

## Concurrent *Helicobacter bilis* Infection in C57BL/6 Mice Attenuates Proinflammatory *H. pylori*-Induced Gastric Pathology<sup>∇</sup>

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Because coinfections can alter helicobacter gastritis, we investigated whether enterohepatic *Helicobacter bilis* modulates *Helicobacter pylori* gastritis in C57BL/6 mice. Thirty mice per group were sham dosed, *H. bilis* or *H. pylori* infected, or *H. bilis* infected followed in 2 weeks by *H. pylori* and then evaluated at 6 and 11 months postinfection (mpi) for gastritis and premalignant lesions. Compared to *H. pylori*-infected mice, *H. bilis*/*H. pylori*-infected mice at 6 and 11 mpi had less severe gastritis, atrophy, mucous metaplasia and hyperplasia ( $P < 0.01$ ) and, additionally, at 11 mpi, less severe intestinal metaplasia and dysplasia ( $P < 0.05$ ). *H. bilis*/*H. pylori*-infected mice at 11 mpi exhibited less Ki67 labeling of proliferating epithelial cells, reduced numbers of FoxP3<sup>+</sup> T-regulatory (T<sub>REG</sub>) cells, and lower FoxP3<sup>+</sup> mRNA levels than did *H. pylori*-infected mice ( $P < 0.05$ ). Proinflammatory interleukin-1 $\beta$  (IL-1 $\beta$ ), gamma interferon, and tumor necrosis factor alpha mRNA levels were attenuated in *H. bilis*/*H. pylori*-infected mice at 6 and 11 mpi ( $P < 0.01$ ), although anti-inflammatory IL-10, IL-13, and transforming growth factor  $\beta$ 1 mRNA levels were not consistently impacted by *H. bilis* coinfection. Decreased pathology in *H. bilis*/*H. pylori*-infected mice correlated with higher gastric *H. pylori* colonization at 6 mpi ( $P < 0.001$ ) and lower Th1-associated immunoglobulin G2c responses to *H. pylori* at 6 and 10 mpi ( $P < 0.05$ ). We hypothesized that reduced pathology in *H. bilis*/*H. pylori*-infected mice was due to *H. bilis*-primed T<sub>REG</sub> cells in the lower bowel that migrated to the gastric compartment and inhibited Th1 responses to subsequent *H. pylori* infection. Thus, *H. pylori*-induced gastric lesions may vary in mouse models of unknown enteric helicobacter infection status and, importantly, variable sequelae to human *H. pylori* infection, particularly in developing countries, may occur where coinfection with lower bowel helicobacters and *H. pylori* may be common.

*Helicobacter pylori*, first isolated by Warren and Marshall, induces a persistent infection and gastritis and is known to colonize the stomach of over 50% of the human population (2). In a subset of infected individuals, *H. pylori* is linked to the development of peptic ulcer disease, gastric adenocarcinoma, and gastric mucosa-associated lymphoid tissue lymphoma. It has been classified by the World Health Organization as a class I carcinogen (25). It is not clear why some individuals infected with *H. pylori* develop serious disease, while others do not. Host and environmental factors, as well as the virulence properties of *H. pylori*, appear to play an important role in determining disease outcome (17, 52, 60). Poor socioeconomic conditions promote early acquisition and infection with *H. pylori* and infection rates often approach >90% in these populations. Interestingly, some African countries with especially high prevalence rates of infection have lower-than-expected rates of gastric cancer. This paradox has been referred to as “the African Enigma” (24). The low incidence of gastric cancer has been linked to endemic parasites, diet, poor cancer registry

data, and the low pathogenicity of some *H. pylori* strains (3a, 12, 31a).

Like humans, mice respond immunologically to infectious agents with a repertoire of memory T cells that respond most efficiently after antigen priming (28) but also appear to modulate host responses to unrelated infections and likely are also effective in disease caused by organisms sharing common antigens. These cross-reactive T cells, when activated, not only modulate the immune response but also determine the eventual outcome of heterologous infections. This host immune response is often referred to as heterologous immunity (47). This phenomenon has been studied to a limited extent in mouse models of gastric helicobacter pathogenesis that have had varied pathological outcomes. In a C57BL/6 mouse model of *H. felis* gastritis, coinfection with an enteric helminth, *Heligmosomoides polygyrus*, stimulated a Th2 response that attenuated Th1-promoted gastric pathology (11). In contrast, in BALB/c mice which have a Th2-biased response to gastric helicobacter infection resulting in no discernible gastritis, coinfection with *Toxoplasma gondii* promoted a robust Th1 immune response, resulting in a progressive helicobacter-associated gastritis, gastric atrophy, and metaplasia (50). Recently, we have demonstrated that the colitis induced by *Citrobacter rodentium* resulted in a prolonged recovery of the disease in C57BL/6 mice when the animals were coinfecting with *H. hepaticus* (34). It is also known that host immune responses resulting from infections with atypical mycobacteria can influ-

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ence how mice or humans respond immunologically to BCG vaccination (9, 62). These examples of heterologous immunity suggest that disease outcomes can be impacted by modulation of Th1 and Th2 inflammatory responses (37).

Subclinical lower bowel helicobacter infections are prevalent worldwide in mouse colonies; however, the persistent infection in certain inbred strains of mice often elicits demonstrable pathology (53). In susceptible mouse strains, enterohepatic helicobacters cause inflammatory bowel disease, colonic adenocarcinoma, hepatitis, cholecystitis, and hepatocellular carcinoma (8, 31, 33, 57). Non-*H. pylori* helicobacters are increasingly cited in association with human diarrheal disease, particularly in developing countries, as well as with hepatobiliary diseases in humans (10, 12, 13, 22, 38). These observations of enterohepatic helicobacter-associated disease in humans and the common occurrence of enteric helicobacter infections in mice suggest that helicobacter coinfections could impact murine studies involving *H. pylori* pathogenesis, vaccine strategies, and antimicrobial modalities. Thus, we initiated an experiment to ascertain whether coinfection with *H. bilis*, an enterohepatic helicobacter with a wide host range (10), could impact the progression of *H. pylori*-induced gastric disease and inflammatory responses in C57BL/6 mice (10, 12, 19, 46).

#### MATERIALS AND METHODS

**Experimental infections.** Five-week-old, female C57BL/6 mice obtained from Taconic Farms (Germantown, NY) were housed in groups of five in polycarbonate microisolate cages on hardwood bedding (PharmaServ, Framingham, MA) under specific-pathogen-free conditions (free of *Helicobacter* spp., *Citrobacter rodentium*, *Salmonella* spp., endoparasites, ectoparasites, and known murine viral pathogens) in an Association for the Assessment and Accreditation of Laboratory Animal Care International accredited facility. Mouse rooms were maintained at constant temperature and humidity on a 12/12-h light-dark cycle, and mice were provided standard rodent chow (Purina Mills, St. Louis, MO) and water ad libitum. All protocols were approved by the MIT Committee on Animal Care.

Groups of 30 mice were either uninfected, sham-dosed controls, orally inoculated with *H. bilis* only, with *H. pylori* only, or with *H. bilis* followed in 2 weeks by *H. pylori*. Mice were dosed with 0.2 ml of  $10^8$  CFU ml of *H. pylori* SS1 or *H. bilis* Missouri strain in brucella broth every other day for a total of three doses. At 6 and 11 months postinoculation (mpi), 15 mice from each group were euthanized with CO<sub>2</sub> and necropsied.

