

ORIGINAL ARTICLE

Prognostic determinants for survival after resection/ablation of a large hepatocellular carcinoma

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Abstract

Background: Liver resection of large hepatocellular carcinomas (HCC), measuring at least 10 cm remains a controversial debate. Multiple studies on HCCs treated with surgical resection and/or ablation had shown variable results with 5-year survival rates ranging from 0% to 54.0%. The aim of this study was to evaluate the survival of patients with HCCs measuring at least 10 cm and to identify the potential prognostic variables affecting the outcome.

Methods: Retrospective analysis was performed on the prospectively updated HCC database. A total of 44 patients with tumours measuring 10 cm or more were 'curatively' treated with surgical resection with or without ablation. Patient demographics, clinical, surgical, pathology and survival data were collected and analysed.

Results: Thirty-one patients received surgical resection alone. Thirteen other patients were treated with a combination of surgical resection and ablation. The median follow-up duration was 14.5 months. The overall median survival at 1, 3 and 5 years were 66.4%, 38.1% and 27.8%, respectively. The median time to tumour recurrence was 10.7 months and the 1, 3 and 5-year disease-free survival were 49.6%, 23.9% and 19.1%, respectively.

Univariate analysis demonstrated cirrhosis, microvascular invasion, poor tumour differentiation and ethnicity to adversely affect survival. For overall survival, only cirrhosis, poor tumour differentiation and ethnicity were significant on multivariate analysis. Portal vein tumour thrombus, microvascular invasion and ethnicity were identified on univariate analysis to significantly affect disease-free survival.

Conclusion: Surgical treatment offers good survival to patients with large HCCs (≥ 10 cm). Both cirrhosis and poor tumour differentiation are independent variables prognostic of adverse survival.

Keywords

hepatocellular carcinoma, large hepatocellular, hepatectomy, resection and ablation

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Introduction

Hepatocellular carcinoma (HCC) is one of the most common malignancies in the world. Despite advances in imaging technologies, a significant proportion of HCCs are inoperable as a result of advanced stages at time of diagnosis.¹ To date, liver transplant, surgical resection and local ablative therapies (cryotherapy and radiofrequency ablation) are the most effective treatments available, offering a chance of cure to HCC patients. Other alternatives such as transarterial chemoembolization (TACE), percutaneous

ethanol injection, acetic acid injection and intra-arterial lipiodol I¹³¹ are not as effective in achieving complete tumour eradication, particularly in large tumours.^{2,3}

Tumour size plays a significant role in the decision making of treatment preference. Previously, large HCCs (>10 cm) were often not treated leading to the associated poor prognosis within this cohort of patients. Amidst the availability of effective surgical treatments, tumour size of over 10 cm precludes the eligibility for liver transplant or thermal ablative therapies. While hepatectomy of smaller tumours (<10 cm) is commonly performed with 5-year

survival rates ranging from 11% to 58%, surgical resection of large tumours remains controversial.⁴⁻⁶ Several studies have identified tumour size as prognostic of adverse survival. Others, however, showed that liver resection of non-vascular-involved solitary HCCs (Stage T1) can achieve good long-term outcome, irrespective of tumour size.⁷

The purpose of this study was to evaluate the outcome of therapy in patients with HCC measuring at least 10 cm, which was regarded by most surgeons as inoperable; and to identify prognostic factors for survival.^{8,9}

Methods

This is a retrospective study of a prospectively updated database. Since January 1990, a total of 349 patients with hepatocellular carcinoma (HCC) had been looked after by the St George Hospital Liver Unit. Of these, 110 patients were 'curatively' treated with sole surgical resection or combined surgical resection and ablation. Treatment was regarded as potentially curative as long as the liver was macroscopically clear of tumour post-surgery; which was confirmed intra-operatively with ultrasonography. Determination of the extent of liver resection was adopted from the study by Imamura *et al.*¹⁰ The decision to perform synchronous liver resection and ablative therapies was based on the anatomical location of tumours; aiming to preserve sufficient post-operative liver parenchyma. Edge ablations were indicated for cases with a macroscopically close resection margin.

