

# Deletion of PKC $\epsilon$ Selectively Enhances the Amplifying Pathways of Glucose-Stimulated Insulin Secretion via Increased Lipolysis in Mouse $\beta$ -Cells

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**OBJECTIVE**—Insufficient insulin secretion is a hallmark of type 2 diabetes, and exposure of  $\beta$ -cells to elevated lipid levels (lipotoxicity) contributes to secretory dysfunction. Functional ablation of protein kinase C  $\epsilon$  (PKC $\epsilon$ ) has been shown to improve glucose homeostasis in models of type 2 diabetes and, in particular, to enhance glucose-stimulated insulin secretion (GSIS) after lipid exposure. Therefore, we investigated the lipid-dependent mechanisms responsible for the enhanced GSIS after inactivation of PKC $\epsilon$ .

**RESEARCH DESIGN AND METHODS**—We cultured islets isolated from PKC $\epsilon$  knockout (PKC $\epsilon$ KO) mice in palmitate prior to measuring GSIS, Ca<sup>2+</sup> responses, palmitate esterification products, lipolysis, lipase activity, and gene expression.

**RESULTS**—The enhanced GSIS could not be explained by increased expression of another PKC isoform or by alterations in glucose-stimulated Ca<sup>2+</sup> influx. Instead, an upregulation of the amplifying pathways of GSIS in lipid-cultured PKC $\epsilon$ KO  $\beta$ -cells was revealed under conditions in which functional ATP-sensitive K<sup>+</sup> channels were bypassed. Furthermore, we showed increased esterification of palmitate into triglyceride pools and an enhanced rate of lipolysis and triglyceride lipase activity in PKC $\epsilon$ KO islets. Acute treatment with the lipase inhibitor orlistat blocked the enhancement of GSIS in lipid-cultured PKC $\epsilon$ KO islets, suggesting that a lipolytic product mediates the enhancement of glucose-amplified insulin secretion after PKC $\epsilon$  deletion.

**CONCLUSIONS**—Our findings demonstrate a mechanistic link between lipolysis and the amplifying pathways of GSIS in murine  $\beta$ -cells, and they suggest an interaction between PKC $\epsilon$  and lipolysis. These results further highlight the therapeutic potential of PKC $\epsilon$  inhibition to enhance GSIS from the  $\beta$ -cell under conditions of lipid excess. *Diabetes* 58:1826–1834, 2009

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Received 29 January 2009 and accepted 24 April 2009.

Published ahead of print at <http://diabetes.diabetesjournals.org> on 28 April 2009. DOI: 10.2337/db09-0132.

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Type 2 diabetes is characterized by hyperglycemia and dyslipidemia, and it results from insufficient insulin secretion from pancreatic  $\beta$ -cells to overcome the resistance of peripheral tissues to the actions of insulin. Insulin resistance is driven by genetic and environmental factors, but it is initially counteracted by an enlargement of  $\beta$ -cell mass and increased insulin output to maintain normal glucose homeostasis. Subsequent loss of  $\beta$ -cell mass and function in susceptible individuals causes impaired glucose homeostasis and progression to overt type 2 diabetes (1,2). The mechanisms underlying  $\beta$ -cell failure are poorly understood (3–5), although there is evidence that the  $\beta$ -cells of predisposed individuals are particularly compromised by exposure to high levels of circulating fatty acids, as occurs during obesity and insulin resistance (6). Moreover, model systems in which  $\beta$ -cells are chronically exposed to fatty acids (lipotoxicity) recapitulate both the loss of  $\beta$ -cell mass and many of the insulin secretory defects that are characteristic of type 2 diabetes (7,8).

Glucose-stimulated insulin secretion (GSIS) consists of triggering and amplifying pathways (9). Glucose triggers insulin secretion by generating ATP from oxidative metabolism, which closes ATP-sensitive K<sup>+</sup> (K<sub>ATP</sub>) channels, thereby inducing a membrane depolarization that stimulates Ca<sup>2+</sup> influx via voltage-dependent Ca<sup>2+</sup> channels. The amplifying pathways allow glucose to potentiate the secretory response to a given rise in cytosolic Ca<sup>2+</sup> in a depolarized (triggered)  $\beta$ -cell (9). There is currently no consensus on the mechanism(s) coupling glucose metabolism to the amplification of insulin secretion, although several have been proposed (10–12). One candidate mechanism relates to the regulation by glucose of endogenous lipid signaling in the  $\beta$ -cell (11,12).

The protein kinase C (PKC) superfamily consists of conventional, novel, and atypical isoforms of serine-threonine protein kinases. The lipid-regulated subgroup of novel PKCs has been broadly implicated in the development of insulin resistance (13). This is particularly true of the PKC $\epsilon$  isoform under conditions of nutrient oversupply (14–16) and in the livers of human type 2 diabetic subjects (17). Functional inhibition of PKC $\epsilon$  also improves glucose homeostasis in rodent models of type 2 diabetes (18,19) and reverses acute lipid-induced hepatic insulin resistance (20). Unexpectedly, however, we recently found that enhancement of GSIS was another major means by which inhibition of PKC $\epsilon$  function improves glucose homeostasis. This enhancement was observed in both dietary and genetic mouse models of type 2 diabetes and when using ex vivo models of  $\beta$ -cell dysfunction (18). Others have also

reported a role for PKC $\epsilon$  in the maturation of proinsulin to insulin (21). Because the mechanisms by which PKC $\epsilon$  deletion improves GSIS remain unclear, our current aim was to investigate the potential role of alterations in  $\beta$ -cell lipid metabolism. We demonstrate that after chronic lipid exposure, PKC $\epsilon$ KO islets show a selective increase of the amplification pathways of GSIS. This was associated with a chronic increase of palmitate tracer incorporation into triglyceride stores, and it was dependent on an increase in the subsequent glucose-stimulated hydrolysis of those stores.

## RESEARCH DESIGN AND METHODS

The PKC $\epsilon$ KO mouse has global deletion of the *Prkce* gene, as described previously (18). Ethical approval for mouse studies was granted by the Garvan/St. Vincent's Hospital animal ethics committee. Mice were maintained on a hybrid 129Sv/C57BL/6 background using PKC $\epsilon$  heterozygous (*Prkce*<sup>+/-</sup>) breeding pairs; 12-week-old male wild-type (*Prkce*<sup>+/+</sup>) and PKC $\epsilon$ KO (*Prkce*<sup>-/-</sup>) littermates were used for experiments. Mice had free access to water and standard mouse chow and were housed with a 12-h light/dark cycle. **Islet isolation and insulin secretion assays.** Islets were isolated as previously described (22). After pancreatic digestion, islets were purified using a Ficoll-paque (GE Healthcare, Chalfont St. Giles, U.K.) gradient before overnight culture in Dulbecco's modified Eagle's medium with 11 mmol/l glucose and 10% FCS (Invitrogen, PAISLEY, U.K.). Islets were cultured for a further 48–72 h (chronic culture) with additional 0.4 mmol/l palmitate coupled to 0.92% BSA (lipid) or BSA alone prior to study (18).

