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KUPFFER CELLS MEDIATE LEPTIN-INDUCED LIVER FIBROSIS

Jianhua Wang^{*}, Isabelle Leclercq[‡], Joanne M. Brymora^{*}, Ning Xu^{*}, Mehdi Ramezani-Moghadam^{*}, Roslyn M. London^{*}, David Brigstock[§], and Jacob George^{*}

^{*} Storr Liver Unit, Westmead Millennium Institute, University of Sydney and Westmead Hospital, Westmead 2145. Australia

[‡] Laboratory of Gastroenterology, Faculty of Medicine, Université catholique de Louvain, GAEN 53/79, Avenue Mounier, 53, B-1200 Brussels, Belgium

[§] Center for Cell and Vascular Biology, Children's Research Institute, Columbus, OH 43205, USA

Abstract

Background & Aims—Leptin has pro-fibrogenic effects in liver, although the mechanisms of this process are unclear. We sought to elucidate the direct and indirect effects of leptin on hepatic stellate cells (HSCs).

Methods—HSCs isolated from Sprague-Dawley rats were exposed to leptin; expression of collagen-I, tissue inhibitor of matrix metalloproteinases-1 (TIMP1), transforming growth factor β 1 (TGF β 1) and connective tissue growth factor (CTGF/CCN2) was assessed by quantitative PCR. The effects of medium from Kupffer cells (KCs) and sinusoidal endothelial cells (SECs) following incubation with leptin were evaluated in HSCs; α -smooth muscle actin (α SMA) production and KC signaling were analyzed.

Results—HSCs were not activated by incubation with leptin. However, HSCs cultured with medium taken from KCs that had been incubated with leptin increased expression of genes that encode the pro-fibrogenic factors collagen I, TIMP1, TGF β 1 and CTGF/CCN2, as well as α SMA protein levels and proliferation. These effects were leptin-receptor dependent, because conditioned medium from KCs that were isolated from leptin receptor-deficient Zucker (*fa/fa*) rats did not activate HSCs. In KCs incubated with leptin, mRNA and protein expression of TGF β 1 and CTGF/CCN2 increased. Leptin potentiated STAT3, AKT and ERK1/2 phosphorylation in KCs and increased AP-1 and NF- κ B DNA binding. Finally, addition of anti-TGF β to KC-conditioned medium inhibited HSC expression of collagen I, TIMP1 and CTGF/CCN2, whereas a STAT3 inhibitor attenuated TGF β 1 production by KC.

Conclusions—Leptin mediates HSC activation and liver fibrosis through indirect effects on KC; these effects are partly mediated by TGF β 1.

Correspondence: Jacob George, Storr Liver Unit, Westmead Millennium Institute, University of Sydney and Department of Gastroenterology and Hepatology, Westmead Hospital, Westmead, Sydney, NSW 2145, Australia. j.george@usyd.edu.au Phone: 61-2-98457705 Fax: 61-2-96357582.

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Introduction

Leptin, an adipocyte-derived hormone has important effects in regulating body weight, metabolism and reproductive function. Circulating levels of leptin are known to be increased in overweight and obese persons, in individuals with nonalcoholic steatohepatitis,^{1,2} and in those with alcoholic liver disease and chronic viral hepatitis.^{3–5} More recently, leptin has been shown to possess direct profibrogenic activity in the liver,^{6–8} while the absence of leptin is associated with a marked attenuation of the hepatic response to a diverse range of fibrotic stimuli.^{6,7} We previously demonstrated that leptin-deficient ob/ob mice failed to develop hepatic fibrosis in a rodent nutritional model of steatohepatitis and in response to chronic CCl₄-induced liver injury.⁶ Restitution of physiological levels of circulating leptin restored the liver's 'fibrogenic' capacity.⁶ Similar results have been obtained in models of fibrosis associated with bile duct ligation⁹ and following the administration of thioacetamide.¹⁰ The cellular and molecular mechanisms for this effect, however, have not been fully elucidated.

Since HSCs are the main source of extracellular matrix (ECM) during the evolution of fibrosis, the effects of leptin on HSC behavior have been examined, but results are conflicting. One view holds that leptin acts directly on HSCs to trigger downstream response pathways that ultimately lead to ECM deposition.^{7,11} Others suggest that KCs and/or SECs contain a functional leptin receptor, which can stimulate the release of profibrogenic mediators such as TGF β 1 that in turn drives HSC activation.¹² To date, there is no evidence to indicate that leptin-primed KCs or SECs exert direct stimulatory effects on HSCs. However, it is well known that KCs and SECs play important roles in modulating stellate cell behavior by releasing proinflammatory and profibrogenic factors such as TGF β 1 and reactive oxygen species (ROS) upon stimulation by various noxious stimuli. In addition, recent data indicate that KC dysfunction as evidenced by decreased TNF α production and down-regulation of TGF β 1 gene expression occurs in leptin receptor-deficient Zucker rats and may account for the attenuation of liver fibrosis in these rodents following the administration of pig serum.¹³

In this study, we undertook detailed *in vitro* experiments to clarify the cellular and molecular mechanisms whereby leptin exerts profibrogenic effects on the liver. Using primary cell culture models of hepatic non-parenchymal cells alone and in co-culture, we demonstrate that the principle profibrogenic effects of leptin are mediated via direct effects on KCs leading to the release of soluble mediators including TGF β 1 and CTGF/CCN2.

Materials and Methods

Animals

Male Sprague-Dawley rats were obtained from the Animal Resources Centre (Perth, WA, Australia). Zucker rats (fa/fa) and their lean littermates (Fa/Fa) were obtained from Professor Greg J. Barritt (Flinders University, Adelaide). All animals were maintained under 12 h light/dark cycles with food and water ad libitum. Experimental protocols were approved by the Sydney West Area Health Service Animal Research Ethics Committee.

Materials

Rat recombinant leptin was purchased from Sigma-Aldrich. Phospho-STAT3, p38, pERK1/2 (44/42), pAKT and pJNK mouse monoclonal antibodies were purchased from Cell Signaling Tec. Recombinant TGF β 1, monoclonal TGF β antibody, PDGF BB and PDGF ELISA Kit were purchased from R&D Systems. AP-1 and NF- κ B consensus double stranded oligonucleotides were purchased from Promega. STAT3 inhibitor peptide (5730956), the MEK inhibitor PD98059 and the PI3-kinase inhibitor LY294002 were obtained from Calbiochem. Soluble TGF β receptor (sTGF β R) fusion protein was a gift from Biogen Inc.

