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## Immunohistochemical Demonstration of the Mineralocorticoid Receptor, 11 $\beta$ -Hydroxysteroid Dehydrogenase-1 and -2, and Hexose-6-phosphate Dehydrogenase in Rat Ovary

Elise P. Gomez-Sanchez, Miriam T. Gomez-Sanchez, Angela F. de Rodriguez, Damian G. Romero, Mary P. Warden, Maria W. Plonczynski, and Celso E. Gomez-Sanchez

Research Service, G.V. (Sonny) Montgomery Veterans Affairs Medical Center and Division of Endocrinology, Department of Medicine, The University of Mississippi Medical Center, Jackson, Mississippi

**SUMMARY** An IHC survey using several monoclonal antibodies against different portions of the rat mineralocorticoid receptor (MR) molecule demonstrated significant specific MR immunoreactivity in the ovary, prompting further study of the localization of MR and of determinants of extrinsic MR ligand specificity, 11 $\beta$ -hydroxysteroid dehydrogenase (11 $\beta$ -HSD) types 1 and 2, and hexose-6-phosphate dehydrogenase (H6PDH). MR expression (real-time RT-PCR and Western blot) did not differ significantly in whole rat ovaries at early diestrus, late diestrus, estrus, and a few hours after ovulation. MR immunostaining was most intense in corporal lutea cells, light to moderate in oocytes and granulosa cells, and least intense in theca cells. Light immunoreactivity for 11 $\beta$ -HSD2 occurred in most cells, with some mural granulosa cells of mature follicles staining more strongly. The distribution of immunoreactivity for 11 $\beta$ -HSD1 and H6PDH required to generate NADPH, the cofactor required for reductase activity of 11 $\beta$ -HSD1, was similar, with the most-intense staining in the cytoplasm of corporal lutea and theca cells and light or no staining in the granulosa and oocytes. MR function in the ovary is as yet unclear, but distinct patterns of distribution of 11 $\beta$ -HSD1 and -2 and H6PDH suggest that the ligand for MR activation in different cells of the ovary may be differentially regulated. (*J Histochem Cytochem* 57:633–641, 2009)

**KEY WORDS**

corticosterone  
cortisol  
aldosterone

OVARIAN FUNCTION is regulated by the complex interaction of many hormones, including the adrenal steroids cortisol and corticosterone, the latter being the primary glucocorticoid in rats and other animals lacking the adrenal 17-hydroxylase. An integral part of the regulation of hormonal action is the regulation of the expression and activity of their receptors. Although expression of the glucocorticoid receptor (GR) in the ovary has been studied, less attention has been given to the mineralocorticoid receptor (MR). The intrinsic affinity of the MR is similar for the primary endogenous mineralocorticoid aldosterone and the glucocorticoids cortisol and corticosterone, and 10-fold greater than that of the GR for cortisol and corticosterone (Arriza et al. 1987). Because circulating concentrations of cor-

tisol and corticosterone are normally 100–1000 times those of aldosterone, in the absence of factors that confer extrinsic specificity for aldosterone, for example, in many non-epithelial cells, MRs are primarily occupied by glucocorticoids. The enzyme 11 $\beta$ -hydroxysteroid dehydrogenase type 2 (11 $\beta$ -HSD2) converts cortisol and corticosterone to inactive metabolites. It is expressed in greatest amounts in aldosterone target cells of transport epithelia of kidney tubules, colon, and salivary gland, allowing aldosterone to access the MR; however, it is also present in the ovary, oviduct, uterus, and placenta of the rat (Roland and Funder 1996). 11 $\beta$ -HSD2 activity requires the cofactor nicotinamide adenine dinucleotide (NAD<sup>+</sup>). 11 $\beta$ -HSD1 is an enzyme in the endoplasmic reticulum (ER) that has bidirectional activity, but acts as a reductase in most tissues, converting inactive 11-dehydro metabolites into active glucocorticoids and amplifying the impact of circulating levels of glucocorticoids upon the GR and MR (Seckl and Walker 2001). The obligate cofactor for 11 $\beta$ -HSD1

Correspondence to: Elise Gomez-Sanchez, DVM, PhD, 1500 Woodrow Wilson Drive (151), Jackson, MS 39216-5199. E-mail: egomez-sanchez@medicine.umsmed.edu

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reductase activity is reduced nicotinamide adenine dinucleotide phosphate (NADPH or NADP<sup>+</sup>). Hexose-6-phosphate dehydrogenase (H6PDH) is required to generate NADPH from NADP within the ER. Without H6PDH activity, 11 $\beta$ -HSD1 acts as a dehydrogenase (Atanasov et al. 2004; Banhegyi et al. 2004; Tomlinson et al. 2004). 11 $\beta$ -HSD enzymes are crucial for the regulation of intracellular concentrations of cortisol and corticosterone, thus glucocorticoid activation of GR, as well as MR.

mRNA for the MR, as well as 11 $\beta$ -HSD1, 11 $\beta$ -HSD2, and GR, have been detected in rat ovaries (Tetsuka et al. 1999). However, the dearth of specific antibodies that consistently recognize the MR protein in both Western blots and IHC has hindered its study until recently (Gomez-Sanchez et al. 2006), and little is known about MR protein expression or function of the MR in the ovary. We produced a panel of mouse monoclonal antibodies against peptides corresponding to several different epitopes of the rat MR, some of which are the same in the human MR, for use in several types of assays, including immunoprecipitation followed by Western blot using antibodies against different epitopes (Gomez-Sanchez et al. 2006). Antibodies producing both specific immunostaining of MR in kidney cortical collecting duct epithelia and a single band in extracts of CHO cells transfected with the rat MR cDNA were used in these studies to demonstrate the distribution of the MR and enzymes known to regulate the ligands that activate the MR in the ovary.