For insulin secretion assays, islets were preincubated for 1 h in Krebs-Ringer buffer containing HEPES (KRBH) containing 0.1% BSA and 2 mmol/l glucose. Batches of five islets were incubated at 37°C for 1 h in 130  $\mu$ l KRBH containing 0.1% BSA and 2 mmol/l glucose (basal) supplemented with glucose (20 mmol/l) or other additions, as indicated in the text. For inhibition of lipolysis, orlistat (Sigma, St. Louis, MO), used at 200  $\mu$ mol/l (unless otherwise stated), or vehicle (0.52% DMSO) was included in the KRBH throughout the insulin secretion experiment, but not during chronic culture. Insulin release was determined by radioimmunoassay (Linco/Millipore, Billerica, MA).

**Western blotting.** Islet lysis and Western blotting was adapted from previous protocols (22). Islets were washed and lysed, and protein content was determined by bicinchoninic acid assay (Pierce/Thermo Scientific, Rockford, IL). Then, 25  $\mu$ g protein was resolved on a 7% SDS-PAGE gel (Invitrogen) before transfer to polyvinylidene difluoride. Membranes were blocked with milk and probed with the following antibodies for 2 h at 21°C: anti-PKC $\alpha$  (no. 610108; BD Biosciences, San Jose, CA); anti-PKC $\beta$  (no. SC209), anti-PKC $\delta$  (no. SC213), anti-PKC $\zeta$  (no. SC216), and anti-14-3-3 $\beta$  (no. SC1657; Santa Cruz Biotechnology, Santa Cruz, CA); anti-phospho-acetyl-CoA carboxylase (anti-phospho-ACC; no. 3661), anti-ACC (no. 3662), anti-phospho-AMP-activated protein kinase- $\alpha$  (anti-phospho-AMPK $\alpha$ ) Thr172 (no. 2535), and anti-AMPK $\alpha$  (no. 2532; Cell Signaling Technology, Boston, MA); anti- $\beta$ -actin (Sigma); and anti-hormone-sensitive lipase (anti-Hsl; Abcam, Cambridge, U.K.). Anti-adipose triglyceride lipase (anti-Atgl) was a gift from M. Watt (Monash University). After chemiluminescent detection, densitometry was performed using ImageJ1.38q (National Institutes of Health, Bethesda, MD).

**Live cell imaging.** Live cell imaging was adapted from Ref. 23, as described in the METHODS section in the supplementary information, which is available in an online appendix at <http://diabetes.diabetesjournals.org/cgi/content/full/db09-0132/DC1>.

**Lipid tracing, glycerol release, and lipase activity measurements.** Lipid tracing experiments were performed by adding 20  $\mu$ Ci/ml of [<sup>14</sup>C]palmitate to the culture media for 48 h with 0.4 mmol/l of unlabeled palmitate coupled to 0.92% BSA. Lipid extractions, thin-layer chromatography, and liquid scintillation spectrometry was performed as previously described (18,24). For glycerol release measurements, islets were cultured in palmitate (as above), and batches of 150 islets were incubated in 50  $\mu$ l KRBH containing 20 mmol/l glucose for 3.5 h at 37°C. KRBH glycerol content was determined using free glycerol reagent (Sigma). Triglyceride lipase and cholesteryl-ester hydrolase activities were assessed using an established protocol (25). Islets were cultured with palmitate (as above) and acutely stimulated with 20 mmol/l glucose for 1 h before mechanical homogenization (100 islets/120  $\mu$ l homogenization buffer).

**RNA isolation and real-time quantitative RT-PCR.** RNA extraction and real-time PCR were performed using the TaqMan system (Applied Biosystems, Foster City, CA). Detailed methods and probe sets used are described in the METHODS section in the supplementary information.

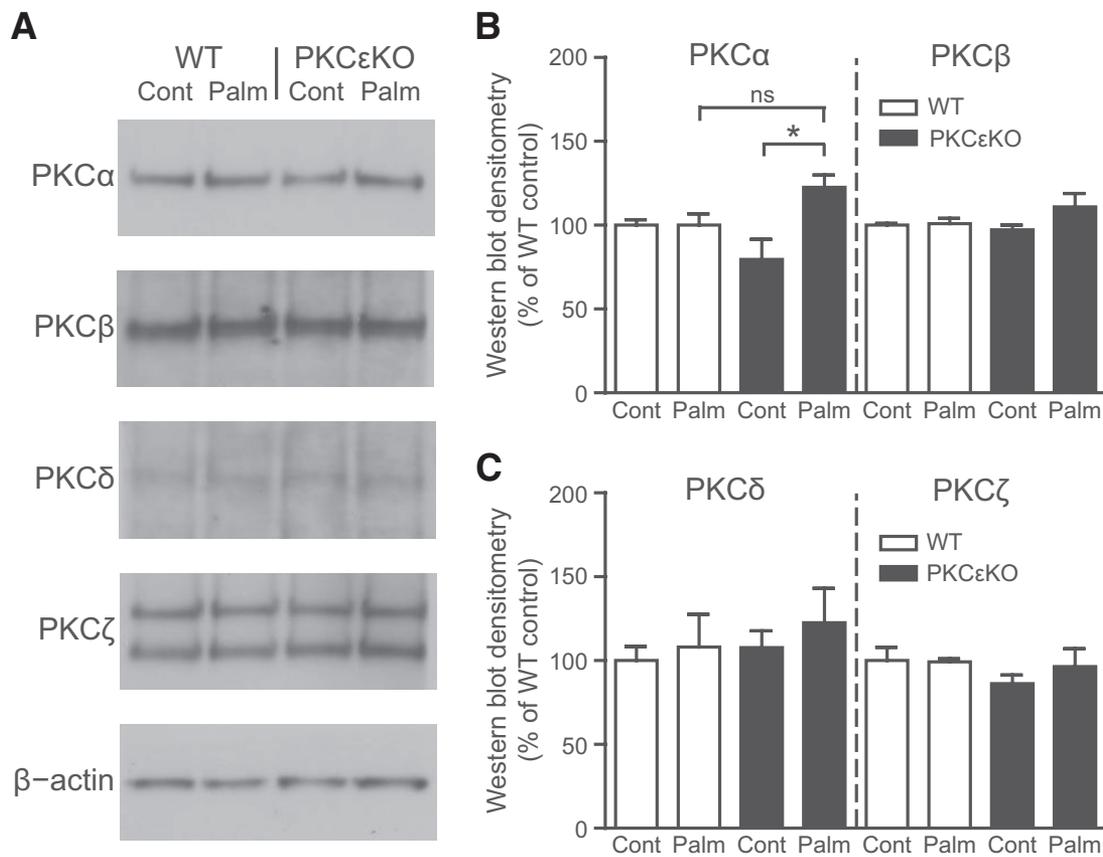
**Statistics.** All statistics were performed using GraphPad Prism5 software (Graphpad Software, La Jolla, CA) and unpaired Student's *t* tests and two-way ANOVA performed as appropriate. *P* < 0.05 was regarded as significant.

