

Structural organization of Weibel-Palade bodies revealed by cryo-EM of vitrified endothelial cells

John A. Berriman^{a,1}, Sam Lj^{b,2}, Lindsay J. Hewlett^c, Sebastian Wasilewski^a, Fedir N. Kiskin^a, Tom Carter^c, Matthew J. Hannah^c, and Peter B. Rosenthal^{a,3}

^aDivisions of Physical Biochemistry and ^cMolecular Neuroendocrinology, MRC National Institute for Medical Research, The Ridgeway, Mill Hill, London, NW7 1AA, United Kingdom; and ^bDivision of Cell Biology, MRC Laboratory of Molecular Biology, Hills Road, Cambridge, CB2 0QH, United Kingdom

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In endothelial cells, the multifunctional blood glycoprotein von Willebrand Factor (VWF) is stored for rapid exocytic release in specialized secretory granules called Weibel-Palade bodies (WPBs). Electron cryomicroscopy at the thin periphery of whole, vitrified human umbilical vein endothelial cells (HUVECs) is used to directly image WPBs and their interaction with a 3D network of closely apposed membranous organelles, membrane tubules, and filaments. Fourier analysis of images and tomographic reconstruction show that VWF is packaged as a helix in WPBs. The helical signature of VWF tubules is used to identify VWF-containing organelles and characterize their paracrystalline order in low dose images. We build a 3D model of a WPB in which individual VWF helices can bend, but in which the paracrystalline packing of VWF tubules, closely wrapped by the WPB membrane, is associated with the rod-like morphology of the granules.

electron cryomicroscopy | paracrystal | von Willebrand factor | tomography

Endothelial cells line the inner surfaces of blood vessels and play important roles in hemostasis, thrombosis, and inflammation. Some of these roles are achieved by secretion of the large, multimeric blood glycoprotein von Willebrand factor (VWF). VWF has multiple ligands and on acute release functions as an adhesive protein to bind platelets to sites of vascular injury. VWF circulating in the bloodstream also functions as a carrier for coagulation Factor VIII, increasing its lifetime. Defects in VWF and its storage are responsible for bleeding disorders including von Willebrand's disease (1).

VWF is synthesized as a 350-kDa precursor (proVWF) that forms disulfide-linked dimers in the ER through its C-terminal cysteine knot domain. Proteolytic cleavage of proVWF in the Golgi gives rise to the N-terminal propeptide (a 100-kDa protein called proregion) and to mature VWF dimers that form large homo-oligomers through disulfide-links near each of its mature N-termini, a process catalyzed by proregion (2, 3). VWF and proregion remain non-covalently associated and are stored together in specialized secretory organelles called Weibel-Palade bodies (WPBs), first identified by EM of fixed tissue sections as rod-shaped organelles containing fine tubules (4). Secretagogues stimulate WPB exocytosis, releasing VWF and other low molecular weight molecules such as cytokines and chemokines into the bloodstream (5), although mature VWF and its proregion account for greater than 95% of the protein in the granule (6). On release, VWF multimers are able to unfurl to strings up to 100 μ m long and associate with multiple ligands on platelet and endothelial cell surfaces at the site of vascular injury to help form a platelet plug. Mechanical shear exposes ligand binding sites on VWF as well as sites for cleavage by the protease ADAMTS13, which regulates the length of VWF multimers in the bloodstream (7).

Like most other secretory granules, WPBs are thought to form at the trans-Golgi network (TGN) in a pH-dependent process.

P-selectin is also recruited to the WPB membrane at the TGN (8) and functions in leukocyte recruitment after delivery to the endothelial cell surface by WPB exocytosis. Maturation of WPBs is marked by the recruitment of the membrane-associated GTPases Rab27a (9) and Rab3D (10) and the membrane tetraspanin CD63 (8, 11). Exogenous expression of VWF leads to the de novo formation of WPBs in a number of non-endothelial mammalian cell lines (12). This suggests that VWF drives the formation of WPBs and makes WPBs an attractive system for studies of organelle formation within the secretory pathway.

