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## Peroxisome Proliferator-Activated Receptor $\gamma$ and Retinoid X Receptor transcription factors are released from activated human platelets and shed in microparticles

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### Summary

Peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) and its ligands are important regulators of lipid metabolism, inflammation, and diabetes. We previously demonstrated that anucleate human platelets express the transcription factor PPAR $\gamma$  and that PPAR $\gamma$  ligands blunt platelet activation. To further understand the nature of PPAR $\gamma$  in platelets, we determined the platelet PPAR $\gamma$  isoform(s) and investigated the fate of PPAR $\gamma$  following platelet activation. Our studies demonstrated that human platelets contain only the PPAR $\gamma$ 1 isoform and after activation with thrombin, TRAP, ADP or collagen PPAR $\gamma$  is released from internal stores. PPAR $\gamma$  release was blocked by a cytoskeleton inhibitor, Latrunculin A. Platelet-released PPAR $\gamma$  was complexed with the retinoid X receptor (RXR) and retained its ability to bind DNA. Interestingly, the released PPAR $\gamma$  and RXR were microparticle associated and the released PPAR $\gamma$ /RXR complex retained DNA-binding ability. Additionally, a monocytic cell line, THP-1, is capable of internalizing PMPs. Further investigation following treatment of these cells with the PPAR $\gamma$  agonist, rosiglitazone and PMPs revealed a possible

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transcellular mechanism to attenuate THP-1 activation. These new findings are the first demonstrating transcription factor release from platelets, revealing the complex spectrum of proteins expressed and expelled from platelets, and suggest that platelet PPAR $\gamma$  has an undiscovered role in human biology.

## Keywords

Microparticles; Peroxisome Proliferator-Activated Receptor  $\gamma$  (PPAR $\gamma$ ); Platelets; Retinoic X Receptor (RXR); transcription factors

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## Introduction

Peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ), a ligand activated transcription factor, is one of three PPAR subtypes (also PPAR $\alpha$  and PPAR $\delta/\beta$ ) [1]. PPAR $\gamma$  is widely expressed by adipose tissue [2] and immune system cells [3,4]. Two PPAR $\gamma$  isoforms, PPAR $\gamma$ 1 and PPAR $\gamma$ 2, are products of the same gene, but result from differential promoter use, and alternative RNA splicing [5]. The PPAR $\gamma$ 2 isoform is mainly expressed in adipose tissue [2], whereas PPAR $\gamma$ 1 is more widely expressed [5]. Although PPAR $\gamma$  was originally described as a nuclear receptor, it has both cytoplasmic and nuclear distribution [3,6]. As a transcription factor, PPAR $\gamma$  functions as a heterodimer with the Retinoid X Receptor (RXR) to initiate transcription of genes containing PPAR response elements (PPRE) [7].

PPAR $\gamma$  ligands include the synthetic clinically used thiazolidinediones [8] (rosiglitazone and pioglitazone) and naturally occurring ligands such as 15-deoxy- $\Delta^{12,14}$ -prostaglandin J<sub>2</sub> (15d-PGJ<sub>2</sub>) [9,10] and lysophosphatidic acid (LPA) [11]. PPAR $\gamma$  and its ligands are widely studied because they are potent insulin sensitizers used to treat type 2 diabetes mellitus. Furthermore, rosiglitazone reduces the incidence of type 2 diabetes mellitus in at risk patients [12].

Recently, we reported PPAR $\gamma$  expression in human platelets [13], suggesting a new role for platelets in inflammation [14]. Upon activation, platelets release pro-inflammatory mediators including IL-1 $\beta$ , sCD40L, TGF $\beta$ , and TXA<sub>2</sub>, some of which activate endothelial cells and produce chemokines to recruit inflammatory cells [15–17]. Emerging evidence implicates inflammation in the development of type 2 diabetes mellitus and cardiovascular disease [18–20]. PPAR $\gamma$  ligands dampen platelet activation and studies in human patients with atherosclerosis have shown that TZD agonists of PPAR $\gamma$  reduce platelet activation, not only to inhibit plaque progression, but remarkably to promote regression of existing atherosclerotic plaques [21].

Platelet activation by physiological agonists or high shear stress leads to the highly regulated formation and release of their contents in soluble form or via membrane-bound vesicles [22]. One vesicle is the platelet microparticle (PMP) ranging in size from 0.1 to 1.0  $\mu$ m [23] that surface-expose proteins to regulate inflammatory [24,25] and hemostatic processes [26,27]. PMPs are also involved in pathogenic processes and elevated in atherosclerosis [28], type 2 diabetes mellitus [29], and cancer [30].

Our laboratory recently discovered that human platelets express PPAR $\gamma$  and that PPAR $\gamma$  ligands attenuate platelet-release of the pro-inflammatory and pro-coagulant mediators sCD40L and TXA<sub>2</sub>, a cyclooxygenase product that enhances platelet activation [13]. Herein, we investigated the PPAR $\gamma$  isoform and fate in activated human platelets. Surprisingly, we found that PPAR $\gamma$  is complexed with RXR and is released from activated platelets. Some of the released PPAR $\gamma$  is associated with PMPs, which can be transferred to THP-1 cells.

Moreover, in the presence of the PPAR $\gamma$  agonist, rosiglitazone, and PMP-containing PPAR $\gamma$ , THP-1 activation is dampened suggesting a novel transcellular mechanism of regulation.

## Materials and Methods

### Blood Collection and preparation of washed human platelets

Whole blood was obtained under IRB approval from male and female donors (21–55 years of age) that were NSAID-free for two weeks prior to donation with a body mass index (BMI)  $\leq 25$ . Blood was collected by venipuncture into a citrate phosphate dextrose adenine solution containing collection bag (Baxter Fenwal, Round Lake, IL) or Vacutainer tubes containing buffered citrate sodium (BD Biosciences, Franklin Lakes, NJ). Platelet-rich plasma (PRP) was obtained by centrifugation (250xg/15 min/room temperature (RT)), diluted with an equal volume of Krebs-Ringer Bicarbonate Buffer (KRB) (Sigma, St. Louis, MO) pH 5.0 containing 15 mM sodium bicarbonate and 19 mM sodium citrate and centrifuged (200xg/10 min). The platelet pellet was washed in KRB pH 6.0, centrifuged (950xg/10 min), and resuspended in KRB pH 7.4. Platelets were counted on an Abbott Cell-Dyn 1700 (Abbott Park, IL). On average,  $5.5 \times 10^{10}$  platelets/unit of blood were obtained, and the platelet purity was 99 to 99.99% as described [13].

### Platelet Activation

Nine  $\times 10^7$  platelets in KRB pH 7.4 were incubated (37°C) with platelet activators: Thrombin 0.8 U/mL (Sigma), Thrombin Receptor Activator Peptide-6 (TRAP) 50  $\mu$ M (Bachem Biosciences Inc., King of Prussia, PA), collagen 10  $\mu$ g/mL (Chrono-log Corporation, Havertown, PA), adenosine diphosphate (ADP) 10  $\mu$ M (Chrono-log Corporation), and phorbol 12-myristate 13-acetate (PMA) 0.2  $\mu$ M (Sigma). After treatment, platelets were centrifuged (1200xg/1 min/RT), and supernatants and pellets analyzed. For some studies, platelets were incubated with the cytoskeletal inhibitor, Latrunculin A (Lat A) (Sigma), for 20 min prior to activation.

### Culture of Megakaryocyte Cell Lines

Meg-01 [31] and M-07e cells [32] were cultured in RPMI 1640 medium (Gibco, Grand Island, NY) as previously described [13]. Meg-01 and M-07e are both human leukemia cell lines at the megakaryoblast stage of development.

### Western blots for PPAR $\gamma$ and RXR

Total protein was isolated from platelets as described [13]. For platelet mediator release experiments, equal volumes of supernatant or lysate were used for Western blot analysis for PPAR $\gamma$  using a rabbit polyclonal anti-PPAR $\gamma$  (BIOMOL), a mouse monoclonal anti-PPAR $\gamma$ 2 (Chemicon International, Temecula, CA) and for RXR using a rabbit polyclonal anti-RXR (Santa Cruz Biotechnology, Santa Cruz, CA) as described [10,13,33]. Human adipose tissue was used as a positive control for PPAR $\gamma$  and RXR.

