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Sample Sizes Required to Detect Interactions between Two Binary Fixed-Effects in a Mixed-Effects Linear Regression Model

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Summary

Mixed-effects linear regression models have become more widely used for analysis of repeatedly measured outcomes in clinical trials over the past decade. There are formulae and tables for estimating sample sizes required to detect the main effects of treatment and the treatment by time interactions for those models. A formula is proposed to estimate the sample size required to detect an interaction between two binary variables in a factorial design with repeated measures of a continuous outcome. The formula is based, in part, on the fact that the variance of an interaction is fourfold that of the main effect. A simulation study examines the statistical power associated with the resulting sample sizes in a mixed-effects linear regression model with a random intercept. The simulation varies the magnitude (Δ) of the standardized main effects and interactions, the intraclass correlation coefficient (*ρ*), and the number (*k*) of repeated measures within-subject. The results of the simulation study verify that the sample size required to detect a 2×2 interaction in a mixed-effects linear regression model is fourfold that to detect a main effect of the same magnitude.

Keywords

interaction; mixed-effects linear regression; statistical power; sample size

1. Introduction

The mixed-effects linear regression model (Harville, 1977; Laird and Ware, 1982) is widely used in observational studies and randomized controlled clinical trials (RCT) in which there are repeated measures over time. In designing a study, the Ethical Guidelines of the American Statistical Association (ASA, 1999) advise statisticians to provide informed recommendations for sample size such that a research protocol will neither propose an inadequate nor an excessive number of subjects to detect a scientifically noteworthy result with acceptable statistical power. Several authors have examined the sample sizes required to detect the main effects and interaction of treatment and time in longitudinal studies with repeated measures (e.g., Hsieh, 1988; Rochon, 1991; Overall and Doyle, 1994; Hedeker, Gibbons, and Waterneaux, 1999; Raudenbush and Liu, 2001; Diggle Heagerty, Liang, and Zeger, 2002). Yet a study that is designed to detect the main effect of treatment will not have sufficient power to detect the

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interaction between two binary fixed effects. In a 2×2 factorial fixed-effects ANOVA with equal cell sizes and an assumption of independence among observations, for instance, the sample size required to detect an interaction is four times that for a main effect of the same magnitude (Fleiss, 1986). However, we are not aware of formulae to estimate the sample size needed to detect an interaction between two binary fixed effects in a mixed-effects linear regression model for analysis of repeatedly measured correlated data.

The objective of this manuscript is to examine the sample size required to detect a 2×2 interaction of two binary fixed effects in mixed-effects linear regression analyses. The model, described in detail in Section 2, also incorporates a time-varying covariate, but that covariate does not interact with group membership. We sought to determine if, as with the fixed-effects factorial ANOVA, the sample size needed to detect an interaction in a repeated measures design is fourfold that of a main effect. A formula for the sample size required to detect an interaction is presented below. A simulation study then examines the statistical power of the resulting sample sizes to detect interactions of various magnitudes in a 2×2 factorial design with repeated measures of a continuous outcome.

2. Mixed-Effects Linear Regression Model and Sample Size Determination

A mixed-effects linear regression model of repeated measures of a continuous dependent variable, *yij*, is specified as:

$$
y_{ij} = \beta_0 + \beta_1 x_{1i} + \beta_2 x_{2i} + \beta_3 x_{1i} x_{2i} + \beta_4 t_j + v_i + \varepsilon_{ij}
$$
\n(1)

