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Transcriptional Regulation of Th17 Cell Differentiation

Ivaylo I. Ivanov^a, Liang Zhou^a, and Dan R. Littman^{a,b,*}

^aThe Kimmel Center for Biology and Medicine at the Skirball Institute of Biomolecular Medicine, New York University School of Medicine

^bHoward Hughes Medical Institute, New York, NY 10016

Abstract

The paradigm of effector T helper cell differentiation into either Th1 or Th2 lineages has been profoundly shaken by the discovery of T cells that secrete IL-17 and other inflammatory cytokines. This subset, referred to as Th17, is centrally involved in autoimmune disease and is important in host defense at mucosal surfaces. In mouse, a series of cytokines, including IL-6, IL-21, IL-23, and TGF- β , function sequentially or synergistically to induce the Th17 lineage. Other cytokines, including IL-2, IL-4, IFN γ , and IL-27, inhibit differentiation of this lineage. Here we review how the nuclear orphan receptor ROR γ t functions to coordinate the diverse cytokine-induced signals and thus control Th17 cell differentiation.

Keywords

Th17; IL-17; ROR γ t; mucosal immunity; regulatory T cells

1. Introduction

T helper (Th) cells with diverse effector functions differentiate from naïve CD4⁺ T cells upon stimulation by antigen in the presence of different cytokines produced by cells of the innate immune system. Until recently, two major cell subsets, Th1 and Th2, were known to provide effector responses to intracellular and extracellular pathogens, respectively, through the production of specific cytokines. Th1 cells produce interferon- γ (IFN γ) and lymphotoxin- α (LT α) while Th2 cells produce interleukin-4 (IL-4), IL-5, IL-13, and other cytokines [1]. Th1 cells, which require IL-12 for their differentiation, had been thought to mediate a series of autoimmune conditions. However, recent studies have clearly shown that T helper lymphocytes that require the IL-12 family member IL-23 to differentiate and secrete pro-inflammatory cytokines, rather than Th1 cells, are major mediators of inflammatory responses in most of these “Th1” autoimmune diseases [2–6]. These cells produce IL-17, IL-17F, IL-21, and IL-22, and are now recognized as belonging to a distinct effector cell subset, the Th17 cells [7]. Our understanding of the normal functions of Th17 cells remains sketchy, although it is thought that they have key roles in providing immunity to various bacteria and fungi, particularly at mucosal surfaces.

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*Correspondence: Dan R. Littman, Skirball Institute of Biomolecular Medicine, New York University School of Medicine, 540 First Avenue, New York, NY 10016, Phone: 212-263-7579, FAX: 212-263-1498, Email: E-mail: littman@saturn.med.nyu.edu .

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In this review, we discuss our current understanding of the regulation of Th17 cell differentiation, with a focus on the cytokine and transcription factor requirements both *in vivo* and *in vitro*. We also describe the distribution and potential functions of Th17 cells at sites within the body that are in contact with commensal microorganisms, and focus on the relationship between Foxp3⁺ regulatory T cells and Th17 cells in such tissues.

2. Th17-inducing cytokine environment

Although the cytokine IL-17 had been known for some time to have potent proinflammatory activity [8], appreciation of its role in inflammatory T cell-mediated autoimmune diseases has come only recently. The key finding in this field was the observation that mice deficient for the p19 subunit of IL-23, a cytokine that shares its other subunit (p40) with IL-12, are resistant to induction of experimental autoimmune encephalomyelitis (EAE) due to lack of IL-17-producing T cells [2,3]. Other studies have shown that IL-23 and, by extension, Th17 cells, are required for induction of a variety of autoimmune diseases in mice, and also for the ability of mice to clear bacterial infections of the intestine and the airways [4–6].

Search for cytokines that stimulate *de novo* Th17 cell differentiation has been a major focus in the field. Although *in vivo* studies indicated a key role for IL-23 in Th17 cell induction, IL-23 was shown to be dispensable for *in vitro* Th17 cell differentiation. Instead, IL-6 and TGF- β were found sufficient for the induction of IL-17 and IL-17F expression in TCR-activated naïve CD4⁺ T cells [9–11]. Previous studies had shown that IL-23 contributes to Th17 cell differentiation in bulk cultures that contained activated dendritic cells (DCs) that, presumably, served as a source of the other cytokines. IL-23 was therefore proposed to function in the expansion or survival of committed Th17 cells.

Studies with diverse strains of mutant mice have confirmed that IL-6, TGF- β , and IL-23 have essential roles in the differentiation of Th17 cells. In IL-6-deficient mice, Th17 cells were substantially reduced in the small intestinal lamina propria (LP), a tissue in which they are normally particularly abundant among T cells [12] (see below). In mice that express a dominant negative form of the TGF- β receptor, induction of EAE was abrogated, consistent with a defect in the differentiation of Th17 cells [13]. Finally, in IL-23 p19-deficient mice, EAE induction was abrogated and the mice became susceptible to intestinal infection with *Citrobacter rodentium* [11]; this was observed despite early induction of Th17 cells after infection, as may be expected if IL-23 is not essential in the early phase of Th17 cell differentiation.

3. ROR γ t: a master regulator of the Th17 cell lineage?

Two independent approaches led to the identification of the retinoic acid-related orphan receptor (ROR) γ t as the key transcription factor in the differentiation program of Th17 cells. Genome-wide expression profiling of antigen-stimulated splenocytes revealed up-regulation of ROR γ t mRNA in response to IL-23 and, in a mouse strain engineered such that ROR γ t-expressing cells also expressed green fluorescent protein (GFP), most GFP⁺ T cells, and only a few of the GFP⁻ T cells, expressed intracellular IL-17. These experiments thus first established a correlation between the Th17 cell phenotype and expression of ROR γ t. Subsequent experiments, described below, demonstrated that ROR γ t is necessary for differentiation of the Th17 lineage and also sufficient to direct the expression of the hallmark cytokines of this lineage.

