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Intestinal Resection Induces Angiogenesis within Adapting Intestinal Villi

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Abstract

Introduction—Adaptive growth of the intestinal mucosa in response to massive gut loss is fundamental for autonomy from parenteral nutrition. While angiogenesis is essential for cellular proliferation in other tissues, its relevance to intestinal adaptation is unknown. We tested the hypothesis that resection-induced adaptation is associated with new blood vessel growth.

Methods—Male C57B1/6 mice underwent either a 50% small bowel resection (SBR) or a sham (transection and reanastomosis) operation. After 1, 3, or 7 days, capillary density within the intestinal villi was measured using confocal microscopy. An mRNA RT-PCR array was used to determine angiogenic gene expression during adaptation.

Results—SBR mice had a significantly increased capillary density compared to sham operated mice at post operative day 7. This morphologic alteration was preceded by significant alterations in 5 candidate genes at post operative day 3.

Conclusion—New vessel blood growth is observed in the adapting intestine after massive small bowel loss. This response appears to follow, rather than initiate the adaptive alterations in mucosal morphology that are characteristic of adaptation. A better understanding of this process and the signaling factors involved may improve therapeutic options for children with SGS.

Keywords

Short gut syndrome; small bowel resection; capillary density; angiogenesis

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INTRODUCTION

Massive intestinal loss critically limits the absorptive capacity of the intestine needed for proper growth and development. This condition is termed short gut syndrome (SGS) and results in a high degree of morbidity and mortality in the pediatric population. Our lab as well as others has shown that in animal models of SGS the remnant bowel undergoes an adaptive increase in villus height, crypt depth, and length resulting in improved surface area and absorptive capacity^{1,2}. Several mitogenic pathways and growth factors that influence adaptation have been identified and may have therapeutic implications in the management of SGS.

A large body of work exists on the interactions between epithelial cell proliferation and capillary growth. Folkman et al has made seminal contributions toward the understanding of angiogenesis and tumor cell proliferation^{3,4}. Specifically in the intestine, angiogenic growth factor supplementation has been shown to enhance mucosal growth in transplanted intestinal grafts in rats⁵. A recent study by Parvadia et al demonstrated that vascular endothelial growth factor (VEGF) inhibition within the saliva resulted in decreased capillary growth and a decreased adaptive response after massive intestinal loss in a murine model⁶. Although the interaction between capillary growth and enterocyte proliferation during resection-induced adaptation would appear to be obvious, the temporal profile of this growth in relationship to the expression of specific genes and activity of discrete signaling cascades are presently unknown.

In the current study, we tested the hypothesis that resection-induced adaptation is associated with new blood vessel growth. The aim of this study was two-fold. First, we sought to elucidate a temporal profile of capillary growth after massive intestinal loss in a murine model of short gut syndrome. Second, we tried to delineate expression alterations of the most important angiogenesis genes during adaptation. A better understanding of the pathogenesis of capillary growth during adaptation may lead to improved therapeutic options for children with SGS.

MATERIALS AND METHODS

Experimental Design

Protocols for this study were approved by the Washington University Animal Studies Committee (#20070145), Cincinnati Children's Hospital Research Foundation Institutional Animal Care and Use Committee (#5D04222) and were in accordance with the National Institute of Health laboratory animals care and use guidelines. Mice underwent either 50% proximal SBR or sham operation as we have previously described [1]. Mice were harvested on post-operative days 1, 3, and 7. Confocal microscopy was used to determine capillary density. Alterations in the transcriptional expression of angiogenesis-related genes were measured in epithelial-free segments of adapting ileum using a commercially-available RT-PCR kit.

Animals

C57Bl/6 male mice ages 8–13 weeks were used in this study (weight range 20–25 gm, Jackson Laboratory, Bar Harbor, ME). Mice were kept on a 12 hour light-dark cycle and were housed in a standard facility and allowed to acclimate to their environment for at least 7 days. The mice were placed on a liquid rodent diet (Micro-Stabilized Rodent Liquid Diet LD101; Purina Mills, St. Louis, MO) one day prior to surgery.

