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## Phase II trial of single agent cetuximab in patients with persistent or recurrent epithelial ovarian or primary peritoneal carcinoma with the potential for dose escalation to rash

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### Abstract

**Objectives**—Determine if cetuximab dose escalation to induce grade 2 rash correlates with anti-tumor activity and if sera-based markers could predict likelihood of response.

**Methods**—Patients with persistent/recurrent ovarian or primary peritoneal carcinoma received an initial dose of cetuximab 400 mg/m<sup>2</sup>, then 250 mg/m<sup>2</sup> weekly for two 3-week cycles. Patients who had stable disease (SD) and <grade 2 rash were dose escalated in 75 mg/m<sup>2</sup> increments every 3 weeks until grade 2 rash or to a maximum weekly dose of 400 mg/m<sup>2</sup>. Pre- and post-treatment serum samples were evaluated for potential predictive markers of response.

**Results**—One of 25 patients achieved partial remission (PR) and 9 patients had SD. The median progression free survival was 2.1 months; the 1-year survival rate was 54.8%. Rash (96%) was the most common drug-related adverse event. At first response assessment, 4 patients remained at 250 mg/m<sup>2</sup>; 8 patients were dose-escalated to 325 mg/m<sup>2</sup>; of these, 4 ultimately were increased to 400

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mg/m<sup>2</sup>. Patients with progressive disease (PD) were removed from the study. Ninety-two serologic markers were analyzed from 20 patients to identify markers associated with clinical activity and/or predictive of outcome. Pretreatment levels of twelve markers were significantly elevated in patients exhibiting PD versus SD or PR; however, changes in marker levels during the course of treatment were not significant indicators of response.

**Conclusions**—Single-agent cetuximab showed minimal activity in patients with recurrent ovarian cancer. Patients with elevated levels of 12 serologic markers at baseline were more likely to have earlier disease progression.

### Keywords

Ovarian cancer; Clinical trial; Cetuximab; Serum proteomics; Phase II

## Introduction

Ovarian cancer is the leading cause of death among women with gynecologic malignancies. Ovarian cancer accounted for an estimated 22,430 new cases and 15,280 deaths in 2007 [1]. Epithelial ovarian cancer accounts for nearly 90% of all ovarian malignancies [2]. The standard therapy for advanced ovarian carcinoma is maximal cytoreductive surgery followed by platinum-based chemotherapy. In women treated with platinum-containing combinations as primary therapy, the response rates are 60-90%, with complete responses being most common in women who have optimal surgical cytoreduction. Despite these high response rates, most patients eventually die of disease persistence or recurrence, and long-term survival remains approximately 15-30% [2]. The addition of a third cytotoxic drug has not thus far resulted in increased survival [3]. Research is now focused on the evaluation of combining biologic agents with primary chemotherapy.

The epidermal growth factor (EGF) receptor (EGFR) is a member of the ERBB receptor tyrosine kinase family that consists of four structurally similar but functionally distinct membrane glycoproteins [4]. EGFR activation stimulates multiple cellular processes including cell cycle progression, inhibition of apoptosis, angiogenesis, tumor cell motility and metastasis [5]. Growth factors, such as the EGF and transforming growth factor- $\alpha$ , are potent mitogens for several human epithelial cell types including ovarian and have been implicated in cancer development and resistance to cisplatin [6,7]. Thus, interruption of the mitogenic signaling pathways associated with EGFR tyrosine kinase is likely to inhibit cell proliferation of malignant tumors. EGFR expression in ovarian cancer is correlated with poor prognosis for patient survival making it a potential target in new regimens combining biologics and chemotherapy.

Cetuximab (Erbix<sup>®</sup>, Bristol-Myers Squibb, New York, NY) is a chimeric monoclonal antibody which blocks the binding of EGF to its receptor, thus inhibiting ligand induced autophosphorylation of the receptor [8]. In addition, cetuximab leads to EGFR internalization effectively removing the receptor from the cell surface preventing further interaction with ligand. Cetuximab is now an integral part of the therapy in metastatic colorectal cancer (mCRC) and in advanced head and neck cancer [9-11].

