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# Roles of Arginine and Lysine Residues in the Translocation of a Cell-Penetrating Peptide from <sup>13</sup>C, <sup>31</sup>P and <sup>19</sup>F Solid-State NMR

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# Abstract

Cell-penetrating peptides (CPPs) are small cationic peptides that cross the cell membrane while carrying macromolecular cargoes. We use solid-state NMR to investigate the structure and lipid interaction of two cationic residues,  $Arg_{10}$  and  $Lys_{13}$ , in the CPP penetratin. <sup>13</sup>C chemical shifts indicate that  $Arg_{10}$  adopts a rigid  $\beta$ -strand conformation in the liquid-crystalline state of anionic lipid membranes. This behavior contrasts with all other residues observed so far in this peptide, which adopt a dynamic  $\beta$ -turn conformation with coil-like chemical shifts at physiological temperature. Low-temperature <sup>13</sup>C-<sup>31</sup>P distances between the peptide and the lipid phosphates indicate that both the Arg<sub>10</sub> guanidinium C $\zeta$  and the Lys<sub>13</sub> C $\epsilon$  lie in close proximity to the lipid <sup>31</sup>P (4.0 - 4.2 Å), proving the existence of charge-charge interaction for both Arg<sub>10</sub> and Lys<sub>13</sub> in the gel-phase membrane. However, since lysine substitution in CPPs are known to reduce their translocation ability. we propose that low temperature stabilizes both lysine and arginine interactions with the phosphates, whereas at high temperature the lysine-phosphate interaction is much weaker than the argininephosphate interaction. This is supported by the unusually high rigidity of the  $Arg_{10}$  sidechain and its  $\beta$ -strand conformation at high temperature. The latter is proposed to be important for ion pair formation by allowing close approach of the lipid headgroups to guanidinium sidechains. <sup>19</sup>F and  ${}^{13}C$  spin diffusion experiments indicate that penetratin is oligomerized into  $\beta$ -sheets in gel-phase membranes. These solid-state NMR data indicate that guanidinium-phosphate interactions exist in penetratin, and guanidinium groups play a stronger structural role than ammonium groups in the lipid-assisted translocation of CPPs across liquid-crystalline cell membranes.

# Keywords

cell-penetrating peptide; lipid bilayer; guanidinium-phosphate interaction; <sup>13</sup>C-<sup>31</sup>P REDOR; arginine; lysine

Cell-penetrating peptides (CPP) are arginine- and lysine-rich cationic peptides that can readily enter cells not only by themselves but also carrying other macromolecular cargos (1-3). Thus they are promising drug-delivery molecules. Many studies have established that the intracellular entry of CPPs is related to their strong affinity to lipid bilayers (4). The lipid

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Supporting information available  ${}^{13}$ C chemical shift assignments of Arg<sub>10</sub>-labeled penetratin in POPC/POPG membranes and RMSD analyses of REDOR data are provided. This supplemental material is free of charge online at http://pubs.acs.org.

membrane can be the plasma membrane of the cell or the endosomal membrane from which CPPs must escape after endocytosis (5). The fundamental biophysical question of interest is how these highly cationic peptides cross the hydrophobic part of the lipid bilayer against the free energy barrier, and doing so without causing permanent damage to the membrane, in contrast to another family of cationic membrane peptides, antimicrobial peptides (AMPs).

Several models have been proposed to explain the membrane translocation of CPPs. The inverse micelle model proposes that transient inverse micelles form in the membrane to trap the peptides from the outer leaflet and subsequently release them to the inner leaflet (6,7). However, this model is inconsistent with the lipid <sup>31</sup>P spectra (8), and the large rearrangement of lipids is difficult to achieve energetically. The electroporation model (9) posits that at low concentrations CPPs bind only to the outer leaflet of the bilayer, thus causing a transmembrane electric field. Above a threshold peptide concentration, the membrane is permeabilized in a electroporationlike manner, which creates transient defects that enable the peptides to distribute to both leaflets, thus relieving the membrane curvature stress (9-11). The third model posits that the guanidinium ions in these arginine-rich peptides associate with the lipid phosphate groups to neutralize the arginine residues and thus allow the peptides to cross the membrane without a high energy penalty. This model is supported by phase transfer experiments of oligoarginnines (12) and by molecular dynamics simulation of the HIV-1 Tat peptide, which showed transient association of arginine residues with the phosphate groups on both sides of the bilayer (13).

We recently investigated the depth of insertion and conformation of a CPP, penetratin, using solid-state <sup>13</sup>C and <sup>31</sup>P NMR. Penetratin is the first discovered CPP and is derived from the third helix (residues 43-58) of the *Drosophilia Antennapedia* homeodomain (14). Using  $Mn^{2+}$  paramagnetic relaxation enhancement (PRE) experiments, we showed that penetratin is bound to both leaflets of the lipid bilayer at both low and high concentrations (peptide-lipid molar ratios of 1:40 and 1:15) (15,16). This data indicates that the electroporation model is unlikely for penetratin. No <sup>31</sup>P peaks at the isotropic frequency or the hexagonal-phase frequency were observed, thus ruling out the inverse micelle model. In addition, we found that penetratin undergoes an interesting conformational change, as manifested by <sup>13</sup>C chemical shifts, from a  $\beta$ -sheet structure in the gel-phase membrane to a coil-like conformation in the liquid-crystalline membrane (17). The coil-like conformation at high temperature has non-negligible residual order parameters of 0.23 - 0.52 (17), indicating that the peptide remains structured. We hypothesized that the high-temperature conformation is a  $\beta$ -turn that undergoes uniaxial rotation around the bilayer normal.

