

# The evolutionary origins of beneficial alleles during the repeated adaptation of garter snakes to deadly prey

Chris R. Feldman<sup>a,1</sup>, Edmund D. Brodie, Jr.<sup>a</sup>, Edmund D. Brodie III<sup>b</sup>, and Michael E. Pfrender<sup>a</sup>

<sup>a</sup>Department of Biology, Utah State University, Logan, UT 84322-5305; and <sup>b</sup>Department of Biology, University of Virginia, Charlottesville, VA 22904-4328

Edited by May R. Berenbaum, University of Illinois, Urbana, IL, and approved June 11, 2009 (received for review February 3, 2009)

**Where do the genetic variants underlying adaptive change come from? Are currently adaptive alleles recruited by selection from standing genetic variation within populations, moved through introgression from other populations, or do they arise as novel mutations? Here, we examine the molecular basis of repeated adaptation to the toxin of deadly prey in 3 species of garter snakes (*Thamnophis*) to determine whether adaptation has evolved through novel mutations, sieving of existing variation, or transmission of beneficial alleles across species. Functional amino acid substitutions in the skeletal muscle sodium channel (Na<sub>v</sub>1.4) are largely responsible for the physiological resistance of garter snakes to tetrodotoxin found in their newt (*Taricha*) prey. Phylogenetic analyses reject the hypotheses that the unique resistance alleles observed in multiple *Thamnophis* species were present before the split of these lineages, or that alleles were shared among species through occasional hybridization events. Our results demonstrate that adaptive evolution has occurred independently multiple times in garter snakes via the de novo acquisition of beneficial mutations.**

coevolution | genetic variation | sodium channel | tetrodotoxin | *Thamnophis*

The tempo and mode of adaptive evolution are driven, in large part, by the genetic basis of the traits targeted by selection (1, 2). The dynamics of adaptive evolution and the ability of populations to respond to environmental challenges are influenced by the number of genes underlying traits, the consequences of their interactions, and the magnitude of their effects (1, 2). Common across these architectural issues, however, is a more fundamental question—where does adaptive genetic variation come from? Three distinct pathways are possible but are rarely tested with respect to naturally arising adaptations. Populations are expected to maintain a degree of standing variation with low frequencies of neutral or mildly deleterious alleles at any locus (3). When environmental challenges arise, this standing variation may include alleles that suddenly have positive effects and which selection can recruit to generate adaptation (4–6). An alternative is that beneficial alleles may be present in related species or populations, and occasional hybridization introgresses those adaptive alleles into populations where selection favors their fixation (7–9). Finally, mutation may generate new alleles subsequent to a selective challenge (10, 11). Some of these novel variants may have positive fitness effects, and thereby spread through a population.

Populations are predicted to respond more quickly to selective challenges when adaptation capitalizes on standing variation, for 2 reasons. First, the requisite alleles are already present and available when a new challenge arises (4–6). Second, alleles present in standing variation have a head start because they are likely present in higher frequencies than de novo mutations (5, 6). For these reasons, we might expect adaptations to commonly arise through the sifting of existing variation (12, 13). The movement of beneficial alleles from other populations or species similarly introduces alleles that already have adaptive value (14, 15) and may circumvent the early disadvantage of negligibly low

frequency. However, existing genetic variation may not include the large-effect alleles necessary to generate adaptive fitness consequences. In such cases, adaptation is expected to proceed more slowly, depending on the random generation of de novo variants and the ability of that variation to escape stochastic loss through drift (5, 6).

To test the alternative genetic origins of adaptation, we exploited a system displaying evolutionary convergence to a common selective pressure in phylogenetically independent lineages. Garter snakes (*Thamnophis*) appear to have independently evolved resistance to tetrodotoxin (TTX) possessed by their newt prey (*Taricha*). Newts of the genus *Taricha* possess the neurotoxin TTX (16, 17), which acts as a powerful chemical defense against virtually any predator (18). TTX binds to voltage-gated sodium channels in nerves and muscles, blocking the movement of sodium ions (Na<sup>+</sup>) across the cell membrane and halting the propagation of action potentials that control nerve impulses (19, 20). By paralyzing nerves and excitable muscle cells, TTX causes immobilization, respiratory failure, and often death (18, 21). Despite the fact that TTX is one of the most potent neurotoxins known (22), garter snakes from a number of populations are able to prey on toxic *Taricha* (23–25). In fact, the levels of TTX resistance in garter snakes and concentrations of TTX in newts often covary over much of western North America, suggesting the two are engaged in a coevolutionary “arms race” characterized by adaptation and counteradaptation (17, 23, 26). The physiological and genetic mechanisms at least partially responsible for elevated TTX resistance have been described recently for 1 garter snake species (27, 28). Key amino acid changes in the skeletal muscle sodium channel (Na<sub>v</sub>1.4) alter the molecular environment of the channel pore and dramatically alter TTX binding affinity to this protein (28).

