

Regulation and localization of tyrosine²¹⁶ phosphorylation of glycogen synthase kinase-3 β in cellular and animal models of neuronal degeneration

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Edited by Solomon H. Snyder, Johns Hopkins University School of Medicine, Baltimore, MD, and approved July 19, 2000 (received for review June 28, 2000)

Inactivation of glycogen synthase kinase-3 β (GSK3 β) by S⁹ phosphorylation is implicated in mechanisms of neuronal survival. Phosphorylation of a distinct site, Y²¹⁶, on GSK3 β is necessary for its activity; however, whether this site can be regulated in cells is unknown. Therefore we examined the regulation of Y²¹⁶ phosphorylation on GSK3 β in models of neurodegeneration. Nerve growth factor withdrawal from differentiated PC12 cells and staurosporine treatment of SH-SY5Y cells led to increased phosphorylation at Y²¹⁶, GSK3 β activity, and cell death. Lithium and insulin, agents that lead to inhibition of GSK3 β and adenoviral-mediated transduction of dominant negative GSK3 β constructs, prevented cell death by the proapoptotic stimuli. Inhibitors induced S⁹ phosphorylation and inactivation of GSK3 β but did not affect Y²¹⁶ phosphorylation, suggesting that S⁹ phosphorylation is sufficient to override GSK3 β activation by Y²¹⁶ phosphorylation. Under the conditions examined, increased Y²¹⁶ phosphorylation on GSK3 β was not an autophosphorylation response. In resting cells, Y²¹⁶ phosphorylation was restricted to GSK3 β present at focal adhesion sites. However, after staurosporine, a dramatic alteration in the immunolocalization pattern was observed, and Y²¹⁶-phosphorylated GSK3 β selectively increased within the nucleus. In rats, Y²¹⁶ phosphorylation was increased in degenerating cortical neurons induced by ischemia. Taken together, these results suggest that Y²¹⁶ phosphorylation of GSK3 β represents an important mechanism by which cellular insults can lead to neuronal death.

A aberrant cell death within the adult central nervous system is a key mechanism thought to underlie the pathology of several neurodegenerative diseases (1, 2). Survival growth factors protect neurons from a variety of proapoptotic stimuli, and one of the protective mechanisms has been attributed to the activation of the phosphoinositide-3 kinase signal transduction pathway (3). A downstream effector of this signaling pathway is Akt, a kinase that phosphorylates the serine/threonine kinase GSK3 β on S⁹ to render it inactive (4, 5), a proposed mechanism by which neurons become resistant to apoptotic stimuli (6–8).

A second regulatory site (Y²¹⁶), which lies within the activation loop between subdomains VII and VIII of the catalytic domain, has been identified on GSK3 β and whose phosphorylation is necessary for functional activity (9). Dephosphorylation with a protein tyrosine phosphatase or mutation of Y²¹⁶ on GSK3 β results in a dramatic decrease in activity (9). It is unclear whether Y²¹⁶ is a site for GSK3 β autophosphorylation or whether a separate tyrosine kinase phosphorylates this site to activate GSK3 β (10).

In addition to its role in apoptosis, GSK3 β hyperphosphorylates the microtubule-associated protein τ , a mechanism implicated in paired helical filament formation in Alzheimer's disease (11, 12). Despite progress in defining growth factor-dependent pathways that regulate S⁹ phosphorylation (13), little is known regarding the regulation of GSK3 β activity by Y²¹⁶ phosphorylation in neurons. As a first step, we have determined whether

the Y²¹⁶ residue on GSK3 β is subject to regulation in models of neurodegeneration. Our results indicate that Y²¹⁶ phosphorylation on GSK3 β is robustly increased in response to apoptotic stimuli in neuronal cells and in brain. Y²¹⁶-phosphorylated GSK3 β is localized to focal adhesion points that are disrupted after an apoptotic stimulus and selectively increase within the nucleus. The increased Y²¹⁶ phosphorylation does not occur via an autophosphorylation mechanism, implying that in neurons, proapoptotic stimuli lead to activation of an undetermined tyrosine kinase pathway leading to the phosphorylation of GSK3 β on Y²¹⁶ and its activation.

Materials and Methods

Materials. Rat pheochromocytoma (PC12) cells and human neuroblastoma SH-SY5Y cells were obtained from American Type Culture Collection (Rockville, MD). Antibodies and sources: polyclonal phospho-specific Y²¹⁶ and S⁹ GSK3 β antibodies (QCB-Biosource International, Camarillo, CA); monoclonal GSK3 β antibody (Transduction Laboratories, Lexington, KY); monoclonal vinculin antibody, nerve growth factor (NGF) (2.5S), and polyclonal anti-NGF (Sigma); Texas red-labeled phalloidin, Oregon green 488-labeled goat anti-rabbit, and Texas red-labeled goat anti-mouse secondary antibodies (Molecular Probes). Recombinant human (rh) GSK3 β was provided by Philip Cohen, University of Dundee, Dundee, Scotland, U.K. The elongation initiation factor 2b peptide substrate was provided by Peninsula Laboratories. γ ³³P-ATP (specific activity 10 μ Ci/ μ l) was from Amersham Pharmacia Biotech.

