

Adiponectin levels are associated with the number and activity of circulating endothelial progenitor cells in patients with coronary artery disease

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Abstract: Objective: To study the relationship between plasma adiponectin concentration and the functional activities of circulating endothelial progenitor cells (EPCs) in patients with coronary artery disease (CAD). Methods: Circulating EPCs were enumerated as AC133⁺/KDR⁺ cells via flow cytometry and identified by co-staining with Dil-acLDL and fluorescein isothiocyanate (FITC)-conjugated lectin under a fluorescent microscope. The migratory capacity of EPCs was measured by modified Boyden chamber assay. Adhesion capacity was performed to count adherent cells after replating EPCs on six-well culture dishes coated with fibronectin. Results: The number of circulating EPCs (AC133⁺/KDR⁺ cells) decreased significantly in CAD patients, compared with control subjects [(74.2±12.3) vs (83.5±12.9) cells/ml blood, $P<0.01$]. In addition, the number of EPCs also decreased in CAD patients after ex vivo cultivation [(54.4±8.6) vs (71.9±11.6) EPCs/field, $P<0.01$]. Both circulating EPCs and differentiated EPCs were positively correlated with plasma adiponectin concentration. The functional activities of EPCs from CAD patients, such as migratory and adherent capacities, were also impaired, compared with control subjects, and positively correlated with plasma adiponectin concentration. Conclusion: The study demonstrates that the impairment of the number and functional activities of EPCs in CAD patients is correlated with their lower plasma adiponectin concentrations.

Key words: Adiponectin, Adipokines, Endothelial progenitor cells (EPCs), Coronary artery disease (CAD)

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INTRODUCTION

Adiponectin is a novel collagen-like plasma protein, which is specifically and highly expressed in human adipose tissue (Arita *et al.*, 1999). It is present abundantly in circulating blood. Adiponectin exhibits the beneficial role in regulating insulin action. Several studies showed a negative relation between plasma adiponectin level and the degree of insulin resistance (Higashiura *et al.*, 2004; Tirziu and Simons, 2005). Plasma concentration of adiponectin is reduced in association with obesity-linked disease (Ouchi *et al.*, 1999; Higashiura *et al.*, 2004), including type 2 diabetes mellitus (Hotta *et al.*, 2000; Higashiura *et al.*,

2004) and coronary artery disease (CAD) (Otake *et al.*, 2008). Several clinical and epidemiological studies have indicated that hypoadiponectinemia is a common and independent risk factor for cardiovascular disorders (Iwashima *et al.*, 2006a; Otake *et al.*, 2008). The mechanism underlying the physiology of adiponectin appears to modulate endothelial function. For example, adiponectin stimulates the production of nitric oxide and suppresses the adhesion molecule expression in vascular endothelial cells (Chen *et al.*, 2003; Motoshima *et al.*, 2004). Decreasing adiponectin levels contribute to the endothelial dysfunction (Ouchi *et al.*, 2003a). Several clinical studies have also demonstrated that hypoadiponectinemia correlated with endothelial dysfunction in peripheral arteries and CAD (Iwashima *et al.*, 2006a; 2006b;

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Otake *et al.*, 2008). Endothelial dysfunction is an early pivotal event in the development, progression, and manifestation of atherosclerosis and ultimately represents an imbalance between the magnitude of injury process and repair capacity (Zhu *et al.*, 2008). Previous studies suggested that circulating endothelial progenitor cells (EPCs) participate in this endothelial repair process (Hill *et al.*, 2003; Zhu *et al.*, 2008).

EPCs have the capacity of homing from bone marrow, and circulate, proliferate, and differentiate into mature endothelial cells, but they have neither acquired characteristics of mature endothelial markers, nor formed a lumen (Asahara *et al.*, 1997; Zhu *et al.*, 2008). EPCs coexpress hematopoietic stem or progenitor cell markers (CD34 or AC133) and endothelial surface markers (VE-Cadherin or VEGFR-2) (Peichev *et al.*, 2000; Gill *et al.*, 2001; Zhu *et al.*, 2008). Laboratory evidence suggests that these precursor cells participate in the processes of postnatal neovascularization and re-endothelialization (Asahara *et al.*, 1999; Hill *et al.*, 2003). Recently, studies have also shown that risk factors for CAD correlate with reduced number and functional activity of circulating EPCs (Vasa *et al.*, 2001). However, the relationship between adiponectin and circulating EPCs remains unclear. If a correlation between plasma adiponectin levels and the number and activity of circulating EPCs was confirmed, drug and/or non-drug treatments that aim at increasing circulating adiponectin levels could be useful for treating CAD.