Multiple species of garter snakes are known to engage in ecological interactions with toxic newts in western North America: *Thamnophis sirtalis* from coastal California (23), *Thamnophis couchii* from the southern Sierra Nevada mountain range of California (24), and *Thamnophis atratus* from coastal California (25) (Fig. 1). Resistance to TTX appears in both closely and distantly related garter snake taxa, suggesting independent evolution. However, the genetic basis of TTX resistance is known

Author contributions: C.R.F., E.D.B., Jr., E.D.B., III, and M.E.P. designed research; C.R.F., E.D.B., Jr., E.D.B., III, and M.E.P. performed research; C.R.F. and E.D.B., Jr., analyzed data; and C.R.F., E.D.B., III, and M.E.P. wrote the paper.

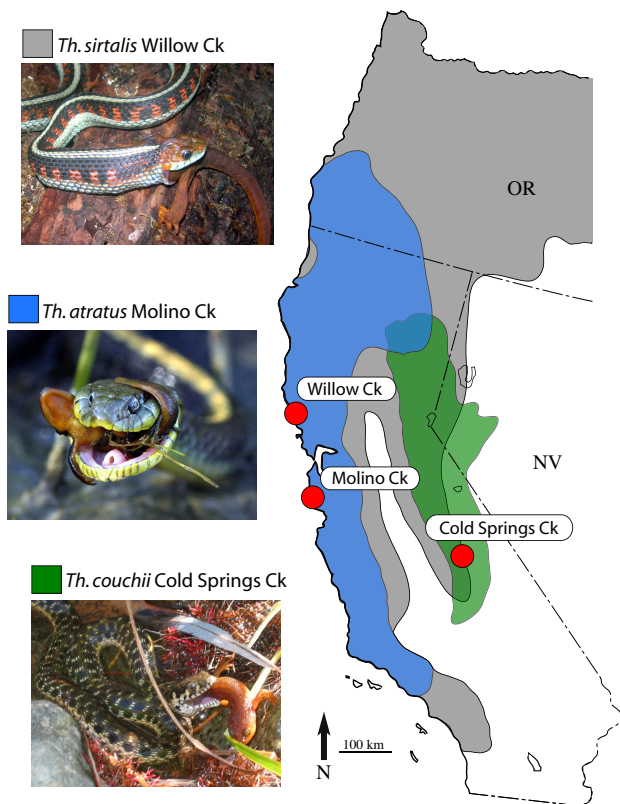
The authors declare no conflict of interest.

This article is a PNAS Direct Submission.

Data deposition: The sequences reported in this paper have been deposited in the GenBank database (accession nos. FJ570810–FJ571064 and GQ154075–GQ154084), and all snakes have been deposited as vouchers in the herpetology collections of the California Academy of Sciences or University of Texas, Arlington.

<sup>1</sup>To whom correspondence should be sent at the present address: Department of Natural Resources and Environmental Science, University of Nevada, Reno, NV 89557–0816. E-mail: ophis@cabnr.unr.edu.

This article contains supporting information online at [www.pnas.org/cgi/content/full/0901224106/DCSupplemental](http://www.pnas.org/cgi/content/full/0901224106/DCSupplemental).



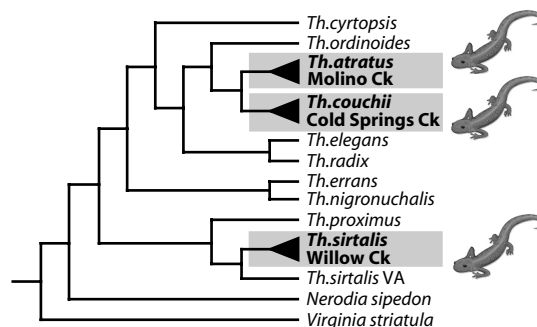
**Fig. 1.** Geographic distributions of focal *Thamnophis* species. In California and Oregon, the garter snakes *T. sirtalis* (gray), *T. atratus* (blue), and *T. couchii* (green) broadly overlap with newts of the genus *Taricha* that possess the lethal neurotoxin TTX. Despite the potent effects of TTX, some populations of garter snakes are known to prey newts (red).

only for a single species, *T. sirtalis* (28). Furthermore, fossil and phylogeographic evidence indicates that newts have occupied western North America far longer than garter snakes (29–33), suggesting that exposure to newts as a prey source is ancient, certainly predating the split between *T. atratus* and *T. couchii*, and possibly the divergence of all western *Thamnophis* lineages. Because the ancestral condition for *Taricha* is possession of the neurotoxin TTX (26), garter snake lineages probably have a long history of selection from TTX. Given the significant difference in coalescence times for nuclear and mitochondrial genes (34), we cannot a priori rule out the retention of preexisting beneficial variation as the source of adaptive genetic variation underlying phenotypic convergence in TTX resistance. Furthermore, infrequent hybridization is known between garter snake species, even across diverse *Thamnophis* clades (35, 36). For alleles with a substantial fitness advantage, even low levels of introgression may be sufficient to allow the transfer of adaptive variation among species (7, 8).