Apoptosis Induction. PC12 cells were differentiated for 9–12 days in RPMI containing 1% FBS and 50 ng/ml NGF. Apoptosis was induced by washing cells with NGF-free medium and was accelerated by the addition of anti-NGF antibodies (1:400). In SH-SY5Y cells, apoptosis was induced by using staurosporine (0.1–0.3 μ M). Quantification of apoptosis was done by measuring fragmented DNA by using a Cell Death Detection kit as specified by the manufacturer (Boehringer–Mannheim, catalog no. 1774425).

Immunoprecipitation and Kinase Assay. For immunoprecipitation, 10 μ g of cell lysate prepared in ice-cold lysis buffer (10 mM

This paper was submitted directly (Track II) to the PNAS office.

Abbreviations: GSK3 β , glycogen synthase kinase-3 β ; NGF, nerve growth factor; MCAO, middle cerebral artery occlusion; rh, recombinant human; HA, hemagglutinin; wt, wild type.

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Article published online before print: *Proc. Natl. Acad. Sci. USA*, 10.1073/pnas.190297597. Article and publication date are at www.pnas.org/cgi/doi/10.1073/pnas.190297597

Tris·HCl, pH 7.5/50 mM NaCl/30 μ M Na₄P₂O₇/1% Triton-X/0.2 mM PMSF/7.5 μ g/ml leupeptin/7 μ g/ml each pepstatin A, aprotinin, and E-64/10 μ g/ml benzamidin/2 mM Na₃VO₄/2.5 mM NaF) was incubated with 5 μ l antibody for 1 h at 4°C followed by overnight incubation with 75 μ l of protein G-Sepharose beads. For GSK3 β kinase assays, immune complexes were washed with lysis buffer and once with 100 μ l kinase buffer [100 mM 4-morpholinepropanesulfonic acid (Mops), pH 7.0/2 mM EDTA]. Kinase assays were performed with either 35 μ l immunoprecipitate or 0.4 units/ml of rhGSK3 β , 4 μ M elongation initiation factor 2b substrate peptide [Ac-RRAAEELD-SRAGS(p)PQL]/10 μ M γ -³³P-ATP (0.2 μ Ci)/10 mM Mg(Ac)₂/10 mM Mops, pH7.0/0.2 mM EDTA in a total volume of 50 μ l. Reaction was initiated with ATP (30 min at 30°C) and was stopped by spotting 40 μ l onto P81 phosphocellulose paper filters. Filters were washed with 75 mM phosphoric acid, rinsed with acetone, and quantitated by scintillation counting. Western blotting and detection were performed as previously described by using antibodies at 1:1,000 dilution (14).

Construction of Vectors for Homologous Recombination in Bacteria. pAdeasy-1, pAdTrack-CMV plasmids and *Escherichia coli* BJ5183 were obtained from Bert Vogelstein, The Johns Hopkins Oncology Center, Baltimore, MD. GSK3 β cDNA was obtained from the American Type Culture Collection image clone collection. A hemagglutinin (HA) epitope tag was introduced by PCR, and the construct was cloned into pAd-CMVtrack by using *Bgl*II and *Eco*RV sites. The K85R and Y216F mutations were generated by point mutagenesis of the GSK3 β clone by using the QuickChange Kit from Stratagene. Constructs were verified by sequencing and restriction digest.

Recombinant adenoviruses of wild-type (wt) and mutant GSK3 β constructs were produced by using the AdEasy System, Quantum Biotechnologies (Montreal, Canada). Cell number was estimated by counting, and the appropriate multiplicity of infection was delivered. Infection was performed in 2% serum (2 h), then normal serum was added for 12 h.

Cerebral Ischemia Model. Long-Evans rats (180–220 g) were given food and water *ad libitum* and housed in an American Association for the Accreditation of Laboratory Animal Care accredited facility. Animals were injected s.c. with lithium chloride or saline, once daily for 16 days (1.5 meq/kg day 1–4; 2.3 meq/kg day 5–11; 3 meq/kg day 12–16), as previously described (15). Twenty-four hours after the last injection, rats were subjected to unilateral cerebral ischemia by 90 min of filament-induced middle cerebral artery occlusion (MCAO), as described (15). The infarcted area (mm³) for each slice was determined by an image analyzer. For immunohistochemistry, tissue was processed as described previously (14).

Confocal Microscopy and Immunohistochemistry. SH-SY5Y cells grown on coverslips were fixed in 4% paraformaldehyde in PBS at reverse transcription (RT) for 15 min. Cells were permeabilized in 0.2% Triton X-100 in PBS and blocked in 1% BSA in PBS for 15 min. Primary and secondary antibody incubations [rabbit anti-Y²¹⁶ (1:500) or mouse anti-vinculin (1:500) in blocking reagent, goat anti-rabbit conjugated with Oregon Green 488 (1:1,000)], or goat anti-mouse conjugated with Texas red (1:1,000) or Texas red phalloidin (1:100) were done for 30 min at RT. Each step was followed by a 15-min wash with PBS. Coverslips were mounted in Vectashield (Vector Laboratories) and photographed on an Olympus Fluoview 300 (Olympus, New Hyde Park, NY) confocal microscope by using a \times 100 objective.

