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# Role of peroxisome-proliferator-activated receptor $\beta/\delta$ (PPAR $\beta/\delta$ ) in gastrointestinal tract function and disease

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#### Abstract

PPAR $\beta/\delta$  (peroxisome-proliferator-activated receptor  $\beta/\delta$ ) is one of three PPARs in the nuclear hormone receptor superfamily that are collectively involved in the control of lipid homoeostasis among other functions. PPAR $\beta/\delta$  not only acts as a ligand-activated transcription factor, but also affects signal transduction by interacting with other transcription factors such as NF- $\kappa$ B (nuclear factor  $\kappa B$ ). Constitutive expression of PPAR $\beta/\delta$  in the gastrointestinal tract is very high compared with other tissues and its potential physiological roles in this tissue include homoeostatic regulation of intestinal cell proliferation/differentiation and modulation of inflammation associated with inflammatory bowel disease and colon cancer. Analysis of mouse epithelial cells in the intestine and colon has clearly demonstrated that ligand activation of PPAR $\beta/\delta$  induces terminal differentiation. The PPAR $\beta/\delta$  target genes mediating this effect are currently unknown. Emerging evidence suggests that PPAR $\beta/\delta$  can suppress inflammatory bowel disease through PPAR $\beta/\delta$ -dependent and ligandindependent down-regulation of inflammatory signalling. However, the role of PPAR $\beta/\delta$  in colon carcinogenesis remains controversial, as conflicting evidence suggests that ligand activation of PPAR $\beta/\delta$  can either potentiate or attenuate this disease. In the present review, we summarize the role of PPAR $\beta/\delta$  in gastrointestinal physiology and disease with an emphasis on findings in experimental models using both high-affinity ligands and null-mouse models.

#### Keywords

colon cancer; differentiation; gastrointestinal tract; inflammatory bowel disease; nuclear receptor; peroxisome-proliferator-activated receptor  $\beta/\delta$  (PPAR $\beta/\delta$ )

#### Introduction

The seminal work identifying PPAR $\alpha$  (peroxisome-proliferator-activated receptor  $\alpha$ ) in 1990 [1] led to the subsequent identification of a family of three related receptors in the nuclear receptor superfamily that can modulate biological function by acting as transcription factors or through protein-protein interactions. PPAR $\alpha$ , PPAR $\beta/\delta$  and PPAR $\gamma$  are each encoded by separate genes and exhibit different tissue distribution patterns. The functions of PPAR $\alpha$  and PPAR $\gamma$  are well characterized as central regulators of lipid and glucose homoeostasis. Although considerably less is known about the biological roles of PPAR $\beta/\delta$ , ligand activation of

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PPAR $\beta/\delta$  can effectively increase fatty acid catabolism in skeletal muscle and modulate insulin sensitivity, which makes this receptor a promising drug target for treatment and prevention of metabolic syndrome (reviewed in [2]). Additionally, there is evidence that PPAR $\beta/\delta$  can also modulate gastrointestinal function and disease. There are a number of different compounds that have been shown to activate PPAR $\beta/\delta$ , ranging from essential dietary fatty acids, endogenous prostaglandins and synthetic pharmaceuticals currently in use or under development (Table 1). The specificity of these compounds is dependent not only on the relative affinity for the receptor, but also receptor expression and subsequent transcriptional/ molecular activity. The mechanisms underlying the biological effects induced by activation of PPAR $\beta/\delta$  are mediated through a number of potential pathways.

There are at least three primary mechanisms by which PPAR $\beta/\delta$  can regulate biological functions (Figure 1). PPAR $\beta/\delta$  is thought to exist in the cell in a complex containing the receptor, auxiliary proteins and co-repressors. The histone deacetylase activity of the corepressors maintains the tightly bound chromatin structure preventing transcription. In response to ligand binding, PPAR $\beta/\delta$  undergoes a conformational change, leading to release of auxiliary proteins and co-repressors and recruitment of co-activators that contain histone acetylase activity. Acetylation of histones by co-activators bound to the ligand-PPAR $\beta/\delta$ complex leads to nucleosome remodelling, allowing for recruitment of RNA polymerase II causing target gene transcription. In addition to this direct ligand-dependent transcriptional upregulation of target genes that modulates biological processes such as terminal differentiation (Figure 1A), PPAR $\beta/\delta$  can interfere with NF- $\kappa$ B (nuclear factor  $\kappa$ B) signalling (Figure 1B) [3–5], leading to anti-inflammatory activities associated with PPAR $\beta/\delta$  and its ligands [3– 23]. The anti-inflammatory activities of PPAR $\beta/\delta$  may be mediated in part by interactions with STAT3 (signal transducer and activator of transcription 3) and ERK5 (extracellular-signalregulated kinase 5) [24.25]. It is worth noting that the inhibition of STAT3 signalling due to interacting with PPAR $\beta/\delta$  [24] may also be important in carcinogenesis, as STAT3 is often overexpressed in many cancers, including colon cancer, and is associated with increasing antiapoptotic signalling and increased c-myc expression [26]. As there is evidence that PPAR $\alpha$ can interfere with AP1 (activator protein 1) signalling [27,28], it remains a possibility that PPAR $\beta/\delta$  could also function in concert with AP1 signalling. Thus PPAR $\beta/\delta$  can modulate inflammatory signalling and possibly cell growth by directly interfering with a number of transcription factors (Figure 1B). It was also shown that PPAR $\beta/\delta$  can repress the expression of some genes by associating with co-repressors [29] (Figure 1C). Cell lines with stable overexpression of PPAR $\beta/\delta$  have diminished induction of PPAR $\alpha$  and PPAR $\gamma$  target genes in response to ligand activation of these receptors [29]; however, this effect may be cell-specific. For example, PPAR $\alpha$  target gene expression is not increased in PPAR $\beta$ / $\delta$ -null mouse liver, white adipose tissue or small intestine, and ligand activation of PPAR $\alpha$  in the absence of PPAR $\beta/\delta$  expression does not lead to enhanced expression of PPAR $\alpha$  target genes in these tissues [30]. In contrast, ligand activation of PPARy in the colon in the absence of PPAR $\beta/\delta$ expression does not cause enhanced expression of PPARy target genes, yet ligand activation of PPAR $\alpha$  in the colon in the absence of PPAR $\beta/\delta$  expression leads to enhanced expression of PPARa target genes [31]. Thus there is *in vivo* evidence that PPAR $\beta/\delta$  can repress the transcription of PPAR $\alpha$  target genes in the colon, but this does not appear to occur in the liver, adipose tissue or small intestine. Additionally, the idea that PPAR $\beta/\delta$  represses PPAR $\gamma$  target gene expression in the colon is not supported by these findings and is also inconsistent with relative expression patterns. PPAR $\beta/\delta$  is expressed at significantly higher levels in the colon as compared with PPARy (described below), and it is well known that ligand activation of PPAR $\gamma$  in the colon can attenuate diseases of this tissue. Taken together, there are a number of important pathways that can be modulated by PPAR $\beta/\delta$ , and all of these are likely to have some function in gastrointestinal physiology and disease, as PPAR $\beta/\delta$  is expressed at relatively high levels in both the small and large intestine.

#### PPAR $\beta/\delta$ Expression in the Gastrointestinal Tract

There are a number of reports describing the expression of PPAR $\beta/\delta$  in the gastrointestinal tract (Table 2), with the majority of them examining the mRNA encoding the receptor. When compared with the other PPARs, expression of PPAR $\beta/\delta$  mRNA is considerably higher in both the small and large intestine in rats [32]. When compared with most major tissues, such as the liver, adipose tissue, kidney and muscle, the expression of PPAR $\beta/\delta$  mRNA is markedly elevated in the gastrointestinal tract [32]. The cis elements in the promoter responsible for this high level of expression have not been delineated, but a strong enhancer sequence in the PPAR $\beta/\delta$  promoter has been described [33]. In humans, there is a developmental increase in the expression of PPAR $\beta/\delta$  in the small and large intestine, with the adult colon expressing more protein compared with neonates [34]. Furthermore, expression of PPAR $\beta/\delta$  in the neonatal human intestine has a cytoplasmic localization early on and a more nuclear localization in the later fetal stages and, in particular, in the adult [34]. Note that the reliability of this work depends in large part on the quality of the antibody used, as it is very difficult to detect the expression of low-abundance nuclear receptors in the absence of a highly specific antibody. Hepatic expression of PPAR $\alpha$  is increased upon fasting [35,36], probably due to the requirement of this receptor in activating the expression of enzymes involved in fatty acid catabolism. In contrast, no significant variation in PPAR $\beta/\delta$  expression in the small or large intestine is observed after feeding or fasting, suggesting that the high level of PPAR $\beta/\delta$ expression is independent of the energy status of the cell [32]. Although the gastrointestinal tract is composed of both similar and unique cells, including enterocytes, goblet cells, Paneth cells and stem cells, an extensive analysis of PPAR $\beta/\delta$  expression in the different cell types has not been performed to date. However, it is known that many cryptic cells of the colon express PPAR $\beta/\delta$  protein [37]. The expression of PPAR $\beta/\delta$  may also be markedly changed during cancer progression, an issue that will be addressed in greater detail in a later section. Given the relatively high expression of PPAR $\beta/\delta$  in the small and large intestine, it is clear that this nuclear receptor must have an important role in the gastrointestinal tract in both maintaining normal homoeostasis and in disease.