Electron cryotomography can provide a significant advance in the understanding of cellular interactions by directly imaging the complex 3D organization of the cell (13–15). Cell thickness is a limiting factor in such investigations, and studies have used small cells (16, 17), the edge of frozen-hydrated cells (18–20), or vitreous sections (21, 22). Here we report electron cryomicroscopy of whole-mount human umbilical vein endothelial cells (HUVECs) that are vitrified by rapid plunge-freezing, providing an outstanding view of WPBs and their surrounding architecture at the thin edge of the cell without the fixation, dehydration, embedding, staining, and sectioning used in earlier studies employing conventional plastic sections (23) or high pressure freezing/freeze substitution (24). The images represent an advance because the contrast results from the cellular structures themselves and not from stain distributions. Because the cells are un-sectioned, we are able to build 3D models for WPBs in close apposition with other membranous organelles and a network of membrane tubules and protein filaments. We address structural aspects of two problems posed by VWF trafficking: how can a long multimeric protein be organized for dense storage in WPBs, and how can the packaging of this protein determine the identity and morphology of this unique secretory granule? We combine images and tomograms to show that VWF is packaged as a helix in WPBs similar to those that can be assembled in vitro from only proregion (domains D1D2) and the N-terminal D'D3 domains of mature VWF (25). We build a 3D model describing the higher-order assembly of VWF tubules and the surrounding membrane in a WPB.

Results and Discussion

Cryomicroscopy of Frozen-Hydrated HUVECs. HUVECs grown on carbon-coated gold grids were observed by light microscopy to

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¹Present address: 51 Oakhill Road, Putney, SW15 2QJ, United Kingdom.

²Present address: Department of Biochemistry & Biophysics, University of California at San Francisco, 600, 16th Street, San Francisco, CA 94158.

³To whom correspondence should be addressed. E-mail: peter.rosenthal@nimr.mrc.ac.uk.

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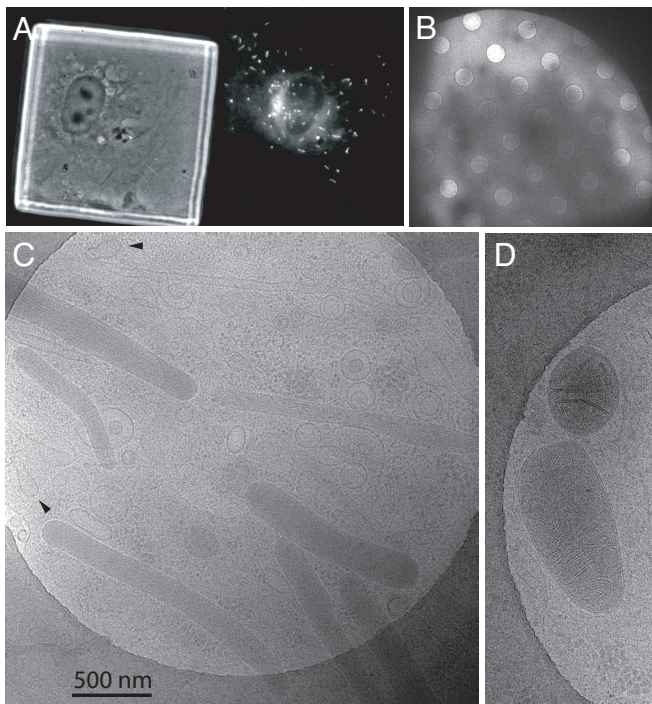


Fig. 1. Endothelial cells grown on carbon-coated electron microscope grids. (A) Phase contrast (left) and fluorescent (right) images of grid square with HUVEC expressing EGFP-hRab27a showing WPBs. (B) Low magnification image of the electron-transparent edge of a cell extending over holes in the carbon film. (C) Image of the edge of a frozen-hydrated cell showing several WPBs and arrows pointing to membrane invaginations. (D) Two mitochondria.

flatten, sometimes over areas larger than the 60- μm grid square, and contain WPBs, as shown by fluorescent rod-shapes in cells transiently expressing EGFP-Rab27a (Fig. 1A), a marker for mature WPBs (9). Images of whole, plunge-frozen HUVECs were recorded by low dose cryomicroscopy at liquid nitrogen temperature using 120 keV or 300 keV electrons. Thick parts of cells were opaque to electrons, but cells were transparent toward the periphery (Fig. 1B). We used a strategy of recording low dose images (30,000 \times magnification, incident dose $<4\text{ e}^-/\text{\AA}^2$) (26) for high resolution analysis followed by a tilt series for electron tomographic reconstruction (15,000 \times magnification, total dose $<50\text{ e}^-/\text{\AA}^2$) (27) to study features in 3D without overlap. These were recorded at locations within the cell periphery that had a thickness of approximately 0.1–0.3 μm , values determined by the fractional scattering of electrons by the specimen (Fig. S1) and confirmed in measurements on reconstructed 3D volumes. These revealed a densely packed environment of organelles including mitochondria, multivesicular bodies, coated vesicles, caveolae, and WPBs.