The present studies validate a set of antibodies as tools for future studies of the role of the MR and its primary ligands, corticosterone, cortisol, and aldosterone, in the ovary.

## Methods

### Animals

Sprague-Dawley rats were housed in facilities accredited by the Association for Assessment and Accreditation of Laboratory Animal Care and were used under an approved Veterans Affairs Institutional Animal Care and Use Committee protocol. Rats were deeply anesthetized with isoflurane, the ascending vena cava was cut to exsanguinate the animals, and tissues for the isolation of mRNA and protein were immediately removed, blotted, and frozen in liquid nitrogen. For IHC, the ascending vena cava was cut and the animals were gravity perfused with heparinized saline, followed by STF (Streck's Tissue Fixative, Streck Laboratories; La Vista, NE), a non-crosslinking fixative, before the removal of tissues.

### Real-time RT-PCR

To assess the expression of mRNA for ovarian MR, 11 $\beta$ -HSD1, and 11 $\beta$ -HSD2 at different times in the

estrus cycle, the cycles of the rats were synchronized with luteinizing hormone-releasing hormone (LHRH) (40  $\mu$ g/rat;  $\sim$ 200  $\mu$ g/kg), a protocol used successfully in our laboratory to prepare recipient dams for embryo transfer, and ovaries were taken from four rats, each at early diestrus, late diestrus, estrus, and late estrus, 8–10 hr after ovulation (Filipiak and Saunders 2006). Ovaries were also taken 8–12 hr after coitus from rats superovulated by the administration of LHRH (40  $\mu$ g/rat;  $\sim$ 200  $\mu$ g/kg) on day 4, pregnant mare serum gonadotropin (300 IU/kg) on day 2, and human chorionic gonadotropin (HCG) (300 IU/kg) on day 0 at the time one-celled embryos were harvested from the fallopian tube for another study (Filipiak and Saunders 2006). Total RNA was extracted with Tri-Reagent (MRC; Cincinnati, OH), resuspended in diethyl pyrocarbonate-treated H<sub>2</sub>O, DNase treated using a TURBO DNA-free kit (Ambion; Austin, TX), and quantified by spectrophotometry. Five  $\mu$ g of RNA was reverse transcribed with 0.5  $\mu$ g of T<sub>12</sub>VN primer and Superscript III (Invitrogen; Carlsbad, CA) in a final volume of 20  $\mu$ l, and the reaction was carried out following the manufacturer's suggested protocol. Primers for MR (sense: 5'-CACGG-CTCTTTTGAAGAAGACT-3'; antisense: 5'-ATCTG-TTTGGTGTGTGGAGATG-3'; product size: 90 bp) and for 11 $\beta$ -HSD2 (sense: 5'-TCATCACCGGTTGTGACACT-3'; antisense: 5'-CACGCAGTTCTAGAGC-ACCA-3'; product size: 120 bp) were designed with Primer3 software (Rozen and Skaletsky 2000) and checked for the absence of cross-reactivity by BLAST search. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) and 11 $\beta$ -HSD1 primers were previously described (Gomez-Sanchez et al. 2008). Real-time PCR was performed with 1  $\mu$ l of RT product, 0.1  $\mu$ M each of primer, 0.2 mM deoxynucleotide triphosphates, SYBR Green I (1:20,000 final concentration; Molecular Probes, Eugene, OR), and 1  $\mu$ l of Titanium Taq DNA polymerase (Clontech; Palo Alto, CA). Cycling conditions were 1 min at 95C, followed by 50 cycles of 15 sec at 95C, 15 sec at 60C, and 1 min at 72C. The PCR was carried out in an i-Cycler thermal cycler (Bio-Rad Laboratories; Hercules, CA), and real-time data were collected during the extension phase of the PCR cycle. Threshold cycle values were obtained at the log phase of each gene amplification. After PCR amplification, the specificity of the PCR was confirmed by melting temperature determination of the PCR product and electrophoretic analysis in 2% agarose gels. The PCR product was cloned into the pCR2.1 TOPO vector to be used for the standard curve (Invitrogen Life Technologies, Inc.) and were diluted to add 10–10<sup>8</sup> molecules/PCR. Results are expressed in arbitrary units and standardized by molecules of GAPDH.

