# Intriguing parasites and intramembrane proteases

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Rhomboid intramembrane proteases occur throughout the kingdoms of life. In this issue of *Genes & Development*, Baxt and colleagues (pp. 1636–1646) report that the single proteolytic rhomboid (EhROM1) from *Entamoeba histolytica* cleaves cell surface galactose-binding or N-acetylgalactosamine-binding (Gal/Gal-NAc) lectins. EhROM1 and lectins colocalize during phagocytosis and receptor capping. EhROM1 is found at the base of the cap rather than in the cap proper, suggesting a role in receptor shedding and implying that EhROM1 is crucial for amoebal infection.

Parasitic protists are fascinating organisms in their own right, with their typically complex life cycles, distinctive physiologies, and uncertain relationships. They are of immense practical interest as well; parasitic infections account for an enormous proportion of the disease burden on the human population worldwide. The debilitating and often lethal parasitic diseases remain among the most intractable infections and result in between 1.5 and 3 million deaths annually. The enormous costs resulting from lost productivity and caring for the millions who suffer from parasitic disease represent significant hurdles to economic development throughout the world, and these burdens tend to be the highest where the resources to bear them are the least. Advances in our understanding of parasites, such as how they initiate and maintain infections, therefore, have significant potential to improve human health and well-being worldwide.

Among parasitic diseases, amoebiasis ranks second only to malaria in global morbidity, affecting vast numbers of people worldwide and killing some 100,000 annually (World Health Organization 1997). The causative agent of human amoebiasis, *Entamoeba histolytica*, faces many of the same challenges faced by other parasites when establishing infection. Baxt et al. (2008) detail the role of the single rhomboid intramembrane protease from *E. histolytica* in crucial parasite processes: phagocytosis and immune evasion.

### [*Keywords*: Serine protease; presenilin; site-2 protease; erythrophagocytosis; immune evasion; pathogenesis] <sup>1</sup>Correspondence.

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Article is online at http://www.genesdev.org/cgi/doi/10.1101/gad.1686808.

### The parasitic lifestyle

Parasitism poses common challenges to the diverse organisms that practice it. Parasites must first locate and enter a host. Next, in many cases, host tissues or cells must be invaded, requiring some means of attachment and introgression. The successful parasite usually establishes a long-term infection, and this potentially affords the host ample time to mount a vigorous immune response to the invader. In order to survive and reproduce while "dining at another's table," the parasite must somehow manage to evade host immune defenses that may act at several stages of the infection cycle. Broadly, extracellular parasites are subject to the humoral response, while intracellular stages are the target of cellular immunity.

# Invasion and evasion

Strategies for evading the host immune response are as complex and varied as the parasites that use them, and most parasites use several different strategies in the course of infection. Parasites may engage various responses to the host immune system (Zambrano-Villa et al. 2002). Some parasites synthesize proteases that specifically target components of the host immune machinery for destruction. Others send out molecules that mimic chemokines and suppress the immune response (Goodridge and Harnett 2005). In any event, modulating the host's immune response is a delicate matter. If a parasite disables the response sufficiently, competitors may then flourish in the immunocompromised host. Once the host succumbs, the parasite loses its meal ticket. Thus, strategies for dealing with the immune response are varied and subtle.

Many parasites have intricate life cycles involving multiple hosts and multiple developmental stages, each with its own characteristic array of antigenic proteins, even within a single host. The malarial parasite *Plasmodium falciparum*, for example, shuttles between intraand extracellular modes, moving from mosquito saliva to the bloodstream to hepatocytes and on to erythrocytes. At each stage, different antigens are elaborated (Kilejian 1980), and even within a single stage the dominant antigens can change, enabling the parasite to "hide" functionally from the host (Plebanski et al.

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1997)—by the time an effective response to one antigen is mounted, the parasite is presenting the immune system with a new one. If, after switching antigens, the parasite still faces immune challenge, it may simply shed the targeted antigens (Howell et al. 2003), much as a lizard may lose its tail to escape a menacing cat. *E. histolytica* uses a unique variation of this strategy, called capping (Fig. 1). The effectiveness of these various evasive strategies, alone or in combination, may account, in part, for the limited success of antiparasite vaccination strategies.

