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¹⁸⁶Re-Liposomal Doxorubicin (Doxil): In Vitro Stability, Pharmacokinetics, Imaging and Biodistribution in a Head and Neck Squamous Cell Carcinoma Xenograft Model

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Keywords

Rhenium-186; Doxil; biodistribution; pharmacokinetics; SPECT/CT; liposome; nanoparticle

1. Introduction

Liposomal doxorubicin (Doxil[®]) is a liposome formulation encapsulating the chemotherapeutic drug, doxorubicin, thereby decreasing its toxicity [1]. An ammonium sulfate (pH) gradient is used to load and stably retain doxorubicin in the liposome interior. Doxil also contains polyethylene glycol (PEG)-lipid resulting in pegylation of the liposome surface, which enables it to have a prolonged circulation and a reduced volume of distribution, thereby improving tumor uptake through the enhanced permeability and retention effect (EPR) and extending effective tumor therapy [1,2]. Animal and human studies have shown that Doxil preferentially accumulated in tumor xenografts and human tumors. Doxil had a 20-30-hour blood half clearance time in tumor xenograft-bearing mice and rats and 50-60-hour half clearance time in humans [1-3]. Doxil is approved for the treatment of AIDS-related Kaposi's sarcoma, recurrent ovarian cancer, and metastatic breast cancer [2,4].

Squamous cell carcinoma of the head and neck (HNSCC) accounts for nearly 5 % of the cancer cases in the United States [5]. Most HNSCC patients present with advanced stage disease (III/IV) [6]. Surgery and radiation therapy are the primary treatment modalities. Although good prognosis have been achieved for early stage disease (I/II), the 5-year survival rates are only 30-40 % for late stage disease due to local recurrence and distant metastases [7]. Combination therapy with various treatment modalities has been developed to improve survival and maintain critical functions [8]. Concomitant administration of chemo- and radiation therapy may enhance the tumor cytotoxicity from radiation, resulting in improved loco-regional tumor therapy but at the cost of increased normal tissue toxicity [7,9]. High local drug concentration is required to prevent local recurrence and this can be achieved using liposomes as drug delivery

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systems as they have improved pharmacokinetic profile in comparison to the free drugs. Preclinical and clinical studies with Doxil have shown improved efficacy in head and neck tumors [10,11] and enhancement of the effect of radiotherapy [12].

Liposomes have been labeled with diagnostic and therapeutic radionuclides [13]. Preclinical studies of liposomes labeled with ^{186}Re [14-16] and ^{188}Re [17-19] have been reported. Theoretical dosimetry studies have suggested that liposomes with therapeutic radionuclides when administered intravenously (iv) would deliver a high radiation absorbed dose to the tumor while sparing the bone marrow and controlling liver and spleen dose to acceptable levels [20,21]. ^{186}Re is an attractive radionuclide for imaging and therapy because of its 3.78-day half-life with 137 keV gamma emission for scintigraphic imaging and β emission of maximum 1.07 MeV energy with a tissue penetration depth range of 2-4 mm for tumor therapy [22].

Doxil uses an ammonium sulfate gradient to load and retain doxorubicin into the liposomes and the same gradient can be used to load and trap diagnostic radionuclide, technetium-99m ($^{99\text{m}}\text{Tc}$), and therapeutic radionuclides, ^{186}Re and ^{188}Re with complex of *N,N*-bis(2-mercaptoethyl)-*N',N'*-diethylethylenediamine (BMEDA) [19,23]. By trapping ^{186}Re in Doxil, both doxorubicin and ^{186}Re will be carried in the same liposome for combination chemo-radionuclide therapy. Although biodistribution of iv administered $^{99\text{m}}\text{Tc}$ -Doxil has been studied in normal rats [23], therapeutic applications of ^{186}Re -Doxil in head and neck cancer xenografts have not been reported yet. PEG liposomes with a similar lipid composition and particle size, and with ammonium sulfate gradient were prepared as control. Prior to initiating chemo-radionuclide therapy studies, the in vitro stability, pharmacokinetics and biodistribution of iv administered ^{186}Re -Doxil and ^{186}Re -PEG liposomes were investigated. The distribution of both formulations in nude rats with head and neck xenografts was followed for 5 days post administration using micro-single photon emission tomography (SPECT)/computed tomography (CT). In this study, the feasibility of preparation of ^{186}Re -Doxil with high efficiency and its in vitro serum stability, pharmacokinetics, imaging, and biodistribution in a HNSCC model are demonstrated.

2. Materials and methods

2.1. Animal Model

All animal experiments were conducted according to the National Institutes of Health Animal Use Guidelines and with prior approval of our Institutional Animal Care Committee. All experimental procedures were conducted while the animals were anesthetized with 1-3% isoflurane (Vedco, St Joseph, MO) in 100% oxygen using an anesthesia inhalation unit (Bickford, Wales Center, NY).

A previously characterized human head and neck cancer xenograft model in nude rats was used [24]. SCC-4 cell line (ATCC, Manassas, VA) was cultured and maintained at 37°C in an incubator with 5% CO_2 . When the cells were 80-90% confluent, they were collected and made into a single cell suspension in saline. Male *rmu/rmu* athymic nude rats (Harlan, Indianapolis, IN) at 4 – 5 weeks age (75 – 100 g) were inoculated subcutaneously with 5×10^6 of SCC-4 tumor cells in 0.20 ml of saline on the dorsum at the level of the scapulae. Tumor dimensions were determined by measuring length (l), width (w), and depth (d) of each tumor using digital calipers. The tumor volume was calculated using the ellipsoid volume formula, $V = (\pi/6)lwd$ [25]. Animals were used for the study when tumor volume was $\sim 1.5 \text{ cm}^3$, which typically occurred between 15 and 16 d after tumor cell inoculation.

2.2. Preparation of liposomes

Doxil[®], a commercially available liposomal doxorubicin formulation manufactured by Johnson & Johnson (New Brunswick, NJ) was purchased from Oak Hills Pharmacy (San Antonio, TX). Doxil contains 2 mg/ml of doxorubicin, 3.19 mg/ml of *N*-(carbonyl-methoxypolyethylene glycol 2000)-1,2-distearoyl-*sn*-glycero-3-phosphoethanolamine sodium salt (DSPE-PEG 2000), 9.58 mg/ml of fully hydrogenated soy phosphatidylcholine, and 3.19 mg/ml of cholesterol. Control PEG-Liposomes containing ammonium sulfate pH gradient were manufactured in house with the lipid composition and particle diameter in reference of Doxil's lipid composition and particle size (Table 1). PEG-liposomes containing 1,2-distearoyl-*sn*-glycero-phosphatidylcholine (DSPC) (Avanti Polar Lipids, Pelham, AL), DSPE-PEG 2000 (Avanti Polar Lipids), and cholesterol (Calbiochem, San Diego, CA) (weight ratio 3:1:1) was manufactured following previously reported method with minor modification [14,26]. Lipid mixture dissolved in a chloroform/methanol mixture (2:1 v/v) [27] was dried to form a lipid thin film by rotary evaporation and desiccated overnight. The lipid film was rehydrated with 300 mM sucrose (Ferro Pfanstiehl Laboratories, Cleveland, OH) in sterile water for injection and warmed to 60°C for complete suspension of lipids and lyophilized overnight. The dried lipid-sucrose mixture was rehydrated with 240 mM ammonium sulfate (Sigma) in sterile water, then subjected to 5 freeze-thaw cycles at 60°C followed by extrusion through a series of polycarbonate filters (2 μm, 400nm, 200 nm, 2 passes each; 100 nm, 5 passes; 50nm, 10 passes) (Lipex Extruder and Whatman Nucleopore filters, Northern Lipids, Vancouver, Canada). The extruded liposome solution was stored at 4°C until needed.

The diameter of Doxil and control PEG-liposomes were measured with 488-nm laser light scattering instrument (Brookhaven Instruments, Holtsville, NY). Phospholipid content was measured for the control PEG-liposomes using Stewart assay [28]. Control PEG-liposomes were checked for bacterial growth and pyrogenicity (University Hospital Pathology Laboratory, San Antonio, TX). No bacterial growth was detected within 14-day culture and endotoxin level was < 5 EU/ml.

