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# Ribonuclear foci at the neuromuscular junction in myotonic dystrophy type 1

#### T.M. Wheeler, M.C. Krym, and C.A. Thornton

Department of Neurology, University of Rochester, 601 Elmwood Ave, Box 673, Rochester, NY 14642

# Abstract

In myotonic dystrophy type 1 (DM1) the muscle fibers express RNA containing an expanded CUG repeat (CUG<sup>exp</sup>). The CUG<sup>exp</sup> RNA is retained in the nucleus, forming ribonuclear foci. Splicing factors in the muscleblind (MBNL) family are sequestered in ribonuclear foci, resulting in abnormal regulation of alternative splicing. In extrajunctional nuclei, these effects on splicing regulation lead to reduced chloride conductance and altered insulin receptor signaling. Here we show that CUG<sup>exp</sup> RNA is also expressed in subsynaptic nuclei of muscle fibers and in motor neurons in DM1, causing sequestration of MBNL1 protein in both locations. In a transgenic mouse model, expression of CUG<sup>exp</sup> RNA at high levels in extrajunctional nuclei replicates many features of DM1, but the toxic RNA is poorly expressed in subsynaptic nuclei and the mice fail to develop denervation-like features of DM1 myopathology. Our findings indicate that subsynaptic nuclei and motor neurons are at risk for DM1-induced spliceopathy, which may affect function or stability of the neuromuscular junction.

# Keywords

myotonic dystrophy; DMPK; dystrophia myotonica kinase; MBNL1; muscleblind; neuromuscular junction; subsynaptic nuclei; RNA disease

# 1. Introduction

Myotonic dystrophy type 1 (DM1) is the most common muscular dystrophy in adults. The clinical features include myotonia, progressive myopathy, defects of cardiac conduction, and cataracts.

DM1 is caused by expansion of a CTG repeat in the gene encoding dystrophia myotonicaprotein kinase (DMPK) [1]. A multi-step model for DM1 pathogenesis has been proposed [reviewed in reference 2]: (1) the mutant gene is transcribed, giving rise to transcripts that contain an expanded CUG repeat (CUG<sup>exp</sup>) [3]; (2) the CUG<sup>exp</sup> transcripts accumulate in RNA nuclear (ribonuclear) foci [4]; (3) RNA binding proteins, including muscleblind 1 (MBNL1), are sequestered in the ribonuclear foci [5,6]; (4) altered activity of splicing factors, such as MBNL1 and CUG binding protein 1, leads to abnormal alternative splicing for a sub-group of

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Corresponding author: Charles Thornton, MD, Box 673 URMC, 601 Elmwood Avenue, Rochester, NY 14642, charles\_thornton@urmc.rochester.edu, tel: 585.275.2542, fax: 585.273.1255.

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pre-mRNAs [7,8]; and (5) expression of inappropriate splice products leads to symptoms of DM1. For example, CUG<sup>exp</sup> RNA triggers abnormal alternative splicing of the ClC-1 chloride channel, and the predominant ClC-1 splice products expressed in DM1 muscle are devoid of ion channel activity [9-11]. Deficiency of ClC-1 channels contributes to myotonia in DM1, and can be reversed in a transgenic mouse model by overexpressing MBNL1 to levels that exceed the capacity of CUG<sup>exp</sup> RNA to sequester proteins [12]. Thus, effects of DM1 in a particular nucleus depend, at least in part, on the level of CUG<sup>exp</sup> RNA in relation to supplies of MBNL proteins.

The muscle endplate is specialized for post-synaptic functions of the neuromuscular junction (NMJ). These specializations result from increased transcription of synapse-specific genes in the junctional nuclei [13-15], coupled with posttranscriptional regulatory mechanisms in the subsynaptic domain [14]. Initial studies of DMPK protein showed immunolocalization at the endplate, suggesting a role for this kinase in the function or maintenance of the NMJ [16,17]. However, neuromuscular transmission was normal in DMPK knockout mice [18], and endplate staining was not observed using monospecific anti-DMPK monoclonal antibodies [19], raising questions about whether DMPK is expressed significantly at the NMJ. To address this question and determine whether subsynaptic nuclei and motor neurons are at risk for spliceopathy in DM1, we examined the expression of CUG<sup>exp</sup> RNA, DMPK protein, and MBNL1 protein at the NMJ in DM1 patients and in transgenic mouse models.

