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## Iron Chelators as Potential Therapeutic Agents for Parkinson's Disease

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### Abstract

Parkinson's disease (PD) is a neurological disorder characterized by the progressive impairment of motor skills in patients. Growing evidence suggests that abnormal redox-active metal accumulation, caused by dysregulation, plays a central role in the neuropathology of PD. Redox-active metals (*e.g.* Fe and Cu) catalyze essential reactions for brain function. However, these metals can also participate in the generation of highly toxic free radicals that can cause oxidative damage to cells and ultimately lead to the death of dopamine-containing neurons. The emergence of redox-active metals as key players in the pathogenesis of PD strongly suggests that metal-chelators could be beneficial in the treatment of this condition. This mini-review summarizes major recent developments on natural, synthetic iron chelating compounds and hydrogen peroxide-triggered prochelators as potential candidates for PD treatment.

### Keywords

Parkinson's disease; iron; chelator; polyphenol; fenton reaction; free radicals

## 1. INTRODUCTION

Parkinson's disease (PD) is a major progressive neurological disorder that affects about 1% of the population older than 50 years [1,2]. PD is the second most common neurodegenerative disorder after Alzheimer's disease. Unlike Alzheimer's disease (AD), which affects the memory and behavior centers of the brain, PD is characterized by a progressive lack of control over voluntary movement. PD symptoms include: tremors at rest, slow movements (bradykinesia), muscle stiffness, gait changes, loss of balance, "freezing" of facial muscles or limbs, voice changes, and muscle pains (myalgia). Broadly speaking, the neuropathogenesis of PD is characterized by a preferential loss of dopaminergic neurons (dopamine making and releasing neurons) in the substantia nigra pars compacta (SNpc), located in the midbrain [2]. The degeneration and subsequent death of dopaminergic neurons, the darkly colored neurons that make up the SNpc, result in a loss of neurotransmitter dopamine, which has critical functions in the central nervous system (CNS) such as motor coordination, balance, emotions, and pleasure [3]. Behaviorally, it has been reported that people diagnosed with depression were about 3 times more likely to develop PD than people not diagnosed with depression [4]. Additionally, it has been reported that the treatment with dopamine-restoring drugs caused sudden hypersexual and compulsive gambling behaviors in some PD patients [5].

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The prevalence of PD is rising worldwide as the average lifespan has increased. Yet, despite extensive research on the basic and clinical aspects of PD since it was first described in 1817, PD remains a progressive and incurable condition with a still poorly understood pathogenesis [6,7]. At present, therapies for treating PD do not restore or prevent dopaminergic neuron loss [8].

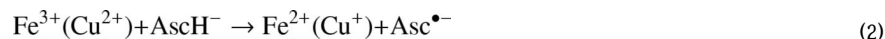
Current PD treatments can offer partial relief to the developing symptoms of the disease. For instance, the popular drug levodopa counteracts PD effects by supplying the brain with a dopamine precursor that can pass through the blood-brain barrier, and once inside the brain, it can be converted into dopamine by the surviving dopaminergic neurons. The loss of dopamine in the brain can also be slowed down with MAO-B (monoamine oxidase B) inhibitors, an enzyme that degrades dopamine into dihydroxyphenyl acetic acid (DOPAC) and hydrogen peroxide. Another common strategy for treating PD is the use of dopamine receptor agonists like bromocriptine (Parlodel), apomorphine (Apokyn), pramipexole (Mirapex), and ropinirole (Requip). For the treatment of tremors, novel anti-cholinergic drugs, which work by decreasing the activity of the neurotransmitter acetylcholine, have been developed. A comprehensive review of current drug therapies for PD has been published elsewhere [9]. In addition to drugs, severely afflicted PD patients who do not get adequate relief from medications can show moderate improvement with more invasive procedures like pallidotomy and deep brain stimulation. For a detailed and critical review of current and prospective therapies for PD, the reader is referred to a recent article by Pillay *et al.* [10].

