

# Modulation of inflammatory response via $\alpha$ 2-adrenoceptor blockade in acute murine colitis

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## Summary

Inflammatory bowel disease (IBD) is characterized by heavy production of proinflammatory cytokines such as tumour necrosis factor (TNF)- $\alpha$  and interleukin (IL)-1 $\beta$ . Interactions of the autonomic nervous system with local immune cells play an important role in the development of IBD, and the balance of autonomic nerve function is broken in IBD patients with sympathetic overactivity. However, the function of catecholamines in the progress of colitis is unclear. In this study, we examined the role of catecholamines via  $\alpha$ 2-adrenoceptor in acute murine colitis. The expression of tyrosine hydroxylase (TH) and dopamine b-hydroxylase (DBH), two rate-limiting enzymes in catecholamine synthesis, was detected by immunohistochemistry in murine colitis. Murine colitis was induced by dextran sodium sulphate or trinitrobenzene sulphonic acid (TNBS), and the mice were administered RX821002 or UK14304,  $\alpha$ 2-adrenoceptor antagonists or agonists. Colitis was evaluated by clinical symptoms, myeloperoxidase assay, TNF- $\alpha$  and IL-1 $\beta$  production and histology. Lamina propria mononuclear cells (LPMCs) from mice with TNBS colitis were cultured in the absence or presence of RX821002 or UK14304, and stimulated further by lipopolysaccharide. TH and DBH are induced in LPMCs of inflamed colon, the evidence of catecholamine synthesis during the process of colitis. RX821002 down-regulates the production of proinflammatory cytokines from LPMCs, while UK14304 leads to exacerbation of colitis. Together, our data show a critical role of catecholamines via  $\alpha$ 2-adrenoceptors in the progress of acute colitis, and suggest that use of the  $\alpha$ 2-adrenoceptor antagonist represents a novel therapeutic approach for the management of colitis.

**Keywords:**  $\alpha$ 2-adrenoceptor, catecholamines, colitis, immune response

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## Introduction

The aetiology of inflammatory bowel disease (IBD), which contains mainly two forms as Crohn's disease and ulcerative colitis, is still unclear. It is believed that altered immunological function, resulting from an interplay between genetic susceptibility and certain environmental factors, contributes significantly to mucosal inflammation of the gastrointestinal tract [1]. During the process of IBD many proinflammatory cytokines, including tumour necrosis factor (TNF)- $\alpha$ , interleukin (IL)-1 $\beta$  and IL-6 produced mainly by macrophages and lymphocytes in inflamed mucosa, contribute to maintenance of the inflammatory response [2]. Inhibiting the production of those proinflammatory cytokines by the treatment such as corticosteroids, aminosalicylic acids,

antibodies of those cytokines and probiotics can lead to down-regulation of inflammatory response and rehabilitation from tissue damage of IBD, as shown by clinical and experimental data [3,4].

Interaction of the nervous system with local immune cells play an important role in keeping the body in a homeostatic state; for example, during inflammation or infection, proinflammatory mediators released by local immune cells activate neuronal responses. In response to stimulation, the autonomic nervous system modulates local immune and inflammatory responses by means of sympathetic and parasympathetic pathways [5,6] and triggers systemic neuroendocrine and regional neural responses that seek to return the system to a homeostatic state. The cholinergic anti-inflammatory pathway, also well studied,

regulates inflammatory responses through the cholinergic receptor and has been shown to be helpful in acute pancreatitis [7], endotoxaemia [8] and myocardial ischaemia/reperfusion injury [9]. Conversely, the transmitters of sympathetic nerves, such as catecholamines, modulate the function of immune cells and the production of cytokines through adrenoreceptors [10]. The functional interplay of the adrenergic nervous system with immune cells counterbalances the effects of the parasympathetic nervous system [11,12].

Recent studies suggest that the balance of autonomic nerve function is broken in IBD patients and experimental colitis, with autonomic vagal neuropathy and nerve dysfunction [13–15] and sympathetic overactivity [16], which leads to imbalance of the transmitters such as acetylcholine and catecholamines in inflamed mucosa. Catecholamines can be produced not only by sympathetic nerves, but also by local immune cells such as phagocytes and T cells during the process of inflammation, as shown by Flierl and colleagues [17]. Therefore, via the receptors, endogenous catecholamines are able to activate the releasing cell itself as well as nearby cells in an autocrine/paracrine manner. Blockade of  $\alpha$ - and  $\beta$ -adrenoceptors on macrophages and lymphocytes inhibits the production of proinflammatory cytokines significantly [18–20]. From these findings it is tempting to speculate that the inflammatory cytokine network might be one of the important mediator systems controlled tightly by catecholamines via adrenergic receptors [21,22].

However, the role of catecholamines in the pathogenesis of IBD is still unclear. To explore the initial effect of catecholamines, we detected the expression of tyrosine hydroxylase (TH) and dopamine  $\beta$ -hydroxylase (DBH), two rate-limiting enzymes in catecholamine synthesis, in the mucosa of murine colitis, and investigated the effect of catecholamines on experimental colitis by blockade or stimulation of the  $\alpha$ 2-adrenoreceptor. We report, first, that catecholamines produced by lamina propria mononuclear cells (LPMCs) with heavy TH and DBH expression facilitate the progress of colitis via the  $\alpha$ 2-adrenoreceptor, and the blockade of  $\alpha$ 2-adrenoreceptors can down-regulate the inflammatory response and ameliorate acute murine colitis.

## Methods

### Animals

Male BALB/c mice were obtained from the Experimental Animal Center of Nanchang University, and kept under specific pathogen-free conditions. The mice used in the study were 7–8 weeks old, weighing approximately 22 g. All experiments using mice were reviewed and approved by the Institutional Animal Care Committee of Nanchang University.