#### Roles of PPAR $\beta/\delta$ in The Gastrointestinal Tract

A significant role for PPAR $\beta/\delta$  in regulating intestinal cell differentiation has recently been described by two independent laboratories [31,38]. In the absence of PPAR $\beta/\delta$  expression in the small intestine, the number of Paneth cells is significantly decreased [38]. Ligand activation of PPAR $\beta/\delta$  causes an increase in the number of duodenal Paneth cells coincident with an increase in markers of Paneth cell differentiation [38]. Induction of Paneth cell differentiation in the small intestine is mediated by PPAR $\beta/\delta$ -dependent down-regulation of hedgehog signalling [38]. As these effects are not found in similarly treated PPAR $\beta/\delta$ -null mice, this demonstrates that PPAR $\beta/\delta$  is required to mediate the differentiation of intestinal Paneth cells. In another study, ligand activation of PPAR $\beta/\delta$  also induced terminal differentiation of colonic epithelial cells [31]. Administration of a potent PPAR $\beta/\delta$  ligand increased the expression of genes associated with terminal differentiation of colon epithelium and an increase in the relative state of differentiation of colonic epithelial cells [31]. It is of interest to note that one of the mRNA markers, cathepsin E, is also associated with the induction of M cell differentiation, which functions to process antigens in the colon epithelium. Collectively, these two reports demonstrate that PPAR $\beta/\delta$  has an important role in terminal differentiation of both the small and large intestine. This is consistent with a larger body of evidence from multiple laboratories showing an association between PPAR $\beta/\delta$  and PPAR $\beta/\delta$  ligands and terminal differentiation in epithelial cells [13,21,31,38–43]. This has led to a working hypothesis that constitutive expression and activation of PPAR $\beta/\delta$  is maintained at a high level in the intestinal epithelium to mediate differentiation of cell populations that are turning over at a relatively high rate (Figure 2).

#### Role of PPAR $\beta/\delta$ in Inflammatory Bowel Disease

Inflammatory bowel disease refers collectively to both Crohn's disease and ulcerative colitis and is characterized by the overexpression of inflammatory signalling molecules, including TNF $\alpha$  (tumour necrosis factor  $\kappa$ ), NF- $\kappa$ B and IL (interleukin) 1 $\beta$ . PPAR $\beta/\delta$  is known to have strong anti-inflammatory activities (Figure 1B), which may be due, in part, to interference with NF- $\kappa$ B signalling. Coupled with the fact that PPAR $\beta/\delta$  is expressed at high levels in the intestinal epithelium, the rationale for examining the potential role of PPAR $\beta/\delta$  in these diseases is compelling. Consistent with the idea that PPAR $\beta/\delta$  may inhibit inflammatory bowel disease, dietary administration of CLA (conjugated linoleic acid) increases the intestinal expression of PPAR $\beta/\delta$  target genes and was shown to protect against experimentally induced colitis [7], which is in agreement with a study showing that CLA isomers can activate PPAR $\beta/\delta$  [44]. However, although that study [7] suggested a possible role for PPAR $\beta/\delta$  in ameliorating inflammatory bowel disease because of the association between the up-regulation of PPAR $\beta/\delta$  target genes and CLA-induced inhibition of experimentally induced colitis, this effect of CLA was probably more dependent on PPARy as suggested. That activation of PPAR $\beta/\delta$  does not influence inflammatory bowel disease is also supported by a more recent finding reporting that, in the absence of PPAR $\beta/\delta$  expression, experimentally induced colitis is significantly exacerbated, as revealed by enhanced clinical symptoms, increased expression of inflammatory signalling molecules (e.g. IL6 and  $TNF\alpha$ ) and histopathological analysis [11]. Although this observation suggests that ligand activation may prevent experimentally induced colitis, surprisingly administration of a highly specific PPAR $\beta/\delta$  ligand (GW0742; 5 mg/kg of body weight) did not ameliorate any of these effects [11]. However, it remains a possibility that higher concentrations of the PPAR $\beta/\delta$  ligand could prove to be inhibitory in this model system, since the concentration used in that study [11] was shown to specifically activate PPAR $\beta/\delta$  in vivo and falls in the mid-concentration range of effective doses, thus suggesting that PPAR $\beta/\delta$  can inhibit inflammation in the bowel through a ligand-independent mechanism. The idea that the anti-inflammatory activities of PPAR $\beta/\delta$  and its ligands may be of use for the treatment of inflammatory bowel disease is also supported by the recent findings that chemically induced colitis is exacerbated in stearoyl-CoA desaturase-1-null mice, which have decreased concentrations of oleic acid and linoleic acid [45]: two fatty acids that can activate PPAR $\beta/\delta$  (Table 1). It is likely that PPAR $\beta/\delta$ -dependent modulation of experimentally induced colitis is mediated through protein-protein interactions, such as interfering with NF- $\kappa$ B signalling (Figure 1B). It is also possible that PPAR $\beta/\delta$  ligands could cause SUMOylation of the receptor, similar to that observed with PPAR $\gamma$ , leading to repression of inflammatory responses by interfering with clearance of co-repressor complexes (reviewed in [46]). Alternatively, inhibition of Paneth cell differentiation in the intestine that occurs in the absence of PPAR $\beta/\delta$  expression [47] could contribute to exacerbated experimentally induced colitis in PPAR $\beta/\delta$ -null mice [11], due to decreased expression of antimicrobial peptides such as  $\alpha$ defensins produced by Paneth cells, which serve to protect against intestinal inflammation [47].

In contrast with these findings, administration of GW0742 (5 mg/kg of body weight) caused enhanced colitis in a genetic model of colitis (IL10-null mice) [48]. The reason why mice expressing IL10 in a chemically induced colitis model do not exhibit exacerbated colitis in response to a PPAR $\beta/\delta$  ligand, whereas those lacking expression of IL10 do, remains to be determined. It is tempting to speculate that this difference could be related to PPAR $\beta/\delta$ inhibition of STAT3 signalling. As IL10 activation of STAT3 leads to an anti-inflammatory response, but IL6 activation of STAT3 does not [49], it is possible that ligand activation of PPAR $\beta/\delta$  interferes with the anti-inflammatory response associated with IL10 by interfering with STAT3. This view deserves further consideration.

#### Role of PPAR $\beta/\delta$ in Colon Cancer

By far the most controversial issue regarding PPAR $\beta/\delta$  in the intestine is the potential roles of this receptor in colon cancer. Indeed, there are two opposing hypotheses, with one suggesting that ligand activation of PPAR $\beta/\delta$  potentiates colon tumorigenesis through a variety of mechanisms, whereas the other suggests that ligand activation of PPAR $\beta/\delta$  inhibits colon tumorigenesis (Figure 3).

Less than ten years ago, a hypothetical mechanism (Figure 3A) was described linking the expression and function of PPAR $\beta/\delta$  to colon carcinogenesis [50]. In this model, PPAR $\beta/\delta$  is a downstream target of the APC (adenomatous polyposis coli)/ $\beta$ -catenin/Tcf4 (T-cell transcription factor 4) pathway, similar to the oncogene c-myc [51]. Reduced function of APC due to familial or somatic mutations leads to increased activity of  $\beta$ -catenin and Tcf4 transcriptional activity, which causes an up-regulation of target genes such as c-myc and reportedly PPAR $\beta/\delta$  [50]. The increased presence of PPAR $\beta/\delta$  could then potentially be activated by endogenous ligands such as COX (cyclo-oxygenase)-derived prostacyclin [52]. It was proposed further that ligand-activated PPAR $\beta/\delta$  would then drive the expression of target genes, which still remain to be identified, and potentiate cell growth. In support of this model, PPAR $\beta/\delta$ -null HCT116 cells have reduced tumorigenicity in a xenograft model [53]. Taken together, an attractive model that presumably explained how COX2 inhibition prevents colon cancer was developed (Figure 3A). In addition to this model, a couple of related models were proposed suggesting that higher expression of PPAR $\beta/\delta$  in colon cancer prevents activation of PPARy [54,55], and that NSAIDs (non-steroidal anti-inflammatory drugs) may prevent colon cancer by inhibiting the increased expression of PPAR $\beta/\delta$  reported in colon cancer [56] (Figure 3A). Subsequent findings from other laboratories using both in vitro and in vivo models have provided results in support of these models, whereas others have not. Indeed, there is an alternative hypothesis that ligand activation of PPAR $\beta/\delta$  can attenuate colon cancer (Figure 3B). This mechanism is supported by the observations that colon carcinogenesis is exacerbated in both a genetic APC<sup>min</sup> mouse model and a chemically induced azoxymethane treatment model in the absence of PPAR $\beta/\delta$  expression [57,58], that silencing PPAR $\beta/\delta$  expression in human colon cancer cells promotes cell proliferation [59], that PPAR $\beta/\delta$  has potent antiinflammatory activities [3–23], that PPAR $\beta/\delta$  mediates terminal differentiation in a number of models (reviewed later) and that inhibition of azoxymethane-induced colon cancer by ligand activation of PPAR $\beta/\delta$  requires a functional PPAR $\beta/\delta$  [31]. As noted above, some findings in the literature support this model whereas others do not. The following sections will address the most central regulatory mechanisms of these pathways with an emphasis on the expression of PPAR $\beta/\delta$  in colon cancer and the influence of ligand administration in colon cancer models.