Our selection criteria for 'curative' surgical treatment included absence of extrahepatic disease and preserved liver function (Child's A and B). Extent of disease was assessed by lipiodol CT, chest/abdominal/pelvic CT, bone scans and, if required, CT angiography. Preservation of liver function was established with Child's score and ICG retention in cirrhosis. Child's score for all patients was summated based on two clinical (ascites and encephalopathy) and three biochemical factors (serum bilirubin, albumin level and international normalized ratio). Suitability of resection was further determined intra-operatively with ultrasound and palpation. Cirrhosis and involvement of portal and hepatic veins were not absolute contraindications for surgery. All surgical resections were performed using the cavitron ultrasonic aspiration (CUSA) technique. All patients were followed up with serum α FP (alpha-fetoprotein) levels, liver function tests and abdominal CT scans 1-month post-discharge and at 3-monthly intervals thereafter. Only patients treated from 1999 onwards were offered adjuvant lipiodol I¹³¹.

Patients with lesions larger than 10 cm, measured at the largest diameters, were identified and included into study. All files were reviewed up until 2nd June 2008. Data extracted for analysis included patient demographics, hepatitis status, Child-Pugh scoring, pre- and post-operative serum α FP (α -fetoprotein) levels, type of surgery, histopathology details of resected specimens, disease course and survival.

Hospital deaths, defined as deaths resulting from post-operative complications and/or those within the same admission, were

included into both overall survival and disease-free survival analysis. Survival analyses, estimated from the date of surgery, were performed with the Kaplan-Meier survival analysis and compared with univariate analysis. Multivariate analysis was performed using a Cox regression model to identify independent variables. A *P*-value of <0.05 was considered as significant. All statistical analyses were performed using SPSS for Windows (version 15.0; SPSS Inc., Chicago, IL, USA).

Results

Patients and treatment modalities

Since 1990, a total of 110 HCC patients had been treated with surgical resection with or without ablation by the St George Hospital Liver Unit. Of those, 44 patients were identified to have lesions of at least 10 cm in diameter, and were included into the study. A total of 31 patients were solely treated with surgical resection while 13 others had a combination of surgical resection and ablation. Ablative techniques performed included eight residual liver edge ablations with cryotherapy (7) and radiofrequency ablation (RFA) (1), two cryoablations and three alcohol injections to contralateral lobe lesions. Sixteen patients within this series were treated adjuvantly with lipiodol I¹³¹. Patient demographics and clinicopathological features of the study group are summarized in Table 1.

Survival analysis

After a median follow-up duration of 14.5 months (range, 0.03–169.9 months), two patients were lost to follow up at 76 and 110 months, and were censored in analyses. At the time of analysis, disease had recurred in 24 patients and 27 had died. The overall median survival was 21.5 months (range, 0.03–169.9 months), and the 1-, 3- and 5-year survival rates were 66.4%, 38.1% and 27.8%, respectively (Fig. 1a).

Disease-free survival (DFS) rates at 1-, 3- and 5-years were 49.6%, 23.9% and 19.1%, respectively (Fig. 1b); with a median time to tumour recurrence of 10.7 months (range, 0.3–169.6 months). Liver recurrence occurred in 13 patients, three of them at the resection margin or ablation site. Treatment of liver recurrence (12) was by lipiodol I¹³¹ (5), ablation (3), resection (1) and chemotherapy (1). Extrahepatic recurrence (3) occurred in the lungs (2), and peritoneum (1). Patients with recurrence both in the liver and another site (7) were treated by resection (3) and chemotherapy (2).

The survival difference between the resection only and synchronous resection and ablation groups was insignificant.