## RESULTS

**Effect of PKC $\epsilon$  deletion on the expression of other PKC isoforms.** The PKC family controls multiple aspects of  $\beta$ -cell function (26). Therefore, one possible explanation for the increased GSIS from lipid-cultured PKC $\epsilon$ KO islets might be enhanced expression of another PKC isoform capable of promoting secretion. We therefore compared the PKC expression profile from islets isolated from PKC $\epsilon$ KO and wild-type mice and cultured for 48 h with palmitate (chronic lipid culture). Protein levels of PKC $\beta$ , PKC $\delta$ , and PKC $\zeta$  were indistinguishable between these groups. However, we found slightly increased expression of PKC $\alpha$  in PKC $\epsilon$ KO islets after lipid culture, but this is unlikely to be of functional significance because the expression was not significantly altered from the lipid-cultured wild-type group (Fig. 1A–C). Total DNA and protein contents of PKC $\epsilon$ KO islets were not significantly altered from those of wild-type mice after lipid culture. Islet DNA content (mean  $\pm$  SE) for wild-type islets was 9.1  $\pm$  0.26 ng, versus 8.5  $\pm$  0.25 ng for PKC $\epsilon$ KO (not significant, *n* = 10). Islet protein content for wild-type islets was 320  $\pm$  10.3 ng, versus 319  $\pm$  9.9 ng for PKC $\epsilon$ KO (not significant, *n* = 10).

**PKC $\epsilon$ KO islets show enhanced glucose-amplified insulin secretion.** As shown previously (18), deletion of PKC $\epsilon$  did not alter acute GSIS from islets cultured under control conditions, but it selectively enhanced this response after lipid culture (Fig. 2A). GSIS from islets under all treatment conditions was inhibited by diazoxide (Fig. 2A), which maintains K<sub>ATP</sub> channels in an open conformation, preventing membrane depolarization. These results indicate that the enhanced GSIS in PKC $\epsilon$ KO islets was dependent on normal coupling of glucose metabolism with depolarization-dependent Ca<sup>2+</sup> influx. To measure the amplification pathways, or K<sub>ATP</sub> channel-independent secretion, GSIS assays were performed in the combined presence of diazoxide and 25 mmol/l KCl (9). The latter serves as a nonmetabolic depolarizing stimulus to activate voltage-gated Ca<sup>2+</sup> channels and trigger insulin secretion under conditions in which the glucose-dependent initiation signal is inhibited by diazoxide. The secretory response to glucose in this protocol thus represents the amplification pathway (9), which was operative in all treatment groups (Fig. 2B). Moreover, after lipid culture, glucose-amplified insulin secretion was nearly doubled from PKC $\epsilon$ KO islets relative to wild-type islets (Fig. 2B), whereas no significant difference between the two genotypes was observed under control culture conditions. These results suggest that an augmentation of the amplifying pathways is a major contributor to the overall enhancement of GSIS observed in lipid-cultured PKC $\epsilon$ KO islets.

Although quantitatively much smaller than the effect on GSIS, secretion in response to the depolarizing stimulus KCl (at basal glucose) was also significantly elevated in PKC $\epsilon$ KO versus wild-type islets after lipid culture, but not under control culture conditions. As expected, this response to KCl was induced irrespective of whether K<sub>ATP</sub> channel closure was blocked with diazoxide (Fig. 2B) or not (Fig. 2C). When forskolin was used to activate adenyl cyclase and increase cAMP levels, KCl-induced insulin secretion was enhanced in all treatment groups (Fig. 2C).



**FIG. 1.** Expression of PKC isoforms in PKC $\epsilon$ KO islets. Islets isolated from 12-week-old male mice were cultured for 48 h in the presence of 0.4 mmol/l palmitate coupled to 0.92% BSA (Palm) or BSA alone (Cont) prior to lysis. **A:** Islet proteins were resolved by SDS-PAGE, and immunoblots for PKC $\alpha$ , PKC $\beta$ , PKC $\delta$ , PKC $\zeta$ , and  $\beta$ -actin (loading control) were performed. **B and C:** Densitometry quantification of Western blots. Data are means  $\pm$  SE from a representative experiment with  $n = 4$  animals. The experiment was repeated twice from independent islet preparations. \* $P < 0.05$ . WT, wild type.

As with the GSIS experiments, the combination of lipid culture and PKC $\epsilon$  deletion elicited a significantly greater secretory response than the other conditions.

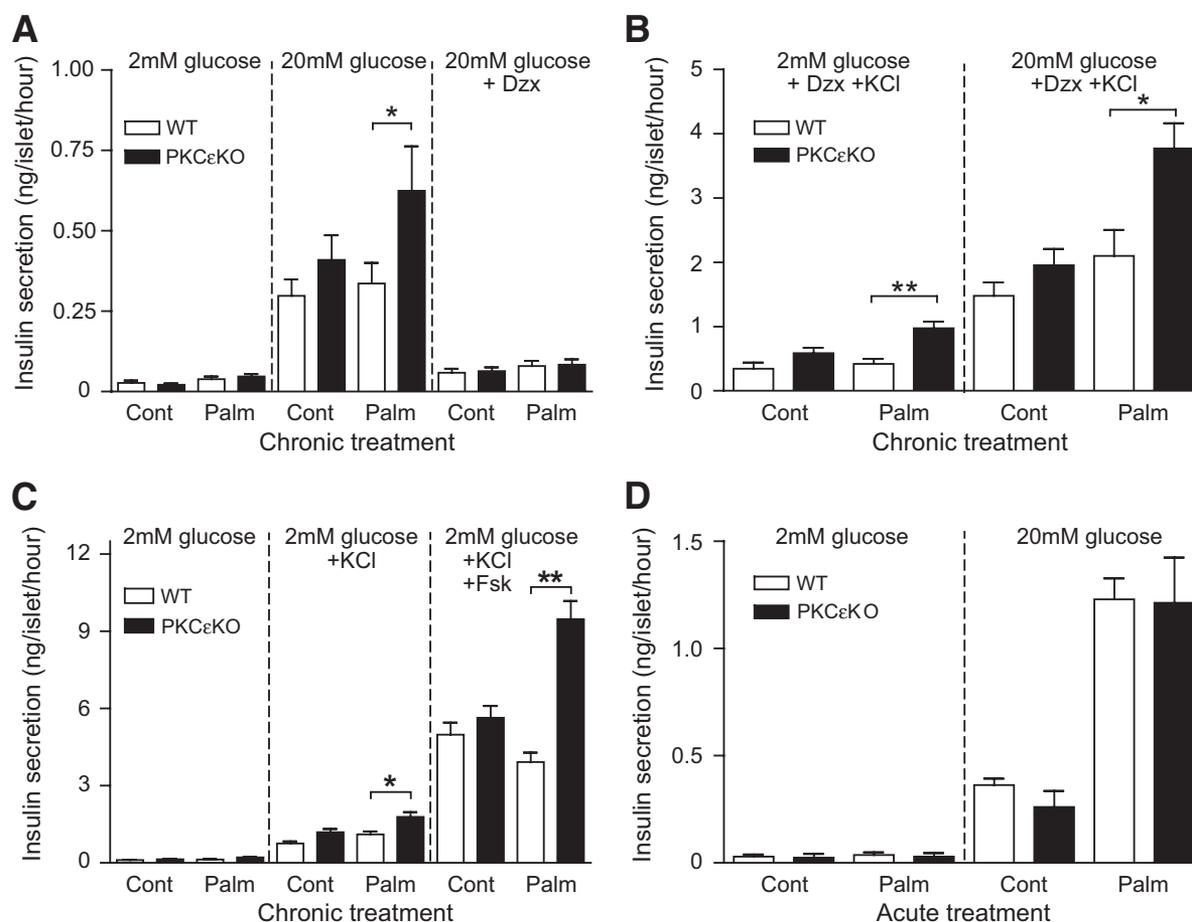
In addition to its chronic effects, palmitate can also acutely potentiate GSIS from  $\beta$ -cells (27). To test whether PKC $\epsilon$  deletion influences this process, we examined the acute effect of palmitate on GSIS from PKC $\epsilon$ KO islets without chronic culture. Addition of palmitate during static secretion experiments produced equivalent responses from both PKC $\epsilon$ KO and wild-type islets (Fig. 2D), suggesting that the mechanism underlying the enhanced GSIS in PKC $\epsilon$ KO islets is independent of the potentiation of GSIS by palmitate.