## Is PPAR $\beta/\delta$ an APC/ $\beta$ -catenin/Tcf4 Target Gene that is Up-regulated during Colon Cancer?

A fundamental question that has remained unanswered in the PPAR literature is whether PPAR $\beta/\delta$  is a downstream target of the APC/ $\beta$ -catenin/Tcf4 pathway. It is important to stress that constitutive expression of PPAR $\beta/\delta$  is relatively high in the gastrointestinal tract and that this high expression probably facilitates terminal differentiation. Recent evidence also suggests that PPAR $\beta/\delta$  may be constitutively active in the presence of endogenous fatty acids, as fatty acids are tightly bound to the ligand-binding domain [60]. Despite the relatively high constitutive expression, there are a number of studies suggesting that PPAR $\beta/\delta$  is up-regulated in colon tumours in both human and rodent models (Table 3a). These findings are consistent with the idea that PPAR $\beta/\delta$  is a downstream target of the APC/ $\beta$ -catenin/Tcf4 pathway. This hypothesis is based on the original study showing that PPAR $\beta/\delta$  expression is diminished with overexpression of APC in a human colon cancer cell line, coupled with additional studies, including the demonstration that PPAR $\beta/\delta$  mRNA is higher in colon tumours from human

cancer patients [50]. Six independent studies from other laboratories support these findings, some with greater experimental and statistical strength than others. For example, two studies show that expression of PPAR $\beta/\delta$  mRNA is higher in colon tumours compared with normal mucosa in human patients [52,61], whereas findings from two other laboratories report relatively higher expression of PPAR $\beta/\delta$  mRNA in only a small cohort of the examined colon tumour samples [62,63]. One study also showed relatively high expression of PPAR $\beta/\delta$  in one patient with FAP (familial adenomatous polyposis) using immunohistochemistry [64], but follow-up Western blot analyses indicate that the immunohistochemical analysis was influenced by non-specific immunoreactivity, a point alluded to above. There is also evidence from animal studies showing relatively higher expression of PPAR $\beta/\delta$  in colon tumours from rats treated with the colon-specific carcinogen azoxymethane, intestinal adenomas from APC<sup>min</sup> mice treated with azoxymethane and polyps from APC<sup>min</sup> mice [52,64,65]. However, as noted above, Western blot analysis with the same antibody used in the immunohistochemical analysis revealed no change in PPAR $\beta/\delta$ , even though expression of  $\beta$ -catenin and cyclin D1 were elevated [64,65]. This indicates that the results from immunohistochemical analysis suggesting increased expression of PPAR $\beta/\delta$  could be an incorrect interpretation resulting from non-specific immunoreactivity, as the same antibody was used for both studies [64,65]. In contrast with these studies, there are publications from 18 independent laboratories that do not support the view that PPAR $\beta/\delta$  is up-regulated in colon carcinogenesis by the APC/ $\beta$ -catenin/ Tcf4 pathway (Table 3b). Expression of mRNA encoding PPAR $\beta/\delta$  is lower in colon adenomas and adenocarcinomas compared with normal tissue in human cancer patients [66]. In patients with a family history of sporadic colon cancer, expression of PPAR $\beta/\delta$  is decreased in normal mucosa compared with mucosa from controls with no family history of colon cancer [67]. In two other independent studies, expression of mRNA was lower in more than half of the colon tumours examined from patients [63] or was unchanged in more than half of the colon tumours examined from another cohort of cancer patients [62]. Similarly, expression of PPAR $\beta/\delta$ mRNA is lower in colon mucosa from cancer patients compared with mucosa from non-cancer patients [68]. In yet another study examining human colon tumours, mRNA encoding PPAR $\beta/\delta$  was high in some patients, but, in general, the expression was not different between tumours and normal mucosa [69]. Studies in human cancer cell lines show that the relative expression of PPAR $\beta/\delta$  is either similar or lower in SW480 cells that have a mutant APC gene and a wild-type  $\beta$ -catenin gene compared with HCA7 cells that have a wild-type APC gene and a  $\beta$ -catenin gene [52,70]. Knocking down the expression of PPAR $\beta/\delta$  in HT29 human colon cancer cells has no effect on cell growth or apoptosis [71], but silencing PPAR $\beta/\delta$ expression in HCT116 human colon cancer cells promotes cell growth [59]. Studies in animal models provide another body of evidence indicating that PPAR $\beta/\delta$  is not increased during colon carcinogenesis and that PPAR $\beta/\delta$  is not up-regulated by the APC/ $\beta$ -catenin/Tcf4 pathway. Expression of mRNA encoding PPAR $\beta/\delta$  is lower in polyps from APC mutant mice and in polyps from azoxymethane-treated mice compared with normal mucosa [31,58,68]. However, the relative expression of PPAR $\beta/\delta$  protein is reportedly unchanged in polyps compared with mucosa in APC<sup>*min*</sup> mice [72], and expression of the PPAR $\beta/\delta$  protein is not different in the wild-type colon compared with the colon from APC<sup>min</sup> mice [57]. This is consistent with another study showing increased expression of  $\beta$ -catenin and cyclin D1 in intestinal adenomas from azoxymethane-treated APC<sup>min</sup> mice, but no change in PPAR $\beta/\delta$  expression [64]. This suggests that some of the reported differences in mRNA expression of PPAR $\beta/\delta$  may not cause functional changes in protein levels. Some of the most convincing evidence to date indicating that PPAR $\beta/\delta$  is not up-regulated by the APC/ $\beta$ -catenin/Tcf4 pathway is provided from transgenic mouse models. Complete deletion of the APC gene in mouse intestine causes increased expression of the well-characterized oncogene c-myc, but down-regulation of mRNA encoding PPAR $\beta/\delta$  [58,73]. Similarly, targeted deletion of  $\beta$ -catenin in mouse intestine causes the down-regulation of c-myc mRNA but no change in the expression of PPAR $\beta/\delta$  mRNA [74]. Gene expression analysis of a human colon cancer cell line expressing a dominantnegative form of Tcf4 also showed a significant decrease in the expression of c-myc mRNA

but no change in the expression of mRNA encoding PPAR $\beta/\delta$  [75]. Taken together, there are some studies demonstrating that PPAR $\beta/\delta$  is up-regulated in colon cancer, but many other studies that are inconsistent with this result. Regardless of whether the expression of PPAR $\beta/\delta$ is increased, decreased or unchanged during colon carcinogenesis, it is important to note that the biological role of this receptor in colon carcinogenesis is still unknown. To better understand the function of PPAR $\beta/\delta$  in this disease, the effect of ligand activation and/or targeted disruption of PPAR $\beta/\delta$  has provided some clues towards this goal.

#### Effect of Ligand Activation of PPAR $\beta/\delta$ in Colon Cancer Models

Some of the earliest studies examining the effect of a PPAR $\beta/\delta$  ligand in cancer were performed before the link between the ligand and the receptor was described. Prior to the suggestion that prostacyclin may be an endogenous ligand for PPAR $\beta/\delta$  [52], a number of studies had been performed examining the effect of this COX-derived metabolite in cancer models, but did not focus on intestinal carcinogenesis. For example, in 1981 it was shown that prostacyclin inhibits cell growth of the B16 melanoma cell line [76]. This is some of the first evidence suggesting that a potential PPAR $\beta/\delta$  ligand can inhibit cell growth, although this was not specifically examined in this study as there was no reason at the time to link prostacyclin with activation of PPAR $\beta/\delta$ . The same investigators also demonstrated that prostacyclin is a potent antimetastatic agent [77], an observation that has been examined extensively since that time (reviewed in [78]). Indeed, prostacyclin can significantly inhibit cell adhesion molecule adherence of COLO 205 colon carcinoma cells to endothelial cells [79]. Whether the inhibitory effect or the antimetastatic effect of prostacyclin is mediated by PPAR $\beta/\delta$  is uncertain, but it is worth noting that, in a lung cancer cell line, inhibition of cell proliferation by carbaprostacyclin is mediated by PPAR $\beta/\delta$  as shown by siRNA (short interfering RNA) experiments [80]. There is some indication that inhibition of cell growth by prostacyclin could be influenced by increased apoptosis, as this has been shown in vascular smooth muscle cells [81]; however, as with many of the studies investigating the role of PPAR $\beta/\delta$  in cancer, this idea is inconsistent with other findings. Although there is good evidence that prostacyclin can inhibit cell growth and have antimetastatic activity in a variety of tumour models, there is also a study suggesting that prostacyclin produced in colonic fibroblasts can promote cell survival of colonocytes via the activation of PPAR $\beta/\delta$  [82]; however, this hypothesis was not examined extensively. Prostacyclin has also been shown to be chemoprotective for lung cancer [83,84] and, interestingly, the mechanism of this chemoprevention may involve the up-regulation of PPAR $\gamma$  [84]. It is also worth noting that there are high-affinity prostacyclin receptors (e.g. affinity in the nanomolar range [85,86]) on the cell surface. This suggests that any potential effect of prostacyclin that could be mediated by PPAR $\beta/\delta$ , which is localized in the cytosol and/or nucleus, would result in having bypassed binding to the cell-surface receptor. Collectively, the role of PPAR $\beta/\delta$ , if any, in modulating any effects of prostacyclin in colon cancer models remains to be determined.