Numerous hypotheses for the etiology of PD have been formulated. Thus far, research has failed to conclusively link any specific factor to the genesis of PD. However, it is generally accepted that a combination of genetic and environmental factors converging on mitochondrial defects, oxidative stress, aberrant protein aggregation and mutations in the parkin protein, account for most cases of PD [11,12]. At the cellular level, several biochemical studies have suggested that factors like free radical species, mitochondrial complex I (NADH-ubiquinone oxidoreductase) deficiencies, excitotoxicity, and inflammation are implicated in the dysfunction and death of the pathogenetic cell in PD [2,7]. More recently, protein misfolding and aggregation, as well as signal-mediated apoptosis, have been identified as factors in nigral neuron death [13,14]. Interestingly, almost all of these factors could be triggered by cellular oxidative stress, since the dysfunction of mitochondrial complex I can lead to the generation of reactive oxygen species (ROS) [7]. In a self-feeding cycle, ROS can damage complex I by thiol oxidation or tyrosine nitration [15]. Supporting this mechanism, severely decreased levels of reduced glutathione (GSH) and lowered complex I activities have been detected in the SNpc of PD patients [16,17]. Given that GSH is one of the major cellular antioxidants, and a cellular redox regulator, its depletion strongly indicates the oxidative stress status of SNpc neurons. In fact, the depletion of GSH in mammalian cells has already been used as an index of increased oxidative stress [18,19]. To sum up, although the trigger factor remains elusive, the role of oxidative stress in the death of SNpc dopaminergic neurons is now accepted as the leading hypothesis for the progression of PD [2,8]. Hence, neuroprotective agents that could reduce oxidative stress in the cell hold a great potential for the treatment of PD [7].

## 2. IRON AS A PROMOTOR OF RADICALS IN THE PD BRAIN

High oxygen consumption and high levels of polyunsaturated fatty acids, coupled with the non-regenerative nature of neurons, make the brain highly vulnerable to oxidative damage [20]. Although the nature of the ROS responsible for cell death and neurodegeneration in PD remains unclear, a growing body of evidence suggests the involvement of the extremely reactive hydroxyl radical ( $\bullet\text{OH}$ ) [1,11,21,22]. Eq. (1) shows how hydroxyl radicals can be generated in cells via the reaction of hydrogen peroxide ( $\text{H}_2\text{O}_2$ ) with redox active metals (e.g. Fe, Cu and Mn). Hydroxyl radicals produced through the Fenton reaction (eq. 1) have an

estimated half-life of 1 nanosecond and can be highly toxic to biomolecules. Furthermore, cellular reductants such as ascorbic acid can reduce the oxidized metal (eq. 2), which can react again in the Fenton reaction and produce more hydroxyl radicals. Thus the reaction can be considered catalytic when excess  $\text{H}_2\text{O}_2$  is available.



Iron accumulation and oxidative stress have been linked to histological changes in PD-affected brains. In the SNpc of diseased brains, PD is distinctively manifested as proteinaceous clusters called Lewy bodies, which are composed of ubiquitin, tyrosine hydroxylase, iron regulatory protein 2 (IRP-2) and  $\alpha$ -synuclein fibrils [23]. Similar protein aggregates are also common to other neurological disorders like AD and Huntington's disease (HD) [24]. What makes PD different is that the Parkinsonian brain appears to have a higher iron concentration than brains affected with AD or HD [28]. Thus, along with Lewy bodies, a distinctive feature of Parkinsonism in the brain is the accumulation of iron in the SNpc. The link between iron accumulation and the subsequent, or concurrent, biochemical/physiological events believed to take place during the pathogenesis of PD has been comprehensively reviewed by other authors [23,25,26]. Briefly, in SNpc neurons, enzymes MAO-B and SOD (superoxide dismutase) can produce hydrogen peroxide that can react with loosely bound iron (or copper), and generate hydroxyl radicals. In turn, higher levels of free radicals can cause the misfolding of  $\alpha$ -synuclein protein, a seed protein in Lewy bodies, and the release of iron from neuromelanin, an iron sink believed to be produced by dopamine oxidation. Thus, a decrease in the production or activity of peroxidases such as glutathione peroxidase, peroxiredoxins or catalase can be upstream factors in iron-generated oxidative stress [25,30]. Furthermore, loosely bound iron can also affect the function of iron regulatory proteins (IRP-1 and IRP-2) with the final result of decreasing the storage of iron by ferritin and increasing its cellular import [25,28,29]. The condensed oxidative stress hypothesis [10,23,25,27] of dopaminergic neuron death is shown in Fig. (1).

### 3. SYNTHETIC IRON CHELATING COMPOUNDS AS POTENTIAL DRUGS TREATING PARKINSON'S DISEASE

Many lines of evidence on the link between metal dyshomeostasis and neurodegenerative disorders such as AD and PD suggest that blood-brain barrier permeable metals chelators can be potential therapeutic agents in the treatment of these diseases [30,31]. In recent years, a few research groups have reported the design and synthesis of new iron chelators that could potentially be used in novel chelation therapies for the treatment of PD and other neurodegenerative diseases [22]. *In vitro*, and in some cases, *in vivo* studies have demonstrated that these iron chelators can significantly reduce neuronal death caused by oxidative stress in PD models. This section will review the structures and bioactivities of some novel synthetic iron chelators.

