



Published in final edited form as:

Cardiol Clin. 2009 February ; 27(1): 25–vii. doi:10.1016/j.ccl.2008.09.007.

Genetics of Atrial Fibrillation

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Keywords

Atrial fibrillation; arrhythmia; mutation; gene; genetics

Introduction

Atrial fibrillation (AF) is the most common arrhythmia encountered in clinical practice, and is increasing in both incidence and prevalence^{1, 2}. Over two million Americans currently have AF, and estimates project that between 5 and 12 million will be affected by 2050^{1, 2}. AF is associated with substantial morbidity, including one third of all strokes in patients above the age of 65³ and a two-fold increased risk of mortality^{4, 5}. The costs attributable to the care of individuals with AF are in excess of \$6.4 billion per year³.

AF is often associated with hypertension and structural heart disease, and traditionally, has not been considered a genetic condition. However, a number of recent studies have demonstrated that AF and in particular, lone AF, have a substantial genetic basis⁶⁻⁹. Mutations in several ion channels have been identified in individuals with familial AF¹⁰⁻¹⁷, although they appear to be rare causes of the arrhythmia^{18, 19}. Recently, a genome wide association study has led to the identification of genetic variants associated with common forms of AF. In the course of this review we will discuss the heritability of AF, the methods employed to identify causal variants underlying AF, and our current understanding of genetic variation implicated in AF.

Atrial fibrillation is a heritable condition

While familial forms of AF have long been reported,²⁰ a genetic predisposition for more common forms of AF has only recently been recognized. In 2003, Fox and coworkers studied more than 5,000 individuals whose parents were enrolled in the original Framingham Heart Study⁸. Over a 19 year follow up period, they found that the development of AF in the offspring was independently associated with parental AF, particularly if the Offspring cohort was restricted to those under the age of 75 and without antecedent heart disease. Having a parent

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with AF approximately doubled the four-year risk of developing AF, even after adjustment for risk factors such as hypertension, diabetes mellitus, and myocardial infarction.

Arnar and colleagues similarly described a genetic predisposition to AF in a study of more than 5,000 Icelanders in 2006⁶. After assessing relatedness from a nationwide genealogical database, eighty percent of those with AF were related to another individual with AF. The relative risk of AF for first-degree relatives of a family member with AF was 1.77, when compared to individuals in the general population. The relative risk for AF increased to 4.67 when the sample was restricted to individuals less than 60 years old.

Further evidence of the heritability of AF was demonstrated in a chart review of over two thousand patients with AF referred for evaluation at the Mayo Clinic⁹. Five percent of subjects had a family history of AF, and the number was as high as 15% among those with lone AF. In 2005, we found that nearly 40% of individuals with lone AF referred to the Arrhythmia Service at Massachusetts General Hospital had at least one relative with the arrhythmia, and a substantial number reported having multiple affected relatives⁷. In over 90% of cases, AF in the relatives could be verified. To obtain a crude index of heritability, we determined the prevalence of AF among each class of relative compared to that among age and sex-matched subjects. The relative risk of AF was increased among family members, and ranged from 2 fold in fathers to nearly 70 fold in male siblings.

Genetic studies in atrial fibrillation

Once a condition is found to be heritable, there are several techniques that are commonly employed to identify the genetic basis of a disease. These include linkage analysis, candidate gene resequencing and association studies. We will discuss each of these methods in the context of their application to AF.

Linkage analysis—The genes that underlie simple monogenic disorders with a Mendelian pattern of inheritance can be identified using linkage analysis. When passed from generation to generation, genetic markers that lie close together on the same chromosome are likely to be transmitted *en bloc* in proportion to their proximity to each other. A genome wide search for groups of markers that co-segregate with the disease as it travels through a family tree is performed to identify the approximate location of a genetic disease locus. Linkage studies report a logarithm of the odds or LOD score that reflects the likelihood of two markers or a marker and disease co-segregating when compared with chance alone. A LOD score of 3 or more (or odds of greater than a 1000:1) is considered statistically significant. Traditionally, restriction enzyme sites and microsatellite repeats have been used as genetic markers, but more recently, it has become possible to use single nucleotide polymorphisms, or SNPs²¹. The ease of use in genotyping has made SNPs the most widely used genetic markers today.