Operative Technique

Mice underwent 50% proximal small bowel resection (SBR) or sham (transaction and reanastomosis only) as previously reported¹. Briefly, mice that underwent SBR had transection

of the bowel at a point 12 cm from the ileocecal junction and also at a site 2–3 cm distal to the ligament of Trietz. The intervening bowel was removed and the two ends were anastomosed. In mice undergoing sham operations, the bowel was transaction 12 cm proximal to the ileocecal junction and a reanastomosis was done. Mice were provided free access to water only for the first 24 hours and then given a liquid rodent diet *ad libitum* until sacrifice.

Adaptation Measurements

Villus height and crypt depth were measured using the image analysis software MetaMorph (Version 7.1.2.0, Downingtown, PA). Twenty well-oriented crypt-villus units were measured in H&E stained sections from each animal 2 cm distal to the anastomosis in a blinded fashion. Adaptive criteria was set at a 20% increase of villus height in SBR mice compared to sham on post operative day 3 and 7 as previously determined².

Capillary Density Measurement

Measurement of capillary density was modified from a reported technique by Stappenbeck et al⁷. Briefly, mice were anesthetized with isoflourane followed by an intramuscular injection of ketamine, xylazine, and acepromazine (4:1:1). A 200 μ l volume of a 2 mg/ml solution of high-molecular-weight (2,000 kDa) fluorescein isothiocyanate (FITC)-labeled dextran (Sigma, St. Louis, MO) was injected into the retro-orbital plexus. After 3 minutes, the intestine was removed and the animal was sacrificed. The first 1 cm of intestine distal to the anastomosis was discarded. The next 2 cm distally was processed for H&E staining to characterize adaptation. The lumen of the next 4 cm segment of ileum was perfused with a fixation solution containing 0.5% paraformaldehyde, 15% picric acid, and 0.1 M sodium phosphate buffer (pH 7.0) at 4°C for 12-h. Specimens were rinsed in ice-cold PBS (three washes, 5 min each), followed by a 3-h incubation in 10% sucrose/PBS (4°C) and an overnight incubation in 20% sucrose/10% glycerol/PBS (4°C). The tissue was frozen in OCT and 60 μ m thick sections were cut using a cryostat in an axial orientation. Sections were air dried for 2 hours and rehydrated with cold PBS for 1 minute then stained with Syto61 (1:1,000 dilution in PBS; Molecular Probes/Invitrogen, Carlsbad, CA) for 1 h at room temperature, followed by three PBS washes (5 min per cycle, room temperature) and were mounted in 50% glycerol/PBS and stored at 4°C before viewing. A LSM 510 Meta confocal microscope (Zeiss, Gottingen, Germany) was used to scan 5- μ m slices and were projected in three dimensions by taking 12–16 serial images, aligning them at 7–10° intervals, and compiling/rotating them about the y axis by using LSM 510 software (Zeiss, Gottingen, Germany).

To quantify capillary density, the number of syto-61 positive nuclei was divided by the number of capillary networks or windows in the corresponding section of the upper third of the villus (Figure 1). This number was normalized to villus height. Ten to 12 villi were counted per animal.

Tissue Harvest and Isolation of Epithelial Cell-Free Ileum

At the time of sacrifice the small bowel was excised and flushed with ice-cold phosphate buffered saline (PBS). The first centimeter distal to the anastomosis was discarded, the next 2 cm was placed in formalin for histologic examination, and the next 6 cm were used to remove the overlying epithelial cells from the muscular and vascular layers of the bowel wall. The intestine was cut longitudinally and transferred into tubes containing 5 mL of ice-cold PBS with protease inhibitors (0.2 mM PMSF, 5 μ g/ml Aprotinin, 1mM Benzamidine, 1mM sodium orthovanadate and 2 μ M Cantharidin, all are from EMD, Gibbstown, NJ). The tissue was then transferred into a solution (1.5 mM KCl, 96 mM NaCl, 27 mM Na Citrate, 8 mM KH₂PO₄, 5.6 mM Na₂HPO₄, 15 mM EDTA and 1 mM DTT) and vortexed at maximum speed for 15 minutes at 4°C to remove all villi and crypts; at this time, only the muscular layer of the intestine

and the vascular layer of the lamina propria were intact as previously described² (Figure 2). These layers were frozen at -80°C for future analysis.

