

# Antifungal Activities of Natural and Synthetic Iron Chelators Alone and in Combination with Azole and Polyene Antibiotics against *Aspergillus fumigatus*<sup>∇</sup>

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**Antifungal effects of iron chelators (lactoferrin, deferoxamine, deferiprone, and ciclopirox) were tested alone and in combination with antifungal drugs against *Aspergillus fumigatus* B5233 conidia. Lactoferrin, ciclopirox, and deferiprone inhibited whereas deferoxamine enhanced fungal growth. Antifungal synergy against conidia was observed for combinations of ketoconazole with ciclopirox or deferiprone, lactoferrin with amphotericin B, and fluconazole with deferiprone. Iron chelation alone or combined with antifungal drugs may be useful for prevention and treatment of mycosis.**

Invasive aspergillosis in neutropenic and immunocompromised patients is a serious therapeutic challenge (2, 4, 7, 16). Prophylaxis using antifungal drugs has markedly reduced the occurrence of these infections (8, 19, 23, 24); however, mortality for aspergillosis remains high (17). Most clinically deployed antifungal drugs target ergosterol, a membrane sterol present in plants and fungi (19), leaving a great need for drugs with alternative mechanisms of action. In vitro demonstration that lactoferrin inhibits the growth *Aspergillus fumigatus* conidia by iron deprivation (25) and the topical use of the iron chelator ciclopirox for superficial fungal infections (11) suggest that inhibition of fungal iron acquisition may provide an alternative drug target. Furthermore, transfusional siderosis and iron overload in malignancy and liver and stem cell transplantation are associated with an increased risk of aspergillosis (1, 3, 15).

To assay the effects of iron chelators and antifungal drugs on the growth of *Aspergillus fumigatus* strain B5233 (provided by June Kwon-Chung, NIAID), conidia ( $10^5$ ) were cultured in 90  $\mu$ l RPMI 1640 without phenol red, buffered with 25 mM HEPES (pH 7.2), in the presence of drugs or buffer (final volume, 100  $\mu$ l). After 16 h at 37°C in a humidified 5% CO<sub>2</sub> incubator, 100  $\mu$ l of RPMI with 5  $\mu$ M 5-chloromethylfluorescein diacetate (Invitrogen) was added, followed by incubation for 30 min, and fluorescence measured as described previously (5, 25). As shown in Fig. 1, lactoferrin (partially saturated native human; Sigma Chemicals, St. Louis, MO) was most potent on a molar basis, requiring only  $105 \pm 9$  nM to reduce untreated control growth by 50% (50% inhibitory concentration [IC<sub>50</sub>]), followed by ciclopirox (6-cyclohexyl-1-hydroxy-4-methyl-2(1H)-pyridinone; Toronto Research Chemicals, North York, Ontario, Canada) (IC<sub>50</sub> =  $4.22 \pm 0.18$   $\mu$ M) and deferiprone (1,2-dimethyl-3-hydroxypyrid-4-one; To-

ronto Research Chemicals) (IC<sub>50</sub> =  $1.29 \pm 0.2$  mM). Deferoxamine mesylate (Sigma) promoted *A. fumigatus* growth, as has been reported for *Rhizopus* (6, 9).

Analysis of the combined effects of different drugs is clinically important since synergistic combinations of drugs may be more efficacious and less toxic than single agents (14, 20, 21). Checkerboard assays of the three active iron chelators alone and in combination with itraconazole, fluconazole, ketoconazole (Sigma), or amphotericin B (Toronto Research Chemicals) were performed. The respective IC<sub>50</sub>s ( $\pm$  standard errors) for these drugs were  $0.29 \pm 0.04$ ,  $239.65 \pm 20.16$ ,  $8.68 \pm 1.01$ , and  $0.21 \pm 0.02$   $\mu$ M. Isobolic analysis (18, 22) was employed to assess departure from Loewe's additivity. An isobologram consists of doses of individual drugs and the combined doses required to achieve a particular effect, in this case a 50% decrease in fungal growth compared to that of untreated controls. The dose (denoted by IC<sub>50</sub>) was estimated by fitting a three-parameter or four-parameter logistic regression model for drugs tested alone or in combination. Combinations are considered synergistic (or antagonistic) if the drug dose pair is significantly lower (or higher) than the additivity line formed by connecting the IC<sub>50</sub> of the individual drugs. Of the 12 combinations tested, only 4 demonstrated significant synergy; these are shown in Fig. 2. As an example of the analysis, Fig. 2A shows two dose pairs of amphotericin B and lactoferrin that are more active than predicted by Loewe's additivity model. Formal statistical testing can be conducted by comparing the estimated dose (illustrated by  $Z_B^*$  in Fig. 2A) to the expected dose ( $Z_B^{add}$ ) under additivity, with the standard error of the difference estimated by applying the delta method. To efficiently combine the evidence against additivity using all dose combinations, a global chi-square test was carried out by combining the test statistics for all drug pairs and accounting for the correlation between test statistics. For the combinations shown in Fig. 2A to D, the combined doses are significantly (global  $P \leq 0.05$ ) more active than expected, suggesting that the combination is synergistic. In contrast, significant antagonism was noted between amphotericin B and deferiprone and between lactoferrin and fluconazole. The remaining combina-