for subject *i* ($i = 1, ..., N$), at time j ($j = 1, ..., k$), where β_0 is the intercept term, x_i , represents the treatment contrast $(x_I = -1/2$ if placebo; $x_I = 1/2$ if investigational treatment), $x₂$ represents the moderator contrast $(x_2 = -1/2$ if effect moderator is absent; $x_2 = 1/2$ if effect moderator is present), x_1x_2 represents the treatment by moderator interaction. As defined by Kraemer et al., (2002), "… moderators identify on whom and under what circumstances treatments have different effects". Randomization to treatment assignment is stratified by the moderator. Note that *N* is the *total sample size*. Therefore *N*/2 subjects are randomized to each treatment and the sample size per cell is *N*/4 for the balanced design with two binary factors, which we consider here. The coefficients, β_l to β_3 , represent the magnitude of the corresponding main effects and interaction, *t^j* represents the time point of the *j-th* assessment and its coefficient β_4 represents the slope over time. This model assumes parallel slopes across treatment groups and that the slopes do not vary as a function of the moderator. These assumptions could be relaxed if either a treatment by time interaction or a treatment by moderator by time interaction were included in the model. However, here we have chosen to focus on the treatment by moderator interaction. Therefore, model (1) is an extension of the factorial fixed-effects ANOVA model, and can be described as a 2×2 factorial random intercept ANCOVA model with t_j as a time-varying covariate.

The subject-specific random intercept v_i is assumed to be distributed $N(0, \sigma_v^2)$, and the conditional distribution of error term ε_{ij} for a given v_i is assumed to be independent and identical with $N(0, \sigma_{\varepsilon}^2)$ across time points *j* within the *i*-th subject. The marginal distributions of v_i and ε_{ij} are assumed to be mutually independent, that is Cov(ε , v)= 0. It follows from those conditional and mutual independence assumptions that $Var(Y_{ii}) \equiv \sigma^2 = \sigma_v^2 + \sigma_g^2$ and $\text{corr}(Y_{ij}, Y_{ij'}) \equiv \rho = \sigma_v^2 / \sigma^2 = \sigma_v^2 / (\sigma_v^2 + \sigma_e^2)$, the intraclass correlation coefficient (ICC), for $j \neq j'$. The standardized effects of β_1 to β_3 can be quantified as $\Delta_m = \beta_m / \sigma$, $m = 1,2,3$.

The variance of the estimated interaction is four times that of estimated main effect in the factorial fixed-effects ANOVA (section 4.2 in Fleiss, 1986). That relation also holds for the 2

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 \times 2 factorial random intercept ANCOVA model (1) that we are considering here, since neither $Var(Y_{ij}) = \sigma^2$ nor the correlation, ρ , depends on subject *i* or time point *j*. Specifically, the following holds:

$$
Var(\beta_1) = Var(\beta_2) = Var(\beta_3)/4
$$

and therefore

$$
Var(\widehat{\Delta}_1) = Var(\widehat{\Delta}_2) = Var(\widehat{\Delta}_3)/4,
$$
\n(2)

where β_1 , β_2 , and β_3 , are corresponding maximum likelihood estimates of β_1 , β_2 , and β_3 . It follows that the sample size needed to detect an interaction effect will be four times that for detecting a main effect of the identical magnitude because the sample size is a linear function of the variance of an effect estimate.

The total number of subjects, say $N(\Delta_I)$, required to detect a main effect with power $I - \beta$ (where *β* is the level of type II error) was presented elsewhere (Donner et al., 1981; Donner and Klar, 2000; Diggle et al., 2002):

$$
N(\Delta_1) = \frac{4(z_{\alpha/2} + z_{\beta})^2 (1 + (k - 1)\rho)\sigma^2}{k\beta_1^2} = \frac{4(z_{\alpha/2} + z_{\beta})^2 (1 + (k - 1)\rho)}{k\Delta_1^2}
$$
(3)

It follows that $N(\Delta_1) = N(\Delta_2)$ for $\Delta_1 = \Delta_2$. However, for effects of the same magnitude, $\Delta_1 =$ Δ_3 , the total number of subjects, say $N(\Delta_3)$, required to detect an interaction effect with power *1-β* can then be expressed as fourfold that of the main effect. Finally, combining the sample size determination (3) for the main effect with the fourfold increase in the variance of the mle of the interaction effect of interest (2), we propose the following for sample size determination for detecting the interaction:

$$
N(\Delta_3) = \frac{16(z_{\alpha/2} + z_{\beta})^2 (1 + (k - 1)\rho)\sigma^2}{k\beta_3^2} = \frac{16(z_{\alpha/2} + z_{\beta})^2 (1 + (k - 1)\rho)}{k\Delta_3^2} = 4N(\Delta_1).
$$
\n(4)

