

Pgp3 Antibody Enzyme-Linked Immunosorbent Assay, a Sensitive and Specific Assay for Seroepidemiological Analysis of *Chlamydia trachomatis* Infection[▽]

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Understanding of the burden of *Chlamydia trachomatis* infection and its clinical sequelae is hampered by the absence of accurate, well-characterized tests using serological methods to determine past exposure to infection. An “in-house” immunoglobulin G (IgG) enzyme-linked immunosorbent assay (ELISA) based on the *C. trachomatis*-specific antigen Pgp3 was produced and evaluated against three commercial ELISAs derived from the major outer membrane protein: the Medac pELISA plus, the Savyon SeroCT-IgG ELISA, and the Ani Labsystems IgG enzyme immunoassay. Sensitivities and specificities were determined using sera from both male and female patients ($n = 356$) for whom *C. trachomatis* had been detected in the lower genital tract at least 1 month prior to the testing of the sample and from 722 *Chlamydia*-negative children aged 2 to 13 years. The Pgp3 ELISA was significantly more sensitive (57.9% [95% confidence interval {95% CI}, 52.7 to 62.9%]) than the Ani Labsystems (49.2% [95% CI, 44.0 to 54.3%]; $P = 0.003$), SeroCT (47.2% [95% CI, 42.1 to 52.4%]; $P < 0.0005$), and Medac (44.4% [95% CI, 39.3 to 49.6%]; $P < 0.0005$) ELISAs. The Pgp3, Ani Labsystems, and SeroCT assays, but not the Medac assay, had significantly higher sensitivity for female specimens than for male specimens (73.8 versus 44.2%, 59.8 versus 40.5%, 55.5 versus 40%, and 45.7 versus 43.7%, respectively). For female patients, the Pgp3 assay was 14.0% (95% CI, 5.5 to 22.5%) more sensitive than the next most sensitive ELISA, the Ani Labsystems assay ($P = 0.001$). There was no significant difference in specificity between the Pgp3 (97.6% [95% CI, 96.2 to 98.6%]), Ani Labsystems (99% [95% CI, 97.7 to 99.6%]), SeroCT (97.2% [95% CI, 95.7 to 98.2%]), and Medac (96% [95% CI, 94.3 to 97.2%]) ELISAs. None of the ELISAs showed evidence of cross-reactivity with antibodies to *Chlamydia pneumoniae*.

Chlamydia trachomatis is the commonest sexually transmitted bacterial infection in developed countries, with national surveillance programs consistently showing rising rates of diagnosed infections over the past decade. In the United Kingdom, figures based on cases diagnosed in departments of genitourinary medicine (GUM) suggest a population rate of 190 per 100,000 men and 187 per 100,000 women (52). Reported rates are highly dependent on the level of testing at different clinics, with the probability that many *Chlamydia* cases are not diagnosed. The population prevalence of uncomplicated genital *Chlamydia* in 16- to 24-year-olds in the United Kingdom is thought to be between 2% and 6% in both men and women (17, 33), while the opportunistic National *Chlamydia* Screening Programme (2008) indicates a higher prevalence of around 10%, likely due to selective testing of higher-risk individuals (15). Nucleic acid amplification tests, commonly used in GUM

clinics, identify infection only when the organism is present. Once infection has been resolved, these tests provide no information on past exposure. While detection rates are rising, due in part to increased screening and testing, the overall prevalence of past *C. trachomatis* exposure is not known.

The prevalence of past exposure to genital *C. trachomatis* and changes over time in age-specific prevalence can be explored serologically. For instance, in Finland, Lyttikäinen et al. (32) studied pregnant women under the age of 29 using a commercial enzyme-linked immunosorbent assay (ELISA) based on *C. trachomatis*-specific peptides derived from the major outer membrane protein (MOMP). However, for wider application, confidence in the sensitivity and specificity of available antibody tests is critical (24). None of the current ELISAs have ever been rigorously evaluated against large numbers of well-defined serologically positive and negative control sera; hence, their sensitivity and specificity remain open to question.

Chlamydia trachomatis is from the same family, *Chlamydiaceae*, as *Chlamydia pneumoniae*, a common respiratory pathogen with which it shares genetic homology (26). Sera from patients exposed to *C. trachomatis* show diverse serological

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profiles against immunodominant *C. trachomatis* antigens (2, 18, 42, 47, 49), many of which are cross-reactive with sera from patients exposed to other chlamydial species, in particular *C. pneumoniae* (2, 5, 19, 44). In addition, *C. trachomatis* antigens, such as the 60-kDa heat shock protein (hsp60) and lipopolysaccharide (LPS), cross-react with other bacterial species (35, 50, 57). Microimmunofluorescence (MIF) (54), which detects antibodies to chlamydial elementary bodies (EB), has long been considered the "gold standard" for the serodiagnosis of chlamydial infections (55). However, the procedure lacks standardization and is subjective; moreover, its specificity is considered suspect because of cross-reactivity with other chlamydial species (5, 27, 40, 44). A number of ELISAs are also commercially available, including several based on peptides of MOMP, which makes up 60% of the total outer membrane protein and is highly immunogenic (8).

In addition to MOMP, the Pgp3 protein, expressed by open reading frame 5 of the chlamydial plasmid and secreted into the host cell cytosol, is a promising *C. trachomatis*-specific immunogen (11, 31), since the plasmid is rarely found in *C. pneumoniae* isolates (51), and its sequence is highly conserved (<1% divergence) between strains (7, 10, 22). Sensitivities of 50 to 60% and specificities of 80 to 90% have been reported for Pgp3 ELISAs when sera from acutely *C. trachomatis* infected patients and from healthy blood donors, respectively, have been assayed (1–3).

