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MECHANISMS UNDERLYING MATERNAL VENOUS ADAPTATION IN PREGNANCY

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Abstract

To define the effects of pregnancy on mechanical properties and reactivity, mesenteric veins from late pregnant (LP) and virgin control (NP) rats were pressurized to determine gestational changes in size and distensibility. Reactivity studies used an adrenergic constrictor (norepinephrine, NE) and an endothelium-mediated vasodilator (acetylcholine, ACh). The contribution of nitric oxide (NO) to endothelial function was evaluated with pharmacologic inhibition of NO synthase. Roles of NO and cGMP in smooth muscle vasodilation were determined by using an NO donor with and without cGMP inhibition using ODQ, a selective inhibitor of guanylyl cyclase. In pregnancy, endotheliumdependent vasodilation markedly increased (largely due to endogenous NO), smooth muscle response to NO decreased (primarily related to cGMP production), and NE sensitivity decreased considerably, with no changes in vessel size or distensibility. Our results identify a pro-vasodilatory state in the systemic venous system which would serve to facilitate the accommodation to plasma volume expansion requisite for normal pregnancy.

Keywords

mesenteric vein; endothelium; nitric oxide; rat; cGMP

During pregnancy, the maternal cardiovascular system undergoes profound changes to allow for reproductive success^{1, 2}. At the level of the maternal vasculature, these adaptations require changes in both structure and behavior (reactivity) $3,4,5,6$ which assist in tolerance of a significant increase in intravascular volume. Likewise, failure to establish complete cardiovascular adaptation to plasma volume expansion can have profound implications for developing pregnancy, as seen in pathologic states such as pre-eclampsia and intrauterine growth restriction^{7, 8}, and ⁹.

The mesenteric circulation, which includes the blood supply to the large and small intestines as well as to the liver and spleen, has been found to hold up to one fourth of the total blood volume^{10,11}.12,13. Studies focused on the arterial side of the mesenteric circulation have documented significant changes during pregnancy, including decreased adrenergic (sympathetic) reactivity^{3, 14}, and ¹⁵ and enhanced endothelium-dependent vasodilation¹⁶.

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Much less is known about venous adaptations, although changes in the compliance and reactivity of this circuit could cause marked changes in cardiac output and capacitance. The limited data which are available show increased adrenergic sensitivity^{17, 18}, and there have been no published studies which address changes in endothelial or smooth muscle function.

This study was therefore designed to investigate the effects of pregnancy on mechanical properties and endothelial and smooth muscle responsiveness of systemic veins. The use of isolated, pressurized venous segments allowed us to evaluate changes in size and distensibility, and to probe endothelial vs. smooth muscle mechanisms involved in the regulation of venous tone. In view of previously reported changes in mesenteric arterial reactivity and biomechanics, as well as documented tolerance of large plasma volume expansion in normal pregnancy¹⁹, we hypothesized that pregnancy would increase venous compliance (and therefore size), and augment vasodilatory reserve.

MATERIALS AND METHODS

Animals

Nonpregnant age-matched cycling virgin $(NP, n = 20)$ and timed-pregnant (late pregnant; LP, $n = 21$) female Sprague-Dawley rats, (Charles River, Canada), were housed at the University of Vermont College of Medicine Animal Facility and were studied at 15.2 ± 0.8 weeks of age. Rats were maintained on a 12 hour light and dark photoperiod, and were provided with food and water *ad libitum*. Estrous cycle stage was determined in a subset of the nonpregnant rats (15 animals) by examining the cell composition of vaginal smears on the day of vessel harvest. The study protocol was approved by the University of Vermont Animal Care and Use Committee. Pregnant animals were studied on day 20 of a 22 day gestation.

Animals were killed by decapitation after a surgical plane of anesthesia was induced using an intraperitoneal injection of pentobarbital sodium (Nembutal 50mg/mL, Ovation Pharmaceuticals, Deerfield, IL). The abdominal cavity was then opened, and a section of gut 5–10 cm distal to the pylorus, and its entire mesenteric circulation was excised and pinned in a Petri dish containing cold (4° C) physiologic HEPES-buffered saline solution (pH = 7.4).