The present study was conducted to determine the safety and efficacy of single agent cetuximab for the treatment of persistent or recurrent epithelial ovarian or primary peritoneal carcinoma. An association between the development of an acneiform skin rash and response to cetuximab-containing therapy has been observed [12-15]. Thus, this trial was designed with dose escalation to titrate dose to a grade 2 skin rash to assure delivery of sufficient drug to obtain a biological effect.

## Materials and methods

### Patients

Women age 18 and older with a histologic diagnosis of persistent or recurrent epithelial ovarian carcinoma or primary peritoneal carcinoma were eligible for this trial. Patients' tumors had to demonstrate any degree of EGFR expression by immunohistochemistry using Dako kits (Dako North America, Carpinteria, CA) centrally performed by ImPATH Predictive Oncology (New York, NY). Patients were permitted to have up to two prior cytotoxic regimens and were required to have a platinum free interval of less than or equal to 12 months. Patients must have recovered from recent surgery, radiation therapy or chemotherapy.

Other eligibility criteria included GOG Performance Status of 0-2 if the patient received one prior regimen; GOG Performance Status of 0 or 1 if the patient received 2 prior regimens; adequate bone marrow (absolute neutrophil count  $\geq 1500/\mu\text{l}$ ), renal (serum creatinine  $\leq 1.5 \times$  upper limit of normal, and hepatic (bilirubin  $\leq 1.5 \times$  upper limit of normal, hepatic transaminases and alkaline phosphatase  $\leq 1.5 \times$  upper limit of normal) function. Patients provided written informed consent consistent with federal, state, and institutional requirements. The protocol was approved by the institutional review boards at each participating institution and done in accordance with assurances filed with and approved by the Department of Health and Human Services.

### Treatment plan

Patients received single agent cetuximab in cycles consisting of 21 days. The initial dose of cetuximab was  $400 \text{ mg}/\text{m}^2$  IV administered over 120 min followed by weekly IV infusions of cetuximab  $250 \text{ mg}/\text{m}^2$  administered over 60 min.

At the end of the second cycle (week 6), response was evaluated radiographically by CT or MRI scans. Patients who achieved complete or partial remission (CR, PR) or stable disease (SD) and developed grade 2 rash, continued to receive weekly infusions of cetuximab  $250 \text{ mg}/\text{m}^2$  until disease progression or unacceptable toxicity. Patients with SD and <grade 2 rash had their weekly dose escalated by  $75 \text{ mg}/\text{m}^2$  (administered over 90 min) for one cycle (cycle 3) if there were no other drug-related grade 3 nonhematologic toxicities in prior cycles.

At the end of the third cycle (week 9), patients with CA-125 levels that had decreased by 10% or more from the week 6 CA-125 level continued to receive  $325 \text{ mg}/\text{m}^2$  weekly of cetuximab until disease progression or unacceptable toxicity. Patients with CA-125 levels that did not show response (increased or remained stable, i.e., decreased by <10% from the CA-125 value obtained at week 6), and who had <grade 2 rash, had their doses escalated by  $75 \text{ mg}/\text{m}^2$  to a dose of  $400 \text{ mg}/\text{m}^2$  weekly if there were no other drug-related grade 3 nonhematologic toxicities in prior cycles; treatment continued until disease progression or unacceptable toxicity. Patients with grade 2 rash, regardless of CA-125 level, continued to receive weekly infusions of  $325 \text{ mg}/\text{m}^2$  (or current dose) until the next radiographic response assessment. The maximum dose of cetuximab administered was  $400 \text{ mg}/\text{m}^2$  weekly since previously generated pharmacokinetic data showed EGFR saturation at this dose [16].

To prevent cetuximab-related hypersensitivity reactions, patients were premedicated with diphenhydramine hydrochloride 50 mg (or an equivalent antihistamine) intravenously before the first dose of cetuximab. Premedication was recommended before subsequent doses of cetuximab, but the premedication dose could be reduced at the discretion of the investigator.