### Induction of trinitrobenzene sulphonic acid colitis and study design

Colitis was induced in mice on day 1, as described previously [23,24]. In brief, the mice were anaesthetized lightly after overnight food deprivation, and a 3.5 F catheter was inserted intrarectally 4 cm from the anus. To induce colitis, 100  $\mu$ l of 2.5 mg trinitrobenzene sulphonic acid (TNBS) (Sigma Chemical Co, St Louis, MO, USA) in 50% ethanol was administered slowly into the lumen via the catheter. Control mice received 50% ethanol alone (100  $\mu$ l). RX821002 (10 mg/kg/mouse body weight;  $\alpha$ 2-adrenoceptor antagonist) or UK14304 (2 mg/kg;  $\alpha$ 2-adrenoceptor agonist) was administered intraperitoneally (i.p.) 2 h after TNBS instillation, and repeated daily until the mice were killed.

The mice were killed on day 7 and the colonic segments were frozen immediately in liquid nitrogen for cytokine determination and myeloperoxidase (MPO) activity measurement. For histological studies, a colonic specimen from the middle part was fixed in 10% buffered formalin, and stained with haematoxylin and eosin (H&E) for subsequent histological examination. Histological examinations were performed by the same investigator in a blinded fashion. Histological scores were performed to grade the degree of colonic inflammation from 0 to 4 using previously described scoring systems for hapten-induced colitis [25]: 0, no signs of inflammation; 1, very low level; 2, low level of leucocyte infiltration; 3, high level of leucocyte infiltration, high vascular density, thickening of the colon wall; and 4, transmural leucocyte infiltration, loss of goblet cells, high vascular density, thickening of the colon wall.

### Induction of dextran sulphate sodium colitis

Alternatively, acute colitis was induced in BALB/c mice on day 1 by administration of 5% dextran sulphate sodium (DSS) (molecular weight 500, 000; Amersham Pharmacia Biotech AB, Uppsala, Sweden) dissolved in the drinking water. Fresh DSS solution was provided every second day. Control mice drank only distilled water. RX821002 (10 mg/kg/mouse body weight) or UK14304 (2 mg/kg/mouse body weight) was administered i.p. 24 h after induction of colitis, and repeated daily until the mice were killed on day 10.

Development of colitis was assessed daily by measurement of body weight, evaluation of stool consistency and detection of bloody stools. Disease severity was scored using a clinical disease activity index (DAI) ranging from 0 to 4, calculated as described previously [26,27] using the following parameters: stool consistency, presence or absence of faecal blood and weight loss. Mice were killed on day 10, and the middle section of colon was fixed in 10% formaldehyde–saline. H&E-stained sections were graded based on a scoring system modified from a previous study [28]. Histology scoring was performed in a blinded fashion. A combined score of inflammatory cell infiltration and tissue damage was determined as

follows: cell infiltration: score 0, occasional inflammatory cells in the lamina propria (LP); 1, increased infiltrate in the LP predominantly at the base of crypts; 2, confluence of inflammatory infiltrate extending into the mucosa; and 3, transmural extension of infiltrate. Tissue damage: score 0, no mucosal damage; 1, partial (up to 50%) loss of crypts in large areas; 2, partial to total 50–100% loss of crypts in large areas, epithelium intact; and 3, total loss of crypts in large areas and epithelium lost.

### Measurement of MPO activity

Colonic tissue from mice was frozen in liquid nitrogen and stored at  $-70^{\circ}\text{C}$  until assayed. All experiments were performed within 1 week of collection of tissue. MPO activity, the index of polymorphonuclear infiltration into the colon, was measured according to the method described by Bai *et al.* [29]. In brief, a portion of colonic tissue was homogenized in 0.5% hexadecyltrimethylammonium bromide in 50 mM potassium phosphate buffer (pH 6.0). Aliquots were then added to O-dianisidine hydrochloride solution. Absorbance was read at 460 nm using a microplate reader. MPO was expressed in units/mg of tissue, where 1 unit corresponds to the activity required to degrade 1 mmol of hydrogen peroxide in 1 min at  $24^{\circ}\text{C}$ .

### Cytokine determination

Colonic homogenates and culture supernatants were determined by specific sandwich enzyme-linked immunosorbent assay (ELISA). The colonic tissues of each group were homogenized in phosphate-buffered saline (PBS), as the final concentrations were 10% (W/V). ELISA kits were supplied by R&D Systems (Minneapolis, MN, USA). ELISA was performed according to the manufacturer's instructions. In short, polyclonal goat anti-mouse cytokine antibody was used for capturing antibodies; biotinylated polyclonal rabbit anti-mouse cytokine antibody was the detecting antibody. Streptavidin–horseradish peroxidase and tetramethylbenzidine sulphonate were added as colour indicators. Plates were read at 490 nm immediately after the colour reaction was stopped with acid. All steps were performed at room temperature.

### Isolation and culture of LPMCs

The LPMCs were isolated from freshly obtained colonic specimens of the mice with TNBS-induced colitis at the peak of the disease (day 4), using a modification of the method described previously [30]. In brief, the colonic specimens were washed in Hanks's balanced salt solution (HBSS)–calcium–magnesium-free solution, then cut into 5-mm pieces and incubated in HBSS containing 0.75 mmol/l ethylenediamine tetraacetic acid (Sigma) and 1 mmol/l dithiothreitol (Sigma) at  $37^{\circ}\text{C}$  for 30 min to remove epithelium.

The tissues were digested further in RPMI-1640 (HyClone, Logan, UT, USA) containing 400 U/ml collagenase IV (Sigma) and 0.01 mg/ml Dnase I (Sigma) in a shaking incubator at  $37^{\circ}\text{C}$ ; the step was repeated two to three times. The cells released from the tissues were layered on a 40–100% Percoll gradient (Pharmacia Biotech, Piscataway, NJ, USA) and spun at 58.06 g for 5 min to collect the LPMCs at the 40–100% Percoll interface.

The LPMCs were incubated in complete medium (RPMI-1640 supplemented with 100 U/ml penicillin/streptomycin, 2 mmol/l L-glutamine and 10% heat-inactivated fetal calf serum) at a concentration of  $5 \times 10^5$  cells/ml, in the absence (unstimulated) or presence of RX821002 (2 nM, 10 nM) or UK14304 (1 nM, 5 nM). After 15 min, the cells were stimulated further in the presence or absence of lipopolysaccharide (LPS, 50 ng/ml), and culture supernatants were collected and stored at  $-70^{\circ}\text{C}$  after 8 h.