#### 3.1. Desferrioxamine

*Desferrioxamine* (also known as Desferal, Fig. 2A) is a hexadentate ligand with a higher binding affinity for  $\text{Fe}^{3+}$  than  $\text{Fe}^{2+}$  [32]. For decades, desferrioxamine has been successfully used to treat iron overload diseases [33]. In a study using rat PD model and 6-hydroxydopamine

(6-OHDA) as the trigger of iron-catalyzed radical damage, it was found that desferrioxamine could protect up to 60% of the dopaminergic neurons from death [34]. Using a rat model as well, Xie *et al.* reported neuroprotective activities of the chelator desferrioxamine when the concentration of iron in the substantia nigra was increased [35]. Additionally, desferrioxamine has been shown to inhibit iron-promoted radical damage in a dopaminergic cell line [36]. The importance of iron chelation in the neuroprotective activities of this chelator was further demonstrated by Youdim *et al.* who observed that neuroprotective effects were dependent on the concentration of desferrioxamine and not the PD symptoms-inducing toxin 6-OHDA [37]. Despite these results, the size and hydrophilic character of desferrioxamine renders it unable to cross the blood-brain barrier when administered orally [38].

### 3.2. 8-Hydroxyquinolines

*Clioquinol* (5-chloro-7-iodo-8-hydroxyquinone, Fig. 2B) is a small lipophilic iron chelator that has been studied in phase II clinical trials for moderate AD cases [39]. In an *in vivo* study, Andersen *et al.* showed that clioquinol can reduce the concentration of iron in the substantia nigra of mice by 30% [40]. Significantly, the radical damage caused by neurotoxin MPTP (1-methyl-4-phenyl-1,2,3,6-tetra-pyridine) was largely decreased when the mice were pre-treated with clioquinol [38]. As with many chelators, clioquinol is not iron selective, and this may produce unintended effects. Yassin *et al.* reported that clioquinol can not only reduce the trace metal content in mice brains but also the levels of S-adenosylmethionine, which can be interpreted as a sign of vitamin B12 deficiency [41]. Unlike desferrioxamine, clioquinol can cross the brain-blood barrier, and thus can be administered orally.

Due to the neurotoxicity of halogenated hydroxyquinolines [42], a new generation of hydroxyquinolines that overcomes this problem has been developed. *HLA20* (Fig. 2C) is a nonchlorinated cell permeable 8-hydroxyquinoline analog firstly synthesized by Fridkin *et al.* [41]. In a 6-OHDA assay, HLA20 is reported to have protected over 60% of P19 cells (mouse embryonal carcinoma cell line) against oxidative damage [43]. EPR and spectrophotometric studies done by the Fridkin group showed that HLA20 can be a strong  $\text{Fe}^{3+}$  chelator and radical scavenger. In addition, Fridkin *et al.* showed that HLA20 can moderately inhibit the activity of enzyme MAO-B [41].

*VK-28* (5-[4-(2-hydroxyethyl) piperazine-1-ylmethyl]-quinoline-8-ol, Fig. 2D) is another promising novel iron chelator [35,44]. As described by Ben-Shachar *et al.*, VK-28 can penetrate the mitochondrial membrane and inhibit lipid peroxidation. In rats injected with VK-28, a 68 % protection of dopaminergic neurons against 6-OHDA-induced oxidative damage was observed [42]. Furthermore, as the authors pointed out, the large difference between the chelator and the neurotoxin (1:200) indicates that the neuroprotective effects are due to iron-chelation and not to direct interference with the toxin [42]. In a recent study, mice injected with lactacystin, a proteasome inhibitor, showed improved behavioral performance when injected with VK-28 [45].

*M30* [5-(N-methyl-N-propargylaminomethyl)-8-hydroxyquinoline, Fig. 2E) is both an iron chelator and a MAO-B inhibitor [46]. Like HLA20, M30 belongs to a category of neuroprotective drugs that target different etiologies of a neurological disorder at the same time [47]. *In vivo* and *in vitro* assays have shown that M30 can prevent neurodegeneration induced by MPTP, and simultaneously increase the concentration of neurotransmitters dopamine, serotonin and noradrenaline [48,49]. Structurally, M30 and HLA20 also share a propargylamine moiety, which inhibits the MAO enzymes, induces the expression of antiapoptotic proteins Bcl-2 and Bcl-xl, and decreases the permeability of the mitochondrial membrane transition pore [43]. Comparative studies further revealed that M30 is a more potent MAO inhibitor than HLA20, with an  $\text{IC}_{50}$  over three orders of magnitude lower than that of HLA20; and unlike HLA20, M30 is a strong inhibitor of both MAO-A and MAO-B enzymes

[50]. Furthermore, in a lactacystine-induced neuron death assay in mice, M30 was shown to be as effective as VK-28 at restoring the behavioral performance of mice [43].