**Necropsy and histopathology.** At necropsy, stomach samples from the lesser curvature extending from the squamous forestomach through the duodenum were collected and processed as described previously (18, 44). Tissues were graded by a comparative pathologist (A.B.R.) blinded to sample identity for inflammation, epithelial defects, atrophy, hyperplasia, pseudopyloric metaplasia, dysplasia, hyalinosis and mucous metaplasia as defined elsewhere (15, 18, 44). Gastric lesions were scored on an ascending scale from 0 to 4 using criteria previously described (15, 44). Briefly, inflammation is defined as the extent of leukocyte infiltration in the mucosa and submucosa. Epithelial defects were scored on the basis of degeneration of the surface lining epithelium and underlying oxyntic glands, as well as the presence of dilated glands and presence of mucosal erosion/ulceration. Mucous metaplasia is the expansion of gastric mucous neck cells secreting a mixture of neutral and acidic mucins in the oxyntic mucosa. Hyalinosis is defined as the accumulation of brightly eosinophilic droplets and/or crystals composed of Ym2 protein in the cytoplasm of the surface epithelium and within the glandular lumen. Atrophy represents the loss of oxyntic glands (parietal/chief cell loss) and is usually accompanied by compensatory hyperplasia of the foveolar epithelium. Pseudopyloric metaplasia is a preneoplastic change and represents the replacement of normal corpus with a mucosa resembling the pyloric antrum with regard to glandular phenotype and mucin expression. Defining characteristics for dysplasia were adapted from consensus guidelines on mouse models of intestinal cancer (3). Dysplasia is defined as the degree of cellular and glandular atypia with scores of three and four representing gastric intraepithelial neoplasia and unequivocal invasive carcinoma, respectively. For each sample, a gastric histologic activity index (HAI) was

generated by combining scores for all criteria except hyalinosis and mucous metaplasia which may develop spontaneously irrespective of helicobacter infection.

**Immunohistochemistry.** Immunohistochemistry for a variety of targets was performed according to a previously described protocol (43). For assessment of epithelial cell proliferation, Ki67 (BD Biosciences, San Jose, CA) labeling indices were determined as described previously (15) with slight modifications. Briefly, formalin-fixed stomach samples from three randomly selected animals per treatment group at 11 mpi were assessed for Ki67 immunolabeling. The number of positively stained nuclei from five well-oriented proximal corpus glands was enumerated, and the mean value was defined as the epithelial cell proliferation labeling index (LI). Transforming growth factor  $\beta$  (TGF- $\beta$ ; R&D Systems, Minneapolis, MN) and the NF- $\kappa$ B subunit p65 (Zymed/Invitrogen, Carlsbad, CA) were labeled as previously described (45) using gastric tissues from five mice per group. FoxP3<sup>+</sup> immunohistochemistry was performed using FoxP3 antibody (FJK-16S; eBiosciences, San Diego, CA). Stomach sections from six uninfected control mice, six *H. bilis*-infected mice, and fifteen mice each from *H. pylori*-infected and *H. bilis/H. pylori*-infected mice were evaluated at 11 mpi. Cells expressing FoxP3<sup>+</sup> in the gastric corpus were counted from both the mucosa and submucosa at a magnification of  $\times 20$  (one field = 1.00 mm<sup>2</sup>). Nuclear labeling was considered specific for T-regulatory (T<sub>REG</sub>) cells, whereas granular cytoplasmic staining of oxyntic cells, if any, was considered as nonspecific background staining. Ten fields were counted per stomach, and the results are presented as the average number of FoxP3<sup>+</sup> cells/mm<sup>2</sup> of stomach.

**Q-PCR for *H. pylori* SS1 and *H. bilis*.** To quantify colonization levels of *H. pylori* strain SS1 within the gastric mucosa, a real-time quantitative PCR assay (Q-PCR) was utilized (18, 33). A standard curve was generated by using serial 10-fold dilutions (from  $5 \times 10^5$  to 5) of *H. pylori* SS1 genome copies, estimated from an average *H. pylori* genome size of 1.66 Mb (1, 54). By using the same approach, the levels of *H. bilis* Missouri strain in cecal or gastric samples were also measured. The *H. bilis* 16S rRNA gene-based primers and the probe for Q-PCR were previously described (6). The numbers of the *H. bilis* genome in these samples were calculated based on a genomic size of 1.73 Mb, which is an average size of two sequenced *H. pylori* genomes and the *H. hepaticus* 3B1 genome (1, 51, 54). The copy numbers of the gastric *H. pylori* or *H. bilis* genome were standardized using micrograms of murine chromosomal DNA determined by Q-PCR using a mammalian 18S rRNA gene-based primer and probe mixture (Applied Biosystems, Foster City, CA) as described previously (22, 59).

***H. bilis* PCR.** Bacterial DNA was extracted from fecal and cecal contents and amplified as previously described using the *H. bilis*-specific primers C62 and C12 (16).

**Gastric cytokines.** Total RNA from stomachs of C57BL/6 mice was prepared using TRIzol reagent according to the recommendations of the manufacturer (Invitrogen). For cytokine mRNA quantification, 5  $\mu$ g of total RNA was converted into cDNA using a high capacity cDNA archive kit (Applied Biosystems). Levels of interleukin 1 $\beta$  (IL-1 $\beta$ ), gamma interferon (IFN- $\gamma$ ), tumor necrosis factor alpha (TNF- $\alpha$ ), p65/RelA, IL-10, IL-13, TGF- $\beta$ 1, and FoxP3<sup>+</sup> mRNA were measured by Q-PCR using TaqMan gene expression assays for use in the ABI Prism sequence detection system 7500 Fast (Applied Biosystems). Transcript levels were normalized to the endogenous control glyceraldehyde-3-phosphate dehydrogenase mRNA (*GAPDH*) and expressed as the fold change compared to samples from sham-dosed control mice using the Comparative C<sub>T</sub> method (Applied Biosystems User Bulletin No. 2).

**ELISA for anti-*H. pylori* IgG2c and IgG1 in serum.** Sera were collected from 58 mice at necropsy at 6 mpi (13 control animals, 15 *H. pylori*-infected animals, 15 *H. bilis*-infected animals, and 15 animals coinfecting with *H. bilis* and *H. pylori*) and from 58 mice under isoflurane anesthesia at 10 mpi (14 control animals, 14 *H. pylori*-infected animals, 15 *H. bilis*-infected animals, and 15 coinfecting animals; 1 month prior to necropsy). Serum was evaluated for helicobacter-specific immunoglobulin G2c (IgG2c) and IgG1 by enzyme-linked immunosorbent assay (ELISA) using an outer membrane protein (OMP) preparation from *H. pylori* SS1 strain and *H. bilis* Missouri strain as described previously (40).

**Statistics.** Gastric HAI scores were compared across groups by using the Kruskal-Wallis one-way analysis of variance with Dunn's post-test and between groups by the Mann-Whitney U-test using Prism software (GraphPad, San Diego, CA). Quantitative data from Ki67 and FoxP3<sup>+</sup> immunolabeling experiments were analyzed by one-way analysis of variance followed by the Bonferroni post test. The data on the levels of *H. pylori* and *H. bilis* colonization, cytokine mRNA in the tissues, and serology were analyzed by using a two-tailed Student *t* test. *P* values of <0.05 were considered significant.

