

RAPID COMMUNICATION

## Detection of *RASSF1A* promoter hypermethylation in serum from gastric and colorectal adenocarcinoma patients

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### Abstract

**AIM:** To evaluate the diagnostic role of serum *RASSF1A* promoter hypermethylation in gastric and colorectal adenocarcinoma.

**METHODS:** Methylation-specific polymerase chain reaction (MSPCR) was used to examine the promoter methylation status of the serum *RASSF1A* gene in 47 gastric adenocarcinoma patients, 45 colorectal adenocarcinoma patients, 60 patients with benign gastrointestinal disease (30 with benign gastric disease and 30 with benign colorectal disease), and 30 healthy donor controls. A

paired study of *RASSF1A* promoter methylation status in primary tumor, adjacent normal tissue, and postoperative serum were conducted in 25 gastric and colorectal adenocarcinoma patients who later were underwent surgical therapy.

**RESULTS:** The frequencies of detection of serum *RASSF1A* promoter hypermethylation in gastric (34.0%) and colorectal (28.9%) adenocarcinoma patients were significantly higher than those in patients with benign gastric (3.3%) or colorectal (6.7%) disease or in healthy donors (0%) ( $P < 0.01$ ). The methylation status of *RASSF1A* promoter in serum samples was consistent with that in paired primary tumors, and the MSPCR results for *RASSF1A* promoter methylation status in paired preoperative samples were consistent with those in postoperative serum samples. The serum *RASSF1A* promoter hypermethylation did not correlate with patient sex, age, tumor differentiation grade, surgical therapy, or serum carcinoembryonic antigen level. Although the serum *RASSF1A* promoter hypermethylation frequency tended to be higher in patients with distant metastases, there was no correlation between methylation status and metastasis.

**CONCLUSION:** Aberrant CpG island methylation within the promoter region of *RASSF1A* is a promising biomarker for gastric and colorectal cancer.

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**Key words:** Gastric cancer; Colorectal cancer; Gene methylation; *RASSF1A*

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## INTRODUCTION

Gastric and colorectal cancers are two of the most common causes of cancer-related death worldwide. Development of efficient diagnostic methods to enable their early detection plays an essential role in increasing the survival rate of patients with these diseases. Although endoscopy is considered the most sensitive screening tool for gastric and colorectal cancers, its use is limited due to its considerable cost and risk, and patients' lack of acceptance of the invasive procedure. Therefore, reliable noninvasive test, preferably blood test, for screening and diagnostic purposes are obviously needed.

Conventional tumor markers in serum, such as carcinoembryonic antigen (CEA), are generally insensitive for screening purposes<sup>[1]</sup>. Consequently, novel serum biomarkers are clearly needed for the early detection of gastric and colorectal cancers.

Aberrant DNA methylation, a feature of many human cancers, frequently occurs as an early event in tumorigenesis and is characterized by general hypomethylation and regional hypermethylation<sup>[2]</sup>. The hypermethylation of CpG islands within the promoter and/or upstream exon regions is an important epigenetic mechanism underlying the inactivation of tumor-suppressor genes (TSGs)<sup>[3]</sup>. It was reported that quite a few TSGs, including the *Ras association domain family 1A (RASSF1A)* gene, are epigenetically silenced by aberrant promoter hypermethylation in gastric and colorectal cancer<sup>[4-10]</sup>. *RASSF1A* is a newly identified candidate TSG located in the 3p21.3 region<sup>[11]</sup>, and promoter hypermethylation of *RASSF1A*, which is its most common inactivation mechanism, has been observed in many human solid tumors, including gastric and colorectal cancers<sup>[11-17]</sup>.

It has been long known that the serum level of free DNA is increased in cancer patients, which is believed to be released from cancer cells<sup>[18,19]</sup>. It was reported that genetic and epigenetic alterations in serum DNA (such as point mutation, gene amplification, loss of heterozygosity, microsatellite instability, and aberrant methylation) are identical to those found in primary human cancers<sup>[20-24]</sup>. Because the promoter methylation status of TSGs in primary tumors and matched serum samples was consistent with each other<sup>[4,25,26]</sup>, promoter hypermethylation of TSGs in serum DNA may become a promising biomarker for gastric and colorectal cancers.