ROR γ t belongs to the nuclear hormone receptor superfamily, the largest family of transcription factors in metazoans [14]. Murine ROR γ t is encoded by the *Rorc* gene that is located on chromosome 3. The *Rorc* gene encodes two isoforms, ROR γ and ROR γ t, with distinct transcriptional start sites. ROR γ -specific exons 1 and 2 and ROR γ t-specific exon 1 are spliced to the common exons 3 to 11, resulting in two proteins that differ only at their N-terminal ends

[15–18]. Unlike ROR γ , which is expressed in many tissues such as brain, heart, kidney, liver, lung, and muscle, ROR γ t has been detected exclusively in cells of the lymphoid lineage [19]. ROR γ t is a molecule that was originally discovered to regulate gene expression during the development of T cells in the thymus, of lymphoid tissue inducer cells (LTi) that are required for the formation of secondary lymphoid organs, such as lymph nodes (LNs) and Peyer's patches (PPs), and of LTi-like cells in cryptopatches (CPs) and isolated lymphoid follicles (ILFs) within the adult intestinal LP [20–22]. Absence of ROR γ t resulted in early apoptosis of CD4⁺CD8⁺ thymocytes and their premature entry into S-phase of the cell cycle. Lymph nodes, PPs, ILFs and CPs also failed to develop in ROR γ t-deficient mice [20,21].

The more recently appreciated role of ROR γ t in the differentiation of Th cells became clear only after IL-17 was identified as a lineage-specific T cell cytokine. In mice heterozygous for a knock-in of GFP in place of the ROR γ t open reading frame, the reporter protein was expressed constitutively in about 10% of the CD4⁺ T cells in the small intestinal LP [12]. Most of these cells co-expressed the Th17 cytokines, IL-17, IL-17F, and IL-22. In contrast, IL-17 was detected in only a very small fraction of the GFP-cells from the LP. In mice deficient for ROR γ t, the number of Th17 cells in the LP was markedly reduced. Similarly, under Th17 polarizing conditions *in vitro*, IL-17 expression was greatly decreased if the CD4⁺ T cells lacked ROR γ t. Forced expression of ROR γ t in naïve CD4⁺ T cells was sufficient to induce IL-17, IL-17F and IL-22. It is notable that in the absence of ROR γ t there were residual IL-17⁺ cells both in the LP and after *in vitro* polarization. However, the numbers were reduced at least 10-fold *in vivo* and 50 fold *in vitro* compared to wild-type cells [12]. Expression of IL-17F, however, was decreased only about 2-fold *in vitro* in ROR γ t-deficient cells, suggesting that IL-17F expression is less dependent on ROR γ t than IL-17 expression (LZ and DRL, unpublished). These data collectively demonstrate that ROR γ t is necessary for differentiation of the Th17 lineage and also sufficient for specifying at least part of the lineage program. There is only a partial overlap between genes regulated upon forced expression of ROR γ t and those regulated following cytokine-induced polarization to the Th17 lineage (LZ, III, and DRL, unpublished). Thus, ROR γ t is unlikely to serve as a “master regulator” that fully directs the functional differentiation of the Th17 lineage. Other transcription factors that are required for differentiation of the Th17 lineage, as described below, may also contribute to expression of genes that are not regulated by ROR γ t alone.

The genes that are directly regulated by ROR γ t have not yet been identified, although conserved ROR responsive elements (ROREs), with the consensus core motif AGGTCA preceded by an A/T-rich sequence [23], have been identified at the IL-17 promoter [12]. Chromatin immunoprecipitation studies will be required to determine whether *Il17* and other genes expressed or repressed in the Th17 lineage are direct targets of ROR γ t.

4. Sequential cytokine function in Th17 cell differentiation: Roles of IL-21 and IL-23

Recent studies have begun to shed some light on why IL-23 is required *in vivo*, but not *in vitro*, for Th17 cell differentiation. The function of IL-23 appears to be dependent, at least in part, on another cytokine, IL-21, that is mainly produced by activated CD4⁺ T cells and activates, through a receptor that contains the common γ chain (γ_c), the STAT1/STAT3 pathway [24,25]. The mRNA for IL-21 was identified as one of the most highly induced transcripts in expression profile analyses of TCR-stimulated naïve CD4⁺ T cells stimulated with IL-6 or transduced with a retrovirus expressing ROR γ t [26,27]. IL-21 further induced its own expression in an autocrine manner. The combination of IL-21 and TGF- β directed the differentiation of TCR-stimulated naïve CD4⁺ T cells into the Th17 lineage independently of IL-6 [26–28].

The IL-23 receptor (IL-23R), which forms dimers with the IL-12R β 1 subunit shared by IL-12 and IL-23, is expressed in LP T cells only if IL-6 is present [12]. Like IL-21, IL-23R mRNA is induced after treatment of TCR-activated T cells with IL-6 or IL-21 and is also upregulated by forced expression of ROR γ t [26,29]. IL-23R expression was abrogated in IL-21R-deficient cells, suggesting that IL-21 is required as an intermediate in IL-6-mediated induction of IL-23R. Accordingly, IL-23R expression was also much lower in ROR γ t-deficient cells. We demonstrated that, once IL-23R is expressed in T cells, IL-23 can bind to its receptor and thus bypass the requirement for IL-6 to induce IL-17 in the presence of TGF- β [26]. Thus, IL-6 initiates the program that conditions the activated naïve T cell to become receptive to additional cytokine signals required for differentiation towards the Th17 cell lineage (Figure 1). It induces IL-21, which acts in a positive feedback loop to induce more IL-21 expression. This process appears to be independent of ROR γ t, but requires activation of STAT3 by both the IL-6 and IL-21 receptors. IL-21, in turn, activates expression of IL-23R, a process that is dependent on both STAT3 and ROR γ t. IL-23, like IL-21 and IL-6, can then synergize with TGF- β -initiated signals to induce transcription of IL-17 and the other Th17 lineage cytokines.

Th17 cell differentiation, similar to that of Th1 and Th2 cells, is therefore facilitated by several positive feedback loops (Figure 1): (1) The IL-21 loop. IL-21 induces its own gene transcription in a STAT3-dependent manner [26]. IL-21 signaling also up-regulates ROR γ t expression, which in turn induces more IL-21 and thus contributes to the positive autocrine loop. It is noteworthy, however, that although ROR γ t is required for IL-23R transcription, it is not necessary for IL-6/IL-21-induced IL-21 expression. (2) The IL-23R loop. Similar to the IL-21 loop, IL-23/IL-23R signaling induces ROR γ t, which further up-regulates IL-23R expression.