Given the above experimental evidence against the electroporation model and the inverse micelle model, we now test the validity of the guanidinium-phosphate complexation model for the membrane translocation of penetratin. For this purpose we measured <sup>13</sup>C-<sup>31</sup>P distances between several peptide sidechains and lipid <sup>31</sup>P atoms. As shown before for an arginine-rich antimicrobial peptide, strong associations with the lipid phosphates manifest as short <sup>13</sup>C-<sup>31</sup>P distances (18,19). We show here that the cationic Arg<sub>10</sub> in penetratin indeed exhibits shorter distances to phosphate groups than hydrophobic residues. However, another cationic residue, Lys<sub>13</sub>, also exhibits short <sup>13</sup>C-<sup>31</sup>P distances, despite the fact that Lys mutants of CPPs have much weaker translocation activities. We show that the answer to this puzzle lies not in the low-temperature structure and distances of the two residues, but in their high-temperature dynamic structures, which differ significantly. And it is the structure in the liquid-crystalline membrane that accounts for the distinct roles of Arg and Lys in CPP entry into the cell. Finally, we investigate the oligomeric structure of penetratin in gel-phase membranes using <sup>19</sup>F and <sup>13</sup>C spin diffusion NMR.

# **Materials and Methods**

All lipids were purchased from Avanti Polar Lipids (Alabaster, AL) and used without further purification. Penetratin (RQIKI WFQNR RMKW KK), which contains three arginines and four lysines, was synthesized using standard Fmoc solid-phase peptide synthesis methods (20). Uniformly <sup>13</sup>C, <sup>15</sup>N-labeled arginine was purchased from Cambridge Isotope Laboratory and incorporated into Arg<sub>10</sub> in the peptide. Ile<sub>3</sub> and Lys<sub>13</sub> were labeled in two other peptide samples as described before (17). 4-<sup>19</sup>F-Phe<sub>7</sub> labeled penetratin was used for <sup>19</sup>F experiments to determine the oligomeric structure. All peptide samples were purified by HPLC to > 95% purity.

Hydrated membrane samples were prepared using an aqueous-phase mixing method. Lipids were first codissolved in chloroform at the desired molar ratios and dried under a stream of N<sub>2</sub> gas. After lyophilization in cyclohexane overnight, the dry lipid powder was suspended in water and freeze-thawed several times before the peptide solution was added. The solution was incubated overnight to facilitate binding, then centrifuged at 55,000 rpm for 3 hours to obtain a hydrated membrane pellet. For the Arg<sub>10</sub> experiments, a hydrated DMPC/DMPG (8:7) membrane with a peptide : lipid molar ratio of 1:15 was used in most 2D correlation and distance measurements. The molar ratio was chosen to balance the positive charges of the peptide (+7) by the negatively charged PG lipids (-1). This DMPC/DMPG sample is supplemented by a hydrated POPC/POPG (8:7) sample for the conformation study, and by a trehalose-protected dry POPE/POPG (8:7) sample for the <sup>13</sup>C-<sup>31</sup>P REDOR experiment. For distance measurements of other residues, several trehalose-protected dry DMPC/DMPG membranes were used to ensure that both the peptide and the lipid headgroups are completely immobilized at low temperature (21). Trehalose is known to protect the lamellar structure of the lipid bilayer in the absence of water (22). Below we refer to the non-trehalose containing membrane samples as hydrated samples to distinguish from the dry trehalose-containing samples.

#### Solid-state NMR experiments

All experiments were carried out on a Bruker DSX-400 (9.4 Tesla) spectrometer (Karlsruhe, Germany) at a resonance frequency of 100.7 MHz for <sup>13</sup>C, 376.8 MHz for <sup>19</sup>F and 162.1 MHz for <sup>31</sup>P. Magic-angle-spinning (MAS) probes tuned to <sup>1</sup>H/<sup>13</sup>C/<sup>31</sup>P and <sup>1</sup>H/<sup>19</sup>F/X and equipped with 4 mm spinning modules were used for all experiments. Low temperature was achieved using a Kinetics Thermal System XR air-jet sample cooler (Stone Ridge, NY). The temperature of the sample was read from a thermocouple placed near the rotor and was not further calibrated. Typical 90° pulse lengths are 3.5-5.0 µs. <sup>1</sup>H decoupling fields of 50-80 kHz were used. <sup>13</sup>C, <sup>31</sup>P and <sup>19</sup>F chemical shifts were referenced externally to the  $\alpha$ -Gly <sup>13</sup>C' resonance at 176.49 ppm on the TMS scale, the hydroxyapatite <sup>31</sup>P signal at 2.73 ppm and the Teflon <sup>19</sup>F signal at -122 ppm, respectively.

