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## Thermochemotherapy effect of nanosized $\text{As}_2\text{O}_3/\text{Fe}_3\text{O}_4$ complex on experimental mouse tumors and its influence on the expression of CD44v6, VEGF-C and MMP-9

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Published: 5 October 2009

Received: 20 September 2008

BMC Biotechnology 2009, 9:84 doi:10.1186/1472-6750-9-84

Accepted: 5 October 2009

This article is available from: <http://www.biomedcentral.com/1472-6750/9/84>

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### Abstract

**Background:** Both thermotherapy and arsenic have been shown to be active against a broad spectrum of cancers. To reduce the limitations of conventional thermotherapy, improve therapeutic anticancer activity, reduce the toxicity of arsenic on normal tissue, and increase tissue-specific delivery, we prepared a nanosized  $\text{As}_2\text{O}_3/\text{Fe}_3\text{O}_4$  complex ( $\text{Fe}_3\text{O}_4$  magnetic nanoparticles encapsulated in  $\text{As}_2\text{O}_3$ ). We assessed the thermodynamic characteristics of this complex and validated the hyperthermia effect, when combined with magnetic fluid hyperthermia (MFH), on xenograft HeLa cells (human cervical cancer cell line) in nude mice. We also measured the effect on the expression of CD44v6, VEGF-C, and MMP-9 which were related to cancer and/or metastasis.

**Results:** The nanosized  $\text{As}_2\text{O}_3/\text{Fe}_3\text{O}_4$  particles were approximately spherical, had good dispersibility as evidenced by TEM, and an average diameter of about 50 nm. With different concentrations of the nanosized  $\text{As}_2\text{O}_3/\text{Fe}_3\text{O}_4$  complex, the correspondingsuspension of magnetic particles could attain a steady temperature ranging from 42°C to 65°C when placed in AMF for 40 min. Thermochemotherapy with the nanosized  $\text{As}_2\text{O}_3/\text{Fe}_3\text{O}_4$  complex showed a significant inhibitory effect on the mass (88.21%) and volume (91.57%) of xenograft cervical tumors ( $p < 0.05$  for each measurement, compared with control). In addition, thermochemotherapy with the nanosized  $\text{As}_2\text{O}_3/\text{Fe}_3\text{O}_4$  complex significantly inhibited the expression of CD44v6, VEGF-C, and MMP-9 mRNA ( $p < 0.05$  for each).

**Conclusion:**  $\text{As}_2\text{O}_3/\text{Fe}_3\text{O}_4$  complex combined with MFH had is a promising technique for the minimally invasive elimination of solid tumors and may be have anticancerometastatic effect by inhibiting the expression of CD44v6, VEGF-C, and MMP-9.

### Background

Clinically, heating of certain organs or tissues to temperatures between 41°C-46°C (the procedure is termed tissue

"hyperthermia") has been effective in tumor therapy. Presently, traditional thermotherapy protocols utilize radiofrequency waves, microwaves, or lasers, each of

which has many limitations. With the development of nanotechnology, magnetic nanoparticles have been used not only as drug carriers but also in tumor hyperthermia, as such particles absorb energy from high frequency AMF. Nanoscaled magnetic fluid has been found to absorb much more energy than conventional materials, and this energy is further transferred to tumor cells resulting in tumor temperatures of 42°C-45°C. This process, termed "Magnetic Fluid Hyperthermia (MFH)" can be used for the treatment of either non-cancer diseases or tumors [1]. Magnetic nanoparticles may be good thermosteeds for localized hyperthermia treatment of cancers [2], permitting the heating of and damage to normal tissue to be avoided, thus overcoming the limitations of conventional heat treatment. Fe<sub>2</sub>O<sub>3</sub> magnetic nanoparticles used in MFH were reported to have a significant therapeutic effect on xenograft liver cancer in nude mice [3]. Depending on the applied temperature and the duration of heating this treatment either results in direct tumor cell killing or makes the cells more susceptible to concomitant radio- or chemotherapy. Numerous groups are working in this field worldwide, but only one approach has been tested in clinical trials so far.

Metastatic spread of the solid tumor depends on a critical cascade of events, which includes tumor cell adhesion to a distant site, extracellular matrix degradation, migration, proliferation, and ultimately neovascularization. Tumors that produce higher levels of metastasis-related factors, such as proteins encoded by the "cluster of differentiation 44v6" (*CD44v6*) gene, and the genes encoding vascular endothelial growth factor-C (*VEGF-C*) and matrix metalloproteinase-9 (*MMP-9*), may show more aggressive behavior than do tumors negative for these factors. Thus, a treatment that could inhibit the expression of these tumor metastasis-related factors would be of great interest.

Arsenic is a well-documented carcinogen that also appears to be a valuable therapeutic tool in cancer treatment [4]. The first use of As<sub>2</sub>O<sub>3</sub> in cancer therapy was to treat acute promyelocytic leukemia (APL) [5]. The results of in vitro research and clinical trials have shown that As<sub>2</sub>O<sub>3</sub> is effective in inhibiting tumor growth, and in inducing the differentiation and apoptosis of APL cells. Because of its significant anti-cancer effects, As<sub>2</sub>O<sub>3</sub> has been tested in patients with other tumor types, including gastric cancer [6], neuroblastoma [7], esophageal carcinoma [8], and head and neck cancers [9]. Moreover, As<sub>2</sub>O<sub>3</sub> was shown to inhibit tumor metastasis by reducing the expression of metastasis-related genes [10-12].

The purpose of this study was to prepare nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complex for tumor thermochemotherapy and validate its effect on xenograft tumor in nude mice as

a premature treatment. We also tested the ability of a nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complex combined with MFH to inhibit the expression of metastasis-associated genes.

## Methods

### Reagents

As<sub>2</sub>O<sub>3</sub> was purchased from Sigma (St Louis, MO; Lot A1010). A 1 mM stock solution in RPMI 1640 medium (Gibco) was prepared, stored at 0-4°C, and diluted before use. Calf serum from newborn animals was obtained from Si-Ji-Qing Biotechnology Co. (Hangzhou, China). HEPES (the free acid) and trypsin were obtained from Amresco Corp. RNAiso reagent, AMV retroviralase, dNTPs, Oligo(dT)18, *Taq* DNA polymerase, and DNA markers were purchased from Takara Biotechnology Co. (Dalian, China). *VEGF-C*, *CD44v6*, and *MMP-9* primers were obtained from Shen-neng-bo-cai Biotechnology (Shanghai, China).

### Preparation of the Nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> Complex

Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles were prepared by chemical coprecipitation. Briefly, solutions of FeCl<sub>3</sub>·6H<sub>2</sub>O and FeCl<sub>2</sub>·4H<sub>2</sub>O were mixed, at a molar ratio of iron (II) to iron (III) of about 0.6, under nitrogen purging and with stirring, with ammonia (1.5 mol/L) added dropwise until the pH attained pH 9. A dark precipitate (Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles) appeared rapidly, and stirring was continued for 30 min. After 30 min at 90°C, the Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles were isolated using a permanent magnet and dried in vacuo.

The nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complex was prepared by an impregnation process. Briefly, Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles were added to a solution of As<sub>2</sub>O<sub>3</sub> (0.01 mg/mL, pH = 5, adjusted with acetic acid) with sonication. After 30 min of thermal treatment at 80°C, the resulting nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complex was centrifuged at 2,000 g/min for 10 min, rinsed twice with absolute ethanol, and dried under vacuo. The diameter of the nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complex particles was measured by transmission electron microscopy (TEM; Hitachi H-600 instrument; Japan).

### Heat Testing of Nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> Complex in Vitro

The nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complex was dispersed in 0.9% (w/v) NaCl, at Fe<sub>3</sub>O<sub>4</sub> concentrations of 0.5, 1.0, 1.5, 2.0 and 2.5 mg/mL, and 2 mL aliquots of magnetic fluids were added to flat-bottomed cuvettes and placed in a high frequency electromagnetic field. The distance from the bottom of the cuvette to the center of the source (coils) of the high frequency field was 5 mm. The output frequency was 230 kHz and the output current 20 A. Throughout 1 h of incubation, the temperature was measured every 5 min.

### Cell Culture

HeLa cells (a human cervical cancer cell line, provided by the Institute of Biochemistry and Cell Biology, Shanghai Institute of Biological Sciences, Chinese Academy of Sciences) were maintained in RPMI-1640 medium supplemented with 10% (v/v) heat-inactivated fetal calf serum, 100 units/mL penicillin, and 100 mg/L streptomycin, at 37°C in a 5% CO<sub>2</sub>/95% air (v/v) incubator under 95% relative humidity.

### Animal Experiments

Female BALB/C nude mice, aged 6 weeks, were purchased from the Lakes Animal Experimental Center of the Institute of Biochemistry and Cell Biology, Shanghai Institute of Biological Sciences, China. The animal experiments were approved by the regional animal ethics committee and the mice treated in accordance with the international animal ethics guidelines. All of the mice were maintained in the animal facility of School of Basic Medical Sciences, Southeast University, China. Mice were housed up to 8 animals per cage in individual ventilation cages and fed with specific pathogen-free mice chow *ad libitum*. Exponentially growing HeLa cells (density >10<sup>5</sup> cells/mL) were injected subcutaneously around the right posterior limb rump. When tumor diameters reached 0.5 cm, mice were divided into four groups of eight mice each: (1) sterile 0.9% (w/v) NaCl (control group), (2) 5 μM As<sub>2</sub>O<sub>3</sub> dispersed in 0.9% (w/v) NaCl (As<sub>2</sub>O<sub>3</sub> group), (3) 1 mg/mL of Fe<sub>3</sub>O<sub>4</sub> dispersed in 0.9% (w/v) NaCl (Fe<sub>3</sub>O<sub>4</sub> group), and (4) 1 mg/mL of Fe<sub>3</sub>O<sub>4</sub> and 5 μM As<sub>2</sub>O<sub>3</sub> dispersed in 0.9% (w/v) NaCl (As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> group). The solution/suspension (1, 2, 3, or 4) were directly injected into tumors with a volume equal to half the tumor volume. In our study, we applied the method of multipoint injection, following clockwise, at the 3, 6, 9, and 12 o'clock points. The tumors of the Fe<sub>3</sub>O<sub>4</sub> and As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> groups were exposed to high frequency AMF (f = 230 kHz, I = 20 A) for 30 min, three times at 24 h intervals [13]. Tumor temperature was measured at multipoint using an infrared thermometer (ZyTemp-TN18 model; China). Mice were sacrificed after 6 weeks, and the mass and volume of each tumor were measured. Tumor growth inhibition was evaluated by measuring mass and volume inhibition proportions. Mass inhibition (IM) was calculated as (1 - Relative tumor mass) × 100%, where relative tumor mass (RTM) was the mean tumor mass of the experimental group divided by the mean tumor mass of the control group. Similarly, volume inhibition (IV) was calculated as (1 - Relative tumor volume) × 100%, where relative tumor volume (RTV) was the mean tumor volume of the experimental group divided by the mean tumor volume of the control group.

### Expression of CD44V6, VEGF-C, and MMP-9 after Thermochemotherapy of HeLa cells

#### *In vitro treatment and sampling*

HeLa cells were seeded in 50 mL culture flasks at 6 × 10<sup>5</sup> cells per flask. After 24 hours, cells were grown in: (1) RPMI1640 medium containing 10% (v/v) fetal calf serum (positive control group); (2) 5 μM or 10 μM As<sub>2</sub>O<sub>3</sub> (As<sub>2</sub>O<sub>3</sub> groups); (3) 1 mg/mL of Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles with or without AMF exposure (Fe<sub>3</sub>O<sub>4</sub> groups); or (4) 1 mg/mL of Fe<sub>3</sub>O<sub>4</sub> and 5 μM or 10 μM As<sub>2</sub>O<sub>3</sub> with AMF exposure (As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complex groups), with six flasks used to test each of the above conditions. AMF exposure consisted of electromagnetic exposure for 60 min under high frequency AMF (f = 230 kHz, I = 20 A). All flasks were incubated for 48 hours and cells were thereafter isolated.

#### *RNA isolation*

RNA was extracted from cells using the RNAiso reagent, according to the supplier's protocol. The purity and concentration of RNA were determined by spectrophotometry at 260 nm. The quality of RNA was checked by electrophoresis of 2-3 μL samples in 1% (w/v) agarose gels, staining with ethidium bromide, and examining the 28S and 18S rRNA bands under UV light. No significant degradation was observed in any RNA sample.