The aim of this study was to produce a sensitive and specific *C. trachomatis* Pgp3 ELISA for fast throughput of large numbers of sera, to be used particularly in epidemiological studies and potentially as a method for assessing the population impact of *Chlamydia* screening programs (24). Its performance was evaluated against those of three commercially available ELISAs using well-characterized sera from people who have or have never been exposed to *C. trachomatis*.

MATERIALS AND METHODS

Patient specimens. In order to assess the sensitivity and specificity of the assay, sera from well-defined exposed and unexposed populations were assayed. The study was approved by the North Somerset Research Ethics Committee.

Chlamydia-positive control serum samples. Three hundred fifty-six patients (including 190 men, 164 women, and 2 individuals of unknown sex) attending two GUM departments (Milne Centre, Bristol, United Kingdom, and the Jefferiss Wing, London, United Kingdom) were recruited. Written informed consent was obtained from all individuals. For inclusion in the study, patients had to have been diagnosed as positive for a *Chlamydia* organism at least 1 month previously. The majority of patients were diagnosed as *Chlamydia* positive at the department from which they were recruited. The Milne Centre has used the Gen-Probe APTIMA Combo 2 assay since 2005; prior to that, it used the polymer conjugate-enhanced enzyme immunoassay (EIA) (Dako, Ely, Cambridgeshire, United Kingdom), with PCR confirmation using the Cobas PCR assay (Roche Diagnostics Inc., Branchburg, NJ). The Jefferiss Wing has used the Becton Dickinson ProbeTec ET strand displacement assay since 2001; prior to that, it used the Abbott LCx assay. A standardized questionnaire in which the following information was detailed was completed: the patient's recent sexual behavior, current clinical presentation, the results of *Chlamydia* testing, and clinical presentation at the time of the previous *Chlamydia*-positive test(s). Patients provided a 3.5-ml blood sample. Patients under the age of 16 years were excluded, as were those unable to give informed consent. Serum samples for this study were collected at both centers between May 2006 and January 2008. Sera were stored at -70°C within 6 h of collection and were transported to the laboratory at St Mary's on dry ice. All assays were performed on samples that had undergone at least one, and no more than two, freeze-thaw cycles.

Chlamydia-negative control serum samples. We accessed sera from 747 children (ages, 2 to 13 years) held at two serum archives, one at the Department of

Diagnostic Virology, St Mary's Hospital (D. A. Muir), and the other at the Health Protection Agency (HPA), Colindale, London, United Kingdom (D. W. Brown). These children were assumed not to have been exposed to *C. trachomatis*. Sera held at the St Mary's Hospital archive were collected between January 2005 and December 2007. Sera held at the HPA were collected between 1996 and 2006. Samples from both archives were stored at -70°C and transported on dry ice. These samples had undergone two (St Mary's) or three (HPA) freeze-thaw cycles at the point of assay.

DNA constructs for Pgp3 protein expression. A construct for the production of Pgp3 antigen was produced with an N-terminal glutathione *S*-transferase (GST) tag and a thrombin cleavage site for GST removal. A DNA fragment encoding Pgp3 was PCR amplified from the LGV-1 (strain 440) plasmid-encoding construct pCTL1 2A (22) using *Pfu* DNA polymerase (Stratagene, La Jolla, CA) and primers 5'-CGTAGGATCCATGGGAAATCTGGTTT-3' and 5'-C TACTCGAGTTAAGCGTTTGTGTTGAGGT-3'. The PCR amplicon was digested with BamHI and XhoI and was ligated into the multiple cloning site of pGEX-4T-1 (Stratagene).

Recombinant protein purification and analysis. Endonuclease A-deficient *Escherichia coli* strain PC2 [BL21(DE3) *endA::Tet^r T1^r pLysS*] (9) was used to produce the Pgp3-GST fusion protein. Following transformation and induction with 0.25 mM isopropyl-thio- β -D-galactopyranoside (Sigma-Aldrich, Dorset, United Kingdom), the fusion protein was fractionated by sonication in buffer A (200 mM NaCl, 50 mM Tris-HCl [pH 7.4], 0.5 mM EDTA) containing 0.5 mM phenylmethylsulfonyl fluoride and 5 mM dithiothreitol (DTT). Crude extracts precleared by centrifugation were incubated with glutathione Sepharose (GE Healthcare Life Sciences, Little Chalfont, Buckinghamshire, United Kingdom), and the resin was extensively washed in buffer A. The GST tag was cleaved from the protein by thrombin (3 U per mg of protein) for 4 h at 25°C , and the protein was eluted in buffer A. Protein-containing fractions diluted with 3 volumes of 50 mM Tris-HCl (pH 7.4) were injected into a 5-ml HiTrap Q FF column (GE Healthcare) on an Akta purifier (GE Healthcare). Bound protein was eluted with a linear gradient of 0.15 to 0.3 M NaCl in 50 mM Tris-HCl (pH 7.4), and then 5 mM DTT was added to each 1-ml fraction. Aliquots (10 μ l) of each fraction were denatured in $2\times$ sodium dodecyl sulfate (SDS) buffer (28) for 5 min at 95°C and analyzed by polyacrylamide gel electrophoresis (PAGE) on a 10% gel. Pooled protein-rich fractions were further concentrated two- to fivefold by ultrafiltration in a Centriprep Ultracel YM-3 (3,000-molecular-weight cutoff) column (Millipore, Watford, United Kingdom). Protein concentrations were determined by the Bradford assay with a bovine serum albumin standard (Bio-Rad, Hertfordshire, United Kingdom).