Results

Apoptotic cell death was measured after NGF deprivation in PC12 cells by using an assay that detects fragmented DNA, a

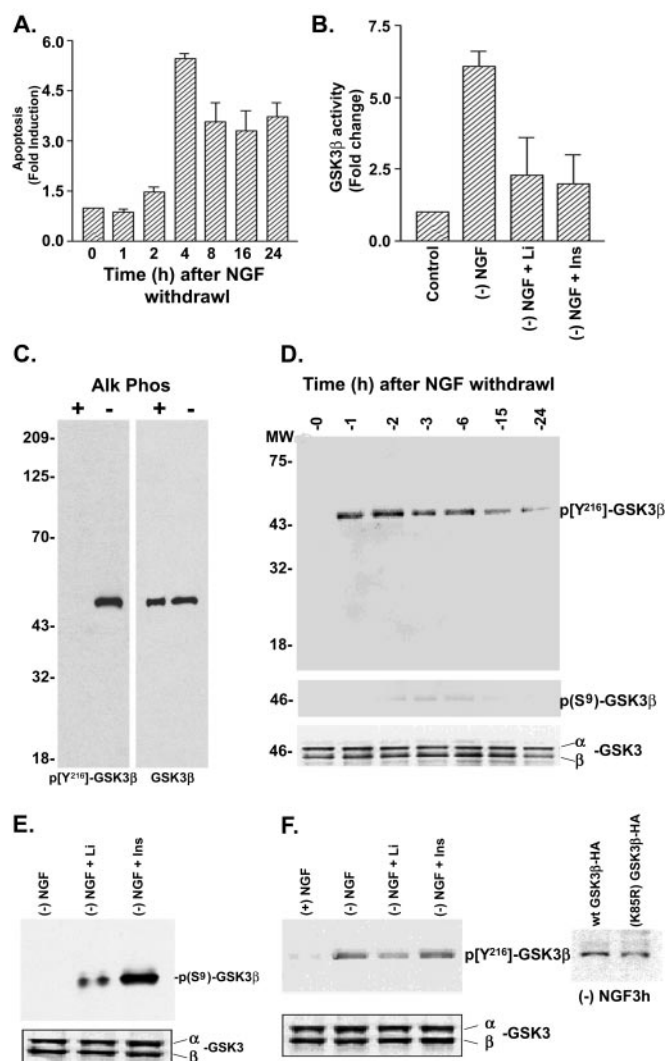


Fig. 1. Regulation of Y²¹⁶ phosphorylation by NGF withdrawal in PC12 cells. (A) Quantification of NGF withdrawal induced apoptosis in PC12 cells by using a DNA fragmentation assay (mean \pm SEM, $n = 3$). (B) GSK3 β activity was measured by immunoprecipitation followed by a kinase assay. Cells treated with 10 mM lithium chloride (Li) or 1 μ M insulin (Ins) had decreased GSK3 β activity. (C) (Left) Western blot showing that the phospho-Y²¹⁶ specific GSK3 β antibody recognizes active rhGSK3 β (from Sf9 cells) but not rhGSK3 β treated with alkaline phosphatase. (Right) Western blot reprobbed with an antibody to total GSK3 β . (D) Blot showing increased Y²¹⁶ phosphorylation after NGF withdrawal (Top) but negligible changes at the S⁹ phosphorylation site (Middle). (Bottom) Total levels of GSK3 β . (E) Western blots showing increased GSK3 β phosphorylation on S⁹ by lithium and insulin, but no significant reduction in Y²¹⁶ phosphorylation (F), assessed at 3 h after NGF withdrawal. (F Far Right) Immunoprecipitation by anti-HA antibody and Western blot showing Y²¹⁶ phosphorylation of wt GSK3 β -HA and K85R-GSK3 β -HA after NGF withdrawal (3 h).

phenomenon associated with endonuclease cleavage of DNA into 180 base pairs during apoptosis. Apoptosis was observed within 3 h after NGF withdrawal and remained elevated for 24 h (Fig. 1A). At 3 h after NGF withdrawal, Hoechst staining confirmed that 20–25% of cells exhibited apoptotic morphology. To test whether GSK3 β activity was altered in the apoptosis model, we performed a GSK3 β kinase assay on proteins immunoprecipitated from cell lysates with a monoclonal GSK3 β antibody. NGF withdrawal (3 h) resulted in a 6-fold increase in GSK3 β activity that was blocked by lithium (10 mM) or insulin