In the present study, we attempted to identify the *RASSF1A* promoter methylation status both in serum DNA and in available paired tumor genomic DNA from patients with gastric and colorectal adenocarcinomas by using methylation-specific polymerase chain reaction (MSPCR). We also analyzed the correlation between serum *RASSF1A* gene promoter hypermethylation and patients' clinicopathologic parameters to further evaluate the clinical significance of this molecular change.

## MATERIALS AND METHODS

### Study population

This study included 47 gastric adenocarcinoma patients and 45 colorectal adenocarcinoma patients diagnosed at

Table 1 Clinicopathologic characteristics of patients with gastric and colorectal adenocarcinoma

Characteristics	Patients (n)		
	Gastric cancer	Colorectal cancer	
Sex	Male	29	24
	Female	18	21
Age (yr)	≤ 60	21	31
	> 60	26	14
Differentiation grade	G1/Broders' I	2	4
	G2/Broders' II	23	34
	G3/Broders' III & IV	22	7
Stage	TNM I/Duke's A	4	5
	TNM II/Duke's B	15	16
	TNM III/Duke's C	16	14
	TNM IV/Duke's D	12	10

Departments of General Surgery, Gastroenterology, and Medical Oncology of Jinling Hospital (Nanjing, China) between August 1, 2006 and November 30, 2007. All diagnoses were based on pathologic evidence, and only patients with adenocarcinoma, the most common histologic type of gastric and colorectal cancer, were included. The clinicopathologic characteristics of these patients are summarized in Table 1.

The control population consisted of 60 patients with benign gastrointestinal diseases (30 with benign gastric disease and 30 with benign colorectal disease, such as chronic gastritis, gastric ulcer, benign polyp, nonmalignant adenoma, and ulcerative colitis; data not shown) and 30 healthy donors.

Gastric adenocarcinoma was staged according to the sixth edition of the TNM staging system<sup>[27]</sup>, and colorectal adenocarcinoma was staged according to the Duke's staging system. Gastric and colorectal adenocarcinoma differentiation was graded according to the World Health Organization grading system and the Broders' grading system, respectively.

Our study was approved by the ethical committee of the hospital and informed consent was obtained from all patients.

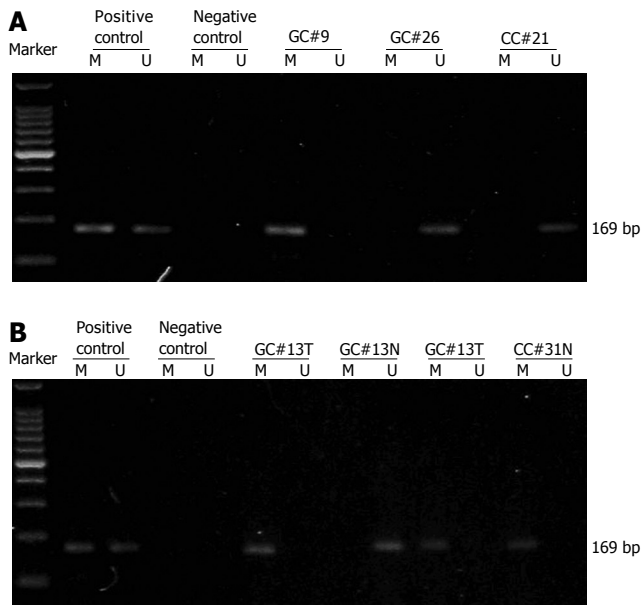
### Sample collection

Five mL of peripheral venous blood was collected from each patient 1 day after the patients were admitted to our hospital. At this time, the patients did not start their treatment. Any previous treatment (surgery and/or chemotherapy), if given, was discontinued at least 4 wk earlier. Fresh tumor tissue and paired adjacent normal tissue were obtained from 16 gastric and 9 colorectal adenocarcinoma patients who later were underwent to surgical therapy in Jinling Hospital. An additional 5 mL peripheral venous blood was collected from these 25 patients 4 wk after surgery for a comparative study. All blood samples were kept in tubes containing clot activator at 4°C for 2 h, and samples were centrifuged at 3000 r/min for 10 min to isolate sera. Thirty serum samples from healthy donors were obtained from the Blood Center of Jinling Hospital as normal controls. All serum and tissue samples were stored at -80°C until use.

