

E3 ubiquitin ligase GRAIL controls primary T cell activation and oral tolerance

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T cell unresponsiveness or anergy is one of the mechanisms that maintain inactivity of self-reactive lymphocytes. E3 ubiquitin ligases are important mediators of the anergic state. The RING finger E3 ligase GRAIL is thought to selectively function in anergic T cells but its mechanism of action and its role in vivo are largely unknown. We show here that genetic deletion of *Grail* in mice leads not only to loss of an anergic phenotype in various models but also to hyperactivation of primary CD4⁺ T cells. *Grail*^{-/-} CD4⁺ T cells hyperproliferate in vitro to TCR stimulation alone or with concomitant anti-CD28 costimulation, with transient increased survival. In vitro differentiated T helper 1 cells show slight but significant hypersecretion of IFN- γ in *Grail*^{-/-} mice whereas Th2 and Th17 cytokine secretions are unchanged. Consistent with defective in vitro anergy, oral tolerance is abolished in vivo in OT-II TCR transgenic *Grail*^{-/-} mice fed with ovalbumin. In experimental allergic encephalitis, a model of organ-specific autoimmunity, oral tolerization with myelin basic protein was abrogated as well in *Grail*^{-/-} mice. On the protein level, *Grail*^{-/-} naive T cells show no significant differences of total and phosphorylated levels of ZAP70, phospholipase C γ 1, and MAP kinases p38 and JNK but elevated baseline levels of MAP kinase ERK1/2. In summary, we define a role for GRAIL in primary T cell activation, survival, and differentiation. In addition, we formally prove an indispensable role for GRAIL in T cell anergy and oral tolerance—a promising, antigen-specific strategy to treat autoimmune diseases.

anergy | E3 ligase | ERK | PKC theta | MAP kinase

Central (thymic) and peripheral tolerance are essential mechanisms to prevent autoimmunity (1). Because some autoreactive T cell clones escape tolerization in the thymus, peripheral mechanisms have evolved to prevent lymphocyte mediated self-destruction. T cell unresponsiveness or anergy is thought to contribute to maintenance of peripheral tolerance (2). Means of inducing T cell anergy in vitro include delivery of a calcium signal via the ionophore ionomycin. By studying this model, Macian et al. have discovered that up-regulation of anergy-associated genes is largely NFAT dependent (3). The NFAT pathway has been shown to be crucial for anergy induction. NFAT1 activation in the absence of its transcriptional partner AP-1 induces T cell anergy (3). However, the exact molecular mediators of T cell anergy induction and maintenance remain incompletely understood (2, 4).

The functional significance of anergized T cells is also not yet completely elucidated. Functional unresponsiveness of potentially autoreactive T cells seems more dangerous to the host than deleting them; this suggests that anergic T cell clones have functional (possibly tolerogenic) properties that are yet to be clearly defined. In some models, anergic T cells do not merely remain passive but acquire suppressor function (2). However, this seems not to be the default pathway after anergy induction. High dose oral tolerance favors T cell anergy and deletion in vivo whereas low dose regimens induce transferable suppression via regulatory T cell (Treg) generation (5). Anergy and active suppression have also been shown to be separate processes in a model of transplant tolerance (6). Thus, the precise role of anergic T cells that lack suppressor function needs to be studied further to fully understand its biologic rele-

vance. To this end, we generated a genetic disruption of a putative “anergy factor” in mice.

E3 ubiquitin ligases have recently been identified as important mediators of T cell tolerance (4, 7). The transmembrane E3 ligase GRAIL (Gene related to anergy in lymphocytes) has been reported to be highly up-regulated during anergy induction compared with resting/activated T cell clones (8), and was subsequently shown to be involved in anergy induction (9). Its unique location in the recycling endosomal compartment (8) and its reportedly selective expression pattern in T cells distinguish GRAIL from other RING finger E3 ligases (Cbl-b, TRAF6, Roquin) recently implicated in immune tolerance (10–14). GRAIL is broadly expressed in various organs at high levels but tightly regulated in T cells by ubiquitin editing enzymes (8, 15). In vitro targets of GRAIL are thought to be CD40 ligand (CD40L), Rho GDP-dissociation inhibitor and most recently also tetraspanins CD151 and CD81 (16–18). The functional relevance of these findings is largely unknown, particularly, the contributions of GRAIL to general T cell biology aside from its role in anergy. We show here that genetic disruption of *Grail* in mice led to a variety of abnormalities in naive, helper, and anergic T cells.

Results

***Grail*^{-/-} Mice Have Normal Thymic Development and Peripheral T Cell Numbers.** We genetically targeted the highly conserved RING finger domain of GRAIL in mice to study its in vivo function (Fig. 1 A–D, and Fig. S1). *Grail*^{-/-} mice were viable and born with the expected Mendelian frequency. None of the major organs showed any gross abnormalities (Fig. S2) or histologic differences. Thymic development was unaffected with equal numbers of thymocyte subsets (Fig. S3). Absolute numbers of T and B cells, dendritic cells, macrophages, neutrophils, and other differentiated cell lineages were unremarkable. Ratios of CD4⁺ and CD8⁺ T cells from spleen and lymph node (LN) were also comparable at 8 weeks of age (Fig. S4), as were naive versus memory CD4⁺ or CD8⁺ T cell ratios (Fig. S5); there was, however, a slight increase in memory markers in aged mice.