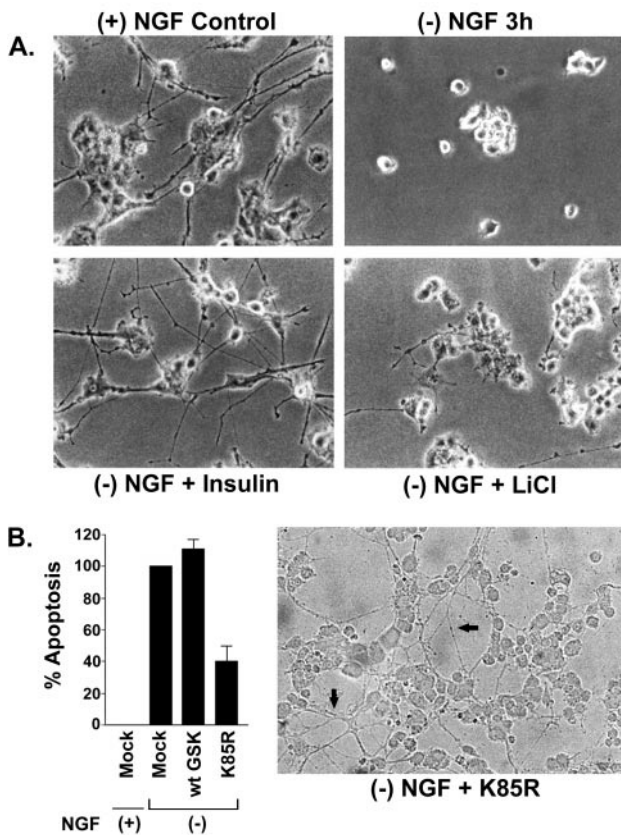


Fig. 2. GSK3 β inhibition prevents NGF-withdrawal-induced apoptosis in PC12 cells. (A) Photomicrographs of differentiated PC12 cells undergoing apoptosis as a result of NGF withdrawal (*Top Left*). Lithium (10 mM) pretreatment or addition of insulin (1 μ M) prevented apoptosis and maintained relative intact cell morphology. (B) (*Left*) Effects of adenoviral-mediated transduction of mock (empty vector), wt GSK3 β , or dominant negative K85R-GSK3 β on apoptosis in PC12 cells. Apoptosis was measured by using the DNA fragmentation assay. K85R-GSK3 β protected against NGF withdrawal-induced apoptosis. (*Right*) Photomicrograph of PC12 cells infected with K85R-GSK3 β showing intact neurites (arrows) after withdrawal of NGF.

(1 μ M), treatments known to result in inhibition of GSK3 β activity (Fig. 1B).

In vitro studies indicate that phosphorylation of Y²¹⁶ residue on GSK3 β is essential for its activity (9). Therefore, we determined whether Y²¹⁶ phosphorylation on GSK3 β was altered after NGF deprivation by using phospho Y²¹⁶-specific antibodies. The phosphorylation specificity of the Y²¹⁶ antibody was confirmed by using active rhGSK3 β in the presence or absence of alkaline phosphatase (Fig. 1C). Furthermore, the phospho-Y²¹⁶-specific antibody did not detect HA-immunoprecipitated GSK3 β from 293 transfected cells wherein the Y²¹⁶ residue was mutated to phenylalanine (Y216F-GSK3 β -HA, not shown). Within 1 h after NGF withdrawal, a rapid and persistent increase in GSK3 β Y²¹⁶ phosphorylation was observed, suggesting that Y²¹⁶ phosphorylation is an early event during apoptosis (Fig. 1D). We also evaluated the phosphorylation of S⁹, a site on GSK3 β that, when phosphorylated, renders GSK3 β inactive. Under basal conditions, neither S⁹ nor Y²¹⁶ phosphorylation was detected, and the low activity was confirmed by using GSK3 β immunokinase assays. NGF withdrawal did not affect S⁹ phosphorylation on GSK3 β .

In addition to direct inhibition of GSK3 β by lithium (17), insulin and lithium activate Akt and result in the subsequent inactivation of GSK3 β (ref. 16 and Fig. 1B). Thus, we evaluated