 $^{13}$ C cross polarization (CP) MAS experiments were conducted with a contact time of 0.5-1.0 ms at a typical Hartman-Hahn field strength of 50 kHz. For variable-temperature experiments, samples were stabilized for at least 20 min at each temperature before data acquisition. 2D  $^{13}$ C- $^{13}$ C dipolar assisted rotational resonance (DARR) experiments (23) were conducted under 5 kHz MAS and with a mixing time of 20 ms and 30 ms. A  $^{1}$ H-driven spin diffusion experiment with a longer mixing time of 50 ms was used to detect inter-residue cross peaks of penetratin in DMPC/DMPG membranes.

 $^{13}\text{C}^{-1}\text{H}$  and  $^{15}\text{N}^{-1}\text{H}$  dipolar couplings were measured using DIPSHIFT (24,25) experiments at 303 K under 3.401 and 3.000 kHz MAS, respectively. The MREV-8 sequence was used for <sup>1</sup>H homonuclear decoupling (26), with an 105° <sup>1</sup>H pulse length of 4.0 µs. In the C-H DIPSHIFT experiment, the  $^{13}\text{C}^{-13}\text{C}$  dipolar coupling is removed by MAS while the  $^{13}\text{C}^{-13}\text{C}$ 

scalar coupling has no effect on the  $t_1$ -dependent intensity modulation due to the constant time nature of the evolution period. The normalized  $t_1$  intensities were fitted using a home-written Fortran program. The best-fit values were divided by the theoretical scaling factor of 0.47 for the MREV-8 sequence. For the doubled N-H DIPSHIFT experiment, the fit value was further divided by 2 to obtain the true couplings. The ratio between the true coupling and the rigid limit value gives the order parameter  $S_{XH}$ . The rigid-limit coupling used was 22.7 kHz for C-H and 10.6 kHz for N-H dipolar couplings. Simulations took into account the difference between the XH and XH<sub>2</sub> spin systems.

Frequency-selective rotational-echo double-resonance (REDOR) experiments were used to measure distances between peptide <sup>13</sup>C and lipid <sup>31</sup>P (27,28). The experiments were conducted at ~230 K under 4 kHz MAS. A rotor-synchronized soft <sup>13</sup>C Gaussian 180° pulse of 1000  $\mu$ s was applied in the middle of the REDOR period to suppress the <sup>13</sup>C-<sup>13</sup>C *J*-coupling between the on-resonance <sup>13</sup>C and its directly bonded <sup>13</sup>C spins. <sup>31</sup>P 180° pulses of 9  $\mu$ s were applied every half rotor period. The DMPC/DMPG sample were used to measure the Arg<sub>10</sub> sidechain and CO distances to <sup>31</sup>P, whereas the POPE/POPG sample was used to measure the Ca -<sup>31</sup>P distance, as the DMPC C $\gamma$  peak (54 ppm) overlaps with the Arg<sub>10</sub> Ca signal.

A double-quantum (DQ) selective REDOR experiment (Figure 5a) was designed to measure the  ${}^{13}C{}^{-31}P$  distance of Ile<sub>3</sub> sidechains, whose signals overlap extensively with the lipid  ${}^{13}C$  peaks. An SPC-5 pulse train (29) was used to create DQ coherence of the labeled  ${}^{13}C$  sites and suppress the natural abundance lipid  ${}^{13}C$  signals. The efficiency of the DQ-REDOR experiment is about 20% of the single-quantum selective REDOR experiment.

For the <sup>13</sup>CO-<sup>31</sup>P REDOR experiment, the DQ-REDOR experiment was not used due to the low sensitivity of the CO signal. Thus, the lipid natural-abundance contribution to the <sup>13</sup>CO signal was corrected using the equation  $(S/S_0)_{observed} = 0.79(S/S_0)_{peptide} + 0.21(S/S_0)_{lipid}$ , where the weight fractions were obtained from the peptide-lipid molar ratio. At the low temperature used for the REDOR experiments, the lipid and peptide CO groups have very similar CP efficiencies, thus the natural abundance correction is relatively accurate.

All  ${}^{13}C{}^{-31}P$  REDOR data were fit by two-spin simulations. As we showed before, for distances shorter than 5 Å, two-spin simulations are sufficient. For distances larger than 7 Å, the two-spin simulation only slightly overestimates the distances compared to the vertical distance from  ${}^{13}C$  to the  ${}^{31}P$  plane obtained from a multi-spin simulation (18).

The oligomeric structure of penetratin was determined using the <sup>19</sup>F CODEX experiment (30,31). The experiments were conducted at 233 K on a trehalose-protected DMPC/DMPG sample to freeze potential motion of the peptide. Two experiments were conducted for each mixing time: an exchange experiment (*S*) with the desired mixing time ( $\tau_m$ ) and a short *z*-filter ( $\tau_z$ ), and a reference experiment (*S*<sub>0</sub>) with interchanged  $\tau_m$  and  $\tau_z$ . The normalized intensity, *S*/*S*<sub>0</sub>, was measured as a function of the mixing time until it reached a plateau. The inverse of the equilibrium *S*/*S*<sub>0</sub> value gives the minimum oligomeric number. Error bars were propagated from the signal-to-noise ratios of the isotropic peak and its sidebands. The  $\tau_m$ -dependent CODEX curve was simulated as described before (32) to extract intermolecular distances.