**Table 2** Sequences of the primers used in MSP

Primer	Sequence (5'-3')	Amplicon location <sup>1</sup>	Annealing temperature	Product size (bp)
MF	GGGTTTTCGGAGAGCGCG	17882-18050	64°C	169
MR	GCTAACAAACGCGAACCG			
UF	GGTTTGTGAGAGTGTGTTAG	17883-18051	59°C	169
UR	CACTAACAAACACAAACCAAAC			

<sup>1</sup>GenBank accession number of *RASSF1A* is AC002481. F: Forward; R: Reverse; M: Methylated; U: Unmethylated.



**Figure 1** Representative results showing *RASSF1A* promoter methylation status identified by MSPCR in gastric and adenocarcinoma patients. Identification of *RASSF1A* promoter methylation status in serum samples from gastric and colorectal adenocarcinoma patients (A) and in paired tumor and adjacent normal tissue from gastric and colorectal adenocarcinoma patients (B). A 100-bp DNA ladder marker (TaKaRa, Shiga, Japan) was used. Lanes M and U indicate the amplified products with primers recognizing specific methylated and unmethylated sequences, respectively. GC: Gastric adenocarcinoma; CC: Colorectal adenocarcinoma; T: Tumor tissue; N: Paired adjacent normal tissue.

**DNA extraction and bisulfite treatment**

Serum DNA, extracted with the QIAamp blood mini kit (Qiagen, Hilden, Germany) according to the manufacturer’s instructions, was stored at -80°C until use. Genomic DNA isolated from tissue samples was prepared using standard phenol/chloroform extraction protocols.

The extracted DNA was modified according to Herman *et al*<sup>[28]</sup> with minor modifications, to convert all unmethylated cytosines to uracils. Briefly, 1 µg of genomic DNA, or serum DNA extracted from 5 mL blood plus 1 µg of salmon sperm carrier DNA (Sigma, St. Louis, MO, USA), in a total volume of 50 µL, were denatured by NaOH (0.3 mol/L final concentration) at 40°C for 15 min. After 30 µL of freshly prepared 10 mmol/L hydroquinone (Sigma) and 520 µL of freshly prepared 3 mol/L sodium bisulfite (Sigma) at pH 5.0 were added, the samples were incubated under mineral oil at 55°C in darkness for 14 h. The modified DNA was purified using the Wizard DNA clean-up system (Promega, Madison, WI, USA), following its manufacturer’s protocol. Modification was completed

by NaOH (0.3 mol/L final concentration) treatment for 10 min at room temperature, followed by ethanol precipitation. The modified DNA was resuspended in sterile deionized water (100 µL for genomic DNA and 25 µL for serum DNA) and used immediately or stored at -80°C.

**MSPCR**

Two sets of primers, described elsewhere<sup>[29]</sup>, were used to discriminate between methylated and unmethylated alleles (Table 2). The PCR system has been described previously<sup>[30]</sup>. Briefly, the PCR mixture containing 2.5 µL of 10 × reaction buffer (100 mmol/L Tris-HCl (pH 8.3), 500 mmol/L KCl, 15 mmol/L MgCl<sub>2</sub>), 10 µL of modified DNA, 15 pmol of each primer (Shenry Biocolor, Shanghai, China), 2 µL of deoxynucleotide triphosphates (200 µmol/L each, final concentration), and 1 U TaKaRa Taq™ polymerase (Hot Start Version, TaKaRa, Shiga, Japan) was adjusted by H<sub>2</sub>O to a final volume of 25 µL. The cycling conditions consisted of an incubation period at 95°C for 15 min, 40 cycles of denaturation at 94°C for 30 s, annealing at 64°C or at 59°C for 50 s (Table 2), extension at 72°C for 30 s, and a final extension at 72°C for 10 min. PCR products were separated in 2% agarose gel and visualized under UV illumination.

Lymphocyte DNA, original or methylated *in vitro* by excessive CpG (Sss I) methylase (New England Biolabs, Beverly, MA, USA), was used as an unmethylated and methylated DNA positive control, respectively (Figure 1A). Water blank was used as a negative control.

**Statistical analysis**

We analyzed the correlation between methylation status of serum *RASSF1A* promoter and clinicopathologic parameters. Chi-square test or Fisher’s exact test was conducted to examine the association of two categorical variables using SAS software (SAS Institute, Cary, NC, USA). All statistical tests were two-sided, and *P* < 0.05 was considered statistically significant.