***Grail*^{-/-} T Cells Are Defective in Several in Vitro Models of T Cell Anergy.** We next tested the ability of *Grail*^{-/-} T cells to become anergized in response to various stimuli. This included delivery of incomplete signals either with the calcium ionophore ionomycin (Fig. 2 A–C); anergizing cytokines (TGF- β ; Fig. 2D); or active suppression via regulatory T cells known to induce anergy (Fig. 2 E and F). Anergy induction was impaired in each model

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The authors declare no conflict of interest.

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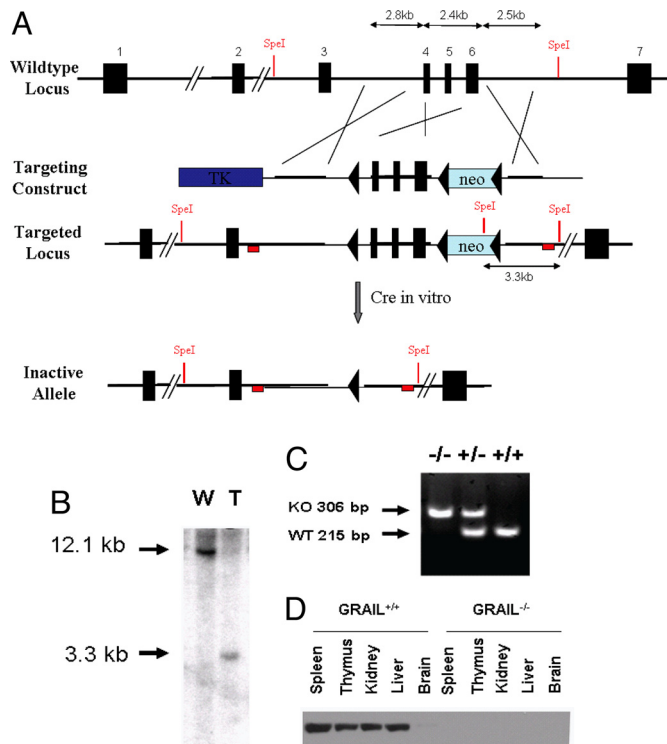


Fig. 1. Generation of *Grail*-deficient mice. (A) *Grail* genomic locus and targeting strategy. Targeting region, 3' and 5' arms are depicted in *Upper*. Restriction enzyme sites are shown in red. The red box resembles the location of the 3' probe used for Southern blot analysis shown in B. 5' probe is also shown as red box next to Exon 2. The blue box indicates the HSV Thymidine Kinase (TK) negative selection marker, the green box resembles the Neomycin resistance cassette used for positive selection. (B) Southern blot analysis of ES cell clones. ES cell DNA was treated with *SpeI* rendering a 3.3-kb fragment at the targeted locus after detection with a specific probe designed on the 3' end as depicted in A. W, wild-type clone; T, targeted clone. (C) Genotyping of offspring from *Grail* wild-type (+/+), heterozygous (+/-) and KO (-/-) mice generated after *in vitro* Cre treatment of ES cells containing loxP flanked *Grail*. (D) Western blot analysis of various tissue lysates for GRAIL expression using a C-terminal antibody for detection.

(Fig. 2A–F). Both proliferation and IL-2 secretion were enhanced (Fig. 2A–F). Interestingly, CD4⁺ CD62L^{high} CD25⁺ Treg-mediated inhibition of CD4⁺ CD62L^{high} CD25⁻ responder cell proliferation was intact when tested in a standard *in vitro* coculture suppression assay despite high expression of *Grail* mRNA in this cell type (Fig. S6). However, Tregs isolated based on FOXP3 expression using a bicistronic fluorescent reporter were defective in suppressing proliferation and IL-2 production of naïve responder cells (Fig. 2G and H) (19).

***Grail*^{-/-} Mice Cannot Be Tolerized *In Vivo*.** T cell anergy is an important mechanism of mucosal tolerance *in vivo* (3). The organism is exposed to numerous dietary and commensal antigens through the GI tract without mounting an immune response. High dose oral tolerance is known to induce T cell anergy/deletion (5). We therefore studied oral tolerance to ovalbumin using the OT-II TCR transgenic model in which *Grail* mRNA was highly up-regulated in CD4⁺ T cells from mesenteric LNs after tolerization. Remarkably, OT-II *Grail*^{-/-} mice could not be tolerized *in vivo* despite increasing doses of antigen (Fig. 3A–C). CD4⁺ T cell proliferation and IL-2 secretion was not suppressed *ex vivo* (Fig. 3A–C). Oral tolerance induction was also aborted in experimental allergic encephalitis (EAE), a mouse model of the organ-specific autoimmune disease multiple sclerosis (Fig. 3D). Induction of EAE with myelin basic protein (MBP) together with an adjuvant can be ameliorated in this model by prior oral feeding of the antigen (20).