**PKC $\epsilon$ KO islets have normal intracellular free Ca $^{2+}$ , NAD(P)H, and flavin adenine dinucleotide levels in response to high glucose.** Although the above results point strongly to an involvement of PKC $\epsilon$  deletion in the amplifying pathways of GSIS, they do not exclude an effect on the triggering pathway. To address this more directly, we measured the increase in intracellular free Ca $^{2+}$  after glucose and KCl stimulation. Increases in intracellular free Ca $^{2+}$  were equivalent in chronic lipid-cultured PKC $\epsilon$ KO  $\beta$ -cells and all other groups tested (Fig. 3A and supplementary Fig. A1). This argues against alterations in the triggering pathway, upstream of Ca $^{2+}$  gating, as being implicated in the enhanced GSIS we observed in lipid-cultured PKC $\epsilon$ KO islets.

We next measured the redox state of the pyridine nucleotide NAD(P)H as well as flavin adenine dinucleotide

(FAD $^{2+}$ ) as a measure of glucose-stimulated metabolic flux. The autofluorescent signal captured during these redox imaging experiments is likely that of mitochondrial NADH and FAD $^{2+}$  because of the abundance and concentration of the mitochondrial signal (28). Glucose stimulated both increases in NAD(P)H and decreases in the FAD $^{2+}$  signal (indicating increased FADH $_2$ ), but these were unaltered by PKC $\epsilon$  deletion and/or chronic lipid culture (Fig. 3B and C). This suggests that normal metabolic flux is maintained under these conditions, and it indicates that alterations of these hydrogen carriers are unlikely to be involved in the augmentation of the amplifying pathways of GSIS described above. Under basal glucose conditions, however, lipid-cultured PKC $\epsilon$ KO islets showed a small significant decrease in NAD(P)H levels and an increase in FAD $^{2+}$  signal, indicating decreased FADH $_2$ , relative to lipid-cultured wild-type islets (Fig. 3B and C). Although this suggests that PKC $\epsilon$  deletion might impact basal metabolic flux, we did not pursue this finding here, given our focus on GSIS.

**Triglyceride levels derived from exogenous palmitate are elevated in PKC $\epsilon$ KO islets.** Acute incubation of lipid-pretreated PKC $\epsilon$ KO islets with [U- $^{14}$ C]palmitate had previously revealed a switch in glucose-regulated lipid partitioning, favoring lipid esterification over oxidation (18). That approach, however, did not address whether endogenous lipid pools were chronically altered by PKC $\epsilon$  deletion. We therefore measured incorporation of [U- $^{14}$ C]palmitate into neutral lipid pools over 48 h of



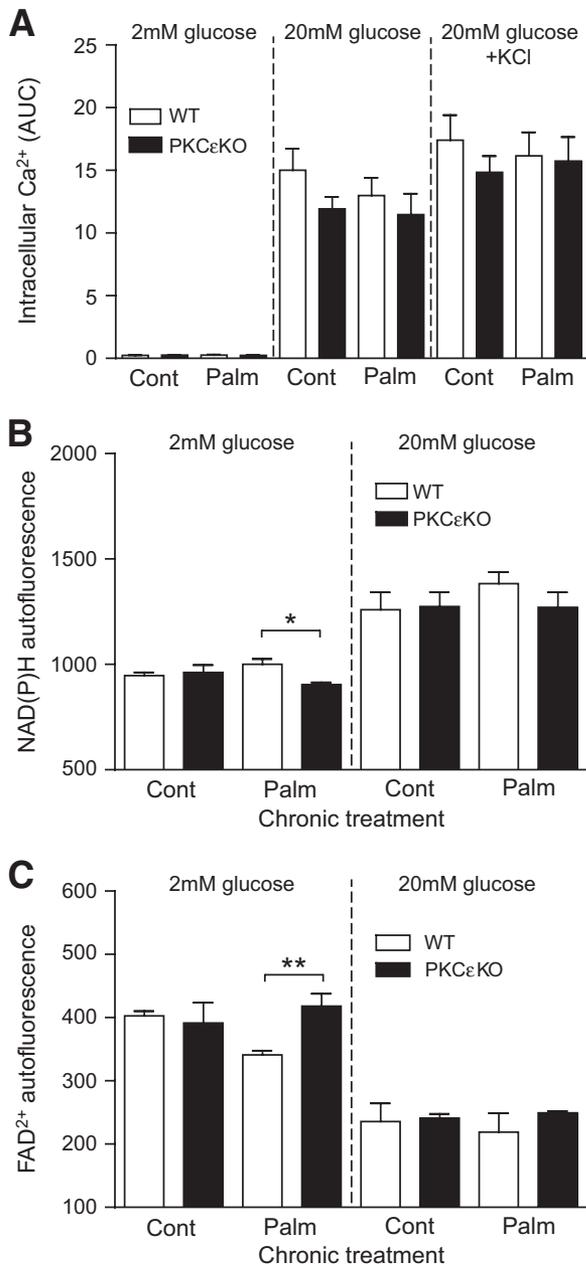
**FIG. 2.** The amplifying pathways of GSIS are upregulated in PKCεKO islets. **A–C:** Islets isolated from 12-week-old male mice were cultured for 48 h (chronic) in the presence of 0.4 mmol/l palmitate coupled to 0.92% BSA (Palm) or BSA alone (Cont). **A:** GSIS in response to 20 mmol/l glucose and inhibition by diazoxide (Dzx; 100 μmol/l;  $n = 7$ ). **B:**  $K_{ATP}$  channel-independent glucose-amplified insulin secretion in the presence of 25 mmol/l KCl and diazoxide ( $n = 5$ ). **C:** Insulin secretion in response to nonnutrient secretagogues KCl (25 mmol/l) and forskolin (1 μmol/l;  $n = 3$ ). **D:** Acute palmitate-potentiated GSIS from islets without chronic palmitate culture ( $n = 4$ ). Data are the means  $\pm$  SE. \* $P < 0.05$ ; \*\* $P < 0.01$ . WT, wild type.