#### Results

#### Arg<sub>10</sub> conformation and dynamics in penetratin

In the present study, we focus on  $Arg_{10}$ , one of the three arginine residues in penetratin, to understand whether cationic residues in general and arginine residues in particular play a special role in the membrane translocation of the peptide. We first investigate the conformation of  $Arg_{10}$ . We recently reported the reversible conformational change of many penetratin residues in the lipid bilayer between a  $\beta$ -turn state at high temperature and a  $\beta$ -strand state at low temperature. This conformational change was manifested as chemical shift changes and was observed at Ile<sub>3</sub>, Ile<sub>5</sub>, Gln<sub>8</sub>, Asn<sub>9</sub> and Lys<sub>13</sub>. The chemical shift change is independent of the membrane composition (POPC/POPG and DMPC/DMPG), anionic lipid fraction (PC/PG = 8:7 and 3:1), and peptide concentration (P/L = 1:15 and 1:30) (17).

Figure 1a shows the 2D  $^{13}$ C- $^{13}$ C correlation spectra of Arg<sub>10</sub>-labeled penetratin in DMPC/ DMPG bilayers at 303 K and 234 K. Most intra-residue cross peaks are seen, and show no frequency differences between high and low temperatures. Thus, in contrast to all other residues examined, Arg<sub>10</sub> does not have temperature-induced conformational change. The difference of the experimental isotropic chemical shifts from the random coil values reflects the secondary structure of the protein (33). Based on the  $^{13}$ CO,  $^{13}$ Ca and  $^{13}$ Cβ  $^{13}$ C isotropic shifts (Supporting Information Table S1), we find Arg<sub>10</sub> adopts β-strand conformation at both high and low temperatures.

One-dimensional <sup>13</sup>C CP-MAS spectra scanned between 303 K and 233 K (Figure 1b) confirm the lack of chemical shift changes in DMPC/DMPG bilayers. Moreover, the 1D spectra show that the penetratin <sup>13</sup>C lines are broader at low temperature. This phenomenon is common to many membrane peptides (34, 35), and can be attributed to conformational distribution of the peptide in the lipid membrane, which is averaged at high temperature but frozen in at low temperature. For the sidechain C $\delta$  signal, the largest line broadening is observed between 288 K and 263 K, below which the lines sharpen again. This is a definitive signature of intermediatetimescale motion, which means that at 303 K the Arg<sub>10</sub> sidechain undergoes fast torsional motion. The lack of exchange broadening for the C $\alpha$  and CO signals indicate that the Arg<sub>10</sub> backbone is already in the slow motional limit at 303 K.

We also measured the Arg<sub>10</sub> chemical shifts in POPC/POPG (8:7) membranes (Supporting Information Figure S1) and similarly found only  $\beta$ -strand chemical shifts in a wide temperature range. Figure 2 plots the <sup>13</sup>C secondary chemical shifts of Arg<sub>10</sub> at two temperatures in two different lipid membranes. The temperature-independent  $\beta$ -strand conformation of Arg<sub>10</sub> differs from all other residues examined so far in penetratin (17).

The  $\beta$ -strand conformation is usually more rigid than a coil or turn conformation due to hydrogen bond constraints, and thus should have order parameters close to 1 (17,36). To verify this, we measured the C-H dipolar couplings of various Arg<sub>10</sub> segments in DMPC/DMPG bilayers. Figure 3a shows the <sup>13</sup>C-<sup>1</sup>H DIPSHIFT curves of Ca and C\delta at 303 K. The backbone Ca-Ha dipolar coupling is 20.9 kHz, corresponding to an SCH of 0.92, which translates to a small motional amplitude of 13° (37). This order parameter fits into the S<sub>CH</sub> range of 0.89-0.94 measured for the other five residues when in the  $\beta$ -strand conformation. In comparison, the sidechain C $\delta$  has a S<sub>CH</sub> of 0.42. While this value is much lower than the backbone due to the many torsional motions of the sidechain, it is actually larger than all other measured sidechain order parameters, which range from 0.23 to 0.37 in the  $\beta$ -sheet conformation (17). For comparison, the Lys<sub>13</sub> sidechain C $\epsilon$  was previously found to have an S<sub>CH</sub> order parameter of 0.33 (17). We also measured the N-H dipolar coupling of the guanidinium N $\eta$  group, and found an N-H dipolar coupling of 3.2 ± 0.5 kHz (Figure 3b). This translates to an S<sub>NH</sub> of 0.30±0.05, which is significant considering this segment is six bonds away from the backbone Ca.

# <sup>13</sup>C-<sup>31</sup>P distances between penetratin and lipid headgroups

The main goal of the present study is to determine if the cationic residues in penetratin interact strongly with the negatively charged lipid phosphates.  ${}^{13}C{}^{-31}P$  distance measurements can provide this information site-specifically. Figure 4 shows the  ${}^{13}C{}^{-31}P$  REDOR data of Arg<sub>10</sub>, Lys<sub>13</sub>, and Ile<sub>3</sub> sidechains in DMPC/DMPG membranes. The experiments were carried out at 233 K where the  ${}^{31}P$  chemical shift span is 195 - 198 ppm, corresponding to fully immobilized