We have additionally observed that TGF- β has a profound influence on IL-23R expression in a concentration-dependent manner (LZ et al. submitted). Low concentrations of TGF- β (picogram range) synergize with IL-6 and IL-21 to enhance expression of IL-23R mRNA and IL-17 expression, but high concentrations inhibit IL-23R expression through a mechanism that appears to be mediated by the transcription factor Foxp3 (see below). High levels of active TGF- β thus appear to favor differentiation of Treg cells rather than Th17 cells, but it is not yet known whether such rules apply *in vivo*. When T cells encounter antigen in an environment with concentrations of IL-6 and TGF- β that favor Th17 cell differentiation, IL-23 produced by DCs activated by distinct microorganisms, e.g. β -glucan-containing fungi [30], would then be able to further enhance and, potentially, stabilize the Th17 cell lineage program.

The studies described above explain why IL-23 was initially found to have little effect on *in vitro* Th17 cell differentiation [9]. At the concentrations of TGF- β typically used in the *in vitro* culture systems, expression of IL-23R was inhibited, resulting in loss of responsiveness to IL-23. *In vivo*, inflammatory cytokines (IL-6/IL-21) are sufficient to induce Th17 cell differentiation, but IL-23/IL-23R signaling appears to be required to maintain or expand these cells and thus control infections or mediate autoimmune disease. IL-23 may provide proliferative or survival signals to cells that have already been directed towards the Th17 lineage, but there are no experimental data to firmly support this hypothesis. An alternative, but not mutually exclusive, explanation is that IL-23R signaling leads to permanent epigenetic marks at the IL-17/IL-17F or IL-22 loci, allowing for stable or heritable transcription of Th17 cytokine genes. Therefore, in the absence of IL-23, early transcription of Th17 cytokine genes would become extinguished and the cells would have the ability to differentiate into other effector lineages.

All of the cytokine pathways involved in Th17 cell differentiation result in up-regulation of ROR γ t expression. The IL-6/IL-21/IL-23 signaling pathways additionally activate STAT3, which binds directly to the IL-17 and IL-21 promoters [31,32]. When cells were transduced with both ROR γ t and an active form of STAT3 (STAT3C), there were more IL-17⁺ cells and

a higher level of IL-17 expression per cell, consistent with cooperation of ROR γ t and STAT3 at transcriptional target sites [26]. A better understanding of the transcriptional regulation in the Th17 cell program awaits chromatin immunoprecipitation studies with these transcription factors.

Chromatin regulation represents an important mechanism of T helper cell differentiation. Active transcription requires an “open” chromatin conformation, allowing subsequent binding of transcriptional activators and recruitment of general transcriptional machinery to critical DNA elements. Until now, the Th1 (IFN γ) and Th2 (IL-4/IL-5/IL-13/Rad50) cytokine gene loci have been the model systems for studying chromatin regulation during T cell differentiation upon external stimulation [33–35]. Both gene promoters and conserved noncoding sequences (CNS) undergo extensive chromatin remodeling and epigenetic changes mediated by covalent histone modification when naive T cells differentiate into Th1 or Th2 cells. These epigenetic changes provide a mechanism whereby cytokine gene transcription is stabilized in a polarized cell lineage. There may be additional trans-chromosomal interactions that mediate activation or repression of cytokine gene loci, perhaps by recruitment of these loci to “transcription factories” [35]. Compared to the substantial knowledge regarding epigenetic modifications and chromosomal interactions at the Th1 and Th2 loci, there is little known about the role of chromatin regulation in Th17 cell differentiation. The genes encoding the signature cytokines of the Th17 lineage (IL-17 and IL-17F) are clustered together on murine chromosome 1, suggesting that they may be co-regulated. In contrast, IL-22, another Th17 cytokine, is encoded on murine chromosome 10. Under Th17-polarizing conditions, histone H3 at the promoter regions of both IL-17 and IL-17F genes becomes hyperacetylated and tri-methylated at Lysine 4. Furthermore, several computationally identified CNS elements in the IL-17-IL-17F locus in polarized Th17 cells become hyperacetylated in histone H3 [36]. These data suggest that chromatin regulation may play an important role in Th17 lineage differentiation. A better understanding of chromatin contribution will require a detailed analysis of the cytokine loci, such as using DNase I hypersensitivity and restriction enzyme accessibility assays.

5. Cytokine-mediated inhibition of the Th17 cell differentiation program

Th17 cells can develop independently of the transcription factors STAT1, T-bet, STAT4 and STAT6, indicating that they represent a distinct T helper cell lineage [37,38]. The Th1 cytokine IFN γ and Th2 cytokines (e.g. IL-4) were the first shown to inhibit the differentiation of the Th17 lineage [39]. Neutralization of IFN γ and IL-4 increased IL-17 expression in cell culture systems. Mice lacking T-bet, a T-box transcription factor required for Th1 cell differentiation and IFN γ production, showed enhanced development of Th17 cells *in vitro*, suggesting that T-bet may actively suppress IL-17 expression [38,40–43]. Indeed, we observed that forced expression of T-bet in naïve CD4⁺ T cells prevented IL-17 expression in Th17 polarizing conditions (LZ and DRL, unpublished). T cells isolated from mice overexpressing c-Maf, a Th2 transcription factor important for IL-4 transcription, produce much less IL-17 [38]. Recently, IL-25 (IL-17E), a member of the IL-17 cytokine family, was shown to inhibit IL-17 expression through promoting Th2 differentiation [44,45]. Once again, these reports suggest a cross-regulation in Th1, Th2 and Th17 cell development. However, precise mechanisms by which Th1 and Th2 transcription factors inhibit IL-17 transcription remain to be determined. Moreover, *in vivo*, many effector cells produce cytokines associated with different lineages. Thus, many of the T helper cells in the central nervous system of mice with experimental autoimmune encephalomyelitis express both IFN γ and IL-17, as do many effector/memory cells in human peripheral blood and human T cells treated *in vitro* with IL-1 β plus IL-6 (see below). These observations suggest that there must be mechanisms that overcome T-bet-mediated inhibition of IL-17 gene expression.