3. Simulation Study

The primary focus of this simulation study was to examine whether the statistical power to detect an interaction of two fixed effects in a 2×2 factorial design with repeated measures of a continuous outcome in model (1) is consistent with the sample sizes derived from (4). The statistical power to detect a main effect with the sample sizes derived from (3) was also examined. A Wald test with a two-tailed alpha-level of .05 was used to test each of two hypotheses:

$$
H_{01}:\beta_1=0
$$

\n $H_{02}:\beta_3=0.$

The simulations were specified such that the magnitude of either one main effect (Δ_1) or the interaction (Δ_3) ranged from 0.20 to 0.50 and the remaining two effects were null. Thus the results of the interaction (Δ_3) and only one main effect (Δ_1) will be discussed hereafter.

3.1. Simulations Specifications

The simulation was designed by varying following specifications:

- **Main effect,** β **_{***l***}, specified as standardized effects (** Δ **₁): .20, .25, .30, .35, .40, .45, .50**
- **2.** Interaction, *β3*, specified as standardized effects (Δ3): .20, .25, .30, .35, .40, .45, .50
- **3.** Intraclass correlation coefficient (ICC) *ρ* : .20, .40, .60
- **4.** Repeated measures, within subject, over time (*k*): 4, 6, 8
- **5.** Total number of subjects, $N(\Delta_I)$, based on equation (3), to detect the respective main effects (Δ_1) with 80%, 90%, and 95% power
- **6.** The total number of subjects, $N(\Delta_3)$, to detect the respective interactions (Δ_3) with 80% 90%, and 95% power, based on equation (4).

3.2. Data Generation

The simulated outcome variable for the four treatment by moderator cells was generated as a time-varying continuous variable (*Yij*) based on normal distributions. Specifically, we first generated from $N(0, \sigma_{\varepsilon}^2)$ and then for given v_i we independently generated ε_{ij} from $N(0, \sigma_{\varepsilon}^2)$. Those simulated random values were then added to the respective fixed main effect and interaction. As specified above, the magnitude of either the main effect (Δ_1) or the interaction of the two binary fixed effects (Δ_3) ranged from 0.20 to 0.50. For each of 63 combinations of simulation specifications for the interaction ($7\Delta_3 \times 3\rho \times 3k$) for each level of power, 6000 data sets were generated. Similarly, 6000 data sets were generated for each of 63 combinations of simulation specifications for the main effect $(7\Delta_1 \times 3\rho \times 3k)$ for each level of power. We chose to generate 6000 data sets per combination of specifications based on the precision of the resulting power estimates. Specifically, based on 6000 simulations, the 95% confidence interval for 80% power ranges from 0.789 to 0.810, for 90% power it ranges from 0.892 to 0.908, and for 95% power it ranges from .945 to .956.

3.3. Evaluation of Statistical Power

For each data set, model *(1)* was fit to the simulated outcome data using the S-plus routine "lme" with maximum likelihood (ML) method and *p*-values for the effects were retained for estimation of empirical power. Specifically, the empirical statistical power was defined as the proportion of the 6000 analyses per simulation specification in which the null hypothesis was rejected at a two-tailed alpha-level of .05. S-plus 7.0 was used for all computations.

4. Simulation Results

Empirical power estimates for each specification of the main effect models (Table 1 for 80% power; Table 2 for 90% power; Table 3 for 95% power) are consistent with the sample size N (Δ_1) calculation based on equation (3). Furthermore, the required sample sizes N((Δ_3) for an interaction are indeed fourfold that of a main effect of the same magnitude. For example, for 80% power, with $\rho = 0.20$ and $k=4$ observations per subject, N(Δ_3)=808 subjects in total (or 202/cell) are needed for power of 80% to detect an interaction effect (Δ_3) of .25; N(Δ_3)=560 subjects are needed for $\Delta_3=0.30$, 320 subjects for $\Delta_3=0.40$ and $N(\Delta_3)=208$ subjects for $\Delta_3=0.50$. Similar patterns hold for $\rho = 0.40, 0.60$ and $k = 6, 8$, as shown in Table 1, yet the required sample sizes increase with greater ρ . The required N(Δ_3)'s are fourfold N(Δ_1) for the main effects for all values of k , Δ and ρ , For example, the corresponding sample size for a main effect with $\rho = 0.20$ and $k=4$ are $N(\Delta_1)=202$ ($\Delta_1=0.25$), $N(\Delta_1)=140$ ($\Delta_1=0.30$), $N(\Delta_1)=80$ $(\Delta_1=0.40)$ and $N(\Delta_1)=52$ ($\Delta_1=0.50$). The same relation holds true for power of .90 (Table 2) and .95 (Table 3). Thus, a multiplicative factor of four can be used to estimate the required

