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# **The adenosinergic immuno-modulatory drugs**

#### **Akio Ohta** and **Michail Sitkovsky**

New England Inflammation and Tissue protection Institute, Northeastern University, 113 Mugar Health Science Building, 360 Huntington Avenue, Boston, MA 02115, United States

# **Abstract**

Hypoxia-driven increase of extracellular adenosine in local tissue microenvironments of inflamed and cancerous tissues plays a critical role in the regulation of tissue destruction by activated immune cells. Accumulated data suggest that injection or consumption of A2A adenosine receptor (A2AR) antagonists may represent a drug treatment that diminishes adenosine-mediated immunosuppression. Since this, in turn, enhances the immune response, inhibition of adenosine-A2AR signaling may be a promising approach to enhance anti-tumor or anti-pathogen immune response. Patients with disorders characterized by excessive inflammation may be at risk to A2AR antagonists (e.g. caffeine) because of the effect to increase inflammatory damage secondary to enhanced immunity. On the other hand, enhancement of hypoxia-adenosinergic immunomodulatory pathways may be beneficial to prevent inflammatory tissue destruction.

# **Introduction**

Immune cells have evolved to destroy pathogens by direct cell cytotoxicity and by secretion of pathogen-destroying or pathogen-neutralizing molecules. Inflammatory mediators such as cytokines and reactive oxygen/nitrogen species can non-specifically cause damage to local tissues that may compromise normal tissue function. Therefore, inflammatory response must be carefully regulated to effectively clear pathogens but also to prevent critical inflammatory damage to vital organs [1,2]. On one hand, anti-inflammatory drugs are desirable to stop uncontrolled inflammatory tissue injury. On the other hand, there is also a need in drugs to enhance anti-pathogen or anti-tumor immune responses *in vivo*. Thus, it is important to extensively investigate a key physiological mechanism that regulates inflammatory response *in vivo*.

# **Adenosinergic protection of normal tissues**

The recognition of cAMP as an immunosuppressive second messenger molecule initiated investigations leading to current understandings on the implication of A2AR in tissue protection. It has been demonstrated that cAMP is capable of inhibiting effector functions of T cells. Activation of cAMP-dependent protein kinase (PKA) was shown to inhibit T cell receptor-triggered trans-membrane signaling pathways [3,4]. Subsequent studies identified several intracellular signaling molecules that receive phosphorylation by PKA. For example, it was shown that PKA-mediated phosphorylation of COOH-terminal Src kinase (Csk) induced

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Corresponding author: Akio Ohta (Phone: 617-373-5188, Fax: 617-373-5834). E-mail: a.ohta@neu.edu (AO), m.sitkovsky@neu.edu (MS)

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phosphorylation of Lck kinase [5]. This event resulted in negative regulation of Lck, and represents one of the important reasons for cAMP-mediated inhibition of T cell activation.

Pharmacological induction of cAMP is clearly suppressive to T cell activation. However, cAMP's physiological immunoregulatory role in inflammation was uncertain. Further studies were required to determine if cAMP is upregulated in the course of inflammation and plays a role in physiological down-regulation of inflammation. Indeed, it is well established that cAMP is induced by Gs protein-coupled receptor ligation, and some of them, including histamine, βadrenergic, prostaglandin, and adenosine receptors can inhibit T cell function when pharmacologically activated. It was not known, however, if any of these receptors play a crucial role in physiological down-regulation of inflammation due to spontaneous accumulation of a ligand.

Appropriate control of inflammatory response is vital to preserve normal tissue functions. Excessive collateral damage to healthy tissues threatens tissue functions, and should be stopped by an immunomodulatory mechanism which reacts quickly to tissue damage. One candidate for such a mechanism is extracellular adenosine. Indeed, increase of adenosine levels has been demonstrated in inflammation such as asthma and sepsis. Upon host recognition of a pathogen, inflammatory cells try to destroy the infected area in order to eliminate existing pathogens. This danger response damages not only infected cells but also surrounding components including non-infected cells and blood vessels. The disturbance in blood supply to local tissues decreases oxygen supply downstream of the damaged blood vessels, and local hypoxia ensues. Hypoxia regulates adenosine metabolism toward extracellular accumulation of adenosine. First of all, hypoxia increases enzymatic catabolism of extracellular ATP to adenosine [1,2]. The source of extracellular ATP may be efflux from intracellular pool. The greater release of ATP is expected from damaged/dead cells in inflamed tissue. Hypoxia is known to upregulate apyrase and 5'-nucleotidase, which degrade ATP into adenosine. Phosphorylation of adenosine to AMP by adenosine kinase also decreases under hypoxia. In addition, hypoxia can inhibit cellular adenosine uptake by membrane nucleoside transporter. Taken together, these changes facilitate increase in extracellular adenosine concentration in hypoxic tissue microenvironment [1,2].