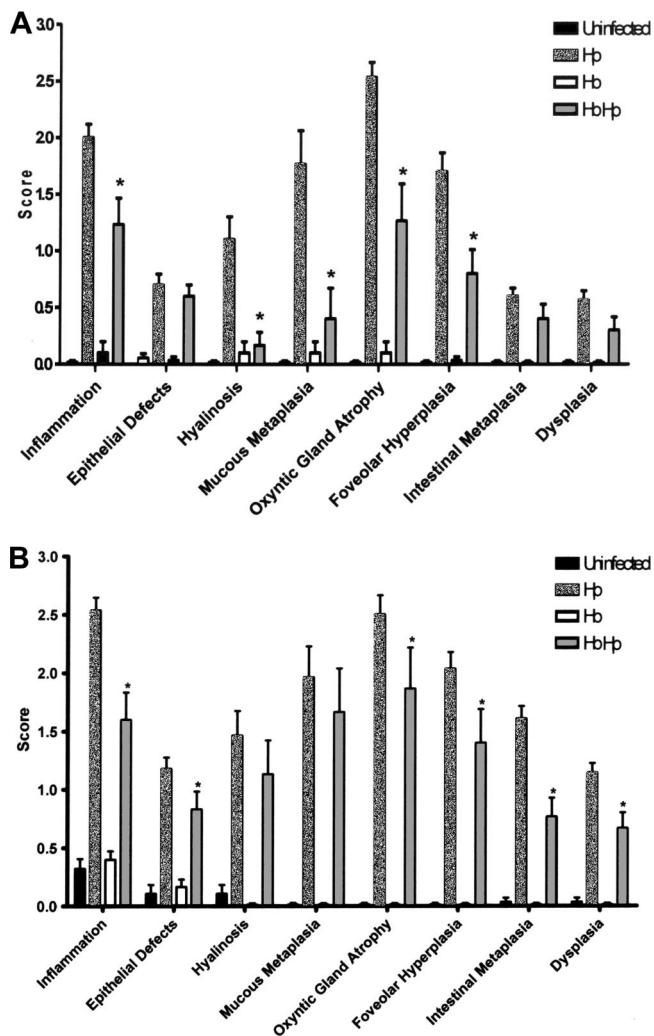


FIG. 1. Gastric pathology scores. (A) Gastric pathology scores at 6 mpi. The data are shown as means  $\pm$  the standard errors of the mean ( $n = 15$ ). At 6 mpi, *H. pylori*-infected mice generally show more severe pathology than *H. bilis/H. pylori*-coinfected mice with significantly greater gastritis, mucous metaplasia, oxyntic gland atrophy, and foveolar hyperplasia (\*,  $P < 0.01$ ). No significant pathology was observed in either the uninfected or the *H. bilis*-infected groups. (B) Gastric pathology scores at 11 mpi. The data are shown as means  $\pm$  the standard errors of the mean ( $n = 15$ ). At 11 mpi, there is increased gastric pathology in the *H. bilis/H. pylori*-infected mice compared to the *H. bilis/H. pylori*-infected mice at 6 mpi; however, *H. bilis/H. pylori*-infected mice still show significantly less gastritis, oxyntic gland atrophy, foveolar hyperplasia, intestinal metaplasia, and dysplasia compared to the *H. pylori*-infected mice (\*,  $P < 0.05$ ). *H. bilis* mice had no significant pathology compared to uninfected mice.

RESULTS

**Coinfection of *H. pylori* and *H. bilis* attenuated gastritis and gastric premalignant lesions.** In agreement with previous findings by our group and others, C57BL/6 mice infected with *H. pylori* exhibited moderate gastritis at 6 mpi and severe gastritis with early dysplasia at 11 mpi (Fig. 1 and 2) (12, 30). Lesions were characterized by lymphocyte-predominant mucosal and submucosal infiltrates, multifocal surface erosions and glandular ectasia, oxyntic atrophy, hyperplasia, pseudopyloric meta-

plasia, and dysplasia (Fig. 2A). The progressive nature of disease was reflected by a higher mean HAI in infected mice at 11 mpi versus 6 mpi ( $n = 15$ ,  $P < 0.01$ ) (Fig. 2B). *H. pylori*-infected mice also exhibited mucous metaplasia of the oxyntic mucosa that contributed to parietal cell atrophy, although this was not included in the gastric HAI because it is not a helicobacter-specific lesion (15, 44). As expected, monoinfection with the enterohepatic bacterium *H. bilis* did not produce gastritis. *H. bilis* colonization of the lower bowel, as expected, did not result in lower bowel inflammation (not shown). Nevertheless, mice colonized with *H. bilis/H. pylori* exhibited a significantly lower gastric HAI at both 6 and 11 mpi than mice infected with *H. pylori* alone ( $n = 15$ ,  $P < 0.01$  and  $P < 0.02$ , respectively). Lesions in the coinfecting group were of a similar character to those induced by *H. pylori* alone but were uniformly less severe. Therefore, concurrent *H. bilis* colonization of the lower bowel significantly abrogated the histologic severity of stomach lesions induced by *H. pylori*.

***H. bilis* coinfection modulated gastric epithelial responses induced by *H. pylori*.** The gastric epithelial cell proliferation index, as assessed by Ki67 nuclear labeling, was similarly mild to moderate in extent within the basal glands of the antral mucosa in all mice examined at 11 mpi ( $n =$  three per group and five counts/mouse). This LI in the gastric corpus was significantly increased in both the *H. pylori*-infected and the *H. bilis/H. pylori*-infected mice compared to uninfected and *H. bilis*-infected mice ( $P < 0.001$ ) (Fig. 3). Ki67 nuclear labeling was mostly localized to the neck and isthmus region and occasionally observed in the basal aspects of the glands. *H. bilis/H. pylori*-infected mice exhibited a significant reduction in the LI compared to *H. pylori*-infected mice ( $P < 0.05$ ). As reported above, a significantly reduced HAI score in the *H. bilis/H. pylori*-infected mice correlated with the reduction in the epithelial LI.

In addition to epithelial cell proliferation, select gastric tissues ( $n = 5$  per group) were evaluated using immunohistochemistry for anti-inflammatory TGF- $\beta$  and the proinflammatory NF- $\kappa$ B subunit p65, which typically is expressed by tissue-infiltrating leukocytes. In mice with *H. pylori*-associated severe gastritis accompanied by glandular metaplasia and dysplasia, TGF- $\beta$  epithelial staining was moderately decreased compared to the more normal mucosa sampled from infected mice with mild or no lesions. Qualitative assessment did not suggest a difference between *H. pylori*-infected and *H. bilis/H. pylori*-infected mice (data not shown). Further, some of the *H. pylori*-infected stomachs also exhibited a concomitant moderate increase in TGF- $\beta$  cytoplasmic immunoreactivity within the hyperplastic foveolar epithelium. In addition, upregulated cytoplasmic expression and nuclear translocation of p65 labeling was observed in regions of glandular epithelium affected by severe inflammation, hyperplasia, and dysplasia, with rare staining in normal gastric glands. Again, qualitative assessment of p65 labeling did not discern a difference between the *H. pylori*-infected and *H. bilis/H. pylori*-infected groups (data not shown), suggesting increased p65 labeling was most associated with *H. pylori* infection and was not sensitive to the effects of *H. bilis* coinfection.

**The number of FoxP3<sup>+</sup> cells associated with *H. pylori* infection was reduced by *H. bilis* coinfection.** A significant decrease in the numbers of FoxP3<sup>+</sup> T<sub>REG</sub> cells in correlation with the



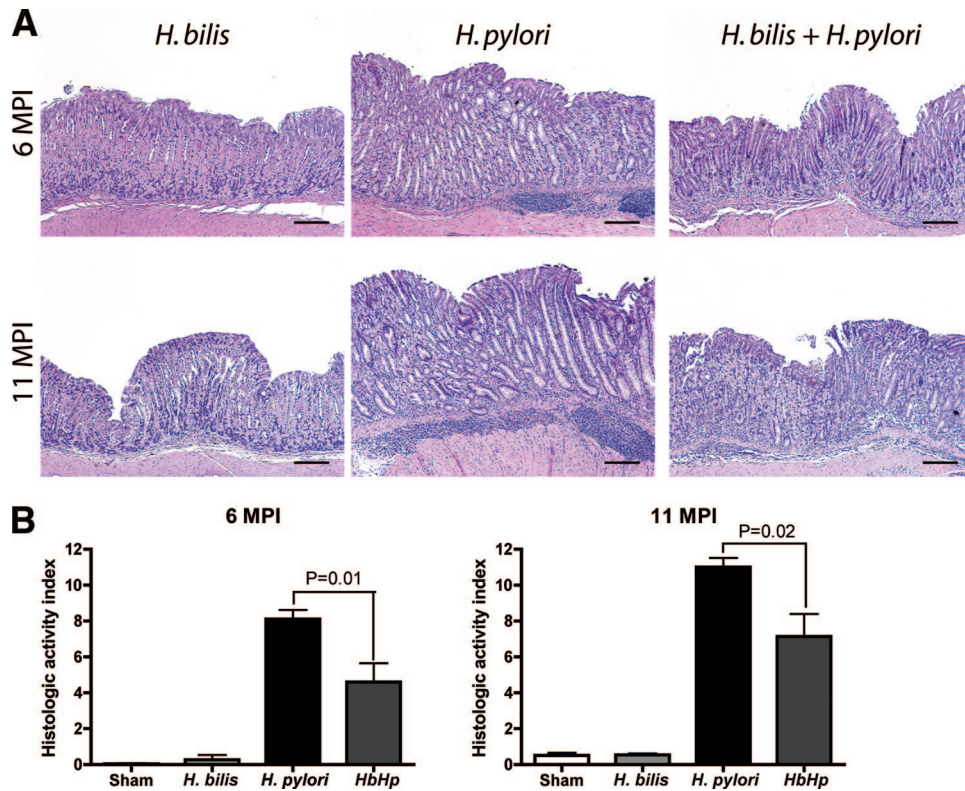


FIG. 2. Gastric histology. (A) Representative histopathology of gastric tissues from mice infected with *H. bilis* or *H. pylori* or coinfecting with *H. bilis* and *H. pylori* at 6 to 11 mpi. Lesions were characterized by lymphocyte-predominant mucosal and submucosal infiltrates, multifocal surface erosions and glandular ectasia, oxyntic atrophy, hyperplasia, pseudopyloric metaplasia, and dysplasia. (B) Gastric HAI. Tissues from mice infected with *H. pylori*, *H. bilis*, or both *H. bilis* and *H. pylori* ( $n = 15$  for all groups) were graded for inflammation, epithelial defects, atrophy, hyperplasia, pseudopyloric metaplasia, dysplasia, hyalinosis, and mucous metaplasia. A gastric HAI was generated by combining scores for all criteria except hyalinosis and mucous metaplasia, which may develop irrespective of helicobacter infection. The HAI was higher in *H. pylori*-infected mice compared to *H. bilis*/*H. pylori*-infected mice (6 mpi,  $P < 0.01$ ; 11 mpi,  $P < 0.02$ ).

