

# Wound Healing Effects of *Arnebia Densiflora* Root Extracts on Rat Palatal Mucosa

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## ABSTRACT

**Objectives:** The aim of this study was to investigate wound healing effects of *Arnebia densiflora* (Nordm.) Ledeb. root extracts on rat palatal mucosa.

**Methods:** A 10-mm full-thickness mucosal wounds were created on midline of rats' palate by using scalpel. In the experimental groups, a ten percent extract of *A. densiflora* roots was topically applied once a day as ointment on the wounds. After wounding, tissue samples from palatal mucosa were harvested at 4, 7, 14 and 21 days and then evaluated histologically.

**Results:** It was observed that 10% *A. densiflora* root extract has progressive effects on wound healing in experimental groups.

**Conclusions:** This study suggests that *A. densiflora* root extract could be developed as a therapeutic agent for wound healing. (Eur J Dent 2009;3:96-99)

**Key words:** *Arnebia densiflora*; Wound healing; Rat; Palatal mucosa.

## INTRODUCTION

The screening of plant extracts has been of great interest to scientist for the discovery of new drugs effective in the treatment of several diseases.<sup>1</sup> Turkish flora has one of the most extensive floras in the world with more than 9000 plant species.<sup>2</sup>

A number of reports concerning the antibacterial, anti-inflammatory and wound healing activity of plant extracts of Turkish medicinal plants have appeared in the literature, but the vast majority has yet to be investigated.<sup>3,4</sup>

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The genus *Arnebia* (Boraginaceae) are represented by 4 species in the flora of Turkey, one of which, *Arnebia densiflora* (Nordm.) Ledeb. is widespread in Sivas district<sup>2</sup> and known as egnik by local people and used as red colouring for dyeing the carpets and the rugs.<sup>5</sup> Also, *A. densiflora* roots soaked in butter are used in local wound healing care. The roots of this plant have been reported to contain alkannin derivatives, namely  $\beta,\beta$ -dimethylacrylalkannin, teracrylalkannin and isovalerylalkannin +  $\alpha$ -methyl-n-butylalkannin.<sup>6</sup>

This study was designed to explore the healing effects of topically applied ointment prepared from *A. densiflora* root extracts in rat intraoral wound.

## MATERIALS AND METHODS

### Collection of plant material

*A. densiflora* plants (Boraginaceae) were collected from the Ulas, Sivas, Turkey in June. It was identified by Dr. Erol Donmez at the Department of Biology, Cumhuriyet University, Turkey. Voucher specimens have been deposited at the Herbarium of the Department of Biology, Cumhuriyet University, Turkey.

### Preparation of the n-hexane extract

The air-dried and powdered roots of *A. densiflora* were extracted with n-hexane using Soxhlet extraction apparatus for 12 hours. The extract was concentrated under reduced pressure (yield 5.3% w/w). The ointment was prepared as 10% (w/w) concentration, e.g. 5 g of extract was incorporated in 45 g of ointment base (lanolin and liquid paraffin).

### Animals

Wistar albino rats (200-220 gr) were used to

carry out the experiment. Forty-eight animals were mainly divided to two groups (scalpel with and without extract). Each main group was divided to four subgroup containing six rats in each to observe changes after 4<sup>th</sup>, 7<sup>th</sup>, 14<sup>th</sup>, and 21<sup>st</sup> days. Animals were housed in metal cages and provided with standard food and tap water ad libitum.

### Incision wound

All animals were anaesthetized intramuscularly with ketamine plus xylazine combination. A 10-mm length full-thickness incision wound was made in the mucoperiosteum of midline of the hard palate using number 15 scalpel. No medication was used throughout the experiment. After the incision was made, incised mucosa sutured with single cat gut sutures. The ointment was applied to the wound once a daily in the experimental group animals. Animals were sacrificed in 4<sup>th</sup>, 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> days.

### Histopathological examinations

After the creation of the wound, the rats were sacrificed at 4<sup>th</sup>, 7<sup>th</sup>, 14<sup>th</sup> or 21<sup>st</sup> days and the wound area excised. The tissue was fixed in 10% neutral formalin solution. The formalin-fixed tissues were dehydrated, embedded in paraffin. The 5-7  $\mu$ m sections of the tissues were stained with Haematoxylin and Eosin or Mallory Azan, and evaluated for the histological changes under light microscope (Jenamed II, Carl Zeiss, Gottingen, Germany).

## RESULTS

Findings on each group were evaluated and histological differences were compared between control and experimental groups of section.