Tissue preparation and vasograph system

Second-order mesenteric vein branches from an area 5–10 cm from the pylorus were dissected free of surrounding fat and connective tissue. Vein segments 2–3 mm long were mounted on two glass microcannulas within the chamber of a 5-mL vasograph filled with HEPES buffer. The vein was secured with one strand of nylon suture (diameter $10 \mu m$) to the proximal microcannula which was connected to an in-line pressure transducer and servo system (Living Systems Instrumentation, Burlington, VT). The vein was initially perfused with physiologic HEPES saline solution (37 °C) with a proximal pressure of 2 mm Hg to flush any residual luminal contents. The distal end of the vein was then cannulated and secured in the same manner. A stopcock that was distal to the cannula remained closed throughout the experiment to prevent flow. Venous wall integrity was assessed by ensuring that the system would maintain a transmural pressure of 6 mm Hg for 2 minutes under no flow conditions with the servo null pressure feedback system turned off. If pressure decreased during that time, the vein segment was removed and another segment from the same region of the mesentery was dissected and cannulated.

Vessel diameter was defined as the distance between the internal edges of each vessel wall, and measured perpendicular to the long axis of the wall. A complete description of the lumendiameter analyzing system has been previously published 20 , 21 .

Several specimens were also submitted to the University of Vermont Imaging Center for evaluation of venous microstructure via transmission electron microscopy. The tissue preparation protocol has been discussed in detail in a previous publication from our laboratory⁵.

Experimental Protocol

Vessels were equilibrated for 45 minutes in a physiologic HEPES saline solution with propranolol (1 μM) added to block β-receptors and to ensure the response seen with norepinephrine was due to α -stimulation only. The concentration of propranolol used has been established in previous mesenteric venous studies to effectively block venous β-adrenergic receptors¹⁷. During this time, the solution was warmed and maintained at 37 $^{\circ}$ C. All experiments were performed at 6 mm Hg intraluminal pressure and without intraluminal flow.

After vessel equilibration, norepinephrine (NE) was added to the circulating solution in increasing concentrations between 1 nM and 10 µM. After 5–15 minutes at each concentration, the stable vessel diameter was recorded on the video imaging system. Pharmacologic efficacy $(NP, n = 7; LP, n = 8)$ was evaluated by comparing maximal constriction to NE to that obtained in a depolarizing high potassium (80 mM) solution at the end of each experiment, using the formula: $(\phi_i - \phi_{NE})/(\phi_i - \phi_{K+}) \times 100$, where ϕ_i is the initial diameter, ϕ_{NE} is the diameter at each NE concentration, and ϕ_{K+} is the diameter in high potassium solution. Pharmacologic sensitivity was also determined by calculating the concentration of NE required to produce half of the response seen at the maximal concentration of NE (EC_{50}) .

In additional experiments (NP, $n = 6$; LP, $n = 6$), vessels were preconstricted to 50–70% of the initial diameter with NE, and a concentration-response curve to ACh was obtained (1 nM to 10 µM). As with NE, efficacy was determined by relating the diameter at each ACh concentration to the maximal diameter possible, measured in a vessel relaxing solution (diltiazem 10 μ M and papaverine 100 μ M) at the end of the experiment, using the formula: $(\phi_{\text{ACh}} - \phi_i)$ (ϕ dp− ϕ_i) × 100, where ϕ_{ACh} is the diameter at each ACh concentration, ϕ_i is the initial constricted diameter, and ϕ_{dp} is the fully relaxed diameter. Sensitivity was then calculated as already described and expressed by determining the EC_{50} .

In those experiments where NO inhibition was undertaken (NP, $n = 4$; LP, $n = 6$), vessels were initially treated (after NE preconstriction) with a test dose of 1μ M ACh to confirm that a functional vascular endothelium was present. Following washout and re-equilibration, vessels were then incubated with a combination of N-Nitro-L-arginine (L-NNA, 200 μ M) and N^onitro-L-arginine methyl ester (L-NAME, 200 μ M) to provide inhibition of NO production²² for 20 minutes, re-constricted with NE and tested with ACh as detailed above.