# **Critical role of A2AR in the control of inflammation**

There are four distinct receptor subtypes for adenosine, i.e. A1, A2A, A2B and A3 adenosine receptors [7]. Adenosine receptors are G-protein coupled receptors and particularly Gs-proteincoupled A2A and A2B adenosine receptors can increase intracellular cAMP levels by activating adenylate cyclase. Expression pattern of adenosine receptor subtypes varies dependent on cell types. Pharmacological and biochemical studies established that A2AR are predominant subtype in immune cells [4,6] and adenosine-A2AR interaction is capable of inhibiting inflammation by cAMP induction. The anti-inflammatory effects of extracellular adenosine through adenosine receptor signaling has been known and investigated for a long time [7]. Others have shown that anti-inflammatory drugs, such as methotrexate, sulfasalazine and aspirin, exert their anti-inflammatory effects by triggering the accumulation of extracellular adenosine in tissues [8,9]. The next question was whether the adenosine-A2AR pathway is actually involved in the regulation of activated immune cells *in vivo*.

A2AR-deficient mice were first developed in order to study cardiovascular and neurological systems where A2ARs are widely distributed [10,11]. A2AR-deficient mice quickly became a valuable research tool in immunological studies of A2AR function. We hypothesized that if the A2AR-mediated signaling is negatively regulating overactive immune cells, the intensity and duration of inflammatory responses will be increased in A2AR-deficient mice. The induction of hepatic inflammation in A2AR-deficient mice provided an evidence for the

physiological immunoregulatory role of A2AR. To induce T cell-dependent acute hepatitis, we injected concanavalin A into mice at a dose creating moderate liver damage in wild-type mice. The same dose of concanavalin A in A2AR-deficient mice, however, was much more devastating compared to wild-type mice [12]. In the same A2AR-deficient mice, concanavalin A injection resulted in sustained and elevated levels of pro-inflammatory cytokines [12]. Augmented inflammatory response in A2AR-deficient animals was also observed in CpG oligonulceotide-activated myeloid cells, ischemia-reperfusion injury, sepsis, and toxininduced lung inflammation [13-16]. In addition to cytokines, A2AR stimulation suppresses leukocytes infiltration in response to inflammatory chemokines such as RANTES, MCP-1 and IL-8 [17]. These studies demonstrate a crucial immunosuppressive role of A2AR in pathophysiological conditions.

A2B adenosine receptors (A2BR) are also Gs-coupled receptors which are co-expressed with A2AR in immune cells. Recent development of A2BR-selective agents and A2BR-deficient mice revealed various functions of A2BR in inflammation. Stimulation of A2BR upregulates IL-6 production, and plays a proinflammatory role in the exacerbation of allergic asthma and colitis [18-20]. However, studies using gene-deficient mice showed an anti-inflammatory role of A2BR, i.e. spontaneous vascular inflammation and exacerbated lung injury in A2BRdeficient mice [21-23]. Since A2BR are expressed on both immune cells and epithelial cells, these controversial results may be caused by difference in cell type-specific responses to adenosine via A2BR during inflammation.

# **The hypoxia-adenosinergic pathway control over-activation of immune cells**

Extracellular adenosine increases not only by the inhibition of adenosine kinase [24] but also due to activities of 5'-ectonucleotidase and apyrase, cell surface enzymes that degrade extracellular ATP to adenosine [25-27]. Hypoxia-inducible factor-1 $\alpha$  (HIF-1 $\alpha$ )-mediated induction of 5'-nucleotidase plays an important role in the accumulation of extracellular adenosine in hypoxic tissues [1,25]. These findings extended into studies to determine if hypoxia triggers immunosuppressive pathways. Whole body exposure of mice to hypoxia (10% oxygen) significantly increased adenosine concentration in the blood. Mice exposed to whole body hypoxia were significantly resistant to toxin-induced lung injury and concanavalin Ainduced liver injury revealing that total body hypoxia decreased inflammatory tissue damage [15,28]. This inhibition of inflammatory tissue damage was, at least in part, mediated by adenosine-A2AR pathway.