At the 4<sup>th</sup> day, no healing was observed in the

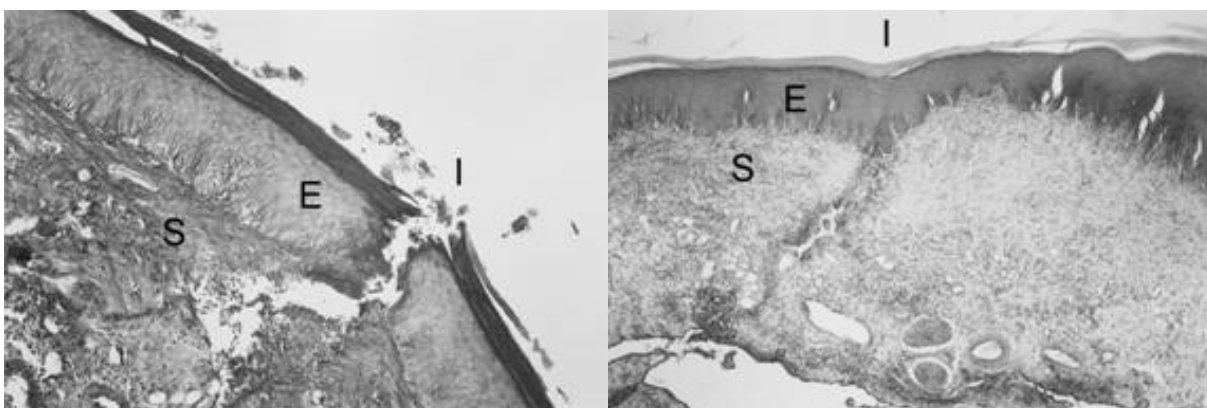
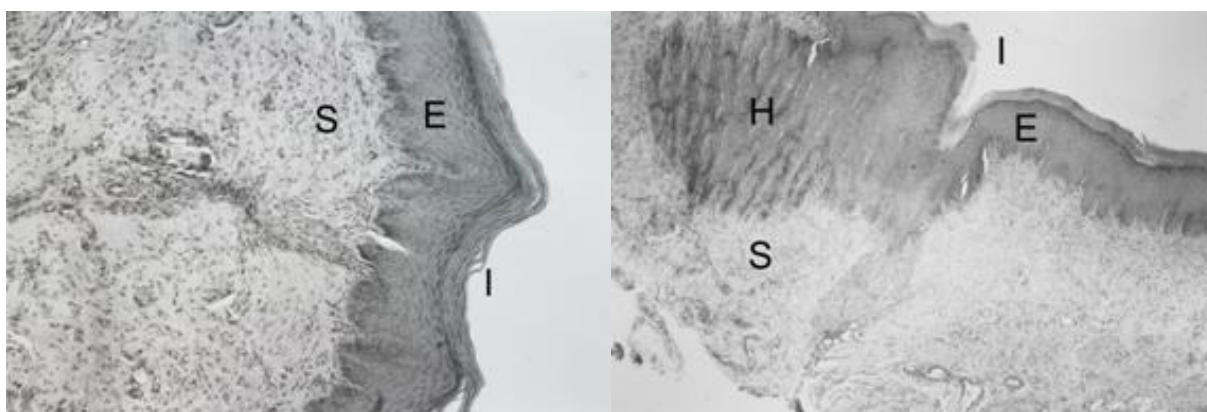


Figure 1. Illustrates the day 4 untreated (a) and *A. densiflora* treated (b) incisional (I) regions made by scalpel. Epithelium (E), subepithelium (S), a: MAX20, b: HEX10.

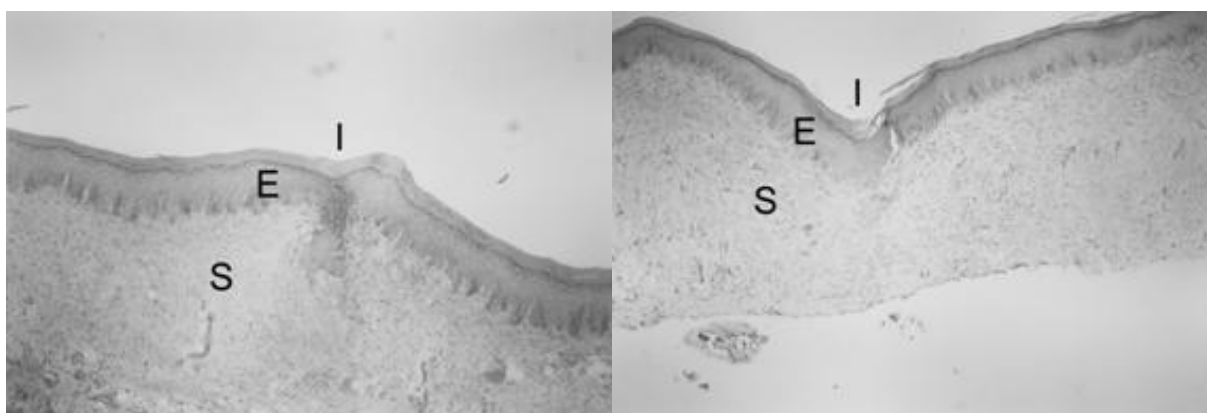
control group. Incision region was not healed and in some animals, it was observed that mucosal closure was completed; however, submucosal closure was not. It was observed that epithelial and subepithelial regions of incision area were closed in animals treated with *A. densiflora* root extract for four days. The collagen production was in reticular fiber stage but was not completed. Mononuclear cell infiltration was present. In the

experimental group, rapid improvement was determined comparing with the control group (Figure 1).