Based on these considerations, we hypothesize that EPCs of patients with hypoadiponectinemia are impaired, and these damaged EPCs may lead to endothelial dysfunction and promote the progression of the disease. Therefore, we investigated the relationships among plasma adiponectin concentrations and the number and activity of circulating EPCs from CAD patients and control subjects.

MATERIALS AND METHODS

Patients

Fifty-eight CAD patients and 50 control subjects were prospectively studied. CAD was defined angiographically (>50% diameter reduction). Plasma adiponectin concentration was determined by en-

zyme-linked immunosorbent assay (ELISA) (Linco Research Inc., Missouri, USA). Other basal characteristics such as age, sex, blood pressure, body mass index (BMI), and lipid profiles were also included in clinical data. Patients with acute inflammation, wounds, retinopathy, recent surgery, ulcers, malignant disease, and unstable angina or myocardial infarction within 3 months, which may influence EPC kinetics, were excluded. All patients and control subjects were not treated with vitamins or folate. All participants provided informed consent and the study protocol was approved by the local research ethics committee.

Isolation, cultivation, and characterization of circulating EPCs

EPCs were isolated, cultured, and characterized according to previously described techniques (Hill *et al.*, 2003; Zhu *et al.*, 2006; 2008). Briefly, mononuclear cells were isolated by density gradient centrifugation and seeded on six-well culture dishes coated with fibronectin (Chemicon, Temecula, CA, USA) in endothelial basal medium (EBM)-2 (Clonetics, Walkersville, MD, USA) supplemented with endothelial basal medium (EBM)-2 with single aliquot of EGM-2MV, which contains 5% fetal bovine serum (FBS), vascular endothelial growth factor (VEGF), fibroblast growth factor-2 (FGF-2), epidermal growth factor (EGF), insulin-like growth factor (IGF), and ascorbic acid. After 7 d in culture, adherent cells were incubated with DiI-acLDL (Molecular Probes, Eugene, OR, USA) and stained with fluorescein isothiocyanate (FITC)-labelled ulex europaeus agglutinin (UEA-1) (Sigma Chemical Co., St. Louis, MO, USA). Cells co-stained with DiI-acLDL and FITC-conjugated lectin were judged as EPCs. Under fluorescent microscope, the number of EPCs per well was evaluated by three independent investigators by counting five randomly selected high-power fields ($\times 200$) (Chen *et al.*, 2006; Zhu *et al.*, 2006; 2008).

Flow cytometry analysis

Cell surface marker proteins of circulating EPCs ($AC133^+/KDR^+$) were measured by flow cytometry (Chen *et al.*, 2006; Zhu *et al.*, 2006; 2008). A volume of 100 μ l of peripheral blood was obtained and incubated for 30 min at 4 °C with antihuman-KDR-PE

(R&D Systems, Minneapolis, USA) and anti-human-AC133-APC (eBioscience, San Diego, USA). The suspension was collected and incubated with fluorescence-activated cell sorter (FACS) lysing solution for 10~15 min (Chen *et al.*, 2006; Zhu *et al.*, 2008). FACS-Calibur instrument (Becton-Dickson, New Jersey, USA) was used to analyze cell surface marker proteins. Surface markers of EPCs, AC133, and KDR were detected on cells in the lymphocyte gate (Chen *et al.*, 2006; Zhu *et al.*, 2006; 2008). Iso-type-matched antibodies served as controls. The percentages of AC133⁺/KDR⁺ positive cells were converted to cell per ml peripheral blood using the total blood count (Vasa *et al.*, 2001; Chen *et al.*, 2006; Zhu *et al.*, 2006; 2008).

Migration assay

A modified Boyden chamber assay (Jiangsu Qilin Medical Equipment, China) was used to evaluate EPC migration (Chen *et al.*, 2006; Zhu *et al.*, 2006; 2008). Isolated EPCs were detached and resuspended in 500 μ l EBM-2 and counted. A total of 2×10^4 EPCs were placed in the upper chamber, and the lower compartment was filled with medium containing EBM-2 and VEGF (50 ng/ml). After 24 h incubation, the lower side of the filter was washed with phosphate buffered saline (PBS) and fixed with 2% paraformaldehyde (Chen *et al.*, 2006; Zhu *et al.*, 2006; 2008). Cells migrating into the lower chamber were counted manually in three random microscopic fields ($\times 200$) (Vasa *et al.*, 2001; Chen *et al.*, 2006; Zhu *et al.*, 2006; 2008).