Angiogenesis Gene Analysis

The muscular and vascular layer of the small intestine was isolated as described above. Tissue samples for RNA use were stored in lysis buffer (RNAqueous kit, Ambion, Austin, TX) at -80°C . The samples were homogenized (200 Series PRO Scientific Homogenizer, Oxford, CT), total RNA was isolated using a RNAqueous kit following the manufactures instructions (Ambion, Austin, TX) and the RNA was quantified using a NanoDrop Spectrophotometer (ND-1000, NanoDrop Technologies, Wilmington DE) then stored at -80°C . The RNA samples were evaluated for quality using a Bio-Rad Experion System with a RNA StdSens Chip and reagents (Bio-Rad Laboratories, Richmond, CA). Only RNA samples that showed good 18s and 28s ribosomal RNA peaks were used in the analysis. Complementary DNA (cDNA) was produced from quality RNA samples using a RT² First Strand Kit (SABioscience, Fredrick, MD). The cDNA was analyzed on a mouse angiogenesis RT² Profiler PCR Array (SABioscience, Fredrick, MD) using an Applied Biosystems 7500 Fast Real-Time PCR System (Foster City, CA). The mouse angiogenesis RT² Profiler PCR Array profiles the expression of 84 genes known to be involved in the regulation of angiogenesis. A complete list of the genes contained in the array can be viewed on the following link: http://www.sabiosciences.com/rt_pcr_product/HTML/PAMM-024A.html. The expression of genes in the ileum after SBR was compared with sham-operated animals using software from SABiosciences (Fredrick, MD). The genes found to be significantly different between sham and SBR animals were individually confirmed using primers and reagents from SABiosciences and the 7500 Fast Real-Time PCR system as above except that the cDNA was quantified using Quanti-iT Oligreen ssDNA Assay kit (Invitrogen, Carlsbad, CA) so that equal amounts of cDNA could be used in all reactions and beta-actin was employed as the endogenous control.

Statistical Analysis

Results are presented as mean values \pm standard error of the mean (SEM). Statistical differences were identified using a one-way analysis of variance (ANOVA). The Sigma Stat statistical package (SPSS, Chicago, IL) was utilized for all statistical analyses. A *P* value of less than 0.05 was considered significant unless otherwise stated.

RESULTS

All mice were healthy at the time of harvest and none revealed evidence for intestinal obstruction. Mice were only included for analysis that demonstrated adaptive villus growth in order of magnitude greater than 20% following SBR. We have previously characterized a normal spectrum of adaptation ranging from absent to amplified adaptation responses within populations of mice². Further, since the purpose of this study was to determine angiogenesis gene alterations involved in resection-induced villus growth, inclusion of mice who did not have villus growth would have significantly confounded our search for critical angiogenesis gene expression alterations. Using these rigid criteria, 8 of 12 (67%), 10 of 14 (71%), and 17 of 35 (49%) SBR mice were included at the postoperative day 1,3, and 7 time points, respectively. We are unclear at the present time why fewer mice in this study demonstrated adaptive villus growth at the 7th postoperative day.

Villus Capillary Density is Increased Following SBR

As shown in Figure 3A, lamina propria demonstrated increased capillary density at post operative day 7 when compared with mice undergoing sham operation. The capillary index (average \pm SEM) was 0.033 ± 0.004 for sham operated mice and 0.017 ± 0.002 for SBR (*P* value = 0.01). The smaller capillary index represents increased capillary growth as there are

fewer cells present within blood vessel networks and are therefore denser. This capillary growth was not identified at earlier time points (postoperative days 1 and 3). By comparison, statistically significant increases in villus growth were observed earlier (by postoperative day 3; Figure 3B).