### Immunohistochemistry

Colonic tissues of mice were fixed in 10% buffered formalin, embedded in paraffin, and 4- $\mu\text{m}$  sections were cut. After blocking inner peroxidase, sections were incubated sequentially with the first antibody solution including rabbit anti-TH or rabbit anti-DBH antibody [Santa Cruz Biotechnology, Santa Cruz, CA, USA; 4  $\mu\text{g}/\text{ml}$  in 2% bovine serum albumin in PBS solution respectively]. After three washes in pH 7.4 PBS, the sections were then incubated in goat anti-rabbit immunoglobulin (Ig)G conjugated with peroxidase labelled polymer, coloured using diaminobenzidine reaction and counterstained with haematoxylin. Negative controls were established using rabbit IgG instead of the first antibodies.

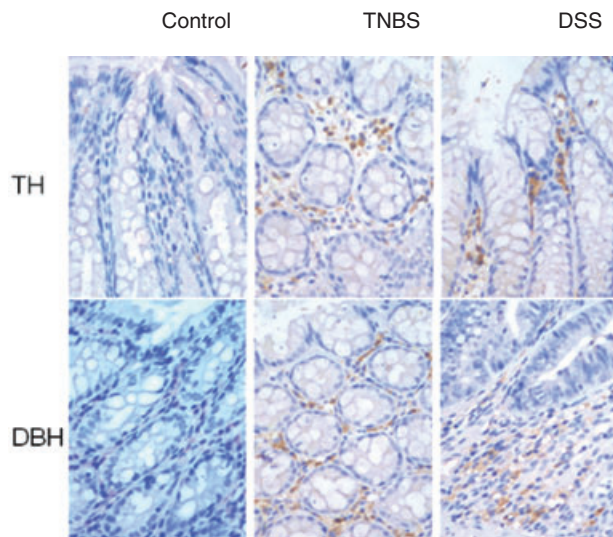
### Statistical analysis

All data in the text and figures are expressed as mean  $\pm$  standard deviation. Comparisons of more than two groups were made with a one-way analysis of variance using Tukey's *post hoc* test. When appropriate, comparison with two groups was made using Student's *t*-test for unpaired data. Differences were considered statistically significant if  $P < 0.05$ .

## Results

### The TH and DBH expressions are induced in the progress of experimental colitis

To investigate biosynthesis of catecholamines in the immune cells of colonic tissues, we detected the expression of TH and DBH, two key enzymes in catecholamine synthesis, in colonic tissues of the mice with TNBS- or DSS-induced colitis. There was no appearance of TH and DBH staining in normal colonic tissue of control mice, whereas intestinal



**Fig. 1.** Tyrosine hydroxylase (TH) and dopamine b-hydroxylase (DBH) expressions were induced in colonic mucosa during the process of trinitrobenzene sulphonic acid (TNBS)- (day 4) and dextran sulphate sodium (DSS)-induced colitis (day 10). TH and DBH expressions were assessed by immunochemical staining in colonic mucosa of mice with experimental colitis and normal mice ( $n = 5$  in each group). All images are shown at the same magnification ( $\times 200$ ).

inflammation of TNBS or DSS colitis induced TH and DBH expressions strongly in cytoplasm of LPMCs (Fig. 1), implying that catecholamines can be produced strongly by LPMCs in the progress of colitis.

#### Blockade of $\alpha 2$ -adrenoceptor ameliorates TNBS-induced colitis

To investigate the role of catecholamines in the pathogenesis of TNBS-induced colitis, we induced TNBS colitis and treated the mice daily with RX821002, the  $\alpha 2$ -adrenoceptor antagonist, and UK14304, the  $\alpha 2$ -adrenoceptor agonist. Mice subjected to intrarectal administration of 2.5 mg TNBS in 50% ethanol developed severe colitis characterized by bloody diarrhoea, rectal prolapse accompanied by extensive wasting syndrome and sustained weight loss resulting in a mortality of 29.4% (five of 17) on day 7. Mice treated with RX821002 (10 mg/kg) 2 h after TNBS colitis induction and repeated daily showed a survival rate of 84.6% (11 of 13) on day 7 and recovered the lost body weight rapidly, whereas those mice administered UK14304 (2 mg/kg) had the highest mortality of 42.1% (eight of 19) and extensive body weight loss. Histological examination of the distal colon of mice with TNBS colitis showed patchy ulceration, epithelial cell loss, reduction of the density of the tubular glands, focal loss of crypts, infiltration of inflammatory cells consisting of macrophages, lymphocytes and neutrophils, named as LPMCs in the LP, and transmural inflammation

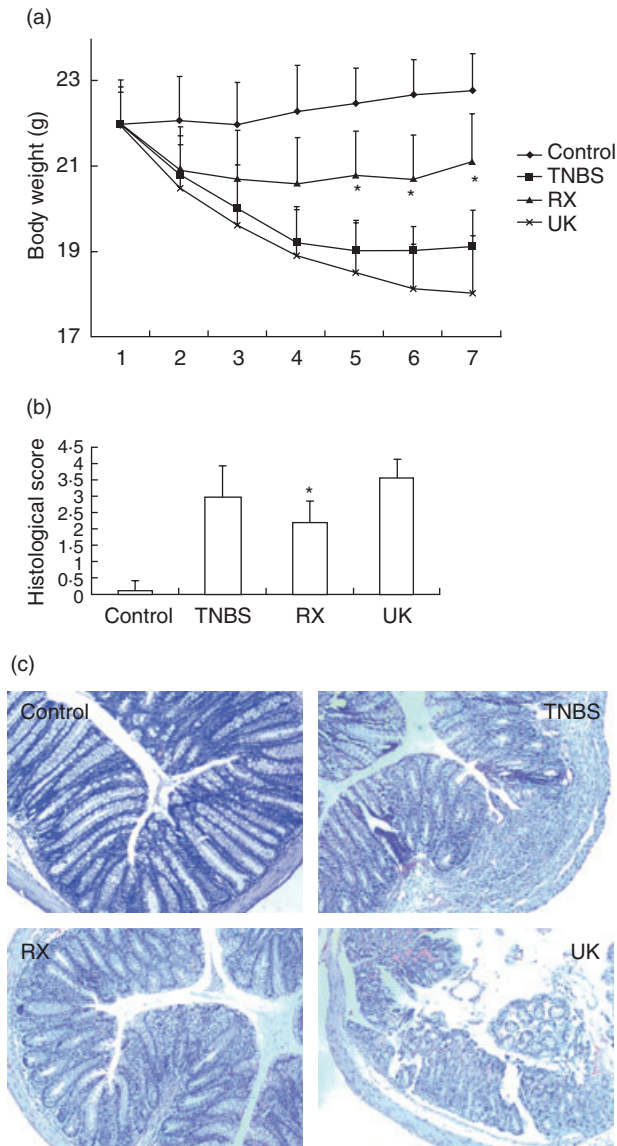
involving all layers of the bowel wall. When the mice received RX821002 treatment these histological signs were greatly improved, with significant reduction of inflammatory activity, neutrophil infiltration and MPO activity. However, the mice administered UK14034 showed the highest histological score, with severe mucosal tissue damage, extensive immune cells infiltration and the highest MPO activity (Figs 2 and 3a).