headgroups. The arginine  $C\zeta$  and lysine Cegroups directly neighbor the cationic amines and have well resolved chemical shifts of 157.0 ppm and 40.2 ppm, respectively, thus they are ideal reporters of the interaction of these sidechain ends with the lipid headgroups. Arg<sub>10</sub> C $\zeta$  exhibits significant <sup>13</sup>C-<sup>31</sup>P REDOR dephasing of  $S/S_0 = 0.35$  by 10 ms (Figure 4a), indicating relatively short distances to <sup>31</sup>P. The time dependence of the REDOR intensities cannot be fit to a single distance due to the presence of a kink around 12 ms. Instead, a combination of a long distance of 6.0 Å and a short distance of 4.2 Å at a 1:1 ratio is found by a least-squares analysis to fit the data best (RMSD = 0.029). The short distance of 4.2 Å can only be satisfied if the guanidinium N-H groups are within hydrogen bonding distance with the O-P groups (18). Similarly,  $Lys_{13}$  Ce exhibits significant dephasing and the REDOR intensities are best fit by two distances of 4.0 Å and 5.5 Å (1:1) (RMSD = 0.036). Again, the short distance supports hydrogen bonding with the lipid phosphate groups. Details of the two-distance best fit for Arg<sub>10</sub> and Lys13 are shown in Supporting Information Figure S2. Single-distance fitting of the Arg<sub>10</sub> REDOR data indicate that the longer distance must be greater than 5.5 Å while the shorter distance must be smaller than 4.8 Å (Figure 4a). Further, the <sup>13</sup>C-<sup>31</sup>P distances cannot be shorter than 3.6 Å due to steric constraints. Thus, two-distance REDOR curves were calculated using short distances of 3.6 - 4.8 Å with an increment of 0.2 Å and long distances of 5.4 - 7.2 Å with an increment of 0.3 Å, and the two contributions were averaged at a 1:1 ratio. The Lys<sub>13</sub> data was analyzed similarly. The simulations indicate that the experimental uncertainties for these <sup>13</sup>C-<sup>31</sup>P REDOR data are about ±0.2 Å for distances shorter than 5.5 Å and  $\pm 0.4$  Å for distances longer than 5.5 Å.

Are the short  ${}^{13}C{}^{-31}P$  distances of Arg<sub>10</sub> and Lys<sub>13</sub> specific to the cationic sidechains or are they also true for hydrophobic residues in penetratin? To answer this question, we measured the  ${}^{13}C\gamma 2{}^{-31}P$  and  ${}^{13}C\delta \pm {}^{-31}P$  distances of the neutral hydrophobic residue IIe<sub>3</sub>. Its C $\delta$  is three bonds away from C $\alpha$ , which is similarly separated from the backbone as lysine C $\epsilon$ . To remove the lipid natural abundance  ${}^{13}C$  signals that overlap with the IIe C $\gamma$ 2 and C $\delta$ 1 peaks between 8.9 and 19.0 ppm, we designed a DQ selective REDOR experiment, whose pulse sequence is shown in Figure 5a. The DQ-selected spectra of IIe<sub>3</sub> C $\gamma$ 2 and C $\delta$ 1 signals are shown in Figure 5b (middle and bottom spectra). The REDOR dephasing of IIe<sub>3</sub> is shown in Figure 4c. Much less REDOR decay is observed, with S/S<sub>0</sub> values of ~0.80 at 16 ms. The data is best fit to a distance of 6.9 Å for both C $\gamma$ 2 and C $\delta$ 1, which is 2.7-2.9 Å longer than the Arg<sub>10</sub> C $\zeta$  and Lys<sub>13</sub> C $\epsilon$ . Thus, the short  ${}^{13}C{}^{-31}P$  distances are specific to arginine and lysine sidechains instead of being true for all sidechains.

We also measured the <sup>13</sup>C-<sup>31</sup>P distances of  $Arg_{10}$  backbone Ca and CO, which are 6.8 Å and 7.8 Å, respectively (Figure 6). These values fall into the range of 6.9-8.2 Å previously measured for other residues (15). The <sup>13</sup>CO data was corrected for the lipid natural abundance signals, whose systematic uncertainty is much smaller than the random noise of the data. All 13C-<sup>31</sup>P distances are summarized in Table 1.

#### Oligomeric structure of penetratin in the lipid membrane

The <sup>19</sup>F CODEX experiment was used to determine the oligomeric number and intermolecular distances of penetratin in gel-phase membranes. Figure 7a shows the normalized exchange intensities of 4-<sup>19</sup>F-Phe<sub>7</sub> penetratin in trehalose-protected DMPC/DMPG bilayers. The CODEX intensities decay to an equilibrium value of 0.35 by 2.5 s, indicating three-spin clusters detectable by the <sup>19</sup>F distance ruler. To fit the decay trajectory quantitatively, we first assumed an equilateral triangle geometry for the three <sup>19</sup>F spins (Figure 7b). The best-fit possible under this assumption gives an internuclear distance of 9.0 Å for each side of the triangle; however, the fit curve (dashed line) does not capture the fast initial decay of the experimental data. To better fit the bi-exponential nature of the data, we then used a triangular geometry with one short distance of much less than 9 Å and two distances longer than or comparable to 9 Å.

Modeling of penetratin as a trimer of antiparallel  $\beta$ -strands (see below) yielded one distance of 6.0 Å and two distances of about 10 Å (Figure 7c), which were found to give excellent fit to the experimental data.