Angiogenesis Gene Expression is Altered After SBR

The capillary growth seen after massive SBR led us to question whether there were corresponding alterations in the transcriptional expression of angiogenesis-related genes. In order to test this, we performed an RT-PCR array looking simultaneously at 84 genes known to be involved in murine angiogenesis. These changes were measured in RNA extracted from the isolated intestinal muscular and vascular layer, devoid of contamination by epithelial cells. At each time-point (1-day, 3-day and 7-day), 6 different animals (n = 3 SBR; n = 3 sham) were evaluated. There were no significant differences in the expression of any gene observed when comparing sham versus SBR animals at the 1- or 7-day postoperative times. However, at the 3-day postoperative time (preceding the measured increase in capillary density at day 7), the expression of five genes was found to be significantly different (2-fold or greater difference and p-value of 0.01 or less; Table 1) following SBR. The expression differences of these 5 genes were individually verified by RT-PCR using new cDNA and run in triplicate for each of the 3 SBR and sham samples.

DISCUSSION

Capillary growth and epithelial cell proliferation are vitally linked in many organ systems. In the present study, we demonstrate for the first time a significant increase in villus capillary density during the critical process of resection-induced adaptation. Furthermore we have identified expression differences in several novel genes which temporally herald the observed increases in villus capillary growth. These observations provide fundamental new information needed to pave the way for a more thorough understanding of the contribution of angiogenesis to the process of intestinal adaptation

Significant adaptive changes have been characterized in our murine SBR model as early as post operative day 3^{1,2}. In the current study, a significant difference in capillary growth after SBR was not observed until later. This observation would support the notion that enterocyte proliferation and mucosal growth are major stimuli for angiogenesis. Alternatively, this observation would refute the notion that angiogenesis plays a role in the initiation of adaptive mucosal growth. These data therefore provide important mechanistic insight into the pathogenesis of resection-induced intestinal adaptation. On the other hand, it must be considered that the threshold for detecting significant changes in capillary density by confocal microscopy may not be reached until post operative day 7. Although the use of this technique is well established to measure capillary density in the intestine⁷, it may not be the most sensitive marker to detect significant changes at earlier time points.

Our analysis of angiogenesis genes revealed the most robust alterations at 3 days following massive SBR. Three genes were significantly increased: Chemokine (C-X-C) ligand 5 (Cxcl5), interleukin-1 beta (IL-1 β), and placental growth factor (Pgf). These genes are renowned as promoters of new blood vessel growth in the context of colon cancer and inflammatory bowel disease⁸⁻¹². All three of these genes produce proteins which are excreted by the cell and none have been studied exclusively in the small intestine in the perspective of adaptation. Two genes were significantly decreased in this study: Brain-specific angiogenesis inhibitor 1 (Bai-1) and Frizzled Homology 5 (*Drosophila*) (Fzd5). Both of these genes produce cell membrane receptor proteins, Bai-1 is an angiogenesis suppressor gene that was first identified in relation to human glioblastomas¹³. Bai-1 has been identified in other tissues and has shown to be downregulated in colorectal and gastric cancer^{14, 15} allowing for rapid tumor cell

proliferation. The specific role for Bai-1 in the small intestine is not well understood. The reduced expression of Bai-1 in our model may promote new blood vessel growth; however the full contribution of this gene toward angiogenesis during adaptation remains to be elucidated.

The expression of Fzd5 is also reduced in our model of small bowel adaptation, Fzd5 is transmembrane receptor involved in the Wnt signaling pathway^{16, 17}. It has already been established that Fzd5 plays an important role in yolk sac angiogenesis in developing mice^{18, 19}. The interaction between Wnt and Fzd5 is poorly understood but the Wnt signaling pathway has clearly been associated with proliferation in the gastrointestinal tract^{20, 21}. More research into the specific role of Fzd5 will need to be completed in the future to fully understand this gene's effects on small bowel adaptation and angiogenesis.