We explored the origin of TTX resistance in the 3 species of garter snakes known to prey on toxic newts. To reconstruct the evolutionary sequence of elevated TTX resistance in *Thamnophis*, we collected TTX resistance data from garter snakes and several naticrine relatives, collected DNA sequence data from the voltage-gated sodium channel  $Na_v1.4$  of these snakes, and used gene trees to distinguish the signature of independent molecular evolution from that of incomplete lineage sorting or horizontal transfer. If elevated TTX resistance in *Thamnophis* has evolved through (i) independent changes in  $Na_v1.4$ , then a  $Na_v1.4$  gene tree should roughly match the accepted garter snake phylogeny (33) (Fig. 2A). In contrast, if elevated TTX resistance

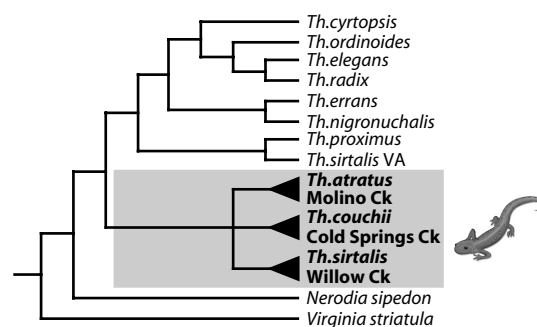
### A $H_i$ : Multiple Origins of Adaptive Alleles

$Na_v1.4$  tree  $\approx$  mtDNA tree



### B $H_{ij}$ : Single Origin of Adaptive Alleles

$Na_v1.4$  tree  $\neq$  mtDNA tree



**Fig. 2.** Two alternative models of adaptive molecular evolution in garter snakes in response to a common selective pressure, TTX poisoning, imposed by their newt prey. (A) In the first hypothesis (i), each population of newt-consuming garter snakes (black cones) has independently evolved resistance to TTX through convergent changes in  $Na_v1.4$ , the locus targeted by TTX (gray boxes and newts). Thus, a phylogeny of  $Na_v1.4$  alleles should closely resemble the established garter snake phylogeny based on mtDNA (33). (B) In the second scenario (ii), adaptive variation in  $Na_v1.4$  has a single origin, and the occurrence of elevated TTX resistance in separate garter snake lineages is due to either the unique sorting (recruitment) or introgression of this adaptive variation. If this hypothesis is correct, then we expect TTX-resistant garter snakes to form a monophyletic clade in a  $Na_v1.4$  phylogeny, in contrast to the *Thamnophis* phylogeny.

in *Thamnophis* has occurred through (ii) the recruitment of adaptive variation that predates the splitting of these lineages, or horizontal transfer of beneficial alleles, then the 3 TTX-resistant taxa will form a clade in a phylogeny of  $Na_v1.4$  alleles, contrary to the *Thamnophis* phylogeny (Fig. 2B). Thus, gene tree comparisons allow us to test whether phenotypic convergence is the result of novel mutations or evolution via existing genetic variation.

## Results and Discussion

**Elevated TTX Resistance in *Thamnophis*.** Our phenotypic assay of TTX resistance demonstrates high levels of resistance in 3 species of *Thamnophis* (Fig. 3 and Table S1). *T. atratus* from the central California coast (Molino Creek, Santa Cruz County; and Pilar Point Harbor, San Mateo County) (Fig. 1) display high levels of resistance to TTX (Fig. 3 and Table S1). These *T. atratus* are among the most TTX-resistant snakes ever recorded; the amount of TTX required to slow the average *T. atratus* from the central coast to 50% of its normal crawl speed is >100 mass-adjusted mouse units (MAMUs), matched only by a few populations of *T. sirtalis* (23). In fact, the oral dose needed to reduce the crawl speed of a large *T. atratus* (200 g) from this population to 15% of its normal ability would roughly equal 900 human





TTX-bearing pufferfish (44, 45) (teleost fish possess functional duplicates of most  $\text{Na}_v$  genes), and when this replacement was constructed in rat  $\text{Na}_v1.4$  and functionally expressed, the amount of TTX required to block  $\text{Na}^+$  current ( $\text{IC}_{50}$ ) increased 15-fold (45).

*T. atratus* possess 3 amino acid changes in the P loops of  $\text{Na}_v1.4$ : 2 in DIII (D1277E and A1281P) and 1 in DIV (D1568N). The D1568N replacement in the  $\beta$ -strand of DIV, also seen in resistant *T. sirtalis* from Willow Creek (Fig. 3), occurs at a site that plays a major role in TTX ligation (39, 41–43, 46). Changing D→N at this position in rat  $\text{Na}_v1.4$  (D1532) yields a 30- to 40-fold increase in TTX resistance (41, 42). The 2 DIII replacements, D1277E and A1281P, have not been functionally expressed; however, other replacements at D1277 do lead to minor changes in TTX-binding affinity (39, 42). P-loop replacements with only small effects on TTX ligation by themselves appear to have nearly ordinal effects on TTX sensitivity when combined with other resistant replacements (28, 47), so it is not surprising that both the D→E and A→P DIII replacements are also found in some pufferfish (44, 45).

These results do not exclude the possibility that mutations in other sodium channel paralogs contribute to adaptive variation in whole-animal resistance to TTX. On the contrary, diverse patterns of phenotypic variation in snake TTX resistance (23) and surveys of the sodium channels from pufferfish (45) suggest that variation in whole-animal performance is likely to involve multiple, perhaps convergent, adaptive changes across the entire gene family (45).