The studies using prostacyclin are more suggestive of possible roles for PPAR $\beta/\delta$ , as it has not been conclusively demonstrated with any degree of certainty that prostacyclin is a true endogenous ligand of PPAR $\beta/\delta$  [87] and, in many cases, this possibility was not examined specifically. There are a number of studies that have more directly examined the effect of PPAR $\beta/\delta$  in intestinal carcinogenesis using low- and high-affinity ligands of PPAR $\beta/\delta$  and, in some cases, also controlling for PPAR $\beta/\delta$  expression. Unfortunately, these studies have also provided conflicting results that require discussion. Linoleic acid can activate PPAR $\beta/\delta$  (Table 1), and there is some evidence associating increased dietary intake of linoleic acid with increased colon cancer in experimental animal models [88–91]. Increased dietary intake of linoleic acid is also associated with increased risk of colon cancer in patients with a mutation in v-Ki-ras2 Kirsten rat sarcoma viral oncogene homologue [92]. However, linoleic acid is a relatively low-affinity activator of PPAR $\beta/\delta$  and other variables other than linoleic acid may

have influenced these findings, including dietary fibre. The first study describing the effect of a potent PPAR $\beta/\delta$  ligand on intestinal carcinogenesis showed that GW501516 increased the average number (approx. 30 polyps in control compared with approx. 56 polyps in the GW501516-treated) and average size of small intestinal polyps in APC<sup>min</sup> mice, which was due in part to modulation of apoptosis [93]. The number of colon polyps in response to administration of GW501516 to APC<sup>min</sup> mice was not different in this study [93]. The same group went on to show that administration of GW501516 to APC<sup>min</sup> mice increased the average number of polyps in the small intestine (approx. 60 polyps in control compared with approx. 120 polyps in GW501516-treated) and colon (approx. one polyp in control compared with approx. three polyps in GW501516-treated) through a PPAR $\beta/\delta$ -dependent mechanism, as this was not found in APC<sup>min</sup> mice that lacked expression of PPAR $\beta/\delta$  [94]. It was hypothesized that the observed increase in intestinal polyps resulting from administration of the highly potent PPAR $\beta/\delta$  ligand was mediated, in part, by PPAR $\beta/\delta$ -dependent modulation of VEGF (vascular endothelial growth factor) expression, which presumably caused increased phosphorylation of Akt and inhibition of apoptosis [94].

In contrast with these studies suggesting that ligand activation of PPAR $\beta/\delta$  will potentiate colon carcinogenesis, a number of findings from independent laboratories using low- and highaffinity activators of PPAR $\beta/\delta$  do not support this view. Although some studies suggest that increased dietary linoleic acid, which can activate PPAR $\beta/\delta$  (Table 1), may be associated with increased risk of colon cancer [88-92], a careful review of multiple human studies indicates that high dietary intake of linoleic acid does not increase the risk of colon cancer [95]. Notably, there is a lack of an increased risk of colon cancer by high dietary intake of linoleic acid in patients with colon cancer with an APC mutation [92]. Other studies suggest that fatty acids, including linoleic acid, oleic acid and others, can inhibit colon cancer. For example, linoleic acid and oleic acid can inhibit cell proliferation and induce apoptosis in HT29 cells [96]. Consumption of olive oil, which is high in oleic acid that can activate PPAR $\beta/\delta$  (Table 1), has also been associated with a decreased risk of colon cancer [97,98]. However, other components of olive oil, such as phenolic compounds, may contribute to this chemopreventive association [98]. Chemopreventive associations between a high intake of eicosapentaenoic acid or docosahexaenoic acid and colon cancer are well documented [99], and both of these fatty acids can also activate PPAR $\beta/\delta$  (Table 1). Culturing human colonocytes with the high-affinity PPAR $\beta/\delta$  ligand GW501516 does not change cell viability but inhibits cell proliferation [100]. However, this finding was viewed with some uncertainty as the expression of PPAR $\beta$ /  $\delta$  mRNA was below the level of detection in these cells. It is difficult to reconcile this finding as others have clearly demonstrated relatively high expression of PPAR $\beta/\delta$  in human colon (Table 3a), so it remains a possibility that PPAR $\beta/\delta$  protein was present in their model or that technical problems prevented the detection of the mRNA. Relative cell proliferation of three human colon cancer cell lines (HT29, SW480 and HCA7) is unchanged in response to cell culture in the presence of a high-affinity PPAR $\beta/\delta$  ligand, although only one concentration was examined in that study [101]. As SW480 cells have a mutant APC and functional  $\beta$ -catenin, if PPAR $\beta/\delta$  was a target of the APC/ $\beta$ -catenin/Tcf4 pathway it might be expected that these cells would have higher PPAR $\beta/\delta$  expression and perhaps be more responsive than HCA7 cells, but this was not observed [101]. Administration of GW0742 to APC<sup>min</sup> mice caused no change in the number of polyps in the small intestine (approx. 20 polyps in control compared with approx. 25 polyps in GW0742-treated) or colon (approx. three polyps in control compared with approx. two polyps in GW0742-treated), nor in the size of the polyps [31]. However, administration of GW0742 to mice treated with the colon-specific carcinogen azoxymethane did inhibit colon tumour multiplicity, and this effect required PPAR $\beta/\delta$  as this was not seen in similarly treated  $PPAR\beta/\delta$ -null mice [31]. Results from that study also suggested that the observed inhibition of colon tumorigenesis is due to PPAR $\beta/\delta$ -dependent modulation of differentiation as terminal differentiation markers [e.g. ADRP (adipose differentiation-related protein) and FABP (fattyacid-binding protein)] were increased by GW0742 treatment in colonocytes [31]. The

contradiction with the observation that ligand activation of PPAR $\beta/\delta$  inhibits colon cancer resulting from the colon-specific carcinogen azoxymethane [31] by the studies that ligand activation potentiates colon cancer in the APC<sup>min</sup> mouse model [93,94] may have been due to differences in the ligand used, as GW0742 was used for one study [31], whereas other studies used GW501516 [93,94]. This hypothesis was examined in a recent paper [102]. Critical analysis of both human colon cancer cell lines (HT29, HCT116 and LS-174T) and mice revealed many inconsistencies with previous studies. For example, inhibition of cell proliferation of HT29, HCT116 and LS-174T cell was observed in response to either GW0742 or GW501516 (1–10  $\mu$ mol/l), and this effect was unaffected by the presence or absence of serum. The presence of serum was evaluated as a possible variable that could contribute to some of the reported disparities, because inhibition of apoptosis reported by others was found after serum removal [93,94]. In contrast with a previous study suggesting that VEGF is regulated by a PPAR $\beta/\delta$ -dependent mechanism leading to inhibition of apoptosis due to increased phosphorylation of Akt in LS-174T cells [94], no change in VEGF expression, phosphorylation of Akt or PARP (polyADP-ribose polymerase) cleavage was observed in either HT29, HCT116 and LS-174T cells, in the presence or absence of serum, in response to either GW0742 or GW501516 over a broad concentration range known to specifically activate PPAR $\beta/\delta$  (0.1–10  $\mu$ mo/l) [102]. Furthermore, expression of VEGF and phosphorylation of Akt was not different in colon or colon polyps after administration of either GW0742 or GW501516, or GW0742 respectively [102]. The idea that PPAR $\beta/\delta$  could modulate Akt signalling stems from previous findings made in keratinocytes suggesting that PPAR $\beta/\delta$ directly up-regulates PDK1 (phosphoinositide-dependent kinase 1) and ILK (integrin-linked kinase) and inhibits PTEN (phosphatase and tensin homologue deleted on chromosome 10) expression, which combined cause increased phosphorylation of Akt and inhibition of apoptosis [103]. However, this pathway appears to be context-specific as it does not function in normal mouse or human keratinocytes in the absence of inflammatory signalling [40]. Additionally, this pathway was examined in mouse colon and human cancer cell lines and was found to be non-functional in response to ligand activation of PPAR $\beta/\delta$  [31,102]. Thus there is no convincing evidence that PPAR $\beta/\delta$  modulates apoptosis by either VEGF-dependent regulation of Akt signalling or the PDK/ILK/Akt pathway during colon carcinogenesis.

Collectively, these studies have contributed significantly to the current controversy regarding the effect of ligand activation in colon carcinogenesis. There are a number of possible explanations for these differences that should be discussed. One difference is the model used: the APC<sup>min</sup> mouse compared with the chemical induction of colon tumours using azoxymethane. The APC<sup>min</sup> mouse, although useful for studying intestinal tumorigenesis, has the drawback that the majority of tumours are found in the small intestine rather than the colon. APC genetically mutant mice can also have a large variation in polyp distribution due to simple differences in housing conditions [104], which might be influenced by differences in gut flora. The studies examining the effect of GW501516 in APC<sup>min</sup> mice also used mice on a mixed genetic background [94], such that the results could be influenced by the presence of modifiers of min alleles, which can significantly modulate the incidence of intestinal tumorigenesis in the APC<sup>min</sup> mouse model [105–107]. Additionally, the variation observed in the average number of intestinal polyps in control and ligand-treated APC<sup>min</sup> mice from one laboratory has a large variation, such that control tumour multiplicity in one study is similar to tumour multiplicity in the ligand-treated group in a separate study [93,94,108]. Thus the studies using azoxymethane are clearly more specific for determining the effect of ligand activation of PPAR $\beta/\delta$  in colon cancer. The hypothesis that ligand activation of PPAR $\beta/\delta$  up-regulates VEGF expression leading to phosphorylation of Akt and inhibition of apoptosis during colon carcinogenesis [94] is inconsistent with findings using the same human colon cancer cell line, as well as comparative *in vivo* analysis using two different PPAR $\beta/\delta$  ligands demonstrating no changes in phosphorylation of Akt or VEGF expression [31,102]. The hypothesis that ligand activation of PPAR $\beta/\delta$  leads to anti-apoptotic signalling, as suggested by some studies [93,

94,108], is inconsistent with a larger body of evidence showing that PPAR $\beta/\delta$  induces terminal differentiation and/or is associated with inhibition of cell growth in a variety of models [13, 15,17,18,21,31,38–43,59,80,100,102,109–121]. Despite the controversies, these combined observations shed light on the complexities of PPAR $\beta/\delta$  signalling and emphasize the need to critically examine current working hypotheses for the role of this receptor in colon carcinogenesis.