Hospital mortalities

There were a total of eight hospital deaths (18.2%). The causes of deaths were liver failure in three patients, sepsis and liver failure in two, hypovolaemic shock in one and non-disease related in two others. Of the non-disease-related mortalities, one was as a result of refusal of amputation because of a gangrenous foot. The second

Table 1 Demographics and clinicopathological characteristics

Parameters	Study group	Non-cirrhotics (n = 29)	Cirrhotics (n = 15)
Age (years)			
Median	62.4	62.1	62.3
Range	19.7–87.5	19.7–80.5	32.7–87.5
Gender			
Male	33	20 (60.9%)	13 (86.7%)
Female	11	9 (31.0%)	12 (13.3%)
Aetiology			
Hepatitis B	15	7	8
Hepatitis C	3	–	3
Alcohol	5	3	2
Haemochromatosis	5	3	2
Unknown	16	16	–
Child–Pugh score			
A	35	24	11
B	7	3	4
Unknown	2	2	–
Type of resection			
Right hepatectomy	13	6	7
Left hepatectomy	4	3	1
Extended right hepatectomy	7	6	1
Extended left hepatectomy	3	3	–
Central resection	3	2	1
Left lateral resection	4	3	1
Segmentectomy	10	6	4
Serum α FP-level (ng/ml)			
Median	33.5	33.5	29.0
Range	0.2–168000	2.0–168000	2.0–168000
Tumour size (cm)			
Mean (SD)	13.5 \pm 3.2	13.2 \pm 3.0	14.1 \pm 3.7
Median	12.4	12.3	13
Range	10.0–20.0	10.0–20.0	10.0–20.0
No. of lesions			
Solitary	23	17 (58.6%)	6 (40%)
Multiple	21	12 (41.4%)	9 (60%)
Lobar involvement			
Unilobar	32	21 (72.4%)	11 (73.3%)
Bilobar	12	8 (27.6%)	4 (26.7%)
Ruptured tumours	6	5 (17.2%)	1 (6.7%)
Portal vein thrombus	5	1 (3.4%)	4 (26.7%)
Microvascular invasion	27	16 (48.3%)	11 (73.3%)
Positive margins	22	13 (44.8%)	9 (60.0%)
Histology			
Fibrolamellar	8	7	1
Well differentiated	8	6	2
Moderately differentiated	21	10	11
Poorly differentiated	7	6	1

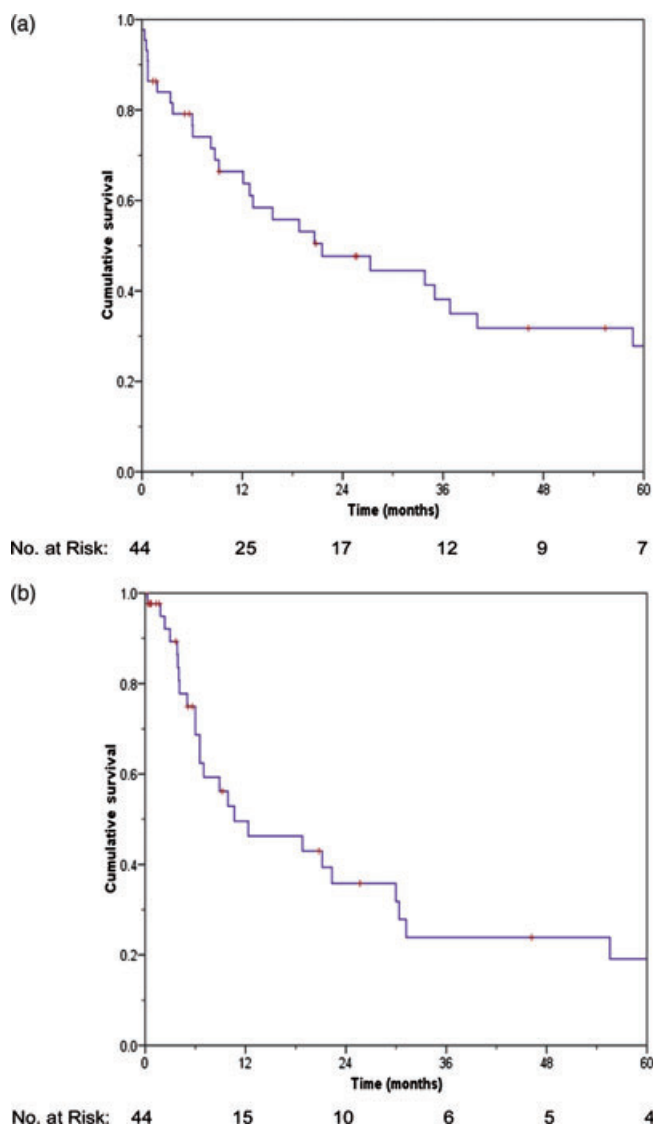


Figure 1 Survival analysis. (a) Overall survival of large hepatocellular carcinomas (HCCs) after surgical treatment; (b) disease-free survival of large HCCs after surgical treatment