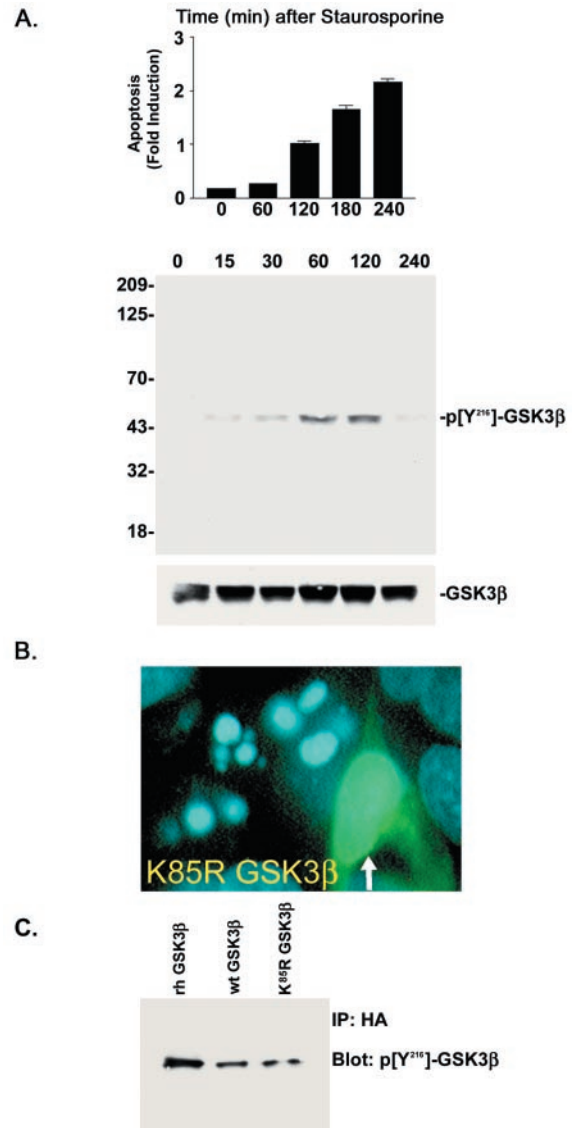


Fig. 3. Regulation of Y²¹⁶ phosphorylation by staurosporine in SH-SY5Y cells. (A) (*Top*) Apoptosis was quantified in SH-SY5Y cells treated with staurosporine (0.1 μ M) by using the DNA fragmentation assay (mean \pm SEM, $n = 3$). (*Middle*) Western blot showing an increase in Y²¹⁶ phosphorylation after staurosporine treatment. (*Bottom*) Total levels of GSK3 β in the samples (B). Representative photomicrograph of SH-SY5Y cells infected with dominant negative K85R-GSK3 β after 1 h of staurosporine. Infected cell (arrow) exhibited intact nuclear morphology. (C) Immunoprecipitation and Western blot examining the Y²¹⁶ phosphorylation of wt GSK3 β -HA and K85R-GSK3 β -HA expressed in cells treated with staurosporine (1 h). Immunoprecipitation was accomplished by using an HA antibody followed by immunoblotting with the phospho Y²¹⁶ antibody.

the effects on Y²¹⁶ and S⁹ phosphorylation of GSK3 β by these agents. Lithium pretreatment (10 mM, 16 h) or insulin (1 μ M, 3 h) addition to PC12 cells undergoing apoptosis resulted in S⁹ phosphorylation (Fig. 1E), consistent with the notion that these agents are activating kinases that phosphorylate GSK3 β on S⁹. Although lithium and insulin induced S⁹ phosphorylation and decreased GSK3 β activity, they did not affect the NGF withdrawal-induced phosphorylation of Y²¹⁶ (Fig. 1F), implying that S⁹ phosphorylation is sufficient to override the Y²¹⁶ phosphorylation-induced activation of GSK3 β . This response also raises the possibility that the increased Y²¹⁶ phosphorylation observed