IL-27, a heterodimeric cytokine that belongs to the IL-12 family, was recently shown to have anti-inflammatory activity through its restraint of Th17 cell differentiation [46,47]. IL-27 activates STAT1 and induces T-bet [48,49]. Its suppressive activity was not dependent on either T-bet or IFN γ , but did require STAT1. These results suggest that IL-27 does not suppress Th17 cell development simply by diverting naïve T cells to the Th1 pathway. IL-27 prevented expression of ROR γ t in response to TGF- β plus IL-6, and IL-27 inhibition of the Th17 lineage was relieved by forced expression of ROR γ t (LZ and DRL, unpublished). Thus, one mechanism by which IL-27 inhibits Th17 differentiation is by inhibiting induction of ROR γ t.

Recently, IL-2, a growth factor for most T cells, was shown to inhibit Th17 cell differentiation through a STAT5-mediated pathway [50]. STAT5, which is activated by γ _c-activating cytokines, including IL-2, suppresses IL-17 expression by direct binding to the IL-17 promoter. The addition of IL-2 resulted in a marked reduction in the expression of ROR γ t and enhanced TGF- β -induced Foxp3 expression, suggesting that IL-2 might inhibit Th17 differentiation by influencing the ROR γ t-Foxp3 balance (see below). The positive and negative roles of the diverse cytokines in the differentiation of Th17 cells are summarized in Figure 2.

6. Regulation of Th17 cell differentiation by a balance of ROR γ t and Foxp3

TGF- β alone induces the expression of both Foxp3 and ROR γ t in TCR-stimulated naïve CD4⁺ T cells [26]. Despite its induction of ROR γ t, TGF- β is unable to initiate Th17 differentiation *in vitro* unless pro-inflammatory cytokines, such as IL-6 or IL-21, are also present. This appears to be due to a Foxp3-mediated inhibition of the activity of ROR γ t, resulting in abrogation of IL-17 and IL-23R expression in the absence of the proinflammatory cytokines (LZ et al. submitted). In humans, two alternatively-spliced isoforms of Foxp3 are expressed [51]. Only the full-length isoform, but not that lacking the sequence encoded by exon 2, was found to co-precipitate with ROR γ t and to inhibit its function, suggesting that Foxp3 inhibits ROR γ t-directed IL-17 expression through binding to ROR γ t via the sequence encoded by exon 2. Furthermore, mutations that abolished Foxp3 DNA binding also blunted its ability to inhibit IL-17 expression, suggesting that Foxp3 inhibits expression of ROR γ t targets by directly binding to the transcription factor and by also acting upon the target gene (LZ et al. submitted).

In the presence of proinflammatory cytokines, TGF- β -induced Foxp3 expression is greatly reduced and the ROR γ t level is further up-regulated, thereby favoring Th17 cell differentiation [10,26] (Figure 3). Intriguingly, when Foxp3 was forcibly expressed in T cells along with ROR γ t, treatment with IL-6 or IL-21 abrogated its inhibition of ROR γ t-directed IL-17 expression (LZ et al. submitted). We hypothesize that IL-6R/IL-21R signaling results either in post-translational modification of ROR γ t or Foxp3 and/or alters the association of these proteins with other molecules in a transcriptional complex. Therefore, both the blunting of the Foxp3 inhibitory function and the down-regulation of Foxp3 expression contribute to the emergence of Th17 cells in the appropriate cytokine milieu (Figure 2 and Figure 3).

7. IRF4: another transcription factor required for Th17 cell differentiation

Most recently, IRF4, a transcription factor previously shown to be important for Th2 cell differentiation, was discovered to also be essential for Th17 cell differentiation [52]. IRF4-deficient mice were protected from EAE and T cells from these animals failed to differentiate into Th17 cells. Furthermore, IRF4-deficient T cells had less ROR γ t expression and more Foxp3 expression, again highlighting the importance of the ROR γ t-Foxp3 balance in Th17 cell development. ROR γ t induction was impaired in IRF4-deficient T cells, but forced expression of ROR γ t could partially restore induction of IL-17. These data appear to place IRF4 upstream of ROR γ t. However, it is likely that a complex transcriptional network, rather than a linear process, governs the Th17 differentiation program. Thus, combinatorial interactions of

multiple transcription factors, including ROR γ t, activated STAT3, IRF4, and other factors yet to be described, regulate the genes that define the Th17 lineage (Figure 2). Decoding this transcriptional network will help in the better understanding of Th17 cell differentiation and function and may provide new strategies for treating autoimmune diseases.

8. In vivo development and function of Th17 cells

In wildtype unimmunized mice kept under SPF conditions, CD4⁺ IL-17-producing Th17 cells are present almost exclusively in the small intestinal LP and other mucosal tissues ([12] and III and DRL unpublished data). This observation suggests that Th17 cells are specialized to handle the unique challenges presented to the immune system in the intestine. The mucosal immune system must maintain tolerance towards the enormous number of resident microbial species and the plethora of food antigens, but must also recognize and react appropriately against the pathogenic organisms that inevitably gain access to the mucosa. It is currently thought that immune responsiveness or unresponsiveness in the intestine involves specific signals transmitted from the intestinal flora in the lumen to T cells and other cells in the LP by way of epithelial cells and the extensive DC network. DC populations in this locale have been shown to produce all of the major cytokines involved in Th17 cell differentiation, including IL-23, TGF- β , and IL-6. Since this specific cytokine environment is very likely generated in response to specific innate immune stimulation from the lumen, Th17 cells are probably induced in the steady state in response to intestinal flora and participate in control of mucosal immunity. It is currently unclear what are the inducing ligands or microorganisms and if these involve both commensal flora and pathogenic bacteria. The LP Th17 cells may be involved in providing immunity against certain classes of pathogenic bacteria and/or in keeping the commensals under control.

The presence of Th17 cells in the LP may also be closely related to the commonality in their cytokine dependence with Tregs. Foxp3⁺ Tregs represent 20% and 40% of the CD4⁺ T cells in the LP in the small and large intestine, respectively (III and DRL, unpublished). This makes the LP the largest tissue “reservoir” of Tregs, which is likely explained by the need for immune suppression and regulation in the gut. As mentioned before, Tregs and Th17 cells share TGF- β as a major cytokine controlling their development. Thus, in the TGF- β -rich environment of the gut, T cells may be particularly inclined to differentiate towards the Treg and Th17 programs. The presence of additional cytokines, such as IL-6, IL-21, and IL-23 may then tip the balance towards Th17 [10,26], but, as discussed above, this would also be governed by the local concentration of TGF- β , which is regulated by its binding as a precursor to the extracellular matrix and by interactions with available cell surface integrins, including $\alpha_v\beta_6$ and $\alpha_v\beta_8$ [53,54]. The concentration of the cytokines may control the relative levels and functions of ROR γ t and Foxp3, which, in turn, would determine the balance between Treg and Th17 cells depending on the nature of the required immune response (Figure 3 and Figure 4).