patient died of hypovolaemic shock following removal of a chest drain after resolution of a pleural effusion.

Prognostic factors

Fourteen potential prognostic factors were analysed in univariate analysis for overall survival (Table 2). The presence of cirrhosis ($P = 0.014$), microvascular invasion ($P = 0.032$), poor tumour differentiation ($P < 0.001$) and ethnicity ($P < 0.001$) were significantly associated with adverse survival (Fig. 2). In multivariate analysis, three factors were found to be independently associated with poorer survival – cirrhosis (hazard ratio, 4.4; 95% CI, 1.078–9.961; $P = 0.036$), poor tumour differentiation (hazard ratio, 10.128; 95% CI, 2.510–48.000; $P = 0.001$) and ethnicity (hazard

ratio, 8.805; 95% CI, 1.547–8.448; $P = 0.003$). Evaluation of the same variables identified three factors that significantly reduced DFS – the presence of portal vein tumour thrombus ($P = 0.003$), microvascular invasion ($P = 0.038$) and ethnicity ($P = 0.003$).

Analysis of both cirrhotics and non-cirrhotics showed that the drastic difference in survival rates between groups occurred early, mainly within the first 3 months post-surgery (Fig. 2a). All five early post-operative deaths within the cirrhotics were because of surgical mortalities. One case had intercurrent pulmonary metastasis, developed 2 weeks post-operatively. This patient had no evidence of extrahepatic disease on complete pre-operative workup with CT chest/abdominal/pelvis, lipiodol CT and bone scans. Comparatively, only two non-cirrhotic patients died within this period – one from severe blood loss and another from refusal of gangrenous foot amputation. Further comparison between groups showed a higher prevalence of vascular invasion and multinodularity within cirrhotics (Table 1).

Twenty-seven HCCs were identified with microvascular involvement. A tumour recurred in 16 of them with 50% occurrence within the first post-operative year. Five cases also had apparent portal vein thrombus. Four of which also had a background of cirrhosis. None of them survived past 1 year. Causes of deaths were as a result of early disease recurrence in two patients, liver failure in one and disseminated intravascular coagulation in another patient. The other case of portal vein tumour invasion developed in a fibrolamellar HCC. Disease recurred within the liver and lymph nodes 6 months post-operatively. This patient received further surgical intervention and is alive until the date after 8 years from time of first surgery.

Further investigation on the correlation of α FP-level with tumour histology was performed. No relationship, however, was demonstrated (Fig. 3).

Discussion

Multiple studies on radical extirpation of large (>10 cm) tumours have had variable outcomes. The literature on large HCC includes 14 reports including 2749 patients, with 5-year survival rates ranging from 0% to 54.0%.^{1,11–23} However, three of these excluded hospital mortality. All, except one, of these studies looked at patients treated with surgical resection alone.^{1,11–22} Pandey *et al.* included in their study, patients treated with RFA within the same surgical procedure.²³ Zhou *et al.* had previously shown survival of patients treated with resection and cryotherapy were similar to those treated with resection alone.²⁴ Our series also included a mixed group of patients surgically treated with resection and/or ablation. A 5-year survival rate of 27.8%, similar to the other large HCC studies identified was achieved.