### Co-Immunoprecipitation (co-IP) of PPAR $\gamma$ and RXR

Lysates from unactivated platelet and supernatants from TRAP-activated platelets were immunoprecipitated for PPAR $\gamma$  using an anti-PPAR $\gamma$  antibody (Santa Cruz) or for RXR using a rabbit polyclonal antibody (Santa Cruz). Control samples were incubated with a mouse IgG1 isotype control antibody (for PPAR $\gamma$  control IP) or with rabbit serum (for RXR control IP) (both from Santa Cruz). Total protein (50  $\mu$ g) was incubated in IP buffer (50 mM HEPES [pH 7], 0.1% NP-40, 250 mM NaCl, 5 mM EDTA, 10 mM NaF, 0.1 mM Na<sub>3</sub>VO<sub>4</sub>, 50  $\mu$ M ZnCl<sub>2</sub> supplemented with 0.1 mM phenylmethylsulfonyl fluoride, 1 mM dithiothreitol, and protease inhibitor cocktail) with antibody (5  $\mu$ g) overnight at 4°C. Antibody complexes were

precipitated using Protein G Plus Agarose (Santa Cruz) (2 hours/4°C). Complexes were pelleted and washed 5 times in IP buffer. The beads were denatured by boiling in Western buffer (Sigma). Western blots for PPAR $\gamma$  and RXR were performed as described above.

### Real-Time RT-PCR for RXR

RNA was isolated from Meg-01 cells, platelets from 3 individual donors, and human adipose tissue as a positive control using an RNeasy Kit according to the manufacturer's protocol (Qiagen, Valencia, CA). Reverse transcription reactions contained 0.5  $\mu$ g of RNA and were performed as described [10]. A negative control without RT did not produce product. Quantitative real-time RT-PCR was performed for RXR $\alpha$ , RXR $\beta$ , and 7S rRNA as a control as published [34]. The cycle threshold values were normalized to 7S rRNA and compared to the normalized value for human adipose tissue.

### Electrophoretic mobility shift assay (EMSA)

Gel shift assay of supernatants from unactivated or activated human platelets and PMP lysates was carried out as previously described [13]. The EMSA consensus sequence used for PPAR $\gamma$  was (5'CAAACACTAGGTCAAAGGTCA-3').

### PPAR $\gamma$ Activity Assay

Samples for the PPAR $\gamma$  activity assay were prepared as described for the EMSA. Specific PPAR $\gamma$  DNA-binding was assessed in platelet supernatants and PMP lysate (5  $\mu$ g) using a TransAM PPAR $\gamma$  activity assay kit (Active Motif) as described [13]. PMP lysates were untreated or pretreated with PPAR $\gamma$  agonist, rosiglitazone –20  $\mu$ M for 30 mins. at 37°C prior to DNA-binding.

### Platelet Microparticle (PMP) Isolation

PMP isolation was previously described by Heijnen et. al. [35]. Final samples of washed platelet suspension contained 2–4 $\times$ 10<sup>9</sup> cells. The PMP pellet and PMP-poor supernatant were analyzed by Western blot or the pellet was resuspended in 1% paraformaldehyde (PFA) containing 5 mM EDTA for microscopic studies. Greater than 90% of the isolated particles were <1  $\mu$ m in size determined by light microscopy.

### Immunofluorescence

Platelets applied to poly-L-lysine coated polystyrene chamber slides (BD Biosciences) were fixed in 2% PFA and blocked with normal goat serum. Platelets were incubated with a PPAR $\gamma$  antibody (BIOMOL) in 0.005% Triton® X-100. PMPs were incubated in PBS containing either a chicken anti-PPAR $\gamma$  (Novus Biologicals) or anti-RXR antibodies. After washing, a goat anti-rabbit-FITC (Jackson ImmunoResearch)-donkey anti-chicken-FITC (Genway Biotech, Inc), or goat anti-rabbit allophycocyanin (APC) (Santa Cruz) were used. Normal rabbit serum served as a control for polyclonal antibodies or secondary antibody only for the chicken antibody. Following fixation, THP-1 cells were and labeled with a mouse anti-PKCa (BD Bioscience) (in 0.05% triton X-100, 1:250, RT, 1 hour). After washing, cells were labeled with anti-mouse IgG conjugated to biotin (1hr in triton/ RT) and then washed. Finally, streptavidin conjugated to APC was added (1 hr in triton/ RT). Slides were treated with Vectashield mounting medium (Vector Laboratories, Burlingame, CA). Images were acquired using an Olympus BX51 light microscope (Olympus, Melville, NY), photographed with a SPOT camera and analyzed with SPOT RT software (New Hyde Park, NY).

## Live Imaging Microscopy

Live images were acquired using CytoViva technology (Aetos Technologies, Inc., Auburn, Alabama). This is a high-resolution, optical illumination microscopy that provides resolving power below 100nm and allows imaging of live samples in real time.

## PPAR $\gamma$ Uptake Studies

A promonocytic cell line, THP-1, was cultured as described for Meg-01.  $5 \times 10^5$  cells/0.5 mL were plated in 12-well culture plates with fresh medium. Isolated PMPs, derived from  $1 \times 10^9$  platelets, were labeled with a PPAR $\gamma$ -FITC antibody, and added to THP-1 cell culture and incubated (37°C/1 hour). PMP labeled with secondary antibody only served as a negative control. THP-1 cells were centrifuged and washed twice in PBS. A fraction of the cells were fixed in 1% PFA and prepared for microscopy. Serial images were captured using a Leica TCS SP Spectral Confocal microscope (Leica, Heidelberg, Germany), photographed with a SPOT digital camera and analyzed with Image-Pro Plus v.3 software. Remaining THP-1 cells were analyzed by Western blot for PPAR $\gamma$  (chicken anti-PPAR $\gamma$ ) followed by donkey anti-chicken-HRP (Jackson Immunologicals), and mouse monoclonal anti-actin followed by goat anti-mouse-HRP (both from Oncogene research products). Transcellular studies were carried out as described above for uptake. PPAR $\gamma$  agonists (rosiglitazone, 20  $\mu$ M) and PMP were added to THP-1 cells and coincubated for an hour. The cells were harvested as described above.

## Statistical Analysis

Experiments were repeated from a minimum of three individuals and as many as 20 individuals except where stated. Differences between means were evaluated by one-way ANOVA. A value of less than 0.05 was considered statistically significant.

## Results

### Human platelets contain PPAR $\gamma$ 1, but not PPAR $\gamma$ 2 protein

We previously demonstrated that human platelets and megakaryocytes express PPAR $\gamma$  [13]. To determine PPAR $\gamma$  isoform expression ( $\gamma$ 1 and/or  $\gamma$ 2) in platelets and Meg-01 cells, a Western blot was performed using a monoclonal antibody specific for the unique amino-terminus of PPAR $\gamma$ 2 (Figure 1). The human megakaryoblast cell line, Meg-01, expressed low levels of PPAR $\gamma$ 2. In contrast, washed human platelets did not express detectable PPAR $\gamma$ 2. All samples contained PPAR $\gamma$  as determined using an antibody that recognizes the common region of PPAR $\gamma$ 1 and PPAR $\gamma$ 2. Purified platelets from six individual donors were all negative for PPAR $\gamma$ 2.

### Human platelets release PPAR $\gamma$ upon activation

We next investigated PPAR $\gamma$ 's fate in activated platelets. Interestingly, platelet PPAR $\gamma$  levels decreased following thrombin activation (Figure 2), suggesting PPAR $\gamma$  was released. Indeed, abundant PPAR $\gamma$  protein was detectable in thrombin-activated platelet supernatants as early as 30 seconds after activation. Conversely, PPAR $\gamma$  was detected within unactivated platelets, while corresponding supernatants contained little PPAR $\gamma$ . In addition to thrombin activation, TRAP, collagen, and PMA all induced PPAR $\gamma$  release from platelets within 30 seconds (Figure 2). PPAR $\gamma$  release was seen with the weak platelet agonist ADP; however PPAR $\gamma$  was not detectable in supernatants until 5 minutes after exposure (Figure 2).

### Latrunculin A blocks PPAR $\gamma$ release

PPAR $\gamma$  release was blocked by Latrunculin A (Lat A), which interferes with actin cytoskeletal reorganization [36]. Flaumenhaft *et. al* recently demonstrated that exposure to Lat A inhibits



$\alpha$ -granule release [36]. To ascertain PPAR $\gamma$  release kinetics, platelets were exposed to Lat A prior to PMA treatment, and cell-free supernatants examined for PPAR $\gamma$ . PMA treatment of platelets (Figure 3) strongly released PPAR $\gamma$  compared to untreated samples. Pre-treatment of platelets with Lat A (200  $\mu$ M) substantially inhibited PPAR $\gamma$  release suggesting the protein may be localized to  $\alpha$ -granules (Figure 3). Further morphologic and release rate data will be necessary to pinpoint the subcellular location of PPAR $\gamma$ .