Pgp3 Western blotting. Purified Pgp3 (75 ng/well), denatured in $2\times$ SDS buffer as described above, was analyzed by PAGE on a 12.5% gel and transferred to a polyvinylidene difluoride (PVDF) Immobilon membrane (Millipore) in transfer buffer (25 mM Tris-HCl [pH 8.3]–192 mM glycine–20% methanol) using the Bio-Rad Trans-Blot Semi-Dry cell at 125 mA for 1 h. After transfer, the membrane was washed in PBST-A (phosphate-buffered saline [PBS], pH 7.2, containing 0.1% Tween 20; Sigma), blocked in PBSM (PBST-A with 5% nonfat milk powder; Marvel, Premier Foods, St Albans, United Kingdom) at 4°C overnight, and incubated with serum (diluted 1:100 in PBSM) for 2 h at room temperature with gentle agitation. Following three washes in PBST-A, the membrane was incubated with a horseradish peroxidase (HRP)-labeled secondary antibody (goat anti-human immunoglobulin G [IgG] [Fc fragment]-HRP; Sigma) (diluted 1:10,000 in PBSM) for 1 h, as described above, and was further washed three times with PBST-A. Protein bands were visualized by the chemiluminescence system (ECL; GE Healthcare).

Western blotting of EB. *C. trachomatis* EB (strain LGV2/434/Bu) were prepared in Buffalo green monkey kidney cells and Urografin gradient (Bayer HealthCare, Uxbridge, United Kingdom) and were purified by modifying the method of Pickett et al. (45). Purified EB were denatured in $2\times$ SDS buffer, separated by SDS-PAGE on a 10% or 12.5% gel, and then transferred and immunoblotted as described above. For pediatric sera, the HRP-labeled secondary antibody (goat anti-human IgG [Fc fragment]-HRP; Sigma) was diluted 1:1,000, and peroxidase activity was visualized by incubation with a 3,3',5,5'-tetramethylbenzidine (TMB) substrate solution (Promega, Southampton, United Kingdom).

Indirect ELISA. *C. trachomatis* ELISA conditions were initially established with purified untagged Pgp3 protein and sera collected from a cohort of patients with nonspecific urethritis and with known titers of primary antibodies against *C. trachomatis* and *C. pneumoniae*, previously determined by MIF (23). The initial concentration of the coating antigen (Pgp3), the blocking buffer, the test serum dilutions, and the concentration of the goat anti-human IgG (Fc fragment)-HRP secondary antibody, together with the incubation times, were all optimized in a series of preliminary experiments. The AMPAK ELISA amplification system

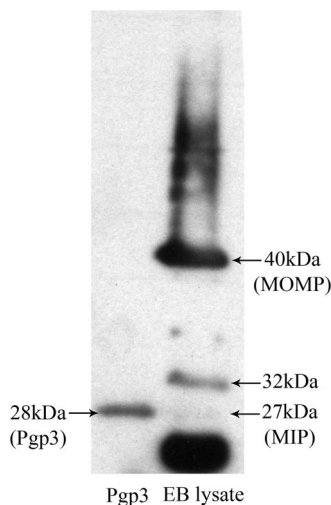


FIG. 1. Purification and characterization of Pgp3. Samples of the purified Pgp3 and lysed *C. trachomatis* EB proteins (diluted 1:10 in SDS buffer) were separated on a 12.5% polyacrylamide gel and transferred to a PVDF membrane before incubation with a 1:100 dilution of a serum sample from the positive cohort. Bound IgG antibody was detected by an HRP-conjugated secondary antibody and ECL chemiluminescence. Known *C. trachomatis* EB proteins, including MOMP and the macrophage infectivity potentiator (MIP) protein, are shown.

(Dako) was investigated as a means of increasing sensitivity, but the signal-to-noise ratio was not improved (data not shown). The final procedure, before refinement with checkerboard titrations (detailed in Results), is described.

Immunosorb 96-well microtitration plates (Nunc, Roskilde, Denmark) were coated with Pgp3 protein for 1 h at 37°C (20 ng per well in 100 mM sodium carbonate buffer, pH 9.6). The bound protein was washed with PBST-B (PBS, pH 7.2, containing 0.05% Tween 20), blocked with 200 μ l of 1% Hammersten casein (GE Healthcare) in PBST-B for 2 h at 37°C, and washed three times. All sera were then assayed in duplicate at a 1:100 dilution in the blocking buffer. After 1 h at 37°C, the bound protein and antibody were washed three times, and 100 μ l of an HRP-labeled goat anti-human antibody (Fc fragment) (Sigma) diluted 1:8,000 was added. After 1 h at 37°C, unbound antibody was removed by six washes with PBST-B; then 100 μ l TMB solution (Bio-Rad) was added, and the mixture was incubated for 10 min at 25°C. The reaction was stopped with 50 μ l 2 M H₂SO₄, and absorbance was read at 450 nm. Readings were corrected for background by subtracting the average absorbance of two (blank) wells with no serum.

Commercial *C. trachomatis* assays. Sera were assayed by the Pgp3 ELISA and four commercial assays. Three were MOMP peptide-based ELISAs: the *C. trachomatis*-IgG-pELISA plus Medac assay (Medac, Wedel, Germany), the SeroCT-IgG ELISA (Savyon Diagnostics, Ashdod, Israel), and the *C. trachomatis* IgG EIA (Ani LabSystems, Vantaa, Finland). The fourth was the *C. pneumoniae* IgG/IgM MIF test kit (Ani LabSystems, Finland). There were insufficient pediatric sera in some cases (HPA cohort) to undertake the Ani LabSystems EIA. In each case, sera were assayed precisely according to the manufacturer's instructions. For MIF, sera were considered positive for *C. pneumoniae* if IgG antibodies were detectable at a dilution of 1:32, as recommended by the manufacturer. To assay for anti-*C. trachomatis* antibody by MIF, sera were diluted 1:8, 1:16, and 1:32. Those sera with anti-*C. trachomatis* IgG antibody detectable at a dilution of 1:32 were judged to be positive.