Cell adhesion assay

EPC adhesion was measured by replacing into fibronectin-coated culture dishes as described previously (Chen *et al.*, 2006; Zhu *et al.*, 2006; 2008). Isolated EPCs were resuspended and counted. After the identical number of cells were reseeded into culture dishes coated with fibronectin for incubation for 30 min at 37 °C in 5% CO₂, the adherent cells averagely were counted by three independent investigators (Vasa *et al.*, 2001; Chen *et al.*, 2006; Zhu *et al.*, 2006; 2008).

Statistical analysis

Date are presented as percentages or mean \pm SD. Student's *t*-test was used to assess differences be-

tween two groups, χ^2 test to compare the categorical variables of CAD patients and control subjects, and Pearson's correlation analysis to analyze the correlations between adiponectin levels and the number and activities of circulating EPCs. All statistical analyses were performed with SPSS 11.5, and values of $P<0.05$ were considered significant.

RESULTS

Plasma adiponectin levels and patient characteristics

A total of 108 participants (58 CAD patients and 50 control subjects) were enrolled in the present study. Patient characteristics and biochemical measurement data are shown in Table 1. A significant decrease was observed in adiponectin in CAD patients compared with matched control subjects [(8.3 \pm 3.9) vs (11.5 \pm 4.3) mg/L, $P<0.01$]. The concentration of plasma adiponectin was significantly lower in males compared with that in females in both CAD and control groups [(7.3 \pm 3.2) vs (10.6 \pm 4.6) mg/L, $P<0.01$; Fig.1].

Table 1 Clinical data for patients with CAD and control subjects

Characteristics	CAD (n=58)	Control (n=50)
Age (year)	65.8 \pm 8.2	64.8 \pm 6.6
Patient number		
Female	17 (29.3%)	16 (32%)
Current smoking	25 (43.1%)	20 (40%)
Hypertension	34 (58.6%)	26 (52%)
Diabetes mellitus	13 (22.4%)	9 (18%)
BMI (kg/m ²)	24.2 \pm 1.70	23.6 \pm 2.10
Triglyceride (mmol/L)	1.73 \pm 0.29	1.65 \pm 0.31
Uric acid (μ mol/L)	377.6 \pm 52.1	373.3 \pm 73.4
hs-CRP (mg/L)	3.21 \pm 1.94*	2.19 \pm 0.99
Adiponectin (mg/L)	8.3 \pm 3.9*	11.5 \pm 4.30

Values are percentages or mean \pm SD; * $P<0.01$ vs control subjects

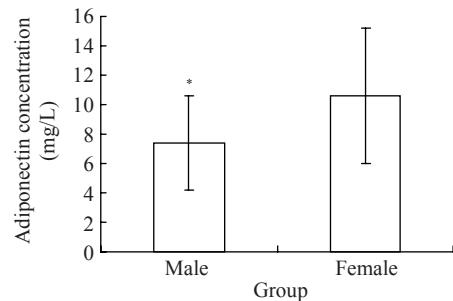


Fig.1 Plasma adiponectin concentration was significantly lower in males compared with that in females (* $P<0.01$) in CAD patients

Association of adiponectin with EPC levels

Fluorescence-activated cell sorter analysis was used to assay the number of EPCs in the peripheral blood. Circulating EPCs were enumerated as AC133⁺/KDR⁺ cells (Vasa *et al.*, 2001; Chen *et al.*, 2006; Zhu *et al.*, 2008). A significant decrease was observed in circulating EPCs in CAD patients compared with matched control subjects [(74.2±12.3) vs (83.5±12.9) cells/ml blood, $P<0.01$], and a positive correlation was shown between the number of EPCs with plasma adiponectin concentration ($r=0.622$, $P<0.001$; Fig.2). In addition, the number of EPCs decreased in CAD patients compared with matched control subjects after ex vivo cultivation [(54.4±8.6) vs (71.9±11.6) EPCs/field, $P<0.01$], and a positive correlation between plasma adiponectin concentration and the number of EPCs was also demonstrated ($r=0.670$, $P<0.001$; Fig.3).