The balance between inflammatory and regulatory T cells may be regulated by signals received from different populations of DCs in the LP. Several recent studies reported the ability of mesenteric lymph node and LP DCs to specifically induce Treg cell differentiation by the production of retinoic acid (RA) [55–57]. In turn, RA produced by DCs was shown to inhibit Th17 production, albeit not completely [57]. Most recently, another abundant APC population in the intestine, the LP macrophages, were shown to induce Treg cell differentiation in the presence of TGF- β , through the production of IL-10 and RA [58]. This study reported that CD11b⁺, but not CD11b⁻, DCs in the LP preferentially induce Th17 development [58]. CD11b⁻ DCs, in addition, contain most of the CD103⁺ DC population in the gut, which has also been shown to support Treg cell development [56]. Another recent study reported that CD11b plays a role in oral tolerance by suppressing Th17 responses [59]. Although it has not been examined how CD11b deficiency affects the numbers of different APC subpopulations

in the intestine, it does indeed affect the function of these cells [60]. It is therefore becoming clear that specific APC populations in the intestinal LP direct the balance between Treg and Th17 cells (figure 4).

The presence of Th17 cells in the LP in the steady state, as well as the role of LP APCs in this process, support the hypothesis that Th17 differentiation *in vivo* is induced after DC stimulation by specific microorganisms. IL-17, as well as Th17 cells, have been shown to be important in protective immunity against pathogenic bacteria, such as *Klebsiella pneumoniae* and *Citrobacter rodentium*, in the airway and intestine, respectively [11,61]. Th17 responses are induced in specific infections, but the signals involved in recognizing the microbes and inducing appropriate cytokine production by DCs that stimulate Th17 cell differentiation remain unknown. Although TLR ligands were initially shown to promote Th17 differentiation *in vitro* [9], there are to date no studies on TLR involvement *in vivo*. In addition, other pattern recognition receptor pathways may be involved, especially in the case of fungal infections. A breakthrough study recently reported that the alternative pattern-recognition pathway through the C-type lectin receptor dectin-1 induced DC maturation and the production of IL-23 and consequent induction of Th17 cells [30]. The authors proposed that Th17 cells play a major protective role in fungal infection with *Candida* and possibly *Aspergillus sp.* However, a recent study reported that although Th17 cells were induced in both types of fungal infections, neutralization of the IL-23/IL-17 axis actually led to decreased pathology [62]. Thus, much remains to be learned about the protective role of Th17 cells in immunity and the innate immune signals that lead to protective Th17 responses.

9. Th17 cells in human versus mouse

The Th17 cell differentiation pathway is now recognized as having a key role in a variety of human autoimmune diseases. However, our understanding of human Th17 cell differentiation has lagged behind that of its mouse counterpart. Differences in the pathway between mouse and human T cells have been described, but it has been difficult to interpret these, because the human T cells analyzed are generally antigen-experienced cells, whereas most murine studies have relied on naïve T cells. With this caveat in mind, the main difference described has been in the role of TGF- β in Th17 cell differentiation. Thus, in contrast to mouse T cells, TGF- β and IL-6 failed to induce Th17 cell differentiation in TCR-stimulated CD45RA⁺ human T cells. Instead, IL-1 β was found to induce IL-17 production, and this was enhanced when IL-6 was also included [63]. IL-1 β also enhances murine Th17 cell differentiation *in vitro* [9], and, more importantly, was shown to participate in IL-17-mediated disease in mice [64]. However, it cannot induce the differentiation of naïve mouse T cells into Th17 cells in the absence of TGF- β . TGF- β was found to inhibit human Th17 cell differentiation [63]. However, as discussed earlier, the effects of TGF- β even in the mouse depend to a large extent on the context of the cytokine environment in which Th cell differentiation takes place. It is therefore too early to conclude that mouse and human Th17 cell differentiation involve fundamentally different cytokine signaling pathways.

In humans, many T cells produce both IL-17 and IFN γ . These Th17/Th1 cells are induced in almost all instances during Th17 cell differentiation of human T cells *in vitro* and exist in human peripheral blood and gut LP [63,65]. This may reflect the relative dearth of true naïve T cells in the periphery in humans [66]. Indeed, such “double producers” are not observed in mouse *in vitro* cultures of naïve T cells, but are abundant after T cell activation *in vivo* through immunization or during EAE [12]. In addition, stimulation of mouse Th17 cells from the LP *in vitro* yields large numbers of double producers (III and DRL, unpublished), and thus the abundance of Th17/Th1 cells is similar between human and mouse.

Despite potential differences in the cytokine requirements for their differentiation, Th17 cells in the human also specifically express ROR γ t and up-regulate IL-23R [63,65]. In addition, T-bet over-expression as well as IL-12 and high levels of IL-2 inhibit both ROR γ t-expression and IL-17 production in human Th17 cells, as has been described in mice [63]. Thus, the transcriptional program activated during Th17 cell differentiation is likely to be very similar in the two species. All human Th17 cells express the chemokine receptor CCR6, and many also express CCR4 and elevated levels of CCR5 [65,67]. This specific chemokine profile may reflect the differential migratory and homing phenotype of Th17 cells [67]. Whether murine Th17 cells possess a similar surface phenotype remains to be investigated.

10. Conclusions

Th17 cells are now thought to have key roles in a variety of human autoimmune diseases, including psoriasis, rheumatoid arthritis, and Crohn's disease. Polymorphisms in the gene encoding IL-23R have been found in strong association with susceptibility or resistance to Crohn's disease [68], thus providing genetic validation for the Th17 cell differentiation pathway in this disease. Substantial progress has been made in elucidating the cytokine signals and transcription factors that specify the Th17 cell program, but, aside from a few genes encoding effector cytokines, little is known of the targets of these transcriptional regulators. The characterization of the transcriptional program induced by ROR γ t, the Th17 lineage-specific transcription factor, in collaboration with more widely distributed factors such as STAT3 and IRF4, should provide a better understanding of the mechanisms involved in Th17 cell differentiation as well as new concepts for clinical intervention. In addition, the mechanism by which ROR γ t is regulated by a yet unknown ligand remains to be elucidated. Such information may facilitate development of small molecule compounds to manipulate the differentiation of Th17 cells and, hence, the ratio of inflammatory and regulatory T cells.