The success in imaging HUVEC architecture is in part due to its thinness, which provides a shorter depth for electrons to penetrate, and allows rapid cooling to a vitreous state, avoiding ice formation which damages cell structure. A wide range of structures were observed using 120 keV electrons without an energy filter. Studies aimed at thicker parts of the specimen may require higher voltage electrons with energy filtration (27, 28). Overexposure during a dose series (Fig. S2) or a tilt series ($>50\text{ e}^-/\text{\AA}^2$) (Movie S1), caused a selective bubbling (16, 17) of the internal contents of WPBs compared to other organelles and cell structures. Because some carbohydrates have been shown to promote bubbling (29), we suggest that this radiation damage effect may be attributed to the extensive glycosylation of the

VWF glycoprotein ($>15\%$ by weight) (30) combined with its density in the granule.

Fig. 1C shows an image of several WPBs observed in the periphery of the cell over a hole in carbon. They are immediately recognizable by their rod-like shape, homogeneous density ($\approx 10\%$ greater scatter than cytoplasm, Fig. S1), and presence of tubular striations running along the long axis of the body, which lies in the plane of the cell. By comparison a mitochondrion, another dense organelle, is readily identified by its double outer membrane and cristae (Fig. 1D).

The WPBs observed in this study exclusively show a smooth membrane tightly surrounding the tubular contents. This is markedly different from the wavy membranes observed for WPBs in a previous study (23). Under defocus conditions where maximum phase contrast allows us to resolve the bilayer (spacing $\approx 4\text{ nm}$), these WPB membranes are devoid of a protein coat, although we can detect these reliably on other vesicles (see movies and images below, e.g., Fig. 5D). Clathrin coats have been reported on nascent granules emerging from the TGN (24, 31). Immature granules lacking the membrane marker Rab27a are a small percentage of WPBs (9, 32) and are present near Golgi structures and not at the cell periphery. Our images at the cell periphery therefore show mature WPBs. An implication of the close wrapping of the granule content is that these WPBs are stable with respect to content and morphology: there is no extraneous space at the mature granule membrane for the granule to function as a vesicle donor, and similarly, we would expect to see extraneous space in granules that were receiving new membrane or undergoing homotypic fusion.

A tomogram (Movie S2; slice in Fig. 2) shows two WPBs (labeled Body A and Body B) embedded in a network of cytoskeletal filaments, microtubules, and ribosome-sized densities (Fig. S3). The preservation of membrane interactions is striking and in 3D we observe membranes connected by thin tubules and membranes exhibiting sharp corners, morphological features that result from membranes interacting with filaments. The WPBs are in close association with other membranous organelles and membrane tubules. Body A interacts with “bouton-shaped” organelles (dark blue in the model derived from segmentation of the tomogram in Movie S3), the membranes of which flatten at the point of contact with the right side of the “club” end of this granule (labeled by an asterisk) and form what may be described as inter-organelle synapses. Another bouton to the left of the club extends into a network of membrane tubules wrapped by protein filaments.

Four multivesicular bodies (MVBs) are present in Fig. 2. The organelle at extreme right contains a small number of internal vesicles typical of an early endosomal multivesicular body (33). Body B is between two MVBs, and the membrane of one of the MVBs flattens against the WPB at the point of contact, also forming a synapse-like structure, with protein density connecting the membranes. This association is much closer than the tethering observed in plastic section between multivesicular endosomes and lysosomes (34). These MVBs contain many more internal vesicles and a denser content, identifying them as a late endosomal/lysosomal compartment. The MVB to the right contains an internal membrane surrounded by an electron lucent space, although the internal membrane has been partially degraded and consists of blunt membrane pieces. These features are typical of an autophagic compartment (35), and indeed, the particles in the inner compartment seem very similar in size and density to that observed in the surrounding cytoplasm. Physical association of MVBs and WPBs is consistent with known cross-talk between late endosomal compartments and WPBs. The lysosomal protein CD63 is also a marker for WPBs, but the majority of cellular CD63 resides in the internal vesicles of MVBs (8, 11). Some integral membrane proteins are recycled from endosomal compartments to the TGN where they are incorpo-