# Intramembrane proteolysis and parasitic infection

Intramembrane proteolysis is an evolutionarily ancient signal transduction mechanism occurring widely in organisms ranging from prokaryotes to people (Brown et al. 2000). It was first uncovered a dozen years ago during efforts to understand diseases that are far more common in the aging populations of industrialized societies than are parasitic diseases: atherosclerosis and Alzheimer's disease.

# γ Secretase

Among the hallmarks of Alzheimer's disease are the socalled amyloid plaques that are associated with neurodegeneration. These plaques are formed largely of protein fragments from the amyloid precursor protein (APP). Release of these fragments, called amyloid  $\beta$  peptide, requires two separate cleavages by two distinct enzymes:  $\beta$ secretase and  $\gamma$  secretase.

 $\beta$  Secretase (or BACE) is an aspartyl protease . Its active site lies within a large domain that is disposed to the lumen of the secretory pathway. BACE is anchored to the membrane by a single membrane-spanning helix.  $\gamma$ Secretase is a large complex composed of multiple polypeptide chains (Kimberly et al. 2003) including presenilin, which harbors the active site. The presenilins were originally identified by their genetic association with



**Figure 1.** Surface receptor capping in *Entamoeba histolytica*. Cartoons show amoeba cells. (*A*) Once antigens on the amoeba surface are recognized by host immune components (indicated by black line), they are rapidly translocated toward the posterior pole (arrows). (*B*) At the posterior end, membranes harboring surface receptors form into a complex array of vesicles termed the uroid prior to being shed (Silva et al. 1975).

predisposition to early-onset Alzheimer's disease in certain families. They are aspartyl proteases comprised of multiple membrane-embedded helices.

Amyloid  $\beta$  is released in two sequential steps: First,  $\beta$  secretase cleaves APP within its luminal domain, near the surface of the membrane, and then  $\gamma$  secretase cleaves it within its membrane-spanning helix (Selkoe 1996). In addition to APP, presenilins are required for the cleavage of other proteins such as Notch (Baumeister et al. 1997; De Strooper et al. 1999).

# Site-2 protease (S2P)

Excessively high levels of cholesterol in the bloodstream, hypercholesterolemia, leads to atherosclerosis, vascular disease, and death. Efforts to understand the global regulation of cholesterol metabolism in cells lead to the identification of the sterol regulatory elementbinding protein (SREBP) transcription factors (Brown and Goldstein 1999). SREBPs are made as precursors that reside initially in the ER membrane, owing to their two membrane-spanning helices. The transcriptionally active N-terminal domain is released from the membrane by sequential cleavage of the precursor by two distinct proteases. The site-1 protease, a typical serine protease of the secretory pathway, anchored to the membrane by a single membrane-spanning helix, cleaves SREBPs in the short luminal sequence that separates its two membrane-spanning helices. The second cleavage occurs near the membrane surface, within the first membrane-spanning helix (Sakai et al. 1996; Duncan et al. 1998).

Cloning and sequencing the S2P cDNA revealed S2P to be a large, unusually hydrophobic metalloprotease unrelated to any previously described protein. Topological studies suggested that the active site was at or within the plane of the bilayer (Zelenski et al. 1999). This inference is supported by recent crystal structure analysis of a bacterial S2P homolog (Feng et al. 2007).

S2P was the first intramembrane-cleaving protease (or I-CliP) (Wolfe et al. 1999a) to be identified (Rawson et al. 1997). Subsequently, the presenilins were shown to be the  $\gamma$  secretases (Wolfe et al. 1999b). These observations lead to the recognition of regulated intramembrane proteolysis as a widespread and ancient signal-transduction mechanism (Brown et al. 2000).

# Signal peptide peptidase (SPP)

Studies of the fate of cleaved signal peptides lead to the identification of another family of aspartyl intramembrane proteases, the signal peptide peptidases (Weihofen et al. 2002). Outside of their conserved active sites, SPP and presenilin show no significant sequence similarity and SPP cleaves type II (N terminus cytoplasmic) membrane-spanning helices rather than type I (N terminus extracytoplasmic) helices (Dev et al. 2006).

S2P, the presenilins, and SPP share a requirement for prior cleavage of the substrate by a different protease before they can act. S2P substrates are the product of S1P cleavage (Rawson et al. 1997; Ye et al. 2000b), while APP needs to be cleaved by  $\beta$  secretase before being cleaved by presenilins. Signal peptides are released from their precursor proteins by signal peptidase prior to cleavage by SPP (Weihofen et al. 2002).