Cirrhosis was identified to independently affect survival of HCC patients. As most large tumours require major hepatectomy, the impossibility of liver resection in the presence of cirrhosis substantiates.²⁵ In addition, the presence of cirrhosis in large HCCs denies patients of consideration for aggressive management

Table 2 Univariate analysis

Variables	Frequency	Overall survival			Disease-free survival			P-value
		1-year (%)	3-year (%)	5-year (%)	1-year (%)	3-year (%)	5-year (%)	
Gender								0.418
Male	33	62.1	35.1	21.1	46.7	22.3	14.9	
Female	11	81.8	46.8	46.8	60.0	30.0	30.0	
Age								0.075
<65 years	25	70.4	49.4	38.4	56.7	36.0	36.0	
>65 years	19	61.5	23.5	11.7	40.9	9.1	0.0	
Cirrhosis								0.286
Yes	15	44.0	12.2	0.0	50.0	15.0	0.0	
No	29	77.8	48.5	39.7	48.4	27.2	27.2	
Child-Pugh score								0.569
A	35	70.2	37.5	28.5	50.9	26.3	19.7	
B	7	51.4	34.3	17.1	40.0	20.0	20.0	
Serum α FP-level								0.486
<400 ng/ml	28	73.2	41.3	25.8	48.8	25.3	19.0	
\geq 400 ng/ml	12	58.3	24.3	24.3	43.6	14.5	14.5	
No. of lesions								0.570
1	23	76.0	31.3	31.3	51.7	26.2	26.2	
>1	21	56.1	44.9	24.1	46.8	19.5	0.0	
Lobar involvement								0.658
Unilobar	32	66.8	31.8	27.3	42.8	22.5	22.5	
Bilobar	12	64.8	54.0	28.8	66.7	26.7	13.3	
Portal vein thrombus								0.003
Yes	5	20.0	20.0	20.0	0.0	0.0	0.0	
No	39	72.7	40.3	28.3	54.3	26.2	20.9	

Table 2 Continued

Variables	Frequency	Overall survival			P-value	Disease-free survival			P-value
		1-year (%)	3-year (%)	5-year (%)		1-year (%)	3-year (%)	5-year (%)	
Rupture									
Yes	6	66.7	0.0	0.0	0.123	0.0	0.0	0.0	0.945
No	38	66.8	41.7	30.4		51.8	24.9	19.9	
Microvascular invasion					0.032				0.038
Yes	27	57.5	22.5	22.5		33.3	13.9	13.9	
No	17	80.7	64.5	38.7		71.8	36.5	24.3	
Margin involvement					0.565				0.744
Yes	22	51.6	36.1	36.1		39.7	29.8	29.8	
No	22	81.1	41.6	22.3		58.7	19.6	13.0	
Histology					<0.001				0.093
Fibrolamellar	8	87.5	58.3	58.3		50.0	33.3	33.3	
Well differentiated	8	83.3	66.7	50.0		66.7	50.0	50.0	
Moderately differentiated	21	65.8	32.5	16.2		55.4	10.1	0.0	
Poorly differentiated	7	28.6	0.0	0.0		0.0	0.0	0.0	
Surgical modality					0.161				0.775
Resection only	28	77.0	41.1	35.9		49.9	23.3	23.3	
Resection and ablation	16	50.0	34.3	12.9		50.0	26.7	0.0	
Ethnicity					<0.001				0.003
Asians	13	38.5	7.7	0.0		11.4	0.0	0.0	
Non-Asians	31	79.3	53.5	42.5		64.2	33.4	26.7	