decreased inflammation was observed in the stomachs of *H. bilis*/*H. pylori*-coinfecting mice ( $26 \pm 19$  FoxP3<sup>+</sup> cells/mm<sup>2</sup>) compared to those of *H. pylori*-infected mice ( $42 \pm 14$  FoxP3<sup>+</sup> cells/mm<sup>2</sup>) at 11 mpi ( $n = 15$ ,  $P < 0.05$ ) (Fig. 4c, d, and e). FoxP3<sup>+</sup> T<sub>REG</sub> cells were multifocally distributed among the mucosal and submucosal inflammatory aggregates in both *H. pylori*-infected and *H. bilis*/*H. pylori*-infected mice. In the absence of any significant gastric inflammation, FoxP3<sup>+</sup> T<sub>REG</sub> cells were also sparse in the stomach of both the uninfected ( $2 \pm 1$  FoxP3<sup>+</sup> cells/mm<sup>2</sup>) and *H. bilis*-infected mice ( $4 \pm 3$  FoxP3<sup>+</sup> cells/mm<sup>2</sup>) (Fig. 4a, b, and e).

Taken together, immunohistochemistry observations confirmed the histopathology results and demonstrated that *H. bilis* colonization of the lower bowel in *H. bilis*/*H. pylori*-infected mice significantly reduced *H. pylori*-associated intragastric cell proliferation and numbers of FoxP3<sup>+</sup> T<sub>REG</sub> cells, a finding consistent with decreased *H. pylori*-induced gastritis and associated premalignant lesions.

**Coinfection with *H. bilis* attenuated upregulation of gastric proinflammatory cytokine mRNAs induced by *H. pylori* infection.** It has been reported that IL-1 $\beta$  polymorphisms are associated with increased risk of gastric cancer in humans, presumably via enhancing production of IL-1 $\beta$  (7). In addition, expression of proinflammatory gastric Th1 cytokines such as IFN- $\gamma$ , TNF- $\alpha$ , and IL-1 $\beta$  were also enhanced in *H. pylori*-

infected patients, as well as in mice infected with gastric helicobacters (11, 15, 18). Since concurrent *H. bilis*/*H. pylori* infection in the present study had attenuated gastric pathology compared to mice infected with *H. pylori* alone, we measured and compared the mRNA levels of proinflammatory IFN- $\gamma$ , TNF- $\alpha$ , IL-1 $\beta$ , and NF- $\kappa$ B subunit 65, as well as the anti-inflammatory mediators IL-10, IL-13, and TGF- $\beta$ 1 and the regulatory T-cell marker of FoxP3 (Fig. 5). *H. bilis* infection alone did not enhance the transcription of any selected pro or anti-inflammatory genes in the stomach compared to the sham control mice ( $P > 0.1$ ). *H. pylori* infection significantly increased gastric mRNA levels of IL-1 $\beta$  (6 mpi,  $P < 0.003$ ; 11 mpi,  $P < 0.009$ ), IFN- $\gamma$  (6 mpi,  $P < 0.0003$ ; 11 mpi,  $P < 0.015$ ), TNF- $\alpha$  (both time points,  $P < 0.0001$ ), and p65 (6 mpi,  $P < 0.002$ ; 11 mpi,  $P = 0.08$ ) compared to *H. bilis*/*H. pylori*-infected mice. Compared to sham-dosed mice, *H. pylori* infection also increased expression of IL-10 at 6 and 11 mpi ( $P < 0.0003$ ); however, the levels in *H. pylori*- and *H. bilis*/*H. pylori*-infected mice were similar. Higher mRNA levels of gastric IL-13 ( $P < 0.05$ ) were observed in *H. pylori*-infected mice at 6 mpi compared to *H. bilis*/*H. pylori*-infected mice, but at 11 mpi IL-13 mRNA expression was similar among groups.

The levels of TGF- $\beta$ 1 mRNA at 6 mpi were lower in *H. bilis*/*H. pylori*-infected than in *H. pylori*-infected mice ( $P < 0.05$ ) with a similar lower trend at 11 mpi ( $P = 0.08$ ). Com-

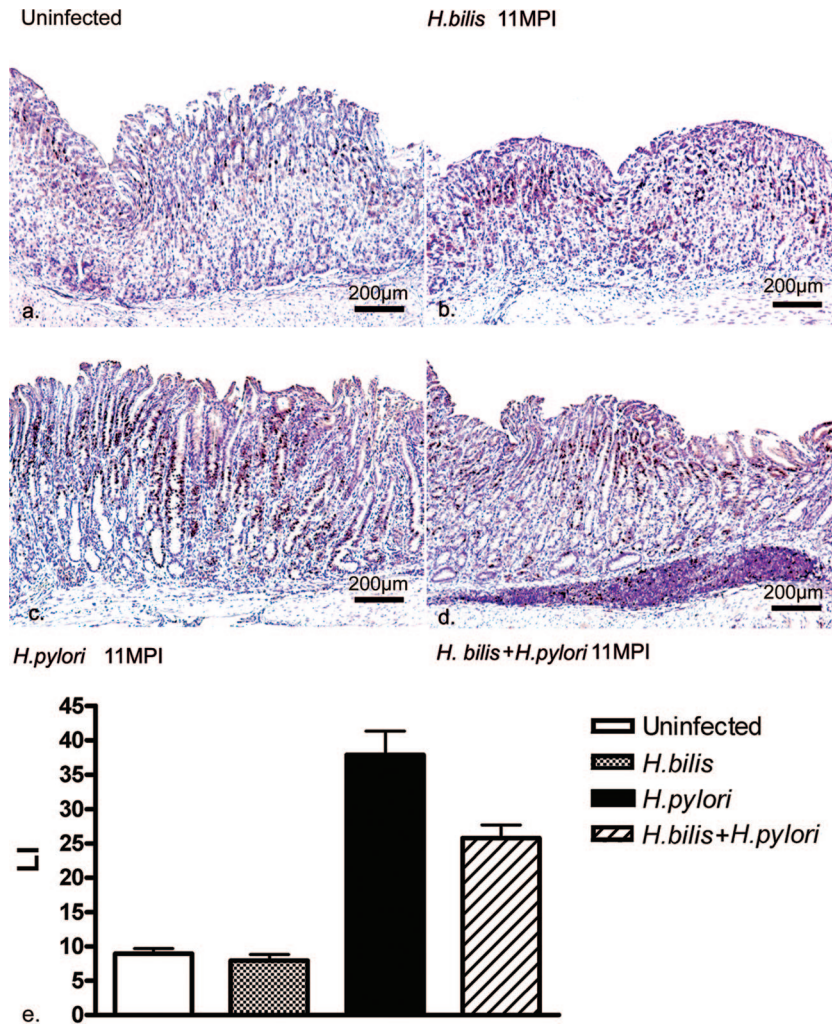


FIG. 3. Immunohistochemical detection of Ki-67 in the gastric proximal corpus at 11 mpi. (a to d) Representative Ki-67 staining of gastric epithelial cells in uninfected mice (a), *H. bilis*-infected mice (b), *H. pylori*-infected mice (c), and *H. bilis*/*H. pylori*-infected mice (d). (e) Ki67 LI in the proximal corpus of three mice per group at 11 mpi. The gastric epithelial LIs in *H. pylori*-infected and *H. bilis*/*H. pylori*-infected groups were significantly higher than in both uninfected and *H. bilis*-infected mice (\*,  $P < 0.001$ ), but coinfection in *H. bilis*/*H. pylori*-infected mice significantly decreased the LI (\*,  $P < 0.05$ ).

pared to *H. bilis*-infected mice, the levels of FoxP3<sup>+</sup> mRNA expression in the gastric tissue were upregulated by *H. pylori* infection at both 6 and 11 mpi ( $P < 0.0009, 0.0001$ ). FoxP3<sup>+</sup> mRNA levels at 11 mpi were lower in *H. bilis*/*H. pylori*-infected than in *H. pylori*-infected mice ( $P < 0.05$ ), a finding consistent with lower numbers of these cells, as shown by immunohistochemistry (Fig. 4).

