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## Phenotypic Switching of *Cryptococcus neoformans* and *Cryptococcus gattii*

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### Abstract

Microorganisms that live in fluctuating environments must constantly adapt their behavior to survive. The host constitutes an important microenvironment in opportunistic and primary fungal pathogens like *Cryptococcus neoformans* (*C. neoformans*) and *Cryptococcus gattii* (*C. gattii*). In clonal populations, adaptation may be achieved through the generation of diversity. For fungi phenotypic switching constitutes a mechanism that allows them to change rapidly. Both *C. neoformans* and *C. gattii* undergo phenotypic switching, which allows them to be successful pathogens and cause persistent disease. Similar to other encapsulated microbes that exhibit phenotypic variation, phenotypic switching in *Cryptococcus* changes the polysaccharide capsule. Most importantly, in animal models phenotypic switching affects virulence and can change the outcome of infection. Virulence changes because *C. neoformans* and *C. gattii* switch variants elicit different inflammatory responses in the host. This altered host response can also affect the response to antifungal therapy and in some cases may even promote the selection of switch variants. This review highlights the similarity and difference between phenotypic switching in *C. neoformans* and *C. gattii*, the two dominant species that cause cryptococcosis in humans.

### Keywords

*Cryptococcus*; Switching

### Introduction

Microorganisms that live in fluctuating environments must constantly adapt their behavior to survive. In clonal populations, this may be achieved through the generation of diversity by phenotypic switching [1]. Phenotypic switching has been observed both in prokaryotic as well as eukaryotic microbes. For fungi phenotypic switching is defined as the reversible change manifested as altered colony morphology at a rate higher than the somatic mutation rate. Phenotypic switching has been reported first in *Candida* over 20 years ago [2,3] and the molecular mechanism has been studied extensively [4,5]. In *Candida* phenotypic switching controls mating and has also been proposed to contribute to virulence [6].

## Classification of *Cryptococcus neoformans* and *C. gattii*

The genus *Cryptococcus* includes around 37 species. Among these, *C. neoformans* (var. *neoformans* and var. *grubii*) and *C. gattii* are the etiologic agents of cryptococcosis and thus the predominant pathogenic species although rarely others are described [7]. Four serotypes (A–D) are identified by sero-typing, a method that distinguishes the encapsulated yeasts based on capsular agglutination reactions. However serotypes are not necessarily stable and thus should not be the sole basis of species assignment. The heterogeneity of the two species became clear when two distinct sexual forms (telemorphs) were found. The telemorph, *Filobasidiella neoformans* was found to be produced only by strains of serotypes A and D, whereas *Filobasidiella bacillispora* was found to be produced by strains of serotypes B and C. Ensuing studies revealed many more differences between the anamorphs of the two *Filobasidiella* species with regard to their epidemiology, ecology, biochemistry, pathobiology, and genetics. Hence, at present the serotypes are assigned to two species, *C. neoformans* (serotypes A and D) and *C. gattii* (serotypes B and C). Until recently, serotypes A and D were included in var. *neoformans* while serotypes B and C were included in var. *gattii*. However, it was proposed that a new variety, var. *grubii*, be created to contain serotype A because of observed phenotypic differences, and significant genetic variations between serotypes A and D [8]. This leaves serotype D as the sole serotype in var. *neoformans*. A separate assignment of a third species to serotype A has been debated and rejected [9]. The need for recognition of the two species within *C. neoformans* is warranted not only because of their biologic and ecological differences, but also because they tend to infect different hosts. *C. gattii* infections have been documented more commonly in immunocompetent individuals, whereas a majority of the patients infected with *C. neoformans* are immunocompromised, often due to HIV infection [10,11]. Furthermore, some reports have suggested that infections due to *C. gattii* carry a worse prognosis [12].