### Human platelets express the PPAR $\gamma$ binding partner RXR

In nucleated cells, PPAR $\gamma$  forms a heterodimer with the Retinoid X Receptor (RXR) during transcription. We investigated in human platelets RXR expression, utilizing an antibody recognizing all forms of human RXR (RXR $\alpha$ , RXR $\beta$ , and RXR $\gamma$ ). Figure 4A shows that platelets purified from 3 individuals and 2 human megakaryocyte cell lines, Meg-01 and M-07e, express RXR protein. The two bands apparent in some lanes most likely represent different RXR forms. Platelets activated with TRAP, collagen, or thrombin all released RXR (Figure 4B). Co-IP studies were performed using an anti-PPAR $\gamma$  antibody and Western blotting for RXR and by the reciprocal experiment using an anti-RXR antibody for IP and Western blotting for PPAR $\gamma$ . Figure 4C demonstrates that PPAR $\gamma$  and RXR co-IP in both platelet lysates and TRAP-activated platelet supernatants. Since platelets contain some mRNAs [37], platelets and Meg-01 cells were evaluated for the presence of RXR mRNA. Real-time PCR was performed for RXR $\alpha$  and RXR $\beta$ , and levels were compared to adipose tissue which contains abundant RXR mRNA (Figure 4D). Platelets express 7S rRNA, which was used as a control for normalization; however, compared to adipose tissue and Meg-01 cells, which express RXR $\alpha$  and RXR $\beta$  RNA, platelets had little to no detectable product for either form of RXR.

### PPAR $\gamma$ released from human platelets retains DNA-binding activity

To examine PPAR $\gamma$  release further and to detect whether intact DNA-binding complexes of PPAR $\gamma$  were expelled, the TransAM PPAR $\gamma$  activity assay (Figure 5) and gel shift assay (EMSA) (data not shown) were used. Platelets were unactivated or activated with thrombin, TRAP, or collagen for 0.5 min and 1 min at which time cell-free supernatants were collected. The PPAR $\gamma$  activity assay utilizes a plate-bound PPRE-DNA oligonucleotide and a secondary incubation step with a PPAR $\gamma$  antibody. Increased binding to the DNA probe was observed in platelet supernatants with all three platelet activators as compared to the untreated control (Figure 5). Additionally, supernatants were incubated with a radiolabeled PPRE, and DNA-binding was assessed by EMSA. The EMSA results confirmed the PPAR $\gamma$  activity assay results, showing an increase in PPAR $\gamma$  DNA-binding in supernatants from activated platelets. A cold competitor (CC) control was performed for binding specificity using the 0.5 min TRAP sample and showed no shifted band.

### PMPs from activated platelets contain PPAR $\gamma$ and RXR

To determine whether platelet-released PPAR $\gamma$  was contained in PMPs, activated platelets and purified PMPs were labeled with a PPAR $\gamma$  antibody and visualized by fluorescence microscopy (Figure 6). A substantial portion of platelet PPAR $\gamma$  appeared to be compartmentalized in granules (Figure 6A). The staining clearly demonstrates that PMPs contain PPAR $\gamma$  protein (Figure 6B). In addition, PMPs contain RXR as depicted in the immunofluorescence staining in Figure 6C. An overlay of PPAR $\gamma$  and RXR staining in microparticles revealed most PMPs contain both PPAR $\gamma$  and RXR, although some PMPs are not double stained (Figure 6D), white arrows). Purified PMPs were also lysed and analyzed by Western blot for PPAR $\gamma$  and RXR (Figure 7A), and were positive for both proteins. The supernatant from the PMP isolation (PMP-poor fraction) was analyzed for PPAR $\gamma$  (Figure 7B) and showed there is PPAR $\gamma$  in PMP-poor fractions, suggesting that not all PPAR $\gamma$  is contained in PMPs. Since PMPs contained both PPAR $\gamma$  and RXR, an EMSA for PPAR $\gamma$  DNA-binding activity was performed on PMP

lysates (Figure 7C). The PMP PPAR $\gamma$  bound to the PPRE DNA element as indicated by the shifted band. Additionally, PMPs isolated from TRAP-activated platelets were positive for PPAR $\gamma$  activity using the TransAM PPAR $\gamma$  assay (Figure 7D, top graph). These results argue that PMP PPAR $\gamma$  is already bound by an endogenous ligand. To assess the extent of PMP PPAR $\gamma$  DNA-binding, we used the TransAM PPAR $\gamma$  assay to measure whether DNA-binding could be augmented or inhibited following treatment with the PPAR $\gamma$  agonist rosiglitazone, or the antagonist, GW9662, respectively. Our results are representative of three individual experiments, but shown for one individual donor in Figure 7D (bottom graph) and demonstrates that in the presence of rosiglitazone, there is only a modest increase in binding activity in the PPAR $\gamma$  agonist treated PMP compared to untreated. We previously showed that PPAR $\gamma$  derived from platelet lysates also binds DNA without treatment with PPAR $\gamma$  agonists, but binds 3- to 4-fold more strongly in the presence of PPAR $\gamma$  agonists [13]. We hypothesize that the marginal increase in PMP PPAR $\gamma$  DNA-binding following treatment with rosiglitazone is consistent with the idea that PPAR $\gamma$  in PMPs is already bound to an endogenous ligand, or to a ligand and co-activator. Such associations would stabilize the PPAR $\gamma$ /RXR complex. Moreover, the addition of the antagonist GW9662 alone does not significantly block PMP PPAR $\gamma$  binding to DNA (data not shown). GW9662 acts by potently inhibiting PPAR $\gamma$  binding activity via covalent modification of a cysteine residue in the ligand-binding site of PPAR $\gamma$  and may destabilize PPAR $\gamma$  conformation [38]. Clearly, future studies are required to understand the mechanism(s) that governs PMP PPAR $\gamma$  DNA-binding and function.

### Platelet-released PPAR $\gamma$ is transferred to THP-1 cells

Microparticles have been reported to be taken up by other cells such as macrophages [23]. Whether PPAR $\gamma$ -containing PMPs could be taken up by THP-1 cells was tested using PPAR $\gamma$ -FITC labeled PMPs. Our results show microparticles containing PPAR $\gamma$  are transferred to THP-1 cells as demonstrated by the appearance of FITC label in optical serial sections of THP-1 cells (Figure 7E). In support of the fluorescence data, PPAR $\gamma$  protein levels were measured by Western blot in THP-1 cells incubated with and without PMPs for 1 hour. Although THP-1 cells contain endogenous PPAR $\gamma$ , PPAR $\gamma$  expression in these cells is marginal until they are activated to induce upregulation of PPAR $\gamma$  protein [39]. The short 1 hour incubation was adequate for cells to take up PPAR $\gamma$ -containing PMPs, but not long enough for THP-1 cells to possibly be stimulated to make their own PPAR $\gamma$ . Figure 7F demonstrates PPAR $\gamma$  levels were increased in cells incubated with PMPs. Densitometry measurements (n=3) indicate an average 2.5  $\pm$  0.7 fold increase in PPAR $\gamma$  protein levels in PMP treated THP-1 cells compared to no treatment.