## 2. Materials and Methods

#### 2.1. Tissue samples

Neuromuscular junctions were identified by Alexa 488-tagged  $\alpha$ -bungarotoxin ( $\alpha$ -BTX, Invitrogen) binding (see below). By examining 35 DM1 muscle biopsies, we identified NMJs in 3 samples. We also identified NMJs in 3 disease controls. Spinal cord tissue was obtained at autopsy and stored at -70°C. *HSA*<sup>LR</sup> transgenic mice that express CUG<sup>exp</sup> RNA in skeletal muscle were described previously [20]. CUG<sup>exp</sup> expression in these transgenic mice is controlled by regulatory elements from the human skeletal actin gene, which results in ribonuclear foci, myotonia, myopathy, and a spliceopathy that is similar to human DM1 [6]. Transgenic mice that express human DMPK (hDMPK) and mice with a targeted disruption of the DMPK gene were described previously [21].

# 2.2. Fluorescence in situ hybridization (FISH) and immunofluorescence (IF)

FISH and IF were performed on frozen sections as described previously [22]. The probe for FISH was a 2-*O*-methyl RNA 20mer oligonucleotide, consisting of CAG repeats and labeled at the 5' end with Texas red. Rabbit anti-hDMPK polyclonal antibody 5244 was generated against an E. coli-expressed 25 kD fusion protein. This fusion protein contains a polyhistidine peptide (MRGSHHHHHGMAS) fused to the coiled coil region of hDMPK (residues 367-581 in accession no. AAC14449). This region excludes the kinase homology domains of DMPK. IF was performed with primary antibodies against the following proteins: DMPK (antibody 5244, 1:2000), developmental myosin heavy chain (MHC) (1:60; Novacastra), MBNL1 (antibody A2764, 1:10,000 [6]), or choline acetyl transferase (Chemicon, 1:100). Secondary antibodies were labeled with Alexa 488, 568, or 594 (Invitrogen, 1:400). Where indicated, Alexa<sup>488</sup>- $\alpha$ -BTX (1:500) was incubated concurrently with secondary antibody.

#### 2.3. Immunoblot

COS-7 transformed monkey kidney cells were grown in DMEM with 10% fetal bovine serum. Cells were transiently transfected with a plasmid encoding full-length hDMPK using SuperFect Reagent (Qiagen) according to the manufacturer's recommendations. Lysates of COS-7 cells or tibialis anterior muscle from wild-type or hDMPK transgenic mice were prepared by

homogenization in buffer (1% NP-40, 150 mM NaCl, 20 mM Tris, pH 7.5, 0.1% SDS, 0.5% Na deoxycholate, and 5 mM EDTA). Lysates were resolved on 10% polyacrylamide gels, transferred to nitrocellulose membranes, blocked in 5% milk, and incubated at 4°C overnight in primary antibody (anti-DMPK at 1:2000, anti-GAPDH at 1:10,000, Biogenesis). After washing and incubation with secondary antibody (goat anti-rabbit IRDye 800, Rockland, goat anti-mouse Alexa 688, Invitrogen; 1:10,000), membranes were imaged using an infrared laser scanner (LiCor).

#### 3. Results

#### 3.1. Ribonuclear foci in subsynaptic nuclei

In each of 3 DM1 patients examined, FISH combined with  $\alpha$ -BTX staining showed ribonuclear foci in both subsynaptic and extrajunctional nuclei (Fig. 1a). The most prominent ribonuclear foci in sections of skeletal muscle tended to occur in subsynaptic nuclei. In addition, co-staining with  $\alpha$ -BTX and MBNL1 antibodies showed that MBNL1 was expressed and highly recruited into nuclear foci in subsynaptic nuclei in DM1 (Fig 1b). By contrast, in *HSA*<sup>LR</sup> transgenic mice, ribonuclear foci were abundant in extrajunctional myonuclei but sparse or entirely absent in subsynaptic nuclei (Fig 1c).