2.3. Preparation of ¹⁸⁶Re-Doxil / ¹⁸⁶Re-PEG-liposomes

To a vial containing 50 mg glucoheptonate (GH) (Sigma-Aldrich, St Louis, MO), and 3.0 μl BMEDA (ABX, Radeberg, Germany), 2.0 ml of nitrogen-degassed saline was added. The mixture was mixed by magnetic stirring for 20 min followed by the addition of 240 μl of freshly prepared stannous chloride solution (15 mg/ml). An aliquot of 1.0 ml of the GH-BMEDA-stannous chloride mixture was placed in a new vial after adjusting the pH of the mixture to 5.0. The vial was flushed with nitrogen and sealed. ¹⁸⁶Re-perrhenate solution (~2.96 GBq (80 mCi); University of Missouri Research Reactor, Columbia, MO) was added to the vial and incubated at 80°C for 1 h. After incubation, the ¹⁸⁶Re-BMEDA solution was cooled to 25°C before adjusting the pH of the solution to 7.0. Immediately before using for radiolabelling, Doxil or PEG-liposomes were eluted with PBS (pH 7.4) through a PD-10 column (GE Healthcare, Piscataway, NJ) to create the ammonium sulfate pH gradient by removing free ammonium sulfate from liposome exterior. Eluted Doxil or PEG-liposomes were added to ¹⁸⁶Re-BMEDA solution and incubated at 37°C for 1 h. Finally, labeled ¹⁸⁶Re-Doxil or ¹⁸⁶Re-PEG-liposomes were separated from free ¹⁸⁶Re-BMEDA by eluting through PD-10 columns with PBS (pH 7.4). The labeling efficiency was calculated by dividing the ¹⁸⁶Re-activity in Doxil / PEG-liposomes after separation by the total ¹⁸⁶Re-activity before separation.

2.4. In vitro labeling stability studies

An aliquot of final ¹⁸⁶Re-Doxil / ¹⁸⁶Re-PEG-liposome sample was added to an aliquot of fetal bovine serum (FBS) (Invitrogen, Carlsbad, CA) in a 1:1 volume ratio and the solution was incubated at 37°C. The amount of ¹⁸⁶Re-activity associated with the liposomes at different time points was measured using ACL 4% crosslinked agarose gel (Sooner Scientific, Garvin,

OK) spin column [23,29]. Agarose gel (2.0 ml) was packed in a microcolumn (Bio-Rad, Hercules, CA) by centrifugation at 1500 rpm for 2 min. Then, 10 column volumes of PBS (pH 7.4) were used to equilibrate the column. At the desired time points (1, 4, 24, 48, 72, and 96 h), 100 μ l of ^{186}Re -Doxil / ^{186}Re -PEG-liposome serum solution was added to the equilibrated spin column, centrifuged at 1500 rpm for 1 min and the first fraction collected in a tube. Then, 100 μ l of PBS (pH 7.4) was added to the column, centrifuged at 1500 rpm for 1 min, and the second fraction collected in a new tube. This elution process was repeated 19 times and each fraction collected in a new tube after centrifugation. The ^{186}Re -activity in each fraction was counted using a Minaxi γ A5550 gamma counter (PerkinElmer Life and Analytical Sciences, Boston, MA). The percentage of ^{186}Re -activity associated with Doxil / PEG-liposomes was calculated by summing the activity in the first 8 fractions divided by the total activity in all 20 fractions. The above procedure was repeated with ^{186}Re -Doxil and ^{186}Re -PEG-liposomes stored in PBS (pH 7.4) at 25°C at the same time points (1, 4, 24, 48, 72, and 96 h).

2.5. Biodistribution and pharmacokinetic studies

Fourteen male nude rats with HNSCC xenografts were used for this study. ^{186}Re -Doxil (n = 7) or ^{186}Re -PEG-liposomes (n = 7) was intravenously (iv) injected through the tail vein at the dose level of 555 MBq/kg (15 mCi/kg) under anesthesia. The total lipid dose for both groups was maintained at 52 mg/kg. The doxorubicin dose was maintained at 6.5 mg/kg for the ^{186}Re -Doxil group. Rats were sacrificed at 120 h post injection by cervical dislocation. All major organs and tissues were collected in 10% buffered formalin (Fisher Scientific, Pittsburgh, PA). The organs were weighed and counted for ^{186}Re -activity using Wallac Wizard automatic gamma counter (PerkinElmer Life and Analytical Sciences, Boston, MA). A 50 μ l standard of ^{186}Re -Doxil or ^{186}Re -PEG-liposomes was also counted and used for decay correction. Data are expressed as percentage of injected dose per gram (%ID/g) and percentage of injected dose per organ (%ID/ organ).

The pharmacokinetics of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes were determined by collecting blood samples in a micro-centrifuge tube through the tail vein at 0.08 (5 min), 0.5, 1, 2, 4, 8.5, 24, 48, 72, 96, and 120 h after iv injection. The weight of each blood sample was determined by weighing the micro-centrifuge tube before and after blood collection. The concentrations of radioactivity in blood were calculated as %ID/g and the %ID/g at 5 min was normalized to 100%. The blood clearance patterns of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes were simulated using Origin software, version 7.5 (Origin Lab, Northampton, MA). A dual exponential equation $Y = b_1 \times e^{-c_1 \times t} + b_2 \times e^{-c_2 \times t}$ was used. Here Y is the %ID in blood; t is the time after injection; b_1 , b_2 , c_1 , and c_2 are constants. The two-phase blood clearance half-times $[(t_{1/2})_1$ and $(t_{1/2})_2]$ were calculated from the simulated dual-exponential curves as follows: $(t_{1/2})_1 = 0.693/c_1$; $(t_{1/2})_2 = 0.693/c_2$ [23].

2.6. Micro-SPECT/CT imaging and image analysis

^{186}Re has a penetrative 137 keV gamma emission that allows for monitoring of the biodistribution of labeled liposomes using gamma scintigraphy. High resolution parallel hole collimator (HRES) planar gamma camera images and SPECT images were acquired in 137 ($\pm 10\%$) keV energy window using a microSPECT scanner equipped with dual cadmium zinc telluride (CZT) detectors (FLEX SPECT/CT/PET, Gamma Medica, Northridge, CA). Static planar images were acquired in two views, anterior-posterior (AP) and lateral at baseline, 4, 20, 46, 70, 96, and 118 h after ^{186}Re -Doxil/PEG-liposome injection. A standard source of ^{186}Re -Doxil or ^{186}Re -PEG-liposomes of ~ 0.26 MBq (~ 70 μ Ci) was placed in the field of view but outside the position of the rat during static planar image acquisition for image quantification. Tomographic images with parallel hole collimators (32 projections, 7000 counts/projection) were acquired at the same time points as the planar static images and also acquired with multi-pinhole (MPH) collimators (32 projections, 7000 counts/projection,

Radius of rotation (ROR) = 5 cm, Field of View (FOV) = 9.78 cm) at 20 h. SPECT images reconstructed using the Lumagen® processing software available with the system had a matrix size of $80 \times 80 \times 80$ and voxel dimension of 1.6 mm. CT images were acquired at 20 h and reconstructed at matrix size of $512 \times 512 \times 512$ with 0.17 mm voxel dimension using the software available with the scanner.

The planar images acquired at each time point were analyzed to determine the %ID/g in blood, liver, spleen, kidneys, intestines, and tumor. Region of interest (ROI) was drawn around the standard source to obtain counts to activity (mCi) conversion factor. To determine the %ID/g in tumor at 4 h, ROI was drawn over the tumor in the lateral images and the counts obtained were converted to activity. Using the weight of the tumor obtained at 120 h after biodistribution and injected activity, %ID/g in tumor at 4 h was determined. No blood pool correction was applied. The %ID/g for the listed organs at each time point for both ^{186}Re -Doxil and ^{186}Re -PEG-liposomes were determined as above.