Grail^{-/-} mice, however, could not be tolerized via this route (Fig. 3D) supporting the *in vivo* importance of GRAIL in T cell tolerance.

GRAIL Controls Activation and Death of Naïve T Cells. We found that GRAIL mRNA is expressed in naïve, effector and memory T cell subsets (Fig. S6A and B), suggesting a functional role beyond anergy. We therefore investigated whether GRAIL is also involved in primary T cell activation. Indeed, GRAIL regulates activation of naïve T cells at various levels (Fig. 4A–C). *Grail*^{-/-} T cells were hyperresponsive to TCR stimulation alone or with anti-CD28 (Fig. 4A–C and Fig. S7). Interestingly, they proliferated and cycled more vigorously (Fig. 4A–C; Fig. S8A) although there was no significant difference between amounts of IL-2 secreted at 12 h of stimulation (Fig. S8B). Direct intracellular stimulation with phorbol ester and calcium ionophore abolished the differences in proliferation (Fig. 4A). *Grail*^{-/-} T cells were also hypersensitive to increasing doses of TCR stimulation (Fig. 4B and C); however, baseline levels of intracellular calcium and TCR-induced calcium mobilization were equal in KO and wild-type T cells (Fig. 4D) suggesting that other signaling pathways downstream of TCR might be disturbed in the absence of GRAIL.

To determine whether GRAIL is also involved in cell death *in vitro*, we examined viability of CD4⁺ T cells at various time points after activation (Fig. 4E). Although survival was enhanced after 2 days of stimulation, increased cell death was observed after 5 days (Fig. 4E), possibly due to increased consumption of growth factors although unlikely because fresh medium was added each time. Interestingly, the expression levels of Fas and Fas ligand were unchanged in *Grail*^{-/-} mice.

***Grail*^{-/-} Helper T Cells Overproduce IFN- γ and Are Susceptible to Cell Death.** Profiling of *Grail* mRNA expression in T cell subsets showed not only significant levels in resting T cells but also increased levels in Th1 cells (Fig. S6A and B). We therefore examined T helper cell differentiation and activation *in vitro*. We found a significant increase in the secretion of IFN- γ upon stimulation of terminally differentiated Th1 cells (Fig. 5A and B) consistent with a functional role of increased *Grail* RNA expression in this T helper cell subset (Fig. S6B). Differentiation and activation of Th2 and Th17 cells were, however, not altered (Fig. 5A and B). Interestingly, viability was reduced by \approx 50% in all cultures of differentiated helper T cell subsets (Th1, Th2, Th17) from *Grail*^{-/-} mice at day 5 in culture (Fig. 5C) suggesting a broader role of GRAIL in survival than mentioned above. Similar to naïve CD4⁺ T cells, hyperproliferation was noted during initial differentiation cultures across all helper T cell subsets. Importantly, fresh medium and cytokine cocktails were added to each differentiation culture at day 2 excluding deprivation of nutrients and growth factors to be responsible for subsequent increased cell death.

CD40L is an important T helper cell regulator with diverse functions including costimulation of B cells. We also measured CD40L expression on wild-type and KO T cells because ectopic expression of GRAIL in T cells down-regulates this B cell costimulatory ligand (17). However, we did not find increased levels of CD40L in *Grail*^{-/-} mice either in resting or activated states (Fig. S9).

GRAIL Deficiency Increases Total and Phosphorylated Levels of ERK1/2. We next studied various signaling pathways involved in primary T cell activation to better understand the mechanism leading to these diverse functional abnormalities in *Grail*^{-/-} mice (Fig. 6). TCR-proximal signals like ZAP-70 and PLC γ 1 protein levels and phosphorylation were intact in resting and TCR-activated *Grail*^{-/-} T cells (Fig. 6A). We also examined MAP kinase signaling in T cells because this pathway is crucial for T cell proliferation, differentiation and cytokine secretion (21). The MAP kinases p38 and JNK were not altered (Fig. 6A). We found, however, that ERK1/2