# Rhomboid

Analysis of *Drosophila* mutants harboring defects in epidermal growth factor (EGF) signaling revealed a fourth family of intramembrane cleaving proteases, the rhomboids (Urban et al. 2001). These were shown to be serine proteases. Unlike the other intramembrane proteases, rhomboids show no requirement for prior cleavage of the substrate.

In contrast to most other proteases, intramembranecleaving proteases evince little sequence specificity at or around the scissile bond. Some seem to require motifs distant from the site of cleavage (Hua et al. 1996; Lohi et al. 2004). For example, in cell-based assays of S2P activity, the residues flanking the scissile bond within the first membrane-spanning helix of SREBP could be substituted without affecting cleavage (Duncan et al. 1998), but a pair of asp–pro residues 11 residues distal to the site of cleavage proved crucial (Ye et al. 2000a). The asp–pro sequence, like other "helix-breaking" motifs, can form a boundary between the N-terminal end of an  $\alpha$  helix and more extended structures (Richardson and Richardson 1988).

Peptide bonds within an  $\alpha$  helix are refractory to hydrolysis and the scissile bond must adopt an extended conformation in order to be cleaved. The helix-breaking residues probably serve to stabilize the partially unwound helices that are thought to be the substrates for intramembranous cleavage (Ye et al. 2000a). In common with other I-Clips such as S2P and SPP, rhomboids also require helix-breaking motifs within their substrates (Lemberg and Martoglio 2002; Urban and Freeman 2003). Potential substrates for I-CLiPs may be identified by searching data bases for predicted membrane-spanning helices that harbor these helix-breaking motifs. Using this approach, for example, several proteins from the parasite Toxoplasma gondii were identified, tested, and shown to be substrates of rhomboid proteases (Urban and Freeman 2003).

*T. gondii* is an apicomplexan and an obligate intracellular parasite. The apicomplexans use active mechanisms to invade host cells. In contrast to other intracellular parasites, these mechanisms do not rely on the host endocytic machinery. Invasion requires *T. gondii* to bind to host cell receptors with high affinity. The parasite then reorients itself so that its apical end is disposed to the host cell plasma membrane. Interactions between the parasite cytoskeleton and the cytoplasmic domain of its host protein-binding proteins enable apicomplexans to force themselves into their hosts. Interactions between the host and parasite must then be undone in order to complete entry and form the distinctive parasitophorous vacuole.

One way these parasites undo interactions with host

surface proteins is through intramembrane proteolysis of the interacting proteins (Opitz et al. 2002; Zhou et al. 2004). Additional studies identified the *Toxoplasma* rhomboids required for key cleavage events during host cell invasion and intracellular growth (Zhou et al. 2004; Brossier et al. 2005, 2008). Similar rhomboids have been found in all other apicomplexans for which genomic sequences are available, including *Cryptosporidium* and *Plasmodium* species (Dowse and Soldati 2005), where they appear to play similar roles (O'Donnell et al. 2006; Singh et al. 2007). Most parasites do not use active entry into host cells, however, and the role of rhomboids in other parasites has remained unclear.

### Entamoeba histolytica

In contrast to the baroque life cycles pursued by many parasites, that of *E. histolytica* seems prosaically uncomplicated. This protist passes from human host to human host by the simple expedient of fecal-to-oral transmission of tetranucleate cysts. These enter the host through contaminated food or water. Once in the lumen of the gut, excystation and division produce eight trophozoites from each cyst. The trophozoites migrate to the large intestine, where they attach to the mucosa and multiply by binary fission. Most remain attached to the mucosa, where they feed on intestinal bacteria. At this stage, no symptoms of disease are present. Some trophozoites undergo encystation and are excreted in the feces, thus perpetuating the cycle.

Occasionally, some trophozoites invade the intestinal mucosa, establishing a symptomatic infection accompanied by the cellular lysis for which the species is aptly named. This results in characteristic flask-shaped lesions within the enteric tissue. In a few cases, the amoebae progress through host tissues and into the bloodstream, enabling them to invade other organs (principally the liver, but also the brain and lungs) and form potentially lethal amebic abscesses (Haque et al. 2003).