Another novel approach to design neuronal iron chelators is the addition of neuroprotective peptide NAPVSIPQ (NAP) to an iron-chelating moiety. Preliminary work by Firdkin *et al.* has shown that chelators M98 and M99 (Figs. 2F and 2G) can inhibit lipid peroxidation in rat brain homogenates [49]. In neuroblastoma cells (SH-SY5Y), both chelators inhibited 6-OHDA-induced toxicity [51]. On the other hand, in PC12 cells, M98 was demonstrated to be a more potent inhibitor of 6-OHDA-induced cell death than M99 [49]. The same group also developed chelator M10 (Fig. 2H), which uses an 8-hydroxyquinoline iron-chelating moiety bonded to the brain selective neutral amino acid carrier also used by L-Dopa [52]. M10 was shown to be an inhibitor of Fe<sup>2+</sup>/ascorbate-initiated lipid peroxidation in rat brain mitochondrial homogenates [50]. Additionally, EPR studies showed that M10 can be a potent hydroxyl radical scavenger. Lastly, in a 6-OHDA assay, M10 displayed a protective activity in PC12 cells comparable to that of the chelator M30 [39].

### 3.3. Aroylhydrazones

Still in the early stages of animal studies, *PCIH* (2-pyridylcarboxaldehyde isonicotinoyl hydrazone) and its analogs, are novel aroylhydrazones (Fig. 2J), which hold promise as a new generation of lipophilic iron chelators [53]. *PCIH* and its analogs were synthesized from pyridoxal isonicotinoyl hydrazone (*PIH*) (Fig. 2I) through a 1-step Schiff base condensation between 2-pyridylcarboxaldehyde and a number of acid hydrazides [51]. Initial studies have revealed that *PCIH* may not be a very selective or strong iron chelator, as it was observed that *PCIH* forms a more stable complex with Cu<sup>2+</sup> [54]. Interestingly, the iron-mediated oxidation of *PCIH* gave rise to the diacylhydrazine chelator series, which are more efficient Fe chelators [55]. Based on potentiometric studies and the previously observed removal of iron from rabbit reticulocytes by *PCIH*, Richardson *et al.* proposed that a neutrally charged hydrazone can infiltrate the membrane; and once there, it can be oxidized to a hydrazine by iron, forming a neutral complex that can diffuse out of the membrane [51,53].

### 3.4. Novel H<sub>2</sub>O<sub>2</sub>-Triggered Prochelators

The use of metal chelators can potentially have deleterious consequences as iron, copper, and other metals, are essential for numerous biological processes. Hence, prochelators, molecules that can be converted into chelators when an external circumstance (such as oxidative stress) is met, could be used to remove iron only when it has the potential of becoming toxic. With this approach in mind, *SIH-B* (2-borobenzaldehyde isonicotinoyl hydrazone) (Fig. 2L), *BSIH* (pinacol ester form of *SIH-B*) (Fig. 2M), and a few other derivatives have been developed recently [56–58] using tridentate chelator salicylaldehyde isonicotinoyl hydrazone (*SIH*) (Fig. 2K) as their parent molecule. For instance, prochelator *SIH-B* does not bind iron (or copper) strongly, but when treated with H<sub>2</sub>O<sub>2</sub>, it can be converted into *SIH* at physiological pH [56]. This H<sub>2</sub>O<sub>2</sub>-sensed conversion is critical because the active chelator *SIH* can subsequently sequester iron and copper. This way, as it was demonstrated by a 2-deoxyribose degradation assay, H<sub>2</sub>O<sub>2</sub> can act as a trigger for the transformation of prochelator *SIH-B* into the active chelator *SIH*, which in turn will form an inert complex with iron or copper and inhibit the formation of hydroxyl radicals through the Fenton reactions [56]. The H<sub>2</sub>O<sub>2</sub>-sensed “anti-Fenton” reactivity is an appealing characteristic that can be used to develop novel Fenton reaction-attenuating agents that can become active during oxidative stress without disturbing metal homeostasis. Such a strategy may offer promising candidates for potential therapeutics to treat PD and other neurological diseases. Experiments to test the activity of this compound *in vivo* are currently underway.