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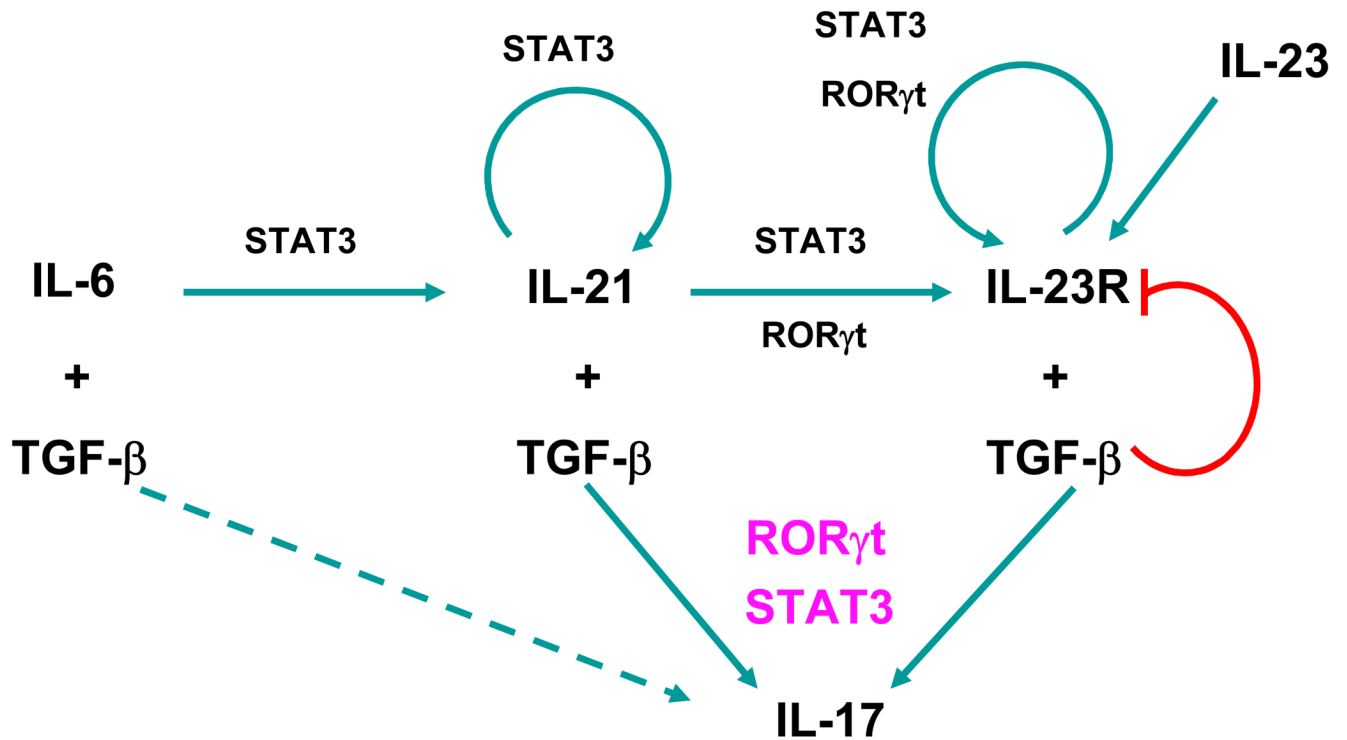


Figure 1. Sequential roles of cytokines in the differentiation of the Th17 cell lineage

IL-6 induces IL-21, which in turn induces its own transcription in a STAT3-dependent manner. IL-23R expression induced by IL-21 (and IL-23) is dependent on both ROR γ t and STAT3. IL-21R and IL-23R signaling, in concert with TGF- β , program the naïve T cells into the Th17 lineage independently of IL-6. Full differentiation of Th17 cells requires the cooperative action of ROR γ t and STAT3. The induction of IL-17 by IL-6 in the absence of IL-21/IL-23R signaling is presented as a dashed arrow.