#### 3.2. Ribonuclear foci in motor neurons

In each of 3 DM1 spinal cords examined, FISH combined with IF for choline acetyl transferase (ChAT) demonstrated ribonuclear foci in motor neurons (Fig 2a,b). The most prominent nuclear foci in sections of lumbosacral and cervical cord tended to occur in large, ChAT-positive cells of the anterior horn. Ribonuclear foci were not observed in spinal cord from controls without neurologic disease, and in these samples the distribution of MBNL1 in the cytoplasm and nucleus of motor neurons was diffuse (Fig 2c). In DM1 motor neurons, however, MBNL1 was highly localized to ribonuclear foci (Fig 2d-f).

#### 3.3. DMPK protein at the NMJ

Because of questions raised [19] about antibody specificity in previous immunolocalization studies [16,17], we generated polyclonal antibodies against the coiled coil domain of hDMPK. This region of DMPK was selected because sequence similarity with other proteins was low. Ab5244 recognized bands of expected molecular weight by immunoblot of COS-7 cells transfected with an hDMPK expression construct (Fig 3a) and in muscle lysates prepared from hDMPK transgenic mice (Fig 3b). Although the immunogen had 79% sequence identity with mouse DMPK, Ab5244 recognition of murine DMPK by immunoblot was weak. As further evidence for specifity, IF with Ab5244 showed diffuse cytoplasmic staining in muscle fibers from hDMPK transgenic mice, whereas staining was absent in DMPK knockout mice (Fig 3c). In human muscle from disease controls, DMPK staining was increased in regenerating fibers, identified by co-expression of developmental MHC (Fig 3d). In muscle from DM1 patients and disease controls, DMPK staining was markedly increased at the endplate, but did not coincide precisely with staining for acetylcholine receptors. Instead, DMPK localized to the subsynaptic region directly beneath the layer of  $\alpha$ -BTX binding (Fig 3e,f).

# 4. Discussion

Our results indicate that CUG<sup>exp</sup> RNA is expressed and MBNL1 protein is sequestered in presynaptic and postsynaptic nuclei of the NMJ in DM1. Muscleblind proteins are nuclear factors that participate in the developmental regulation of alternative splicing [6,23], and they also may regulate the transport and decay of mRNA [24]. However, except for microtubule-associated protein tau, it is not known which transcripts expressed in subsynaptic nuclei or motor neurons are subject to CUG<sup>exp</sup>-induced spliceopathy.

Alternative splicing of tau pre-mRNA is abnormally regulated in DM1. The pattern of tau splice products expressed in adult DM1 brain is similar to that normally expressed in fetal brain [22,25], which may contribute to the development of neurofibrillary tangles and hyperphosphorylated tau in DM1 [26]. It is noteworthy that forced expression of fetal tau in motor neurons of transgenic mice led to motor axonopathy and muscle wasting [27]. However, morphometric analysis of the deep peroneal nerve showed no evidence for motor axon retraction in 4 patients with DM1 [28].

We confirmed previous observations that expression of DMPK protein is increased at the endplate [16,17], and we also found increased expression in regenerating fibers. If DMPK expression in these locations is upregulated at the level of transcription, we could expect that increased synthesis of CUG<sup>exp</sup> RNA would intensify the RNA-mediated disease process in subsynaptic nuclei and regenerating fibers. The latter possibility would point to an auto-accelerating disease process in which CUG<sup>exp</sup> RNA induces muscle injury and regeneration, which leads in turn to increased transcription of DMPK and higher levels of RNA toxicity.

Subsynaptic nuclei of *HSA*<sup>LR</sup> transgenic mice display very few foci of CUG<sup>exp</sup> RNA. In this transgenic mouse model, the expanded repeat is inserted in a genomic fragment containing the entire human skeletal actin gene, including the 5' regulatory sequences, and the pattern of transgene expression is similar to endogenous skeletal actin [20,29]. To our knowledge, the paucity of ribonuclear foci at the NMJ in *HSA*<sup>LR</sup> transgenic mice is the first evidence that genes encoding myofibrillar proteins are downregulated in subsynaptic nuclei. These findings also indicate that features of DM1 reproduced in *HSA*<sup>LR</sup> mice, such as, myotonia, deficiency of CIC-1 chloride channels, internal nuclei, ring fibers, and sarcoplasmic masses, do not require expression of CUG<sup>exp</sup> RNA in subsynaptic nuclei.