***H. bilis* coinfection lowered the proinflammatory IgG2c response to *H. pylori* infection.** Mice infected with *H. pylori* alone produced significant Th1-promoted serum IgG2c responses to *H. pylori* OMP antigens by 6 mpi ( $P < 0.001$ ), which increased through 10 mpi ( $P < 0.001$ ) (Fig. 6). The IgG2c responses of *H. bilis*/*H. pylori*-infected mice to *H. pylori* antigens were significantly lower than the IgG2c responses of *H. pylori*-infected mice at both time points (6 mpi,  $P < 0.05$ ; 10 mpi,  $P < 0.001$ ). As expected, Th2-associated IgG1 responses to *H. pylori* infection were lower in magnitude than the IgG2c responses but

were lower in *H. bilis*/*H. pylori*-infected mice compared to *H. pylori*-infected mice only at 6 mpi ( $P < 0.05$ ).

In contrast to the results from the *H. pylori* OMP-based assay, *H. bilis*/*H. pylori*-infected mice produced similar IgG2c responses to *H. bilis* OMP at 6 and 10 mpi ( $P = 0.28$ ) and were equivalent to the responses of *H. bilis*-infected mice ( $P = 0.86$ ). IgG1 responses to *H. bilis* OMP in mice infected with *H. bilis* were higher than in coinfecting mice at 6 mpi ( $P < 0.03$ ) but not at 10 mpi ( $P = 0.22$ ). Mice infected only with *H. bilis* or with *H. pylori* did not develop serum IgG2c or IgG1 that was cross-reactive with the alternate (i.e., *H. bilis* or *H. pylori*) antigen.

***H. bilis* established persistent infection in the lower bowel.** Successful *H. bilis* infection was confirmed 1 mpi by fecal PCR of fresh feces pooled from each cage housing *H. bilis*-dosed mice, using the *H. bilis* specific primers C62 and C12. At 6 mpi, there was no significant difference in colonization levels of *H.*



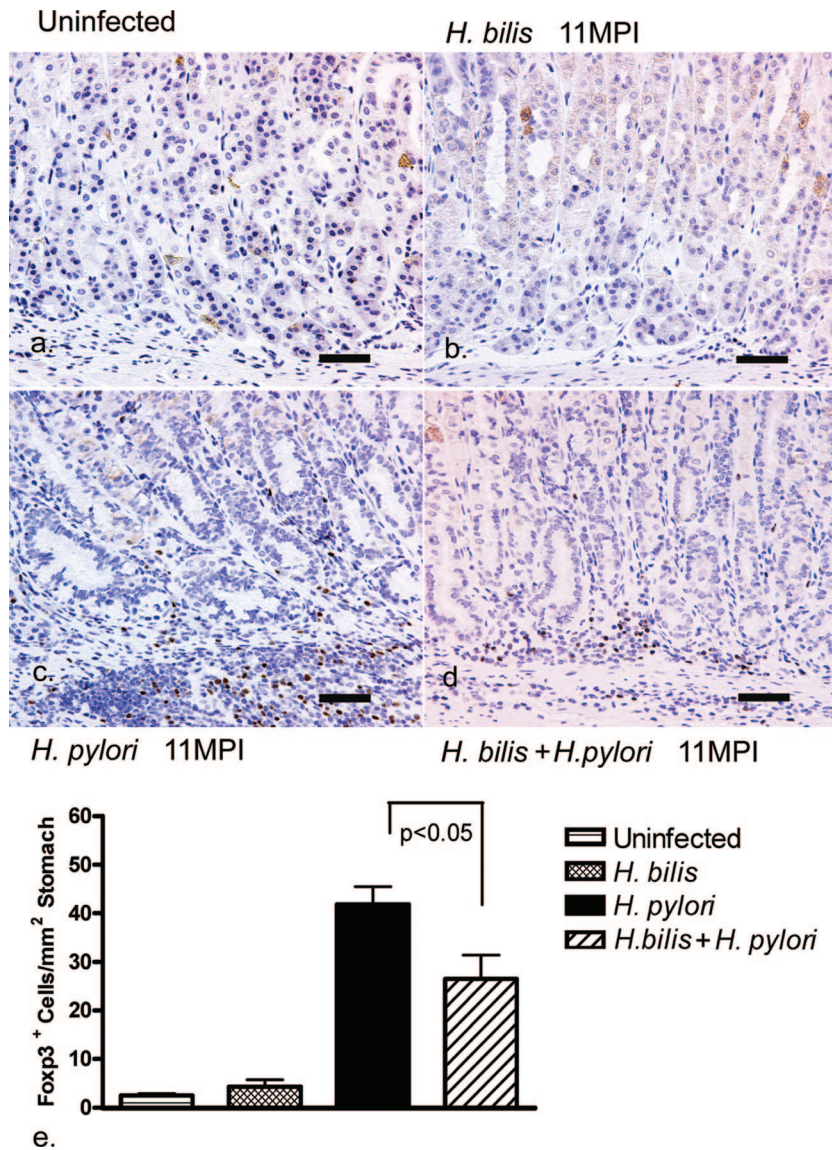


FIG. 4. Quantification of FoxP3<sup>+</sup> T<sub>REG</sub> cells in the gastric corpus at 11 mpi. (a to d) Representative immunohistochemistry for FoxP3, a regulatory T-cell marker, in the gastric corpus in uninfected mice (a), *H. bilis*-infected mice (b), *H. pylori*-infected mice (c), and *H. bilis/H. pylori*-coinfected mice (d). (e) Average numbers of FoxP3<sup>+</sup> cells in the mucosa and submucosa of both the *H. pylori*-infected mice ( $n = 15$ ) and *H. bilis/H. pylori*-infected mice ( $n = 15$ ) compared to uninfected controls ( $n = 6$ ) and *H. bilis*-infected mice ( $n = 6$ ) (\*,  $P < 0.001$ ). *H. bilis/H. pylori*-infected animals showed a significant quantitative decrease in gastric FoxP3<sup>+</sup> T<sub>REG</sub> cells compared to *H. pylori*-infected animals (\*,  $P < 0.05$ ). Bar, 80  $\mu$ m.

*bilis* in the cecum between coinfecting and *H. bilis*-infected mice (Fig. 7A,  $P = 0.2$ ). At 11 mpi, the *H. bilis*-infected mice contained cecal *H. bilis* levels similar to those of both groups at 6 mpi ( $P > 0.1$ ); however, there was significantly less *H. bilis* colonization in the coinfecting mice compared to the *H. bilis*-infected group ( $P < 0.0001$ ). No *H. bilis* was detected in selected cecal DNA of *H. pylori*-infected mice (four at each time point).

*H. bilis* was detected by Q-PCR in the gastric DNA samples from the *H. bilis*-infected group (11/15 at 6 mpi, 6/15 at 11 mpi) and *H. bilis/H. pylori*-infected group (6/15 at 6 mpi, 8/15 at 11 mpi). The average copy numbers of the *H. bilis* genome in the *H. bilis*-positive gastric tissues were 1,645 at 6 mpi and 827 at

11 mpi in the *H. bilis*-infected mice and 1,389 at 6 mpi and 2,341 at 11 mpi in the *H. bilis/H. pylori*-infected mice. There was no significant difference in *H. bilis* levels between the *H. bilis/H. pylori*-infected and *H. bilis*-infected groups.