sample size for an interaction effect, given the $N(\Delta_1)$ for a main effect of the same magnitude based on the equation (3).

5. Application

There is a recent NIH initiative (NIH: RFA-MH-09-010) to identify personalized treatments by designing clinical trials that test not only the effect of treatment, but moderators of the treatment effect. The goal of such a trial would be to test whether an hypothesized subject characteristic (i.e., the moderator) is associated with enhanced or inhibited treatment response. In either case, a treatment by moderator could test an important clinical question, in that it would help the clinician provide a targeted intervention to patients in need.

Consider, for example, an RCT of an antidepressant that is hypothesized to be more effective in the subgroup of subjects who carry the short allele of the serotonin transporter gene polymorphism (5-HTTLPR). Subjects meeting criteria for major depressive disorder will be randomized to either fluoxetine or placebo and evaluated weekly with the Quick Inventory of Depressive Symptomatology-Self-Rated (QIDS-SR; Rush et al., 2003) over a 6 week trial $(k=6)$. The sample will be equally divided by recruiting half of the subjects having the short allele and the other half without the short allele. Randomization will then stratified by allelic variation. The study will be designed to detect an interaction effect as small as $\Delta_3=0.35$. For example, that would represent a difference in response between the two allele groups, within a treatment cell, of about one-third of a standard deviation on the QIDS-SR, which will represent about 6 points, or a clinically meaningful effect. The total sample size required for power of 80% will vary with the intraclass correlation coefficient: $N(\Delta_3) = 344$ ($\rho = 0.20$), N $(\Delta_3)=520$ ($\rho = 0.40$), and N(Δ_3)=688 ($\rho = 0.60$). In contrast, the total sample size for power of 90% is N(Δ₃) =464 ($ρ$ =0.20), N(Δ₃)=688 ($ρ$ =0.40), and N(Δ₃)=920 ($ρ$ =0.60) and, for power of .95%, N(Δ_3) =568 (ρ =0.20), N(Δ_3)=856 (ρ =0.40), and N(Δ_3)=1136 (ρ =0.60).

6. Discussion

This simulation study examined required sample sizes for the main effects and interaction of two binary fixed effects in a mixed-effects linear regression model with a random intercept. The results indicate that, for a given set of design specifications, four times as many subjects are required to detect an interaction as for a main effect, as specified in our formula (4). The formula was verified by simulation for 80%, 90%, and 95% statistical power. This relationship did not depend on the standardized effect size Δ*m,* the number of observations per subject *k*, or the intraclass correlation coefficient *ρ*.

The simulation results indicate that required sample sizes for the main effect were in accord with estimates based on equation (3). It is worth noting that linear interpolation of $N(\Delta_3)$ appears to be accurate across ICCs, for a given k and Δ_3 . However, interpolation is not warranted across Δ3's or *k*'s.

The simulation study examined statistical power of the interaction of two binary fixed effects in a mixed-effects linear regression model with a random intercept. Equation (4) does not necessarily apply to a model with a random slope. Furthermore we did not examine the required sample size in the presence of a treatment by time interaction or a treatment by moderator by time interaction. Similarly, the results presented here do not apply to sample sizes needed to detect interactions among categorical covariates with more than two levels. An investigation into that issue would involve a likelihood ratio test, not the normal approximation that was used here.