### Transcellular Effects of PMP-derived PPAR $\gamma$ in THP-1 cells

Recently, von Knethen et al reported that sequestration of PKC $\alpha$  in the cytosol leads to desensitization of monocytes/macrophages during sepsis [39]. During activation of the PPAR $\gamma$  expressing macrophage cell line, RAW 264.7, PKC $\alpha$  is translocated from the cytosol to the plasma membrane where it is subsequently depleted. In the presence of the synthetic PPAR $\gamma$  agonist, rosiglitazone, von Knethen and colleagues demonstrated that PKC $\alpha$  translocation was abrogated by direct protein/protein interaction with PPAR $\gamma$ 1 [39]. As reported herein, platelets contain the PPAR $\gamma$ 1 isoform only. To investigate whether internalized PMP PPAR $\gamma$  may elicit a similar function, we co-incubated THP-1 cells (a low PPAR $\gamma$  expressing cell line) for 1 hour with PMPs fluorescently labeled for PPAR $\gamma$ 1 and rosiglitazone (Figure 8), and examined cell morphology and PMP PPAR $\gamma$  localization using both reflected light differential interference contrast (DIC) and fluorescence microscopy. Our data demonstrate that PMP treatment alone strongly activates THP-1 cells (Figure 8A; Column1, compare untreated and PMP), as evidenced by the formation of pseudopodia (purple arrow), lamellae (red arrows) and a general flattening of the cells when compared to untreated cells that remain more rounded. In the presence of rosiglitazone alone, the cells appeared similar to

untreated cells (data not shown). Conversely, co-incubation of both rosiglitazone and PMPs demonstrates a dampening of THP-1 activation in cells that take up PPAR $\gamma$ -labeled PMPs (Figure 8; column 1, Rosi/PMP). These cells appear to have some features of both unactivated and activated cells, yet the observed cellular changes do not fully resemble that of PMP activated THP-1 cells. For example, the Rosi/PMP treated cells have some pseudopodia formation (purple arrows), but they are not as flat as the PMP treated cells and have not formed lamellae-type structures. Fixed and permeabilized THP-1 cells were also stained for PKC $\alpha$  and the nucleus counterstained to investigate PMP PPAR $\gamma$  and PKC $\alpha$  localization. Consistent with the changes in cellular morphology, cells activated with platelet-derived PMPs exhibit membrane localization of PKC $\alpha$  (Figure 8A; Column 2, green arrow) as well as reduced PKC $\alpha$  fluorescence suggesting depletion of PKC $\alpha$  protein in these cells (Figure 8A; Column 2, white arrows indicate PMP PPAR $\gamma$  uptake). Following co-incubation of both PPAR $\gamma$ -containing PMPs and rosiglitazone, THP-1 cells that contain fluorescent PMPs retain more PKC $\alpha$  fluorescence that is dispersed mainly throughout the cytosol, suggesting a PPAR $\gamma$  dependent transcellular attenuation of THP-1 activation (Figure 8A; Column 2, Rosi/PMP). Further investigation is required to determine the mechanism of this transcellular attenuation of THP-1 activation and to specifically localize PMP PPAR $\gamma$ .

We are currently developing novel techniques via live imaging of cells in culture that allow us to study biological processes in real time (Figure 8B). Live imaging of THP-1 cells clearly show changes in the plasma membrane (PM) upon addition of PMPs (Figure 8B, compare untreated cell to PMP treated cells (<1 hour and 1 hour)), such as the dynamic formation of pseudopodia (purple arrow) and lamellae-type structures (red arrow), which are evident within the first hour of treatment. Additionally, within the lamellae-type structures, there is accelerated movement of cellular contents that is not witnessed in untreated cells. This activity is consistent with cytoskeletal rearrangement as well as other changes associated with cellular activation. This new high definition microscopic technology will be used in the future to further visualize PMP activation and real time uptake of fluorescent PMP PPAR $\gamma$  under various conditions including PPAR $\gamma$  agonist treatment of cells.

## Discussion

The results presented herein are the first to demonstrate that PPAR $\gamma$ , in particular PPAR $\gamma$ 1, is released from human platelets in response to platelet agonists. Interestingly, human platelets also contain the PPAR $\gamma$  binding partner RXR, and some PPAR $\gamma$  is released from activated platelets as a functional heterodimer (PPAR $\gamma$ /RXR). The expelled PPAR $\gamma$  was found in platelet releasate and associated with PMPs, and both forms of released PPAR $\gamma$  retain functional DNA-binding capability. To our knowledge, this is the first report demonstrating release of transcription factors from activated human platelets. Transcription factors thus constitute a new class of platelet-released molecules that could have a broad range of biological effects and possibly be used as biomarkers of platelet activation.

We found that PPAR $\gamma$  release could be prevented by pre-treatment with Lat A, an inhibitor of cytoskeletal reorganization. This suggests PPAR $\gamma$  release is in part dependent on cytoskeletal changes associated with platelet activation [36]. It is known that PMP formation and release involves cytoskeletal rearrangement [40] and is necessary for  $\alpha$ -granule release [36], suggesting PPAR $\gamma$  may be a constituent of  $\alpha$ -granules. Future studies will be necessary to clearly define the subcellular localization of PPAR $\gamma$ .

PPAR $\gamma$  from both unactivated and activated platelets binds the PPAR DNA consensus sequence in the absence of added PPAR $\gamma$  agonists [13]. This activity can be further enhanced by the addition of natural and synthetic PPAR $\gamma$  agonists. Our new data show that PMP PPAR $\gamma$  also retains substantial DNA-binding activity in the absence of added ligand, but in



contrast to platelets, this activity is only modestly enhanced by agonist addition. In fact, PMPs are generated from activated platelets, which produce an endogenous ligand that promotes strong DNA-binding. Upon activation, platelets generate and release lysophosphatidic acid (LPA), a known PPAR $\gamma$  ligand [11]. Moreover, Johnson et al. have shown that PPAR $\gamma$ /RXR heterodimer stability is achieved by ligand binding and further strengthened by co-activator association [41]. Our results suggest that PMPs from activated platelets contain stable ligand bound to PPAR $\gamma$ /RXR heterodimers. Therefore, we were not surprised when GW9662 did not substantially inhibit PMP PPAR $\gamma$  DNA-binding activity, using an *in vitro* assay. GW9662 is an irreversible antagonist of PPAR $\gamma$ . It is hypothesized that binding of GW9662 does not stabilize PPAR $\gamma$  to the extent an agonist does and thus, dampens its activity. While the PMP PPAR $\gamma$ /RXR complex released from activated platelets does bind DNA, it may also function via a non-genomic mechanism.

PPAR $\gamma$  was originally characterized as a “transcription factor”, but it also has non-transcriptional functions. These include anti-inflammatory properties that are partially attributed to its transrepression ability. For example, PPAR $\gamma$  can physically bind to NF- $\kappa$ B, preventing nuclear translocation or enhancing transport of NF- $\kappa$ B out of the nucleus [6]. Furthermore, PPAR $\gamma$  can be SUMOylated and indirectly inhibit NF- $\kappa$ B by binding to the co-repressor complex on NF- $\kappa$ B DNA-binding sites [42]. Recent studies also provide evidence that cytosolic localization of PPAR $\gamma$ 1, blocks translocation of PKC $\alpha$  to the membrane in monocytes and macrophages mediating cellular desensitization [39]. Thus, PPAR $\gamma$  may bind proteins within the platelet and prevent release of bioactive mediators. It was also recently shown that the nuclear hormone receptors, RXR $\alpha$  and RXR $\beta$ , are contained in human platelets and that RXR receptors can bind to the G-protein, Gq, and via a nongenomic mechanism inhibit platelet activation [43]. These data support the premise that nuclear receptors may be integral players in protein-protein interactions and cellular signaling separate from their transcriptional roles.

The release of PPAR $\gamma$  in association with PMPs is intriguing. PMPs are an important delivery and cell signaling system in inflammatory and hemostatic processes. PMPs can signal expression of adhesion molecules [28], modulate cell to cell interactions [44], and transfer functional receptors between cell types [45]. Our studies show that PPAR $\gamma$  labeled PMP can be internalized by the monocytic cell line, THP-1. In support of our findings, Koppler et. al demonstrated that microparticles released from three different human cell lines were transferred to monocytes and B cells [25]. Some released PPAR $\gamma$  is not associated with PMPs, and may be expelled as soluble protein or contained within platelet-released exosomes, a smaller class of microparticle (40–90 nm) without a pro-coagulant function. The function of platelet-released PPAR $\gamma$  is not yet elucidated, but it could serve as a biomarker of platelet activation or influence cells that incorporate a PMP. It is well established that PMP stimulation of THP-1 cells induces inflammatory cytokines and cell adhesion molecules [28]. Here we provide evidence that internalization of PPAR $\gamma$ -containing PMPs elicits a transcellular attenuation of THP-1 cell activation in the presence of a PPAR $\gamma$  agonist, rosiglitazone. The mechanism of this attenuation is currently under investigation. As stated above, PPAR $\gamma$  activation is known to elude effects in nucleated cells via non-genomic mechanisms that include protein modification and direct protein/protein binding with key signaling pathways such as NF- $\kappa$ B and PKC $\alpha$ . It is also documented that PPAR $\gamma$  agonists can influence cytoskeletal rearrangement in monocytes [46]. For example, the phospholipid mediator, platelet-activating factor (PAF), is a potent inflammatory molecule and functions in THP-1 macrophages to promote actin cytoskeletal rearrangement. It has been demonstrated that the PPAR $\gamma$  agonist, Pioglitazone, inhibits PAF mediated changes in the macrophage cytoskeleton to down regulate inflammation [47].