We next evaluated the effect of  $\alpha 2$ -adrenoceptor antagonist or agonist treatment on the production of inflammatory mediators such as TNF- $\alpha$  and IL-1 $\beta$ , which are linked mechanistically to TNBS-induced colitis. RX821002 management reduced the production of inflammatory cytokines strikingly in colonic homogenates such as TNF- $\alpha$  (1441.4 pg/g) and IL-1 $\beta$  (663.5 pg/g), compared with those with TNBS-induced colitis (1700.1 pg/g, 818.4 pg/g respectively), whereas UK14304 administration elevated the production of TNF- $\alpha$  (1840.4 pg/g) and IL-1 $\beta$  (909.3 pg/g), as shown in Fig. 3b and c. These results suggest that blockade of the  $\alpha 2$ -adrenoceptor is able to turn off an established *in vivo* inflammatory response.

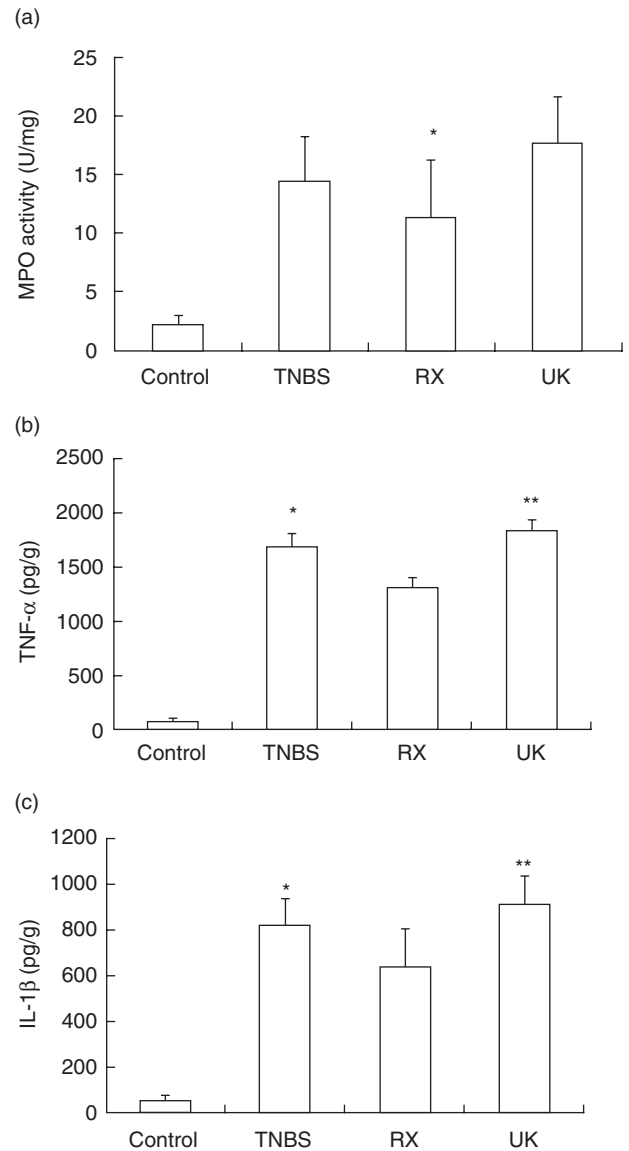
#### Blockade of $\alpha 2$ -adrenoceptor inhibits cytokine release from LPMCs of TNBS-induced colitis

The TNBS-induced colitis is characterized with a high production of proinflammatory cytokines such as TNF- $\alpha$  and IL-1 $\beta$ , expressed by LPMCs. To evaluate the effect of  $\alpha 2$ -adrenoceptor blockade on cytokine release from LPMCs during the process of TNBS-induced colitis, we isolated LPMCs from colonic specimens of the mice with TNBS-induced colitis at the peak of the disease (day 4) and cultured the cells *in vitro* in the presence of RX821002 (2 nM, 10 nM) or UK14304 (1 nM, 5 nM). Ten nM RX821002 could down-regulate slightly TNF- $\alpha$  and IL-1 $\beta$  production of LPMCs from the mice with TNBS-induced colitis, whereas 5 nM UK14304 induced TNF- $\alpha$  and IL-1 $\beta$  secretion slightly from LPMCs, with a significant difference of IL-1 $\beta$  production between the cells treated with 10 nM RX821002 and 5 nM UK14304 ( $P < 0.05$ ), shown in Fig. 4a.