Statistical analysis. Statistical analysis, including receiver operating characteristic (ROC) analysis and multiple logistic regression, was conducted using Stata, version 10.1 (Stata Corporation, College Station, TX). Specificity and sensitivity were calculated for each assay, with 95% Agresti-Coull confidence intervals (CI). Comparisons of sensitivity and specificity between assays used methods for paired proportions (two-sided McNemar's test), while comparisons between males and females used methods for independent proportions (two-sided Fisher's exact test); differences in sensitivity/specificity were described with 95% CI. A one-sided Fisher's exact test was used for comparison of *C. trachomatis* test positivity between sera testing positive and negative for *C. pneumoniae*,

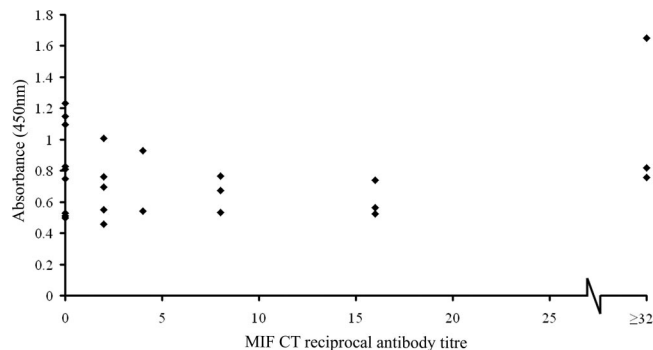


FIG. 2. First-generation Pgp3 ELISA. Pgp3 was used as the coating antigen (20 ng/well in sodium carbonate buffer [pH 9.6]) in an indirect ELISA. A panel of sera for which anti-*C. trachomatis* antibody titers had previously been assessed by MIF were tested at a dilution of 1:100. The scatter plot shows the absorbance at 450 nm (y axis) for each sample against the anti-*C. trachomatis* antibody titer determined by MIF (x axis). Samples with anti-*C. trachomatis* antibodies detectable by MIF at a reciprocal dilution of ≥ 32 are grouped together.

assuming that anti-*C. pneumoniae* antibodies could only increase and not decrease the chance of a positive *C. trachomatis* test result.

RESULTS

Characterization of recombinant Pgp3 protein. The purity and antigenicity of the untagged Pgp3 protein were assessed by Western blotting with sera that were known to be positive for anti-*C. trachomatis* IgG by all commercial assays and that reacted with more than eight known *C. trachomatis* EB proteins in Western blots (2). All sera tested bound to the 28-kDa Pgp3 protein band (an example is shown in Fig. 1).

Detection of recombinant Pgp3 protein by ELISA. A first-generation ELISA was performed as described above. Sera from individuals known (by MIF) to be seronegative or seropositive showed a positive correlation between the MIF antibody titers and the absorbance values, and the negative samples gave low absorbance readings, implying that the Pgp3 coating antigen showed little evidence of cross-reactivity with nonspecific antibodies (Fig. 2).

The Pgp3 antigen and MIF-positive and -negative sera were diluted 25-fold and then serially diluted 2-fold. The HRP-conjugated anti-human secondary antibody was diluted 1,000-fold initially and thereafter in 2-fold dilutions. To optimize the ELISA, the dilutions of the antigen, sera, and HRP-conjugated antibody were assessed in checkerboard titrations. The best signal-to-noise ratio of the positive (signal) and negative-control (noise) sera was obtained by applying the purified antigen at a concentration of 100 ng/well and using a serum dilution of 1:100 and a secondary-antibody dilution of 1:8,000. All other conditions were as described for the first-generation ELISA, except for the coating of the plates with the antigen, for which the Pgp3 was diluted in 100 mM sodium carbonate buffer (pH 8.4). All ELISA plates included positive and negative reference sera, as well as wells with no sera.

Chlamydia-negative control serum samples and specificity. All 747 serum samples from children were assayed by the Pgp3 ELISA (Fig. 3). Of these, 25 gave positive results for anti-*C. trachomatis* antibodies at a 1:32 dilution by the MIF assay.

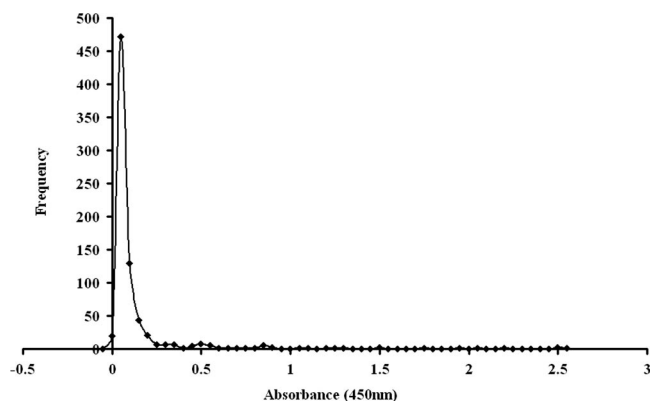


FIG. 3. Analysis of pediatric samples by the Pgp3 ELISA. The frequency distribution curve of the Pgp3 ELISA with all 747 pediatric samples is shown.

Twenty of these potentially antibody positive samples were investigated for immune activity against *C. trachomatis* EB proteins by Western blotting (the remaining five sera had insufficient volume for the procedure). Seven of these samples bound to more than eight EB proteins (Fig. 4) and were considered definitively positive (2); to support this result, these sera tested positive by most of the commercial ELISAs (Table 1). These 7 sera were excluded from further analysis, leaving 740 pediatric serum samples.