#### Modulation of PPAR $\beta/\delta$ Activity by NSAIDS During Colon Carcinogenesis

In addition to the putative differences in PPAR $\beta/\delta$  expression and ligand activation of PPAR $\beta/\delta$  during colon cancer, a few related alternative pathways involving PPAR $\beta/\delta$  have also been postulated as possible targets for colon cancer chemoprevention. One recently hypothesized mechanism suggested that NSAID-mediated inhibition of colon tumorigenesis is facilitated by down-regulating PPAR $\beta/\delta$  expression and function [54]. The reported PPAR $\beta/\delta$ -dependent inhibitory activity induced by NSAIDs was due to the increased expression of LOX1 (lipoxygenase 1)-derived 13-S-HODE [13(S)-hydroxyoctadecadienoic acid] that surprisingly binds to PPAR $\beta/\delta$  but decreased, rather than increased, transcriptional activity of PPAR $\beta/\delta$  as well as decreased the expression of PPAR $\beta/\delta$  [54]. This downregulation of PPAR $\beta/\delta$  was linked to increased apoptosis, suggesting that PPAR $\beta/\delta$  mediates anti-apoptotic activity. This is similar to another hypothesis linking NSAID-dependent downregulation of both 14-3-3 and PPAR $\beta/\delta$  with increased apoptosis in human cancer cell lines [56]. It was also suggested that NSAID/LOX1-dependent down-regulation of PPAR $\beta/\delta$ allowed increased activity of PPARy [55]. This indicates that NSAID-dependent inhibition of colon cancer by NSAIDs could be due, in part, to increased activity of PPARy, which is known to be a chemopreventive target (reviewed in [122]), in addition to the inhibition of COX2dependent pathways. Although the findings from these studies indicate a potential novel regulatory pathway for NSAIDs, they are also highly inconsistent with other findings. The first level of inconsistency is the idea that PPAR $\beta/\delta$  is increased during colon cancer, as described above. Although NSAIDs are reported to decrease PPAR $\beta/\delta$  expression in human cancer cell lines, there are other findings indicating that NSAIDs increase the expression of PPAR $\beta/\delta$ (Table 4). If expression of PPAR $\beta/\delta$  is not changed or is decreased as suggested by some studies, then the former hypotheses are infeasible. It is also unclear, as outlined above, whether PPAR $\beta/\delta$  modulates apoptosis and, if so, the mechanisms of this modulation are unknown. The idea that a PPAR $\beta/\delta$  ligand (e.g. 13-S-HODE) can bind to and repress PPAR $\beta/\delta$  activity is unprecedented and inconsistent with other work showing increased PPAR $\beta/\delta$ -dependent transcriptional activity by 13-S-HODE [123]. The relevance of the findings made in cancer cell lines are also not consistent with what is seen in vivo (e.g. PPAR $\beta/\delta$  does not interfere with PPARy signalling [31,124] and NSAIDs do not change expression of PPAR $\beta/\delta$ ; Table 4b). It is also worth noting that administration of the NSAID nimesulide does not change the expression of PPAR $\beta/\delta$  in the mouse colon and effectively inhibits colon cancer in both wildtype and PPAR $\beta/\delta$ -null mice [112] and that NSAID-induced apoptosis in HCT116 cells does not require PPAR $\beta/\delta$  [53]. Taken together, the hypothesis that NSAIDs inhibit colon tumorigenesis through down-regulation of PPAR $\beta/\delta$  is not supported by many observations.

#### **Concluding Comments and Data Gaps**

In the present review, we have summarized the controversial issues surrounding the role of PPAR $\beta/\delta$  in intestinal physiology and disease. In particular, there remains considerable controversy regarding the role of PPAR $\beta/\delta$  during colon cancer. A number of major points of emphasis should be explored further to more definitively determine how PPAR $\beta/\delta$  modulates colon cancer, including issues related to expression levels, identification of direct PPAR $\beta/\delta$  target genes and the potential roles of polymorphisms in the PPAR $\beta/\delta$  gene in human cancer.

It is clear that there are many inconsistencies in the literature in support of the view that PPAR $\beta/\delta$  is up-regulated by the APC/ $\beta$ -catenin/Tcf4 pathway [50]. Indeed, there are many examples indicating that PPAR $\beta/\delta$  expression is not significantly changed in the absence of APC-dependent signalling, including complete disruption of APC and  $\beta$ -catenin and/or inhibiting Tcf4 signalling. However, there are also examples in some patients indicating that, in some cases, expression does appear to be higher than normal. Does this difference in expression reflect differences or interactions with other transcriptional regulators? Perhaps the APC/ $\beta$ -catenin/Tcf4 pathway modulates PPAR $\beta/\delta$  in some individuals/models, but not others due to unidentified mechanisms such as expression of modifier genes? Given the large differences in expression pattern and lack of change in PPAR $\beta/\delta$  expression in some models, it is not possible to conclude that PPAR $\beta/\delta$  is up-regulated by the APC/ $\beta$ -catenin/Tcf4 pathway. Regardless of whether PPAR $\beta/\delta$  is increased or decreased during colon carcinogenesis, one must also come to terms with the fact that PPAR $\beta/\delta$  expression is already very high in the intestine. There is good evidence that the high expression of PPAR $\beta/\delta$  is due to the requirement for maintenance of terminally differentiated cell types, including Paneth cells. Additionally, recent evidence suggests that PPAR $\beta/\delta$  may be constitutively active in the presence of endogenous fatty acids, which can be found tightly bound to the ligand-binding domain [60]. Thus it is curious that if PPAR $\beta/\delta$  is increased during colon cancer and is causally related, then given its relatively high expression in colonic epithelium, why does colon cancer not affect the majority of humans? One idea that has not been considered to date is that if PPAR $\beta/\delta$  is increased during colon carcinogenesis the increased expression of PPAR $\beta/\delta$  may serve as a protective mechanism. For example, the higher expression of PPAR $\beta/\delta$  could inhibit inflammation and/or mediate the induction of terminal differentiation to prevent proliferation of cells that would normally be predisposed for tumorigenesis. This view is supported by a large body of evidence from a number of independent laboratories showing that PPAR $\beta/\delta$  and/ or ligand activation of PPAR $\beta/\delta$  have anti-inflammatory activities [3–23] and is associated or causally linked to the induction of terminal differentiation and/or inhibition of cell proliferation [13,15,17,18,21,31,38–43,59,80,100,102,109–121]. The idea that increased expression of PPAR $\beta/\delta$  may be a protective mechanism is also supported by comparable findings showing increased expression of PPARy in colon tumours [125] and that PPARy ligands inhibit or prevent colon carcinogenesis by inducing terminal differentiation, inhibiting cell proliferation and/or increasing apoptosis through both receptor-dependent and receptor-independent mechanisms [122,126]. Although the induction of terminal differentiation is typically considered a good approach to prevent or treat cancer, there is evidence that increased Paneth cell differentiation is associated with increased APC/β-catenin/Tcf4 activity [127]. This could be viewed as suggesting that increased PPAR $\beta/\delta$ -dependent Paneth cell differentiation may be causally linked to colon cancer. Alternatively, as noted above, it remains a possibility that the increased PPAR $\beta/\delta$ -dependent Paneth cell differentiation resulting from enhanced APC/ $\beta$ catenin/Tcf4 activity is a protective mechanism. Lastly, although the expression of PPAR $\beta/\delta$ was decreased during colon cancer progression in some models, the significance of this change remains uncertain. Further studies are necessary to differentiate between all of these possibilities.

The notion that the presence of PPAR $\beta/\delta$  could mechanistically explain how COX2 inhibitors prevent colon cancer was indeed an attractive hypothesis [50,52]. If COX2-derived metabolites served as ligands for PPAR $\beta/\delta$  that lead to increased signalling for enhanced cell proliferation and if PPAR $\beta/\delta$  expression were elevated similar to c-myc and cyclin D1 via the APC/ $\beta$ catenin/Tcf4 pathway, then inhibiting PPAR $\beta/\delta$  activity might explain how NSAIDs prevent this disease. Unfortunately, since the original hypothesis was proposed, this idea has been met with significant inconsistencies. For example, suppression of azoxymethane-induced colon cancer by the COX2 inhibitor nimesulide occurs in the absence of PPAR $\beta/\delta$  expression [112]. It was suggested that COX2-derived PGE<sub>2</sub> (prostaglandin E<sub>2</sub>) and Wnt signalling interact with PPAR $\beta/\delta$  leading to a shift from cell death to cell survival [108], but these findings

are not supported by the observed PPAR $\beta/\delta$ -independent decrease in colon-specific carcinogenesis in response to COX2 inhibition [112]. Similarly, there is one study suggesting a relationship between a polymorphism in the human PPAR $\beta/\delta$  gene and the protective effect of NSAIDs on colorectal cancer risk [128], whereas another study found no correlation [129]. Given these inconsistencies, it is not surprising that, since originally hypothesized, other related but different hypotheses proposing that NSAIDs up-regulate PPAR $\beta/\delta$  expression leading to chemopreventive effects have also been postulated [54–56]. Similarly, these ideas are also inconsistent on many levels as outlined above. For example, other models have increased expression of PPAR $\beta/\delta$ , rather than decreased expression, and, more importantly, the relevance of increased PPAR $\beta/\delta$  expression in the intestine is very unclear given its relatively high constitutive expression. Further work is necessary to determine whether NSAIDs do in fact up-regulate PPAR $\beta/\delta$  expression during colon cancer progression in both cell culture and *in vivo* models, and to definitively determine what the specific biological role of PPAR $\beta/\delta$  target genes and their specific functional roles is of the highest interest.