**Evolution of TTX Resistance in *Thamnophis*.** Current research is beginning to document the genetic basis of phenotypic adaptation (e.g., refs. 48 and 49), yet the origin of adaptive genetic variation is not generally known (4–6). Useful genetic variation fueling adaptive evolution may enter populations through a number of routes. Populations may acquire new beneficial mutations attendant to the selective challenge (10, 11). Alternatively, preexisting alleles may be recruited and subsequently fixed by selection (i.e., adaptation from standing variation; refs. 4–6, 12, 13). Similarly, adaptive variation may be introduced to populations or species through introgression (7–9, 14, 15). An ideal setting in which to test these alternative hypotheses for the origin of adaptive variation is an empirical system with a repeated pattern of convergent evolution in phylogenetically independent populations experiencing common selective pressures.

We established the evolutionary relationships of *Thamnophis*  $\text{Na}_v1.4$  alleles to trace the origins of elevated TTX resistance in this system and to test alternative hypotheses for the origin of adaptive genetic variation. If elevated TTX resistance in *Thamnophis* has evolved through (i) independent changes in  $\text{Na}_v1.4$ , then a  $\text{Na}_v1.4$  gene tree should roughly match the well-supported garter snake phylogeny (33). Alternatively, if elevated TTX resistance in *Thamnophis* has occurred through (ii) the recruitment of segregating adaptive variation or horizontal transfer of beneficial alleles, then the 3 TTX-resistant taxa will form a monophyletic grouping in a  $\text{Na}_v1.4$  gene genealogy, contrary to the *Thamnophis* phylogeny. The 3 phylogenetic methods [maximum parsimony (MP), maximum likelihood (ML), and Bayesian (BI)] generally agree, and there are only a few areas of disagreement (only BI tree shown). Overall, phylogenetic relationships of *Thamnophis*  $\text{Na}_v1.4$  alleles (Fig. 3) are largely concordant with independent estimates of garter snake relationships based on mitochondrial loci (33).

Assaying TTX resistance across garter snakes and relatives and mapping resistance data onto our  $\text{Na}_v1.4$  phylogeny indicate that elevated TTX resistance is a derived trait, whereas the ancestral condition for garter snakes and relatives is low TTX resistance (37). The hypothesis of a single origin of adaptive  $\text{Na}_v1.4$  variation linking TTX-resistant garter snakes through

either incomplete lineage sorting or gene flow was rejected by statistical tests of hypothesis compatibility (MP, 2-tailed Wilcoxon signed-ranks test: L difference = 19,  $z = -3.9618$ ,  $P < 0.0001$ ; ML, 1-tailed SH test:  $-\ln L$  difference = 54.6856,  $P < 0.001$ ). Resistant forms of  $\text{Na}_v1.4$  clearly arose subsequent to the common ancestor of *T. sirtalis* and other western *Thamnophis*. Thus, the topology of the  $\text{Na}_v1.4$  gene tree, as well as the nature of the changes in the P loops, allow us to reject the hypotheses that elevated TTX resistance occurred through either the recruitment of ancient genetic variation in  $\text{Na}_v1.4$  that predated the divergence of these lineages, or introgression of beneficial  $\text{Na}_v1.4$  alleles across species. The recent common ancestry of *T. atratus* and *T. couchii* makes it difficult to determine whether the resistance alleles in those taxa existed before their divergence, although the unique functional mutations in the  $\text{Na}_v1.4$  P loops in these 2 taxa suggest independent acquisition. Thus, we feel that our data are most consistent with the hypothesis that elevated TTX resistance has evolved 3 times independently within *Thamnophis* through convergent changes in  $\text{Na}_v1.4$ .

These results do not exclude the possibility that within each taxon (*T. atratus*, *T. couchii*, and *T. sirtalis*), the adaptive  $\text{Na}_v1.4$  alleles were present as neutral or nearly neutral variants segregating at low frequency until promoted by selection. However, the striking conservation of  $\text{Na}_v1.4$  P-loop residues across snakes (and even between snakes and mammals) hints that most variation in this region negatively affects sodium channel function. Biogeographic evidence further suggests that the ecological challenge of toxic newt prey predates the separation of these snake lineages (29–32), suggesting that resistance alleles arose after the initial selective context. An unequivocal answer to this problem will require more extensive sampling and analyses to fully trace the timing of origins of adaptive  $\text{Na}_v1.4$  alleles within *T. atratus*, *T. couchii*, and *T. sirtalis* populations.

The results of this study provide a significant commentary on the convergent acquisition of adaptive alleles in natural populations faced with strong selective pressures. Adaptive changes in the TTX resistance phenotype have a simple genetic basis mediated by a few mutations of major effect. In addition, these amino acid changes occur in a critical locus with strong pleiotropic effects (39, 50) likely to result in significant molecular evolutionary constraints (51, 52). Taken together, these observations suggest that in situations where a few changes in a gene of major effect are involved, independent evolution may be a common motif (53). Adaptation via the recruitment of standing variation or hybridization may be more commonly observed in situations where polygenetic changes are required, or where adaptive alleles do not have deleterious pleiotropic effects on fitness and are essentially neutral in the absence of the selective pressure that renders them beneficial.

## Methods

**Bioassays.** We collected TTX resistance data from 22 *T. atratus*, 84 *T. couchii*, and 22 *T. sirtalis* (Fig. 1 and Table S1). To provide a phylogenetic perspective on the evolution of elevated TTX resistance, we also collected resistance data from 228 specimens from 7 other garter snakes species representing the major *Thamnophis* clades (33) and from 34 snakes from 4 outgroup taxa representing pertinent New World natricine lineages (54) (Table S1). Some TTX resistance data came from our previous work (24, 37).