Further analysis of the association between MIF for *C. trachomatis*, MIF for *C. pneumoniae*, and the Pgp3 assay for these 740 sera (discussed below) led to the conclusion that the remaining 18 sera positive for *C. trachomatis* by MIF were likely to be true positives for anti-*C. trachomatis* antibodies. For the calculation and comparison of the specificities of the Pgp3 assay and three commercially available *C. trachomatis* ELISAs,

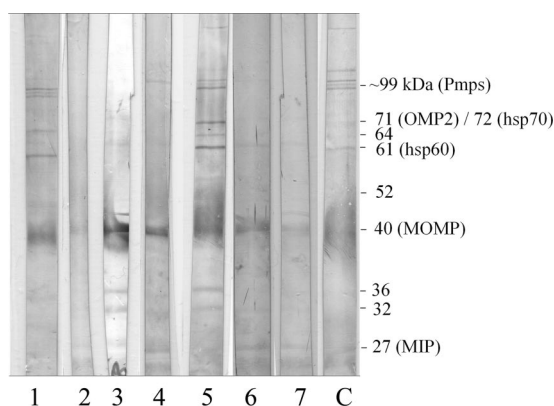


FIG. 4. Western blot of *C. trachomatis*-positive pediatric sera. Sera with Pgp3 assay absorbance values above 0.2 were assayed by Western blotting. Lysed *C. trachomatis* EB proteins were separated on a 12.5% polyacrylamide gel and then transferred to a PVDF membrane. Pediatric sera ($n = 75$) diluted 1:100 were assayed, and those considered positive (>8 bands reactive) are shown. A positive-control serum sample (C) is included. Common *C. trachomatis* immunodominant antigens are shown, including the several ~ 99 -kDa polymorphic membrane proteins (Pmps), the 72-kDa hsp70, the 71-kDa outer membrane protein 2 (OMP2), the 61-kDa hsp60, MOMP, and the macrophage infectivity potentiator (MIP) protein.

TABLE 1. Reactivities of Western blot-positive pediatric sera with the Pgp3 ELISA and commercial serological assays

Sample no. ^a	Result by the:			
	Pgp3 assay (absorbance at 450 nm)	Medac pELISA ^b (AU/ml)	SeroCT ELISA ^c (COI)	Ani LabSystems EIA ^d (S/CO)
1	2.49	10.6	3.89	ND
2	1.92	54.7	2.06	2.40
3	2.01	313.9	4.08	4.36
4	1.70	90.5	3.30	3.70
5	2.59	145.6	5.02	4.52
6	2.46	67.4	2.88	2.31
7	2.18	48.7	1.57	2.00

^a All seven samples were positive for *C. trachomatis* and *C. pneumoniae* by MIF at a dilution of 1:32.

^b Results were considered negative at ≤ 28 AU/ml and positive at > 28 AU/ml.

^c COI, cutoff index. Results were considered negative at ≤ 1.1 and positive at > 1.1 .

^d S/CO, signal-to-cutoff ratio. Results were considered negative at ≤ 1.4 and positive at > 1.4 . ND, not determined (insufficient serum available).

these 18 sera were both included (to be more conservative) and excluded (Table 2). The only significant difference in specificity in either case was between the Pgp3 and Ani LabSystems ELISAs when the 18 pediatric sera positive for *C. trachomatis* by MIF were included ($P = 0.001$).

Determination of Pgp3 ELISA cutoff. A cutoff value for absorbance at 450 nm (≥ 0.473) was selected for the Pgp3 ELISA to give a specificity of $\geq 96\%$ for the 740 pediatric sera left after the exclusion of the 7 samples that tested positive for *C. trachomatis* EB by Western blotting. Figure 5A shows the corresponding ROC curve obtained by using these 740 negative sera and the sera from the 356 *C. trachomatis*-positive patients.

The specificities of the various tests were compared using the 722 *C. trachomatis*-negative pediatric sera left after the exclusion of a further 18 samples positive for *C. trachomatis* by MIF; the specificities of the Pgp3 ELISA and other ELISAs were, naturally, slightly higher in this group (Table 2). Figure 5B shows the ROC curve using these 722 sera negative for *C. trachomatis* by MIF along with the 356 *C. trachomatis*-positive sera.

Sensitivity of the Pgp3 assay compared with those of commercial *C. trachomatis* ELISAs. The detection of anti-*C. trachomatis* antibody by the Pgp3 ELISA was compared to that by three commercially available immunoassays. The Pgp3 ELISA was significantly more sensitive (57.9%) than the Ani LabSystems (49.2%; $P = 0.003$), SeroCT (47.2%; $P < 0.0005$), and Medac (44.4%; $P < 0.0005$) assays (Table 3). The Pgp3, Ani LabSystems, and SeroCT assays, but not the Medac assay, had significantly higher sensitivity on female specimens than on male specimens (73.8 versus 44.2%, 59.8 versus 40.5%, 55.5 versus 40%, and 45.7 versus 43.7%, respectively) (Table 3). For female patients, the Pgp3 assay was 14.0 percentage points more sensitive than the next most sensitive ELISA, the Ani LabSystems ELISA ($P = 0.001$).