*C. neoformans* var. *grubii* is the most prevalent agent causing cryptococcosis worldwide [13, 14]. *C. neoformans* var. *neoformans* has a comparable environmental and clinical distribution worldwide and in some areas such as sub-Saharan Africa up to 20% of the isolates are serotype D strains [15,16]. Differences in the immunological status of the host infected by *C. neoformans* var. *neoformans* and var. *grubii*, however, have not been documented. *C. gattii* (serotypes B and C) was originally predominantly found in subtropical regions but a newly recombined serotype B clone has emerged over the past 10 years as a cause of cryptococcal infections in animals and otherwise healthy humans on Vancouver Island [17]. More recently, this epidemic is spreading to the Pacific Northwest of the United States [18,19]. The outbreak clone appears to have descended from two alpha mating-type parents. Cryptic same-sex reproduction enabled expansion to a new geographical niche and contributed to the ongoing production of infectious spores [20]. Serotype C strains only rarely cause human infection [21,22].

Although *C. neoformans* and *C. gattii* exhibit some differences in the host response they elicit, and in their response to antifungal therapy, both can cause chronic meningoencephalitis that can be difficult to treat, especially in immunocompromised hosts. Of note is that treatment failure cannot be attributed to antifungal resistance; however, there is evidence that these fungi can undergo phenotypic switching [23] which may affect the outcome of chronic infection.

## Evidence of Microevolution and Phenotypic Switching in *C. neoformans*

Microevolution is the process of change in traits of a pathogen population in a brief time. These changes are selected, stable, and inherited. They can be due to many different mechanisms including mutations, transfer of genes from one population to another, phenotypic switching, and other epigenetic mechanisms. Several lines of evidence indicate that both serotype D as

well serotype A strains of *C. neoformans* undergo microevolution. First, relapse of cryptococcal meningitis results during persistent infection with a single infecting strain rather than re-infection with a new strain [24]. Second, serial *Cryptococcus* isolates from AIDS patients exhibit minor electrophoretic karyotype and they can also differ in growth rates, capsule size, or virulence in mice [23,25]. Additional changes that occur during chronic infection include stable alterations in cell membrane sterol composition and differences in the glucuronoxylomannan (GXM) structure of the capsule [26]. Third, analysis of a standard strain maintained in various laboratories reveals significant differences in capsule size, melanin production, growth rates, and virulence in mice [27]. Fourth, phenotypic switching that enables microorganisms to undergo rapid microevolution and to adapt to different microenvironments. Phenotypic switching is defined as the emergence of reversible colony morphology at a rate higher than somatic mutation rate. Reversible switching between various colony morphologies (smooth, wrinkled, mucoid, and pseudohyphal) has been observed in standard strains (SB4, J32, RC2) of serotypes A and D [28,29]. This colony-type switching is associated with changes in virulence and in host inflammatory and antibody responses in murine and rat model. Most serotypes D and A strains manifest smooth colony morphology. One study reported that 96% of Indian var. *neoformans* and var. *grubii* isolates were smooth in colony morphology whereas 100% of *C. gattii* were mucoid [25]. Switching in a smooth (SM) parent strain (RC2, serotype D) that switches to mucoid (MC) variants and reversibly in vitro and in vivo has been thoroughly investigated [30]. However, other colony morphologies in switch variants such as serrated, wrinkled, and pseudohyphal are also described but these rare colony phenotypes are not usually seen in clinical isolates.

Much less is known about microevolution in *C. gattii* strains. Several clinical case reports and epidemiologic studies have examined *C. gattii* strains from clinical isolates [31]. Clinical *C. gattii* strains were found to be less diverse in different studies [25,32] and often are typed as serotype B, MATalpha strains with a typical VGI molecular type [14]. *C. gattii* is predominantly clonal, and except for the newly emerged RG strain in Canada, the majority to *C. gattii* strains are not fertile and cannot generate haploid spores by monokaryotic fruiting [33]. Recently investigations from our laboratory have demonstrated that a clinical *C. gattii* strain can also undergo phenotypic switching [34]. Differences compared to switching in the *C. neoformans* var. *neoformans* and var. *grubii* strains were noted and are discussed.