Linkage analysis can be used to narrow the search for a causative gene to a chromosomal locus, or relatively small region of the human genome associated with disease. However, this limited region may still contain hundreds of genes spread over millions of base pairs. Once a genetic locus is identified, online data from human genome databases, developed as a result of the Human Genome Project, are used to identify candidate genes within the locus. These genes are then sequenced in affected individuals in an attempt to identify the sequence variants that correlate with the disease.

Once a base pair change is identified, it is important to differentiate between a mutation and a genetic polymorphism, or common variant in the genome. For a sequence alteration to be considered a mutation it must segregate with the disease, have a plausible mechanism, and not be found in normal controls. Ultimately, the mutation should be sufficient to cause the phenotype, either in a human kindred or in a genetic model organism.

While several genetic loci have been reported in kindreds with Mendelian AF in which specific genetic mutations have yet to be identified,²²⁻²⁵ linkage analysis has facilitated the identification of individual mutations in several cases of familial AF.^{10, 26}

In one such family of Chinese descent, Chen and coworkers identified a mutation in KCNQ1¹⁰, a potassium channel that underlies the slowly repolarizing current in cardiomyocytes known as I_{Ks} (see Figure 1). The investigators were able to map the disease locus to a 12 megabase region on the short arm of chromosome 11, in a four-generation family with AF. The KCNQ1 gene was located within this region, and sequencing revealed a serine to glycine missense mutation at position 140 (S140G) in affected family members. The S140G mutation is located in the first transmembrane-spanning segment²⁷ at the outer edges of the voltage-sensing domain and far from the pore-forming region of the potassium channel structure. The S140G mutation results in a gain of channel function, in contrast to mutations in KCNQ1 associated with the long QT syndrome that typically result in a loss of channel function. In cultured cells, expression of the S140G mutant channel resulted in dramatically enhanced potassium channel currents and markedly altered potassium channel gating kinetics, which would be predicted to increase I_{Ks} . Such an increase would be expected to lead to a shortening of the action potential duration and thus predispose atrial myocytes to reentry and subsequent AF (see Figure 1).

While the identification of this mutation provided an initial inroad into the pathogenesis of AF, this family also illustrates our limited understanding of the role of the KCNQ1 channel in atrial versus ventricular repolarization. Specifically, it remains unclear why a mutation that results in an *in vitro* gain of function in KCNQ1 is associated with delayed ventricular repolarization, as manifested by a prolonged QT interval, in more than half of the individuals with the S140G mutation.

Other gain of function mutations in KCNQ1 have been associated with the short QT syndrome²⁸. Hong and colleagues reported an unusual case of AF detected *in utero* and confirmed on electrocardiogram upon delivery of the newborn²⁹. The infant's electrocardiogram also displayed a short QT interval. Based on this association, they sequenced the KCNQ1 gene and found a valine to methionine mutation in position 141 (adjacent to the mutated position found by Chen and colleagues). Like the S140G mutation, *in vitro* expression of V141M mutant channels displayed markedly enhanced current density and altered gating kinetics.

More recently, Hodgson-Zingman and colleagues identified a frameshift mutation in NPPA in a family with AF²⁶. The mutation in NPPA, which encodes atrial natriuretic peptide, resulted in increased levels of a circulating mutant peptide. Electrophysiological assessment in a rat heart model revealed decreased action potential duration, consistent with known mechanisms of reentrant mediated AF³⁰.

Candidate gene studies—A candidate gene can be any gene that is hypothesized to cause a disease. Based on the work relating KCNQ1 to AF, investigators have considered other potassium channels as potential candidate genes for AF and screened for mutations in these genes in cohorts of subjects with AF.