Although this study provides important insight into the angiogenic response involved in adaptation, it does have several limitations. First, one of the goals for this study was to evaluate those genetic factors involved in the angiogenic process within the isolated muscular and vascular layers of intestine – devoid of epithelial cells. It is possible that epithelial-derived factors may drive the angiogenic response that was not detected within the tissues studied. Studies are presently underway in our laboratory to evaluate alterations in angiogenesis genes within the epithelial cell compartment at various time points. Further, the actual endothelial cells probably comprise a rather small fraction of the total mRNA isolated from the tissue studied. As such, confounding mRNA from multiple other cell types could have prevented detection of significant changes within genes of the blood vessel network. Finally, it should be considered that the source of the proangiogenic peptides, hormones, or relevant genetic alterations to drive angiogenesis may reside outside of the intestine. This would be suggested by the finding that removal of the submandibular glands results in an impaired adaptation response to massive SBR⁶. Since the saliva is rich in multiple proangiogenic growth factors, this would be one candidate source to consider.

New blood vessel growth in the adapting intestine may play several important functions. Dubin et al has revealed that villi hypoperfusion is associated with decreased mucosal integrity and a propensity for bacterial translocation and sepsis²². Since sepsis is a major cause of mortality in children with short gut syndrome^{23, 24}, targeted therapy intended to promote angiogenesis during adaptation might possibly enhance mucosal integrity, thereby attenuating bacterial translocation. Further, since post-prandial absorption of normal digestive loads cannot be sustained without concomitant increases in villus capillary blood flow²⁵, it must be considered that increased microvascular flow may enhance absorptive capacity thus contributing toward an important adaptive mechanism in patients with short gut syndrome. Finally, our findings would suggest that new blood vessel growth appears to be needed to sustain the taller and more cellular villi that develop in response to massive SBR. A more comprehensive understanding the factors that regulate angiogenesis could therefore lead to new clinical strategies to address mucosal integrity, absorptive capacity, and intestinal regrowth in patients suffering from short gut syndrome.

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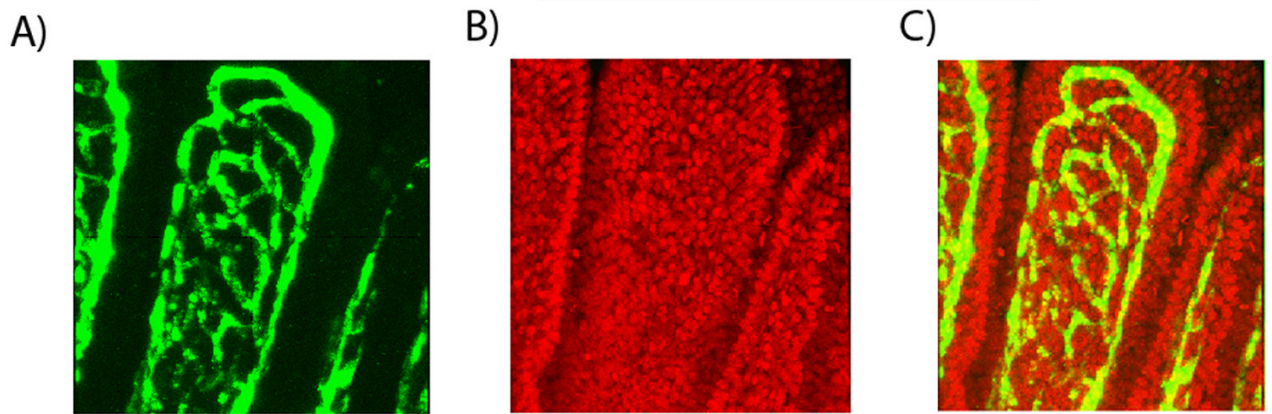


Figure 1. Confocal microscopic images of murine ileal villi: **A)** FITC-labeled dextran capillary windows, **B)** Syto-61 positive epithelial cells, and **C)** Merged confocal image from separate channels (A and B).