Our findings raise the possibility that expression of CUG<sup>exp</sup> RNA may influence the function or maintenance of the NMJ in DM1. Indeed, two of the most striking features of the myopathology in DM1, angular atrophic fibers and pyknotic nuclear clumps, are similar to the histologic changes in denervated muscle. It is noteworthy that HSA<sup>LR</sup> transgenic mice reproduce several features of myopathology in DM1, but they do not display pyknotic nuclear clumps or angular atrophic fibers, raising the question of whether expression of CUGexp RNA in subsynaptic nuclei, motor neurons, or both is required to develop these features. Previous studies of the NMJ in DM1 showed several abnormalities, including irregular and expanded terminal arborizations and profuse axonal proliferation, multiple endplates on the same muscle fiber, and abnormally large endplate size [30-33], suggesting that this disorder may affect development or maintenance of the NMJ. However, a careful ultrastructural study showed no consistent abnormalities of the NMJ in DM1 (n=4 patients, 69 endplates examined), although there was a slight decrease in density of the pre-synaptic vesicles [34]. Also, the expression of extrajunctional acetylcholine receptors (AChRs), a sensitive marker for muscle denervation, was not increased in atrophic DM1 muscle fibers [35]. These observations, however, do not eliminate the possibility of NMJ impairment or functional denervation in DM1. For example, in a transgenic mouse model of Huntington's disease that displayed polyglutamine inclusions in subsynaptic myonuclei, Ribchester and colleagues observed progressive muscle atrophy, denervation-like properties in muscle fibers, and ultimately failure of neuromuscular transmission at some endplates, yet the ultrastructural changes at the NMJ were slight [36]. These findings were attributed to dissociation of trophic signaling between motor neurons and subsynaptic nuclei. Furthermore, previous studies have shown that upregulation of extrajunctional AChRs does not occur following denervation of ClC-1 deficient muscle fibers [37,38], presumably because myotonic discharges may substitute for nerve activity in suppressing the expression of extrajunctional AChRs. This indicates that effects of DM1 on ClC-1 expression may suppress certain biochemical markers of muscle denervation. Ultimately it may be necessary to express CUG<sup>exp</sup> RNA conditionally in subsynaptic nuclei or motor neurons to determine the effects of RNA toxicity on the NMJ.

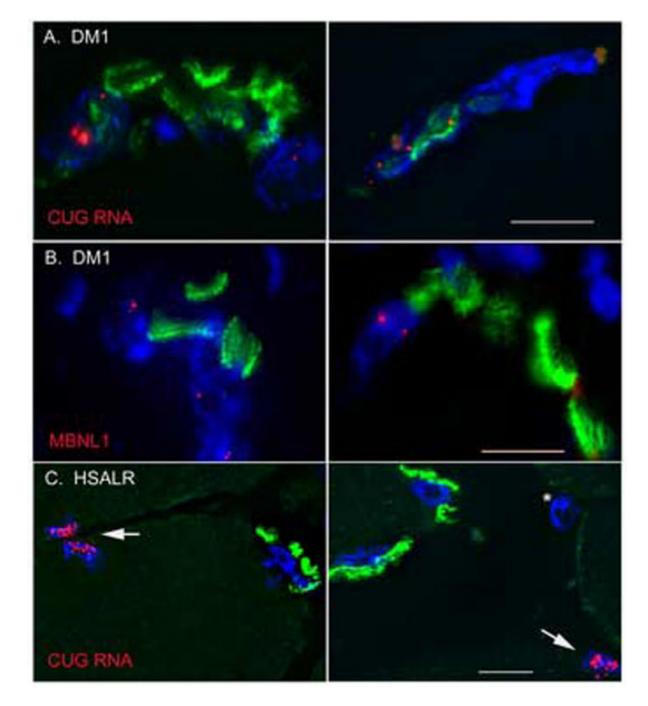
# Acknowledgments

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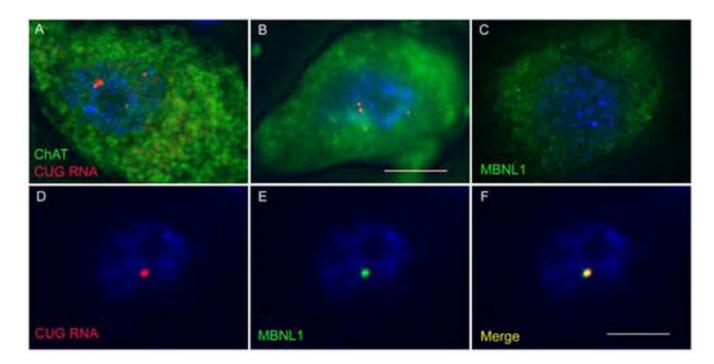
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#### Figure 1.