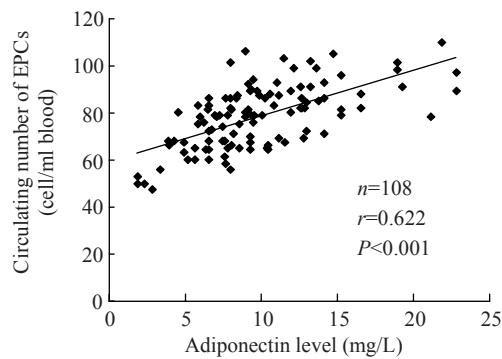


Fig.2 Positive relation between plasma adiponectin concentration and circulating EPC numbers

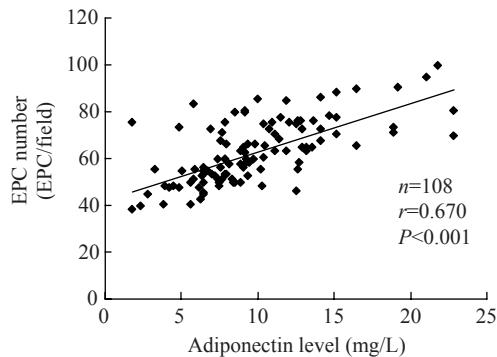


Fig.3 Positive relation between plasma adiponectin concentration and EPC numbers after ex vivo cultivation

Association of adiponectin with migratory capacity of EPCs

The migratory capacity of EPCs isolated from CAD patients was significantly damaged compared

with matched control subjects [(9.1±2.3) vs (10.5±3.2) cells/fields, $P<0.001$]. A significant positive correlation between adiponectin concentration and EPC migratory activity was detectable ($r=0.602$, $P<0.001$; Fig.4).

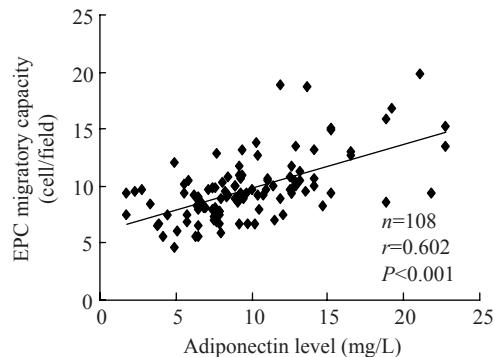


Fig.4 Positive relation between plasma adiponectin concentration and EPC migratory activity after ex vivo cultivation after ex vivo cultivation

Association of adiponectin with adhesion capacity of EPCs

EPCs from CAD patients were significantly impaired in their ability to adhere to fibronectin [(26.7±5.3) vs (29.6±5.0) cells/fields, $P<0.001$]. Plasma adiponectin concentration showed a significantly positive correlation with the ability of EPCs to adhere to fibronectin ($r=0.571$, $P<0.001$; Fig.5).

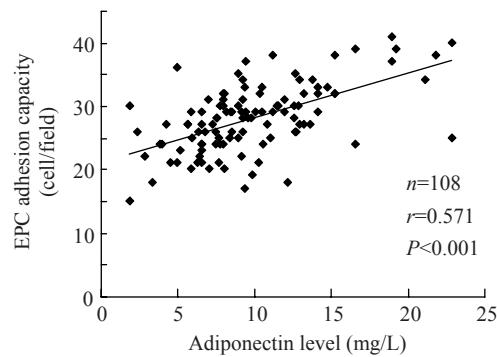


Fig.5 Positive relation between plasma adiponectin concentration and EPC adhesion activity after ex vivo cultivation

DISCUSSION

The present study demonstrates the relationships of plasma adiponectin concentration with number and functional activity of EPCs from peripheral blood of

CAD patients. The results indicate that plasma adiponectin concentration significantly decreased in CAD patients compared with matched control subjects, and positively correlated with the number of circulating ECPs. The plasma adiponectin concentration was significantly lower in males, compared with females, in both CAD and control groups. In addition, the present study also shows that adiponectin levels had significantly positive correlations with the functional activities of EPCs such as adhesive and migratory capacities. These findings indicate that lower circulating adiponectin level reflected the decreased number and impaired functional activities of EPCs in CAD patients. Therefore, therapeutic approaches, drug and/or non-drug, aiming at increasing circulating adiponectin levels could be used to treat CAD.