palmitate culture, which revealed equivalent  $^{14}\text{C}$  labeling of diacylglycerols and cholesteryl-esters in PKCεKO and wild-type islets (Fig. 4A). However, we did observe a significant increase in triglycerides derived from exogenous [ $^{14}\text{C}$ ]palmitate in PKCεKO islets (Fig. 4A). Despite this, oil red O staining of lipid droplets in chronic lipid-cultured PKCεKO  $\beta$ -cells was indistinguishable from that of wild-type  $\beta$ -cells (data not shown). Expression of the enzyme diacylglycerol acyltransferase (*Dgat1*), responsible for the formation of triglyceride from diacylglycerol, was unaltered in islets by palmitate culture and/or PKCε deletion (Fig. 4B), excluding this as a mechanism for the enhanced triglyceride esterification in PKCεKO islets.

One mechanism for the control of lipid partitioning and deposition of neutral lipid stores is the regulation of ACC activity by AMPK and the subsequent modulation of malonyl-CoA production and  $\beta$ -oxidation (29). Therefore, we analyzed phospho-specific markers of AMPK and ACC activity by immunoblotting. Phosphorylation of AMPK $\alpha$  (Thr172) was increased subtly yet significantly after chronic lipid culture of islets, but this was equivalent in both genotypes (Fig. 4C and D), suggesting that alterations in AMPK activity do not explain the increase in GSIS observed under these conditions. Chronic lipid culture has been previously shown to increase AMPK $\alpha$  (Thr172) phosphorylation (30), but in our hands this was not

accompanied by a corresponding change in ACC (Ser79) phosphorylation (Fig. 4C–E). Although a somewhat surprising finding, this is still consistent with our overall conclusion that alterations in the AMPK/ACC axis do not account for the effects of PKCε deletion on GSIS.

**Lipolysis is enhanced in PKCεKO islets and is required to mediate enhanced GSIS after lipid culture.** Mobilization of endogenous neutral lipid stores by lipolysis has been implicated in GSIS in rat  $\beta$ -cells (31,32), and these processes are glucose regulated in rat and mouse  $\beta$ -cells (33,34). Thus, lipolytic pathways may link the increased triglyceride formation with the enhanced lipid-dependent GSIS in PKCεKO islets. Therefore, we assayed lipolysis as glycerol generation because this metabolite is released from  $\beta$ -cells after lipolysis, rather than being recycled (35). Glucose-stimulated glycerol production from PKCεKO islets was significantly increased compared with wild-type islets after chronic lipid culture (Fig. 5A), suggesting that enhanced lipolysis might underlie the augmentation of GSIS observed under these conditions. To test this more directly, we assessed GSIS in the presence of the lipase inhibitor orlistat (0.2 mmol/l). Although without effect on wild-type islets, orlistat completely blocked the enhancement of GSIS and glucose-amplified insulin secretion otherwise observed using



**FIG. 3.** PKC $\epsilon$ KO islets have normal intracellular free Ca<sup>2+</sup>, NAD(P)H, and FAD<sup>2+</sup> responses to glucose. Live imaging of  $\beta$ -cells from 12-week-old male mice after culture for 48 h in the presence of 0.4 mmol/l palmitate coupled to 0.92% BSA (Palm) or BSA alone (Cont). **A:** Intracellular free Ca<sup>2+</sup> levels measured by confocal microscopy in FuraRed-loaded  $\beta$ -cells in response to glucose and KCl, as indicated. Area under the curve (AUC) measurements were made from the complete time course trace data presented in supplementary Fig. A1. **B** and **C:** NAD(P)H and FAD<sup>2+</sup> autofluorescence measured by microscopy in response to glucose, as indicated. Data are the means  $\pm$  SE from four independent recordings from two independent cell preparations, with >20 cells monitored per recording. \**P* < 0.05; \*\**P* < 0.01. WT, wild type.

PKC $\epsilon$ KO islets (Fig. 5B and C). This inhibition was dose dependent (supplementary Fig. A2).

**Triglyceride lipase activity is enhanced in PKC $\epsilon$ KO islets.** We next measured glucose-stimulated lipase activities directly, using homogenates of islets derived from our different treatment groups. Triglyceride lipolysis was significantly enhanced in PKC $\epsilon$ KO islets after palmitate culture and showed a similar, albeit nonsignificant, increase after control culture relative to wild-type islets (Fig. 6A).