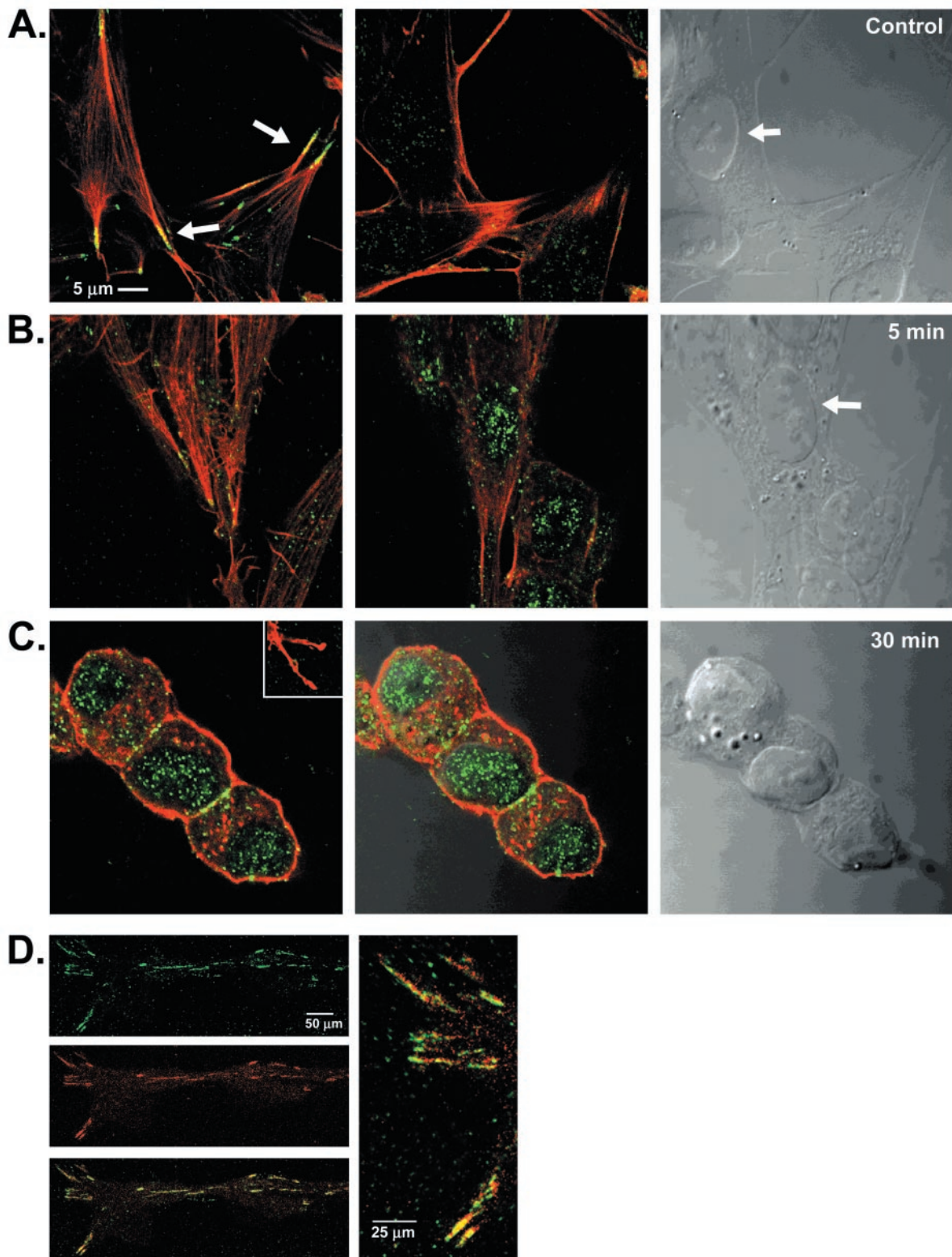


Fig. 4. Subcellular localization of phosphorylated Y²¹⁶ GSK3 β . Confocal photomicrographs: phosphorylated Y²¹⁶ GSK3 β (green), actin (red), colocalization (yellow) (A). (Left) Normal SH-SY5Y cells showing colocalization (arrow) of phosphorylated Y²¹⁶ GSK3 β and actin at focal adhesion sites. (Center) Minimal phosphorylated Y²¹⁶ GSK3 β (green) in the nucleus. (Right) Bright-field Nomarski photomicrograph of the cells showing nucleus (arrow). (B) Staurosporine, 5 min. (Left) Lack of phosphorylated Y²¹⁶ GSK3 β (green) and actin (red) colocalization at focal adhesion sites. (Center) Same as Left, at the level of the nucleus showing increase in phospho-Y²¹⁶ immunofluorescence. (Right) Bright-field photomicrograph, arrow points to nucleus. (C) Staurosporine, 30 min. (Left) Lack of phosphorylated Y²¹⁶ GSK3 β (green) and actin (red) colocalization at focal adhesion sites (Inset) but showing increase in Y²¹⁶ immunofluorescence at the nuclear level. (Center) Overlay with the Nomarski photomicrograph showing the nuclear localization of phosphorylated Y²¹⁶ GSK3 β (green). (Right) Bright-field Nomarski photomicrograph. (D) Untreated SH-SY5Y cells. Y²¹⁶ GSK3 β (green) colocalizes (yellow) with vincullin (red). (Right) High-power photomicrograph of the colocalized proteins.

may not be caused by autophosphorylation. To explore this possibility further, we tested whether GSK3 β that completely lacks intrinsic kinase activity, i.e., K85R-GSK3 β -HA could be phosphorylated at Y²¹⁶ in response to NGF withdrawal. By using a recombinant adenovirus strategy, we achieved $\approx 90\%$ transduction of wt GSK3 β -HA and K85R-GSK3 β -HA constructs (visualization of green fluorescent protein incorporated into the constructs). K85R-GSK3 β -HA immunoprecipitated from cells was phosphorylated on Y²¹⁶ similar to wt GSK3 β -HA after NGF withdrawal (Fig. 1F). Because inactivation of GSK3 β did not prevent NGF withdrawal-induced Y²¹⁶ phosphorylation, it is likely that Y²¹⁶ is not an autophosphorylation site.

Lithium (16 h) and insulin (3 h) also blocked NGF withdrawal-induced apoptosis ($IC_{50} = 1.3$ mM and 117 nM, respectively). In initial studies, the effects of lithium (10 mM) and insulin (1 μ M) were examined on cell viability [by using the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) assay]. The doses of lithium and insulin used had no effect on MTT formation, indicating the lack of overt toxic effects. On treatment, cells were relatively intact and similar to NGF-differentiated PC12 cells in morphology, with extensive neurites visible (Fig. 2A). Because lithium is not a specific inhibitor of GSK3 β , its neuroprotective effects could be mediated via other Akt-mediated survival mechanisms; therefore, we examined the effect of the K85R-GSK3 β mutant on apoptosis. Compared with mock-infected PC12 cells, infection of the K85R-GSK3 β mutant decreased NGF withdrawal-induced apoptosis by $\approx 60\%$ (Fig. 2B). Immunokinase assays confirmed that GSK3 β activity was reduced by 85% when compared with mock-infected cells, indicating that the K85R-GSK3 β mutant was acting as a dominant negative protein. The cells appeared healthy with intact neurites after infection of K85R-GSK3 β in NGF-deprived PC12 cells (Fig. 2B Right). Thus inactivation of GSK3 β is critical in preventing NGF withdrawal-induced apoptosis in PC12 cells.