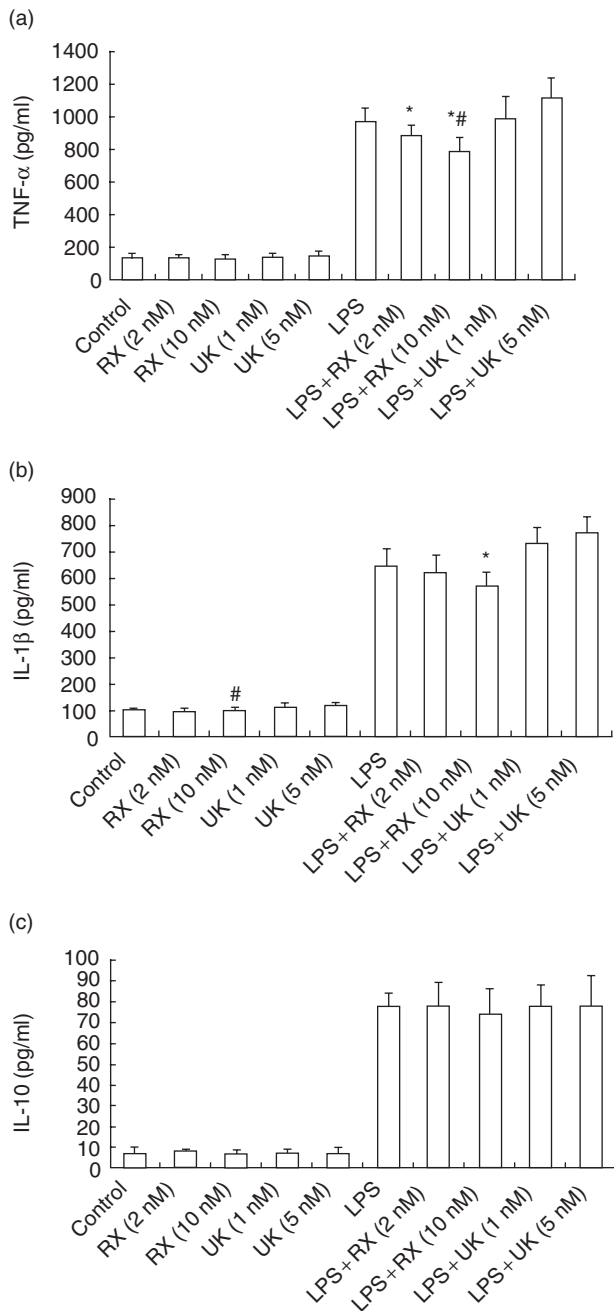
We stimulated LPMCs further with 50 ng/ml LPS for 8 h in the presence of RX821002 (2 nM, 10 nM) or UK14304 (1 nM, 5 nM). LPS induced proinflammatory cytokine release from LPMCs such as TNF- $\alpha$  and IL-1 $\beta$ , but pretreatment with RX821002 (2 nM, 10 nM) decreased TNF- $\alpha$  and IL-1 $\beta$  production of LPMCs initiated with LPS, with significant inhibition of TNF- $\alpha$  production by 10 nM RX821002 ( $P < 0.05$ ). Conversely, UK14304, the  $\alpha 2$ -adrenoceptor agonist, boosted proinflammatory cytokine secretion from LPMCs induced by LPS. Proinflammatory cytokine production of LPMCs treated with 50 ng/ml LPS and 10 nM RX821002 was significantly lower than those cells treated with 50 ng/ml LPS and 1 nM or 5 nM UK14304 ( $P < 0.01$ ). The results show that blockade of the  $\alpha 2$ -adrenoceptor by RX821002 treatment abrogates the responsiveness of LPMCs



**Fig. 2.** Blocking  $\alpha_2$ -adrenoceptor treatment after initiation of colitis inhibits the progress of trinitrobenzene sulphonic acid (TNBS)-induced disease. Colitis was induced by intracolonic administration of TNBS. RX821002 (10 mg/kg) or UK14304 (2 mg/kg) were administered intraperitoneally 2 h after TNBS instillation and repeated daily. Mice treated with ethanol alone were used as control. (a) Body weight changes in the mice in each group.  $*P < 0.05$  between RX821002-treated mice and the UK14304 group or TNBS mice. (b) Colonic inflammation was scored by histological analysis at the end of the experiment.  $*P < 0.05$ ; RX821002 mice *versus* the UK14304 group or TNBS mice. (c) Haematoxylin and eosin staining of colonic tissues of four groups of mice. All images are shown at the same magnification ( $\times 40$ ).



**Fig. 3.** Blocking  $\alpha_2$ -adrenoceptor treatment inhibits the inflammatory response of trinitrobenzene sulphonic acid (TNBS)-induced colitis. Myeloperoxidase (MPO) activities in colonic tissues and concentrations of tumour necrosis factor (TNF)- $\alpha$  and interleukin (IL)-1 $\beta$  in colonic homogenates of each group of mice were determined by MPO activity assay and specific sandwich enzyme-linked immunosorbent assay (ELISA) kit, respectively,  $n = 8$  in each group. (a) MPO activities in colonic tissues of each group of mice.  $*P < 0.05$ ; RX821002-treated mice *versus* treatment-free mice with TNBS colitis. (b) Concentration of TNF- $\alpha$  in colonic homogenates of each group of mice was determined by ELISA.  $*P < 0.05$  compared with the RX821002 group;  $**P < 0.01$ , with RX821002. (c) Concentration of IL-1 $\beta$  in colonic homogenates of each group of mice.  $*P < 0.05$  compared with the RX821002 group;  $**P < 0.01$ ; RX821002.



to LPS stimulation, in contrast to the excitatory effect of the  $\alpha$ 2-adrenoceptor using UK14304 treatment.