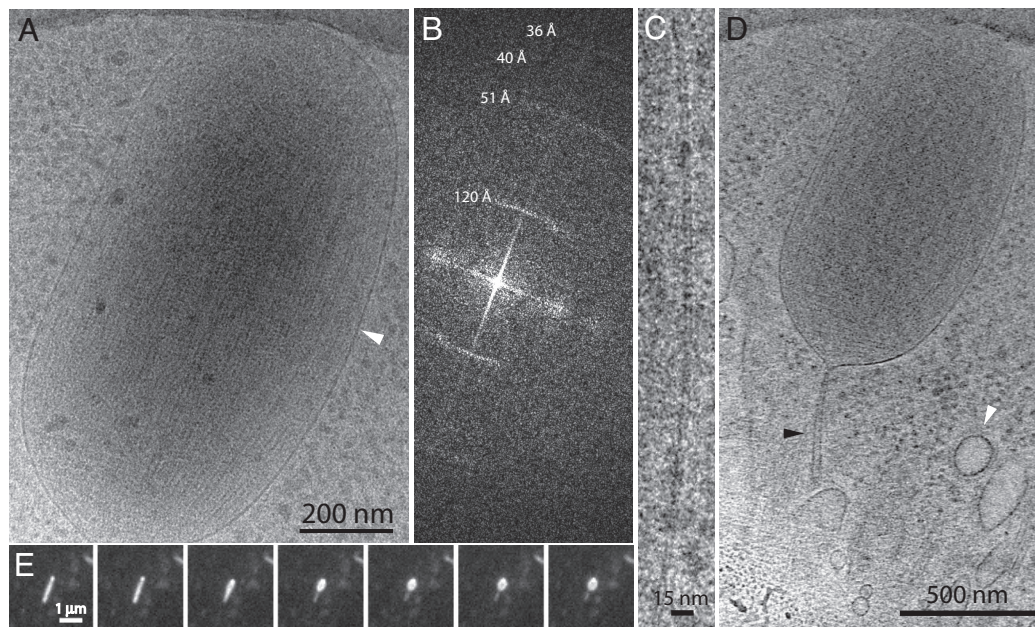


Fig. 5. Marrow-shaped granule near plasma membrane. (A) Image over a hole in ice, defocus = 4.6 μm . (B) Fourier transform of granule content shows layer lines typical of helical VWF. (C) Image of membrane bilayer located at white arrow on granule in (A), defocus = 2 μm . (D) Projection of tomogram sections (see [Movie S5](#)) shows a thin structure (black arrow) connecting the granule to the plasma membrane. A coated vesicle is also shown (white arrow). (E) Montage of EGFP-CD63 fluorescence microscopy images of a WPB during histamine-evoked fusion of WPBs ([Movies S6 and S7](#)).

curvature. VWF tubules are also oriented orthogonal to the main axis of the body near the tip of the granule.

We imaged cells transiently expressing the membrane marker EGFP-CD63 by fluorescence microscopy to observe changes in WPB morphology during histamine-evoked exocytosis. Exocytosis of WPBs often revealed a thin projection of WPB-derived membrane extending from the rounded or marrow-shaped structures (formed following fusion; references (5, 40)) to the plasma membrane (Fig. 5E and [Movies S6 and S7](#)). The EM images in Fig. 5 show granule morphology consistent with granule swelling driven by membrane fusion at the plasma membrane that causes a pH elevation and partial hydration of the granule core (40). The morphology change is associated with a loss of alignment in the VWF paracrystal.