The effects of pregnancy on venous smooth muscle sensitivity to nitric oxide was directly assessed by obtaining dilatory responses to an NO donor 2,2'-(Hydroxynitrosohydrazono)-bisethanimine (DETA/NO)^{23,24}. As detailed above, vessels were equilibrated (NP, n = 6; LP, n $= 6$), preconstricted with NE to 50–70% of the initial diameter, subjected to eNOS inhibition (L-NNA) for 20 minutes prior to the administration of DETA/NO; pharmacologic sensitivity to DETA/NO was calculated by comparing vessel diameters at each concentration of DETA/ NO to the maximal response seen with DETA/NO, using the formula $(\phi_D - \phi_i)/(\phi_{Dmax} - \phi_i) \times 100$, where ϕ_D is the diameter at each DETA/NO concentration, ϕ_i is the initial constricted diameter, and ϕ_{Dmax} is the maximum diameter response seen to DETA/NO. Efficacy was compared by determining maximal relaxation in DETA/NO to the fully relaxed diameter in a relaxing solution of papaverine + diltiazem.

Several recent reports have documented NO effects being mediated independently of the cGMP-PKG signaling pathway (e.g. p38-MAPK activation²⁵ and K channels²⁶) in other cell

types^{27, 28}. Hence, we used a selective inhibitor of soluble guanylyl cyclase, ODQ (1H-[1,2,4] $\frac{\text{Sumy}}{\text{Ox}}$ oxadiazolo[4,3-α-]quinoxalin-1-one, 10μM)^{29,30,31,32} which was added to the superfusate after maximal dilation with DETA/NO was observed (NP, $n = 6$; LP, $n = 6$), to determine proportional inhibition of DETA/NO dilation.

Following determinations of reactivity, distensibility (NP, $n = 7$; LP, $n = 9$) was evaluated in the relaxing solution by lowering transmural pressure until the vessel began to collapse, usually at 1 mm Hg, and then increasing pressure just enough to determine the diameter of the vessel under inflated but unstressed conditions at 2 mm Hg. Transmural pressure was then increased in a stepwise fashion over a range of 2–10 mm Hg. Lumen diameter was allowed to stabilize for five minutes after each increase in pressure. Distensibility (%) was calculated by using the following equation: $\phi_{TMP}/\phi_{initial}$, where ϕ_{TMP} is the diameter at that particular transmural pressure and φ _{initial} at the lowest pressure at which inflation was observed.

Drugs and solutions

HEPES physiologic salt solution contained the following (in mM): sodium chloride 141.8, potassium chloride 4.7, magnesium sulfate 1.7, calcium chloride 2.8, potassium phosphate 1.2, HEPES 10.0, EDTA 0.5, and dextrose 5.0). High potassium (80 mM) HEPES solution contained the following (in mM): sodium chloride 63, potassium chloride 78.8, magnesium sulfate 1.7, calcium chloride 2.8, potassium phosphate 1.2, HEPES 10.0 L, EDTA 0.5, and dextrose 5.0. Both solutions were prepared in deionized water and titrated with sodium hydroxide to a physiologic pH of 7.4. Norepinephrine hydrochloride, and acetylcholine hydrochloride (Sigma, St. Louis, Mo., USA) were administered from stock solutions prepared daily in deionized water. All chemicals were purchased from Fisher Scientific (Fair Lawn, NJ) and Sigma unless otherwise specified.

Statistical analysis

All data are expressed as means \pm SE. Norepinephrine efficacy is presented relative to maximal vessel constriction to a depolarizing high potassium (80 mM) HEPES solution, and sensitivity is presented relative to maximal vessel constriction to NE, as already described. ACh and DETA/NO efficacies are presented relative to maximal vessel dilation with relaxing solution, and sensitivities are presented relative to maximal dilation to each agent. Sensitivity was determined by constructing a concentration-response curve for each vessel, and then extrapolating to the concentration that produced 50% of the maximum effect (EC_{50}). Data are shown as the average of the individual EC_{50} values \pm SE. The results were analyzed with Student t-test or Mann-Whitney rank sum for paired observations, and a one-way ANOVA for multiple comparisons. A p-value of < 0.05 was considered statistically significant.