To further constrain the intermolecular packing of penetratin in the lipid membrane, we measured a 2D <sup>1</sup>H-driven <sup>13</sup>C spin diffusion spectrum with a mixing time of 50 ms. Figure 8 shows the 2D spectrum of Ile<sub>5</sub>, Gln<sub>8</sub>, Lys<sub>13</sub>-labeled penetratin in DMPC/DMPG bilayers at 249 K. Two inter-residue cross peaks were observed: I5 $\alpha$ -K13 $\alpha$  and Q8 $\delta$ -I5 $\alpha$ . Since the peptide adopts a  $\beta$ -strand conformation at this temperature, the intramolecular distances are ~27 Å and 11 Å for I5 $\alpha$ -K13 $\alpha$  and Q8 $\delta$ -I5 $\alpha$ , respectively, which are too long to be observed by <sup>13</sup>C spin diffusion NMR. Thus, these cross peaks must result from intermolecular contacts, which are most likely less than 6 Å for the 50 ms mixing time used.

Using standard geometries for  $\beta$ -sheets, where inter-strand hydrogen bonds have  $R_{N-O}$  distances of 2.8 - 3.4 Å and backbone torsion angles are  $\phi = -139^{\circ}$ ,  $\psi = 135^{\circ}$ , we built a  $\beta$ -sheet model for penetratin at low temperature that is consistent with the <sup>19</sup>F and <sup>13</sup>C spin diffusion data (38,39). Three penetratin  $\beta$ -strands are arranged as a trimer, with the middle strand antiparallel to the two outer strands and shifted by one residue (Figure 9a). This arrangement gives inter-strand I5 $\alpha$ -K13 $\alpha$  distances of 4.4 - 5.8 Å, consistent with the 2D <sup>13</sup>C spectrum. The three Phe<sub>7</sub> rings point to the same side of the  $\beta$ -sheet, giving <sup>19</sup>F-<sup>19</sup>F distances of 6.0 Å, 9.7 Å and 10 Å (Figure 9b). Short Q8 $\delta$ -I5 $\alpha$  distances cannot be satisfied within the same  $\beta$ -sheet, but requires two  $\beta$ -sheets stacked in parallel, with an inter-sheet distance of ~10 Å. This gives a Q8 $\delta$ -I5 $\alpha$  distance of 5.7 Å (Figure 9a), where the Q8  $\chi_1$  angle is -177°, which is the dominant rotamer of Gln in the  $\beta$ -sheet conformation (40).

# Discussion

#### Interaction of charged sidechains in penetratin with lipid phosphates

The main finding of the current study is that an arginine and a lysine sidechain in penetratin both form close contacts with the lipid phosphates at low temperature. The  $Arg_{10}$  C $\zeta$ -P distance of 4.2 Å and Lys<sub>13</sub> C $\epsilon$ -P distance of 4.0 Å both indicate the formation of N-H...O-P hydrogen bonds. Figure 10 shows the sidechain conformations of  $Arg_{10}$  and Lys<sub>13</sub> and the spatial arrangements with a phosphate group that satisfy the distances measured here. The N-O distances in both cases must be less than 3.0 Å to satisfy the experimental C $\zeta$  and C $\epsilon$  distances to <sup>31</sup>P.

The short distances of the Arg<sub>10</sub> sidechain to the lipid <sup>31</sup>P indicates that guanidinium-phosphate complexation occurs not only in antimicrobial peptides but also in cell-penetrating peptides, even though they differ in whether they cause permanent membrane damage. The similarity of lipid-peptide charge-charge attraction and hydrogen-bond formation suggests that penetratin, like some AMPs, also uses this interaction as the main mechanism for its function, which is crossing the lipid membrane. The fundamental driving force for the complex formation is the reduction in the free energy when a neutral species crosses the bilayer. The complexation entails that the peptide drags some lipid headgroups into the hydrophobic region of the membrane, thus causing membrane disorder. However, since no isotropic signal was observed in the <sup>31</sup>P spectra of penetratin-containing POPC/POPG (8:7) membranes (15), the disorder is probably transient and not observable on the NMR timescale or under NMR experimental conditions. The <sup>13</sup>C-<sup>31</sup>P distances must be measured at low temperature in the gel-phase membrane in order to freeze molecular motions that would average the dipolar couplings. At physiological temperature where motion is abundant and the penetratin structure is neither a canonical  $\alpha$ -helix nor a  $\beta$ -strand (17), whether the <sup>13</sup>C-<sup>31</sup>P distances remain short is not possible to determine, but can be inferred from the sidechain dynamics of the residues (see below).

More interestingly, we found that  $Arg_{10}$  and  $Lys_{13}$  sidechains both establish short distances to <sup>31</sup>P at low temperature. This is at first puzzling, since it is well documented that CPP analogs where arginine residues were replaced by lysine have much weaker translocation abilities (41,42). For penetratin, which contains three arginines and four lysines, cellular uptake efficiencies have been compared among the wild-type peptide, the all-arginine analog, and the all-lysine analog. The efficiency was found to be the highest for the all-arginine analog and the lowest for the all-lysine analog (43). Since both arginine and lysine bear a positive charge at neutral pH, the higher activity of arginine-rich peptides has been suggested to be due to more diffuse charge distribution of the guanidinium group, or the ability of guanidinium ions to form multiple hydrogen bonds with oxyanions in a spatially directed manner (44).