**RESULTS**

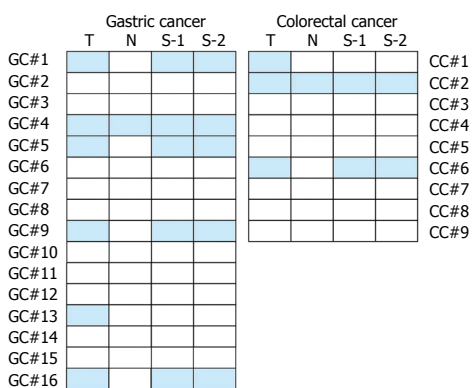
**Serum *RASSF1A* promoter hypermethylation profile in gastric and colorectal adenocarcinoma patients**

First we analyzed the methylation status of CpG islands within the *RASSF1A* promoter in serum DNA from 47 gastric adenocarcinoma patients, 45 colorectal adenocarcinoma patients, 60 benign gastrointestinal disease patients (30 with benign gastric disease and 30 with benign colorectal disease), and 30 healthy donors. Hypermethylation of the *RASSF1A* promoter was detected in 16 gastric adeno-

**Table 3** Correlation between serum *RASSF1A* gene promoter methylation status and clinicopathologic parameters in gastric and colorectal adenocarcinoma patients

Clinicopathologic parameters		Gastric cancer			Colorectal cancer		
		<i>RASSF1A</i> promoter status		<i>P</i> value	<i>RASSF1A</i> promoter status		<i>P</i> value
		M	U		M	U	
Sex	Male	9	20	0.5807 <sup>1</sup>	7	17	0.9649 <sup>1</sup>
	Female	7	11		6	15	
Age (yr)	≤ 60	8	13	0.5982 <sup>1</sup>	8	23	0.5024 <sup>2</sup>
	> 60	8	18		5	9	
Differentiation grade	G1/Broders' I	0	2	0.2280 <sup>1</sup>	1	3	0.9830 <sup>1</sup>
	G2/Broders' II	6	17		10	24	
	G3/Broders' III & IV	10	12		2	5	
Surgical resection	Yes	7	20	0.2203 <sup>1</sup>	5	10	0.7325 <sup>2</sup>
	No	9	11		8	22	
Distant metastasis	Yes	7	5	0.0746 <sup>2</sup>	5	5	0.1237 <sup>2</sup>
	No	9	26		8	27	
Serum CEA	Elevated	7	7	0.2365 <sup>2</sup>	6	7	0.1232 <sup>2</sup>
	Normal	3	10		3	14	

<sup>1</sup>Chi-square test; <sup>2</sup>Fisher's exact test. CEA: Carcinoembryonic antigen; M: Methylated; U: Unmethylated.



**Figure 2** Comparison of *RASSF1A* promoter methylation status in tissue and serum samples. For each patient, the *RASSF1A* promoter methylation status was analyzed in tumor tissue (T), adjacent normal tissue (N), preoperative serum (S-1), and postoperative serum collected 4 wk after surgery (S-2). Solid boxes indicate methylation, blank ones indicate unmethylation of *RASSF1A* promoter. GC: Gastric adenocarcinoma; CC: Colorectal adenocarcinoma.

carcinoma patients, 13 colorectal adenocarcinoma patients, 1 benign gastric disease patient (chronic fundal gastritis), and 2 benign colorectal disease patients (both colon adenomas). The representative agarose gel electrophoresis results are shown in Figure 1A. The frequencies of detection of serum *RASSF1A* promoter hypermethylation in gastric (34.0%) and colorectal (28.9%) adenocarcinoma patients were significantly higher than those in benign gastric disease patients (3.3%), benign colorectal disease patients (6.7%) and healthy donors (0%), respectively ( $P < 0.01$ ).

### ***RASSF1A* promoter hypermethylation profile in paired tissue and serum samples from gastric and colorectal adenocarcinoma patients**

Next we compared the *RASSF1A* promoter methylation status in paired tissue and serum samples from 16 gastric and 9 colorectal adenocarcinoma patients who later were underwent to surgical resection in Jinling Hospital. For each patient, the *RASSF1A* promoter methylation status

was analyzed in tumor tissue, adjacent normal tissue, preoperative serum, and postoperative serum collected 4 wk after surgery. The representative agarose gel electrophoresis results and the paired MSPCR results are shown in Figure 1B and Figure 2, respectively. In seven patients, the *RASSF1A* promoter hypermethylation was detected both in cancer tissue samples and in serum samples. In two patients, the hypermethylated *RASSF1A* promoter was present in tumor tissue samples but not in paired serum samples. The *RASSF1A* promoter hypermethylation was never detected in serum samples if it was not present in tumor tissue. In addition, the preoperative and postoperative serum *RASSF1A* promoter methylation status remained unchanged in all patients.