2.7. Autoradiography and Histopathology

From the tumor excised at 120 h, a thin slice (~ 1 mm) was sectioned along the longest dimension of tumor for autoradiography. The thin section was placed on a reusable phosphor imaging plate (DenOptix®, Gendex Dental Systems, Lake Zurich, IL) at -20°C to obtain the autoradiography image. The plate was exposed to the tumor section for 2 h for ^{186}Re -Doxil and for 20 h for ^{186}Re -PEG-liposomes. The latent image was converted to digital image by laser photostimulation scanning (Gendex Dental Systems, Lake Zurich, IL). The same tumor section was then fixed in 10% buffered formalin for 48 h and embedded in paraffin. Four μm -thick sections of each tumor specimen was prepared and stained with hematoxylin and eosin (H&E) for histopathological examination and comparison with the autoradiography images.

2.8. Statistical analysis

The data are shown as average \pm standard deviation (SD). Group comparisons were performed using ANOVA with Origin software (Origin Lab, Northampton, MA). $P < 0.05$ was considered significant.

3. Results

3.1. Labeling efficiencies

The labeling efficiencies of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes were $76.1 \pm 8.3\%$ ($n=4$) and $77.1 \pm 8.4\%$ ($n=4$) respectively. There was no significant difference in labeling efficiencies for ^{186}Re -Doxil and ^{186}Re -PEG-liposomes when either 4.44 GBq or 2.22 GBq of ^{186}Re -activity was used for liposome labeling.

3.2. In vitro stability studies

The in vitro stabilities of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes following incubation in FBS at 37°C are shown in Fig. 1A. The ^{186}Re -activity associated with Doxil was $80.42 \pm 4.27\%$ at 4 h and $12.25 \pm 1.67\%$ at 48 h. The ^{186}Re -activity associated with PEG-liposomes was $81.28 \pm 4.44\%$ and $6.06 \pm 1.78\%$ at 4 and 48 h respectively. The ^{186}Re activity associated with Doxil and PEG-liposomes after storing in PBS, pH 7.4 at 25°C is shown in Fig. 1B. After storing ^{186}Re -Doxil and ^{186}Re -PEG-liposomes at 25°C in PBS, pH 7.4, for 24 h, there was $26.39 \pm 4.00\%$ and $40.25 \pm 5.44\%$ of ^{186}Re -activity associated with Doxil and PEG-liposomes respectively.

3.3. Pharmacokinetic studies

The blood clearance curves of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes from baseline to 120 h are shown in Fig. 2. The maximum radioactivities in blood were determined as 2.64 ± 0.09 % ID/g and 3.22 ± 0.39 % ID/g at 0.08 h for ^{186}Re -Doxil and ^{186}Re -PEG-liposomes respectively. ^{186}Re -Doxil showed a slow blood clearance with 1.31 ± 0.07 % ID/g remaining in blood at 24 h. In contrast, ^{186}Re -PEG-liposomes showed a more rapid clearance with 1.66 ± 0.12 % ID/g and 0.11 ± 0.01 % ID/g remaining in blood at 0.5 h and 24 h respectively. Exponential curve-fitting analysis of the clearance curves showed a two-phase blood clearance for both ^{186}Re -Doxil and ^{186}Re -PEG-liposomes. For ^{186}Re -Doxil, 17.04 % of the injected activity had a half-clearance time of 0.8 h and 83.2% of the injected activity had a half-clearance time of 28.2 h. For ^{186}Re -PEG-liposomes, 84.01 % of the injected activity was cleared with a half-clearance of 0.42 h and 14.9% of the injected activity had a half-clearance time of 18.6 h. The half-clearance time for ^{186}Re -Doxil is similar to the reported half-clearance time of Doxil [2], which suggests that the in vivo stability of ^{186}Re -Doxil might be better than that of the in vitro incubation. The half-clearance time of ^{186}Re -Doxil was significantly longer than ^{186}Re -PEG-liposomes. This long circulation time could deliver a higher concentration of ^{186}Re -Doxil into the tumor; thereby improve tumor therapy by chemotherapy from doxorubicin and radionuclide therapy from ^{186}Re .

3.4. MicroSPECT/CT imaging and planar image analysis

MicroSPECT/CT images of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes acquired using MPH collimator at 20 h after administration are shown in Fig. 3. Prolonged blood retention, decreased liver uptake and increased tumor uptake was observed in images of rats receiving ^{186}Re -Doxil. Lateral planar scintigraphic images of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes acquired at different time points after intravenous injection are shown in Fig. 4. ^{186}Re -Doxil showed slow blood clearance indicated by high level of radioactivity in the heart, low liver uptake, and high spleen accumulation. ^{186}Re -Doxil also had a consistent high level of accumulation in the abdominal region. In comparison, ^{186}Re -PEG-liposomes showed a more rapid blood clearance and high liver and spleen accumulation. ^{186}Re -Doxil and ^{186}Re -PEG-liposomes had a similar excretion pattern through the kidneys. The %ID/g in tumor and other organs at the different time points determined from image analysis for ^{186}Re -Doxil and ^{186}Re -PEG-liposomes are shown in Fig. 5. The results showed that ^{186}Re -Doxil had significantly higher %ID/g in blood than ^{186}Re -PEG-liposomes at all time points ($p < 0.01$). The maximum radioactivities in blood were 2.57 ± 0.16 % ID/g and 0.52 ± 0.05 % ID/g at 4 h for ^{186}Re -Doxil and ^{186}Re -PEG-liposomes respectively. For ^{186}Re -PEG-liposomes, the radioactivity in liver, spleen, and tumor reached maximum levels of 3.65 ± 0.42 % ID/g, 1.85 ± 0.85 % ID/g and 0.86 ± 0.43 % ID/g respectively, at 4 h. For ^{186}Re -Doxil, the radioactivity in liver, spleen and tumor reached maximum levels of 1.72 ± 0.11 % ID/g at 20 h, 5.24 ± 1.86 % ID/g at 46 h and 2.06 ± 0.52 % ID/g at 4 h, respectively. The maximum radioactivity in kidney was 7.49 ± 1.32 % ID/g at 46 h for ^{186}Re -Doxil and 8.81 ± 2.03 % ID/g for ^{186}Re -PEG-liposomes at 20 h.

3.5. Biodistribution studies

The biodistribution values at 120 h after administration of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes are shown in Table 2. Comparison of the %ID per organ for ^{186}Re -Doxil and ^{186}Re -PEG-liposomes showed that the radioactivity in blood was 1.70 ± 1.20 % ID and 0.09 ± 0.07 % ID for ^{186}Re -Doxil and ^{186}Re -PEG-liposomes respectively. The %ID in blood was 20-fold higher for ^{186}Re -Doxil in comparison to ^{186}Re -PEG-liposomes ($P < 0.01$). Similarly, the %ID in tumor showed a 20-fold increased accumulation for ^{186}Re -Doxil in comparison to ^{186}Re -PEG-liposomes ($P < 0.05$). The %ID in spleen, muscle, skin, testis, intestines, bone with bone marrow, and feces was significantly higher for ^{186}Re -Doxil in comparison to ^{186}Re -PEG-liposomes ($P < 0.001$ for spleen, intestines and feces, $P < 0.01$ for

testis and bone with bone marrow, $P < 0.05$ for muscle and skin). There was no significant difference in the %ID in liver, kidney, and urine at 120 h between ^{186}Re -Doxil and ^{186}Re -PEG-liposomes.

3.6. Comparison of histopathology and autoradiography images

To determine the distribution of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes in tumor at 120 h after iv administration, the H&E stained specimens were compared with the corresponding autoradiographic images (Fig. 6). Autoradiographically, a higher accumulation of ^{186}Re occurred at the periphery of the tumor than in the center. Overlay of the H&E image and the autoradiographic images showed that the distribution of the radioactivity was in the region of expansion likely a reflection of blood supply. There was decreased accumulation in the tumor center compared to the periphery. This distribution was similar for both ^{186}Re -Doxil and ^{186}Re -PEG-liposomes. It has been reported that the peripheral tumor capsule of this xenograft had increased vascularity as compared to the central portions of the tumor as demonstrated with immunohistochemical stains for endothelial cell markers CD31 and CD34 [24]. The increased extravasation and accumulation of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes in the tumor periphery is expected due to the increased vascularity and integrity of the blood vessels in this region.