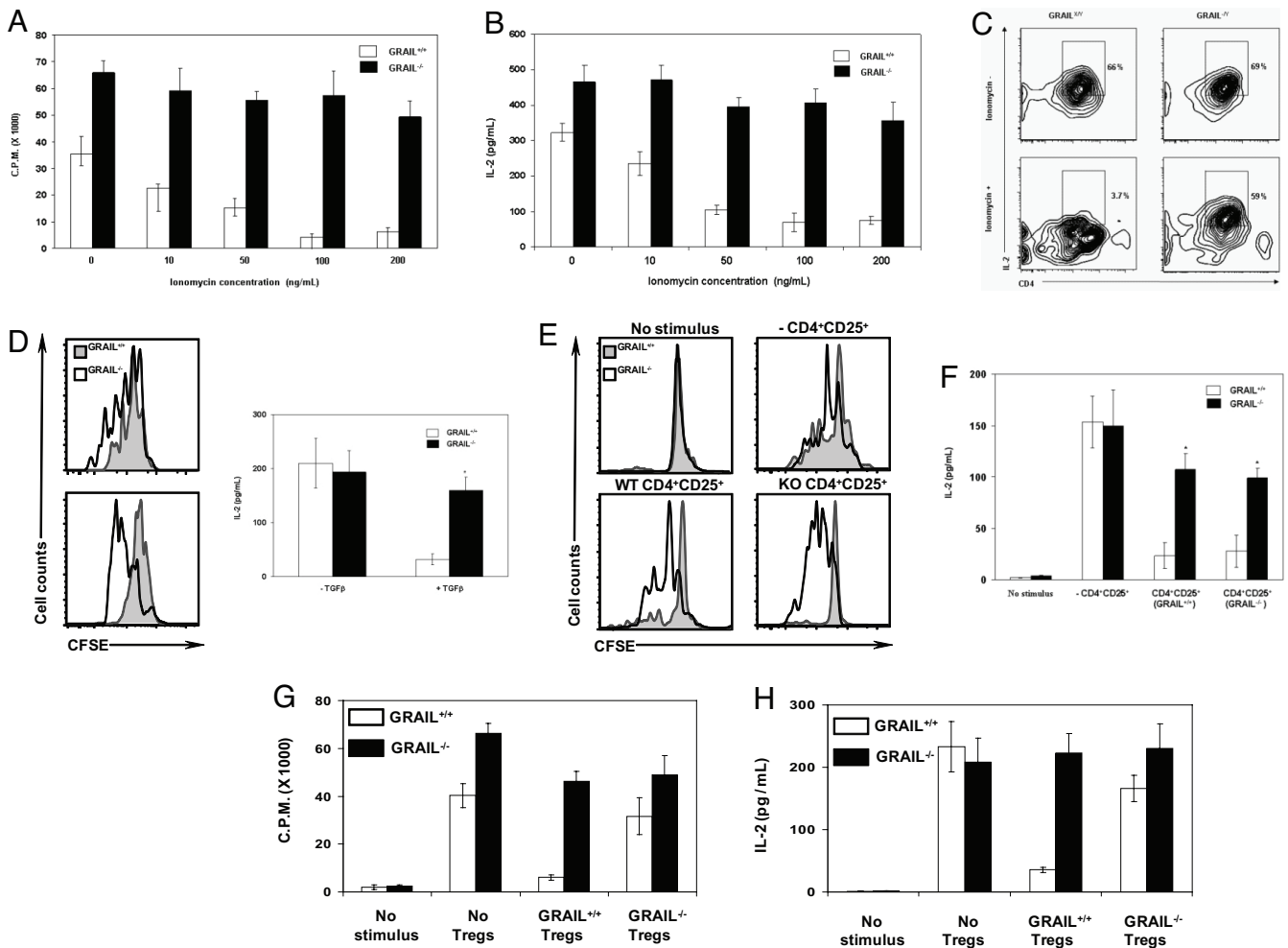


Fig. 2. *Grail*-deficient T cells exhibit defective energy induction. (A–C) Ionomycin-induced energy. (A) Sorted splenic naïve CD4⁺ T cells were stimulated with anti-(α -)CD3/CD28, rested, then washed and treated with ionomycin for 12 h before restimulation. (B and C) IL-2 was measured by ELISA (B), and intracellularly by flow cytometry (C). C.P.M., counts per minute. (D) TGF- β -induced energy. Sorted splenic naïve CD4⁺ T cells were stimulated with α -CD3/CD28 for 5 days either with or without TGF- β . Cells were washed, labeled with CFSE and restimulated with α -CD3/CD28. Proliferation was measured, based on CFSE dilution, after 72 h by flow cytometry (Left) and IL-2 by ELISA (Right). (E and F) Treg-mediated energy. CFSE labeled naïve CD4⁺ T cells were mixed with equal ratio of CD25⁺ Tregs and cultured in the presence of α -CD3/CD28-coated latex beads. After 24 h, CD4⁺ CD25⁻ T cells were sorted based on the CFSE staining and restimulated. Proliferation (E) and IL-2 (F) were measured as described in D. (G and H) FOXP3⁺ Treg suppressor cell assay. Sorted naïve CD4⁺ T cells were cocultured with equal ratio of CD4⁺ CD25⁺ mRFP⁺ Tregs obtained from Foxp3-IRES-mRFP (FIR) *Grail*^{+/+} and *Grail*^{-/-} mice as described in *SI Materials and Methods*, and stimulated with α -CD3/CD28. Proliferation was measured by ³H-thymidine incorporation (G) and IL-2 was measured by ELISA (H).

protein levels and phosphorylated states were elevated in *Grail*^{-/-} T cells at baseline and after activation (Fig. 6B and C). Upstream MEK1/2 levels and phosphorylation states were unchanged (Fig. 6A) suggesting that ERK protein might be the level of regulation. Recent data suggest that ERK is important for IFN- γ secretion in CD4⁺ T cells (22), possibly explaining the increased cytokine levels seen in stimulated *Grail*^{-/-} Th1 cells (Fig. 5). We also found higher levels of protein kinase C theta (PKC θ), which is known to control T cell proliferation and survival (23–27) (Fig. S10). Immunoprecipitation experiments suggest possible interaction of GRAIL with PKC θ (Fig. S10), but these findings are often nonspecific and need further biochemical and in vivo studies for confirmation. When assessing proteins of the calcium-dependent signaling pathway, we found that calcineurin A and downstream NFAT protein levels were not different in WT and KO (Fig. 6A) consistent with normal calcium mobilization (Fig. 4D).