Adipose tissue is not only a simple energy storage compartment, but also an important secretary organ for bioactive molecules which contribute to the pathophysiology of cardiovascular diseases (Funahashi *et al.*, 1999). Adiponectin is one of adipokines and is synthesized and secreted exclusively by the adipose tissue. Plasma adiponectin level was decreased in CAD patients (Ouchi *et al.*, 2001). Adiponectin has anti-atherogenic property, and hypoadiponectinemia is associated with the development of cardiovascular diseases. Okamoto *et al.* (2002) reported that adiponectin overexpression decreased atherosclerosis by attenuating the endothelial inflammatory response and macrophage-to-foam cell transformation *in vivo*. Further, the clinical study showed that adiponectin concentration rapidly declined following acute myocardial infarction (Kojima *et al.*, 2003). In our study, the number and activity of circulating EPCs were significantly reduced and impaired in the CAD patients with lower plasma adiponectin. This suggests that adiponectin has beneficial effects on vascular function and plays a protective role against atherosclerotic vascular change, and low plasma adiponectin, a well-known independent risk factor for CAD, may enhance endothelial dysfunction.

The integrity and functional activity of endothelial monolayer play a critical role in atherosclerosis. Risk factors in CAD patients may induce endothelial injury and impair endothelial function, which also predicts subsequent cardiovascular events (Davignon and Ganz, 2004). Endothelium is a barrier between blood and vessel. The extent of endothelial injury

may represent a balance between the magnitude of injury and the capacity for repair (Hill *et al.*, 2003). Recent studies suggest that the injured endothelial monolayer is regenerated by circulating bone marrow-derived EPCs (Hill *et al.*, 2003; Walter *et al.*, 2002). These reports have suggested that levels of circulating EPCs are associated with endothelial function and contribute to atherosclerotic disease progression. In the present study, adiponectin levels of CAD patients had significantly positive correlations with the number and functional activities of circulating EPCs. In concordance with our findings, hypoadiponectinemia patients with CAD have a decreased number of circulating EPCs with impaired functional activities (Satoh *et al.*, 2008). Therefore, lower adiponectin may decrease the number and impair the activity of circulating EPCs, reducing the capacity for endothelial repair, ultimately contributing to the progression of atherosclerosis, and leading to CAD.

Hypoadiponectinemia was often observed in patients with obesity-linked disease (Arita *et al.*, 1999). Okui *et al.* (2008) reported that obesity-linked disease was associated with increased risk of CAD, and low adiponectin levels were considered to be an independent risk factor for CAD and a better predictor of coronary endothelial function than other factors such as HOMA-R, body mass index, immunoreactive insulin, and triglycerides. Although the exact mechanisms by which the number and functional activity of EPCs were damaged in CAD patients with low adiponectin levels remain unclear up to now, several possible reasons could account for the impaired EPCs. Firstly, it is suggested in *in vitro* experiments that C reactive protein (CRP) attenuates the survival of EPCs, and it has been recently demonstrated that CRP has the potential to decrease the angiogenic function of EPCs (Fujii *et al.*, 2006; Wang *et al.*, 2007; Zhu *et al.*, 2008). Ouchi *et al.* (2003b) reported that human adipose tissue expressed CRP, and that there was an inverse relation between CRP and adiponectin in both plasma and adipose tissue. Therefore, increasing of CRP and decreasing of adiponectin in plasma might contribute to the damage of EPCs. The second explanation is that the decreased number and functional activity of EPCs in CAD patients with low adiponectin levels might have relation with adipovascular axis, which, through genomic and

environmental influences, affects the supply of EPCs.

There are a few limitations in our study. First, patients in this study were recruited from ones scheduled for elective coronary angiography; therefore, they might not be representative of the population at large. However, none of the patients had myocardial infarction and acute coronary syndrome. Future studies on larger scales will be needed. Second, the present study was limited to the measurement of plasma adiponectin concentration, and it did not assess whether high molecular forms of this protein would be associated with the number and activity of circulating EPCs. Third, the exact mechanisms, especially the molecular pathway(s), responsible for decreasing the number and impairing the functional activity of EPCs in CAD patients with hypo adiponectinemia have not been determined, to which further studies are needed to address.

In conclusion, correlations between adiponectin and the number and activity of circulating EPCs were significantly positive in CAD patients. Thus, therapeutic approaches, drug and/or non-drug treatments, aiming at increasing circulating adiponectin levels could be useful for treating CAD and other diseases associated with vascular insufficiency.

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