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Primary brain targets of nerve agents:

the role of the amygdala in comparison to the hippocampus

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Abstract

Exposure to nerve agents and other organophosphorus acetylcholinesterases used in industry and agriculture can cause death, or brain damage, producing long-term cognitive and behavioral deficits. Brain damage is primarily caused by the intense seizure activity induced by these agents. Identifying the brain regions that respond most intensely to nerve agents, in terms of generating and spreading seizure activity, along with knowledge of the physiology and biochemistry of these regions, can facilitate the development of pharmacological treatments that will effectively control seizures even if administered when seizures are well underway. Here, we contrast the pathological (neuronal damage) and pathophysiological (neuronal activity) findings of responses to nerve agents in the amygdala and the hippocampus, the two brain structures that play a central role in the generation and spread of seizures. The evidence so far suggests that the amygdala suffers the most extensive damage by nerve agent exposure, which appears consistent with the tendency of the amygdala to generate prolonged, seizure-like neuronal discharges *in vitro* in response to the nerve agent soman, at a time when the hippocampus generates only interictal-like activity. *In vivo* experiments are now required to confirm the primary role that the amygdala seems to play in nerve agent-induced seizure generation.

Nerve agents were first developed by German scientists in the 1930s (López-Muñoz et al., 2008). They are the most toxic of the chemical warfare agents. In today's global political climate, nerve agents are a major threat, both in military operations and against civilians, because they are relatively simple to produce, transport, and deploy. The most well known nerve agents are soman, sarin, cyclosarin, tabun, and VX (Bajgar, 2005; Barthold and Schier, 2005; Layish et al., 2005). They are organophosphorus compounds, and their primary action is the irreversible inhibition of acetylcholinesterase (AChE), which results in accumulation of acetylcholine at cholinergic synapses; a cholinergic crisis follows due to overstimulation of muscarinic and nicotinic receptors in the central and peripheral nervous system, including the neuromuscular junction (Bajgar, 2005; Barthold and Schier, 2005; Layish et al., 2005; Schecter,

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2004). The time-course of nerve agent poisoning is rapid, and death may occur within minutes depending on a number of factors, with the dose and the route of exposure being most important among them (Bajgar, 2005; Barthold and Schier, 2005; Layish et al., 2005). Even when death is prevented pharmacologically, or the dose of exposure is sublethal, long-lasting neurological and behavioral changes may still occur because of damage to the central nervous system (Bajgar, 2004; Brown and Brix, 1998; Joosen et al., 2009; Kassa et al., 2001; McDonough et al., 1986; Morita et al., 1995; Myhrer et al., 2005). Brain damage by nerve agent exposure is primarily due to seizure activity, which can rapidly progress to status epilepticus (Baille et al., 2005; Hayward et al., 1990; Myhrer et al., 2005, Shih et al., 2003).

Brain seizures after nerve agent exposure are induced by overstimulation of cholinergic, primarily muscarinic, receptors (Harrison et al., 2004; McDonough and Shih, 1997). These receptors are widely distributed in the brain, and are located at postsynaptic sites where they mediate excitatory effects of acetylcholine, such as blockade of various potassium conductances (Cole and Nicoll, 1984; Madison et al., 1987; Washburn and Moises, 1992; Womble and Moises, 1992) or activation of a calcium-sensitive nonspecific cation current (Egorov et al., 2006), but also on presynaptic terminals where they modulate the release of glutamate (Yajeya et al., 2000; Fernández de Sevilla and Buño, 2003) and GABA (Fukudome et al., 2004; Salgado et al., 2007). Consequently, inhibition of AChE by nerve agents -and the resulting overstimulation of muscarinic receptors-affects glutamate release (Lallement et al., 1991a, 1991b, 1992; Wade et al., 1987) and GABA release (Grasshoff et al., 2003; Santos et al., 2003), disrupting the balance in the activity of the two major excitatory and inhibitory neurotransmitter systems. The current view, therefore, is that cholinergic hyperactivity initiates nerve agent-induced seizures and triggers glutamatergic hyperactivity, which sustains and reinforces seizures and is eventually responsible for excitotoxic neuronal damage (McDonough and Shih, 1997, Lallement et al, 1992; Solberg and Belkin, 1997). Consistent with this view, central antimuscarinic compounds can reduce or block seizures only when administered within a few minutes after exposure (Lallement et al. 1998, Shih and McDonough, 1999).