### Assessment of efficacy and safety

Patients needed to have measurable disease at the start of study treatment and were evaluated for response according to the RECIST [17]. In addition, progression-free survival (PFS) and overall survival were measured. All patients who received cetuximab were evaluated for safety. Toxicity was graded according to the National Cancer Institute Common Toxicity Criteria version 2.0.

### Statistical analysis of clinical data

See Appendix (online only) for a description of the statistical analysis of the clinical data.

### Proteomic assessments

See Appendix (online only) for a description of the immunoassays (fluorescent bead-based and traditional ELISAs) performed in this study.

## Results

### Patient characteristics

Twenty-five patients were enrolled onto this study (Table 1), all of whom were EGFR positive. All were treated and included in the efficacy and safety analyses. Reasons for early discontinuation of study treatment included, study drug toxicity (1 patient), clinical deterioration without documented progression (1 patient) and ileus unrelated to cetuximab treatment (1 patient). These three patients received only the loading dose. Thus, there were 22 patients evaluable for response/dose escalation assessment.

Demographic and baseline characteristics are presented in Table 1. Sixteen patients had relapsed within 0-6 months of receiving firstline treatment (0-6 month group); 9 had relapsed within 6-12 months (6-12 month group). The median age was 58 years. Performance status was 0 (72%), 1 (20%), and 2 (8%). Seventy-two percent of patients had epithelial ovarian carcinoma, and the remaining 28% had primary peritoneal carcinoma. Twenty percent of patients had one prior regimen and 80% had two prior regimens.

Four patients in the 0-6 month group achieved a maximum cetuximab dose of 400 mg/m<sup>2</sup>. Among those who received 325 mg/m<sup>2</sup> as their highest dose were 3 patients in the 6-12 month group and 1 in the 0-6 month group. Fifteen patients remained at a dose of 250 mg/m<sup>2</sup> for the duration of the study, 9 in the 0-6 month groups and 6 in the 6-12 month group. Two patients in the 0-6 month group received only the loading dose of cetuximab. Figure S1 (Appendix, online only) shows a flow diagram describing the patients' initial treatment, dose escalation, and removal from the study.

### Efficacy

Efficacy results are presented in Table 2. One patient in the 0-6 month group achieved a PR with a 3.5 month duration yielding an overall response rate of 4%. The trial was stopped after the first 25 patients due to futility since there was only one objective response observed (in a patient with a serous carcinoma). Another 36% achieved SD (31% for the 0-6 month group and 44% for the 6-12 months group). The median PFS was 1.8 months (95% CI 1.3-2.6). The median overall survival was 13 months (95% CI 5.6- not reached). PFS and overall survival at the other time points are also listed in Table 2.

### Toxicity

Table 3 summarizes all of the reported grade 3 and 4 toxicities. The most common grade 3 toxicities were arthralgia, headache, and acneiform rash. One patient experienced a grade 4

infusion related reaction leading to the patient's discontinuation of study treatment. One other patient discontinued study treatment due to reclassification of the original tumor as being of gastrointestinal origin (this patient also had the aforementioned ileus). Overall, the most common toxicities for all grades were acneiform rash, headache, and asthenia/malaise.

The incidence and severity of the acneiform rash is summarized in Table 4 according to the worst CTC grade. The patient with the PR who received a maximum dose of 400 mg/m<sup>2</sup> weekly of cetuximab had a grade 3 rash. There were three patients who received maximum cetuximab doses of 400 mg/m<sup>2</sup> and achieved SD as their best response. Among the four patients who received a maximum dose of 325 mg/m<sup>2</sup>, 1 patient with SD experienced a grade 1 rash and 2 patients with SD experienced grade 2 rashes. Of the 14 patients administered 250 mg/m<sup>2</sup>, there were three patients whose maximum dose was 250 mg/m<sup>2</sup> who achieved SD. In addition, there were 11 patients receiving 250 mg/m<sup>2</sup> who had progressive disease (PD) and experienced rash including 7 with grade 1 rash, 3 with grade 2 rash, and 1 with grade 3 rash.