## 4. PLANT POLYPHENOLS AS MULTIFUNCTIONAL NEUROPROTECTIVE AGENTS

Polyphenols are a bioactive group of phytochemicals whose habitual consumption has been linked to reduced risks of cancer and cardiovascular diseases [59–61]. The benefits of a diet rich in polyphenols have been extended to brain protection as well [62,63]. With its high glucose and oxygen consumption, the brain has a higher need for neutralizing or removing toxic radicals. The importance of oxidative stress in the brain was highlighted in a 2004 review by Butterfield *et al.* claiming that 1 in 3 proteins or enzymes in the cell is dysfunctional due to oxidative damage [64]. Thus, it has been proposed that bioavailable antioxidants could prevent the development of neurodegenerative diseases [60,61]. In some polyphenols, antioxidant activities can be attributed to strong iron-binding affinities that can inhibit the generation of Fenton radicals, rather than to radical scavenging [65,66]. Significantly, both free polyphenols and poly-phenol-metal complexes have been reported to have antioxidant properties [67]. More to the point, polyphenols have also been reported to be successful at affecting metal homeostasis *in vivo*. For instance, Gao *et al.* showed that polyphenols baicalin and quercetin can reduce liver damage caused by iron overload in mice [68]. This section will summarize the major recent developments on plant polyphenols that chelate iron and could potentially act as neuroprotective agents against PD.

### 4.1. Green Tea Polyphenols

High consumption of green tea, as shown in a widely publicized cross-sectional Japanese study, appears to prevent the progressive loss of cognitive skills long associated with AD, a neurological disorder linked to metal dysregulation [69]. Green tea has a high content of catechins [70] (a subclass of polyphenols), with epigallocatechin gallate (EGCG) (Fig. 3A) estimated to account for two-thirds of catechin content [71]. As antioxidants, an *in vitro* study found, tea catechins could inhibit the activities of cytochrome p450 2E1, Glutathione-S-Transferase, as well as lipid peroxidation [72]. Raza *et al.* found that catechins can partly inhibit Fenton reaction radical damage at low concentrations, whereas at high concentration the same catechins can act as prooxidants [70]. Similarly, Yu *et al.* reported that EGCG can act as a prooxidant in the presence of copper ions [73]. There is some evidence that EGCG is able to chelate iron. In an AD study in cell cultures, the administration of EGCG was identified as responsible for reducing the intracellular levels of APP protein, a redox-active metalloprotein [74]. Using mice treated with MTP, Mandel *et al.* showed that (–)-epigallocatechin-3-gallate and VK-28 can prevent the accumulation of iron in the SNpc [75]. However, in a rat study using 6-OHDA as the precursor of PD symptoms, Dexter *et al.* found that the animals treated with catechin-rich grape seeds and cocoa were not protected against dopaminergic neuron loss [76]. Interestingly, in a PC12 cell model of PD, it was found that EGCG and (–)-epicatechin gallate can protect the cells against 6-OHDA-induced death. Clearly, more studies are needed to assess the neuroprotective activities of green tea catechins. As pointed out by Pan *et al.* in a review, green tea polyphenols can protect the cell in a variety of ways that include (3)H-dopamine and (3)H-methyl-4-phenylpyridine uptake inhibition, catechol-O-methyltransferase activity reduction, radical scavenging, and iron chelation [77]. In addition, catechins can also help neurorescue efforts within the cell by down-regulating proapoptotic genes and promoting neurite outgrowth [78].

### 4.2. Other Polyphenols

Some polyphenols can be strong and bioavailable iron chelators. Our work on cranberry polyphenols revealed that flavonol *quercetin* (Fig. 3B) can completely inhibit Fenton chemistry *in vitro* under physiologically relevant conditions [63]. In a comparative experiment, we found that quercetin can compete with well-known cellular iron chelators ATP and citrate. The

calculated apparent binding constant for the 1:1 quercetin:Fe<sup>2+</sup> complex was found to be order of 10<sup>6</sup> M<sup>-1</sup>, suggesting that quercetin could be a strong enough chelator to affect iron homeostasis *in vivo*. Experiments by Gao *et al.* on mice [66] and more recently Bonanou *et al.* on HeLa and ASM cells have demonstrated that quercetin can remove intracellular iron [79]. Comparing quercetin to vitamin C, Lee *et al.* found that quercetin can also protect PC12 cells against hydrogen peroxide-induced oxidative stress, leading the researcher to conclude that quercetin can protect neuronal cells against oxidative-stress neurotoxicity more efficiently than vitamin C [80]. Electrospray ionization mass spectrometry (ESI-MS) studies performed by us and others suggest that many polyphenols analogous to quercetin can form complexes with both iron and copper at near physiological pH [63,64,81]. Polyphenols catechin, quercetin, chrysin, puerarin, naringenin, and genestein were found to protect mesencephalic dopamine neurons from apoptosis due to oxidative stress induced by MPP<sup>+</sup>, a Parkinsonism-inducing toxin [82]. In addition to this, polyphenols found in traditional Chinese medicinal plants also appear to have neuroprotective effects. In a 2000 review on traditional Chinese medicine (TCM) plants, Hostettmann *et al.* found that almost all the enzyme-inhibiting compounds identified in the TCM plants are phenolics, implying that these phenolic moieties were binding to the “action sites” through hydrogen bonding [83]. In another extensive review on TCM, Chen *et al.* showed that a number of polyphenols, such as the ones found in herbs panax ginseng and ginkgo biloba, can protect dopamine neurons from neurotoxins MTPT and 6-OHDA in *in vivo* and *in vitro* assays [82]. Metal chelation is one of the possible mechanisms responsible for these bio-effects, the authors suggested [84]. Work in this laboratory has shown that certain bioactive polyphenols in the Asian medicinal plant *Scutellaria baicalensis* Georgi, are strong iron-chelators that can inhibit the Fenton reaction under physiologically relevant conditions [85].