What are the brain areas that respond most intensely to nerve agents, in terms of generating and spreading seizure activity? This is an important question because identifying these areas (or area), along with knowledge of the physiological and biochemical characteristics of these brain regions, can facilitate the development of pharmacological treatments that can stop nerve agent-induced seizures, even when administered at relatively long latencies after exposure. It is well-known that temporal lobe limbic structures are the most susceptible to seizurogenic insults. Thus, in humans, temporal lobe epilepsy (TLE) is the most common form of epilepsy (Engel, 1989). In TLE patients, the epileptic focus resides either in the hippocampus or the amygdala, or in both regions (Quesney, 1986; Isokawa-Akesson et al., 1987; Dewar et al., 1996; Pitkänen et al., 1998; Morimoto et al., 2004). In addition, either or both the amygdala and the hippocampus display extensive neuropathology (Cendes et al., 1993; Pitkänen et al., 1998; Saukkonen et al., 1994), and removal of either or both of these structures in most cases cures the disease (Feindel and Rasmussen, 1991; Jooma et al., 1995; Wieser 2000). There is also experimental evidence attesting to the high propensity of temporal lobe structures for seizure generation. For example, induction of kindling is accomplished by electrical stimulation of the amygdala, the hippocampus, or other temporal lobe regions (Goddard, 1967; McIntyre and Racine, 1986). It is not surprising, therefore, that temporal lobe structures, particularly the amygdala, hippocampus, and piriform cortex appear to also play a central role in the generation of seizures induced by nerve agents, as suggested by the rapid increases in extracellular glutamate in these brain regions after nerve agent exposure (Lallement et al., 1991a, 1991b, 1992), and the profound damage these brain regions suffer by exposure to nerve agents (Baze, 1993; Hayward et al., 1990; Kadar et al., 1995; 126, Myhrer et al., 2006; Shih et al., 2003).

Although it is the hippocampus that has been studied most extensively in relation to seizure generation and its mechanisms, in response to a variety of experimental manipulations inducing epileptic or epileptiform activity, it is important to note that the amygdala appears to have equal or higher propensity for generating seizures. Thus, kindling develops faster by repeated electrical stimulation of the amygdala than stimulation of the hippocampus (Goddard, 1967, 1969; McIntyre and Racine, 1986), and interictal discharges are initiated in the amygdala and/or piriform cortex regardless of the site of kindling (even when kindling is induced by hippocampal stimulation; Kairiss et al., 1984). In addition, due to its widespread output to cortical and subcortical areas (Sah et al., 2003) the amygdala, and in particular the basolateral nucleus of the amygdala (BLA), has a high capacity for spreading seizures to other temporal and extra-temporal regions (Morimoto et al., 2004). Thus, prolonged electrical stimulation triggers status epilepticus more readily when the stimulation is applied to the BLA than to other amygdala nuclei or extra-amygdalar regions (Mohapel et al., 1996), and activation of the BLA is primarily responsible for the generation of widespread status epilepticus, even when prolonged stimulation is applied to extra-amygdalar regions (White and Price, 1993).

Is there any evidence suggesting that the amygdala may play a more important role than the hippocampus in the generation and spread of seizures after nerve agent exposure? Lallement et al. (1991a) reported that after exposure of rats to toxic levels of soman, the amygdala displays the earliest and most rapid increase in extracellular glutamate (measured by microdialysis), suggesting an early involvement of the amygdala in the development of soman-induced seizures. Shih et al., (2003) found that after exposure of guinea pigs to different nerve agents, with or without subsequent treatment, the amygdala and the cerebral cortex were the most frequently damaged areas, and, the amygdala was the most severely damaged structure, followed by the cerebral cortex, the caudate nucleus, the thalamus and piriform cortex, and lastly the hippocampus. The same study (Shih et al., 2003) supported previous suggestions that there is a strong correlation between the intensity/duration of seizures after nerve agent exposure and the severity of neuropathology (Hayward et al., 1990; McDonough et al., 2000). Therefore, the greater severity of neuropathology observed in the amygdala may imply that this brain structure suffers the strongest seizure activity after exposure to nerve agents. In our hands, after exposure of rats to soman, the amygdala is also the most damaged structure, displaying significantly greater neuronal degeneration than the hippocampus (Fig. 1; the experiments represented in Fig. 1 adhered to the *Guide for the Care and Use of Laboratory Animals* by the Institute of Laboratory Animal Resources, National Research Council, in accordance with the stipulation mandated for an AAALAC accredited facility, and were approved by the Institutional Animal Care and Use Committee). A note of caution should be added here, however: the ventral hippocampus is, overall, more seizurogenic than the dorsal hippocampus (see for example Akaike et al., 2001), and it appears that in all the published reports so far on hippocampal damage by nerve agents (including our study; Fig. 1) it is the dorsal hippocampus that has been examined, where the amygdala is also present on the same coronal section. It remains to be determined, therefore, if damage of the ventral/posterior region of the hippocampus is also less severe than damage of the amygdala.