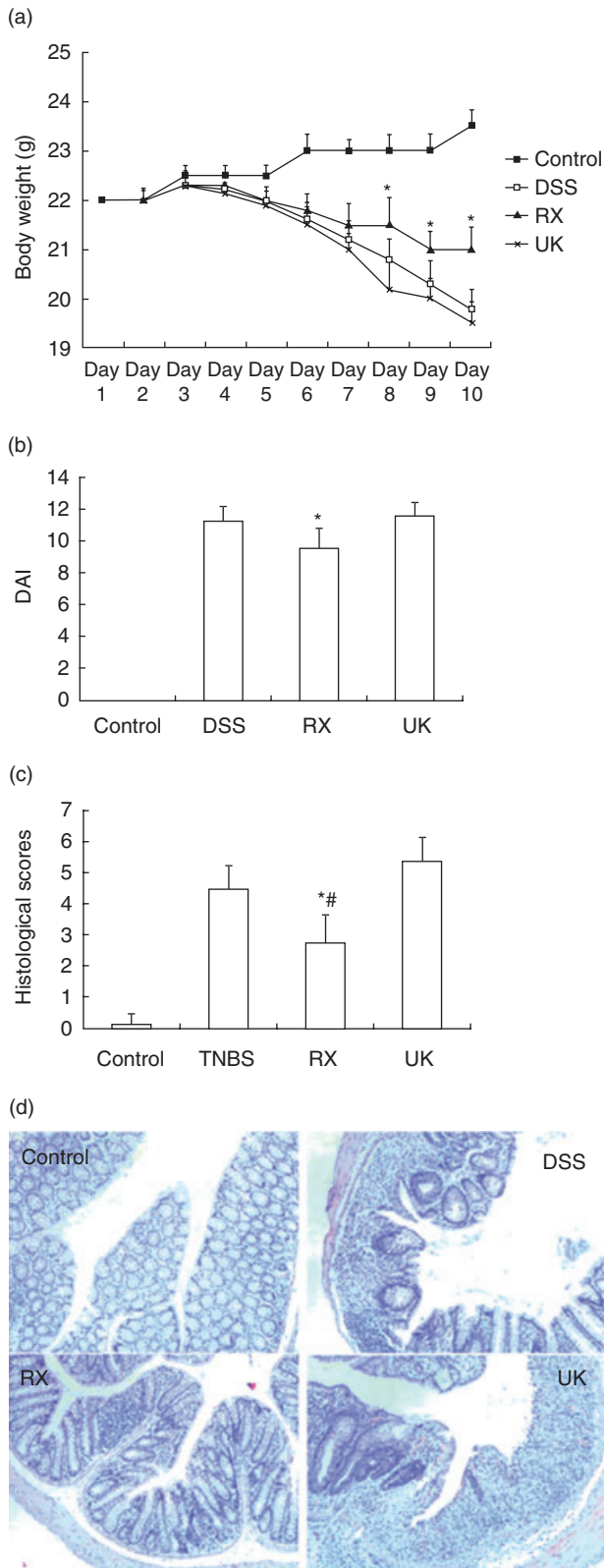
We next detected the effect of blockade or stimulation of the  $\alpha$ 2-adrenoceptor in LPMCs on the production of regulatory cytokines such as IL-10 in the presence or absence of LPS. There was no significant difference in IL-10 production among those groups with or without LPS stimulation (Fig. 4c), which implied that an inhibiting inflammatory response of TNBS-induced colitis by  $\alpha$ 2-adrenoceptor antagonist was initiated mainly by down-regulating the production of proinflammatory cytokines such as TNF- $\alpha$  and IL-1 $\beta$ , instead of inducing regulatory cytokines such as IL-10.

**Fig. 4.** Blocking  $\alpha$ 2-adrenoceptor treatment down-regulates immune response in trinitrobenzene sulphonic acid (TNBS)-induced colitis. Lamina propria mononuclear cells (LPMCs) were isolated from colonic tissues of mice with TNBS-induced colitis at the peak of the disease (day 4) and cultured with medium in the absence or presence of RX821002 (2 nM, 10 nM) or UK14304 (1 nM, 5 nM). After 15 min, the cells were stimulated further in the presence or absence of lipopolysaccharide (LPS) (50 ng/ml) for 8 h, then culture supernatants were collected and determined by enzyme-linked immunosorbent assay (ELISA),  $n = 5$  in each group. (a) Concentration of tumour necrosis factor (TNF)- $\alpha$  in culture supernatants was measured by ELISA. \* $P < 0.01$  compared with LPS + UK14304 (1 nM) or LPS + UK14304 (5 nM); # $P < 0.05$  compared with LPS. (b) Concentration of interleukin (IL)-1 $\beta$  was measured by ELISA. \* $P < 0.01$  compared with LPS, LPS + UK14304 (1 nM) or LPS + UK14304 (5 nM); # $P < 0.05$  compared with UK14304 (5 nM). (c) Concentration of IL-10 in culture supernatants was measured; no significant difference was found among those groups with or without stimulation of LPS.

### Blockade of $\alpha$ 2-adrenoceptor ameliorates DSS-induced colitis

To investigate further the role of catecholamines in the pathogenesis of DSS-induced colitis via the  $\alpha$ 2-adrenoceptor, we induced colitis by administering 5% DSS in drinking water and treated the mice with RX821002 or UK14304. DSS administration was associated with significant clinical changes, including body weight loss (starting on day 5), appearance of occult faecal blood (on day 7) and diarrhoea (on day 8). Treatment with RX821002 resulted in significant amelioration of colitis, as shown by a decrease in DAI, improvement in stool consistency and reduced rectal bleeding and colonic MPO activity. Conversely, treatment with UK14304 worsened body weight loss and increased DAI and MPO activity. Histological examination of the distal colon of mice with DSS colitis showed multi-focal dropouts of crypts, and infiltration of inflammatory cells consisted of macrophages, lymphocytes and neutrophils. When the mice received RX821002 treatment these histological signs were much improved, with significant reduction of inflammatory activity and immune cell infiltration compared with those DSS colitic mice ( $P < 0.05$ ) or UK14304-treated mice ( $P < 0.01$ ). However, mice that received UK14304 administration showed the highest histological score, with severe mucosal tissue damage and extensive immune cell infiltration (Fig. 5c and d).

