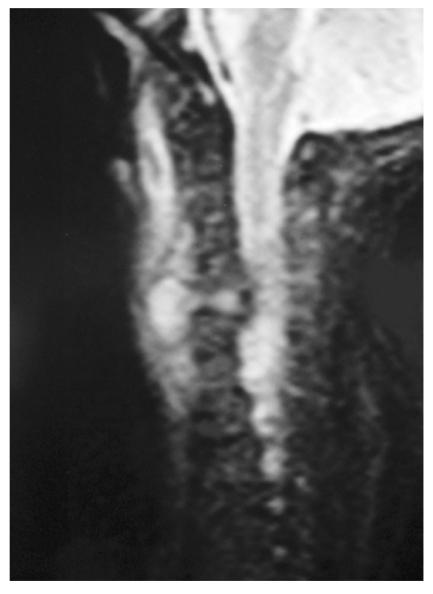
U Theilen, M Stark, P Kalima
Royal Hospital for Sick Children, Edinburgh,
Scotland, UK
A Watt
Royal Hospital for Sick Children, Yorkhill,
Glasgow, Scotland, UK

Correspondence to: Dr Theilen, Royal Hospital for Sick Children, 1 Sciennes Road, Edinburgh EH9 1LF, Scotland, UK; ulf.theilen@luht.scot.nhs.uk

Competing interests: none declared

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**Figure 1** Magnetic resonance image of cervical spine, sagittal view, showing pre-vertebral abscess extending into the vertebral body of C4 and spinal cord compression. Permission has been obtained for publication of this figure.