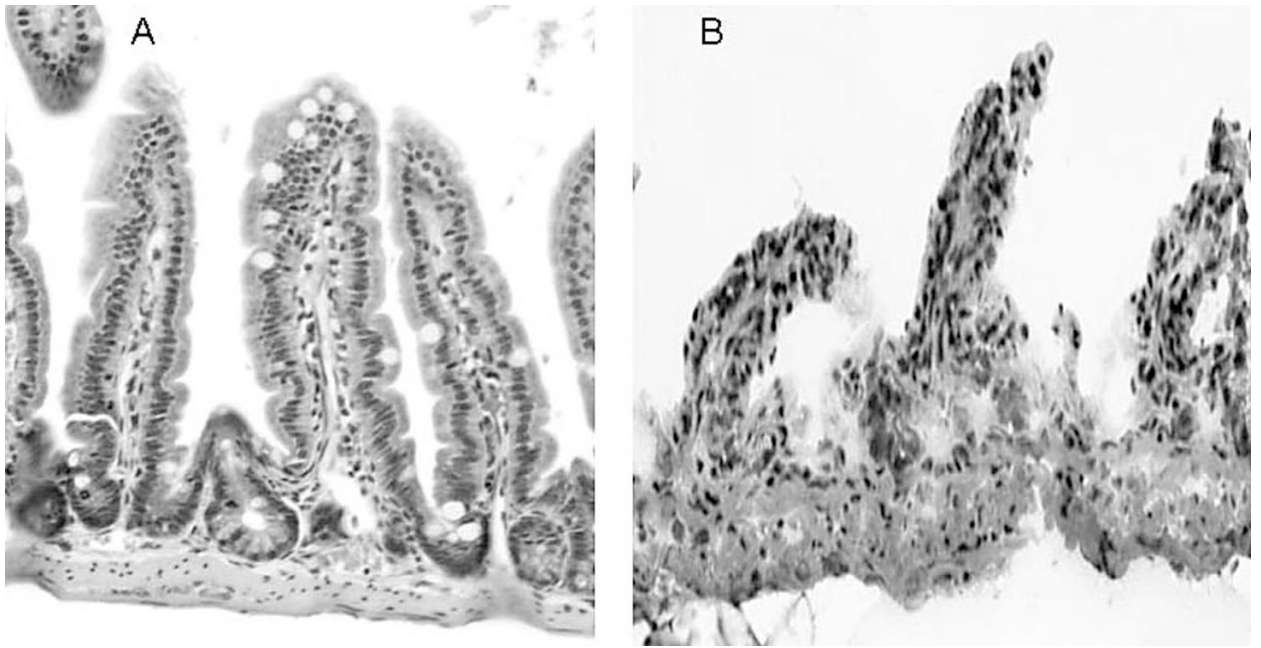


Figure 2. Murine ileum before (A) and following (B) removal of all epithelial cells. The tissue in (B) was used for studies of angiogenesis gene expression.