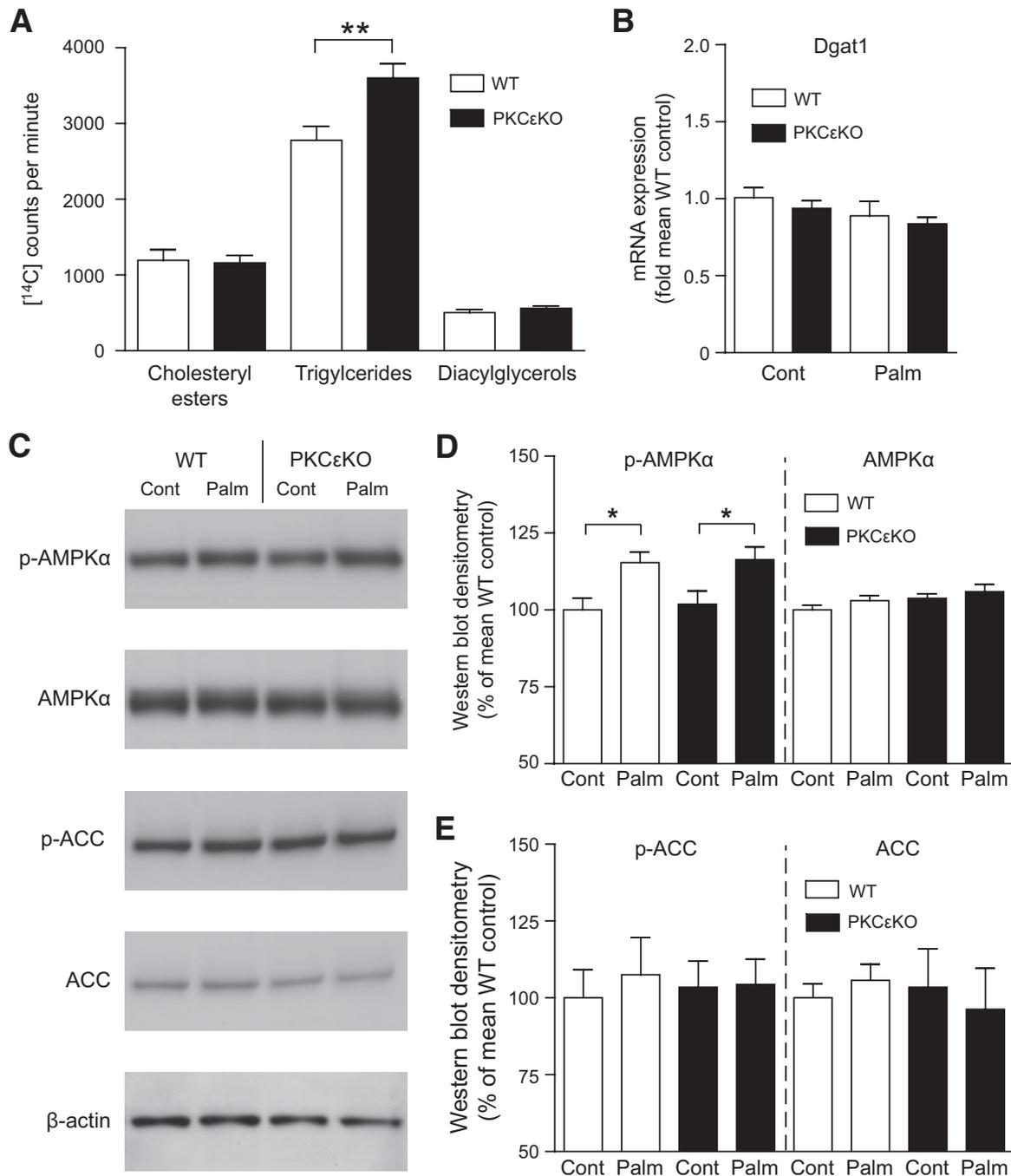
Cholesteryl-ester hydrolysis was 200-fold lower than that of triglyceride and was downregulated in control-cultured PKC $\epsilon$ KO islets, relative to wild-type islets, but unaltered by genotype after palmitate culture (Fig. 6A).

**Expression of lipases and associated factors in PKC $\epsilon$ KO islets.** We used RT-PCR to investigate whether the enhanced PKC $\epsilon$ KO islet triglyceride lipase activity could simply be explained by increased expression of lipases or associated genes. Expression of Hsl, Atgl, adiponutrin, and lipoprotein lipase was not increased with palmitate culture and/or deletion of PKC $\epsilon$  (Fig. 6B–D). *Atgl* mRNA was slightly decreased by palmitate in PKC $\epsilon$ KO islets (Fig. 6B), but neither mRNA nor protein levels were altered when compared with wild-type islets, indicating normal abundance of this lipase (Fig. 6B and D). We were unable to detect expression of pancreatic triglyceride lipase or the lipid droplet-associated protein perilipin (data not shown). Expression of  $\alpha/\beta$ -hydrolase domain-containing protein 5—a protein known to regulate *Atgl* activity (36)—was unaltered by palmitate culture and/or PKC $\epsilon$  deletion (Fig. 6C). Finally, we measured translocator protein gene (peripheral benzodiazepine receptor) mRNA levels because expression of this gene is known to be induced in some cell types by PKC $\epsilon$  activation (37), and pharmacological activation of translocator protein causes  $\beta$ -cells dysfunction (38). However, expression of this gene was not altered by palmitate culture and/or PKC $\epsilon$  deletion (Fig. 6C).

**DISCUSSION**

We have previously shown that functional inhibition of PKC $\epsilon$  prevents glucose intolerance in mice fed a high-fat diet and improves glycemic control in diabetic *db/db* mice, in part because of an enhancement of insulin secretion (18). Enhanced GSIS from PKC $\epsilon$ KO  $\beta$ -cells occurred selectively after lipid exposure, in vitro or in vivo, thereby increasing insulin output under pathophysiological conditions that confer an increased demand for insulin. Because of the potential therapeutic relevance of these findings to the treatment of type 2 diabetes, our current goal was to further characterize the molecular mechanisms underlying this phenotype. We first excluded the possible upregulation of another  $\beta$ -cell PKC isoform capable of promoting insulin secretion. Although we did find a small but significant increase in PKC $\alpha$ —a conventional PKC—in lipid-cultured PKC $\epsilon$ KO islets, this is unlikely to be of functional relevance because we have previously shown that although conventional PKCs are activated by glucose in the  $\beta$ -cell, they are not required for GSIS (39).

Our current results provide two major advances in defining the mechanism whereby deletion of PKC $\epsilon$  enhances GSIS in lipid-cultured islets. First, we have specifically identified the amplifying pathway as the major site of action. Importantly, and consistent with the specificity reported for overall GSIS (18), the augmentation of the amplification pathway in PKC $\epsilon$ KO islets was only observed after lipid pretreatment. In addition, we have previously demonstrated an enhancement of both first- and second-phase GSIS after lipid culture of PKC $\epsilon$ KO islets (18), which is still consistent with an enhancement of glucose-amplified insulin secretion because the amplifying pathways have been shown to be active during both phases of GSIS (40). By definition, the amplifying pathways function independently of changes in glucose-regulated intracellular Ca<sup>2+</sup> concentrations (9). Consistent with this, we were