To evaluate whether the increase in Y²¹⁶ phosphorylation was unique to the NGF deprivation paradigm or occurred in other models of apoptosis, we examined the responses in staurosporine-treated SH-SY5Y cells. Addition of staurosporine (100 nM) resulted in a time-dependent increase in apoptosis and in Y²¹⁶ phosphorylation of GSK3 β (Fig. 3A). Both lithium ($IC_{50} = 13$ mM) and adenoviral-mediated transduction of K85R-GSK3 β blocked apoptosis induced by staurosporine, confirming the importance of GSK3 β 's role in neuronal apoptosis. When visualized under microscopy, $>95\%$ of the K85R-GSK3 β -infected cells (multiplicity of infection = 1) showed resistance to staurosporine-induced apoptosis (see Fig. 3B).

To determine whether the Y²¹⁶ phosphorylation of GSK3 β was a result of autophosphorylation in the staurosporine-induced apoptosis model, we virally transduced HA-tagged wt GSK3 β and K85R-GSK3 β (multiplicity of infection = 100) in SH-SY5Y cells and then treated them with staurosporine. Immunoprecipitation with the anti-HA antibody and blotting with the phospho-specific Y²¹⁶ antibody revealed that both wt GSK3 β -HA and K85R-GSK3 β -HA were phosphorylated at the Y²¹⁶ site in response to staurosporine treatment (Fig. 3C). Because K85R-GSK3 β -HA lacks intrinsic kinase activity but was Y²¹⁶ phosphorylated on staurosporine treatment, the phosphorylation could not have occurred by autophosphorylation.

Confocal imaging was used to define the subcellular distribution of Y²¹⁶-phosphorylated GSK3 β . In resting cells, phospho-Y²¹⁶ immunofluorescence was observed at focal adhesion sites as defined by colocalization with the terminal regions of actin filaments (Fig. 4A) and the focal adhesion protein vinculin (Fig. 4D). Minimal Y²¹⁶-phosphorylated GSK3 β was observed in the nucleus (Fig. 4A Center). In contrast, cells treated with staurosporine showed a change in the pattern of Y²¹⁶-phosphorylated GSK3 β from focal adhesion sites to the nuclear compartment apparent as early as 5 min (Fig. 4B) and at 30 min after addition

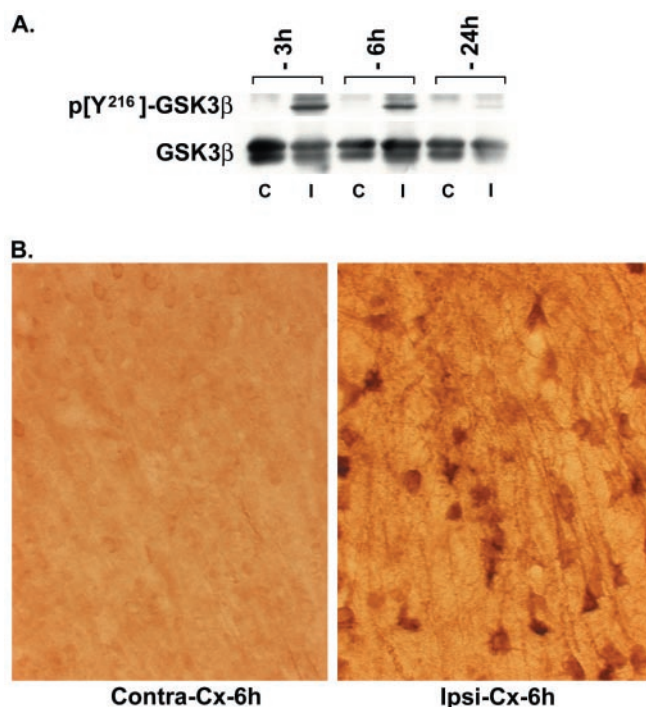


Fig. 5. Ischemia induces Y²¹⁶ phosphorylation on GSK3 β . (A) Western blot showing the increase in Y²¹⁶ phosphorylation on GSK3 β in the ipsilateral cortex (I) when compared with the contralateral cortex (C) at 3 and 6 h after MCAO. Total GSK3 β in the tissue samples is shown in the lower Western blot. (B) Representative photomicrographs showing an increase in phosphorylated Y²¹⁶ immunostaining in neurons in the ipsilateral (ipsi) vs. contralateral (contra) parietal cortex 6 h after MCAO.

of 300 nM staurosporine (Fig. 4C). Thus the morphological changes that occur during apoptosis coincide with a differential localization of the Y²¹⁶-phosphorylated GSK3 β . Additional experiments are necessary to determine whether this represents a translocation or simply a change in the levels of GSK3 β phosphorylation within the nucleus.