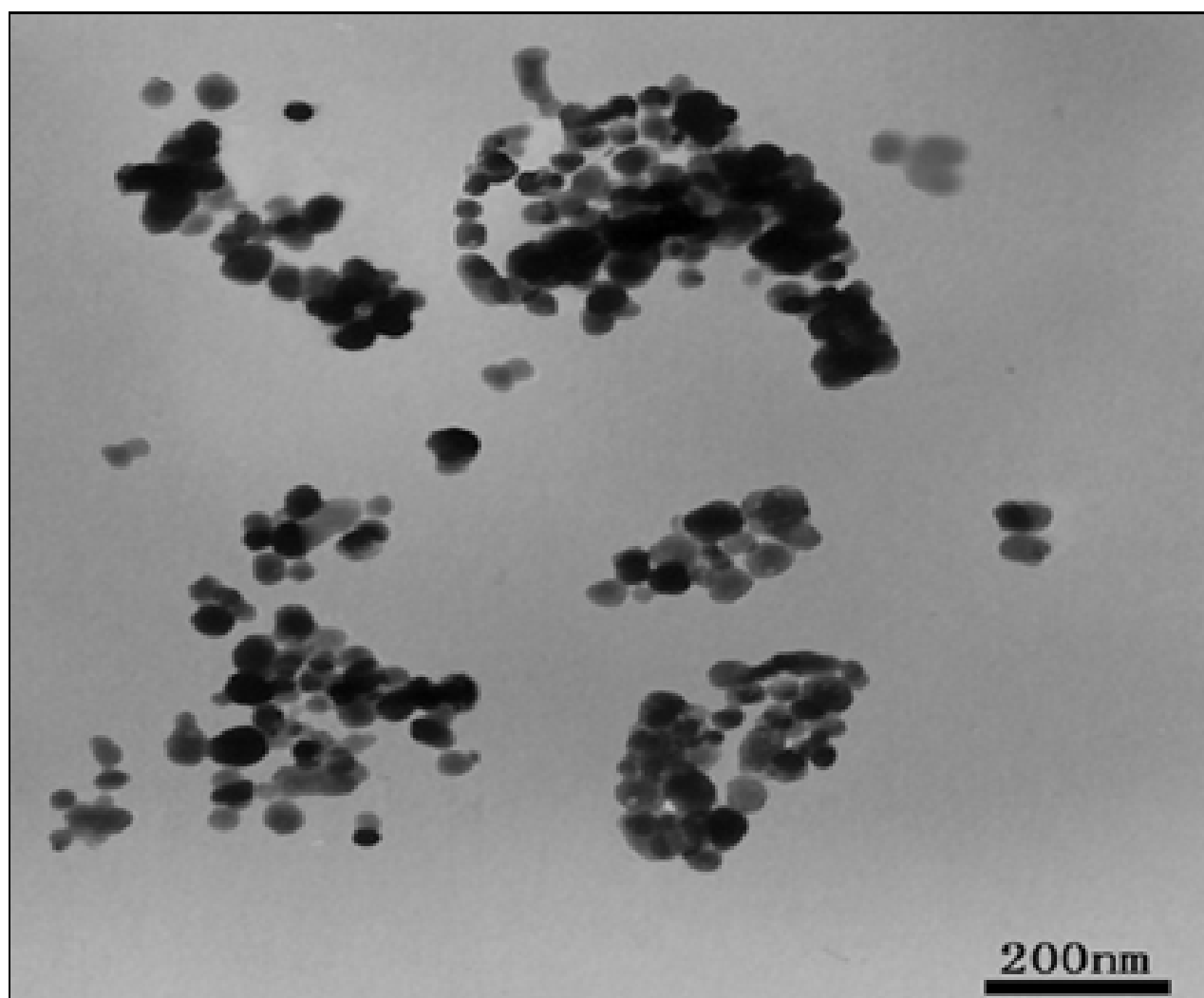
#### *Semi-quantitative reverse transcription polymerase chain reaction (RT-PCR)*

Total RNA was denaturated for 10 min at 70°C. Each RT reaction (20 μL volume) contained 2 μL of total RNA, 1 μL of Oligo dT18, 2 μL of each dNTP (10 mM), 0.5 μL RNasin, 1 μL AMV retroviralase, 4 μL 5 × AMV buffer, and 9.5 μL of DEPC water. Each reaction mixture was incubated for 1 hour at 42°C, and the reverse transcriptase was inactivated by heating at 95°C for 5 min. Each cDNA product was frozen at -20°C until use.

PCR reactions were performed in 25 μL volumes containing 5 μL cDNA, 2 μL 10× PCR buffer, 2 μL dNTP (2.5 mM), 1 μL sense primers, and 1 μL antisense primers [14-16] (20 pmol/μL, please see Table 1; β-actin primers were used as an internal control), 0.5 μL *Taq* DNA polymerase (5 U/μL), 2.5 μL MgCl<sub>2</sub> (25 mM), and 11 μL DEPC water. After initial denaturation at 96°C for 3 min, the mixtures were subjected to a varying number of denaturation cycles (each at 1 min at 94°C), annealing (1 min at 56°C for β-actin; 57°C for VEGF-C; and 60°C for other genes) and extension (2 min at 72°C), and a final extension at 72°C for 10 min, in a PTC-100 thermal cycler (MJ Research, Watertown, MA). Samples were stored at -20°C. For each reaction, a negative control employed distilled water instead of cDNA, and cDNA from untreated HeLa cells served as the positive control.

**Table 1: PCR primers and PCR conditions.**

Gene	Primers	T <sub>m</sub> (°C)	No. of cycles	Product size (bp)	Reference
<i>CD44v6</i>	5'-GACACATATTGCTTCAATGCTTCAGC-3' 5'-TACTAGGAGTTGCCTGGATGGTAG-3'	60	35	348	[14]
<i>VEGF-C</i>	5'-AGACTCAATGCATGCCACG-3' 5'-TTGAGTCATCTCCAGCATCC-3'	57	35	435	[15]
<i>MMP-9</i>	5'-GTGCTGGGCTGCTGCTTTGCTG-3' 5'-GTCGCCCTCAAAGGTTTGAAT-3'	60	35	303	[15]
<i>β-actin</i>	5'-CGTCTGGACCTGGCTGGCCGGGACC-3' 5'-CATGAAGCATTGCGGTGGACGATG-3'	56	28	600	[16]

**Figure 1**  
**TEM image of the nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complexes.**

Amplified PCR products were electrophoresed with DNA markers, on 2% (w/v) agarose gels containing ethidium bromide. Bands were visualized under UV light and each gel image was captured by a digital camera. Imagetool 2.0 software was used for semi-quantitative analysis of electrophoresis results.

## Results

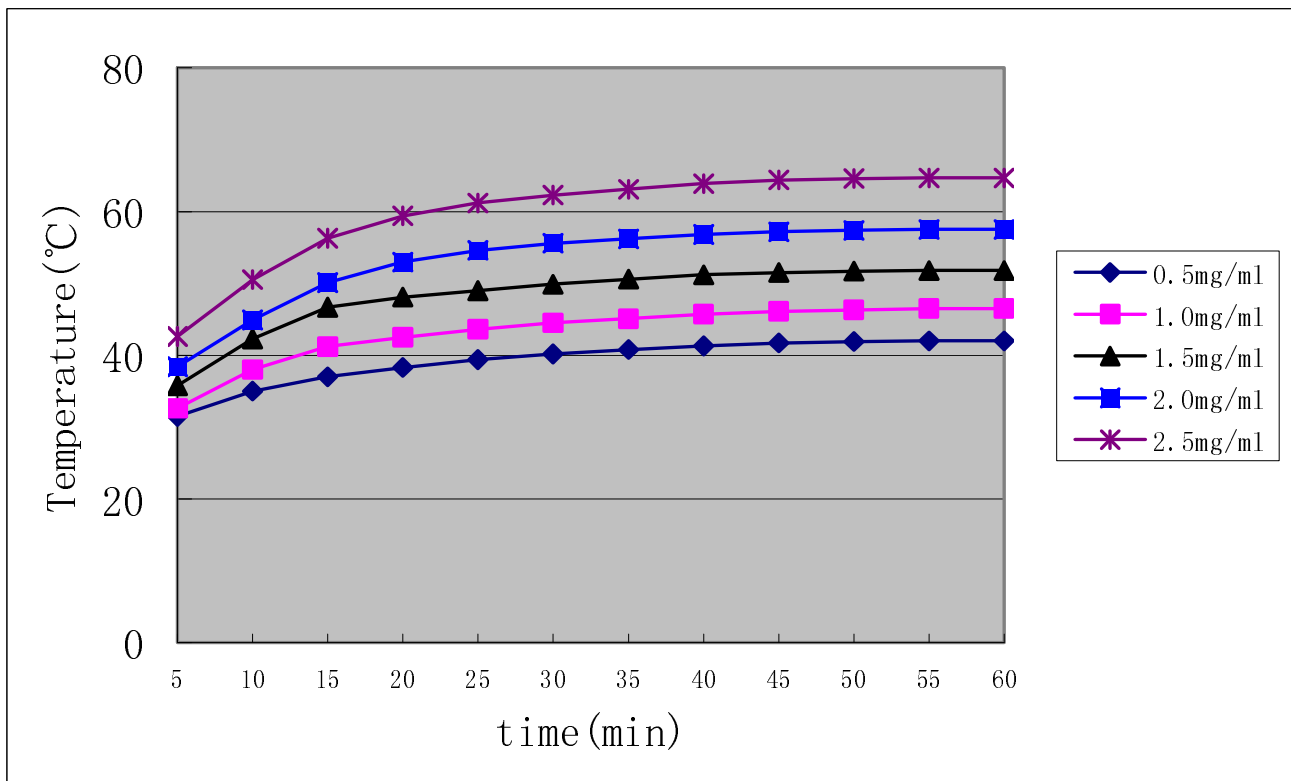
### Characteristics of the Nanosized $As_2O_3/Fe_3O_4$ Complex