### Western Blot Analyses

To enrich the Western blot sample for MR, protein was isolated from the postmitochondrial fraction com-

prising cytosol and microsomes, but not nucleus or mitochondria, of ovaries, kidneys, and hippocampus (positive control) of unsynchronized female rats by homogenizing 1 g of tissue in 5 ml of buffer [25% sucrose with 0.05 M Hepes, 0.05 M molybdate, and protease inhibitors (Roche Diagnostics; Indianapolis, IN), pH 7.36, 4C] and centrifuging at 4C for 10 min at  $3000 \times g$ , then for 60 min at  $20,000 \times g$ . Western blots in this study were done as described previously (Gomez-Sanchez et al. 2006). Briefly, 7% PAGE gels were transferred to polyvinylidene difluoride (PVDF) membranes using a wet-transfer technique, blocked with 1% Carnation dry skim milk in TBS with 0.05% Tween-20. The membranes were incubated with the primary antibody, monoclonal antibody rMRN 64–82 (clone 2B7) (Gomez-Sanchez et al. 2006), raised against a peptide corresponding to aa 64–82 of the MR molecule, overnight, washed, and developed using a goat anti-mouse peroxidase-labeled antibody (Jackson Immunoresearch; West Grove, PA). The membranes were developed using a chemiluminescence substrate (SuperSignal West Pico; Pierce Biotechnology, Rockford, IL) and recorded using an auto-radiographic film (Fuji). Western blots for 11 $\beta$ -HSD1 and -2 and H6PDH were done as previously described by us (Gomez-Sanchez et al. 2003,2008) using microsomal protein. Microsomes comprising primarily ER and plasma membrane were isolated by differential centrifugation as we have done before (Morita et al. 1996), then solubilized using Laemmli buffer (Laemmli 1970) and run in a 12% PAGE (11 $\beta$ -HSD) or 7.5% PAGE (H6PDH), transferred by semidry blot to a PVDF membrane, dried, and blocked with 1% non-fat milk. The antibodies used were sheep anti-11 $\beta$ -HSD2 and anti-H6PDH polyclonal antibodies produced by us (Gomez-Sanchez et al. 2001,2008) and a rabbit anti-11 $\beta$ -HSD1 polyclonal antibody kindly provided by Zigmund Krozowski (Brereton et al. 2001). The blots were then incubated with peroxidase-labeled donkey anti-rabbit or anti-sheep second antibodies and developed using West Pico chemiluminescence substrate from Pierce Chemical Co. Liver and adipose tissue were the positive controls for 11 $\beta$ -HSD1 and H6PDH; kidney for 11 $\beta$ -HSD2.

#### Immunohistochemistry

Tissues were emersion fixed for another 18–24 hr after in situ perfusion before embedding in paraffin. Sections of kidney for MR and 11 $\beta$ -HSD2 and liver for 11 $\beta$ -HSD1 and H6PDH were included on each slide as a positive control; a negative control (no primary antibody) was included for each preparation. Primary monoclonal antibodies against peptides comprising the aa sequences 64 to 82, (rMR64-82-2D6) and 79 to 97 (rMR79-97-3F10) of the MR are presented. Several other MR antibodies were also used successfully with similar results. The section was blocked with 1% skim milk

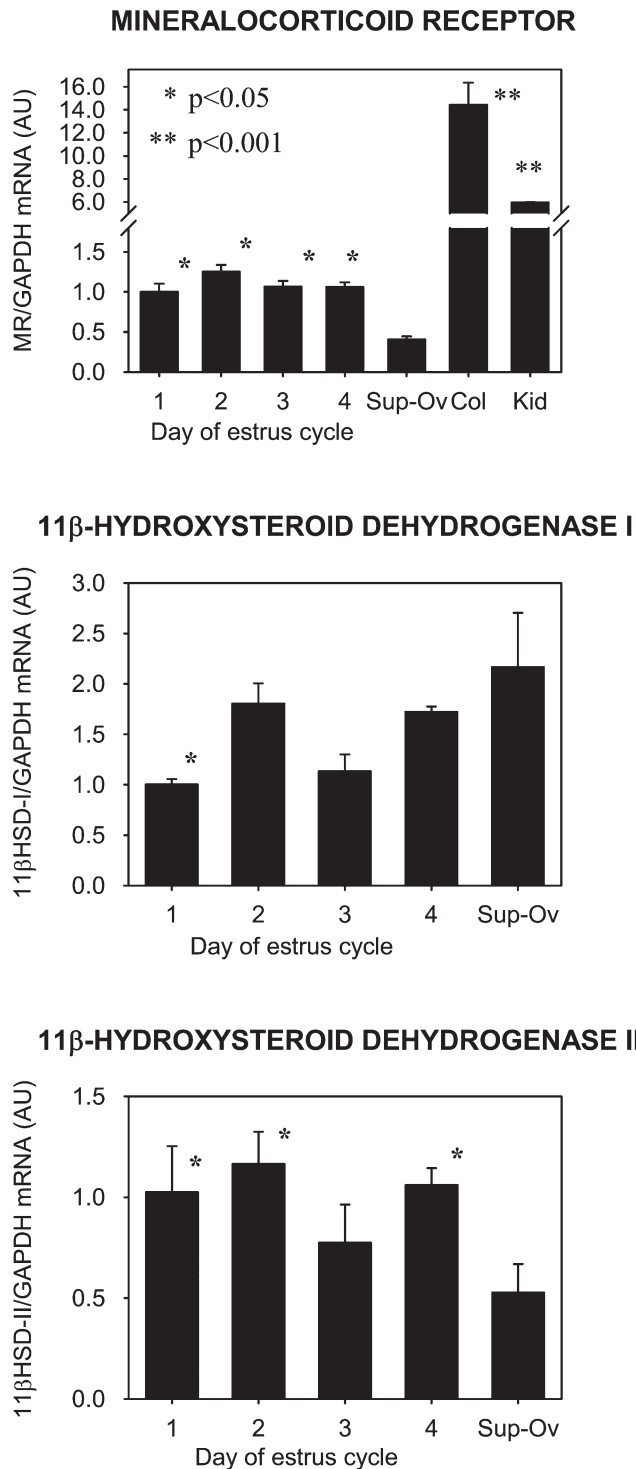
and donkey anti-mouse IgG was used as second antibody. The antibodies against 11 $\beta$ -HSD2, 11 $\beta$ -HSD1, and H6PDH were those used for the Western blot analyses described above, followed by donkey anti-rabbit or anti-sheep biotin-labeled antibodies and detected using the streptavidin-peroxidase system (Zymed Laboratories; San Francisco, CA) and DAB (Sigma; St. Louis, MO) and counterstained with Gil hematoxylin.