We used focal ischemia (MCAO model) in rats to determine whether the changes observed in cell culture models were indicative of an *in vivo* response. Focal ischemia results in a loss of cortical neurons and represents an acute model of neurodegeneration. Western blot analysis revealed that as early as 3 and 6 h after MCAO, an increase in Y²¹⁶ phosphorylation is observed in the ipsilateral but not contralateral cortex (Fig. 5A). Immunostaining on tissue sections showed prominent Y²¹⁶ phosphorylation in the cortex ipsilateral to the ischemic insult (Fig. 5B). Preadsorption of the primary antibody with excess peptide ($\times 100$) completely blocked the immunostaining (not shown). Phosphorylated Y²¹⁶ immunostaining was localized in the cytoplasm and dendrites of the cortical pyramidal neurons; however, several neurons also exhibited nuclear immunostaining at 6 h after MCAO. Silver staining of the brains at 6 h after ischemia confirmed the presence of degenerating neurons in the cortex. S⁹ phosphorylation was not altered (not shown). As demonstrated previously (15), lithium pretreatment for 16 days resulted in a significant decrease ($P < 0.05$; Student's *t* test) in cortical infarct volume (vehicle: 161.9 ± 15.2 mm³; lithium: 114.1 ± 11 mm³), raising the possibility that regulation of GSK3 β activity *in vivo* may have similar effects to that described with the cell-culture models of neurodegeneration. Additional experiments are necessary to determine the regulation of the S⁹ and Y²¹⁶ phosphorylation of GSK3 β by lithium in the MCAO model.

Discussion

This study provides evidence for the regulation and localization of Y²¹⁶ phosphorylation on GSK3 β in neuronal apoptosis and after ischemia in rats. The major findings are that Y²¹⁶ phosphorylation of GSK3 β occurs as part of an apoptotic response in neurons and that this site is not autophosphorylated under the conditions studied. The phosphorylation of Y²¹⁶ was transient, preceded the induction of apoptosis, and increased in the nucleus during apoptosis. These results suggest that Y²¹⁶ phosphorylation of GSK3 β represents an important alternate mechanism by which cellular insults such as growth factor deprivation and staurosporine treatment can lead to neuronal death.

Our finding that GSK3 β inhibition attenuates neuronal apoptosis is consistent with recent reports (6–8); however, the downstream mechanism is poorly understood. GSK3 β phosphorylates cytosolic proteins including β -catenin and mitochondrial pyruvate dehydrogenase (18, 19), as well as nuclear proteins such as c-Jun, NFAT-c, and elongation initiation factor 2b (20, 21), yet linking the phosphorylation of any one protein to an apoptotic pathway remains controversial. GSK3 β plays a key role in phosphorylating τ and promoting paired helical filament formation (11), the appearance of which is associated with early neuritic changes in Alzheimer's disease. Recently, active GSK3 β localized to pretangle neurons (22). GSK3 β -induced τ phosphorylation could cause neuritic dysfunction and trigger apoptosis, thereby linking two key pathologies found in Alzheimer's disease brains.

We show that Y²¹⁶ is not subject to autophosphorylation because an inactive GSK3 β mutant became Y²¹⁶ phosphorylated in response to apoptotic stimuli. This suggests that the Y²¹⁶ site can be phosphorylated by an upstream yet-to-be-deciphered signal transduction pathway. Recently, insulin and increased cytosolic calcium were shown to result in τ phosphorylation through an elevation of GSK3 β kinase activity (23, 24). The

accompanying phosphorylation on GSK3 β was detected by general antiphospho-tyrosine antibodies, thus whether this represented direct phosphorylation at the Y²¹⁶ site or an indirect inhibition of the pathway leading to S⁹ phosphorylation is unclear (23). Our study provides initial evidence for the direct phosphorylation of GSK3 β at the Y²¹⁶ site by a protein kinase other than GSK3 β , resulting in increased activity during apoptosis.

Under normal conditions, Y²¹⁶-phosphorylated GSK3 β was restricted to focal adhesion sites, a localization consistent with a role for GSK3 β in neurite elongation and retraction (25, 26). Several tyrosine kinases form a complex at focal adhesion sites including FAK and Fyn kinase (27, 28). Fyn coimmunoprecipitates with GSK3 β in SH-SY5Y cells on insulin addition (23). In neurons, β -amyloid increases Fyn kinase and GSK3 β activity (29) and inhibition of either kinase is neuroprotective (29, 30). Although it is tempting to speculate that the fyn kinase pathway results in the Y²¹⁶ phosphorylation of GSK3 β in neurons, which then translocates to the nucleus to participate in a proapoptotic cascade, further work is necessary to determine the validity of this hypothesis.

We demonstrate that after cerebral ischemia, Y²¹⁶ phosphorylation of GSK3 β is increased in neurons vulnerable to apoptosis, and lithium, a nonselective GSK3 β inhibitor, was neuroprotective. Thus GSK3 β could play a role in neuronal disorders in which apoptosis has been suggested as a common molecular mechanism. If this is true, GSK3 β inhibitors would be therapeutically useful in attenuating the course of both acute and chronic neurodegenerative diseases.

We thank Richard Lampe, Youjun Chen, My Linh Do, Linda Foster-Brown, and Rebecca Kozel for technical assistance, Dr. Timothy Piser for suggestions, and Drs. Alan Cross, Ladislav Mrzljak, and Michael Klimas for support.

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