Curcumin (Fig. 3C) is another polyphenol recently under a lot of scrutiny for its long acknowledged medicinal effects. A major bioactive polyphenolic compound, curcumin is found in the ancient Indian spice turmeric. *In vitro* studies have shown that curcumin can decrease the concentration of non-transferrin-bound Fe<sup>3+</sup> from thalassemic plasma, although not as effectively as desferrioxamine [86]. The authors of this study additionally proposed that the beta-diketo moiety of curcumin is the iron-binding motif on this molecule [84]. A semi-empirical molecular orbital calculation reported by Ishihara *et al.* suggested that curcumin can form a 1:1 equimolar complex with ferric chloride [87]. More evidence that curcumin can act as an iron chelator was provided by Jiao *et al.* who observed that mice whose diets included curcumin had lower levels of iron-storage protein ferritin in the liver [88]. Studies on PC12 cells have shown that curcumin can increase cell viability against MPP<sup>+</sup> (1-methyl-4-phenylpyridinium) ions [89]. In rats injected with 6-OHDA, polyphenols curcumin and naringenin had protective effects on the dopamine levels in the striata, whereas polyphenols quercetin and fistein did not induce similar effects [90].

## 5. CONCLUDING REMARKS AND PERSPECTIVES

Whether it is a primary factor, a secondary factor or an exacerbating factor, numerous studies have consistently shown that iron dysregulation and accumulation in the PD brain appears to be central to the progression of this condition. Due to its redox nature, iron can react with endogenous hydrogen peroxide to produce hydroxyl radicals, which are highly harmful to the cell. Thus, an iron chelating compound that selectively targets excess iron in the brain merits more research as a possible therapeutic agent for PD. Preliminary work on synthetic iron chelators has shown that chelating compounds moieties like 8-hydroxyquinoline and salicylaldehyde isonicotinoyl hydrazone can be modified to make the molecules bifunctional, and thus increase their neuroprotective activity. For instance, compounds like M30 and HLA20 can not only chelate iron but also inhibit the activity of enzyme MAO-B. Other compounds like SIH-B can become chelators in the presence of hydrogen peroxide, making them selective

to the conditions within dysfunctional dopaminergic neurons. Iron chelation may also explain the widely accepted good benefits of natural polyphenols on the brain. As a large number of articles have pointed out, polyphenols can act as multifunctional antioxidant agents capable of affecting metal homeostasis in the body. Polyphenols EGCG, curcumin and quercetin, for example, can form Fenton reaction-inert complexes with iron, and in the case of quercetin and curcumin, remove iron from cells. Moreover, some natural polyphenols have been shown to act as neuroprotective agents in PD models. Since the cause of PD has not been clearly identified, results with Parkinsonism-inducing toxins must be judged carefully. Taken as a whole, the promising results observed with iron chelators warrant additional *in vivo* research to establish more clearly that iron chelation is the mechanism responsible for preventing the death of dopaminergic neurons. As with any potential new drug, factors like size, lipophilicity, bioavailability, toxicity, selectivity, and renal clearance must be always taken into account before submitting the compound to clinical trials.