Impact of *C. pneumoniae* exposure on ELISA performance. After 7 samples positive for EB by Western blotting were excluded, 18 of the 740 remaining children's sera were positive for *C. trachomatis* by MIF. We investigated the possibility that these might be false-positives resulting from cross-reaction

TABLE 2. Comparative specificities of the Pgp3 ELISA and commercial ELISAs

Assay	No. of samples	Specificity (%) (95% CI)	Difference in specificity between the Pgp3 assay and the commercial assay ^a (%) (95% CI)	McNemar's P value
Before exclusion of 18 sera positive for <i>C. trachomatis</i> by MIF				
Pgp3	740	96.1 (94.4 to 97.3)		
Ani LabSystems	595 ^b	98.7 (97.3 to 99.4)	-3.2 (-5.2 to -1.2)	0.001
SeroCT	740	96.9 (95.4 to 97.9)	-0.8 (-2.7 to 1.1)	0.45
Medac	740	95.8 (94.1 to 97.1)	0.3 (-1.8 to 2.3)	0.89
After exclusion of 18 sera positive for <i>C. trachomatis</i> by MIF				
Pgp3	722	97.6 (96.2 to 98.6)		
Ani LabSystems	580 ^b	99.0 (97.7 to 99.6)	-1.6 (-3.3 to 0.2)	0.08
SeroCT	722	97.2 (95.7 to 98.2)	0.4 (-1.3 to 2.1)	0.73
Medac	722	96.0 (94.3 to 97.2)	1.7 (-0.2 to 3.6)	0.09

^a The specificity of the commercial assay was subtracted from the specificity of the Pgp3 assay.

^b HPA pediatric serum samples had insufficient volume available for the Ani LabSystems assay.

with antibodies against *C. pneumoniae*. Twelve of these sera were positive for *C. pneumoniae* by MIF, while six showed no evidence of anti-*C. pneumoniae* antibodies. We also looked for evidence of cross-reaction between tests for *C. trachomatis* and *C. pneumoniae* in the *Chlamydia*-positive patients' sera.

Of the 722 children's sera that were negative for *C. tracho-*

matis by MIF, 191 (26.5%) were positive for anti-*C. pneumoniae* antibody, as were 246 (69.1%) of the 356 *C. trachomatis*-positive patient sera. We compared the positivity of *C. trachomatis* tests between serum samples that were positive and negative for *C. pneumoniae* by MIF separately for these exposed and unexposed groups (Table 4). There was no significant difference in ELISA positivity between sera that were positive or negative for *C. pneumoniae* by MIF in either of the patient groups (one-sided Fisher's exact test), but there was a positive association between the MIF tests for *C. trachomatis* and *C. pneumoniae*. Thus, there was no evidence of cross-reactivity with *C. pneumoniae* for any of the *C. trachomatis* ELISAs. However, these results confirmed the expected cross-reactivity between the MIF assays for *C. trachomatis* and *C. pneumoniae*. Multiple logistic regression in the *C. trachomatis*-positive group likewise confirmed that the MIF assay for *C. trachomatis* was a significant independent predictor of *C. pneumoniae* positivity by MIF (odds ratio [OR], 2.4; $P = 0.001$) but the Pgp3 assay was not (OR, 0.7; $P = 0.22$).

Among 740 children's sera, including those that were *C. trachomatis* positive by MIF, however, univariable logistic regression showed a moderate association of both *C. trachomatis* positivity by MIF and Pgp3 assay positivity with *C. pneumoniae* positivity by MIF (ORs, 5.6 and 3.4, respectively; $P, 0.001$ in both cases). These associations were weakened in a multivariable model (ORs, 3.5 and 2.1; $P, 0.031$ and 0.09, respectively), as is typical of highly correlated predictors. Conversely, a multivariable model of Pgp3 positivity showed that a positive result for *C. trachomatis* by MIF was extremely strongly associated with a positive result by the Pgp3 assay (OR, 66; $P < 0.0005$), while a positive result for *C. pneumoniae* by MIF was not independently associated with a positive result for *C. trachomatis* by the Pgp3 assay (OR, 2.1; $P = 0.09$). These results are most consistently explained by the presence of true anti-*C. trachomatis* antibodies in some of the sera: both MIF for *C. trachomatis* and the Pgp3 assay react strongly with these antibodies.

Reproducibility of the Pgp3 ELISA and qualitative interpretation of the data. Interassay reproducibility was determined by assaying five samples in 20 independent Pgp3 assays, giving

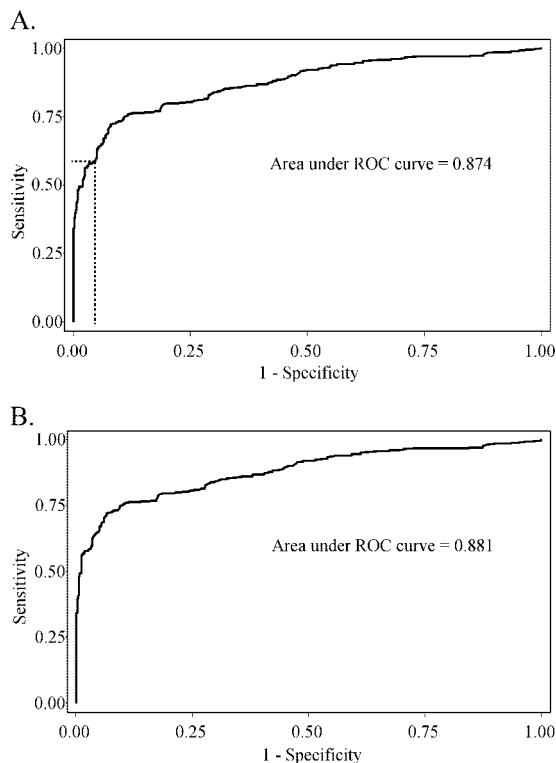


FIG. 5. ROC curves for 356 *C. trachomatis*-positive sera and either 740 pediatric sera (after exclusion of sera that were positive for EB by Western blotting) (A) or 722 pediatric sera (after the additional exclusion of sera that were positive for *C. trachomatis* by MIF) (B). The broken line identifies the point on the ROC curve in panel A corresponding to the absorbance at 450 nm, chosen as the final cutoff for the assay.