To directly observe the effects of soman on the activity of the amygdalar and hippocampal neuronal networks, we have recorded field potentials simultaneously from the BLA and the CA1 hippocampal area in *in vitro* coronal slices of rat brain, containing both regions. In the amygdala, soman induced rhythmic, prolonged neuronal discharges resembling brain seizures, while the hippocampus generated only interictal-like activity (Apland et al., 2009; Fig. 2). A similar sharp contrast between the type of epileptiform activity generated by the amygdala (ictal-like) versus the activity in the hippocampus (interictal-like) has also been observed previously in response to 4-aminopyridine, *in vitro* (Benini et al., 2003). In that study (Benini et al., 2003), the connections between the hippocampus and the amygdala had been preserved in horizontal rodent slices, and it was observed that the amygdala -as well as the entorhinal

cortex (Barbarosie and Avoli 1997; Benini et al., 2003)- could freely generate “seizures” only when the connections with the hippocampus were cut. In other words, the interictal-like activity in the hippocampus was inhibiting rather than facilitating the seizure-like epileptiform activity in the amygdala (and entorhinal cortex), an observation that has generated questions in regard to the role of the interictal activity in the occurrence of seizures (Avoli, 2001). Thus, in response to soman application *in vitro*, the BLA generates seizure-like activity whereas the CA1 hippocampal area generates interictal-like activity, and this difference in the pattern of epileptiform activity produced in the amygdala versus the hippocampus is not associated exclusively with soman and the mechanisms by which soman initiates epileptiform activity. It seems, therefore, that the amygdala may have an inherently higher propensity than the hippocampus to generate ictal neuronal discharges in response to convulsants.

Certainly, the *in vitro* data await support from *in vivo* experiments, where a number of factors can affect the responses of the amygdala and the hippocampus to convulsants like nerve agents, most important among them the integrity of the interconnections of these structures with other brain regions. Nevertheless, the existing data justify inquiry into the physiological and molecular/biochemical parameters that confer to the amygdala a high propensity for generation of rhythmic, prolonged neuronal discharges, as least as observed in the *in vitro* conditions. It is noteworthy in this regard that the amygdala, and the BLA in particular, is one of the few brain regions that display a markedly high expression of the kainate subtype of glutamate receptors that contain the GluR5 subunit (GluR5KRs) (Bettler et al., 1990; Li et al., 2001; Braga et al., 2003). GluR5KRs have attracted interest for the central role they appear to play in the induction and maintenance of limbic seizures (Smolders et al., 2002), and in the amygdala they have been found to modulate neuronal excitability (Braga et al., 2003; for reviews see Aroniadou-Anderjaska et al., 2007, 2008; Braga et al., 2004). Interestingly, the GluR5KR antagonist UBP302 suppressed the soman-induced epileptiform activity in the amygdala and the hippocampus *in vitro*, and the effect was more pronounced in the amygdala (Apland et al., 2009). Furthermore, GluR5KR antagonists (LY295338 and UBP302) also display remarkable effectiveness in blocking soman-induced seizures *in vivo*, even when administered one hour after soman exposure (our group, unpublished). Considering the above, we believe it is important to determine if selective inactivation of the amygdala prevents the generation of seizures after nerve agent exposure, and if application of a nerve agent directly into the amygdala can produce status epilepticus, and compare these results with similar experiments with the hippocampus. Furthermore, whether or not the GluR5KR antagonists act primarily in the amygdala to stop the soman-induced seizures *in vivo* is also a testable hypothesis.