The nanosized  $As_2O_3/Fe_3O_4$  complex particles were approximately spherical, uniform in size, and had good dispersibility, with an average diameter by TEM of about 50 nm (Figure 1) [17]. Upon dispersion in 0.9% (w/v) NaCl and exposure to high frequency AMF (output frequency 230 kHz, output current 20 A) for 60 min, the nanosized  $As_2O_3/Fe_3O_4$  complexes increased the temperature of magnetic fluid (MF) from 42°C to 65°C, depending on the concentration of  $Fe_3O_4$  (Figure 2), with a permanent change seen after 40 min of electromagnetic exposure. As a 1 mg/mL concentration of  $Fe_3O_4$  in the  $As_2O_3/Fe_3O_4$  complex increased the MF temperature to 47°C, we chose this  $Fe_3O_4$  concentration for further experiments.

### In Vivo Inhibitory Effects of the $As_2O_3/Fe_3O_4$ Complex and AMF exposure on Xenograft Cervical Cancer in Nude Mice

Following intratumor injection of simple  $Fe_3O_4$  magnetic nanoparticles or nanosized  $As_2O_3/Fe_3O_4$  complexes, and exposure to high frequency AMF ( $f = 230$  kHz,  $I = 20$  A) for 30 min, almost the entire tumor got heated by the nanoparticles and the temperature of tumors rose to 44°C-45°C. Compared with control tumors, the tumors of all experimental groups were smaller (Figure 3 & 4). The mass and volume inhibition rates in the  $As_2O_3/Fe_3O_4$  group were 88.21% and 91.57%, respectively, significantly higher than observed in the control, the  $As_2O_3$ , and the  $Fe_3O_4$  groups ( $p < 0.05$  for each, Table 2). Histological examination revealed that, in both the  $As_2O_3/Fe_3O_4$  and  $Fe_3O_4$  groups, many black nanoparticles accumulated in the stroma of the tumors, with widespread tumour necrosis surrounding the nanoparticles. The necrotic areas of the  $As_2O_3$  group were larger than those of the control group (Figure 5).

Presently, clinical thermotherapy induces substantial damage to surrounding healthy tissues. We applied a multipoint injection strategy, injecting nanoparticles into the 3, 6, 9, and 12 o'clock points of each tumor, to ensure



**Figure 2**

**Heating test curve of nanosized  $As_2O_3/Fe_3O_4$  complex fluid in AMF in vitro.** Output frequency = 230 kHz, output current = 20A; the concentrations of  $Fe_3O_4$  were 0.5, 1.0, 1.5, 2.0, and 2.5 mg/mL.

almost whole tumor to get homogeneously heated and minimize damage to surrounding tissue. Thus, because of the targeted and localized thermogenic activity of MFH, normal tissue without magnetic particles should not be damaged. We found that, because of the dual activity (chemotherapy and hyperthermia) of the nanoparticles, the therapeutic effect of Fe<sub>3</sub>O<sub>4</sub> magnetic nano-microspheres containing As<sub>2</sub>O<sub>3</sub>, in combination with AMF exposure, was greater than that of Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles combined with AMF exposure, and that of As<sub>2</sub>O<sub>3</sub> treatment alone.

**Semi-quantitative RT-PCR**

HeLa cells exposed to free As<sub>2</sub>O<sub>3</sub> or to nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complexes under AMF showed dose-dependent inhibition of CD44v6, VEGF-C, and MMP-9 mRNA synthesis, which indicated that As<sub>2</sub>O<sub>3</sub> can inhibit CD44v6, VEGF-C and MMP-9 mRNA expression. In contrast, exposure to Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles and AMF inhibited expression of VEGF-C, but not of CD44v6 and MMP-9 (Figure 6, Table 3).

**Discussion**

Heat therapies such as hyperthermia and thermoablation are very promising approaches in the treatment of cancer. Compared with available hyperthermia modalities, MFH yields better results in uniform heating of the deeply situated tumors. In this approach, fluid consisting of superparamagnetic nanoparticles (magnetic fluid) is delivered to the tumor. An AMF is then used to heat the particles and the corresponding tumor, thereby ablating it[18]. Interstitial hyperthermia following direct injection of nanoparticles has also been proven successful in many animal models. Jordan A et al. reported good effects of MFH on C3H mammary carcinoma in vivo[19]. A variety of magnetic fluids have been applied using related techniques (differing mostly in the formulation of the nanoparticles), but so far only few of these approaches has been successfully translated from research to clinical stage.

All magnetic nanoparticles used so far in vivo are composed of the iron oxides magnetite (Fe<sub>3</sub>O<sub>4</sub>) and maghemite (γ-Fe<sub>2</sub>O<sub>3</sub>) due to their low toxicity and their

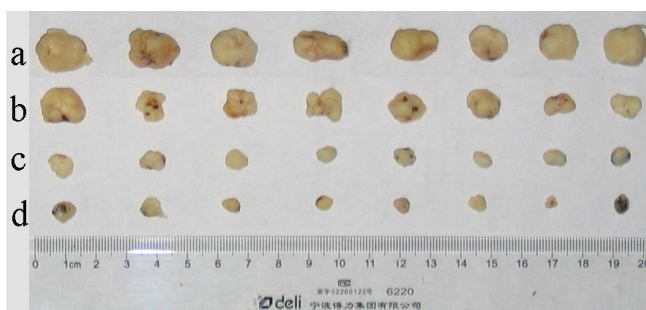
known pathways of metabolism. As demonstrated by X-ray diffraction, Fe<sub>3</sub>O<sub>4</sub> nanoparticles are of the spinel type and magnetic Fe<sub>3</sub>O<sub>4</sub> [17,20] can absorb a considerable amount of energy and transform this energy into heat when exposed to AMF. We successfully prepared nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complexes using co-precipitation and impregnation processes. These particles were successful in the warming of tumors upon exposure to high frequency AMF, suggesting their usefulness in hyperthermia protocols. By adjusting the concentration of Fe<sub>3</sub>O<sub>4</sub>, we could select a suitable temperature (42°C-46°C) for tumor hyperthermia. At a 1 mg/mL Fe<sub>3</sub>O<sub>4</sub> concentration in the As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complex, the temperature of the magnetic fluid rose to 47°C after exposure to high frequency AMF for 30 min.

Nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complexes, combined with MFH, had a significant therapeutic effect on xenograft tumor in nude mice, by inducing tumor cell apoptosis and inhibiting cell growth. We injected complexes directly into the tumor tissue, rather than into healthy tissue at the tumor boundary, thus delivering nanoparticles to the desired regions. Such nanoparticles may be internalized into tumor cells and organelles [19], and transmission electron microscopy showed that the nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complex particles were indeed so internalized, both into cells and into organelles such as the nucleoli and lysosomes [13]. Although the mechanism by which nanoparticles enter tumor cells is not yet known, pinocytosis or penetration may be in play, as the nanoparticle diameter is small. Moreover, hyperthermia may increase the permeability of biological membranes. These findings suggest that the As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> composite nanoparticles may be useful as thermoseeds for localized hyperthermia treatment of cancers, without damaging normal tissue, thus overcoming the limitations of conventional heat treatment. Moreover, by using these complexes, As<sub>2</sub>O<sub>3</sub> can be localized to tumor tissue, thus reducing the As<sub>2</sub>O<sub>3</sub> toxicity to normal tissue. This method may therefore allow a combination of localized thermogenic and chemotherapeutic activity, even in tumors located deep inside the body, simultaneously minimizing damage caused by heat and toxicity to normal tissue surrounding the tumor. The MFH also can act as a temperature control switch in vivo by controlling the con-

**Table 2: Extent of volume and mass inhibition of xenograft cervical cancer in nude mice after treatment.**

Group	Tumor volume (mm <sup>3</sup> ) ( $\bar{X} \pm S, n = 8$ )	Tumor mass (g) ( $\bar{X} \pm S, n = 8$ )	Volume inhibition (%)	Mass inhibition (%)
Control group	931.51 ± 284.26	0.789 ± 0.143	0	0
Single As <sub>2</sub> O <sub>3</sub> group	616.94 ± 147.96 <sup>(1)</sup>	0.634 ± 0.056 <sup>(1)</sup>	33.77	19.65
Single Fe <sub>3</sub> O <sub>4</sub> magnetic nanoparticles group	132.79 ± 36.30 <sup>(1)</sup>	0.128 ± 0.029 <sup>(1)</sup>	85.74	83.78
Nanosized As <sub>2</sub> O <sub>3</sub> /Fe <sub>3</sub> O <sub>4</sub> complex group	78.50 ± 32.73 <sup>(1)</sup>	0.093 ± 0.028 <sup>(1)</sup>	91.57	88.21

(1) p < 0.05 vs. control group. These measurements were obtained 6 weeks after the start of treatment.



**Figure 3**  
**Morphological changes of xenograft tumors in nude mice treated by different methods.** **a.** control group (sterile 0.9% [w/v] NaCl); **b.** As<sub>2</sub>O<sub>3</sub> group (5 μM As<sub>2</sub>O<sub>3</sub> dispersed in 0.9% [w/v] NaCl); **c.** Fe<sub>3</sub>O<sub>4</sub> group (1 mg/mL of Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles dispersed in 0.9% [w/v] NaCl plus MFH); **d.** As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> group (1 mg/mL of Fe<sub>3</sub>O<sub>4</sub> and 5 μM As<sub>2</sub>O<sub>3</sub> dispersed in 0.9% [w/v] NaCl plus MFH). The tumors become smaller in animals treated with protocols 'a' to 'd'. Compared with the control, each group showed significant reductions in tumor volume and mass ( $p < 0.05$  for both).

centration of Fe<sub>3</sub>O<sub>4</sub>, thus minimizing the risk of overheating during therapy. In comparison with traditional hyperthermia, the double function (chemotherapy and hyperthermia) and targeted activity of the combination of nanosized As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> complexes and MFH are most important characteristics. Based on the data in Table 2 and Figure 4, although the tumor inhibition appears to be primarily due to the heat, we can still see that the combination was more effective than either Fe<sub>3</sub>O<sub>4</sub> magnetic nanoparticles plus MFH, or As<sub>2</sub>O<sub>3</sub> treatment alone. In addition, the heat created during thermotherapy may directly damage tumor cells or may make cells more susceptible to accompanying chemotherapy [21].

MFH has been undergoing clinical testing. In three clinical studies the safety and the feasibility of the technique has been proven. In March 2003, the first clinical feasibility study on magnetic nanoparticle hyperthermia was started with 14 patients suffering from glioblastoma multiforme [22]. All patients received a neuro-navigationally guided injection of the magnetic fluid into the tumor. The amount of fluid and the spatial distribution of the depots were planned in advance by means of a specially developed treatment planning software following magnetic resonance imaging (MRI). The actually achieved magnetic fluid distribution was measured by computed tomography (CT).

In prostate cancer, a direct injection technique of MFH was investigated in phase-I-study. The feasibility and good tolerability was shown in the trial[23,24]. This novel