There are a number of PPAR $\beta/\delta$ -responsive gene targets described in the literature. Some have been verified and characterized by independent laboratories, whereas others have not. For example, ADRP was initially shown to be a functional PPAR $\beta/\delta$  target gene in macrophages [130]. Since this time, this has been confirmed in other cell types, such as keratinocytes and colonocytes, including the demonstration that this requires PPAR $\beta/\delta$ , as shown by the lack of induction in PPAR $\beta/\delta$ -null mice [21,31,40,131,132]. Similarly, expression of ANGPTL4 (angiopoietin-like protein 4) is increased by treatment with PPAR $\beta/\delta$  ligands [133], due to direct PPAR $\beta/\delta$ -dependent modulation of a cluster of PPREs (PPAR-responsive elements) in an intron [134,135]. Thus it is not surprising that increased expression of ANGPTL4 also occurs via a PPAR $\beta/\delta$ -dependent mechanism in epithelial cells, including keratinocytes, and the colon [21,112]. Expression of L-FABP (liver FABP) is also increased by the activation of PPAR $\beta$ /  $\delta$  in the small intestine [136], liver [16] and colon [31] and does not occur in response to ligand activation in PPAR $\beta/\delta$ -null mouse colon [31]. The precise biological role(s) of ADRP, FABP and ANGPTL4 in normal intestinal homoeostasis is unclear, although there is evidence that expression of ADRP and FABP is associated with terminal differentiation of intestinal epithelium [31,137,138]. As the induction of terminal differentiation is one approach suitable for chemoprevention and chemotherapy, this suggests that increased expression of ADRP and L-FABP by ligand activation of PPAR $\beta/\delta$  could be viewed as beneficial. This is consistent with a number of findings including: (i) L-FABP expression is decreased in human colon tumours compared with normal tissue [137,139,140], (ii) disruption of  $\beta$ -catenin/Tcf4 signalling in a human colon cancer cell line causes an up-regulation of terminal differentiation markers including L-FABP [75], (iii) loss of L-FABP expression occurs in colon adenomas, suggesting that this occurs during early tumour progression [139], (iv) increased expression of the related I-FABP (intestinal FABP) inhibits cell growth of a human colon cancer cell line [141], (v) expression of ANGPTL4 is reduced in gastric cancer [142], and (vi) studies in other models suggesting that ANGPTL4 inhibits cell proliferation, angiogenesis and metastasis [143–145]. Although these observations suggest that PPAR $\beta/\delta$ -dependent activation of these proteins would be of benefit for colon cancer chemoprevention, it is important to note that there is also evidence that increased expression of L-FABP is found in some gastric adenocarcinomas [146] and can increase cell proliferation in hepatocytes [147]. Additionally, enhanced expression of ANGPTL4 is found in a prostate cancer cell line [148] and may promote angiogenesis in renal carcinogenesis [149]. Thus, although there is good reason to suggest that increased expression of L-FABP, ADRP and ANGPTL4 by ligand activation of PPAR $\beta/\delta$  could be chemopreventive, there are other observations indicating that this may not be true. Other putative PPAR $\beta/\delta$  target genes with potential links to cancer have also been described, but verification from other laboratories has raised some uncertainty. For example, PPAR $\beta/\delta$  can up-regulate PTEN expression and up-regulate expression of PDK1 and ILK1 leading to

increased phosphorylation of Akt and inhibition of apoptosis during skin wound healing [103]. However, this pathway does not function in normal keratinocytes, human colon cancer cell lines or in colonocytes during colon cancer progression [31,40,102]. Expression of VEGF has also been postulated to occur in response to ligand activation of PPAR $\beta/\delta$  in colon cancer cell lines [94], but this effect is not consistently observed [102]. Importantly, there is currently no convincing evidence to date linking a direct PPAR $\beta/\delta$  target gene with oncogenesis. This is somewhat surprising given the strong link between PPAR $\beta/\delta$  and colon cancer. This is clearly a major area of research that is currently needed to strengthen the body of evidence linking PPAR $\beta/\delta$  with colon cancer. Given the fact that FABP, ADRP and ANGPTL4 can be activated by ligand activation of PPAR $\alpha$ , PPAR $\beta/\delta$  and PPAR $\gamma$ , due to the presence of essentially redundant response elements in these target genes, it is also of great interest to determine why, or if, there are differential effects of the different PPAR ligands on colon cancer. This is especially true as activation of PPAR $\alpha$  and PPAR $\gamma$  can both inhibit intestinal tumorigenesis [150–154]. Alternatively, the consequence of ligand-independent effects of PPAR $\beta/\delta$  (e.g. interactions with NF- $\kappa$ B etc.) and off-target receptor-independent effect of PPAR $\beta/\delta$  ligands should also be examined in more detail.

The recent finding that PPAR $\beta/\delta$  may be a target of the VDR (vitamin D receptor) also raises some interesting questions. It is fairly well accepted that activating the VDR can be chemopreventive for intestinal carcinogenesis and/or that vitamin D deficiency exacerbates intestinal carcinogenesis [155]. As a VDR ligand can increase the expression of PPAR $\beta/\delta$  in human breast and prostate cancer cell lines [156], this might suggest that the increase in PPAR $\beta/\delta$  may participate in the chemopreventive effects of VDR ligands. This idea deserves further evaluation in colon cancer models. Potential participation of PPAR $\beta/\delta$  in modulating colon cancer is also suggested by a recently described antithrombotic role for PPAR $\beta/\delta$ [157]. COX2 can facilitate production of endocannabinoid metabolites that activate PPAR $\beta/\delta$ [157]. COX2 can facilitate production of tissue factor, an essential element required for blood coagulation [157]. As ligand activation of PPAR $\beta/\delta$  by endocannabinoids is antithrombotic, this is of interest because antithrombotic agents are being examined for their potential use in preventing tumour growth and metastasis [158–160]. Determining whether endogenous or exogenous endocannabinoids via activation of PPAR $\beta/\delta$  could be used for targeting during colon cancer is another area that deserves investigation.

One of the primary purposes of the present review is to highlight both sides of the controversy regarding the role of PPAR $\beta/\delta$  in colon cancer given the large disparities in the published literature. It is clear that there are currently large data gaps in our understanding of what the role of PPAR $\beta/\delta$  is during intestinal tumorigenesis and how ligand activation of this receptor influences these diseases. It should be noted that there remains some controversy regarding the role of a related receptor, PPARy, in colon cancer. Previous studies have shown that administration of PPARy ligands may enhance colon cancer in experimental mouse models [161-163], which was hypothesized to be due to increased expression of PPAR<sub>y</sub> and activation of this receptor by COX-derived metabolites [125]. The hypothesis that COX-derived metabolites activate PPARy and potentiate colon cancer [125] turned out to be incorrect; however, subsequent studies still support this contention that PPAR $\gamma$  ligands promote colon cancer [163,164]. Nevertheless, there is currently a larger body of evidence indicating that ligand activation of PPAR $\gamma$  may actually be chemopreventive (reviewed in [122]), which supports past and present clinical trials examining the efficacy of this approach. Until a larger body of evidence is obtained delineating the role of PPAR $\beta/\delta$  in normal intestinal homoeostasis and diseases such as colon cancer, the controversy for this PPAR isoform will remain.

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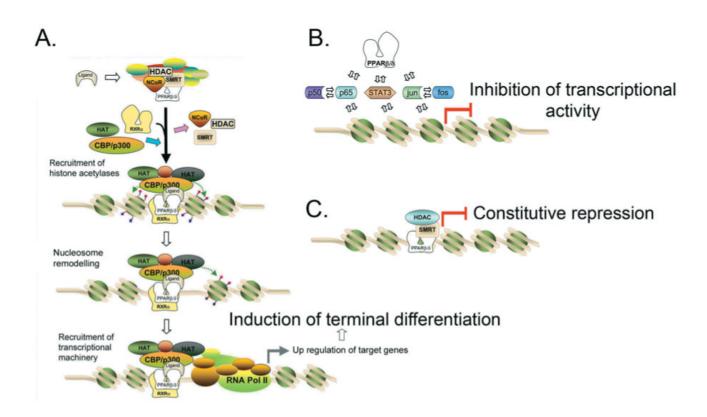
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#### Abbreviations

ADRP	adipose differentiation-related protein
ANGPTL4	angiopoietin-like protein 4
AP1	activator protein 1
APC	adenomatous polyposis coli
CLA	conjugated linoleic acid
COX	cyclo-oxygenase
FABP	fatty-acid-binding protein
13-S-HODI	E 13(S)-hydroxyoctadecadienoic acid
IL	interleukin
ILK	integrin-linked kinase
L-FABP	liver FABP
LOX1	lipoxygenase 1
NF- <i>k</i> B	nuclear factor <i>k</i> B
NSAID	non-steroidal anti-inflammatory drug

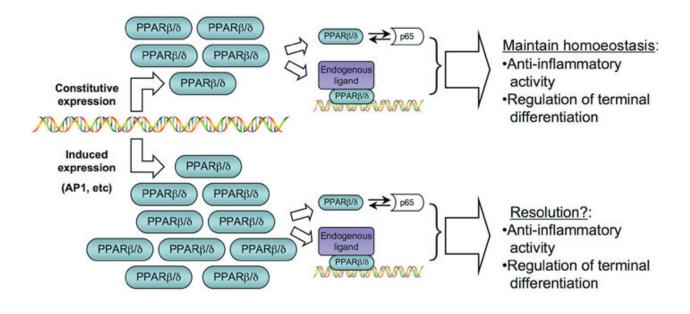
PDK1	phosphoinositide-dependent kinase 1
PPAR	
PTEN	peroxisome-proliferator-activated receptor
TIEN	phosphatase and tensin homologue deleted on chromosome 10
STAT3	signal transducer and activator of transcription 3
Tcf4	T-cell transcription factor 4
TNFα	
VDR	tumour necrosis factor $\alpha$
VDK	vitamin D receptor
VEGF	vascular endothelial growth factor