4. Discussion

Liposomes can be labeled with radioisotopes by trapping them within the inner space, intercalated within the double membrane, or connected to the surface of the liposomes [30]. Liposomes have been labeled with β -emitting therapeutic radionuclides, such as ^{131}I , ^{90}Y , ^{186}Re , and ^{177}Lu [21,31,32]. As the method reported by Hafeli et al. [31] required that $^{186}\text{Re}/^{188}\text{Re}$ complex be labeled by incorporating it into liposomes during liposome manufacturing, this labeling method was clinically impractical. A method of encapsulating $^{186}\text{Re}/^{188}\text{Re}$ in liposomes with high efficiency, good stability and convenience was used in the present studies [14]. Biodistribution and therapy studies have been reported with ^{186}Re -neutral liposomes in normal rats [14] and in tumor bearing rats [15,16], respectively. Although labeling of Doxil with $^{99\text{m}}\text{Tc}$ and ^{111}In -oxine has been reported [23, 33], the labeling method used in this paper could directly load therapeutic $^{186}\text{Re}/^{188}\text{Re}$ into Doxil without pre-labeling modification of the liposomes.

In this study, the feasibility and characterization of Doxil labeled with ^{186}Re was determined for future tumor chemo-radionuclide therapy studies. According to the method reported by Bao et al. [14,23], Doxil was labeled using ^{186}Re -BMEDA complex. The ^{186}Re -BMEDA complex was entrapped in Doxil by the ammonium sulfate gradient. Control PEG-liposomes with a similar lipid composition and concentration, ammonium sulfate (pH) gradient and particle size as Doxil was prepared (Table 1) and labeled using ^{186}Re -BMEDA complex. High labeling efficiencies were achieved for ^{186}Re -Doxil ($76.1 \pm 8.3\%$) and ^{186}Re -PEG-liposomes ($77.1 \pm 8.4\%$). The in vitro serum stability of ^{186}Re -Doxil was also investigated (Fig. 1). There was almost 40% of ^{186}Re activity associated with Doxil at 24 h. The high stability maintained up to 24 h allows for sufficient accumulation of ^{186}Re -Doxil in the tumor. Leakage of the contents of ^{186}Re -Doxil after 24 h helps release doxorubicin from the liposomes accumulated in the tumor, thus potentially leading to therapeutic effects from both doxorubicin and ^{186}Re in the tumor.

The in vitro stability achieved with ^{186}Re -Doxil and ^{186}Re -PEG-liposomes is different from those reported for ^{186}Re -neutral liposomes [14]. This could be potentially due to difference in liposome formulation between Doxil and neutral liposomes. Since Doxil has a lower amount of cholesterol ^{186}Re could be released earlier from Doxil/PEG-liposomes. Also, ^{186}Re is loaded into an ammonium sulfate gradient occupied by doxorubicin in Doxil and hence has less

gradient available for radiolabeling. Another reason could be that higher initial amounts of ^{186}Re -activity per mg of phospholipid were used for this study compared with previous neutral liposome study. Finally, ^{186}Re radioactivity also includes stable ^{185}Re nuclide, which can lead to technical challenges in labeling efficiency and stability compared with the labeling of Doxil using carrier-free $^{99\text{m}}\text{Tc}$ or ^{188}Re based on the same BMEDA chemistry. The current studies have shown that the high labeling efficiency was not influenced by ^{185}Re carrier; however, the in vitro stability decreased compared with previous reports using carrier-free ^{188}Re activity [17-19].

Although similar in vitro stabilities were observed for ^{186}Re -Doxil and ^{186}Re -PEG-liposomes, the in vivo behavior of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes had a profound difference in blood clearance. Pharmacokinetic studies of ^{186}Re -Doxil showed prolonged blood retention of ^{186}Re -activity with 83.17% of the injected ^{186}Re -Doxil having a clearance time of 28.12 h. The half-clearance time of ^{186}Re -Doxil is similar to that of 20-30 h for Doxil itself as reported previously, which suggests an excellent in vivo stability of ^{186}Re -Doxil [2]. In contrast, ^{186}Re -PEG-liposomes had a rapid clearance from blood and accumulation into the liver. As the tumors in this study were large (1.5 cm^3), they were characterized by hypovascular areas and increased interstitial pressure which interfere with the passive targeting and hence decreased liposome uptake [34]. The slow clearance rate allowed for the higher bioavailability of ^{186}Re -Doxil and thus increased passive targeting of ^{186}Re -Doxil to tumors. Control PEG-liposomes were prepared with DSPC which has been shown to have a longer circulation time in mice [35]. In spite of similar lipid composition, ammonium sulfate gradient, and diameter as Doxil, ^{186}Re -PEG-liposomes had a very rapid clearance from the blood (Fig. 3). It has been reported that for liposomes of about 100 nm, 9.6 mol% of DPSE-PEG 2000 is required to achieve optimal blood circulation and reduced uptake in liver and spleen [36]. Our control PEG liposomes had only 5 mol% of DSPE-PEG 2000 and this could be one reason for its faster clearance. The presence of doxorubicin in a crystallized form in Doxil probably renders the liposomes more rigid and stable and hence the 5 mol% of DSPE-PEG 2000 is likely enough to make it invisible to the reticuloendothelial system (RES) of liver and spleen. Further studies are required with PEG-liposomes prepared with increased mol% of DSPE-PEG 2000 or substitution with DSPE-PEG 5000 [37] to match the circulation time of Doxil to determine the pharmacokinetics and accumulation in tumor for potential therapy.

Molecular imaging has been increasingly applied for drug development in preclinical and clinical studies [38] by allowing for the non-invasive assessment of drug efficacy, pharmacokinetics and distribution in the body. ^{186}Re is a therapeutic radionuclide with a 10% γ -emission at 137 keV which allows for the diagnostic imaging and therapy with ^{186}Re -Doxil. In this study, imaging of ^{186}Re -Doxil using planar scintigraphy at various time points and microSPECT/CT at 20 h after iv administration depicted non-invasively the slow blood clearance and low accumulation in the liver. In addition, ^{186}Re -Doxil also accumulated in the intestine and surrounding tissues, which is visible from 4 h after administration and the accumulation is stable up to 120 h. Activity in kidney was seen by 46 h for ^{186}Re -Doxil and ^{186}Re -PEG liposomes which suggests that some of the ^{186}Re -BMEDA released from the metabolized liposomes excreted through the kidney. Higher accumulation was seen in the tumor for ^{186}Re -Doxil in comparison to ^{186}Re -PEG-liposomes. The %ID/g in blood, tumor, liver, spleen, kidney and bowel were determined from planar scintigraphic images for ^{186}Re -Doxil and ^{186}Re -PEG-liposomes. Comparison of %ID/g obtained for the above organs from imaging and biodistribution at 120 h for ^{186}Re -Doxil and ^{186}Re -PEG-liposomes showed that the values were similar to each other. Thus %ID/g obtained at the other time points (4, 20, 46, 70, and 96 h) from imaging would reflect the trend in the accumulation of radioactivity in the organs after administration and hence imaging can be used as a tool for real-time assessment of tumor targeting, distribution, and pharmacokinetics of radiolabeled therapeutic liposomes.

Previous biodistribution studies of ^{186}Re -neutral liposomes showed high radioactivity in spleen, liver and kidney at 72 h [14]. The high level of RES organ uptake with the liposomes is a limitation of liposomal radionuclide therapy as high radiation absorbed dose could be delivered to these organs. In this study, biodistribution at 120 h for ^{186}Re -Doxil showed high %ID/g in spleen and kidney (Table 2). On the basis of results from biodistribution and imaging, kidney would receive a high radiation absorbed dose from ^{186}Re -BMEDA released from the metabolized liposomes and excreted through the kidneys. Thus, kidney would be the dose limiting organ of ^{186}Re -Doxil chemo-radionuclide therapy. The dose may be reduced by using peptides to help remove ^{186}Re activity from the kidney [39,40].