**Colonization of gastric *H. pylori* was enhanced in mice concurrently infected with *H. bilis*.** Coinfecting mice were colonized with *H. pylori* in gastric tissues at significantly higher levels than *H. pylori* monoinfected mice at 6 mpi ( $P < 0.0001$ ) as determined by Q-PCR (Fig. 7B). At 11 mpi, the mean *H. pylori* colonization level in coinfecting mice was sevenfold higher than *H. pylori*-infected mice, a finding consistent with attenuated gastric pathology in the *H. bilis/H. pylori*-infected mice.

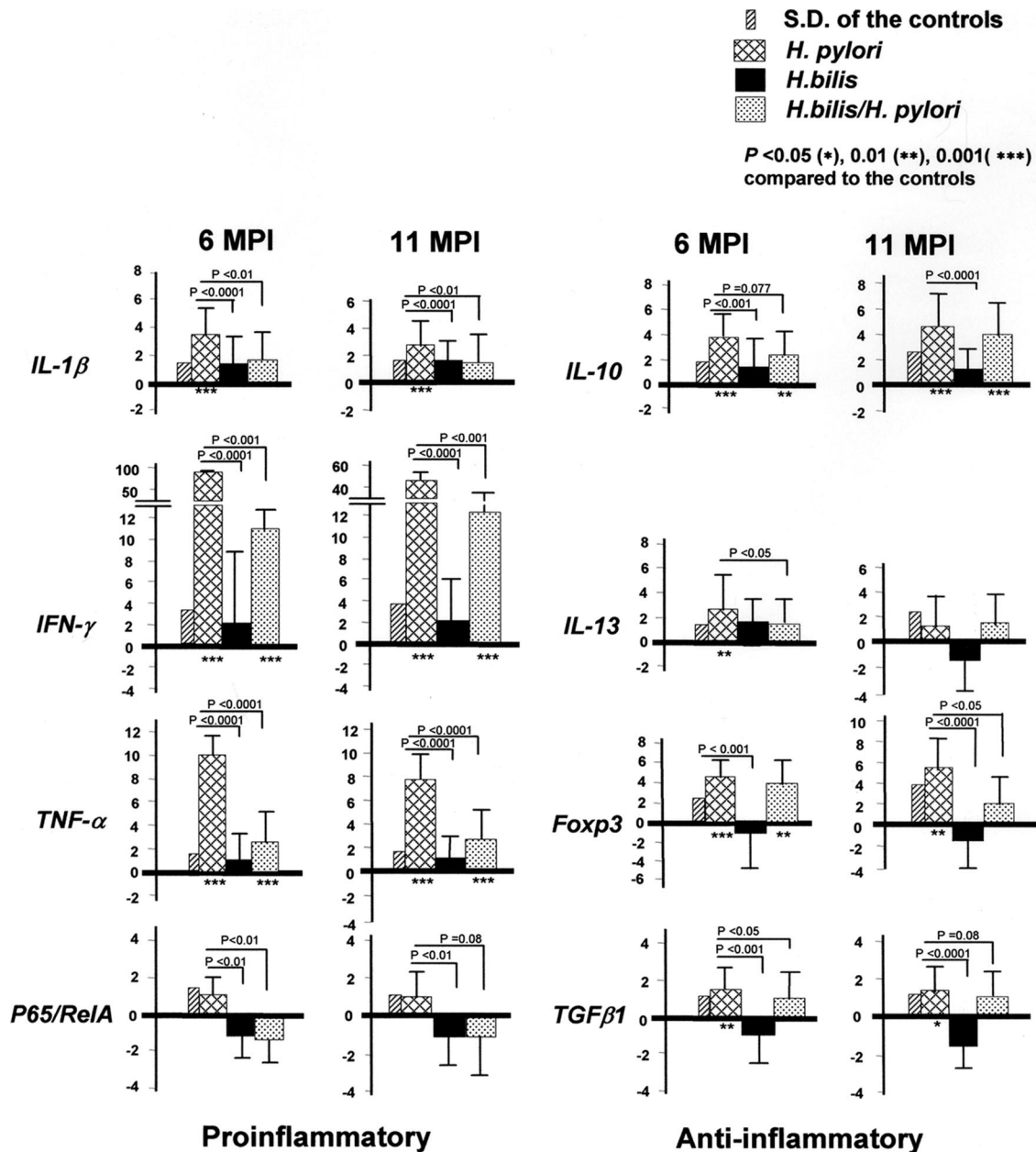


FIG. 5. Gastric cytokine, Foxp3, and NF-κB p65 mRNA expression levels. Gastric tissues ( $n = 15$  per group) from mice infected with *H. pylori*, *H. bilis*, or both helicobacters (*H. bilis/H. pylori*) were evaluated by Q-PCR for expression levels of mRNA for pro- and anti-inflammatory cytokines, FoxP3, a regulatory T-cell marker, and NF-κB p65, all normalized to the expression of the housekeeping gene *GAPDH*. The y axis represents the mean fold change ( $\pm$  the standard deviation) of the mRNA levels in reference to uninfected controls. *H. bilis/H. pylori*-infected mice expressed lower levels of proinflammatory mediators (IL-1 $\beta$ , IFN- $\gamma$ , and TNF- $\alpha$ ) at both time points. Lower levels of mRNA for p65, IL-13, and TGF- $\beta$  were noted at 6 mpi, but only FoxP3 was lower at 11 mpi (*P* values are given in the figure).

**DISCUSSION**

It is well established in both humans and C57BL/6 mice that *H. pylori* induces a robust Th1 proinflammatory response associated with gastric inflammation, atrophy, epithelial hyperplasia, and dysplasia (17). For the first time, we have demonstrated that *H. pylori*-induced gastric premalignant lesions were significantly attenuated in mice coinfectd with *H. bilis*, despite chronic inflammation and a high density of *H. pylori* colonization. The reduction in gastritis severity in *H. bilis/H. pylori*-

infected mice was associated with a reduction in mRNA expression levels of the proinflammatory cytokines IL-1 $\beta$ , IFN- $\gamma$ , and TNF- $\alpha$  and subunit p65 of NF-κB in gastric tissues. Systemic effects in coinfectd mice were reflected in an attenuated, proinflammatory Th1-associated IgG2c response to *H. pylori*. Although low levels of gastric *H. bilis* were detected in some of the *H. bilis*- or *H. bilis/H. pylori*-infected mice, reduction of *H. pylori*-induced gastric pathology in the *H. bilis/H. pylori*-infected mice apparently resulted from intestinal and not