Thus, adenosine-mediated regulation of inflammatory responses can be summarized as follows: Inflammatory tissue damage causes an interruption of the blood supply to the area of inflamed tissue. The ensuing local tissue hypoxia will result in the accumulation of extracellular adenosine which will feedback to activate adenosine receptors on activated immune cells. Activation of A2AR inhibits T cell receptor and toll-like receptor signaling pathways subsequent to the rise in intracellular levels of cAMP. At critical levels of inflammation, the adenosine-A2AR negative feedback mechanism serves as a second signal to down-regulate inflammation.

# **Exaggeration of inflammation by caffeine consumption**

Current data strongly suggests that drugs that interfere the hypoxia-adenosinergic signaling can weaken the tissue protective mechanism and result in the enhancement of the inflammatory response. Indeed, interruption of adenosine-A2AR pathway can augment inflammation as demonstrated in exacerbation of inflammatory tissue damage by an A2AR antagonist ZM241385 [12]. Interestingly, there are naturally occurring adenosine rececptor antagonists, including caffeine. Caffeine has multiple biochemical targets, e.g. cAMP phosphodiesterase, phosphatidylinositol-3-kinase, and A1 and A2A adenosine receptors [29,30]; however,

adenosine receptors are the most potent target of caffeine. Caffeine requires more than 20 times higher concentration to activate mechanisms other than adenosine receptor antagonism [29]. We found that caffeine could enhance inflammatory tissue damage by A2AR-dependent mechansim [31]. It is of clinical importance that the intensity of acute inflammation may be exaggerated in caffeine-consuming humans because blood caffeine concentration in caffeine consumers is usually high enough to block A2AR. Therefore, anti-hypoxia-adenosinergic drugs should be considered -as the inflammation itself- the "double-edged sword". One might be better to avoid A2AR antagonists if suffering from inflammatory disorders. However, it should be noted that the enhancement of inflammation is favorable in some situations, e.g. treatment of cancer.

# **Targeting A2AR to improve immunotherapy of cancer**

Cancer immunotherapy by endogenously developed or adoptively transferred anti-tumor T cells is complementary to conventional treatments by surgery, radiotherapy or chemotherapy [32,33]. However, a potential obstacle in cancer immunotherapy is that malignant cells can create a self-protective, immunosuppressive tumor microenvironment preventing tumor destruction by anti-tumor T cells [34]. Indeed, T cell infiltration in tumors has been demonstrated in many human patients. These tumor-infiltrating T cells are not active in tumor microenvironment despite recognition of the tumor a foreign antigen. Therefore, even when tumor cells express antigens and there is a significant accumulation of tumor antigen-specific T cells in the tumor, the incidence of complete tumor destruction remains very low [35,36]. Interestingly, tumor-infiltrating T lymphocytes can reinstate very strong anti-tumor activities, if their environment is switched from the *in vivo* tumor microenvironment to an *in vitro* standard normoxic cell culture condition. The significance of *in vivo* cellular environments on T cell activities was demonstrated in studies showing rapid tolerization of anti-tumor T cells in intratumoral environments, but not in other tissues [37,38].

Tumors are hypoxic because of abnormal tissue geometry and neovascularization [39]. The demonstration of the critical and non-redundant role of A2AR in inhibition of T cells suggested that hypoxic tumor environments can inhibit anti-tumor T cells using the same mechanism. The increase of extracellular adenosine levels in tumor microenvironment that was remarkable, and we predicted A2AR-mediated inhibition of incoming anti-tumor T lymphocytes. Supporting our prediction, it was found that tumor-bearing A2AR-deficient mice endogenously developed anti-tumor T cells that led to complete tumor rejection, whereas no wild-type mice could reject the tumor [40]. Similar effects were observed in studies of adoptive cancer immunotherapy. Efficacy of anti-tumor T cell transfer into tumor-bearing mice was significantly improved by co-treatment with A2AR antagonists [40]. Taken together, intratumoral adenosine may be one of the important reasons for rapid inactivation of anti-tumor T cells in the tumor microenvironment. Inhibition of the adenosine-A2AR pathway is a promising approach to improve cancer immunotherapy to accomplish tumor eradication.