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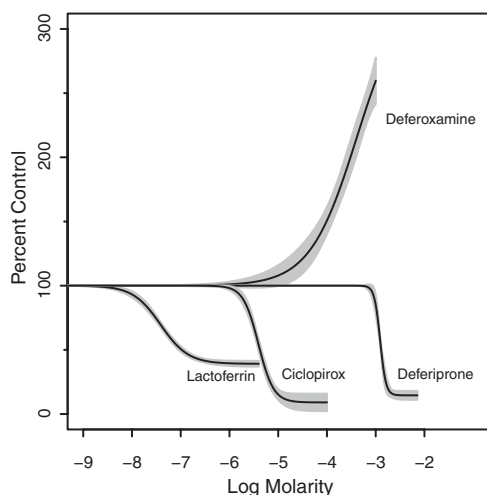


FIG. 1. Iron chelator effect on *Aspergillus fumigatus* conidial growth. Fungal growth inhibition was performed as described in the text, and the data are expressed as percentages of control growth in vehicle alone. Dose-response curves were estimated from multiple experiments (for deferoxamine,  $n = 3$ ; for deferiprone,  $n = 38$ ; for ciclopirox,  $n = 40$ ; for lactoferrin,  $n = 43$ ) using three-parameter logistic models and are plotted with 95% confidence intervals.

tions were indifferent; that is, the combined effects were not significantly different from additivity. All  $P$  values were two-sided, and  $P$  values of less than 0.05 were considered to be statistically significant. Data analyses were performed using the R software program ([www.r-project.org](http://www.r-project.org)) (version 2.7.2).

Given the abundance of *Aspergillus* conidia in the environment, prophylactic antifungal therapy is a standard clinical practice for neutropenic patients (8, 24) or patients with chronic granulomatous disease who experience frequent life-threatening infections (10). The differences in efficacies of chelators against particular organisms and, indeed, the ability of some organisms to acquire iron through chelators such as deferoxamine demand that in vitro and in vivo studies be performed for each drug against each organism. In support of the potential use of iron chelators in antifungal therapy, deferiprone (12) and deferasirox (13) protected mice from *Rhizopus oryzae* infection. Importantly, since both synergistic and antagonistic interactions have been observed between specific combinations of chelators and antifungals, it should not be assumed that independently effective antifungal drugs can be combined without in vitro and in vivo validation. Despite these limitations, transition metal chelators may be a potentially useful addition to the otherwise sparse repertoire of antifungal drugs.

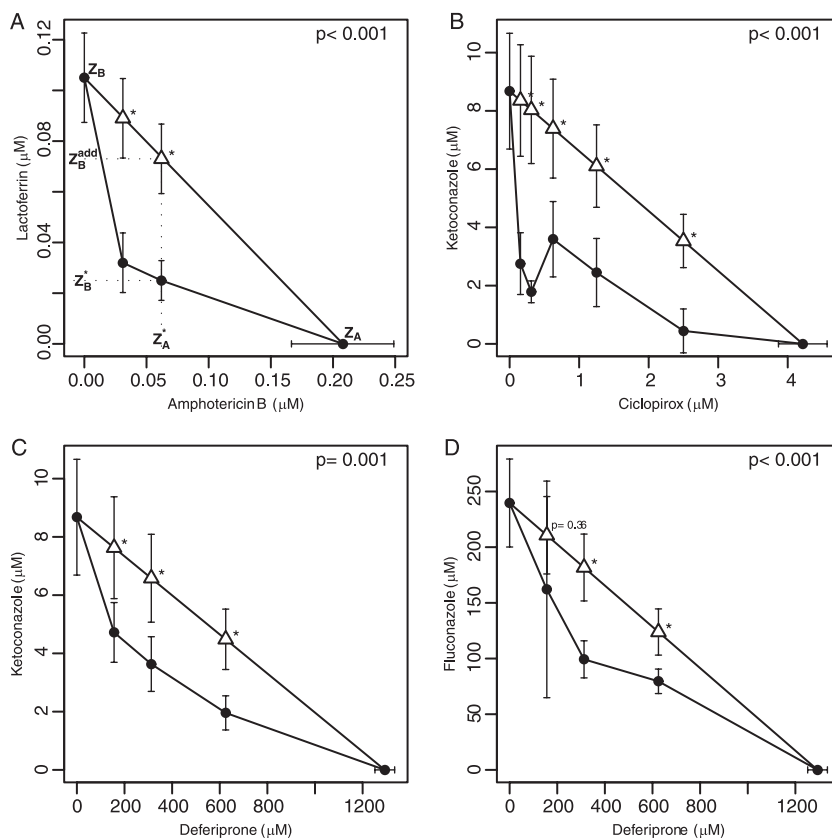


FIG. 2. Isobolograms of combined antifungal effects. The doses of each agent alone (indicated by  $Z_A$  and  $Z_B$ ) and in combination, indicated by ( $Z_A^*$ ,  $Z_B^*$ ), required to achieve a 50% reduction in growth compared to that of untreated controls are plotted along with the 95% confidence intervals. Under additivity, the dose pair ( $Z_A^*$ ,  $Z_B^{add}$ ) is expected to yield the same effect. Lines of additivity are indicated by open triangles, and measured drug combinations are indicated by filled circles. Statistical significance ( $P < 0.05$ ) is indicated by an asterisk, and the  $P$  value of the global chi-square test is given in the upper right corner of each graph. Panels A to D show examples of synergistic combinations of chelators with antifungal drugs. The figures are generated from between four and eight checkerboard experiments for each combination of drugs.

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