Non-parenchymal cell isolation and culture

HSCs were isolated by two-step (collagenase B and pronase E) perfusion.¹⁴ KCs and SECs were further obtained and purified by elutriation.¹⁵ HSCs were cultured in DMEM supplemented with 10% FCS and 1% penicillin-streptomycin and plated on 6 well plates at a density of 0.8×10^6 cells/well. Viability was routinely over 95% for all experiments. Purity was 95% as determined by morphology, vitamin A autofluorescence and desmin positivity.

KCs were identified by their ability to phagocytose latex beads; viability was >96% and purity >98%. The viability of SECs was >98% and purity at least 94% as determined by morphology (cobblestone appearance) and absence of latex bead phagocytosis. KCs were cultured in 10% FCS/DMEM/1% penicillin-streptomycin in 6-well plates. SECs were cultured in M199 with 20% FCS, 1% penicillin-streptomycin, insulin (20 mU/mL), heparin (10 U/mL), VEGF (5 ng/mL) and dexamethasone (10 μ mol/L). SEC culture wells were pre-coated with type I collagen (Nalge Nunc International).

Immunoblot assays for protein expression

Culture media was removed, cells washed with PBS then lysed on ice in a buffer containing 20 mmol/L Tris, 0.5 mmol/L $MgCl_2$, 1 mmol/L DTT, 3mmol/L NaN_3 , with protease- and phosphatase-inhibitors. Cell lysates were disrupted with a sonicator on ice. Immunoblots were performed as previously described.¹⁶ Immunoblotting was performed for TGF β 1 protein in culture medium after concentrating the media using Microcon YM-10 Centrifugal Filters (Millipore).

Real time reverse-transcription polymerase chain reaction

Total cellular RNA was prepared from HSCs, KCs and SECs using TRI REAGENT[®] (Molecular Research Center). Complementary DNA (cDNA) was synthesized from 1 μ g RNA using SuperScript III reverse transcriptase and 0.5 nmol of random primers (Invitrogen). Real-time quantitative reverse-transcription polymerase chain reaction (qPCR) was performed using SYBR Green JumpStart Taq ReadyMix (Sigma). The relative amount of mRNA was calculated by reference to a calibration curve. Each sample was normalized to the respective 18S value.

Cell proliferation

HSC proliferation was assessed by using the Cell Proliferation Reagent WST-1 according to the manufacturer's instructions (Roche Diagnostics).

Immunocytochemistry for CTGF/CCN2

CTGF/CCN2 protein expression in KCs was assessed as previously described.¹⁷

Nuclear protein extraction and Electrophoretic Mobility Shift Assay (EMSA)

KC nuclear protein preparation and EMSA were performed as previously described.¹⁸

Sirius red staining and quantification of collagen I in HSCs

These experiments were performed as previously described.¹⁹

ELISA for platelet-derived growth factor (PDGF)

PDGF concentration in KC media was determined according to the manufacturer's directions (R&D systems).

H₂O₂ Generation by KCs

Intracellular H₂O₂ production in KCs was assessed as previously described.²⁰

Statistical analysis

The results are expressed as mean \pm SD. Comparisons between 2 groups was analyzed using the Student's t-test. A 2-sided *P* value <0.05 was used to connote significance.

Results

Leptin has minimal direct effects on profibrotic gene expression in HSCs *in vitro*

As shown in Fig. 1A, there was no change in the expression of TIMP1, TGF β 1 and CTGF/CCN2 mRNA in HSCs after treatment with either 10 nmol/L or 100 nmol/L leptin. Similarly, leptin did not affect TGF β 1 protein expression in 2 day cultured HSCs (Fig. 1B). α SMA protein was unaltered following leptin treatment in 2 day (Fig. 1C) and 6 day HSC cultures (Fig. 1D). However, exposure to high dose leptin (100 nmol/L) was associated with a minimal (~30%) increase in collagen 1 gene expression in 2 day cultured HSCs (Fig. 1A), but not in HSCs cultured for 6 days (Fig. 1A).

Leptin (10 nmol/L and 100 nmol/L) and TGF β 1 (1 ng/mL and 10 ng/mL) alone or the combination of leptin and TGF β 1 did not enhance α SMA protein expression in 2 day (Fig. 1C) or 6 day HSC cultures (Fig. 1D). TGF β 1 treatment was associated with upregulation of collagen I and TIMP1 mRNA expression (Fig. 1E). However, co-administration of TGF β 1 (10 ng/mL) with leptin (10 nmol/L or 100 nmol/L) in HSCs failed to have any synergistic effects on profibrotic gene expression (Fig. 1E).

Leptin enhances stellate cell proliferation

In contrast to its minimal direct profibrotic effects, leptin significantly and in a dose-dependent manner enhanced the proliferation of HSCs after both 2 (Fig. 2A) and 6 days in culture (Fig. 2C). As PDGF is known to be the most potent mitogen for HSCs, we assessed whether leptin facilitates PDGF-induced HSC proliferation. As shown in Figs. 2A and 2C, leptin did not have additional effects on HSC proliferation above that mediated by PDGF in cultured HSCs.

We next determined whether leptin indirectly affects HSC proliferation. KC-conditioned medium in the absence of leptin increased HSC proliferation by 2.3 fold compared to control medium, while pre-treatment of KC with leptin (100 nmol/L) enhanced HSC proliferation 3.1 fold (Fig. 2B). SEC-conditioned medium did not affect HSC proliferation (Fig. 2B). Similar results were obtained when KC-conditioned medium was applied on activated HSC, i.e. after 6 days in culture (Fig. 2C). High-dose LPS to activate KCs enhanced the proliferative effects of KC-conditioned medium on HSCs, but together with leptin had no additional effect on proliferation (Fig. 2B).

PDGF concentration and PDGF receptors were assessed. As shown, neither PDGF concentration in leptin treated KC-conditioned medium (Fig. 2D), nor PDGF receptor (α and β subtypes) mRNA expression in HSCs that had been exposed to leptin treated KC-conditioned medium (Fig. 2E) were altered. These data suggest that PDGF and its receptors are not the principal mediators of the HSC proliferative effects of KC conditioned medium.

HSCs and KCs express OB-Rb but demonstrate differential expression patterns in culture

Quiescent HSCs and KCs express OB-Rb (Fig. 2F), however, receptor expression was dramatically down-regulated during the process of HSC activation *in vitro*. Thus, OB-Rb expression was reduced to 10% by day 3 and to 4% at day 7 of culture, when compared to the levels in quiescent HSCs (day 1). In contrast, the expression of Ob-Rb remained stable in KC cultures.