TABLE 3. Comparative sensitivities of the Pgp3 assay and commercial ELISAs

Patient group and assay	No. of samples from <i>C. trachomatis</i> -positive patients	Sensitivity (%) (95% CI)	Difference in sensitivity between the Pgp3 assay and the commercial assay ^a (%) (95% CI)	McNemar's <i>P</i> value
All patients				
Pgp3	356	57.9 (52.7–62.9)		
Ani Labsystems	356	49.2 (44.0–54.3)	8.7 (2.9–14.5)	0.003
SeroCT	356	47.2 (42.1–52.4)	10.7 (4.9–16.5)	<0.0005
Medac	356	44.4 (39.3–49.6)	13.5 (7.0–20.0)	<0.0005
Females^b				
Pgp3	164	73.8 (66.5–79.9)		
Ani Labsystems	164	59.8 (52.1–67.0)	14.0 (5.5–22.5)	0.001
SeroCT	164	55.5 (47.8–62.9)	18.3 (10.1–26.5)	<0.0005
Medac	164	45.7 (38.3–53.4)	28.0 (18.9–37.2)	<0.0005
Males^b				
Pgp3	190	44.2 (37.3–51.3)		
Ani Labsystems	190	40.5 (33.8–47.6)	3.7 (–4.5–11.8)	0.42
SeroCT	190	40.0 (33.3–47.1)	4.2 (–4.1–12.6)	0.36
Medac	190	43.7 (36.8–50.8)	0.5 (–8.6–9.6)	1.00

^a The sensitivity of the commercial assay was subtracted from that of the Pgp3 assay.

^b *P* values for differences in sensitivity on male versus female sera are as follows: for the Pgp3 test, <0.0005; for the Ani Labsystems assay, <0.0005; for the SeroCT assay, 0.004; and for the Medac assay, 0.75.

coefficients of variation between 3.1% and 13.2%. Intra-assay variation was tested by analyzing five serum samples 16 times. Coefficients of variation were found to be between 1.9% and 5.8% for this ELISA (Table 5).

We ran the Pgp3 ELISA twice on 166 of the *C. trachomatis* organism-positive patient sera and 595 of the pediatric sera. One sample in each of these two groups testing positive in the first assay was negative in the second, and one sample from each group testing negative in the first assay tested positive in the second. All four of these samples had Pgp3 ELISA absorbance values at 450 nm close to the cutoff of 0.473.

DISCUSSION

The sensitivities of the three commercial ELISAs were similar, ranging from 44 to 49%, while the Pgp3 ELISA was

significantly ($P < 0.003$) more sensitive, at 57.9% (95% CI, 52.7 to 62.9%), than all three commercial assays. The sensitivity of the Pgp3 ELISA was greater for females (73.8%) than for males (44.2%). The specificity of the Pgp3 ELISA, calculated after exclusion of the 18 sera positive for *C. trachomatis* by MIF, was 97.6% and not significantly different from those of the commercial assays (96.0 to 99.0%). Even when a more conservative estimate was used, the specificity of the Pgp3 ELISA (96.1%) was similar to those of the other ELISAs (95.8 to 98.7%).

This is the largest published study evaluating *C. trachomatis* serological ELISAs using well-characterized sera and taking into consideration the anti-*C. pneumoniae* antibody status. The importance of using reliable control sera with which to establish a serological assay cannot be overstated. Our positive-

TABLE 4. *C. trachomatis* antibody status in samples positive and negative for *C. pneumoniae*

Group and assay	No. of samples tested by each <i>C. trachomatis</i> assay with the following <i>C. pneumoniae</i> result by MIF:		% of patient group positive for <i>C. trachomatis</i> by each assay and with the following <i>C. pneumoniae</i> result by MIF:		<i>P</i> value by Fisher's exact test
	Negative	Positive	Negative	Positive	
Children not exposed to <i>C. trachomatis</i>^b					
Pgp3	531	191	1.9	3.7	0.14
Ani Labsystems	436 ^a	144	1.1	0.7	0.54
SeroCT	531	191	2.8	2.6	0.56
Medac	531	191	3.8	4.7	0.35
<i>C. trachomatis</i>-exposed patients					
Pgp3	110	246	55.5	58.9	0.31
Ani Labsystems	110	246	46.4	50.4	0.28
SeroCT	110	246	44.5	48.4	0.29
Medac	110	246	38.2	47.2	0.07
MIF for <i>C. trachomatis</i>	110	246	42.7	60.2	0.0017

^a HPA pediatric serum samples had insufficient volume available for the Ani Labsystems assay.

^b Results exclude the 18 sera positive for *C. trachomatis* by MIF.

TABLE 5. Inter- and intra-assay variation in the Pgp3 ELISA

Sample	Interassay variation			Intra-assay variation		
	Mean absorbance at 450 nm	SD	Coefficient of variation (%)	Mean absorbance at 450 nm	SD	Coefficient of variation (%)
1	2.647	0.0807	3.1	2.523	0.0645	2.6
2	1.414	0.0555	3.9	1.493	0.0280	1.9
3	0.455	0.0303	6.7	0.447	0.0125	2.8
4	0.097	0.0128	13.2	0.112	0.0051	4.6
5	0.081	0.0075	9.3	0.077	0.0045	5.8

control sera came from patients confirmed as *Chlamydia* organism positive at least 1 month previously. Children were chosen as the source of *Chlamydia*-negative control sera because adults can resolve infection spontaneously in the absence of treatment (37, 39), and thus, adults who are currently negative for *C. trachomatis* organisms may have experienced past infection.

Although children are unlikely to have been exposed to *C. trachomatis*, infection can result from vertical transmission (48), sexual abuse (14), consensual sexual intercourse, or exposure to *C. trachomatis* eye disease (13). The patient profile of St Mary's Hospital includes a large proportion of children from Africa, the Middle East, and northern India, where trachoma is hyperendemic (46) and occurs as early as the age of 2 to 3 years (56). Hence, it was expected that a small percentage of the children's sera would have antibodies to *C. trachomatis*.