#### Results

Real-time RT-PCR results are expressed as the ratio of the mRNA of interest to that of GAPDH. In Figure 1, relative amounts of mRNA for MR are shown in the top graph, 11 $\beta$ -HSD1 in the middle, and 11 $\beta$ -HSD2 in the bottom graph. Considerable amounts of MR mRNA are expressed in the ovary, albeit in concentrations that are less than those in the colon or kidney,  $p < 0.001$  (Figure 1, top graph). There was no significant difference in MR message detected at four different times of the estrus cycle in synchronized rats. The concentration of MR mRNA was significantly reduced in super-ovulated ovaries collected a few hours after ovulation and fertilization, when one-celled embryos are still in the fallopian tube, compared with that in estrus-synchronized but not super-ovulated ovaries,  $p < 0.05$ . 11 $\beta$ -HSD1 mRNA was significantly increased in the super-ovulated ovaries, compared with day 1 of estrus, whereas 11 $\beta$ -HSD2 mRNA in the super-ovulated ovaries was decreased, compared with days 1, 2, and 4,  $p < 0.05$ . However, variability in message levels was great.

Representative Western blot analyses for MR, 11 $\beta$ -HSD1, 11 $\beta$ -HSD2, and H6PDH are presented in Figure 2. MR immunoreactivity of 1  $\mu$ g and 3  $\mu$ g of cytosolic protein from hippocampus and 50  $\mu$ g and 100  $\mu$ g from ovary for MR is seen in Figure 2A. Although quantities are only estimated by Western blot analysis, expression of the MR in the ovary is significant and approximately one tenth that in the hippocampus, the tissue with the highest expression of MR, and of the same order of magnitude as that in the kidney (data not shown). The blots shown in Figures 2B–2D were stained with antibodies against 11 $\beta$ -HSD1, 11 $\beta$ -HSD2, and H6PDH in microsomal protein of ovaries and kidneys. Strong bands were detected at  $\sim 36$  kDa and 45 kDa, as expected, for 11 $\beta$ -HSD1 and -2, respectively. These are both polyclonal antibodies, and it is not clear what the additional stained bands represent. Expression of both 11 $\beta$ -HSD enzymes is only slightly less in the ovary than in the kidney, that of H6PDH, at  $\sim 98$  kDa, is approximately one fifth that of the kidney.

Immunohistochemistry for the MR and the three enzymes is shown in Figures 3 and 4. Figure 3 is a composite of representative photomicrographs of rat ovary sections stained with two different antibodies



**Figure 1** Densitometric summary, expressed as the ratio of mRNA for mineralocorticoid receptor (MR) (top), 11 $\beta$ -hydroxysteroid dehydrogenase type 1 (11 $\beta$ -HSD1) (middle), and 11 $\beta$ -HSD2 (bottom) to that of glyceraldehyde-3-phosphate dehydrogenase (GAPDH) in rat ovaries (on days 1–4 of the estrus cycle), super-ovulated ovaries, colon, and kidney. Estrus cycles of the rats were synchronized with luteinizing hormone-releasing hormone (LHRH), and ovaries were taken at day 1 (early diestrus), day 2 (late diestrus), day 3 (estrus), and day 4 (late estrus). Sup-Ov: super-ovulated ovaries taken from rats 8–12 hr after super-ovulation induced by the administration of LHRH (40  $\mu$ g/rat;  $\sim$ 200  $\mu$ g/kg on day 4), pregnant mare serum gonadotropin (300 IU/kg on day 2), and human chorionic gonadotropin (300 IU/kg on day 0). Col: colon; Kid: kidney. Error bars represent standard error of the mean. \*Denotes significance compared with the values of mRNA from super-ovulated ovaries.

more intense than that of follicular cells, granulosa and theca. Large cells with abundant cytoplasm in the stroma, probably hilar or Berger cells, also expressed MR abundantly. Due to processing, oocytes in more-mature follicles tended to be slightly shrunken and retracted from the cumulus and granulosa cells. The cytoplasm and nuclei of oocytes at various stages of development had fine granular MR immunostaining that did not change appreciably as the ova matured. Less-intense, primarily cytoplasmic MR immunoreactivity was seen in granulosa and cumulus cells of developing follicles, with lighter to no staining in theca cells. As in other tissues, MR immunoreactivity was found in macrophages and vascular smooth muscle of veins and arteries (Gomez-Sanchez et al. 2006).