Leptin promotes stellate cell activation by acting on Kupffer cells

Given the minimal direct effects of leptin on profibrotic gene expression in HSCs, we examined whether leptin might exert these actions indirectly, by modulating KC and/or SEC behavior. For these studies, 24 h leptin-treated KC- or SEC-conditioned medium was transferred onto 3-day old HSCs in culture. After 24 h incubation in conditioned medium, collagen I, TIMP1, TGF β 1 and CTGF/CCN2 mRNA expression in HSCs was examined. The expression of all profibrogenic genes was elevated at least 2 fold ($P < 0.05$) in HSCs incubated with KC-, but not with SEC-conditioned medium (Fig. 3A). Consistent with these data, collagen I protein was also augmented (Fig. 3B).

To exclude the possibility that this effect was due to endotoxin contamination of the recombinant leptin protein, we treated KCs with 0.16 ng/mL LPS. LPS-treated KC-conditioned medium was then transferred onto HSCs. We observed no increase in collagen I, TIMP1, TGF β 1 or CTGF/CCN2 mRNA expression in HSCs (supplementary Fig. 1). Additional experiments showed that leptin-treated Zucker (fa/fa; Ob-Rb receptor deficiency) rat KC-conditioned medium failed to elicit any profibrogenic effects when transferred onto wild type (WT) HSCs (Fig. 3C). In contrast, KC-conditioned medium from leptin-treated lean littermates (Fa/Fa) reproduced the profibrogenic effects that were observed when using leptin-treated WT KC-conditioned medium (Fig. 3A and 3C). This confirmed that the observed effects were specifically due to leptin acting through its receptor.

We next determined whether leptin indirectly affects HSC α SMA protein expression. Leptin-treated WT KC-conditioned medium significantly increased α SMA protein expression in HSC (Fig. 3D). SEC-conditioned medium, however, did not result in increased α SMA expression (supplementary Fig. 2).

Collectively, these data suggest that leptin activates KCs to release soluble profibrogenic mediators that are transferred in the conditioned medium to HSCs. These factors promote the activation, proliferation and profibrogenic activities of HSCs.

Leptin up-regulates TGF β 1 and CTGF/CCN2 expression in Kupffer cells

TGF β 1 and CTGF/CCN2 are major profibrogenic cytokines in the development of liver fibrosis.^{21–23} Leptin (100 nmol/L) treatment for 24 h significantly up-regulated TGF β 1 and CTGF/CCN2 mRNA expression in KCs (Fig. 4A). As expected, TGF β 1 protein was elevated in culture medium of WT KCs treated with leptin (100 nmol/L) (Fig. 4B), while CTGF/CCN2 protein was also expressed at higher levels in leptin-treated KCs than in control (Fig. 4C). Considering that CTGF/CCN2 is induced via TGF β 1-dependent pathways, we analyzed the inhibitory effects of pan-TGF β blockade on CTGF/CCN2 protein expression by using a sTGF β R fusion protein. Co-exposure of KCs to leptin and sTGF β R significantly attenuated CTGF/CCN2 protein expression induced by leptin, while, human IgG as a control, did not (Fig. 4C). In additional studies, we demonstrated that on leptin treatment, Zucker (fa/fa) rat KCs failed to augment TGF β 1 and CTGF/CCN2 mRNA expression (Fig. 4D), while the results in lean (Fa/Fa) rat KCs as expected, were similar to that in wild type rat KCs (Fig. 4D). These results further corroborate our data that the effects of leptin in inducing TGF β 1 and CTGF/CCN2 are indeed leptin receptor-dependent.

Leptin does not induce intracellular hydrogen peroxide production in KCs

H₂O₂ is a well recognized profibrogenic factor,²⁴ and leptin is reported to stimulate H₂O₂ production in HSC cell lines.¹¹ However, we were unable to demonstrate significant increase in H₂O₂ production by leptin treated KCs (Fig. 4E). This data suggests that at least *in vitro*, leptin's profibrogenic effects that are mediated via KCs, are not due to the production of H₂O₂.

TGF β neutralization attenuates the profibrogenic effects of leptin on KCs

In order to further clarify whether TGF β 1 is indeed one of the soluble mediators of the profibrogenic effects of leptin on KC, we undertook TGF β neutralization studies. As shown (Fig. 4F), after TGF β antibody (10 μ g/mL) treatment of leptin treated KC medium, collagen I mRNA was reduced by 67%, TIMP1 by 78%, TGF β 1 by 76% and CTGF by 102% in HSCs. These data confirm that TGF β 1 is likely to be the principal profibrogenic mediator that is released on leptin treatment of KCs.

Leptin activates the phosphorylation of STAT3, ERK1/2 and AKT and activates the transcription factors AP-1 and NF- κ B in Kupffer cells

Leptin acts principally through the long form OB-Rb leptin receptor and downstream JAK/STAT pathways. Leptin also activates MAPK and PI-3K/AKT.^{25–27} Therefore, we determined whether leptin activates these pathways in KCs to target downstream components leading to profibrotic gene transcription. Exposure of KCs to leptin resulted in increased activation of ERK1/2 (particularly the 44 kDa isoform) and AKT after 5 and 10 minutes incubation respectively, and in a time dependent manner (Figs. 5A and 5B). A rapid and time-dependent increase in STAT3 phosphorylation was also observed upon leptin treatment of KCs (Figs. 5A and 5B). Leptin did not increase JNK or p38 phosphorylation (Fig. 5C).

We speculated that leptin may also activate downstream transcription factors such as AP-1 and/or NF- κ B since these transcription factors can be activated by MAPK/ERK1/2 and PI-3K/AKT signaling,^{28,29} and AP-1 and/or NF- κ B binding motifs are known to be present in the promoter regions of TGF β 1 and CTGF/CCN2.^{30–32} Electrophoretic mobility shift assays (EMSAs) were therefore performed on nuclear protein extracted from leptin-treated and control KCs. As shown, (Fig. 5D), leptin, in a dose dependent fashion, increased AP-1 and NF- κ B DNA binding abilities in KCs.

Activated STAT3 mediates TGF β 1 expression in KCs

To clarify which of the activated signaling pathways contributes to the observed increase in TGF β 1 gene expression, we undertook studies to inhibit the various signaling pathways and then measured TGF β 1 expression. As shown (Fig. 5E), the STAT3 inhibitor but not the MEK (PD98059) or PI-3K (LY294002) inhibitors, resulted in a significant reduction of TGF β 1 mRNA expression in KCs.