Discussion

We have demonstrated that disruption of GRAIL in mice led to multiple defects in naïve, helper, and anergic T cell states,

affecting survival, proliferation and cytokine secretion at various stages. Loss of T cell energy was demonstrated in various in vitro models including ionomycin-, Treg-, and TGF- β -induced energy. Importantly, *Grail*^{-/-} mice exhibited also defective oral tolerance in vivo in two models (OT-II and EAE). On the protein level of naïve CD4⁺ T cells, we found that loss of GRAIL increases total levels of ERK. Of note, GRAIL localizes, at least partly, to the endosomal compartment, whereas ERK is diffusely distributed in the cytoplasm [although it is dynamically regulated and has been localized on endosomal compartments as well under certain conditions (28, 29)]. It is therefore theoretically possible that the cytoplasmic RING finger domain of GRAIL might directly regulate ERK protein levels. However, the exact molecular mechanisms how GRAIL controls naïve CD4⁺ T cell proliferation and energy remain to be elucidated in further studies.

Negative regulation of PKC θ by GRAIL could potentially also explain several of the observed T cell abnormalities in *Grail*^{-/-} mice, most notably the hyperproliferative phenotype of naïve T cells. It has been shown that TCR signaling required for primary T

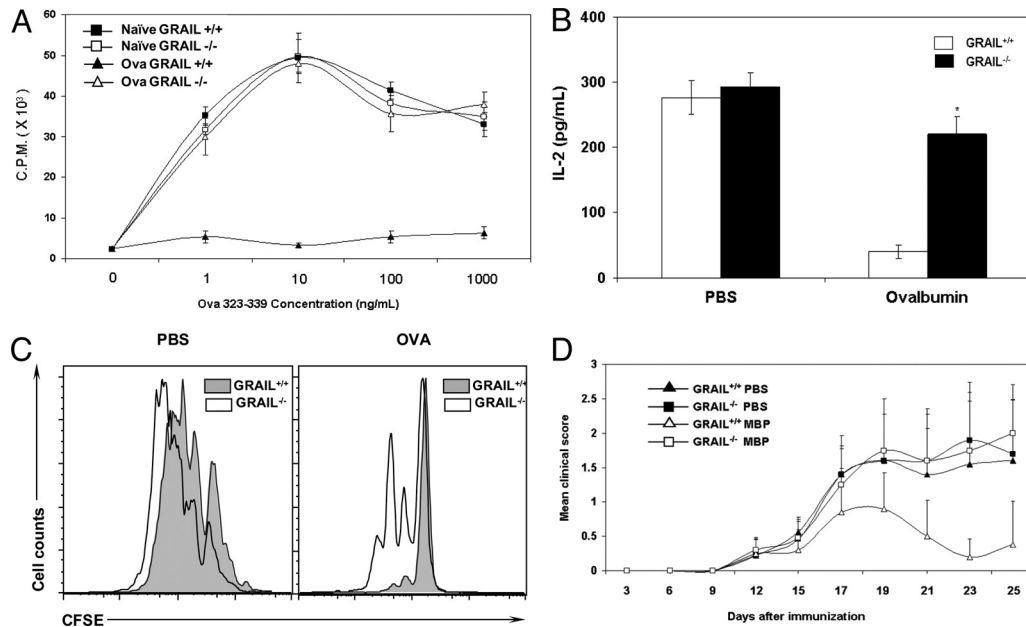


Fig. 3. Defects in in vivo tolerance in *Grail*^{-/-} mice. (A–C) OVA-induced oral tolerance. *Grail*^{+/+} and *Grail*^{-/-} OT-II mice were fed with either ovalbumin protein (20 mg/mL) or PBS through drinking water for 5 days. Splenic CD4⁺ T cells were stimulated in vitro with OVA peptide pulsed APCs. Proliferation was measured by ³H-thymidine incorporation (A), IL-2 by ELISA (B), and CFSE dilution by flow cytometry (C). (D) Oral tolerance in EAE. *Grail*^{+/+} and *Grail*^{-/-} mice ($n = 10$) were fed with MBP by gastric intubation. Mice were immunized s.c. with 400 μ g of MBP in CFA. Bordetella pertussis toxin was injected i.p. on days 0 and 2. Disease symptoms were assessed by mean clinical score.

cell activation and IL-2 secretion is orchestrated by PKC θ (23, 25, 30). In addition, PKC θ is known to have dual effects on T cell apoptosis, a promoting role by inducing FasL expression and a protective role via Bcl-2/xL-dependent survival signals and/or inactivation of proapoptotic BAD (23–27, 31). Although an influence of GRAIL on PKC θ still needs to be firmly established, it is possible that the transient survival advantage of *Grail*^{-/-} T cells, and 50% reduced survival of in vitro differentiated Th1, Th2, and Th17 cells could at least partially be related to this preliminary finding. The exact role of PKC θ in Th1-mediated immunity remains to be clarified (23–27). The slight, but consistent hypersecretion of IFN- γ in *Grail*^{-/-} Th1 cells could possibly be due to increased ERK. Interestingly, ERK has recently been shown to play a role in IFN- γ secretion in CD4⁺ T cells (22). Further studies are needed to dissect which effects of GRAIL are responsible for the various abnormalities found in naïve and effector T cells from *Grail*^{-/-} mice.