RESULTS

Vessel parameters

Venous diameter at a physiologic pressure (6 mm Hg) was unchanged in pregnancy ($NP = 426$ \pm 30, LP = 403 \pm 25 µm, p = 0.58). Likewise, venous distensibility over a physiologic range of pressure was similar in veins from both pregnant and nonpregnant animals ($p > 0.05$, Figure 1).

Transmission electron microscopy (TEM) was performed on vein segments from both pregnant and nonpregnant animals to evaluate wall ultrastructure. Appearance was similar in both, and a photomicrograph of a longitudinal section through the wall of a vein from a pregnant animal is shown in Figure 2. Examination revealed an endothelial layer separated from a single layer of vascular smooth muscle by a well-defined elastic lamina, and a thick adventitial layer composed of loosely-arranged bundles of collagen fibers.

Alpha-adrenergic reactivity

Norepinephrine (NE) produced marked reductions in the lumen diameters of veins from both groups, with similar efficacies (NP = 75.8 \pm 3.6, LP = 62.3 \pm 8.8%, p > 0.05; Figure 3). Sensitivity to NE was significantly decreased in pregnancy (EC₅₀: NP = 56 \pm 12, LP = 209 \pm 57 nM, $p = 0.04$). When the NP group was separated by estrous cycle stage (proestrus $= 4$, estrus $= 7$), the differences in reactivity remained significant. The maximal constriction response to a depolarizing high potassium (80 mM) solution remained unchanged in pregnancy, (maximum constriction NP = $76 \pm 6\%$, LP = $75 \pm 7\%$, p= 0.60).

Endothelium-dependent vasodilation

The maximal dilation seen in response to acetylcholine (ACh) increased significantly during pregnancy (NP = 35.8 \pm 6.4, LP = 60.2 \pm 7.8 % p = 0.04, Figure 4) as did sensitivity (EC₅₀: $NP = 935 \pm 422$, $LP = 194 \pm 60$, nM, $p = 0.03$). In response to ACh, neither group reached the maximum dilation response as seen with diltiazem and papaverine.

Contribution of nitric oxide to ACh-induced reactivity

After preincubation with nitric oxide synthase inhibitors L-NNA and L-NAME, the maximal dilatory response to ACh was significantly attenuated in both study groups ($NP = 63 + 6.0\%$, $LP = 67.7 + 6.0\%$ reduction in response to ACh, P < .05, Figure 5), although there was no statistically significant difference in the residual dilation after NO blockade between groups $(P > .05)$.

Smooth muscle response to nitric oxide and inhibition of cGMP

A significant decrease in vascular smooth muscle sensitivity to DETA/NO was observed during pregnancy with a significant increase in the amount of DETA/NO required to produce 50% of the maximal dilatory response (EC₅₀: NP = 16 ± 0.9 , LP = 27 ± 0.9 µM, p < 0.005, Figure 6). The effects of DETA/NO administration were largely reversed by ODQ in both the pregnant $(p < 0.05)$ and nonpregnant groups $(p < 0.001)$, although some residual dilation was present, and did not differ between groups ($p > 0.05$, Figure 7).

DISCUSSION

Maternal plasma volume expands significantly during pregnancy, with average increases of 40–50% for singleton pregnancies³³, and much higher values in multiple gestations³⁴. Although changes in the arterial system to allow for tolerance of this volume overload have been well studied, much less is known about the venous side of the circulation, which contains more than two thirds of total blood volume. In addition to their roles in capacitance, venous tone and distensibility are also important determinants of cardiac return and output. And although only a handful of studies have examined changes in venous distensibility or reactivity during gestation, an association between a failure to adapt and preeclampsia has already been noted.