Discussion

Leptin not only regulates body weight and metabolism but also exerts pleiotropic effects on other organs such as the liver. Leptin has been shown to accelerate and enhance the process of liver fibrosis induced by various stimuli *in vivo*,^{6–9} whereas leptin-deficient animals are resistant to fibrosis.^{6,7,12} A number of studies have assessed whether leptin has direct profibrogenic effects on HSCs, but the results have been conflicting.^{7,9,11,12,33} Saxena and colleagues reported that leptin binds to the signaling form of the leptin receptor (OB-Rb) on primary rat HSCs and HSC-T6 cells, an immortalized rat HSC cell line, and that leptin activates STAT3 to enhance the expression of α 2 (I) collagen mRNA.⁷ However, others have failed to confirm the expression of OB-Rb in activated primary rat HSCs or in the human HSC cell line LX-1,^{12,33} and have failed to demonstrate induction of collagen gene expression in HSCs by leptin.¹² In contrast, expression of the short form leptin receptor (OB-Ra) in activated primary HSCs and LX-1 cell lines has been established.^{12,33} Therefore, whether leptin directly signals to HSCs via the OB-Rb remains unresolved.

Using leptin at pharmacological concentrations in a range similar to those of earlier studies,^{7,12,33} we have shown that only high leptin concentrations (100 nmol/L-1600 ng/mL) marginally

increased collagen I mRNA expression in HSCs at day 2. This result is similar to the study by Tang *et al.* demonstrating that only high concentrations of leptin (1000 ng/mL) resulted in increases of collagen I expression in HSCs.³³ In addition, we noted that expression of the other profibrotic genes (TIMP1, TGF β 1 and CTGF/CCN2) and the protein expression of α SMA was not altered by leptin treatment. Similarly, leptin neither enhanced TGF β 1 protein expression nor facilitated TGF β 1-induced collagen I or TIMP1 gene expression. Based on these composite data, the direct profibrogenic effects of leptin on HSCs, if present, appears modest.

As distinct from the above, leptin significantly and directly increased the proliferation of HSCs in a dose dependent manner. It has been previously reported that leptin facilitates HSC proliferation via activation of the MAPK/ERK1/2 and PI-3K/AKT pathways and by increased PDGF receptor expression.^{26,34} Activation of either the functional OB-Rb or OB-Ra receptors is able to trigger MAPK and PI-3K signaling²⁵ and it therefore appears that the pro-proliferative effect of leptin on HSCs is more prominent than its profibrogenic effects. In our studies of the indirect profibrogenic effects of leptin that are mediated by KCs, we were unable to demonstrate any increase in PDGF protein in KC-conditioned medium, nor any increase in PDGF receptor expression following the addition of the KC medium to HSCs. These data suggest that HSC proliferation by leptin treated KC medium may be a complex phenomenon and must involve other pro-proliferative factors, the identity of which is unclear. In addition, it should be noted that activated HSCs elaborate leptin³⁵, and this could in part, mediate HSC proliferation.

In contrast to the minimal direct profibrotic effects of leptin on HSCs, conditioned medium from leptin-treated KCs markedly induced gene expression of collagen I, TIMP1, TGF β 1 and CTGF/CCN2 compared to untreated KC-conditioned medium. Likewise, leptin-treated KC-conditioned medium augmented collagen I and α SMA protein. Conversely, leptin-treated SEC-conditioned medium did not enhance the expression of any of the profibrogenic genes tested. These results suggest that KCs play a major role in mediating the profibrogenic effects of leptin on HSCs by directly signaling to KCs.

OB-Rb expression in HSCs is still controversial.^{7,12,33} Ikejima *et al.*¹² noted that KCs harbored functional OB-Rb and that exposure to leptin activated the JAK-STAT signaling pathway of this receptor.¹² Consistent with this result, we confirmed that OB-Rb is highly expressed in quiescent and activated KCs, and thus could mediate leptin signal transduction. In contrast, OB-Rb expression in activated, fibrogenic HSCs was dramatically decreased compared to that in quiescent HSCs, explaining why leptin treatment was unable to activate these cells. Having established that KCs express Ob-Rb receptors, we determined the downstream signaling pathways activated by leptin treatment. Our studies indicated that leptin treatment of KCs activates JAK/STAT3, MAPK/ERK1/2, PI-3K/Akt, and the transcription factors NF- κ B and AP-1 in WT KCs.

Our results imply that upon ligand-binding to the leptin receptor, KCs release profibrogenic factor(s) that are able to activate HSCs. KCs produce a large array of cytokines and other mediators including TNF α , TGF β 1, CTGF/CCN2, IL-6 and ROS when activated, that may contribute to liver injury and fibrosis.^{24,36-40} We have shown that leptin-treated KCs increase production of TGF β 1 and CTGF/CCN2, both potent profibrogenic proteins.^{20-22, 41-43} The increased expression of TGF β 1 is consistent with data from Ikejima *et al.*¹² and Leung *et al.*⁴⁴ who demonstrated that leptin enhances TGF β 1 expression in KCs and mesothelial cells respectively. This finding is further supported by Sakaida *et al.* who noted decreased TGF β 1 expression in KCs with leptin receptor deficiency.¹³ As expected, we further demonstrated that CTGF/CCN2 production is TGF β 1 dependent as the sTGF β R fusion protein⁴¹ attenuated CTGF/CCN2 protein expression. Finally, by neutralizing TGF β , we were able to confirm that this protein is indeed, a principal mediator of the profibrogenic effects of leptin on KCs. CTGF/

CCN2 could also in part mediate the fibrogenic effects of leptin-treated KCs. Unfortunately, we were unable to unequivocally confirm this as potent and reliable CTGF/CCN2 blocking antibodies are not currently available. It should be noted that in our study, TGF β 1 treatment of HSCs did not increase α SMA protein expression, while leptin-treated KC conditioned media did. This suggests that collagen I, TIMP1 and CTGF/CCN2 are at least, in part, regulated by TGF β 1. In contrast, α SMA may be regulated by another soluble factor, possibly including CTGF/CCN2.

Finally, we sought to determine which of the signaling pathways activated by leptin is responsible for augmenting TGF β 1 expression in leptin-treated KCs and were able to demonstrate the STAT3 plays a critical role. Previous studies suggest that STAT3 enhances TGF β 1 production by binding to elements in the TGF β 1 promoter.^{45,46} Since we also observed increased AP-1 and NF- κ B DNA binding activities, it is likely that AP-1 and NF- κ B, together with STAT3 contribute to the observed increase in TGF β 1 production.