An RCT that is specifically designed to test a treatment by moderator interaction could yield valuable information to guide clinical decision making regarding appropriate interventions for

subgroups of those with the diagnosis of interest. However, given the sheer number of subjects that is needed to detect that interaction, a researcher might consider an alternative design. For instance, if the objective of a study is to demonstrate efficacy in a particular subgroup, one that has been identified in preliminary research, the RCT inclusion criteria might be designated to enroll only that subgroup. Thus the focus would no longer be on a moderating effect, but instead on treatment of a group of particular interest.

The results of this simulation study provide sample size estimates for statistical power of 80%, 90%, and 95% to detect various standardized main effects and interactions between two binary fixed effects in a mixed-effects linear regression model with a random intercept. The range of the magnitude of those effects, the number of repeated observations, and the *ρ* 's should be useful for broad application. However, because the sample size required to detect an interaction is four times that of a main effect, equations (3) and (4) can be used to estimate sample size for research designs with specifications that were not examined here.

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Table 1

Sample Size Required for Theoretical Statistical Power of 80% to Detect the Main Effect and the Interaction of Two Binary Fixed Effects in a Mixed-Effects Linear Regression Model with a Random Intercept Sample Size Required for Theoretical Statistical Power of 80% to Detect the Main Effect and the Interaction of Two Binary Fixed Effects in a Mixed-Effects Linear Regression Model with a Random Intercept

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The sample sizes required to detect a main effect $N(\Delta_1)$ or an interaction $N(\Delta_3)$ represent the total sample size, based on equations (3) and (4), respectively and assume power of 80% and a two-tailed alpha-level of . The sample sizes required to detect a main effect N(Δ 1) or an interaction N(Δ 3) represent the total sample size, based on equations (3) and (4), respectively and assume power of 80% and a two-tailed alpha-level of 0 *k* represents the number of observations per subject.

1

² Empirical power is based on analyses of 6000 simulated data sets for each combination of parameter specifications. *3*Empirical power is based on analyses of 6000 simulated data sets for each combination of parameter specifications.

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Table 2

Sample Size Required for Theoretical Statistical Power of 90% to Detect the Main Effect and the Interaction of Two Binary Fixed Effects in a Mixed-Effects Linear Regression Model with a Random Intercept Sample Size Required for Theoretical Statistical Power of 90% to Detect the Main Effect and the Interaction of Two Binary Fixed Effects in a Mixed-Effects Linear Regression Model with a Random Intercept

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k represents the number of observations per subject.

1

The sample sizes required to detect a main effect N(Δ 1) or an interaction N(Δ 3) represent the total sample size, based on equations (3) and (4), respectively and assume power of 90% and a two-tailed alpha-level of . 3Empirical power is based on analyses of 6000 simulated data sets for each combination of parameter specifications. *3*Empirical power is based on analyses of 6000 simulated data sets for each combination of parameter specifications.

The sample sizes required to detect a main effect N(Δ 1) or an interaction N(Δ 3) represent the total sample size, based on equations (3) and (4), respectively and assume power of 90% and a two-tailed alpha-level of 0

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Table 3

Sample Size Required for Theoretical Statistical Power of 95% to Detect the Main Effect and the Interaction of Two Binary Fixed Effects in a Mixed-Effects Linear Regression Model with a Random Intercept Sample Size Required for Theoretical Statistical Power of 95% to Detect the Main Effect and the Interaction of Two Binary Fixed Effects in a Mixed-Effects Linear Regression Model with a Random Intercept

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The sample sizes required to detect a main effect N(Δ 1) or an interaction N(Δ 3) represent the total sample size, based on equations (3) and (4), respectively and assume power of 95% and a two-tailed alpha-level of . The sample sizes required to detect a main effect N(Δ 1) or an interaction N(Δ 3) represent the total sample size, based on equations (3) and (4), respectively and assume power of 95% and a two-tailed alpha-level of 0 k represents the number of observations per subject. *k* represents the number of observations per subject.

3Empirical power is based on analyses of 6000 simulated data sets for each combination of parameter specifications. *3*Empirical power is based on analyses of 6000 simulated data sets for each combination of parameter specifications.