### Proteomic analysis

Proteomic assays were performed to evaluate serum proteins prior to and during the course of treatment to identify potential markers associated with clinical activity and/or predictive of outcome. Patient samples prior to cetuximab treatment were available from 10 of the 12 patients who showed PD, from all 9 patients who showed SD and the 1 patient who had a PR for serum-based proteomic analysis. For this analysis, the SD and PR patients were grouped together. Immunoassays for 92 markers including many cytokines and chemokines, growth and angiogenic factors, hormones, proteases, and apoptotic and cell adhesion molecules were performed on these 20 pretreatment samples. These markers were chosen because many have been reported to have an association with ovarian cancer [18-23] (A.E. Lokshin and A.K. Godwin, unpublished data) or in general are cancer antigens. Some are directly related to the cetuximab treatment itself, e.g., EGFR, TGF- $\alpha$ , amphiregulin, epiregulin. A complete list of the markers measured is provided in Table S1 (Appendix, online only).

SAM (Significance Analysis of Microarrays) methodology [24] was employed to compare the log-transformed, normalized serum measurements for the PD and PR/SD groups. Serum levels of 12 of the proteins were found to be significantly different between the two groups (at least a two-fold change with a false discovery rate (FDR) of at most 10%) (Fig. 1 and Table S2 (Appendix, online only)). These 12 proteins (SAA, cytokeratin 19, IL-8, HSP27, HE4, IL-6, MMP7, fibrinogen, GH, CA 72-4, TNF- $\alpha$  and KLK10) were all elevated in the PD group relative to the PR/SD group at the time treatment was initiated.

Sera from patients just prior to the start of cycle 3 (i.e. following 6 weeks of treatment) also were evaluated for levels of the same ninety-two markers measured in the pretreatment samples in order to answer the following questions: 1) What proteins are differentially expressed between PD and PR/SD groups at the start of cycle 3 and 2) what proteins show changes in expression relative to pretreatment levels following two cycles of treatment. For these measurements, sera were available from 7 out of the 12 patients who showed PD, 8 out of the 9 patients who showed SD and the one patient who had PR. A total of 20 proteins showed a significant difference between the two groups in these post-treatment serum samples (Fig. 2 and Table S3 (Appendix, online only)). Serum levels of all 20 proteins were elevated in the PD group relative to the PR/SD group.

When cycle 3 data were analyzed for changes in unique markers relative to pretreatment levels which would distinguish the PD and PR/SD groups, no such markers with significant differences from baseline levels unique to one group were observed. However, when we analyzed these data for changes in marker levels from baseline levels within a particular group (either the PD or PR/SD), we did observe increased levels of 12 markers in the PD group and

2 markers in the PR/SD group. The PR/SD group also showed 2 markers with decreased levels relative to baseline values. The results of these analyses are reported in Table S4 (Appendix, online only).

## Discussion

Cetuximab has become part of the standard of care in the treatment of mCRC and locally advanced and metastatic head and neck cancer [9-11]. Monoclonal antibodies against EGFR have a different spectrum of activity compared with small molecule tyrosine kinase inhibitors (TKIs) [25]. For example, monoclonal antibodies against EGFR are active in colon cancer while small molecule TKIs are not. We and others have shown that gefitinib and erlotinib were inactive in recurrent ovarian carcinoma [26,27]. The low response rate correlated with a low activation mutation rate of EGFR [26,27]. More recently, EMD72000 (matuzumab) has been reported as inactive but well tolerated in patients with recurrent ovarian cancer [28]. Only 5% of the patients had PFS greater than 6 months.

There is a known correlation between clinical outcome and the intensity of skin rash in patients with mCRC treated with cetuximab [14]. Similar results were reported in patients with ovarian cancer treated with erlotinib and gefitinib [26,27]. In light of these findings, the current trial was designed to evaluate if cetuximab, dose escalated to induce grade 2 acneiform rash, to ensure delivery of a biologically active dose, would increase the response rate in patients with recurrent ovarian carcinoma. The low level of clinical efficacy and small number of patients in this trial precludes identifying a relationship between dose and response. In a similar but larger trial involving 166 evaluable patients with mCRC, dose escalation of single agent cetuximab to grade 2 rash improved its response rate [14].