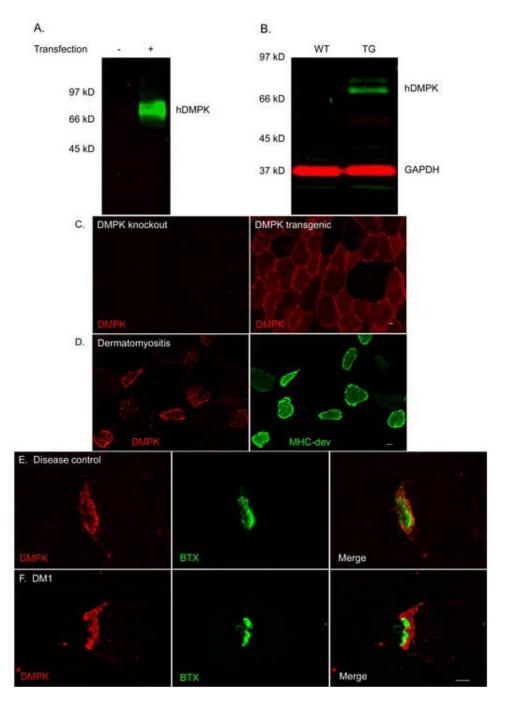
Ribonuclear foci in subsynaptic nuclei of muscle fibers. (a) In sections of DM1 skeletal muscle, FISH demonstrates foci of CUG<sup>exp</sup> RNA (red) in subsynaptic nuclei (DAPI, blue). Endplates are shown by staining with  $\alpha$ -BTX (green). (b) Immunofluorescence for MBNL1 (red) reveals MBNL1 foci in subsynaptic myonuclei (DAPI, blue;  $\alpha$ -BTX, green), suggesting sequestration of MBNL1 by CUG<sup>exp</sup> RNA. (c) In HSA<sup>LR</sup> mice, foci of CUG<sup>exp</sup> RNA (red) are abundant in extrajunctional myonuclei (arrows), but sparse or absent in myonuclei (DAPI, blue) subadjacent to the endplate ( $\alpha$ -BTX, green). (\*) identifies an interstitial nucleus. Bar = 10  $\mu$ M.



#### Figure 2.

Ribonuclear foci in motor neurons. (a,b) In frozen sections of DM1 spinal cord, FISH combined with immunofluorescence demonstrates foci of  $CUG^{exp}$  RNA (red) in large, choline acetyltransferase-positive neurons (green) in the anterior horn. (c) In non-DM1 motor neurons, MBNL1 protein (green) is localized throughout the cytoplasm and nucleus. (d-f) In DM1 motor neurons, MBNL1 (green) is sequestered in nuclear foci of  $CUG^{exp}$  RNA (red, FISH). Bar = 10  $\mu$ M.

Wheeler et al.



#### Figure 3.

DMPK protein localization in muscle tissue. (a) Antibody 5244 recognized hDMPK by immunoblot of COS-7 cells transfected with hDMPK expression construct. (b) This antibody also recognized hDMPK by immunoblot in lysates prepared from hDMPK transgenic mouse muscle, but not in wild type muscle. (c) Immunofluorescence reveals cytoplasmic hDMPK in muscle sections from hDMPK transgenic mouse that is absent in DMPK knockout mouse muscle. (d) DMPK (red) is upregulated in regenerating fibers labeled with developmental myosin (green), shown here in dermatomyositis. (e,f) DMPK protein (red) accumulates at the NMJ in DM1 and disease control muscle, localizing to a subsynaptic domain immediately beneath the acetylcholine receptors labeled by  $\alpha$ -BTX (green). Bar = 10  $\mu$ M.