As discussed above, our data support a role for GRAIL in T lymphocyte activation, survival, and differentiation. In addition, we demonstrate an essential role of GRAIL in T cell anergy and in vivo tolerance using two different mouse models. Gene-targeting of the E3 ligase Cbl-b reveals also defects in T cell proliferation, anergy and in vivo tolerance (10–12). Combined deletion of GRAIL and Cbl-b is likely to create profound deficiency in anergy induction considering that each E3 ligase acts in different cellular compartments and potentially interferes with nonredundant signaling pathways. It has been shown that PKC θ protein levels are elevated in anergic T cells from *Cbl-b*^{-/-} (and also *Itch*^{-/-}) mice (32). It remains to be shown whether targets of E3 ligases differ in resting versus anergic T cells. ERK1/2 and PKC θ are both integrated in pathways that are altered or blocked in anergic T cells (2, 32, 33). It is therefore possible these pathways are at least indirectly controlled by GRAIL in anergic T cells.

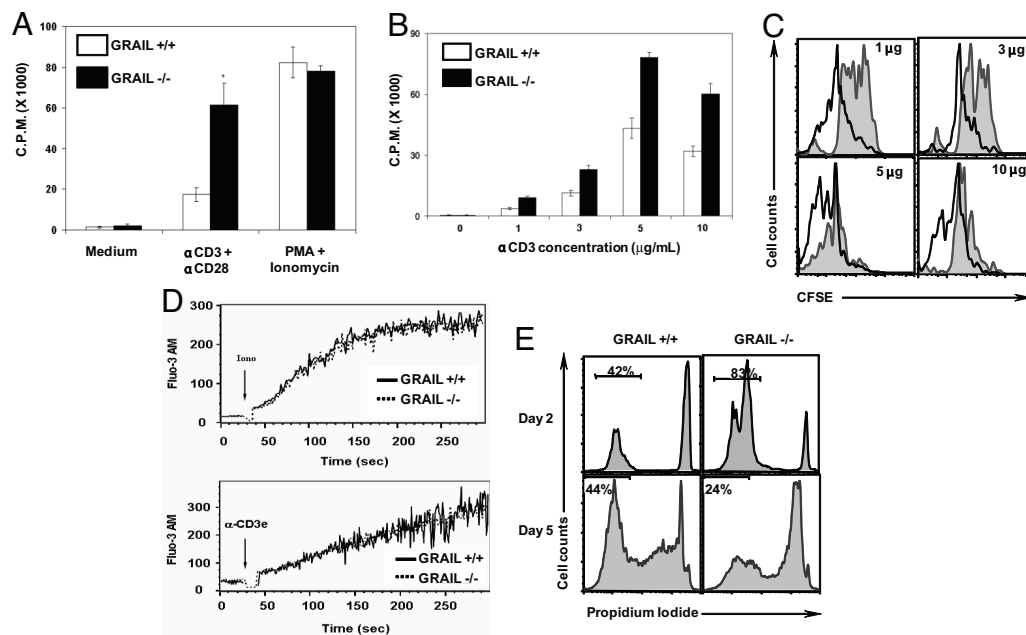


Fig. 4. *Grail*^{-/-} T cells show augmented responses to TCR stimulation. (A–C) Splenic naïve CD4⁺ T cells were stimulated with α -CD3 (5 μ g/mL)/CD28 (A) or various concentrations (B and C), or PMA/ionomycin (A) for 48 h (A and B) or 72 h (C). Proliferation was measured by ³H-thymidine incorporation (A and B) or based on CFSE dilution by flow cytometry (C). *Grail*^{+/+}, gray histograms; *Grail*^{-/-}, white histograms. (D) Calcium flux at baseline and after T cell stimulation. Splenic naïve CD4⁺ T cells were labeled with Fluo-3-AM. Cells were prewarmed and calcium release was measured either in the presence of ionomycin (Upper) or upon TCR cross linking (Lower). (E) Viability of T cells after primary stimulation. Splenic naïve CD4⁺ T cells were stimulated with α -CD3/CD28. At indicated time points, cell viability was measured by flow cytometry using propidium iodide exclusion.