Cetuximab has been combined with carboplatin and paclitaxel as front-line treatment in a feasibility trial [29]. The data from the first 17 accrued patients showed that combination was well tolerated. Median PFS of 14.4 months though was not better than that observed in large frontline trials such as GOG 182 (approximately 16 months) [3] although clearly, comparisons with historical controls are not conclusive. EGFR targeted therapy seems to have minimal activity as a single agent treatment and offers little improvement when combined with chemotherapy in the treatment of epithelial ovarian carcinoma.

While the development of cetuximab has explored clinical utility by evaluating its use in nearly all subjects, efforts are needed to better identify patients more likely to benefit from this therapy. A targeted approach to patient selection could potentially improve survival, spare patients' needless toxicity and reduce expenses associated with futile therapy. It may also be possible to accelerate the development of cetuximab in front-line indications by enrichment of clinical trial populations with those patients that are more likely to respond. For example, we and others have shown that mCRC patients with a mutation in *K-RAS* are less likely to respond to cetuximab [30-33]. Other studies have since discovered that the *K-RAS* mutation also predicts response to a related drug, panitumumab [34,35]. Although *K-RAS* mutations have been reported in ovarian cancers, especially the mucinous subtype [36], it is unlikely that lack of activity observed in our trial can be attributed to RAS mutations. In addition, we have reported previously that expression and/or mutation of the EGFR was associated with response to another EGFR inhibitor, gefitinib [27]; however we have no evidence that either were a factor in the clinical responses observed in this trial. Therefore, additional progress is needed to identify biomarkers that may prove useful for selecting ovarian cancer patients with an improved chance of responding to therapy [37].

In this aspect, a goal of this study was to assess the utility of screening the serum of patients for proteins potentially associated with drug activity and/or clinical outcome. Many clinical

trials incorporate correlative components including serum proteomic analysis to identify predictors of response to therapy [38-45]. However, most of these studies are limited in the scope of markers evaluated. Tumors have systemic effects that are best evaluated by monitoring the numerous proteins that represent a variety of pathways. The predictive capabilities of multi-marker combinations tend to be superior to any single marker [19,20,23,46-48]. The current study incorporated multiplexed immunoassays to measure nearly 100 serum proteins as part of this multi-center Phase II clinical trial. Unfortunately, our study was limited due to the number of patients showing clinical response, thus precluding enrollment of patients in this two-stage study design. Nevertheless, we identify 12 markers whose baseline levels were significantly elevated in patients who had PD relative to PR/SD (Fig. 1 and Table S2). These proteins remained elevated following two cycles of cetuximab treatment (Fig. 2 and Table S3) suggesting these may be important prognostic markers rather than predictors of response to therapy.