### Phenotypic Switching in *C. neoformans* var. *neoformans* and *C. gattii*

Phenotypic switching in var. *neoformans* has been described in both serotypes A and D strains. ATCC 24067 is a serotype D strain, and was isolated from the cerebrospinal fluid of a leukemic patient and placed into the ATCC bank in 1968 [35]. This strain has a high predisposition to undergo microevolution and thus several variants have been described [27]. One of the variant named RC2 was originated from the Cherniak Laboratory and presumably emerged after spontaneous microevolution [27]. Fries et al. demonstrated that RC2 has a tendency to switch from a smooth parent to mucoid colony morphology (Fig. 1: a, b), which are both naturally occurring morphologies in clinical isolates. In addition the phenotypes are very stable and thus this strain has been a model strain to investigate phenotypic switching. However, other switching strains are described and include serotypes A and other D strains and hence highlight the notion that phenotypic switching is a general phenomenon [28,29].

NP1 is a serotype B of *C. gattii* strain that exhibits a VG1 RAPD pattern similar to other *C. gattii* strains. This strain was isolated from an immunocompetent 34-year-old male patient with meningitis in India. Upon plating the CSF two distinct colonies morphologies, namely smooth and mucoid were noted and further subcultured (Fig. 1e, f). Both the colonies were found to be the same strain by standard molecular typing methods. Switching experiments with this *C. gattii* strain NP1 [34] were performed and documented the presence of reversible switching

from a mucoid colony (NP1-MC) to a smooth colony (NP1-SM) morphology. Mostly serotypes A and D strains manifest a smooth colony morphology and *C. gattii* strains exhibit a mucoid colony morphology. Thus, we proposed that the smooth variant, RC2-SM constitutes the parent colony morphology in RC2 whereas, NP1-MC the mucoid variant constitutes the parent morphology in NP1. In NP1 rates of switching and reversion differ and switching from NP1-MC to NP1-SM occurred at 1 in  $5 \times 10^{-3}$  colonies which was higher than the reversion rate from NP1-SM to NP1-MC, which occurred 1 in  $7 \times 10^{-5}$ . In contrast, the two rates of switching and reversion in the RC2 were comparable and occur at about 1 in  $10^{-4}$ , when  $5 \times 10^{-4}$  colonies plated.

## Comparison of Phenotypic Switching in *C. neoformans* and *C. gattii* (Table 1)

### Cellular Characteristics

The doubling time of RC2 is shorter compared to NP1 but in both switching systems the switch variant (RC2-MC and NP1-SM) grows slower when compared to the parent strain (RC2-SM and NP1-MC). Both strains manifest differences in capsule size in their switch variants as the mucoid variant exhibits a significantly larger capsule in both strains (Fig. 1). The capsule induces significantly in both the parent and switch variant of RC2 in the presence of CO<sub>2</sub>, whereas in the NP1 strain background significant capsule induction was observed only in NP1-MC. There was no difference in MICs of amphotericin B and fluconazole for the switch variants in both strains. RC2-MC and NP1-MC exhibited increased sensitivity to lysing enzyme. Whereas the RC2-SM and NP1-SM were more resistant to osmotic stress. Cell charge and sugar assimilation profile were not affected by phenotypic switching in the two switch systems.