Active targeting and improved therapeutic efficacy of tumor could be achieved by conjugation of Doxil to a ligand, peptide or antibodies for immunoliposome drug delivery [41]. Active targeting could also improve the distribution and retention of ^{186}Re -Doxil in the tumor. The comparison of ^{186}Re -Doxil H&E and autoradiography images (Fig. 6) showed higher accumulation of radioactivity in the tumor periphery likely a reflection of increased blood supply. Use of antibodies to target ^{186}Re -Doxil to tumor could help achieve homogeneous distribution and retention due to internalization of the targeted Doxil [42]. Preclinical and clinical studies in breast cancer over-expressing HER2 showed that HER2 scFv-targeted liposomal doxorubicin increased the bioavailability and concentration of doxorubicin in tumors which was associated with improved tumor control [41,43]. By using antibodies to actively target ^{186}Re -Doxil, the radiation absorbed dose to the tumor could result in increased DNA damage due to internalization and improved tumor accumulation.

Systemic radionuclide therapy has been effective for hematologic malignancies but less effective for solid tumors [44]. The low tumor-to-normal tissue radioactivity ratio could be improved by the use of liposomes as delivery vehicles. In this study, we showed that a commercial liposome formulation Doxil could be radiolabeled with ^{186}Re for chemo-radionuclide therapy studies. The use of therapeutic radionuclide ^{186}Re allowed for the simultaneous imaging of distribution of ^{186}Re -Doxil and therapy of tumor. The experimental results from the pharmacokinetic study revealed a slow clearance rate of ^{186}Re -Doxil from blood which allowed for higher passive targeting to tumor. The biodistribution study at 120 h showed a 20-fold increased %ID in blood and tumor for ^{186}Re -Doxil in comparison to ^{186}Re -PEG-liposomes. These findings suggest that the increased passive targeting and concentration of ^{186}Re -Doxil in tumor could result in the achievement of a better therapeutic effect than doxorubicin and ^{186}Re delivered individually in liposomes. Further studies are required to evaluate the therapeutic efficacy and toxicity of iv administered ^{186}Re -Doxil in tumor bearing rats.

Conclusions

Our studies revealed that high labeling efficiency of ^{186}Re -Doxil was achieved. ^{186}Re -Doxil was reasonably stable in 50% FBS and had a long half-clearance time in the body similar to unlabeled Doxil. The results also demonstrated the importance of prolonged circulation time in order to achieve improved EPR-based accumulation in tumor. The biodistribution, pharmacokinetics and imaging studies of ^{186}Re -Doxil in a HNSCC rat xenograft model demonstrated good bioavailability, tumor targeting and localization. Thus ^{186}Re -Doxil may be used for effective chemo-radionuclide therapy with doxorubicin and ^{186}Re being delivered simultaneously in the same liposome. The therapeutic efficacy of ^{186}Re -Doxil will be evaluated in the HNSCC tumor xenograft model in our future investigations.

Acknowledgments

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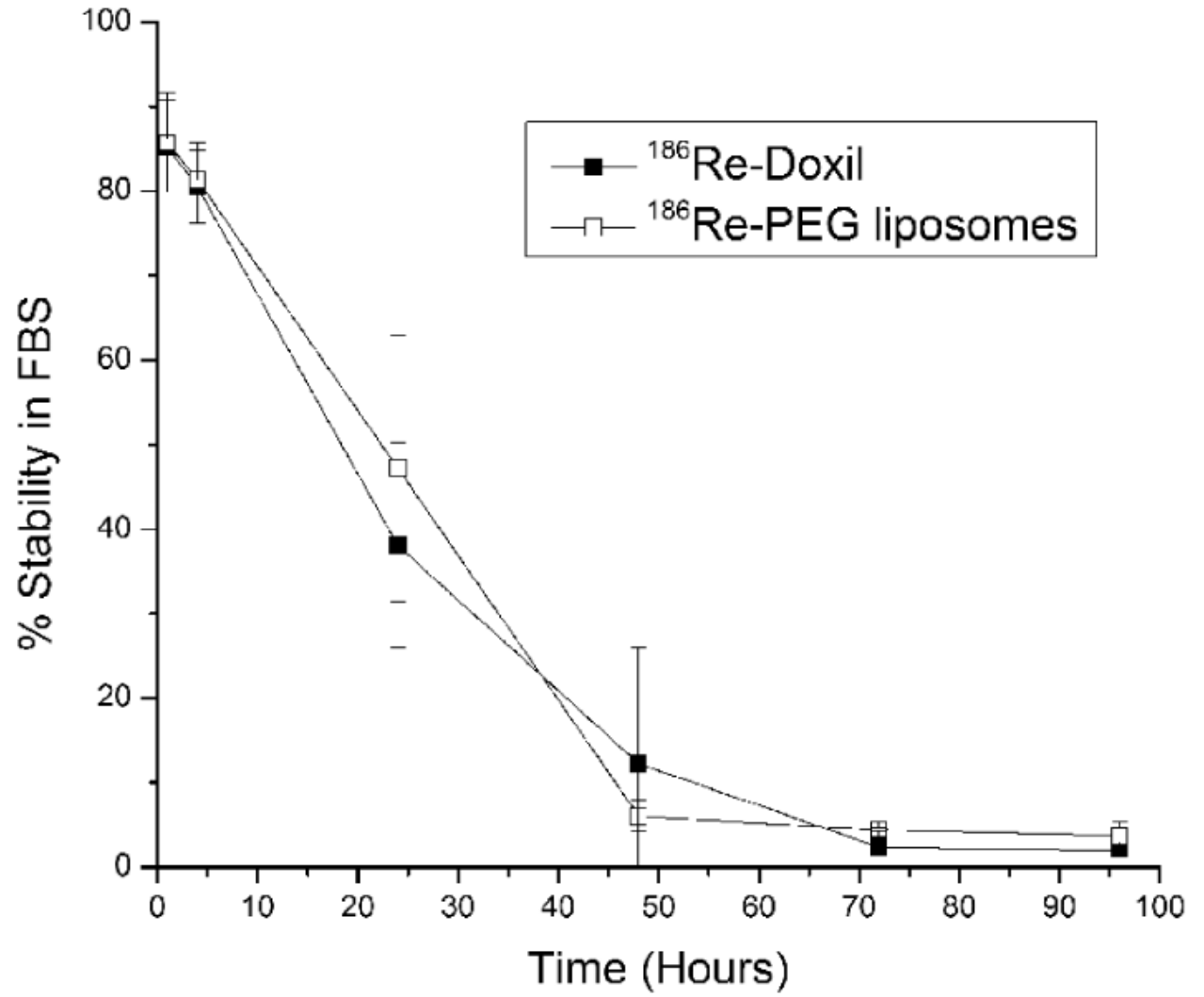
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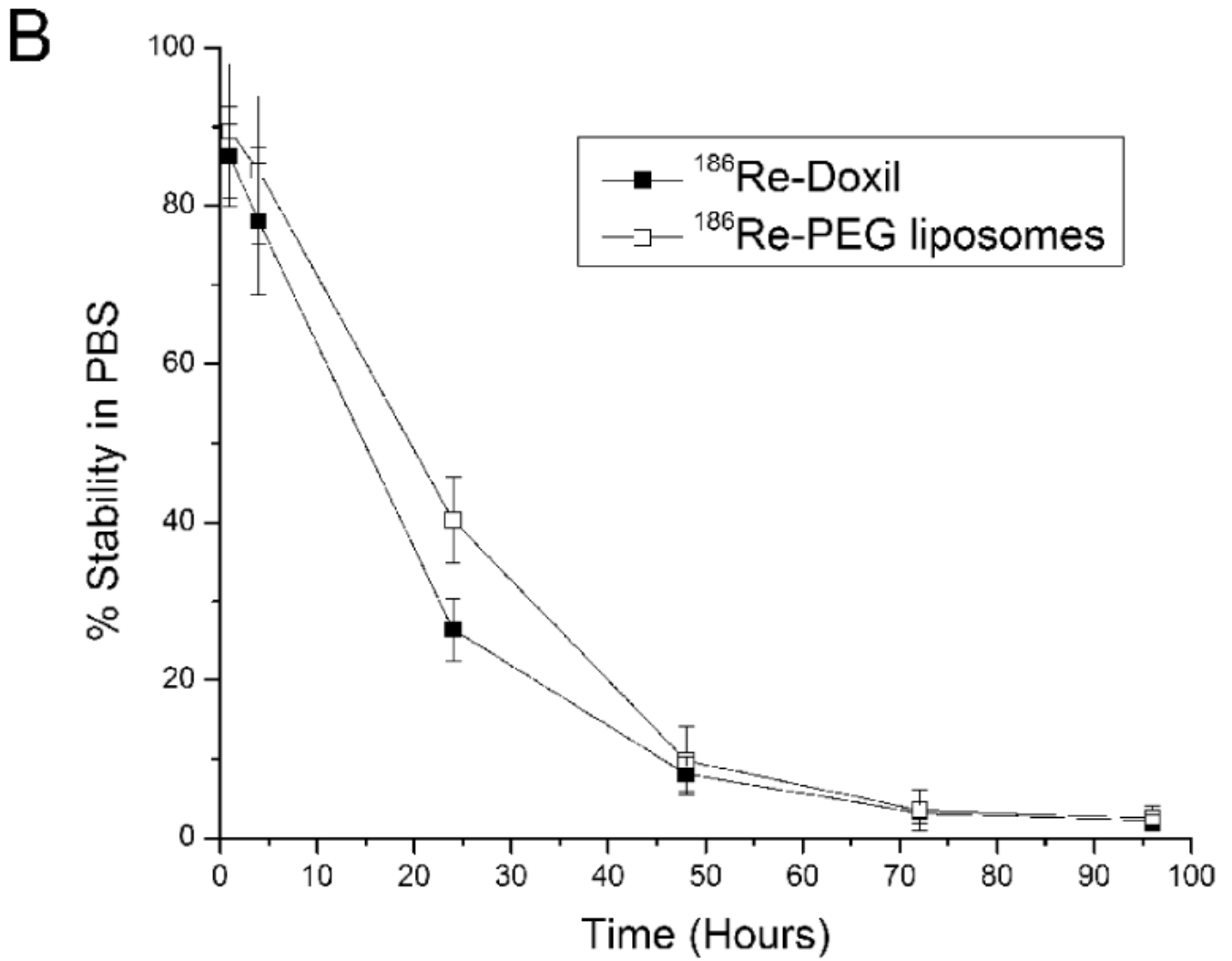