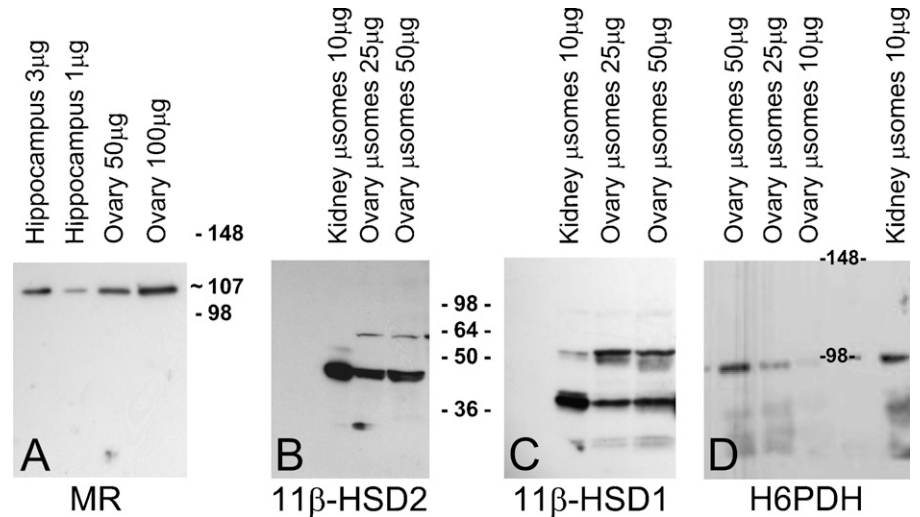
As shown in Figure 4, all three microsomal-associated enzymes were detected in the cytoplasm, not nuclei. 11 $\beta$ -HSD2 immunoreactivity had a distribution similar to that of the MR in the ovary, with a few corpora lutea cells staining much more intensely than others and moderate staining of the follicular cells and ova. 11 $\beta$ -HSD1 staining was primarily of the corpora lutea and stromal cells, with much lighter staining in the ova and very little in the follicular cells. H6PDH immunoreactivity was similar in distribution to that of 11 $\beta$ -HSD1, also with the most-prominent staining in the corpora lutea and ova, some in the theca cells, and little in the granulosa cells.

## Discussion

The MR, like other members of the steroid hormone transcription factor superfamily, has both genomic and more rapid non-genomic effects through common signaling pathways (Haseroth et al. 1999; Rossol-Haseroth et al. 2004; Fuller and Young 2005; Funder 2005; Grossmann et al. 2005; Karst et al. 2005). Its conformation, and thus the epitopes exposed to the detection antibody, changes depending upon the type of cell and the structural, chaperone, and cofactor proteins to which it is bound in different locations within the cell (Viengchareun et al. 2007). This explains the slightly different intracellular patterns of staining in the

against the MR molecule, showing an almost identical distribution of staining. Negative controls were uniformly negative. Corpora lutea (CL) in different stages of dissolution from several cycles are seen in Figures 3B and 3C (Navarro 2005). MR immunostaining in the steroidogenic cells of the youngest most-active CL was

**Figure 2** Western blot analysis for MR in hippocampus and ovary (A), and for 11 $\beta$ -HSD2 (B), 11 $\beta$ -HSD1 (C), and H6PDH (D) in kidney and ovary. Whole-tissue protein was used for gel A, microsomal protein was used for gels B–D.