Otway and colleagues examined 50 kindreds with AF and amplified the genes for KCNQ1 and KCNE1-3, accessory subunits of KCNQ1¹⁴. They found a single mutation in KCNQ1 in only one family—an arginine to cysteine change at amino acid position 14 (R14C) in KCNQ1. Unlike the S140G mutation discovered by Chen and colleagues, R14C had no significant effect on KCNQ1/KCNE1 current amplitudes in cultured cells at baseline. However, upon exposure to hypotonic solution, mutant channels exhibited a marked increase in currents compared to

wild type channels. Interestingly, of those who carried the R14C mutation, only those with left atrial dilatation had AF, leading the authors to propose a “two-hit” hypothesis for AF. They also identified a mutation in KCNE2 in two of the kindreds. Like the S140G mutation in KCNQ1, the mutation in KCNE2 (R27C) dramatically increased the amplitude of I_{Ks} ¹¹.

Finally, other work has suggested that the relationship between potassium channels and AF extends beyond I_{Ks} . The work of Xia and colleagues may also implicate KCNJ2, an inward rectifier potassium channel that underlies the I_{K1} current, in AF¹². In their work, a V93I mutation was found in all affected members in one kindred with familial AF. The V93I also lead to gain of function KCNJ2 channels, which increase potassium current amplitudes. However, there is still an incomplete understanding of how an increase in the background current I_{K1} might lead to atrial arrhythmias.

We have screened our cohort with lone AF for mutations in KCNQ1, KCNJ2, and KCNE1-5 and were unable to find any mutations in these genes¹⁸. These findings suggest that potassium channels are an uncommon cause of AF and there is much more to be learned about the diversity of molecular pathways that lead to this arrhythmia.

The genes encoding connexins, gap-junction proteins that mediate the spread of action potentials between cardiac myocytes, have also been examined as potential candidates for AF. Prior work has shown that mice with null alleles of *GJA5*, the gene for connexin40, exhibit atrial reentrant arrhythmias³¹. From this work, Gollob and coworkers considered this gene as a potential candidate in individuals with idiopathic AF who underwent pulmonary vein isolation surgery³². An analysis of DNA isolated from their cardiac tissue showed that four of the fifteen subjects had mutations in *GJA5* that markedly interfered with the electrical coupling between cells. In three of the patients, DNA isolated from their lymphocytes lacked the same mutation in *GJA5* indicating that the connexin40 mutations had been acquired after fertilization or was a somatic mutation. One of the four individuals carried the mutation in both cardiac tissue and lymphocytes consistent with a germline rather than somatic mutation. However, more information about the transmission of AF in relatives of these individuals was not available.

Association studies—Although traditional methods such as linkage analysis can be applied to families where the phenotype and pattern of inheritance are consistent with a monogenic disorder, the mode of transmission for AF is less clear. Association studies have been used in an attempt to identify the genetic basis of AF and other apparently complex traits. In an association study the frequency of a genetic marker, such as a SNP, is compared between individuals with an outcome (cases) and those without an outcome (controls). Over the past ten years, many case-control and cohort studies have been performed in subjects with AF, leading to the identification of variants associated with disease. These studies have typically tested a small number of variants and have been directed at candidate genes previously believed to be involved in AF. Examples include genes encoding products involved in regulation of the renin-angiotensin-aldosterone axis³³⁻⁴⁰, calcium handling⁵¹, as well as neurohormonal³⁹ and lipoprotein⁵¹ pathways. Additionally, genes encoding gap junction proteins^{45, 46}, ion channels^{15, 44, 47-50}, interleukins^{41, 42}, signaling molecules^{34, 43, 44}, and mediators of other molecular pathways⁵² have been examined (summarized in Table 2). Unfortunately, these studies have been limited by a low prior probability of any polymorphism truly being associated with AF. Further complicating these analyses are the small sample sizes, a lack of replication in distinct populations, as well as phenotypic and genetic heterogeneity.