A Structural Model for WPB Formation. The structural organization of VWF in WPBs suggests a specific model by which VWF can drive formation of a granule. VWF is organized as a helix in WPBs, similar in structure to helices formed by assembly of the D1D2/D'2D3 domains of VWF *in vitro* (25). Covalent addition of a new VWF dimer to the end of a growing helix, catalyzed by proregion, provides a strategy for packaging the long strings of covalently-linked VWF without entanglement. Images and tomograms identify the close packing of VWF tubules in the paracrystal as the most important feature of granule architecture. Immature granules likely form through the retention and aggregation of helical VWF that is too large to be sorted into small transport vesicles at the TGN. Selective retention of VWF in the granule occurs as membrane and non-VWF content leave the granule by vesicle budding (41), although granules could increase in size and VWF content by homotypic fusion events. The dense paracrystalline core resulting from the alignment of VWF tubules, because of its stability against further sorting or dispersal, may be sufficient to give the granule a unique shape and content. The mature granule membrane is wrapped tightly around the paracrystal and lacks a coat. Higher-resolution studies will be required to address whether the paracrystal may also function as a scaffold that organizes or retains proteins such

as P-selectin (38) or lipids of the surrounding membrane (42), giving the granule a unique identity in the secretory pathway.

Materials and Methods

Growth of HUVECs on Carbon Films. Primary HUVECs were purchased from TCS Cellworks and grown as previously described (43) except endothelial cell growth supplement was purchased from Upstate. Cells were trypsinized (in some cases Nucleofected, see below), re-suspended in growth medium, and transferred to tissue culture dishes (Nunc) at subconfluent density. Immediately following this, carbon coated microscopy grids or 300 mesh gold Quantifoil™ grids (R3/3) with an additional thin layer of carbon and glow discharged, were placed into the growth medium. Cells were grown overnight at 37 °C, 5% CO₂ before electron microscopy.

Electron Cryomicroscopy. Grids supporting cell growth were removed from the cell culture medium using tweezers, were dipped in a vial of PBS (Dulbecco's, Invitrogen), preblotted with filter paper, then transferred to the environment chamber (4 °C, 90% R.H.) of a Vitrobot Mark III (FEI) and blotted on both sides with a double layer of paper for 10 s before plunging into liquid ethane. Grids were transferred to a Gatan 626 tomography holder or Polara stage. Imaging was performed in an FEI Spirit TWIN microscope at 120 keV using a tungsten filament source and equipped with a cryobox around the sample. Images were recorded un-binned on an Eagle 2K camera (FEI) at 15 K magnification (13.8 Å/pixel) for tomography or 30 K magnification (7.2 Å/pixel) for single images under low dose conditions. Magnification was calibrated by recording images of tobacco mosaic virus (courtesy of Ruben Diaz-Avalos, New York Structural Biology Center) under identical conditions. Tilt series for tomography were recorded manually with 6–8 μm under-focus as a succession of low dose images tilted from 0 to $\pm 60^\circ$ in 4° steps with a total dose less than 50 e⁻/Å². An FEI G2 Polara operating at liquid nitrogen temperature and 300 keV was used to collect images and tilt series on a 224HD detector (TVIPS) giving a 9.1 Å pixel at 15 K magnification.

Image and Tilt Series Analysis. Tomographic tilt series were aligned using IMOD software (44). Alignment initially used cross correlation and then used available dense features as fiducials. The projection images in the aligned tilt series were normalized based on their histograms using Bsoft (45) and the final reconstructed 3D volume was generated by an iterative alignment and reconstruction procedure using the Priism package (46). Images were analyzed using FFTRANS and Ximdisp programs from the MRC package (47). A model for the VWF tubule (Fig. 4 C and D) was computed using Spider Software (48) by cutting the Fourier-

filtered filament image into segments along the helical axis (49), computing a 3D volume by assigning segments separated ΔZ along the filament axis a relative angle $\phi = (\Delta Z/27.7\text{\AA})(83.1^\circ)$ to impose the helical selection rule ($l = 3n + 13m$), further enforcing symmetry with himpose (50), and assigning the same absolute hand as described for D1D2/D'D3 tubules (25). Segmentation of tomographic volumes was performed by drawing contours manually on sections with the segmentation editor and edge detection facility of Amira (Visage Imaging). The path of the VWF tubules within the WPB was determined by a search of the helical model of the tubule against the masked WPB using a 2D template matching procedure implemented in Matlab (Mathworks) and further details are given in *SI Text* and *Fig. S5*.

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