The markers identified include several cytokines (IL-6, IL-8, TNF- $\alpha$ ) that have immunomodulatory properties, serum levels of which have all been well documented to be associated with ovarian cancer [49-60]. Proteases (MMP7 and KLK10) that may facilitate metastasis have also been reported to be associated with ovarian cancer [21,61-65]. HE4 is a relatively novel serum marker that has been recently reported as well [66-68]. Most of the remaining markers have also been reported in serologic evaluations related to ovarian cancer [69-72]. These reports and the current data warrant further validation of these markers as being predictive of disease progression. The promise of personalized medicine is gaining ground; however, a quick and easy test to direct an entire course of treatment is not yet reality. The ability to scan a patient's tumor tissue and/or blood for proteins, genes, or other traces of molecular information that will delineate the specific nature of that individual's disease is technically possible. The type of exploratory studies we report are necessary and timely to advance personalized care for ovarian cancer patients, but will clearly benefit greatly from larger trials with more favorable responses. Nevertheless, personalized care, once the appropriate markers are discovered, will have profound implications for patients, their physicians, and the entire pharmaceutical industry.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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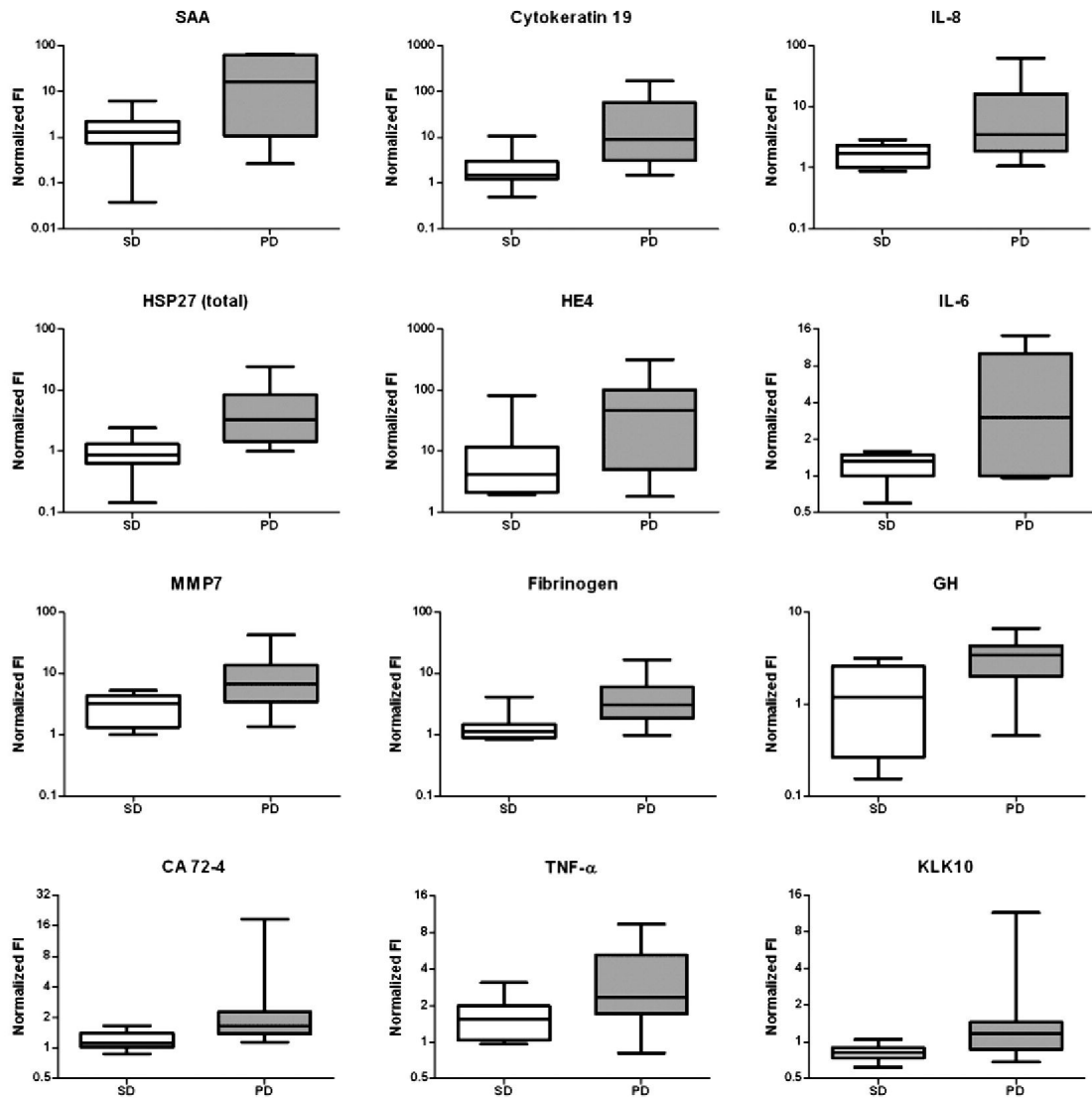