Platelet activation and release of their constituents plays a central role in hemostasis, immunomodulation and inflammation. Our exciting discovery that human platelets release PPAR $\gamma$  and RXR expands the spectrum of proteins contained within these cells. Additionally, we provide the foundation evidence that internalized platelet PPAR $\gamma$  protein appears capable of biologic activity in THP-1 cells. This discovery may represent a novel mechanism of transcellular regulation. Thus, it is important to further study the mechanism of PPAR $\gamma$  release and its regulation. Finally, released PPAR $\gamma$  and other proteins could serve as markers that platelets have been activated.

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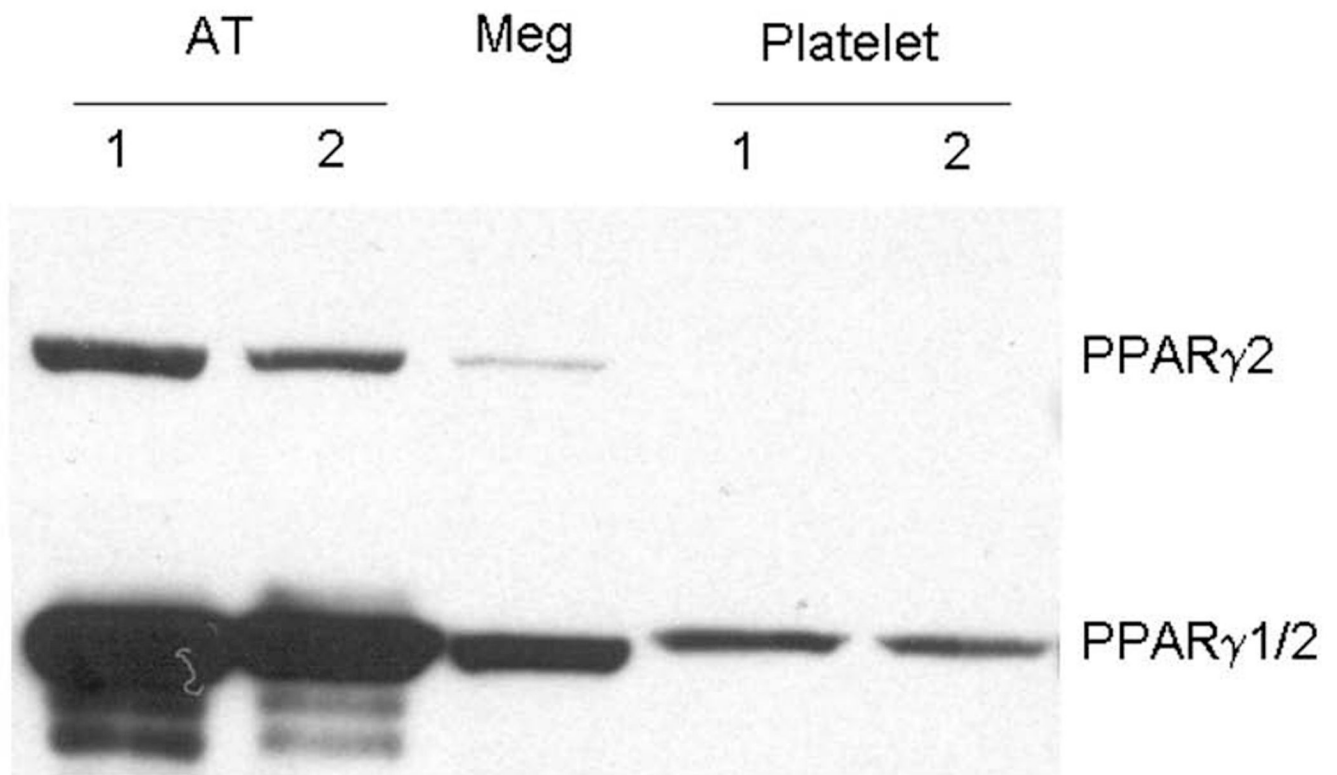
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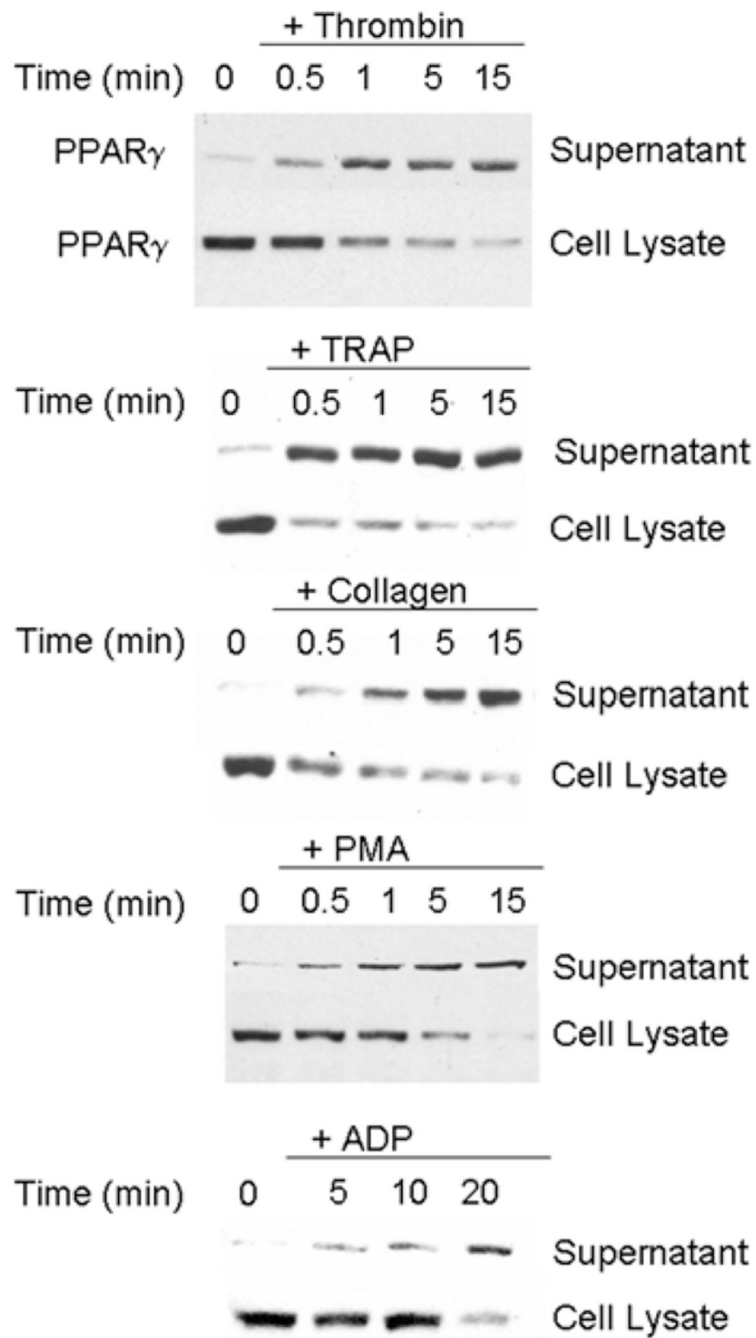
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**Figure 1. Human platelets contain only PPAR $\gamma$ 1 protein**

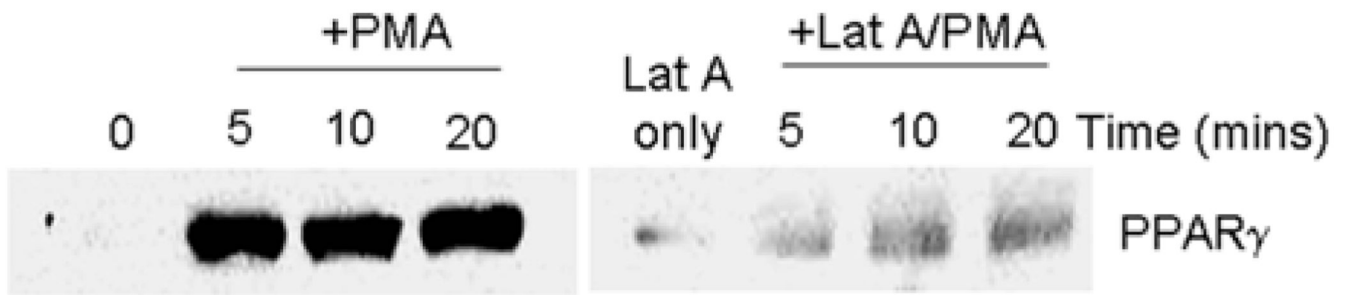
**A)** Western blot analysis for PPAR $\gamma$ 2 (top) reveals Meg-01 cells do contain PPAR $\gamma$ 2 protein. Platelets from two individuals are negative for PPAR $\gamma$ 2. Adipose tissue (AT) was used as a positive control. The bottom blot depicts total PPAR $\gamma$  (both PPAR $\gamma$ 1 and 2) in the same samples. (10  $\mu$ g protein/lane).