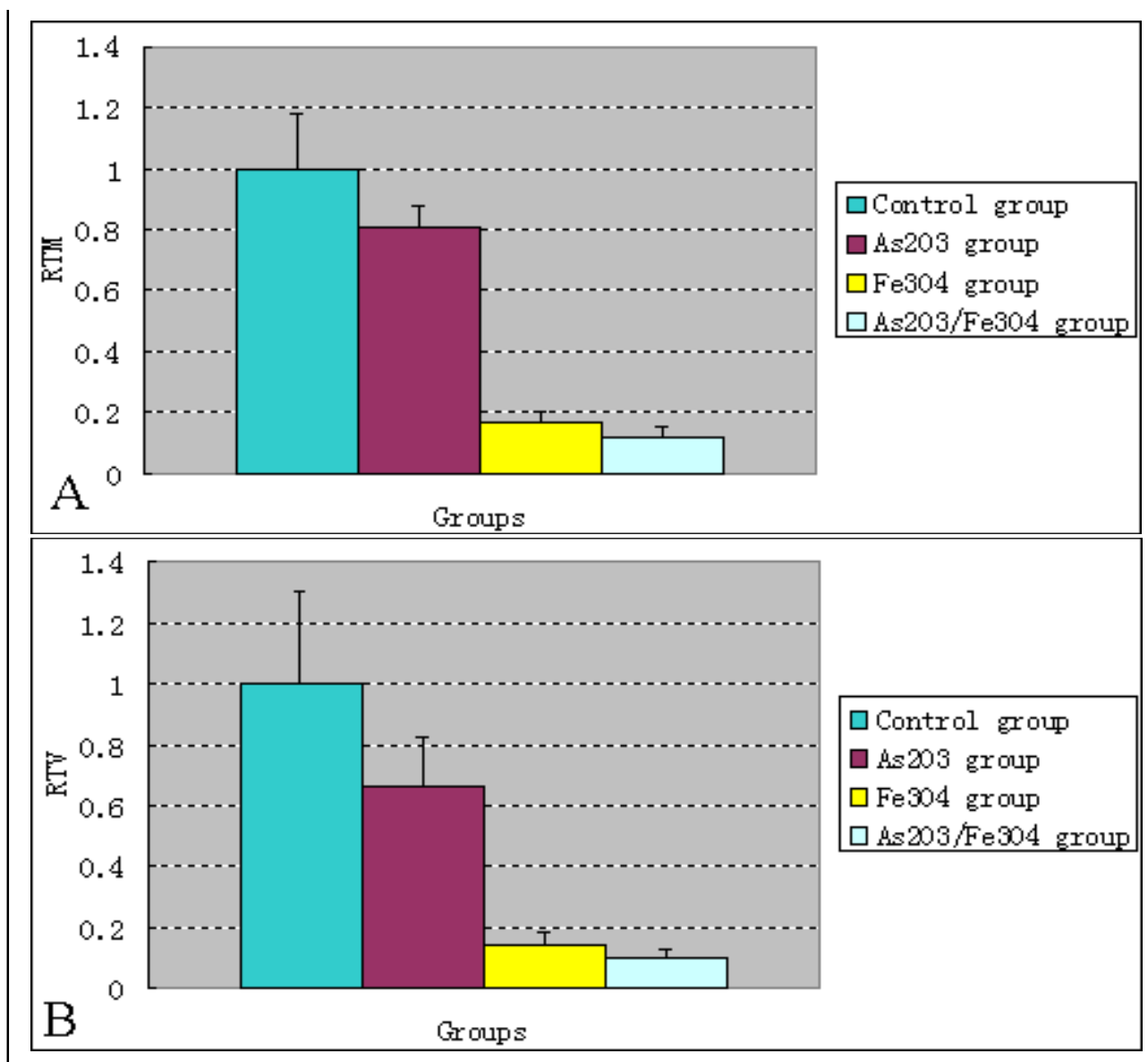
approach requires specific tools for planning, quality control and thermal monitoring, based on appropriate imaging and modelling techniques. Treatment planning was carried out using CT of the prostate. Nanoparticle suspensions were injected transperineally into the prostate under transrectal ultrasound and fluoroscopy guidance.

Another prospective feasibility study enrolled 22 patients with proven recurrences and residual tumors (non-resectable and pre-treated, e.g. prostate and cervix carcinoma, soft tissue sarcoma)[25]. Three implantation methods were established: Infiltration under CT fluoroscopy (group A), TRUS (transrectal ultrasound)--guided implantation with X-fluoroscopy (group B) and intra-operative infiltration under visual control (group C). In group A and B the distribution of the nanoparticles can be planned prior to implantation on the basis of three-dimensional image datasets. These approaches of MFH above were well tolerated by patients.

MFH is suitable for treatment of superficial tumors by direct injection of nanoparticle suspension, which was first reported in 1997 [19]. For deep tumors, the feasibility and good tolerability of different injection techniques (CT, ultrasound or X-fluoroscopy guided) were shown. Endoscope such as Oesophagoscope and vaginoscope can be respectively used as guiding devices for esophageal cancer and cervical cancer. A different approach of using magnetic nanoparticles for heating tumor cells is termed ferromagnetic embolization hyperthermia. This technique, which uses a feeding artery to carry nanoparticles into the tumor, seems to be especially well suited for the treatment of hepatic malignancies due to the differences in blood supply between hepatic tumor cells and normal liver parenchyma. Several preclinical studies on arterial embolization hyperthermia of liver cancer were reported [26-28], and Granov reported this treatment on clinical use[29].

Metastasis, a unique characteristic of malignant tumors, is the most difficult issue in the clinical treatment of cancer and the major cause of death. Hyperthermia may trigger immune responses that inhibit the metastasis of graft tumors [30].

"Cluster of differentiation 44" (CD44) is a cell surface adhesion molecule that recognizes hyaluronate and mediates diverse functions, such as cell-cell and cell-matrix adhesion, lymphocyte homing, and T-cell adhesion and activation. CD44 exists as a standard form (CD44s) and as multiple isoforms, each generated by alternative splicing of up to 10 variant exons encoding parts of the extracellular domain. CD44, especially the CD44v6 variant, has a role in tumor progression and metastasis in human cancers [31]. Expression of CD44v6 has been found to corre-



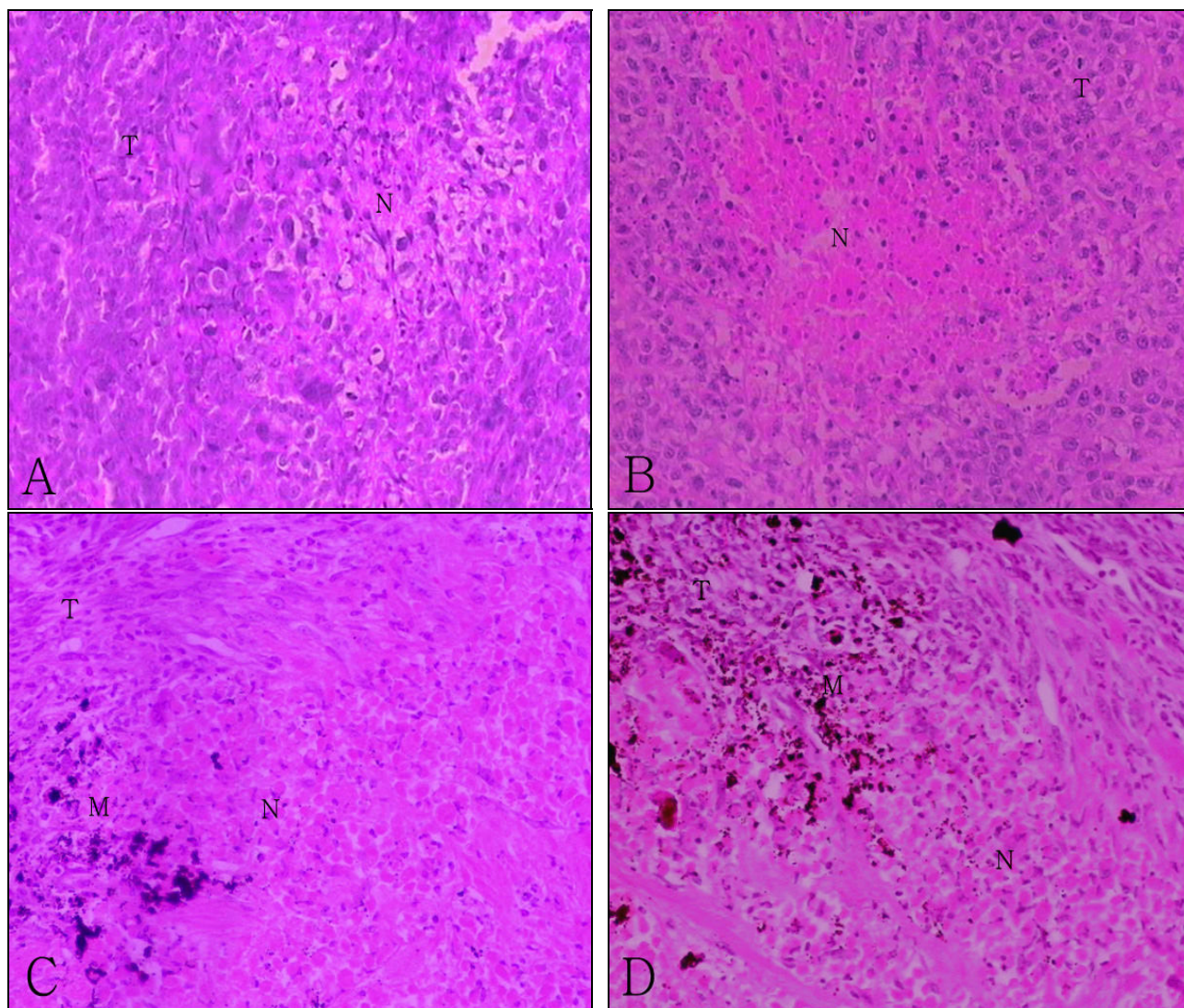
**Figure 4**  
**Part (A): Relative tumor mass (RTM) of xenograft cervical cancer in nude mice after treatment. Part (B): Relative tumor volume (RTV) of xenograft cervical cancer in nude mice after treatment.** These measurements were obtained 6 weeks after the start of treatment.