Figure 1. In vitro stability of $^{186}\text{Re-Doxil}$ and $^{186}\text{Re-PEG liposomes}$ at different times after incubation in FBS at 37°C (A) or in PBS, pH 7.4 at 25°C (B) (mean \pm SD, $n=3$).

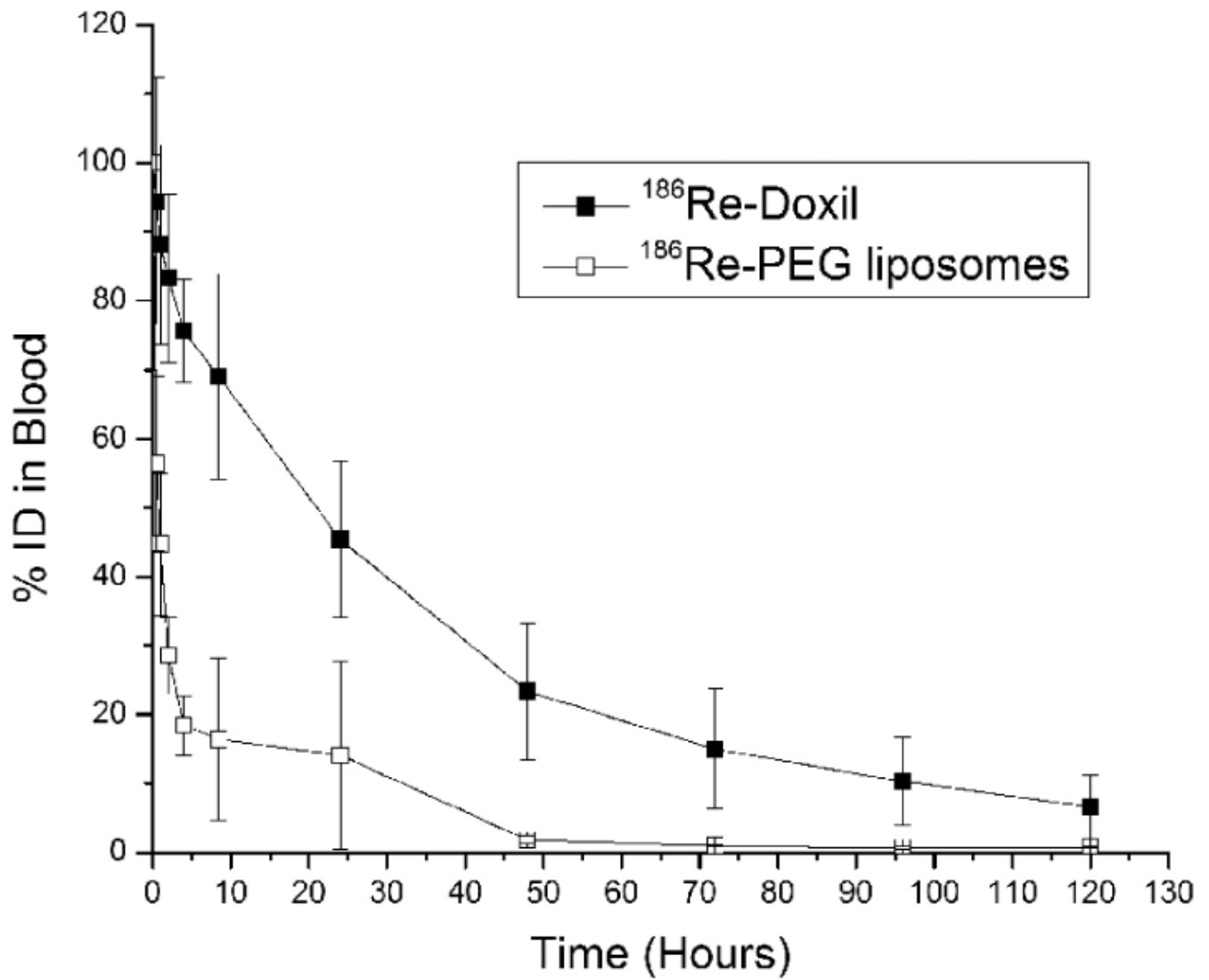


Figure 2. Blood clearance curves of ^{186}Re -Doxil and ^{186}Re -PEG-liposomes after iv administration in HNSCC tumor bearing rats. Data represented as mean %ID \pm SD. (n=7 at each time point for each group).