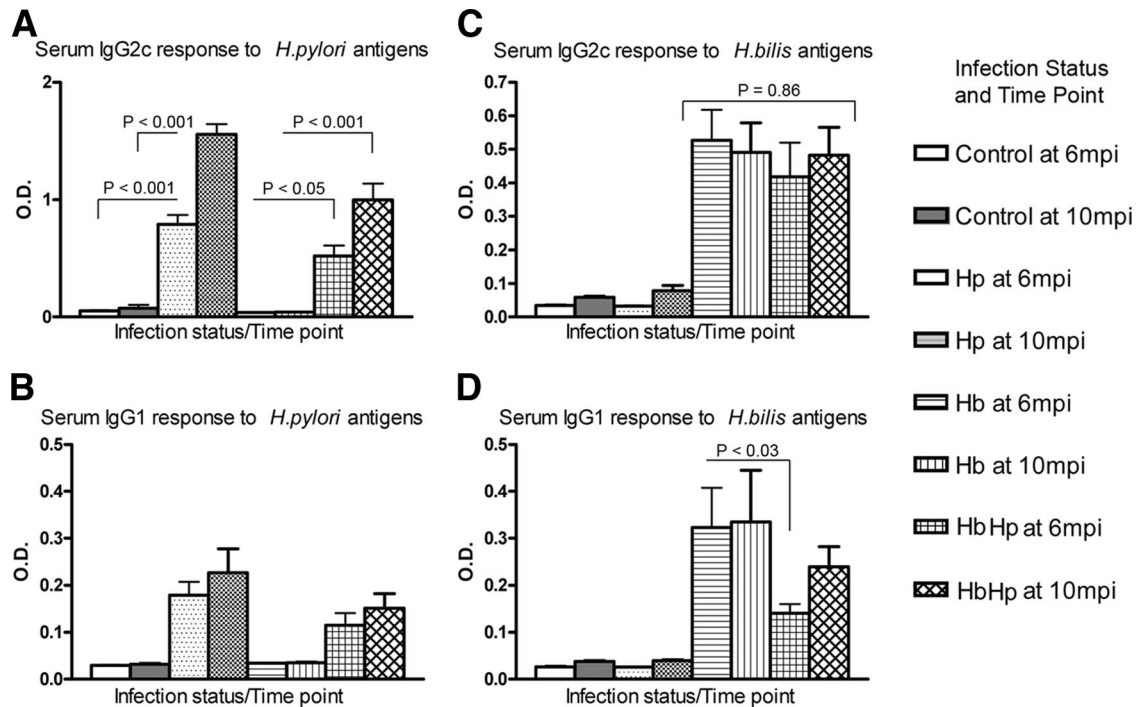


FIG. 6. Serum IgG isotype responses to *H. pylori* (Hp) and *H. bilis* (Hb). (A) *H. pylori*-infected and *H. bilis/H. pylori*-infected mice produced significant Th1-promoted IgG2c responses to *H. pylori* by 6 mpi ( $P < 0.001$ ), which increased through 10 mpi ( $P < 0.001$ ). IgG2c levels were lower in *H. bilis/H. pylori*-infected mice at 6 mpi ( $P < 0.05$ ) and 10 mpi ( $P < 0.001$ ). (B) IgG1 responses to *H. pylori* followed the same trends. (C) *H. bilis/H. pylori*-infected mice produced similar IgG2c responses to *H. bilis* at 6 and 10 mpi ( $P = 0.28$ ) and were equivalent to the responses of *H. bilis*-infected mice ( $P = 0.86$ ). (D) IgG1 responses to *H. bilis* in *H. bilis*-infected mice were higher than in *H. bilis/H. pylori*-infected mice at 6 mpi ( $P < 0.03$ ) but not at 10 mpi ( $P = 0.22$ ). The data represent mean values  $\pm$  the standard errors from 13 to 15 sera per infection status and time point.

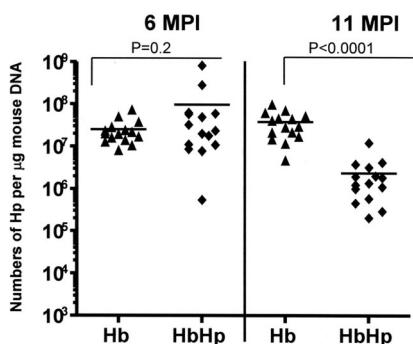
gastric colonization by *H. bilis*. Lesion severity and proinflammatory and anti-inflammatory mediator mRNA levels were similar between *H. bilis/H. pylori*-infected mice that were either positive or negative for the presence of *H. bilis* in the stomach by PCR. The attenuated gastritis in *H. bilis/H. pylori*-infected mice was associated with lower numbers of FoxP3<sup>+</sup> T<sub>REG</sub> cells compared to *H. pylori*-infected mice. This observation suggests that the timing and chronic nature of *H. bilis* primary infection before *H. pylori* challenge was important in creating an anti-inflammatory bias to *H. pylori* infection at the outset of coinfection, with relatively lower demand for T<sub>REG</sub> cells observed at more chronic time points because the Th1 response to *H. pylori* was suppressed by prior *H. bilis* infection.

Immunocompromised mice infected with *H. bilis* often develop typhlocolitis and hepatitis (20, 49). C57BL/6 mice chronically infected with *H. bilis* do not develop inflammatory bowel disease or hepatitis (25, 26, 55, 57). The absence of a clinically significant inflammatory response in the gut of C57BL/6 mice implies that a sufficient regulatory anti-inflammatory response develops in response to *H. bilis* infection, similar to C57BL/6 mice infected with *H. hepaticus* (28, 42). In the present study, the numbers of FoxP3<sup>+</sup> T<sub>REG</sub> cells in the stomach were higher in *H. pylori*-infected mice compared to *H. bilis/H. pylori*-infected mice in direct correlation with decreased gastric inflammation. This suggests that mice previously exposed to shared helicobacter antigens (i.e., *H. bilis*) could have had helicobacter-primed native T<sub>REG</sub> cells originate in the lower bowel

that then quickly migrated to the stomach upon experimental infection with *H. pylori*, resulting in attenuated *H. pylori* gastritis. Other investigators have shown that CD45RB<sup>lo</sup> CD25<sup>-</sup> T<sub>REG</sub> cells transferred from *H. hepaticus*-infected mice were more efficacious than naive T<sub>REG</sub> cells in protecting *Rag* mice against *H. hepaticus*-induced T-effector-mediated colitis (28). In an analogous gastrointestinal tumor model system, we have shown that T<sub>REG</sub> cells isolated from *H. hepaticus*-exposed donors were significantly more effective at suppressing *H. hepaticus*-induced intestinal tumors with *Rag2*-deficient C57BL/6 *Apc*<sup>min/+</sup> mice compared to T<sub>REG</sub> cells from naive donors (42). These data are also consistent with mouse studies using splenocyte transfer from donor mice to *H. pylori*-infected SCID mice (39). Gastritis scores in *H. pylori*-infected SCID C57BL/6 recipients of naive splenocytes were statistically higher than those in *H. pylori* SCID recipients of immune splenocytes from *H. pylori*-infected donors. The authors of that study suggested that the lack of *H. pylori*-sensitized T<sub>REG</sub> cells in SCID recipients of naive splenocytes was likely to be responsible for the more aggressive gastritis noted compared to the mice receiving immune splenocytes. In our study, it appears important that *H. bilis* infection was established 2 weeks before *H. pylori*, allowing time for helicobacter-primed cells T<sub>REG</sub> cells to further differentiate and be available for a robust host response at a new site of helicobacter antigen exposure in the stomach. *H. bilis* colonization was lower in *H. bilis/H. pylori*-infected mice at 11 mpi



**A. Hb colonization levels in cecum**



**B. Hp colonization levels in stomach**

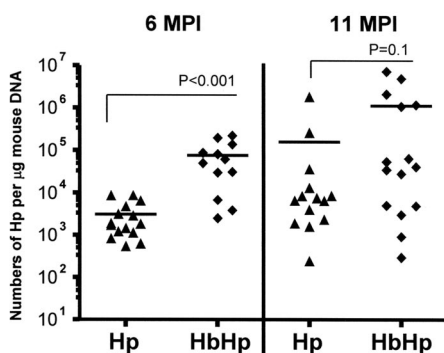


FIG. 7. Quantitation of cecal *H. bilis* and gastric *H. pylori*. (A) Copy numbers of *H. bilis* (Hb) in the ceca were estimated by Q-PCR analysis of cecal samples from mice infected with *H. pylori* or coinfecting with *H. bilis* and *H. pylori* (HbHp). *H. bilis* colonization levels were significantly lower at 11 mpi ( $P < 0.0001$ ). (B) Copy numbers of *H. pylori* estimated by Q-PCR of gastric samples from *H. pylori*-infected (Hp) or *H. bilis*/*H. pylori*-infected (HbHp) mice were higher in *H. bilis*/*H. pylori*-coinfecting mice at 6 mpi ( $P < 0.001$ ), with a similar trend at 11 mpi ( $P = 0.1$ ).

for unexplained reasons, but the levels were still sufficient for maintaining attenuation of *H. pylori* gastritis.