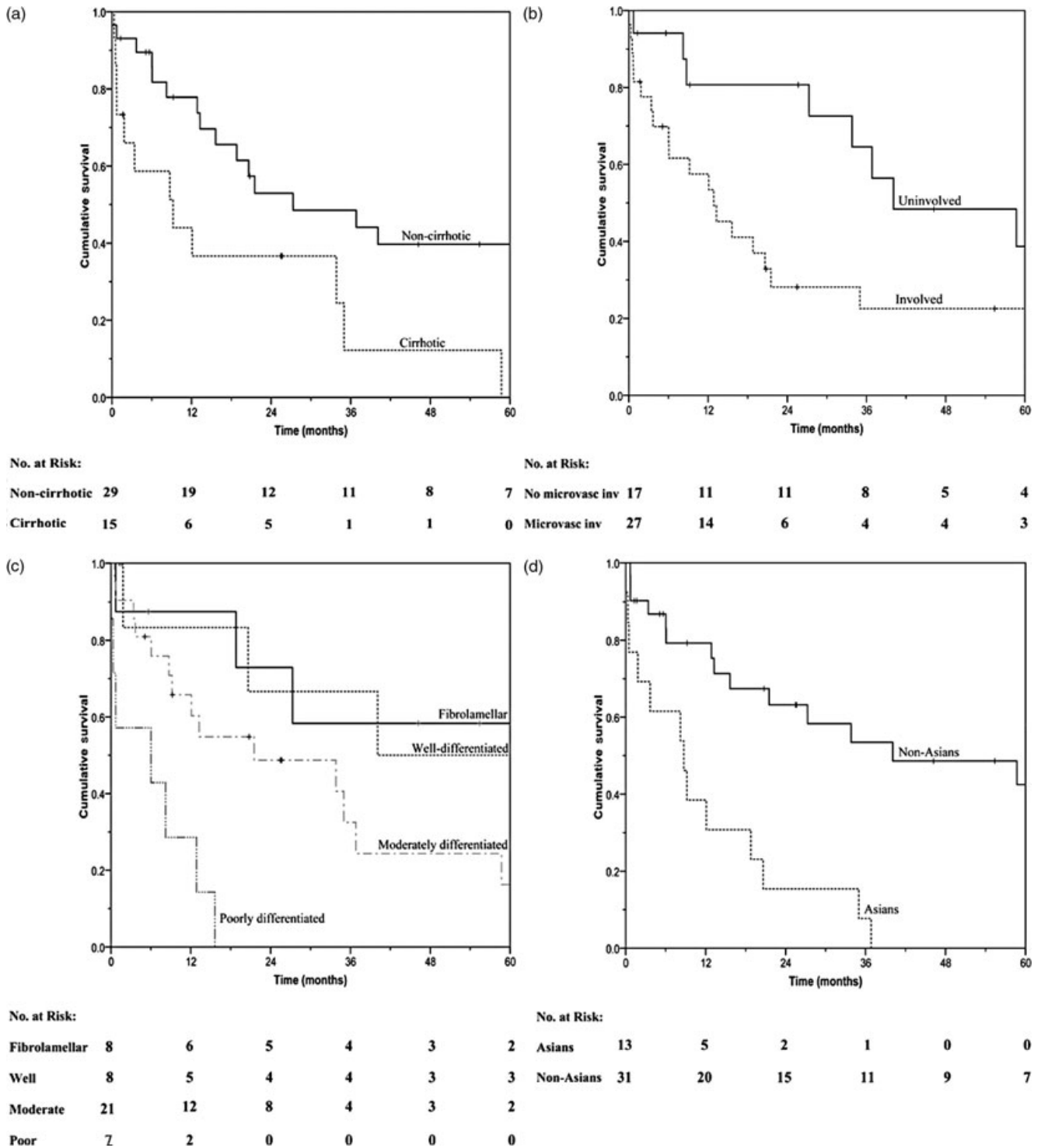


Figure 2 Univariate analysis. (a) Influence of cirrhosis on overall survival; (b) influence of microvascular invasion on overall survival; (c) influence of tumour histological on overall survival; (d) influence of ethnicity on overall survival.

as a result of an increased risk of post-operative hepatic insufficiency.¹⁴ Even when these lesion(s) are amenable to surgical resection, prognosis is generally poorer.²⁶ In fact, our 5-year survival rates in cirrhotics and non-cirrhotics were 0% and 39.7%, respec-

tively. The eminent difference between groups was observed in the first 3 months post-treatment, mainly because of post-operative complications. This concurs with the expected high post-operative mortality in cirrhotic liver resection in other studies.^{14,25}