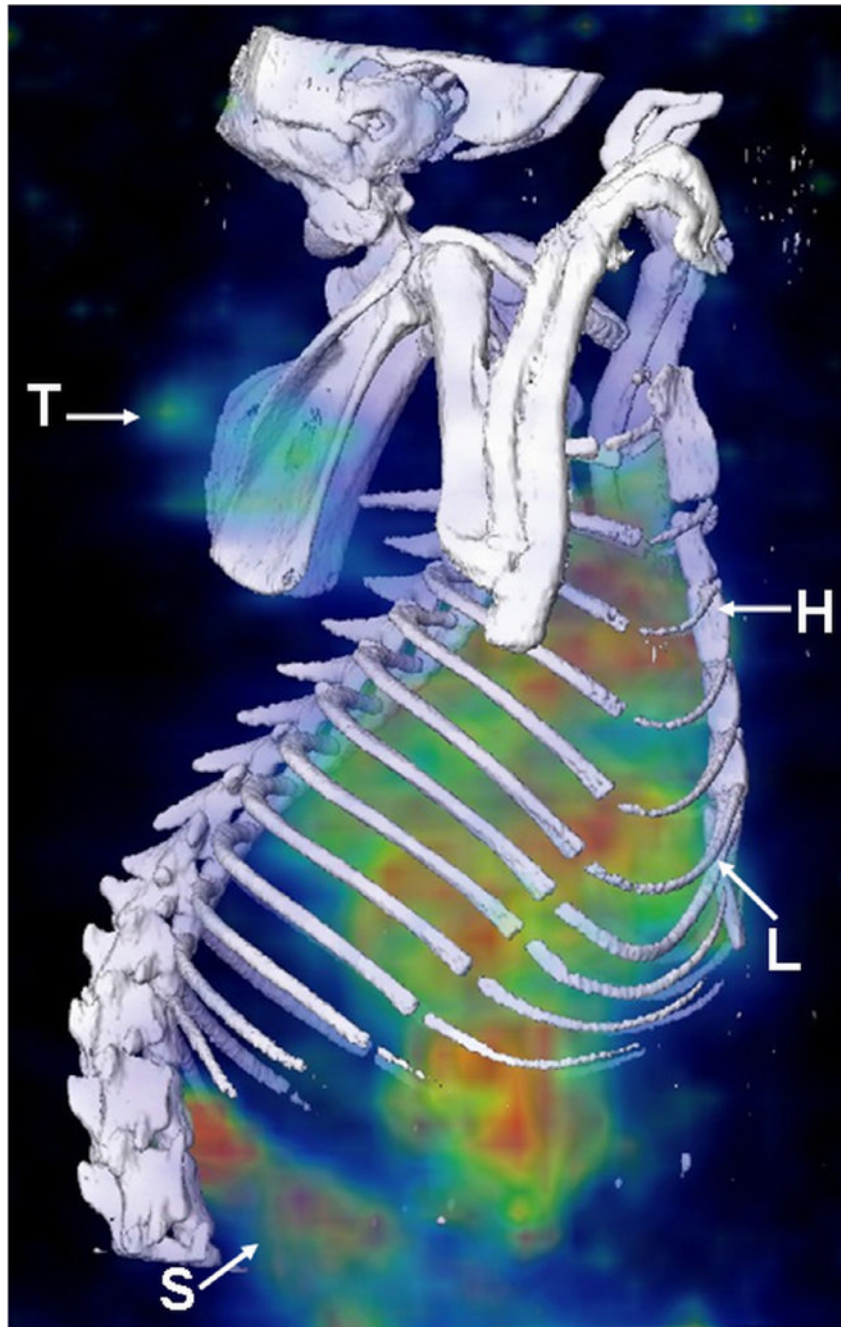


Figure 3. MicroSPECT/CT images acquired at 20 h post administration of ^{186}Re -Doxil using MPH collimator. Three dimensional (3D) volume rendered SPECT image of ^{186}Re -Doxil overlaid with CT isosurface displayed in bone window shows the accumulation in Tumor (T), liver (L), spleen (S) and circulation through heart (H).

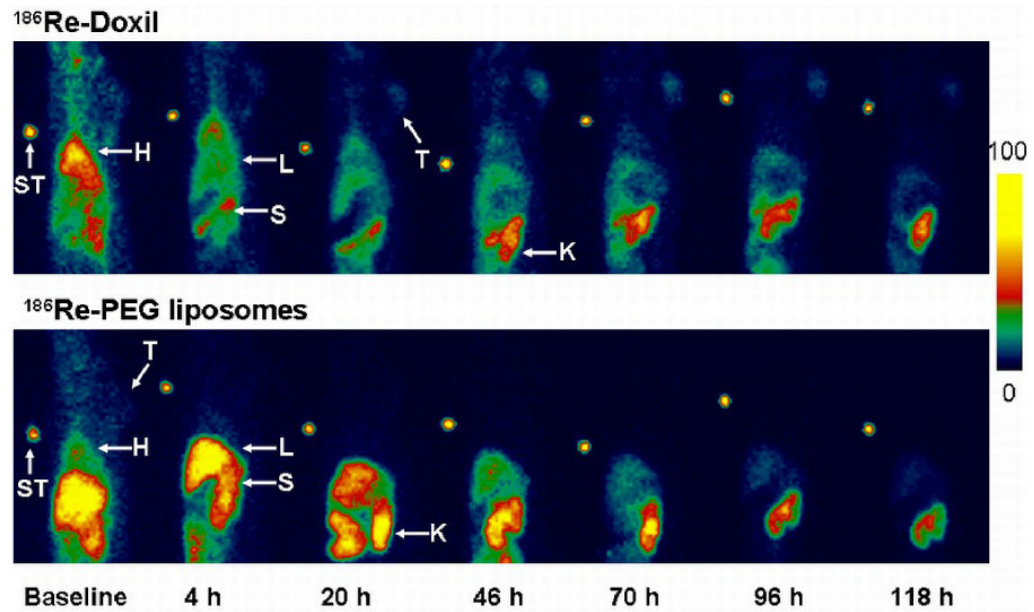


Figure 4. Lateral planar scintigraphic images depicting the distribution of $^{186}\text{Re-Doxil}$ (upper panel) and $^{186}\text{Re-PEG-liposomes}$ (lower panel) at various time points after injection. The slow clearance of $^{186}\text{Re-Doxil}$, low accumulation in liver and high accumulation in tumor is seen. (H-Heart, L-Liver, S-Spleen, K-Kidney, T-Tumor, STD-Standard).

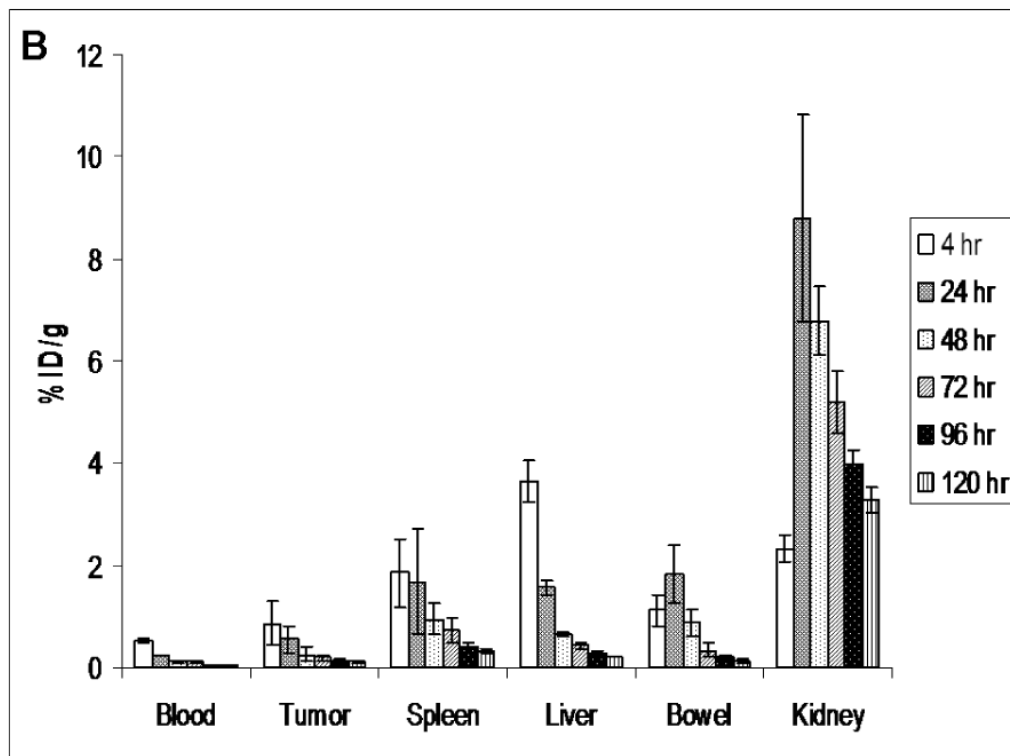
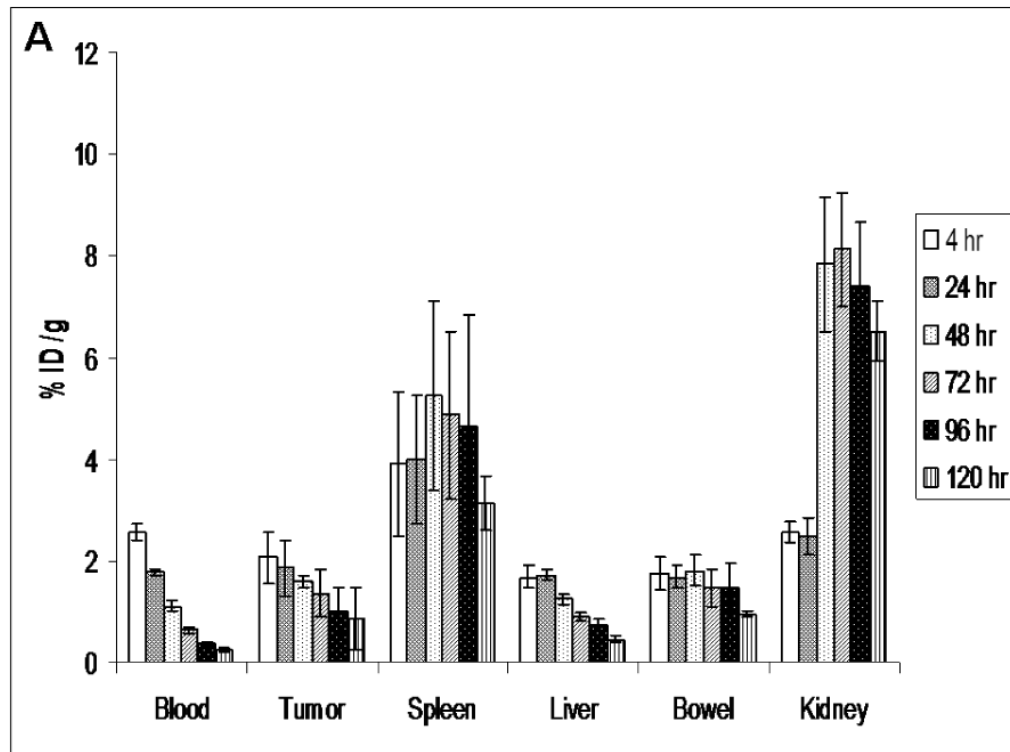