To our knowledge, this is the first study to specifically identify a significant increase in systemic venous endothelium-dependent vasodilation in pregnancy. This was evidenced by increases in both the sensitivity and magnitude of effect of acetylcholine in veins from pregnant animals. These findings are consistent with pregnancy-associated increases in endothelium-dependent vasodilation previously noted in mouse 14 and rat 15,35 uterine and mesenteric arteries as well as in ovine³⁶ and human³⁷ uterine arteries. Although the underlying mechanism is not known, these adaptive changes may be hormonally regulated, as the vasodilation seen exclusively in pregnancy in the guinea pig uterine artery can be reproduced in the nonpregnant state by chronic administration of estradiol $4,38$.

Endothelium-induced vasodilation involves multiple pathways which include nitric oxide, cyclooxygenase and endothelium-derived hyperpolarizing factor $(EDHF)^{39,40}$. Using ACh, a standard probe for endothelial vasodilator function, our data indicate that NO plays a primary role, with a >60% decrease in vasodilatory response observed in the presence of NO inhibition. These findings are consistent with experiments on human uterine arteries which have shown an increase in nitric oxide-dependent dilator responses during pregnancy associated with both increased expression and activity of endothelial NO synthase (eNOS) $41,42$. The residual (non-NO) component was similar in vessels from pregnant and nonpregnant animals and further experiments are required to identify the specific contributions of prostanoids vs. EDHF in this effect.

The importance of augmented NO release by the endothelium is underscored by the fact that vascular smooth muscle sensitivity to DETA/NO, an NO donor, was reduced in veins from pregnant animals. This compensatory downregulation of smooth muscle NO sensitivity has been noted previously in the uterine artery in response to sodium nitroprusside, and may represent a form of nitrate tolerance in response to increased endothelial NO signaling in the pregnant state 43 .

As seen in the TEM image, second-order mesenteric veins contain only a single layer of smooth muscle cells. In spite of this, the contractile ability of isolated veins was impressive, as evidenced by the approximately 75% decreases in lumen diameter (in both groups) in response to an 80 mM potassium depolarizing solution, and ~60% constriction noted in response to the maximal concentrations of norepinephrine. Other studies have documented a rich sympathetic innervation of mesenteric veins, lending physiological credibility to sympathetic regulation of tone44. In addition, one report demonstrated NO-containing nerves as well, suggesting that the level of tone may be determined by a balance of vasodilatory and vasoconstrictor nerves⁴⁵, in addition to endothelial and humoral influences.

Although vasodilation to NO is thought to be primarily mediated by cGMP signaling, several recent studies have documented activation of non-cGMP pathways in response to NO stimulation of cardiac myocytes^{26,28} and bovine granulosa cells²⁷. To explore this possibility further, we used ODO, a well established inhibitor of guanylyl cyclase. Small \langle <20%) but measurable residual dilation was observed in the presence of supra-maximal concentrations of ODQ, raising the possibility that non-cGMP mechanisms may operate in venous vascular smooth muscle as well, and contribute to venodilation.

Also consistent with a pro-vasodilatory state was our finding of a blunted adrenergic venous constrictor response. Our results do differ from earlier work in our laboratory, which showed an increased constrictor response to NE in mesenteric veins¹⁸. This may be largely explained by our inclusion of β-adrenergic blockade in our protocol. We were trying to specifically identify the effect of α -adrenergic stimulation, and β -receptor stimulation of mesenteric vessels has been shown to cause vasodilation 46 and may thereby have altered our earlier results. In addition, results similar to our current finding of decreased venous α -adrenergic sensitivity have been seen in *in vivo* studies of human dorsal hand veins in pregnancy. There was no evidence for an effect of estrus cycle on venous NE sensitivity in this study, although the n values were relatively low, and all the animals were only in estrus or proestrus. Estrogen is known to affect arterial vasodilation to other agonists, for example, vascular endothelial growth factor,47 however, and measurement of serum estradiol would allow for potential correlation between estradiol levels and decreasing a-adrenergic sensitivity.