### Differences in GXM of RC2 and NP1

An understanding of the basic composition of the cryptococcal capsular structure is important to appreciate the specific capsule alterations observed in phenotypic variants. Switch variants of serotypes D and A strains (RC2, SB4, 24067A) as well as the serotype B strain exhibit changes in polysaccharide capsule that affect virulence. GXM is the predominant capsular polysaccharide and is composed of (1 → 3)-linked linear α-D-mannopyranan with β-D-xylopyranosyl (Xylp) and β-D-glucopyranosyluronic acid (Glc pA) residues added to the mannose at various positions. Six (M1-M6) structural reporter groups (SRG) are defined based on the amount of 2-0-linked, 4-0-linked Xylp residues, and 2-0-linked Glc pA residues [36]. In *C. neoformans* strain SB4 and in strain 24067A phenotypic switching resulted in significant changes of the biochemical composition of GXM [28]. The GXMs of the C colony type of SB4 are composed of mixtures of SRGs (M2 and M3 for C), whereas SB4-SM exhibits predominately SRG M2. In a similar fashion the PH and WR colonies of 24067A exhibit a mix of SRGs (M1 and M5) whereas the 24067A-SM parents are predominately M1 and M2. The addition of a Xylp group at the 4-0 position in M3 and M5 most likely requires a different enzyme than linkage to the 2-0 position. Interestingly, M3 SRGs are traditionally thought to be present only in the GXM of *C. gattii* isolates (serotypes B and C), and not in GXM of *C. neoformans* var. *neoformans* isolates (serotypes A and D). In RC2, phenotypic switching alters the biophysical and biochemical properties of GXM [37]. Viscosity data in solutions of different ionic strength, suggest that the spacing of Glc pA along the Mannose backbone differs between the GXM of the RC2-SM and that of the RC2-MC strain. Because NMR measures an average repeat unit, no differences between RC2-SM and RC2-MC were detected. NMR analysis of GXMs from the NP1 strain's switch variants yielded similar serotype B specific reporter group structure for both NP1-SM and NP1-MC GXM. Similar to the RC2 strain, the GXM of the NP1-MC was more viscous compared to the NP1-SM variant.

Most importantly, as a result of altered capsular polysaccharide both antibody and complement mediated phagocytosis of the RC2-MC variant was significantly reduced compared with RC2-

SM cells both in vitro and in vivo. Although antibody mediated phagocytosis was comparable for NP1-SM and NP1-MC cells, we found that intracellular survival was significantly enhanced for NP1-MC cells when compared to NP1-SM cells. Hence, the NP1-MC parent phenotype was more resistant to intracellular killing by macrophages.

## Inflammatory Response and Virulence of Switch Variants

In all the switching strains of *C. neoformans*, phenotypic switching affects virulence and pathogenesis. RC2-MC variant was significantly more virulent in all murine and rat animal models. In a murine pulmonary infection model histological analysis demonstrated significant differences in the inflammatory tissue response elicited by RC2-SM and RC2-MC. At day 14, lungs of RC2-SM mice exhibited moderate inflammatory changes with cellular infiltrates composed primarily of lymphocytes and only a few macrophages. By day 28, the cellular infiltrates progressed to orderly granuloma formation with little concomitant lung damage. In contrast, at day 14, RC2-MC-infected lungs exhibited extensive cellular infiltrates beyond the peri-bronchial regions, which were predominantly composed of macrophages and neutrophils with only a few lymphocytes. Near the time of death the inflammatory response increased and resulted in extensive destruction of alveolar membranes. In addition, the RC2-MC variant was able to promote increased intra-cranial pressure in a rat model of cryptococcal meningitis [38]. This finding was important because in human infection increased intra-cranial pressure is the leading cause of high morbidity and mortality [39]. When the virulence of NP1-SM and NP1-MC variant were compared in pulmonary and intra-venous (i.v.) murine animal models, NP1-SM-infected mice survived significantly longer than NP1-MC-infected mice (i.t.) ( $P = 0.021$ ) as well as in i.v. ( $P = 0.008$ ) infection model [34]. Consistent with this, the CFU in the lung of NP1-SM-infected mice after 14 days was significantly lower ( $P \leq 0.03$ ) than NP1-MC infected. The inflammatory response also differed for the NP1-SM and NP1-MC. However, in this switching system we did not observe a damage promoting over-stimulated inflammatory response. Histological analysis of the lung sections demonstrated an appropriate and effective inflammatory response in lung tissue infected with NP1-SM. The mononuclear inflammation was composed of lymphocytes and macrophages. In contrast the lung of NP1-MC-infected Balb/c mice exhibited minimal inflammatory response and consistent with the failure to elicit an inflammatory response, a large accumulation of yeast cells in lakes of polysaccharide consistent with cryptococcomas was seen on lung tissue sections. Histological analysis of the brain of NP1-SM and NP1-MC-infected mice demonstrated multiple cryptococcomas but the cryptococcomas of NP1-SM infected were smaller and elicited more inflammation in brain tissue [34].