### **Correlation between serum *RASSF1A* promoter hypermethylation and clinicopathologic parameters in patients with gastric and colorectal adenocarcinoma**

We further analyzed the relationship between serum *RASSF1A* promoter methylation status and clinicopathologic features in gastric and colorectal adenocarcinoma patients. The results are listed in Table 3. As indicated in the table, there was no correlation between *RASSF1A* promoter methylation status and patients' sex, age, tumor differentiation grade, or serum CEA levels. No difference in serum *RASSF1A* promoter hypermethylation frequencies was detected between postoperative patients and those whose tumor was not resected. Although the serum *RASSF1A* promoter hypermethylation frequency tended to be higher in patients with distant metastases, no correlation between methylation status and metastasis was found.

## **DISCUSSION**

*RASSF1A* protein is actively involved in microtubule regulation, genomic stability maintenance, cell-cycle regulation, apoptosis modulation, cell motility and invasion control<sup>[31-39]</sup>. The frequent inactivation of TSG *RASSF1A* due to aberrant promoter methylation has been reported in various tumor types<sup>[13]</sup>, suggesting that it plays a pivotal

role in human cancer development. It was reported that *RASSF1A* is inactivated by promoter hypermethylation in gastric and colorectal cancer, but the frequencies of aberrant *RASSF1A* methylation vary widely<sup>[8,9,14-16,40,41]</sup>. In addition, serum promoter methylation of *RASSF1A* in gastric and colorectal cancer has not been extensively studied, and few comparative studies using both primary tumor and serum samples are available. To our knowledge, there is only one related study with a limited sample size<sup>[10]</sup>. In the present study, we identified the *RASSF1A* promoter methylation status both in serum DNA and in available paired tumor genomic DNA from patients with gastric and colorectal adenocarcinoma, showing that serum *RASSF1A* promoter hypermethylation is a potential biomarker for gastric and colorectal cancer diagnosis.

In the present study, serum *RASSF1A* promoter hypermethylation was detected in 34.0% of patients with gastric adenocarcinoma and in 28.9% of those with colorectal adenocarcinoma. The frequencies were slightly higher than those reported by Tan *et al*<sup>[10]</sup> (25% in gastric cancer and 24% in colorectal cancer, respectively). The serum *RASSF1A* promoter hypermethylation frequencies in gastric and colorectal adenocarcinoma patients were significantly higher than those in patients with benign gastric or colorectal disease or in healthy donors ( $P < 0.01$ ). The sensitivity of serum *RASSF1A* promoter hypermethylation in detecting gastric and colorectal cancer is relatively low. Perhaps a simultaneous analysis of the methylation status of a panel of TSGs would be more sensitive in detecting gastric and colorectal cancer. On the other hand, the specificity of serum *RASSF1A* promoter hypermethylation was very high (approximate 98.3%). Since clinical tests with a high specificity are usually useful in confirming the diagnosis, serum *RASSF1A* promoter methylation status is a potential marker for the diagnosis of gastric and colorectal cancer.

We also compared the *RASSF1A* promoter methylation status in paired tissue and serum samples from 25 gastric and colorectal adenocarcinoma patients. For the seven patients with hypermethylated *RASSF1A* promoter detected in their serum samples, *RASSF1A* promoter hypermethylation was also present in the primary tumor, which supports the presumption that circulating DNA in peripheral blood of cancer patients reflects the epigenetic change in the primary tumor. In two patients, however, hypermethylated *RASSF1A* promoter could be detected in the primary tumor samples but not in the paired serum samples, suggesting that not all cancer patients have detectable tumor-originating DNA in their peripheral blood.