late significantly with lymphatic and/or hematogenous metastasis. Following the administration of As<sub>2</sub>O<sub>3</sub> to SGC9701 cells, expression of CD44 decreased, suggesting that As<sub>2</sub>O<sub>3</sub> inhibited CD44 expression [32].

In the vascular endothelial growth factor (VEGF) family, VEGF-C is a ligand for VEGF receptor (VEGFR)-3, a tyrosine kinase receptor that is predominantly expressed in the endothelium of lymphatic vessels. VEGF-C plays an important role in tumor metastasis by mediating the for-

mation of lymphatic vessels. Most cancer cells express VEGF-C, and such expression positively correlates with tumor angiogenesis and metastasis [33]. As<sub>2</sub>O<sub>3</sub> has been reported to inhibit VEGF expression, preventing the proliferation, invasion, and metastasis of solid tumors [34]. In addition, expression of VEGF mRNA and protein by fibrosarcomas was significantly inhibited after thermotherapy at 42 °C [35]. Moreover, the density of tumor vessels in gliomas was reduced after thermotherapy and even more after thermochemotherapy, indicating that thermo-





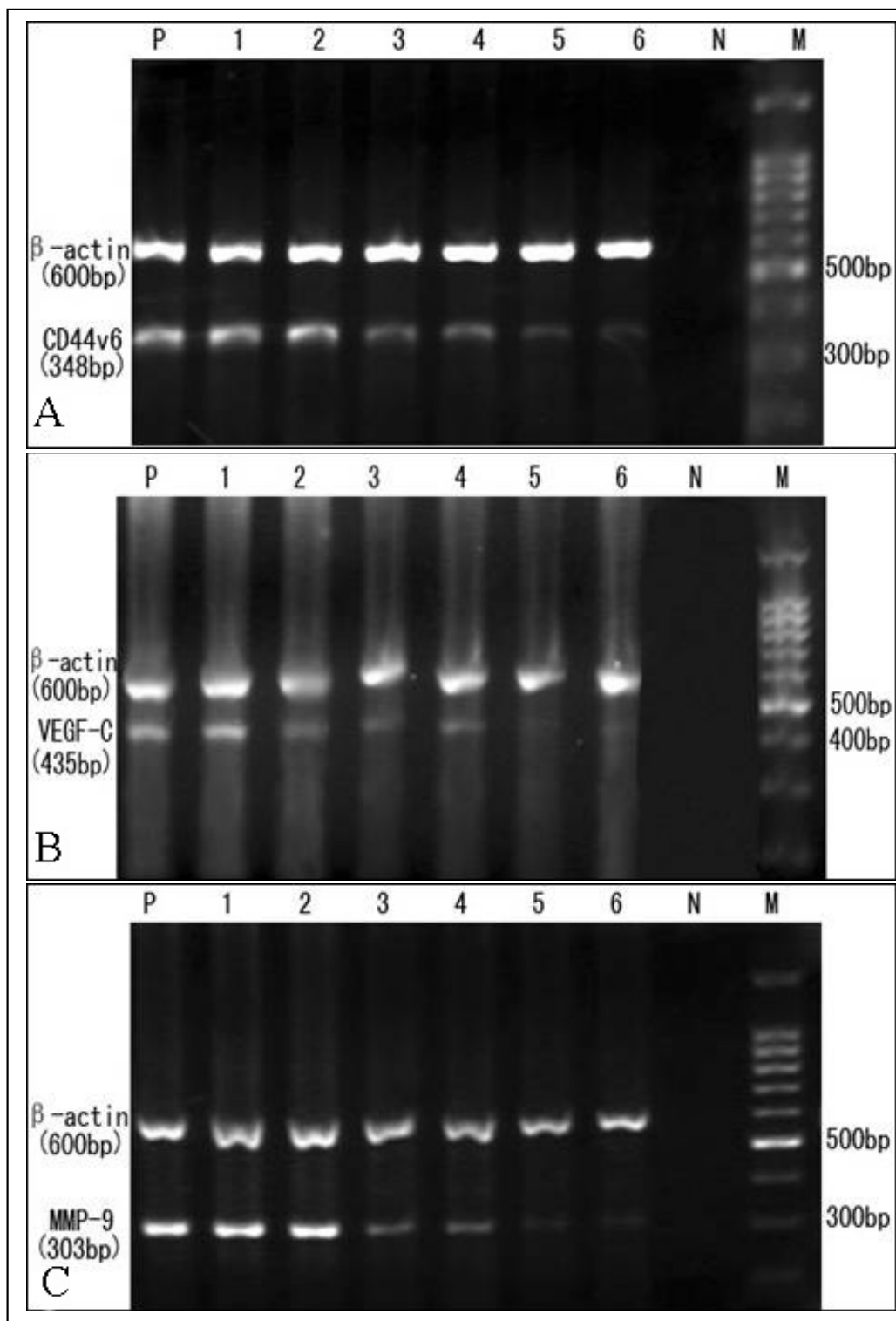
**Figure 5**  
**Histological changes in xenograft tumors (H & E) (x200).** Sections from the (A) control, (B) As<sub>2</sub>O<sub>3</sub>, (C) Fe<sub>3</sub>O<sub>4</sub>, and (D) As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub> groups are shown (T, tumor tissue; N, necrosis; M, materials of Fe<sub>3</sub>O<sub>4</sub> or As<sub>2</sub>O<sub>3</sub>/Fe<sub>3</sub>O<sub>4</sub>). Histological examination revealed that the necrotic areas in **B**, **C**, and **D** were much larger than the intrinsic necrosis of the tumor shown in **A**.