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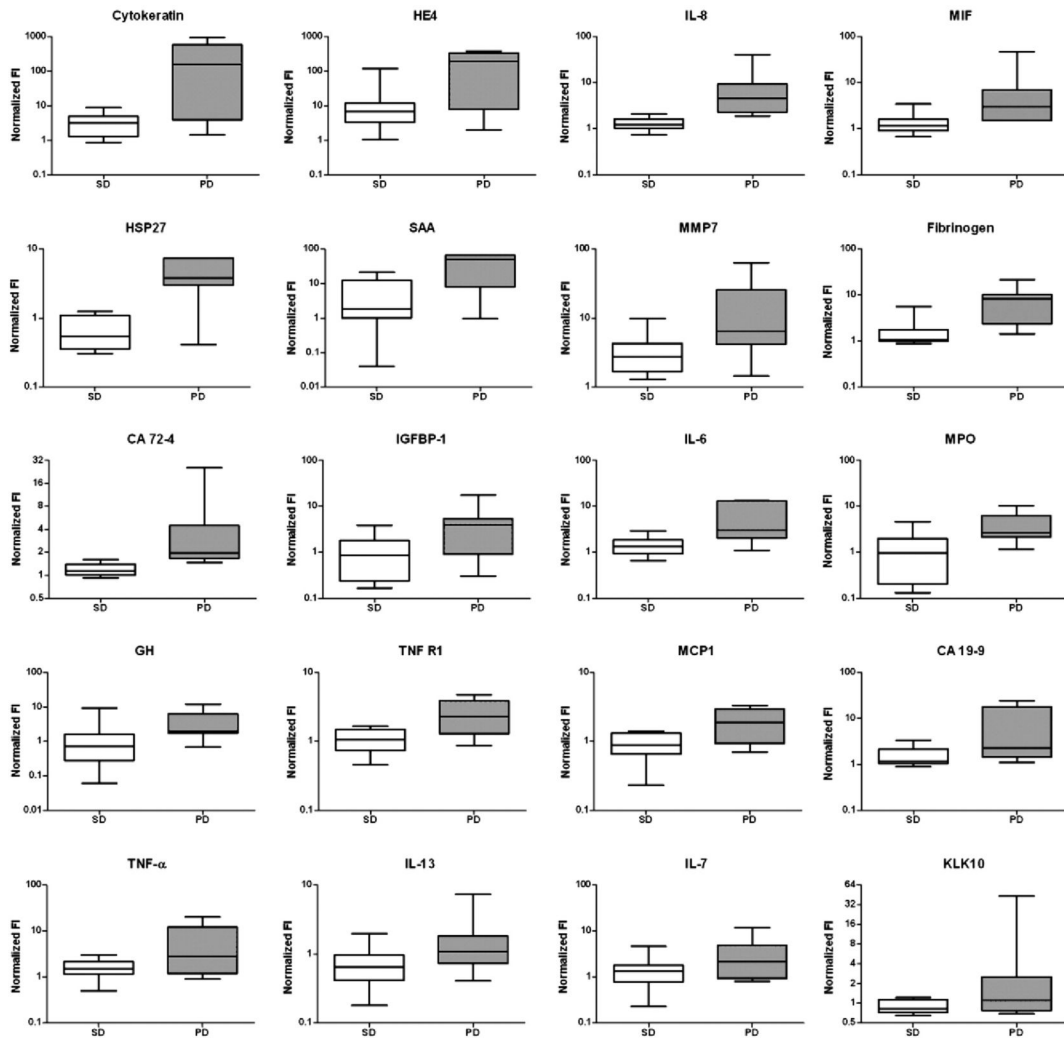
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**Fig. 1.** Box plots show normalized fluorescent intensity values of protein markers in pretreatment serum samples from patients who displayed SD or a PR (white boxes) and patients who displayed PD (gray boxes). Only markers with a  $\geq$  two-fold difference between the two groups and a  $\leq$ 10% FDR are shown.