In conclusion, our results suggest that leptin mediates hepatic fibrosis mainly through actions on KCs. Increased TGF β 1 by KCs exposed to leptin is a major mediator of these effects. These mechanisms are likely to be important in mediating liver fibrosis associated with obesity and elevated leptin levels, such as that in persons with non-alcoholic fatty liver disease.

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Abbreviations

αSMA	alpha-smooth muscle actin
collagen I	collagen 1 α 1
TGFβ1	transforming growth factor beta-1
CTGF	connective tissue growth factor
HSCs	hepatic stellate cells
KC	Kupffer cells
SECs	sinusoidal endothelial cells
STAT3	signal transducer and activator of transcription-3
ERK1/2	extracellular signal-related kinase 1 and 2

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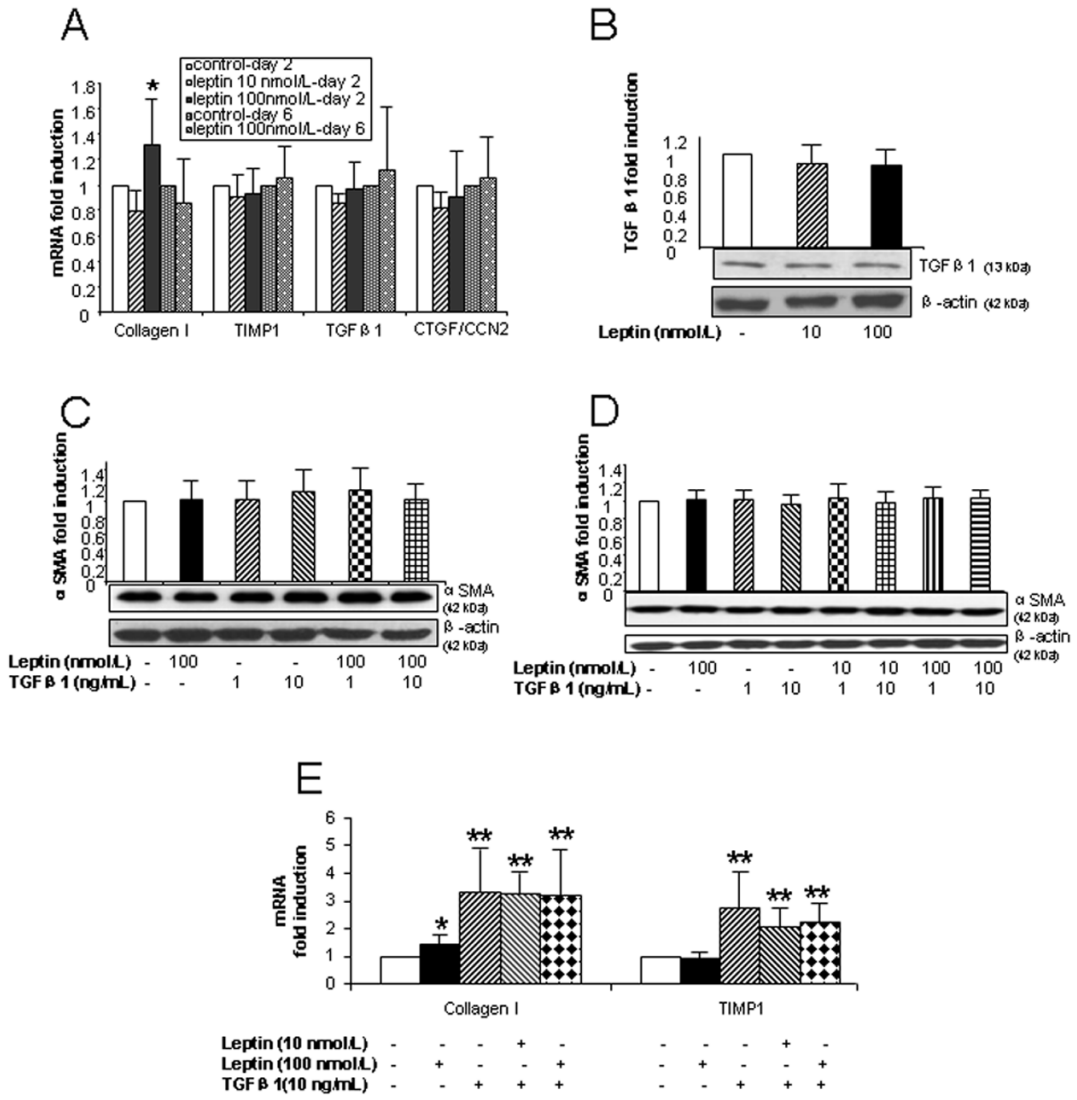


Figure 1. Direct effects of leptin on profibrotic gene and αSMA protein expression in HSCs (A) Collagen I, TIMP1, TGFβ1 and CTGF/CCN2 mRNA expression in HSCs determined by qPCR. HSCs were cultured for 48 h and 6 days before leptin (10 or 100 nmol/L) was added to the medium for 24 h. (B) TGFβ1 protein expression in HSCs cultured for 48 h then treated with leptin (10 or 100 nmol/L) for 24 h, as determined by immunoblot on cell lysates. (C and D) αSMA protein expression in HSCs (48 h and 6 days in culture, respectively) treated with leptin (10 nmol/L or 100 nmol/L) and/or TGFβ1 (1 or 10 ng/mL). (E) mRNA expression of collagen I and TIMP1 in HSCs (cultured for 48 h) treated with leptin (10 or 100 nmol/L) and/or TGFβ1 (10 ng/mL) for 24 h. Mean ± SD for at least 3 experiments performed on 3 cell preparations, except for Fig. 1A (day 2 HSC) where results from 7 different cell isolations were pooled. * $P < 0.05$; ** $P < 0.01$ compared with control HSCs.