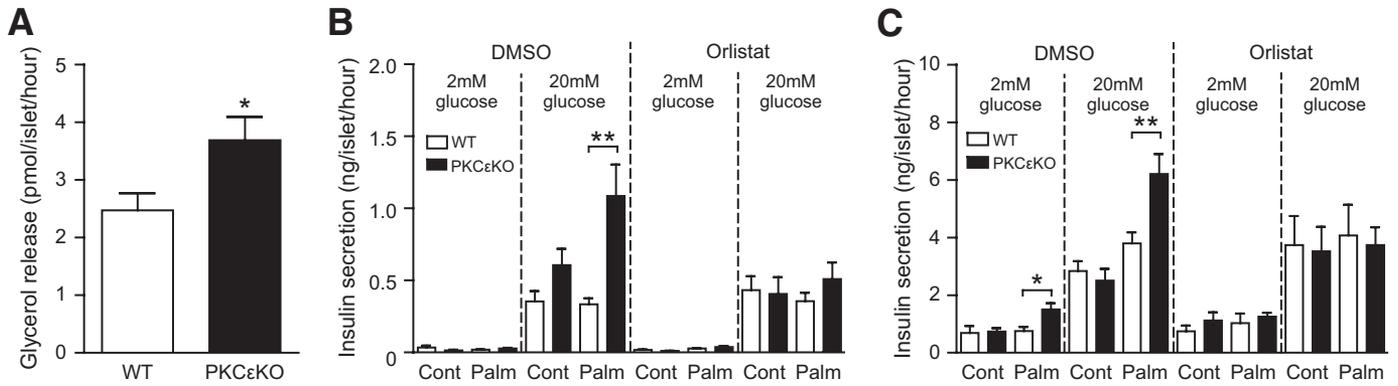


**FIG. 4.** Enhanced incorporation of fatty acids into triglyceride stores in PKCεKO β-cells. **A:** Islets were cultured for 48 h with 0.4 mmol/l palmitate coupled to 0.92% BSA and 20 μCi/ml of [U-<sup>14</sup>C]palmitate. Islet lipid extracts were resolved by silica thin-layer chromatography, and incorporation of <sup>14</sup>C-palmitate into neutral lipid pools was quantified by liquid scintillation spectrometry ( $n = 10-12$ ). **B:** Diacylglycerol acyltransferase 1 (Dgat1) mRNA expression in islets after culture for 48 h in the presence of 0.4 mmol/l palmitate coupled to 0.92% BSA (Palm) or BSA alone (Cont). Data were expressed relative to wild-type control islets ( $n = 5$ ). **C-E:** Islets from 12-week-old male mice, after palmitate or control culture, were lysed and proteins resolved by SDS-PAGE before immunoblots were performed for phospho-ACC Ser79 (p-ACC), ACC, phospho-AMPKα Thr172 (p-AMPKα), AMPKα, and β-actin (loading control). **D** and **E:** Densitometry quantification of Western blots;  $n = 4$  animals from two independent islet preparations were used. Data are the means  $\pm$  SE. \* $P < 0.05$ ; \*\* $P < 0.01$ . WT, wild type.

unable to find an alteration in glucose-stimulated  $Ca^{2+}$  levels in PKCεKO β-cells after lipid culture. However, we do not exclude an additional effect on the triggering pathway downstream of  $Ca^{2+}$  influx because we did find slightly enhanced secretion in response to KCl (at basal glucose concentrations) selectively in lipid-cultured PKCεKO islets.

The molecular mechanisms underlying the amplifying pathways are poorly understood and controversial, al-

though glucose-regulated lipid partitioning has been proposed as one coupling mechanism (11,12). Glucose-driven mitochondrial anaplerotic/cataplerotic pathways increase cytosolic levels of malonyl-CoA, which inhibits carnitine-palmitoyl transferase 1, thereby inhibiting β-oxidation and promoting the availability of long-chain acyl-CoA for esterification (41). This partitioning mechanism is a glucose-regulated signal that mediates, in part, the acute potentiation of GSIS by exogenous lipids (42). This cou-



**FIG. 5. Enhanced lipolysis is required for enhanced secretion in PKC $\epsilon$ KO islets.** Islets isolated from 12-week-old male mice were cultured for 48–72 h in the presence of 0.4 mmol/l palmitate coupled to 0.92% BSA (Palm) or BSA alone (Cont). **A:** Lipolysis was measured in islets, after palmitate culture, by detection of glycerol release in response to 20 mmol/l d-glucose ( $n = 7$ ). **B:** GSIS in palmitate-cultured PKC $\epsilon$ KO islets in the presence of the lipase inhibitor orlistat (0.2 mmol/l) or DMSO vehicle control ( $n = 9$ ). **C:** Glucose-amplified insulin secretion measured under  $K_{ATP}$  channel-independent depolarizing conditions (25 mmol/l KCl and 100  $\mu$ mol/l diazoxide) using palmitate-cultured PKC $\epsilon$ KO islets in the presence of orlistat or DMSO control ( $n = 9$ ). Data are the means  $\pm$  SE. \* $P < 0.05$ ; \*\* $P < 0.01$ . WT, wild type.

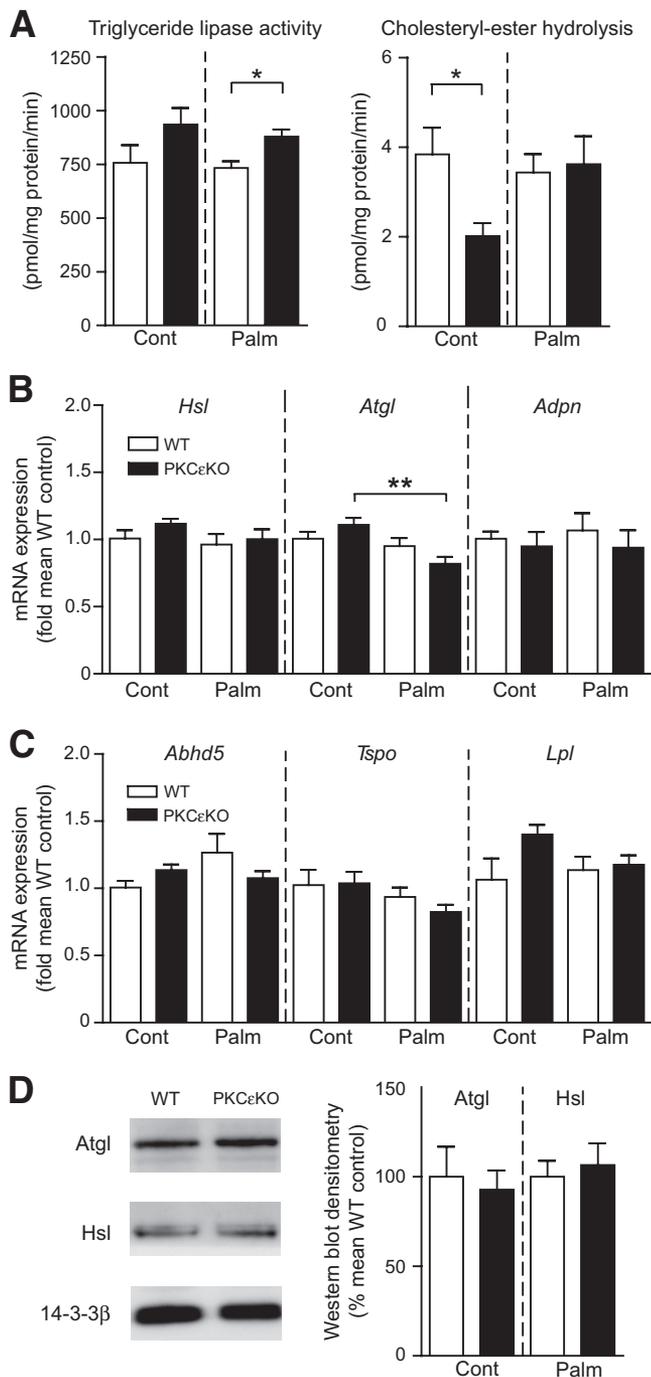
pling mechanism is broadly consistent with the second major finding reported here: enhanced mobilization of neutral lipid stores contributes to the increased GSIS we observe. We base this finding on several pieces of evidence, including, most directly, that orlistat selectively inhibited the augmented GSIS in lipid-cultured PKC $\epsilon$ KO islets. In contrast to prior studies with rat islets (31,32), orlistat did not affect GSIS from wild-type mouse islets. Rat islets differ from mouse (and human) islets in that they have a more pronounced second phase of secretion (40), and it is this phase that is most sensitive to inhibition by orlistat (31). We are unaware of any previous reports of the effect of orlistat, or other lipase inhibitors, on GSIS from mouse islets.