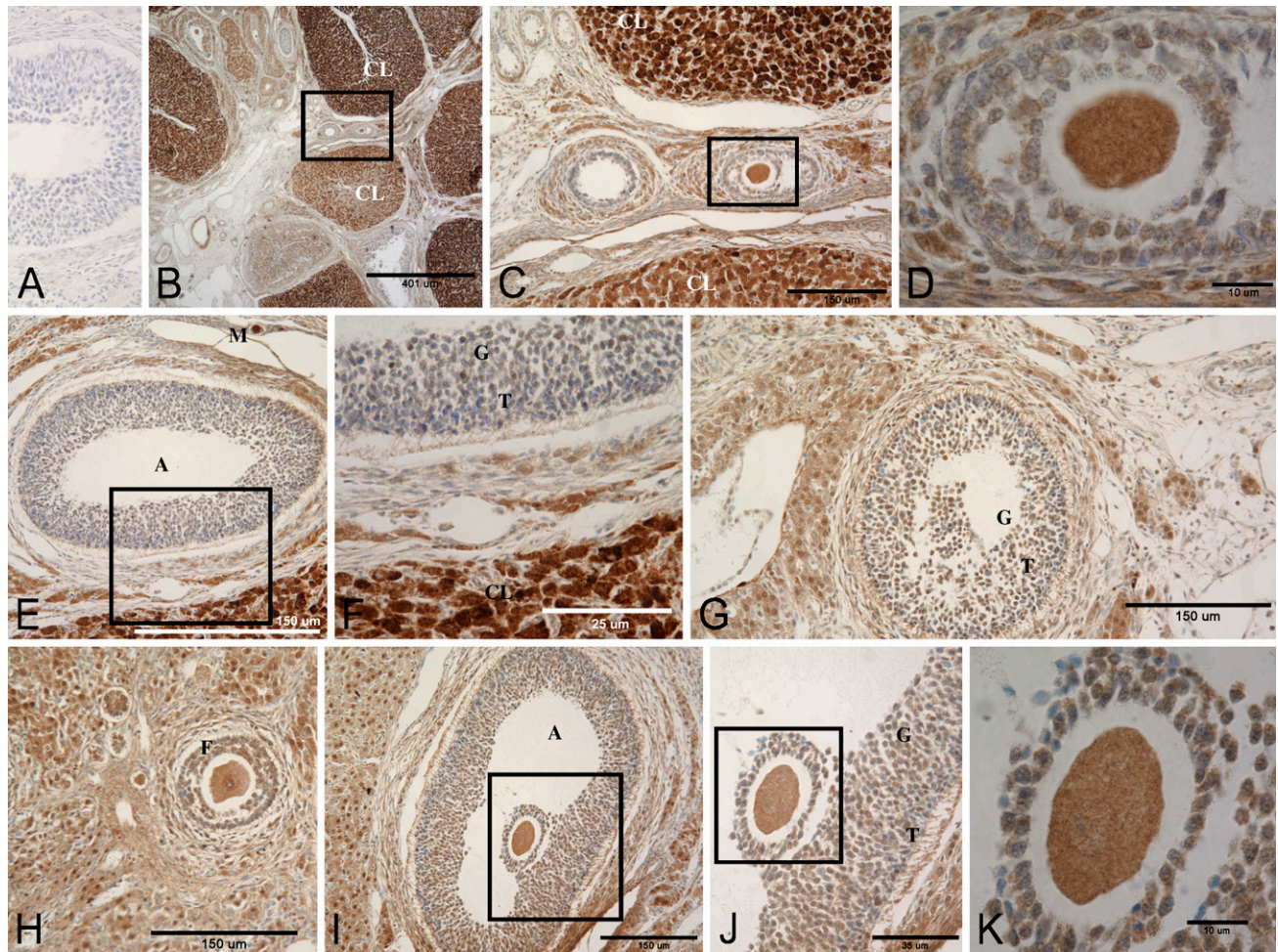


same cell type by the MR antibody against aa 64–82, which detects protein in nuclei and cytoplasm fairly equally, and the MR 79–97 antibody, which preferentially stains cytoplasmic MR (Gomez-Sanchez et al. 2006).

Aldosterone target cells would be expected to express MR and 11 $\beta$ -HSD2 and/or 11 $\beta$ -HSD1 with no H6PDH, resulting in net dehydrogenase activity and the conversion of active to inactive glucocorticoid (Atanasov et al. 2004; Banhegyi et al. 2004; Tomlinson et al. 2004). Glucocorticoids play a major role in ovarian function (Alliston et al. 2000). However, whether they act through the GR, the MR, or both GR and MR, as they do in most non-epithelial tissues (De Kloet et al. 1998; Brennan and Fuller 2000; Seckl and Walker 2001; Michael et al. 2003), is not clear.

Cyclical changes in adrenal steroid receptors, 11 $\beta$ -HSD1, and/or 11 $\beta$ -HSD2 message in total RNA isolated from a variety of species have been reported, but the results are not consistent, probably due to differences in species and conditions of study (Tetsuka et al. 1999, 2003; Thurston et al. 2003a,b; Fru et al. 2006; Jonas et al. 2006). Ovaries of animals such as the rat, in which many ova mature at once and the estrus cycle is relatively short, comprise many corpora from several cycles in various stages of degeneration. Tetsuka et al. (1999) found that gonadotropin treatment of immature non-cycling rats increased ovarian mRNA for 11 $\beta$ -HSD1, decreased that for 11 $\beta$ -HSD2 and MR, and left GR mRNA levels unchanged. We did not find consistent cyclical changes in message for MR, 11 $\beta$ -HSD1, or 11 $\beta$ -HSD2, probably because our animals were post-pubertal rats whose ovaries comprised corpora from several previous cycles in various stages of involution; nor was there a measurable difference in protein by Western blot for the 11 $\beta$ -HSD enzymes, although this is not a very quantitative method.