Indeed, of the 747 pediatric sera, 25 (3.3%) were positive for *C. trachomatis* by MIF. Of these, seven were also found to be positive by Western blotting using EB, and these were excluded. The Ani LabSystems MIF kit, which tests for antibodies to *C. pneumoniae*, *C. trachomatis*, and *Chlamydia psittaci*, was used in this study. In this assay, the *C. pneumoniae* and *C. trachomatis* EB dots are depleted of LPS in order to reduce cross-reaction. We chose a serum dilution of 1:32, because the higher the dilution, the more likely it is that true anti-*C. trachomatis* antibodies are being detected. However, even the use of LPS-depleted EB at a serum dilution of 1:32 does not exclude the possibility of cross-reactive anti-*C. pneumoniae* antibodies. The Pgp3 protein has no equivalent orthologue in *C. pneumoniae* and therefore is not expressed in this chlamydial species. We would not anticipate an association between Pgp3 antibody status and the MIF for *C. pneumoniae*, but this was observed if sera positive for *C. trachomatis* by MIF were included. Logistic regression analysis provided strong evidence that this is most probably due to the presence of genuine antibody to *C. trachomatis* in sera positive for *C. trachomatis* by MIF cross-reacting with the test for *C. pneumoniae*. For purposes of comparison, we have provided the specificities of the ELISAs with children's sera positive for *C. trachomatis* by MIF included (Table 2).

The criteria for defining positive and negative patient cohorts have differed in previous studies comparing commercial assays. With no "gold standard" against which to standardize *Chlamydia* serology, calculations of sensitivities and specificities are subject to misclassification errors. The value of the present study lies in the fact that each assay has been subjected to scrutiny against the same carefully defined control samples.

The specificities determined for the commercial ELISAs in this study are similar to those reported by the manufacturers, who also used sera from children (41). Other published studies have used samples from adults who were presumed to be at low risk, e.g., blood donors. Our specificities are comparable to those of some (25, 38), but not all (2, 4, 53), of these studies.

The sensitivities reported by the ELISA manufacturers and published in the literature are generally higher than those that we find. The manufacturers have all used sera from *Chlamydia* culture-positive individuals to determine their assays' sensitivities. Elsewhere, the assays have been characterized using sera from patients who have tested seropositive by MIF (19, 38), from women only (4, 29, 38), or from individuals positive for *Chlamydia* at the time of serum collection (53), who will often have symptomatic disease.

The use of Pgp3 in an ELISA has been reported previously, although only on small cohorts. Using MIF-positive samples, Comanducci et al. (12) found IgG antibodies to Pgp3 in 80% of samples. A sensitivity of 92% was reported for 50 patients with symptomatic cervical chlamydial disease or nongonococcal urethritis (21). Our results for sensitivity (58%) are in agreement with those of two studies by Bas et al., which found sensitivities of 53% and 57%, respectively (2, 3). However, as mentioned previously, blood donors were used as negative controls in these studies, contributing to their lower results for specificity (80% [2] and 89% [3] compared to 97.6%). A further study by Bas et al. looking at *Chlamydia* exposure in relation to reactive arthritis found that their Pgp3 ELISA had a specificity of 90% (on 20 patients with arthropathies independent of *C. trachomatis*) and a sensitivity of 59% (on 17 patients with *C. trachomatis* reactive arthritis) (1). It should be noted that, in other studies with Pgp3, efforts were made to retain Pgp3 in its native form in order to preserve conformational epitopes (1-3, 12, 21). In this study, purified Pgp3 was stored in the presence of the reducing agent DTT but was diluted 1:1,000 for the assay. Batches of Pgp3 stored without DTT did not react differently in the ELISA (data not shown).

There was clear evidence of a sex difference in the sensitivities of all the assays, except for the Medac pELISA (Table 3). This was most marked with the Pgp3 ELISA, which demonstrated a 30% increase in sensitivity among women over men. Sex differences in the humoral immune response have been reported. Närvänen et al. (41), using the Ani LabSystems ELISA, found that among culture-positive patients, antibody could be detected in 84.2% of women and 61.3% of men. They found that when suspected *C. trachomatis* infection could not be confirmed by culture, frequently an antibody response was detectable by the ELISA: 45.3% of the Finnish women com-

pared to 38.3% of the Finnish men had anti-*C. trachomatis* antibodies. Other studies observed that antibody prevalence and titers were higher for women than for men, even within couples (6, 30, 43). This may reflect a higher antigenic load in women than in men (16, 20, 36) or a more marked immune response where an infection higher in the genital tract is involved. The availability of a more sensitive, well-characterized ELISA allows further investigation of gender differences in response to *C. trachomatis* infection.

We have confirmed that our new Pgp3 ELISA and the three commercial *C. trachomatis* MOMP peptide-based ELISAs are >95% specific and are not cross-reactive with *C. pneumoniae*. Broadly, the commercial ELISAs were less than 50% sensitive, while the Pgp3 ELISA had a sensitivity close to 60%, which was higher still (74%) when female sera were assayed. This is in spite of evidence for plasmid-free isolates of *C. trachomatis*, which appear to be rare, at least in the United Kingdom (34). There is interest in using serology to monitor changes in the age-specific anti-*C. trachomatis* antibody prevalence and to improve understanding of the epidemiology of chlamydial infection. This is a potential method for evaluating the population impact of *C. trachomatis* control programs (24, 32), since it would allow estimates of the changing prevalence of past exposure to *C. trachomatis* rather than only current infection. However, a prerequisite for this is better-characterized and better-performing assays. The Pgp3 ELISA is both sensitive and specific and performs significantly better than the *Chlamydia*-specific MOMP peptide-based assays. The way is now open to explore the epidemiology of *C. trachomatis* genital tract infection by serological means.

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