*RASSF1A* promoter hypermethylation was detected in adjacent normal tissue from 2 patients, which can be explained by the invisible invasion of the primary tumor to the adjacent tissue. Another possible reason is the presence of aberrant promoter methylation of TSGs in precancerous lesions adjacent to the primary tumor. Lee *et al*<sup>[9]</sup> reported that *RASSF1A* promoter hypermethylation occurs in 2.1% of colorectal adenomas, and Derks *et al*<sup>[42]</sup> found that aberrant *RASSF1A* promoter methylation is present in 19.1% of non-progressed adenomas and in 24.4% of progressive adenomas. In our study, we also detected methylated *RASSF1A* promoter in the serum from one patient with chronic fundal gastritis and two patients with colon adenoma, believed to be precancerous

lesions in gastric and colon cancer, respectively. These findings suggest that aberrant promoter hypermethylation of *RASSF1A* might be an early event in the development of gastric and colorectal cancer. Therefore, identification of serum *RASSF1A* promoter methylation status may contribute to the early diagnosis of gastric and colorectal cancer.

In the present study, no association was observed between *RASSF1A* promoter methylation status and patients' sex, age, tumor differentiation grade, distal metastasis, or surgical therapy. We also compared the methylation status of *RASSF1A* promoter in preoperative and postoperative serum samples from patients who were underwent to surgical therapy in our hospital, and the status remained unchanged in all patients. Theoretically, when the primary tumor is resected, tumor-specific methylated DNA would decrease considerably in peripheral blood. However, this does not seem to be the case. Fiegl *et al*<sup>[43]</sup> monitored the serum *RASSF1A* promoter methylation status in 148 breast cancer patients for up to 1 year after surgery, and only 21 patients showed positive to negative transition in MSPCR analysis of serum *RASSF1A* promoter. A possible source of persistently present methylated copy after surgery is the micrometastases that may present before surgery.

We investigated whether serum *RASSF1A* promoter hypermethylation is correlated with elevated serum CEA levels and found that there is no correlation between them. Koike *et al*<sup>[44]</sup> reported that the detection rate of TSG (*p16*, *E-cadherin*, and *RARβ*) hypermethylation is higher than that of conventional tumor marker (CEA and CA19-9) abnormalities in the serum from gastric cancer patients, and that there is no correlation between them. Since serum CEA and TSG hypermethylation are not correlated, a combinational analysis of serum *RASSF1A* promoter methylation status and serum CEA level may be useful in the diagnosis of gastric and colorectal cancer.

In conclusion, serum *RASSF1A* promoter hypermethylation is common in gastric and colorectal adenocarcinoma and aberrant CpG island methylation within the promoter region of *RASSF1A* is a promising biomarker for such cancers.

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## COMMENTS

### Background

*RASSF1A* inactivation by promoter hypermethylation in gastric and colorectal cancer has been reported. However, serum promoter methylation of *RASSF1A* in gastric and colorectal cancer has not been extensively studied. Particularly, comparative studies using both primary tumor and serum samples are indicated can evaluate the diagnostic role of serum *RASSF1A* promoter hypermethylation in gastric and colorectal cancer.

### Research frontiers

Circulating nucleotide acid is a hotspot in the early diagnosis of cancer. Characterization of molecular changes in serum DNA reflecting the genetic and

epigenetic alterations in primary tumor would provide an alternative approach to the early detection of cancer.

### Innovations and breakthroughs

This is the first comprehensive study on *RASSF1A* promoter hypermethylation status both in tumor and normal tissue samples and in pre- and post serum samples from gastric and colorectal cancer patients. Our results indicate that aberrant hypermethylation of *RASSF1A* promoter is a promising serum biomarker for gastric and colorectal cancer diagnosis.

### Applications

A combined study on promoter hypermethylation of a panel of relevant tumor suppressor genes in serum samples may have a bright future in the early diagnosis of gastric and colorectal cancer.

### Terminology

In DNA, methylation is the addition of a methyl group to a cytosine residue to convert it to 5-methylcytosine. DNA methylation is the main epigenetic modification in humans, and changes in methylation patterns play an important role in tumorigenesis. In particular, hypermethylation of normally unmethylated CpG islands in the promoter region of tumor suppressor genes correlates with their loss of expression and may confer growth advantages to those cells that favor cancer development.

### Peer review

This paper is very interesting. The study is well designed. The authors evaluated the role of serum *RASSF1A* promoter hypermethylation in diagnosing gastric and colorectal adenocarcinoma, showing that aberrant CpG island methylation within the promoter region of *RASSF1A* is a promising biomarker for gastric and colorectal cancer.

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