We measured TTX resistance by using a bioassay of whole-organism performance (23, 55). We first established an individual's "baseline speed" by racing it down a 4-m racetrack equipped with infrared sensors. We averaged the speed of 2 time trials to obtain an individual's baseline crawl speed. After 24 h of rest, we gave each snake an intraperitoneal injection of a known, mass-adjusted dose of TTX (Sigma). Thirty minutes after injection, we raced snakes on the track to determine "postinjection speed." We repeated this process, resting snakes for 24 h and then increasing the dose of TTX, up to 5 total sequential TTX tests (0.5, 1, 2, 5, and 10  $\mu\text{g}$ ) per snake (48 h between trials). We scored "resistance" as the reduction of an individual's baseline sprint speed after an injection of TTX (postinjection speed/baseline speed). We

calculated a population (or species) dose–response curve from individual responses to the serial TTX injections by using a simple linear regression (56). From this regression model, we estimated the “50% dose,” (analogous to a 50% inhibition concentration), defined as the amount of TTX required to reduce the average snake to 50% of its baseline speed. Because TTX resistance is related to body size (55, 56), we transformed doses into MAMUs, the amount of TTX (in milligrams) required to kill a 20-g mouse in 10 min (see ref. 56). This correction allows us to directly compare TTX resistance between individuals, populations, or species. In some cases (because of extremely low or high resistance), we could not generate a sufficient range of phenotypic resistance to quantitatively estimate an accurate 50% dose; for these taxa, we report threshold values of <1 MAMU or >100 MAMUs without standard errors. Further details of the bioassay and information on captive care of snakes can be found elsewhere (23, 56); we followed institutional protocols for humane treatment and care of animals (Utah State University Institutional Animal Care and Use Committee no. 1008).

**Sequence Data.** We collected sequence data from  $Na_v1.4$  from a subset of garter snakes and outgroup taxa assayed for TTX resistance (Table S1). Within garter snake populations, we intentionally sampled individuals with the most extreme (high and low) resistance phenotypes to maximize the potential to identify alternative alleles. The single  $\alpha$ -subunit of  $Na_v$  loci forms a membrane-spanning channel that allows selective permeation of  $Na^+$  ions (20, 50). This subunit consists of 4 domains (DI–DIV), each containing 6 transmembrane helices (S1–S6), with the polypeptide chains linking S5 and S6 creating the outer pore of the channel (Fig. 3) (20, 50). The 4 pore-forming segments (P loops) fold back into the membrane to create the outer pore, modeled as a cone and at the base of which lies a narrow selectivity filter (20, 38) that preferentially allows  $Na^+$  ions to pass through the channel (the DEKA motif). The funnel shape of the outer pore is thought to come from 4  $\alpha$ -helix-turn- $\beta$ -strand structures (one from each S5–S6 linker), with the last residue of each turn facing the pore to create the selectivity filter (38). These same structures that line the outer pore and permit selectivity and permeability of  $Na^+$  through the channel bind strongly to TTX. TTX apparently fits into the vestibule through a combination of hydrogen and ionic bonds, steric attraction, and cation– $\pi$  interaction (39–43, 46, 57), essentially docking in the outer pore and blocking  $Na^+$  movement (20). Thus, we focused our investigation on amino acid variation in the 4 P loops of  $Na_v1.4$ , paying attention to the  $\alpha$ -helix-turn- $\beta$ -strand structures. We obtained the entire coding sequence (CDS) of  $Na_v1.4$  from 7 garter snakes (4 species) to check for posttranscriptional modification (58).

We isolated and purified genomic DNA from muscle or liver tissue with the DNeasy Tissue Kit (Qiagen). We amplified the 4 regions of  $Na_v1.4$  between the S5 and S6 transmembrane segments that form the P loop by using primers we designed specifically for snake  $Na_v1.4$  (Table S2). Our amplicons included a linked intron in DI and portions of 2 introns in DIII (Fig. S1). We cleaned amplified products by using the ExcelsaPure PCR Purification Kit (Edge Biosystems) and used purified template in cycle-sequencing reactions with Big Dye 3.1 (Applied Biosystems). After an isopropanol/ethanol precipitation, we ran cycle-sequenced products on an ABI 3130 automated sequencer (Applied Biosystems). We sequenced all samples in both directions.

We isolated and purified mRNA from fresh skeletal muscle with the RNeasy Mini Plus Kit (Qiagen). We reverse transcribed total mRNA to cDNA with the iScript Select cDNA Synthesis Kit (Bio-Rad) and oligo(dT) primer. We then amplified a series of overlapping pieces of  $Na_v1.4$  to construct a complete

contig of the locus by using primers we designed specifically for snake  $Na_v1.4$  (Table S2). We cleaned and sequenced amplified products as above. We edited sequences by eye in Sequencher 4.2 (Gene Codes), aligned sequences with Clustal W 1.83 (59), and translated coding regions into amino acid sequences by using MacClade 4.08 (60). We deposited all sequences in GenBank (FJ570810–FJ571064, GQ154075–GQ154084).