Our IHC studies demonstrated the presence of both 11 $\beta$ -HSD enzymes, as well as H6PDH, in many of the same types of ovarian cells as the MR, and thus did not clearly differentiate between aldosterone target cells and cells in which MRs are primarily activated by glucocorticoids. Immunoreactivity for 11 $\beta$ -HSD2 was consistently greater than for 11 $\beta$ -HSD1 in rat granulosa-theca cells, with little to no immunostaining for H6PDH in granulosa cells. MR staining was seen in both, but generally greater in granulosa cells, compared with theca cells. This suggests that MR in granulosa cells may be activated by aldosterone. In contrast, bovine and human granulosa cells were found to express 11 $\beta$ -HSD1, but not 11 $\beta$ -HSD2 (Tetsuka et al. 2003; Chandras et al. 2007). Other studies showed that human granulosa cells expressed 11 $\beta$ -HSD2 message during the follicular phase, and upon stimulation, ceased to express 11 $\beta$ -HSD2 and began to express 11 $\beta$ -HSD1 (Thurston et al. 2003a). As in our rats, both HSD enzymes were reported in the bovine corpora lutea, with 11 $\beta$ -HSD2 expression increasing in comparison to that of 11 $\beta$ -HSD1 as the corpora lutea matured (Tetsuka et al. 2003). In our study, MR immunoreactivity and 11 $\beta$ -HSD2 immunoreactivity were particularly intense in several large cells in mature follicles and larger, more-active corpora lutea, suggesting that MR in these cells might be activated by aldosterone and that GR activation would be reduced. MR and both 11 $\beta$ -HSD enzymes were expressed in the ovarian stroma comprising various cell types, including hilar cells that produce androgens and macrophages that participate in the dissolution of old corpora lutea and produce cytokines important for the regulation of steroidogenesis in the ovary (Bornstein et al. 2004). Changes in 11 $\beta$ -HSD1 and -2 message and even protein expression do not necessarily translate into al-

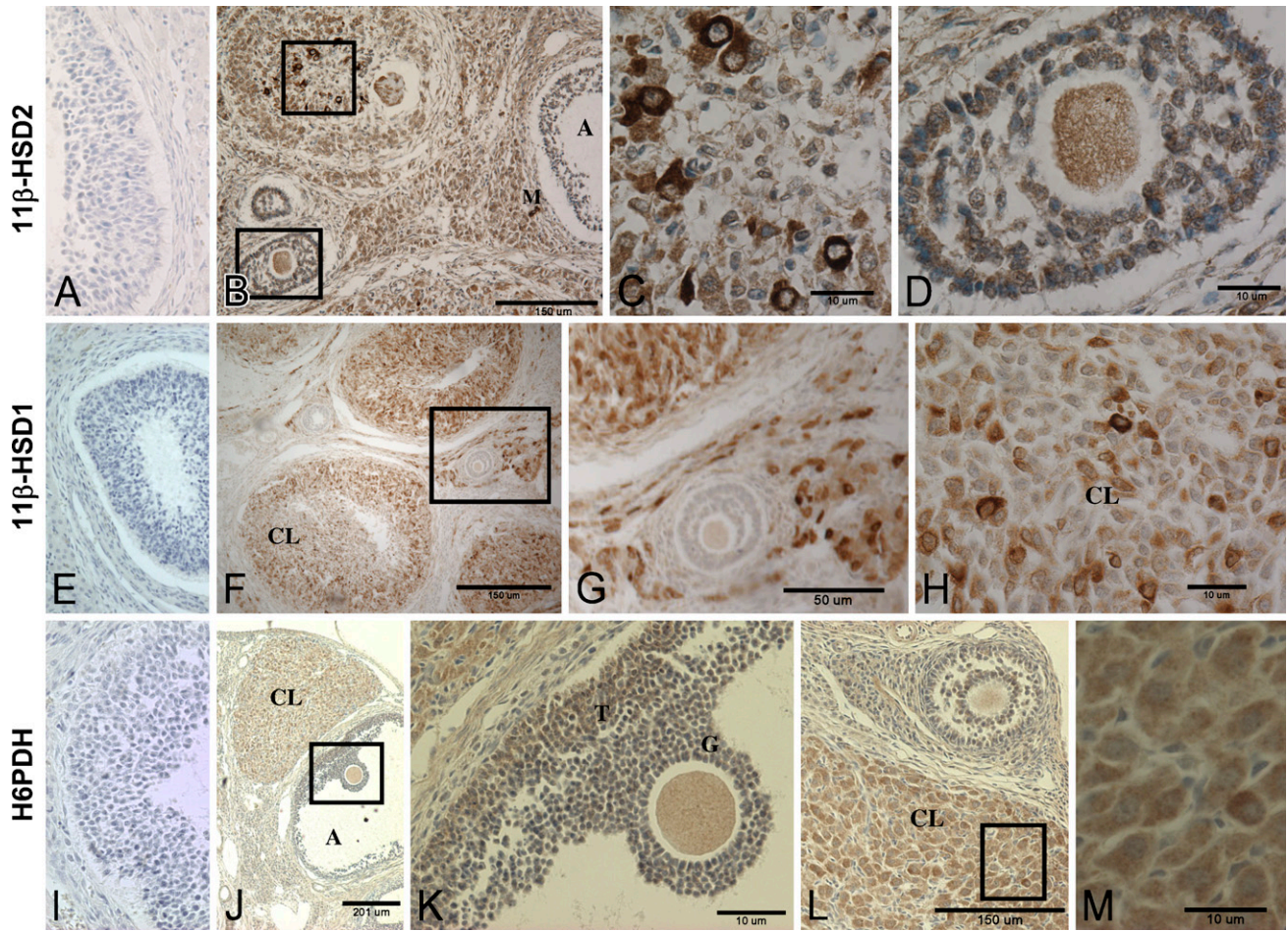


**Figure 3** Photomicrographs of immunohistochemical detection of the MR in a rat ovary using two different monoclonal antibodies. (A) Control, no primary antibody. (B–F) Antibody against aa 79–97 of the MR sequence. (G–K) Antibody against aa 64–82. (C,D) Higher magnifications of the boxed areas in B and C, respectively. (F) Higher magnification of the boxed area in E. (J,K) Successive magnifications of I and J. A, follicular antrum; CL, corpora lutea; T, theca cells; G, granulosa cells; M, macrophage.