## Phenotypic Switching In vivo, True for Both Switching Systems

For RC2 the proof that phenotypic switching truly occurs in vivo was confirmed by Poisson calculations in mice that were infected with low inocula. In mice that were infected with RC2-SM we recovered RC2-MC colonies with increasing frequency in chronic infection. In mice infected with RC2-MC, we did not recover RC2-SM colonies although; the in vitro switching rate was comparable for RC2-SM to RC2-MC and RC2-MC to RC2-SM. Hence the switching was only one directional in vivo for this strain. In vitro MICs of amphotericin B (AMB) did not differ for the RC2-SM and RC2-MC variants (Table 1), in vivo experiments has demonstrated a more pronounced CFU reduction after AMB treatment in RC2-SM infected than in RC2-MC-infected mice. Treatment with AMB or anti-capsular MAb also promoted the selection of RC2-MC variants in mice [40]. In contrast, in mice infected with either with NP1-SM or NP1-MC, we recovered both phenotypes in the lungs, similar to the CSF of the patient from which the strain was originally grown. Interestingly, from the brains of mice-infected i.v. or i.t., only the smooth phenotype was recovered regardless whether the mouse was infected with the NP1-SM or NP1-MC. Thus in contrast to RC2, phenotypic switching occurs in both



directions in vivo in NP1 and appears to be necessary for the NP1-MC variant to cross the blood brain barrier.

## Conclusion

The phenomenon of phenotypic switching in *C. neoformans* has been well studied in serotypes A, D strains and recently also in a *C. gattii* strain. *C. neoformans* is an excellent model organism for studying phenotypic switching and its role in the pathogenesis and in progression of chronic infection. Both *C. neoformans* and *C. gattii* undergo phenotypic switching during experimental infection and enhance virulence. The switch variants of RC2 and NP1 exhibit changes in the polysaccharide capsule and elicit qualitatively different inflammatory responses in the host. This is reminiscent of phase variation in encapsulated bacteria. The molecular mechanism of phenotypic switching in *C. neoformans* is still unknown. The results of differential display on RC2-SM and RC2-MC mRNA demonstrated that phenotypic switching is associated with upregulation of genes in MC switch variant relative to the SM switch variant. The function of most of the genes is unknown; however, some encode proteins containing immunogenic epitopes [41]. For *C. gattii* these studies have not been undertaken.

## List of Abbreviations

SM, Smooth colony; MC, Mucoid colony; GXM, Glucuronoxylomannan; ICP, Intra-cranial pressure; CNS, Central nervous system.