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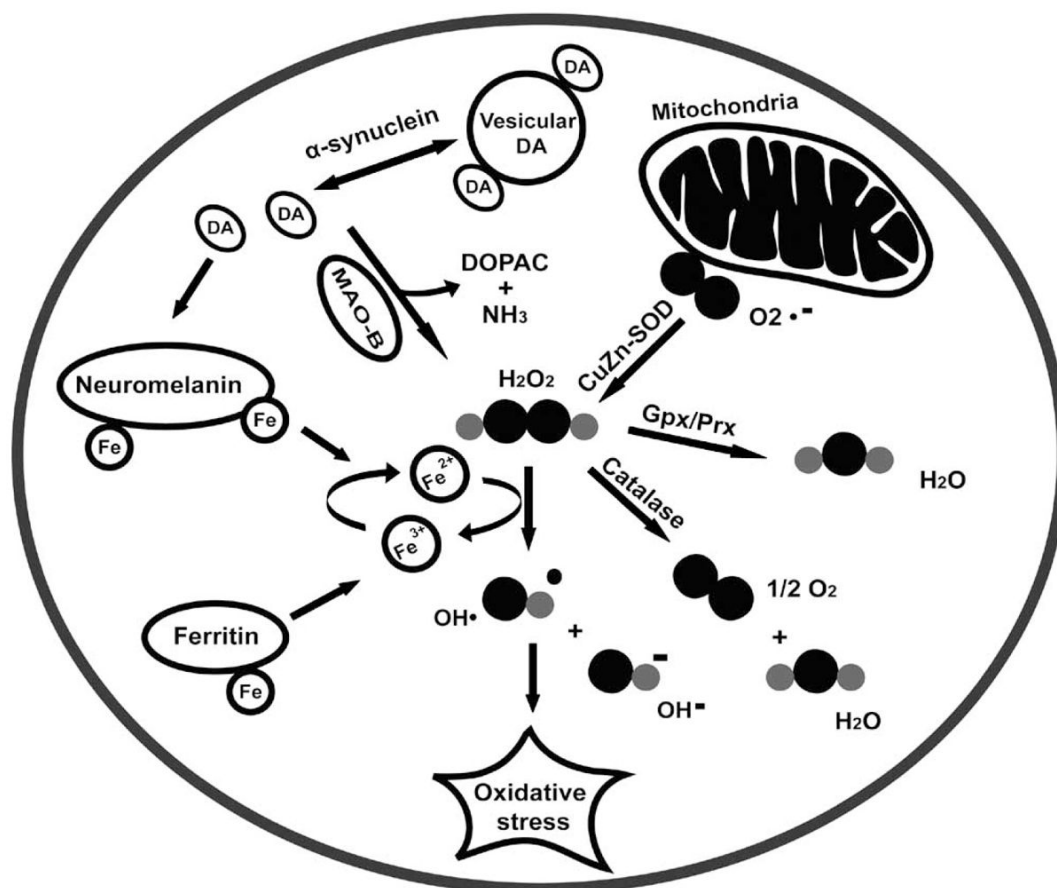