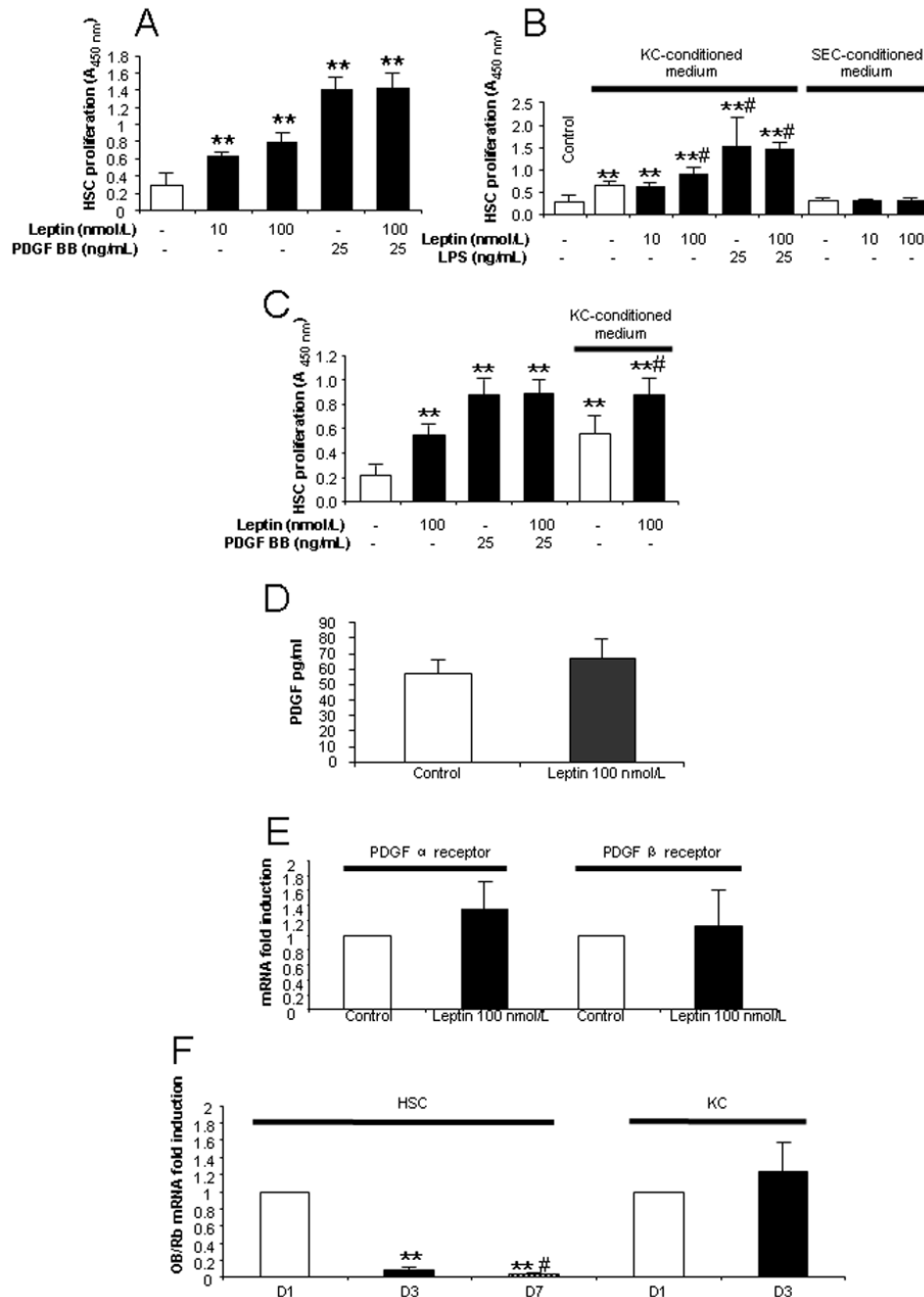


Figure 2. Direct and indirect effects of leptin on the proliferation of HSCs in culture
(A) Effect of leptin on HSC proliferation. HSCs (48 h after isolation) were incubated with leptin (10 or 100 nmol/L) and/or PDGF BB (25 ng/mL) for 24 h. PDGF was used as a positive control. Proliferation was assessed by WST-1 assay. **(B)** HSC proliferation by KC- and SEC-conditioned medium with leptin treatment. Primary cultured KCs and SECs (cultured for 48 h) were incubated with or without leptin and/or LPS for 24 h and subsequently the KC- or SEC-conditioned medium was transferred onto 3 day HSCs. After 24 h, HSC proliferation was analyzed by WST-1 assay. ** $P < 0.01$ compared to control HSC; # $P < 0.05$, compared to HSCs treated with KC-conditioned medium only. **(C)** Day 6 HSC proliferation by leptin or leptin treated KC-conditioned medium. Methods were the same as described for Figs. 2A and 2B

except that HSCs were cultured for 6 days before treatments. **(D)** PDGF concentration in KC-conditioned medium. **(E)**, mRNA expression of PDGF α and β receptors in HSCs co-cultured with KC conditioned medium by leptin. **(F)**, mRNA expression of OB-Rb in cultured HSCs (day 1, day 3 and day 7) and KCs (day 1 and day 3). ** $P < 0.01$ compared to D1 HSCs; # $P < 0.05$, compared to D3 HSCs. Results are means \pm SD of at least three independent experiments performed at least in triplicate.