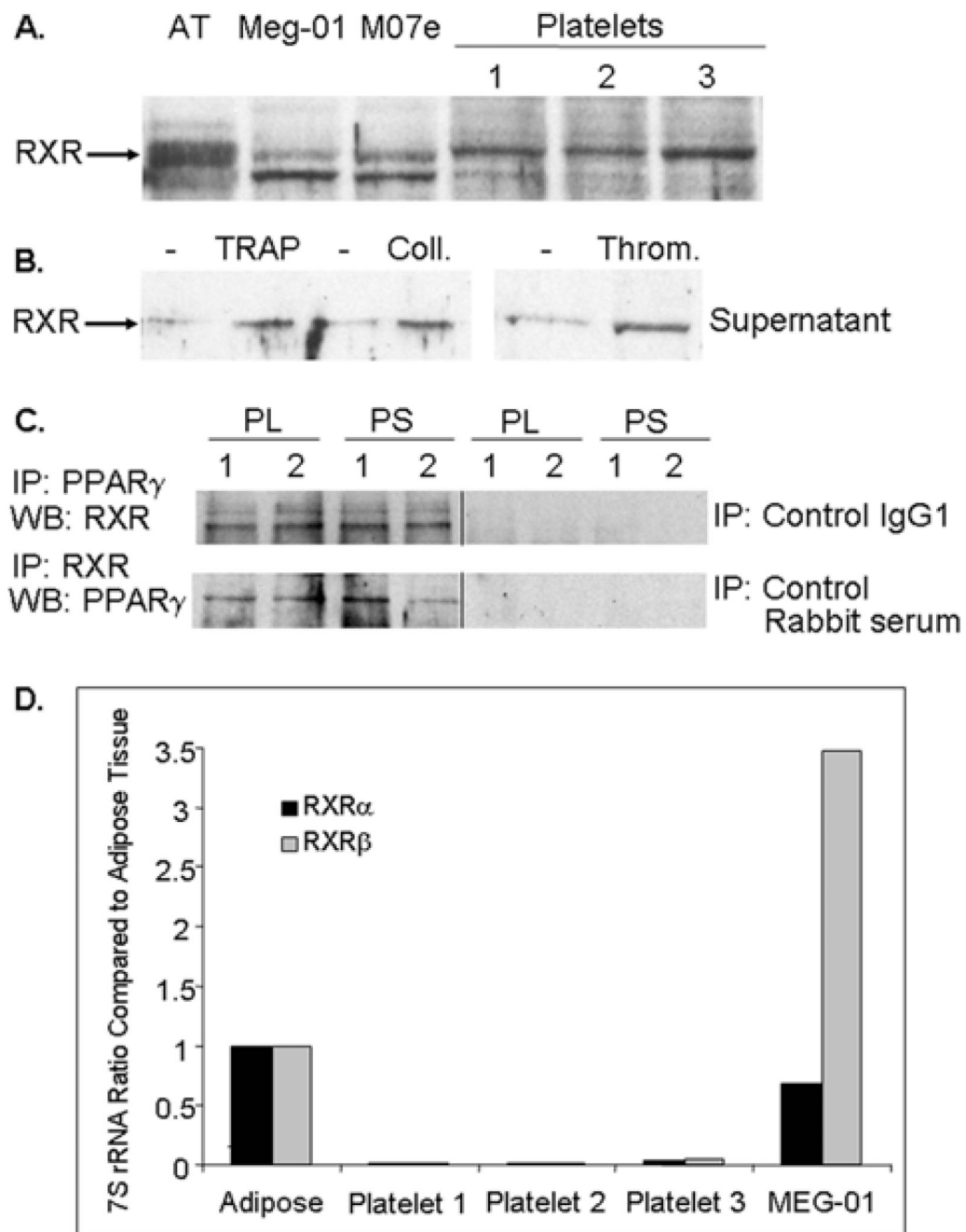
**Figure 2. PPAR $\gamma$  is released from activated platelets**

Platelets were activated with thrombin, TRAP, collagen, PMA, or ADP for the indicated times and a Western blot for PPAR $\gamma$  was performed on supernatants and cell lysates (equal volume). Results are representative of at least 10 experiments.



**Figure 3. Platelet PPAR $\gamma$  release is inhibited by Lat A**

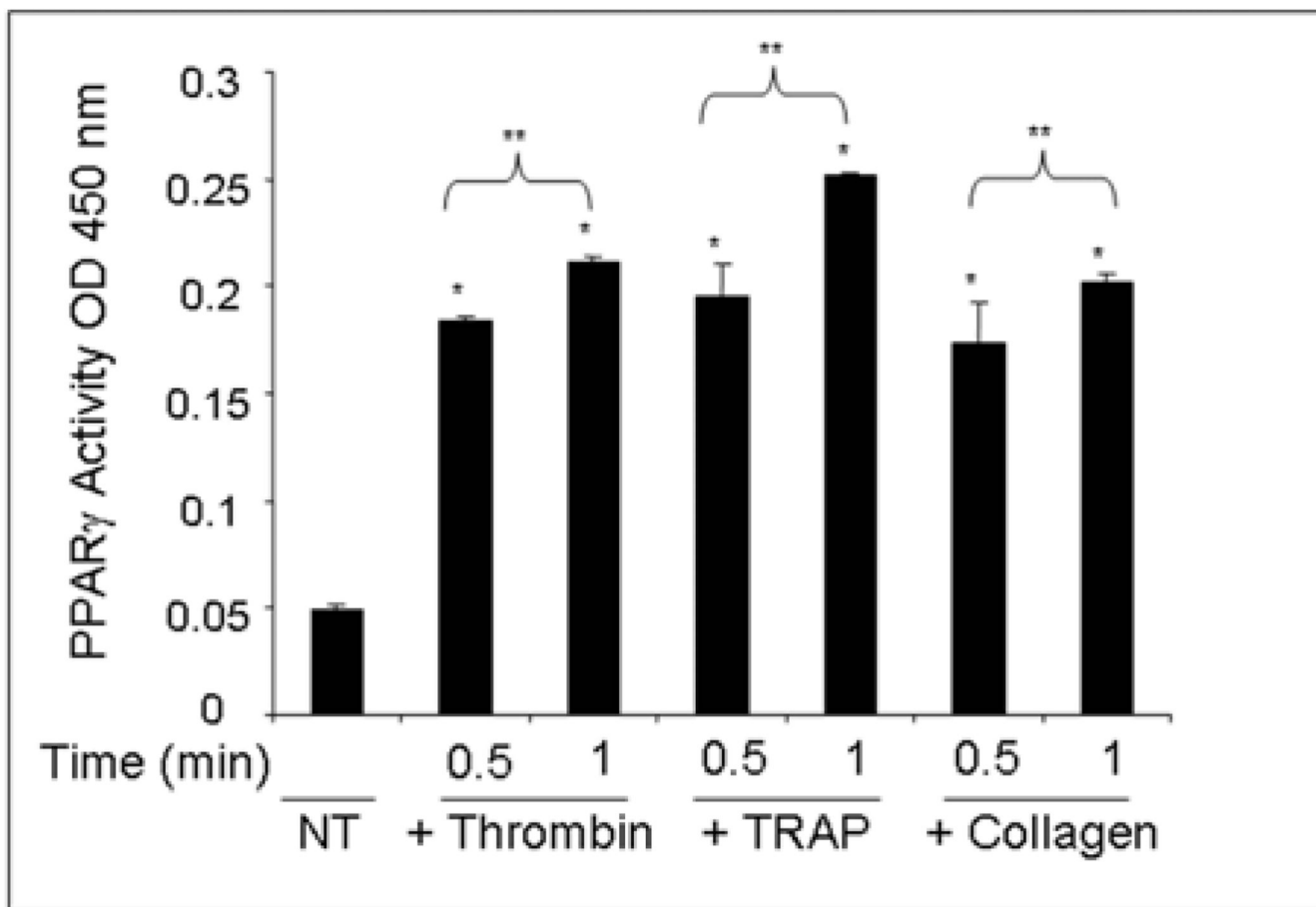
Platelets were pre-incubated with the actin cytoskeleton inhibitor Lat A for 20 min and then activated with PMA. Cell-free supernatants were examined by Western blot for PPAR $\gamma$  (equal volume).