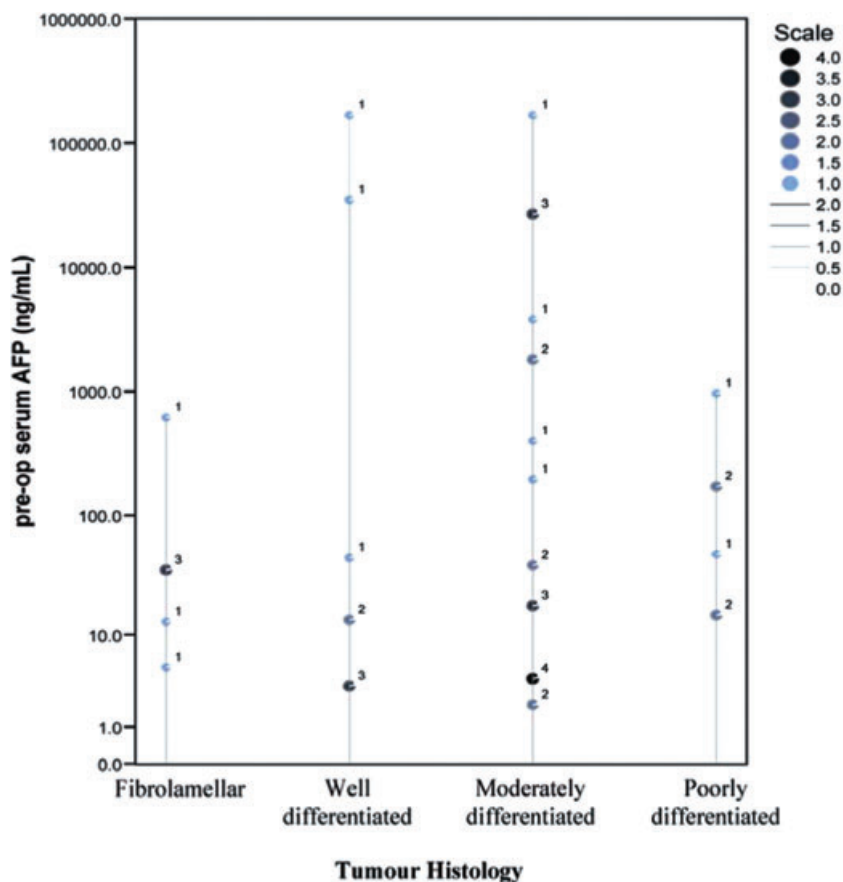


Figure 3 Correlation of serum α FP-level with histological subtypes

In the contrary, Torzilli *et al.* reported zero mortality in resection of cirrhotic livers.²⁷

A large proportion of venous involvement is usually found in multinodular disease and large tumours.²⁸ This feature was noted within the cirrhotic group.^{26,29} The involvement of microvascular invasion commonly present even at early stages of disease increases the risk of microtumour embolization.²⁸ Recurrence risk also escalates with evidence of gross vascular involvement, which indicates advanced stages of disease according to the step-by-step dissemination theory.²⁸ Five out of the 27 microvascular-involved tumours had concomitant portal vein thrombus. Both these factors – microvascular invasion and portal vein thrombus – were identified to adversely affect disease-free survival. Resection of tumours in the presence of portal vein tumour thrombus is also associated with poorer survival, which may explain the much poorer survival in our cirrhotic group.^{28–30} Except for the fibrolamellar variant, none of the patients with portal vein thrombus survived past 1 year. Despite these findings, the number comprising this subgroup may have been too small to have influenced significance on survival in this study.

Ethnicity was identified to independently affect survival. Regardless of the statistics, reasons for this association are rather ambiguous and may possibly be influenced by non-disease-related

factors such as socioeconomic factors.^{31,32} Hence, further studies may, therefore, be required to establish this causal relationship.