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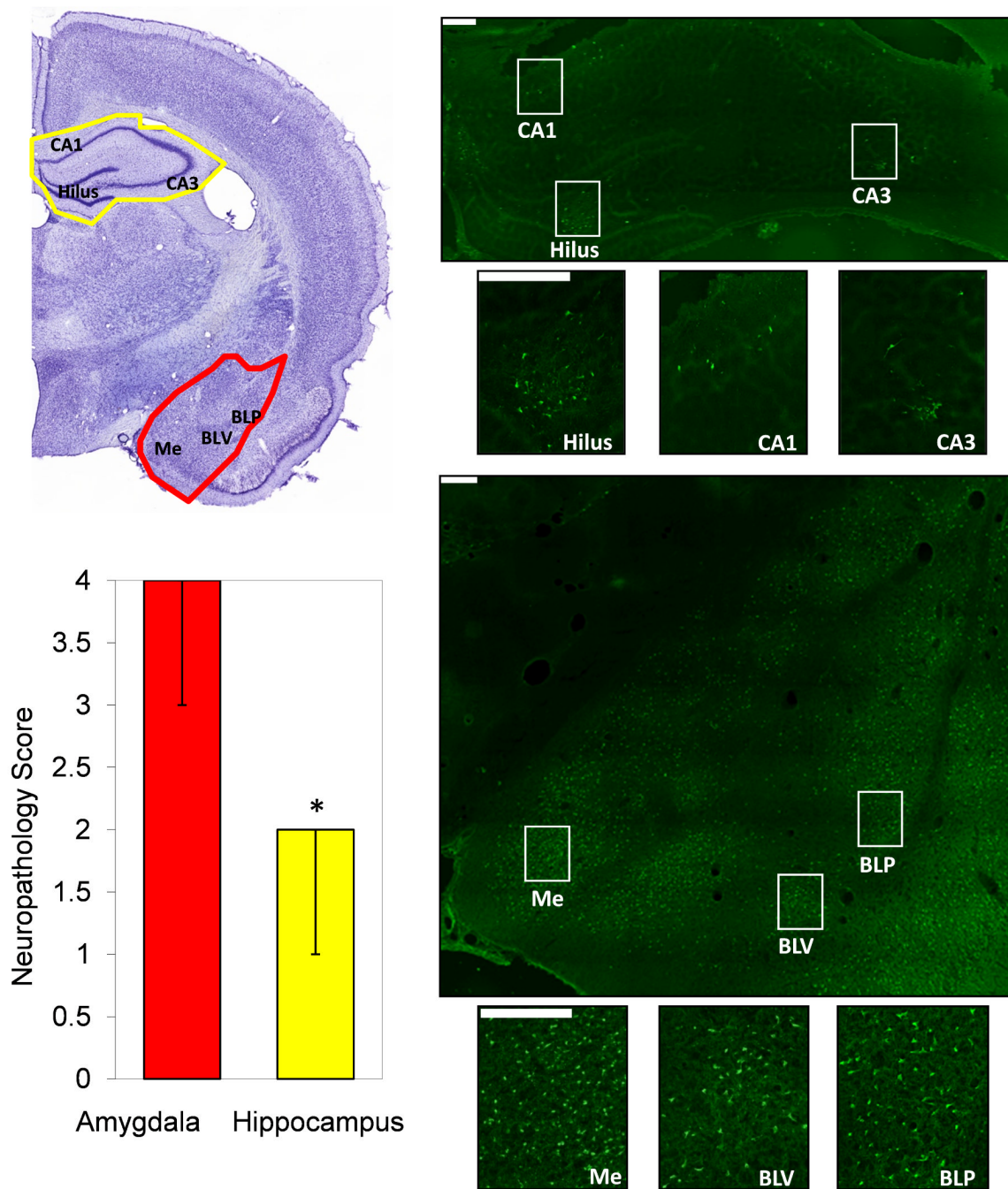


Figure 1. Neuronal degeneration in the amygdala is greater than in the hippocampus, 24 hours after status epilepticus induced by injection of 1.4×LD₅₀ soman (154 μg/kg BW), in rats. Photomicrographs of Cresyl Violet (left) and FluoroJade-C staining (right) from one representative animal. The Cresyl Violet photomicrograph outlines the brain regions (amygdala in red; hippocampus in yellow) and indicates the hippocampal subfields (CA1, CA3 and hilus) and amygdala nuclei (Me, Medial; BLV, basolateral ventral; BLP, basolateral posterior) which are shown in the FluoroJade-C sections (magnification 200×). The bar graph shows the neuropathology score in the amygdala and the hippocampus (Median ± Range; group data from 6 animals). The score assessment was done using a qualitative scale (see McDonough

et al., 1995 and Myhrer et al., 2005): 0 = no damage; 1 = 1 to 10% minimal damage; 2 = 11 to 25% mild damage; 3 = 26 to 45% moderate damage; 4 > 45% severe damage. The final score was the average from 5 successive coronal brain sections from each animal. Scale bars are 200 μm . * $p < 0.05$ using Wilcoxon Signed Ranks Test to compare the two brain regions.