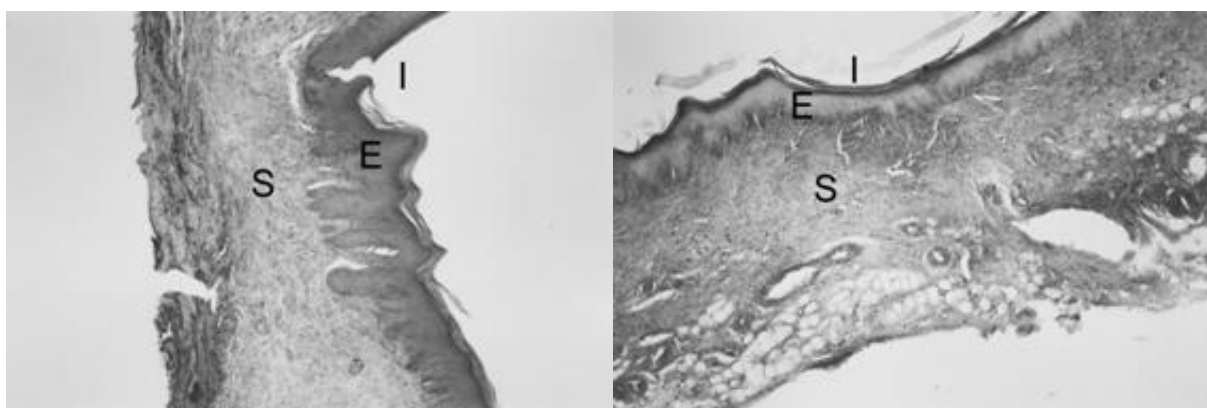
In the control group, wound was exactly closed after 7 days; collagen production was in reticular fiber stage and in this region, mononuclear cell infiltration was present. The collagen fibers were prominently observed in wound regions treated with extract for 7 days. Epithelial hyperplasia was



**Figure 2.** Seven days after scalpel incision (I), both epithelium (E) and subepithelium (S) regions seem to be healed in untreated (a) and *A. densiflora* treated (b) groups. Epidermal hyperplasia (H) is also evident in the *A. densiflora* treated group. a: HEx20, b: HEx10.



**Figure 3.** Shows epithelium (E) and subepithelium (S) regions 14 days after scalpel incisions (I). a: untreated, b: *A. densiflora* treated group. a, b: HEx10.



**Figure 4.** Epithelium (E) and subepithelium (S) regions of untreated (a) and *A. densiflora* treated (b) groups 21 days after scalpel incisions (I). a, b: HEx10.

observed. Subepithelial healing was evident than that of control group (Figure 2).

After 14 days in the control group, subepithelial healing accelerated and it was seen that collagen fibers were marked. Wound healing was favorable in incision areas treated with extract during 14 days than that of controls. However, mononuclear cell infiltration was present in incision areas (Figure 3).

Twenty-one days after incision made with scalpel, it was observed that the incision area was entirely closed; and epithelium and subepithelium were normal in appearance (Figure 4).

## DISCUSSION

*A. densiflora* is one of the four species of genus *Arnebia* (Boraginaceae). Previous studies showed antibacterial, anti-tumoural and wound healing activities of naphthaquinone isolated from *Arnebia*.<sup>7-11</sup> Aktan found that application of ointment containing 10% *A. densiflora* root extract to full-thickness skin incision in rats for 7 days decreased the oedema, while collagen fibre development and epithelium regeneration accelerated thus epithelium thickness increased.<sup>12</sup> In this study, we histologically evaluated effect of *A. densiflora* root extract on scalpel wounds in rat palatal tissue model. Rats treated with *A. densiflora* showed rapid healing than the control group. Wound closure and collagen production were faster and healing occurred on the 14<sup>th</sup> day after wounding, however, in the control group healing was occurred on the 21<sup>st</sup> day.

*A. densiflora* root extract improved healing, especially wound closure and collagen fibre production stages. However, this outcome may also show differences in human wound healing models.

## CONCLUSIONS

In the limits of this study, *A. densiflora* root extract seems to improve healing of scalpel wounds in rat palatal mucosa. Also, as our study used *A. densiflora* root extract instead of isolated naphthaquinone derivatives, further studies using isolated naphthaquinone derivatives would be much informative.

## ACKNOWLEDGEMENTS

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