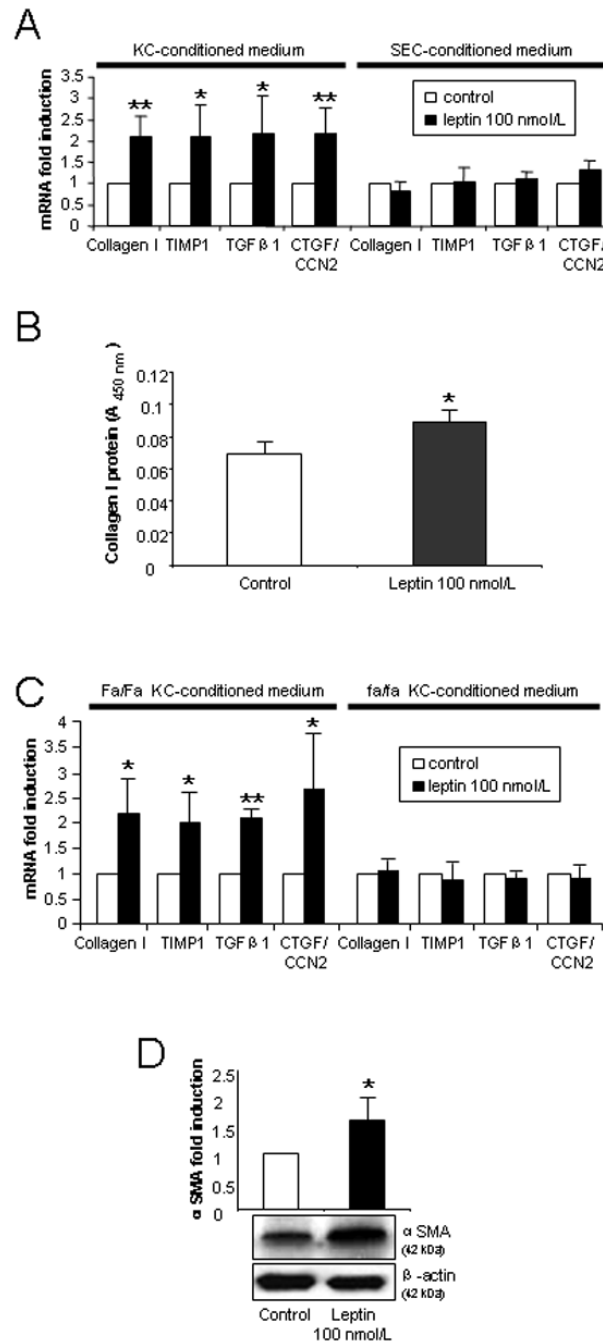


Figure 3. Indirect profibrogenic effects of leptin on HSCs via soluble mediators released from KCs (A) KCs or SECs were cultured for 48 h before being treated with leptin 100 nmol/L for 24 h. Conditioned medium was then transferred onto 3 day HSCs and cultured for another 24 h. Collagen I, TIMP1, TGFβ1 and CTGF/CCN2 gene expression was determined by qPCR in HSCs. (B). Total collagen protein released by HSCs cocultured with KC conditioned medium. (C). Profibrogenic gene expression of HSCs incubated with leptin-treated lean (Fa/Fa) rat or fatty (fa/fa) Zucker KC-conditioned medium. (D). αSMA protein expression in HSCs incubated with control or leptin-treated KC-conditioned medium. Culture methods for 3B, 3C and 3D are the same as Fig. 3A. The results are means ± SD of at least three independent experiments. * $P < 0.05$ and ** $P < 0.01$ between control and leptin-treated conditioned medium.

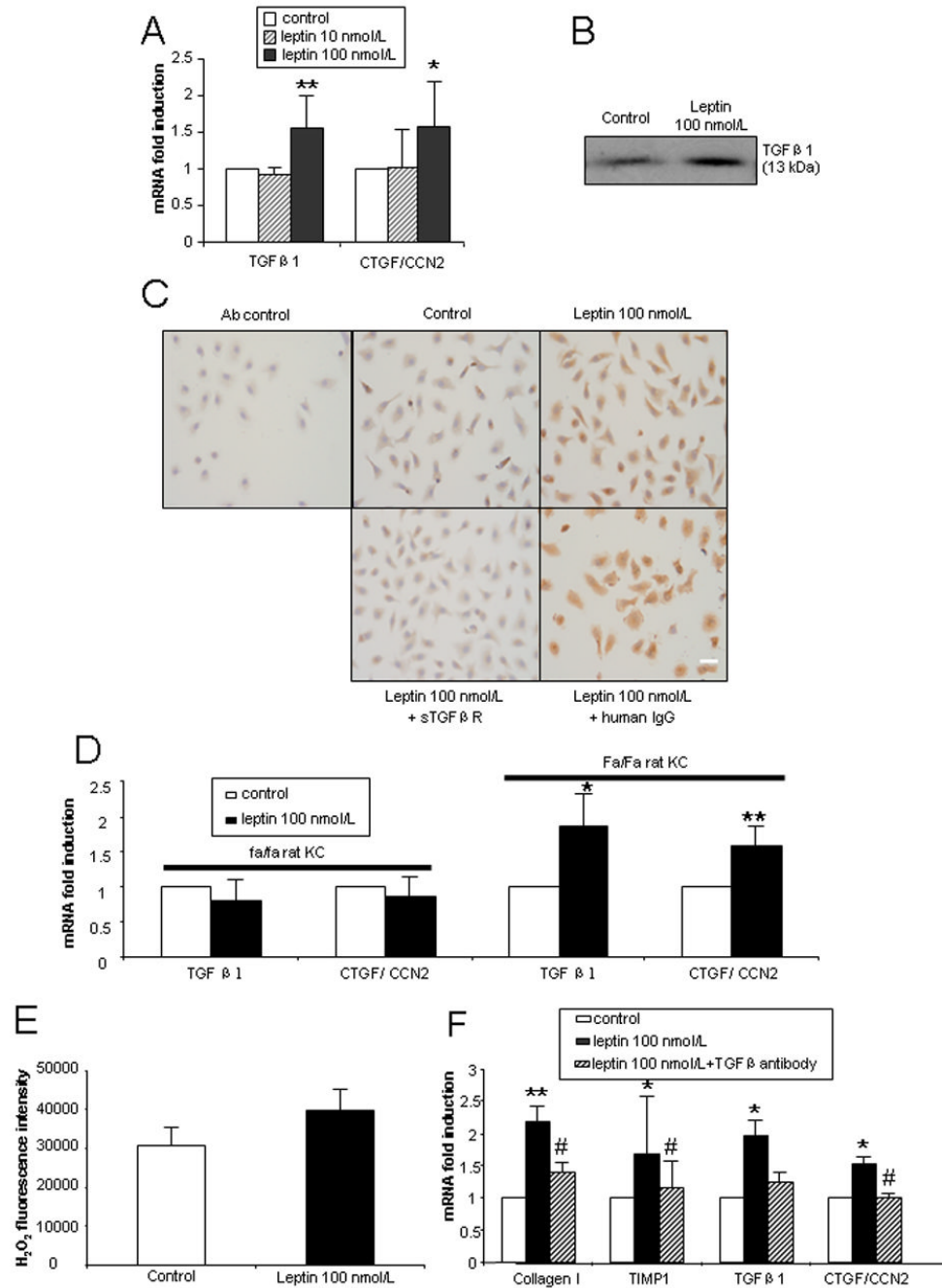


Figure 4. Gene and protein expression of TGF β 1 and CTGF/CCN2 mediated by leptin in cultured KCs