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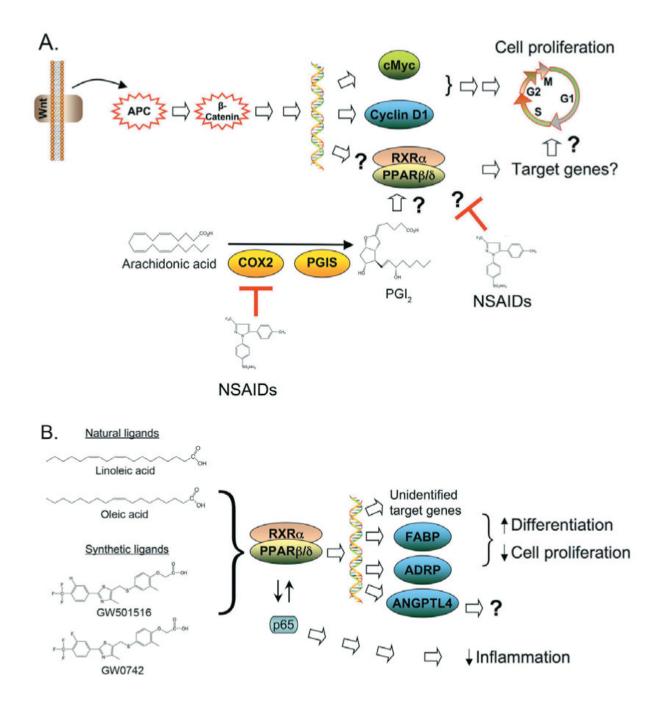
#### Figure 1. PPAR $\beta/\delta$ -mediated regulation of transcription

PPAR $\beta/\delta$  can directly up-regulate target genes in response to ligand activation (A), interact with other transcription factors such as NF- $\kappa$ B and possibly others such as AP1 (B), or repress gene expression (C). CBP, CREB (cAMP-response-element-binding protein)-binding protein; HAT, histone acetylase; HDAC, histone deacetylase; NCoR, nuclear receptor co-repressor; RNA Pol II, RNA polymerase II; RXR $\alpha$ , retinoid X receptor  $\alpha$ ; SMRT, silencing mediator for retinoic acid receptor and thyroid-hormone receptor.



### Figure 2. Functional role of PPAR $\beta/\delta$ in the intestine and a working hypothesis of how PPAR $\beta/\delta$ functions when expression is increased

Constitutive expression of PPAR $\beta/\delta$  is high in the epithelial cells of the small and large intestine. Activation of PPAR $\beta/\delta$  by endogenous ligands probably serves to maintain a population of terminally differentiated cells allowing for normal absorption function and/or modulation of inflammation. Expression of PPAR $\beta/\delta$  can be increased by inflammation (e.g. in response to TNF $\alpha$  and AP1 signalling). It is a working hypothesis that this increase in PPAR $\beta/\delta$ -mediated signalling will lead to increased differentiation, inhibition of cell proliferation and anti-inflammatory activity that will culminate by resolution in the affected cell(s).



#### Figure 3. Hypothetical roles of PPAR $\beta/\delta$ in colon carcinogenesis

(A) Ligand activation of PPAR $\beta/\delta$  potentiates colon cancer. In this model, PPAR $\beta/\delta$  is a downstream target of the APC/ $\beta$ -catenin/Tcf4 pathway and, through unknown target genes, leads to enhanced cell proliferation. COX-2-derived prostacyclin (PGI<sub>2</sub>) may be an endogenous ligand for PPAR $\beta/\delta$  in this model, and inhibition of COX2 by NSAIDs may prevent activation of PPAR $\beta/\delta$  and unknown target genes. Alternatively, there is also evidence that NSAIDs may inhibit PPAR $\beta/\delta$  expression leading to reduced anti-apoptotic activity mediated through ill-defined mechanisms. ?, pathways of uncertainty. PGIS, prostaglandin I<sub>2</sub> synthase. (B) Ligand activation of PPAR $\beta/\delta$  attenuates colon cancer. In this model, ligand activation of PPAR $\beta/\delta$  leads to the induction of well-characterized target genes, including FABP and ADRP, that are

associated with terminal differentiation and probably other unidentified target genes that participate. PPAR $\beta/\delta$  can also interfere with NF- $\kappa$ B and AP1 signalling, causing anti-inflammatory activities. The induction of terminal differentiation and anti-inflammatory activities are associated with inhibition of cell proliferation. RXR $\alpha$ , retinoid X receptor  $\alpha$ .

Table	1
Natural and synthetic activators/ligands of PPARβ/	δ

Compound	Comment	Relative affinity for PPAR $\beta/\delta^*$	Reference
Linoleic acid	Essential dietary fatty acid; also activates PPAR $\alpha$	Micromolar	[165–167]
Oleic acid	Dietary fatty acid; also activates PPAR $\alpha$ and PPAR $\gamma$	Micromolar	[110,167,168]
Arachidonic acid	Essential dietary fatty acid; also activates PPARy	Micromolar	[165]
Eicosapentaenoic acid	Essential dietary fatty acid; also activates PPAR $\alpha$	Micromolar	[165]
Docosahexaenoic acid	Essential dietary fatty acid	Micromolar	[165]
Prostaglandin A <sub>1</sub>	Endogenous prostaglandin	Micromolar	[165,169]
Carbaprostacyclin	Synthetic stable $PGI_2$ analogue; also activates $PPAR\alpha$	Micromolar	[165,169]
Iliprost	Antihypertensive drug; prostacyclin analogue	Micromolar	[165]
L165,041	Synthetic high-affinity ligand; can activate PPAR $\alpha$ and PPAR $\gamma$ at high concentration	Nanomolar	[170]
GW501516	Synthetic high-affinity ligand; can activate PPAR $\alpha$ and PPAR $\gamma$ at high concentration	Nanomolar	[171]
GW0742	Synthetic high-affinity ligand; can activate PPAR $\alpha$ and PPAR $\gamma$ at high concentration	Nanomolar	[171]

Relative concentration range required to activate the receptor based on the relative ability to transactivate reporter constructs. PGI2, prostacyclin.

## Table 2Relative expression of PPAR $\beta/\delta$ in the small and large intestine

Species	Specimen	Relative expression	Method	Reference
Rat	300 g Sprague–Dawley	Relatively high expression of mRNA encoding PPAR $\beta/\delta$ in the small intestine and colon	In situ hybridization	[172]
Mouse	7-week-old NMRI	Modest expression of mRNA encoding PPAR $\beta/\delta$ in the colon, less expression of mRNA encoding PPAR $\beta/\delta$ in the small intestine	Ribonuclease protection assay	[173]
Human	7–22-week fetuses; adult controls	Expression of PPAR $\beta/\delta$ protein is higher in the adult colon compared with fetal colon; appears to move from cytoplasm to nucleus with age	Western blotting and immunohistochemistry	[34]
Rat	8–9-weeks-old (approx. 200 g) Sprague–Dawley	Markedly high expression of mRNA encoding PPAR $\beta/\delta$ compared with other tissues and other PPARs	Ribonuclease protection assay	[32]
Rat	5 and 25 days postnatally; Sprague– Dawley	High expression of mRNA encoding PPAR $\beta/\delta$ compared with other PPARs in the small intestine; increased expression of mRNA encoding PPAR $\beta/\delta$ by postnatal day 25.	Northern blotting	[174]
Mouse	5–6-weeks-old CD-1	Relatively high expression of PPAR $\beta/\delta$ protein in intestinal epithelial cells; expressed in cryptic cells	Tissue microarray-based immunohistochemistry	[37]

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	<b>Expression</b> o

a) Evidence suggesting that PPAR#/ð is up-regulated in colon cancer by the APC/#-catenin/Tcf4 pathway	

	opecuten	Relative expression	Method	
Human	Normal colon epithelium and primary colorectal cancer cells from four patients	Relative expression of mRNA encoding PPAR $\beta/\delta$ is higher in primary colorectal cancer cells compared with normal epithelium.	Northern blotting	[50]
Human	Normal mucosa and colorectal carcinomas from six patients	Relative expression of mRNA encoding PPAR $\beta/\delta$ is higher in colorectal carcinomas compared with normal mucosa.	Northern blotting	[52]
Rat	Normal colon tissue and colon tumours from six rats	Relative expression of mRNA encoding PPAR $\beta/\delta$ is higher in colon tumours compared with normal colon tissue.	Northern blotting	[52]
Human	Colon cancer cell lines	Variable expression, but decreased expression of PPAR/h/ô in cells with mutant APC and functional <i>β</i> -catenin (SW480) compared with cells with wild-type APC and functional <i>β</i> -catenin (HCA7).	Northern blotting and Western blotting	[52]
Human	Colorectal cancer tissue from 17 patients	Relative expression of mRNA encoding PPAR $\beta/\delta$ is higher in four out of 17 tumour samples compared with normal mucosa.	Quantitative real-time PCR	[62]
Mouse	Adenoma and normal tissue from azoxymethane-treated APC <sup>min</sup> mice	Relative expression of PPAR $\beta/\delta$ is higher in flat aberrant crypt foci and adenoma compared with normal tissue.	Immunohistochemistry	[64]
Human	One adenoma from one patient with FAP	Relative expression of $PPAR\beta/\delta$ is higher in a denoma, but no control tissue presented.	Immunohistochemistry	[64]
Mouse	Normal mucosa and polyps from APC <sup>min</sup> mice	Relative expression of PPAR $\beta/\delta$ is higher in normal mucosa and polyps from APC <sup>nuin</sup> mice compared with wild-type mucosa.	Immunohistochemistry	[65]
Human	Colorectal tumours from 32 patients	Relatively higher expression of PPAR $\beta/\delta$ correlates with malignant morphology. Relative expression of PPAR $\beta/\delta$ is high in 15 patients but low in 17 patients.	Immunohistochemistry and quantitative real-time PCR	[63]
Human	Tumour and non-tumour samples from 20 patients	Relative expression of mRNA encoding PPAR $\beta/\delta$ is higher in tumour samples compared with non-tumour samples	Quantitative real-time PCR	[61]
b) Evidence sug	gesting that $PPAR\beta/\delta$ is not up-regulated in c	(b) Evidence suggesting that PPAR $\beta/\delta$ is not up-regulated in colon cancer by the APC/ $\beta$ -catenin/Tcf4 pathway		
Species	Specimen	Relative expression	Method	Reference
Human	Colon cancer cell lines	Variable expression, but decreased expression of PPAR $\beta/\delta$ in cells with mutant APC and functional $\beta$ -catenin (SW480) compared with cells with wild-type APC and functional $\beta$ -catenin (HCA7).	Northern blotting and Western blotting	[52]