We propose that the similar <sup>13</sup>C-<sup>31</sup>P distances of Arg<sub>10</sub> and Lys<sub>13</sub> is only true at low temperature at which the REDOR experiments are carried out. Low temperature stabilizes charge-charge interactions, and masks different lipid interactions between Arg and Lys at physiological temperature. Indeed, there is good evidence for a much weaker interaction of the lysine sidechain with phosphates at ambient temperature. First, whereas the  $Arg_{10}N\eta$ -H $\eta$  order parameters could be measured, attempts to determine the Lys<sub>13</sub> Nζ order parameter failed due to unstable <sup>1</sup>H-<sup>15</sup>N cross polarization, which in itself indicates extensive dynamics of the amino group. Second, Arg<sub>10</sub> Cδ and Nη have C-H and N-H order parameters of 0.42 and 0.30±0.05 at 303 K, which are relatively large considering that they are three and six bonds away from the backbone Ca. Further, the similar order parameters indicate that the guanidinium moiety as a whole is relatively rigid at physiological temperature, which should facilitate its complexation with the phosphate groups. In comparison, the Lys<sub>13</sub> Nζ- Hζ order parameter, although not directly measurable, can be estimated as the product of the CE SCH of 0.33 with an additional scaling factor of 0.33 due to the three-site jumps of the amino group. Thus, the maximum Lys<sub>13</sub> N $\zeta$ -H $\zeta$  order parameter should be only 0.10, which is much smaller than the  $Arg_{10}$  Nn order parameter of 0.30. With this small order parameter, the Lys<sub>13</sub> amino group is unlikely to form any long-lasting hydrogen bonds with lipid phosphates.

The fact that  $\operatorname{Arg}_{10}$  adopts a  $\beta$ -sheet backbone conformation that is independent of the temperature or membrane composition, in contrast to all other residues seen so far in penetratin, further supports the unique interaction of arginine with lipid phosphates. Residues Ile<sub>3</sub>, Ile<sub>5</sub>, Gln<sub>8</sub>, Asn<sub>9</sub>, and Lys<sub>13</sub> all exhibit coil-like chemical shifts at high temperature, which were assigned to a  $\beta$ -turn conformation (17). These data, together with the Arg<sub>10</sub> chemical shifts measured here, suggest that the  $\beta$ -turn connect a short stretch of  $\beta$ -strand encompassing Arg<sub>10</sub>.  $\beta$ -turn residues separated by short  $\beta$ -strands are present in various naturally occurring proteins. For example, elastins have recurring (VPGVV)<sub>n</sub> sequences where the central PG residues adopt a  $\beta$ -turn conformation whereas the flanking Val residues have the  $\beta$ -strand conformation (45).

For penetratin, between the  $\beta$ -turn Asn<sub>9</sub> and Lys<sub>13</sub>, there are two arginine residues and one Met (RRM). It is very likely that the conformational propensity of Arg<sub>10</sub> is not unique to this residue but is also true for Arg<sub>11</sub>, because the peptide backbone may be forced into an extended structure in order to allow the lipid headgroups to approach the charged guanidinium moieties to form the guanidinium-phosphate complex. In other words, guanidinium-phosphate interactions may be the cause of the persistent  $\beta$ -sheet conformation of Arg<sub>10</sub> at high and low temperatures. As a corollary, the fact that Lys<sub>13</sub> adopts the  $\beta$ -turn instead of  $\beta$ -strand conformation at high temperature is yet another piece of evidence that the ammonium group has much weaker interactions with the phosphates in the liquid-crystalline membrane.

The  $\beta$ -sheet oligomeric structure of penetratin in the gel-phase membrane is energetically favorable. The establishment of intermolecular C=O  $\cdots$  H-N hydrogen bonds reduces the free-energy cost of inserting the peptide into the membrane (46). As discussed above, the extended

conformation (Figure 9) may facilitate the close approach of lipid phosphate groups with the cationic sidechains, thus allowing both arginine and lysine to interact with the phosphates and establish short <sup>13</sup>C-<sup>31</sup>P distances (Figure 10).

In conclusion, we have shown that strong guanidinium-phosphate interactions exist in the cellpenetrating peptide penetratin, similar to antimicrobial peptides. Moreover, by considering not only low-temperature <sup>13</sup>C-<sup>31</sup>P distances of Arg<sub>10</sub> and Lys<sub>13</sub>, but also high-temperature order parameters of the two sidechains and the unique high-temperature  $\beta$ -strand conformation of Arg<sub>10</sub>, we deduce that the arginine sidechain interacts more strongly with lipid phosphates than the lysine sidechain at physiological temperature. Therefore, charge- and hydrogen-bondstabilized guanidinium-phosphate interaction is not only responsible for membrane translocation of this cationic peptide, but also influences the conformation of the peptide.

# Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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## Abbreviations

DMPC, 1,2-dimyristoyl-*sn*-glycero-3-phosphatidylcholine; DMPG, 1,2-dimyristoyl-*sn*-glycero-3-phosphatidylglycerol; POPC, 1-palmitoyl-2-oleoyl-*sn*-glycero-3-phosphatidylcholine; POPE, 1-palmitoyl-2-oleoyl-*sn*-glycero-3-phosphatidylglycerol.

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#### Figure 1.