**Phylogenetic Analyses.** We used MP, ML, and BI methods on the combined P-loop and flanking intron sequences to infer phylogenies of  $Na_v1.4$  alleles. We excluded a region of intron 19 (1.3 kb flanking DIII P loop) where we could not confidently establish positional homology. The final dataset included more than 2.9 kb of  $Na_v1.4$  sequence (4.3 kb aligned), 1.0 kb from the exons containing the P loops, and more than 1.9 kb from linked introns. We coded intron indels as an additional character. We pruned the dataset to include unique alleles only, and we polarized the dataset with the natriicine *Virginia striatula*. We conducted MP reconstructions in PAUP\* (61) with the branch-and-bound algorithm and assessed nodal support with 1,000 bootstrap pseudoreplicates. We executed ML analyses in PAUP\* under the best-fit substitution model (HKY+I+I) with the heuristic search algorithm and estimated nodal support with 100 bootstrap pseudoreplicates. We performed mixed-model BI analyses in MrBayes 3.1.2 (62), dividing exons, introns, and indels into distinct partitions and conducting searches under the best-fit models (exons, HKY+I; introns, HKY+I) and the parsimony approximation model (63) for indels. We ran BI analyses for 10 million generations, sampling trees every 1,000 generations, and assessed nodal support by the frequency of recovered clades sampled after the stable equilibrium (62). Finally, we assessed the congruence between our  $Na_v1.4$  gene trees and our expectations of allelic relationships under a model of a single origin of beneficial alleles with repeated recruitment or horizontal transfer of these alleles. We constrained the MP and ML searches in PAUP\* to retain only those trees with a monophyletic TTX-resistant clade. We then compared the constrained and unconstrained MP and ML estimates of  $Na_v1.4$  phylogeny in PAUP\* by using a 2-tailed Wilcoxon signed-ranks test (64) and a 1-tailed multiple-comparisons likelihood ratio test (65) with 1,000 RELL bootstrap pseudoreplicates.

**ACKNOWLEDGMENTS.** We thank M. Edgehouse, D. Mulcahy, B. Williams, J. Motychak, T. Sinclair, B. Christman, S. Boback, C. Fontenot, and P. Ducey for assistance in the field; S. Arnold and R. Lawson for field advice; A. de Queiroz (Reno, NV) for loaning live specimens; J. Pedotti for access to his land; A. Mortensen, J. Scoville, A. Wilkinson, and J. Pluid for aid with captive specimens and bioassays; the Utah State University Institutional Animal Care and Use Committee for approval of protocols; J. Vindum and M. Koo (California Academy of Sciences) and J. Campbell and C. Franklin (University of Texas, Arlington, TX) for help with the curation of specimens; R. Greene and A. Pool for photographs; M. Matocq, A. Runck, and M. Andrews, and E. O’Leary-Jepsen (Idaho State University Molecular Research Core Facility) and K. Kruse (Nevada Genomics Center, University of Nevada, Reno) for assistance in the laboratory; L. Yang and M. Thomas (Idaho State University) for computational aid; S. Geffeny, M. Matocq, C. Evilia, B. Williams, E. O’Neill, D. Mulcahy, J. Groome, C. Hanifin, and the Utah State University Herp Group for useful discussions; and the California Department of Fish and Game and the California Department of Parks and Recreation for providing scientific collecting permits. This work was funded by National Science Foundation Grants DEB-0315172 and DEB-021212487 and National Geographic Society Grant 7531-03 (to E.D.B., Jr., and E.D.B., III) and a Utah State University Office of the Vice President for Research Grant (to M.E.P. and E.D.B., Jr.). C.R.F. was supported by a Utah State University School of Graduate Studies Dissertation Fellowship.

- Fisher RA (1958) *The Genetical Theory of Natural Selection* (Dover Publications, New York).
- Orr HA (2005) The genetical theory of adaptation: A brief history. *Nat Rev Genet* 6:119–127.
- Kimura M (1983) *The Neutral Theory of Molecular Evolution* (Cambridge Univ Press, Cambridge, UK).
- Hermisson J, Pennings PS (2005) Soft sweeps: Molecular population genetics of adaptation from standing genetic variation. *Genetics* 169:2335–2352.
- Orr HA, Betancourt AJ (2001) Haldane’s sieve and adaptation from the standing genetic variation. *Genetica* 157:875–884.
- Barrett RDH, Schluter D (2008) Adaptation from standing genetic variation. *Trends Ecol Evol* 23:38–44.
- Arnold ML (1997) *Natural Hybridization and Evolution* (Oxford Univ Press, New York).
- Barton NH (2001) The role of hybridization in evolution. *Mol Ecol* 10:551–568.
- Seehausen O (2004) Hybridization and adaptive radiation. *Trends Ecol Evol* 19:198–207.
- Woods R, Schneider D, Winkworth CL, Riley MA, Lenski RE (2006) Tests of parallel molecular evolution in a long-term experiment with *Escherichia coli*. *Proc Natl Acad Sci USA* 103:9107–9112.
- Wichman HA, Badgett MR, Scott LA, Boulianne CM, Bull JJ (1999) Different trajectories of parallel evolution during viral adaptation. *Science* 285:422–424.
- Colosimo PF, et al. (2005) Widespread parallel evolution in sticklebacks by repeated fixation of ectodysplasin alleles. *Science* 307:1928–1933.
- Hartley CJ, et al. (2006) Amplification of DNA from preserved specimens shows blowflies were preadapted for the rapid evolution of insecticide resistance. *Proc Natl Acad Sci USA* 103:8757–8762.
- Rieseberg LH, et al. (2003) Major ecological transitions in wild sunflowers facilitated by hybridization. *Science* 301:1211–1216.
- Grant PR, Grant BR, Markert JA, Keller LF, Petren K (2004) Convergent evolution of Darwin’s Finches caused by introgressive hybridization and selection. *Evolution* 5:1588–1599.
- Mosher HS, Fuhrman FA, Buchwald HD, Fischer HG (1964) Tarichatoxin-tetrodotoxin: A potent neurotoxin. *Science* 144:1100–1110.
- Hanifin CT, Yotsu-Yamashita M, Yasumoto T, Brodie ED, III, Brodie ED, Jr (1999) Toxicity of dangerous prey: Variation of tetrodotoxin levels within and among populations of the newt *Taricha granulosa*. *J Chem Ecol* 25:2161–2175.
- Brodie ED, Jr (1968) Investigations on the skin toxin of the adult rough-skinned Newt, *Taricha granulosa*. *Copeia* 1968:307–313.
- Kao CY, Levinson SR (1986) *Tetrodotoxin, Saxitoxin, and the Molecular Biology of the Sodium Channel* (New York Academy of Sciences, New York).
- Hille B (2001) *Ion Channels of Excitable Membranes* (Sinauer Associates, Sunderland, MA).