[99]

Affymetrix microarray

[67]

Quantitative real-time PCR

Relative expression of mRNA encoding PPAR $\beta/\delta$  is decreased compared with patients with no family history of colon cancer.

Relative expression of mRNA encoding PPAR $\beta/\delta$  is lower in a denocarcinomas samples as compared with normal tissue.

Colon adenocarcinomas and normal tissue from 18 patients

Human

Normal colonic mucosa from 12 patients with a family history of colon cancer

Human

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(a) Evidence suggesting that PPAR///δ is up-regulated in colon cancer by the APC//f-catenin/Tcf4 pathway

Species	Specimen	Relative expression	Method	Reference
Human	Colon adenomas and normal tissue from four patients	Relative expression of mRNA encoding PPAR $\beta\beta\delta$ is lower in adenocarcinomas samples compared with normal tissue.	Affymetrix microarray	[66]
Human	HCA7 and SW480 colon cancer cell lines	Relative expression of PPAR $\beta/\delta$ is lower in SW480 cells that have a mutant APC compared with HCA7 cells that have a wild-type APC gene.	Northern blotting and Western blotting	[52]
Human	HCA7 and SW480 colon cancer cell lines	Relative expression of mRNA encoding PPAR <sup><i>f</i>//<sup>3</sup></sup> is not different in SW480 cells that have a mutant APC gene compared with HCA7 cells that have a wild-type APC gene.	Quantitative real-time PCR	[101]
Human	HCA7 and SW480 colon cancer cell lines	Relative expression of PPAR $\beta/\delta$ is not different in SW480 cells that have a mutant APC gene compared with HCA7 cells that have a wild-type APC gene.	Western blotting	[70]
Human	HT29 colon cancer cell line	Knockdown of PPAR $\beta/\delta$ expression does not affect cell growth or apoptosis	Western blotting	[71]
Mouse	Normal mucosa and polyps from APC <sup>min</sup> mice	Relative expression of PPAR $\beta/\delta$ is not different between normal mucosa and polyps from APC <sup>min</sup> mice	Western blotting	[72]
Mouse	Adenoma and normal tissue from azoxymethane-treated APC <sup>min</sup> mice	No difference in expression of PPAR $\beta/\delta$ in flat aberrant crypt foci and adenoma compared with normal tissue	Western blotting	[64]
Mouse	Normal mucosa from wild-type and APC <sup>min</sup> mice	Relative expression of PPAR $\beta/\delta$ is not different between wild-type and APC <sup>min</sup> normal mucosa	Western blotting	[57]
Mouse	Normal mucosa and polyps from APC <sup>min</sup> mice	Relative expression of mRNA encoding PPAR $\beta/\delta$ is lower in polyps from APC <sup>min</sup> mice compared with wild-type normal mucosa	Quantitative real-time PCR	[68]
Human	Normal mucosa from non-cancer patients and mucosa from cancer patients	Relative expression of mRNA encoding PPAR $\beta/\delta$ is lower in mucosa from cancer patients compared with non-cancer patients	Quantitative real-time PCR	[68]
Mouse	Conditional deletion of $\beta$ -catenin in mouse intestine	Relative expression of mRNA encoding PPAR $\beta/\delta$ is not changed in the absence of $\beta$ -catenin expression, despite a decreased expression of c-myc	Microairay	[74]
Human	Colorectal cancer cell line expressing a dominant-negative Tcf4	Relative expression of PPAR $\beta/\delta$ is unchanged when Tcf4 activity is suppressed, despite a decrease in c-myc etc.	Microarray	[75]
Mouse	Conditional deletion of APC in mouse intestine	Relative expression of PPAR $\beta/\delta$ is lower in the absence of APC expression, despite the induction of c-myc	Reverse transcriptase–PCR and Western blotting	[58,73]
Mouse	Normal mucosa and colon polyps from azoxymethane-treated mice	Relative expression of mRNA encoding PPAR $\beta/\delta$ is lower in colon polyps compared with normal mucosa	Quantitative real-time PCR	[31]
Mouse	Normal mucosa and colon polyps from APC <sup>min</sup> mice	Relative expression of mRNA encoding PPAR $\beta/\delta$ is lower in colon polyps compared with normal mucosa	Quantitative real-time PCR	[31]
Human	Colorectal tumours from 32 patients	Relative expression of PPAR $\beta$ / $\delta$ is high in 15 patients but low in 17 patients; relative expression of PPAR $\beta$ / $\delta$ does not correlate with Ki67 staining	Immunohistochemistry and quantitative real-time PCR	[63]

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ennado	Specimen	Relative expression	Method	Reference
Human	Colorectal cancer tissue from 86 patients	Relative expression of mRNA encoding PPAR $\beta/\delta$ is high in some patients but, in general, the relative expression of PPAR $\beta/\delta$ is not different between tumours and normal mucosa	Quantitative real-time PCR	[69]
Human	Colorectal cancer tissue from 17 patients	Relative expression of mRNA encoding PPAR $\beta/\delta$ is unchanged in 12 out of 17 tumour samples compared with normal mucosa; relative expression of mRNA encoding PPAR $\beta/\delta$ does not correlate with Dukes stage	Quantitative real-time PCR	[62]

## Table 4Expression of PPAR $\beta/\delta$ in response to NSAIDs

#### (a) Evidence that PPAR $\beta/\delta$ is down-regulated by NSAIDs

NSAID	Specimen	Relative expression	Method	Reference
Celecoxib	RKO colon cancer cell line	Decreased expression of mRNA encoding PPAR $\beta/\delta$	Northern blotting	[54]
Sulindac sulfide	HT29 colon cancer cell line	Decreased expression of PPAR $\beta/\delta$	Western blotting	[56]
Indomethacin	HT29 colon cancer cell line	Decreased expression of PPAR $\beta/\delta$	Western blotting	[56]
NS-398	MKN45 gastric cancer cell line	Decreased expression of mRNA encoding PPARβ/δ	Quantitative real-time PCR	[175]
Sulindac sulfide/sulindac sulfone	SW480 colon cancer cell line	Decreased expression of PPAR $\beta/\delta$	Western blotting	[70]

(b) Evidence that PPAR $\beta/\delta$  is unchanged or up-regulated by NSAIDs

NSAID	Specimen	Relative expression	Method	Reference
Nimesulide	HCT116 colon cancer cell line	Increased expression of mRNA encoding PPAR $\beta/\delta$	Quantitative real-time PCR	[112]
Indomethacin	HCT116 colon cancer cell line	Increased expression of mRNA encoding PPAR $\beta/\delta$	Quantitative real-time PCR	[112]
Indomethacin	SW480 colon cancer cell line	Increased expression of mRNA encoding PPAR $\beta/\delta$	Northern blotting	[176]
NS-398	Human fibroblasts	Increased expression of mRNA encoding PPAR $\beta/\delta$	Quantitative real-time PCR	[177]
Indomethacin	Renal carcinoma	Increased expression of PPAR $\beta/\delta$	Western blotting	[178]
Aspirin	Jurkat (human T- cell lymphoblast- like cell line)	Increased expression of mRNA encoding PPAR $\beta/\delta$	Northern blotting	[179]
Sulindac sulfide/sulindac sulfone	LS174 and Caco2 colon cancer cell lines	No change in the expression of PPAR $\beta/\delta$	Western blotting	[70]
NS-398	MKN28 gastric cancer cell line	No change in the expression of mRNA encoding PPAR $\beta/\delta$	Quantitative real-time PCR	[175]
Indomethacin	HCT116 colon cancer cell line	No change in the expression of	Northern blotting	[176]

#### (a) Evidence that PPAR $\beta/\delta$ is down-regulated by NSAIDs

NSAID	Specimen	Relative expression	Method	Reference
		mRNA encoding PPAR $\beta/\delta$		
Sulindac	APC <sup><i>min</i></sup> mouse colon and polyps	No change in the expression of PPAR $\beta/\delta$	Western blotting	[72]
Nimesulide	Mouse colon	No change in the expression of mRNA encoding PPAR $\beta/\delta$	Quantitative real-time PCR	[112]
Sulindac sulfide	SW480 and HCT116 colon cancer cell lines	No change in the expression of mRNA encoding $PPAR\beta/\delta$	Northern blotting	[50]