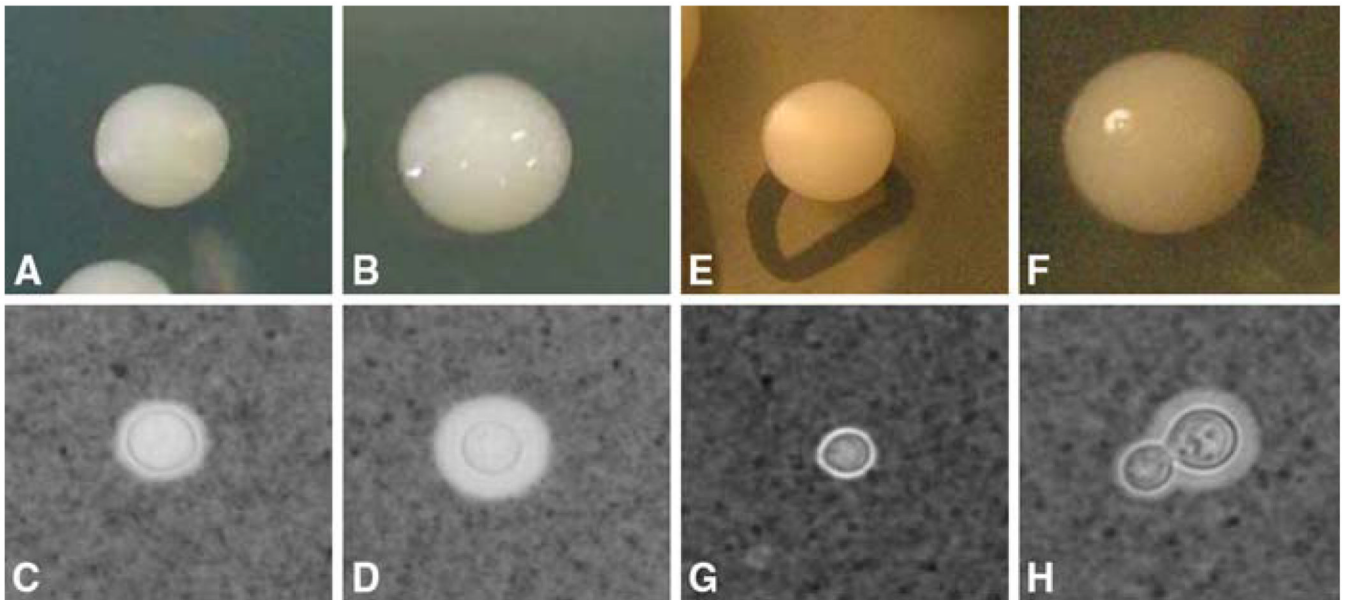
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**Figure 1.**

Colony morphology and capsule phenotype of RC2 and NP1 variants. The colonies are grown on sabouraud dextrose agar plates. For capsular phenotype, cells grown overnight in sabouraud dextrose broth were observed microscopically in India ink preparation. (a) RC2-SM colony; (b) RC2-MC colony; (c) RC2-SM capsule; (d) RC2-MC capsule; (e) NP1-SM colony; (f) NP1-MC colony; (g) NP1-SM capsule; (h) NP1-MC capsule

**Table 1**  
Comparison of phenotypic characteristics of RC2 and NP1

Characteristic parameters	<i>C. neoformans</i>		<i>C. gattii</i>	
	RC2 SM	RC2 MC	NP1 SM	NP1 MC
Capsule size at 37°C	1.7 ± 0.6	2.9 ± 0.54	2.4 ± 0.4	5.3 ± 0.2
Capsule size in 5% CO <sub>2</sub>	6.2 ± 0.9	6.9 ± 0.5	2.7 ± 0.09	9.8 ± 0.3
Cell size	5.9 ± 3	7.1 ± 0.79	4.7 ± 0.2	5.4 ± 0.4
Doubling time at 30°C	2.5 h	2.8 h	11.1 h	6.4 h
Doubling time at 37°C	2.6 h	2.7 h	13.9 h	6.6 h
Doubling time at 37°C in DMEM	-	-	7.3 h	6.3 h
Phagocytosis index	39.16 ± 8.6	8.9 ± 2	14.5 ± 3.6	15 ± 8.3
Melanization	Yes	Yes	Yes	Yes
Osmotic resistance (Colony morphology on different plates)	SM » MC	SM » MC	SM » MC	SM » MC
1 M NaCl	SM	SM	SM	SM
1M Sorbitol	SM	SM	SM	SM
10 mM Glycerol	SM	SM	SM	SM
Lysing enzyme resistance	SM » MC	SM » MC	SM » MC	SM » MC
Concentration of lysing enzyme required for complete lysis (µg/ml)	48	12	48	12
Amphotericin B MIC, (µg/ml)	0.25	0.25	0.25	0.25
Fluconazole MIC, (µg/ml)	16	16	16	16
Viscosity of GXM	MC » SM	MC » SM	MC » SM	MC » SM
GXM triad structure, as determined by NMR	M1	M1	M3, M1, M6	M3, M1, M6