Further studies using T<sub>REG</sub>-cell transfer are needed to determine whether *H. bilis*-primed T<sub>REG</sub> cells do in fact originate in the lower bowel and have activity against *H. pylori*-induced gastritis in *H. bilis*-free mice. An important consideration is whether the *H. bilis*-associated attenuation of *H. pylori* gastritis reflects a phenomenon known as heterologous immunity. Our data are consistent with emerging evidence that innate and adaptive immune responses to infectious agents can prime T<sub>REG</sub> cells capable of responding to subsequent infections with unrelated pathogens such as *H. pylori*, potentially as a by-product of degenerative T-cell recognition of peptide-major histocompatibility complexes (56). Support for T-cell-mediated heterologous immunity in the present study is demonstrated by the ELISA data revealing a lack of IgG2c or IgG1 cross-reactivity in sera from mice monoinfected with *H. bilis* or *H. pylori* to the alternate (i.e., *H. bilis* or *H. pylori*) antigen. Furthermore, our lab has previously reported that outer membrane proteins of *H. pylori* and *H. bilis* lacked significant cross-reactivity when used in Western blots (21). In addition, the ability of *H. bilis* infection to prime the immune response to unrelated commensal flora was evident in gnotobiotic C3H/

HeN mice that developed immune responsiveness to Altered Schaedler Flora when also infected with *H. bilis* (27). A recent study reported that mice lacking intestinal Peyer's patches do not develop *H. pylori* gastritis (36). It was observed that *H. pylori* coccoid forms, phagocytosed by dendritic cells in the Peyer's patches, primed CD4<sup>+</sup> T cells to *H. pylori* antigens. These cells then migrated to the infected stomach and were responsible for induction and modulation of an inflammatory response. In mice infected with *H. bilis*, *H. bilis*-specific antigens may be similarly processed by Peyer's patch dendritic cells, which in turn prime T<sub>REG</sub> cells. These activated CD4<sup>+</sup> regulatory lymphocytes could then migrate to the stomach and downregulate the *H. pylori*-associated gastric inflammatory response.

Natural T<sub>REG</sub> cells play an important role in suppressing pathological, as well as maintaining physiological, host immune responses. Microbial infections increase the number and activity of natural T<sub>REG</sub> cells. FoxP3 expression is currently considered the most specific marker for these cells (4). The role of these T<sub>REG</sub> cells in controlling inflammation and progression of helicobacter-induced gastric disease has been recently recognized (41). Large numbers of FoxP3<sup>+</sup> cells were noted in *H. pylori*-infected mice but not in uninfected controls. In addition, *H. pylori*-infected C57BL/6 mice, treated with C61 monoclonal antibody to deplete FoxP3<sup>+</sup> T cells, developed a severe gastritis with elevated proinflammatory cytokines and decreased levels of *H. pylori* colonization. In agreement with these findings, our results have shown a significant reduction in both the numbers of FoxP3<sup>+</sup> T<sub>REG</sub> cells and the FoxP3 mRNA levels in the stomachs of *H. bilis*/*H. pylori*-infected mice compared to *H. pylori*-infected mice, findings bearing a strong correlation to their respective degrees of gastric inflammation and premalignant lesions. We surmise that the increased levels of the FoxP3 mRNA noted in *H. pylori*-infected mice in the present study resulted from an attempt by the host to modulate the robust Th1 response, whereas lower levels of FoxP3 cells and Foxp3 mRNA levels in *H. bilis*/*H. pylori*-infected mice reflected a dampened Th1 response with lower proinflammatory cytokine levels and concomitant greater colonization levels of *H. pylori*.

As a corollary to our study, investigators recently reported that splenocytes recovered from mice orally infected with *Mycobacterium avium* prior to *M. bovis* BCG vaccination (which induces a potent innate immune response) had decreased ability to produce IFN-γ when subsequently stimulated with mycobacterium antigen (62). *M. avium* infection also induced a mycobacterial antigen-specific *M. avium* serological response in *M. avium*-sensitized BCG-immunized mice compared to the minimal serological responses in mice immunized only with BCG. This downregulation of IFN-γ responses and the upregulation of Th2 IgG1 antibody responses are characteristic of modulating a Th1 response to one more characteristic of a Th2-biased immune response (62). The present study supports epidemiological evidence in Africa, where the efficacy of *M. bovis* BCG vaccine against tuberculosis correlates with the geographic distance from the equator; greater protection has been observed at high latitudes (9). Greater exposure to atypical mycobacteria commonly found in warm climates is thought to influence subsequent responses to BCG (9).

Our current data demonstrating the profound effect of heterologous immunity are also supportive of our previous find-

ings where an intestinal helminth infection in *H. felis*-infected C57BL/6 mice significantly reduced gastric atrophy, a premalignant lesion, despite high gastric helicobacter colonization (11). Reduced gastric atrophy was also associated with decreased levels of mRNA for proinflammatory cytokines (11). However, in the helminth coinfection studies, mice were only infected with gastric helicobacter for 16 weeks. In the present study, we extended the time points to 6 and 11 months after *H. pylori* infection, showing that persistent coinfections with *H. bilis* and *H. pylori* sustain long-term downregulation of proinflammatory responses. However, unlike the mice coinfecting with *H. felis* and *H. polygyrus* (11), the *H. bilis*/*H. pylori*-coinfecting mice in the present study did not produce mRNA levels of gastric Th2-type cytokines IL-10 and IL-13 that were consistently different from *H. pylori*-infected mice. The increased levels of IL-10 in *H. pylori*-infected mice compared to uninfected mice, despite helicobacter-associated gastritis, is consistent with our earlier findings in *TFF2*<sup>-/-</sup> C57BL/6 mice, where IL-10 levels were elevated in infected *TFF2*<sup>-/-</sup> mice versus infected wild-type mice at 6 mpi, even though corpus inflammation was more severe in infected *TFF2*<sup>-/-</sup> mice (15). IL-10 is a known downstream target of IL-1 $\beta$  and other proinflammatory cytokines, and the IL-10 elevation may in part reflect a host response intended to dampen the inflammatory response to *H. pylori* infection (61).

We recently described that inhabitants of Tumaco, Colombia, living at a coastal location with a high prevalence of *H. pylori* but a low rate of gastric cancer, were heavily parasitized with intestinal helminths, whereas the population living in mountainous areas had similar infection rates of *H. pylori*, but low intestinal parasite burdens, and higher gastric cancer rates (58). Populations residing at higher elevations also had a higher *H. pylori*-specific IgG2 antibody response, indicative of a proinflammatory Th1 humoral immune response, than their counterparts living in the coastal areas of Colombia. Others reported similar serological results in South African natives; these *H. pylori*-infected individuals had higher Th2-associated IgG1 immune responses to *H. pylori* than populations in developed parts of Europe with higher gastric cancer rates (35). Populations in the developing world are subjected not only to endemic intestinal parasitism but also to a myriad of intestinal microbial pathogens. Among other potential pathogens, enteric *Helicobacter* spp. have also been identified in the stools of diarrheic African patients, as well as children with diarrhea in Mexico (22, 29). Indeed, at least seven species of enteric helicobacters, including "*H. rappini*," which belongs to the taxa *H. bilis*, have been identified in the gastrointestinal tracts of humans, and an increasing number of novel enteric helicobacters have been cultured from a variety of mammals and birds (5, 10, 23, 46). It is not known whether these enteric helicobacters can persistently infect asymptomatic humans. Interestingly, several enteric *Helicobacter* spp., including *H. bilis*, have been identified recently in children with Crohn's disease (32). It is reasonable to speculate that coinfection with lower bowel helicobacters and gastric *H. pylori* could be common in these populations in the developing world, and their presence capable of modulating long-term sequelae to persistent *H. pylori* infection.

The present study also has relevance in experimental *in vivo* settings as well. Mice in particular are known to be persistently

colonized with enterohepatic helicobacters (48). In some cases, these organisms can cause serious hepatobiliary and lower-bowel diseases in susceptible mouse strains (10, 57). *H. hepaticus* was isolated and characterized in the early 1990s in association with hepatitis and hepatic tumors (14, 55). The natural habitat for this organism and related enterohepatic helicobacters in clinically normal mice is the cecum and colon, where these bacteria persistently colonize the intestinal crypts (14). Soon thereafter, *H. bilis* was isolated and identified from the lower intestines and livers of aged, inbred and, more recently, outbred mice (16, 19). Indeed, in a recently published report, more than 85% of academic-maintained mouse colonies surveyed worldwide were colonized with enteric *Helicobacter* species (53). Given the large numbers of studies conducted in mice exploring the pathogenesis of *H. pylori*-induced disease, as well as studies involved in prophylactic and therapeutic vaccines, the data presented here illustrate the ability of enteric helicobacters to attenuate gastric premalignant lesions by modulating the host's immune response by downregulating the proinflammatory Th1 response. The results obtained when using mice with enteric helicobacter infections should be interpreted with this in mind.

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