(a) 2D  ${}^{13}C{}^{-13}C$  correlation spectra of Arg<sub>10</sub> labeled penetratin in DMPC/DMPG (8:7) membranes at 303 K (red) and 234 K (black), with DARR mixing times of 30 ms and 20 ms, respectively. (b) 1D  ${}^{13}C$  CP-MAS spectra of Arg<sub>10</sub>-penetratin in the DMPC/DMPG membrane as a function of temperature. Lines guide the eye for Arg<sub>10</sub> backbone signals and the lack of temperature-induced chemical shift changes.





Figure 2. <sup>13</sup>C secondary chemical shifts of CO, C $\alpha$  and C $\beta$  of Arg<sub>10</sub> of penetratin in two lipid membranes and at two temperatures.



#### Figure 3.

X-H DIPSHIFT time evolution of Arg<sub>10</sub> sites. (a) C-H dipolar couplings of  $\alpha$  (open circles) and C $\delta$  (filled circles) at 303 K, measured under 3.401 kHz MAS. The best-fit true couplings are given along with the corresponding order parameters. (b) N-H dipolar coupling of N $\eta$ , measured under 3.000 kHz MAS. The scatter in the data is bracketed by two simulated curves, giving an S<sub>NH</sub> of 0.30 ± 0.05.

Su et al.



#### Figure 4.

 ${}^{13}C^{-31}P$  REDOR data of penetratin sidechains in lipid membranes at 233 K. (a) Arg<sub>10</sub> C $\xi$  in hydrated DMPC/DMPG (8:7) bilayers. (b) Lys<sub>13</sub> C $\epsilon$  in dry trehalose-protected DMPC/DMPG (8:7) bilayers. (c) Ile<sub>3</sub> methyl groups in dry trehalose-protected DMPC/DMPG (8:7) bilayers. Representative REDOR S<sub>0</sub> and S spectra are shown in the inset.

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#### Figure 5.

(a) Pulse sequence for the DQ selective REDOR experiment. (b)  $^{13}$ C MAS spectra of Ile<sub>3</sub>, Asn<sub>9</sub>-labeled penetratin in trehalose-protected DMPC/DMPG bilayers. Top: CP spectrum, showing both the lipid and peptide signals. Middle: DQ-filtered spectrum, showing only peptide signals. Bottom: DQ selective REDOR S<sub>0</sub> spectrum, showing only the Ile3 sidechain C $\gamma$ 2 and C $\delta$ 1 signals.



#### Figure 6.

<sup>13</sup>C-<sup>31</sup>P REDOR of  $Arg_{10} \alpha$  (open circles) and CO (filled squares) at 233 K. The  $\alpha$  data were measured in dry trehalose-protected POPE/POPG (8:7) bilayers. The CO data were measured in frozen hydrated DMPC/DMPG (8:7) membranes.



#### Figure 7.

(a) Normalized CODEX intensities as a function of mixing time for  $4^{-19}$ F-Phe<sub>7</sub> penetratin in trehalose-protected DMPC/DMPG (8:7) membrane. The data were collected under 8 kHz MAS and 233 K. Representative S<sub>0</sub> and S spectra are shown. (b) The equilateral triangle geometry used to generate the dashed-line fit curve in (a). (c) The three-spin geometry with unequal distances used to obtain the solid-line best-fit curve in (a).





**Figure 8.**  $2D^{13}C^{-13}C$  correlation spectrum of Ile<sub>5</sub>, Gln<sub>8</sub>, and Lys<sub>13</sub>-labeled penetratin in DMPC/DMPG (8:7) bilayers at 249 K. The spin diffusion mixing time was 50 ms. Two inter-residue cross peaks are detected and assigned.



## Figure 9.

Oligomeric structure of penetratin in the gel-phase membrane. (a) Side view. (b) Top view. Constraints used to build the model include Phe<sub>7</sub> <sup>19</sup>F-<sup>19</sup>F distances of 6.0, 9.7 and 10 Å, I5α-Q8δ and I5α-K13α distances of less than 6.0 Å, R<sub>N-O</sub> hydrogen-bond distances of 2.8 - 3.4 Å, and inter-sheet distances of ~10 Å. The β-strand backbone has uniform ( $\phi$ ,  $\psi$ ) angles of (-139°, 135°). The  $\chi_1$  angle is -177° for both Phe<sub>7</sub> and Gln<sub>8</sub>.



#### Figure 10.

Low-temperature sidechain conformation and phosphate-interaction of  $Arg_{10}$  and Lys in penetratin. The measured <sup>13</sup>C-<sup>31</sup>P distances are indicated in black; the implied N-H···O hydrogen bond distances are indicated in brown. Sidechain torsion angles that satisfy both backbone and sidechain <sup>13</sup>C-<sup>31</sup>P distances are indicated. At physiological temperature, sidechain order parameters of various segments indicate that the lysine-phosphate complex is significantly weakened whereas the arginine-phosphate complex remains.

#### Table 1

 $^{13}$ C- $^{31}$  P distances of penetratin residues in lipid membranes at P/L =1:15 and 233 K. Ca and Lys<sub>13</sub> Ca distances are obtained from ref (15).

Residue		<sup>13</sup> C- <sup>31</sup> P distances (Å)	
Ile <sub>3</sub>	Cα: 8.2,	Cγ2: 6.9,	Cδ1: 6.9
Arg <sub>10</sub>	CO: 7.8,	Cα: 6.8,	Сζ: 4.2, 6.0
Lys <sub>13</sub>	Cα: 6.9,	Сє: 4.0,5.5	