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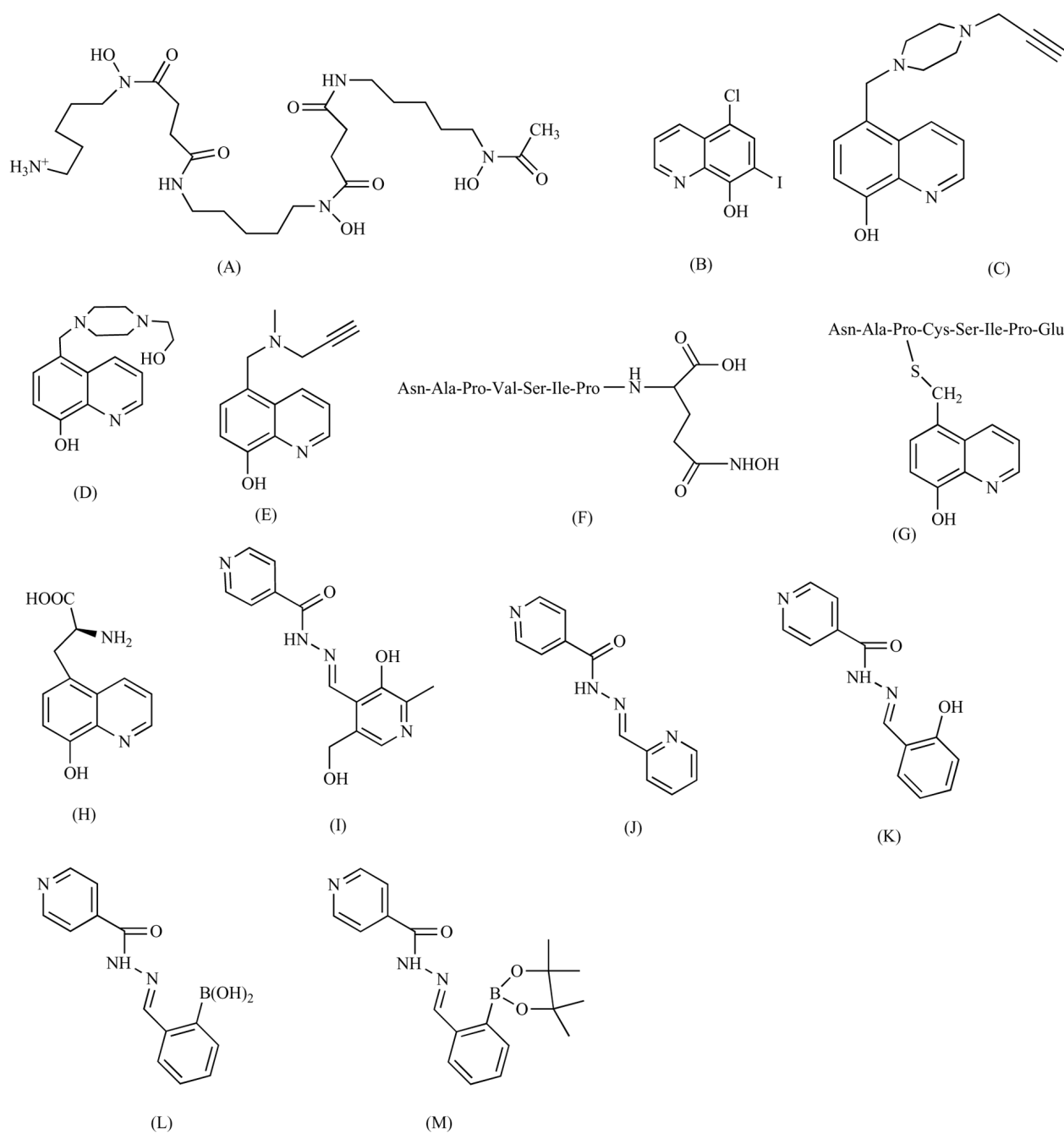
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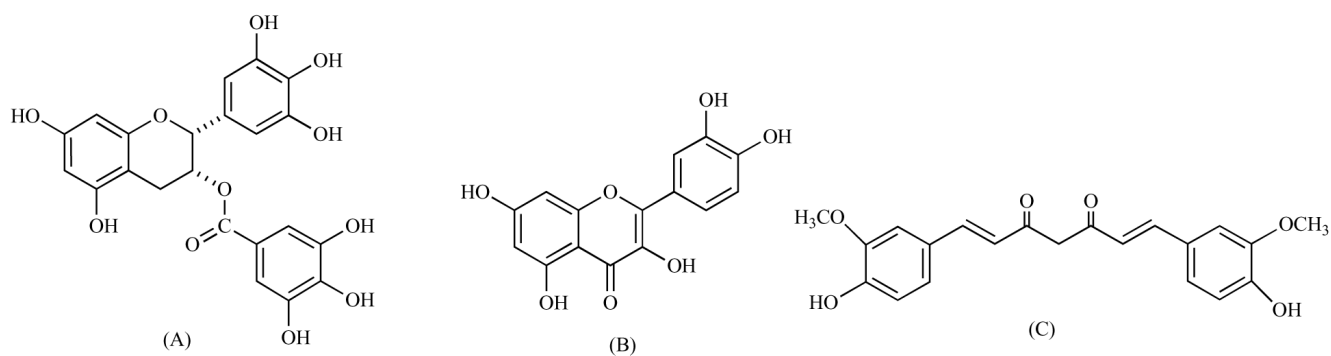
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**Fig. (1).** Oxidative stress hypothesis of Parkinson's disease. DA, dopamine; MAO-B, monoamine oxidase B; DOPAC, dihydroxyphenyl acetic acid; CuZn-SOD, copper and zinc-containing superoxide dismutase;  $\text{O}_2^{\cdot-}$ , superoxide anion;  $\text{H}_2\text{O}_2$ , hydrogen peroxide;  $\text{OH}^\bullet$ , hydroxyl free radical;  $\text{OH}^-$ , hydroxyl ion; Gpx, glutathione peroxidase; Prx, peroxiredoxin. (Modified from references [10,23,25,27]).



**Fig. (2).** Structures of synthetic iron chelators. Desferrioxamine (A), clioquinol (B), HLA20 (C), VK-28 (D), M30 (E), M98 (F), M99 (G), M10 (H), PIH (pyridoxal isonicotinoyl hydrazone) (I), PCIH (2-pyridylcarboxaldehyde isonicotinoyl hydrazone) (J), SIH (salicylaldehyde isonicotinoyl hydrazone) (K), prochelators SIH-B (2-boronobenzaldehyde isonicotinoyl hydrazone) (L) and BSIH (pinacol ester form of SIH-B) (M).



**Fig. (3).** Structures of three natural polyphenols with iron binding properties. EGCG (epigallocatechin gallate) (A), Quercetin (B), Curcumin (C).