tered enzyme activity (Gomez-Sanchez et al. 2001,2003). Both message and protein for  $11\beta$ -HSD1 were reduced to very low levels by estradiol in the rat kidney, whereas those for  $11\beta$ -HSD2 were greatly increased. Notwithstanding, in vivo activity, as measured by the ratio of urinary corticosterone to 11-dehydrocorticosterone, was not different between kidneys of control and estrogen-treated rats, apparently owing to the formation of inactive dimers (Gomez-Sanchez et al. 2001,2003), suggesting that  $11\beta$ -HSD2 activity may be regulated in vivo by dimer formation. Whether dimerization occurs only in those cells in which the estrogen-induced increase in  $11\beta$ -HSD2 is not adaptive is not known.

It has been suggested that the net dehydrogenase activity found in mature human and bovine ovarian follicles (Michael et al. 1993; Tetsuka et al. 2003) may be due to the competition of other steroidogenic P450 enzymes in the granulosa cells for NADPH (Michael

et al. 2003). However, a decrease in cortisol in follicles of these species is not a universal finding (Acosta et al. 2005; Fru et al. 2006). In our present studies, IHC did not detect H6PDH in rat granulosa cells, which would further decrease the availability of NADPH. The resulting decrease in local cortisol concentrations was thought to be important in the late follicular phase (Thurston et al. 2003a,2007). An endogenous inhibitor of  $11\beta$ -HSD reductase activity produced by granulosa-lutein cells has been proposed (Thurston et al. 2003b), and inappropriate production of this inhibitor has been postulated to be the cause of infertility in some women (Michael et al. 1996). Expression in the ovary of  $11\beta$ -hydroxylase, the unique and last enzyme in the synthesis of glucocorticoids, providing for the de novo synthesis of cortisol or corticosterone in the ovary, was reported over 30 years ago (Maschler et al. 1975) and more recently (Yazawa et al. 2008), although not in macaque



**Figure 4** Photomicrographs of immunohistochemical detection of 11 $\beta$ -HSD1, 11 $\beta$ -HSD2, and H6PDH in a rat ovary. (A,E,I) Negative controls for 11 $\beta$ -HSD1, 11 $\beta$ -HSD2, and H6PDH, respectively. (A–D) 11 $\beta$ -HSD2. (C,D) Higher magnifications of areas boxed in B. The follicle in upper left of B appears to be atretic and includes several active macrophages. (E–H) 11 $\beta$ -HSD1. (G) Higher magnification of boxed area in F. (H) Higher magnification of a corpora lutea showing intense 11 $\beta$ -HSD1 immunoreactivity in a few cells. (I–M) H6PDH. (K,M) Higher magnifications of boxed areas in J and L, respectively, showing the oocyte with prevolutary cumulus cells (K) and corpora lutea (M). A, follicular antrum; CL, corpora lutea; T, theca cells; G, granulosa cells; M, macrophage.

ovaries (Fru et al. 2006). Clearly, the normal agonist for the MR in the different cells of ovary has not yet been defined. However, addition of the MR antagonist spironolactone to cultured granulosa cells from macaque follicles prevented HCG-induced progesterone synthesis (Fru et al. 2006).

Progesterone is synthesized in granulosa, theca, and corpora lutea cells. It is a competitive antagonist of the MR that circulates in quantities that are significantly greater than those of aldosterone, especially during the luteal phase of the estrus cycle and pregnancy (Quinkler et al. 2002). Although its affinity for the recombinant MR *in vitro* is similar to that of aldosterone, corticosterone, and cortisol (Rupprecht et al. 1993; Myles and Funder 1996), *in vivo*, it is approximately two orders of magnitude less than that of aldosterone and corticosterone (Arriza et al. 1987; Hultman

et al. 2005). MR activity in the kidney is not disrupted, in particular, during pregnancy, when levels exceed those of aldosterone by an order of magnitude, owing perhaps to the existence of progesterone receptors in the kidney, but primarily to the rapid metabolism of progesterone in this aldosterone target organ (Quinkler et al. 2001; Bumke-Vogt et al. 2002). Whether progesterone reaches concentrations competitive with those of adrenal corticoids for the MR in the ovary, allowing it to regulate MR-mediated activities, including its own production, remains to be tested.

In summary, our study, using real time RT-PCR, Western blot, and IHC, demonstrates that the MR is expressed in several cell types of the rat ovary, along with enzymes that regulate intracellular glucocorticoid concentrations and confer ligand specificity to the MR. This suggests that occupation of the MR and GR

in the ovary by adrenal steroids is stringently regulated. However, unlike classic aldosterone target epithelial cells of the kidney tubules or colon, where 11 $\beta$ -HSD2, but not 11 $\beta$ -HSD1, is expressed, the identity of the "preferred" ligand for the MR in specific ovarian cells remains to be determined and is an important topic for future research.

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