In recent years, genome wide association studies (GWAS) have been made possible by advancements in genotyping technology that allow investigators to assay hundreds of thousands of SNPs spread over the entire human genome. The studies are typically executed

using a case-control study design⁵³. GWAS attempt to identify novel genetic polymorphisms that are significantly more or less common in a group with a disease as compared to a control group. Since the markers are spread over the entire genome, these experiments give no weight to existing candidate genes. Such studies have been used successfully in the past several years to identify potential novel pathways for diabetes⁵⁴, obesity⁵⁵, coronary heart disease^{56, 57}, macular degeneration⁵⁸, and repolarization⁵⁹.

While GWAS have the potential to identify new pathways for disease, they also have a number of limitations. In particular, with hundreds of thousands of individual associations being tested, these studies have a high likelihood of producing false positive associations. There is still discussion within the field of what the threshold level should be for genome-wide significance⁶⁰. False positive results can also emerge from population stratification or the failure to properly control for ethnicity, thus resulting in over or under representation of spurious ethnic specific markers. While variations in study design have been proposed in an effort to eliminate false associations, ultimately replication of the associations in other populations is the best method of validation⁵³.

The biological significance of the identified variants is another concern. Most variants found in genetic association studies have been associated with relatively weak effects, with typical odds ratios ranging from ~1.3 to 1.5. While such variants may generate new ideas about disease pathogenesis, understanding the biological mechanisms by which the majority of variants confer disease susceptibility remains challenging.

Recently, a team led by the researchers at deCODE genetics have reported the results of a GWAS for AF. Gudbjartsson and colleagues examined over 300,000 SNPs and identified two polymorphisms on the long arm of chromosome 4 (4q25) that were highly associated ($p = 3.3 \times 10^{-41}$, and 6.9×10^{-11} , respectively) with AF or atrial flutter in a group of Icelanders⁶¹. In order to improve both the validity and generalizability of the findings, the study was replicated in other populations in Iceland, Sweden, the United States and Hong Kong. Neither variant was correlated with obesity, hypertension, or myocardial infarction suggesting that the genetic variants are not associated with AF by affecting those risk factors.

How do the variants on chromosome 4 lead to AF? At present, the mechanism of action of these variants is unclear. Interestingly, these SNPs lie upstream from a gene that could plausibly play a role in the pathogenesis of AF, the paired-like homeodomain transcription factor 2, *PITX2*. This gene is known to be critical in the development of the left atrium⁶², pulmonary myocardium, and in the suppression of left atrial pacemakers cells in early development. Future work will hopefully clarify the mechanism underlying the association of these markers with AF.

Refining genetic studies of atrial fibrillation

In order to continue to improve upon the utility of genetic studies for AF we will need to overcome a number of obstacles. A critical step in any genetic study is the ability to correctly assign the diagnosis. AF represents a particular challenge because many individuals are asymptomatic, some have paroxysmal disease, and yet others develop AF late in life. Genotypic and phenotypic heterogeneity further complicate the classification of AF. Rather than a single entity, AF may represent the final common pathway for a number of distinct pathogenic insults such as heart failure, hypertension, or thyroid abnormalities.

In order to address these challenges, we will have to continue to improve upon the characterization and classification of AF. The identification of endophenotypes, or subtle, heritable traits that co-segregate with AF, may help to refine ongoing genetic studies. For AF, endophenotypes such as specific P wave morphologies, pulmonary venous anatomy as assessed

by computed tomography or magnetic resonance imaging, or biomarkers that are heritable and easily detectable may be helpful.

Summary

In summary, recent studies of AF have identified mutations in a series of ion channels. However, these channels appear to be relatively rare causes of AF. A recent genome wide association study for AF has identified novel variants associated with the disease, though the mechanism of action for these variants remains unknown. Ultimately, a greater understanding of the genetics of AF should yield insights into novel pathways, therapeutic targets, and diagnostic testing for this common arrhythmia.

Acknowledgements

This work was supported by an NIH award to Dr. MacRae (HL75431) and a grant to from the Disque Deane Foundation to Dr. Ellinor.