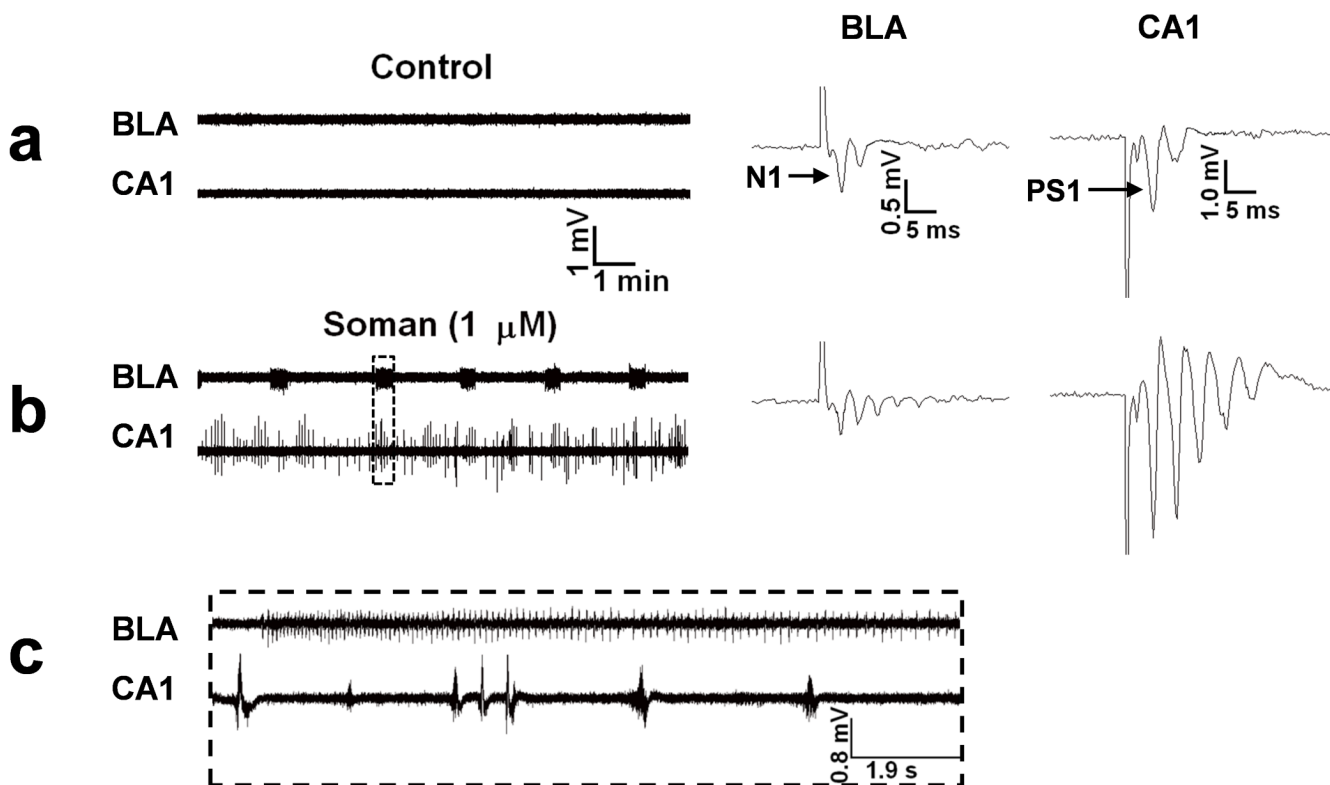


Figure 2. Soman induces ictal-like activity in the amygdala and interictal-like activity in the hippocampus

Extracellular field recordings, in gap-free mode, were simultaneously obtained in the BLA and the stratum pyramidale of the CA1 hippocampal area, in slices containing both regions. Stimulus pulses were applied every 30 sec to sample the evoked field potentials. Note the amplitude scales of the field potentials; field potentials in the amygdala have substantially smaller amplitude than hippocampal field potentials due to the structure of the amygdala network which does not favor generation of strong dipoles. **(a)** Field potentials in the BLA, evoked by stimulation of the external capsule, consisted of one major negative component (N1), followed by one or more lower-amplitude, late components. In the CA1 area, field potentials evoked by stimulation of the Schaffer collaterals consisted of a large population spike (PS1), which was often followed by one or two low-amplitude, negative components. No spontaneous activity was present in the BLA or the CA1 area (left panel). **(b)** Exposure to 1 μM soman for 30 min induced spontaneous, prolonged episodes of synchronous neuronal discharges resembling brain seizures, in the BLA. In the CA1 area, soman exposure produced additional population spikes in the enhanced evoked response, as well as spontaneous, interictal-like bursts. **(c)** A prolonged ictal-like discharge from the BLA and interictal-like activity from the hippocampus on an expanded time scale (taken from the rectangle-outline shown in **(b)**). In no case did the hippocampus display seizure-like activity (see Apland et al., 2009). The effects of soman were not reversible; epileptiform activity was maintained after washing out soman and throughout the recording period (for more than 3 hours).