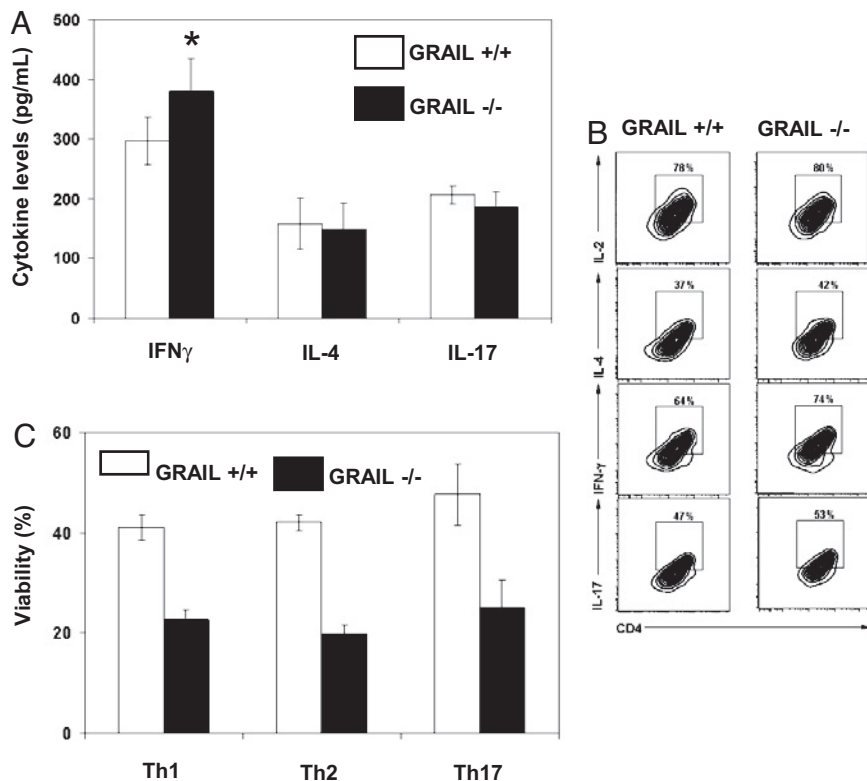


Fig. 5. *Grail*^{-/-} T cells exhibit several helper T cell abnormalities. (A and B) Helper T cell cytokine secretion. Naïve CD4⁺ T cells were sorted from the spleens of *Grail*^{+/+} and *Grail*^{-/-} mice, and cultured for 5 days under conditions that promote Th1, Th2 and Th17 differentiation. On day 6, cells were harvested, restimulated with α -CD3 (5 μ g/mL) and α -CD28 (2 μ g/mL) for 24 h. Levels of respective cytokines were measured from supernatants by ELISA (A) or intracellularly by flow cytometry (B). *, $P < 0.05$ as described in *SI Materials and Methods*. (C) Viability of differentiated helper T cells. Naïve CD4⁺ T cells were sorted from the spleens of *Grail*^{+/+} and *Grail*^{-/-} mice, and cultured for 5 days under conditions that promote Th1, Th2, and Th17 differentiation as described in *SI Materials and Methods*. On day 5, cell viability was measured by flow cytometry using propidium iodide exclusion. Indicated is the average viability of duplicate samples.

The role of GRAIL in Tregs is less clear. It has been shown that GRAIL is sufficient for the conversion of T cells to a regulatory phenotype (34). In *Grail*^{-/-} mice, primary inhibition of T cell proliferation by CD4⁺ CD62L^{high} CD25⁺ Tregs was intact whereas Treg-mediated anergy induction (measured with CFSE labeling and sorting experiments) was defective. Using a purer system with

FOXP3⁺ CD4⁺ T cells sorted based on a bicistronic fluorescent reporter inserted into exon 13 of the *Foxp3* gene as described in ref. 19, we could demonstrate that FOXP3⁺ Treg function was indeed impaired. The reason for the different outcomes in these two in vitro assays are unclear but could relate to the fact that CD25 is an imperfect marker for Tregs, and that activated *Grail*^{-/-} CD4⁺ T