At each of these stages, the invader is subject to attack by the immune system: principally IgG in tissues and blood, IgM in the gut. To avoid the consequences of having its surface antigens recognized by immunoglobulins, *E. histolytica* uses a strategy of actively sequestering opsonized surface antigens to its posterior pole, in an area of enfolded membrane called the uroid (Fig. 1). Once there, the antigens are shed. This presumably allows the amoeba to go about its business unmolested. Transport of surface proteins to the uroid is reminiscent of "capping" in lymphocytes and was first described for *E. histolytica* more than 30 years ago (Da Silva and Martinez-Palomo 1974; Silva et al. 1975).

Owing to its apparent importance in allowing the amoeba to survive in an immunocompetent host, the process of capping and uroid formation has been vigorously studied. Polarized movement of surface antigens involves actin and myosin (Arhets et al. 1995); agents that disrupt the cytoskeleton block capping and uroid formation (Espinosa-Cantellano and Martinez-Palomo 1994). Cytoskeletal involvement in the polarized transport of opsonized surface proteins is clear; the mechanisms responsible for shedding these antigens are less well characterized.

# Amoebal proteases

The genome *E. histolytica* encodes at least 45 proteases, three-quarters of which are cysteine proteases (Loftus et al. 2005). Some amoebal proteases are intracellular and others are found on the cell surface, while yet others are secreted into the surroundings. The expression of proteases correlates with virulence (Gadasi and Kessler 1983; Keene et al. 1990; Hirata et al. 2007), owing, in part, to their role in degrading the intestinal mucus barrier (Moncada et al. 2005, 2006; Lidell et al. 2006). Amoebal proteases are also involved in contact-dependent lysis of host cells (Singh et al. 2004) and in the degradation of host immune factors (Herdman et al. 1997; Tran et al. 1998). Thus, amoebal proteases are well-established contributors to virulence and disease.

The genome of E. histolytica encodes a single rhomboid protein harboring the residues necessary for catalysis, EhROM1 (Baxt et al. 2008) This was unexpected, since most eukaryotic genomes encode multiple catalytically competent rhomboids. Biochemical analyses of EhROM1 activity reveal that it differs from most other rhomboids in not being able to cleave Spitz, the first rhomboid substrate identified. Instead, EhROM1 can cleave adhesin molecules from P. falciparum. These substrates have small helix-relaxing residues within the Nterminal half of their membrane-spanning helices, preceded by large aromatic residues, features that render them refractory to cleavage by most other rhomboid proteases. Thus, EhROM1 shares similar specificity with a P. falciparum rhomboid, PfROM4, that cleaves the adhesins during host cell invasion (Baker et al. 2006). A search of the E. histolytica genome for substrates harboring the noncanonical motif turned up five genes encoding the large subunit of the Gal/GalNAc lectin. This lectin is important during development, invasion of host tissues, and evasion of the immune response (Petri et al. 2002).

Intriguingly, in two seemingly unrelated processes, phagocytosis and surface receptor capping, EhROM1 and Gal/Gal-NAc lectin colocalize. Most proteins associated with capping have been found to accumulate within the uroid itself, presumably as cargo. EhROM1, on the other hand, accumulates in a cup shape at the base of the uroid. This suggests that rather than being cargo, the amoebal rhomboid plays an active role in the formation or the release of the uroid and its associated surface receptors.

# Conclusion

Examples of intramembrane proteolysis are known from all kingdoms of life. Although originally recognized as a widespread mechanism of signal transduction, recent findings expand its roles to other cellular functions. In apicomplexans like *T. gondii* and *P. falciparum*, rhomboids participate in the active invasion of host cells by cleaving adhesins and are thus essential for these obligate intracellular parasites (Brossier et al. 2005, 2008; Baker et al. 2006).

The current report by Baxt et al. (2008) implicates E. histolytica EhROM1 in phagocytosis and surface receptor shedding during immune evasion. EhROM1 is therefore expected to be an essential gene in this protozoan. As such, the single rhomboid from *E. histolytica* may be an attractive, selective target for antiamoebal chemotherapy. Moreover, identification of roles for EhROM1 and PfROM4 in the cleavage of adhesion proteins indicates that this role for intramembrane proteolysis predates the divergence of amoebas and apicomplexans. It may be that the original I-CliPs played similar roles before putative gene duplication events permitted their cooption into signaling pathways. The findings of Baxt et al. (2008) also suggest a productive avenue for the investigation of the other eukaryotic rhomboids whose functions are currently unknown.

# Acknowledgments

Thanks to Kaori Tanaka and Krista Matthews for helpful comments. Work in the Rawson laboratory is supported by the National Institutes of Health and the Perot Family Foundation.

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