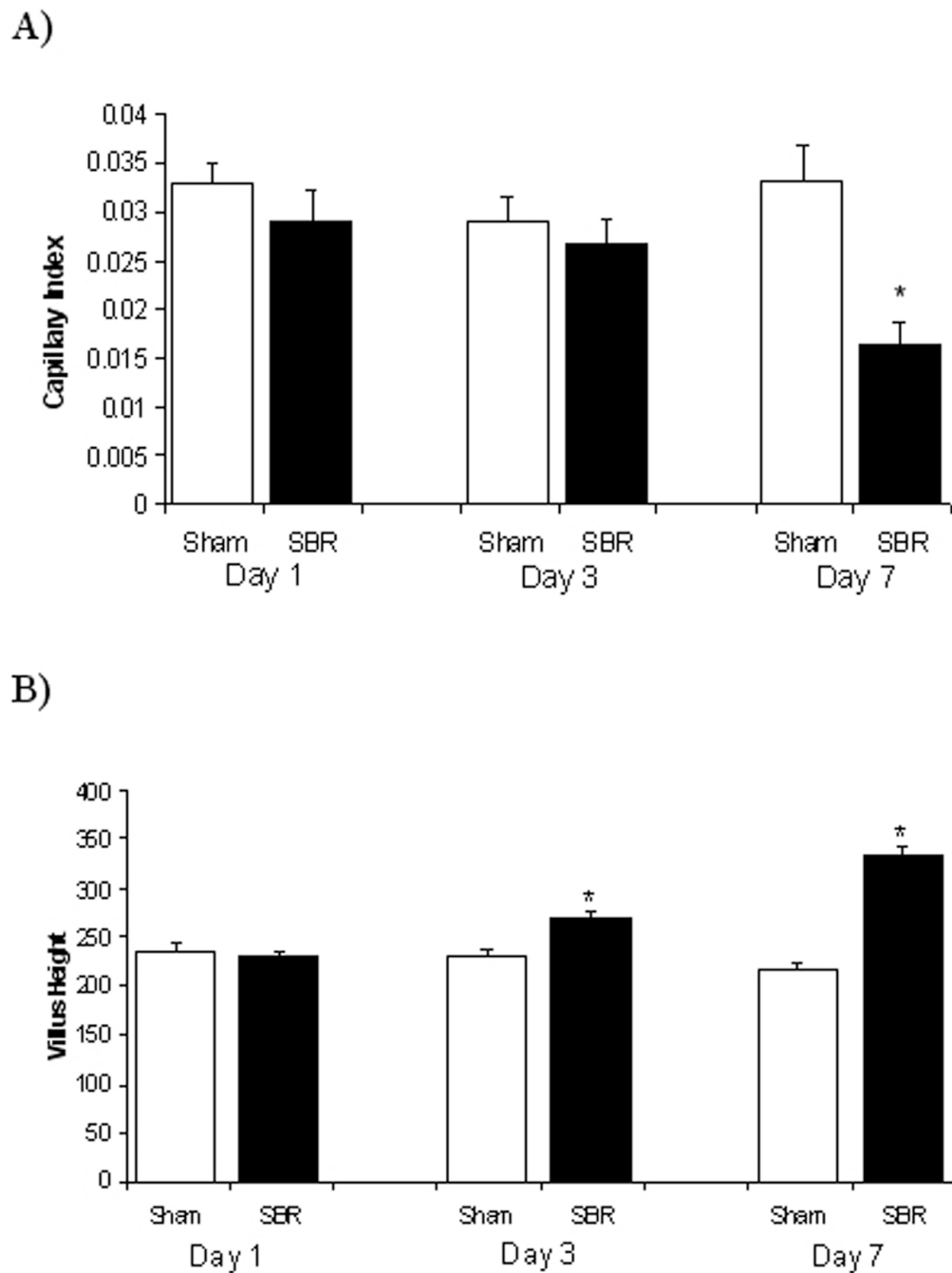


Figure 3. A) Capillary index (# nuclei/window/villus height) and B) villus height measurements on postoperative days 1, 3, 7 following either sham operation (bowel transection with reanastomosis alone) or 50% proximal small bowel resection (SBR), * $p=0.01$ SBR versus sham.

Table 1

The major angiogenesis genes found to have significant expression differences (2-fold or greater difference and p-value of 0.01 or less) between mice undergoing a 50% proximal small bowel resection versus sham operation (bowel transection with reanastomosis alone) at post-operative day 3 by RT² Profiler PCR Array. These differences were verified by standard RT-PCR in separate reactions. Brain-specific angiogenesis inhibitor 1 (Bai1), Chemokine (C-X-C Motif) ligand 5 (Cxcl5), Frizzled Homolog 5 (Drosophila) (Fzd5), Interleukin-1 β (Il1b) and Placental growth factor (Pgf).

	RT ² Profiler PCR Array		RT-PCR
	Fold Difference	p-value	Fold Difference \pm SEM
Bai1	-2.81	0.002	-2.3 \pm 0.34
Cxcl5	14.21	0.005	18.67 \pm 3.17
Fzd5	-5.67	0.01	-7.01 \pm 2.62
Il1b	3.72	0.006	4.05 \pm 0.19
Pgf	3.14	0.01	4.00 \pm 1.18