21. Noguchi T, Ebesu JSM (2001) Puffer poisoning: Epidemiology and treatment. *J Toxicol Toxicol Rev* 20:1–10.
22. Medinsky MA, Klaassen CD (1996) in *Casarett and Doull's Toxicology: The Basic Science of Poisons*, ed Klaassen CD (McGraw-Hill, New York), pp 187–198.
23. Brodie ED, Jr, Ridenhour BJ, Brodie ED, III (2002) The evolutionary response of predators to dangerous prey: Hotspots and coldspots in the geographic mosaic of coevolution between garter snakes and newts. *Evolution* 56:2067–2082.
24. Brodie ED, III, et al. (2005) Parallel arms races between garter snakes and newts involving tetrodotoxin as the phenotypic interface of coevolution. *J Chem Ecol* 31:343–356.
25. Greene RR, Feldman CR (2009) *Thamnophis atratus atratus* diet. *Herpetol Rev.* 40:103–104.
26. Hanlman CT, Brodie ED, Jr, Brodie ED, III (2008) Phenotypic mismatches reveal escape from arms-race coevolution. *Public Libr Sci Biol* 6:e60.
27. Geffeney SL, Brodie ED, Jr, Ruben PC, Brodie ED, III (2002) Mechanisms of adaptation in a predator-prey arms race: TTX-resistant sodium channels. *Science* 297:1336–1339.
28. Geffeney SL, Fujimoto E, Brodie ED, III, Brodie ED, Jr, Ruben PC (2005) Evolutionary diversification of TTX-resistant sodium channels in a predator-prey interaction. *Nature* 434:759–763.
29. Holman JA (2006) *Fossil Salamanders of North America* (Indiana Univ Press, Bloomington, IN).
30. Holman JA (2000) *Fossil Snakes of North America: Origin, Evolution, Distribution, Paleogeology* (Univ of Indiana Press, Indianapolis).
31. Janzen FJ, Krenz JG, Haselkorn TS, Brodie ED, Jr, Brodie ED, III (2002) Molecular phylogeography of common garter snakes (*Thamnophis sirtalis*) in western North America: Implications for regional historical forces. *Mol Ecol* 11:1739–1751.
32. Kuchta SR, Tan AM (2006) Lineage diversification on an evolving landscape: Phylogeography of the California newt, *Taricha torosa* (Caudata: Salamandridae). *Biol J Linn Soc* 89:213–239.
33. de Queiroz A, Lawson R, Lemos-Espinal JA (2002) Phylogenetic relationships of North American garter snakes (*Thamnophis*) based on four mitochondrial genes: How much DNA sequence is enough? *Mol Phylogenet Evol* 22:315–329.
34. Palumbi SR, Cipriano F, Hare MP (2001) Predicting nuclear gene coalescence from mitochondrial data: The three times rule. *Evolution* 55:859–868.
35. Rossman DA, Ford NB, Seigel RA (1996) *The Garter Snakes: Evolution and Ecology* (Univ of Oklahoma Press, Norman, OK).
36. Shine R, Phillips B, Wayne H, Lemaster M, Mason RT (2004) Species-isolating mechanisms in a mating system with male mate choice (garter snakes, *Thamnophis* spp.). *Can J Zool* 82:1091–1098.
37. Motychak JE, Brodie ED, Jr, Brodie ED, III (1999) Evolutionary response of predators to dangerous prey: Preadaptation and the evolution of tetrodotoxin resistance in garter snakes. *Evolution* 53:1528–1535.
38. Lipkind GM, Fozzard HA (2000) KcsA crystal structure as framework for a molecular model of the Na<sup>+</sup> channel pore. *Biochemistry* 39:8161–8170.
39. Terlau H, et al. (1991) Mapping the site of block by tetrodotoxin and saxitoxin of sodium channel II. *FEBS Lett* 293:93–96.
40. Kontis KJ, Goldin AL (1993) Site-directed mutagenesis of the putative pore region of the rat IIa sodium channel. *Mol Pharmacol* 43:635–644.
41. Penzotti JL, Fozzard HA, Lipkind GM, Dudley SC, Jr (1998) Differences in saxitoxin and tetrodotoxin binding revealed by mutagenesis of the Na<sup>+</sup> channel outer vestibule. *Biophys J* 75:2647–2657.
42. Choudhary G, Yotsu-Yamashita M, Shang L, Yasumoto T, Dudley SC, Jr (2003) Interactions of the C-11 hydroxyl of tetrodotoxin with the sodium channel outer vestibule. *Biophys J* 84:287–294.