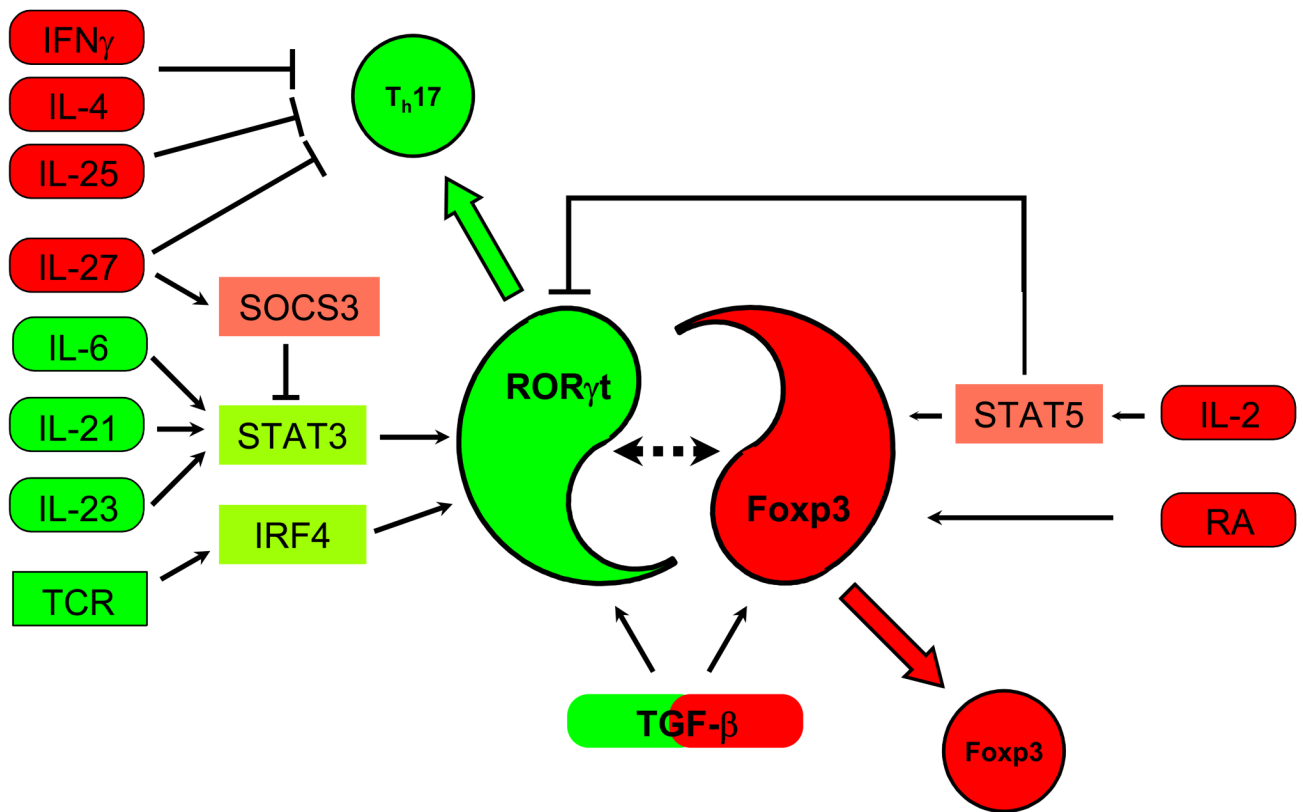


Figure 2. Cytokine pathways and transcription factors in murine Th17 and Treg cell differentiation ROR γ t and Foxp3 are central factors in Th17 and Treg cell differentiation, respectively. Th17 inducing cytokines (in green) induce ROR γ t through STAT3 (IL-6, IL-21, and IL-23) and IRF4 (induced by TCR activation). However, none of the ROR γ t-inducing cytokines can induce Th17 differentiation in the absence of TGF- β signaling. Th17 suppressing cytokines (in red) act in several ways. IL-2 acts through STAT5, and IL-27 possibly through SOCS3 and STAT3, inhibiting ROR γ t-upregulation. Retinoic acid (RA), which promotes Treg development, and TGF- β by itself, which induces Foxp3 expression, decrease Th17 differentiation. In addition, Th1 and Th2 inducing cytokines, such as IL-4, IFN γ , and IL-25 also inhibit Th17 differentiation by unknown mechanisms. TGF- β thus plays a dual role by being absolutely required for Th17 cell differentiation and by also promoting Treg cell development.

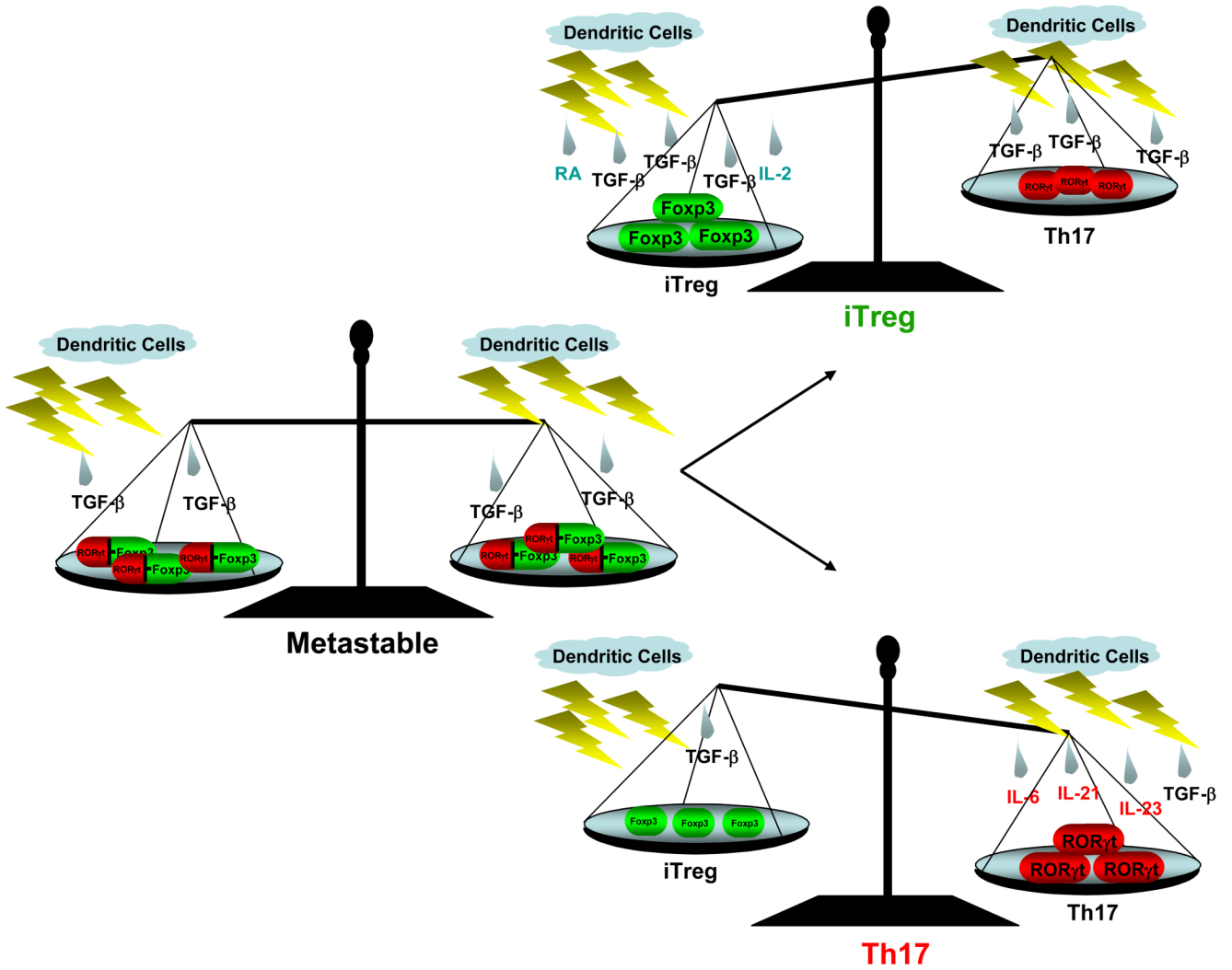


Figure 3. The cytokine milieu influences the balance of differentiating inducible Treg and Th17 cells