Figure 5. The distribution of ¹⁸⁶Re-Doxil (A) and ¹⁸⁶Re-PEG-liposomes (B) at various time points determined from planar image analysis. The %ID/g in blood, tumor and spleen are significantly

higher for ^{186}Re -Doxil. Data represented as mean \pm SD. (n=4 at each time point and for each group).

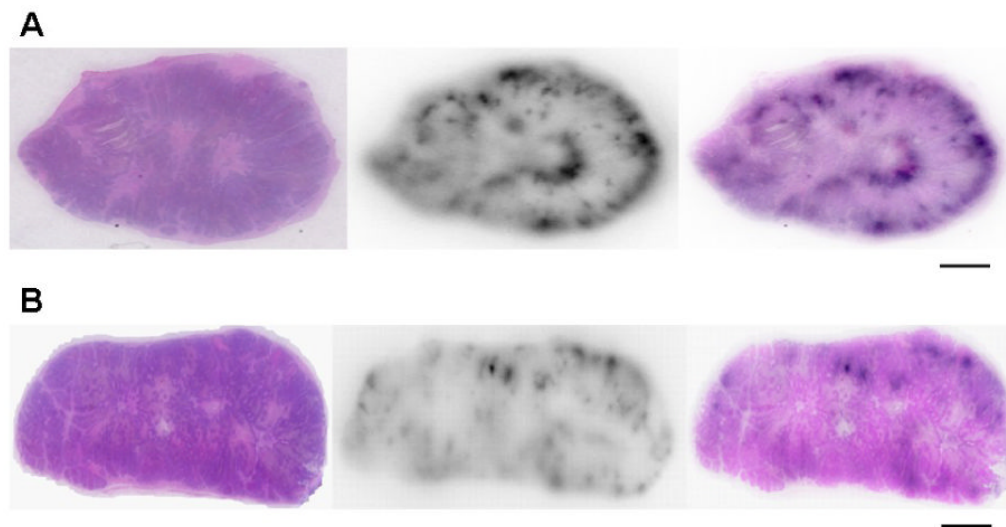


Figure 6. Comparison of H&E stained paraffin sections and autoradiographic images to determine the microdistribution of ^{186}Re in the tumor at 120 h post administration of ^{186}Re -Doxil (A) and ^{186}Re -PEG-liposomes (B). ^{186}Re is in the periphery of both tumor specimens. ^{186}Re -Doxil accumulation was increased in tumor compared to ^{186}Re -PEG-liposomes. (Scale bar: 3 mm).

Table 1
Characteristics of Doxil and control PEG liposomes

	Doxil	PEG liposomes
Diameter	87.3 ± 8.5 nm	91.3 ± 11.8 nm
Phospholipid	9.58 mg/ml	17.47 mg/ml
PEG 2000-DSPE	3.19 mg/ml	4.71 mg/ml
Cholesterol	3.19 mg/ml	4.71 mg/ml
Ammonium Sulfate gradient	250 mM	240 mM
Total lipid	15.96 mg/ml	26.89 mg/ml

Table 2
Biodistribution of ^{186}Re -PEG-liposomes and ^{186}Re -Doxil at 120 h after injection (n=7 in each group).

Organ	%ID per organ (mean \pm SD)		%ID per gram (mean \pm SD)	
	^{186}Re -Doxil	^{186}Re -PEG liposomes	^{186}Re -Doxil	^{186}Re -PEG liposomes
Blood	1.70 \pm 1.20 **	0.09 \pm 0.07	0.14 \pm 0.09	0.01 \pm 0.01
Tumor	0.36 \pm 0.33 *	0.02 \pm 0.01	0.37 \pm 0.17	0.02 \pm 0.01
Skin	2.70 \pm 1.85 *	0.34 \pm 0.22	0.1 \pm 0.06	0.01 \pm 0.01
Bladder	0.06 \pm 0.04	0.03 \pm 0.03	0.21 \pm 0.13	0.03 \pm 0.04
Stomach	1.30 \pm 0.68 ***	0.11 \pm 0.09	0.16 \pm 0.09	0.02 \pm 0.01
Intestines	0.99 \pm 0.27 ***	0.13 \pm 0.07	0.20 \pm 0.08	0.02 \pm 0.01
Kidney	4.24 \pm 1.73	4.90 \pm 2.33	5.29 \pm 2.06	5.51 \pm 2.71
Spleen	0.83 \pm 0.33 ***	0.16 \pm 0.1	5.27 \pm 3.39	0.55 \pm 0.27
Liver	4.74 \pm 0.52	3.77 \pm 1.61	0.56 \pm 0.10	0.37 \pm 0.14
Lung	0.14 \pm 0.05 ***	0.03 \pm 0.02	0.13 \pm 0.03	0.03 \pm 0.02
Heart	0.03 \pm 0.02 **	0.01 \pm 0.01	0.05 \pm 0.03	0.01 \pm 0.01
Testis	0.03 \pm 0.02 **	0.01 \pm 0.01	0.02 \pm 0.01	0.01 \pm 0.004
Bone	1.84 \pm 1.08 **	0.20 \pm 0.11	0.09 \pm 0.05	0.01 \pm 0.005
Muscle	1.11 \pm 0.95 *	0.26 \pm 0.19	0.01 \pm 0.01	0.003 \pm 0.002
Brain	0.01 \pm 0.01	0.003 \pm 0.002	0.006 \pm 0.004	0.002 \pm 0.001
Urine	11.51 \pm 2.19	11.93 \pm 1.96	3.14 \pm 0.75	1.60 \pm 0.18
Feces	14.80 \pm 0.43 ***	20.75 \pm 0.35	11.27 \pm 3.71	6.52 \pm 0.26

Compared with ^{186}Re -PEG liposomes uptake in the same organ;

* p<0.05,

** p<0.01,

*** p<0.001.