**Table 3: Results of semi-quantitative RT-PCR analysis**

Gene	relative gray value (gene/ $\beta$ -actin), ( $\bar{X} \pm S$ )						
	P	1	2	3	4	5	6
CD44v6	0.386 $\pm$ 0.049	0.396 $\pm$ 0.052	0.438 $\pm$ 0.115	0.210 $\pm$ 0.075 <sup>(1)</sup>	0.244 $\pm$ 0.120 <sup>(1)</sup>	0.142 $\pm$ 0.064 <sup>(1)(2)</sup>	0.117 $\pm$ 0.030 <sup>(1)(3)</sup>
VEGF-C	0.605 $\pm$ 0.166	0.514 $\pm$ 0.083	0.398 $\pm$ 0.079 <sup>(1)</sup>	0.305 $\pm$ 0.132 <sup>(1)(2)</sup>	0.344 $\pm$ 0.038 <sup>(1)</sup>	0.095 $\pm$ 0.016 <sup>(1)(3)</sup>	0.150 $\pm$ 0.036 <sup>(1)</sup>
MMP-9	0.966 $\pm$ 0.205	1.053 $\pm$ 0.222	0.997 $\pm$ 0.093	0.461 $\pm$ 0.170 <sup>(1)</sup>	0.466 $\pm$ 0.121 <sup>(1)</sup>	0.244 $\pm$ 0.107 <sup>(1)(2)</sup>	0.220 $\pm$ 0.098 <sup>(1)(3)</sup>

CD44v6: (1) p < 0.05 vs. **P**, (2) p < 0.05 vs. **3**, (3) p < 0.05 vs. **4**; VEGF-C: (1) p < 0.05 vs. **P**, (2) p < 0.05 vs. **2** and **4**, (3) p < 0.05 vs. **6**; MMP-9: (1) p < 0.05 vs. **P**, (2) p < 0.05 vs. **3**, (3) p < 0.05 vs. **4**.

**P**, positive control (untreated HeLa cells); **1**, Fe<sub>3</sub>O<sub>4</sub> without MFH; **2**, Fe<sub>3</sub>O<sub>4</sub> plus MFH; **3**, nanosized As<sub>2</sub>O<sub>3</sub> (5  $\mu$ M)/Fe<sub>3</sub>O<sub>4</sub> plus MFH; **4**, 5  $\mu$ M As<sub>2</sub>O<sub>3</sub>; **5**, nanosized As<sub>2</sub>O<sub>3</sub> (10  $\mu$ M)/Fe<sub>3</sub>O<sub>4</sub> plus MFH group; **6**, 10  $\mu$ M As<sub>2</sub>O<sub>3</sub>.



**Figure 6**  
**Expression of (A) CD44v6, (B) VEGF-C, and (C) MMP-9 mRNA after treatment of HeLa cells.** Lanes: **P**, positive control (untreated HeLa cells); **1**,  $\text{Fe}_3\text{O}_4$  without MFH; **2**,  $\text{Fe}_3\text{O}_4$  plus MFH; **3**, nanosized  $\text{As}_2\text{O}_3$  (5  $\mu\text{M}$ )/ $\text{Fe}_3\text{O}_4$  plus MFH; **4**, 5  $\mu\text{M}$   $\text{As}_2\text{O}_3$ ; **5**, nanosized  $\text{As}_2\text{O}_3$  (10  $\mu\text{M}$ )/ $\text{Fe}_3\text{O}_4$  plus MFH; **6**, 10  $\mu\text{M}$   $\text{As}_2\text{O}_3$ ; **N**, negative control; **M**, DNA marker.

therapy may inhibit the expression of *VEGF* mRNA and protein [36].

Matrix metalloproteinases (*MMPs*) are a family of zinc and calcium-dependent enzymes that degrade extracellular matrix proteins, such as laminin, fibronectin, and collagen. *MMPs* mediate the invasive properties of most malignant cells and promote angiogenesis through their ability to degrade basement membranes and to remodel extracellular matrix architecture. In particular, *MMP-9* specifically degrades collagen IV, the major component of the basement membrane. Expression of *MMP-9* has been found to correlate with tumor invasiveness and metastasis, including lymph node metastasis[37].  $As_2O_3$  reduced the expression of *MMP-9* by nasopharyngeal carcinoma cells in vitro, and decreased their invasive and metastatic properties [12]. Using  $As_2O_3/Fe_3O_4$  nanoparticles, we found that  $As_2O_3$  dose-dependently inhibited the expression of *CD44v6*, *VEGF-C*, and *MMP-9* mRNA. Moreover, thermotherapy alone inhibited the expression of *VEGF-C* mRNA to some extent.

## Conclusion

The nanosized  $As_2O_3/Fe_3O_4$  complexes described here possess not only the chemotherapeutic activity of  $As_2O_3$  but also the characteristic of strong magnetic responsiveness arising from the presence of  $Fe_3O_4$ . These particles are suitable for treating superficial tumors by direct injection and for deep tumors by using different injection techniques (CT, ultrasound or X-fluoroscopy guided, intraoperatively under visual control), because they absorb energy from high frequency AMF and also have chemotherapeutic effects. For early stage tumors, thermochemotherapy of nanosized  $As_2O_3/Fe_3O_4$  complexes could be used as preoperative treatment because of reducing tumor volume and intraoperative bleeding, creating better conditions for latter surgery. In addition, it may be can inhibit tumor metastasis to some extent.

Most researches of MFH in this field applied so far have only been evaluated in preclinical studies. In spite of some Phase I trials have been carried out, it is still too early to claim therapeutic advantages for the applied method because survival benefit or time to progression were not defined endpoints of the finished feasibility studies. However, the ongoing Phase II trials will provide an initial indication whether MFH can improve survival and/or quality of life.

## Abbreviations

MFH: magnetic fluid hyperthermia; AMF: alternating magnetic field; APL: acute promyelocytic leukemia; TEM: transmission electron microscope; HeLa cells: human cervical cancer cell line; RTV: Relative Tumor Volume; RTM: Relative Tumor Mass; RT-PCR: Reverse transcription

polymerase chain reaction; *CD44*: Cluster of differentiation 44; *VEGF*: vascular endothelial growth factor; *MMPs*: Matrix metalloproteinases; MRI: magnetic resonance imaging; CT: computed tomography; TRUS: transrectal ultrasound.

## Authors' contributions

YD was responsible for experimental design and completion of all laboratory work presented in this article. DZ contributed to the conception of the study and participated in all stages of the work. HL and RL helped to plan and coordinate the study and helped draft the manuscript. All authors have read and approved the final manuscript.

## Acknowledgements

The project was supported by National Natural Science Foundation of China (Project code: 30371830, 30770584) and National 863 Plan of China (Project code: 2007AA03Z356).

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