43. Tikhonov DB, Zhorov BS (2005) Modeling P-Loops domain of sodium channel: Homology with potassium channels and interaction with ligands. *Biophys J* 88:184–197.
44. Venkatesh B, et al. (2005) Genetic basis of tetrodotoxin resistance in pufferfishes. *Curr Biol* 15:2069–2072.
45. Jost MC, et al. (2008) Toxin-resistant sodium channels: Parallel adaptive evolution across a complete gene family. *Mol Biol Evol* 25:1016–1024.
46. Scheib H, et al. (2006) Modeling the pore structure of voltage-gated sodium channels in closed, open, and fast-inactivated conformation reveals details of site 1 toxin and local anesthetic binding. *J Mol Model* 12:813–822.
47. Maruta S, Yamaokab K, Yotsu-Yamashita M (2008) Two critical residues in p-loop regions of puffer fish Na<sup>+</sup> channels on TTX sensitivity. *Toxicol* 51:381–387.
48. Abzhanov A, Protas M, Grant BR, Grant PR, Tabin CJ (2004) Bmp4 and morphological variation of beaks in Darwin's Finches. *Science* 305:1462–1465.
49. Hoekstra HE, Hirschmann RJ, Bunday RA, Insel PA, Crossland JP (2006) A single amino acid mutation contributes to adaptive beach mouse color pattern. *Science* 313:101–107.
50. Goldin AL (2001) Resurgence of sodium channel research. *Annu Rev Physiol* 63:871–894.
51. DePristo MA, Weinreich DM, Hartl DL (2005) Missense meanderings in sequence space: A biophysical view of protein evolution. *Nat Rev Genet* 6:678–687.
52. Weinreich DM, Delaney NF, DePristo MA, Hartl DL (2006) Darwinian evolution can follow only very few mutational paths to fitter proteins. *Science* 312:111–114.
53. Wood TE, Burke JM, Rieseberg LH (2005) Parallel genotypic adaptation: When evolution repeats itself. *Genetica* 123:157–170.
54. Alfaro ME, Arnold SJ (2001) Molecular systematics and evolution of *Regina* and the thamnophiine snakes. *Mol Phylogenet Evol* 21:408–423.
55. Brodie ED, III, Brodie ED, Jr (1990) Tetrodotoxin resistance in garter snakes: An evolutionary response of predators to dangerous prey. *Evolution* 44:651–659.
56. Ridenhour BJ, Brodie ED, III, Brodie ED, Jr (2004) Resistance of neonates and field-collected garter snakes (*Thamnophis* spp.) to tetrodotoxin. *J Chem Ecol* 30:143–154.
57. Santarelli VP, Eastwood AL, Dougherty DA, Horn R, Ahern CA (2007) A cation- $\pi$  interaction discriminates among sodium channels that are either sensitive or resistant to tetrodotoxin block. *J Biol Chem* 282:8044–8051.
58. Liu Z, Song W, Dong K (2004) Persistent tetrodotoxin-sensitive sodium current resulting from U-to-C RNA editing of an insect sodium channel. *Proc Natl Acad Sci USA* 101:11862–11867.
59. Thompson JD, Higgins DG, Gibson TJ (1994) CLUSTAL W: Improving the sensitivity of progressive multiple sequence alignment through sequence weighting, positive-specific gap penalties and weight matrix choice. *Nucleic Acids Res* 22:4673–4680.
60. Maddison DR, Maddison WP (2005) MacClade: Analysis of Phylogeny and Character Evolution (Sinauer Associates, Sunderland, MA), Version 4.08.
61. Swofford DL (2002) PAUP\*: Phylogenetic Analysis Using Parsimony (\* and Other Methods) (Sinauer Associates, Sunderland, MA), Version 4.0b10.
62. Huelsenbeck JP, Ronquist F (2001) MrBayes: Bayesian inference of phylogenetic trees. *Bioinformatics* 17:754–755.
63. Tuffley C, Steel M (1997) Links between maximum likelihood and maximum parsimony under a simple model of site substitution. *Bull Math Biol* 59:581–607.
64. Templeton AR (1983) Phylogenetic inference from restriction endonuclease cleavage site maps with particular reference to the evolution of humans and the apes. *Evolution* 37:221–244.
65. Shimodaira H, Hasegawa M (1999) Multiple comparisons of log-likelihoods with applications to phylogenetic inference. *Mol Biol Evol* 16:1114–1116.