**Figure 4. Human platelets express RXR protein and release RXR upon activation**

(A) Platelets, and Meg-01 and M-07e human megakaryocyte cell lines were analyzed for RXR protein expression (10  $\mu$ g/lane). (B) Platelets were unactivated or activated with TRAP, collagen, or thrombin (5 min) and cell-free supernatants analyzed for RXR protein. (C) PPAR $\gamma$  and RXR immunoprecipitations were performed using unactivated platelet lysates (PL), and supernatants (PS) from TRAP-activated platelets. IP samples contained 50  $\mu$ g of total protein and an antibody to either PPAR $\gamma$  or RXR. The PPAR $\gamma$  IP was blotted for RXR and the RXR IP was blotted for PPAR $\gamma$ . Control antibody IPs were negative for RXR and PPAR $\gamma$ . (D) Real-time RT-PCR was performed for RXR $\alpha$  and RXR $\beta$  RNA isolated from

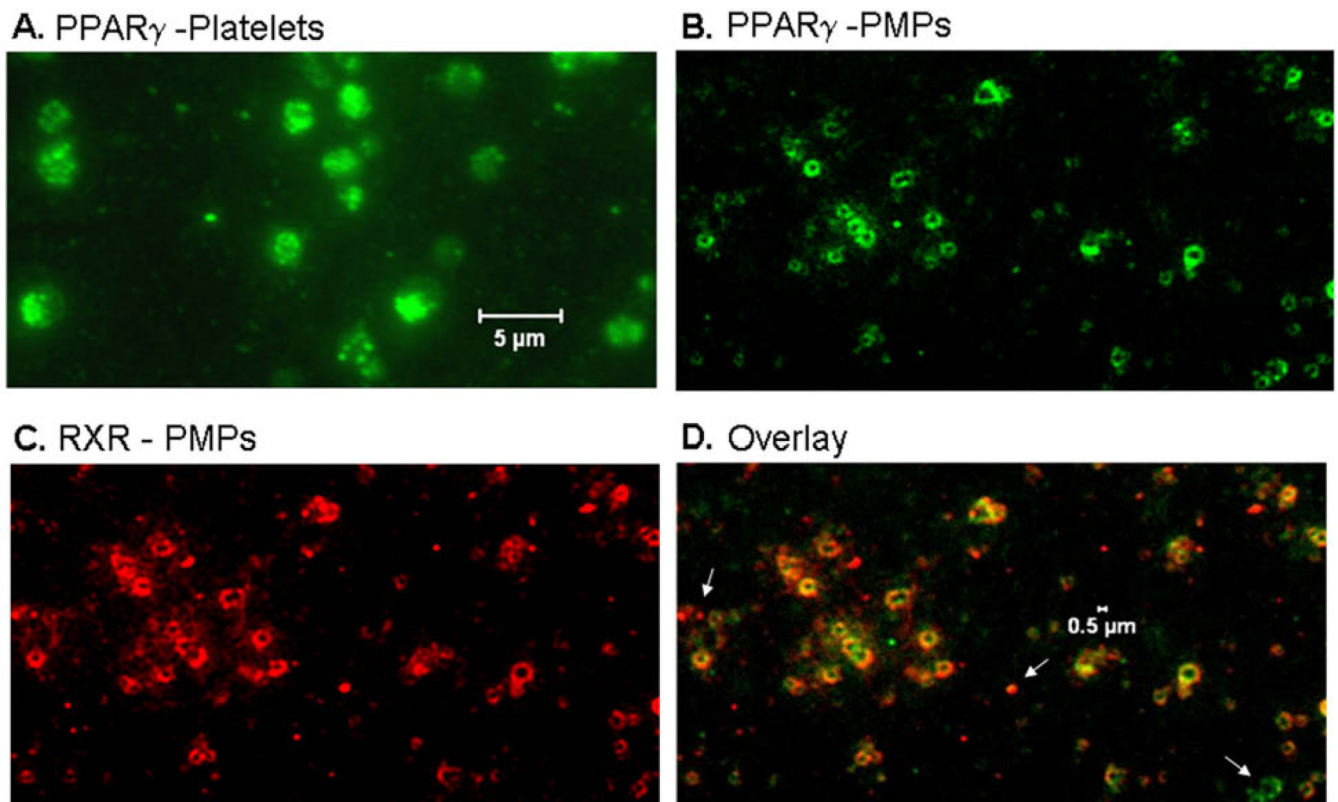
platelets, Meg-01 cells, and human adipose tissue. The cycle threshold ratio of RXR to 7S rRNA was calculated and compared to adipose tissue (set at a ratio of 1).



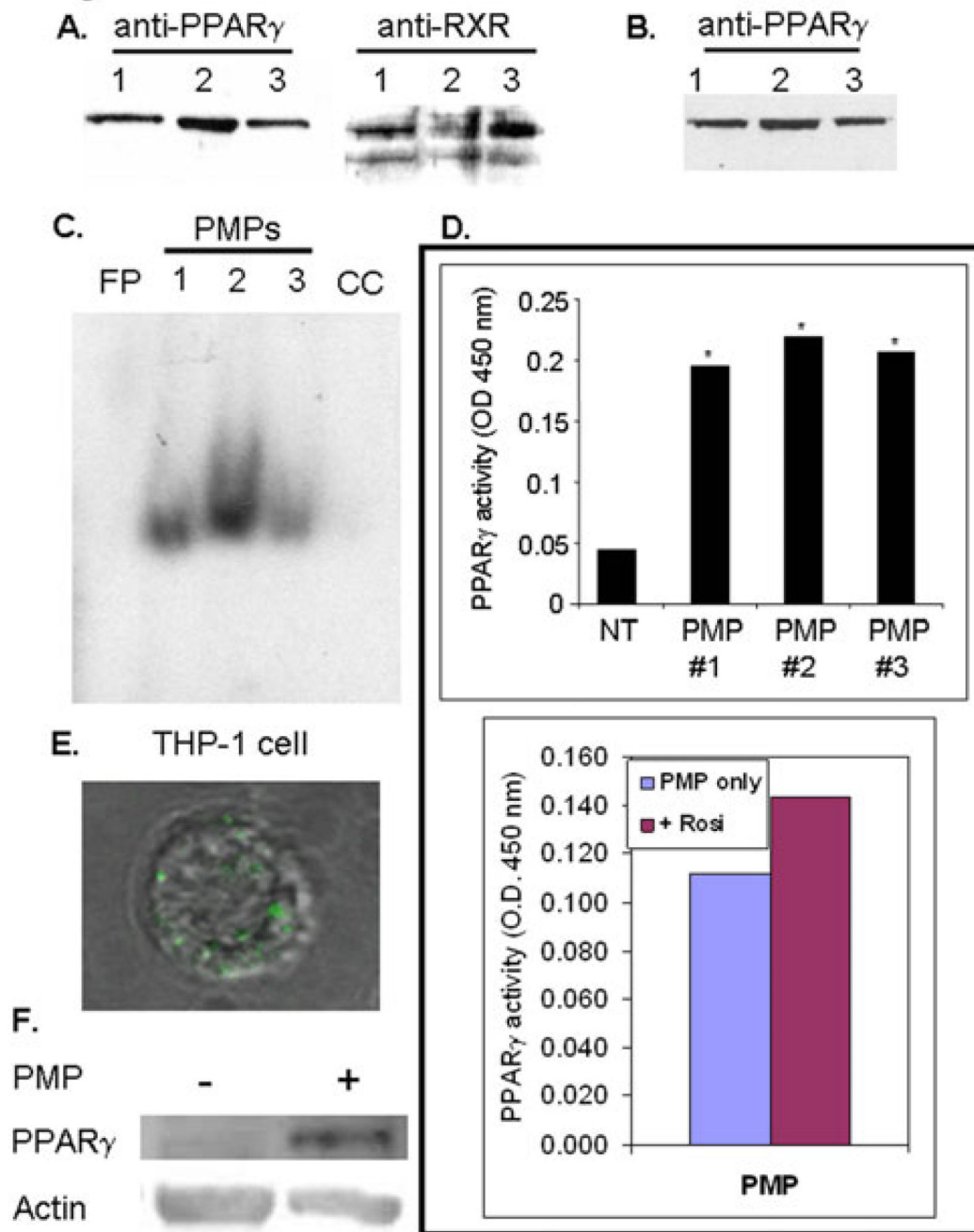
**Figure 5. The PPAR $\gamma$  released from human platelets retains DNA-binding activity**

Platelets were unactivated (NT = no treatment) or activated with thrombin, TRAP, or collagen (0.5 or 1 min). A PPAR $\gamma$  activity assay was performed using platelet supernatants. PPAR $\gamma$  was detected using a PPAR $\gamma$  antibody. The results are graphed as the OD value at 450 nm and are the average of duplicate samples. Error bars represent the standard deviation from the mean. The PPAR $\gamma$  activity released from the treated versus untreated platelets was significantly greater (\* $p < 0.0001$ ) for all three agonists at both 0.5 minute and 1.0 minute time points. The PPAR $\gamma$  activity released was significantly greater for each agonist at 1.0 minute than at 0.5 minute at (\*\* $p < 0.05$ ) for all three agonists.