Inductive effects of TGF-β alone (left), with IL-2 and RA (top), and with IL-6, IL-21 and IL-23 (bottom). The left panel represents a hypothetical metastable state, induced by TGF-β, which would allow the cell to differentiate into either the Th17 or Treg lineage depending on the associated cytokines. At the metastable state, TGF-β is able to induce both RORγt and FoXP3, however, RORγt activity is inhibited by FoXP3 through an interaction of the two proteins, which ensures no IL-17 expression. Upon continued stimulation with TGF-β in the absence of proinflammatory cytokines and in the presence of IL-2 and RA, cells will differentiate into the iTreg lineage. On the other hand, if proinflammatory cytokines are present, FoXP3 expression/activity will diminish and RORγt expression will increase, tipping the “balance” towards the Th17 lineage.

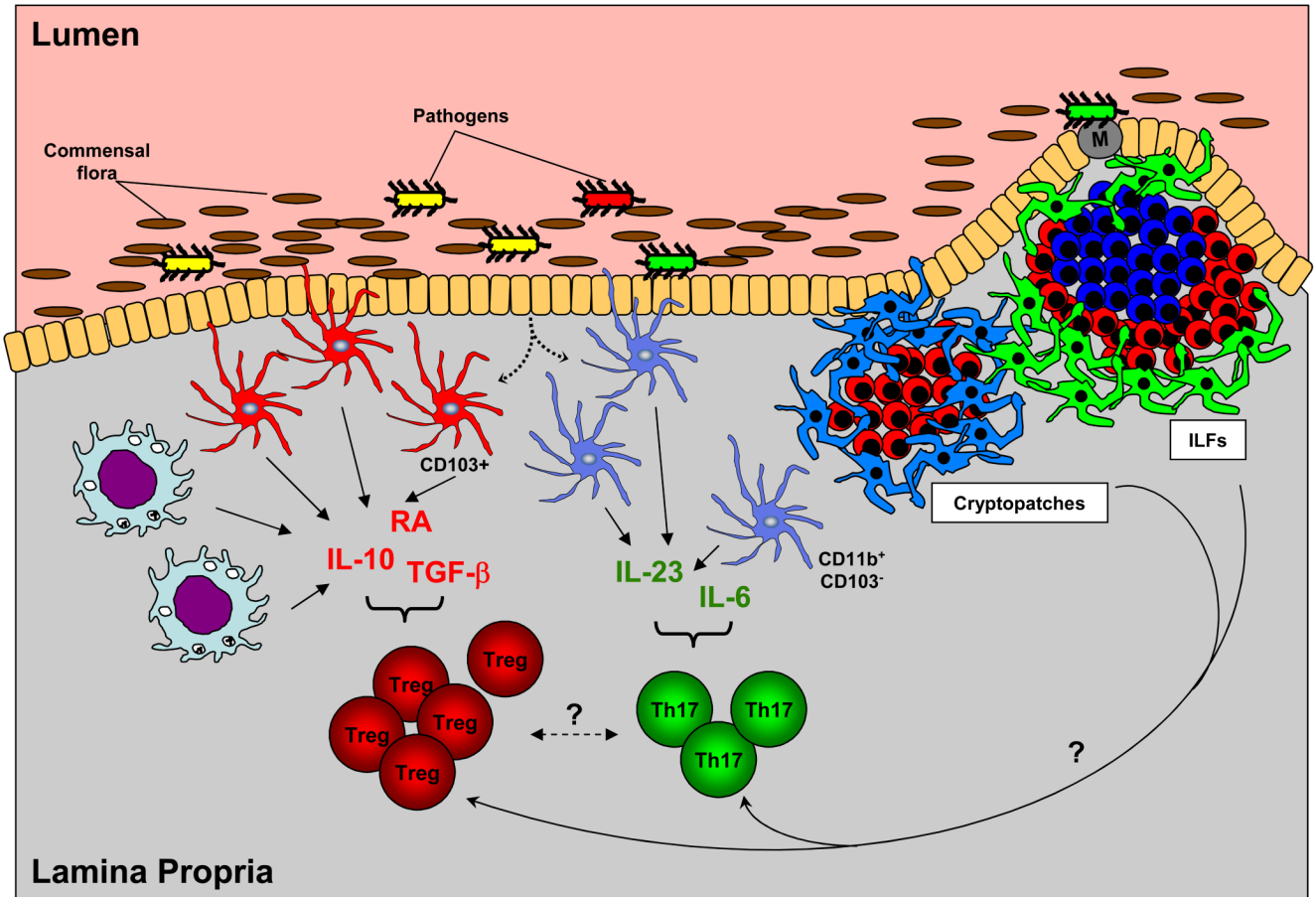


Figure 4. Th17 and Treg cell differentiation in the intestinal lamina propria

The local cytokine milieu governs the balance between Th17 and Treg cells in the intestine. Th17 lineage-inducing cytokines (e.g., IL-6, IL-23) and iTreg cell-inducing cytokines (e.g., TGF- β , IL-10, retinoic acid (RA)) are produced by different subpopulations of antigen presenting cells in response to signals from the lumen of the intestine or from invading microorganisms. Lamina propria macrophages and CD103⁺ DCs produce Treg-inducing cytokines and CD11b⁺CD103⁻ DCs produce Th17-inducing cytokines. The Th17:Treg balance may also be influenced by other subpopulations of DCs in the lamina propria or DCs in organized lymphoid structures, such as cryptopatches, where they are closely associated with ROR γ t-producing lymphoid tissue inducer-like (LTi-like) cells, and isolated lymphoid follicles (ILFs), which contain ROR γ t⁺ LTi-like cells, surrounding a single B cell follicle. LP DCs produce cytokines in response to signals from the commensal intestinal flora and pathogenic organisms in the lumen in several ways. They can sample the lumen by extending dendrites through the epithelial layer. Antigens transported through M cells in Peyer's patches and ILFs also activate the resident DC populations. In addition, epithelial cells have also been shown to participate in DC activation.