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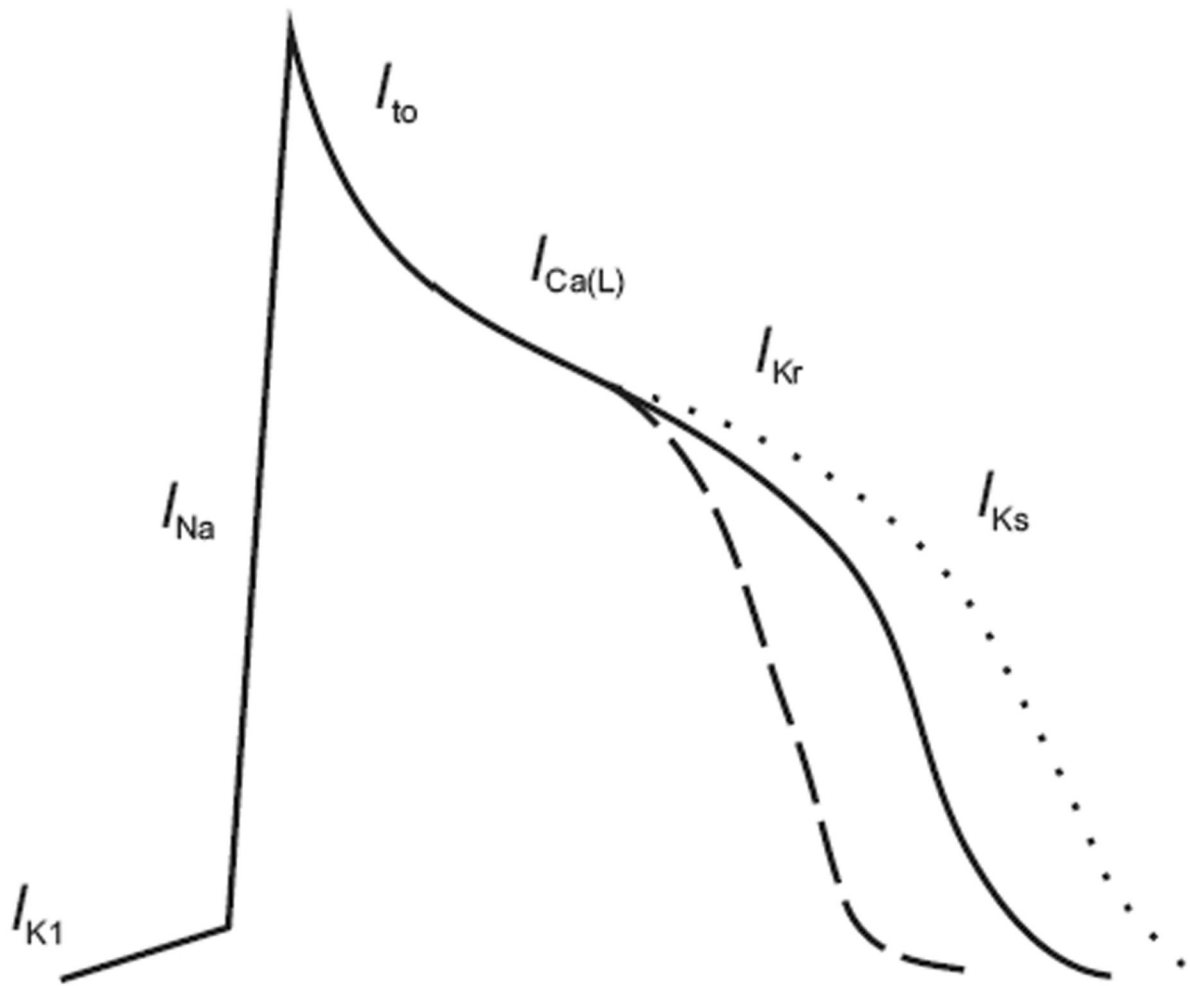


Figure 1.