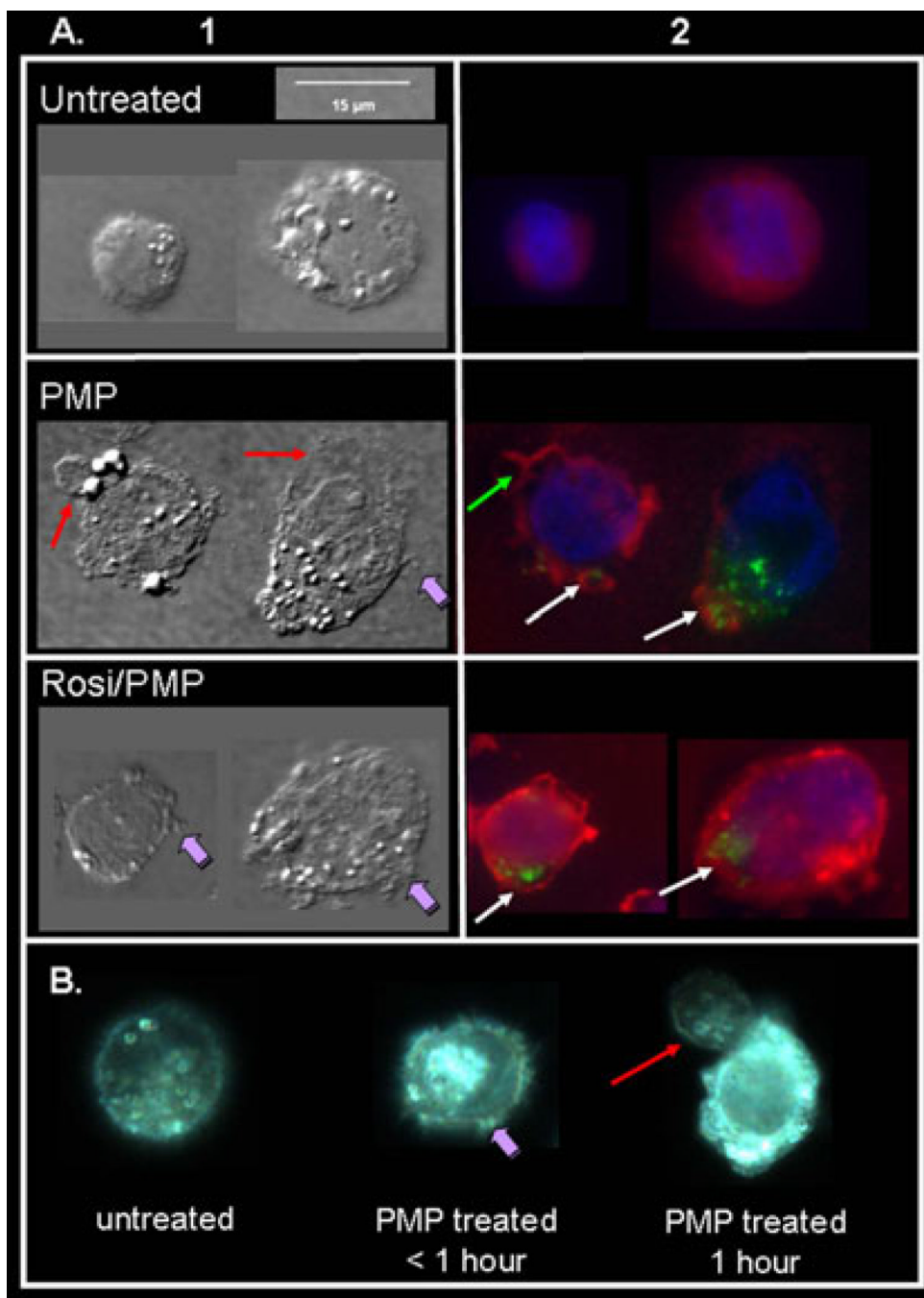
**Figure 6. Microparticles released by activated human platelets contain PPAR $\gamma$  and RXR**  
Platelets were activated with TRAP and PMPs isolated. Both the platelet (A) and PMP (B) fractions were labeled with an anti-PPAR $\gamma$  antibody and visualized by fluorescence microscopy (final magnification 1000X). (B) Immunofluorescence labeling of PMPs with anti-PPAR $\gamma$  (green) or (C) anti-RXR (red) antibodies indicates that PMPs co-express PPAR $\gamma$  and RXR (overlay) (D) (final magnification 1000X). White arrows indicate PMPs that are single positive for either PPAR $\gamma$  or RXR.



**Figure 7. PMP-derived PPAR $\gamma$  retains DNA-binding activity**

(A) Purified PMPs were analyzed for PPAR $\gamma$  and RXR protein expression (10  $\mu$ g/lane). (B) PMPs were pelleted by centrifugation and the PMP-poor supernatant analyzed for PPAR $\gamma$  (5  $\mu$ g protein/lane). Each lane in (A) and (B) represents a different donor (1–3). (C) An EMSA was performed using PMP lysate incubated with radiolabeled probe containing the PPAR DNA consensus sequence. FP-free probe, CC-PMP sample #3 incubated with cold competitor. (D) *Top graph:* A PPAR $\gamma$  activity assay was performed on isolated PMPs. DNA-bound PPAR $\gamma$  was detected using a PPAR $\gamma$  antibody. The results are graphed as the OD value at 450 nm. The platelet microparticle preparations from treated versus a no treatment control (NT) had PPAR $\gamma$  activity that was greater at \* $p < 0.0001$  for each of the three experiments. *Bottom*

*graph*: PPAR $\gamma$  activity was repeated on PMPs in the presence of the PPAR $\gamma$  agonist, rosiglitazone (Rosi, 20  $\mu$ M), to detect augmentation of DNA-binding. **(E)** PMPs containing fluorescently labeled PPAR $\gamma$  were incubated with THP-1 cells. PPAR $\gamma$ -FITC labeled PMP are internalized as represented in an overlay of corresponding fluorescence and brightfield confocal images (final magnification 1000X). **(F)** THP-1 cells were incubated with or without PMP, and analyzed for PPAR $\gamma$  protein and actin.



**Figure 8. PMP-derived PPAR $\gamma$  dampens THP-1 cell activation in the presence of Rosiglitazone** THP-1 cells ( $1 \times 10^6$  cells) were incubated with and without purified PMPs from  $1 \times 10^9$  platelets and labeled for PPAR $\gamma$  (green). Cells were thoroughly washed and applied to chamber slides. Fixed and permeabilized cells were stained with anti-PKC $\alpha$  (red). Cell nuclei were counterstained for DAPI (blue). (A) Reflected light differential interference contrast (DIC) microscopy was used to reveal changes in cellular morphology as shown in **Column 1** following various treatments. THP-1 cells are activated by PMP treatment. The overlay in **Column 2** demonstrates PMP PPAR $\gamma$  and PKC $\alpha$  localization with respect to the nucleus and cytosol. THP-1 cell activation is attenuated in the presence of both PMP PPAR $\gamma$  and rosiglitazone when compared to PMP alone as evidenced by cell morphology (**Column 1**) and

cytosolic retention of PKCa in PMP containing cells (**Column 2**). The data is representative of three individual experiments.in the presence of rosiglitazone (Rosi, 20  $\mu$ M) and PMPs. **(B)** Live images of THP-1 cells untreated or incubated with PMPs (< 1 hour or 1 hour) show changes in cell morphology following activation.