Increased endothelial vasodilatory influence may be the primary venous adaptation to volume expansion in pregnancy, as there were no parallel changes in venous mechanical or structural characteristics. There was no change in vessel diameter, which contrasts with the changes seen

in uterine veins in late pregnancy⁵ but is consistent with previous data on mesenteric veins18,48. Likewise, there were no significant differences in passive distensibility, although the trend towards less distensibility was similar to that seen previously in mesenteric veins in both pregnancy and the postpartum period.^{17,48}

Despite the limitations of isolated vessel experiments, we are encouraged by the identification of vessel changes *in vitro* which support the maternal tolerance of large plasma volume increase as identified in normal pregnancy *in vivo*46,49. It appears that venous adaptations in pregnancy favor a pro-vasodilatory state in which α-adrenergic responsiveness is decreased, coupled with an increase in endothelial-dependent vasodilatory responsiveness which appears to be primarily mediated by an NO-dependent mechanism. In addition, there is downregulation of smooth muscle response to NO which is largely related to cGMP production, and this is likely compensated for by large increases in nitric oxide production and/or availability. The combination of increased vasodilation and decreased α-adrenergic sensitivity would enhance venous capacitance and thereby accommodate the plasma volume increases seen in normal pregnancy.

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Fig. 1.

Distensibility of mesenteric veins from nonpregnant (\bullet , n = 7) and late pregnant (\circ , n = 9) animals. Distensibility was similar in vessels from both groups, all p-values > 0.05. Vertical lines delineate standard error.

Fig. 2.

Transmission electron micrograph of pressurized (6 mm Hg) NP mesenteric vein showing the endothelium (top) separated from a single layer of vascular smooth muscle by the internal elastic lamina. Note endothelial foot process (center) penetrating the lamina. The scale bar at the lower right corner of the image equals 5 µm.

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Fig. 3.

Constriction of mesenteric veins from nonpregnant (\bullet , n = 7) and late pregnant (\circ , n = 7) animals in response to norepinephrine. Efficacy (shown relative to maximal constriction with a high potassium depolarizing solution) was unchanged in pregnancy, $p > 0.05$. Asterisks denote statistically significant comparisons ($p < 0.05$).

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Fig. 4.

Dilation of mesenteric veins from nonpregnant (\bullet , n = 6) and pregnant (\circ , n = 6) animals in response to acetylcholine. Efficacy (shown relative to maximal dilation measured in relaxing solution) significantly increased in pregnancy. Asterisks denote statistically significant comparisons ($p < 0.05$).

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Fig. 5.

Nitric oxide (NO) inhibition (N-nitro-L-arginine [L-NNA] + N^o-nitro-L-arginine methyl ester [L-NAME]) significantly (P < .05) reduces dilation in vessels from both nonpregnant (NP, n $= 6$; NP + NO blockade, n = 4) and late pregnant (LP, n = 6; LP + NO blockade, n = 6) animals. Asterisks denote statistically significant comparisons (P < 0.05). There was no significant difference in residual dilation between groups.

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Fig. 6.

Dilation of mesenteric veins from nonpregnant (\bullet , n = 6) and late pregnant animals (\circ , n = 6) in response to DETA/NO, a nitric oxide donor. Note the significant reduction in sensitivity during pregnancy, as evidenced by the right-ward shift in the concentration-response curve. EC_{50} values ($p < 0.05$) are presented in text of Results section. Asterisks denote statistically significant comparisons ($p < 0.05$).

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Fig. 7.

Effect of cyclic guanosine monophosphate (cGMP) inhibition via 1H-[1,2,4]oxadiazolo[4,3 α-]quinoxalin-1-one (ODQ) on venous smooth muscle response to DETA/NO in nonpregnant (NP, $n = 6$) and late pregnant animals (LP, $n = 6$). Solid bars denote response in the absence of ODQ, and open bars show response after administration of a maximal concentration of ODQ (10 mmol/L). Although there was a significant ($P < .05$) decrease in dilation in both groups in the presence of ODQ, the extent of residual dilation was similar ($P > .05$).