All KCs were cultured for 48 h prior to treatment. Three independent experiments were performed. (A) mRNA expression of TGF β 1 and CTGF/CCN2 in wt rat KCs cultured for 24 h in the presence of leptin (10 or 100 nmol/L). (B) Immunoblot of TGF β 1 in KC-conditioned medium treated with leptin 100 nmol/L for 24 h. (C) Immunocytochemical determination of CTGF/CCN2 protein in KCs. KCs were cultured for 24 h with leptin 100 nmol/L, leptin 100 nmol/L + sTGF β R fusion protein (50 μ g/mL) or leptin 100 nmol/L + human IgG (50 μ g/mL). Scale bar: 20 μ m. (D) mRNA expression of TGF β 1 and CTGF/CCN2 in Zucker (fa/fa) and lean (Fa/Fa) rat KCs cultured for 24 h in the presence of leptin (100 nmol/L). (E). KC

intracellular H₂O₂ generation by leptin. Leptin 100 nmol/L was incubated with KC (48 h cultured) for 24 h. The excitation wavelength was 485 nm and emission wavelength 535nm. **(F)**. Collagen I, TIMP1, TGFβ1 and CTGF/CCN2 mRNA expression in HSCs incubated with KC-conditioned medium in the presence or absence of TGFβ antibody (10 μg/mL). * *P*<0.05 and ** *P*<0.01 compared to control group. # *p*<0.05 compared to the leptin treatment group without TGFβ antibody.

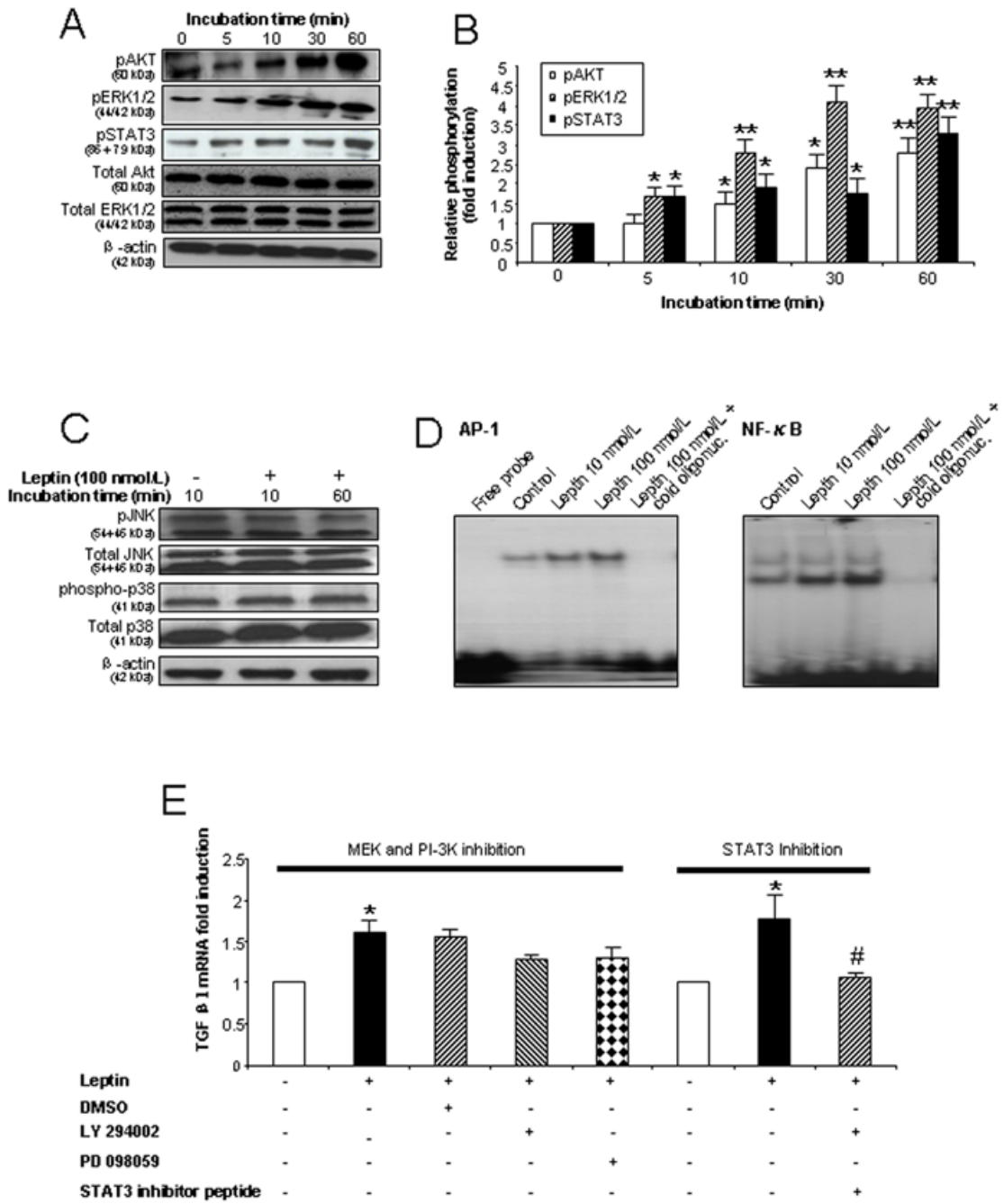


Figure 5. Leptin activates JAK/STAT3, MAPK/ERK1/2 and PI-3K/Akt pathways as well as AP1 and NF-κB transcription factors in Kupffer cells

(A) Leptin enhances phosphorylation of STAT3, ERK1/2 and Akt in KCs in a time dependent manner. KCs were exposed to leptin 100 nmol/L for 0, 5, 10, 30 and 60 min and cell lysates used for immunoblot analysis. (B) Densitometry analysis of Fig. 5A as the ratio of p-protein to total protein (ERK1/2 or AKT) or the ratio of pSTAT3 to β-actin. * $P < 0.05$; ** $P < 0.01$ (C) Leptin did not influence phosphorylation of p38 or JNK in KCs. Cell lysates from KCs exposed to leptin 100 nmol/L for 10 or 60 min were used for immunoblotting. (D) Leptin activates AP-1 and NF-κB DNA binding in KCs. Nuclear protein from KCs cultured for 60 min with leptin (10 or 100 nmol/L) was used for EMSA. The disappearance of the shifted band in the presence

of a molar excess of unlabeled (cold) oligonucleotide confirms the specificity of the binding. (E). TGF β 1 mRNA expression in KCs in the presence or absence of STAT3 inhibitor peptide (50 μ mol/L), a MEK inhibitor (50 μ mol/L) and a PI-3K inhibitor (25 μ mol/L). RNA was extracted after 24 h treatment. * $P < 0.05$ and ** $P < 0.01$ vs. control group. # $P < 0.05$ vs. leptin treatment group without STAT3 inhibitor peptide. Each experiment was conducted in at least 3 independent sets.