We next evaluated the effect of the antagonist or agonist of  $\alpha$ 2-adrenoceptor treatment on the production of inflammatory mediators such as TNF- $\alpha$  and IL-1 $\beta$  in colonic tissues, which are linked mechanistically to DSS-induced colitis. RX821002 strikingly reduced the production of inflammatory cytokine management in colonic homogenates such as TNF- $\alpha$  (1079.4 pg/g) and IL-1 $\beta$  (765.9 pg/g), compared with DSS-induced colitis (1276.7 pg/g,  $P < 0.05$ ; 881.5 pg/g,  $P < 0.05$  respectively), while UK14304 administration elevated the the production of TNF- $\alpha$  (1412.6 pg/g) or IL-1 $\beta$



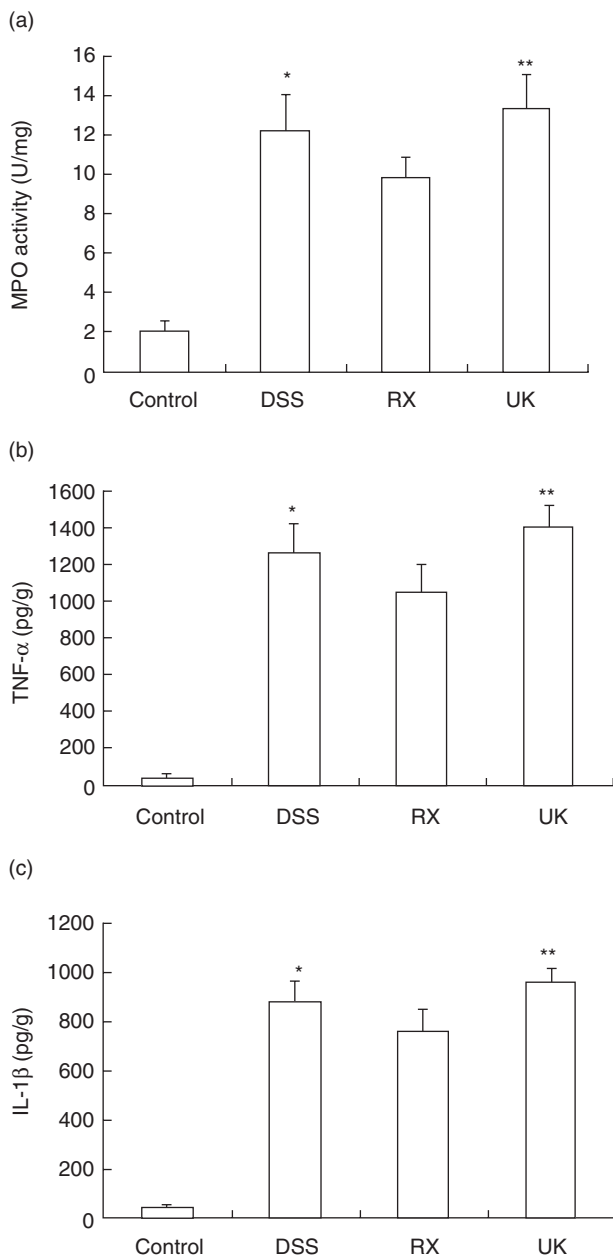
(961.5 pg/g),  $P < 0.01$  compared with that of RX821002-treated mice, as shown in Fig. 6. These results suggest that blockade of the  $\alpha_2$ -adrenoceptor is able to inhibit inflammatory response of DSS-induced colitis.

**Fig. 5.** Blocking  $\alpha_2$ -adrenoceptor management decreases systemic and colonic inflammatory responses in the dextran sulphate sodium (DSS) model of colitis. Colitis was induced in mice by administration of 5% DSS dissolved in drinking water. RX821002 (10 mg/kg) or UK14304 (2 mg/kg) was administered intraperitoneally 24 h after induction of colitis, and repeated daily until the mice were killed on day 10. Control mice drank only distilled water. (a) Body weight changes in the mice in each group, nine mice in each group.  $*P < 0.05$  compared with DSS group mice or UK14304 group mice. (b) Disease activity index (DAI) was scored on day 10 using the following parameters: stool consistency, presence or absence of faecal blood and weight loss.  $*P < 0.05$  compared with DSS group mice or UK14304 group mice. (c) Colonic inflammation was scored by histological analysis at the end of the experiment.  $*P < 0.05$  compared with DSS mice;  $\#P < 0.01$  compared with UK14304 mice. (d) Haematoxylin and eosin staining of colonic tissues of four groups of mice. All images are as shown the same magnification ( $\times 40$ ).

## Discussion

Recently, the function of autonomic nerves of IBD patients has been emphasized according to the following: autonomic nerves have close contact with LPMCs and modulate intestinal inflammation by secreting transmitters such as acetylcholine or catecholamines [31,32]; histological evaluation of colon samples reveals alteration of nerve fibres in ulcerative colitis [33]; and psychological stress may exacerbate IBD [34,35], which implies important interactions among brain, autonomic nerve system and gastrointestinal tract. The balance of autonomic nerve function is broken in IBD patients and experimental colitis, with domination of the sympathetic nerve [16] and autonomic vagal nerve dysfunction [13], thus resulting in a maladjusted interaction between the nerve fibres and immune cells in intestinal mucosa, and contributes to the process of IBD and experimental colitis. Furthermore, the transmitters such as acetylcholine or catecholamines are secreted not only by local autonomic nerve fibres, but also by immune cells under inflammatory conditions [17,36]. In this study, we detected the expressions of TH and DBH, two key enzymes in catecholamine synthesis, in the colonic mucosa of two colitis models, including TNBS- and DSS-induced murine colitis, and the results suggest that in the development of colitis local immune cells regulate catecholamine release in an autocrine or paracrine manner.

Neurotransmitters have received considerable attention with regard to their effect on inflammatory response. Recently, it has been reported that choline acetyltransferase, the key enzyme of acetylcholine synthesis, is expressed in LPMCs, endocrine and epithelial cells of normal colonic mucosa or non-IBD mucosa, but is down-regulated in those cells during the process of IBD [37], which implies a deficiency of acetylcholine synthesis, with an imbalance of acetylcholine and catecholamines in the progress of colitis. The cholinergic transmitter can modulate the inflammatory response of experimental colitis [30,38] through the