Survival of patients stratified according to tumour histological type demonstrated correlation of poor tumour differentiation with poorer survival (Fig. 2c). Patients with fibrolamellar variant tend to do much better than the classic HCCs.³³ Our result also demonstrated comparable 5-year survival rates with well-differentiated tumours (50.0%) and fibrolamellar variant (58.3%). Of the eight well-differentiated tumours, only two arose on a background of cirrhosis. Nagorney *et al.* showed that in the absence of cirrhosis, classic HCCs can result in similar outcome to a fibrolamellar variant.³⁴ In addition, moderately-differentiated tumours had a 3-year survival of 32.5%. The survival of poorly differentiated tumour was much worse compared with all other histological types, and is found to be significant on multivariate analysis. All seven patients with poorly-differentiated tumours died within 16 months post-surgery. This may be as a result of the increased risk of microvascular invasion in higher-grade HCCs.³⁵ Oishi *et al.* described the association of high-grade HCCs with larger proportions of high (>400 ng/ml) α FP-secretors, early extrahepatic recurrences and better liver function.³⁶ These features, however, did not accurately describe our poorly-differentiated HCCs. Six out of the seven patients had Child's A and serum α FP-levels less than 400 ng/

ml. Only one patient had an α FP-level of 963 ng/ml and the Child's score was unestablished. A total of four patients died of the disease, which recurred within the first post-operative year but only two had extrahepatic (lungs) involvements.

The significantly worse prognosis in poorly differentiated HCCs may imply sensibility in withholding operative treatment within this subgroup of patients. Hence, the ability to identify tumour differentiation via pre-operative assessments may be useful. Currently, imagings with computed tomography and ultrasonography are capable of recognizing well-differentiated HCCs but discerning moderate from poorly differentiated tumours remains a difficulty.^{37,38} Percutaneous tumour biopsy may be the only available technique providing definitive diagnosis of high-grade tumours but is associated with needle tract implantation.³⁹ This may jeopardize the supposedly better outcome in other histological subtypes. In our study, correlation of serum α FP-levels with histological subtypes did not yield significant results (Fig. 3).

Other factors such as tumour rupture and positive resection margins on histological examination have also been described by others to adversely affect survival.^{30,40,41} The prognostic significance of ruptured tumours, however, may have been undervalued by its low incidence within this series. Although proven safer with staged liver resection, the outcome of treated ruptured HCCs is generally poor, particularly after intra-abdominal spread manifests.^{33,40} Four out of six ruptured tumours were dead at the time of analysis. Two patients died within the same admission from post-operative coagulopathy and refusal of ischaemic leg amputation, and two of disease recurrence. One recurrence involved intra-abdominal manifestation of disease while the other involved the lungs. Lai and colleagues showed that a resection margin of more than 0.5 cm significantly reduces histological margin infiltration, hence a reduction in both disease-free and overall survival.⁴¹ Within this study, all hepatectomies were performed using CUSA transaction, which allows a potential margin of at least 1.0 cm.⁴² In addition, suspicion of margin involvement immediately post-resection was further treated with edge ablation. This may in part explain our good 5-year survival rate (36.1%) which did not differ from the 3-years; within patients with microscopic margin involvement.

Despite surgical treatment, prognosis of HCCs is still poor as a result of high rates of recurrence. Various agents have thus been trialled along with surgical resection to improve disease-free survival and long-term outcome.^{43–46} A randomized, controlled trial with adjuvant lipiodol I¹³¹ after resection of smaller tumours was shown to achieve better prognosis in surgically treated HCCs, with 10-year overall and disease-free survival rates of 52.4% and 47.6%, respectively.⁴⁷ A total of 16 patients in this study group were identified to have received adjuvant lipiodol I¹³¹. The 5-year survival rates in the treated and non-treated groups were 35.5% and 14.7%, respectively ($P=0.009$). Another agent (PI-88) currently under trial as an adjuvant treatment was shown to have similar potential benefits.⁴⁸

Long-term survival can be achieved with surgical treatment of large HCCs (>10 cm). In addition, the combination of surgical

resection and ablation can achieve similar outcome to treatment with resection alone, providing a chance for curative treatment in 'inadequate' margins and bilobar-involved disease. After surgical treatment, the administration of adjuvant lipiodol I¹³¹ is also effective, even in large HCCs. Both cirrhosis and poor tumour differentiation were independently associated with adverse survival. Further studies to identify poor histological subtype of HCCs in the pre-operative setting may be useful.

Conflicts of interest

None declared.

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