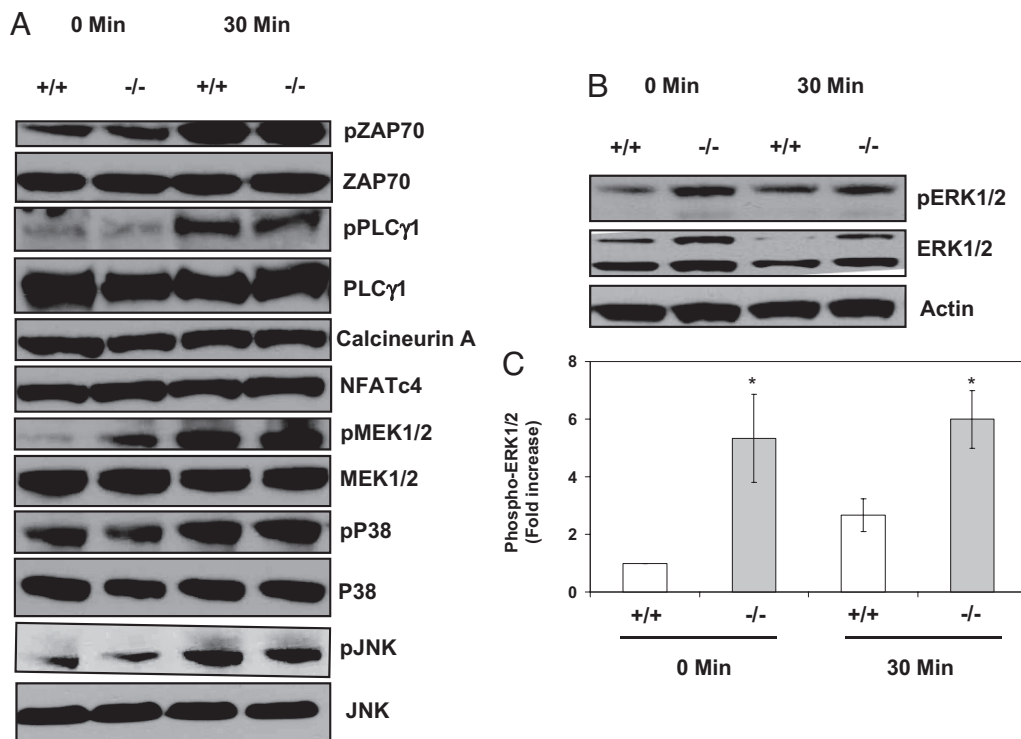


Fig. 6. *Grail* deficiency in T cells leads to augmented levels of ERK. (A and B) Western blot analysis of signal transduction molecules. Splenic naïve CD4⁺ T cells were stimulated with α -CD3/CD28, harvested and lysed, and Western blot analysis was performed using antibodies against various molecules as indicated. Blots shown are representative of at least 3 experiments with identical results. (C) Densitometric analysis of ERK1/2 phosphorylation. Phospho-ERK bands as shown in Fig. 6B were quantified using densitometry. Results were normalized to control (*Grail*^{+/+} at 0 min), which was arbitrarily set to 1.0. Bars represent mean \pm SD ($n = 3$). y axis represents fold increase in optical density to control. *, $P < 0.05$ ($P = 0.008$ for 0 min, $P = 0.001$ for 30 min).

cells have a heightened sensitivity to cell death. In vitro activation of previously activated CD25⁺ cells from *Grail*^{-/-} mice could potentially lead to selective death of these cells with preferential survival of truly suppressive FOXP3⁺ cells in the in vitro coculture assay. This possibility has been excluded when using FOXP3 reporter mice. Further studies on the role of GRAIL in FOXP3⁺ Tregs will lead to a better understanding of the exact mechanisms involved. Previous studies have examined the role of PKC θ and ERK1/2 in Treg function and FOXP3 induction (35–37). It remains to be shown whether these molecules are relevant for the observed in vitro defect of FOXP3⁺ Tregs from *Grail*^{-/-} mice, or if other proteins are involved.

CD40L is another molecule that has been shown to interact with GRAIL (17). Ectopic expression of GRAIL in naïve T cells from CD40^{-/-} mice led to down-regulation of CD40L (17). However, we did not see increased CD40L expression in *Grail*^{-/-} mice either in resting or activated states, but these differences could be due to different experimental settings and/or the fact that GRAIL was overexpressed in the prior study (17). Additional work is needed to substantiate a role for GRAIL in regulating costimulatory receptors in vitro and in vivo and its role in T cell differentiation and survival.

In summary, we established that GRAIL is an important gatekeeper of multiple T cell states including activation, survival, and differentiation. Elevated baseline levels of ERK in naïve CD4⁺ T cells suggest a potential role for GRAIL in setting signal thresholds. T cell homeostasis and immune tolerance are disturbed in human autoimmune diseases. Relieving these control mechanisms is known to enhance cancer immunity. It will therefore be important to investigate the role of GRAIL in other disease models and in human disease states. Further dissection of its diverse mechanisms in the activation and function of T cells will hopefully lead to a better understanding of this unique E3 ubiquitin ligase, and eventually to

improvement of antigen-specific treatment strategies like oral tolerance induction.

Materials and Methods

Generation of *Grail*-Deficient Mice. Using the Cre-loxP system, exons 4, 5, and 6 were targeted in ES cells (Fig. 1). Targeted ES clones were identified by Southern blot and treated with Cre in vitro, causing deletion of exons 4–6 and an out-of-frame mutation. Further details on KO generation and information on wild-type and transgenic mice are described in *SI Materials and Methods*.

In Vitro T Cell Studies. For ionomycin-induced anergy, CD4⁺ T cells were stimulated with α CD3/CD28, rested, then cultured with or without ionomycin and restimulated. For TGF- β -induced anergy, T cells were stimulated with or without TGF- β , washed and restimulated. For Treg-induced anergy, CFSE-labeled naïve T cells were incubated with CD4⁺ CD25⁺ Tregs and α CD3/CD28, resorted and restimulated. For FOXP3⁺ Treg suppression, CD4⁺ T cells were cocultured with FOXP3⁺ Tregs from reporter mice described in ref. 19 and stimulated with α CD3/CD28. Further details and information on T cell proliferation and differentiation assays, calcium flux, PCR, Western blot and ELISA are described in *SI Materials and Methods*.

In Vivo Tolerance Models. CD4⁺ T cells from ovalbumin fed OT-II transgenic mice were stimulated ex vivo with OVA peptide to assess for oral tolerance in WT and KO mice. Further details and information on oral tolerance in the EAE model are described in *SI Materials and Methods*.

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