**Fig. 6.** Blocking  $\alpha_2$ -adrenoceptor treatment inhibits the inflammatory response of DSS-induced colitis. Myeloperoxidase (MPO) activities in colonic tissues and concentrations of tumour necrosis factor (TNF)- $\alpha$  and by interleukin (IL)-1 $\beta$  in colonic homogenates of each group of mice were determined by MPO activity assay and specific sandwich enzyme-linked immunosorbent assay (ELISA) kit respectively. \* $P < 0.05$  compared with the RX821002 group; \*\* $P < 0.01$ , with RX821002. (a) MPO activities in colonic tissues of each group of mice. (b) Concentration of TNF- $\alpha$  in colonic homogenates of each group of mice was determined by ELISA. (c) Concentration of IL-1 $\beta$  in colonic homogenates of each group of mice.

cholinergic anti-inflammatory pathway; the imbalance in transmitter production may then lead to further inflammation in colonic mucosa in the progress of IBD. Catecholamines can be produced not only by the sympathetic nerve,

also by local immune cells such as phagocytes and T cells during the process of inflammation [17,36]. Therefore, secreted endogenous catecholamines are able to activate the releasing cell itself as well as nearby cells in an autocrine/paracrine manner, ultimately regulating cell function. Blockade of  $\alpha$ - and  $\beta$ -adrenoceptors on macrophages, neutrophils and lymphocytes inhibited significantly the cytokine/chemokine production of these cells [18,19,20]. These findings make it tempting to speculate that the inflammatory cytokine/chemokine network might be one of the important mediator systems controlled tightly by catecholamines via adrenergic receptors [39–41]. However, catecholamines also mediate the anti-inflammatory effect in human T lymphocytes via the  $\beta_2$ -adrenoceptor, as shown by Borger *et al.* [22], in contrast to the proinflammatory response of catecholamines via  $\alpha_2$ -adrenoceptors. Thus, sympathetic transmitters show different functions depending upon receptor affinity to different receptor subtypes and the expression of adrenoceptors [42]. It has now been well established that immune/inflammatory cells express multiple receptors for catecholamines, and  $\alpha_2$ -adrenoceptors have been identified on human and rodent peripheral blood mononuclear cells, macrophages, neutrophils and lymphocytes [43–47]. Using  $\alpha_2$ -adrenoceptor antagonists and agonists, we explored the role of catecholamines in the pathogenesis of experimental colitis, as the results showed that blockade of  $\alpha_2$ -adrenoceptors ameliorated acute TNBS-induced colitis and DSS colitis. The results also provide important information: first, via  $\alpha_2$ -adrenoceptors, sympathetic transmitters promote the inflammatory response and contribute to the development of experimental colitis in contrast to the effect of cholinergic transmitters. Secondly, the sympathetic transmitters may show different biological functions depending upon the interaction with different receptors involved, and exert a proinflammatory effect via  $\alpha_2$ -adrenoceptors in the progress of experimental colitis.

Proinflammatory cytokines such as TNF- $\alpha$  and IL-1 $\beta$  contribute to the progression of IBD and colitis in animal models of IBD [48–51]. We detected the effects of  $\alpha_2$ -adrenoceptor agonists and antagonists on the production of TNF- $\alpha$  and IL-1 $\beta$  in the development of TNBS- or DSS-induced colitis. RX821002, the  $\alpha_2$ -adrenoceptor antagonist, down-regulated expression of TNF- $\alpha$  and IL-1 $\beta$  in inflamed colon in accordance with a significant reduction in DAI, decreased weight loss and improvement of the colitis histological score. However, UK14304, the  $\alpha_2$ -adrenoceptor agonist, up-regulated TNF- $\alpha$  and IL-1 $\beta$  expression, with the highest histological score, severe mucosal tissue damage, intensive immune cell infiltration and the highest MPO activity. The results provide evidence that stimulating the  $\alpha_2$ -adrenoceptor by catecholamines can induce overproduction of proinflammatory cytokines, while blocking the  $\alpha_2$ -adrenoceptor can lead to down-regulation of proinflammatory cytokines and turn off the immune response of active experimental colitis.



To study the effect of catecholamines on regulating inflammatory cells function via the  $\alpha$ 2-adrenoceptor we isolated LPMCs from TNBS-induced colitis and treated the cells with  $\alpha$ 2-adrenoceptor antagonists and agonists respectively, and detected the effect of blocking or stimulating the  $\alpha$ 2-adrenoceptor on cytokine secretion. The  $\alpha$ 2-adrenoceptor antagonist such as RX821002 can down-regulate slightly TNF- $\alpha$  and IL-1 $\beta$  production of LPMCs from mice with TNBS-induced colitis, but the  $\alpha$ 2-adrenoceptor agonist, such as UK14304, induces TNF- $\alpha$  and IL-1 $\beta$  secretion slightly from LPMCs, whereas neither reagent has any effect on the production of regulatory cytokines such as IL-10; this result differs from the work of others, who have reported the important role of catecholamines in up-regulating IL-1 $\beta$  and IL-10 [52]. Further, we detected LPS-induced production of proinflammatory cytokines such as TNF- $\alpha$  and IL-1 $\beta$  and regulatory cytokine IL-10 from LPMCs *in vitro* by managing the  $\alpha$ 2-adrenoceptor. Blockade of the  $\alpha$ 2-adrenoceptor inhibits LPS-stimulated TNF- $\alpha$  and IL-1 $\beta$  production, compared with the effect of  $\alpha$ 2-adrenoceptor stimulation on inducing TNF- $\alpha$  and IL-1 $\beta$  production. However, neither the  $\alpha$ 2-adrenoceptor antagonist nor the  $\alpha$ 2-adrenoceptor agonist showed a direct effect on the production of IL-10. Our results suggest that, via the  $\alpha$ 2-adrenoceptor, catecholamines can trigger LPMCs producing proinflammatory cytokines such as TNF- $\alpha$  and IL-1 $\beta$ , but have no effect on IL-10 production.

In summary, to our knowledge we report, for the first time, that intestinal inflammation can trigger catecholamine synthesis by inducing TH and DBH expression in LPMCs and that catecholamines contribute to the development of experimental colitis; moreover, blockade of  $\alpha$ 2-adrenoreceptors can ameliorate acute TNBS-induced colitis and DSS colitis. Consequently, the use of  $\alpha$ 2-adrenoreceptor antagonists or blocking its signalling pathway represents a novel therapeutic approach for the management of IBD.

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## Disclosure

Potential competing interests: none.

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