**Fig. 2.** Box plots show normalized fluorescent intensity values of protein markers in serum samples post treatment from patients who displayed SD or a PR (white boxes) and patients who displayed PD (gray boxes). Only markers with a  $\geq$  two-fold difference between the two groups and a  $\leq$ 10% FDR are shown.

**Table 1**

## Patient characteristics

Number of patients screened	28
Treated and evaluable	25
Age (years)	
Median	58
Range	31-79
Performance status <sup>a</sup>	
0	18 (72%)
1	5 (20%)
2	2 (8%)
Primary disease site <sup>a</sup>	
Ovary	18 (72%)
Peritoneum	7 (28%)
Histological subtype	
Serous adenocarcinoma	22
Clear cell	1
Mixed	1
Undifferentiated	1
Number of prior cytotoxic chemotherapy <sup>a</sup>	
1	5 (20%)
2	20 (80%)
Platinum resistant <sup>b</sup> (0-6 months)	16
Platinum sensitive (6-12 months)	9
Time since initial diagnosis (months)	
Median	15.9
Range	5-52

<sup>a</sup> Percentages are based on the total number of all treated subjects.

<sup>b</sup> Platinum-free interval refers to time from initial therapy to first relapse.

**Table 2**

## Outcome statistics

	Relapse within 0-6 months (n = 16)	Relapse within 6-12 months (n = 9)	Total (n = 25)
Overall response	1 (6.3%)	0	1 (4%)
Stable disease	5 (31.3%)	4 (44.4%)	9 (36%)
Progression-free survival			
Median, months	1.6 (1.3-2.7) <sup>a</sup>	2.1 (1.4-2.6) <sup>a</sup>	1.8 (1.3-2.6) <sup>a</sup>
@ 4 months	4 (25%)	1 (11.1%)	5 (20%)
@ 6 months	3 (18.8%)	0	3 (12%)
@ 12 months	0	0	0
Overall survival			
Median, months	8.2 (5.6-NR) <sup>b)a</sup>	NR <sup>b</sup> (13.6-NR) <sup>b)a</sup>	13 (5.6-NR) <sup>b)a</sup>
@ 4 months	14 (87.5%)	9 (100%)	23 (92%)
@ 6 months	10 (62.5%)	9 (100%)	19 (76%)
@ 12 months	3 (37.5%)	7 (77.8%)	10 (40%)

<sup>a</sup>95% confidence interval.

<sup>b</sup>NR = not reached.

**Table 3**

Grade 3 or 4 toxicities- all treated patients

<i>n</i> = 25	Any grade	Grade 3	Grade 4
Acneiform rash	24 (96%)	2 (8%)	0
Arthalgias	4 (16%)	2 (8%)	0
Headache	12 (48%)	2 (8%)	0
Asthenia/Malaise	11 (44%)	1 (4%)	0
Chills	9 (36%)	0	0
Nausea	7 (28%)	0	0
Stomatitis	6 (24%)	0	0
Constipation	6 (24%)	0	0
Diarrhea	5 (20%)	0	0
Infusion reaction	1 (4%)	0	1 (4%)



**Table 4**  
Tumor response and acneiform rash severity by maximum dose

Dose	Number of patients	Responses at each dose and grade
	22 <sup>a</sup>	
250 mg/m <sup>2</sup> rash		
Grade 0,1	8	1SD <sup>b</sup> , 7PD <sup>c</sup>
Grade 2	5	2SD, 3PD
Grade 3	1	1PD
325 mg/m <sup>2</sup> rash		
Grade 0,1	1	1SD
Grade 2	3	2SD, 1UD <sup>d</sup>
Grade 3	0	
400 mg/m <sup>2</sup> rash		
Grade 0,1	1	1SD
Grade 2	2	2SD
Grade 3	1	1PR <sup>e</sup>

<sup>a</sup> 3 patients received only the loading dose (1 due to rapid progression; 1 due to severe hypersensitivity reaction; 1 due to reclassification of original histology).

<sup>b</sup> SD = stable disease.

<sup>c</sup> PD = progressive disease.

<sup>d</sup> UD = undeterminable.

<sup>e</sup> PR = partial remission.