#### **The iatrogenic exacerbation of lung injury by oxygenation**

The oxygenation of patients represents one of the most widely used therapeutic and prophylactic clinical interventions. Clinical oxygenation is intended to alleviate systemic hypoxia; however, there was an alarming possibility that one of the unintended consequences by eliminating hypoxia could be the accompanying elimination of the hypoxia-driven adenosine-A2AR pathway. Of potential therapeutic importance, studies suggest that exposure to high oxygen decreases the levels of extracellular adenosine. By eliminating tissue-protective effect of adenosine-A2AR pathway, the oxygenation may then prevent downregulation of inflammation and thereby exacerbate the pulmonary tissue damage.

We tested this hypothesis by exposing mice in hyperoxic atmosphere concomitant with the induction of pulmonary inflammation. We found that oxygenation of mice severely exacerbated inflammatory lung damage and even caused death in the majority of mice [15]. Contrary to hyperoxia, exposure to hypoxic atmosphere strongly suppressed lung damage by the A2AR-dependent mechanism. The study shows that acute lung injury due to an overactive inflammatory response would be much more severe if the tissue-protecting effect of hypoxiaadenosinergic pathway was interrupted. Therefore, we reasoned that pathological hypoxia in damaged lungs might not only cause suffering by lowering oxygen supply to vital organs, but also have a lung tissue-protecting function. It is important not to weaken this hypoxia-driven mechanism. Since there are no viable alternatives for the use of oxygen supplementation for respiratory distressed patients, the understanding of the molecular mechanism for hyperoxiainduced exacerbation of pulmonary damage provided a rational basis for effective countermeasures. A possible therapeutic countermeasure could be the administration of A2AR agonist into the lung. This treatment restored protection to inflamed lungs in oxygenated mice by compensating for the loss of endogenous adenosine and reactivating the adenosine-A2AR signaling pathway [15].

#### **Conclusion**

The identification of adenosine-A2AR pathway as an important immunoregulatory mechanism opened a path for the development of new immunomodulatory drugs (Fig. 1). Experimental data suggest that A2AR agonists and antagonists can intervene inflammation by enforcing and blocking A2AR-dependent immunomodulatory mechanism. Newer A2AR agonists having higher selectivity to A2AR have been tested in many different inflammation models. As expected, these new compounds prove effective in the suppression of inflammatory diseases [12,41-43]. Furthermore, A2AR agonists were also found to promote wound healing [44]. Interestingly, A2AR antagonists as well as A2AR-deficiency prevented fibrogenesis through the inhibition of A2AR-mediated collagen biosynthesis [45,46]. Since excess fibrosis may cause serious complications, this issue should be considered in the clinical application of A2AR agonist/antagonist. As mentioned above, blockade of adenosine-A2AR pathway also represents a promising approach to promote the efficacy of cancer immunotherapy [40].

Adenosine-A2AR pathway is a unique target for the intervention to a variety of inflammatory conditions. If the inflammatory cells are too active, it may cause exacerbation of allergic and autoimmune diseases. However, if cell activation is poor, it may allow outgrowth of pathogens and tumor cells. A2AR agonist/antagonist may be useful to normalize the imbalance in inflammatory status.

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#### **Figure 1.**

Adenosine balance regulates the outcome of inflammation. Red and blue background colors represent low and high levels of extracellular adenosine, respectively. In normal situation (middle lane), inflammatory tissue damage following immune activation increases extracellular adenosine levels (red to blue). Adenosine-A2AR signaling controls tissuedamaging activities and inflammation resolves. When immune activation takes place in adenosine-enriched environment (right lane), effector functions of immune cells are insufficient to eliminate pathogens; therefore, it may result in outgrowth of infectious agents and tumor cells. Contrary to this, absence of adenosine-A2AR signaling (left lane) may cause uncontrolled immune activation, which may lead to tissue disfunction. It may be possible to intervene inflammatory responses by modifying the intensity of adenosine-A2AR signal.