The other pieces of evidence for a site of action in lipid partitioning relate to observed effects of PKC $\epsilon$  deletion on the remodeling of neutral lipid stores. On the one hand, PKC $\epsilon$ KO islets displayed increased incorporation of [ $^{14}$ C]palmitate into triglyceride during 48-h culture with 11 mmol/l glucose. This extends our previous finding that during short-term glucose stimulation, lipid-pretreated PKC $\epsilon$ KO islets were better able than wild-type islets to partition palmitate away from  $\beta$ -oxidation and toward esterification pathways (18). On the other hand, when assayed directly, glucose-stimulated triglyceride lipase activity was increased by PKC $\epsilon$  deletion. The simplest explanation for our findings is that absence of PKC $\epsilon$  during chronic lipid exposure results in enhanced deposition of triglyceride, which couples with enhanced lipolysis of this store during acute glucose stimulation and results in increased liberation of fatty acid in the PKC $\epsilon$ KO  $\beta$ -cell. Potential inputs on both the deposition and mobilization of lipid stores would be consistent with the apparent absence on any alteration in overall lipid droplet content, and they imply that turnover of (a possibly unknown) neutral lipid contributes to the amplification of insulin secretion (31,32,43). How this fatty acid metabolite would act is unclear, but possibilities include autocrine/paracrine activation of  $\beta$ -cell G-protein-coupled receptors, or effects exerted intracellularly, via activation of lipid-regulated protein kinases or via acylation reactions (11,12). A final explanation for the enhanced lipolysis we observed in PKC $\epsilon$ KO islets is that it represents an adaptive response to minimize the effects of nutrient toxicity after lipid loading (44). Further studies of the role of PKC $\epsilon$  in lipid-cultured

islets should help to resolve these possibilities, and they might shed further light on the poorly understood mechanisms underlying the amplifying pathways of GSIS.

The molecular targets of PKC $\epsilon$  involved in regulating neutral lipid turnover remain to be identified, but our results now narrow the range of options. The finding that PKC $\epsilon$  deletion affected triglyceride, but not diacylglycerol or cholesteryl-ester, pools suggests a mode of action independent of the broad regulation of  $\beta$ -oxidation versus neutral lipid synthesis that is controlled by glucose-stimulated malonyl-CoA levels. This is consistent with the observation that activation of neither the malonyl-CoA synthetic enzyme ACC, nor the upstream regulatory kinase AMPK, was altered when comparing the phosphorylation status of these proteins from wild-type or PKC $\epsilon$ KO islets. The mechanism underlying the selectivity for deposition into triglycerides requires further investigation, but is unlikely to involve an effect of PKC $\epsilon$  deletion on general fatty acid desaturation pathways because these impact on cholesteryl-ester as well as triglyceride formation in  $\beta$ -cells (24). The individual  $\beta$ -cell lipases responsible for coupling glucose-regulated lipolysis with the amplification of insulin secretion have not been fully established (45). Hsl is one candidate, although gene knockout studies have failed to reach a consensus on its role in  $\beta$ -cells (33,46,47). We have shown that the cAMP generator forskolin stimulates enhanced insulin secretion in PKC $\epsilon$ KO islets. Because cAMP also activates lipolysis in  $\beta$ -cells (31,48), most probably via Hsl (49), it is possible that the activity of this enzyme may be elevated by PKC $\epsilon$  deletion. However, the main Hsl substrates are thought to be diacylglycerols and cholesteryl-esters (45), so it is unlikely Hsl activity is responsible for the enhanced triglyceride lipolysis in PKC $\epsilon$ KO islets. Other candidate  $\beta$ -cell lipases include Atgl and adiponutrin; although expression of these lipases was normal, we cannot rule in or out an upregulation of their activity in PKC $\epsilon$ KO islets. Indeed, the GSIS phenotype in PKC $\epsilon$ KO islets may prove a useful model for further studying the role of lipases in regulating  $\beta$ -cell function.

We have demonstrated that loss of PKC $\epsilon$  function reprograms the mouse  $\beta$ -cell to increase GSIS after lipid exposure, via upregulation of the amplifying pathways of GSIS, which are dependent on lipolysis. Because loss of  $\beta$ -cell function correlates with poor prognosis during type 2 diabetes, strategies to improve GSIS remain attractive



**FIG. 6.** Lipase activities and gene expression in PKC $\epsilon$ KO islets. **A:** Lipase activities of islet homogenates after culture for 48 h in the presence of 0.4 mmol/l palmitate coupled to 0.92% BSA (Palm) or BSA alone (Cont) and subsequent stimulation with 20 mmol/l glucose for 1 h. Triglyceride or cholesteryl-ester lipid pools were provided as substrate, spiked with [ $^3$ H]triolein or [ $^{14}$ C]cholesteryl-oleate, respectively. Islets from  $n = 5$  animals were used per genotype. **B** and **C:** mRNA expression of Hsl (*Hsl*), adipose triglyceride lipase (*Atgl*), adiponutrin (*Adpn*),  $\alpha/\beta$ -hydrolase domain-containing protein 5 (*Abhd5*), translocator protein (*Tspo*), and lipoprotein lipase (*Lpl*). Islets were cultured in palmitate or control media, and data were expressed relative to wild-type control islets ( $n = 5$ ). **D:** Western blot and quantification of Hsl and Atgl with 14-3-3 $\beta$  loading control;  $n = 3$ .  $\square$  = wild type,  $\blacksquare$  = PKC $\epsilon$ KO. Data are the means  $\pm$  SE. \* $P < 0.05$ ; \*\* $P < 0.01$ . WT, wild type.

treatments for the disease. Our results here strengthen the case for further work on the inhibition of PKC $\epsilon$  as a means of treating type 2 diabetes. Having now demonstrated a

site of action in the amplifying pathways of GSIS, our work suggests PKC $\epsilon$  inhibitors might act as a type of metabolic incretin, with the added advantage that they appear to target defective  $\beta$ -cells, such as those from *db/db* mice, or wild-type islets compromised by prior lipid exposure (18). Finally, a better understanding of the roles of PKC $\epsilon$  in the  $\beta$ -cell could help elucidate the mechanisms whereby insulin secretion fails during the progression to type 2 diabetes.

#### ACKNOWLEDGMENTS

This work was supported by the National Health and Medical Research Council of Australia and the Diabetes Australia Research Trust.

No potential conflicts of interest relevant to this article were reported.

We thank David Pederson and the Garvan Biological Testing Facility staff for technical assistance and Matthew Watt for provision of antibodies. We also thank Christopher Mitchell and Nigel Turner for critical evaluation of the manuscript.

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