Both gain of function and loss of function mutations in I_{Ks} have been associated with AF. Mutations in KCNQ1 and KCNE2 increase the current I_{Ks} , which is predicted to shorten the action potential (dashed line) in cardiac myocytes and render atrial myocytes susceptible to reentrant arrhythmias. Mutations in KCNA5 (Kv1.5) that are predicted to prolong the action potential duration (dotted line) have also been associated with AF.

Table 1

Genes and loci implicated in familial atrial fibrillation

Genes	Chr	Gene name	Effect	Inheritance	Reference
	11p15.5	KCNQ1/KvLQT1	Increases I_{Ks} ; Expected to shorten APD	AD	10,14
	21q22.1	KCNE2/MIRP1	Increases I_{Ks}	AD	11
	17q23.1-24.2	KCNJ2	Increases I_{K1} ; Expected to shorten APD	AD	12
	12p13	KCNA5	Loss of I_{Kur} ; prolongs APD	AD	13
	3p21	SCN5A	Hyperpolarizing shift of resting membrane potential; Expected to prolong APD	AD	15-17
	1p36-p35	NPPA	Results in mutant atrial natriuretic peptide; associated with shortened APD	AD	26

Genetic Loci	Chr	Gene	Comments	Inheritance	Reference
	5p13	Unknown	Associated with sudden death	AR	24
	6q14-q16	Unknown	Overlaps with locus for DCM	AD	23
	10q22-q24	Unknown	Overlaps with locus for DCM	AD	22
	10p11-q21	Unknown		AD	25

Abbreviations: Chr, Chromosome; AD, autosomal dominant; AR, autosomal recessive; DCM, dilated cardiomyopathy.

Table 2

Polymorphisms associated with atrial fibrillation

Gene	Variant	Cases	Controls	OR	P value	Replicated?	Comments	Reference
-	rs2200733	3,913	22,092	1.72	3.3×10^{-41}	Yes	Identified in GWAS	61
-	rs10033464	3,913	22,092	1.39	6.9×10^{-11}	Yes	Identified in GWAS	61
ACE	D/D	51	289	1.5	0.016	Yes	In patients with CHF	34
ACE	D/D	404	520	1.89	<0.001	-		36
Aldosterone synthase	T-344C	63	133	2.65	0.03	No	In patients with CHF	40
Angiotensinogen	M235T	250	250	2.5	<0.001	No		33
Angiotensinogen	G-6A	250	250	3.3	0.005	No		33
Angiotensinogen	G-217A	250	250	2.0	0.002	No		33
Angiotensinogen	T174M	968	8267	1.2	0.05	No		37
Angiotensinogen	20 C/C	968	8267	1.5	0.01	No		37
CETP	Taq1B	97	97	0.35	0.05	No		51
Connexin 40	-44A	14	16	5.3	0.0019	Yes		46
Connexin 40	-44A, +71G	173	232	1.514	<0.006	-		45
Endothelin-2	A985G	26	84	5.89	0.018	No	In patients with HCM	39
eNOS	894T/T	51	289	3.2	0.001	No	In patients with CHF	34
eNOS	T-786C	331	441	1.4	0.05	No		44
GNB3	C825T	291	292	0.46	0.02	No		43
Heat shock protein 70	Me439Thr	48	194	2.43	0.016	No	In postoperative CABG patients	52
Interleukin 6	G-174C	26	84	3.25	0.006	No	In postoperative CABG patients	41
Interleukin 10	A-592C	196	873	0.32	3.70×10^{-03}	No	Lone AF	42
KCNE4	E145D	142	238	1.66	0.044	No		50
KCNE5	97T	158	96	0.52	0.007	No		49
KCNH2	K897T	1207	2475	1.25	0.00033	No		47
MinK	38G	108	108	1.8	0.024	Yes		48
MinK	38G	331	441	1.73	<0.005	-		44
MMP2	C1306T	196	873	8.1	1.26×10^{-02}	No	Lone AF	42
SLN	G-65C	147	92		0.011	No		63

Gene	Variant	Cases	Controls	OR	P value	Replicated?	Comments	Reference